

Writing for Wellbeing in Westcott (and beyond)

Summer 2023



As we emerge from the dormancy of winter into the warmer and brighter months, our next series of workshops, *The Growing Season*, takes on a horticultural and agricultural theme. We'll be exploring ideas around growth, from sowing and planting through to harvesting, and everything in between. As ever, there'll be space and time to write without any expectations, to reflect on your words, wherever they take you, and to share with others if you wish. No talent required and all are most welcome to join us.

Summer theme: The Growing Season

MAY *Sowing* Wed 17 (St John's) & Sat 27 (Zoom)

JUN *Tending* Wed 14 (St John's) & Sat 24 (Zoom)

JUL *Reaping* Wed 19 (St John's) & Sat 29 (Zoom)

Wednesdays at St John's	11.15 – 1.15	£13 (£35 for all 3)*
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Saturdays on Zoom	11.00 – 12.45	£8
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* *St John's bookings are non-refundable.*

Booking: To book, just email me at: heathershakes60@gmail.com.
Payment in advance secures your place.