```
# Instantiate an instrument.
instrument = Instrument(tuning_type = 'natural',
initial_root_tonality_frequency = 440)

# Play a chord.
instrument.set_chord(chord_name, scale_position)
instrument.play(duration * 0.6)

# Change the instrument tuning.
instrument.set_root_tonality_frequency(550)
instrument.set_chord('maj7', 7)
instrument.play(0.4)
```