```
In[1579]:= ClearAll["Global`*"]
Raising[n_] = \sqrt{n+1} Ket[\psi_{n+1}];
Lowering[n_] = If[n > 0, \sqrt{n} Ket[\psi_{n-1}], 0];
doit[n_] = Lowering[n] + Raising[n];

In[1423]:= doit[0]
Out[1423]= |\psi_1\rangle
In[1424]:= doit[1]
Out[1424]= |\psi_0\rangle + \sqrt{2} |\psi_2\rangle
In[1425]:= FullSimplify[doit[0] + \sqrt{2} * doit[2]]
Out[1425]= 3 |\psi_1\rangle + \sqrt{6} |\psi_3\rangle
```

How to use:

These functions were written by Kelvin in order to make the raising (a^{\dagger}) and lowering operators (a) a little easier to use. You should learn how to use them mechanically by hand before using it in mathematica.

you can use the "doit[n]" function to a certain state but don't forget to multiply it by the coefficient and use "FullSimplify[]" to get the correct final expression.

Good luck!:)