



# Can You Hear Me? Fact Sheet

We **Hear** You and We Are **Here** for You

## MISSION

Founded in 2015, Can You Hear Me? (CYHM?) collaborates with other like-minded companies and people to raise awareness, take action and provide a supportive, empowering community for teens struggling with issues such as mental health, bullying and peer pressure. CYHM? aims to help teens and young adults use their voices to positively effect change within their own lives and the lives of others. By using the power of music to encourage and inspire individuals to share their experiences, CYHM? is able to address difficult topics such as mental health, addiction, bullying and LGBTQ+ issues.

## WHAT WE DO

- CYHM? as a movement seeks to empower teens and young adults to speak up and be heard
- We spread our message through national music festivals, artists tours and school programs
- CYHM? utilizes various social media channels (Facebook, Twitter, Instagram) and [www.cyhm.org](http://www.cyhm.org) as platforms for connecting and sharing experiences
- Hundreds of volunteers are recruited each year to help carry out and promote CYHM?'s mission

## STATISTICS

- Depression is the most common mental health disorder, affecting nearly 1 in 8 adolescents and young adults each year<sup>1</sup>
- Suicide is the second leading cause of death for 15-to 24-year olds<sup>2</sup>
- 1 in 5 adolescents experience a serious mental health disorder at some point in their life<sup>3</sup>

## PARTNER COMPANIES AND ARTISTS

- |                            |                     |                     |
|----------------------------|---------------------|---------------------|
| ▪ Vans Warped Tour         | ▪ Recording Academy | ▪ As It Is          |
| ▪ High School Nation       | ▪ MusiCares         | ▪ Neck Deep         |
| ▪ South by Southwest       | ▪ Watsky            | ▪ From Ashes to New |
| ▪ Ignite Treatment Centers | ▪ American Authors  | ▪ Our Last Night    |
| ▪ Idobi Radio              | ▪ Futuristic        |                     |

## EXECUTIVE OFFICERS

- Jessica Adler Coro, Esq., Chief Executive Officer, [jess@cyhm.org](mailto:jess@cyhm.org)
- Ashley Adler Coro, Co-Founder, [ashley@cyhm.org](mailto:ashley@cyhm.org)
- Morgan Doyle, Director of Operations, [morgan@cyhm.org](mailto:morgan@cyhm.org)

## LEGAL STATUS

- CYHM? is a non-profit organization; it is tax-exempt under IRS Code section 501(c)(3)

<sup>1</sup> Federal Interagency Forum on Child and Family Statistics. (2017). America's children: Key national indicators of well-being, 2017: Adolescent depression. Retrieved from <https://www.childstats.gov/americaschildren/>

<sup>2</sup> U.S. Department of Health and Human Services. (2017). Suicidal behavior. Retrieved from <https://www.mentalhealth.gov/what-to-look-for/suicidal-behavior/>

<sup>3</sup> U.S. Department of Health and Human Services, National Institute of Mental Health. (2017). Mental illness. Retrieved from <https://www.nimh.nih.gov/health/statistics/mental-illness.shtml>