





MISSION

Founded in 2015, Can You Hear Me? (CYHM?) 501(c)(3) collaborates with other like-minded companies and people to raise awareness, take action and provide a supportive, empowering community for teens struggling with issues such as mental health, bullying and peer pressure. CYHM? aims to help teens and young adults use their voices to positively effect change within their own lives and the lives of others. By using the power of music to encourage and inspire individuals to share their experiences, CYHM? is able to address difficult topics such as mental health, addiction, bullying and LGBTQ+ issues.

1 IN 8

children and teens
experience depression
each year ¹

2ND

leading cause of death
among 15 to 24 year olds is
suicide ²

1 IN 5

adolescents experience a
severe mental health
disorder in their life span ³

WHAT WE DO

CYHM? as a movement seeks to empower teens and young adults to speak up and be heard. We spread our message through national music festivals, artists tours and school programs. CYHM? utilizes various social media channels (Facebook, Twitter, Instagram) and www.cyhm.org as platforms for connecting and sharing experiences. Hundreds of volunteers are recruited each year to help carry out and promote CYHM?'s mission.

PARTNERS

Vans Warped Tour
High School Nation
SXSW

MusiCares
Watsky
Futuristic

Ignite Treatment Centers
Idobi Radio

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1 Federal Interagency Forum on Child and Family Statistics. (2017).America's children: Key national indicators of well-being, 2017: Adolescent depression. Retrieved from childstats.gov/americaschildren
2 U.S. Department of Health and Human Services. (2017). Suicidal behavior. Retrieved from mentalhealth.gov/what-to-look-for/suicidal-behavior
3 U.S. Department of Health and Human Services, National Institute of Mental Health. (2017). Mental illness. Retrieved from nimh.nih.gov/health/statistics/mental-illness.shtml