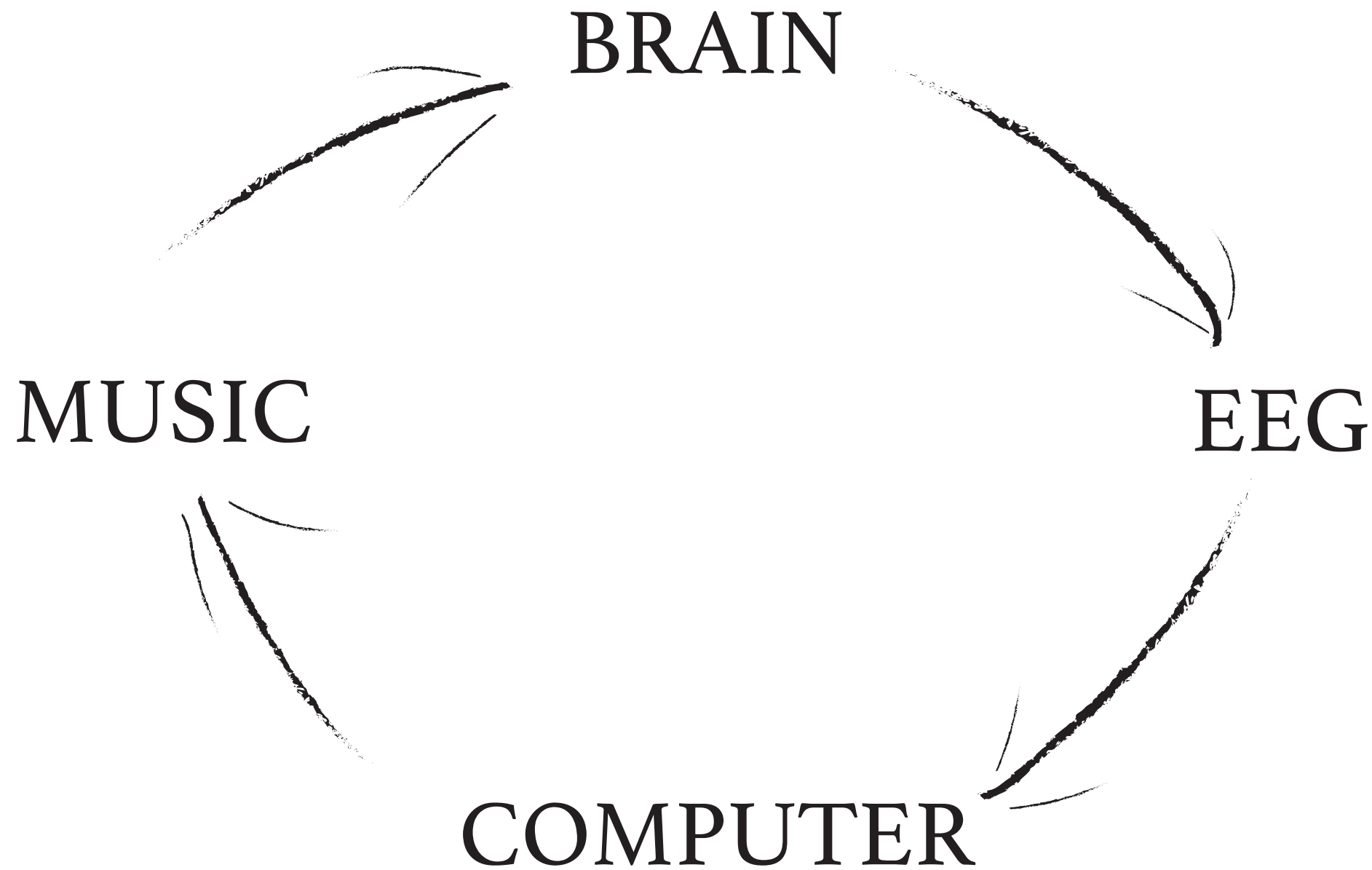


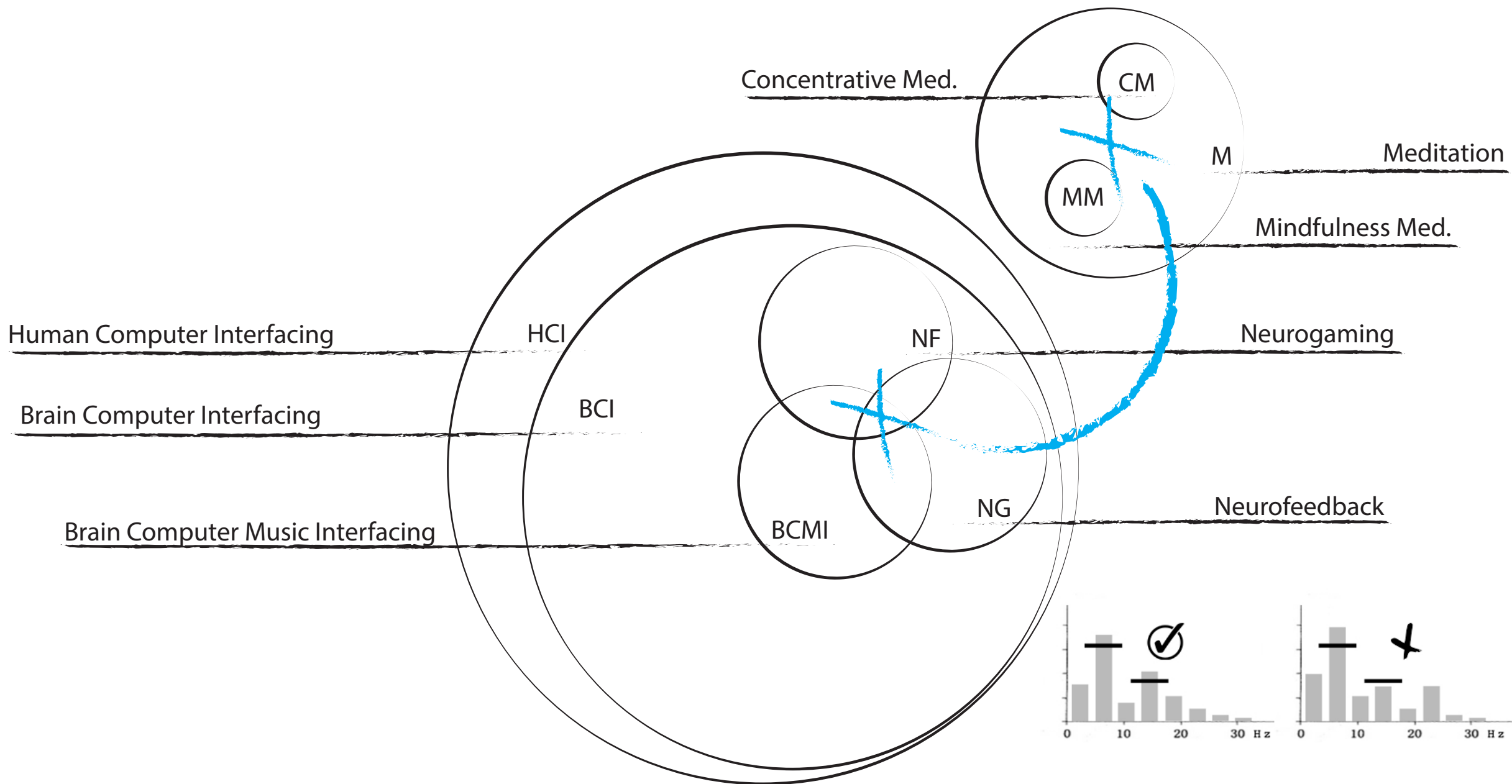
Brain Computer Music Interfacing for Meditation

The Archive and the Contested Landscape

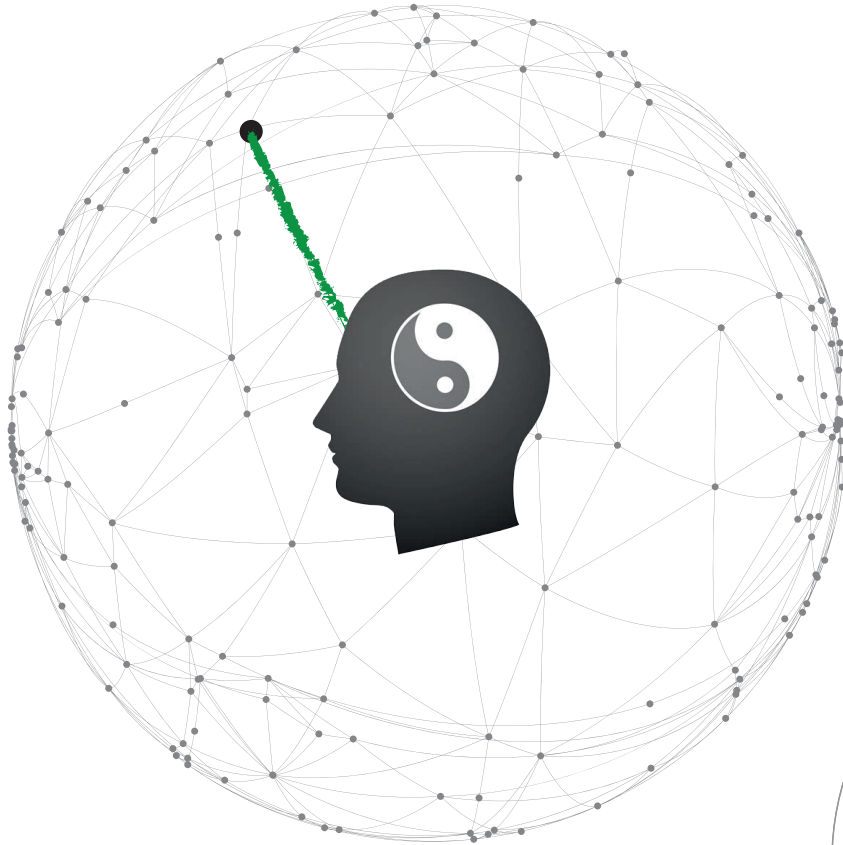
<https://thearchiveandthecontestedlandscape.wordpress.com/>



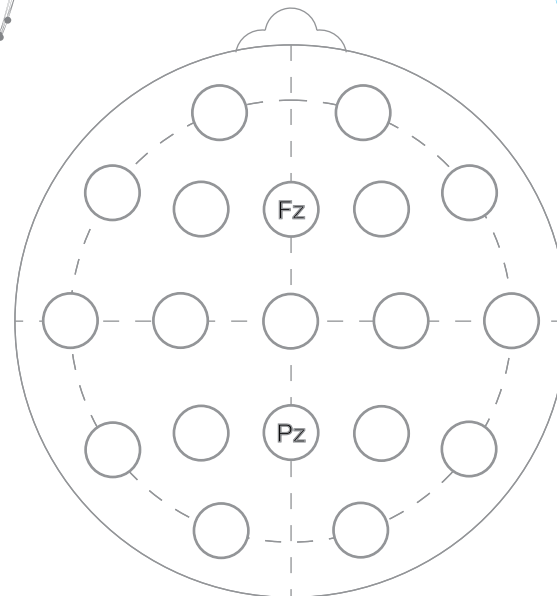




concentrative



beta2 (20-30hz) at FZ
gamma (35-45hz) at FZ
alpha (8-12hz) at PZ



mindfulness



theta (4-8hz) FZ
gamma (35-50hz) PZ

archive

landscape

ownership

dynamic interplay

escape > painting

letters > compassion

climate change > shortage of water > art

forgotten past > absence of presence

transformation and nostalgia

ritual > visible & invisible > question perception

attentiveness to the body

polyphony

uncanny relationship

recording years > human-environment interactions

understand, learn > recondition habits << archive

soundscape << landscape

understand what is beyond control << ownership

feedback loop << dynamic interplay

escape > painting >> movement expressed without words

letters > compassion >> reconnect with humans

climate change > shortage of water >> shortage of presence (don't waste it)

forgotten past > absence of presence >> see hidden, deeper structures (the secret place)

transformation and nostalgia >> nourish healthy roots, flex branches

ritual > visible & invisible > question perception >> shamanism

attentiveness to the body >> reconnect to be more aware

polyphony >> we are alone and together

uncanny relationship >> uneasiness can help connect, be present

recording years > human-environment interactions >> document, to be able to reflect



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