Developing Neuro-feedback Music Software for Academic Stress Management and Well-being

Semester I progress

Timeline in submitted research proposal

Tasks	Academic Year I.		Academic Year II.		Acad	emic Year III.
Reviewing the current state of literature // MT, NF, music psychology, compositional techniques;						
Trial period/training programs with (music) students		11 11				
Further development of the software // implementing new compositional techniques; // customising code for multi-channel EEG; // mobile devices (iOS with Xcode) later;				"	11	
Demonstration, concerts/installations						I
Publishing journal paper on the state of the research						
Conference presentations						
Trial period with students experiencing stress						
Writing the thesis						

Timeline in submitted research proposal

Science of sound

- quantum physics (?);
- biology of the brain;
- psychoacoustics;

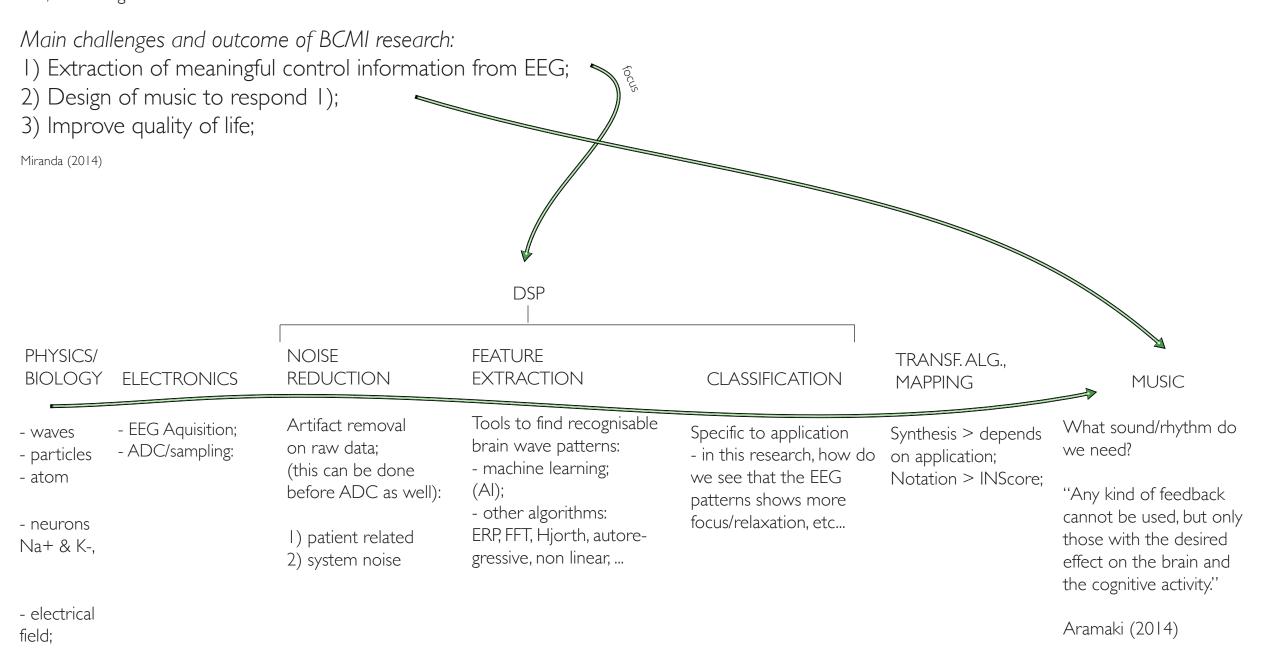
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Publishing journal paper on the state of the research	1					
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Trial period with students experiencing stress			- 11			
Writing the thesis						

## Composition

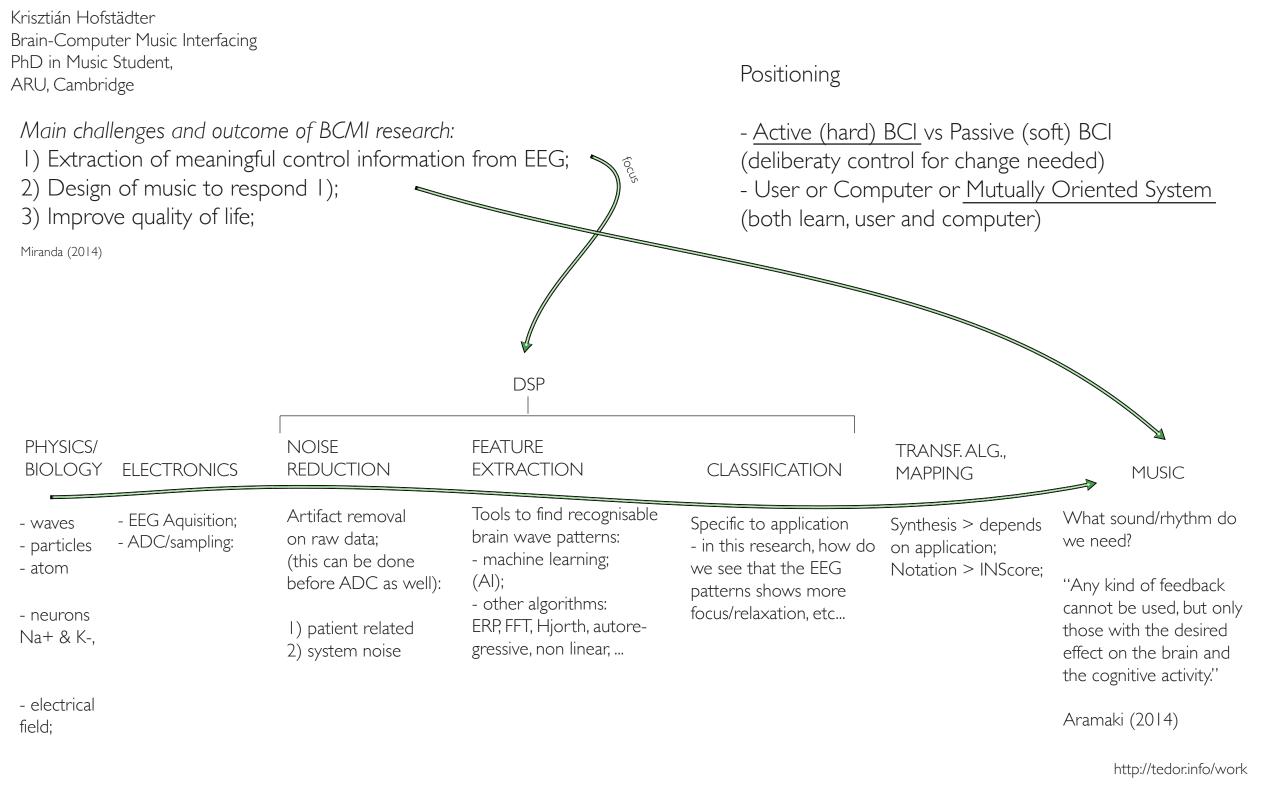
- acousmatic music composition with traditional instruments; (Simmon Emmerson, Natasha Barrett);
- 3D binaural sounds;

Miranda (2014) Guide to Brain-Comuter Music interfacing

- gives ideas for DSP, applications, etc.
- helps positioning my research and the proposed outcomes;



http://tedor.info/work



Timeline in submitted research proposal

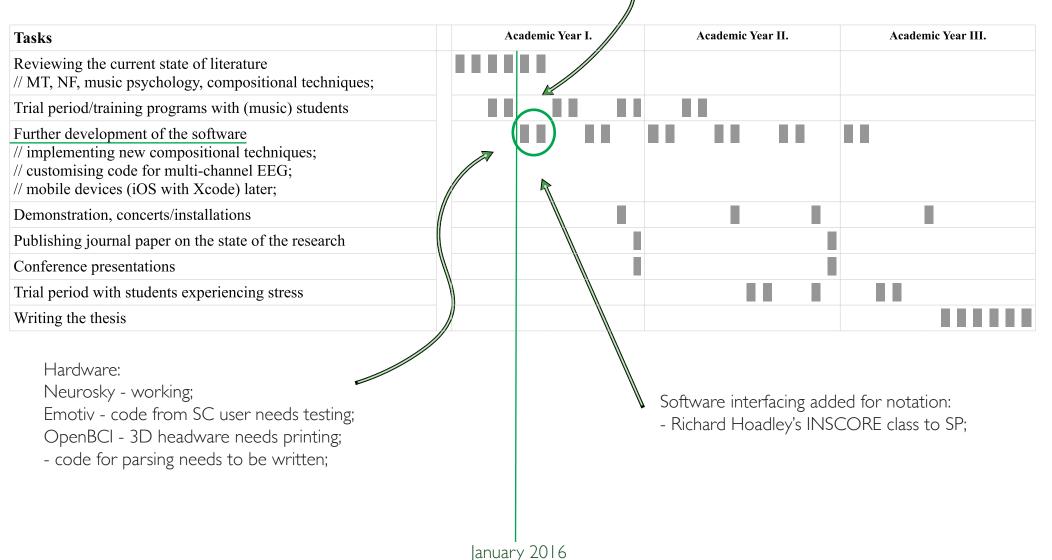
I imeline in submitted research proposal		Did not happen - sha	II happen in 2nd semester.
Tasks	Academic Year I.	Academic Year II.	Academic Year III.
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Trial period/training programs with (music) students		II II	
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Conference presentations			
Trial period with students experiencing stress			
Writing the thesis			
	January 2016		

Timeline in submitted research proposal

Software:

Other programming language to test:

- javaScript (very similar syntax to SC language);
- C++ with JUCE++ (crossplatform framework with audio software developemt) http://www.juce.com/;



http://www.openbci.com/

## INSCORE with SC quick demo

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Conference presentations				
Trial period with students experiencing stress		/		
Writing the thesis				111111
		01 // p 02 // 3 03 // 0 04	AN: Site specific ARU art student cooroposal handed in - waiting; Pint of Science, May 2016 BARU students + scientist; ARU, Music Department; CMT showcase, Workshop with Colchester, FirstSite Art Centre	Tom & Richard
	January	y 2016		

http://tedor.info/work

Timeline in submitted research proposal

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Trial period with students experiencing stress						11	
Writing the thesis							

Will need to find the relevant journals.

- music technology;
- wellbeing;
- music therapy;
- ... the study is interdisciplinary;

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Conference presentations						
Trial period with students experiencing stress		4				
Writing the thesis						
witting the thesis						

Will need to apply, however I'd like to wait until some more substantial results.

## QUESTION:

- Is it easier to learn new ways of thinking to controll EEG/mind or to programm algorithms to see out thoughts?

Reference:

Miranda (2014) Brain-Computer Interfacing with Music, Springer

Progress of the research can be found