

ZERO WASTE BATHROOM SWAPS



a checklist

ZERO WASTE BATHROOM CHECKLIST



TOOTHBRUSH

Swap for a compostable tooth brush



FLOSS

Swap for a compostable floss (if you're not vegan!)



DEODORANT

Make your own, buy one in a glass or compostable tube, or use a salt stone.



RAZOR

Switch to a stainless steel razor and a shaving bar



SHAMPOO

Use a bar soap, one you can find in bulk, or use Plaine Products' refillable options.



CONDITIONER

Use a conditioner bar, Plaine Products, apple cider vinegar rinses, or coconut oil treatments

Blog post: Sustainable Hair Care for All Budgets



COTTON SWABS

Use compostable swaps or a reusable ear pick



MAKEUP REMOVER

Apply an oil (like coconut or olive oil) to face and rub on for 1 minute. Then wash off with bar face soap!

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FACE SOAP

Swap for bar face soap or one that comes in a glass bottle



MOISTURIZER

Make your own with different oils and butters (like shea butter, jojoba oil, olive oil, avocado oil, etc)

Blog post: Zero Waste Pamper Routine under \$3



FACE MASKS

Use raw honey and/or finely ground oats, bananas, avocados, and other ingredients found in your kitchen



MAKEUP

Support eco-friendly make up companies like RMS, Elate Cosmetics, and Dirty Hippie Cosmetics

Blog post: Sustainable Makeup Companies & Products



LIP BALM

Apply straight oils to your lips or buy one in a compostable tube or a metal tin



LOTION

Apply oils to your skin or make an easy whipped body butter!

Blog post: DIY Luxurious Body Butter with 3 Ingredients