Introduction to Structural Equation Modeling using lavaan

Exploratory and Confirmatory Factor Analysis

R. M. Kuiper (and many others)

Department of Methodology & Statistics Utrecht University

Outline of this lecture

SAPI

EFA and CFA

EFA in R

CFA in R

Scaling

The end

Extra

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SAPI

FFA and CFA

FFA in F

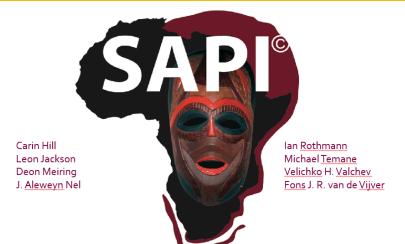
CEA in E

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Example: South African Personality Inventory Project (SAPI)



SAPI details

- 1216 participants from 11 official language groups
- From about 50,000 descriptive responses to 262 personality items
- Nine personality clusters:
 - Conscientiousness
 - Emotional Stability
 - Extraversion
 - Facilitating
 - Integrity
 - Intellect
 - Openness
 - Relationship Harmony
 - Soft-Heartedness (Ubuntu)
- Our data: selection of 1000 participants



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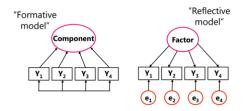
Extra

Factor Analysis

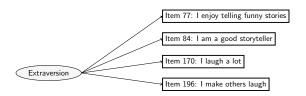
Factor Analysis: Modeling measurement of a latent variable

- EFA: Exploratory Factor Analysis.
- CFA: Confirmatory Factor Analysis.

Both EFA and CFA use a "reflective" measurement model, not a "formative" model.

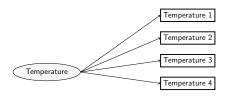


Reflective measurement model



- Items are dependent variables, caused by the factor!
- Latent variable 'extraversion' explains item correlations: The factor is the reason for the covariances/correlations.

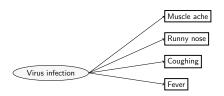
Reflective measurement model



Note:

Thermometer readings are the dependent variables, caused by the temperature!

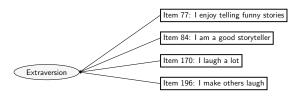
Reflective measurement model



Note: symptoms are the dependent variables, caused by the virus infection!

Formative measurement model

If formative measurement model:



Note:

- Extraversion is the dependent variable, predicted by the items.
- Extraversion is defined as a (weighted) sum of the items: This is not a testable measurement model, but a definition.

Formative measurement model



Note: SES is defined as a (weighted) sum of the items.

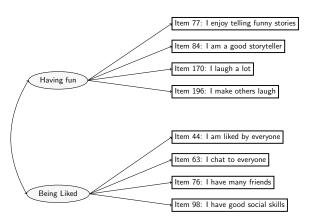
Interesting read

Interesting read on theory & latent variables:

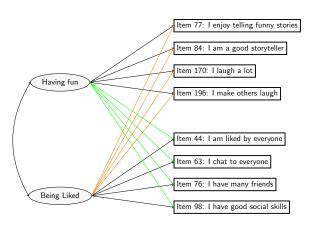
Borsboom, D., Mellenbergh, G.J., & Van Heerden, J. (2003). The theoretical status of latent variables. *Psychological review*, 110(2), 203.

Confirmatory or exploratory?

Two sub-scales of extraversion



EFA: all loadings including cross-loadings



CFA: only hypothesized loadings

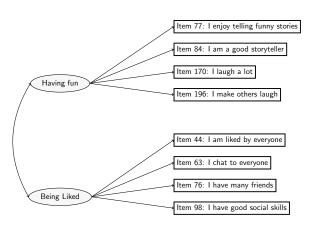


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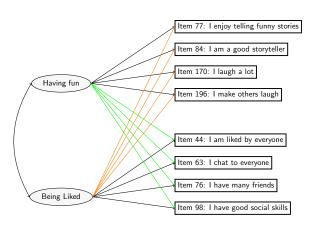
Extra

Step 1: Loading data into R

```
data_sapi <- read.table("Sapi.txt", header = T)

data_sapi[sapply(data_sapi,
   function(x) as.character(x) %in% c("-999") )] <- NA</pre>
```

Step 3: Draw your model



Step 4: Specify EFA in lavaan (general case)

In factor analysis (EFA and CFA):

- ullet o is latent variable definition ('is measured by'): $=\sim$
- ullet \longleftrightarrow is covariance. By default, factors are related.
- In EFA: use efa("efa")* in front of the latent variable / factor.

```
# 1-factor model
f1 <-
efa("efa")*f1 = y1 + y2 + y3 + ...
# 2-factor model
f2 <-
efa("efa")*f1 +
efa("efa")*f2 = y1 + y2 + y3 + ...
# 3-factor model
f3 <-
efa("efa")*f1 +
efa("efa")*f2 +
efa("efa")*f3 = v1 + v2 + v3 + ...
```

Step 4: Specify our SAPI EFA model

In factor analysis (EFA and CFA):

- \rightarrow is latent variable definition ('is measured by'): $=\sim$
- ullet \longleftrightarrow is covariance. By default, factors related.
- Use efa(" efa")* in front of the latent variable / factor.

```
# two-factor EFA
model.2EFA <- "
efa('block1')*Havingfun = Q77 + Q84 + Q170 + Q196 +
Q44 + Q63 + Q76 + Q98
efa('block1')*Beingliked = Q77 + Q84 + Q170 + Q196 +
Q44 + Q63 + Q76 + Q98
"
```

Step 5: Fit the model

Use the cfa() function in lavaan.

Step 5. Fit the EFA model: All code

```
# Data
data_sapi <- read.table("Sapi.txt", header = T)</pre>
data_sapi[sapply(data_sapi,
    function(x) as.character(x) %in% c("-999") )] <- NA</pre>
# Model: two-factor EFA
model.2EFA <- "
 efa('block1')*Havingfun = Q77 + Q84 + Q170 + Q196 +
                               Q44 + Q63 + Q76 + Q98
 efa('block1')*Beingliked = Q77 + Q84 + Q170 + Q196 +
                               Q44 + Q63 + Q76 + Q98
п
# Fit model
fit_2EFA <- cfa(model.2EFA, data=data_sapi,</pre>
                missing='fiml', fixed.x=F) # use FIML
```

Step 6: Plot the lavaan model in R

```
if (!require("lavaanPlot")) install.packages("lavaanPlot")
library(lavaanPlot)
```

Step 6: Plot the lavaan model in R Ctd.



Step 9: Acquiring the summary

Step 9: Acquiring the summary

```
parameterEstimates(fit_2EFA)[1:16,1:5][,-4]
##
            lhs op
                    rhs
                           est
      Havingfun = Q77
                         0.884
##
##
      Havingfun = Q84
                         0.493
## 3
      Havingfun = Q170
                         0.336
##
  4
      Havingfun = Q196
                         0.523
##
  5
      Havingfun =~
                    Q44 -0.163
      Havingfun = Q63
                        0.014
##
      Havingfun = Q76
                        0.031
##
##
      Havingfun = Q98
                         0.085
  8
     Beingliked = Q77 -0.028
##
     Beingliked = Q84
                         0.186
     Beingliked = Q170
                         0.187
   12 Beingliked = Q196
                        0.119
   13 Beingliked = Q44
                        0.576
   14 Beingliked = Q63
                         0.632
  15 Beingliked =~
                    Q76
                         0.595
```

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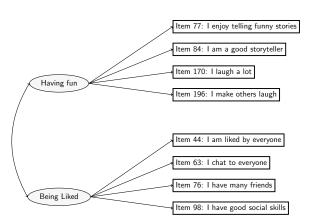
Extra

Step 1: Loading data into R

```
data_sapi <- read.table("Sapi.txt", header = T)

data_sapi[sapply(data_sapi,
   function(x) as.character(x) %in% c("-999") )] <- NA</pre>
```

Step 3: Draw your model



Step 4: Specify CFA in lavaan (general case)

- \rightarrow is latent variable definition ('is measured by'): $=\sim$
- ullet \longleftrightarrow is covariance. By default, factors are related.

```
# k-factor model
model.kCFA <- '
latent variable_1 = indicator11 + indicator12 + ...
latent variable_2 = indicator21 + indicator22 + ...
...
latent variable_k = indicatork1 + indicatork2 + ...
'</pre>
```

Step 4: Specify our SAPI CFA model

CFA: Only hypothesized loadings.

CFA vs EFA: force cross-loadings to zero.

In lavaan:

one can fix loadings to zero, BUT instead:

let manifest variables only appear in the equation of their factor.

```
# two-factor CFA
model.2CFA <- "
Havingfun =~ Q77 + Q84 + Q170 + Q196
Beingliked =~ Q44 + Q63 + Q76 + Q98
"
```

Step 5: Fit the model

Use the cfa() function in lavaan.

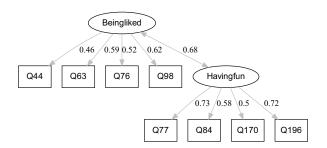
5. Fit the CFA model: All code

```
# Data
data_sapi <- read.table("Sapi.txt", header = T)</pre>
data_sapi[sapply(data_sapi,
    function(x) as.character(x) %in% c("-999") )] <- NA</pre>
# Model: two-factor CFA
model.2CFA <- "
Havingfun = ^{\sim} Q77 + Q84 + Q170 + Q196
Beingliked = ^{\sim} Q44 + Q63 + Q76 + Q98
# Fit model
fit_2CFA <- cfa(model.2CFA, data=data_sapi,</pre>
                 missing='fiml', fixed.x=F) # use FIML
```

Step 6: Plot the lavaan model in R

```
if (!require("lavaanPlot")) install.packages("lavaanPlot")
library(lavaanPlot)
```

Step 6: Plot the lavaan model in R Ctd.



Step 9: Acquiring the summary

#The factors scores for each subject can be required via:
predict(fit_2CFA)

CFA: modification indices - lavaan commands

Remark: Blending confirmatory and exploratory! Make sure it makes sense!

In lavaan, modification indices can be requested

• within the summary call:

```
summary(fit_2CFA, modindices = TRUE)
```

directly:

```
modindices(fit_2CFA, sort = TRUE)
```

• for specific parameters, say, factor loadings:

```
mi <- modindices(fit)
mi[mi$op == "=~",]</pre>
```

Also, have a look at the lavTestScore() function.



CFA: modification indices - interpretation

```
#modindices(fit, sort = TRUE, maximum.number = 7) # or:
modindices(fit_2CFA, sort = TRUE)[1:7,] # first 7 rows
##
            lhs op rhs mi epc sepc.lv sepc.all sepc.nox
           Q170 ~~ Q196 36.273 0.138 0.138
## 51
                                              0.271
                                                       0.271
            Q77 ~~ Q84 35.431 0.194 0.194
## 38
                                              0.305
                                                       0.305
## 46
            Q84 ~~ Q196 31.126 -0.143 -0.143 -0.276
                                                      -0.276
## 45
            Q84 ~~ Q170 20.426 -0.123 -0.123 -0.170
                                                      -0.170
            Q84 ~~ Q98 16.530 0.092 0.092 0.156
## 50
                                                       0.156
  35 Beingliked = Q84 13.085 0.552 0.234 0.222
                                                       0.222
## 39
            Q77 ~~ Q170 12.876 -0.104 -0.104
                                             -0.166
                                                      -0.166
```

- mi: If parameter freely estimated, overall Chi-square statistic could decrease by approximately this amount.
- epc (= expected parameter change): Approximate value that a parameter is expected to attain.



CFA: modification indices - cross-loadings

Cross-loadings:

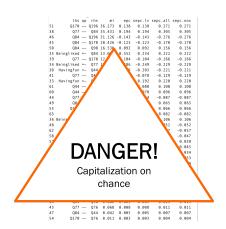
```
lhs op rhs mi epc sepc.lv sepc.all sepc.nox
     0170 ~~ 0196 36.273 0.138
                                 0.138
                                         0.271
                                                  0.271
      077 ~~ 084 35.431 0.194
                                 0.194
                                         0.305
                                                  0.305
      Q84 ~~ Q196 31.126 -0.143
                                         -0.276
                               -0.143
                                                 -0.276
      Q84 ~~ Q170 20.426 -0.123
                                -0.123
                                         -0.170
                                                 -0.170
      084 ~~ 098 16.530
                        0.092 0.092
                                       0.156
                                                  0.156
Beingliked =~
             Q84 13.085
                         0.552
                                 0.234
                                         0.222
                                                  0.222
      Q77 ~~ Q170 12.876 -0.104
                                -0.104
                                         -0.166
                                                 -0.166
Beingliked =∼
             Q77 12.564 -0.586
                                -0.249
                                         -0.229
                                                 -0.229
Havingfun = \sim Q44 11.853 -0.255
                               -0.203
                                         -0.221
                                                 -0.221
      077 ~~ 044 10.621 -0.078
                                -0.078
                                         -0.129
                                                 -0.129
```

CFA: modification indices - residual variances

Residual covariances:

	lhs	ор	rhs	mi	epc	sepc.lv	sepc.all	sepc.nox
	Q170	~~	Q196	36.273	0.138	0.138	0.271	0.271
				35.431		0.194	0.305	0.305
	Q84	~~	Q196	31.126	-0.143	-0.143	-0.276	-0.276
	Q84	~~	Q170	20.426	-0.123	-0.123	-0.170	-0.170
	084	~~	098	16.530	0.092	0.092	0.156	0.156
-	iked	=~	084	13.085	0.552	0.234	0.222	0.222
	Q77	~~	Q170	12.876	-0.104	-0.104	-0.166	-0.166
Beingl	iked	=~	Q77	12.564	-0.586	-0.249	-0.229	-0.229
Havin	gfun	=~	Q44	11.853	-0.255	-0.203	-0.221	-0.221
	Q77	~~	Q44	10.621	-0.078	-0.078	-0.129	-0.129

CFA: modification indices - be aware!



CFA: modification indices - modification

```
modindices(fit_2CFA, sort = TRUE)[1,]
## lhs op rhs mi epc sepc.lv sepc.all sepc.nox
## 51 Q170 ~~ Q196 36.273 0.138 0.138 0.271 0.271
# Allow residuals of Q170 and Q196 to covary
```

CFA: modification indices - test modification

```
anova(fit_2CFA, fit_2CFA_mod)[,-c(2,3)] # without AIC & BIC
##
              Df Chisq Chisq diff RMSEA Df diff Pr(>Chisq)
## fit_2CFA_mod 18 88.738
## fit_2CFA 19 124.170 35.432 0.18556 1 2.641e-09
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' '
modindices(fit_2CFA, sort = TRUE)[1,]
      lhs op rhs mi epc sepc.lv sepc.all sepc.nox
## 51 Q170 ~~ Q196 36.273 0.138 0.138 0.271 0.271
```

CFA: modification indices - new parameter value

```
parameterEstimates(fit_2CFA_mod)[9,-c(5,6,7)] # no se, z, and p
## lhs op rhs est ci.lower ci.upper
## 9 Q170 ~~ Q196 0.137 0.089 0.184
```

```
modindices(fit_2CFA, sort = TRUE)[1,1:5] # no sepc
## lhs op rhs mi epc
## 51 Q170 ~~ Q196 36.273 0.138
```

CFA: cross-loadings approximately zero

Problem:

- Restricting cross-loadings to exactly zero can be too strict.
- Consequence: rejection of the model, model modifications that capitalise on chance.

(Possible) solution in Bayesian SEM (BSEM) blavaan:

- Replace exact zero restrictions with approximate ones.
- Using Bayesian small-variance priors.

Interesting reading:

- Merkle, E. C., & Rosseel, Y. (2018). blavaan: Bayesian Structural Equation Models via Parameter Expansion. Journal of Statistical Software, 85(4), 1–30. https://doi.org/10.18637/jss.v085.i04
- Muthén, B., & Asparouhov, T. (2012). Bayesian structural equation modelling: A more flexible representation of substantive theory.
 Psychological Methods, 17(3), 313-335.



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CEA in E

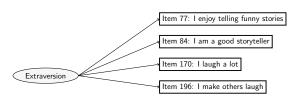
Scaling

The end

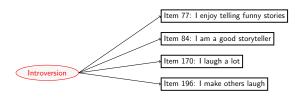
Extra

Latent variable scaling

Latent variables are not observed, thus no inherent scale.



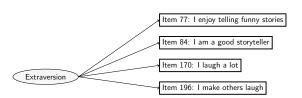
Latent variable scaling Ctd.



Therefore, set up model such that scale of latent variable is clear.

Three common ways

- 1. Marker-variable method Constrain one of the factor loadings (default).
- 2. Reference group method: Constrain the factor variance.
- 3. Effect coding: Constrain the average of the loadings.



1. Marker-variable method (default)

Default parameterization:

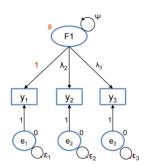
- First factor loading constrained at 1.
- Factor mean constrained at 0.

Other defaults:

- Mean of residuals is by definition 0.
- Residuals have a loading of 1.

Estimated:

- factor variance (Ψ),
- 'other' factor loadings (λ_2, λ_3) ,
- all item intercepts (ν_1, ν_2, ν_3) ,
- all residual variances (ϵ_1 , ϵ_2 , ϵ_3).





1. Default marker-variable method - lavaan

First factor loading constrained at 1:

```
Extraversion = 1.000
```

• Factor mean constrained at 0:

```
Extraversion 0.000
```

1. Default marker-variable method - lavaan Ctd

Factor loading of first indicator fixed to 1. all other loadings are relative to that.

If reference category changed, other loadings also change.

2. Reference-group method

Parameterization:

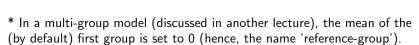
- Factor variance constrained at 1.
- Factor mean constrained at 0.*

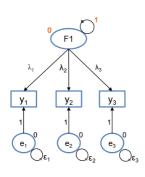
Defaults:

- Mean of residuals is by definition 0.
- Residuals have a loading of 1.

Estimated:

- all factor loadings $(\lambda_1, \lambda_2, \lambda_3)$,
- all item intercepts (ν_1, ν_2, ν_3) ,
- all residual variances (ϵ_1 , ϵ_2 , ϵ_3).





2. Reference-group method - lavaan

```
# Model
model.1CFA RefGr <- '
  # Free first factor loading, using: NA*
  Extraversion = ^{\sim} NA*Q77 + Q84 + Q170 + Q196
  # Set factor variance to 1, using: 1*
  Extraversion ~~ 1*Extraversion
# Fi.t. model.
fit_1CFA_RefGr <- cfa(model.1CFA_RefGr, data=data_sapi,
                missing='fiml', fixed.x=F) # use FIML
```

0.000

- Factor variance constrained at 1:
 - Extraversion 1.000
- Factor mean constrained at 0:

Extraversion

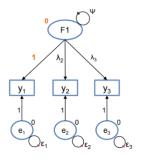
2. Reference-group method - lavaan Ctd

Advantage:

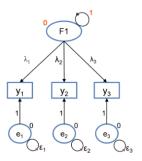
All factor loadings and scores on standardized metric.

Which method to choose?

1. Marker-variable method



2. Reference-group method



Does not matter for substantive conclusions. Sometimes, pragmatic reasons.

3. Effects-coding method

Parameterization:

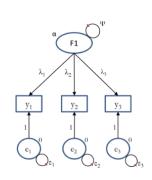
- Constrain the average of the factor loadings to 1: $\frac{1}{3} \sum_{i=1}^{3} \lambda_i = 1$.
- Constrain the average of the item intercepts to 0: $\frac{1}{3} \sum_{i=1}^{3} \nu_i = 0$.

Defaults:

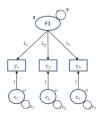
- Mean of residuals is by definition 0.
- Residuals have a loading of 1.

Estimated (subject to the constraints):

- factor variance (Ψ),
- factor mean (α) ,
- all factor loadings $(\lambda_1, \lambda_2, \lambda_3)$,
- all item intercepts (ν_1, ν_2, ν_3) ,
- all residual variances $(\epsilon_1, \epsilon_2, \epsilon_3)$.



3. Effects-coding method Ctd



Interpretations can be intuitive:

- Factor on similar scale as the indicators.
- Factor variance (Ψ) : average variance of each indicator that can be explained by the factor.
- Factor mean (α): weighted mean of the indicator means

3. Effects-coding method - lavaan model

```
# Model
model.1CFA_EffC <- '
  # Label parameters, such that they can be constrained
  Extraversion = lambda1*Q77 + lambda2*Q84 +
                  lambda3*Q170 + lambda4*Q196
  # intercepts
  Q77 ~ nu1*1
  Q84 ~ nu2*1
  Q170 ~ nu3*1
  Q196 ~ nu4*1
  # Constrain average of loadings to 1, i.e., set sum to 4
  lambda1 == 4 - lambda2 - lambda3 - lambda4
  # Constrain average of item intercepts to 0,
  # i.e., set sum to 0
  nu1 == 0 - nu2 - nu3 - nu4
```

3. Effects-coding method - fit lavaan model

Now, use the lavaan() function:

3. Effects-coding method - lavaan outpu

• Constrain the average of the factor loadings to 1: $\frac{1}{4} \sum_{i=1}^{4} \lambda_i = 1$.

```
parameterEstimates(fit_1CFA_EffC)[1:4,1:5]
## lhs op rhs label est
## 1 Extraversion = Q77 lambda1 1.197
## 2 Extraversion = Q84 lambda2 1.027
## 3 Extraversion = Q170 lambda3 0.879
## 4 Extraversion = Q196 lambda4 0.898
```

• Constrain the average of the item intercepts to 0: $\frac{1}{4} \sum_{i=1}^{4} \nu_i = 0$.

```
parameterEstimates(fit_1CFA_EffC)[5:8,1:5]
## lhs op rhs label est
## 5 Q77 ~1 nu1 -0.765
## 6 Q84 ~1 nu2 -0.521
## 7 Q170 ~1 nu3 0.738
## 8 Q196 ~1 nu4 0.548
```

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Summary

- EFA and CFA
- Scaling

Thanks & How to proceed

Thanks for listening!

Are there any questions?

- Ask fellow participant on course platform.
- Ask teacher during Q&A (or via course platform).
- See if making the lab exercises help.
- Check the lavaan tutorial: e.g., https://lavaan.ugent.be/tutorial/index.html.
- Do not forget that Google is your best friend :-).

You can start working on the lab exercises.

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Extra:

Categorical/Ordinal or continuous indicators?

Note: in cfa() you can, for example use 'ordered = TRUE' for endogenous variable.

Default then: estimator = "WLSMV".

More information on: https://lavaan.ugent.be/tutorial/cat.html



Remark!

Do NOT use a χ^2 test or IC (AIC or BIC) to compare categorical and continuous models:

- Obviously not nested (so, no χ^2 test anyway).
- AND likelihoods of categorical and continuous indicator models are incomparable!

Note: χ^2 test and IC are based on (log) likelihood (= fit).

Interesting Reading

https://lavaan.ugent.be/tutorial/cat.html

Muthén, B. (1984). A general structural equation model with dichotomous, ordered categorical, and continuous latent variable indicators. Psychometrica, 49(1), 115-132.

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Sventina, D., Rutkowski, D. (2020). Multiple group invariance with categorical outcomes using updated guidelines: an illustration using Mplus and the lavaan/semtools packages. Structural Equational Modelling: A Multidisciplinary Journal, 27(1), 111-130