

Introduction to Structural Equation Modeling using lavaan

Intro and regression

R. M. Kuiper (and many others)

Department of Methodology & Statistics
Utrecht University

Outline of this lecture

SEM

SAPI

Lavaan commands

Regression

Path model

Steps

Technical output

Steps Ctd.

Model fit

The end

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Path Diagram: Graphical representation of SEM

y1

Observed variable

F1

Construct = latent (unmeasured) variable / factor



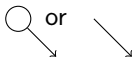
Direct relationship



Covariance

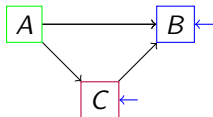


Variance

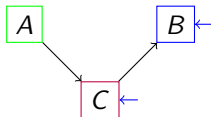


Residual variance / measurement error

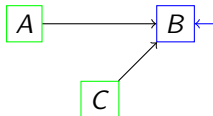
Path models



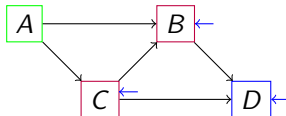
Partial mediation



Full mediation

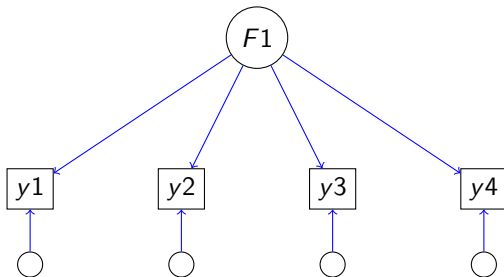


Multiple regression



More complex path models

Measurement models



SEM

- From theory to model (and path diagram)
- Compare

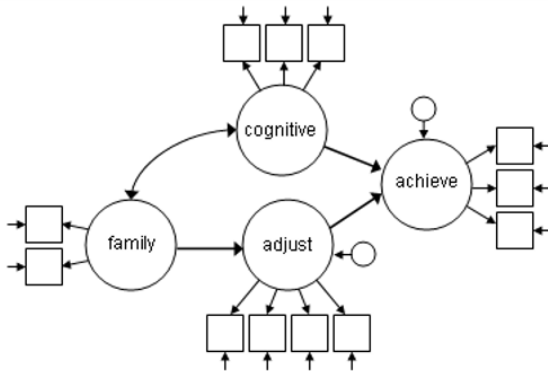


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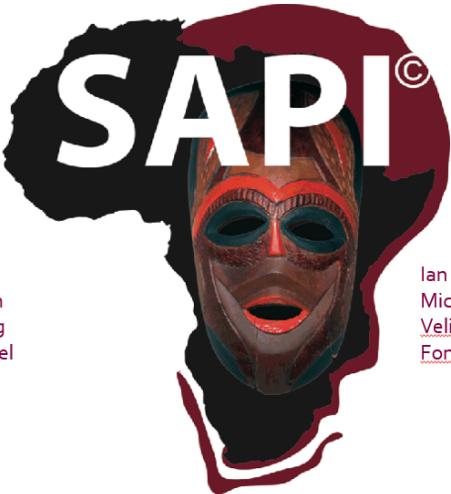
Technical output

Steps Ctd.

Model fit

The end

Example: South African Personality Inventory Project (SAPI)



Carin Hill
 Leon Jackson
 Deon Meiring
 J. Aleweyn Nel

Ian Rothmann
 Michael Temane
 Velichko H. Valchev
 Fons J. R. van de Vijver

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Steps to take for running a model in lavaan

- 1. Loading data into R
- 2. Data screening:
e.g., check measurement levels, missing data (notation), and correlations.
- 3. Draw your model
- 4. Specify your model in lavaan
- 5. Fit the model with lavaan
- 6. Plot the lavaan model in R
- 7. Ensure model specification is correct using plots and technical output.
If not, correct and proceed from Step 4 on.
- 8. Check model assumptions:
e.g., check residuals (histogram or Q-Q plot).
- 9. Acquire the summary from lavaan
- And more steps, discussed later on.

4. Specify your model



- Translate \rightarrow into \sim .
- Translate 'residual variance notation' into $\sim\sim$.
Note = residual variance = a variance = special case covariance.
- Translate \leftrightarrow (= covariance) into $\sim\sim$.
- Do not forget about intercepts: Translate into \sim .
- Translate 'circled arrow' (= variance) into $\sim\sim$.
Note = variance = special case covariance.
- Do not forget about means: Translate into \sim .

4. Specify your model: regression general

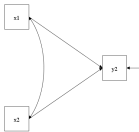
A regression model is specified as follows:
dependent \sim predictor1 + predictor2 + etc.

Additionally, one needs to specify that the error (of the dependent variable) has a variance:
dependent $\sim\sim$ dependent

If needed, one can specify to include an intercept:
dependent ~ 1

Note that one include intercept directly:
dependent ~ 1 + predictor1 + predictor2 + etc.

4. Specify your model: regression answer 2



```
mod.regr_DIY <- '
  y2 ~ 1 + x1 + x2  # intercept + regression
  y2 ~~ y2          # residual variance

  # Make it a habit to also specify:
  x1 + x2 ~ 1       # means predictors - DO specify this!
  x1 + x2 ~~ x1     # (co)variance predictors
  x2 ~~ x2          # variance x2
'
```

Note: As opposed to what I say in the video, do specify the means for the predictors explicitly; otherwise they will be set to 0.

4. Specify your model: regression answer general

```
y ~ 1 + x_1 + x_2 + ... + x_k # intercept + regression
y ~~ y                        # residual variance
```

(co)variances of exogenous variables:

```
x_1 + x_2 + ... + x_k ~~ x_1
      x_2 + ... + x_k ~~ x_2
                        ...
                        x_k ~~ x_k
```


5. Fit the regression model: All code

```
# Data
data_sapi <- read.table("Sapi.txt", header = T)
data_sapi[apply(data_sapi,
  function(x) as.character(x) %in% c("-999"))] <- NA

# Model
mod.regr <- '
  Q77 ~ Age # regression
  Q77 ~~ Q77 # residual variance
  Q77 ~ 1 # intercept
'

# Fit model
fit.regr <- lavaan(model = mod.regr, data = data_sapi)
```


Plot with lavaanPlot

```
if (!require("lavaanPlot")) install.packages("lavaanPlot")
library(lavaanPlot)
```

```
lavaanPlot(model = fit.regr,
  graph_options = list(overlap = "true",
    fontsize = "20"),
  node_options = list(shape = "box",
    fontname = "Helvetica"),
  edge_options = list(color = "grey"),
  coefs = T, stand = T, covs = T,
)
```

Plot with tidySEM

```
library(tidySEM)
if (!require("tidySEM")) install.packages("tidySEM")
```

```
graph_sem(fit.regr)
```

Plot with semPlot

```
if (!require("semPlot")) install.packages("semPlot")
library(semPlot)
```

```
semPaths(fit.regr, "par", weighted = FALSE, nCharNodes = 7,  
        shapeMan = "rectangle", sizeMan = 8, sizeMan2 = 5)
```


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Analyzing the SAPI data: Regression

Variables:

- Outcome: Q77, I enjoy telling funny stories
- Predictor: Age

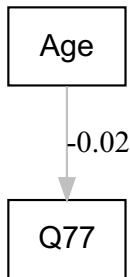
- Predictor: Age



```
fit.regr <- lavaan(model = mod.regr, data = data_sapi)
```

Plot with lavaanPlot

```
lavaanPlot(model = fit.regr,
  graph_options = list(overlap = "true",
    fontsize = "20"),
  node_options = list(shape = "box",
    fontname = "Helvetica"),
  edge_options = list(color = "grey"),
  coefs = T, stand = F, covs = T,
)
```



Regression equation

```
parameterEstimates(fit.regr)[c(1,2,3),] # or ...[1:3,]
```

##	lhs	op	rhs	est	se	z	pvalue	ci.lower	ci.upper
## 1	Q77	~	Age	-0.022	0.004	-5.275	0	-0.030	-0.014
## 2	Q77	~~	Q77	1.184	0.068	17.536	0	1.052	1.317
## 3	Q77	~1		4.275	0.135	31.657	0	4.011	4.540

General regression equation (for person i):

$$Q77_i = B_0 + B_1 * Age_i + e_i, \text{ with } e_i \sim N(0, \sigma^2).$$
$$\text{Or: } \hat{Q}_{77j} = B_0 + B_1 * Age_j.$$

Regression equation (for person i):

$$Q77_i = 4.275 - 0.022 * Age_i + e_i, \text{ with } e \sim N(0, 1.184).$$

MY HOBBY: EXTRAPOLATING



REGRESSION

Summary regression model in lavaan Ctd.

R^2 = R-squared = proportion of shared/explained variance:

```
inspect(fit.regr, 'r2')
```

Q77

```
## 0.043
```

Intermezzo: Correlation Age and Q77 and R^2 in R

```
corr <- cor(data_sapi[, 2], data_sapi[, 9],
            use = "complete.obs")

round(corr, 3)    # = correlation between Age and Q77

## [1] -0.208
```

```
round(corr^2, 3) # =  $R^2$ 

## [1] 0.043

#  $R^2$  = proportion of shared/explained variance.
# This is the  $R^2$  in a regression with one predictor.
```

In a regression with one outcome and one predictor,
the R^2 is the square of their correlation.

Intermezzo: Correlation Age and Q77 and R^2 in R Ctd.

Remark:

I would not use lavaan for correlations, but you can:

```
mod.corr <- '
  Q77 ~~ Q77
  Age ~~ Age
  Q77 ~~ Age # covariance
  # If standardized, then correlation
'

fit.corr <- lavaan(model = mod.corr, data = data_sapi)
parameterEstimates(fit.corr, stand=T)[3,'std.all']

## [1] -0.2080665
```

Message intermezzo:

In a regression with one outcome and one predictor, the R^2 is the square of their correlation.

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Analyzing the SAPI data: Path model (Mediation)

Variables:

- Outcome: Q196, I make others laugh
- Mediator: Q77, I enjoy telling funny stories
- Predictor: Age



Specification path model in lavaan

```

model.path <- '
  # regressions
  Q77 ~ Age
  Q196 ~ Q77

  # residual variances
  Q77 ~~ Q77
  Q196 ~~ Q196

  # variance of predictor
  Age ~~ Age
  # mean of predictor
  Age ~ 1

  ## intercepts
  Q77 ~ 1
  Q196 ~ 1

```

Plot with lavaanPlot

```
lavaanPlot(model = fit_path,  
  graph_options = list(overlap = "true",  
                        fontsize = "20"),  
  node_options = list(shape = "box",  
                       fontname = "Helvetica"),  
  edge_options = list(color = "grey"),  
  coefs = T, stand = F, covs = T,  
  ) # Note: stand = F
```



Summary path model in lavaan

```
summary(fit_path, fit.measures = TRUE,  
        ci = TRUE, rsquare = TRUE)
```

Estimates

```
parameterEstimates(fit_path)[,-7] # i.e., without p-value
```

##	lhs	op	rhs	est	se	z	ci.lower	ci.upper
## 1	Q77	~	Age	-0.021	0.004	-4.971	-0.029	-0.013
## 2	Q196	~	Q77	0.451	0.027	16.724	0.398	0.504
## 3	Q77	~~	Q77	1.179	0.067	17.479	1.047	1.312
## 4	Q196	~~	Q196	0.545	0.031	17.479	0.484	0.606
## 5	Age	~~	Age	108.692	6.219	17.479	96.504	120.881
## 6	Age	~1		30.612	0.422	72.580	29.785	31.439
## 7	Q77	~1		4.248	0.136	31.175	3.981	4.516
## 8	Q196	~1		2.153	0.102	21.167	1.954	2.352

Summary path model in lavaan Ctd.

R^2 = R-squared = proportion of shared/explained variance:

```
inspect(fit_path, 'r2')
```

```
##      Q77      Q196
```

```
## 0.039 0.314
```

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Step by step (repetition): Step 1

Load data into R

Step 2

Data screening

e.g., check measurement levels, missing data (notation), and correlations.

Not part of lavaan,
plenty of information on the internet.

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Step 4

Specify your model into lavaan syntax
i.e., Translate your drawing into lavaan syntax

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Step 7

Ensure model specification is correct using

- Plots (for example, using lavaanPlot)
- Technical output (using lavInspect), discussed in next intermezzo.

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Intermezzo: Technical output



Number of model parameters - SAPI regression

Number of model parameters (unknowns):

```
fitMeasures(fit.regr, "npar")  
## npar  
##      3
```

Which ones can be inspected in the technical output:

```
lavInspect(fit.regr)
```

More explanation later on.

For now: 3 model parameters estimated.

Number of unique elements

Note: Raw data can be summarized by

- a variance matrix (S)
- a mean vector (m)

Number of unique elements (knowns):

- Unique elements in variance matrix = $p(p + 1)/2$
- Possibly: Unique elements in mean = p

with p the number of variables in the model.

In SAPI regression ($p = 2$):

- Unique elements S : $p(p + 1)/2 = 2 * 3/2 = 3$
- Unique elements m : $p = 2$

Number of model parameters = $3 + 2 = 5$.

Degrees of freedom - SAPI regression

Degrees of freedom (df) =

Number of unique elements - Number of model parameters =

$5 - 3 = 2$.

BUT:

```
fitMeasures(fit.regr, "df") # df = 0
```

```
## df
```

```
## 0
```


SAPI regression: Fully specified

```
mod.regr_full <- '
  Q77 ~ Age # regression
  Q77 ~~ Q77 # residual variance
  Q77 ~ 1    # intercept

  # (co)variances and means predictor(s)
  Age ~~ Age # variance predictor
  Age ~ 1    # mean predictor
  #
  # Estimated by lavaan by default,
  # but now also part of lavInspect()

'

fit.regr_full <- lavaan(model = mod.regr_full,
                        data = data_sapi)
```

SAPI regression: Same estimates of course

```
parameterEstimates(fit.regr)[,1:7]
```

##	lhs	op	rhs	est	se	z	pvalue
## 1	Q77	~	Age	-0.022	0.004	-5.275	0
## 2	Q77	~~	Q77	1.184	0.068	17.536	0
## 3	Q77	~1		4.275	0.135	31.657	0
## 4	Age	~~	Age	111.304	0.000	NA	NA
## 5	Age	~1		30.706	0.000	NA	NA

```
parameterEstimates(fit.regr_full)[,1:7]
```

##	lhs	op	rhs	est	se	z	pvalue
## 1	Q77	~	Age	-0.022	0.004	-5.275	0
## 2	Q77	~~	Q77	1.184	0.068	17.536	0
## 3	Q77	~1		4.275	0.135	31.657	0
## 4	Age	~~	Age	111.304	6.347	17.536	0
## 5	Age	~1		30.706	0.425	72.177	0

Number of model parameters - SAPI regression

Now, number of model parameters: 5, see

```
fitMeasures(fit.regr_full, "npar")  
  
## npar  
##      5
```

Then, indeed, $df = 5 - 5 = 0$.

This implies that we have a saturated model:

Number of unique elements = Number of model parameters.
 $S_{yy}, S_{yx}, S_{xx}, m_y, m_y$ vs $\alpha, \beta, \sigma_\epsilon^2, S_{xx}, m_y$

Technical output

Which model parameters are estimated can be inspected in the technical output:

```
lavInspect(fit.regr_full)
```

Technical output - SAPI regression (Part 1)

```
lavInspect(fit.regr_full)[1:3]
```

```
## $lambda
```

Q77 Age

Q77 0 0

```
## Age      0      0
```

##

```
## $theta
```

Q77 Age

Q77 0

```
## Age      0      0
```

##

```
## $psi
```

Q77 Age

Q77 2

```
## Age      0      4
```

Technical output - SAPI regression (Part 2)

```
lavInspect(fit.regr_full)[4:6]
```

```
## $beta
##      Q77 Age
## Q77    0   1
## Age    0   0
##
## $nu
##      intrcp
## Q77        0
## Age        0
##
## $alpha
##      intrcp
## Q77        3
## Age        5
```

Technical output - Model parameters

- λ
- θ
- ψ
- β
- ν
- α

Note: Enumeration/Indication of parameters, not parameter values!

Technical output: General overview

Measurement equation: $y_i = \nu + \Lambda\eta_i + \epsilon_i, \epsilon_i \sim N(\mathbf{0}, \Theta)$

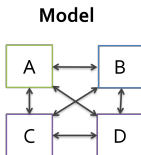
Structural equation: $\eta_i = \alpha + B\eta_i + \zeta_i, \zeta_i \sim N(\mathbf{0}, \Psi)$

Modeled covariance matrix: $\Sigma = \Theta + \Lambda\Psi\Lambda^T$

- ν (**nu**), vector with means/intercepts of observed variables.
- Λ (**Lambda**), matrix with factor loadings relating observed variables to latent variables.
- Θ (**Theta**), variance-covariance matrix of residuals of observed variables (ϵ_i).
- α (**alpha**), vector with intercepts/means of latent variables.
- B (**Beta**), matrix with structural parameters (β 's).
- Ψ (**Psi**), variance-covariance matrix of residuals of latent variables (ζ_i): variances of exogenous variables and residual variances of endogenous variables.

Saturated model ($p = 4$) - with means

		Data			
		A	B	C	D
S =	A	σ^2_A			
	B	σ_{BA}	σ^2_B		
	C	σ_{CA}	σ_{BC}	σ^2_C	
	D	σ_{DA}	σ_{DB}	σ_{DC}	σ^2_D

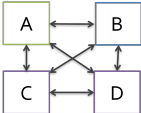


Total unique elements:

- Unique elements S : $p(p+1)/2 = 4 * 5/2 = 10$
- Unique elements m : $p = 4$

$$10+4 = 14$$

Saturated model ($p = 4$) - with means

	Data				Model	
	A	B	C	D		
S =	A	σ^2_A				
	B	σ_{BA}	σ^2_B			
	C	σ_{CA}	σ_{BC}	σ^2_C		
	D	σ_{DA}	σ_{DB}	σ_{DC}	σ^2_D	

Number of model parameters:

- cross relations / covariances: 6
- variances: 4
- means: 4

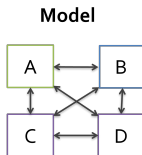
$$(6+4)+4 = 14$$

Saturated model ($p = 4$) - with means

Data

	A	B	C	D
A	σ^2_A			
B	σ_{BA}	σ^2_B		
C	σ_{CA}	σ_{BC}	σ^2_C	
D	σ_{DA}	σ_{DB}	σ_{DC}	σ^2_D

S =



Total unique elements:

$$10+4 = 14$$

Number of model parameters:

$$(6+4)+4 = 14$$

Hence, $df = 14 - 14 = 0$.

```
# Variances & Covariances for residuals of observed variables
lavInspect(fit_sat)$theta
```

```
##      Age ReadAb  Q44  Q63
## Age      1
## ReadAb   5      2
## Q44      6      8      3
## Q63      7      9     10      4
```

```
# Means / Intercepts of observed variables
lavInspect(fit_sat)$nu
```

```
##          intrcp
## Age          11
## ReadAb       12
## Q44          13
## Q63          14
```

Example saturated model ($p = 4$) Ctd.

```
fitMeasures(fit_sat,
             c("npars", "logl", "unrestricted.logl",
               "chisq", "pvalue",
               "cfi", "tli", "rmsea"))
```

##	npars	logl	unrestricted.logl
##	14.000	-4498.184	-4498.184
##	pvalue	cfi	tli
##	NA	1.000	1.000

Note: At the end, more details about model fit.

Example baseline model ($p = 4$)

Variables: Age, ReadAb, Q44, and Q63

```
lavInspect(fit_base4)$theta
```

```
##           Age ReadAb Q44 Q63
## Age           1
## ReadAb        0      2
## Q44           0      0   3
## Q63           0      0   0   4
```

```
lavInspect(fit_base4)$nu
```

```
##           intrcp
## Age           5
## ReadAb        6
## Q44           7
## Q63           8
```

Example baseline model ($p = 4$) Ctd.

```
fitMeasures(fit_base4,
            c("npars", "logl", "unrestricted.logl",
              "chisq", "pvalue",
              "cfi", "tli", "rmsea"))

##           npars           logl  unrestricted.logl
##           8.000          -4530.256          -4498.184
##           pvalue           cfi           tli
##           0.000           0.000           0.000
```

No deviation from the baseline model,
because we estimated it: CFI = 0 and TLI = 0.

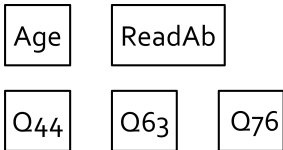
Note: At the end, more details about model fit.

Saturated model ($p = 5$): DIY

- Variables: A, B, C, D, and E
 - How many unique elements?
 -
 -
 -
- Saturated model = All variables related
 - How many model parameters?
 -
 -
 -
 -
- How many df?
 -

Baseline model ($p = 5$): DIY

- Variables: A, B, C, D, and E
 - How many unique elements?
 -
- Baseline model = Unrelated variables
 - How many model parameters?
 -
- How many df?
 -



Baseline model ($p = 5$): Answer

- Variables: A, B, C, D, and E
 - How many unique elements?
 - $5(5+1)/2 + 5 = 20$
- Baseline model = Unrelated variables
 - How many model parameters?
 - 5 variances and 5 means = 10 parameters
- How many df?
 - $df = 20 - 10 = 10$

Age

ReadAb

Q44

Q63

Q76

```
lavInspect(fit_base5)$theta
```

```
lavInspect(fit_base5)$nu
```

Example baseline model ($p = 5$) Ctd.

```
fitMeasures(fit_base5,
  c("npars", "logl", "unrestricted.logl",
    "chisq", "pvalue",
    "cfi", "tli", "rmsea"))
```

	npars	logl	unrestricted.logl
##	10.000	-5440.660	-5360.694
	pvalue	cfi	tli
##	0.000	0.000	0.000

Note: At the end, more details about model fit.

From model to technical output



```
lavInspect(fit_example)$theta
```

```
##      Age ReadAb Q44
## Age      3
## ReadAb    1      4
## Q44      2      0      5
```

```
lavInspect(fit_example)$nu
```

```
##          intrcp
## Age          6
## ReadAb       7
## Q44          8
```

No relation between A and C. Hence, zero in Theta matrix.

Step by step - there are more: Step 10

Understand all errors/warnings

Note: Not all warning messages have to be fixed, but know what the problem is.

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11. Handling missing data: FIML

Note: Will be discussed in detail in Missing Data lecture.

Model needs to be fully specified (elsewise error):

```
mod.regr_full <- '
  Q77 ~ Age # regression
  Q77 ~~ Q77 # residual variance
  Q77 ~ 1   # intercept

  # (co)variances and means predictor(s)
  Age ~~ Age # variance predictor
  Age ~ 1    # mean predictor
'

fit.regr_fiml <- lavaan(model = mod.regr_full, data = data_sapi,
                        missing='fiml', fixed.x=FALSE)

## Warning: lavaan->lav_data_full():
##      some cases are empty and will be ignored:  453 535.
```

11. Handling missing data: FIML Ctd.

Previous estimates

```
parameterEstimates(fit.regr)[c(1,2,3),]
```

##	lhs	op	rhs	est	se	z	pvalue	ci.lower	ci.upper
## 1	Q77	~	Age	-0.022	0.004	-5.275	0	-0.030	-0.014
## 2	Q77	~~	Q77	1.184	0.068	17.536	0	1.052	1.317
## 3	Q77	~1		4.275	0.135	31.657	0	4.011	4.540

FIML estimates

```
parameterEstimates(fit.regr_fiml)[c(1,2,3),]
```

##	lhs	op	rhs	est	se	z	pvalue	ci.lower	ci.upper
## 1	Q77	~	Age	-0.021	0.004	-5.341	0	-0.029	-0.013
## 2	Q77	~~	Q77	1.133	0.052	21.829	0	1.031	1.234
## 3	Q77	~1		4.219	0.126	33.524	0	3.972	4.465

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Step 13

Interpret results

Using model fit indices, discussed next.

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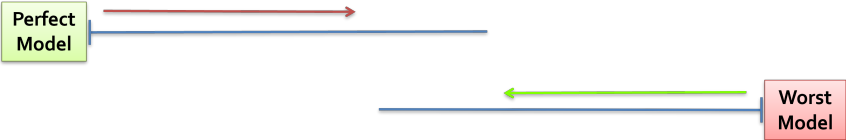
Steps Ctd.

Model fit

The end

A good fit index...

- Not sensitive to sample size
- Sensitive to discrepancies between modeled data and observed data



- Reflects the degree of parsimony of the model

RMSEA (Root Mean Square Error of Approximation)

$$RMSEA = \sqrt{\frac{\chi^2 - df}{(n-1)df}}$$

= bias-corrected estimate of divergence of model-implied and population var-covar matrix.



Absolute index:

- Index of discrepancy between model and data
 - + sensitive to model complexity, namely: bias correction by ' $-df$ ' (in ' $\chi^2 - df$ ', in formula above))
 - - less suitable with small sample size (with low df)
- Rule of thumb: $<.08$ (mediocre), $<.05$ (close / good)
- Inspect CIs

Relative indices: AIC/BIC

- Information theoretic:
Combine goodness of fit χ^2 and parsimony (nr. of parameters k).



- AIC (Akaike Information Criterion)
 - $AIC = \chi^2 + 2k$
- BIC (Bayesian Information Criterion)
 - $BIC = \chi^2 + k * \ln(n)$
- No rule of thumb, values depend on actual data set.
- Choose the model with the **lowest** AIC and/or BIC.

Model Comparison

- Nested models (i.e., one model is a special case of the other):
Chi-square difference test / AIC / BIC
- Non-nested models:
AIC / BIC

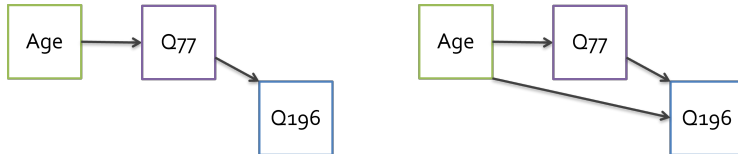
In lavaan: use `anova(fit.model1, fit.model2)`.

If and only if the covariance matrix is equal over models

same participants, same variables!

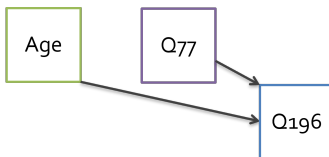
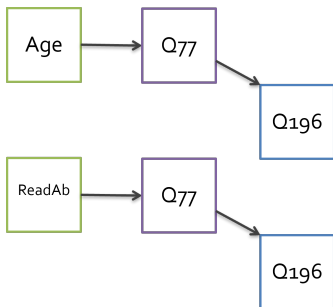
Model Comparisons: Nested models

Nested models: one model is a special case of the other.



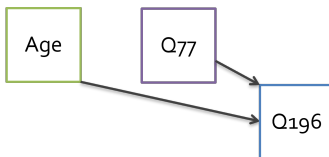
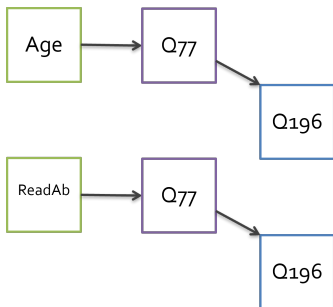
Model Comparisons: Nested models?

- Nested?
- Chi-square test vs AIC/BIC?



Model Comparisons: Nested models? - Answers

- Nested? No
- Chi-square test vs AIC/BIC? AIC/BIC



Model Comparisons: AIC / BIC

Suitable for comparing

- both nested and non-nested models.
- more than two models.

Choose the model with the **lowest** AIC and/or BIC.

To be discussed in the Model Selection lecture

- Quantify relative support via IC weights.

```
library(devtools) # Make sure you have Rtools
install_github("rebeccakuiper/ICweights")
library(ICweights) # ?IC.weights
# Or:
library(restriktor) # ?calc_ICweights
```

- Extension AIC for order-restricted hypotheses (GORIC and GORICA).

```
library(restriktor) # ?goric
```

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Summary

- Short SEM overview
- Simple analyses in lavaan
- Step-by-step checklist
- Model fit

Take home message

- Know what's happening:
 - Check whether unique elements - estimated = df
 - Get to know lavaan defaults
 - Read warnings (!)
- Make use of FIML (if possible)

Thanks & How to proceed

Thanks for listening!

Are there any questions?

- Ask fellow participant on course platform.
- Ask teacher during Q&A (or via course platform).
- See if making the lab exercises help.
- Check the lavaan tutorial: e.g.,
<https://lavaan.ugent.be/tutorial/inspect.html>.
- Do not forget that Google is your best friend :-).

You can start working on the lab exercises.