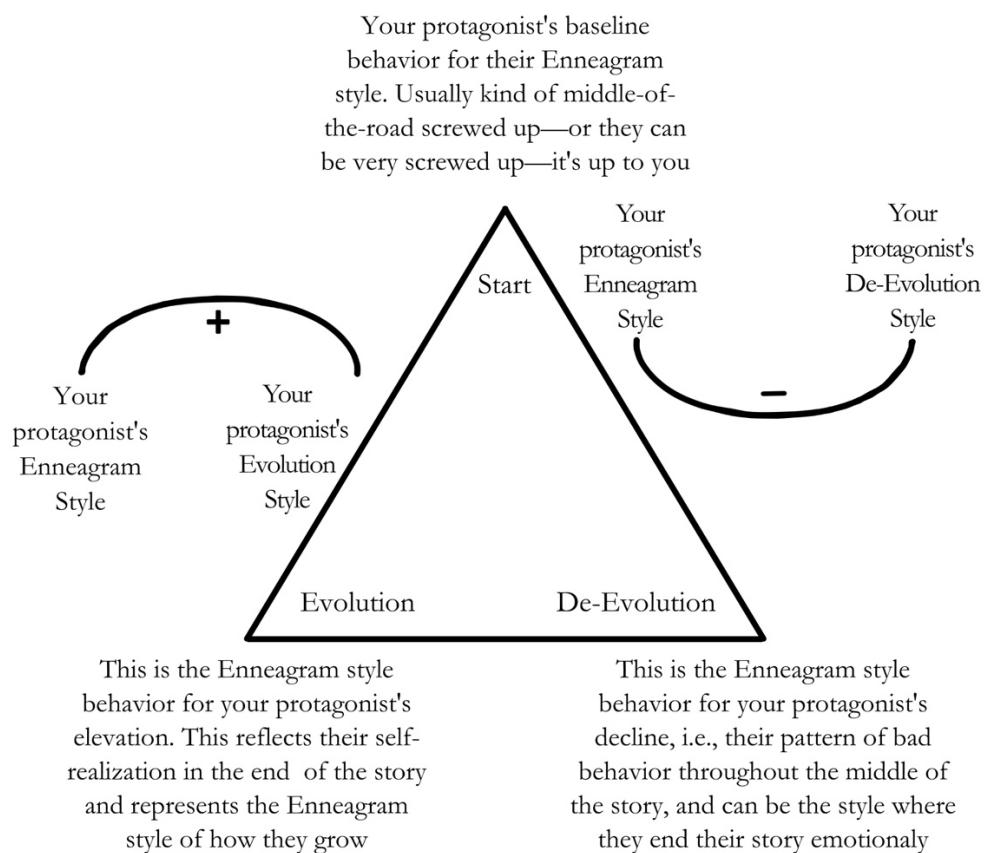


## Protagonist Change Worksheet

- Identify Protagonist Change Triangle (Chapter 9)
- Identify change triangle components (Chapter 9)
- Finalize your protagonist's change triangle

Use this worksheet to identify the protagonist's overall change process using the Protagonist Change Triangle tool.

1. Identify the Protagonist's Change Triangle:



# Rapid Story Development: Protagonist Change Worksheet

**Jeff Lyons / Storygeeks**  
Story Development • Training • Editorial

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*Write out your protagonist's Enneagram style and evolution points:*

*Enneagram Style:* \_\_\_\_\_

*Enneagram Evolution:* \_\_\_\_\_

*Write out your protagonist's Enneagram style and de-evolution points:*

*Enneagram Style:* \_\_\_\_\_

*Enneagram De-Evolution:* \_\_\_\_\_

*Write out your protagonist's Starting Statement: (This is their baseline behavior at the start of the story.)*

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*Write out your protagonist's Evolution Statement: (This is the Enneagram-based statement describing how they would behave if they changed for the better.)*

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*Write out your protagonist's Evolution Statement: (This is the Enneagram-based statement describing how they would behave if they changed for the worse.)*

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2. *Identify the Enneagram Resources contributing to these statements: (What Enneagram patterns informed these choices?)*

*Focus of Attention: (What Focus of Attention applies to your protagonist's style identified above?)*

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*Core Image: (What core image applies to your protagonist's style identified above?)*

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*Survival Strategy: (What survival strategy applies to your protagonist's style identified above?)*

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*Hexad Circuit of Safety (1,7,5,8,2,4): (Where does your protagonist move on the Enneagram when they feel safe?)*

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*Hexad Circuit of Fear (1,4,2,8,5,7): (Where does your protagonist move on the Enneagram when they feel afraid?)*

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*Triad Circuit of Safety (3,6,9):* (Where does your protagonist move on the Enneagram when they feel safe?)

*Triad Circuit of Fear (3,9,6):* (Where does your protagonist move on the Enneagram when they feel afraid?)

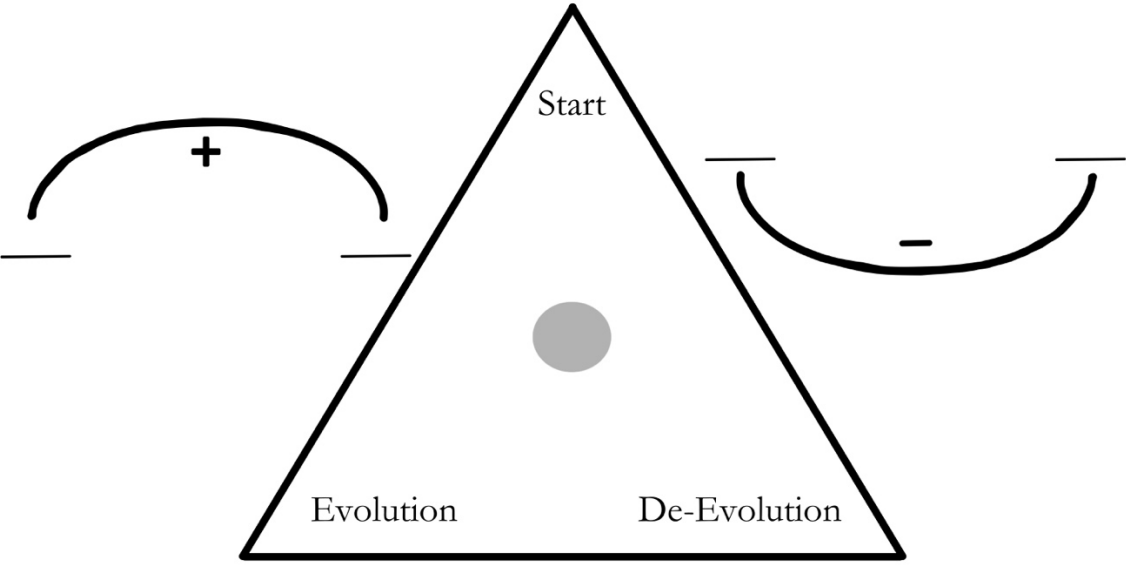
3. *Finalize Your Protagonist's Change Triangle:* (Based on your work above, fill in the blanks and customize your triangle for your protagonist.)

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