1.Decision Variables:

+) X[i,j,k] = 1 if staff i work on phase k of day j , 0 otherwise

Such that: $1 \le i \le N$, $1 \le j \le D$, $1 \le k \le 4$

+) Y[i,j] = 1 if staff i have a day off on day j, 0 otherwise

2.Constraints:

+) Each day, an employee can only work one shift at most:

 $\sum_{1 \le k \le 4} X[i,j,k] \le 1$, với $1 \le i \le N, 1 \le j \le D$

+) If you work the night shift the day before, you can rest the next day:

$$X[i,j,4] + \sum_{1 \le k' \le 4} X[i,j,k'] \le 1$$
, $v \acute{\sigma} i \ 1 \le i \le N, 1 \le j \le D$

+) List of employee leave days i:

$$F[i] = \sum_{1 \le j \le 4} X[i,j,4], v \acute{\sigma} i \ 1 \le i \le N, 1 \le j \le D$$

+) Each shift in each day has at least α employees and at most β employees:

 $\alpha \leq \sum_{1 \leq i \leq N} X[i,j,k] \leq \beta$, với $1 \leq j \leq D, \ 1 \leq k \leq 4$

3. Objective function:

N min with $N \ge F[i]$