

# Statistical report for TEENS feasibility trial

Using simulated data

13 april 2021

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## Timeline

- 2021-04-07 - Data without feasibility outcomes recieved from TEENS investigators
- 2021-04-12 - Data handling script written and validated with TEENS investigators and data with reverse groups sent to other statistician.
- 2021-04-13 - First report generated where Feasibility figures B and C and WAI-SR is still based on simulated data.

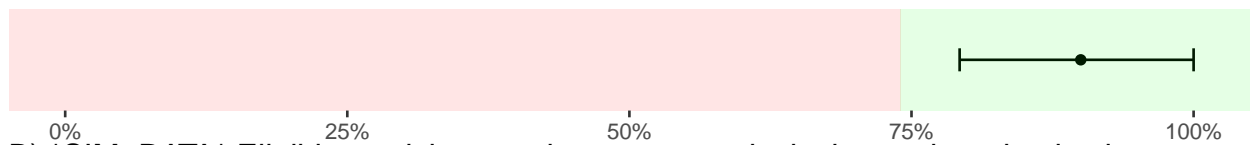
## Baseline characteristics

Baseline characteristics

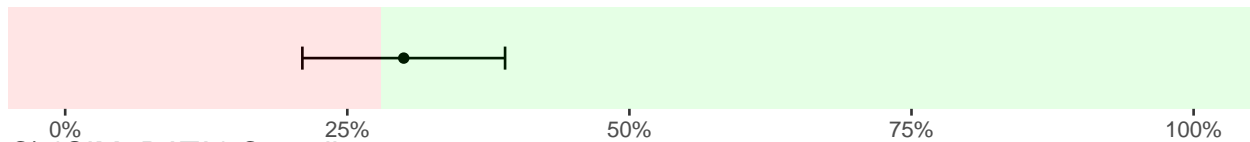
	A	B	Overall
n	15	15	30
Age (mean (SD))	14.87 (1.41)	15.20 (1.32)	15.03 (1.35)
Gender = Transgender (%)	1 ( 6.7)	0 ( 0.0)	1 ( 3.3)
Nationality = European (%)	0 ( 0.0)	1 ( 6.7)	1 ( 3.3)
School (%)			
Boarding school	1 ( 6.7)	1 ( 6.7)	2 ( 6.7)
High-school	2 (13.3)	2 (13.3)	4 (13.3)
Middle-school	9 (60.0)	10 (66.7)	19 (63.3)
No School	1 ( 6.7)	1 ( 6.7)	2 ( 6.7)
Other	2 (13.3)	1 ( 6.7)	3 (10.0)
Parental status (%)			
Divorced	7 (46.7)	7 (46.7)	14 (46.7)
Married	7 (46.7)	8 (53.3)	15 (50.0)
Other	1 ( 6.7)	0 ( 0.0)	1 ( 3.3)
Missing data: : %			

Feasibility outcomes

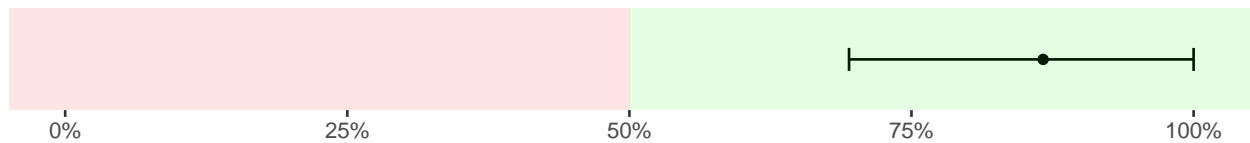
A) Completion of follow-up



B) \*SIM-DATA\* Eligible participants who consent to inclusion and randomisation



C) \*SIM-DATA\* Compliance



Outcome	Requirement	Fraction	LCL	UCL
A) Completion of follow-up	75%	90%	79%	100%
B) *SIM-DATA* Eligible participants who consent to inclusion and randomisation	29%	30%	21%	39%
C) *SIM-DATA* Compliance	51%	87%	69%	100%

## Exploratory clinical outcomes

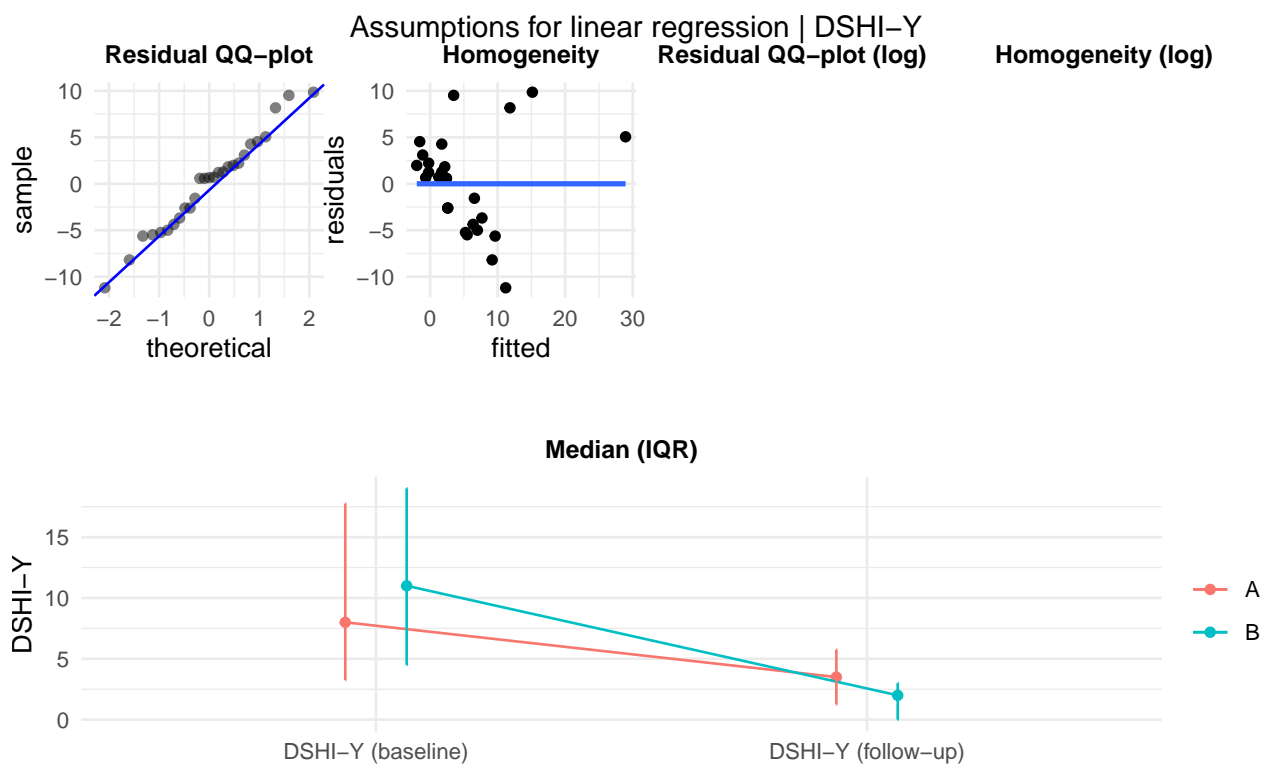
### DSHI-Y (primary)

Data on non-suicidal self-injury (NSSI) as measured by DSHI-Y will be obtained in both groups at baseline and follow-up, and during the intervention for the interventional group. DSHI-Y reflects the number of NSSI events in the past month. The results will be presented as one sum score.

### Results

Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
n	15	15	30
DSHI-Y (baseline)	13.36 (16.49) [14]	13.20 (11.60) [15]	13.28 (13.91)
DSHI-Y (follow-up)	6.71 (9.63) [14]	3.46 (6.62) [13]	5.15 (8.32)



Linear regression

	p-value
DSHI-Y	0.12979

## Kidscreen-10 (secondary)

Data on Kidscreen-10 will be obtained in both groups at baseline and follow-up. Kidscreen-10 has 10 items which each generates a score from 1 to 5. The sum of the raw scores will be processed using the algorithm below:

- $RASCH\ PP = (10 = -4.327) / (11 = -3.206) / (12 = -2.675) / (13 = -2.319) / (14 = -2.049) / (15 = -1.831) / (16 = -1.645) / (17 = -1.483) / (18 = -1.339) / (19 = -1.207) / (20 = -1.085) / (21 = -0.971) / (22 = -0.863) / (23 = -0.760) / (24 = -0.660) / (25 = -0.563) / (26 = -0.468) / (27 = -0.374) / (28 = -0.281) / (29 = -0.187) / (30 = -0.093) / (31 = 0.002) / (32 = 0.100) / (33 = 0.199) / (34 = 0.302) / (35 = 0.409) / (36 = 0.520) / (37 = 0.637) / (38 = 0.760) / (39 = 0.891) / (40 = 1.031) / (41 = 1.183) / (42 = 1.348) / (43 = 1.529) / (44 = 1.732) / (45 = 1.961) / (46 = 2.226) / (47 = 2.545) / (48 = 2.951) / (49 = 3.533) / (50 = 4.703)$

(points = sub-score)

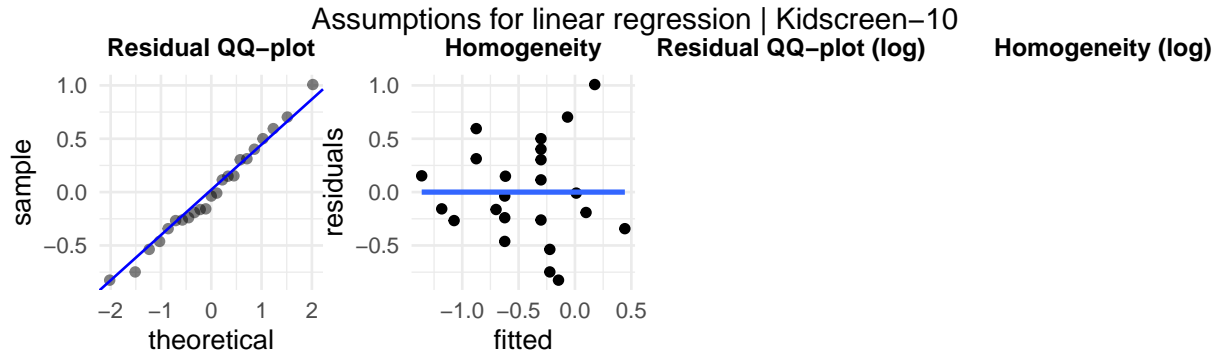
The results are presented using two scales:

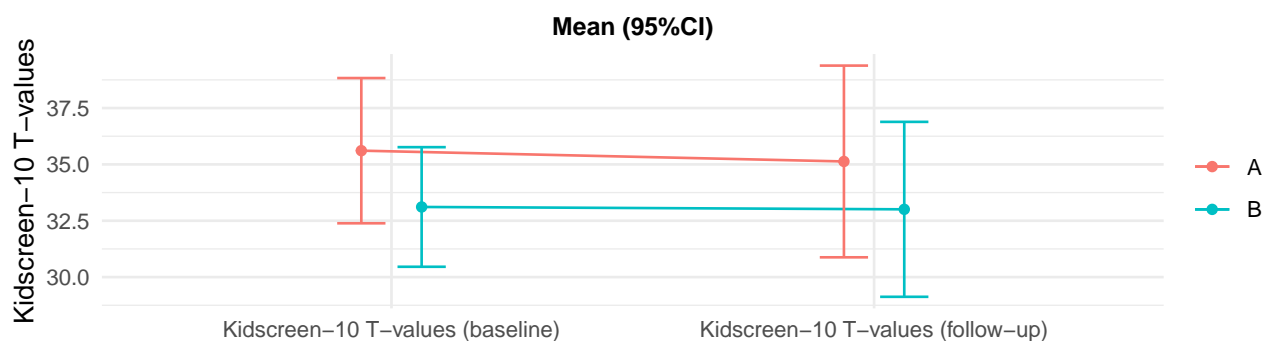
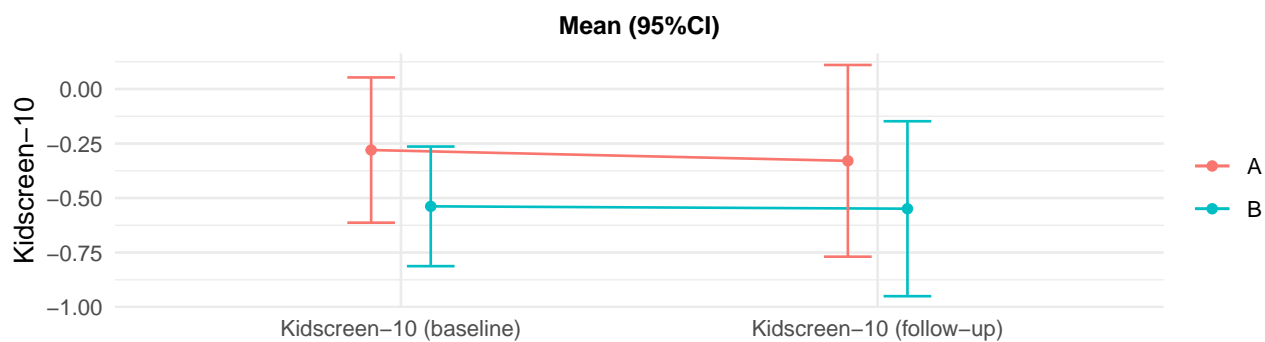
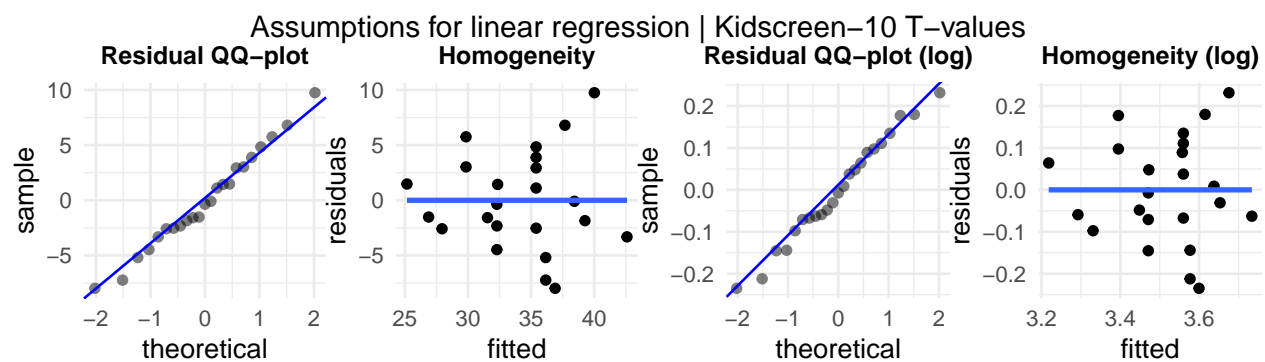
- General HRQoL index** = RASCH PP
- General HRQoL index European T-values** = (((RASCH PP - 1.2078) / 1.03377) \* 10 + 50)

## Results

Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
n	15	15	30
Kidscreen-10 (baseline)	-0.28 (0.60) [15]	-0.54 (0.50) [15]	-0.41 (0.56)
Kidscreen-10 (follow-up)	-0.33 (0.69) [12]	-0.55 (0.60) [11]	-0.43 (0.64)
Kidscreen-10 T-values (baseline)	35.61 (5.82) [15]	33.11 (4.79) [15]	34.36 (5.39)
Kidscreen-10 T-values (follow-up)	35.13 (6.69) [12]	33.01 (5.78) [11]	34.11 (6.22)





Linear regression

	p-value
Kidscreen-10	0.70992
Kidscreen-10 T-values	0.70992

## DASS-21 (secondary)

Data on DASS-21 will be obtained in both groups at baseline and follow-up. DASS-21 has 21 items which each generates a score from 0 to 3. The results will be presented as sum-score for the following three subscales:

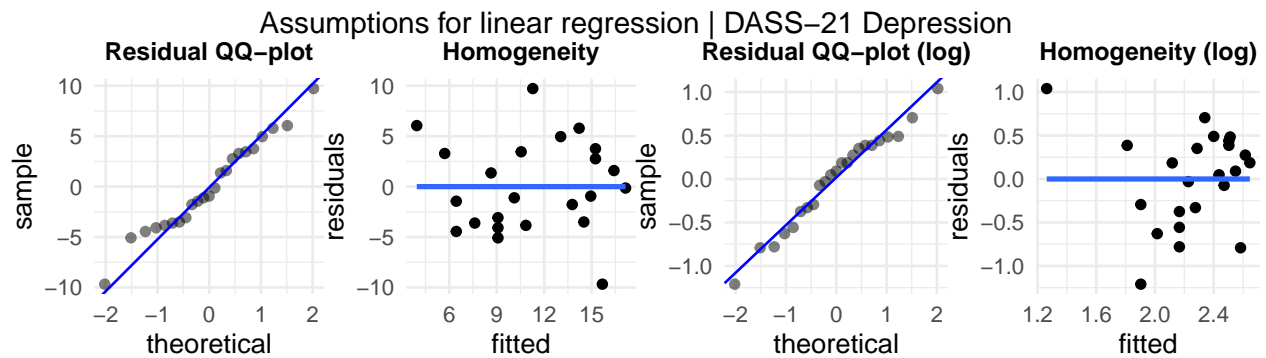
- **Depression** = I3 + I5 + I10 + I13 + I16 + I17 + I21
- **Anxiety** = I2 + I4 + I7 + I9 + I15 + I19 + I20
- **Stress** = I1 + I6 + I8 + I11 + I12 + I14 + I18

*I: Items*

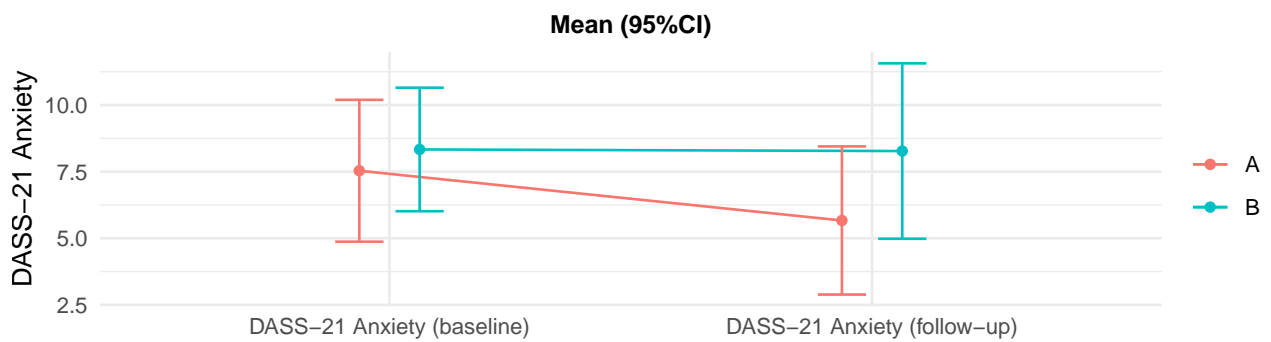
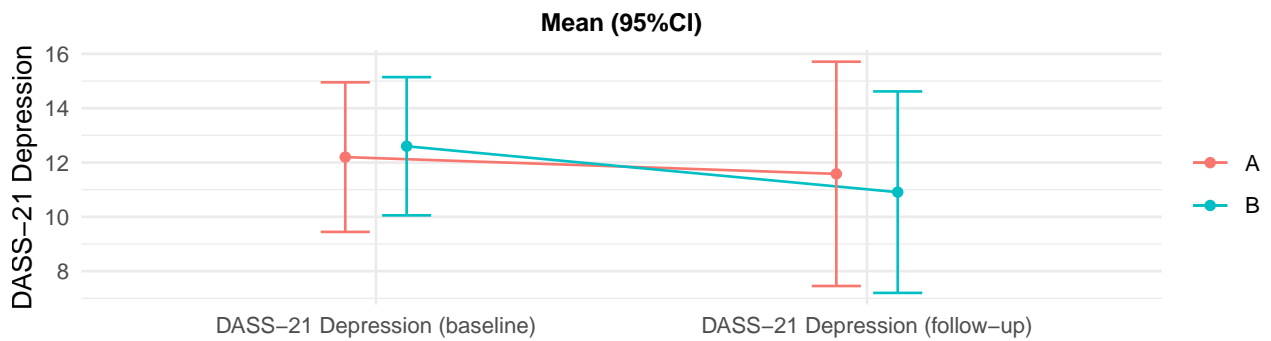
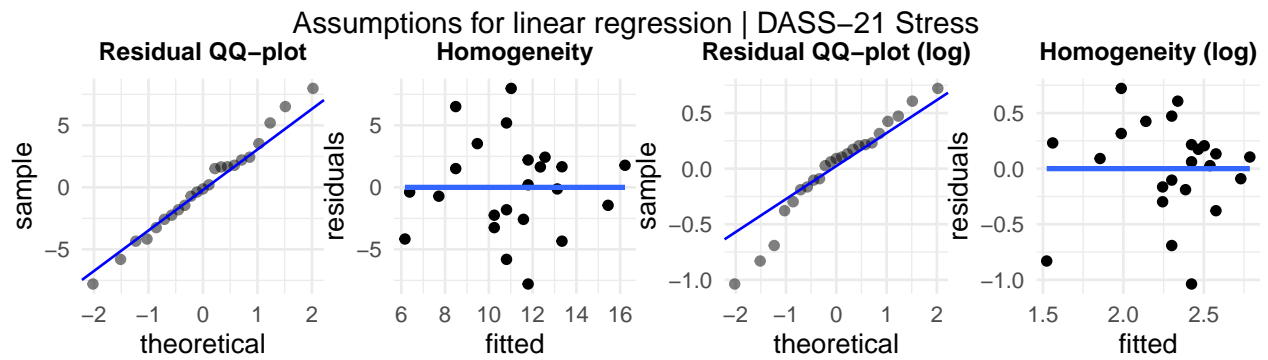
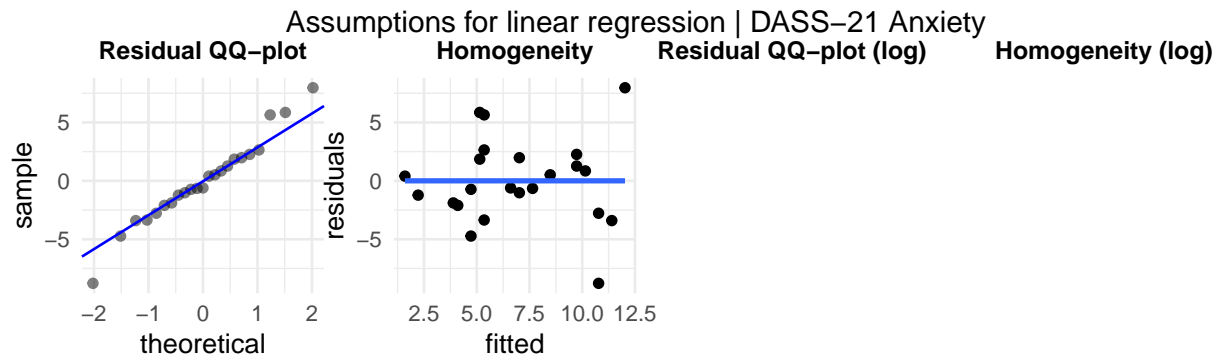
## Results

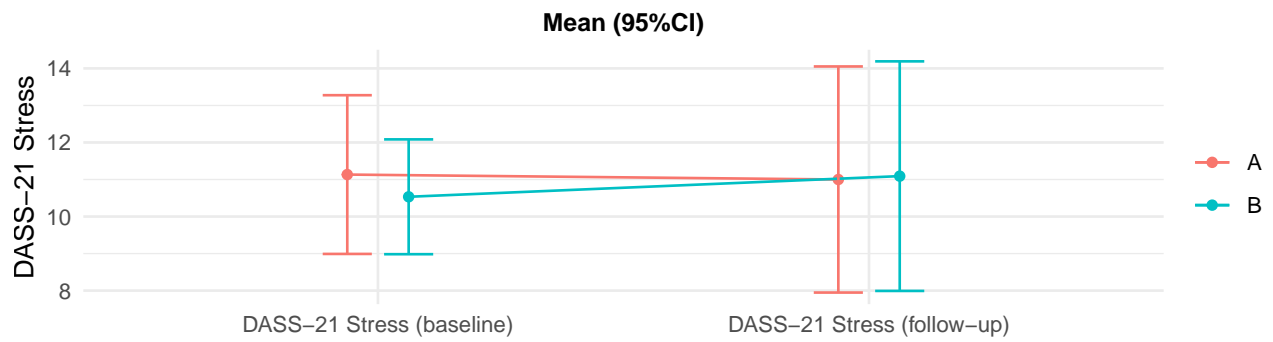
Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
n	15	15	30
DASS-21 Depression (baseline)	12.20 (4.97) [15]	12.60 (4.60) [15]	12.40 (4.71)
DASS-21 Anxiety (baseline)	7.53 (4.81) [15]	8.33 (4.19) [15]	7.93 (4.45)
DASS-21 Stress (baseline)	11.13 (3.87) [15]	10.53 (2.80) [15]	10.83 (3.33)
DASS-21 Depression (follow-up)	11.58 (6.50) [12]	10.91 (5.52) [11]	11.26 (5.93)
DASS-21 Anxiety (follow-up)	5.67 (4.38) [12]	8.27 (4.90) [11]	6.91 (4.72)
DASS-21 Stress (follow-up)	11.00 (4.81) [12]	11.09 (4.61) [11]	11.04 (4.61)









Linear regression

	p-value
DASS-21 Depression	0.56299
DASS-21 Anxiety	0.31725
DASS-21 Stress	0.90029

## Self-injury (secondary)

Data on ‘Self-injury’ will be obtained in both groups only at follow-up. ‘Self-injury’ is answered as either ‘yes’ or ‘no’.

Summarised results	Summarised results		Summarised results		
	A N (%) [n]	B N (%) [n]	Overall		
n	15		30		
Self-injury	11 (78.6) [14]	9 (69.2) [13]	20 (74.1)		
var		R	lcl	ucl	p
Self-injury	OR	0.61	0.10	3.50	0.582
Self-injury	RR	0.88	0.56	1.39	

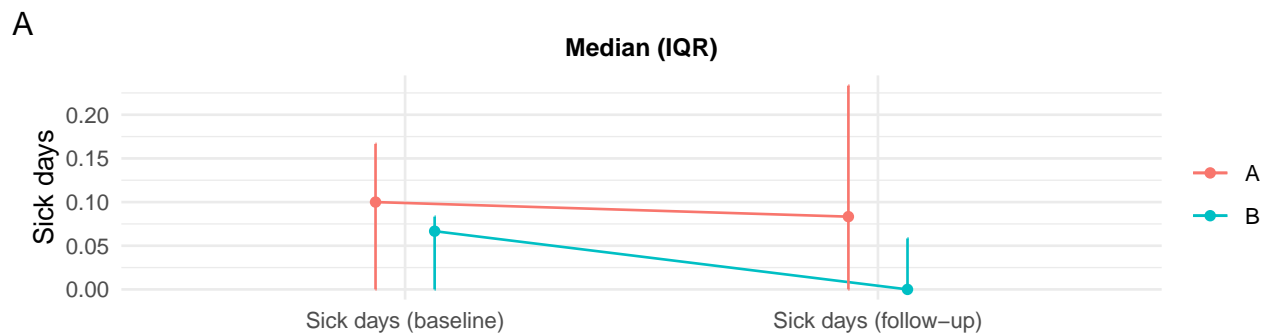
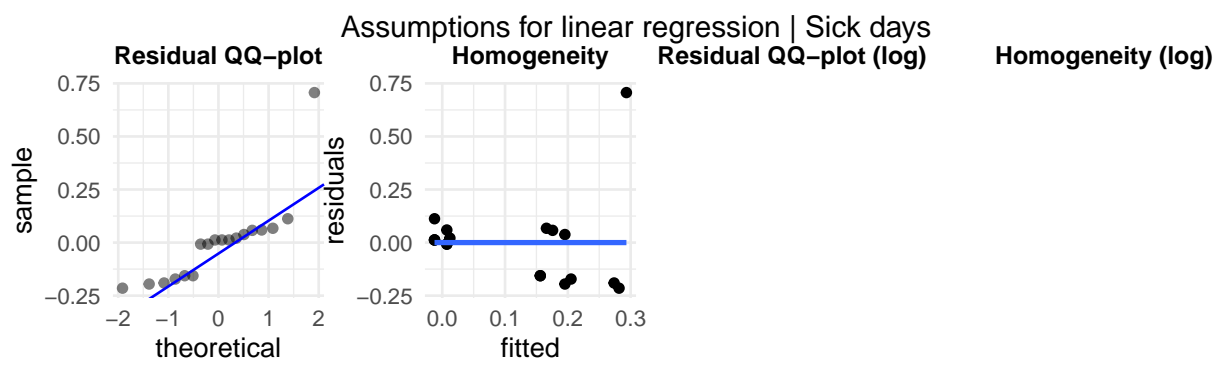
**NB:** Confidence intervals of RR are *Unconditional MLE & normal approximation (Wald) CI*, while the confidence intervals for RR will be obtained using marginal effects.

## Sick days (secondary)

Data on ‘Sick days’ will be obtained in both groups at baseline and follow-up. ‘Sick days’ will be presented as a ratio, where 0 refers to full student capacity.

Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
n	15	15	30
Sick days (baseline)	0.13 (0.15) [15]	0.12 (0.27) [13]	0.13 (0.21)
Sick days (follow-up)	0.20 (0.32) [9]	0.03 (0.04) [10]	0.11 (0.23)



Linear regression

	p-value
Sick days	0.12504

## DERS-16 (further)

Data on DERS-16 will be obtained in both groups at baseline and follow-up, and during the intervention for the interventional group. DERS-16 has 16 items which each generates a score from 1 to 5. The results will be presented as one sum-score. The scores in this scale range from 16-80 with higher scores indicating greater emotion regulation difficulties.

### Results

*Due to an error in data collection, only baseline data was collected for DERS-16*

Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
n	15	15	30
DERS-16 (baseline)	48.87 (12.51) [15]	54.73 (8.84) [15]	51.80 (11.05)

Mann-Whitney U test

	Estimate (95% Confidence interval)	p-value
DERS-16	-6 (-14-3)	0.1351

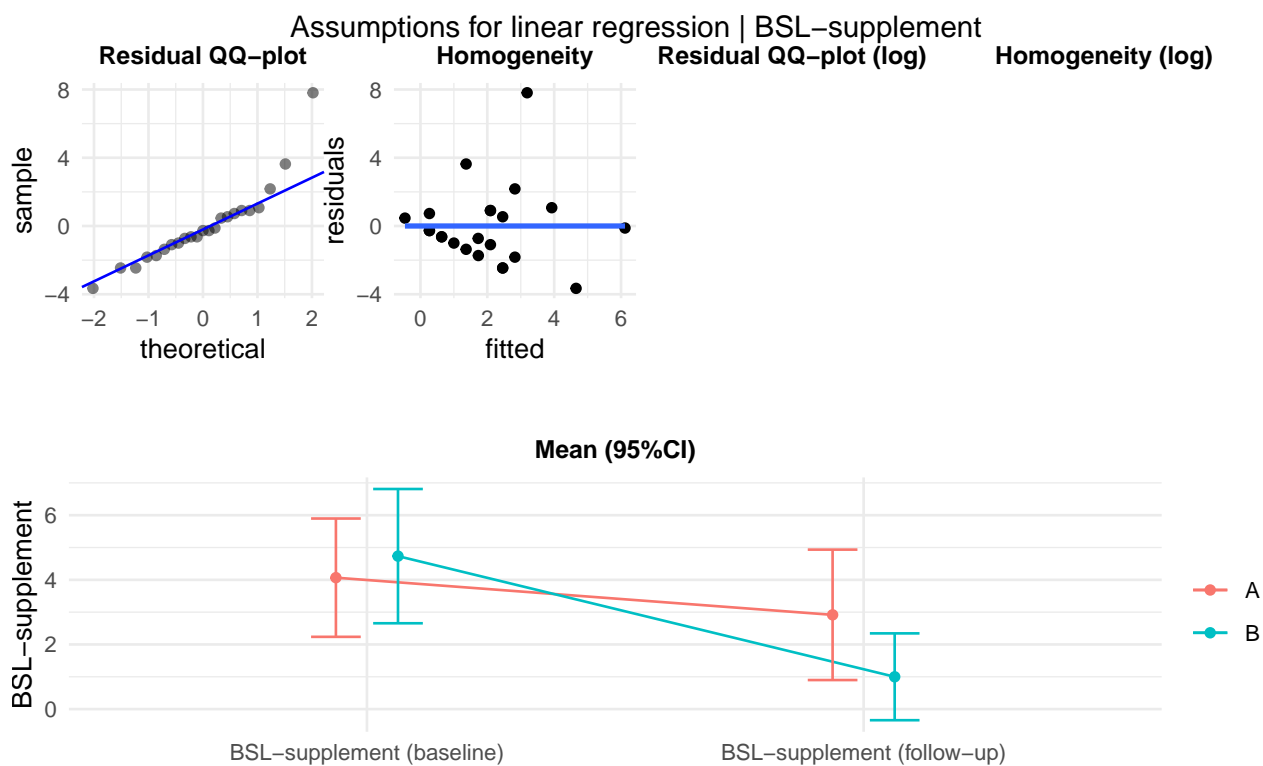
## BSL-supplement (further)

Data on BSL-supplement will be obtained in both groups at baseline and follow-up, and during the intervention for the interventional group. BSL-supplement has 11 items which each generates a score from 0 to 4. The results will be presented as one sum-score.

## Results

Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
n	15	15	30
BSL-supplement (baseline)	4.07 (3.31) [15]	4.73 (3.75) [15]	4.40 (3.49)
BSL-supplement (follow-up)	2.92 (3.18) [12]	1.00 (2.00) [11]	2.00 (2.80)



Linear regression

	p-value
BSL-supplement	0.08977

## CCNES-APP (further)

Data on CCNES-APP will be obtained from the participants in both groups only at follow-up. CCNES-APP has 9 main items with 6 sub items (a to f) for each. Each sub item generates a score from 1 to 7. The results will be presented as mean-scores for the following six subscales:

- **Distress reaction** = ( I1a + I2d + I3f + I4d + I5a + I6b + I7f + I8a + I9d ) / 9
- **Punitive reactions** = ( I1e + I2f + I3b + I4c + I5e + I6c + I7b + I8e + I9c ) / 9
- **Expressive encouragment** = ( I1b + I2c + I3e + I4f + I5b + I6d + I7e + I8b + I9e ) / 9
- **Emotion-focused reactions** = ( I1c + I2b + I3c + I4a + I5c + I6f + I7d + I8c + I9a ) / 9
- **Problem-focused reactions** = ( I1f + I2e + I3a + I4b + I5f + I6e + I7a + I8f + I9b ) / 9
- **Minimization reactions** = ( I1d + I2a + I3d + I4e + I5d + I6a + I7c + I8d + I9f ) / 9

*I: Items*

## Results

Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
n	15	15	30
CCNES-APP Distress reaction (follow-up)	2.29 (0.95) [12]	2.29 (0.98) [11]	2.29 (0.94)
CCNES-APP Punitive reactions (follow-up)	1.90 (1.16) [12]	2.16 (1.02) [11]	2.02 (1.08)
CCNES-APP Expressive encouragment (follow-up)	4.06 (1.53) [12]	3.36 (0.94) [11]	3.73 (1.31)
CCNES-APP Emotion-focused reactions (follow-up)	4.29 (1.64) [12]	4.10 (1.36) [11]	4.20 (1.48)
CCNES-APP Problem-focused reactions (follow-up)	4.82 (1.44) [12]	4.27 (1.53) [11]	4.56 (1.48)
CCNES-APP Minimization reactions (follow-up)	2.69 (1.00) [12]	2.98 (1.29) [11]	2.83 (1.13)

Mann-Whitney U test

	Estimate (95% Confidence interval)	p-value
Distress reaction	0 (-0.89-0.89)	0.9754
Punitive reactions	-0.33 (-1.22-0.33)	0.3083
Expressive encouragment	0.67 (-0.56-2)	0.1842
Emotion-focused reactions	0.22 (-1-1.67)	0.6657
Problem-focused reactions	0.44 (-0.67-2)	0.3884
Minimization reactions	-0.26 (-1.56-0.78)	0.6888

## CCNES-A (further)

Data on CCNES-A will be obtained from the parents in both groups at baseline and follow-up. CCNES-A has 9 main items with 6 sub items (a to f) for each. Each sub item generates a score from 1 to 7. The results will be presented as mean-scores for the following six subscales:

- **Distress reaction** = ( I1a + I2d + I3f + I4d + I5a + I6b + I7f + I8a + I9d ) / 9
- **Punitive reactions** = ( I1e + I2f + I3b + I4c + I5e + I6c + I7b + I8e + I9c ) / 9
- **Expressive encouragment** = ( I1b + I2c + I3e + I4f + I5b + I6d + I7e + I8b + I9e ) / 9
- **Emotion-focused reactions** = ( I1c + I2b + I3c + I4a + I5c + I6f + I7d + I8c + I9a ) / 9
- **Problem-focused reactions** = ( I1f + I2e + I3a + I4b + I5f + I6e + I7a + I8f + I9b ) / 9
- **Minimization reactions** = ( I1d + I2a + I3d + I4e + I5d + I6a + I7c + I8d + I9f ) / 9

*I: Items*

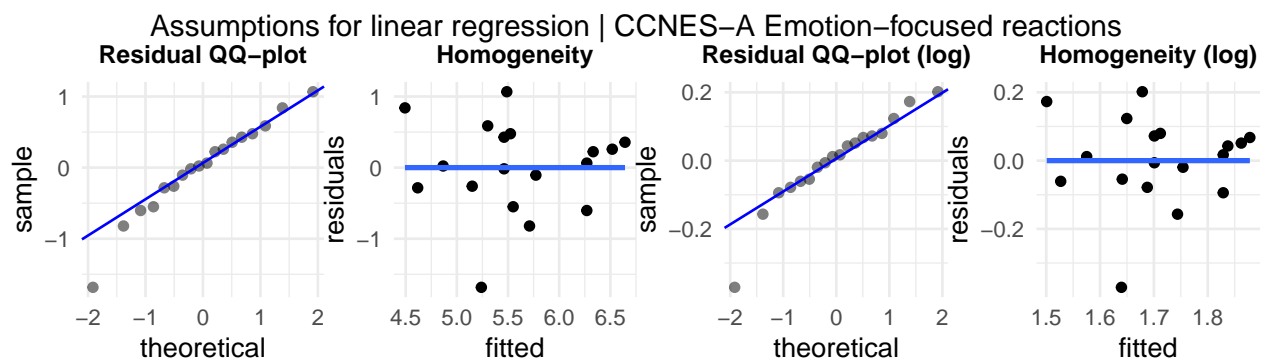
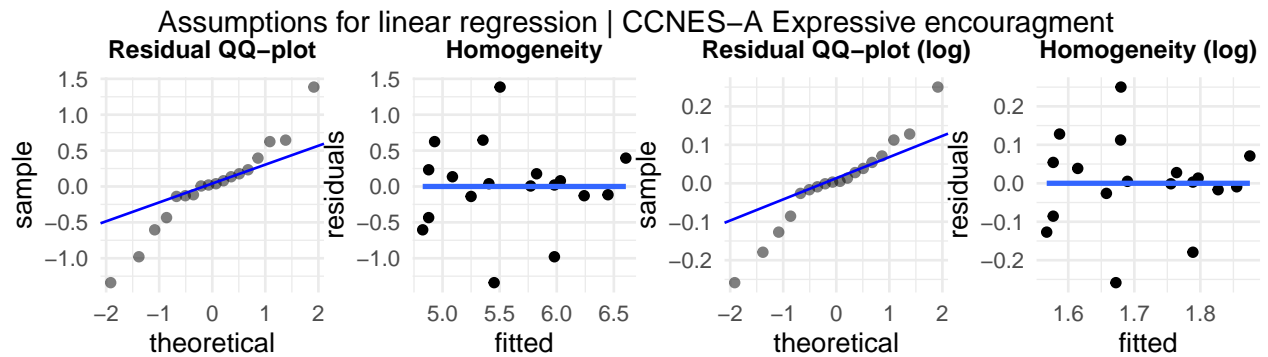
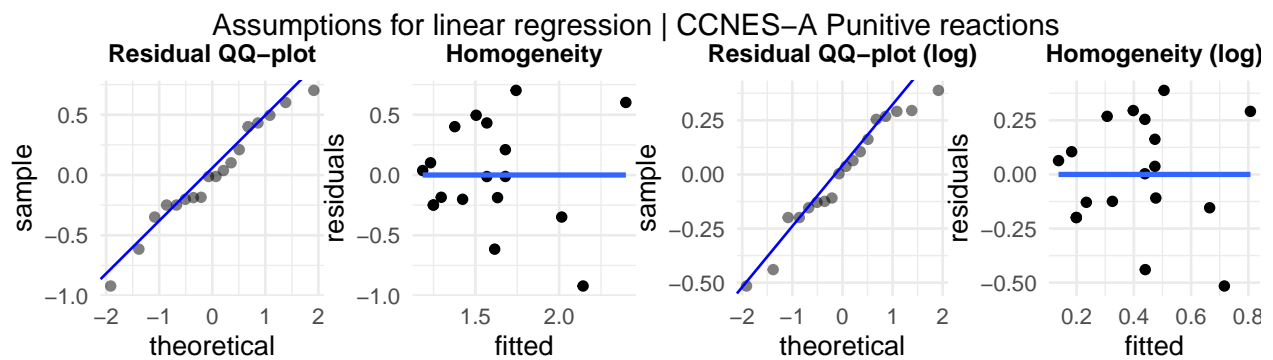
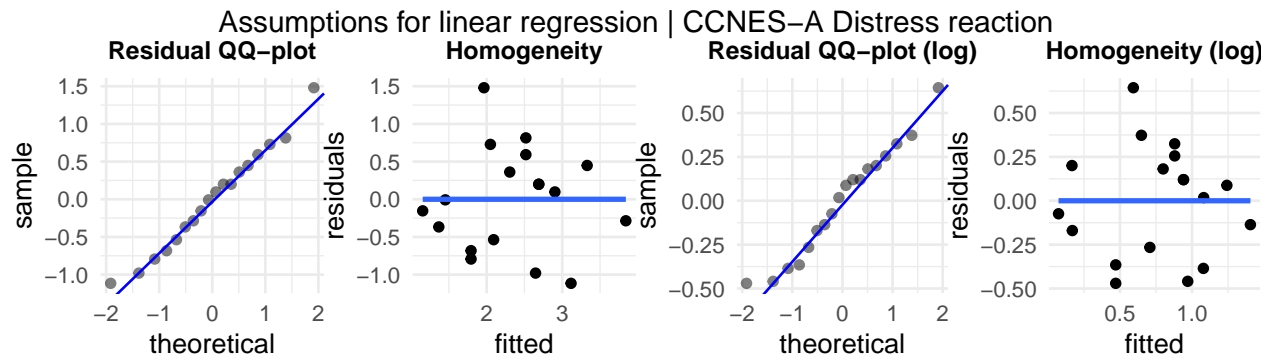
## Results

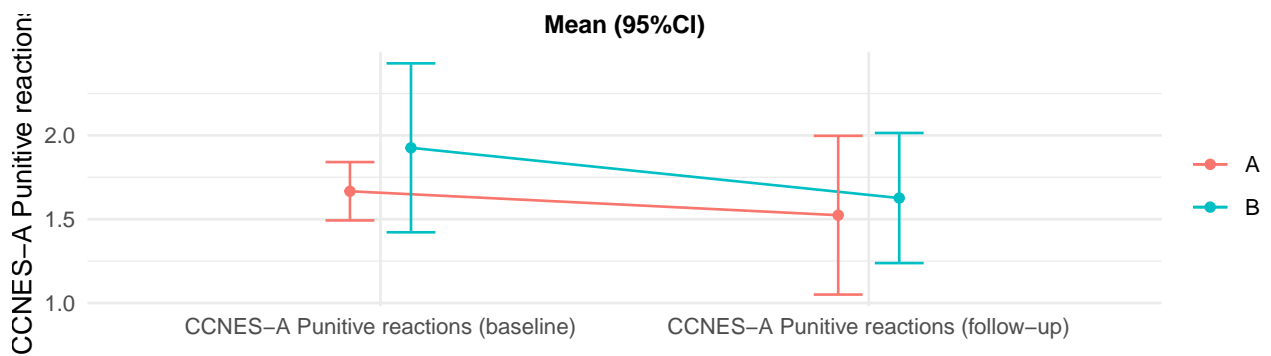
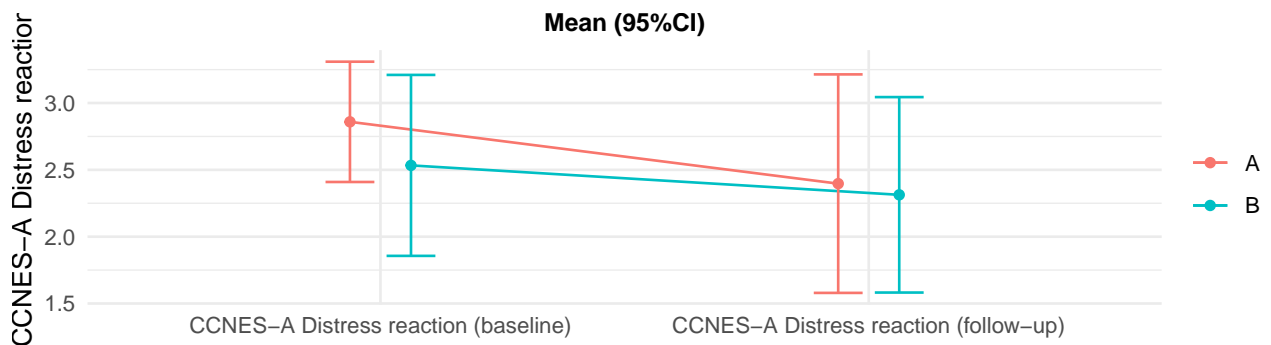
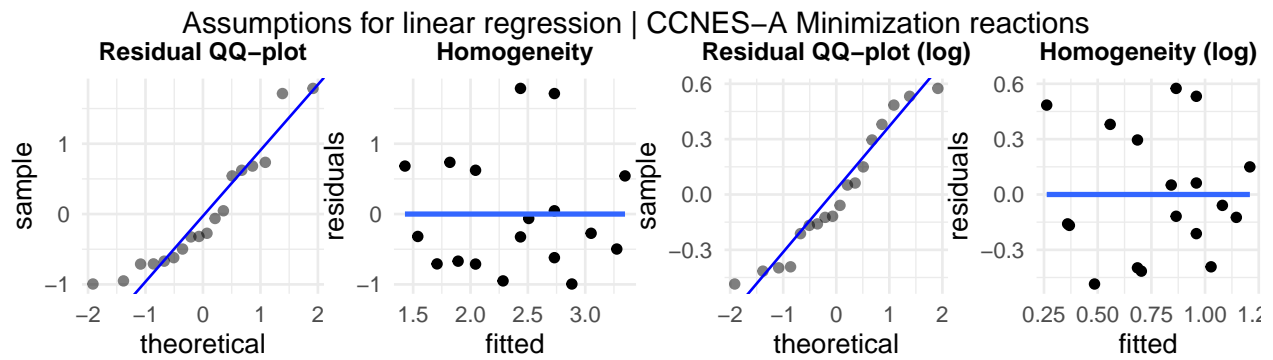
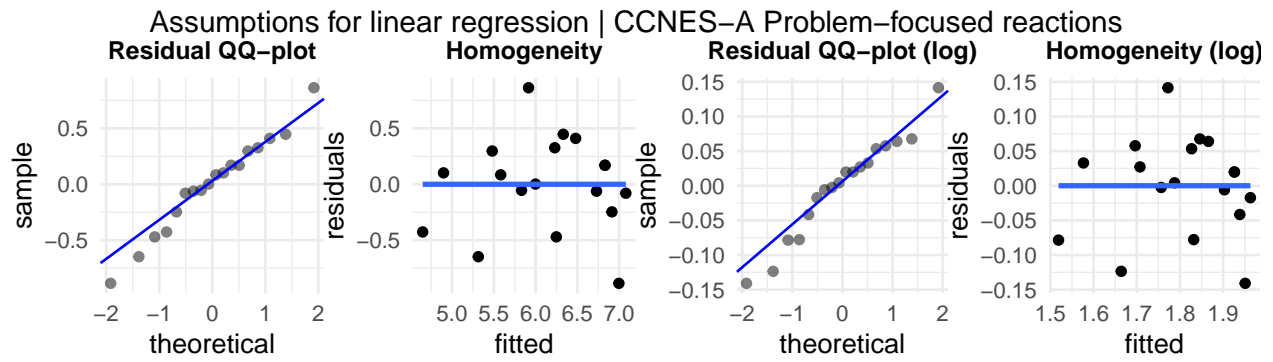
*The report calculated as if CCNES-A was only collected at follow-up, but linear regression is used since it was collected at both baseline and follow-up*

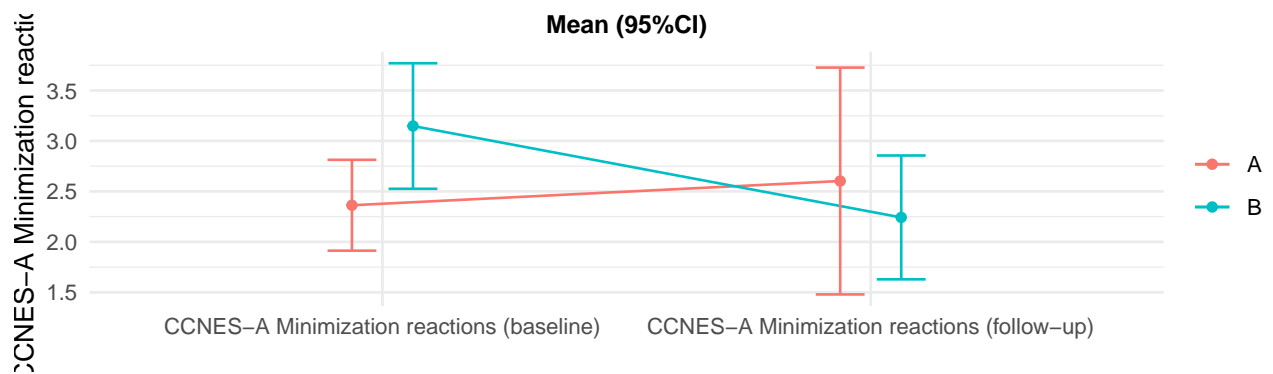
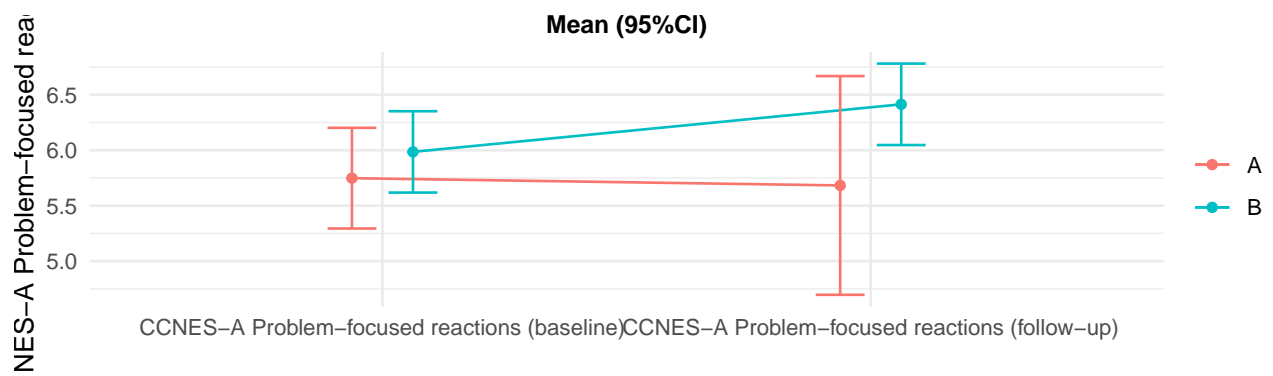
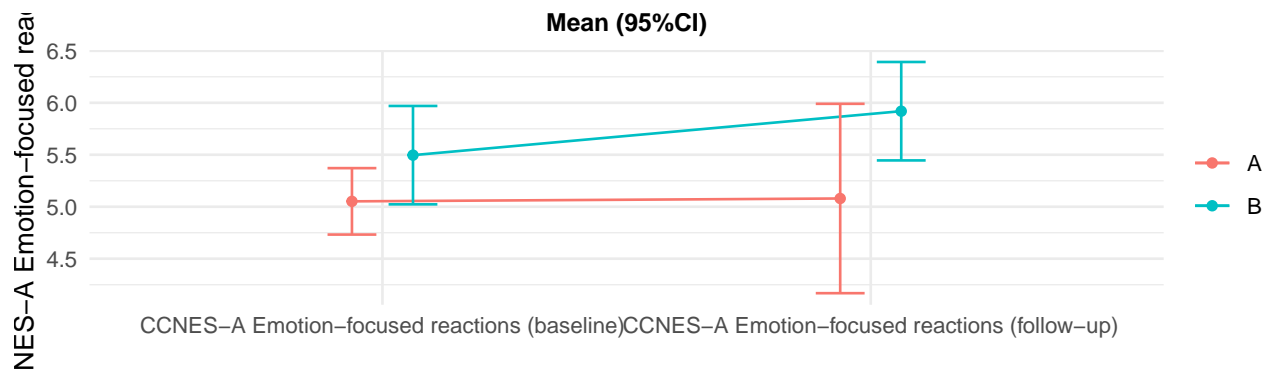
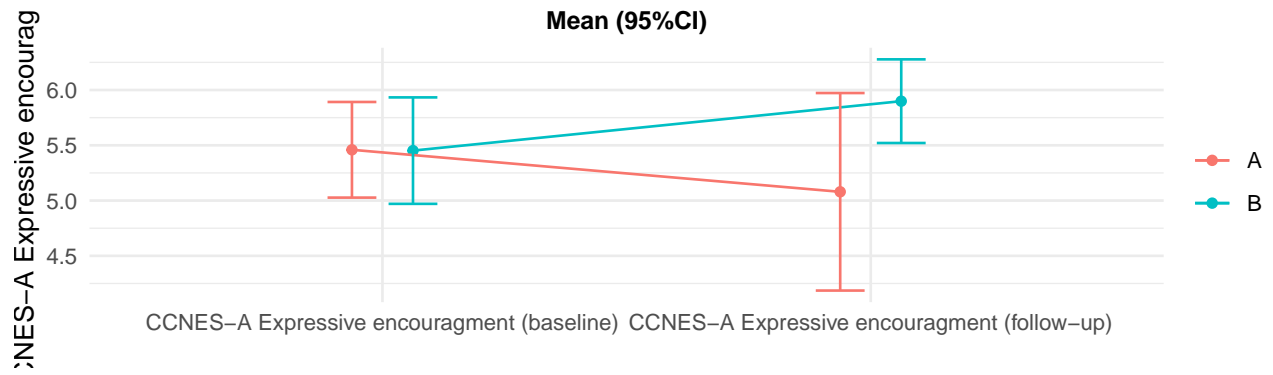
Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
n	15	15	30
CCNES-A Distress reaction (baseline)	2.86 (0.81) [15]	2.53 (1.22) [15]	2.70 (1.03)
CCNES-A Punitive reactions (baseline)	1.67 (0.31) [15]	1.93 (0.91) [15]	1.80 (0.68)
CCNES-A Expressive encouragment (baseline)	5.46 (0.78) [15]	5.45 (0.87) [15]	5.46 (0.81)
CCNES-A Emotion-focused reactions (baseline)	5.05 (0.58) [15]	5.50 (0.85) [15]	5.27 (0.75)
CCNES-A Problem-focused reactions (baseline)	5.75 (0.82) [15]	5.99 (0.66) [15]	5.87 (0.74)
CCNES-A Minimization reactions (baseline)	2.36 (0.81) [15]	3.15 (1.12) [15]	2.76 (1.04)
CCNES-A Distress reaction (follow-up)	2.40 (0.88) [7]	2.31 (1.09) [11]	2.35 (0.99)
CCNES-A Punitive reactions (follow-up)	1.52 (0.51) [7]	1.63 (0.58) [11]	1.59 (0.54)
CCNES-A Expressive encouragment (follow-up)	5.08 (0.97) [7]	5.90 (0.56) [11]	5.58 (0.83)
CCNES-A Emotion-focused reactions (follow-up)	5.08 (0.98) [7]	5.92 (0.70) [11]	5.59 (0.90)
CCNES-A Problem-focused reactions (follow-up)	5.68 (1.07) [7]	6.41 (0.55) [11]	6.13 (0.84)
CCNES-A Minimization reactions (follow-up)	2.60 (1.22) [7]	2.24 (0.91) [11]	2.38 (1.02)









Linear regression

	p-value
CCNES-A Distress reaction	0.12726
CCNES-A Punitive reactions	0.71746
CCNES-A Expressive encouragment	0.07022
CCNES-A Emotion-focused reactions	0.15183
CCNES-A Problem-focused reactions	0.1446
CCNES-A Minimization reactions	0.21303

## NEQ (further)

Data on NEQ will be obtained in both groups only at follow-up. NEQ has 20 items, with 5 sub-items The results will be presented as means and standard deviations:

- **Frequency negative effects** = I1a + I2a + I3a + I4a + I5a + I6a + I7a + I8a + I9a + I10a + I11a + I12a + I13a + I14a + I15a + I16a + I17a + I18a + I19a + I20a (*Score from 0 to 1*)
- **Frequency negative effects from treatment** = I1c + I2c + I3c + I4c + I5c + I6c + I7c + I8c + I9c + I10c + I11c + I12c + I13c + I14c + I15c + I16c + I17c + I18c + I19c + I20c (*Score from 0 to 1*)
- **Frequency negative effects from other circumstances** = Frequency negative effects - Frequency negative effects from treatment
- **Frequency Factor 1 (Symptoms) from treatment** = I1c + I2c + I3c + I4c + I6c + I7c + I8c + I10c (*Score from 0 to 1*)
- **Frequency Factor 2 (Quality) from treatment** = I15c + I16c + I17c + I18c + I19c + I20c (*Score from 0 to 1*)
- **Frequency Factor 3 (Dependency) from treatment** = I14c (*Score from 0 to 1*)
- **Frequency Factor 4 (Stigma) from treatment** = I9c + I11c (*Score from 0 to 1*)
- **Frequency Factor 5 (Hopelessness) from treatment** = I5c + I12c + I13c (*Score from 0 to 1*)
- **Negative impact from treatment** = I1d + I2d + I3d + I4d + I5d + I6d + I7d + I8d + I9d + I10d + I11d + I12d + I13d + I14d + I15d + I16d + I17d + I18d + I19d + I20d (*Score from 0 to 4*)
- **Negative impact Factor 1 (Symptoms) from treatment** = I1d + I2d + I3d + I4d + I6d + I7d + I8d + I10d (*Score from 0 to 4*)
- **Negative impact Factor 2 (Quality) from treatment** = I15d + I16d + I17d + I18d + I19d + I20d (*Score from 0 to 4*)
- **Negative impact Factor 3 (Dependency) from treatment** = I14d (*Score from 0 to 4*)
- **Negative impact Factor 4 (Stigma) from treatment** = I9d + I11d (*Score from 0 to 4*)
- **Negative impact Factor 5 (Hopelessness) from treatment** = I5d + I12d + I13d (*Score from 0 to 4*)

Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
n	15	15	30
NEQ Freq. negative effects	6.64 (5.26) [11]	7.00 (4.60) [11]	6.82 (4.83)
NEQ Freq. negative effects from treatment	2.55 (3.05) [11]	3.82 (3.60) [11]	3.18 (3.32)
NEQ Freq. negative effects from other circumstances	4.09 (3.14) [11]	3.18 (2.89) [11]	3.64 (2.98)
NEQ Freq. Fac. 1 (Symptoms) from treatment	0.55 (1.04) [11]	1.55 (1.69) [11]	1.05 (1.46)
NEQ Freq. Fac. 2 (Quality) from treatment	1.36 (1.91) [11]	1.55 (1.69) [11]	1.45 (1.77)
NEQ Freq. Fac. 3 (Dependency) from treatment	0.09 (0.30) [11]	0.00 (0.00) [11]	0.05 (0.21)
NEQ Freq. Fac. 4 (Stigma) from treatment	0.09 (0.30) [11]	0.55 (0.82) [11]	0.32 (0.65)
NEQ Freq. Fac. 5 (Hopelessness) from treatment	0.45 (0.69) [11]	0.18 (0.40) [11]	0.32 (0.57)
NEQ Neg. impact from treatment	7.00 (9.21) [11]	11.45 (12.82) [11]	9.23 (11.13)

# Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
NEQ Neg. impact Fac. 1 (Symptoms) from treatment	1.45 (2.73) [11]	4.09 (5.61) [11]	2.77 (4.51)
NEQ Neg. impact Fac. 2 (Quality) from treatment	3.27 (5.22) [11]	4.82 (5.90) [11]	4.05 (5.49)
NEQ Neg. impact Fac. 3 (Dependency) from treatment	0.27 (0.90) [11]	0.00 (0.00) [11]	0.14 (0.64)
NEQ Neg. impact Fac. 4 (Stigma) from treatment	0.27 (0.90) [11]	2.00 (3.19) [11]	1.14 (2.46)
NEQ Neg. impact Fac. 5 (Hopelessness) from treatment	1.73 (3.07) [11]	0.55 (1.29) [11]	1.14 (2.38)

# Mann-Whitney U test

	Estimate (95% Confidence interval)	p-value
NEQ Freq. negative effects	0 (-5-3)	0.9737
NEQ Freq. negative effects from treatment	-1 (-4-1)	0.37
NEQ Freq. negative effects from other circumstances	1 (-1-4)	0.5064
NEQ Freq. Fac. 1 (Symptoms) from treatment	-1 (-2-0)	0.0654
NEQ Freq. Fac. 2 (Quality) from treatment	0 (-1-1)	0.5569
NEQ Freq. Fac. 3 (Dependency) from treatment	0 (0-0)	0.3173
NEQ Freq. Fac. 4 (Stigma) from treatment	0 (-1-0)	0.1167
NEQ Freq. Fac. 5 (Hopelessness) from treatment	0 (0-1)	0.3109
NEQ Neg. impact from treatment	-2 (-14-4)	0.389
NEQ Neg. impact Fac. 1 (Symptoms) from treatment	-2 (-4-0)	0.0914
NEQ Neg. impact Fac. 2 (Quality) from treatment	-1 (-5-2)	0.4165
NEQ Neg. impact Fac. 3 (Dependency) from treatment	0 (0-0)	0.3173
NEQ Neg. impact Fac. 4 (Stigma) from treatment	0 (-2-0)	0.1176
NEQ Neg. impact Fac. 5 (Hopelessness) from treatment	0 (0-3)	0.3145

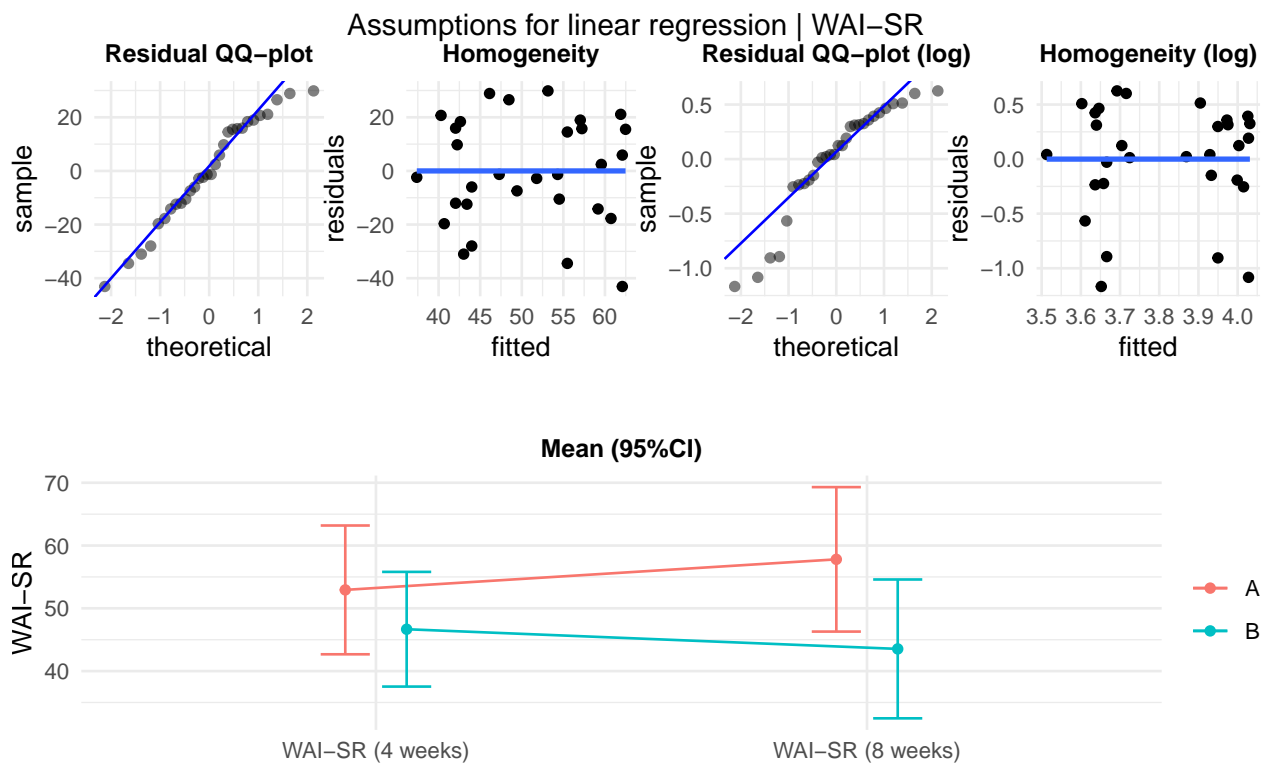
## WAI-SR (further)

Data on WAI-SR will be obtained in both groups at 4 and 8 weeks. WAI-SR has 12 items which each generates a score from 1 to 7. The results will be presented as one sum-score.

## Results

Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
n	15	15	30
WAI-SR (4 weeks)	52.93 (18.52) [15]	46.67 (16.50) [15]	49.80 (17.53)
WAI-SR (8 weeks)	57.80 (20.78) [15]	43.53 (19.97) [15]	50.67 (21.30)



Linear regression

	p-value
WAI-SR	0.09735

## SDQ (further)

Data on SDQ will be obtained in both groups only at baseline. SDQ has 30 items where the first 25 will be included in the analyses. Each of these items generates a score from 0 to 2. The results will be presented as sum-scores for the 7 subscales, and a total sum-score:

- **Prosocial** = I1 + I4 + I9 + I17 + I20
- **Emotion** = I3 + I8 + I13 + I16 + I24
- **ADHD** = I2 + I10 + I15 + ( 2 - I21 ) + ( 2 - I25 )
- **CD** = I5 + ( 2 - I7 ) + I12 + I18 + I22
- **Companion** = I6 + ( 2 - I11 ) + ( 2 - I14 ) + I19 + I23
- **Externalising** = CD + ADHD
- **Internalising** = Emotion + Companion
- **Sum** = Emotion + ADHD + Companion + CD

*I: Items*

## Results

Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
n	15	15	30
SDQ Prosocial (baseline)	8.20 (1.57) [15]	8.67 (1.45) [15]	8.43 (1.50)
SDQ Emotion (baseline)	6.87 (2.23) [15]	6.33 (1.40) [15]	6.60 (1.85)
SDQ ADHD (baseline)	5.93 (2.81) [15]	6.67 (2.06) [15]	6.30 (2.45)
SDQ CD (baseline)	2.13 (1.55) [15]	2.47 (1.68) [15]	2.30 (1.60)
SDQ Companion (baseline)	2.13 (1.55) [15]	3.80 (2.34) [15]	2.97 (2.13)
SDQ Externalising (baseline)	8.07 (3.79) [15]	9.13 (3.00) [15]	8.60 (3.40)
SDQ Internalising (baseline)	9.00 (3.34) [15]	10.13 (3.18) [15]	9.57 (3.26)
SDQ Sum (baseline)	17.07 (4.18) [15]	19.27 (4.48) [15]	18.17 (4.40)

Mann-Whitney U test

	Estimate (95% Confidence interval)	p-value
Prosocial	0 (-1-0)	0.3121
Emotion	1 (-1-2)	0.3126
ADHD	-1 (-2-1)	0.3351
CD	0 (-2-1)	0.5529
Companion	-2 (-3-0)	0.056
Externalising	-2 (-4-2)	0.3262
Internalising	-1 (-3-1)	0.3892
Sum	-3 (-6-1)	0.1389



Mann-Whitney U test

Estimate (95% Confidence interval)

p-value

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## ECR-RC (further)

Data on ECR-RC short version will be obtained in both groups only at baseline. ECR-RC has 12 items which each generates a score from 1 to 7. The results will be presented as sum-score for the following two subscales:

- **Anxiety items** = ( I1 + I2 + I3 + I4 + I5 + I6 ) / 6
- **Avoidance items** = ( I7 + I8 + I9 + ( 8 - I10 ) + ( 8 - I11 ) + ( 8 - I12 ) ) / 6

*I: Items*

## Results

Summarised results

	A mean (SD) [n]	B mean (SD) [n]	Overall
n	15	15	30
ECR-RC Anxiety (baseline)	1.92 (1.52) [15]	2.30 (1.70) [15]	2.11 (1.59)
ECR-RC Avoidance (baseline)	3.78 (0.55) [15]	3.90 (0.64) [15]	3.84 (0.59)

Mann-Whitney U test

	Estimate (95% Confidence interval)	p-value
Anxiety items	-0.17 (-1-0.33)	0.6152
Avoidance items	0 (-0.67-0.33)	0.7381