



Plantilla de medidas

Paciente: Annelie Ossaye

| Fecha / Item | Datos iniciales 7/01 | 22/08/14 | 16/04/15 | / | / | / |
|---------------------|-------------------------|----------|----------|---|---|---|
| Peso | 252.1 | 204.3 | 221.5 | | | |
| IMC | 37 | 29.4 | 32.5 | | | |
| PGC | 46.3% | 42.3 | 46.1% | | | |
| Cuello | 41 | 37 | 39.5 | | | |
| Busto | 125 | 114 | 121 | | | |
| Cintura | 115 | 96 | 105 | | | |
| Cadera | 126 | 116 | 123 | | | |
| Muslo | 72 | 63 | 65 | | | |
| Brazo | 39 | 35 | 38 | | | |
| Muñeca | 18 | 17.5 | 18 | | | |
| Presión | 135/83 | 100/65 | 116/68 | | | |
| Relación c/c | 0.91 | 0.82 | 0.85 | | | |



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IMC: Índice de masa muscular
PGC: Porcentaje de grasa en el cuerpo