



Plantilla de medidas

Paciente: Fiorella Tefel

Fecha / Item	Datos iniciales 12/08	12/09	13/10	13/11	27/11/14	23/03/15
Peso	210.8	196.8	181.6	170.6	165.9	138
IMC	35.6	33.3	30.7	---	28.03	23.3
PGC	---	---	---	---	40.4%	23.8%
Cuello	---	---	---	---	36	34
Busto	---	---	---	---	99	86.5
Cintura	---	---	---	---	85/98	77.5
Cadera	---	---	---	---	107	94
Muslo	---	---	---	---	63	51.5
Brazo	---	---	---	---	34.5	30
Muñeca	---	---	---	---	16.5	15.25
Presión	---	---	---	---	94/68	---
Relación c/c	---	---	---	---	0.79	0.82



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IMC: Índice de masa muscular
PGC: Porcentaje de grasa en el cuerpo