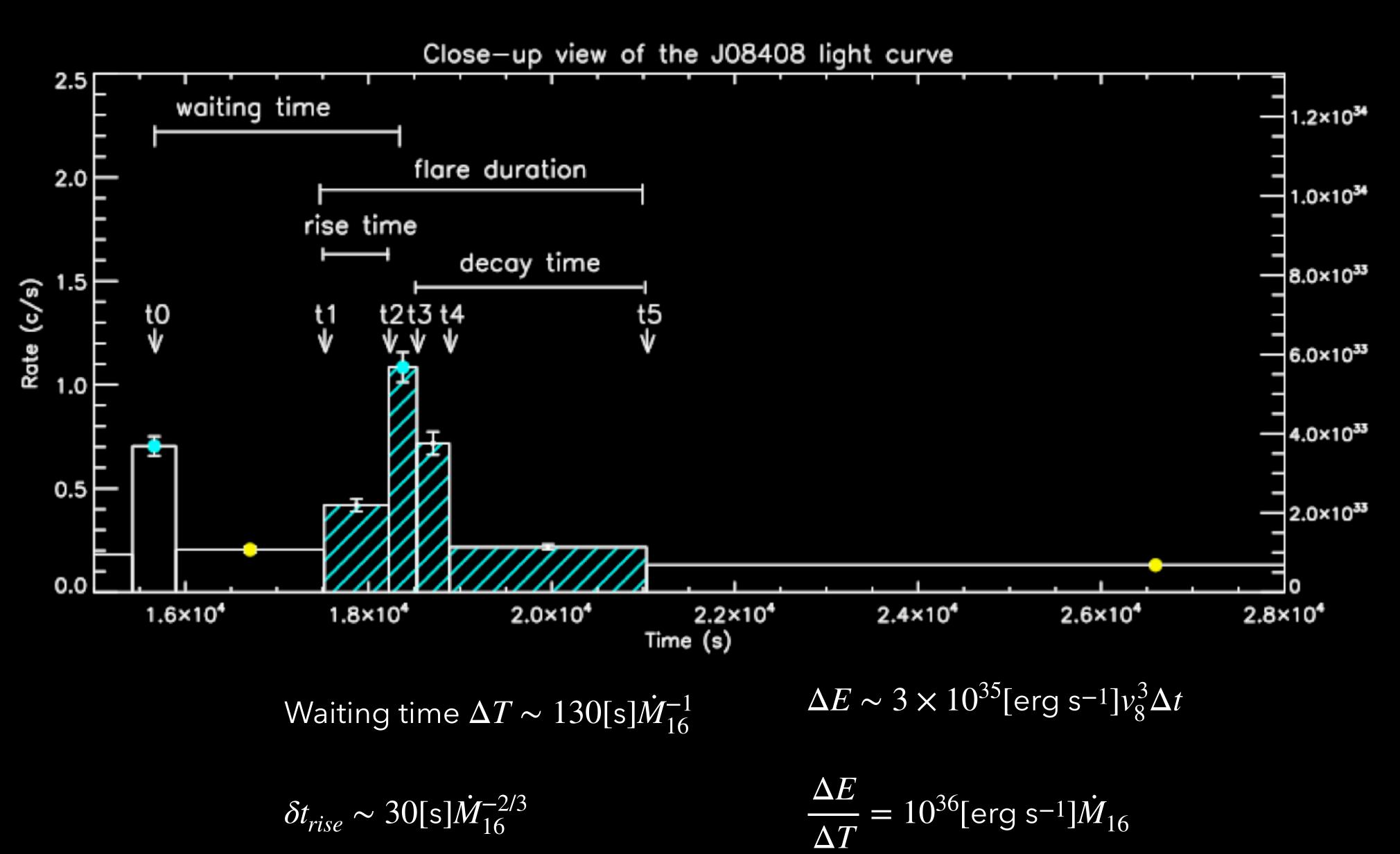
Sidoli et al. 2019, Shakura et al. 2014



 $\delta t_{rise} \sim 30[s] \dot{M}_{16}^{-2/3}$

