

BC Reads: Adult Literacy Fundamental English - Course Pack 5

# BC Reads: Adult Literacy Fundamental English - Course Pack 5

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# About the Book

BC Reads: Adult Literacy Fundamental English – Course Pack 5 was created by Shantel Ivits. This creation is a part of the [B.C. Open Textbook project](#).

The B.C. Open Textbook project began in 2012 with the goal of making post-secondary education in British Columbia more accessible by reducing student cost through the use of openly licensed textbooks. The B.C. Open Textbook project is administered by BCcampus and funded by the British Columbia Ministry of Advanced Education.

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For more information about this project, please contact [opentext@bccampus.ca](mailto:opentext@bccampus.ca).

If you are an instructor who is using this book for a course, [please let us know](#).

# Acknowledgments

These books were developed on the unceded territories of the Musqueam, Squamish, and Tsleil-Waututh Nations. Huy tseep q'u! Chen kw'enmántumiyap! Kw'as hoy!

I feel very fortunate to have had the opportunity to work on this project alongside a dedicated team of basic education instructors from across British Columbia. This series was shepherded by Leanne Caillier-Smith (College of the Rockies) and benefited enormously from the insight and encouragement of Julia Dodge (University of the Fraser Valley), Chandra McCann (Okanagan College), Jan Weiten (Vancouver Community College), and Melinda Worfolk (College of New Caledonia). The above five mentioned are representatives of the BC Adult Literacy Articulation Committee and were the advisory committee members for this project. It has been a pleasure to scaffold my own learning among such brilliant and passionate educators.

Huge thanks to Lauri Aesoph of BCcampus for introducing me to the exciting open textbook movement and managing all aspects of the publication of these books – from layout and image selection to copyediting and print –so adeptly.

I am incredibly lucky to work with and have the support of the Basic Education Department at Vancouver Community College: Rita Acton, Cynthia Bluman, Andrew Candela, Lynn Horvat, Alayna Kruger, Jo Lemay, Edie Mackenzie, Rene Merkel, Tara Mollel, Leah Rasmussen, Linda Rider, Mary Thompson-Boyd, Jan Weiten, our Program Assistant, Nadia Kawas, and our Dean, David Wells. I am also deeply grateful to the basic education students at Vancouver Community College for all that you teach me about dreams, resilience, and perseverance.

A special thank you to my partner, Marria, for always lending my words an eager ear, and for keeping the world around me turning even though my head was perpetually stuck in these books.

# Notes to the Instructor

Having an uneasy relationship with one's brain is probably a common human experience. Who hasn't struggled to learn something new, forgotten an important detail, or wished away a personality quirk? I've dealt with this struggle, and I've seen it in my basic education students.

My objective with this course pack is twofold. I strive to celebrate human brains in all their diversity. I also aim to explore brain-based tools for empowering ourselves to reach our goals.

This theme-based, integrated skills course pack is designed to meet the learning outcomes for Adult Literacy Fundamental English Level 5, as outlined in the [ABE in BC 2014/2015 Articulation Handbook](#). This is roughly equivalent to grades 6 to 7.5 in the K-12 system.

The curriculum in this course pack is based on the readings found in [BC Reads: Adult Literacy Fundamental English – Reader 5](#). The reader includes nine level-appropriate, high-interest readings of 500 to 800 words each. Convenient links to the readings are embedded in each chapter of this course pack.

Each chapter of the course pack contains:

- Pre-reading questions that can be used for individual reflection, journaling, or class discussion
- Vocabulary-building exercises
- Comprehension questions
- Spelling lists and exercises
- Grammar lessons and exercises
- Writing tasks

For detailed information, please refer to the Level 5 Scope and Sequence document, also available in printable form in [Appendix 3](#).

This course pack makes use of a number of graphic organizers to help students organize their thoughts in a visual way. You can download the complete set of organizers in [Appendix 1](#). Students can also download and print them as needed, through the links embedded throughout the course pack.

In [Appendix 2](#), you will find checklists to score the writing tasks assigned at the end of each chapter.

You may wish to use this program online, or you may wish to print it for your students by downloading it as a PDF. This program was designed to suit both options. Font size and line spacing can be adjusted in the online view, and have been enhanced for the print and PDF versions for easier reading. (In addition, both epub and mobi files are offered for students with e-readers and Kindles.) This course pack has been reviewed by subject experts from colleges and universities.

I hope these pages help learners to appreciate their unique brains and discover strategies for a lifetime of learning.

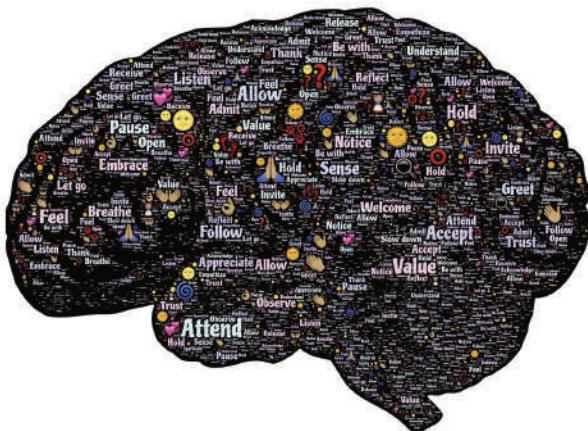
-Shantel Ivits

# The Most Amazing Structure on Earth

## Learning Goals

In this chapter, you will learn to:

- Use pre-reading strategies
- Use visualization to check your understanding while you read
- Build your vocabulary
- Understand the main ideas, sequence, and details of a text
- Spell words with the suffix -ture
- Use periods, question marks, and exclamation marks correctly
- Identify the subject in a simple sentence
- Understand the TOWER method of writing
- Organize a paragraph



Human brain

## Get Ready to Read

Readers use titles, pictures, and their own knowledge to predict what will be in a text. A good place to begin is to figure out the topic. The **topic** of a text is the person or thing that the text is written about. To find the topic, start by looking at the title of the text. Usually, the topic is in the title, but this strategy doesn't always work. The title *The Most Amazing Structure on Earth* doesn't tell us exactly what the most amazing structure on Earth is. Another way to find the topic is to look for words that get repeated, especially in the first sentence of each paragraph.

Think about these questions or discuss them with a partner.

- Look quickly at the first reading. What do you think the “most amazing structure on Earth” is, according to the text?
- Without looking at the text, try to answer this question: Do scientists say there were always humans on Earth? What does science say about how we got here?
- In your opinion, what can a human brain do that makes it so special?
- What do you think is smarter: your brain or the best computer in the world? Why?

## Reading Strategy

Readers check their understanding of a text while they read. In this book, you will practice strategies for checking whether you are really thinking about the words on a page. One strategy is to stop after each paragraph and ask yourself: Can I picture what the text is describing, like a movie playing in my mind? If you can't picture it, then go back and try to visualize as you re-read the paragraph. If you like to draw, you can even doodle the pictures you see in your mind in the space beside the paragraph.

Try this strategy as you read [The Most Amazing Structure on Earth](#).



Visualizing text

## Vocabulary

Find these words in the text. Use the context to choose the best meaning.

complex	structure	wormlike	creature	nerves	capable
process	supercomputer	million	billion	trillion	

1. A large and very fast computer is called a \_\_\_\_\_.

2. \_\_\_\_\_ carry messages between your brain and your body.

3. \_\_\_\_\_ means able to do something.
4. An animal of any type could be called a \_\_\_\_\_.
5. \_\_\_\_\_ describes something that has many parts that go together in complicated ways.
6. A long, thin animal with a soft body and no arms or legs could be described as \_\_\_\_\_.
7. A \_\_\_\_\_ is something that is built by putting parts together.
8. The number 1,000,000 is called one \_\_\_\_\_.
9. The number 1,000,000,000 is called one \_\_\_\_\_.
10. The number 1,000,000,000,000 is called one \_\_\_\_\_.
11. \_\_\_\_\_ means to take in something like information and use it.

Check your work with the Answer Key at the end of this chapter.

## Check Your Understanding

The **main idea** of a text is the point the writer is making about the topic. A text is usually written for one main purpose:

Purpose	Example
To describe something	What do your grandfather's chocolate chip cookies taste like?
To explain how to do something	How do you send an email?
To tell a story	What's the story about why some people call this land Turtle Island?
To compare different things	Do you prefer skiing or snowboarding?
To explain the advantages or disadvantages of something	What are the disadvantages of credit cards?
To summarize something	What does the TV program guide say this show is about?

We can figure out the main idea of a text by looking for the point of each paragraph.

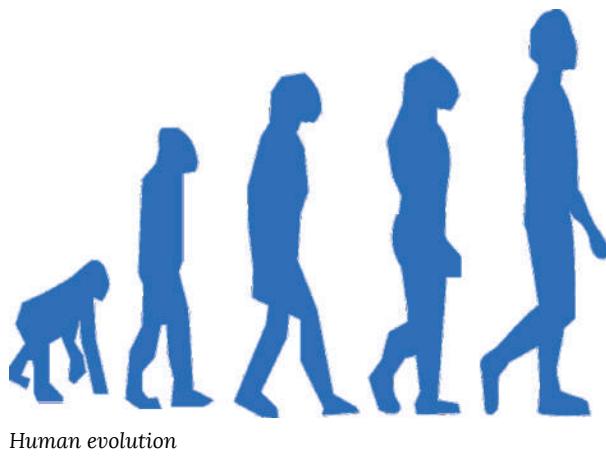
I. The text has four paragraphs. Find the paragraph that matches each of the main ideas below.

- a. Scientists don't know everything about the brain, but what they have learned so far can help us in daily life.
- b. The cerebral cortex, which has four parts, is the part of our brain that makes us so smart.

- c. The brain has cells called neurons that are faster than any computer. Neurons send and receive information throughout the body, allowing us to think, remember, feel, and move.
- d. A creature slowly developed into a human over millions of years.

**2. Put these events in the correct sequence. Sequence refers to the order that things happen in.**

- a. The creature grew a spinal cord.
- b. The creature became a fish.
- c. The creature became a human.
- d. The creature was like a worm.
- e. The creature became a monkey.
- f. The creature grew arms and legs.



**3. Are these details true or false?**

- a. The smartest part of our brain is its surface.
- b. The front lobe of our brain processes images from the eyes.
- c. The cerebral cortex has six parts.
- d. Adults have about the same number of neurons as when they were babies, but now there are more connections between the neurons.
- e. Computers are smarter than mice.

**4. Fill in the blanks.**

- a. Our brains took about \_\_\_\_\_ million years to develop.

- b. The four parts of the cerebral cortex are called \_\_\_\_\_.
- c. The world's best supercomputer is only about as fast as a \_\_\_\_\_ brain.
- d. \_\_\_\_\_ is a word for a type of brain cell.
- e. Information from the brain to the body travels along the \_\_\_\_\_.

Check your work with the Answer Key at the end of this chapter.

5. In your opinion, is the human brain the most amazing structure on Earth? Why or why not?

Ask your instructor to check your work.

## Spelling

A suffix is the end part of a word. Study these words ending in -ture. Arrange a date to be tested on your ability to spell these words.

structure	culture
creature	signature
mixture	adventure
nature	departure
future	furniture

One way to learn to spell a new word is to break it into syllables. Try it. Remember that -ture is its own syllable.

1. structure = \_\_\_\_\_
2. creature = \_\_\_\_\_
3. mixture = \_\_\_\_\_
4. nature = \_\_\_\_\_
5. future = \_\_\_\_\_

6. culture = \_\_\_\_\_

7. signature = \_\_\_\_\_

8. adventure = \_\_\_\_\_

9. departure = \_\_\_\_\_

10. furniture = \_\_\_\_\_

Check your work with the Answer Key at the end of this chapter.

## End Punctuation

**Punctuation** refers to the marks we use in sentences to make our meaning clear. Punctuation marks that come at the end of sentences are called **end punctuation**.

### Grammar Rule

There are three kinds of end punctuation:

- **The period.**

The period is used at the end of a statement.

Example: People used to think of the brain as useless stuffing.

- **The exclamation point!**

The exclamation point is used at the end of a word, phrase, or statement to express strong feeling, like happiness, anger, or surprise.

Example: Your brain is so complex that it took about 700 million years to develop!

- **The question mark?**

The question mark is used at the end of any sentence that asks a question. Questions often begin with “who,” “what,” “where,” “when,” “why,” or “how.”

Example: What do you think is more powerful: your brain or a supercomputer?

Fill in all the periods, exclamation marks, and question marks needed in these sentences.

1. How big is your brain It is about the same size as your two fists pushed together

2. Wow You could fit 30,000 neurons on the head of a pin
3. Did you know the brain contains enough energy to power a light bulb
4. The outer part of the brain is a yellowish-grey colour
5. One neuron can have up to 10,000 connections Who knew
6. No way An American chicken named Mike survived for 18 months after his head was cut off and a small part of his brain was left behind
7. Our noses can detect between 4,000 and 10,000 smells
8. We spend one-third of our lives asleep That's a lot of sleep

Check your work with the Answer Key at the end of this chapter.

## Simple Sentences: Identifying the Subject

One way to improve your writing is to use a variety of sentences. In this book, you will learn to write three sentence types: simple sentences, compound sentences, and complex sentences. A **simple sentence** is a complete sentence if it has:

- a subject
- a verb
- a complete thought

### Grammar Rule

The **subject** of a sentence is the person or thing doing the action.

- The subject can be a person:

Example: Marie Curie won two Nobel Prizes.

- The subject can be a place:

Example: The Empress Hotel serves 500,000 cups of tea every year.

- The subject can be a thing:

Example: The skull protects the brain.

Look at these simple sentences. Underline the subjects.

1. You sleep for about 30% of your life.
2. Monks train their minds to focus on one thing for long periods of time.
3. Bill Reid created brilliant art.
4. The College of New Caledonia opened in 1969.
5. Denmark provides free a college and university education to the people who live there.
6. Lucknow, India, is home to the biggest school in the world.
7. Chess gives your brain a good workout.
8. The spinal cord acts like an information highway between the brain and the rest of the body.

Check your work with the Answer Key at the end of this chapter.

## Writing

During your time as a student, you will likely be asked to write many kinds of paragraphs. In this book, you will learn how to write paragraphs that describe things, explain how to do things, tell a story, or give an opinion. No matter what kind of writing task you are working on, there is a strategy you can use to stay on track. It's called TOWER. The letters in TOWER stand for Think, Organize, Write, Edit, and Rewrite.



Eiffel Tower

**Think:** Think about what the assignment is asking you to do. Brainstorm all the ideas that come to mind.

Write each one down, even if you probably won't use it. Bad ideas are the soil in which good ideas grow! Don't worry about spelling or writing in complete sentences.

**Organize:** Choose your best ideas. Decide what order they should go in.

**Write:** Do a first draft of your paragraph. Don't worry too much about spelling and grammar. Just get your ideas down in a way that makes sense. Make sure to begin with a topic sentence to introduce the main idea of your paragraph. Add your details in the right order. Finish with a concluding sentence that reminds the reader of the main idea. At this point, you may want to put your draft aside so you can look at it with fresh eyes later.

**Edit:** Use a different colour to make edits to your writing. Check to see how it sounds when you read it out loud. Is the meaning clear? Are there any details that are missing or off topic? Should you use different sentence types to make it flow more smoothly? Are there any words that you want to change to make your writing more alive? Are all your sentences complete? Do you need to check the spelling of any words in a dictionary?

**Rewrite:** Write a final copy of your paragraph that includes all your edits. You may wish to type it on a computer. Finally, hand it in to your instructor.

## Writing Task

The sentences below make up an opinion paragraph, but their order is mixed up. Decide what order the ideas belong in. Then rewrite the sentences to create a well-organized paragraph.

- Second, it can hold a huge amount of information.
- A signal in your brain can travel at speeds of 241 km/hour.
- First, it's extremely fast.
- In conclusion, while Earth is full of wonders, these facts prove that nothing can compete with the human brain.
- The brain can hold about 1,000 times more information than Apple's best desktop computer.
- The human brain is the most amazing structure on Earth.
- Third, it is capable of a wide variety of skills.
- What other structure on Earth is capable of scientific discovery, intense emotions, ethical decision-making, planning for the future, creating art, and inventing all kinds of tools for making life easier?

Check your work with the Answer Key at the end of this chapter.

## **Answer Key**

<b>Vocabulary</b>	
<b>QUESTION</b>	<b>ANSWER</b>
1	supercomputer
2	nerves
3	capable
4	creature
5	complex
6	wormlike
7	structure
8	million
9	billion
10	trillion
11	process
<b>Check Your Understanding</b>	
<b>QUESTION</b>	<b>ANSWER</b>
1a	paragraph 4
1b	paragraph 2
1c	paragraph 3
1d	paragraph 1
2	d, a, b, f, e, c
3a	true
3b	false
3c	false
3d	true
3e	false
4a	700
4b	lobes
4c	mouse
4d	neuron
4e	spinal cord
5	As with any opinion question, answers will vary.
<b>Spelling</b>	
<b>QUESTION</b>	<b>ANSWER</b>
1	struc-ture
2	crea-ture

3	mix-ture
4	na-ture
5	fu-ture
6	cul-ture
7	sig-na-ture
8	ad-ven-ture
9	de-par-ture
10	fur-ni-ture

#### **End Punctuation**

QUESTION	ANSWER
1	How big is your brain? It is about the same size as your two fists pushed together.
2	Wow! You could fit 30,000 neurons on the head of a pin.
3	Did you know the brain contains enough energy to power a light bulb?
4	The outer part of the brain is a yellowish-grey colour.
5	One neuron can have up to 10,000 connections. or One neuron can have up to 10,000 connections! Who knew?
6	No way! An American chicken named Mike survived for 18 months after his head was cut off and a small part of his brain was left behind.
7	Our noses can detect between 4,000 and 10,000 smells. or Our noses can detect between 4,000 and 10,000 smells!
8	We spend one-third of our lives asleep. That's a lot of sleep!

#### **Simple Sentences: Identifying the Subject**

QUESTION	ANSWER
1	You sleep for about 30% of your life.
2	Monks train their minds to focus on one thing for long periods of time.
3	Bill Reid created brilliant art.
4	The College of New Caledonia opened in 1969.
5	Denmark provides free college and university education to the people who live there.
6	Lucknow, India, is home to the biggest school in the world.
7	Chess gives your brain a good workout.
8	The spinal cord acts like an information highway between the brain and the rest of the body.

#### **Writing**

The human brain is the most amazing structure on Earth. First, it's extremely fast. A signal in your brain can travel at speeds of 241 km/hour. Second, it can hold a huge amount of information. The brain can hold about 1,000 times more information than Apple's best desktop computer. Third, it is capable of a wide variety of skills. What other structure on Earth is capable of scientific discovery, intense emotions, ethical decision-making, planning for the future, creating art, and inventing all kinds of tools for making life easier? In conclusion, while Earth is full of wonders, these facts prove that nothing can compete with the human brain.

## Attributions

### **Human brain**

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### **Visualizing text**

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### **Human evolution**

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### **Eiffel Tower**

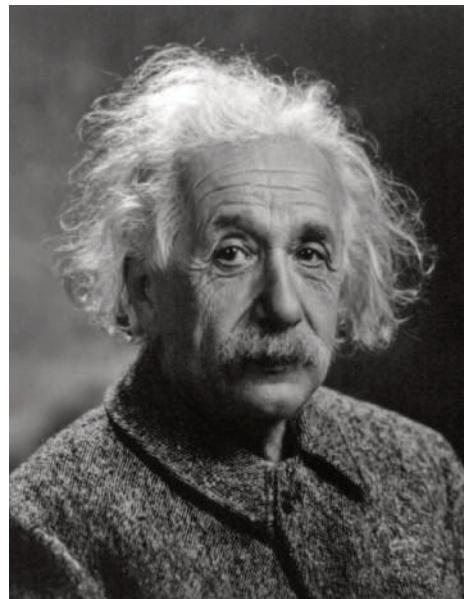
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# The Many Faces of Genius

## *Learning Goals*

In this chapter, you will learn to:

- Use pre-reading strategies
- Explain main ideas in your own words to check your understanding while you read
- Build your vocabulary
- Understand the main ideas and details of a text
- Draw conclusions
- Spell words with silent consonants: wr, kn, gh, and mb
- Use colons correctly
- Identify the verb in a simple sentence
- Write an opinion paragraph



Albert Einstein

## Get Ready to Read

Readers think about their own experiences with a topic before they read a text. They ask questions like, “What does this make me think of?” or “What do I already know about this topic?” Think about the questions below or discuss them with a partner.

- Who or what does the word “genius” make you think of?
- Who is the smartest person you know? What makes her or him smart?
- Agree or disagree with this statement: Being smart means being good at reading, writing, and math.
- Look quickly at the reader for [The Many Faces of Genius](#). What do you think the topic of this text will be?

## Reading Strategy

Readers check their understanding of a text while they read. One strategy is to stop after each paragraph and try to retell the main idea in your own words.

Try this strategy as you read [The Many Faces of Genius](#).

## Vocabulary

Find these words in the text. Use the context to choose the best meaning.

measure	genius	Nobel Prize	adapt
visualize	compose	show business	cope

1. The \_\_\_\_\_ is a prize awarded to people who do important work in literature, medicine, and science, or for world peace.
2. A \_\_\_\_\_ is a very smart person.
3. The business that makes movies, TV shows, and plays is called \_\_\_\_\_.
4. \_\_\_\_\_ means to change your behaviour so it is easier to live in a particular situation.
5. \_\_\_\_\_ means to create a piece of music or writing.
6. \_\_\_\_\_ means to deal with problems and try to come up with solutions.
7. To \_\_\_\_\_ is to find the size, amount, or value of something.
8. \_\_\_\_\_ means to form a mental picture of something.

Check your work with the Answer Key at the end of this chapter.

## Check Your Understanding

The text has four paragraphs. Find the paragraphs that match each of the main ideas below.

1. It is difficult to define intelligence.
2. There are different ways to be smart.
3. Intelligent people don't always do well in school. There are many examples of geniuses who struggled in school.
4. You can find out about your strengths by taking a quiz on the Internet.

Are these details true or false?

5. People who are *logic smart* are good at reading maps.
6. People who are *people smart* are good at understanding how others are feeling.
7. People who are *word smart* are good at explaining things.
8. People who are *body smart* know their strengths and weaknesses.
9. People who are *self smart* tend to make good personal decisions.

Answer these questions using a complete sentence. The answers are not in the text. You must draw conclusions based on what you have read.

10. What kind of intelligence do you think Albert Einstein was strongest in?
11. What kind of intelligence do you think Winston Churchill was strongest in?
12. What kind of intelligence do you think Whoopi Goldberg is strongest in?
13. What kind of intelligence do you think you are strongest in?



Whoopi Goldberg

Check your work with the Answer Key at the end of this chapter.

## Spelling

A **consonant** is any letter that is not a vowel. Some words have silent consonants. This means that you do not pronounce them. Common silent consonant patterns include **wr**, **gh**, **kn**, and **mb**. Arrange a date to be tested on your ability to spell these words.

wrist	knife
wrong	knee
writer	thumb
ghost	bomb
know	plumber

One way to learn to spell a new word is to look for the tricky parts. Silent consonants can be tricky. Cross out the silent consonants in these words.

1. bomb
2. wrist

3. ghost

4. plumber

5. know

6. wrong

7. knee

8. writer

9. thumb

10. knife

Check your work with the Answer Key at the end of this chapter.

## Colons

### Grammar Rule

- Colons can be used before a list. For example,

Whoopi Goldberg has won every major award in show business: the Oscar, Emmy, Tony, and Grammy.

The colon in this sentence shows that “Oscar, Emmy, Tony, and Grammy” is the list of major awards in show business that Whoopi Goldberg has won.

- Colons can be used before a definition. For example,

*Picture smart:* able to visualize, read maps, and draw

The colon in this example shows that the phrase “Picture smart” is defined as “able to visualize, read maps, and draw.”

### Insert colons in these sentences.

1. People have five senses vision, hearing, smell, taste, and touch.

2. The tongue can only taste five things sweet, sour, salty, bitter, and savoury.

3. I.Q. tests measure many things general knowledge, math, reasoning, memory, puzzle-solving, reading, and analyzing shapes.

4. I.Q. tests have many problems they are unfair to people from different cultural backgrounds, they don't measure all the ways a person can be smart, and some people don't do well on tests because they get nervous.
5. Leonardo da Vinci came up with many ideas for inventions a parachute, a glider, a bicycle, a life jacket, and many kinds of weapons.
6. The smartest animals tend to be the ones with a backbone apes, dolphins, dogs, and crows.
7. Neuroscientist a person who studies how the brain is structured and how it works.
8. Psychologist a person who studies human behaviour and the mind.

Check your work with the Answer Key at the end of this chapter.

## Simple Sentences: Identifying the Verb

In the last chapter, you learned that a complete simple sentence needs a subject, a verb, and a complete thought. You studied the different kinds of subjects: people, places, and things. In this chapter, you will study verbs.

### Grammar Rule

- A **verb** is often an action word. The action verbs in the sentences below are underlined.

Tom Longboat ran faster than anyone.

Albert Einstein wrote an exam.

- Some verbs can be tricky to identify because they don't seem like actions. For example, *be* and *have* are verbs. These verbs have many different forms. Forms of *be* include *is*, *are*, *was*, *were*, and *will be*. Forms of *have* include *has*, *had*, and *will have*.

Who has my Tanya Tagaq CD?

Is this your card?

- Some verbs are two, three, or four words long. These verbs have a main verb and some helping verbs. Words like *can*, *could*, *should*, *may*, *might*, *will*, *would*, and *must* are helping verbs.

A CEO in Seattle has lowered his own salary.

This way, he can pay all the workers in his company a minimum of \$70,000.

The workers at his company had been making \$48,000 per year.

The CEO had been making \$1,000,000 per year.

Now he will make \$70,000 per year, too.

**Underline the verbs in these sentences.**

1. Butterflies fly over 4,000 kilometres from Canada to Mexico every fall.
2. I ate six hot dogs in two minutes.
3. Marilyn Bell swam across Lake Ontario.
4. The sun will burn out in about 5 billion years.
5. People will live on Mars one day.
6. It will rain tomorrow.
7. My grandma has 23 grandchildren.
8. Where are my pants?
9. The longest town name in the world is Llanfairpwllgwyngyllgogerychwyrndrobwllllantysiliogogogoch.
10. You should drive a riding lawnmower up and down on a hill, not sideways.
11. Tourists can stay in an ice hotel near Quebec City.
12. A big earthquake may hit British Columbia sometime soon.

Check your work with the Answer Key at the end of this chapter.

## Writing

An **opinion paragraph** shares what you think or feel about something. It should:

- Start with a topic sentence that says your opinion
- Include details, such as facts and examples, that prove your opinion
- End with a concluding sentence that reminds the reader of your opinion
- Use linking words like: first, second, third, for example, in addition, also, as a result, for this reason

Below is an example of an opinion paragraph. Organize the information from this paragraph on the [Back Up Your Opinion](#) worksheet. Remember that an opinion statement often contains the word “should” or “must.” An opinion can be backed up with facts and examples to convince others to agree.

Adult basic education should be free for all students. First, people who access adult basic education tend to have a low income. If adult basic education costs money, the people who need it most will not be able to afford it. Second, it is cheaper to provide free education than it is to deal with the results of lower literacy rates. Lower literacy leads to more health problems, more crime, and more families in need of welfare. Third, high school graduation rates are low among Aboriginal people. This is the result of hundreds of years of government policies that have tried to destroy Aboriginal communities. Adult basic education programs give people a second chance to finish their high school diploma. The government owes Aboriginal people this second chance. For these reasons, British Columbia should invest in free adult basic education.



*Adult education*

Check your work with the Answer Key at the end of this chapter.

### Writing Task

Imagine that the government of British Columbia has announced a new award: The Smartest Person in the Province Award. You have decided to write a paragraph to suggest the government give the award to the smartest person you know. Remember that there are many ways of being smart! Follow the TOWER method to write your paragraph.

- **Think** of the names of some people you know who might deserve the award. Choose one person. Brainstorm all the reasons you think they deserve to win.
- **Organize** your best ideas on a [Back Up Your Opinion](#) worksheet.
- **Write** a first draft of your opinion paragraph.
- **Edit** your paragraph, with the help of your instructor and [The Many Faces of Genius](#) opinion checklist.
- **Rewrite** your paragraph. You may wish to type it on a computer. Finally, hand it in to your instructor.

Ask your instructor for a copy of the worksheet and checklist, or print copies from the links above. For printable versions, see [Appendix 1](#) and [Appendix 2](#).



*Gold medal award*

## **Answer Key**

<b>Vocabulary</b>	
QUESTION	ANSWER
1	Nobel Prize
2	genius
3	show business
4	adapt
5	compose
6	cope
7	measure
8	visualize
<b>Check Your Understanding</b>	
QUESTION	ANSWER
1	paragraph 2
2	paragraph 3
3	paragraph 1
4	paragraph 4
5	false
6	true
7	true
8	false
9	true
10	Albert Einstein was logic smart.
11	Winston Churchill was people smart.
12	Whoopi Goldberg is body smart. (If you said she is music smart, that is also correct.)
13	Answers will vary, as this is a personal question.
<b>Spelling</b>	
QUESTION	ANSWER
1	bomb
2	wrist
3	ghost
4	plumber
5	know
6	wrong
7	knee
8	writer

9	thumb
10	knife

### Colons

QUESTION	ANSWER
1	People have five senses: vision, hearing, smell, taste, and touch.
2	The tongue can only taste five things: sweet, sour, salty, bitter, and savoury.
3	I.Q. tests measure many things: general knowledge, math, reasoning, memory, puzzle-solving, reading, and analyzing shapes.
4	I.Q. tests have many problems: they are unfair to people from different cultural backgrounds, they don't measure all the ways a person can be smart, and some people don't do well on tests because they get nervous.
5	Leonardo da Vinci came up with many ideas for inventions: a parachute, a glider, a bicycle, a lifejacket, and many kinds of weapons.
6	The smartest animals tend to be the ones with a backbone: apes, dolphins, dogs, and crows.
7	Neuroscientist: a person who studies how the brain is structured and how it works.
8	Psychologist: a person who studies human behaviour and the mind.

### Simple Sentences: Identifying the Verb

QUESTION	ANSWER
1	Butterflies <u>fly</u> over 4,000 kilometres from Canada to Mexico every fall.
2	I <u>ate</u> six hot dogs in two minutes.
3	Marilyn Bell <u>swam</u> across Lake Ontario.
4	The sun <u>will burn out</u> in about 5 billion years. or The sun <u>will burn out</u> in about 5 billion years.
5	People <u>will live</u> on Mars one day.
6	It <u>will rain</u> tomorrow.
7	My grandma <u>has</u> 23 grandchildren.
8	Where <u>are</u> my pants?
9	The longest town name in the world <u>is</u> Llanfairpwllgwyngyllgogerychwyrndrobwllllantysiliogogogoch.
10	You <u>should drive</u> a riding lawnmower up and down on a hill, not sideways.
11	Tourists <u>can stay</u> in an ice hotel near Quebec City.
12	A big earthquake <u>may hit</u> British Columbia sometime soon.

### Writing

Opinion	Adult basic education should be free for all students.
Proof #1:	First, people who access adult basic education tend to have a low income. If adult basic education costs money, the people who need it most will not be able to afford it.
Proof #2:	Second, it is cheaper to provide free education than it is to deal with the results of lower literacy rates. Lower literacy leads to more health problems, more crime, and more families in need of welfare.
Proof #3:	Third, high school graduation rates are low among Aboriginal people. This is the result of hundreds of years of government policies that have tried to destroy Aboriginal communities. Adult basic education programs give people a second chance to finish their high school diploma. The government owes Aboriginal people this second chance.

## Attributions

### **Albert Einstein**

[Image by skeeze](#) is in the [public domain](#).

### **Whoopi Goldberg**

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### **Adult education**

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### **Gold medal award**

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# The Many Pathways to Knowledge

## *Learning Goals*

In this chapter, you will learn to:

- Use pre-reading strategies
- Use the five W questions to check your understanding while you read
- Build your vocabulary
- Understand the main ideas, details, and sequence of a text
- Spell common homonyms
- Use apostrophes in contractions
- Identify and correct sentence fragments
- Write a how-to paragraph

## Get Ready to Read

Think about the questions below or discuss them with a partner.

- Think of a time when you struggled to learn something new. What helped you to cope?
- Are some people born smart or do they become that way through practice?
- What do you already know about learning disabilities?



*Learning*

## Reading Strategy

Readers check their understanding of a text while they read. One strategy is to stop a few times in the text to ask yourself: Can I answer any of the five W questions: who, what, where, when, or why? If you are able to answer at least three of these questions, then you are thinking about what you are reading.

Try this strategy as you read [The Many Pathways to Knowledge](#).

## Vocabulary

Find these words in the text. Use the context to choose the best meaning.

decade	factors	affect	learning disability	dread
exercise	peer	clumsiness	pace	approach

1. A condition that makes learning difficult is called a \_\_\_\_\_.
2. \_\_\_\_\_ means moving in a way where you might drop or break things.
3. A \_\_\_\_\_ is one of the things that cause something to happen.
4. \_\_\_\_\_ refers to activity that is done to be healthier.
5. Another word for 10 years is a \_\_\_\_\_.
6. \_\_\_\_\_ is the speed at which something happens.
7. \_\_\_\_\_ means to act on or cause a change in someone or something.
8. \_\_\_\_\_ means to fear that something will happen.
9. A person in the same age group or social group can be called a \_\_\_\_\_.
10. An \_\_\_\_\_ is a way of dealing with something.

Check your work with the Answer Key at the end of this chapter.

## Check your Understanding

1. Read the sentences below. Which group of sentences best describes the main idea of the text?

- a. Barbara Arrowsmith-Young taught herself to tell time, do math, understand grammar, and be less clumsy.
- b. Geniuses aren't born being great at something. They become geniuses through practice. People with learning disabilities can also be great at the thing they struggle with. They just learn in a different way and at a different pace.

2. Re-read the second paragraph. What is the main idea?

3. Put these events in the correct sequence.

- a. After lots of practice, Barbara was able to do the things her brain was "unable" to do.
- b. Barbara's teachers said she had a learning disability.
- c. Barbara made exercises to teach her brain to do the things it couldn't.
- d. Barbara struggled to learn many of the things taught in elementary school.
- e. Barbara started a school to help others who learn in different ways.
- f. As an adult, Barbara learned that people can change the structure of their brain through experience and exercise.

4. Try to think of the best word to complete each sentence.

- a. Geniuses usually practiced their skill \_\_\_\_\_ hours a week for over a decade.
- b. We will have a hard time learning if we do not get enough \_\_\_\_\_ food to eat.
- c. Barbara's teachers said she had a learning \_\_\_\_\_.
- d. Barbara heard that people can change their brains through \_\_\_\_\_ and \_\_\_\_\_.
- e. She created exercises to teach herself to tell \_\_\_\_\_.
- f. Afterward, she could also understand the rules of \_\_\_\_\_ and \_\_\_\_\_.
- g. We can change the \_\_\_\_\_ of our brains through practice.

Check your work with the Answer Key at the end of this chapter.

## Spelling

Homonyms are two words that sound the same but have different meanings. Study these homonyms. Arrange a date to be tested on your ability to spell these words. One way to learn to spell words is to use memorable sentences. If you can remember which spelling goes with which homonym in these sentences, you can use the information to help you spell the homonyms correctly in other sentences.

**Affect:** to act on or change something. Affect is usually used as a verb.

**Effect:** a change that results from something else. Effect is usually used as a noun.

- The asteroid affected the apartment.
- The effect was eerie.

**Their:** used to show possession.

**They're:** used as a contraction meaning “they are.”

**There:** used to refer to a place.

- They said they're sorry for leaving their thumbtacks there.

**Whether:** shares a similar meaning with “if.”

**Weather:** usually refers to the temperature, rain, wind, and so on.

- I don't know whether this rainy weather will end.

**Its:** used to show possession, like “his” and “her.”

**It's:** the contraction for "it is" or "it has."

- It's time for the lion to show its cubs how to hunt.

**Do these sentences use the correct homonym? If not, change them.**

1. I wonder what the whether will be like today.
2. Can you put this box down over there?
3. It's too late at night to practice playing my bagpipes.
4. All the unions decided that they're going on strike.
5. My shirt is missing most of it's buttons.
6. Does this medicine have any side affects?
7. The big flood in the town did not effect my house.
8. My parents are selling me their old car.
9. I don't know weather I should drive in this snow.

Check your work with the Answer Key at the end of this chapter.

## Apostrophes in Contractions

### *Grammar Rule*

An apostrophe is used in place of the missing letter or letters in a contraction.

- We often think people are either born smart or they aren't.

Aren't = are not

- Intelligence is not something we either have or we don't have.

Don't = do not

- People who thought they couldn't learn have found out they can.

Couldn't = could not

Change the underlined words into contractions. Use apostrophes as needed.

1. We do not tend to remember our dreams unless we wake up during them.
2. It is easiest to learn a second language between the ages of 13 and 20 years old.
3. You will likely find that the best way to break a bad habit is to replace it with a new one.
4. Studies show that you should not stay up late cramming for a test because sleep is key to learning.
5. You would never be able to learn without neurons.
6. When a baby is 24 months old, she will know that the person in the mirror is herself.
7. A child who does not hear any words or language before 12 years old will not learn to speak.
8. Alan Turing was a computer scientist. In the 1950s, he came up with the Turing Test, a way to tell if a computer is intelligent. To do the test, you sit someone at a screen that is connected either to a computer or another person in a different room. The person chats and asks questions to discover whether they are talking to a computer or a person. If they cannot tell the difference, and it is a computer they are talking to, the computer can be called "intelligent." Some people say that a computer passed the test for the first time in 2014.



Alan Turing

Check your work with the Answer Key at the end of this chapter.

## Sentence Fragments

A complete sentence needs three things: a subject, a verb, and a complete thought. If a sentence is missing one of these, it is called a **sentence fragment**.

### Grammar Rule

Sentence fragments are a common mistake in people's writing.

- This sentence is missing a subject: Is the smallest country in the world.

Fixed: Vatican City is the smallest country in the world.

- This sentence is missing a verb: Mount Etna Europe's tallest active volcano.

Fixed: Mount Etna is Europe's tallest active volcano.

- This sentence is missing a complete thought: Average drivers spend two weeks of their life.

Fixed: Average drivers spend two weeks of their life waiting for traffic lights to change.

### Are these complete sentences or fragments?

1. A boy.
2. Typed the English alphabet on an iPad.
3. In less than six seconds.
4. Astronauts say space has a unique smell.
5. Hit by lightning.
6. Barbie's full name is Barbara Millicent Roberts.
7. Daniel Radcliffe wore 160 pairs of glasses while filming the Harry Potter movies.
8. An artist from Chicago.
9. Made a statue of Madonna using 180 pounds of ham.

What is missing from these sentence fragments — a subject, verb, or complete thought?

10. Is on Facebook.
  11. The average Facebook user has.
  12. Dyed his sheep bright orange to prevent theft.
  13. Is 5 feet 11 inches.
  14. A calf in Virginia.
  15. Erin Finnegan and Noah Fulmor.
  16. Was born with a five-foot long tail.
  17. One in every seven people on Earth.
  18. The average height of the Dutch.
  19. 190 friends.
  20. Over 70 species of mushrooms.
  21. A British farmer.
  22. Glow in the dark.
  23. Became the first couple to get married in outer space.
24. Each sentence fragment above can be matched to another sentence fragment above to make a complete sentence. Find the fragments that go together to make a complete sentence. Use them to write a complete sentence.

Check your work with the Answer Key at the end of this chapter.

## Writing

**How-to paragraphs** give directions. For example, this kind of paragraph might explain how to plant a tree, how to make a campfire, or how to send an email.

A how-to paragraph should:

- Begin with a topic sentence that says what task you are explaining
- Break the task down into small steps
- Explain each step clearly

- List the steps in the order the reader should do them
- Use linking words like *first*, *then*, *next*, *after that*, and *finally*

Below is an example of a how-to paragraph. Underline the topic sentence, the linking words, and the concluding sentence.

### How to Trim a Dragon's Toenails

People are often afraid to clip the toenails of a dragon, but it's really not that hard. First, gather all the things you will need: nighttime tea, a tea cup, hedge trimmers, a bumpy rock, and some nail polish. Then, make the dragon a warm cup of nighttime tea. After the dragon drinks the tea, he will fall asleep. Next, pick up the hedge trimmers and carefully cut the top two inches of each toenail. After that, rub the rock back and forth over the edge of each toenail until it is nice and smooth. You may also wish to apply a coat of nail polish. Most dragons prefer red nail polish, but some dragons prefer purple. Finally, run away as fast as you can. The dragon will wake up soon, and you don't want to be there when he does. Follow these steps and the dragon's toenails will look fabulous!



Green dragon

Check your work with the Answer Key at the end of this chapter.

### Writing Task

Think about a challenge you have faced in your life, especially one you managed well. The challenge might be

something practical, like changing a tire. The challenge may be something complex, like moving to a new country or coping with a divorce. Write a how-to paragraph to help someone who is facing the same challenge you faced.

Follow the TOWER method to write your paragraph. First, **think** of some challenges that you handled well. Choose one that you feel good writing about. Next, use the [How To](#) paragraph planner to brainstorm and **organize** your ideas. Then, **write** a first draft. Remember to include a topic sentence, linking words to smoothly connect each step, and a concluding sentence. **Edit** the paragraph with the help of your instructor and [The Many Pathways to Knowledge](#) paragraph planner checklist. After that, **rewrite** the paragraph. You may wish to type it on a computer. Finally, hand it in to your instructor.

Ask your instructor for copies of the paragraph planners, or print copies from the links above. For printable versions, see [Appendix 1](#) and [Appendix 2](#).

Did you notice that the above paragraph looks a lot like a how-to paragraph?

## **Answer Key**

<b>Vocabulary</b>	
QUESTION	ANSWER
1	learning disability
2	clumsiness
3	factor
4	exercise
5	decade
6	pace
7	affect
8	dread
9	peer
10	approach

<b>Check Your Understanding</b>	
QUESTION	ANSWER
1	b
2	Many different factors affect how well we learn.
3	d, b, f, c, a, e
4a	20
4b	healthy
4c	disability
4d	experience and exercise
4e	time
4f	math and grammar
4g	structure

<b>Spelling</b>	
QUESTION	ANSWER
1	I wonder what the weather will be like today.
2	This sentence is correct.
3	This sentence is correct.
4	This sentence is correct.
5	My shirt is missing most of its buttons.
6	Does this medicine have any side effects?
7	The big flood in the town did not affect my house.
8	This sentence is correct.
9	I don't know whether I should drive in this snow.

<b>Apostrophes in Contractions</b>	
QUESTION	ANSWER
1	We don't tend to remember our dreams unless we wake up during them.
2	It's easiest to learn a second language between the ages of 13 and 20 years old.
3	You'll likely find that the best way to break a bad habit is to replace it with a new one.
4	Studies show that you shouldn't stay up late cramming for a test because sleep is key to learning.
5	You'd never be able to learn without neurons.
6	When a baby is 24 months old, she'll know that the person in the mirror is herself.
7	A child who doesn't hear any words or language before 12 years old won't learn to speak.
8	Alan Turing was a computer scientist. In the 1950s, he came up with the Turing Test, a way to tell if a computer is intelligent. To do the test, you sit someone at a screen that's connected either to a computer or another person in a different room. The person chats and asks questions to discover whether they're talking to a computer or a person. If they can't tell the difference, and it's a computer they're talking to, the computer can be called "intelligent." Some people say that a computer passed the test for the first time in 2014.
<b>Sentence Fragments</b>	
QUESTION	ANSWER
1	fragment
2	fragment
3	fragment
4	complete sentence
5	fragment
6	complete sentence
7	complete sentence
8	fragment
9	fragment
10	subject
11	complete thought
12	subject
13	subject
14	verb and/or complete thought
15	complete thought
16	subject
17	verb
18	verb
19	verb and/or complete thought
20	verb and/or complete thought
21	verb and/or complete thought

22	subject
23	subject
24	The average Facebook user has 190 friends.  A British farmer dyed his sheep bright orange to prevent theft.  A calf in Virginia was born with a five-foot long tail.  Erin Finnegan and Noah Fulmor became the first couple to get married in outer space.  One in every seven people on Earth is on Facebook.  The average height of the Dutch is 5 feet 11 inches.  Over 70 species of mushrooms glow in the dark.

### Writing

People are often afraid to clip the toenails of a dragon, but it's really not that hard. First, gather all the things you will need: nighttime tea, a tea cup, hedge trimmers, a bumpy rock, and some nail polish. Then, make the dragon a warm cup of nighttime tea. After the dragon drinks the tea, he will fall asleep. Next, pick up the hedge trimmers and carefully cut the top two inches of each toenail. After that, rub the rock back and forth over the edge of each toenail until it is nice and smooth. You may also wish to apply a coat of nail polish. Most dragons prefer red nail polish, but some dragons prefer purple. Finally, run away as fast as you can. The dragon will wake up soon, and you don't want to be there when he does. Follow these steps and the dragon's toenails will look fabulous!

## Attributions

### Learning

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### Alan Turing

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### Green dragon

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# Boost Your Brainpower

## *Learning Goals*

In this chapter, you will learn to:

- Use pre-reading strategies
- Figure out unknown words while you read
- Build your vocabulary
- Understand the main ideas and details of a text
- Spell words with the suffixes -tion and -sion
- Use commas in a series
- Write compound sentences
- Write a descriptive paragraph

## Get Ready to Read

Think about the questions below or discuss them with a partner.

- What things affect how well you learn?
- How do you deal with stress?
- How do you motivate yourself to try your best in school?
- What would your perfect classroom physically look like?



*Reading*

## Reading Strategy

Readers check their understanding of a text while they read. When you struggle to figure out a word, don't just skip it. Try this strategy instead. When you see a word you do not know, underline it. Go back and read the words before it. Then read the words after it. Now think of a word that would make sense in the spot that you underlined. Does it sound right? Does it make sense?

Try this strategy as you read [Boost Your Brainpower](#).

## Vocabulary

Find these words in the text. Use the context to choose the best meaning.

calories	concentration	oxygen	priorities	fluid
motivate	distraction	vision	fuel	

1. \_\_\_\_\_ is something found in the air that is needed for life.
2. A \_\_\_\_\_ is something that makes it difficult to think or pay attention.
3. The ability to pay attention to one thing is called \_\_\_\_\_.
4. If you have \_\_\_\_\_, you have the ability to see.
5. \_\_\_\_\_ are used to measure the energy in food that gets released into the body.
6. \_\_\_\_\_ are the things that are most important and should be done first.
7. To \_\_\_\_\_ someone is to make them eager to work.
8. A liquid, or something that can flow like water, can be called a \_\_\_\_\_.
9. \_\_\_\_\_ is used to give power to something.

Check your work with the Answer Key at the end of this chapter.

## Check Your Understanding

Match each detail to the main idea.

Main Idea	Details
1. Motivate yourself	a. Make to-do lists
2. Challenge yourself	b. Avoid sweet fizzy drinks
3. Create an environment where you work well	c. Try thinking “how fascinating” when you make a mistake
4. Eat healthy food	d. Try new things
5. Involve your senses	e. Turn off your cellphone
6. Drink enough water	f. Go for a walk
7. Get oxygen to your brain	g. Take notes in different colours
8. Organize yourself	h. 20% of the calories we eat are used to fuel our brain.
9. Rest	i. Avoid exciting activities before you go to sleep.



Resting

Check your work with the Answer Key at the end of this chapter.

## Spelling

A suffix is the end part of a word. Study these words ending in -tion and -sion. Arrange a date to be tested on your ability to spell these words.

instruction	decision
education	conclusion
emotion	television
solution	mission
addition	passion

One way to figure out how to spell a new word is to write down some possible spellings and see what looks right. Fill in the blanks with t or s based on what looks right.

1. deci\_\_\_\_ion
2. emo\_\_\_\_ion
3. pas\_\_\_\_ion
4. instruc\_\_\_\_ion
5. solu\_\_\_\_ion
6. mis\_\_\_\_ion
7. conclu\_\_\_\_ion
8. educa\_\_\_\_ion
9. televi\_\_\_\_ion
10. addi\_\_\_\_ion

Check your work with the Answer Key at the end of this chapter.

## Commas in a Series

### Grammar Rule

Commas can be used to separate items in a list. Look at how the comma is used in these sentences:

- Research suggests that some foods might be especially good for memory and concentration. Examples include: egg yolk, whole grains, nuts, fish, dark leafy green vegetables, beans, strawberries, and blueberries.
- Using a day planner will help you plan ahead, set priorities, be on time, and meet deadlines.
- Going for a walk, a run, or a bike ride really helps get oxygen to your brain.
- Reward yourself by doing something you enjoy like watching a TV show, talking to a friend on the phone, eating a treat, or taking a rest.
- Most brains have five senses: vision, hearing, smell, touch, and taste.

Notice that the comma does not go before the first word in the list. Also notice that the word “and” or “or” appears before the last item in the list. The comma goes before “and” or “or” but not after.

### Add commas to the sentences below.

1. The brain needs food oxygen and water.
2. To help your brain remember the names of the Great Lakes, think of the word HOMES: Huron Ontario Michigan Erie and Superior.
3. People began performing brain surgery 7,000 years ago. Ancient Egyptians Romans Greeks Chinese Indians and Incas all performed brain surgery.
4. Emotions are an important part of survival: Fear tells you to run away from danger anger tells you to fight for your life and love creates a need for connection.
5. The brain has many chemicals that affect our feelings. Dopamine causes us to feel pleasure excitement pain and nausea.
6. Serotonin plays a role in feelings of happiness sleepiness and fullness.
7. Endorphins play a role in relaxation and reducing pain.
8. Noradrenaline can cause us to feel alert excited or anxious.
9. Oxytocin is the chemical that gets released in our brain when we fall in love.

Ask your instructor to help you pronounce the big words above. Check your work with the Answer Key at

the end of this chapter.

## Compound Sentences

A **compound sentence** is made by joining two complete sentences using a comma and one of these joining words: *for, and, nor, but, or, yet, or so*. To remember these joining words, think of the word FANBOYS.

<b>For</b>	Use to explain	Study next to an open window, <b>for</b> fresh air may help your brain focus.
<b>And</b>	Use to add information	Barbara learned to tell time, <b>and</b> she began to understand the rules of math and grammar.
<b>Nor</b>	Use to list items that are not options	You should not play video games during the hour before bedtime, <b>nor</b> should you watch television.
<b>But</b>	Use to show contrast	You were born with most of the neurons you have now, <b>but</b> when you were a baby you didn't have many pathways to connect them.
<b>Or</b>	Use to list options	You could go for a walk to get more oxygen to your brain, <b>or</b> you could do some stretches.
<b>Yet</b>	Use to add surprising information	Einstein failed a test to get into university, <b>yet</b> he went on to become one of the world's best-known geniuses.
<b>So</b>	Use to show cause and effect	Research suggests your brain does not do well with sudden rushes of sugar, <b>so</b> sweet fizzy drinks do not really help your brain.

Combine the two complete sentences into one compound sentence. Replace the period with a comma and one of the FANBOYS (*for, and, nor, but, or, yet, so*).

1. The most commonly written word in the English language is “the.” The most commonly spoken word in the English language is “I.”
2. Today, it would be rude to wipe your dirty hands on a tablecloth. The original purpose of the tablecloth was for wiping your hands after eating!
3. Honey tastes delicious. It is the only natural food that doesn’t spoil.
4. You can see both the Atlantic and Pacific Oceans from the top of Mount Irazu on a clear day. The top of the mountain is usually very cloudy.
5. The ad for the first Ski-Dog snowmobile accidentally called it a Ski-Doo. The company changed the snowmobile’s name to match the ad.

Check your work with the Answer Key at the end of this chapter.

## Writing

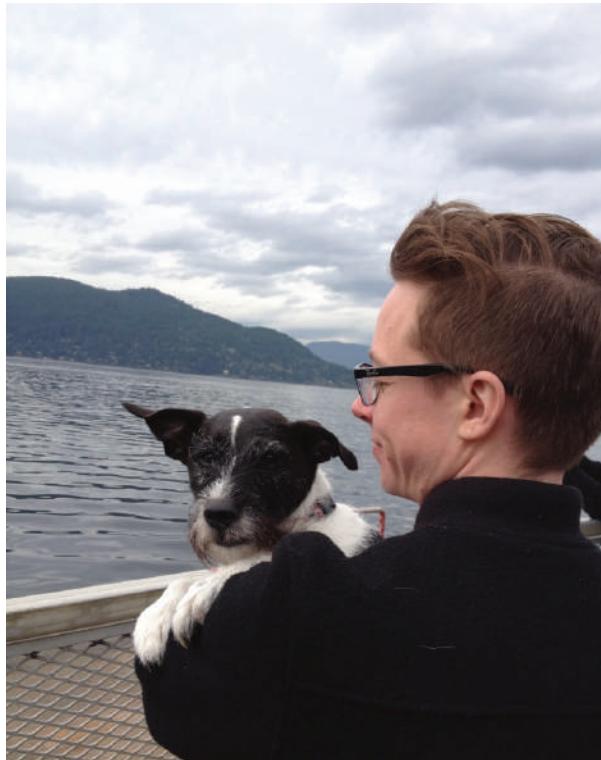
A **descriptive paragraph** helps your reader visualize the person, place, or thing that you are describing.

A descriptive paragraph should:

- Begin with a topic sentence that says what you are describing
- End with a concluding sentence that reminds the reader of the topic
- Appeal to the senses: sight, smell, touch, taste, and sound

### Huckleberry

My dog, Huckleberry, is not very popular with my friends. If they don't pay attention to him, he makes a high-pitched whining sound like air slowly being let out of a balloon. Other times, he makes the hacking noises of a 90-year-old smoker. He snores like a chainsaw and his breath has the scent of last month's garbage. But if you plug your nose and your ears, you'll notice how soft and warm he is to cuddle with. With his white fur and big black spots, he looks like the world's tiniest, cutest cow. His scruffy beard makes him look rough around the edges, but wise. He's almost 10 years old, but he has the energy of a puppy. He may not be popular with my friends, but he's popular with me!



Author with Huckleberry

Identify the details in the descriptive paragraph above that appeal to these senses:

1. Sight:

2. Smell:

3. Touch:

4. Sound:

Check your work with the Answer Key at the end of this chapter.

## Writing Task

Write a descriptive paragraph about your perfect classroom. Follow the TOWER method.

- **Think** about all the things that help you learn. Now imagine what a classroom would physically look like if it was perfectly set up to help you learn. Be creative. Write down all your ideas. Choose the ones you want to use. Think of some descriptive details that appeal to the senses.
- **Organize** your ideas. Decide what order you will include them in.
- **Write** your first draft. Include a topic sentence, your descriptive details, and a concluding sentence. Use linking words to show how the ideas are related. Linking words that are helpful for describing a place include:

under	over	next to	on top of	above
beside	near	close to	inside	outside

- **Edit** your paragraph with the help of your instructor and the [Boost Your Brainpower](#) description checklist.
- **Rewrite** your paragraph. You may wish to type it on a computer. Finally, hand it in to your instructor.

Ask your instructor for a copy of the checklist, or print one from the link above. For a printable version, see [Appendix 2](#).

## **Answer Key**

<b>Vocabulary</b>	
QUESTION	ANSWER
1	oxygen
2	distraction
3	concentration
4	vision
5	calories
6	priorities
7	motivate
8	fluid
9	fuel
<b>Check Your Understanding</b>	
QUESTION	ANSWER
1	c
2	d
3	e
4	h
5	g
6	b
7	f
8	a
9	i
<b>Spelling</b>	
QUESTION	ANSWER
1	s
2	t
3	s
4	t
5	t
6	s
7	s
8	t
9	s
10	t
<b>Commas in a Series</b>	

QUESTION	ANSWER
1	The brain needs food, oxygen, and water.
2	To help your brain remember the names of the Great Lakes, think of the word HOMES: Huron, Ontario, Michigan, Erie, and Superior.
3	People began performing brain surgery 7,000 years ago. Ancient Egyptians, Romans, Greeks, Chinese, Indians, and Incas all performed brain surgery.
4	Emotions are an important part of survival: Fear tells you to run away from danger, anger tells you to fight for your life, and love creates a need for connection.
5	The brain has many chemicals that affect our feelings. Dopamine causes us to feel pleasure, excitement, pain, and nausea.
6	Serotonin plays a role in feelings of happiness, sleepiness, and fullness.
7	no change
8	Noradrenaline can cause us to feel alert, excited, or anxious.
9	no change
<b>Compound Sentences</b>	
QUESTION	ANSWER
1	The most commonly written word in the English language is <b>the</b> , <b>and</b> the most commonly spoken word in the English language is <b>I</b> . (You could also use <b>but</b> instead of <b>and</b> .)
2	Today it would be rude to wipe your dirty hands on a tablecloth, <b>but</b> the original purpose of the tablecloth was for wiping your hands after eating! (You could also use <b>yet</b> instead of <b>but</b> .)
3	Honey tastes delicious, <b>and</b> it is the only natural food that doesn't spoil.
4	You can see both the Atlantic and Pacific Oceans from the top of Mount Irazu on a clear day, <b>but</b> the top of the mountain is usually very cloudy.
5	The ad for the first Ski-Dog snowmobile accidentally called it a Ski-Doo, <b>so</b> the company changed the snowmobile's name to match the ad.
<b>Writing</b>	
1	Sight: He has a scruffy beard that makes him look rough around the edges, but wise.
2	Smell: His breath has the scent of last month's garbage.
3	Touch: He is soft and warm to cuddle with.
4	Sound: He makes a high-pitched whining sound like air slowly being let out of a balloon. He makes the hacking noises of a 90-year-old smoker. He snores like a chainsaw.

## Attributions

### Reading

Image by [JanDix](#) is in the [public domain](#).

### Resting

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# Memory Magic

## *Learning Goals*

In this chapter, you will learn to:

- Use pre-reading strategies
- Ask questions to check your understanding while you read
- Build your vocabulary
- Understand the main ideas, details, and sequence of a text
- Add suffixes to words that end in silent e
- Use commas after transition words
- Identify and correct run-on sentences
- Write a narrative paragraph



*Playing cards*

## Get Ready to Read

Think about the questions below or discuss them with a partner.

- Do you have a good memory? How do you know?
- What do you do to remember information?
- Describe a time when you really wanted to remember something but couldn't.

Think about the title **Memory Magic**. Which of these words do you think will be in the text?

- attention
- circus

- senses
- focus
- hurricane
- short-term
- long-term
- bullfrog
- chunk
- visualization
- vampire

## Reading Strategy

Readers check their understanding of a text while they read. One strategy is to ask questions while you read, and then look for the answers. What do you wonder when you read the sentence below?

Dave Farrow is a Canadian recorded in the Guinness Book of World Records for Greatest Memory.

You might wonder, “What did he do to set this record?” Continue reading with this question in mind. Asking questions and looking for answers helps keep your brain thinking while you read.

Try this strategy as you read [Memory Magic](#).

## Vocabulary

Find these words in the text. Use the context to choose the best meaning.

dyslexia	memorize	constantly	indigo
partner	recall	violet	

1. \_\_\_\_\_ is a condition that makes it hard for a person to read, write, and spell.
2. \_\_\_\_\_ is a deep blue colour.
3. \_\_\_\_\_ is a deep purple colour.
4. A person someone is romantically involved with, runs a business with, or does an activity with is called their \_\_\_\_\_.
5. \_\_\_\_\_ means happening all the time or very often over a period of time.
6. To \_\_\_\_\_ is to learn something so well that you can remember it perfectly.
7. \_\_\_\_\_ means to remember something.

Check your work with the Answer Key at the end of this chapter.

## Check Your Understanding

1. What's the main idea of paragraph four?
  2. What's the main idea of paragraph five?
  3. What's the main idea of paragraph six?
- 4. How does the brain remember information? Put these steps in order.**
- a. The information goes into your short-term memory.
  - b. You think about the information over and over.
  - c. Your brain takes in information through your senses.
  - d. The information goes into your long-term memory.
  - e. Your brain pays attention to the information.

Something is incorrect in each of these sentences. Cross out the incorrect words. Add the correct words.

5. Your long-term memory only holds information for a few seconds.
6. Your short-term memory can hold about 15 things at a time.
7. Dave recommends breaking big tasks into smaller tasks, working hard for short periods of time, and taking short breaks to help your mind remember.
8. Roy G. Biv stands for red, orange, yellow, green, brown, indigo, and violet.
9. The text suggests that you memorize an address or vocabulary words in chunks.

Check your work with the Answer Key at the end of this chapter.

# Spelling

If a word ends with silent **e**, drop the **e** before an ending that starts with a vowel.

become + ing = becoming

choose + ing = choosing

amaze + ing = amazing

share + ed = shared

Keep the silent **e** before an ending that starts with a consonant.

late + ly = lately

safe + ty = safety

use + ful = useful

sincere + ly = sincerely

These words break the rules:

argue + ment = argument

true + ly = truly

Arrange a date to be tested on your ability to spell these words.

becoming	safety
choosing	useful
amazing	sincerely
shared	argument
lately	truly

Practice the pattern. Spell each word correctly after adding the suffix to the word.

1. write + ing

2. come + ing

3. care + ful

4. wise + ly

5. change + ing

6. use + less

7. surprise + ing

8. hope + ful

9. safe + ly

10. make + ing

11. excite + ment

12. have + ing

13. drive + ing

Check your work with the Answer Key at the end of this chapter.

## Commas with Transition Words

### Grammar Rule

Commas can set off **transition words** from the rest of a sentence. Here are some common transition words:

To add information	First, second, third, next, then, finally
To give an example	For example, for instance, in fact
To summarize	In conclusion

Here is an example from the text you read:

**First**, create a picture in your mind for each stage (I can see a worm, a fish, a monkey, a human). **Then**, think of a path you regularly walk along. **For example**, I often walk from the sidewalk, into my house, and into the kitchen. **Finally**, imagine each picture in a place along your path.

Fill in the commas in the paragraph below.

Are humans smarter than other animals? Well there are a lot of things that only humans can do. First we can survive in all sorts of environments. In fact we can survive in extreme environments like the desert, the Arctic, and outer space. Second we can write down information, so that it can easily be shared with lots of people. Third we can make art, stories, poetry, and music. Finally we can invent really complicated things. For example we can build airplanes and computers. In conclusion humans may be the smartest animal in the world.

Check your work with the Answer Key at the end of this chapter.

## Run-On Sentences

### Grammar Rule

When two sentences are combined without a comma or one of the FANBOYS (for, and, nor, but, or, yet, so), the result is a run-on sentence. Run-on sentences are a common sentence writing error.

- Run-on: Memory champions need to hold lots of information in their short-term memory at one time, they use different tricks.

What's wrong: It's missing one of the FANBOYS.

Fixed: Memory champions need to hold lots of information in their short-term memory at one time, **so** they use different tricks.

- Run-on: The words Roy G. Biv can help you remember the colours of the rainbow for each word stands for the first letter of a colour.

What's wrong: It's missing a comma.

Fixed: The words Roy G. Biv can help you remember the colours of the rainbow, for each word stands for the first letter of a colour.

- Run-on: Short-term memory can only hold about seven things at one time organizing information in chunks allows you to remember more.

What's wrong: It's missing a comma and one of the FANBOYS.

Fixed: Short-term memory can only hold about seven things at one time, **but** organizing information in chunks allows you to remember more.

The examples above showed you how to turn a run-on sentence into a compound sentence. You can also fix a run-on sentence by turning it into two simple sentences. Instead of a comma and one of the FANBOYS, you just use a period. Below are some examples:

- Memory champions need to hold lots of information in their short-term memory at one time. They use different tricks.
- The words Roy G. Biv can help you remember the colours of the rainbow. Each word stands for the first letter of a colour.
- Short-term memory can only hold about seven things at one time. Organizing information in chunks allows you to remember more.

**Turn each run-on sentence into a compound sentence.**

1. People say this diamond is cursed for all its owners have suffered illness or death.
2. Tim Horton was a hockey player in the NHL he is better known for his donut shops.
3. There are over 1,000 kinds of bees all over Canada some can even be found in the Arctic.
4. My phone isn't charged I need to plug it in.
5. We could fly to Calgary or we could get there by bus.

**Turn each run-on sentence above into two simple sentences.**

Check your work with the Answer Key at the end of this chapter.

## Writing

A **narrative paragraph** tells a story. It should:

- Have a beginning, middle, and end
- Include details about:
  - Who is in your story
  - What happened
  - Where it happened
  - Why it happened
  - How it happened
- Tell the events in the order they happened
- Use linking words to connect your sentences: first, then, next, finally

Below is an example of a narrative paragraph.

### The Bus Ride Home

The bus ride home from school usually started out well enough. First, the bus would happily rumble from pothole to pothole down the winding country roads. On a hot summer day, all the windows would be down, blowing the children's hair wildly in all directions. The kids all seemed to talk at once in their outdoor voices. There was only one thing that could quiet them down. The bus would turn around a big bend as we neared my house. Next, the sweet and sour stink of pig manure would pour through the windows. The excited chatter turned into groans of disgust. Then the bus would screech to a standstill at the end of my laneway, as though the smell was so thick the bus couldn't bear to carry on. Finally, my brother and I would have to stand up and walk past the rows of eyes scowling at us from above shirt collars that had been yanked up over offended noses. The two of us would walk down our long dirt laneway in silence. Only one thought brought me comfort in that moment: the smell of pig manure was nothing compared to the smell of chicken manure that awaited that bus farther down the road.



School bus

### Writing Task

Smells have the power to bring back strong memories. The part of our brain in charge of memory is very close to the part of our brain that processes smell. Tell a story about a smell that really stands out in your memory. Follow the TOWER method:

- **Think** of all the memories involving smell that come to mind. Choose the one that you think will make the best story. Think of who the story involved, what happened, where it happened, and why it happened.
- **Organize** the details into a beginning, middle, and end.
- **Write** your first draft. Include a topic sentence, the details, linking words, and a concluding sentence.
- **Edit** your paragraph, with the help of your instructor and the [Memory Magic](#) story checklist.
- **Rewrite** your paragraph. You may wish to type it on a computer. Finally, hand it in to your instructor.

Ask your instructor for a copy of the checklist, or print one from the link above. For a printable version, see [Appendix 2](#).

## **Answer Key**

<b>Vocabulary</b>	
QUESTION	ANSWER
1	dyslexia
2	indigo
3	violet
4	partner
5	constantly
6	memorize
7	recall
<b>Check Your Understanding</b>	
QUESTION	ANSWER
1	To memorize a list of information, you can make a word or phrase using the first letter of each word in the list.
2	Another trick for remembering lots of information is to organize it into chunks.
3	A third trick for remembering information is to visualize it along a path you regularly take.
4	c, e, a, b, d
5	Your <b>short</b> -term memory only holds information for a few seconds.
6	Your short-term memory can hold about <b>seven</b> things at a time.
7	Dave recommends breaking big tasks into smaller tasks, working hard for short periods of time, and taking short breaks to help your mind <b>focus</b> .
8	Roy G. Biv stands for red, orange, yellow, green, <b>blue</b> , indigo, and violet.
9	The text suggests that you memorize a <b>phone number</b> or vocabulary words in chunks.
<b>Spelling</b>	
QUESTION	ANSWER
1	writing
2	coming
3	careful
4	wisely
5	changing
6	useless
7	surprising
8	hopeful
9	safely
10	making
11	excitement
12	having

13	driving
<b>Commas with Transition Words</b>	
Are humans smarter than other animals? Well, there are a lot of things that only humans can do. First, we can survive in all sorts of environments. In fact, we can survive in extreme environments like the desert, the Arctic, and outer space. Second, we can write down information, so that it can easily be shared with lots of people. Third, we can make art, stories, poetry, and music. Finally, we can invent really complicated things. For example, we can build airplanes and computers. In conclusion, humans may be the smartest animal in the world.	
<b>Run-On Sentences</b>	
<b>Compound Sentences</b>	
QUESTION	ANSWER
1	People say this diamond is cursed, for all its owners have suffered illness or death.
2	Tim Horton was a hockey player in the NHL, <b>but</b> he is better known for his donut shops.
3	There are over 1,000 kinds of bees all over Canada, <b>and</b> some can even be found in the Arctic.
4	My phone isn't charged, <b>so</b> I need to plug it in.
5	We could fly to Calgary, <b>or</b> we could get there by bus.
<b>Simple Sentences</b>	
1	People say this diamond is cursed. All its owners have suffered illness or death.
2	Tim Horton was a hockey player in the NHL. He is better known for his donut shops.
3	There are over 1,000 kinds of bees all over Canada. Some can even be found in the Arctic.
4	My phone isn't charged. I need to plug it in.
5	We could fly to Calgary. We could get there by bus.

## Attributions

### Playing cards

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### School bus

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# Put to the Test

## *Learning Goals*

In this chapter, you will learn to:

- Use pre-reading strategies
- Describe the tone of a text
- Build your vocabulary
- Understand the main ideas, details, and sequence of a text
- Make inferences
- Spell words with the prefixes pre- and ex-
- Use punctuation marks in direct quotations
- Write complex sentences



Writing

## Get Ready to Read

Think about the questions below or discuss them with a partner.

- Agree or disagree: Tests should be banned from schools.
- What tips would you give to a friend who is about to take a test?

Think about the title *Put to the Test*. Which of these words do you think will be in the text?

fridge	luck
underwear	tuba
eyelid	section
time	marathon
instructions	reading
Paris	writing

## Reading Strategy

Readers check their understanding of a text while they read. One strategy is to think about tone. **Tone** refers to the attitude of the writer. For example, a writer's attitude can be playful, serious, happy, sad, supportive, or hurtful.

Try this strategy as you read *Put to the Test*. How would you describe the tone of this text? Why?

## Vocabulary

Find these words in the text. Use the context to choose the best meaning.

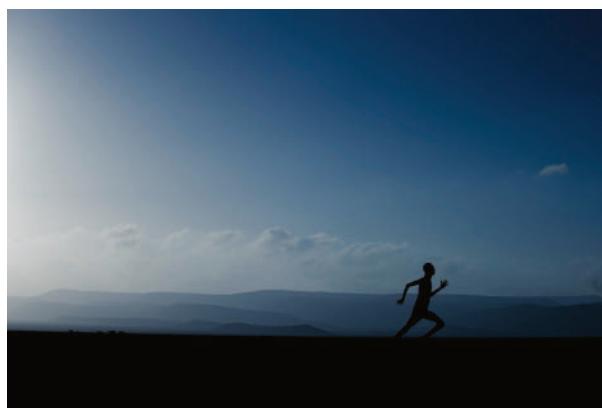
independent	plenty	enough	comprehension
temples	backup plan	marathon	

1. A running race that lasts a long time is called a \_\_\_\_\_.
2. \_\_\_\_\_ means the ability to understand.
3. \_\_\_\_\_ means doing something without help.
4. \_\_\_\_\_ means equal to what is needed.
5. \_\_\_\_\_ means lots of something; a number of something that is enough.
6. Something that can be done if the first plan doesn't work is called a \_\_\_\_\_.
7. The small flat areas on the sides of your forehead are called \_\_\_\_\_.

Check your work with the Answer Key at the end of this chapter.

## Check Your Understanding

1. Re-read paragraph three. What is the main idea of this paragraph?
2. Put these events in order.
  - a. Put your name on it.
  - b. Do your best on every question.
  - c. Make sure you answered every question and used correct grammar and spelling.
  - d. Take care of your basic needs.
  - e. Look over the whole test to see how many marks each section is worth.
  - f. Read the instructions and questions carefully.
  - g. Study the types of questions often found on reading and writing tests.



Runner

Answer these questions in complete sentences.

3. What sections in a test should you spend the most time on?
4. How is writing a test like running a marathon? How is it different?
5. What is positive self-talk?

6. The text strongly recommends doing two things that students often forget to do. What are the two things?

Make an inference to answer these questions. An inference is an educated guess.

7. Why do you think positive self-talk works?

8. Why do you think students often skip pre-reading and pre-writing exercises?

Check your work with the Answer Key at the end of this chapter.

## Spelling

Study these words. The prefix **pre-** means “before.” The prefix **ex-** means “out of” or “from.” Arrange a date to be tested on your ability to spell these words.

prepare	example
preview	express
prepaid	excuse
preheat	exercise
prefer	

One way to learn to spell new words is to look at one closely, cover it up, try to spell it, and then check it. Try this strategy below.

1. prepare \_\_\_\_\_
2. preview \_\_\_\_\_
3. prepaid \_\_\_\_\_
4. preheat \_\_\_\_\_
5. prefer \_\_\_\_\_
6. example \_\_\_\_\_
7. express \_\_\_\_\_
8. excuse \_\_\_\_\_
9. exercise \_\_\_\_\_

## Direct Quotations

Quotation marks are used to show that the words inside them are the exact words that someone said, thought, or wrote.

Below is an example from the text:

Some runners use positive self-talk when they are struggling. They tell themselves things like, “I feel good about myself and my abilities. I am not going to worry. I will do the best that I can.”

Notice that a comma follows the word right before the quotation. The end punctuation goes inside the last quotation mark.

Fill in the missing quotation marks, commas, and end punctuation in the sentences below.

1. A parrot named Alex was the first animal to ask a human a question about himself. Alex asked What colour am I
2. When Alex got bored of working with his trainer, he would say Wanna go back!
3. The night before Alex died, he spoke his last words to his trainer. He said Be good. Good night. I love you
4. Koko is a gorilla who can speak a form of American Sign Language. She knows about 1,000 signs and has the ability to create logical words for things she doesn't know the name of. For example, for ring she said finger bracelet and for mask she said eye hat
5. There was a seal named Hoover who lived in an aquarium. Hoover said How are ya to some visitors. To other visitors he said Get outta here!
6. An elephant named Batyr learned 20 different phrases. He could say Batyr is good He could also say Batyr is hungry

Check your work with the Answer Key at the end of this chapter.

## Complex Sentences

### Grammar Rule

- You have learned that a compound sentence is made by joining two complete sentences. On the other hand, a complex sentence is made by joining one complete sentence with a sentence fragment. Together, they make one complete sentence.

- You can put the two parts in whatever order you prefer. Below are two correct complex sentences:
  - Before you hand in your test, you should review your answers.  
or
  - You should review your answers before you hand in your test.
- Both sentences are made of a sentence fragment (“Before you hand in your test”) and a complete sentence (“You should review your answers”).
- If you put the fragment first, follow it with a comma. If you put the fragment last, do not use a comma.
- Fragments often begin with one of these words:

after	although	as	because
before	even if	even though	if
in order to	since	so that	unless
until	when	while	

Read each complex sentence below. Insert commas as needed. Remember that not all complex sentences need a comma.

1. If you want breakfast in bed you should sleep in the kitchen.
2. To escape a black hole you must go faster than the speed of light.
3. After a spider web has collected dust it becomes a cobweb.
4. The Ski-Doo cost \$900 when it first came out in the 1950s.
5. Until 1920 people in British Columbia drove their cars on the left side of the road.

Check your work with the Answer Key at the end of this chapter.

Look at the sentence fragments below. Use your own ideas and the rules you have learned to turn them into complex sentences.

1. If you want to wake someone up really quickly.
2. When riding on the bus.
3. When I was five years old.
4. Until the day I die.

5. Before you buy a lottery ticket.

Look at the complete sentences below. Use the word in brackets and your own ideas to turn them into complex sentences.

1. I love long car rides. (unless)
2. A dog can be a person's best friend. (although)
3. I was about to pay the bill. (when)
4. I filled the birdfeeder with seeds. (before)
5. The seal watched me from the water. (while)

Ask your instructor to check your work.

## Writing

### *Writing Task*

Life tests us in many ways. There are school tests, drivers' tests, and job interviews. Then, there are situations that test our patience, our love, our loyalty, and our beliefs. What words of wisdom and encouragement have helped you make it through life's tests? Fill in the [Inspiring Words](#) worksheet. Use quotation marks correctly.

Ask your instructor for a copy of the worksheet, or print one from the link above. For a printable version, see [Appendix 1](#).

## **Answer Key**

<b>Vocabulary</b>	
QUESTION	ANSWER
1	marathon
2	comprehension
3	independent
4	enough
5	plenty
6	backup plan
7	temples
<b>Check Your Understanding</b>	
QUESTION	ANSWER
1	Take care of your basic needs before the test begins.
2	g, d, a, e, f, b, c
3	Spend the most time on questions that are worth the most marks.
4	Writing a test is like running a marathon because you have to do your best over a long period of time. It is different from a marathon because it does not matter who finishes first.
5	Positive self-talk is when you tell yourself things that help you feel good and do your best. (Your explanation may use different words to make the same point.)
6	The text recommends doing pre-reading and pre-writing exercises.
7	Answers may vary. Example: Positive self-talk might work because it builds confidence so that we can focus on what we are doing. It helps put an end to negative thoughts about ourselves that can feel distracting and overwhelming.
8	Students probably skip pre-reading and pre-writing exercises because they think it will save them time.
<b>Direct Quotations</b>	
QUESTION	ANSWER
1	A parrot named Alex was the first animal to ask a human a question about himself. Alex asked, "What colour am I?"
2	When Alex got bored of working with his trainer, he would say, "Wanna go back!"
3	The night before Alex died, he spoke his last words to his trainer. He said, "Be good. Good night. I love you."
4	Koko is a gorilla who can speak a form of American Sign Language. She knows about 1,000 signs and has the ability to create logical words for things she doesn't know the name of. For example, for ring she said, "finger bracelet" and for mask she said, "eye hat."
5	There was a seal named Hoover who lived in an aquarium. Hoover said, "How are ya?" to some visitors. To other visitors he said, "Get outta here!"
6	An elephant named Batyr learned 20 different phrases. He could say, "Batyr is good." He could also say, "Batyr is hungry."
<b>Complex Sentences</b>	
QUESTION	ANSWER
1	If you want breakfast in bed, you should sleep in the kitchen.

2	To escape a black hole, you must go faster than the speed of light.
3	After a spider web has collected dust, it becomes a cobweb.
4	The Ski-Doo cost \$900 when it first came out in the 1950s.
5	Until 1920, people in British Columbia drove their cars on the left side of the road.

## Attributions

### Writing

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### Runner

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# The Sixth Sense: Intuition

## *Learning Goals*

In this chapter, you will learn to:

- Use pre-reading strategies
- Make predictions to check your understanding of a text
- Build your vocabulary
- Understand the main ideas, details, and sequence of a text
- Draw conclusions about characters' emotions
- Add suffixes to 1-1-1 words
- Use commas in place names and dates
- Edit for subject-verb agreement
- Write a narrative paragraph



Glass ball

## Get Ready to Read

Think about the questions below or discuss them with a partner.

- Describe a time when you had a gut feeling that was either right or wrong.
- Do you think people should trust their gut feelings?
- Do you think some people can predict the future?

## Reading Strategy

Readers check their understanding of a text while they read. One strategy is to make predictions while you read. For example, read the first paragraph of [The Sixth Sense: Intuition](#).

A fire broke out in the kitchen of a house in Chicago, Illinois. A team of firefighters kicked down the door of the house. They stood in the living room as they sprayed water at the fire in the kitchen. Strangely, the fire would not go out. One of the firefighters had a feeling that something was very wrong. "Get out, now!" he ordered. The team ran out of the house. Moments later, the floor they had been standing on in the living room collapsed.

Predict why the floor collapsed. Predict how the firefighter knew to get his team out of the house. Then read on to see if your predictions were correct. This strategy helps you actively think about what you are reading, to build a deeper understanding.

Use this strategy as you read [The Sixth Sense: Intuition](#).

## Vocabulary

Find these words in the text. Use the context to choose the best meaning.

order	collapse	unusually	reputation	shortcut	inferior
reason	valued	spiritual	bias	accurate	

1. A quicker and easier way to get someplace or do something is called a \_\_\_\_\_.
2. A tendency to unfairly think of some things are better than others is called a \_\_\_\_\_.
3. \_\_\_\_\_ means to break apart or fall down suddenly.
4. Something is \_\_\_\_\_ if it is free from mistakes or errors.
5. \_\_\_\_\_ means in a way that is not normal.
6. \_\_\_\_\_ means less in quality or importance.
7. \_\_\_\_\_ describes things related to the human soul.
8. \_\_\_\_\_ is the power of the mind to think and understand in a logical way.
9. A \_\_\_\_\_ is the way people think about something or someone.
10. Something that is \_\_\_\_\_ is thought of as important.
11. \_\_\_\_\_ means to tell someone to do something.

Check your work with the Answer Key at the end of this chapter.

## Check Your Understanding

### 1. Which of these sentences summarizes the main idea?

- a. Firefighters use intuition to decide if a situation is safe.
- b. Intuition is not as useful as reason when making decisions.
- c. Intuition is a useful ability of the human brain that we should use in balance with reason.

Answer these questions using complete sentences.

- 2. What is intuition?
- 3. What is the main idea of paragraph six?
- 4. What is the main idea of paragraph seven?
- 5. How did the firefighter explain why he knew to get out of the burning house?
- 6. How did the researcher explain why the firefighter knew to get out of the burning house?
- 7. Find three synonyms for intuition used in the text.
- 8. What did scientists think of as better than intuition?
- 9. What different ways of knowing in First Nations cultures are mentioned in the text?
- 10. How do you think the firefighter felt when he saw the floor of the house collapse?

Check your work with the Answer Key at the end of this chapter.



Firefighter

## Spelling

A **1-1-1 word** is a word that has one syllable, one vowel, and ends with one consonant. Always double the consonant before adding a suffix to a 1-1-1 word.

Examples of 1-1-1 Words	
run	running
stop	stopping
trip	tripping
drop	dropping
clap	clapping

Study these words. Arrange a date to be tested on your ability to spell these words.

1. getting
2. putting
3. planned
4. sunny
5. hunter
6. loaded
7. sharpest
8. baggage
9. shipping

10. leader

1. One way to learn new words is to look for patterns. Which of these words are 1-1-1 words and which are not? Make two lists. Try not to look at the list above.

lead	sharp	put	load	get
ship	bag	sun	plan	hunt

1-1-1 Words	Not 1-1-1 Words

Spell each word correctly after adding the suffix. Try not to look at the spelling list.

2. lead + er = \_\_\_\_\_

3. sharp + est = \_\_\_\_\_

4. put + ing = \_\_\_\_\_

5. load + ed = \_\_\_\_\_

6. get + ing = \_\_\_\_\_

7. ship + ing = \_\_\_\_\_

8. bag + age = \_\_\_\_\_

9. sun + y = \_\_\_\_\_

10. plan + ed = \_\_\_\_\_

11. hunt + er = \_\_\_\_\_

Check your work with the Answer Key at the end of this chapter.

## Commas with Place Names and Dates

### Grammar Rule

- Use a comma between the name of a city and the name of a province or state.

Example: A fire broke out in the kitchen of a one-storey house in Chicago, Illinois.

- Use a comma between the name of a province and the name of a country.

Example: Over 4 million people live in British Columbia, Canada.

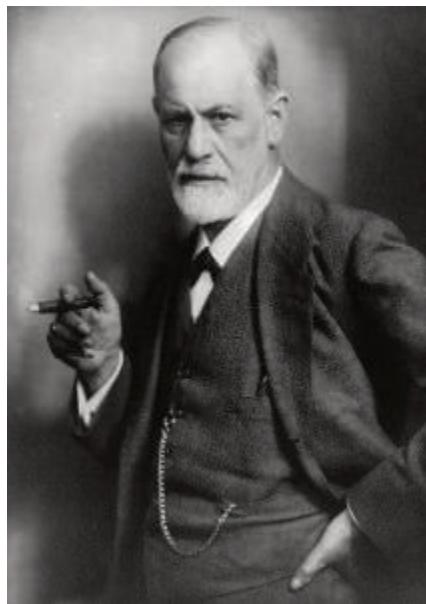
- Use a comma between the day and the year in a date.

Example: The fire broke out on March 6, 1998.

### Fill in the commas in the sentences below.

1. There is a place called Intuition Peak in South Shetland Islands Antarctica.
2. Carl Jung was born on July 26 1875. During his life, he developed a theory that we are all born with memories from our ancestors.
3. Jung died on June 6 1961. He died in Zurich Switzerland. Since then, his idea has been proven wrong.
4. Sigmund Freud was born on May 6 1856. He spent most of his life in Vienna Austria. He studied the human mind. He thought he could help people with their mental problems by studying their dreams.
5. Freud died on September 23 1939. He died in London England.

Check your work with the Answer Key at the end of this chapter.

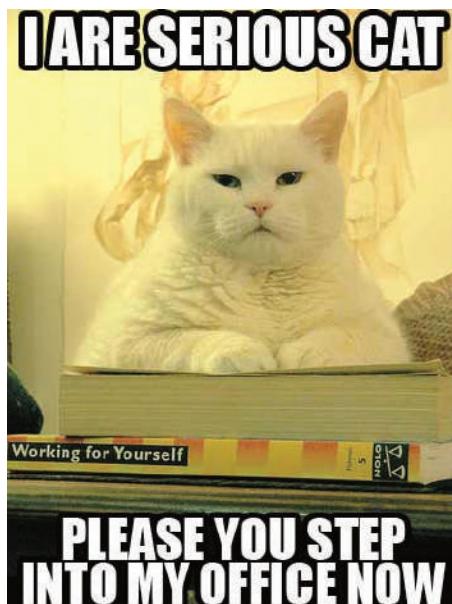


Sigmund Freud

## Subject-Verb Agreement

You have learned that **subject** refers to the people, places, or things that do the action in a sentence. In this lesson, you'll study how verbs must **agree** with their subjects.

There is a popular blog on the Internet called "I Can Has Cheezburger?" The blog is full of pictures of cats using grammar in ways that might make your instructor cringe. The cats tend to use verbs that do not agree with their subjects. For example, this cat says, "I are serious cat" instead of "I am a serious cat."



Serious cat

Unless you are writing for this blog, use the verbs “be” and “have” correctly. Here’s a quick review:

### Grammar Rule

Be (Simple Present)			Be (Simple Past)	
I	am		I	was
You	are		You	were
He/She/It	is		He/She/It	was
We	are		We	were
They	are		They	were

Have (Simple Present)	
I	have
You	have
She/He/It	has
We	have
They	have

Choose the verb that agrees with each subject.

1. These words have/has no rhymes: diamond, skeleton, silver, and month.
2. A butterfly have/has the ability to taste with its feet.
3. Elephants is/are the only land animals that can't jump.
4. Mohammed is/are the most common name in the world.
5. Station wagons was/were replaced by mini-vans and SUVs.
6. The umbrella was/were invented in Africa as a way to protect people from the sun.

Check your work with the Answer Key at the end of this chapter.



Baby elephant

### Grammar Rule

- Sometimes there are words between the subject and the verb. These words often trick people into using the wrong verb form.
  - ~~People in Japan has the highest life expectancy in the world.~~
  - People in Japan have the highest life expectancy in the world.

Underline the subject in each sentence. Choose the verb that agrees with the subject.

7. Couples who marry in January, February, and March have/has the highest divorce rates.
8. The cherry trees on my street is/are so beautiful.
9. The eyes of a chameleon is/are able to move in two different directions at the same time.
10. The kitten with the big green eyes was/were the cutest.
11. The cookies on the kitchen counter wasn't/weren't actually for you.

Check your work with the Answer Key at the end of this chapter.

## Writing

### *Writing Task*

Choose one of the writing tasks below:

1. People often report having feelings or dreams that predict or warn them about a future event. For example, the firefighter in the text you read knew he needed to get his team out of the house, even though he didn't know why. Moments later, the floor they were standing on collapsed. Have you ever had a gut feeling like this? Write a paragraph telling the story of what happened.
2. There's an old saying that goes, "You can't believe everything you think." Tell the story of a time when you thought something was true, but it turned out to be completely wrong.

Follow the TOWER method:

- **Think** of experiences you have had that fit the writing task you have chosen. Decide which one will make the best story. Think about who was involved, what happened, where it happened, and why it happened.
- **Organize** your ideas into a beginning, middle, and end.
- **Write** a first draft. Include a topic sentence, details, linking words, and a concluding sentence.
- **Edit** your work, with the help on your instructor and [The Sixth Sense: Intuition](#) story checklist.
- **Rewrite** your paragraph. You may wish to type it on a computer. Finally, hand it in to your instructor.

Ask your instructor for a copy of the checklist, or print one from the link above. For a printable version, see [Appendix 2](#).

## **Answer Key**

<b>Vocabulary</b>	
QUESTION	ANSWER
1	shortcut
2	bias
3	collapse
4	accurate
5	unusually
6	inferior
7	spiritual
8	reason
9	reputation
10	valued
11	order
<b>Check Your Understanding</b>	
QUESTION	ANSWER
1	c
2	Intuition is the ability to know something without proof.
3	Sometimes intuition is more useful than reason.
4	We can't always trust our intuition because our brains often have biases.
5	The firefighter believed he knew to get the team out of the house because he had the ability to know the future.
6	The researcher believed that the firefighter's intuition recognized that there was a fire in the basement.
7	Three synonyms for intuition found in the text are gut feeling, instinct, and sixth sense.
8	Scientists have often thought of reason as better than intuition.
9	The text mentions three ways of knowing recognized by First Nations cultures. Knowledge can be passed down from elders. It can be gained from experience. It can also be revealed through dreams, visions, and intuitions.
10	Answers may vary. The firefighter may have felt relieved that he got his team out of the building, shocked that he could have died, and surprised that he somehow knew the situation was not safe.
<b>Spelling</b>	
QUESTION	ANSWER
1	<b>1-1-1 Words:</b> put, get, ship, bag, sun, plan
	<b>Not 1-1-1 Words:</b> lead, sharp, load, hunt
2	leader
3	sharpest
4	putting
5	loaded

6	getting
7	shipping
8	baggage
9	sunny
10	planned
11	hunter

#### Commas with Place Names and Dates

QUESTION	ANSWER
1	There is a place called Intuition Peak in South Shetland Islands, Antarctica.
2	Carl Jung was born on July 26, 1875. During his life, he developed a theory that we are all born with memories from our ancestors.
3	Jung died on June 6, 1961. He died in Zurich, Switzerland. Since then, his idea has been proven wrong.
4	Sigmund Freud was born on May 6, 1856. He spent most of his life in Vienna, Austria. He studied the human mind. He thought he could help people with their mental problems by studying their dreams.
5	Freud died on September 23, 1939. He died in London, England.

#### Subject-Verb Agreement

QUESTION	ANSWER
1	have
2	has
3	are
4	is
5	were
6	was
7	Couples who marry in January, February, and March <b>have</b> the highest divorce rates.
8	The <u>cherry trees</u> on my street <b>are</b> so beautiful.
9	The <u>eyes</u> of a chameleon <b>are</b> able to move in two different directions at the same time.
10	The <u>kitten</u> with the big green eyes <b>was</b> the cutest.
11	The <u>cookies</u> on the kitchen counter <b>weren't</b> actually for you.

## Attributions

### Glass ball

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### Firefighter

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**Sigmund Freud**

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**Serious cat**

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**Baby elephant**

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# The Big Five: Personality

## *Learning Goals*

In this chapter, you will learn to:

- Use pre-reading strategies
- Set a purpose for reading
- Build your vocabulary
- Understand the main ideas and details of a text
- Draw conclusions
- Spell words with the suffix -ous
- Use commas with appositives
- Edit for shifting verb tense
- Write a descriptive paragraph



*Personality*

## Get Ready to Read

Think about the questions below or discuss them with a partner.

- How do others see you?
- How do you see yourself?
- What do you like about your personality?
- If you could change one thing about your personality, what would it be?

## Reading Strategy

Readers use texts for many different purposes. We read stories for enjoyment. We read the news to find out what is happening in the world. We read cookbooks to follow a recipe. We read instructions to find out how to put together or use something new. Before you read, think about your purpose for reading. It is easier to use a text when we know why we are using it. The next text you will read is called [The Big Five: Personality](#). Below are some examples of purposes for reading this text:

- To find out more about your personality. As you read, you might ask yourself, “What words in this text describe my personality?”
- To learn what “the big five” are. As you read, you might circle the words that make up “the big five.”
- To find the vocabulary words and figure out what they mean.
- To enjoy yourself.

You may wish to re-read a text a few times, with a different purpose each time. This is a way to get as much information, enjoyment, and reading practice from a text as possible.

Try setting a purpose for reading [The Big Five: Personality](#).

## Vocabulary

Find these words in the text. Use the context to choose the best meaning.

upbringing	bossy	fussy	curious	unpredictable
practical	closed-minded	stubborn	genes	

1. Someone who is \_\_\_\_\_ is able to deal with daily life in a way that makes sense.
2. Someone who is \_\_\_\_\_ is hard to please.
3. Someone who is \_\_\_\_\_ is not behaving as expected.
4. Someone who is \_\_\_\_\_ is not willing to listen to different ideas or opinions.
5. Someone who is \_\_\_\_\_ refuses to change their ideas or stop doing something.
6. Someone who is \_\_\_\_\_ tends to tell others what to do.
7. A \_\_\_\_\_ is the part of a cell that controls how a living thing looks and grows.
8. \_\_\_\_\_ refers to the way a child is raised.
9. Someone who is \_\_\_\_\_ wants to know about things.

Check your work with the Answer Key at the end of this chapter.

## Check Your Understanding

Answer these questions in complete sentences.

1. What are the five factors researchers use to describe personality?
2. What is the advantage of being an introvert?
3. What is the advantage of being less agreeable?
4. What is the disadvantage of being open?
5. What is the disadvantage of being conscientious?
6. What is the advantage of being less sensitive?



Teenager

**Antonyms** are words that have an opposite meaning. Find an antonym in the text for the words below.

7. open
8. extrovert
9. stubborn

Read the descriptions of each person below. Match the personality trait to each person.

open	conscientious	agreeable	introverted	sensitive
------	---------------	-----------	-------------	-----------

10. Lee always does her homework and is never late for school. She writes everything in black pen because she thinks blue looks too messy.
11. Tim loves his partner so much he could burst. He wrote a poem to express his feelings, but was so worried his partner would hate it that he tore it up.
12. On most Friday nights, you'll find Juan in his pajamas reading a book. If the phone rings, he looks to see who's calling. He won't answer it unless it's his best friend.
13. Sam likes to skateboard, fly kites, play the keyboard, and go bowling. He might join a soccer team next summer.
14. Frieda always greets the people she sees on the street. Once a week, she mows her neighbour's lawn. Today, she lent her favourite book to a guy she met on the bus. She's pretty sure she'll get it back.

Check your work with the Answer Key at the end of this chapter.

## Spelling

Study these words ending in **-ous**. The suffix **-ous** means “full of.” Arrange a date to be tested on your ability to spell these words.

various	famous
serious	nervous
previous	generous
obvious	dangerous
curious	enormous

One way to figure out how to spell a word is to sound out each syllable. Break up these words into their syllables.

1. various = \_\_\_\_\_

2. serious = \_\_\_\_\_

3. previous = \_\_\_\_\_

4. obvious = \_\_\_\_\_

5. curious = \_\_\_\_\_

6. famous = fa \_\_\_\_\_

7. nervous = \_\_\_\_\_

8. generous = \_\_\_\_\_ er \_\_\_\_\_

9. dangerous = \_\_\_\_\_ ger \_\_\_\_\_

10. enormous = \_\_\_\_\_ nor \_\_\_\_\_

Check your work with the Answer Key at the end of this chapter.

## Commas with Appositives

### Grammar Rule

Extra information in a sentence is called an **appositive**. If you delete the appositive, you will still have a complete sentence.

Use a comma before and after the appositive.

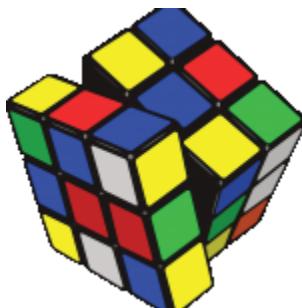
Sentence	Sentence with extra information
Dave is easy-going.	Dave, my teacher, is easy-going.
My dog loves adventure.	My dog, a Jack Russell named Huck, loves adventure.
This book is interesting.	This book, <i>The Giver</i> , is interesting.

If the appositive comes at the end of the sentence, only use a comma before the appositive.

Sentence	Sentence with extra information
This is my friend.	This is my friend, Raven.
Canada comes from the Mohawk word “kanata.”	Canada comes from the Mohawk word “kanata,” which means “village.”
She goes to Vancouver Community College.	She goes to Vancouver Community College, the biggest and oldest college in British Columbia.

Fill in the commas in the sentences below.

1. Many animals such as starfish and jellyfish survive without a brain.
2. Aristotle the world's first great scientist thought that the brain's only job was to keep the body from getting too hot.
3. A doctor in the 1790s Franz Joseph Gall believed he could figure out a person's personality by studying the bumps on their head.
4. The corpus callosum which allows both sides of the brain to talk to each other is bigger in most musicians.
5. According to a popular personality test which is known as the Myers-Briggs Type Indicator there are 16 personality types.
6. The Rubik's Cube which tests a person's ability to visualize is the world's best-selling toy.
7. Sign language which is based on the use of sight uses the same parts of the brain as language that is based on the use of sound.



Rubik's Cube

Check your work with the Answer Key at the end of this chapter.

## Shifting Verb Tense

You have learned about some of the common errors to avoid in your paragraph writing: fragments, run-ons, and subject-verb problems. The final error explored in this book is the shifting verb tense.

When you write a paragraph, choose a verb tense and stick to it unless you have a good reason not to.

Look at the paragraph below. Does it begin in past, present, or future tense? What verb tense does it shift to for no reason? Rewrite the paragraph in one consistent verb tense.

### Five Ways of Dealing with Conflict

There are five styles for dealing with conflict: turtle, teddy bear, shark, owl, and fox. The turtle hides his head in his shell and hopes the trouble will go away. The teddy bear will try to make everyone feel better, even if it means putting others' needs first. The shark just wants to win the argument and doesn't care about how others feel. The fox will look for compromise, where one side or both sides give up part of what they want. The owl will look for win-win solutions where both sides get what they want. Which one of these five approaches to dealing with conflict best describes you?



Turtle

Check your work with the Answer Key at the end of this chapter.

## Writing

### *Writing Task*

There are many personality tests that help people figure out what job would be a good match for them. Choose a job, such as doctor, parent, social worker, or server. Describe the kind of personality someone needs to succeed in this job.

Follow the TOWER method:

- **Think** about what jobs you might like to write about. Choose one. Brainstorm some of the qualities a person needs to be successful in this job. Try to use interesting vocabulary words.
- **Organize** your ideas. What details will you include? What order will you put them in?
- **Write** your first draft. Include a topic sentence, details, linking words, and a concluding sentence.
- **Edit** your paragraph, with the help of your instructor and [The Big Five: Personality](#) description checklist.
- **Rewrite** a final copy of your paragraph. You may wish to type it on a computer. Finally, hand it in to your instructor.

Ask your instructor for a copy of the checklist, or print one from the link above. For a printable version, see [Appendix 2](#).

## **Answer Key**

<b>Vocabulary</b>	
QUESTION	ANSWER
1	practical
2	fussy
3	unpredictable
4	closed-minded
5	stubborn
6	bossy
7	gene
8	upbringing
9	curious
<b>Check Your Understanding</b>	
QUESTION	ANSWER
1	The five factors that researchers use to describe personality are how open, conscientious, extroverted, agreeable, and sensitive a person is.
2	The advantage of being an introvert is that introverts tend to be good at listening and reflecting.
3	The advantage of being less agreeable is that this kind of person can challenge others to do what is right.
4	The disadvantage of being open is that this kind of person may be seen as unpredictable or unfocussed.
5	The disadvantage of being conscientious is that this kind of person may be seen as stubborn or fussy.
6	The advantage of being less sensitive is that this kind of person is more likely to feel calm, relaxed, and confident.
7	closed
8	introvert
9	easy-going
10	Lee is conscientious.
11	Tim is sensitive.
12	Juan is introverted.
13	Sam is open.
14	Frieda is agreeable.
<b>Spelling</b>	
QUESTION	ANSWER
1	var - i - ous
2	ser - i - ous
3	pre - vi - ous
4	ob - vi - ous
5	cur - i - ous

6	fa - mous
7	ner - vous
8	gen - er - ous
9	dan - ger - ous
10	e - nor - mous

### Commas with Appositives

QUESTION	ANSWER
1	Many animals, such as starfish and jellyfish, survive without a brain.
2	Aristotle, the world's first great scientist, thought that the brain's only job was to keep the body from getting too hot.
3	A doctor in the 1790s, Franz Joseph Gall, believed he could figure out a person's personality by studying the bumps on their head.
4	The corpus callosum, which allows both sides of the brain to talk to each other, is bigger in most musicians.
5	According to a popular personality test, which is known as the Myers-Briggs Type Indicator, there are 16 personality types.
6	The Rubik's Cube, which tests a person's ability to visualize, is the world's best-selling toy.
7	Sign language, which is based on the use of sight, uses the same parts of the brain as language that is based on the use of sound.

### Shifting Verb Tense

This paragraph begins in the present tense and shifts to the future tense for no good reason. Here is a corrected version:

There are five styles for dealing with conflict: turtle, teddy bear, shark, owl, and fox. The turtle hides his head in his shell and hopes the trouble will go away. The teddy bear **tries** to make everyone feel better, even if it means putting others' needs first. The shark just wants to win the argument and doesn't care about how others feel. The fox **looks** for compromise, where one side or both sides give up part of what they want. The owl **looks** for win-win solutions where both sides get what they want. Which one of these five approaches to dealing with conflict best describes you?

## Attributions

### Personality

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### Teenager

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### Rubik's cube

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### Turtle

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# Secrets of a Happy Brain

## *Learning Goals*

In this chapter, you will learn to:

- Use pre-reading strategies
- Build your vocabulary
- Understand the main ideas and details of a text
- Spell words using the “i before e” rule
- Use apostrophes to show possession
- Write a personal letter



Happy

## Get Ready to Read

Think about the question below or discuss it with a partner.

- What do you need to be happy?

Predict which of these things researchers say bring happiness:

- money
- friends
- fame
- power

- good looks
- exercise
- being kind
- being good at something

## Reading Strategy

In this book, you have learned about many strategies for checking your understanding of a text while you read:

- Check if you can visualize what's being described
- Check if you can retell the main idea in your own words
- Check if you can answer any of the five W's: who, what, where, when, or why
- Check if you can figure out unknown words by using the words around them
- Ask questions as you read and see whether the text gives the answers
- Think about the tone of the text
- Make predictions and read on to check them
- Read with a purpose in mind

Choose one of these strategies to use as you read *Secrets of a Happy Brain*.

## Vocabulary

Find these words in the text. Use the context to choose the best meaning.

positive	negative	immediate	ancestor	shelter
circumstances	psychologist	empathy	effective	meditation

1. A building that covers and protects people or things is called a \_\_\_\_\_.
2. A person who was in someone's family in past times is called an \_\_\_\_\_.
3. A scientist who studies and treats the mind is called a \_\_\_\_\_.
4. \_\_\_\_\_ means good or useful.
5. \_\_\_\_\_ means happening or done without delay.
6. \_\_\_\_\_ means harmful or bad.
7. Something is \_\_\_\_\_ if it produces the result that is wanted.
8. \_\_\_\_\_ is the ability to understand someone's feelings.
9. \_\_\_\_\_ is the act of spending time in quiet thought.

10. \_\_\_\_\_ are the conditions in which someone lives.

Check your work with the Answer Key at the end of this chapter.

## Check Your Understanding

1. What is the main idea of this text?
2. What are the seven habits that make people happier?

Fill in the blanks for the sentences below.

3. When it comes to happiness, the quality of our friendships is more important than the \_\_\_\_\_ of friends we have.
4. Some research has shown that \_\_\_\_\_ can be as effective as medication in treating depression.
5. \_\_\_\_\_ is when we are so interested in an activity that we lose track of time.
6. \_\_\_\_\_ is a synonym for grateful.
7. Going to a place of worship or praying are two ways of practicing \_\_\_\_\_.

Check your work with the Answer Key at the end of this chapter.



Buddhist monk

## Spelling

The **i before e spelling rule** says: use **i** before **e** except after **c**. Arrange a date with your instructor to be tested on your ability to spell these words:

receive	niece
believe	ceiling
experience	either
achieve	weigh
relieve	neighbour

One way to learn to spell new words is learn a rule and then remember which words break the rule. Sort the words into two lists. Which words follow the rule? Which words break the rule?

Rule Followers	Rule Breakers

## Apostrophes in Possessive Nouns

### Grammar Rule

- Use an apostrophe and **s** to write the possessive form of a singular noun.  
The tree's largest branch broke off in the wind.
- Use only an apostrophe to write the possessive form of a plural noun that ends in **s**.  
The twins' hobbies include chess and ping-pong.
- Use an apostrophe and **s** to write the possessive form of a plural noun that does not end in **s**.  
The women's bathroom is down the hall.

Fill in the apostrophes in the sentences below.

1. Some research suggests that the worlds happiest country is Denmark.
2. The part of the brain that allows you to speak is named after Pierre Paul Broca. It is called Brocas area.
3. As soon as a baby is born, it can tell the difference between its mothers voice and all other sounds.
4. Old peoples brains are usually smaller and lighter than young adults brains, but they still make new cells and work well.
5. Einsteins brain was smaller than average.
6. Taxi drivers in London spend up to four years studying all the streets and buildings in order to get their license. The taxi drivers hippocampus, the part of their brain used for remembering, is bigger than it is in most peoples brains.

Check your work with the Answer Key at the end of this chapter.

## Writing

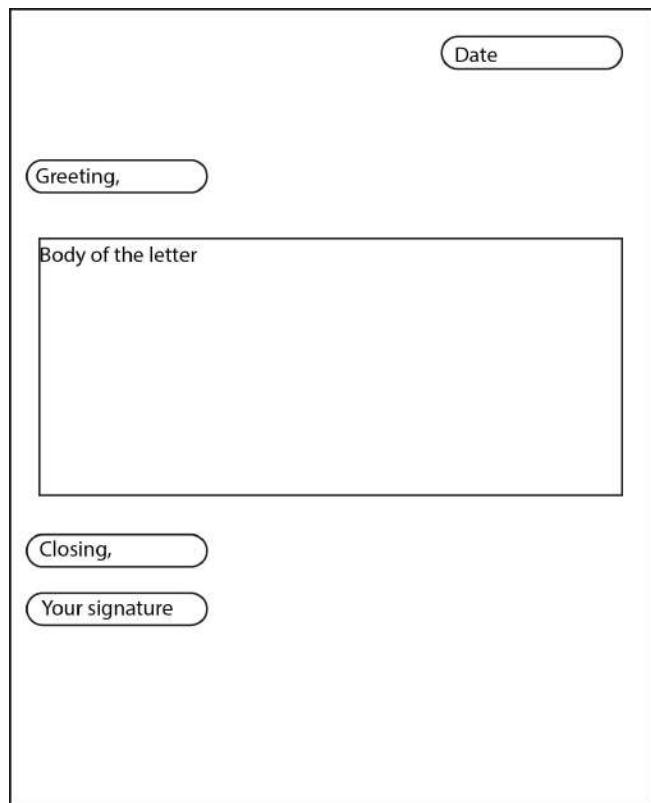
### Writing Task

Being grateful is linked to being happy. Write a thank you letter to someone who has made a positive difference in your life. Let them know what they did and how it helped you.

Follow the TOWER method:

- **Think** about some of the people who have made your life better. Choose the one person you would most like to write about. Think of some examples of how they made a difference in your life.
- **Organize** your ideas. Which details will you include? Which ones will you leave out? What order will you write them in?
- **Write** a first draft. Follow the format for writing personal letters shown below. Common greetings include: Dear, To, or Hi. Common closings include: From, Sincerely, or Love.
- **Edit** your work, with the help of an instructor and the [Secrets of a Happy Brain](#) personal letter checklist.
- **Rewrite** your letter. You may wish to type it on a computer. Finally, hand it in to your instructor. You may also wish to give it to the person you wrote to!

Ask your instructor for a copy of the checklist, or print one from the link above. For a printable version, see [Appendix 2](#).



Personal letter

## **Answer Key**

<b>Vocabulary</b>	
QUESTION	ANSWER
1	shelter
2	ancestor
3	psychologist
4	positive
5	immediate
6	negative
7	effective
8	empathy
9	meditation
10	circumstances

<b>Check Your Understanding</b>	
QUESTION	ANSWER
1	The main idea of this text is that there are seven habits that make people happier.
2	The seven habits that make people happier are forming close relationships, being kind, getting exercise, finding their flow, being spiritual, discovering and using their strengths, and thinking positively.
3	number
4	exercise
5	flow
6	thankful
7	spirituality

<b>Spelling</b>	
QUESTION	ANSWER
Rule followers	receive, believe, experience, relieve, niece, ceiling
Rule breakers	either, weigh, neighbour

<b>Apostrophes in Possessive Nouns</b>	
QUESTION	ANSWER
1	Some research suggests that the world's happiest country is Denmark.
2	The part of the brain that allows you to speak is called Broca's area.
3	As soon as a baby is born, it can tell the difference between its mother's voice and all other sounds.
4	Old people's brains are usually smaller and lighter than young adults' brains, but they still make new cells and work well.
5	Einstein's brain was smaller than average.

6

Taxi drivers in London spend up to four years studying all the streets and buildings in order to get their license. The taxi drivers' hippocampus, the part of their brain used for remembering, is bigger than it is in most people's brains.

## Attributions

### **Happy**

[Image](#) by [tpsdave](#) is in the [public domain](#).

### **Buddhist monk**

[Image](#) by [sciencefreak](#) is in the [public domain](#).

# Appendix I: Graphic Organizers

Below is a list of the graphic organizers and forms used in this book. These are convenient for students and instructors using the web version of this book.

1. [Back Up Your Opinion](#) – worksheet
2. [How To](#) – paragraph planner
3. [Inspiring Words](#) worksheet – using quotation marks
4. [My Writing Assignments](#)

Print-friendly versions of these same graphic organizers and forms are also provided on the following pages.

# Back Up Your Opinion

Opinion:

Proof #1

Proof #2

Proof #3

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# How To...

This worksheet will help you plan your how-to paragraph.

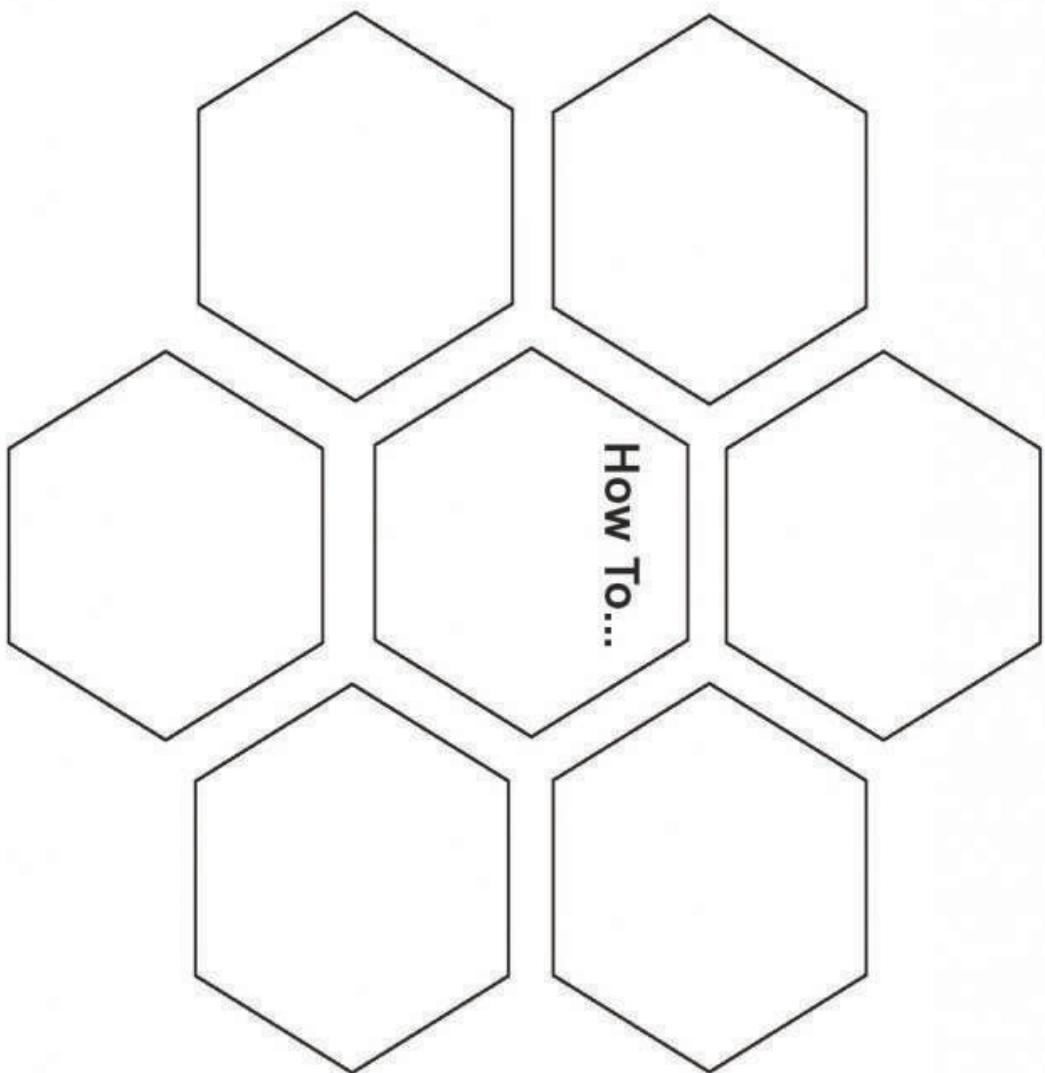
In the center shape, write down the task you want to explain how to do.

Fill in the outside shapes with all the steps a person needs to do to complete the task.

Number each step to show what order they go in.

Finally, write the first draft of your paragraph.

How To...



# Inspiring Words

For when you're put to the test

Name: \_\_\_\_\_

Fill in each speech bubble with a quote  
that inspires you to get through hard times.  
Use proper punctuation.



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# My Writing Assignments

Chapter	Writing Assignment	Due Date	✓
The Most Amazing Structure on Earth	Organize a paragraph		
The Many Faces of Genius	Opinion paragraph: The Smartest Person in BC Award		
The Many Pathways to Knowledge	How-to paragraph: Coping with a challenge		
Boost Your Brainpower	Descriptive paragraph: My perfect classroom		
Memory Magic	Narrative Paragraph: A story about a smell		
Put to the Test	Inspiring quotes worksheet		
The Sixth Sense: Intuition	Narrative paragraph: A story about a gut feeling or why you can't believe everything you think		
The Big Five: Personality	Descriptive paragraph: The best personality for the job		
Secrets of a Happy Brain	Personal Letter: A letter of gratitude		

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# Appendix 2: Writing Assessment Checklists

Click on the links below for checklists that assess learners' writing progress. Print-friendly versions of these same checklists are also provided on the following pages.

Checklist: [The Many Faces of Genius](#)

Checklist: [The Many Pathways to Knowledge](#)

Checklist: [Boost Your Brainpower](#)

Checklist: [Memory Magic](#)

Checklist: [The Sixth Sense: Intuition](#)

Checklist: [The Big Five: Personality](#)

Checklist: [Secrets of a Happy Brain](#)

Note: No checklist is necessary for [The Most Amazing Structure on Earth](#) as learners can check the Answer Key to see if they have put the sentences into the correct order. Likewise, no checklist is needed for [Put to the Test](#). Simply check to make sure learners have used quotation marks correctly. You may also wish to give feedback on grammar.

# Checklist

Name: \_\_\_\_\_

## Opinion: The Many Faces of Genius

	No	Sometimes	Yes
The paragraph starts with a topic sentence that states an opinion.			
The paragraph includes adequate details supporting the opinion.			
The paragraph ends with a concluding sentence that states the opinion in different words.			
Linking words are used to show how the ideas connect.			
All of the sentences have a subject and a verb.			
Most words are spelled correctly.			

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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# Checklist

Name: \_\_\_\_\_

## How To Paragraph Planner: The Many Pathways to Knowledge

	No	Sometimes	Yes
The paragraph starts with a topic sentence that introduces the task being explained.			
The paragraph includes adequate details explaining each step.			
The steps are explained in the correct order.			
Linking words are used to show how the ideas connect.			
All of the sentences are complete. There are no sentence fragments.			
The paragraph ends with a concluding sentence.			
Most words are spelled correctly, including contractions.			

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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# Checklist

Name: \_\_\_\_\_

## Description: Boost Your Brainpower

	No	Sometimes	Yes
The paragraph starts with a suitable topic sentence.			
The paragraph includes lots of details that appeal to the senses.			
Linking words are used to show how the ideas connect.			
All of the sentences are complete. There are no sentence fragments.			
The paragraph ends with a concluding sentence.			
Most words are spelled correctly, including contractions.			
Commas are used correctly.			
The paragraph includes simple and compound sentences.			

Comments: \_\_\_\_\_

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# Checklist

Name: \_\_\_\_\_

## Story: Memory Magic

	No	Sometimes	Yes
The paragraph has a beginning, middle, and end.			
The writer uses interesting vocabulary words.			
Linking words are used to show how the ideas connect.			
All of the sentences are complete. There are no sentence fragments.			
There are no run-on sentences.			
Most words are spelled correctly, including contractions.			
Commas are used correctly.			
The paragraph includes simple sentences and compound sentences.			

Comments: \_\_\_\_\_

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# Checklist

Name: \_\_\_\_\_

## Story: The Sixth Senses: Intuition

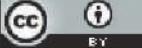
	No	Sometimes	Yes
The paragraph has a beginning, middle, and end.			
The writer uses interesting vocabulary words.			
Linking words are used to show how the ideas connect.			
All of the sentences are complete. There are no sentence fragments.			
There are no run-on sentences.			
Most words are spelled correctly, including contractions.			
Commas are used correctly.			
The paragraph includes simple sentences, compound sentences, and complex sentences.			
The subject in each sentence agrees with its verb.			

Comments: \_\_\_\_\_

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# Checklist

Name: \_\_\_\_\_

## Description: The Big Five: Personality

	No	Sometimes	Yes
The paragraph has a suitable topic sentence.			
The writer uses interesting vocabulary words.			
Linking words are used to show how the ideas connect.			
All of the sentences are complete. There are no sentence fragments.			
There are no run-on sentences.			
Most words are spelled correctly, including contractions.			
Commas are used correctly.			
The paragraph includes simple sentences, compound sentences, and complex sentences.			
The subject in each sentence agrees with its verb.			
The paragraph is told in one verb tense, unless the writer has a good reason to switch to another verb tense.			

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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# Checklist

Name: \_\_\_\_\_

## Personal Letter: Secrets of a Happy Brain

	No	Sometimes	Yes
The letter follows the correct format.			
The writer uses interesting vocabulary words.			
Linking words are used to show how the ideas connect.			
All of the sentences are complete. There are no sentence fragments.			
There are no run-on sentences.			
Most words are spelled correctly, including contractions.			
Commas are used correctly.			
The paragraph includes simple sentences, compound sentences, and complex sentences.			
The subject in each sentence agrees with its verb.			
The paragraph is told in one verb tense, unless the writer has a good reason to switch to another verb tense.			

Comments: \_\_\_\_\_

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# Appendix 3: Level 5 Scope and Sequence

For detailed information on the contents of each chapter in this course pack, please refer to the [Level 5 Scope and Sequence](#) document. A print-friendly version is also provided on the following pages.

# ALFE Level 5 Scope & Sequence

	<b>Reading Skills</b>	<b>Writing Skills</b>
<b>The Most Amazing Structure on Earth</b>	Use pre-reading strategies; self-monitor comprehension; employ strategies for learning and remembering new words; identify main idea, sequence and details in a text.	Use the writing process; use end punctuation; spell words with the suffix -ture; identify the subject in a simple sentence.
<b>The Many Faces of Genius</b>	Use pre-reading strategies; self-monitor comprehension; employ strategies for learning and remembering new words; identify main idea and details in a text; draw conclusions.	Spell words with silent consonants; use colons correctly; identify the verb in a simple sentence; write an opinion paragraph.
<b>The Many Pathways to Knowledge</b>	Use pre-reading strategies; self-monitor comprehension; employ strategies for learning and remembering new words; identify main idea, sequence and details in a text.	Spell common homonyms; use apostrophes in contractions; identify and correct sentence fragments; write a how-to paragraph.
<b>Boost Your Brainpower</b>	Use pre-reading strategies; self-monitor comprehension; employ strategies for learning and remembering new words; identify main idea and details in a text.	Spell words with the suffixes -tion and -sion; use commas in a series; write a compound sentence; write a descriptive paragraph.
<b>Memory Magic</b>	Use pre-reading strategies; self-monitor comprehension; employ strategies for learning and remembering new words; identify main idea, details, and sequence in a text.	Add suffixes to words that end with silent e, use commas after transition words, identify and correct run-on sentences; write a narrative paragraph.

# ALFE Level 5 Scope & Sequence

	<b>Reading Skills</b>	<b>Writing Skills</b>
<b>Put to the Test</b>	Use pre-reading strategies; self-monitor comprehension; employ strategies for learning and remembering new words; identify main idea, details, and sequence in a text; describe the tone of a text; make inferences.	Spell words with the prefixes pre- and ex-; use punctuation marks in direct quotations; write complex sentences.
<b>The Sixth Sense: Intuition</b>	Use pre-reading strategies; self-monitor comprehension; employ strategies for learning and remembering new words; identify main idea, details, and sequence in a text; draw conclusions about characters' emotions; make inferences.	Add suffixes to 1-1-1 words; use commas in place names and dates; edit for subject-verb agreement; write a narrative paragraph.
<b>The Big Five: Personality</b>	Use pre-reading strategies; self-monitor comprehension; employ strategies for learning and remembering new words; identify main idea and details in a text; draw conclusions.	Spell words with the suffix -ous; use commas with appositives; edit for shifting verb tense; write a descriptive paragraph.
<b>Secrets of a Happy Brain</b>	Use pre-reading strategies; self-monitor comprehension; employ strategies for learning and remembering new words; identify main idea and details in a text.	Use the / before e spelling rule; use apostrophes to show possession; write a personal letter.

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# About the Author



Shantel Ivits is an instructor in the Basic Education Department at Vancouver Community College, on the unceded territories of the Musqueam, Squamish, and Tsleil-Waututh Nations.

Shantel has designed curricula for the National Film Board of Canada, the British Columbia Teachers' Federation, and many community-based projects.

Over the past decade, they have taught in literacy programs, university bridging programs, an ESL academy, and K-12 public schools.

They hold a Bachelor of Arts in English Literature from Trent University, as well as a Bachelor of Education and a Master of Arts in Educational Studies from the University of British Columbia.

Shantel identifies as a queer and trans person with white settler privilege. Their goal as an educator is to help people build their capacity to reach their goals and create more socially just communities.

Shantel also enjoys raising awareness that “they” can be used as a singular pronoun!

# Versioning History

This page provides a record of edits and changes made to this book since its initial publication in the B.C. Open Textbook Collection. Whenever edits or updates are made in the text, we provide a record and description of those changes here. If the change is minor, the version number increases by 0.1. If the edits involve substantial updates, the version number increases to the next full number.

The files posted by this book always reflect the most recent version. If you find an error in this book, please fill out the [Report an Open Textbook Error](#) form.

Version	Date	Change	Details
1.0	November 9, 2015	Added to the B.C. Open Textbook Collection.	
1.1	June 11, 2019	Updated the book's theme.	The styles of this book have been updated, which may affect the page numbers of the PDF and print copy.