

Angular displacement  $\Delta\phi = \phi_f - \phi_i$   
 Avg. angular speed  $\bar{\omega} = \frac{\Delta\phi}{\Delta t}$   
 Inst. angular speed  $\omega = \frac{d\phi}{dt}$   
 Avg. angular acceleration  $\bar{\alpha} = \frac{\Delta\omega}{\Delta t}$   
 Inst. angular acceleration  $\alpha = \frac{d\omega}{dt}$   
 $\omega = \omega_0 + \alpha t$   
 $\phi = \phi_0 + \omega_0 t + \frac{1}{2}\alpha t^2$   
 $\omega^2 = \omega_0^2 + 2\alpha(\phi - \phi_0)$   
 $v = v_0 + at$   
 $x = x_0 + v_0 t + \frac{1}{2}at^2$   
 $v^2 = v_0^2 + 2a(x - x_0)$   
 $I = \int_{body} r^2 dm$   
 Rotational kinetic energy:  $K_r = \frac{1}{2}I\omega^2$   
 Translational kinetic energy:  $K_t = \frac{1}{2}mv^2$   
 Parallel Axis Theorem:  $I = I_{cm} + MD^2$   
 Torque:  $\tau = rF\sin\phi = rF_t = I\alpha$   
 “Rolling without slipping” occurs  $\iff$   
 $[S_{cm} = R\phi \wedge v_{cm} = R\omega \wedge a_{cm} = R\alpha]$   
 Rolling motion:  $K = \frac{1}{2}I_{cm}\omega^2 + \frac{1}{2}mv_{cm}^2$   
 $= \frac{1}{2}(I_{cm} + MR^2)\omega^2 = \frac{1}{2}(\frac{I_{cm}}{R^2} + M)v_{cm}^2$   
 Angular Momentum:  $L = I\omega (= rmv)$   
 Gravity:  $F_g = G\frac{m_1 m_2}{r^2} \wedge g = \frac{GM}{R^2}$   
 $U_g(r) = -G\frac{m_1 m_2}{r}$   
 $v_{escape} = \sqrt{\frac{2GM_{planet}}{R}}$   
 Kepler’s Laws:  
 $a$  is semimajor axis ( $\frac{1}{2}$  of “long diameter”)  
 $b$  is semiminor axis ( $\frac{1}{2}$  of “short diameter”)  
 $F_1$  and  $F_2$  are foci of the ellipse, each located c  
 distance from the other, where  $c = \sqrt{a^2 - b^2}$   
 Ellipse is a circle  $\iff a = b = R$   
 Kepler’s 1st Law:  $\frac{x^2}{a^2} + \frac{y^2}{b^2} = c^2$

Kepler’s 2nd Law: Area swept by radius vector in time  $\Delta t$   
 $= A_1 = \frac{\Delta t}{2m} L$ , where  $L = r \times mv = r \times p$   
 Kepler’s 3rd Law:  $T^2 = \frac{r\pi^2}{GM} r^3$   
 Mass on a Spring:  $m\frac{d^2 x(t)}{dt^2} + kx(t) = 0$   
 $x(t) = A\cos(\omega t + \phi)$   
 $A$  is amplitude,  $\omega$  is angular frequency,  $\phi$  is phase  
 Spring-Mass:  $\omega = \sqrt{\frac{k}{m}}$   
 Simple Pendulum:  $\omega = \sqrt{\frac{g}{l}}$   
 Physical Pendulum:  $\omega = \sqrt{\frac{mgL_{cm}}{I}}$   
 Period of Oscillation:  $T = \frac{2\pi}{\omega}$   
 Frequency of Oscillation:  $f = \frac{1}{T} = \frac{\omega}{2\pi}$  Hz ( $s^{-1}$ )  
 Total energy of simple harmonic motion:  
 $K(t) = \frac{1}{2}m\omega^2 A^2 \sin^2(\omega t + \phi)$   
 $U(t) = \frac{1}{2}kA^2 \cos^2(\omega t + \phi)$   
 $E_{net}(t) = \frac{1}{2}kA^2$   
 For simple pendulum,  
 $F_{tan} = -mg\sin(\phi) \wedge \alpha = -\frac{g}{l}\sin(\phi)$   
 For small  $\phi$ , we can say that  $\sin(\phi) \approx \phi$   
 Damped Harmonic Oscillator:  $\frac{d^2 x}{dt^2} + \frac{b}{m}\frac{dx}{dt} + \frac{k}{m}x = 0$   
 $\implies x(t) = Ae^{-\frac{b}{2m}t}\cos(\omega t + \phi)$   
 $\implies \omega = (\omega_0^2 - (\frac{b}{2m})^2)^{0.5}$   
 $\implies \omega_0 = \sqrt{\frac{k}{m}}$ , which is the “natural frequency”  
 For  $b > 2\sqrt{mk}$ ,  $x$  decays to 0 without a single oscillation  
 We call this an “overdamped oscillator”  
 The underdamped oscillator is:  
 $x(t) = e^{-\gamma t} a\cos(\omega_0 t - \alpha)$   
 For a damped driven oscillator,  
 $A = \frac{F_0}{m\sqrt{(\omega^2 - \omega_0^2)^2 + (\frac{b\omega}{m})^2}}$