

## Intro

## Statistics Class Research Project: Pace of Life Survey

The following survey is part of a research project being completed in MA443 classes. The survey asks about your emotions, feelings, and reactions to everyday life. No question is required. **If you do not feel comfortable responding, you are free to skip any question.** The information collected is to be used in a data analysis project in the statistics class.

The survey results are anonymized and you will only be identified if you choose to identify yourself through a response in the survey. The entire survey will take about ten minutes.

If you have any questions about the survey's content, please contact Mr. Bardoe ([mbardoe@choate.edu](mailto:mbardoe@choate.edu)), Math and Computer Science Department Head. If you have questions on how the results are collected, please contact Director of Institutional Research, Mr. Wrinn ([cwrinn@choate.edu](mailto:cwrinn@choate.edu)).

Thank you!

### Demo

All of the demographic information on this page is designed to

provide MA443 students ways to analyze the results of the survey. Again, your identity is not tied to the survey results in any way.

What is your gender?

- ☐ Female
- ☐ Male
- ☐  Self-identify

What is your current grade?

- ☐ Freshman
- ☐ Sophomore
- ☐ Junior
- ☐ Senior
- ☐ Post-graduate

What grade did you enter Choate?

- ☐ Freshman
- ☐ Sophomore
- ☐ Junior
- ☐ Senior
- ☐ Post-graduate

What is your boarding status?

- ☐ Boarding student
- ☐ Day student

Are you a US citizen or identify as international? (If a dual citizen, what is your primary citizenship?)

- ☐ US citizen
- ☐ International

What is your race/ethnicity? (Choose all that apply.)

- ☐ African American
- ☐ Latino/Hispanic American
- ☐ Asian American
- ☐ Native American
- ☐ Middle Eastern American
- ☐ Multiracial American
- ☐ Pacific Islander American
- ☐ Caucasian, Non-Hispanic
- ☐  International, please specify:

**Freq**

Over the past week, how often did the following statements apply to you?

There are no right or wrong answers to these questions, please respond with your gut feeling, not spending too much time on each response.

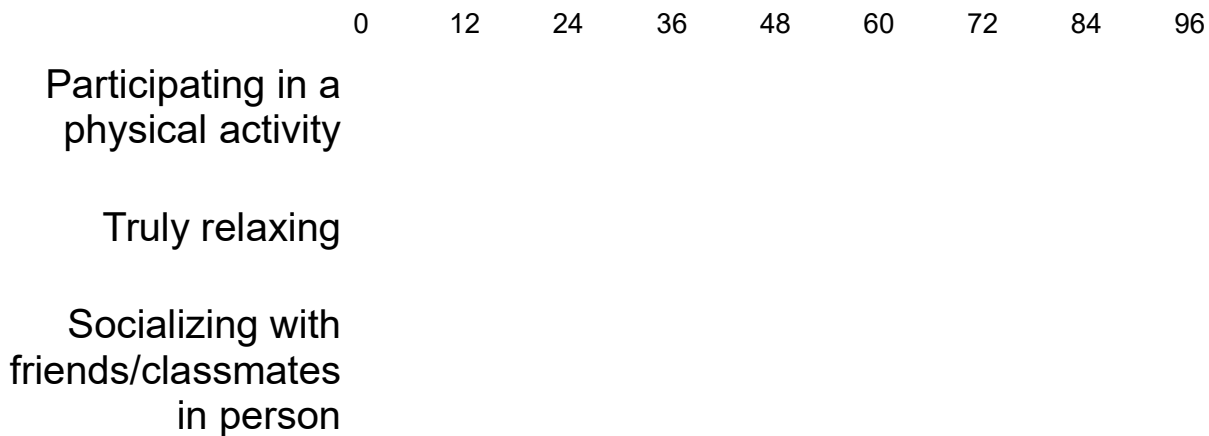
	Never: Did not apply to me at all	Sometimes: Applied to me in some degree, or some of the time	Often: Applied to me a considerable degree, or a good part of the time	Almost always: Applied to me very much, most of the time
I was intolerant of anything that kept me from getting on with what I was doing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt I was close to panic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I was unable to become enthusiastic about anything	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I found it difficult to work up the initiative to do things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I experienced breathing difficulty (eg. excessively rapid breathing, breathlessness, in the absence of physical exertion)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt that I was using a lot of nervous energy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt scared without any good reason	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I was aware of the action of my heart in the absence of physical exertion (eg, sense of heart rate increase, heart missing a beat)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Hours

How many hours per day do you spend on the following?



How many hours per week do you do the following?



How many days per week do you eat lunch in the dining hall?

☐ 0

☐ 1

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

How many night per week do you eat dinner in the dining hall?

☐ 0

☐ 1

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

## Add

Are you the captain of a varsity sport? (Any point throughout this academic year.)

☐ Yes

☐ No



Are you the president of a club? (Any point throughout this academic year.)

- ☐ Yes
- ☐ No

Are you in a sport/art/class that you feel you are forced to participate in?

- ☐ Yes
- ☐ No

What part of your Choate academic experience contributes most to your stress? (Choose one.)

- ☐ Relationship with teachers
- ☐ Extracurriculars
- ☐ Classwork (tests, presentations, class meetings)
- ☐ Homework

**Leading up**

Are you homesick?

- ☐ Never
- ☐ Sometimes
- ☐ Often
- ☐ Almost always

Do you feel like you have friends you can count on?

- ☐ Definitely yes
- ☐ Somewhat yes
- ☐ Somewhat not
- ☐ Definitely not

Do you speak with a therapist regularly?

- ☐ Yes
- ☐ No

Any additional thoughts?

If not, thank you for your participation! **Click the button below to submit your survey.**



Choate Rosemary Hall  
MA443 Research Project

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