

Staking FAQ

Q: Where can I see current APR

A: you can see it in [Cosmoscan](#)

Q: Are there any auto claim reward or auto-compound mechanism

A: Claiming rewards is a manually process which involves transaction fees.

Q: How staking reward is paid

A: BAND staking rewards are paid out in real-time, with rewards accruing approximately every 3 seconds.

Q: Why I can't send my BAND after undelegate

A: The Cosmos network has a 21 day unstaking period throughout which your tokens will not be transferable [Previous Reinvest](#)