

# How to Swap

## 1. Swap

The process is similar to buying ZF. Simply select the token to swap and token you wish to receive and proceed like you do with buying ZF

Kindly refer to our guide on buying ZF for step-by-step instructions

Swap tutorial video

[Previous How to Buy ZF](#) [Next How to Join SwapBoard & Swap2Earn](#) Last updated 2 months ago On this page