

# Stargate Chain Paths

The tables below show connected token paths. \* Stargate Pool IDs can be found [here](#) \* . \* Stargate ERC20 Addresses can be found [here](#) \* . \*

Each table has two columns. - The left column token(s) can be swapped to the right column token(s).

## Ethereum

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Copy	LOCAL	REMOTE
USDT'     ETHEREUM-USDT   'BSC-BUSD'       'BSC-USDT'       'AVALANCHE-USDC'	ETHEREUM-USDC	'ETHEREUM-
'AVALANCHE-USDT'       'POLYGON-USDC'       'POLYGON-USDT'       'ARBITRUM-USDC'		
'ARBITRUM-USDT'       'OPTIMISM-USDC'       'FANTOM-USDC'       'BASE-USDC'       'MANTLE-USDC'		
'MANTLE-USDT'		
	LOCAL	REMOTE
	ETHEREUM-DAI	'POLYGON-DAI'
'OPTIMISM-DAI'		
	LOCAL	REMOTE
	ETHEREUM-FRAX	'AVALANCHE-
FRAX'       'ARBITRUM-FRAX'       'OPTIMISM-FRAX'		
	LOCAL	REMOTE
	ETHEREUM-USDD	'BSC-USDD'
	LOCAL	REMOTE
	ETHEREUM-SGETH	'ARBITRUM-
SGETH'       'OPTIMISM-SGETH'       'BASE-SGETH'       'LINEA-SGETH'		
	LOCAL	REMOTE
	ETHEREUM-SUSD	'OPTIMISM-
SUSD'		
	LOCAL	REMOTE
	ETHEREUM-LUSD	'ARBITRUM-
LUSD'       'OPTIMISM-LUSD'		
	LOCAL	REMOTE
	ETHEREUM-MAI	'BSC-MAI'
'AVALANCHE-MAI'       'POLYGON-MAI'       'ARBITRUM-MAI'       'OPTIMISM-MAI'		
	LOCAL	REMOTE
	ETHEREUM-METIS	'METIS-METIS'
	LOCAL	REMOTE
	ETHEREUM-m.USDT	'METIS-m.USDT'
	LOCAL	REMOTE
	ETHEREUM-mETH	'MANTLE-
mETH'		

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## BSC

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Copy	LOCAL	REMOTE
USDT   'ETHEREUM-USDT'       'AVALANCHE-USDC'       'AVALANCHE-USDT'       'POLYGON-USDC'	BSC-BUSD	'ETHEREUM-USDC'     BSC-
'POLYGON-USDT'       'ARBITRUM-USDC'       'ARBITRUM-USDT'       'OPTIMISM-USDC'		
'FANTOM-USDC'       'BASE-USDC'       'MANTLE-USDT'		
	LOCAL	REMOTE
	BSC-USDD	'ETHEREUM-USDD'
	LOCAL	REMOTE
	BSC-MAI	'ETHEREUM-MAI'

'AVALANCHE-MAI'       'POLYGON-MAI'       'ARBITRUM-MAI'       'OPTIMISM-MAI'	
	LOCAL   REMOTE
	BSC-m.USDT   'METIS-m.USDT'

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## Avalanche

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Copy	LOCAL   REMOTE
USDC'     AVALANCHE-USDT   'ETHEREUM-USDT'       'BSC-BUSD'       'BSC-USDT'       'POLYGON-USDC'       'POLYGON-USDT'       'ARBITRUM-USDC'       'ARBITRUM-USDT'       'OPTIMISM-USDC'       'FANTOM-USDC'       'BASE-USDC'       'MANTLE-USDC'       'MANTLE-USDT'	AVALANCHE-USDC   'ETHEREUM-USDC'       'BSC-USDT'       'POLYGON-USDT'       'ARBITRUM-USDT'       'OPTIMISM-USDT'
	LOCAL   REMOTE
FRAX'       'ARBITRUM-FRAX'       'OPTIMISM-FRAX'	AVALANCHE-FRAX   'ETHEREUM-FRAX'
	LOCAL   REMOTE
MAI'       'BSC-MAI'       'POLYGON-MAI'       'ARBITRUM-MAI'       'OPTIMISM-MAI'	AVALANCHE-MAI   'ETHEREUM-MAI'
	LOCAL   REMOTE
m.USDT'	AVALANCHE-m.USDT   'METIS-m.USDT'

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## Polygon

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Copy	LOCAL   REMOTE
USDC'     POLYGON-USDT   'ETHEREUM-USDT'       'BSC-BUSD'       'BSC-USDT'       'AVALANCHE-USDC'       'AVALANCHE-USDT'       'ARBITRUM-USDC'       'ARBITRUM-USDT'       'OPTIMISM-USDC'       'FANTOM-USDC'       'BASE-USDC'       'MANTLE-USDC'       'MANTLE-USDT'	POLYGON-USDC   'ETHEREUM-USDC'       'BSC-USDT'       'AVALANCHE-USDT'       'ARBITRUM-USDT'       'OPTIMISM-USDT'
	LOCAL   REMOTE
'OPTIMISM-DAI'	POLYGON-DAI   'ETHEREUM-DAI'
	LOCAL   REMOTE
'BSC-MAI'       'AVALANCHE-MAI'       'ARBITRUM-MAI'       'OPTIMISM-MAI'	POLYGON-MAI   'ETHEREUM-MAI'

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## Arbitrum

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Copy	LOCAL   REMOTE
USDC'     ARBITRUM-USDT   'ETHEREUM-USDT'       'BSC-BUSD'       'BSC-USDT'       'AVALANCHE-USDC'       'AVALANCHE-USDT'       'POLYGON-USDC'       'POLYGON-USDT'       'OPTIMISM-USDC'       'FANTOM-USDC'       'BASE-USDC'       'MANTLE-USDC'       'MANTLE-USDT'	ARBITRUM-USDC   'ETHEREUM-USDC'       'BSC-USDT'       'AVALANCHE-USDT'       'POLYGON-USDT'       'OPTIMISM-USDT'
	LOCAL   REMOTE
FRAX'       'AVALANCHE-FRAX'       'OPTIMISM-FRAX'	ARBITRUM-FRAX   'ETHEREUM-FRAX'
	LOCAL   REMOTE
SGETH'       'OPTIMISM-SGETH'       'BASE-SGETH'       'LINEA-SGETH'	ARBITRUM-SGETH   'ETHEREUM-SGETH'



## Base

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Copy										LOCAL	REMOTE
										BASE-USDC	'ETHEREUM-USDC'
										'AVALANCHE-USDT'	
										'ARBITRUM-USDT'	
										'OPTIMISM-USDT'	

										LOCAL	REMOTE
										BASE-SGETH	'ETHEREUM-SGETH'
										'ARBITRUM-SGETH'	
										'OPTIMISM-SGETH'	
										'LINEA-SGETH'	

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## Linea

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Copy										LOCAL	REMOTE
										LINEA-SGETH	'ETHEREUM-SGETH'
										'ARBITRUM-SGETH'	
										'OPTIMISM-SGETH'	
										'BASE-SGETH'	

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## Kava

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Copy										LOCAL	REMOTE
										KAVA-USDT	'ETHEREUM-USDT'
										'ARBITRUM-USDT'	
										'OPTIMISM-USDT'	

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## Mantle

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Copy										LOCAL	REMOTE
										MANTLE-USDC	'ETHEREUM-USDC'
										'ARBITRUM-USDC'	
										'OPTIMISM-USDC'	

										LOCAL	REMOTE
										MANTLE-USDT	'ETHEREUM-USDT'
										'ARBITRUM-USDT'	

										LOCAL	REMOTE
										MANTLE-mETH	'ETHEREUM-mETH'

... [Previous Bridge.sol](#) [Next Stargate Composability](#) Last updated 1 month ago On this page \* [Ethereum](#) \* [BSC](#) \* [Avalanche](#) \* [Polygon](#) \* [Arbitrum](#) \* [Optimism](#) \* [Fantom](#) \* [Metis](#) \* [Base](#) \* [Linea](#) \* [Kava](#) \* [Mantle](#)