

Hosted by Lido CS Lifeguard [@Eridian](#), this series dives into the complexities of solo staking, DVT, permissioned validators and the wider Ethereum staking ecosystem.

The first show is a conversation with Samuel Chong, founder of Stakesaurus, to discuss Samuel's unique experiences, challenges and learnings from his travels across the Ethereum solo staking ecosystem.

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](<https://www.youtube.com/watch?v=tVX2NcKPc00>)