I am trying to improve my understanding of composability in the Aztec protocol.

I understand that AuthWit allows another account/contract to perform actions on behalf of the user as described here:
[Authentication Witness | Privacy-first zkRollup | Aztec Documentation](#)

My questions are

1. Does this mean that the execution of private functions will be performed by someone else (DeFi contract in the example in the docs)

2. Does the user share the private data for execution? Do they share a specific decryption key and nullifier with the executor to decrypt that private data?