The 5% thing literally just started this week with daily payouts. Prior to now, we had weekly payouts where the max was 25%. Not that many people were getting anywhere near that, but it was possible. The rounds are overlapping so even though it takes one month to resolve, we've actually got our whole stake (kind of) staked on 4 rounds at a time (which is why the max was 1/4 = 25%). But now with daily rounds (5 per week) we'll have 20 overlapping rounds (thus 1/20 = 5%), and so those are now compounding daily.

Still...don't expect to get those huge numbers yourself, and don't expect those that do get them for a period to go on getting them forever. But yeah, some people have done quite well.