There are few different roles that are important to understand:

ENS name controller

Every snapshot space is tied to an ENS name, in our case [cow.eth](cow.eth)

The name controller can decide on a single snapshot space "super admin" by adding their address to the "snapshot" text record. In cow.eth this is currently set to the CowDAO main safe

Super admin

The super admin is able to control all of the space' parameters including adding authors, admins, changing strategies etc.

Regular admins

Regular admins (currently five core team members) can do all of what the super admin can do except adding and removing admins.

Authors

Authors cannot change any of the space parameters but they are able to add and delete proposals.

(there are other possible schemes where anyone with a minimum COW balance can add proposals but only authors can delete proposals, which CowDAO can consider)