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We can make exiting from Plasma cheaper in the normal case by simplifying the contents of an exit transaction; instead of actually including a Merkle proof, a transaction would simply contain a list of (block number, coin index) pairs. There would be an extra type of challenge mechanism where anyone could challenge to require you to actually provide a Merkle branch in order to complete a withdrawal.

In the normal case, this reduces the cost of a single exit to $\sim \log(t) + \log \otimes$ bytes (eg. assuming one Plasma block per minute running for one year, and 1 million coins, 39 bits $\sim = 5$ bytes); with a full Merkle proof it would have cost 640 bytes. Many exits can be batched together into a transaction with one signature.

In Plasma Cash, the extra challenge mechanism could simply exist in parallel with other challenge mechanisms; the only practical consequence is that anyone can attempt to make an invalid exit, and not just previous owners of a coin. In Minimal Viable Plasma, the only type of challenge is to provide a child UTXO proving the given TXO was spent; this could be done regardless of whether the actual TXO is provided or just an index.