

# Restake LSTs

## Restake with Liquid Staking Tokens

Step 1: Open the EigenLayer App and connect your Web3 wallet, making sure you are connected to the Ethereum Mainnet network. Visit EigenLayer on the Ethereum Mainnet at [app.eigenlayer.xyz](https://app.eigenlayer.xyz).

Step 2: Select the token you want to restake.

Step 3: Token Approval. Enter the amount you would like to restake and click Deposit.

If this is your first time depositing a token on EigenLayer, you'll need to Approve token spending before you can restake. [Token Approval](#) gives a dApp permission to move the specified token from your wallet. Set a spending cap, and click Next.

Step 4: Once the token Approval transaction is confirmed, you will be prompted to confirm the Deposit transaction.

Step 5: Confirm the Deposit transaction via your wallet.

If successful, you will see the corresponding increase in your Restaked balance in the app:

Step 6: Monitor your Staking Rewards & Restaked Ratio on the [homepage](#). [Previous Liquid Restaking](#) [Next Withdraw from EigenLayer](#)