I am having an extremely hard time getting caught up on plasma. But the information is very low level and it's hard to get a grasp on what is going on and how can I implement plasma into my own project.

I want this post to help newcomers learn plasma from a beginner stand point. Beginner being understanding how to create dApps and understand Ethereum to a good extent.

What type of content should you link here?

- ELI5: Plasma (Explain Plasma like I'm 5)
- Article Links and Videos/PodCasts
- Github Repos on plasma implementations

Or anything else that you want that you believe can assist newbies get into Plasma.