I had an 0x account, and didn't have to exit to restake. I followed the guide, and created an EigenPod address and changed my contract address to that. However, it shows the 32 ETH balance only and not my accumulated rewards. It is my understanding that if I had changed the address from 0x to a personal 1x wallet, I would be able to withdraw those rewards. So, two questions:

- Where are my accumulated rewards since I started staking in 2019?
- How do I withdraw them now that I switched to EigenPod?