Your actual submissions will get pending scores daily around a week after you submitted them. The final result will be 4 weeks after your submission.

If you want to test your model, you can train your model on the training data only. When you are logged in and on the leaderboard page, on the left side you can find "Diagnostics Tool", click on that, there you can find a download link for the validation data. Create predictions with your earlier trained model for this data and upload it on the diagnostics page, then you will get some metrics.