I used to be a flashbots only kind of guy. No mempool submits for arbs, just FB bundles.

However, the number of FB built blocks seems too low in the current situation. Initial research shows 20%, although more info on this would be greatly appreciated.

My question to all the arb-ers/sandwichers is what do you guys do? Is submitting public, non-private transactions through the mempool the only main option we have?

I know the number of validators using FB should increase, but losing 3-4x potential profits while waiting for this to happen seems counter-productive!

Any suggestions/ideas are greatly appreciated