These days I made a fascinating and frightening discovery

I needed to clean up my computer, and I decided to format it, but in order not to have the rework of downloading all my plugins and favorites, I decided to simply copy my firefox profile to an external HD and save it to restore it on the computer later

My surprise came when when restoring the browser (on the completely formatted computer), my metamask came along, and it already had the seed! Just put the password again and that's it, wallet recovered!

I didn't think it was possible to extract a seed from a computer so easily, so simply and imperceptibly, and that's why I decided to make this alert to everyone.

In addition to the obvious, if possible, having a hardware wallet, be very careful with who accesses your computer physically, and also be careful with automatic backups with firefox sync, because in the same way that just copying a folder, it is possible to have access to the entire the wallet (by simply discovering the browser's local password) your seed may end up in the wrong hands that may have access to your sync login!

Take care APE friends, safety first!