



## **Muslim Volunteering Programme (MVP) for Prisons**

## What is the MVP?



**Simply Guided** are providing our community with the opportunity to utilise their Civil Service volunteering days supporting the Justice System in good cause. Simply Guided is seeking enthusiastic and friendly individuals who are passionate about making a difference. At present, this opportunity is available only to men at a male prison. We apologise for any inconvenience this may cause and are actively exploring opportunities at female prisons as well.

Interested in current and future opportunities? [Fill out this form](#)

### **What does the opportunity entail?**

Simply Guided is seeking volunteers to commit one day a week throughout Ramadan. Your responsibilities will include:

- Assisting the prison Imam with Friday prayers
- Helping the prison Imam set up classes
- Interacting with prisoners
- Performing other tasks as directed by the prison Imam

This is a unique chance to make a meaningful impact during a significant time.

This is the first roll out of the MVP and therefore it will only be rolled out to HMP Manchester and HMP Leicester. Inshallah in future we intend to roll it out to more prisons as Simply Guided expand.

[Sign up here](#)

## Who are simply guided?



Simply Guided are a privately funded social enterprise. Their primary focus is to provide post-release support for prisoners across all 112 estates in England, with the goal of achieving this over the next five years. Initially, they aim to begin this initiative with prisons which are based in the East Midlands as this is where they are located.

They provide prisoners with a wealth of post-release assistance, this includes packages such as:

Free Islamic and welfare care packages containing:

- A Quran (Arabic-English transliteration, translation)
- Prayer mat
- Sunnah items (Miswak, Black Seed Oil, Honey, Zamzam water, Dates)
- A voucher for a laptop and mobile hotspot loan (6 weeks)
- Islamic literature
- Free Quran workshops online (hence the laptop and hotspot loan)
- Three weeks' worth of nonperishable food

In parallel, they are developing a Digital Quran Tutorial for in-cell use, which will include Tafsir, translation, and transliteration (word-by-word) for the following:

1. The last 10 surahs and Al-Fatihah, and a complementary booklet (Stage 1)
2. Surah Yaseen, Tabaruk, Sajdah and complementary booklet (Stage 2)
3. Portions of Surah Al-Baqarah and Al-Kahf and complementary booklet (Stage 3)

This tutorial will serve not only to enrich inmates' Quranic knowledge and salah but also as a qualifier for our post-release assistance.

<https://www.simplyguided.co.uk/>

[Sign up here take part in the Muslim volunteering programme](#)

## Useful articles

[Join the MoJ Muslim Network](#) (x-gov) to stay in the loop

### **Wellbeing:**

[Prayers in Islam: Duty, Wellbeing, and Science](#)

[15-Minute Home Blast: Get fit fast!](#)

[Healthy Eating in Islam: Faith, Body, and Mind](#)

[Islamic Voluntary Fasting: Focus and Tranquillity](#)

[Confidence, Expressiveness, and Authenticity in Islam](#)

[Finding Your Compass: Marriage Matters](#)

### **Practical tips:**

[Leading Friday prayers at work](#)

### **Other volunteering opportunities:**

[Pathway to resettlement with Chaplaincy](#)