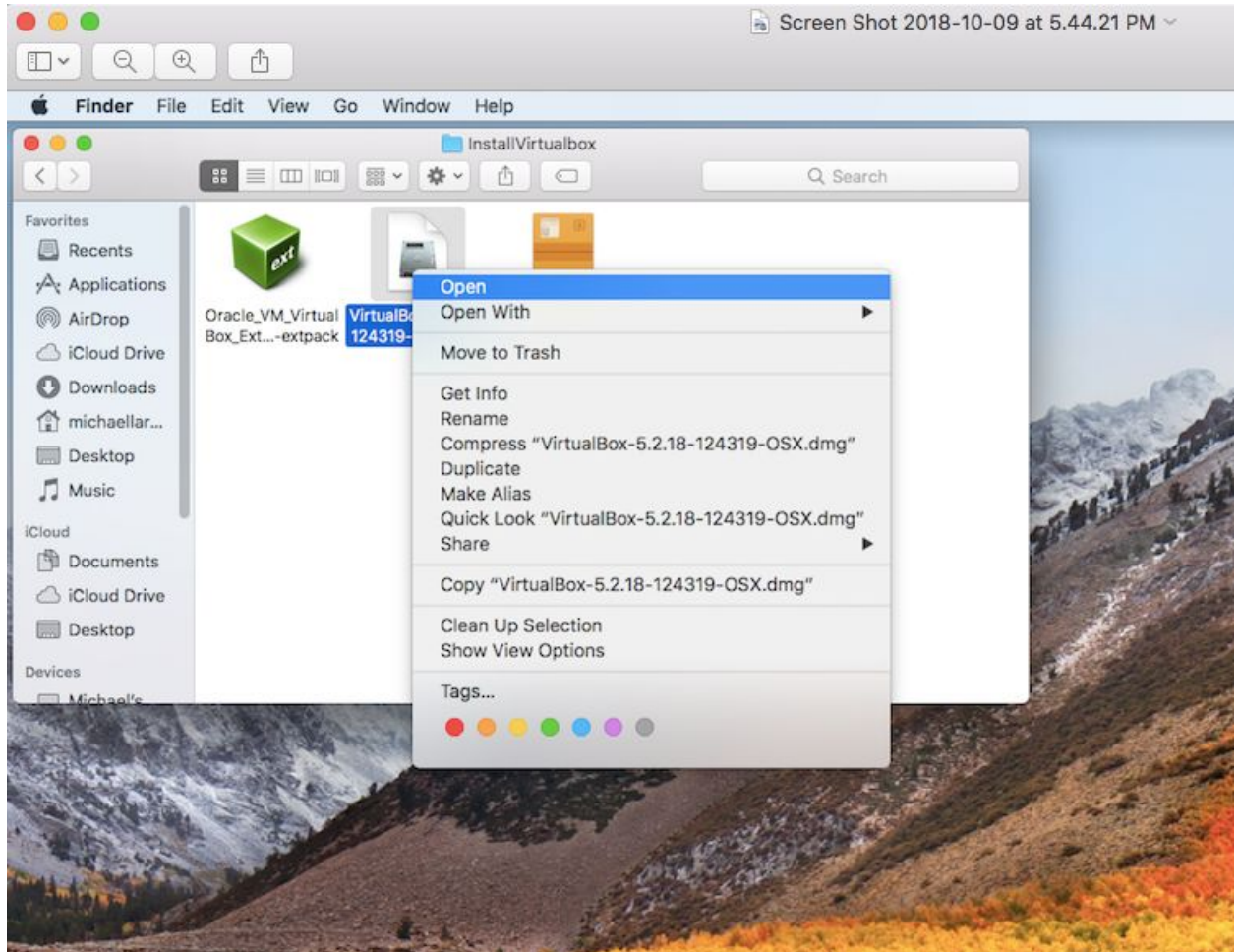
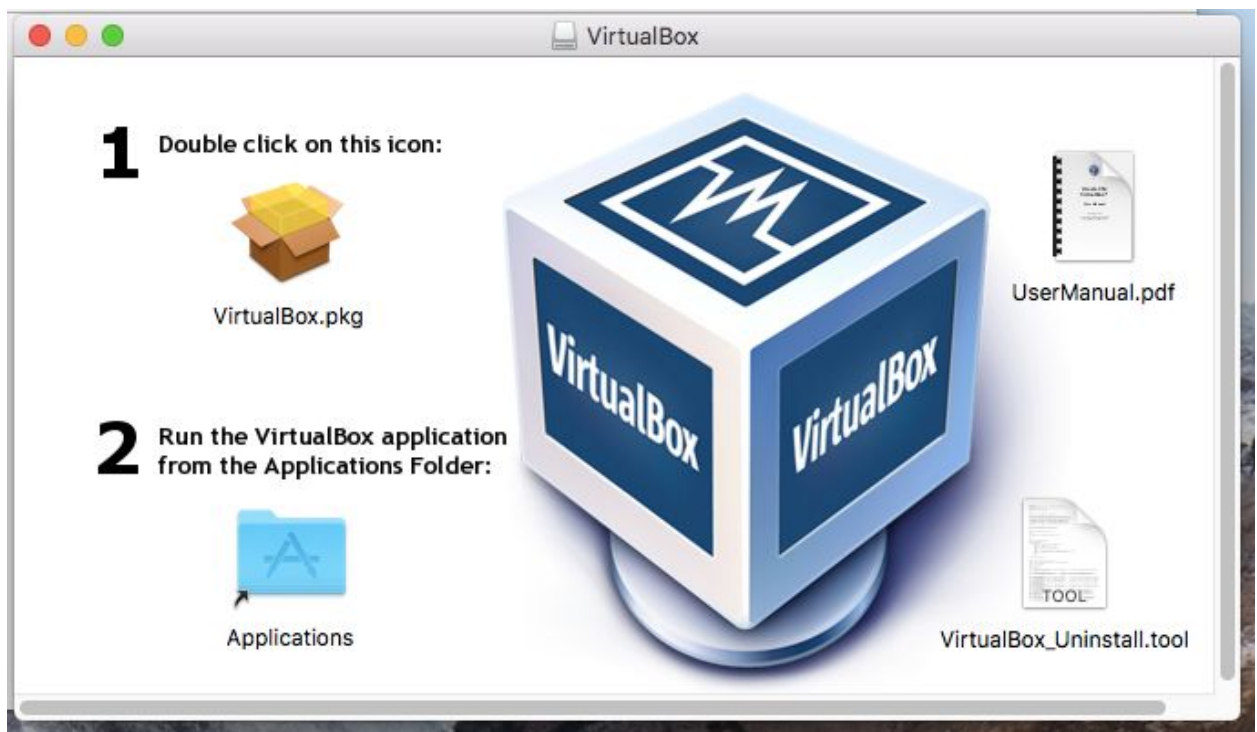


For the Workshop, you will need to install Dropbox. Below are the directions to do so for a Mac. Windows installation is pretty similar (sorry, I don't have a Windows machine to do the steps, but if someone wants to capture that and sequence it for me, I will gladly post it for all to share :) ).

Click on the Installer icon (located in the Install VirtualBox folder on the flash drive)

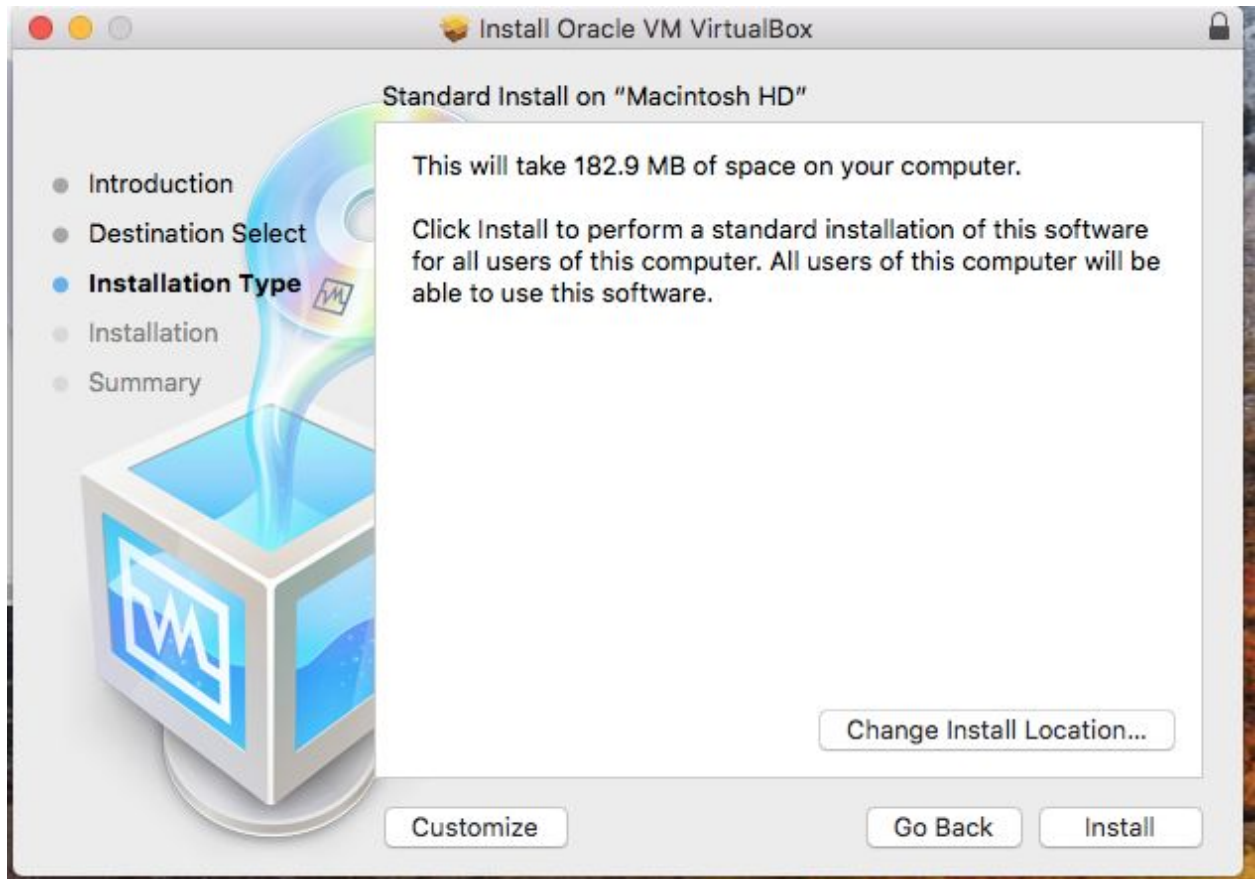


When the Installer opens, click on the VirtualBox.pkg icon as shown in the image below.



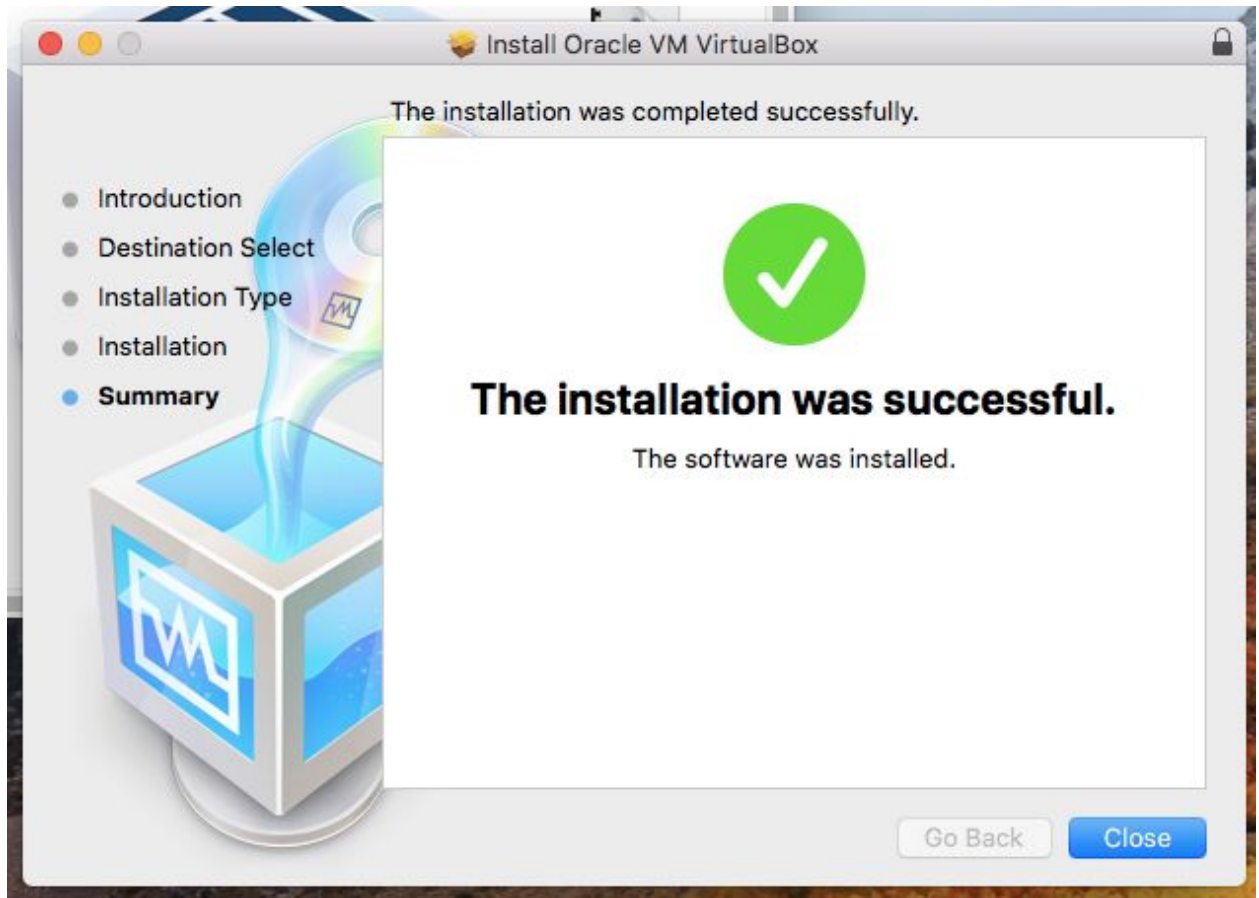
Select the location where you want to install the software.





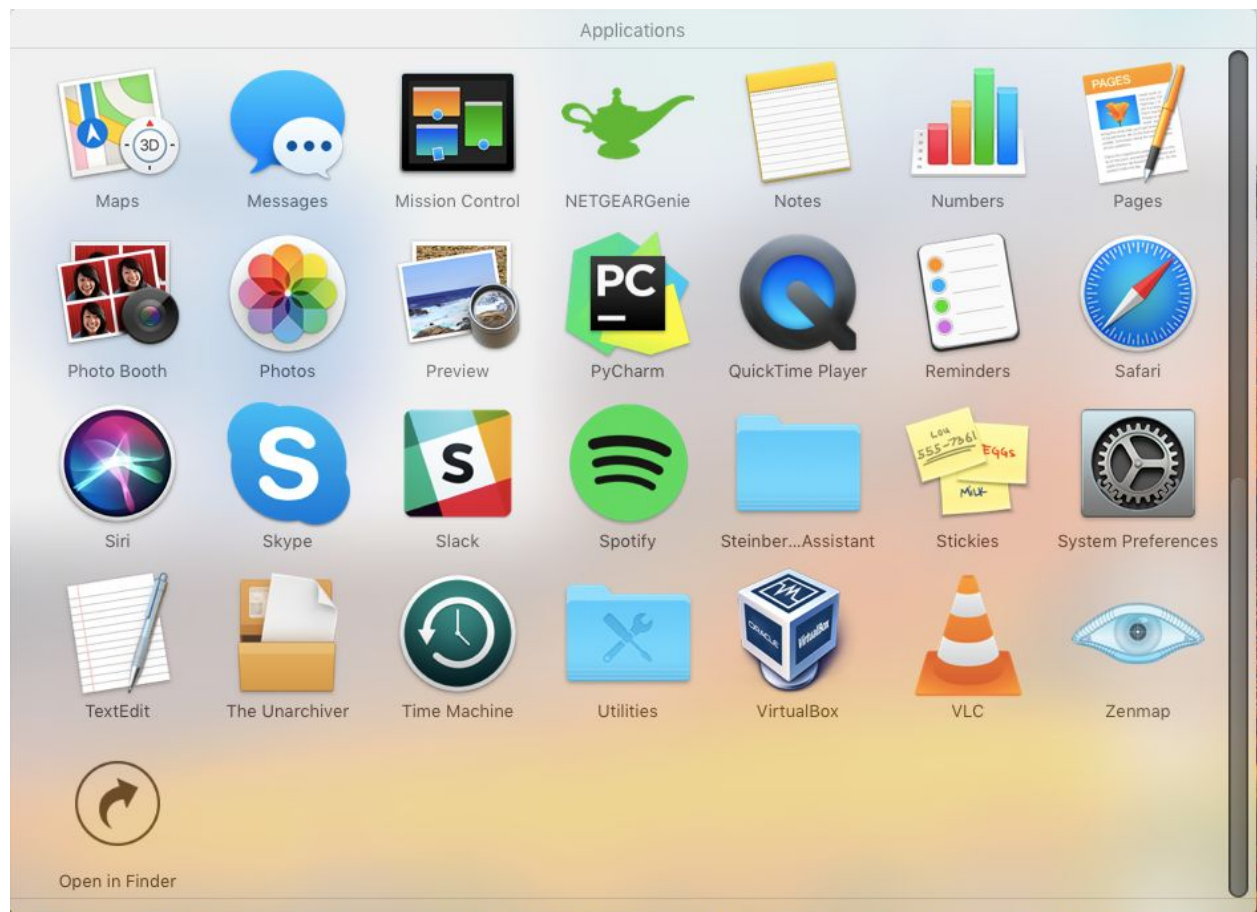
If you are asked to enter a password to install new software, do so here:



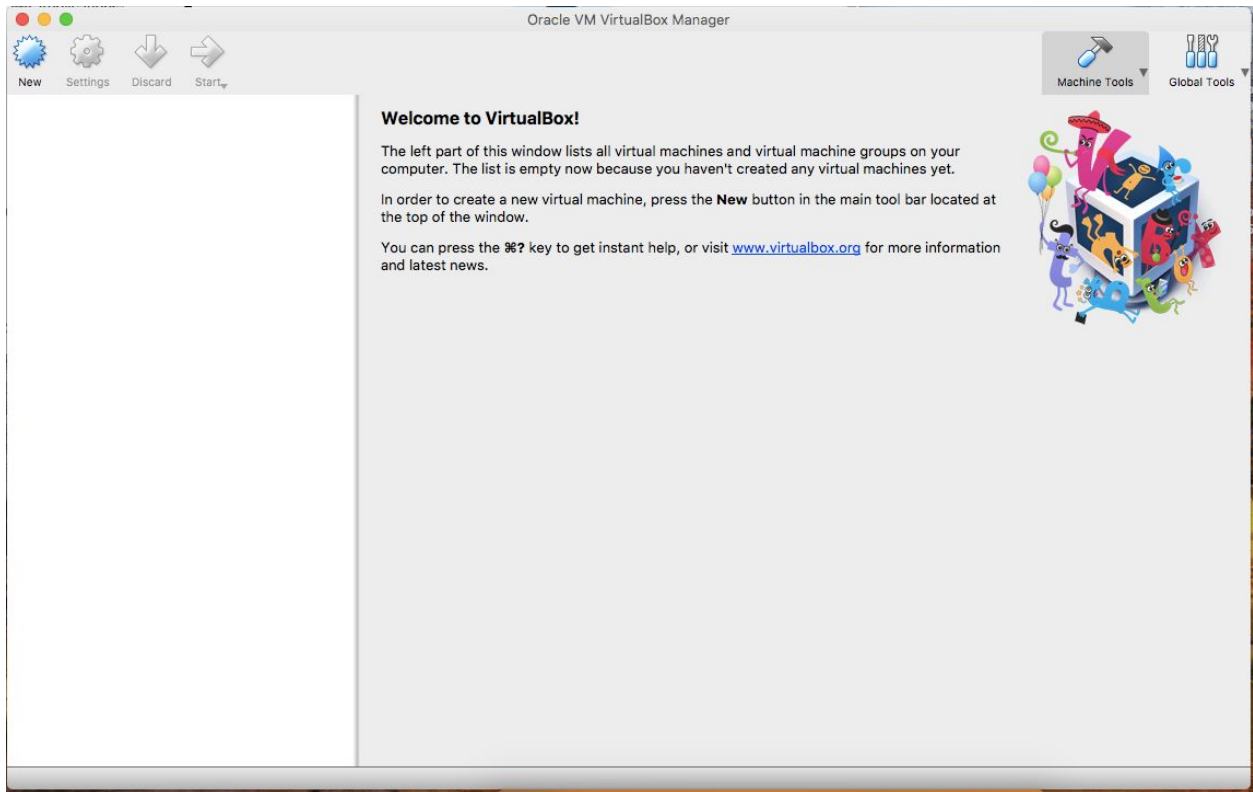


Once the installation has completed, look in your Applications Folder for the VirtualBox icon. Click on it to open the application.

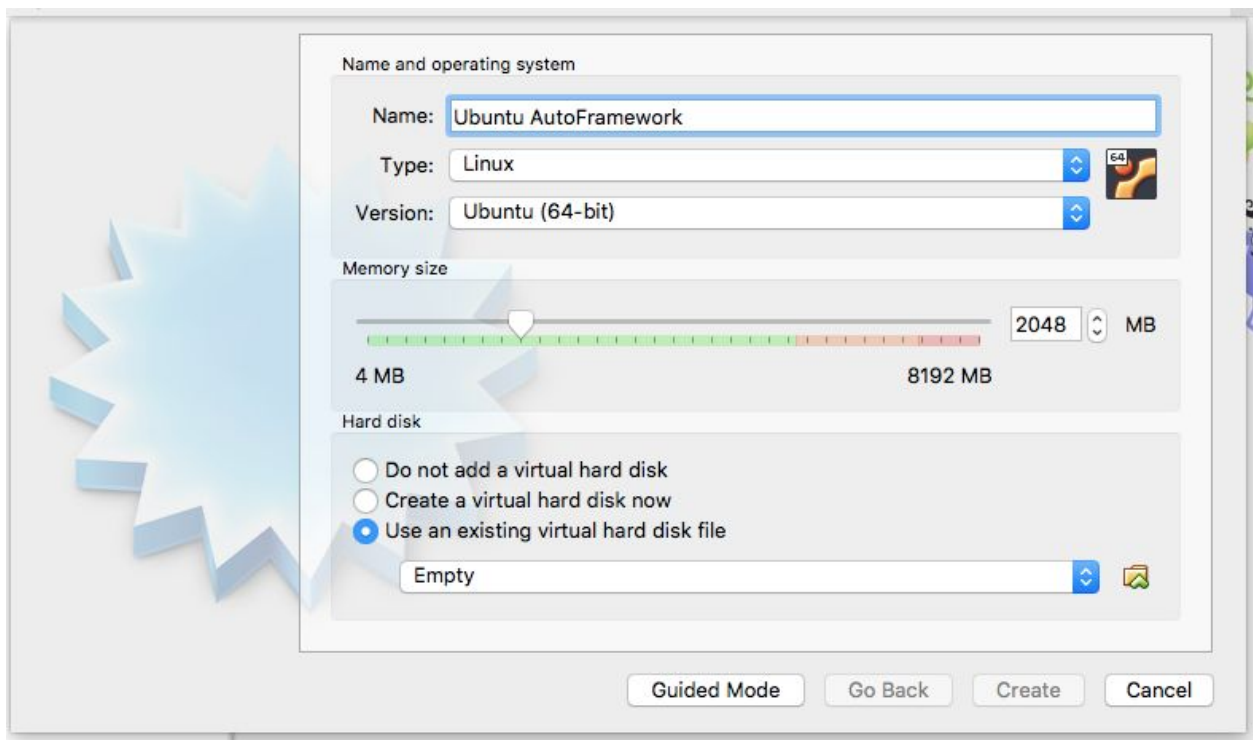




The main window will appear.



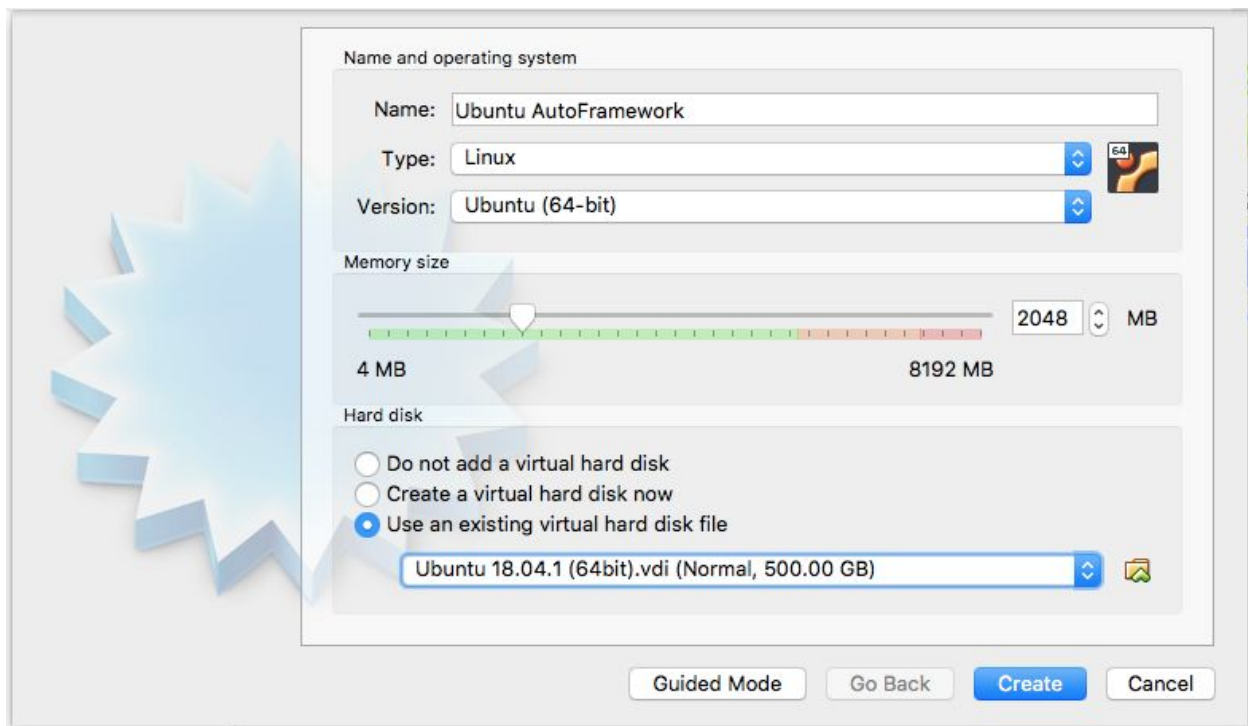
Click the “New” Button and give the machine an easy to recognize name (I suggest something like “Ubuntu Test Framework” as that will fill in a number of default fields for you):



The RAM size is suggested. The Virtual Machine can run well with 2GB of RAM but look at your own system and see how much RAM is available, do not set up more than 50% of your Host System's RAM for a guest VM.

Select "Use an existing virtual hard disk file" and click the file folder icon next to the drop down box.

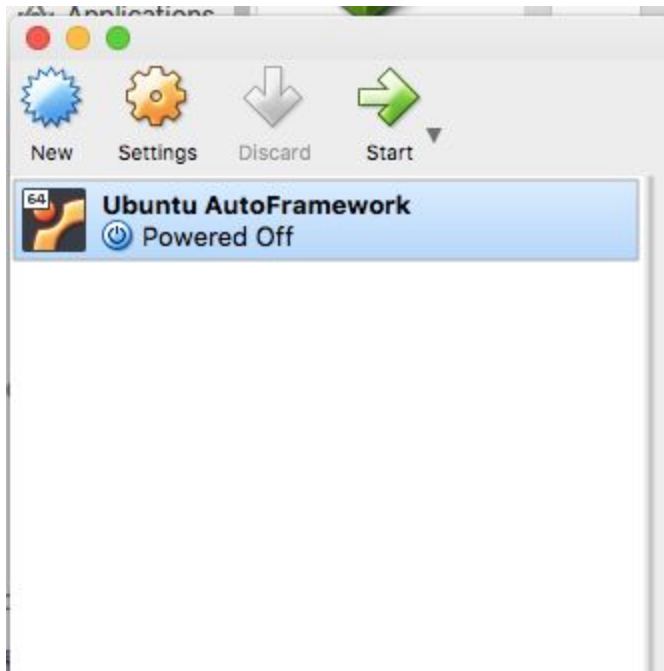
Select the Virtual Disk image located on the Flash drive if you want to run it from the flash drive itself. If you would like to copy the file over to your machine you can do that as well.



The Virtual disk image will be selected. Do not worry about the 500GB disk size listing. It is a dynamic disk and will expand as you add to it. The 500GB listing is a default value.

Once you have attached the disk image and completed setup, you will see the Virtual Machine listed in the sidebar. Select it and click the start button, or double click the name of the Virtual Machine.





From there, wait until the Virtual Machine opens.

You will be presented with a login screen. Select the “Flame Champion” user and enter the password “LaMer”. You will then be on the Ubuntu system desktop and you are ready to go.