

	bikes	
PK	bike_id	int
FK	strava_athlete_id	int
	distance	int
	brand_name	str
	model_name	str
	description	str

	PK	goal_id	int
<	FK	username	str
		distance	int
		calories	int
		moving_time	int
		start_date	dt
		end_date	dt

	Activities		
	PK	activity_id	int
K	FK	athlete_id	int
		start_date	dt
		type	str
		distance	int
		calories	int
		moving_time	int
		description	str