

The relationship of Assertiveness on Perceived Life Purpose

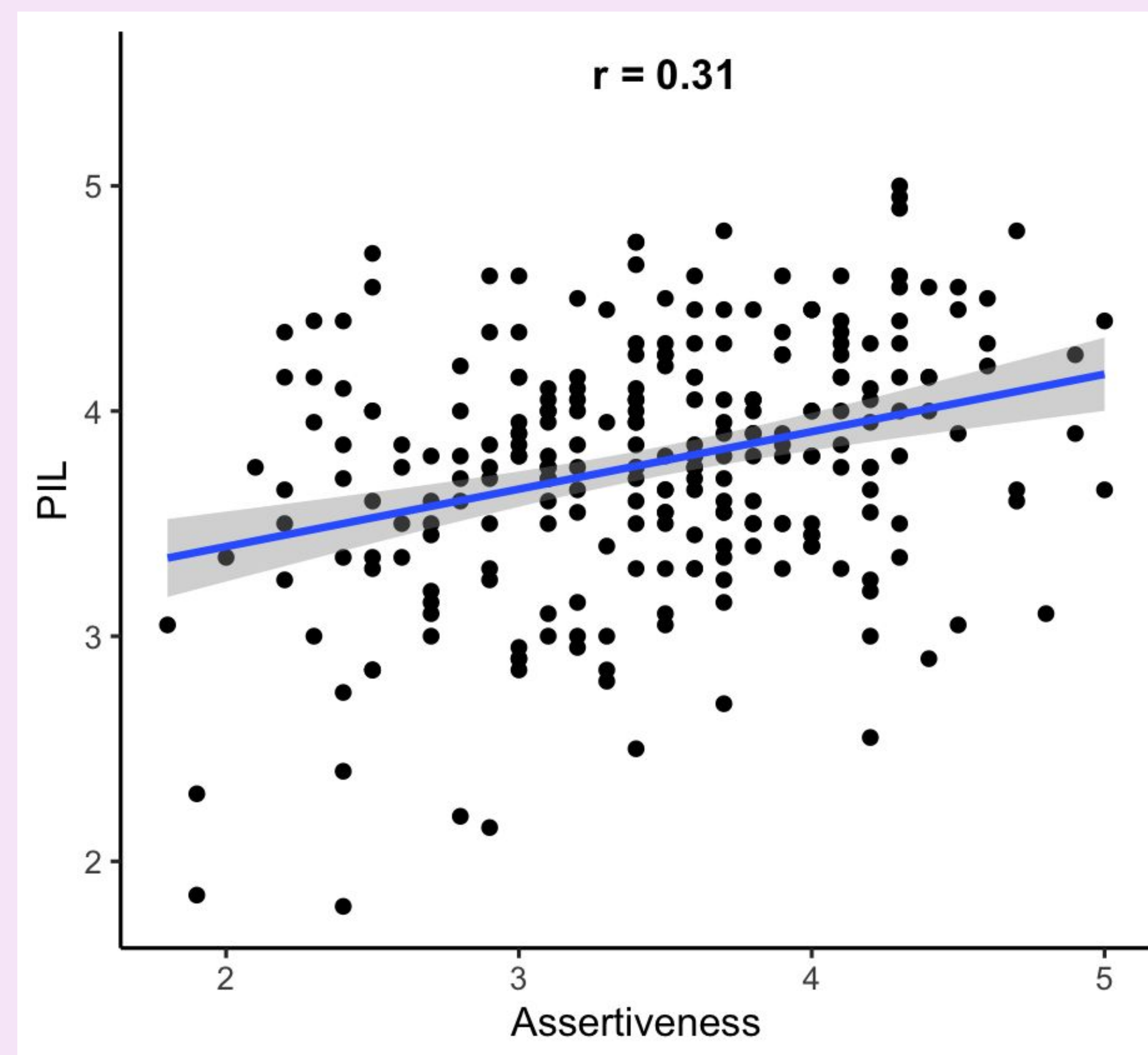
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Introduction

- Although research with these two variables is scarce, research shows that levels of assertiveness are often moderated by education level and race, while life purpose does not seem to be moderated by any variables.
- Since assertive people tend to be more confident and self-assured the assumption would be that they would also think their life holds more meaning than other people's

Methods

- Dataset retrieved from Personality Projects and the Development of Virtue archive (DeYoung et al., 2015).
- N=259, 74 participants considered themselves male, 184 female and 1 other. Age ranged between 18-25 with an overwhelming majority being 18 and 19
- We used data from the first wave of the longitudinal study.

A positive effect is shown between Assertiveness and Perceived Life Purpose



Results

- Regression model was performed for the hypothesis and an $r=0.31$ with $p=0.05$ was found
- A positive effect was found between assertiveness and perceived life purpose
- relationship between assertiveness and pil, after controlling for gender remains significant, $b = 0.265$, $p = .009$
- interaction effect, however, is not significant, $p = .928$
- gender does not moderate the relationship between assertiveness and purpose in life

References

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