

Talk Up Radio Show

"The Voice of The Jamaican Youth"

Brought to you by: Best Dressed Chicken, E-Learning Jamaica, Maths Unlimited

Hosts: Emprezz Golding **Guests:** Shani Bennett, Nicholas Kee

(Phone Lines: 630 9371, 630 9372, 630 9373, 630 9374)

TUY/WHATSAPP LINE - 388 3122

Date: December 17

Engineer: Tamika Cunningham

Nationwide Sup: Jermaine King

Whatsapp/Drop Call/Text Line: 388 3122

Instagram: Talkupyou

Flow: 916

Listen on: nationwideradiojm.com

DJ: DJ Jamari

Live From: Nationwide 90FM

Twitter: @talkupyou

Facebook: talkupyoushow

Kik: talkupradio show

DigicelPlay: 785

Producer: Kristeena Monteith

Show 32

Youth Safety

Hosts: Emprezz Golding

Guests: Shani Bennett, Nicholas Kee

Team: Kristeena - Producer

Music: DJ Jamari

POINT OF THE SHOW -

Safety should be a priority all year round, but especially in Christmas when criminals feel emboldened by the crowds and the festive atmosphere to attack those who have let their guard down.

Yes, safety is relative - some people have the means to be safer than others, and some places are safer than others but don't let your guard completely down anywhere. Stay vigilant, have fun but stay alert.

Safety: "the condition of being protected from or unlikely to cause danger, risk, or injury."

Types of Safety: Road Safety, Cyber Safety, Sexual Safety, Substance Safety, Safety from crime.

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SEGMENT 1

10:00 - Show Opener (brought to you by E-Learning Jamaica, Best Dressed Chicken, Maths Unlimited)

Question of the Day: What are your holiday safety tips for youth?

10:01 - Introduce Guests:

- **Shani Bennett - Law Student, UWI**
- **Nicholas Kee - Co-Founder of Next Gen Creators** - A team of Entrepreneurs , techies and innovators with a passion for helping others.

10:02 – Announce Phone Lines – 630 9371, 630 9372, 630 9373, 630 9374, **TUR Whatsapp/Drop Call/ Text Line: 388 3122**

“Hit us up on social media: FB: **talkupyouttvshow**, Twitter: **@talkupyout**, Insta: **talkupyout**. We are streaming live on FB! Tell us about the youth issues you’re experiencing.

10: 05 - Discussion - Youth Safety

Break

10: 15 - 10:17

SEGMENT 2

10:17 - Station I.D + Host I.D + Topic intro + Social Media/Phone Lines Reminder

10:18 – Discussion - Youth Safety

BREAK

10:30 - 10:32

10:32 Station I.D + Host I.D + Topic intro + Social Media/Phone Lines Reminder
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Check in with us on social media on Twitter: @talkupyou, FB: talkupyouppvshow,
Instagram: talkupyou and Snapchat: talkupradio.”

10:33 - 1 song to carry us in from the break

10:34 - Youth Safety

BREAK

10:45 - 10:47

**“You’re listening to Talk Up Radio on Nationwide 90 FM. Station I.D + Host I.D +
Topic intro + Social Media/Phone Lines Reminder**

10:47 - Youth Safety

BREAK

11:00 - 11:02

SEGMENT 3

**“You’re listening to Talk Up Radio on Nationwide 90 FM. Topic intro + Social
Media/Phone Lines Reminder**

11: 02 - 1 song to come in

11:03 - Youth Safety

11:14 - Sexual and Reproductive Health Tip

In tandem with this week’s theme we’d like to make our sexual and reproductive health tip, a tip about safety from sexual violence. Firstly, if you are sexually molested, it is not your fault, so don’t be afraid to tell someone you trust. The only person at fault is the person who hurt you. Secondly, although there are no fool-proof ways to prevent someone from assaulting you there are some things you can do to reduce the risk. Stay alert both in public and at home, keep doors and grills locked when you aren’t paying attention to them. If you go to social events do not drink so much that your ability to protect yourself is diminished. You can have a great time without alcohol, and even if you’re drinking non-alcoholic drinks never leave them unattended or take opened drinks from anyone. They may have been drugged. Stay in groups, do not go out alone and avoid dark, lonely places. #StopSexualViolence #KeepYouthSafe #CrimeFreeChristmas

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BREAK

11:15 - 11:17

SEGMENT 4

Topic intro + Social Media/Phone Lines Reminder

11:17 - Youth Safety

BREAK

11:30 - 11:32

SEGMENT 5

11:32 - Youth Safety

11:37 - Music

BREAK

11:45 - 11:47

SEGMENT 6

11:47 - Station I.D + Host I.D + Topic intro + Social Media/Phone Lines Reminder

11:47 - Youth Safety

11:50 - Recap + Wrap Up + Social Media

11:55 - Music

12:00 END

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Discussion Pages

Road Safety - talking to young drivers - Samantha Johnson,

October 13, 2016 - 297 road fatalities (Loop citing the Road Safety Unit)

Pedestrians - 20%

Motorcyclists - 25%

Passengers - 30%

Parishes: Westmoreland, St. Catherine, St. Elizabeth, St. Andrew = 54% of all road fatalities

Several insurance companies with which **The Gleaner** spoke confirmed that the 18-30 age group contributes to most motor vehicle accidents and it has been the trend. (2013)

Youth for Road Safety (UN)

Main Risk Factors to Road safety

- riding without helmets
- speeding
- driving under the influence of alcohol
- driving without seatbelts
- driving while distracted

Road traffic injuries are the #1 killer of young people aged 15-29 (worldwide)

The Global Goals (SDG's) has a specific road safety target: by 2020, halve the number of global deaths and injuries from road traffic accidents

TIPS from Jamaica Information Service (JIS)

Pedestrians:

- When using the road walk facing oncoming vehicles.
- Wear light-coloured clothing at nights.
- Clearly indicate to motorists your desire to cross the road.
- Walk in single file where there is no sidewalk or where the sidewalk is narrow.

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Pedal Cyclists:

- Observe traffic lights and stop signs.
- Do not hold on to moving vehicles.
- Ensure you are travelling in the right direction on a one-way street.
- Wear a helmet at all times.

Children:

Parents, ensure your children follow the golden rule before crossing the street.

- First they should look left, then look right and once again look left before and ensure it is safe before they cross the street.
- Young children must always be accompanied by adults.

Don't Drink and Drive

When you drink and drive:

- You are less likely to observe traffic signs, bikers, pedestrians or cars coming from the opposite side.
- You are less able to judge distances and speed.
- You have less control over your reactions in traffic situation.
- You will develop a false sense of confidence

Questions

1. What are the major road safety issues especially for youth in Jamaica?
2. Are young drivers practicing safe driving?
3. Are young pedestrians safe road users?
4. Many people say Jamaica has a culture of indiscipline. How does this indiscipline affect our poor road practices?
5. How does the poor state of our roads affect road safety?
6. What suggestions would you have for young people to become safer road users?
7. We often hear about people “buying their licences”, how true do you think that is and what effect does it have on road safety?

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Cyber Safety

Cybersafety is the **safe** and responsible use of Information and Communication Technologies (ICT). NetSafe's approach to **cybersafety** is founded on: Maintaining a positive approach about the many benefits brought by technologies. Encouraging the public to identify the risks associated with ICT.

STOP. THINK. CONNECT Jamaica

When you cross the street, you look both ways to make sure it's safe. Staying safe on the Internet is similar. It takes some common sense steps.

STOP: Before you use the Internet, take time to understand the risks and learn how to spot potential problems.

THINK: Take a moment to be certain the path ahead is clear. Watch for warning signs and consider how your actions online could impact your safety, or your family's.

CONNECT: Enjoy the Internet with greater confidence, knowing you've taken the right steps to safeguard yourself and your computer.

Protect yourself and help keep the web a safer place for everyone.

Risks:

Recent research supported by UNICEF Jamaica indicates that almost 40% of high school students have been contacted by someone online who they did not know, in a way that made them feel scared or uncomfortable. 43% received messages online that were clearly inappropriate.

Between 2014 and 2015, the OCA received at least five reports per month that dealt with online solicitors, exposure, illicit pictures being shared with children, and children themselves sharing images of sexual activities over the Internet. (JIS)

The OCA head is warning that under the Sexual Offences Act of 2010, persons can be imprisoned for up to 15 years if they are caught in possession of videos, pictures and other images of children or other persons being abused sexually, or presented in a compromising position.

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- **Secure your accounts:** Ask for protection beyond passwords. Many account providers now offer additional ways for you verify who you are before you conduct business on that site.
- **Make passwords long and strong:** Combine capital and lowercase letters with numbers and symbols to create a more secure password.
- **Unique account, unique password:** Separate passwords for every account helps to thwart cybercriminals.
- **Write it down and keep it safe:** Everyone can forget a password. Keep a list that's stored in a safe, secure place away from your computer.
- **Own your online presence:** When available, set the privacy and security settings on websites to your comfort level for information sharing. It's ok to limit how and with whom you share information.
- **When in doubt, throw it out:** Links in email, tweets, posts, and online advertising are often the way cybercriminals compromise your computer. If it looks suspicious, even if you know the source, it's best to delete or if appropriate, mark as junk email.
- **Get savvy about Wi-Fi hotspots:** Limit the type of business you conduct and adjust the security settings on your device to limit who can access your machine.
- **Protect your \$\$:** When banking and shopping, check to be sure the sites is security enabled. Look for web addresses with “https://” or “shttp://”, which means the site takes extra measures to help secure your information. “Http://” is not secure.

Questions:

1. How is the internet dangerous?
2. What threats should young people be on guard against in cyberspace, especially social media?
3. Are there cybercriminals in Jamaica? Who are they in general? Men, women, young, old, poor, rich, educated, uneducated etc.
4. What are some of the most prevalent cybercrimes in Jamaica?
5. What is card skimming and how can people protect themselves from it?
6. How do young Jamaicans put themselves at risk on the internet?

Sexual Safety

Sexual violence is defined as a **sexual** act committed against someone without that person's freely given consent. **Sexual violence** is divided into the following types:

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Completed or attempted forced penetration of a victim. Completed or attempted alcohol/drug-facilitated penetration of a victim. (Caribbean

Consequently, it is estimated that only about 25 percent of sexual violence is reported in Jamaica. (Amnesty International)

Preliminary data from the OCR is that in 2013, 3386 sexual abuse cases were reported, a 23% increase over the previous year. Of the reported cases, 92% were of girls; more than half (1,910) of all reported cases of sexual abuse were carnal abuse (sex with children under 16 years old) and there were 349 cases of child rape.

Sexual violence is defined as a sexual act committed against someone without that person's freely given consent. Sexual violence is divided into the following types:

- Completed or attempted forced penetration of a victim
- Completed or attempted alcohol/drug-facilitated penetration of a victim
- Completed or attempted forced acts in which a victim is made to penetrate a perpetrator or someone else
- Completed or attempted alcohol/drug-facilitated acts in which a victim is made to penetrate a perpetrator or someone else
- Non-physically forced penetration which occurs after a person is pressured verbally or through intimidation or misuse of authority to consent or acquiesce
- Unwanted sexual contact
- Non-contact unwanted sexual experiences

Questions:

Substance Safety

National Council on Drug Abuse (2006), (2010) and (2013)

- Most commonly used drugs - alcohol (number 1), marijuana, tobacco, crack/cocaine
- 65.8% of youth used alcohol, 22% - cigarettes, 21% - marijuana

Age of first use

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- Alcohol = 11
- Tobacco = 11
- Marijuana = 12

Males use alcohol at a slightly higher rate than females.

- Smoking before 10yrs increased from 18.7% in 2006 to 20% in 2010
- 43.2% of young people said marijuana was the easiest drug to access.
- 20.8% reported that their father/guardian smoked regularly, mothers/guardian (3.5%) and both parents (2.5%) Students who had one or both parents who smoked regularly were more likely to report that they had ever used cigarettes
- 30.8% reported that drugs were available at their school 50.4% believed that drugs were available near school
- Students who reported that their parents knew their whereabouts after school and on weekends, knew the type of TV shows they watched, ate meals together and knew their close friends well reported significantly lower frequencies of alcohol, cigarette and marijuana use and lower risk of alcohol and marijuana misuse.
- Students who felt a sense of belonging at school reported significantly lower frequencies of one year use of solvents, one month use of cigarettes and marijuana as well as risk for marijuana misuse compared to those who did not feel a sense of belonging at school

Questions

1. What is substance abuse?
2. Are young Jamaicans abuse substances and what substances? pills, cigarette smoking, alcohol, marijuana etc.
3. We know about alcohol, marijuana, cigarettes and cocaine, what other drugs are being abused by young people and what effects do they have on them?
4. How does Jamaican culture encourage substance abuse in youth?
5. What would you say to parents who don't do enough to discourage drinking and smoking in their children?
6. How does substance abuse negatively affect young people?
7. How does it put them in danger?
8. How can young people above the age of 18 limit their alcohol intake and stay safe in the holiday season?
9. How can young people under the age of 18 resist peer pressure and abstain from substance abuse but still have fun in the holiday season?

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10. What kinds of substance-aided abuse should young people look out for in the holiday season? - (being drugged and raped etc)
11. How can young people stay safe from substance-aided abuse in the holiday season?

Safety from crime

November 6, 2016 - Gleaner cites murder rate at “more than 920”

Questions

1. What are the major crimes people, especially young people have to look out for in the festive season?
2. Are young people especially vulnerable to any sorts of crimes?
3. What are some of the criminal trends that we can identify?
4. What are some of the criminal trends young people are instrumental in perpetuating?
5. Where are the hotspots?
6. How can young people stay safe in the holiday season?
7. How do you feel about the decision of the police divisions in volatile communities choosing not to issue party permits based on the level of crime and suspicion of money laundering by scammers?

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NEWS

MINISTER OF LABOUR AND SOCIAL SECURITY, HON. SHAHINE ROBINSON, HAS COMMENDED RED STRIPE FOR PROVIDING VALUABLE SKILLS TRAINING TO 238 YOUTH, THROUGH ITS LEARNING FOR LIFE (LFL) PROGRAMME.

SHE SAID THAT THE COMPANY, THROUGH ITS CHARITABLE ARM, THE DESNOES AND GEDDES FOUNDATION HAS SINGLE-HANDEDLY TRAINED APPROXIMATELY 12,000 INDIVIDUALS.

THE MINISTER CHALLENGED THE GRADUATES TO USE THEIR NEWLY ACQUIRED SKILLS TO PLAY THEIR PART IN DRIVING NATIONAL AND ECONOMIC DEVELOPMENT.

AN ANANDA ALERT HAS BEEN ACTIVATED FOR 15-YEAR- OLD NISKA HENRY WARD OF THE STATE AT THE PRINGLES HOME FOR CHILDREN IN CARRON HALL, ST. MARY WHO HAS BEEN MISSING SINCE MONDAY, OCTOBER 17.

SHE IS OF DARK COMPLEXION, SLIM BUILD AND IS ABOUT 155 CENTIMETRES OR 5 FEET 1 INCH TALL. REPORTS FROM THE PORT MARIA POLICE ARE THAT NISKA WAS LAST SEEN IN THE COMMUNITY ABOUT 2:50 P.M., WEARING A WHITE T-SHIRT, BLUE JEANS AND A PAIR OF RED BOOTS. ALL EFFORTS TO CONTACT HER HAVE PROVEN FUTILE.

ANYONE KNOWING THE WHEREABOUTS OF NISKA HENRY IS BEING ASKED TO CONTACT THE PORT MARIA POLICE AT 994-2223, POLICE 119 EMERGENCY NUMBER OR THE NEAREST POLICE STATION.

PERSONS ARE BEING URGED TO TAKE CARE IN RESPONDING TO ADVERTISED JOBS, AS HUMAN TRAFFICKERS ARE USING THIS AS A SCHEME TO LURE PERSONS INTO EXPLOITATION.

ACCORDING TO MANAGER OF THE TRAFFICKING IN PERSONS SECRETARIAT, KESHIA WEST, TRAFFICKERS ARE USING LOCAL NEWSPAPERS TO OFFERS JOBS THAT DON'T EXIST, AND THE PUBLIC MUST BE AWARE OF THE DANGERS THAT THEY MIGHT FACE IF THEY RESPOND TO THE ADS.

THE MINISTRY OF JUSTICE OFFICIAL IS ALSO URGING COMMUNITY MEMBERS TO LOOK OUT FOR PERSONS WHO MIGHT HAVE BEEN TRAFFICKED AND RESIDE AMONG THEM.

THE JAMAICA CONSTABULARY FORCE (JCF) IS URGING CITIZENS TO BE VIGILANT IN THEIR ACTIVITIES DURING THE FESTIVE SEASON. SUPERINTENDENT STEPHANIE LINDSAY, SAID CRIMINALS ARE USING THE BUSY SHOPPING SEASON TO COMMIT CRIMES, AND SHE HAD THE FOLLOWING SAFETY TIPS TO SHARE:

CRIMINALS ARE ATTACHING SCANNING DEVICES TO THE CARD MACHINES IN STORES AND ARE WALKING AROUND WITH GADGETS THAT CAN INTERRUPT CARD TRANSACTIONS TO THEIR BENEFIT.

- SCAN YOUR SURROUNDINGS BEFORE ENTERING AN AUTOMATED TELLER MACHINE (ATM) LOCATION, TO ENSURE THAT YOU ARE NOT BEING FOLLOWED.

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- USE MACHINES IN BUSY AREAS, BUT STILL EXERCISE CAUTION AND BEWARE OF PERSONS WHO ARE LURKING AROUND OR BEHAVING IN A SUSPICIOUS MANNER.
- “IF YOU NOTICE PERSONS WHO ARE SUPPOSED TO BE AHEAD OF YOU IN THE ATM LINE NOT MOVING OR MAKING AN ATTEMPT TO USE THE MACHINE, EVEN WHEN IT’S THEIR TURN... LEAVE THE AREA AND USE ANOTHER MACHINE,” SHE ADVISED.
- DO NOT LEAVE CHILDREN ALONE AT HOME
- MINIMIZE THE USE OF CELLPHONES ON THE ROAD.
- PARK IN WELL-LIT AND BUSY AREAS, KEEP WINDOWS ROLLED UP AND DOORS LOCKED.
- HAVE YOUR KEYS READY WHEN APPROACHING YOUR VEHICLE, AND CHECK THE BACK SEATS BEFORE ENTERING.

SUPERINTENDENT LINDSAY SAID THE JCF WILL BE OUT IN THEIR NUMBERS TO PROTECT THE CITIZENS, ESPECIALLY DURING THIS SEASON, BUT ALSO ENCOURAGED THE PUBLIC TO MAKE SECURITY A PERSONAL RESPONSIBILITY.