## **Acrobatic Sports**

BT: Physical Activity TT: Physical Activity NT: Aerial Discipline **Artistic Gymnastics Baton Twirling** 

Dance Diving Freestyle Gymnastics Hooping Ice Skating Parkour

**Rhythmic Gymnastics** 

Skiing

Synchronised Swimming

Trampolining

# **Air Sports**

NT: Gliding Model Flying

# **Athletic Sports**

NT: Alpine Ski Racing

Aquathlon Athletics **Hammer Throw High Jump Javelin Throw** Jogging Long Jump Modern Pentathlon Pole Vault

Running Shot Put Track Running Triathlon

#### **Ball Games**

NT: American Football

Baseball Basketball **Beach Volleyball** Blind Football Boccia **Bowling Bowls** Canoe Polo Cricket Croquet Deaf Basketball **Deaf Tennis** Dodgeball Flag Football Football Footgolf Futsal **Gaelic Football** Goalball Golf Golf Xtreme

Handball Hockey

Inclusive Zone Basketball Korfball **Kwik Cricket** Lacrosse Netball **Padel Tennis** Petanque Pickleball Polo

Polybat Powerchair Football

Racketball **Roller Hockey** Rounders Rugby League Rugby Union Sitting Volleyball Softball Speedgolf Squash Stoolball Table Cricket
Table Tennis Tchoukball

**Tennis** Texas Scramble Golf

Touch Rugby

Tri-Golf

Visually Impaired Tennis Volleyball

Walking Basketball Walking Football Wallball

Water Polo

Wheelchair Basketball Wheelchair Football Wheelchair Rugby Wheelchair Tennis

#### **Beach Sports**

NT: Beach Volleyball Lifesaving Sport Powerkiting Surfing Volleyball

#### **Boardsports**

NT : Skateboarding Snowboarding Surfing Wakeboarding

#### **Combat Sports**

NT : Aikido
Boxing
Chess-Boxing
Fencing
Ju-Jitsu
Judo
Karate
Kendo
Kickboxing
Kobudo
Kung Fu
Mixed Martial Arts
Modern Pentathlon
Muay Thai

Muay Thai Ninjutsu Systema Taekwondo

Wheelchair Fencing

Wrestling

# **Disability Sports**

NT : Blind Football Boccia Deaf Basketball Deaf Tennis Disability Sport Goalball Handcycling

Inclusive Zone Basketball

Rucling
Para-Badminton
Polybat
Powerchair Football
Sailability
Sitting Volleyball
Table Cricket
Visually Impaired Tenni

Visually Impaired Tennis Wheelchair Basketball Wheelchair Dancing Wheelchair Fencing Wheelchair Football Wheelchair Rugby Wheelchair Tennis

# Endurance Sports NT: Aquathlon

Athletics
Cycling
Modern Pentathlon
Mountaineering
Nordic Walking
Orienteering
Rowing
Running
Sailing
Triathlon

#### **Equestrian Sports**

NT: Dressage
Equestrian
Eventing
Modern Pentathlon
Polo
Pony Trekking
Show Jumping

#### **Exercise**

NT: 50+ Classes
Aerial Discipline
Aerobics
Aqua Zumba®
AquaFit
Ashtanga Yoga
Ballet
Ballroom Dancing
BarreConcept
Baton Twirling

Ballroom Dancing
BarreConcept
Baton Twirling
Belly Dancing
Bokwa
Boogie Bounce
Booiaka
Boxercise
Boxfit
Capoeira
Caving

Caving Chair Based Exercise Cheerleading
Circuit Training Clubbercise CrossFit Dance Exercise Class **Falls Prevention** Figure Skating Fitness League FitSteps Flamenco Geocaching Hatha Yoga Hooping Indoor Cycling Insanity Jazzerćise Kettlebell **Latin Dancing** Legs, Bums and Tums Line Dancing Medicine Ball

Medicine Ball
Military Fitness
Parkour
Pilates
Pole Fitness
Salsa Dancing
Skiptrix
Step
Tai Chi
Tap Dancing
Wheelchair Dancing
Yoga
Zumba®

# Extreme Sports NT: Abseiling

Alpine Ski Racing BMX Racing

Climbing

Freestyle

Lacrosse

**Mixed Martial Arts Roller Derby** 

Skateboarding

Skiing

Skiling Snowboarding Surfing Wakeboarding Water Skiing White Water Rafting

#### **Health & Wellbeing**

NT: Alcoholics Anonymous (AA)

Ashtanga Yoga **Boot Camp** 

Boxfit

Chair Based Exercise
Exercise Referral

Exercise Referral Gardening Gym/Health Club Heart Smart Keepfit Mental Health Nordic Walking

Nutrition

Pre/post natal

Qigong Stop Smoking

Tai Chi

Walking Walking Football Weight Management

Yoga

#### **Hybrid Sports**

NT : Canoe Polo Chess-Boxing

Footgolf Horseball

Korfball

Octopush

Roller Hockey

Rollerskiing Wheelchair Tennis

# Individual Sports

NT : Abseiling Angling Aquathlon Archery

Artistic Gymnastics

Athletics
Badminton
Baton Twirling
BMX Racing
Bowling
Bowle

Bowls Boxing

Canoeing Clay Target Shooting

Climbing
Croquet
Cycling
Dance
Discus Throw
Dressage

Dressage Equestrian Eventing Fencing Figure Skating Fishing

Fishing
Footgolf
Golf
Gymnastics
Hammer Throw
Handcycling
High Jump
Hooping

Ice Skating
Javelin Throw
Jogging
Ju-Jitsu
Judo
Karate
Kickboxing
Kobudo

Long Jump
Mixed Martial Arts
Modern Pentathlon
Motor Sport

Motor Sport Mountain Biking Mountaineering Muay Thai Para-Badminton Petanque Pole Vault Powerkiting Racketball

Rhythmic Gymnastics Rollerblading/Skating

Rowing Running Sailing Shooting Shot Put Show Jumping Skateboarding Skiing Snowboarding Speed Skating Speedgolf Speedway Squash Surfing

Swimming Synchronised Swimming

Table Tennis
Taekwondo
Tennis
Track Running
Trampolining
Tri-Golf
Triathlon

Wakeboarding Walking Water Skiing Weightlifting Wheelchair Fencing Windsurfing Wrestling

#### **Indoor Sports**

NT : Artistic Gymnastics Athletics

Badminton
Basketball
Baton Twirling
Boccia
Bowling
Boxing
Chess-Boxing
Curling
Cycling
Dodgeball
Fencing
Handball

Inclusive Zone Basketball

Ju-Jitsu Judo Karate Kickboxing Kurling Para-Badminton Polybat

Powerchair Football Sitting Volleyball Table Tennis Trampolining Wallball

Wheelchair Basketball Wheelchair Fencing

Zumba®

# **Martial Arts**

NT : Aikido
Capoeira
Ju-Jitsu
Judo
Karate
Kendo
Kobudo
Krav Maga
Kung Fu
Mixed Martial Arts
Muay Thai
Ninjutsu
Qigong
Systema
Taekwondo

#### **Motor Sport**

Tai Chi

BT: Individual Sports Motor Sport Sport TT: Individual Sports

Sport NT : Motor Sport Speedway

#### **Movement and Dance**

NT: 50+ Classes
Aerial Discipline
Aerobics
Aqua Zumba®
AquaFit
Ashtanga Yoga
Ballet
Ballroom Dancing

Ballroom Dancin BarreConcept Baton Twirling Belly Dancing Bokwa Boogie Bounce Booiaka Boxercise Boxfit Capoeira

Caving
Chair Based Exercise Cheerleading Circuit Training Clubbercise CrossFit Dance **Exercise Class Falls Prevention** Figure Skating Fitness League **FitSteps** Flamenco Geocaching Hatha Yoga Hooping Indoor Cycling

Jazzercise
Kettlebell
Latin Dancing
Legs, Bums and Tums
Line Dancing
Medicine Ball
Military Fitness
Parkour
Pilates
Pole Fitness
Salsa Dancing
Skiptrix
Step
Tai Chi
Tap Dancing
Wheelchair Dancing

Yoga Zumba®

Insanity

# Olympic/Paralympic Sports

NT: Archery

Artistic Gymnastics Badminton Basketball Beach Volleyball BMX Racing Bowls Boxing Canceing

Canoeing Clay Target Shooting

Curling
Cycling
Discus Throw
Diving
Dressage
Eventing
Figure Skating
Football
Goalball
Gymnastics
Hammer Throw
Handball
High Jump
Hockey
Ice Hockey
Ice Skating
Judo
Long Jump
Modern Pentathlon

Pole Vault Rhythmic Gymnastics

Sailing Shooting Shot Put Show Jumping Sitting Volleyball Skiing Snowboarding

Netball

Snowboarding Speed Skating Swimming

Synchronised Swimming Table Tennis

Taekwondo Tennis Track Running Trampolining Volleyball Water Polo Weightlifting

Wheelchair Fencing Wheelchair Rugby Wrestling

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## **Physical Activity**

NT: Acrobatic Sports

Alcoholics Anonymous (AA)

Ballooning **BarreConcept** Baton Twirling Boot Camp **Boxercise** 

Caving Chair Based Exercise Circuit Training

CrossFit

Dance

Exercise Class
Exercise Referral

**Falls Prevention** 

Gardening

Geocaching Gym/Health Club Heart Smart

**Indoor Cycling** Insanity

Jogging Keepfit

Kettlebell

Kiting

Mental Health **Military Fitness** 

Nordic Walking

Nutrition **Pilates** 

Pony Trekking

Pre/post natal

Qigong Rollerblading/Skating

Skiptrix

Stop Smoking

Tai Chi

Tug of War

Walking

Weight Management

Yoga

# **Precision Sports**

NT : Archery Artistic Gymnastics

Boccia **Bowls** 

**Clay Target Shooting** 

Croquet Curling Fencing Footgolf Golf

Modern Pentathlon

Petanque Shooting

Speedgolf Wheelchair Fencing

# **Racquet Sports**

NT: Badminton **Deaf Tennis** Floorball **Padel Tennis** 

Para-Badminton Racketball Squash

Tennis Visually Impaired Tennis

**Roller Sports** 

NT: Roller Derby **Roller Hockey** Rollerblading/Skating Rollerskiing

#### **Sport**

NT: Aikido

American Football

**Angling** Archery Athletics Badminton Baseball Basketball Boccia Bowling Bowls **Boxing** Canoeing Chess-Boxing Climbing

Cricket Croquet Curling Cycling Dance

Disability Sport Dodgeball Equestrian Fencing Fishing Floorball Flying Football

Footgolf Gliding Goalball Golf Gymnastics Handball Hockey Horseball

Ice Hockey Ice Skating Ju-Jitsu Judo Karate Kayaking Kendo

Kickboxing Kobudo Korfball Krav Maga Kung Fu Lacrosse

Lifesaving Sport Mixed Martial Arts **Model Flying** 

Modern Pentathlon **Motor Sport** 

Mountaineering Muay Thai Multi-Sport

Netball Ninjutsu Octopush Orienteering

**Padel Tennis** Paintball

Para-Badminton

Parkour Petanque Pickleball

Powerkiting Racketball **Roller Derby** 

Rollerskiing Rounders Rowing

Rugby League Rugby Union Running

Sailing

Scuba Diving

Shooting

Skateboarding

Skiing Snorkelling

Snowboarding

Softball

Speedway

Squash Stoolball Surfing Swimming

Systema **Table Tennis** Taekwondo

Tchoukball Tennis Trampolining

Triathlon **Ultimate Frisbee** Volleyball

Wakeboarding Walking Basketball

Wallball Water Polo Water Skiing Weightlifting

Wheelchair Basketball Wheelchair Dancing Wheelchair Fencing Wheelchair Football Wheelchair Rugby Wheelchair Tennis Windsurfing

Winter Sports Wrestling

#### **Street Sports**

NT: Basketball Football

**Futsal** Parkour

Rollerblading/Skating

Rollerskiing Skateboarding Triathlon

## **Team Sports**

NT: American Football

Badminton Baseball Basketball Beach Volleyball Blind Football **Bowls** 

Canoe Polo Cheerleading Cricket Curling Cycling

Dance Deaf Basketball Dodgeball Figure Skating

Flag Football Floorball Football Futsal

Gaelic Football Goalball Handball Hockey Ice Hockey Ice Skating

Inclusive Zone Basketball

Korfball **Kwik Cricket** Lacrosse Netball Octopush **Padel Tennis** Para-Badminton Pickleball Polo

**Powerchair Football Rhythmic Gymnastics** 

Roller Derby **Roller Hockey** Rounders Rowing Rugby League Rugby Union Sailing Sitting Volleyball Softball

Stoolball

**Synchronised Swimming** 

Table Tennis Tchoukball

**Texas Scramble Golf** Touch Rugby

Tug of War

Visually Impaired Tennis Volleyball

Walking Football Wallball Water Polo

Wheelchair Basketball Wheelchair Football Wheelchair Rugby White Water Rafting

## **Throwing Sports**

NT: American Football

**Athletics** Boccia Cricket **Discus Throw** Dodgeball Flag Football **Hammer Throw** Javelin Throw Nethall **Shot Put** Tchoukball

# **Traditional Sports**

NT: Badminton Basketball Cricket Dressage Equestrian Football

**High Jump** Hockey Netball Shot Put

#### **Water Sports**

NT: Angling

Aqua Zumba® AquaFit Aquathlon Canoe Polo Canoeing Diving Fishing Kayaking Lifesaving Sport Octopush Rowing Sailability

Sailing Scuba Diving

Snorkelling Stand Up Paddleboarding

Surfing

Swimming Synchronised Swimming

Triathlon Wakeboarding Water Polo Water Skiing White Water Rafting Windsurfing

# **Winter Sports**

BT: Sport

Sport

NT: Alpine Ski Racing

Bobsleigh Curling Figure Skating

Freestyle

Freestyle Snowboarding

Ice Hockey Ice Skating Skiing

**Snowboard Racing** Snowboarding Speed Skating