Table 1: foodbank and Food Service Information.

Type	Description	Locations Pre-COVID	Locations During COVID	Additional Notes
Congregate Dining	Congregate and dining programs provide low-cost meals that are enjoyed in a community setting. Transportation may be provided	7	2	One remaining location reduced hours during COVID
Community Meals	No-cost programs often run by volunteers that organize suppers, lunches or other get-togethers that give community residents an opportunity to meet one another in a friendly and informal atmosphere while sharing a meal	11	9	NA
Food Banks	Food Banks and Emergency Food programs provide individuals and families with grocery items free of charge	26	25	One remaining location reduced hours during COVID while 4 others moved to appointment only
Free Meals	Meals are provided free of charge in the community through volunteer labour and donations	9	5	One remaining location reduced hours during COVID
Low-Cost Meals	Restaurants, cafeterias and other eating establishments operated by hospitals, senior centers or other organizations which provide reduced-cost meals for low-income people, older adults or other targeted individuals.	2	1	The remaining location reduced hours during COVID

Table 2: Population at each accessibility level by age group among members households with incomes less than CAD40,000.

	Pre-COVID-19			During COVID-19		
Accessibility Quartile	Children (age $\leq$ 18)	Adults (19-64)	Seniors (age $\geq$ 65)	Children (age $\leq$ 18)	Adults (19-64)	Seniors (age $\geq$ 65)
Top 25%	2,048	7,031	3,632	1,956 (-4.49%)	6,138 (-12.7%)	3,338 (-8.09%)
Second 25%	2,190	9,631	5,023	2,365 (7.99%)	10,833 (12.48%)	5,400 (7.51%)
Third 25%	3,239	12,694	6,875	3,082 (-4.85%)	12,612 (-0.65%)	7,064 (2.75%)
Bottom 25%	3,711	13,220	7,648	3,038 (-18.14%)	11,811 (-10.66%)	6,308 (-17.52%)
Total population	11,189	42,576	23,178	10,441 (-6.69%)	41,395 (-2.77%)	22,110 (-4.61%)

Note:

Population values have been rounded.

The values in brackets for population during COVID-19 are the changes from before the pandemic.