Weyl Tensor Simplifications

$\delta W_{\mu\nu}$ Trace Dependence (General)

In isolating the trace part of the substitution $h_{\mu\nu} = K_{\mu\nu} + \frac{1}{4}g_{\mu\nu}h$, the perturbed conformal tensor takes the form (after some simplification from Bianchi identity and a substitution like eq. 47 in Cosmology paper, also taking $g_{\mu\nu} \equiv g_{\mu\nu}^{(0)}$ hereonforth)

$$\delta W_{\mu\nu}(\frac{h}{4}g_{\mu\nu}) = \frac{1}{24}g_{\mu\nu}R^2h - \frac{1}{8}g_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta}h - \frac{1}{6}RR_{\mu\nu}h + \frac{1}{2}R_{\alpha\beta}R_{\mu}^{\alpha}{}_{\nu}^{\beta}h + \frac{1}{24}g_{\mu\nu}h\nabla_{\alpha}\nabla^{\alpha}R$$

$$-\frac{1}{4}h\nabla_{\alpha}\nabla^{\alpha}R_{\mu\nu} - \frac{1}{4}\nabla_{\alpha}h\nabla^{\alpha}R_{\mu\nu} + \frac{1}{4}\nabla_{\alpha}h\nabla_{\beta}R_{\mu}^{\beta}{}_{\nu}^{\alpha} + \frac{1}{4}\nabla_{\alpha}h\nabla_{\nu}R_{\mu}^{\alpha} + \frac{1}{12}h\nabla_{\nu}\nabla_{\mu}R$$

$$(1)$$

Using a once contracted bianchi identity,

$$\nabla^{\alpha} h \nabla_{\beta} R_{\mu}{}^{\beta}{}_{\nu\alpha} = -\nabla^{\alpha} h \nabla_{\beta} R^{\beta}{}_{\mu\nu\alpha}$$

$$= \nabla^{\alpha} h \nabla_{\alpha} R_{\mu\nu} - \nabla^{\alpha} h \nabla_{\nu} R_{\mu\alpha}.$$
(2)

(1) then becomes

$$\delta W_{\mu\nu} = \frac{1}{24} g_{\mu\nu} R^2 h - \frac{1}{8} g_{\mu\nu} R_{\alpha\beta} R^{\alpha\beta} h - \frac{1}{6} R R_{\mu\nu} h + \frac{1}{2} R_{\alpha\beta} R_{\mu}{}^{\alpha}{}_{\nu}{}^{\beta} h + \frac{1}{24} g_{\mu\nu} h \nabla_{\alpha} \nabla^{\alpha} R - \frac{1}{4} h \nabla_{\alpha} \nabla^{\alpha} R_{\mu\nu} + \frac{1}{12} h \nabla_{\nu} \nabla_{\mu} R$$
(3)

Now note the form of $W_{\mu\nu}$

$$W_{\mu\nu} = -\frac{1}{6}g_{\mu\nu}R^2 + \frac{1}{2}g_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} + \frac{2}{3}RR_{\mu\nu} - 2R^{\alpha\beta}R_{\mu\alpha\nu\beta} - \frac{1}{6}g_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R$$

$$+ \nabla_{\alpha}\nabla^{\alpha}R_{\mu\nu} - \nabla_{\mu}\nabla^{\alpha}R_{\nu\alpha} - \nabla_{\nu}\nabla^{\alpha}R_{\mu\alpha} + \frac{2}{3}\nabla_{\nu}\nabla_{\mu}R$$

$$(4)$$

Now use the Bianchi identity on (4) to bring it to

$$W_{\mu\nu} = -\frac{1}{6}g_{\mu\nu}R^2h + \frac{1}{2}g_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta}h + \frac{2}{3}RR_{\mu\nu}h - 2R^{\alpha\beta}R_{\mu\alpha\nu\beta}h - \frac{1}{6}g_{\mu\nu}h\nabla_{\alpha}\nabla^{\alpha}R + h\nabla_{\alpha}\nabla^{\alpha}R_{\mu\nu} - \frac{1}{3}h\nabla_{\nu}\nabla_{\mu}R$$
 (5)

It becomes apparent that

$$\delta W_{\mu\nu}(\frac{h}{4}g_{\mu\nu}) = -\frac{1}{4}hW_{\mu\nu}.$$
(6)

This result matches eq. 1.13 in Fluctuations_Summary_Matthew.pdf, where it was proven in general using the conformal properties of $W_{\mu\nu}$.

$\delta W_{\mu\nu}$ (Flat)

If we perturb $W_{\mu\nu}$ in a flat background we arrive at the form of

$$\delta W_{\mu\nu} = 2\partial^{\lambda}\partial^{\kappa}\delta C_{\mu\lambda\nu\kappa} \tag{7}$$

Weyl quantities in a flat background $g_{\mu\nu} = \eta_{\mu\nu}$:

$$\delta C^L{}_{MNK} = \delta R^L{}_{MNK} + \frac{1}{12} g^{AB} \delta R_{AB} (\delta^L{}_N g_{MK} - \delta^L{}_K g_{MN}) \tag{8}$$

$$-\frac{1}{3}(\delta^L{}_N\delta R_{MK} - \delta^L{}_K\delta R_{MN} - g_{MN}\delta R^L{}_K + g_{MK}\delta R^L{}_N)$$
$$\delta R^L{}_{MNK} = \delta \Gamma^L_{MN:K} - \delta \Gamma^L_{MK:N}$$
(9)

$$\delta\Gamma^{\lambda}_{\mu\nu} = \frac{1}{2}\eta^{\lambda\rho}(\partial_{\mu}h_{\nu\rho} + \partial_{\nu}h_{\mu\rho} - \partial_{\rho}h_{\mu\nu}) \tag{10}$$

Upon evaluating $\delta C_{\mu\lambda\nu\kappa}$ as defined above, after simplification the perturbed $W_{\mu\nu}$ reduces to

$$2\partial^{\lambda}\partial^{\kappa}\delta C_{\mu\lambda\nu\kappa} = \frac{1}{3}\eta^{\alpha\kappa}\eta^{\lambda\beta}\partial_{\beta}\partial_{\kappa}\partial_{\nu}\partial_{\mu}K_{\alpha\lambda} + \frac{1}{2}\eta^{\alpha\kappa}\eta^{\lambda\beta}\partial_{\beta}\partial_{\lambda}\partial_{\kappa}\partial_{\alpha}K_{\mu\nu} - \frac{1}{2}\eta^{\alpha\kappa}\eta^{\lambda\beta}\partial_{\beta}\partial_{\lambda}\partial_{\kappa}\partial_{\mu}K_{\nu\alpha}$$
$$- \frac{1}{2}\eta^{\alpha\kappa}\eta^{\lambda\beta}\partial_{\beta}\partial_{\lambda}\partial_{\kappa}\partial_{\nu}K_{\mu\alpha} + \frac{1}{6}\eta^{\alpha\kappa}\eta^{\gamma\eta}\eta^{\lambda\beta}\eta_{\mu\nu}\partial_{\eta}\partial_{\gamma}\partial_{\beta}\partial_{\kappa}K_{\alpha\lambda}.$$
 (11)

This is equivalent to eq. (50) in Cosmology paper given as

$$\delta W_{\mu\nu} = \frac{1}{2} \Pi^{\rho}{}_{\mu} \Pi^{\sigma}{}_{\nu} K_{\rho\sigma} - \frac{1}{6} \Pi_{\mu\nu} \Pi^{\rho\sigma} K_{\rho\sigma}$$

$$\tag{12}$$

where

$$\Pi_{\mu\nu} = \eta_{\mu\nu} \partial^{\alpha} \partial_{\alpha} - \partial_{\mu} \partial_{\nu}$$

and where one must keep in mind $\eta^{\alpha\beta}K_{\alpha\beta}=0$.

$\delta W_{\mu\nu}$ (General)

No Riemann (56 terms)

$$\begin{split} \delta W_{\mu\nu} &= -\frac{1}{6} K_{\mu\nu} R^2 + \frac{1}{3} g_{\mu\nu} K^{\alpha\beta} R R_{\alpha\beta} + \frac{1}{2} K_{\mu\nu} R_{\alpha\beta} R^{\alpha\beta} - g_{\mu\nu} K^{\alpha\beta} R_{\alpha}{}^{\gamma} R_{\beta\gamma} - \frac{2}{3} K^{\alpha\beta} R_{\alpha\beta} R_{\mu\nu} + 2 K^{\alpha\beta} R_{\mu\alpha} R_{\nu\beta} \\ &+ \frac{1}{3} R \nabla_{\alpha} \nabla^{\alpha} K_{\mu\nu} - \frac{1}{6} K_{\mu\nu} \nabla_{\alpha} \nabla^{\alpha} R - \frac{1}{3} R \nabla_{\alpha} \nabla_{\mu} K_{\nu}{}^{\alpha} - \frac{1}{2} \nabla_{\alpha} \nabla_{\mu} \nabla_{\beta} \nabla^{\beta} K_{\nu}{}^{\alpha} - \frac{1}{3} R \nabla_{\alpha} \nabla_{\nu} K_{\mu}{}^{\alpha} - \frac{1}{2} \nabla_{\alpha} \nabla_{\nu} \nabla_{\beta} \nabla^{\beta} K_{\mu}{}^{\alpha} \\ &- \frac{1}{6} \nabla_{\alpha} K_{\mu\nu} \nabla^{\alpha} R + \frac{1}{6} g_{\mu\nu} \nabla^{\alpha} R \nabla_{\beta} K_{\alpha}{}^{\beta} - \nabla_{\alpha} K^{\alpha\beta} \nabla_{\beta} R_{\mu\nu} + \frac{1}{3} g_{\mu\nu} R \nabla_{\beta} \nabla_{\alpha} K^{\alpha\beta} - \frac{2}{3} R_{\mu\nu} \nabla_{\beta} \nabla_{\alpha} K^{\alpha\beta} + R_{\nu}{}^{\alpha} \nabla_{\beta} \nabla_{\alpha} K_{\mu}{}^{\beta} \\ &- R^{\alpha\beta} \nabla_{\beta} \nabla_{\alpha} K_{\mu\nu} + R_{\mu}{}^{\alpha} \nabla_{\beta} \nabla_{\alpha} K_{\nu}{}^{\beta} + \frac{1}{6} g_{\mu\nu} K^{\alpha\beta} \nabla_{\beta} \nabla_{\alpha} R - K^{\alpha\beta} \nabla_{\beta} \nabla_{\alpha} R_{\mu\nu} - R_{\nu}{}^{\alpha} \nabla_{\beta} \nabla^{\beta} K_{\mu\alpha} - R_{\mu}{}^{\alpha} \nabla_{\beta} \nabla^{\beta} K_{\nu\alpha} \\ &+ \frac{1}{2} \nabla_{\beta} \nabla^{\beta} \nabla_{\alpha} \nabla^{\alpha} K_{\mu\nu} - \frac{1}{2} \nabla_{\beta} \nabla^{\beta} \nabla_{\alpha} \nabla_{\mu} K_{\nu}{}^{\alpha} - \frac{1}{2} \nabla_{\beta} \nabla^{\beta} \nabla_{\alpha} \nabla_{\nu} K_{\mu}{}^{\alpha} + R_{\nu}{}^{\alpha} \nabla_{\beta} \nabla_{\beta} \nabla_{\mu} K_{\nu\alpha} + K^{\alpha\beta} \nabla_{\beta} \nabla_{\mu} K_{\nu\alpha} + K^{\alpha\beta} \nabla_{\beta} \nabla_{\mu} K_{\nu\alpha} + K^{\alpha\beta} \nabla_{\beta} \nabla_{\nu} K_{\mu}{}^{\alpha} + R_{\nu}{}^{\alpha} \nabla_{\beta} \nabla_{\nu} K_{\mu}{}^{\alpha} + K^{\alpha\beta} \nabla_{\beta} \nabla_{\nu} K_{\mu\alpha} + K^{\alpha\beta} \nabla_{\gamma} \nabla_{\gamma} K_{\alpha\beta} + K^{\alpha\beta} \nabla_{\nu} K_{\alpha\beta} + K^{\alpha\beta} \nabla_{\nu} K_{\alpha\beta} + K^{\alpha\beta} \nabla_{\nu} K_{\alpha\beta} \nabla_{\gamma} \nabla_{\gamma} K_{\alpha\beta} + K^{\alpha\beta} \nabla_{\gamma} \nabla_{\gamma} K_{\alpha\beta} \nabla_{\gamma} K_{\alpha\beta} \nabla_{\gamma} \nabla_{\gamma} K_{\alpha\beta} \nabla_{\gamma}$$

With Riemann (57 terms)

$$\begin{split} \delta W_{\mu\nu} &= -\frac{1}{6} K_{\mu\nu} R^2 + \frac{1}{3} g_{\mu\nu} K^{\alpha\beta} R R_{\alpha\beta} + \frac{1}{2} K_{\mu\nu} R_{\alpha\beta} R^{\alpha\beta} + \frac{1}{3} K_{\nu}{}^{\alpha} R R_{\mu\alpha} - \frac{2}{3} K^{\alpha\beta} R_{\alpha\beta} R_{\mu\nu} + \frac{1}{3} K_{\mu}{}^{\alpha} R R_{\nu\alpha} - g_{\mu\nu} K^{\alpha\beta} R^{\gamma\eta} R_{\alpha\gamma\beta\eta} \\ &- \frac{2}{3} K^{\alpha\beta} R R_{\mu\alpha\nu\beta} - K_{\nu}{}^{\alpha} R^{\beta\gamma} R_{\mu\beta\alpha\gamma} + 2 K^{\alpha\beta} R_{\alpha}{}^{\gamma} R_{\mu\gamma\nu\beta} + 2 K^{\alpha\beta} R_{\alpha\gamma\beta\eta} R_{\mu}{}^{\gamma}{}_{\nu}{}^{\gamma} - K_{\mu}{}^{\alpha} R^{\beta\gamma} R_{\nu\beta\alpha\gamma} + \frac{1}{3} R \nabla_{\alpha} \nabla^{\alpha} K_{\mu\nu} \\ &- \frac{1}{6} K_{\mu\nu} \nabla_{\alpha} \nabla^{\alpha} R - \frac{1}{6} \nabla_{\alpha} K_{\mu\nu} \nabla^{\alpha} R + \frac{1}{6} g_{\mu\nu} \nabla^{\alpha} R \nabla_{\beta} K_{\alpha}{}^{\beta} - \nabla_{\alpha} K^{\alpha\beta} \nabla_{\beta} R_{\mu\nu} + \frac{1}{3} g_{\mu\nu} R \nabla_{\beta} \nabla_{\alpha} K^{\alpha\beta} - \frac{2}{3} R_{\mu\nu} \nabla_{\beta} \nabla_{\alpha} K^{\alpha\beta} \\ &+ \frac{1}{2} R_{\nu}{}^{\alpha} \nabla_{\beta} \nabla_{\alpha} K_{\mu}{}^{\beta} - R^{\alpha\beta} \nabla_{\beta} \nabla_{\alpha} K_{\mu\nu} + \frac{1}{2} R_{\mu}{}^{\alpha} \nabla_{\beta} \nabla_{\alpha} K_{\nu}{}^{\beta} + \frac{1}{6} g_{\mu\nu} K^{\alpha\beta} \nabla_{\beta} \nabla_{\alpha} R - K^{\alpha\beta} \nabla_{\beta} \nabla_{\alpha} R_{\mu\nu} + \frac{1}{2} K_{\nu}{}^{\alpha} \nabla_{\beta} \nabla_{\beta} R_{\mu\alpha} \\ &+ \frac{1}{2} K_{\mu}{}^{\alpha} \nabla_{\beta} \nabla^{\beta} R_{\nu\alpha} + \frac{1}{2} \nabla_{\beta} \nabla^{\beta} \nabla_{\alpha} \nabla^{\alpha} K_{\mu\nu} - \frac{1}{2} \nabla_{\beta} \nabla^{\beta} \nabla_{\mu} \nabla_{\alpha} K_{\nu}{}^{\alpha} - \frac{1}{2} \nabla_{\beta} \nabla^{\beta} \nabla_{\nu} \nabla_{\alpha} K_{\mu}{}^{\alpha} - g_{\mu\nu} R^{\alpha\beta} \nabla_{\beta} \nabla_{\gamma} K_{\alpha}{}^{\gamma} \\ &- \frac{1}{2} R_{\nu}{}^{\alpha} \nabla_{\beta} \nabla_{\mu} K_{\alpha}{}^{\beta} - \frac{1}{2} R_{\mu}{}^{\alpha} \nabla_{\beta} \nabla_{\nu} K_{\alpha}{}^{\beta} + \nabla_{\alpha} R_{\nu\beta} \nabla^{\beta} K_{\mu}{}^{\alpha} + \nabla_{\alpha} R_{\mu\beta} \nabla^{\beta} K_{\nu}{}^{\alpha} + \frac{2}{3} g_{\mu\nu} R^{\alpha\beta} \nabla_{\gamma} \nabla^{\gamma} K_{\alpha\beta} - 2 R_{\mu\alpha\nu\beta} \nabla_{\gamma} \nabla^{\gamma} K^{\alpha\beta} \\ &+ \frac{1}{6} g_{\mu\nu} K^{\alpha\beta} \nabla_{\gamma} \nabla^{\gamma} R_{\alpha\beta} - K^{\alpha\beta} \nabla_{\gamma} \nabla^{\gamma} R_{\mu\alpha\nu\beta} + \frac{1}{6} g_{\mu\nu} \nabla_{\gamma} \nabla^{\gamma} \nabla_{\beta} \nabla_{\alpha} K^{\alpha\beta} + \frac{1}{3} g_{\mu\nu} \nabla_{\gamma} R_{\alpha\beta} \nabla^{\gamma} K^{\alpha\beta} - 2 \nabla_{\gamma} R_{\mu\alpha\nu\beta} \nabla^{\gamma} K^{\alpha\beta} \\ &+ R_{\mu\beta\nu\gamma} \nabla^{\gamma} \nabla_{\alpha} K^{\alpha\beta} + R_{\mu\gamma\nu\beta} \nabla^{\gamma} \nabla_{\alpha} K^{\alpha\beta} - \nabla_{\beta} R_{\nu\alpha} \nabla_{\mu} K^{\alpha\beta} + \frac{1}{6} \nabla^{\alpha} R \nabla_{\nu} K_{\mu\alpha} + \frac{1}{3} \nabla_{\mu} K^{\alpha\beta} \nabla_{\nu} R_{\alpha\beta} - \frac{1}{3} R \nabla_{\nu} \nabla_{\alpha} K_{\mu}^{\alpha} + R^{\alpha\beta} \nabla_{\nu} \nabla_{\beta} K_{\mu\alpha} \\ &- \nabla_{\beta} R_{\mu\alpha} \nabla_{\nu} K^{\alpha\beta} + \frac{1}{3} \nabla_{\mu} R_{\alpha\beta} \nabla_{\nu} K^{\alpha\beta} + \frac{1}{6} \nabla^{\alpha} R \nabla_{\nu} K_{\mu\alpha} + \frac{1}{3} \nabla_{\mu} K^{\alpha\beta} \nabla_{\nu} R_{\alpha\beta} - \frac{1}{3} R \nabla_{\nu} \nabla_{\alpha} K_{\mu}^{\alpha} + R^{\alpha\beta} \nabla_{\nu} \nabla_{\beta} K_{\mu\alpha} \\ &- \frac{2}{3} R^{\alpha\beta} \nabla_{\nu} \nabla_{\mu} K_{\alpha\beta} + \frac{1}{3} K^{\alpha\beta} \nabla_{\nu} \nabla_{\mu} R_{\alpha\beta} + \frac{1}{3} K^{\alpha\beta} \nabla_{\nu} \nabla_{\mu} K_{\alpha\beta} - \frac{$$

$\delta C_{\lambda\mu\nu\kappa}$ and Trace Dependence (General)

$$\begin{split} \delta C_{\lambda\mu\nu\kappa} &= -\tfrac{1}{6} g_{\mu\nu} K_{\kappa\lambda} R + \tfrac{1}{6} g_{\lambda\nu} K_{\kappa\mu} R + \tfrac{1}{6} g_{\kappa\mu} K_{\lambda\nu} R - \tfrac{1}{6} g_{\kappa\lambda} K_{\mu\nu} R - \tfrac{1}{6} g_{\kappa\mu} g_{\lambda\nu} K^{\alpha\beta} R_{\alpha\beta} + \tfrac{1}{6} g_{\kappa\lambda} g_{\mu\nu} K^{\alpha\beta} R_{\alpha\beta} + \tfrac{1}{2} K_{\mu\nu} R_{\kappa\lambda} \\ &- \tfrac{1}{2} K_{\lambda\nu} R_{\kappa\mu} - \tfrac{1}{2} K_{\kappa\mu} R_{\lambda\nu} + \tfrac{1}{2} K_{\kappa\lambda} R_{\mu\nu} + K_{\lambda}{}^{\alpha} R_{\kappa\nu\mu\alpha} + \tfrac{1}{4} g_{\mu\nu} \nabla_{\alpha} \nabla^{\alpha} K_{\kappa\lambda} - \tfrac{1}{4} g_{\lambda\nu} \nabla_{\alpha} \nabla^{\alpha} K_{\kappa\mu} - \tfrac{1}{4} g_{\kappa\mu} \nabla_{\alpha} \nabla^{\alpha} K_{\lambda\nu} \\ &+ \tfrac{1}{4} g_{\kappa\lambda} \nabla_{\alpha} \nabla^{\alpha} K_{\mu\nu} - \tfrac{1}{4} g_{\mu\nu} \nabla_{\alpha} \nabla_{\kappa} K_{\lambda}{}^{\alpha} + \tfrac{1}{4} g_{\lambda\nu} \nabla_{\alpha} \nabla_{\kappa} K_{\mu}{}^{\alpha} - \tfrac{1}{4} g_{\mu\nu} \nabla_{\alpha} \nabla_{\lambda} K_{\kappa}{}^{\alpha} + \tfrac{1}{4} g_{\kappa\mu} \nabla_{\alpha} \nabla_{\lambda} K_{\nu}{}^{\alpha} + \tfrac{1}{4} g_{\lambda\nu} \nabla_{\alpha} \nabla_{\nu} K_{\lambda}{}^{\alpha} \\ &- \tfrac{1}{4} g_{\kappa\lambda} \nabla_{\alpha} \nabla_{\mu} K_{\nu}{}^{\alpha} + \tfrac{1}{4} g_{\kappa\mu} \nabla_{\alpha} \nabla_{\nu} K_{\lambda}{}^{\alpha} - \tfrac{1}{4} g_{\kappa\mu} \nabla_{\alpha} \nabla_{\nu} K_{\mu}{}^{\alpha} - \tfrac{1}{6} g_{\kappa\mu} g_{\lambda\nu} \nabla_{\beta} \nabla_{\alpha} K^{\alpha\beta} + \tfrac{1}{6} g_{\kappa\lambda} g_{\mu\nu} \nabla_{\beta} \nabla_{\alpha} K^{\alpha\beta} \\ &- \tfrac{1}{2} \nabla_{\kappa} \nabla_{\lambda} K_{\mu\nu} + \tfrac{1}{2} \nabla_{\kappa} \nabla_{\nu} K_{\lambda\mu} - \tfrac{1}{2} \nabla_{\nu} \nabla_{\kappa} K_{\lambda\mu} + \tfrac{1}{2} \nabla_{\nu} \nabla_{\lambda} K_{\kappa\mu} - \tfrac{1}{2} \nabla_{\nu} \nabla_{\mu} K_{\kappa\lambda} + \tfrac{1}{4} h C_{\lambda\mu\nu\kappa} \end{split}$$

where the trace dependent terms are

$$\delta C_{\lambda\mu\nu\kappa}(\frac{h}{4}g_{\mu\nu}^{(0)}) = \frac{1}{24}g_{\kappa\mu}g_{\lambda\nu}Rh - \frac{1}{24}g_{\kappa\lambda}g_{\mu\nu}Rh + \frac{1}{8}g_{\mu\nu}R_{\kappa\lambda}h - \frac{1}{8}g_{\lambda\nu}R_{\kappa\mu}h - \frac{1}{8}g_{\kappa\mu}R_{\lambda\nu}h + \frac{1}{8}g_{\kappa\lambda}R_{\mu\nu}h - \frac{1}{4}R_{\kappa\nu\lambda\mu}h \\
= \frac{1}{4}hC_{\lambda\mu\nu\kappa}.$$
(13)

Note that this is opposite in sign compared to the trace dependence of $\delta W_{\mu\nu}$. To see this, under conformal transformation

$$g_{\mu\nu} \to \tilde{g}_{\mu\nu} = \Omega^2(x)g_{\mu\nu}$$

we know the Weyl tensor is invariant

$$C^{\lambda}{}_{\mu\nu\kappa} \to C^{\lambda}{}_{\mu\nu\kappa}.$$

This is equivalent to

$$g^{\lambda\alpha}C_{\alpha\mu\nu\kappa} \to \Omega^{-2}(x)g^{\lambda\alpha}\tilde{C}_{\alpha\mu\nu\kappa},$$

and thus for the quantity to remain invariant, the covariant Weyl tensor must transform as

$$C_{\lambda\mu\nu\kappa} \to \Omega^2(x)C_{\lambda\mu\nu\kappa}.$$

The conformal symmetry applies to the trace as the following:

$$C_{\lambda\mu\nu\kappa} \left((1 + \frac{h}{4}) g_{\mu\nu}^{(0)} \right) = \left(1 + \frac{h}{4} \right) C_{\lambda\mu\nu\kappa} (g_{\mu\nu}^{(0)})$$
$$C_{\lambda\mu\nu\kappa} (g_{\mu\nu}^{(0)}) + \delta C_{\lambda\mu\nu\kappa} (\frac{h}{4} g_{\mu\nu}^{(0)}) = C_{\lambda\mu\nu\kappa} (g_{\mu\nu}^{(0)}) + \frac{h}{4} C_{\lambda\mu\nu\kappa} (g_{\mu\nu}^{(0)})$$

and therefore

$$\delta C_{\lambda\mu\nu\kappa} \left(\frac{h}{4} g_{\mu\nu}^{(0)} \right) = \frac{h}{4} C_{\lambda\mu\nu\kappa} (g_{\mu\nu}^{(0)})$$
 (14)