

RW SVT2 v1

1 Background

1.1 Comoving RW

$$ds^2 = -dt^2 + a^2(t) \left(\frac{1}{1-kr^2} dr^2 + r^2 d\theta^2 \right) \quad (1.1)$$

$$U^\mu = \frac{dx^\mu}{d\tau} = \frac{dx^\mu}{dt} U^0, \quad \frac{dx^i}{dt} = 0, \quad g_{\mu\nu} U^\mu U^\nu = -1, \implies U^\mu = \delta_0^\mu \quad (1.2)$$

$$T_{\mu\nu} = (\rho(t) + p(t)) U_\mu U_\nu + p(t) g_{\mu\nu} \quad (1.3)$$

1.2 Conformal RW $\Omega(T, R)$

$$ds^2 = \Omega^2(T, R) (-dT^2 + dR^2 + R^2 d\theta^2) = \Omega^2(T, R) \tilde{g}_{\mu\nu} dx^\mu dx^\nu \quad (1.4)$$

$$x^\mu = (t, r, \theta), \quad X^\mu = (T, R, \theta) \quad (1.5)$$

$$T = f(t, r), \quad R = g(t, r) \\ (\text{Ex: } k = -\frac{1}{L^2}, \quad T = e^{\frac{r}{L}} \cosh \chi, \quad R = e^{\frac{r}{L}} \sinh \chi, \quad dt = a(t) d\tau, \quad \sinh \chi = \frac{r}{L}) \quad (1.6)$$

$$T_{\mu\nu}^{(T,R)} = (\rho + p) U_\mu U_\nu + p g_{\mu\nu} \quad (1.7)$$

$$\rho = \rho(T, R), \quad p = p(T, R) \quad (1.8)$$

$$U^\mu \equiv U_{(T,R)}^\mu = \frac{\partial X^\mu}{\partial x^\nu} U_{(t,r)}^\nu = \frac{\partial X^\mu}{\partial t} = \left(\frac{\partial T}{\partial t}, \frac{\partial R}{\partial t}, 0 \right), \quad U_\mu = g_{\mu\nu} U^\nu = \Omega^2 \left(-\frac{\partial T}{\partial t}, \frac{\partial R}{\partial t}, 0 \right)^T \quad (1.9)$$

$$U_\mu \equiv U_\mu^{(T,R)} = \frac{\partial x^\nu}{\partial X^\mu} U_{(t,r)\nu}^\nu = -\frac{\partial t}{\partial X^\mu} = -\left(\frac{\partial t}{\partial T}, \frac{\partial t}{\partial R}, 0 \right)^T, \quad U^\mu = g^{\mu\nu} U_\nu = \Omega^{-2} \left(\frac{\partial t}{\partial T}, -\frac{\partial t}{\partial R}, 0 \right) \quad (1.10)$$

$$\implies \Omega^2 \left(\frac{\partial T}{\partial t} \right) = \left(\frac{\partial t}{\partial T} \right), \quad \Omega^2 \left(\frac{\partial R}{\partial t} \right) = -\left(\frac{\partial t}{\partial R} \right)$$

$$U^\mu U_\mu = -1 \implies \boxed{\Omega^2 = \left[\left(\frac{\partial T}{\partial t} \right)^2 - \left(\frac{\partial R}{\partial t} \right)^2 \right]^{-1} = \left[\left(\frac{\partial t}{\partial T} \right)^2 - \left(\frac{\partial t}{\partial R} \right)^2 \right]} \quad (1.11)$$

(Holds for a comoving $g_{\mu\nu}^{(t,r)}$ (i.e. timelike $U_{(t,r)}^\mu$) transformed to conformal flat form)

$$\tilde{U}_\mu \equiv \Omega^{-1}U_\mu = \Omega \left(-\frac{\partial T}{\partial t}, \frac{\partial R}{\partial t}, 0 \right)^T = -\Omega^{-1} \left(\frac{\partial t}{\partial T}, \frac{\partial t}{\partial R}, 0 \right)^T, \quad \tilde{g}^{\mu\nu}\tilde{U}_\mu\tilde{U}_\nu = -1 \quad (1.12)$$

$$\tilde{U}^\mu = \tilde{g}^{\mu\nu}\tilde{U}_\nu, \quad \tilde{U}_0 = -\tilde{U}^0, \quad \tilde{U}_r = \tilde{U}^r \quad (1.13)$$

1.3 Field Equations

$$G_{\mu\nu} = -\tilde{g}_{\mu\nu}\Omega^{-1}\tilde{\nabla}_\alpha\tilde{\nabla}^\alpha\Omega + \tilde{g}_{\mu\nu}\Omega^{-2}\tilde{\nabla}_\alpha\Omega\tilde{\nabla}^\alpha\Omega - 2\Omega^{-2}\tilde{\nabla}_\mu\Omega\tilde{\nabla}_\nu\Omega + \Omega^{-1}\tilde{\nabla}_\nu\tilde{\nabla}_\mu\Omega \quad (1.14)$$

$$g^{\mu\nu}G_{\mu\nu} = -2\Omega^{-3}\tilde{\nabla}_\alpha\tilde{\nabla}^\alpha\Omega + \Omega^{-4}\tilde{\nabla}_\alpha\Omega\tilde{\nabla}^\alpha\Omega \quad (1.15)$$

$$T_{\mu\nu} = \Omega^2(\rho + p)\tilde{U}_\mu\tilde{U}_\nu + \Omega^2p\tilde{g}_{\mu\nu} \quad (1.16)$$

$$g^{\mu\nu}T_{\mu\nu} = 2p - \rho \quad (1.17)$$

$$\Delta_{00} = -\dot{\Omega}^2\Omega^{-2} + U_0^2\rho\Omega^2 + p(-\Omega^2 + U_0^2\Omega^2) + \Omega^{-1}\tilde{\nabla}_a\tilde{\nabla}^a\Omega - \Omega^{-2}\tilde{\nabla}_a\Omega\tilde{\nabla}^a\Omega \quad (1.18)$$

$$\Delta_{0i} = U_0(pU_i\Omega^2 + U_i\rho\Omega^2) + \Omega^{-1}\tilde{\nabla}_i\dot{\Omega} - 2\dot{\Omega}\Omega^{-2}\tilde{\nabla}_i\Omega \quad (1.19)$$

$$\begin{aligned} \Delta_{ij} = & -\dot{\Omega}^2\tilde{g}_{ij}\Omega^{-2} + \ddot{\Omega}\tilde{g}_{ij}\Omega^{-1} + U_iU_j\rho\Omega^2 + p(\tilde{g}_{ij}\Omega^2 + U_iU_j\Omega^2) - \tilde{g}_{ij}\Omega^{-1}\tilde{\nabla}_a\tilde{\nabla}^a\Omega \\ & + \tilde{g}_{ij}\Omega^{-2}\tilde{\nabla}_a\Omega\tilde{\nabla}^a\Omega - 2\Omega^{-2}\tilde{\nabla}_i\Omega\tilde{\nabla}_j\Omega + \Omega^{-1}\tilde{\nabla}_j\tilde{\nabla}_i\Omega \end{aligned} \quad (1.20)$$

$$g^{\mu\nu}\Delta_{\mu\nu} = 2p - \rho - \dot{\Omega}^2\Omega^{-4} + 2\ddot{\Omega}\Omega^{-3} - 2\Omega^{-3}\tilde{\nabla}_a\tilde{\nabla}^a\Omega + \Omega^{-4}\tilde{\nabla}_a\Omega\tilde{\nabla}^a\Omega \quad (1.21)$$

1.3.1 Polar Components

$$g^{\mu\nu}\Delta_{\mu\nu} = 2p - \rho - \dot{\Omega}^2\Omega^{-4} + (\tilde{\nabla}_1\Omega)^2\Omega^{-4} + 2\ddot{\Omega}\Omega^{-3} - 2r^{-1}\Omega^{-3}\tilde{\nabla}_1\Omega - 2\Omega^{-3}\tilde{\nabla}_1\tilde{\nabla}_1\Omega \quad (1.22)$$

$$\Delta_{00} = -\dot{\Omega}^2\Omega^{-2} - (\tilde{\nabla}_1\Omega)^2\Omega^{-2} - p\Omega^2 + pU_0^2\Omega^2 + U_0^2\rho\Omega^2 + r^{-1}\Omega^{-1}\tilde{\nabla}_1\Omega + \Omega^{-1}\tilde{\nabla}_1\tilde{\nabla}_1\Omega \quad (1.23)$$

$$\Delta_{11} = -\dot{\Omega}^2\Omega^{-2} - (\tilde{\nabla}_1\Omega)^2\Omega^{-2} + \ddot{\Omega}\Omega^{-1} + p\Omega^2 + pU_r^2\Omega^2 + U_r^2\rho\Omega^2 - r^{-1}\Omega^{-1}\tilde{\nabla}_1\Omega \quad (1.24)$$

$$\Delta_{22} = -\dot{\Omega}^2r^2\Omega^{-2} + r^2(\tilde{\nabla}_1\Omega)^2\Omega^{-2} + \ddot{\Omega}r^2\Omega^{-1} + pr^2\Omega^2 - r^2\Omega^{-1}\tilde{\nabla}_1\tilde{\nabla}_1\Omega \quad (1.25)$$

$$\Delta_{01} = pU_0U_r\Omega^2 + U_0U_r\rho\Omega^2 + \Omega^{-1}\tilde{\nabla}_1\dot{\Omega} - 2\dot{\Omega}\Omega^{-2}\tilde{\nabla}_1\Omega \quad (1.26)$$

$$\Delta_{12} = \Delta_{02} = 0 \quad (1.27)$$

$$\Delta_{22} = 0 \implies \boxed{p = \Omega^{-4}(\dot{\Omega}^2 - (\tilde{\nabla}_1\Omega)^2 - \ddot{\Omega}\Omega + \Omega\tilde{\nabla}_1\tilde{\nabla}_1\Omega)} \quad (1.28)$$

$$g^{\mu\nu}\Delta_{\mu\nu} = 0 \implies \boxed{\rho = r^{-1}\Omega^{-4}(\dot{\Omega}^2r - r(\tilde{\nabla}_1\Omega)^2 - 2\Omega\tilde{\nabla}_1\Omega)} \quad (1.29)$$

$$\Delta_{00} = 0 \implies \boxed{U_0^2 = -(-2\dot{\Omega}^2r + \ddot{\Omega}r\Omega + \Omega\tilde{\nabla}_1\Omega)(2\dot{\Omega}^2r - 2r(\tilde{\nabla}_1\Omega)^2 - 2\Omega\tilde{\nabla}_1\Omega + r\Omega(-\ddot{\Omega} + \tilde{\nabla}_1\tilde{\nabla}_1\Omega))^{-1}} \quad (1.30)$$

$$\Delta_{11} = 0 \implies \boxed{U_r^2 = (2r(\tilde{\nabla}_1\Omega)^2 + \Omega\tilde{\nabla}_1\Omega - r\Omega\tilde{\nabla}_1\tilde{\nabla}_1\Omega)(2\dot{\Omega}^2r - 2r(\tilde{\nabla}_1\Omega)^2 - \ddot{\Omega}r\Omega - 2\Omega\tilde{\nabla}_1\Omega + r\Omega\tilde{\nabla}_1\tilde{\nabla}_1\Omega)^{-1}} \quad (1.31)$$

$$\Delta_{01} = 0 \implies \boxed{U_0U_r = r(\Omega\tilde{\nabla}_1\dot{\Omega} - 2\dot{\Omega}\tilde{\nabla}_1\Omega)(-2\dot{\Omega}^2r + 2r(\tilde{\nabla}_1\Omega)^2 + \ddot{\Omega}r\Omega + 2\Omega\tilde{\nabla}_1\Omega - r\Omega\tilde{\nabla}_1\tilde{\nabla}_1\Omega)^{-1}} \quad (1.32)$$

2 Fluctuations

$$ds^2 = \Omega^2(T, R) [g_{\mu\nu} + f_{\mu\nu}] dx^\mu dx^\nu \quad (2.1)$$

$$f_{00} = -2\phi, \quad f_{0i} = B_i + \tilde{\nabla}_i B, \quad f_{ij} = -2\tilde{g}_{ij}\psi + 2\tilde{\nabla}_i\tilde{\nabla}_j E + \tilde{\nabla}_i E_j + \tilde{\nabla}_j E_i \quad (2.2)$$

$$\tilde{g}^{\mu\nu} f_{\mu\nu} = 2\phi - 4\psi + 2\tilde{\nabla}_a\tilde{\nabla}^a E, \quad \tilde{g}^{ij} f_{ij} = -4\psi + 2\tilde{\nabla}_a\tilde{\nabla}^a E \quad (2.3)$$

$$\tilde{U}^\mu \delta \tilde{U}_\mu = \frac{1}{2} \tilde{U}^\mu \tilde{U}^\nu f_{\mu\nu} \quad (2.4)$$

$$-\tilde{U}_0 \delta \tilde{U}_0 + \tilde{U}_r \delta \tilde{U}_r = -\tilde{U}_0^2 \phi - \tilde{U}_0 \tilde{U}_r (B_1 + \tilde{\nabla}_1 B) + \tilde{U}_r^2 (-2\psi + 2\tilde{\nabla}_r \tilde{\nabla}_r E + 2\tilde{\nabla}_r E_r) \quad (2.5)$$

$$\delta \tilde{U}_i = \tilde{\nabla}_i V + V_i \quad (2.6)$$

$$\delta \tilde{U}_0 = B_1 \tilde{U}_r + \tilde{U}_0 \phi + \tilde{U}_0^{-1} \tilde{U}_r (V_1 + \tilde{U}_r \psi + \tilde{U}_0 \tilde{\nabla}_1 B + \tilde{\nabla}_1 V - \tilde{U}_r (\tilde{\nabla}_1 E_1 + \tilde{\nabla}_1 \tilde{\nabla}_1 E)) \quad (2.7)$$

$$\delta T_{\mu\nu} = \Omega^2 \left[(\rho + p)(\delta \tilde{U}_\mu \tilde{U}_\nu + \delta \tilde{U}_\nu \tilde{U}_\mu) + (\delta \rho + \delta p) \tilde{U}_\mu \tilde{U}_\nu + \delta p \tilde{g}_{\mu\nu} + p f_{\mu\nu} \right] \quad (2.8)$$

$$g^{\mu\nu} \delta T_{\mu\nu} = 2(\rho + p) \tilde{U}^\mu \delta \tilde{U}_\mu - \delta \rho + 2\delta p + p(\tilde{g}^{\mu\nu} f_{\mu\nu}) \quad (2.9)$$

$$\begin{aligned} \delta G_{\mu\nu} = & \frac{1}{2} \tilde{\nabla}_\alpha \tilde{\nabla}^\alpha f_{\mu\nu} - \frac{1}{2} \tilde{g}_{\mu\nu} \tilde{\nabla}_\alpha \tilde{\nabla}^\alpha f - f_{\mu\nu} \Omega^{-1} \tilde{\nabla}_\alpha \tilde{\nabla}^\alpha \Omega - \frac{1}{2} \tilde{g}_{\mu\nu} \Omega^{-1} \tilde{\nabla}_\alpha \Omega \tilde{\nabla}^\alpha f + \frac{1}{2} \Omega^{-1} \tilde{\nabla}_\alpha f_{\mu\nu} \tilde{\nabla}^\alpha \Omega \\ & + f_{\mu\nu} \Omega^{-2} \tilde{\nabla}_\alpha \Omega \tilde{\nabla}^\alpha \Omega + \tilde{g}_{\mu\nu} \Omega^{-1} \tilde{\nabla}^\alpha \Omega \tilde{\nabla}_\beta f_\alpha{}^\beta + \frac{1}{2} \tilde{g}_{\mu\nu} \tilde{\nabla}_\beta \tilde{\nabla}_\alpha f^{\alpha\beta} + \tilde{g}_{\mu\nu} f^{\alpha\beta} \Omega^{-1} \tilde{\nabla}_\beta \tilde{\nabla}_\alpha \Omega \\ & - \tilde{g}_{\mu\nu} f_{\alpha\beta} \Omega^{-2} \tilde{\nabla}^\alpha \Omega \tilde{\nabla}^\beta \Omega - \frac{1}{2} \Omega^{-1} \tilde{\nabla}^\alpha \Omega \tilde{\nabla}_\mu f_{\nu\alpha} - \frac{1}{2} \tilde{\nabla}_\mu \tilde{\nabla}_\alpha f_\nu{}^\alpha - \frac{1}{2} \Omega^{-1} \tilde{\nabla}^\alpha \Omega \tilde{\nabla}_\nu f_{\mu\alpha} - \frac{1}{2} \tilde{\nabla}_\nu \tilde{\nabla}_\alpha f_\mu{}^\alpha \\ & + \frac{1}{2} \tilde{\nabla}_\nu \tilde{\nabla}_\mu f \end{aligned} \quad (2.10)$$

$$\begin{aligned} g^{\mu\nu} \delta G_{\mu\nu} = & -\Omega^{-2} \tilde{\nabla}_\alpha \tilde{\nabla}^\alpha f - \frac{3}{2} \Omega^{-3} \tilde{\nabla}_\alpha \Omega \tilde{\nabla}^\alpha f + \frac{1}{2} \Omega^{-3} \tilde{\nabla}_\alpha f^\beta{}_\beta \tilde{\nabla}^\alpha \Omega + f^\beta{}_\beta \Omega^{-4} \tilde{\nabla}_\alpha \Omega \tilde{\nabla}^\alpha \Omega \\ & + 2\Omega^{-3} \tilde{\nabla}^\alpha \Omega \tilde{\nabla}_\beta f_\alpha{}^\beta + \frac{1}{2} \Omega^{-2} \tilde{\nabla}_\beta \tilde{\nabla}_\alpha f^{\alpha\beta} + 3f^{\alpha\beta} \Omega^{-3} \tilde{\nabla}_\beta \tilde{\nabla}_\alpha \Omega + \frac{1}{2} \Omega^{-2} \tilde{\nabla}_\beta \tilde{\nabla}^\beta f^\alpha{}_\alpha \\ & - f^\alpha{}_\alpha \Omega^{-3} \tilde{\nabla}_\beta \tilde{\nabla}^\beta \Omega - 3f_{\alpha\beta} \Omega^{-4} \tilde{\nabla}^\alpha \Omega \tilde{\nabla}^\beta \Omega \end{aligned} \quad (2.11)$$

3 Field Equations

$$\begin{aligned} \Delta_{00} = & 2\dot{\psi}\dot{\Omega}\Omega^{-1} + \delta\rho U_0^2\Omega^2 + \delta p(-\Omega^2 + U_0^2\Omega^2) + \delta U_0(2pU_0\Omega^2 + 2U_0\rho\Omega^2) + \dot{\Omega}\Omega^{-1}\tilde{\nabla}_a\tilde{\nabla}^a B \\ & - \dot{\Omega}\Omega^{-1}\tilde{\nabla}_a\tilde{\nabla}^a \dot{E} - \tilde{\nabla}_a\tilde{\nabla}^a\psi + (2\Omega^{-1}\tilde{\nabla}_a\dot{\Omega} - 2\dot{\Omega}\Omega^{-2}\tilde{\nabla}_a\Omega)\tilde{\nabla}^a B \\ & + \psi(2\Omega^{-1}\tilde{\nabla}_a\tilde{\nabla}^a\Omega - 2\Omega^{-2}\tilde{\nabla}_a\Omega\tilde{\nabla}^a\Omega) + \phi(-2p\Omega^2 + 2\Omega^{-1}\tilde{\nabla}_a\tilde{\nabla}^a\Omega - 2\Omega^{-2}\tilde{\nabla}_a\Omega\tilde{\nabla}^a\Omega) \\ & - \Omega^{-1}\tilde{\nabla}^a\Omega\tilde{\nabla}_b\tilde{\nabla}^b\tilde{\nabla}_a E + 2\Omega^{-2}\tilde{\nabla}^a\Omega\tilde{\nabla}_b\tilde{\nabla}_a E\tilde{\nabla}^b\Omega \\ & - 2\Omega^{-1}\tilde{\nabla}_b\tilde{\nabla}_a\Omega\tilde{\nabla}^b\tilde{\nabla}^a E + B^a(2\Omega^{-1}\tilde{\nabla}_a\dot{\Omega} - 2\dot{\Omega}\Omega^{-2}\tilde{\nabla}_a\Omega) - \Omega^{-1}\tilde{\nabla}^a\Omega\tilde{\nabla}_b\tilde{\nabla}^b E_a \\ & + (2\Omega^{-2}\tilde{\nabla}_a\Omega\tilde{\nabla}_b\Omega - 2\Omega^{-1}\tilde{\nabla}_b\tilde{\nabla}_a\Omega)\tilde{\nabla}^b E^a \end{aligned} \quad (3.1)$$

$$\begin{aligned}
\Delta_{0i} = & \delta p U_i U_0 \Omega^2 + \delta \rho U_i U_0 \Omega^2 + \delta U_0 (p U_i \Omega^2 + U_i \rho \Omega^2) \\
& + (-\dot{\Omega}^2 \Omega^{-2} + \ddot{\Omega} \Omega^{-1} + p \Omega^2 - \Omega^{-1} \tilde{\nabla}_a \tilde{\nabla}^a \Omega + \Omega^{-2} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \Omega) \tilde{\nabla}_i B - \tilde{\nabla}_i \dot{\psi} - \dot{\Omega} \Omega^{-1} \tilde{\nabla}_i \phi \\
& + \dot{\psi} \Omega^{-1} \tilde{\nabla}_i \Omega - \Omega^{-1} \tilde{\nabla}^a \Omega \tilde{\nabla}_i \tilde{\nabla}_a \dot{E} + \delta U_i (p U_0 \Omega^2 + U_0 \rho \Omega^2) + \frac{1}{2} \tilde{\nabla}_a \tilde{\nabla}^a B_i - \frac{1}{2} \tilde{\nabla}_a \tilde{\nabla}^a \dot{E}_i \\
& + \frac{1}{2} \Omega^{-1} \tilde{\nabla}_a \Omega \tilde{\nabla}^a B_i - \frac{1}{2} \Omega^{-1} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \dot{E}_i \\
& + B_i (-\dot{\Omega}^2 \Omega^{-2} + \ddot{\Omega} \Omega^{-1} + p \Omega^2 - \Omega^{-1} \tilde{\nabla}_a \tilde{\nabla}^a \Omega + \Omega^{-2} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \Omega) - \frac{1}{2} \Omega^{-1} \tilde{\nabla}_a \Omega \tilde{\nabla}_i B^a \\
& - \frac{1}{2} \Omega^{-1} \tilde{\nabla}_a \Omega \tilde{\nabla}_i \dot{E}^a
\end{aligned} \tag{3.2}$$

$$\begin{aligned}
\Delta_{ij} = & -\dot{\psi} \tilde{g}_{ij} + \tilde{g}_{ij} \phi (2\dot{\Omega}^2 \Omega^{-2} - 2\ddot{\Omega} \Omega^{-1}) - \dot{\phi} \dot{\Omega} \tilde{g}_{ij} \Omega^{-1} - \dot{\psi} \dot{\Omega} \tilde{g}_{ij} \Omega^{-1} + \delta \rho U_i U_j \Omega^2 \\
& + \tilde{g}_{ij} \psi (2\dot{\Omega}^2 \Omega^{-2} - 2\ddot{\Omega} \Omega^{-1} - 2p \Omega^2) + \delta p (\tilde{g}_{ij} \Omega^2 + U_i U_j \Omega^2) - \dot{\Omega} \tilde{g}_{ij} \Omega^{-1} \tilde{\nabla}_a \tilde{\nabla}^a B - \tilde{g}_{ij} \tilde{\nabla}_a \tilde{\nabla}^a \dot{B} \\
& + \tilde{g}_{ij} \tilde{\nabla}_a \tilde{\nabla}^a \dot{E} + \dot{\Omega} \tilde{g}_{ij} \Omega^{-1} \tilde{\nabla}_a \tilde{\nabla}^a \dot{E} - \tilde{g}_{ij} \tilde{\nabla}_a \tilde{\nabla}^a \phi + \tilde{g}_{ij} (-2\Omega^{-1} \tilde{\nabla}_a \dot{\Omega} + 2\dot{\Omega} \Omega^{-2} \tilde{\nabla}_a \Omega) \tilde{\nabla}^a B \\
& - \tilde{g}_{ij} \Omega^{-1} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \dot{B} - \tilde{g}_{ij} \Omega^{-1} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \phi - \tilde{g}_{ij} \Omega^{-1} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \psi + \tilde{g}_{ij} \Omega^{-1} \tilde{\nabla}^a \Omega \tilde{\nabla}_b \tilde{\nabla}^b \tilde{\nabla}_a E \\
& - 2\tilde{g}_{ij} \Omega^{-2} \tilde{\nabla}^a \Omega \tilde{\nabla}_b \tilde{\nabla}_a E \tilde{\nabla}^b \Omega + 2\tilde{g}_{ij} \Omega^{-1} \tilde{\nabla}_b \tilde{\nabla}_a \Omega \tilde{\nabla}^b \tilde{\nabla}^a E + 2p \Omega^2 \tilde{\nabla}_i \tilde{\nabla}_j E + \Omega^{-1} \tilde{\nabla}_i \Omega \tilde{\nabla}_j \psi \\
& + \Omega^{-1} \tilde{\nabla}_i \psi \tilde{\nabla}_j \Omega + \dot{\Omega} \Omega^{-1} \tilde{\nabla}_j \tilde{\nabla}_i B + \tilde{\nabla}_j \tilde{\nabla}_i \dot{B} - \tilde{\nabla}_j \tilde{\nabla}_i \dot{E} - \dot{\Omega} \Omega^{-1} \tilde{\nabla}_j \tilde{\nabla}_i \dot{E} \\
& + (-2\dot{\Omega}^2 \Omega^{-2} + 2\ddot{\Omega} \Omega^{-1} - 2\Omega^{-1} \tilde{\nabla}_a \tilde{\nabla}^a \Omega + 2\Omega^{-2} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \Omega) \tilde{\nabla}_j \tilde{\nabla}_i E + \tilde{\nabla}_j \tilde{\nabla}_i \phi \\
& - \Omega^{-1} \tilde{\nabla}^a \Omega \tilde{\nabla}_j \tilde{\nabla}_i \tilde{\nabla}_a E + \delta U_j (p U_i \Omega^2 + U_i \rho \Omega^2) + \delta U_i (p U_j \Omega^2 + U_j \rho \Omega^2) - \dot{B}^a \tilde{g}_{ij} \Omega^{-1} \tilde{\nabla}_a \Omega \\
& + B^a \tilde{g}_{ij} (-2\Omega^{-1} \tilde{\nabla}_a \dot{\Omega} + 2\dot{\Omega} \Omega^{-2} \tilde{\nabla}_a \Omega) + \tilde{g}_{ij} \Omega^{-1} \tilde{\nabla}^a \Omega \tilde{\nabla}_b \tilde{\nabla}^b E_a \\
& + \tilde{g}_{ij} (-2\Omega^{-2} \tilde{\nabla}_a \Omega \tilde{\nabla}_b \Omega + 2\Omega^{-1} \tilde{\nabla}_b \tilde{\nabla}_a \Omega) \tilde{\nabla}^b E^a + \frac{1}{2} \dot{\Omega} \Omega^{-1} \tilde{\nabla}_i B_j + \frac{1}{2} \tilde{\nabla}_i \dot{B}_j - \frac{1}{2} \tilde{\nabla}_i \dot{E}_j \\
& - \frac{1}{2} \dot{\Omega} \Omega^{-1} \tilde{\nabla}_i \dot{E}_j + (-\dot{\Omega}^2 \Omega^{-2} + \ddot{\Omega} \Omega^{-1} + p \Omega^2 - \Omega^{-1} \tilde{\nabla}_a \tilde{\nabla}^a \Omega + \Omega^{-2} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \Omega) \tilde{\nabla}_i E_j \\
& + \frac{1}{2} \dot{\Omega} \Omega^{-1} \tilde{\nabla}_j B_i + \frac{1}{2} \tilde{\nabla}_j \dot{B}_i - \frac{1}{2} \tilde{\nabla}_j \dot{E}_i - \frac{1}{2} \dot{\Omega} \Omega^{-1} \tilde{\nabla}_j \dot{E}_i \\
& + (-\dot{\Omega}^2 \Omega^{-2} + \ddot{\Omega} \Omega^{-1} + p \Omega^2 - \Omega^{-1} \tilde{\nabla}_a \tilde{\nabla}^a \Omega + \Omega^{-2} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \Omega) \tilde{\nabla}_j E_i - \Omega^{-1} \tilde{\nabla}^a \Omega \tilde{\nabla}_j \tilde{\nabla}_i E_a
\end{aligned} \tag{3.3}$$

$$\begin{aligned}
g^{\mu\nu} \Delta_{\mu\nu} = & 2\delta p - \delta \rho - 2\dot{\phi} \dot{\Omega} \Omega^{-3} - 4\dot{\psi} \dot{\Omega} \Omega^{-3} - 2\dot{\psi} \Omega^{-2} + (-2p U^a U_0 - 2U^a U_0 \rho) \tilde{\nabla}_a B - 2\dot{\Omega} \Omega^{-3} \tilde{\nabla}_a \tilde{\nabla}^a B \\
& - \Omega^{-2} \tilde{\nabla}_a \tilde{\nabla}^a \dot{B} + \Omega^{-2} \tilde{\nabla}_a \tilde{\nabla}^a \dot{E} + 2\dot{\Omega} \Omega^{-3} \tilde{\nabla}_a \tilde{\nabla}^a \dot{E} - \Omega^{-2} \tilde{\nabla}_a \tilde{\nabla}^a \phi + \Omega^{-2} \tilde{\nabla}_a \tilde{\nabla}^a \psi \\
& + (-6\Omega^{-3} \tilde{\nabla}_a \dot{\Omega} + 6\dot{\Omega} \Omega^{-4} \tilde{\nabla}_a \Omega) \tilde{\nabla}^a B - 2\Omega^{-3} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \dot{B} - 2\Omega^{-3} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \phi \\
& + \psi (-4p - 2p U_a U^a - 2U_a U^a \rho + 4\dot{\Omega}^2 \Omega^{-4} - 4\ddot{\Omega} \Omega^{-3} - 2\Omega^{-3} \tilde{\nabla}_a \tilde{\nabla}^a \Omega + 2\Omega^{-4} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \Omega) \\
& + \phi (2p - 2p U_0^2 - 2U_0^2 \rho + 4\dot{\Omega}^2 \Omega^{-4} - 4\ddot{\Omega} \Omega^{-3} - 2\Omega^{-3} \tilde{\nabla}_a \tilde{\nabla}^a \Omega + 2\Omega^{-4} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \Omega) \\
& + 2\Omega^{-4} \tilde{\nabla}_a \Omega \tilde{\nabla}^a \Omega \tilde{\nabla}_b \tilde{\nabla}^b E + \tilde{\nabla}_a \tilde{\nabla}^a E (2p - 2\dot{\Omega}^2 \Omega^{-4} + 2\ddot{\Omega} \Omega^{-3} - 2\Omega^{-3} \tilde{\nabla}_b \tilde{\nabla}^b \Omega) \\
& + 2\Omega^{-3} \tilde{\nabla}^a \Omega \tilde{\nabla}_b \tilde{\nabla}^b \tilde{\nabla}_a E + \tilde{\nabla}_b \tilde{\nabla}_a E (2p U^a U^b + 2U^a U^b \rho - 6\Omega^{-4} \tilde{\nabla}^a \Omega \tilde{\nabla}^b \Omega) \\
& + 6\Omega^{-3} \tilde{\nabla}_b \tilde{\nabla}_a \Omega \tilde{\nabla}^b \tilde{\nabla}^a E - 2\dot{B}^a \Omega^{-3} \tilde{\nabla}_a \Omega \\
& + B^a (-2p U_a U_0 - 2U_a U_0 \rho - 6\Omega^{-3} \tilde{\nabla}_a \dot{\Omega} + 6\dot{\Omega} \Omega^{-4} \tilde{\nabla}_a \Omega) + (2p U^a U^b + 2U^a U^b \rho) \tilde{\nabla}_b E_a \\
& + 2\Omega^{-3} \tilde{\nabla}^a \Omega \tilde{\nabla}_b \tilde{\nabla}^b E_a + (-6\Omega^{-4} \tilde{\nabla}_a \Omega \tilde{\nabla}_b \Omega + 6\Omega^{-3} \tilde{\nabla}_b \tilde{\nabla}_a \Omega) \tilde{\nabla}^b E^a
\end{aligned} \tag{3.4}$$

3.0.1 Polar Components

We substitute the background quantities U_0 , U_r , ρ , and p and the kinematic equation for δU_0 into $\Delta_{\mu\nu}$.

$$\begin{aligned}
\Delta_{00} = & 2\dot{\psi} \dot{\Omega} \Omega^{-1} - \dot{\Omega} r^{-1} \Omega^{-1} \tilde{\nabla}_1 \dot{E} - r^{-1} \tilde{\nabla}_1 \psi - r^{-2} \Omega^{-1} \tilde{\nabla}_1 E \tilde{\nabla}_1 \Omega \\
& + \delta \rho \left(2\dot{\Omega}^2 r \Omega^2 (2\dot{\Omega}^2 r - 2r(\tilde{\nabla}_1 \Omega)^2 - \ddot{\Omega} r \Omega - 2(\tilde{\nabla}_1 \Omega) \Omega + r(\tilde{\nabla}_1 \tilde{\nabla}_1 \Omega) \Omega)^{-1} - \ddot{\Omega} r \Omega^3 (2\dot{\Omega}^2 r \right. \\
& \left. - 2r(\tilde{\nabla}_1 \Omega)^2 - \ddot{\Omega} r \Omega - 2(\tilde{\nabla}_1 \Omega) \Omega + r(\tilde{\nabla}_1 \tilde{\nabla}_1 \Omega) \Omega)^{-1} - \Omega^3 (2\dot{\Omega}^2 r - 2r(\tilde{\nabla}_1 \Omega)^2 - \ddot{\Omega} r \Omega - 2(\tilde{\nabla}_1 \Omega) \Omega + r(\tilde{\nabla}_1 \tilde{\nabla}_1 \Omega) \Omega)^{-1} \tilde{\nabla}_1 \Omega \right) \\
& + \delta p \left(-\Omega^2 + 2\dot{\Omega}^2 r \Omega^2 (2\dot{\Omega}^2 r - 2r(\tilde{\nabla}_1 \Omega)^2 - \ddot{\Omega} r \Omega - 2(\tilde{\nabla}_1 \Omega) \Omega + r(\tilde{\nabla}_1 \tilde{\nabla}_1 \Omega) \Omega)^{-1} - \ddot{\Omega} r \Omega^3 (2\dot{\Omega}^2 r \right.
\end{aligned}$$

$$\begin{aligned}
& -2r(\tilde{\nabla}_1\Omega)^2 - \ddot{\Omega}r\Omega - 2(\tilde{\nabla}_1\Omega)\Omega + r(\tilde{\nabla}_1\tilde{\nabla}_1\Omega)\Omega)^{-1} - \Omega^3(2\dot{\Omega}^2r - 2r(\tilde{\nabla}_1\Omega)^2 - \ddot{\Omega}r\Omega - 2(\tilde{\nabla}_1\Omega)\Omega \\
& + r(\tilde{\nabla}_1\tilde{\nabla}_1\Omega)\Omega)^{-1}\tilde{\nabla}_1\Omega) - E_1r^{-2}\Omega^{-1}\tilde{\nabla}_1\Omega +
\end{aligned} \tag{3.5}$$

4 Field Equations (G.I. Form)

$$\begin{aligned}
\alpha &= \phi + \psi + \dot{B} - \ddot{E} \\
\gamma &= \phi - \psi + \dot{B} - \ddot{E} + 2\Omega^{-1} \left[(B - \dot{E})\dot{\Omega} - (E_a + \tilde{\nabla}_a E)\tilde{\nabla}^a \Omega \right] \\
Q_i &= B_i - \dot{E}_i
\end{aligned} \tag{4.1}$$