S.V.T. Decomposition in Conformal to Flat Space

$$\begin{array}{llll} h_{\theta\theta} &=& -2\phi \\ \\ h_{\theta\,i} &=& w_i &=& \partial_i B \ + \ B_i \\ \\ h_{ij} &=& -2\psi \ + \ S_{ij} \ = & -2\psi \ + \ 2\partial_i\partial_j E \ + \ \partial_i E_j \ + \ \partial_j E_i \ + \ 2E_{ij} \\ \\ where \\ \\ \partial_i B^i &=& \partial_i E^i \ = \ \emptyset \\ \\ \partial_i E^{ij} &=& \emptyset \end{array}$$

Ω =1 Gauge invariant quantities:

$$\begin{split} \psi &= \psi \\ \mathcal{P} &= \phi + \partial_{\theta} B - \partial_{\theta} \partial_{\theta} E \\ \mathcal{F}_{\mathbf{i}} &= \partial_{\theta} E_{\mathbf{i}} - B_{\mathbf{i}} \\ E_{\mathbf{i}\mathbf{j}} &= E_{\mathbf{i}\mathbf{j}} \end{split}$$

 $\delta_{ij} E^{ij} = 0$

Ω = $\Omega(t)$ Gauge invariant quantities:

$$\begin{split} &\mathcal{C} \ = \ \psi \ - \ \frac{\Omega'}{\Omega} \left(\mathbf{B} \ - \ \partial_{\theta} \mathbf{E} \right) \\ &\mathcal{P} \ = \ \phi \ + \ \frac{\Omega'}{\Omega} \left(\mathbf{B} \ - \ \partial_{\theta} \mathbf{E} \right) + \left(\partial_{\theta} \mathbf{B} \ - \ \partial_{\theta} \partial_{\theta} \mathbf{E} \right) \\ &\mathcal{F}_{\mathbf{i}} \ = \ \partial_{\theta} \mathbf{E}_{\mathbf{i}} \ - \ \mathbf{B}_{\mathbf{i}} \\ &\mathbf{E}_{\mathbf{i}\mathbf{j}} \ = \ \mathbf{E}_{\mathbf{i}\mathbf{j}} \end{split}$$



Ω = 1

00	$-\frac{2}{3}\nabla^{4}\left(\psi+\phi+\partial_{\theta}B-\partial_{\theta}\partial_{\theta}E\right)$
11	$-\frac{1}{3}\left[\Box^{2}+\Box\left(\partial_{\theta}\partial_{\theta}-\partial_{1}\partial_{1}\right)+2\partial_{1}\partial_{1}\partial_{\theta}\partial_{\theta}\right]\left(\psi+\phi+\partial_{\theta}B-\partial_{\theta}\partial_{\theta}E\right) + \Box\partial_{1}\left(\partial_{\theta}B_{1}-\partial_{\theta}\partial_{\theta}E_{1}\right) + \Box^{2}E_{11}$
22	$-\frac{1}{3}\left[\Box^{2}+\Box\left(\partial_{\theta}\partial_{\theta}-\partial_{2}\partial_{2}\right)+2\partial_{2}\partial_{2}\partial_{\theta}\partial_{\theta}\right]\left(\psi+\phi+\partial_{\theta}B-\partial_{\theta}\partial_{\theta}E\right) + \Box\partial_{2}\left(\partial_{\theta}B_{2}-\partial_{\theta}\partial_{\theta}E_{2}\right) + \Box^{2}E_{22}$
33	$-\frac{1}{3}\left[\Box^{2}+\Box\left(\partial_{\theta}\partial_{\theta}-\partial_{3}\partial_{3}\right)+2\partial_{3}\partial_{3}\partial_{\theta}\partial_{\theta}\right]\left(\psi+\phi+\partial_{\theta}B-\partial_{\theta}\partial_{\theta}E\right) + \Box\partial_{3}\left(\partial_{\theta}B_{3}-\partial_{\theta}\partial_{\theta}E_{3}\right) + \Box^{2}E_{33}$
01	$-\frac{2}{3}\nabla^{2}\partial_{1}\left(\partial_{\theta}\psi+\partial_{\theta}\phi+\partial_{\theta}\partial_{\theta}B-\partial_{\theta}\partial_{\theta}\partial_{\theta}E\right)+\frac{1}{2}\left(\nabla^{4}-\nabla^{2}\partial_{\theta}\partial_{\theta}\right)\left(B_{1}-\partial_{\theta}E_{1}\right)$
02	$-\frac{2}{3}\nabla^{2}\partial_{2}\left(\partial_{\theta}\psi+\partial_{\theta}\phi+\partial_{\theta}\partial_{\theta}B-\partial_{\theta}\partial_{\theta}\partial_{\theta}E\right)+\frac{1}{2}\left(\nabla^{4}-\nabla^{2}\partial_{\theta}\partial_{\theta}\right)\left(B_{2}-\partial_{\theta}E_{2}\right)$
03	$-\frac{2}{3}\nabla^{2}\partial_{3}\left(\partial_{\theta}\psi+\partial_{\theta}\phi+\partial_{\theta}\partial_{\theta}B-\partial_{\theta}\partial_{\theta}\partial_{\theta}E\right)+\frac{1}{2}\left(\nabla^{4}-\nabla^{2}\partial_{\theta}\partial_{\theta}\right)\left(B_{3}-\partial_{\theta}E_{3}\right)$
12	$\frac{1}{3}\left(\Box - 2\partial_{\theta}\partial_{\theta}\right)\partial_{1}\partial_{2}\left(\psi + \phi + \partial_{\theta}B - \partial_{\theta}\partial_{\theta}E\right) + \frac{1}{2}\Box\partial_{1}\partial_{\theta}\left(B_{2} - \partial_{\theta}E_{2}\right) + \frac{1}{2}\Box\partial_{2}\partial_{\theta}\left(B_{1} - \partial_{\theta}E_{1}\right) + \Box^{2}E_{12}$
13	$\frac{1}{3}\left(\Box - 2\partial_{\theta}\partial_{\theta}\right)\partial_{1}\partial_{3}\left(\psi + \phi + \partial_{\theta}B - \partial_{\theta}\partial_{\theta}E\right) + \frac{1}{2}\Box\partial_{1}\partial_{\theta}\left(B_{3} - \partial_{\theta}E_{3}\right) + \frac{1}{2}\Box\partial_{3}\partial_{\theta}\left(B_{1} - \partial_{\theta}E_{1}\right) + \Box^{2}E_{13}$
23	$\frac{1}{3}\left(\Box - 2\partial_{\theta}\partial_{\theta}\right)\partial_{2}\partial_{3}\left(\psi + \phi + \partial_{\theta}B - \partial_{\theta}\partial_{\theta}E\right) \right. \\ \left. + \left. \frac{1}{2}\Box\partial_{2}\partial_{\theta}\left(B_{3} - \partial_{\theta}E_{3}\right) \right. \\ \left. + \left. \frac{1}{2}\Box\partial_{3}\partial_{\theta}\left(B_{2} - \partial_{\theta}E_{2}\right) \right. \\ \left. + \left. \Box^{2}E_{23}\right] \right] \right. \\ \left. + \left. \left(\Box^{2}E_{23}\right) \right. \\ \left. $

For conformal to flat backgrounds

$$\delta \overline{\overline{\mathbf{W}}}_{\mu\nu} \, (\, \overline{\mathbf{h}}_{\mu\nu} \,) \ = \ \Omega^{-2} \delta \overline{\mathbf{W}}_{\mu\nu} \, (\, \mathbf{h}_{\mu\nu} \,)$$



	2=2 /
00	$-2 abla^2\psi$
11	$(-2\partial_{\theta}\partial_{\theta}-\partial_{1}\partial_{1}+\nabla^{2})\psi - (\nabla^{2}-\partial_{1}\partial_{1})(\phi+\partial_{\theta}B-\partial_{\theta}\partial_{\theta}E) + -\partial_{1}\partial_{\theta}(-B_{1}+\partial_{\theta}E_{1}) + \Box E_{11}$
22	$(-2\partial_{\theta}\partial_{\theta}-\partial_{2}\partial_{2}+\nabla^{2})\psi - (\nabla^{2}-\partial_{2}\partial_{2})(\phi+\partial_{\theta}B-\partial_{\theta}\partial_{\theta}E) + -\partial_{2}\partial_{\theta}(-B_{2}+\partial_{\theta}E_{2}) + \Box E_{22}$
33	$(-2\partial_{\theta}\partial_{\theta}-\partial_{3}\partial_{3}+\nabla^{2})\psi - (\nabla^{2}-\partial_{3}\partial_{3})(\phi+\partial_{\theta}B-\partial_{\theta}\partial_{\theta}E) + -\partial_{3}\partial_{\theta}(-B_{3}+\partial_{\theta}E_{3}) + \Box E_{33}$
01	$-2 \partial_{1} \partial_{0} \psi - \frac{1}{2} \nabla^{2} (-B_{1} + \partial_{0} E_{1})$
02	$-2\partial_2\partial_\theta\psi - \frac{1}{2}\nabla^2(-B_2 + \partial_\thetaE_2)$
03	$-2\partial_3\partial_0\psi-\frac{1}{2}\nabla^2\left(-B_3+\partial_0E_3\right)$
12	$-\partial_2\partial_1\psi + \partial_2\partial_1\left(\phi + \partial_0B - \partial_0\partial_0E\right) - \frac{1}{2}\partial_1\partial_0\left(\partial_0E_2 - B_2\right) - \frac{1}{2}\partial_2\partial_0\left(\partial_0E_1 - B_1\right) + \Box E_{12}$
13	$-\partial_3\partial_1\psi + \partial_3\partial_1\left(\phi + \partial_0B - \partial_0\partial_0E\right) - \frac{1}{2}\partial_1\partial_0\left(\partial_0E_3 - B_3\right) - \frac{1}{2}\partial_3\partial_0\left(\partial_0E_1 - B_1\right) + \Box E_{13}$
23	$-\partial_3\partial_2\psi + \partial_3\partial_2\left(\phi + \partial_0B - \partial_0\partial_0E\right) - \frac{1}{2}\partial_2\partial_0\left(\partial_0E_3 - B_3\right) - \frac{1}{2}\partial_3\partial_0\left(\partial_0E_2 - B_2\right) + \Box E_{23}$

$\Omega = \frac{1}{Ht}$

00	$-\frac{6}{t}\partial_{\theta}\psi \ - \ 2\nabla^{2}\psi \ - \ \frac{2}{t}\nabla^{2}\left(B\!-\!\partial_{\theta}E\right)$
11	$-2\partial_{\boldsymbol{\theta}}\partial_{\boldsymbol{\theta}}\psi \ + \ \frac{2}{t}\partial_{\boldsymbol{\theta}}\left(\phi + 2\psi + E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{1}\partial_{1}E_{1}\right) $
	$ (\nabla^2 - \partial_1 \partial_1) \ (\phi - \psi + \partial_\theta B - \partial_\theta \partial_\theta E) \ + \ \frac{2}{t} \ (\nabla^2 - \partial_1 \partial_1) \ (B - \partial_\theta E) \ + \ (\partial_1 \partial_\theta - \frac{2}{t} \partial_1) \ (B_1 - \partial_\theta E_1) \ + \ \Box E_{11} $
22	$-2\partial_{\boldsymbol{\theta}}\partial_{\boldsymbol{\theta}}\psi \ + \ \frac{2}{t}\partial_{\boldsymbol{\theta}}\left(\phi + 2\psi + E_{22}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{2}\partial_{2}E - \partial_{2}E_{2} - E_{22}\right) \ -$
	$ (\nabla^2 - \partial_2 \partial_2) \ (\phi - \psi + \partial_\theta B - \partial_\theta \partial_\theta E) \ + \ \frac{2}{t} \ (\nabla^2 - \partial_2 \partial_2) \ (B - \partial_\theta E) \ + \ (\partial_2 \partial_\theta - \frac{2}{t} \partial_2) \ (B_2 - \partial_\theta E_2) \ + \ \Box E_{22} $
33	$-2\partial_{\theta}\partial_{\theta}\psi \ + \ \frac{2}{t}\partial_{\theta}\left(\phi + 2\psi + E_{33}\right) \ - \ \frac{6}{t^{2}}\left(\phi + \psi - \partial_{3}\partial_{3}E - \partial_{3}E_{3} - E_{33}\right) \ -$
	$ (\nabla^2 - \partial_3 \partial_3) \ (\phi - \psi + \partial_\theta B - \partial_\theta \partial_\theta E) \ + \ \frac{2}{t} \ (\nabla^2 - \partial_3 \partial_3) \ (B - \partial_\theta E) \ + \ (\partial_3 \partial_\theta - \frac{2}{t} \partial_3) \ (B_3 - \partial_\theta E_3) \ + \ \Box E_{33} $
01	$-2\partial_{1}\partial_{0}\psi + \frac{2}{t}\partial_{1}\phi + \frac{3}{t^{2}}(\partial_{1}B+B_{1}) + \frac{1}{2}\nabla^{2}(B_{1}-\partial_{0}E_{1})$
02	$-2\partial_{2}\partial_{\theta}\psi + \frac{2}{t}\partial_{2}\phi + \frac{3}{t^{2}}(\partial_{2}B + B_{2}) + \frac{1}{2}\nabla^{2}(B_{2} - \partial_{\theta}E_{2})$
03	$-2\partial_{3}\partial_{\theta}\psi + \frac{2}{t}\partial_{3}\phi + \frac{3}{t^{2}}(\partial_{3}B + B_{3}) + \frac{1}{2}\nabla^{2}(B_{3} - \partial_{\theta}E_{3})$
12	$ \partial_1 \partial_2 \left(\phi - \psi + \partial_0 B - \partial_0 \partial_0 E \right) + \left(\frac{1}{2} \partial_0 - \frac{1}{t} \right) \left(\partial_1 B_2 - \partial_1 \partial_0 E_2 + \partial_2 B_1 - \partial_2 \partial_0 E_1 \right) + \frac{3}{t^2} \left(\partial_1 E_2 + \partial_2 E_1 - 2 \partial_1 \partial_2 E \right) + \Box E_{12} $
13	$\partial_1 \partial_3 \left(\phi - \psi + \partial_0 B - \partial_0 \partial_0 E \right) \ + \ \left(\frac{1}{2} \partial_0 - \frac{1}{t} \right) \left(\partial_1 B_3 - \partial_1 \partial_0 E_3 + \partial_3 B_1 - \partial_3 \partial_0 E_1 \right) \ + \ \frac{3}{t^2} \left(\partial_1 E_3 + \partial_3 E_1 - 2 \partial_1 \partial_3 E \right) \ + \ \Box E_{13}$
23	$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$

$\Omega = \Omega(t)$

00	$6 \frac{\Omega'}{\Omega} \partial_{\theta} \psi - 2 \nabla^{2} \psi + 2 \frac{\Omega'}{\Omega} \nabla^{2} (B - \partial_{\theta} E)$
11	$-2\partial_{\theta}\partial_{\theta}\psi - 2\frac{\Omega'}{\Omega}\partial_{\theta}\left(\phi + 2\psi + E_{11}\right) + 2\left[\left(\frac{\Omega'}{\Omega}\right)^{2} - 2\frac{\Omega''}{\Omega}\right]\left(\phi + \psi - \partial_{1}\partial_{1}E - \partial_{1}E_{1} - E_{11}\right) -$
	$ (\nabla^2 - \partial_1 \partial_1) \ (\phi - \psi + \partial_\theta B - \partial_\theta \partial_\theta E) \ - \ 2 \frac{\Omega'}{\Omega} \ (\nabla^2 - \partial_1 \partial_1) \ (B - \partial_\theta E) \ + \ (\partial_1 \partial_\theta + 2 \frac{\Omega'}{\Omega} \partial_1) \ (B_1 - \partial_\theta E_1) \ + \ \Box E_{11} $
22	$-2\partial_{\theta}\partial_{\theta}\psi - 2\frac{\Omega'}{\Omega}\partial_{\theta}\left(\phi + 2\psi + E_{22}\right) + 2\left[\left(\frac{\Omega'}{\Omega}\right)^{2} - 2\frac{\Omega''}{\Omega}\right]\left(\phi + \psi - \partial_{2}\partial_{2}E - \partial_{2}E_{2} - E_{22}\right) -$
	$ (\nabla^2 - \partial_2 \partial_2) \ (\phi - \psi + \partial_\theta B - \partial_\theta \partial_\theta E) \ - \ 2 \frac{\Omega'}{\Omega} \ (\nabla^2 - \partial_2 \partial_2) \ (B - \partial_\theta E) \ + \ (\partial_2 \partial_\theta + 2 \frac{\Omega'}{\Omega} \partial_2) \ (B_2 - \partial_\theta E_2) \ + \ \Box E_{22} $
33	$-2\partial_{\theta}\partial_{\theta}\psi - 2\frac{\Omega'}{\Omega}\partial_{\theta}\left(\phi + 2\psi + E_{33}\right) + 2\left[\left(\frac{\Omega'}{\Omega}\right)^{2} - 2\frac{\Omega''}{\Omega}\right]\left(\phi + \psi - \partial_{3}\partial_{3}E - \partial_{3}E_{3} - E_{33}\right) -$
	$ (\nabla^2 - \partial_3 \partial_3) \ (\phi - \psi + \partial_\theta B - \partial_\theta \partial_\theta E) \ - \ 2 \frac{\Omega'}{\Omega} \ (\nabla^2 - \partial_3 \partial_3) \ (B - \partial_\theta E) \ + \ (\partial_3 \partial_\theta + 2 \frac{\Omega'}{\Omega} \partial_3) \ (B_3 - \partial_\theta E_3) \ + \ \Box E_{33} $
01	$-2\partial_{1}\partial_{0}\psi - 2\frac{\Omega'}{\Omega}\partial_{1}\phi - \left[\left(\frac{\Omega'}{\Omega}\right)^{2} - 2\frac{\Omega''}{\Omega}\right]\left(\partial_{1}B + B_{1}\right) + \frac{1}{2}\nabla^{2}\left(B_{1} - \partial_{0}E_{1}\right)$
02	$-2\partial_2\partial_\theta\psi - 2\frac{\Omega'}{\Omega}\partial_2\phi - \left[\left(\frac{\Omega'}{\Omega}\right)^2 - 2\frac{\Omega''}{\Omega}\right]\left(\partial_2B + B_2\right) + \frac{1}{2}\nabla^2\left(B_2 - \partial_\theta E_2\right)$
03	$-2\partial_{3}\partial_{\theta}\psi - 2\frac{\Omega'}{\Omega}\partial_{3}\phi - \left[\left(\frac{\Omega'}{\Omega}\right)^{2} - 2\frac{\Omega''}{\Omega}\right]\left(\partial_{3}B + B_{3}\right) + \frac{1}{2}\nabla^{2}\left(B_{3} - \partial_{\theta}E_{3}\right)$
12	$\partial_{1}\partial_{2}\left(\phi-\psi+\partial_{\theta}B-\partial_{\theta}\partial_{\theta}E\right)$ +
	$ (\frac{1}{2}\partial_{\theta} + \frac{\Omega'}{\Omega}) \ (\partial_{1}B_{2} - \partial_{1}\partial_{\theta}E_{2} + \partial_{2}B_{1} - \partial_{2}\partial_{\theta}E_{1}) \ - \ [\ (\frac{\Omega'}{\Omega})^{2} - 2\frac{\Omega''}{\Omega}\] \ (\partial_{1}E_{2} + \partial_{2}E_{1} - 2\partial_{1}\partial_{2}E) \ + \ \BoxE_{12} $
13	$\partial_1 \partial_3 \left(\phi - \psi + \partial_\theta B - \partial_\theta \partial_\theta E \right) +$
	$ (\frac{1}{2}\partial_{\theta} + \frac{\Omega'}{\Omega}) \ (\partial_{1}B_{3} - \partial_{1}\partial_{\theta}E_{3} + \partial_{3}B_{1} - \partial_{3}\partial_{\theta}E_{1}) \ - \ [\ (\frac{\Omega'}{\Omega})^{2} - 2\frac{\Omega''}{\Omega}\] \ (\partial_{1}E_{3} + \partial_{3}E_{1} - 2\partial_{1}\partial_{3}E) \ + \ \Box E_{13} $
23	$\partial_2 \partial_3 \left(\phi - \psi + \partial_\theta B - \partial_\theta \partial_\theta E \right) +$
	$(\frac{1}{2}\partial_{\theta} + \frac{\Omega'}{\Omega}) \ (\partial_{2}B_{3} - \partial_{2}\partial_{\theta}E_{3} + \partial_{3}B_{2} - \partial_{3}\partial_{\theta}E_{2}) \ - \ \left[\ (\frac{\Omega'}{\Omega})^{2} - 2\frac{\Omega''}{\Omega} \ \right] \ (\partial_{2}E_{3} + \partial_{3}E_{2} - 2\partial_{2}\partial_{3}E) \ + \ \Box E_{23}$

Compare to non-SVT

$$\eta^{\alpha\beta} \ \partial_{\alpha} \mathbf{h}_{\beta\gamma} \ = \ \frac{\mathbf{J} \ \eta^{\alpha\beta} \ \mathbf{h}_{\gamma\alpha} \ \partial_{\beta}\Omega}{\Omega} + \mathbf{P} \, \Omega^{\mathbf{2}} \, \partial_{\gamma} \mathbf{h} + \mathbf{R} \, \mathbf{h} \, \Omega \, \partial_{\gamma}\Omega$$

$$J = 0, P = 1, R = -1$$

$$\Omega = 1$$

$$\delta \mathsf{G}_{\mu\nu} \ = \ \frac{1}{2} \Box \mathsf{h}_{\mu\nu} \ - \ \frac{1}{2} \partial_{\mu} \partial_{\nu} \mathsf{h}$$

00	$-\frac{1}{2} \ \partial_{\theta} \partial_{\theta} h_{\theta\theta} \ - \ \frac{\partial_{\theta} \partial_{\theta} h}{2} \ + \ \frac{1}{2} \ \partial_{1} \partial_{1} h_{\theta\theta} \ + \ \frac{1}{2} \ \partial_{2} \partial_{2} h_{\theta\theta} \ + \ \frac{1}{2} \ \partial_{3} \partial_{3} h_{\theta\theta}$
11	$-\frac{1}{2} \partial_0 \partial_0 h_{11} + \frac{1}{2} \partial_1 \partial_1 h_{11} - \frac{\partial_1 \partial_1 h}{2} + \frac{1}{2} \partial_2 \partial_2 h_{11} + \frac{1}{2} \partial_3 \partial_3 h_{11}$
22	$-\frac{1}{2} \ \partial_0 \partial_0 h_{22} \ + \frac{1}{2} \ \partial_1 \partial_1 h_{22} \ + \frac{1}{2} \ \partial_2 \partial_2 h_{22} \ - \frac{\partial_2 \partial_2 h}{2} \ + \frac{1}{2} \ \partial_3 \partial_3 h_{22}$
33	$-\frac{1}{2} \ \partial_0 \partial_0 h_{33} \ + \frac{1}{2} \ \partial_1 \partial_1 h_{33} \ + \frac{1}{2} \ \partial_2 \partial_2 h_{33} \ + \frac{1}{2} \ \partial_3 \partial_3 h_{33} \ - \frac{\partial_3 \partial_3 h}{2}$
01	$-\frac{1}{2} \partial_0 \partial_0 h_{01} - \frac{\partial_1 \partial_0 h}{2} + \frac{1}{2} \partial_1 \partial_1 h_{01} + \frac{1}{2} \partial_2 \partial_2 h_{01} + \frac{1}{2} \partial_3 \partial_3 h_{01}$
02	$-\frac{1}{2} \ \partial_0 \partial_0 h_{02} \ + \frac{1}{2} \ \partial_1 \partial_1 h_{02} \ - \ \frac{\partial_2 \partial_0 h}{2} \ + \ \frac{1}{2} \ \partial_2 \partial_2 h_{02} \ + \ \frac{1}{2} \ \partial_3 \partial_3 h_{02}$
03	$-\frac{1}{2} \ \partial_0 \partial_0 h_{03} \ + \frac{1}{2} \ \partial_1 \partial_1 h_{03} \ + \frac{1}{2} \ \partial_2 \partial_2 h_{03} \ - \frac{\partial_3 \partial_0 h}{2} + \frac{1}{2} \ \partial_3 \partial_3 h_{03}$
12	$-\frac{1}{2} \ \partial_0 \partial_0 h_{12} \ + \frac{1}{2} \ \partial_1 \partial_1 h_{12} \ - \ \frac{\partial_2 \partial_1 h}{2} \ + \ \frac{1}{2} \ \partial_2 \partial_2 h_{12} \ + \ \frac{1}{2} \ \partial_3 \partial_3 h_{12}$
13	$-\frac{1}{2} \ \partial_0 \partial_0 h_{13} \ + \frac{1}{2} \ \partial_1 \partial_1 h_{13} \ + \frac{1}{2} \ \partial_2 \partial_2 h_{13} \ - \frac{\partial_3 \partial_1 h}{2} \ + \frac{1}{2} \ \partial_3 \partial_3 h_{13}$
23	$-\frac{1}{2} \ \partial_0 \partial_0 h_{23} \ + \frac{1}{2} \ \partial_1 \partial_1 h_{23} \ + \frac{1}{2} \ \partial_2 \partial_2 h_{23} \ - \frac{\partial_3 \partial_2 h}{2} \ + \frac{1}{2} \ \partial_3 \partial_3 h_{23}$

$$\Omega = \frac{1}{Ht}$$

$$\frac{\eta^{\mu\nu}}{\Omega^2}\delta \mathbf{G}_{\mu\nu}$$

$$2 H^4 t^2 h_{00} + 8 H^2 h$$

00	$2 H^{2} h_{00} - \frac{h}{2t^{2}} - H^{2} t \partial_{0} h_{00} - \frac{1}{2t} \partial_{0} h - \frac{1}{2} \partial_{0} \partial_{0} h + \frac{1}{2} H^{2} t^{2} \Box h_{00}$
11	$4 H^2 h_{11} + \frac{3h}{2t^2} - H^2 t \partial_0 h_{11} - \frac{1}{2t} \partial_0 h - \frac{1}{2} \partial_1 \partial_1 h + \frac{1}{2} H^2 t^2 \Box h_{11}$
22	$4 H^{2} h_{22} + \frac{3h}{2t^{2}} - H^{2} t \partial_{0} h_{22} - \frac{1}{2t} \partial_{0} h - \frac{1}{2} \partial_{2} \partial_{2} h + \frac{1}{2} H^{2} t^{2} \Box h_{22}$
33	$4 H^2 h_{33} + \frac{3 h}{2 t^2} - H^2 t \partial_0 h_{33} - \frac{1}{2 t} \partial_0 h - \frac{1}{2} \partial_3 \partial_3 h + \frac{1}{2} H^2 t^2 \Box h_{33}$
01	$3 H^{2} h_{01} - H^{2} t \partial_{0} h_{01} - \frac{1}{2t} \partial_{1} h - \frac{1}{2} \partial_{0} \partial_{1} h + \frac{1}{2} H^{2} t^{2} \Box h_{01}$
02	$3 H^2 h_{02} - H^2 t \partial_0 h_{02} - \frac{1}{2t} \partial_2 h - \frac{1}{2} \partial_0 \partial_2 h + \frac{1}{2} H^2 t^2 \Box h_{02}$
03	$3 H^2 h_{03} - H^2 t \partial_0 h_{03} - \frac{1}{2t} \partial_3 h - \frac{1}{2} \partial_0 \partial_3 h + \frac{1}{2} H^2 t^2 \Box h_{03}$
12	$4 H^2 h_{12} - H^2 t \partial_0 h_{12} - \frac{1}{2} \partial_1 \partial_2 h + \frac{1}{2} H^2 t^2 \Box h_{12}$
13	$4 H^2 h_{13} - H^2 t \partial_0 h_{13} - \frac{1}{2} \partial_1 \partial_3 h + \frac{1}{2} H^2 t^2 \Box h_{13}$
23	$4 H^2 h_{23} - H^2 t \partial_0 h_{23} - \frac{1}{2} \partial_2 \partial_3 h + \frac{1}{2} H^2 t^2 \Box h_{23}$

$$\Omega = \Omega(t)$$

$$\begin{split} &\frac{\eta^{\mu\nu}}{\Omega^{2}}\delta G_{\mu\nu\,=} \\ &-\frac{10~h_{\theta\theta}~\Omega'\,[t]^{2}}{\Omega\,[t]^{6}} + \frac{2~h~\Omega'\,[t]^{2}}{\Omega\,[t]^{4}} + \frac{6~h_{\theta\theta}~\Omega''\,[t]}{\Omega\,[t]^{5}} + \frac{3~h~\Omega''\,[t]}{\Omega\,[t]^{3}} \end{split}$$

00	$-\frac{\partial_{\theta}\partial_{\theta}h}{2}+\frac{\partial_{\theta}h_{00}}{\Omega[t]^{3}}+\frac{\partial_{\theta}h_{0}'[t]}{2\Omega[t]}+\frac{\partial_{\theta}h_{0}'[t]}{2\Omega[t]^{4}}+\frac{2\frac{h_{00}}{\Omega[t]^{4}}}{\Omega[t]^{4}}-\frac{3h_{0}'[t]^{2}}{2\Omega[t]^{2}}+\frac{h_{0}''[t]}{2\Omega[t]}+\frac{1}{2\Omega[t]^{2}}\Box h_{00}$
11	$-\frac{\partial_{1}\partial_{1}h}{2}+\frac{\partial_{\theta}h_{11}}{\Omega[t]^{3}}+\frac{\partial_{\theta}h_{\Omega'}[t]}{2\Omega[t]}-\frac{2h_{00}}{\Omega[t]^{4}}-\frac{2h_{00}}{\Omega[t]^{4}}-$
	$\frac{2h_{\mbox{\scriptsize 11}}\Omega'[\mbox{\scriptsize t}]^2}{\Omega[\mbox{\scriptsize t}]^4} + \frac{h\Omega'[\mbox{\scriptsize t}]^2}{2\Omega[\mbox{\scriptsize t}]^2} + \frac{h00\Omega''[\mbox{\scriptsize t}]}{\Omega[\mbox{\scriptsize t}]^3} + \frac{3h_{\mbox{\scriptsize 11}}\Omega''[\mbox{\scriptsize t}]}{\Omega[\mbox{\scriptsize t}]^3} + \frac{h\Omega''[\mbox{\scriptsize t}]}{2\Omega[\mbox{\scriptsize t}]} + \frac{1}{2\Omega[\mbox{\scriptsize t}]^2} \squareh_{\mbox{\scriptsize 11}}$
22	$-\frac{\partial_2\partial_2h}{2}+\frac{\partial_\theta h}{2}\frac{2^{\Omega'}[t]}{\Omega[t]^3}+\frac{\partial_\theta h}{2}\frac{\Omega'[t]}{2}\Omega[t]}{2}-\frac{2}{\Omega[t]^4}-\frac{2}{\Omega[t]^4}-$
	$\frac{2h_{\mbox{\scriptsize 22}}{}^{\Omega'}[\mbox{\scriptsize t}]^{2}}{\Omega[\mbox{\scriptsize t}]^{4}} + \frac{h_{\Omega'}[\mbox{\scriptsize t}]^{2}}{2\Omega[\mbox{\scriptsize t}]^{2}} + \frac{h_{\mbox{\scriptsize 00}}{}^{\Omega''}[\mbox{\scriptsize t}]}{\Omega[\mbox{\scriptsize t}]^{3}} + \frac{3h_{\mbox{\scriptsize 22}}{}^{\Omega''}[\mbox{\scriptsize t}]}{2\Omega[\mbox{\scriptsize t}]} + \frac{1}{2\Omega[\mbox{\scriptsize t}]^{2}} \square \ \ h_{\mbox{\scriptsize 22}}$
33	$-\frac{\partial_{3}\partial_{3}h}{2}+\frac{\partial_{\theta}h_{33}}{\Omega[\mathtt{t}]^{3}}+\frac{\partial_{\theta}h_{\Omega'}[\mathtt{t}]}{2\Omega[\mathtt{t}]}-\frac{2h_{00}}{\Omega[\mathtt{t}]^{4}}-\frac{2h_{00}}{\Omega[\mathtt{t}]^{4}}-$
	$\frac{2h_{\mbox{33}}\Omega'[\mbox{t}]^2}{\Omega[\mbox{t}]^4} + \frac{h\Omega'[\mbox{t}]^2}{2\Omega[\mbox{t}]^2} + \frac{h_{\mbox{00}}\Omega''[\mbox{t}]}{\Omega[\mbox{t}]^3} + \frac{3h_{\mbox{33}}\Omega''[\mbox{t}]}{\Omega[\mbox{t}]^3} + \frac{h\Omega''[\mbox{t}]}{2\Omega[\mbox{t}]} + \frac{1}{2\Omega[\mbox{t}]^2} \squareh_{\mbox{33}}$
01	$-\frac{\partial_{\theta}\partial_{1}h}{2}+\frac{\partial_{\theta}h_{01}}{\Omega[t]^{3}}+\frac{\partial_{1}h_{\Omega'}[t]}{2\Omega[t]}-\frac{h_{01}}{\Omega[t]^{4}}+\frac{2h_{01}}{\Omega[t]^{3}}+\frac{2h_{01}}{2\Omega[t]^{3}}+\frac{1}{2\Omega[t]^{2}}\square h_{01}$
02	$-\frac{\partial_{\theta}\partial_{2}h}{2}+\frac{\partial_{\theta}h_{02}}{\Omega[t]^{3}}+\frac{\partial_{2}h_{\Omega'}[t]}{2\Omega[t]}-\frac{h_{02}}{\Omega[t]^{4}}+\frac{2h_{02}}{\Omega[t]^{4}}+\frac{2h_{02}}{\Omega[t]^{3}}+\frac{1}{2\Omega[t]^{2}}\square h_{02}$
03	$-\frac{\frac{\partial_{\theta}\partial_{3}h}{2}+\frac{\partial_{\theta}h_{03}}{\Omega[t]^{3}}+\frac{\partial_{3}h_{\Omega'}[t]}{2\Omega[t]}-\frac{h_{03}}{\Omega[t]^{4}}-\frac{2h_{03}}{\Omega[t]^{4}}+\frac{2h_{03}}{\Omega[t]^{3}}+\frac{1}{2\Omega[t]^{2}}\Box h_{03}}{\frac{1}{2}}$
12	$-\frac{\partial_{1}\partial_{2}h}{2}+\frac{\partial_{\theta}h_{12}}{\Omega[t]^{3}}-\frac{2h_{12}}{\Omega[t]^{4}}+\frac{3h_{12}}{\Omega[t]^{3}}+\frac{1}{2\Omega[t]^{2}}+\frac{1}{2\Omega[t]^{2}}\Box h_{12}$
13	$-\frac{\partial_{1}\partial_{3}h}{2}+\frac{\partial_{0}h_{13}}{\Omega[t]^{3}}-\frac{2h_{13}}{\Omega[t]^{4}}+\frac{3h_{13}}{\Omega[t]^{4}}+\frac{3h_{13}}{\Omega[t]^{3}}+\frac{1}{2\Omega[t]^{2}}\ \square\ h_{13}$
23	$-\frac{\partial_2 \partial_3 h}{2} + \frac{\partial_0 h_{23} \Omega'[t]}{\Omega[t]^3} - \frac{2 h_{23} \Omega'[t]^2}{\Omega[t]^4} + \frac{3 h_{23} \Omega''[t]}{\Omega[t]^3} + \frac{1}{2 \Omega[t]^2} \square h_{23}$