# Weyl Tensor Simplifications

### General, no Bianchi, no explicit covariant derivative commutation

$$W_{\mu\nu}^{(1)} = \frac{1}{2}g_{\mu\nu}R^2 - 2RR_{\mu\nu} + 2g_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R - 2\nabla_{\nu}\nabla_{\mu}R. \tag{1}$$

Here we apply the Bianchi only to  $W_{\mu\nu}^2$ 

$$W_{\mu\nu}^{(2)} = \frac{1}{2} g_{\mu\nu} R_{\alpha\beta} R^{\alpha\beta} - 2R^{\alpha\beta} R_{\alpha\mu\beta\nu} + \frac{1}{2} g_{\mu\nu} \nabla_{\alpha} \nabla^{\alpha} R + \nabla_{\alpha} \nabla^{\alpha} R_{\mu\nu} - \nabla_{\nu} \nabla_{\mu} R. \tag{2}$$

$$W_{\mu\nu} = -\frac{1}{6}g_{\mu\nu}R^2 + \frac{1}{2}g_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} + \frac{2}{3}RR_{\mu\nu} - 2R^{\alpha\beta}R_{\alpha\mu\beta\nu} - \frac{1}{6}g_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R + \nabla_{\alpha}\nabla^{\alpha}R_{\mu\nu} - \frac{1}{3}\nabla_{\nu}\nabla_{\mu}R.$$

$$(3)$$

where we use the perturbed quantities

$$\delta R_{\lambda\mu\nu\kappa} = h^{\alpha}{}_{\lambda} R_{\alpha\mu\nu\kappa} - \frac{1}{2} \nabla_{\kappa} \nabla_{\lambda} h_{\mu\nu} + \frac{1}{2} \nabla_{\kappa} \nabla_{\mu} h_{\nu\lambda} + \frac{1}{2} \nabla_{\kappa} \nabla_{\nu} h_{\mu\lambda} - \frac{1}{2} \nabla_{\nu} \nabla_{\kappa} h_{\mu\lambda} + \frac{1}{2} \nabla_{\nu} \nabla_{\lambda} h_{\kappa\mu} - \frac{1}{2} \nabla_{\nu} \nabla_{\mu} h_{\kappa\lambda}$$

$$(4)$$

$$\delta R_{\mu\nu} = \frac{1}{2} g^{\alpha\beta} (\nabla_{\alpha} \nabla_{\beta} h_{\mu\nu} - \nabla_{\alpha} \nabla_{\mu} h_{\beta\nu} - \nabla_{\alpha} \nabla_{\nu} h_{\beta\mu} + \nabla_{\nu} \nabla_{\mu} h_{\alpha\beta}). \tag{5}$$

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$$\delta W_{\mu\nu}(h_{\mu\nu}) = -\frac{1}{6}h_{\mu\nu}R^2 + \frac{1}{3}g_{\mu\nu}h^{\alpha\beta}RR_{\alpha\beta} + \frac{1}{2}h_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} - g_{\mu\nu}h^{\alpha\beta}R_{\alpha}^{\gamma}R_{\beta\gamma} - \frac{2}{3}h^{\alpha\beta}R_{\alpha\beta}R_{\mu\nu} \\
+ 2h^{\alpha\beta}R_{\alpha}^{\gamma}R_{\mu\gamma\nu\beta} - \frac{1}{6}h_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R + \frac{1}{6}g_{\mu\nu}h^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R - h^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R_{\mu\nu} \\
+ \frac{1}{6}g_{\mu\nu}h^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}R_{\alpha\beta} + \frac{1}{3}h^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}R_{\alpha\beta} \\
+ \frac{1}{3}R\nabla_{\alpha}\nabla^{\alpha}h_{\mu\nu} + R_{\mu\beta\nu\gamma}\nabla_{\alpha}\nabla^{\gamma}h^{\alpha\beta} + R_{\mu\gamma\nu\beta}\nabla_{\alpha}\nabla^{\gamma}h^{\alpha\beta} - \frac{1}{3}R\nabla_{\alpha}\nabla_{\mu}h_{\nu}^{\alpha} - \frac{1}{3}R\nabla_{\alpha}\nabla_{\nu}h_{\mu}^{\alpha} \\
- \frac{1}{6}\nabla_{\alpha}h_{\mu\nu}\nabla^{\alpha}R + \frac{1}{6}g_{\mu\nu}\nabla^{\alpha}R\nabla_{\beta}h_{\alpha}^{\beta} - \nabla_{\alpha}h^{\alpha\beta}\nabla_{\beta}R_{\mu\nu} + \frac{1}{3}g_{\mu\nu}R\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta} \\
- \frac{2}{3}R_{\mu\nu}\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta} + \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}h_{\mu}^{\beta} - R^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}h_{\mu\nu} + \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}h_{\nu}^{\beta} \\
- \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla^{\beta}h_{\mu\alpha} - \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\beta}\nabla^{\beta}h_{\nu\alpha} + \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla^{\alpha}h_{\mu\nu} - \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla_{\mu}h_{\nu}^{\alpha} \\
- \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla_{\nu}h_{\mu}^{\alpha} - \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\mu}h_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\beta}\nabla_{\mu}h_{\nu\alpha} - \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\beta}\nabla_{\nu}h_{\alpha}^{\beta} \\
+ R^{\alpha\beta}\nabla_{\beta}\nabla_{\nu}h_{\mu\alpha} + \nabla_{\alpha}R_{\nu\beta}\nabla^{\beta}h_{\mu}^{\alpha} - \nabla_{\beta}R_{\nu\alpha}\nabla^{\beta}h_{\mu}^{\alpha} + \nabla_{\alpha}R_{\mu\beta}\nabla^{\beta}h_{\nu}^{\alpha} - \nabla_{\beta}R_{\mu\alpha}\nabla^{\beta}h_{\nu}^{\alpha} \\
- g_{\mu\nu}R^{\alpha\beta}\nabla_{\gamma}\nabla_{\beta}h_{\alpha}^{\beta} + \frac{1}{6}\nabla^{\alpha}R\nabla_{\nu}h_{\alpha\beta} + \frac{1}{6}\nabla^{\alpha}R\nabla_{\mu}h_{\nu\alpha} - \nabla_{\beta}R_{\mu\alpha}\nabla_{\nu}h^{\alpha\beta} \\
+ \frac{1}{3}\nabla_{\mu}R_{\alpha\beta}\nabla_{\nu}h^{\alpha\beta} + \frac{1}{6}\nabla^{\alpha}R\nabla_{\nu}h_{\mu\alpha} + \frac{1}{3}\nabla_{\mu}h^{\alpha\beta}\nabla_{\nu}R_{\alpha\beta} - \frac{2}{3}R^{\alpha\beta}\nabla_{\nu}\nabla_{\nu}h_{\alpha\beta} \\
+ \frac{1}{3}\nabla_{\mu}R\nabla_{\alpha}\nabla^{\alpha}h + \frac{2}{3}R_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}h + \frac{1}{2}\nabla_{\alpha}\nabla^{\alpha}\nabla_{\nu}\nabla_{\mu}h - \frac{1}{12}g_{\mu\nu}\nabla_{\alpha}h\nabla^{\alpha}h \\
+ \frac{1}{2}\nabla_{\alpha}R_{\mu\nu}\nabla^{\alpha}h - \frac{1}{2}\nabla_{\mu}\nabla_{\alpha}\nabla^{\alpha}h - \frac{1}{6}g_{\mu\nu}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}h - R_{\mu\alpha\nu\beta}\nabla^{\beta}\nabla^{\alpha}h \\
+ \frac{1}{2}R\nabla_{\nu}\nabla_{\mu}h - \frac{1}{2}\nabla_{\nu}\nabla_{\mu}\nabla_{\alpha}\nabla^{\alpha}h - \frac{1}{6}g_{\mu\nu}\nabla_{\beta}\nabla^{\beta}\nabla^{\alpha}h - R_{\mu\alpha\nu\beta}\nabla^{\beta}\nabla^{\alpha}h \\
+ \frac{1}{2}R\nabla_{\nu}\nabla_{\mu}h - \frac{1}{2}\nabla_{\nu}\nabla_{\mu}\nabla_{\alpha}\nabla^{\alpha}h - \frac{1}{6}g_{\mu\nu}\nabla_{\beta}\nabla^{\beta}\nabla^{\alpha}h - R_{\mu\alpha\nu\beta}\nabla^{\beta}\nabla^{\alpha}h \\
+ \frac{1}{2}R\nabla_{\nu}\nabla_{\mu}h - \frac{1}{2}\nabla_{\nu}\nabla_{\mu}\nabla_{\alpha}\nabla^{\alpha}h . \tag{6}$$

### General, no Bianchi, no explicit covariant derivative commutation

$$W_{\mu\nu}^{(1)} = \frac{1}{2}g_{\mu\nu}R^2 - 2RR_{\mu\nu} + 2g_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R - 2\nabla_{\nu}\nabla_{\mu}R. \tag{7}$$

No Bianchi applied to  $W_{\mu\nu}^2$ 

$$W_{\mu\nu}^{(2)} = \frac{1}{2}g_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} - 2R^{\alpha\beta}R_{\alpha\mu\beta\nu} + \frac{1}{2}g_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R + \nabla_{\alpha}\nabla^{\alpha}R_{\mu\nu} - \nabla_{\mu}\nabla^{\alpha}R_{\nu\alpha} - \nabla_{\nu}\nabla^{\alpha}R_{\mu\alpha}. \tag{8}$$

$$W_{\mu\nu} = -\frac{1}{6}g_{\mu\nu}R^2 + \frac{1}{2}g_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} + \frac{2}{3}RR_{\mu\nu} - 2R^{\alpha\beta}R_{\alpha\mu\beta\nu} - \frac{1}{6}g_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R + \nabla_{\alpha}\nabla^{\alpha}R_{\mu\nu} - \nabla_{\mu}\nabla^{\alpha}R_{\nu\alpha} - \nabla_{\nu}\nabla^{\alpha}R_{\mu\alpha} + \frac{2}{3}\nabla_{\nu}\nabla_{\mu}R.$$

$$(9)$$

#### General, no Bianchi, no explicit covariant derivative commutation

80 Terms

$$\begin{split} \delta W_{\mu\nu}(h_{\mu\nu}) &= -\frac{1}{6}h_{\mu\nu}R^2 + \frac{1}{3}g_{\mu\nu}h^{\alpha\beta}RR_{\alpha\beta} + \frac{1}{2}h_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} - g_{\mu\nu}h^{\alpha\beta}R_{\alpha} \gamma R_{\beta\gamma} - \frac{2}{3}h^{\alpha\beta}R_{\alpha\beta}R_{\mu\nu} \\ &+ 2h^{\alpha\beta}R_{\alpha}^{\gamma}R_{\mu\gamma\nu\beta} - \frac{1}{6}h_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R + \frac{1}{6}g_{\mu\nu}h^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R - h^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R_{\mu\nu} \\ &+ \frac{1}{6}g_{\mu\nu}h^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}R_{\alpha\beta} + h^{\alpha\beta}\nabla_{\mu}\nabla_{\beta}R_{\nu\alpha} + h^{\alpha\beta}\nabla_{\nu}\nabla_{\beta}R_{\mu\alpha} - \frac{2}{3}h^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}R_{\alpha\beta} \\ &+ \frac{1}{3}R\nabla_{\alpha}\nabla^{\alpha}h_{\mu\nu} + R_{\mu\beta\nu\gamma}\nabla_{\alpha}\nabla^{\gamma}h^{\alpha\beta} + R_{\mu\gamma\nu\beta}\nabla_{\alpha}\nabla^{\gamma}h^{\alpha\beta} - \frac{1}{3}R\nabla_{\alpha}\nabla_{\mu}h_{\nu}^{\alpha} - \frac{1}{3}R\nabla_{\alpha}\nabla_{\nu}h_{\mu}^{\alpha} \\ &+ \frac{1}{3}\nabla_{\alpha}h_{\mu\nu}\nabla^{\alpha}R + \frac{1}{6}g_{\mu\nu}\nabla^{\alpha}R\nabla_{\beta}h_{\alpha}^{\beta} - \nabla^{\alpha}h_{\mu\nu}\nabla_{\beta}R_{\alpha}^{\beta} - \nabla_{\alpha}h^{\alpha\beta}\nabla_{\beta}R_{\mu\nu} \\ &+ \frac{1}{3}g_{\mu\nu}R\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta} - \frac{2}{3}R_{\mu\nu}\nabla_{\beta}\nabla_{\alpha}h^{\beta} + \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}h_{\mu}^{\beta} - R^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}h_{\mu\nu} \\ &+ \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta} - \frac{2}{3}R_{\mu\nu}\nabla_{\beta}\nabla_{\alpha}h^{\beta} + \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}h_{\mu}^{\beta} - \nabla^{\alpha}h_{\mu\nu}\nabla_{\alpha}\nabla_{\alpha}h_{\mu\nu} \\ &+ \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta} - \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta} + R^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}h_{\mu\nu} \\ &+ \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}h_{\nu}^{\alpha} - \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\beta}h_{\alpha}^{\alpha} - R^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}h_{\mu\nu} \\ &- \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla_{\mu}h_{\nu}^{\alpha} - \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\beta}h_{\mu}^{\alpha} - \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}h_{\mu}^{\beta} + R^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}h_{\mu\nu} \\ &- \frac{1}{2}\nabla_{\alpha}\nabla^{\beta}\nabla_{\alpha}\nabla_{\mu}h_{\mu}^{\alpha} - \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\beta}h_{\mu}^{\alpha} - \nabla_{\beta}R_{\nu\alpha}\nabla^{\beta}h_{\mu}^{\alpha} \\ &+ \nabla_{\alpha}R_{\mu\beta}\nabla^{\beta}h_{\nu}^{\alpha} - \nabla_{\beta}R_{\mu\alpha}\nabla^{\beta}h_{\nu}^{\alpha} - Q_{\mu}R_{\nu}^{\alpha\beta}\nabla_{\gamma}\nabla_{\beta}h_{\alpha}^{\beta} + \frac{1}{2}g_{\mu\nu}\nabla_{\gamma}R_{\alpha\beta}\nabla^{\gamma}h_{\alpha\beta} \\ &- R_{\mu\alpha\nu\beta}\nabla^{\gamma}h_{\nu}^{\alpha} + \nabla_{\alpha}h^{\alpha\beta}\nabla_{\mu}R_{\nu\alpha} - \frac{1}{2}\nabla_{\mu}\nabla_{\alpha}\nabla_{\beta}\nabla_{\beta}h_{\mu}^{\alpha} - \nabla_{\beta}R_{\nu}^{\alpha}\nabla_{\gamma}\nabla_{\gamma}h_{\alpha\beta} \\ &+ \frac{1}{2}\nabla_{\mu}\nabla_{\beta}\nabla_{\alpha}h_{\nu}^{\alpha} + \nabla_{\alpha}h^{\alpha\beta}\nabla_{\gamma}\nabla_{\alpha}h_{\alpha\beta} + \frac{1}{2}\nabla_{\mu}\nabla_{\alpha}h^{\alpha\beta} \\ &+ \frac{1}{2}\nabla_{\mu}\nabla_{\beta}\nabla_{\alpha}h_{\mu}^{\alpha} + \nabla_{\alpha}h^{\alpha\beta}\nabla_{\gamma}\nabla_{\alpha}h_{\alpha\beta} + \frac{1}{2}\nabla_{\nu}\nabla_{\beta}\nabla_{\alpha}\nabla_{\beta}h_{\alpha\beta} \\ &+ \frac{1}{2}\nabla_{\mu}\nabla_{\alpha}\nabla^{\beta}h_{\mu}^{\alpha} + \nabla_{\alpha}h^{\alpha\beta}\nabla_{\gamma}\nabla_{\alpha}h_{\alpha\beta} \\ &- \frac{1}{3}\nabla^{\alpha}R\nabla_{\nu}h_{\mu}^{\alpha} + \nabla_{\alpha}h^{\alpha\beta}\nabla_{\gamma}\nabla_{\beta}h_{\alpha}^{\alpha} + \frac{1}{2}\nabla_{\nu}\nabla_{\beta}\nabla_{\alpha}h_{\alpha\beta} \\ &- \frac{1}{2}\nabla_{\nu}\nabla_{\alpha}h_{\alpha} + R^{\alpha\beta}\nabla_{\gamma}\nabla_{\beta}h_{\alpha$$

Now make substitution

$$h_{\mu\nu} = K_{\mu\nu} + \frac{1}{4}hg_{\mu\nu}^{(0)} \tag{11}$$

in which it follows

$$\delta W_{\mu\nu}(h_{\mu\nu}) = \delta W_{\mu\nu}(K_{\mu\nu} + \frac{1}{4}hg_{\mu\nu}^{(0)}) = \delta W_{\mu\nu}(K_{\mu\nu}) + \delta W_{\mu\nu}(\frac{1}{4}hg_{\mu\nu}^{(0)}). \tag{12}$$

64 Terms

$$\delta W_{\mu\nu}(K_{\mu\nu}) = -\frac{1}{6}K_{\mu\nu}R^2 + \frac{1}{3}g_{\mu\nu}K^{\alpha\beta}RR_{\alpha\beta} + \frac{1}{2}K_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} - g_{\mu\nu}K^{\alpha\beta}R_{\alpha}^{\gamma}R_{\beta\gamma} - \frac{2}{3}K^{\alpha\beta}R_{\alpha\beta}R_{\mu\nu} \\
+ 2K^{\alpha\beta}R_{\alpha}^{\gamma}R_{\mu\gamma\nu\beta} + \frac{1}{3}R\nabla_{\alpha}\nabla^{\alpha}K_{\mu\nu} - \frac{1}{6}K_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R + R_{\mu\beta\nu\gamma}\nabla_{\alpha}\nabla^{\gamma}K^{\alpha\beta} \\
+ R_{\mu\gamma\nu\beta}\nabla_{\alpha}\nabla^{\gamma}K^{\alpha\beta} - \frac{1}{3}R\nabla_{\alpha}\nabla_{\mu}K_{\nu}^{\alpha} - \frac{1}{3}R\nabla_{\alpha}\nabla_{\nu}K_{\mu}^{\alpha} + \frac{1}{3}\nabla_{\alpha}K_{\mu\nu}\nabla^{\alpha}R \\
+ \frac{1}{6}g_{\mu\nu}\nabla^{\alpha}R\nabla_{\beta}K_{\alpha}^{\beta} - \nabla^{\alpha}K_{\mu\nu}\nabla_{\beta}R_{\alpha}^{\beta} - \nabla_{\alpha}K^{\alpha\beta}\nabla_{\beta}R_{\mu\nu} + \frac{1}{3}g_{\mu\nu}R\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta} \\
- \frac{2}{3}R_{\mu\nu}\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta} + \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}K_{\mu}^{\beta} - R^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}K_{\mu\nu} + \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}K_{\nu}^{\beta} \\
+ \frac{1}{6}g_{\mu\nu}K^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R - K^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}K_{\mu\nu} - \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla^{\beta}K_{\mu\alpha} - \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\beta}\nabla^{\beta}K_{\nu\alpha} \\
+ \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla^{\alpha}K_{\mu\nu} - \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}K_{\mu\nu} - \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla_{\nu}K_{\mu}^{\alpha} - \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\beta}K_{\nu}^{\alpha} \\
+ R^{\alpha\beta}\nabla_{\beta}\nabla_{\mu}K_{\nu\alpha} - \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\beta}\nabla_{\nu}K_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\beta}\nabla_{\nu}K_{\mu\alpha} + \nabla_{\alpha}R_{\nu\beta}\nabla^{\beta}K_{\mu}^{\alpha} \\
- \nabla_{\beta}R_{\nu\alpha}\nabla^{\beta}K_{\mu}^{\alpha} + \nabla_{\alpha}R_{\mu\beta}\nabla^{\beta}K_{\nu}^{\alpha} - \nabla_{\beta}R_{\mu\alpha}\nabla^{\beta}K_{\nu}^{\alpha} - g_{\mu\nu}R^{\alpha\beta}\nabla_{\gamma}\nabla_{\beta}K_{\alpha}^{\beta} \\
+ \frac{1}{6}g_{\mu\nu}\nabla_{\gamma}\nabla^{\gamma}\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta} + \frac{1}{3}g_{\mu\nu}\nabla_{\gamma}R_{\alpha\beta} + \frac{1}{6}g_{\mu\nu}K^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}R_{\alpha\beta} \\
+ \frac{1}{6}g_{\mu\nu}\nabla_{\gamma}\nabla^{\gamma}\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta} + \frac{1}{3}g_{\mu\nu}\nabla_{\gamma}R_{\alpha\beta}\nabla_{\gamma}K^{\alpha\beta} - \frac{1}{3}\nabla^{\alpha}R\nabla_{\mu}K_{\nu\alpha} + \nabla_{\beta}R_{\alpha}^{\beta}\nabla_{\mu}K_{\nu}^{\alpha} \\
+ \nabla_{\alpha}K^{\alpha\beta}\nabla_{\mu}R_{\nu\beta} - \frac{1}{2}\nabla_{\mu}\nabla_{\alpha}\nabla_{\beta}\nabla^{\beta}K_{\nu}^{\alpha} + R_{\nu}^{\alpha}\nabla_{\mu}\nabla_{\nu}K_{\alpha\beta} + K^{\alpha\beta}\nabla_{\mu}\nabla_{\nu}K_{\alpha\beta} - \frac{1}{6}\nabla_{\mu}R_{\alpha\beta}\nabla_{\nu}K^{\alpha\beta} \\
- \frac{1}{3}\nabla^{\alpha}R\nabla_{\nu}K_{\mu\alpha} + \nabla_{\beta}R_{\alpha}^{\beta}\nabla_{\nu}K_{\mu}^{\alpha} - \frac{1}{6}\nabla_{\mu}K^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}R_{\alpha\beta} + \nabla_{\alpha}K^{\alpha\beta}\nabla_{\nu}K_{\alpha\beta} \\
- \frac{1}{3}\nabla^{\alpha}R\nabla_{\nu}K_{\mu\alpha} + \nabla_{\beta}R_{\alpha}^{\beta}\nabla_{\nu}K_{\mu}^{\alpha} - \frac{1}{6}\nabla_{\mu}K^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}R_{\alpha\beta} + \nabla_{\alpha}K^{\alpha\beta}\nabla_{\nu}K_{\alpha\beta} \\
- \frac{1}{2}\nabla_{\nu}\nabla_{\beta}\nabla_{\alpha}\nabla_{\mu}K^{\alpha\beta} - \frac{1}{6}\nabla_{\mu}K_{\alpha\beta} - \frac{1}{2}K^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}R_{\alpha\beta} - \frac{1}{2}\nabla_{\nu}\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta}.$$
(13)

$$\delta W_{\mu\nu}(\frac{h}{4}g_{\mu\nu}^{(0)}) = \frac{1}{24}g_{\mu\nu}R^{2}h - \frac{1}{8}g_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta}h - \frac{1}{6}RR_{\mu\nu}h + \frac{1}{2}R^{\alpha\beta}R_{\mu\alpha\nu\beta}h + \frac{1}{24}g_{\mu\nu}h\nabla_{\alpha}\nabla^{\alpha}R$$

$$- \frac{1}{4}h\nabla_{\alpha}\nabla^{\alpha}R_{\mu\nu} + \frac{1}{4}h\nabla_{\mu}\nabla_{\alpha}R_{\nu}^{\alpha} + \frac{1}{4}h\nabla_{\nu}\nabla_{\alpha}R_{\mu}^{\alpha} - \frac{1}{6}h\nabla_{\nu}\nabla_{\mu}R$$

$$+ \frac{1}{4}\nabla_{\alpha}\nabla^{\alpha}\nabla_{\nu}\nabla_{\mu}h + \frac{1}{8}g_{\mu\nu}\nabla_{\alpha}h\nabla^{\alpha}R - \frac{1}{4}\nabla_{\alpha}R_{\mu\nu}\nabla^{\alpha}h - \frac{1}{4}g_{\mu\nu}\nabla^{\alpha}h\nabla_{\beta}R_{\alpha}^{\beta}$$

$$- \frac{1}{2}R_{\mu\alpha\nu\beta}\nabla^{\beta}\nabla^{\alpha}h + \frac{1}{4}\nabla_{\alpha}R_{\nu}^{\alpha}\nabla_{\mu}h - \frac{1}{4}\nabla_{\mu}\nabla_{\alpha}\nabla^{\alpha}\nabla_{\nu}h - \frac{1}{8}\nabla_{\mu}h\nabla_{\nu}R + \frac{1}{4}\nabla_{\alpha}R_{\mu}^{\alpha}\nabla_{\nu}h$$

$$- \frac{1}{8}\nabla_{\mu}R\nabla_{\nu}h - \frac{1}{4}\nabla_{\nu}\nabla_{\alpha}\nabla^{\alpha}\nabla_{\mu}h + \frac{1}{4}\nabla_{\nu}\nabla_{\mu}\nabla_{\alpha}\nabla^{\alpha}h.$$
(14)

#### General, with Bianchi, no explicit covariant derivative commutation

52 Terms

$$\delta W_{\mu\nu}(K_{\mu\nu}) = -\frac{1}{6}K_{\mu\nu}R^2 + \frac{1}{3}g_{\mu\nu}K^{\alpha\beta}RR_{\alpha\beta} + \frac{1}{2}K_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} - g_{\mu\nu}K^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\beta\gamma} - \frac{2}{3}K^{\alpha\beta}R_{\alpha\beta}R_{\mu\nu}$$

$$+ 2K^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\mu\gamma\nu\beta} - \frac{1}{6}K_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R + \frac{1}{6}g_{\mu\nu}K^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R - K^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R_{\mu\nu}$$

$$+ \frac{1}{6}g_{\mu\nu}K^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}R_{\alpha\beta} + \frac{1}{2}K^{\alpha\beta}\nabla_{\mu}\nabla_{\nu}R_{\alpha\beta} - \frac{1}{6}K^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}R_{\alpha\beta}$$

$$+ \frac{1}{3}R\nabla_{\alpha}\nabla^{\alpha}K_{\mu\nu} + R_{\mu\beta\nu\gamma}\nabla_{\alpha}\nabla^{\gamma}K^{\alpha\beta} + R_{\mu\gamma\nu\beta}\nabla_{\alpha}\nabla^{\gamma}K^{\alpha\beta} - \frac{1}{3}R\nabla_{\alpha}\nabla_{\mu}K_{\nu}^{\alpha}$$

$$- \frac{1}{3}R\nabla_{\alpha}\nabla_{\nu}K_{\mu}^{\alpha} - \frac{1}{6}\nabla_{\alpha}K_{\mu\nu}\nabla^{\alpha}R + \frac{1}{6}g_{\mu\nu}\nabla^{\alpha}R\nabla_{\beta}K_{\alpha}^{\beta} - \nabla_{\alpha}K^{\alpha\beta}\nabla_{\beta}R_{\mu\nu}$$

$$+ \frac{1}{3}g_{\mu\nu}R\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta} - \frac{2}{3}R_{\mu\nu}\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta} + \frac{1}{2}R_{\nu}{}^{\alpha}\nabla_{\beta}\nabla_{\alpha}K_{\mu}^{\beta} - R^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}K_{\mu\nu}$$

$$+ \frac{1}{2}R_{\mu}{}^{\alpha}\nabla_{\beta}\nabla_{\alpha}K_{\nu}^{\beta} - \frac{1}{2}R_{\nu}{}^{\alpha}\nabla_{\beta}\nabla^{\beta}K_{\mu\alpha} - \frac{1}{2}R_{\mu}{}^{\alpha}\nabla_{\beta}\nabla^{\beta}K_{\nu\alpha} + \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla^{\alpha}K_{\mu\nu}$$

$$- \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla_{\mu}K_{\nu}^{\alpha} - \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla_{\nu}K_{\mu}^{\alpha} - \frac{1}{2}R_{\nu}{}^{\alpha}\nabla_{\beta}\nabla_{\mu}K_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\beta}\nabla_{\mu}K_{\nu\alpha}$$

$$- \frac{1}{2}R_{\mu}{}^{\alpha}\nabla_{\beta}\nabla_{\nu}K_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\beta}\nabla_{\nu}K_{\mu\alpha} + \nabla_{\alpha}R_{\nu\beta}\nabla^{\beta}K_{\mu}^{\alpha} - \nabla_{\beta}R_{\nu\alpha}\nabla^{\beta}K_{\mu}^{\alpha}$$

$$+ \nabla_{\alpha}R_{\mu\beta}\nabla^{\beta}K_{\nu}{}^{\alpha} - \nabla_{\beta}R_{\mu\alpha}\nabla^{\beta}K_{\nu}{}^{\alpha} - g_{\mu\nu}R^{\alpha\beta}\nabla_{\gamma}\nabla_{\beta}K_{\alpha}^{\gamma} + \frac{2}{3}g_{\mu\nu}R^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}K_{\alpha\beta}$$

$$- R_{\mu\alpha\nu\beta}\nabla_{\gamma}\nabla^{\gamma}K^{\alpha\beta} + \frac{1}{6}g_{\mu\nu}\nabla_{\gamma}\nabla^{\gamma}\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta} + \frac{1}{3}g_{\mu\nu}\nabla_{\gamma}R_{\alpha\beta}\nabla^{\gamma}K^{\alpha\beta} - \nabla_{\beta}R_{\nu\alpha}\nabla_{\mu}K^{\alpha\beta}$$

$$+ \frac{1}{6}\nabla^{\alpha}R\nabla_{\nu}K_{\nu\alpha} + \frac{1}{2}\nabla_{\mu}K^{\alpha\beta}\nabla_{\nu}K_{\alpha\beta} - \nabla_{\beta}R_{\mu\alpha}\nabla_{\nu}K_{\alpha\beta} + \frac{1}{3}\nabla_{\mu}R_{\alpha\beta}\nabla_{\nu}K^{\alpha\beta}$$

$$+ \frac{1}{6}\nabla^{\alpha}R\nabla_{\nu}K_{\nu\alpha} + \frac{1}{2}\nabla_{\mu}K^{\alpha\beta}\nabla_{\nu}K_{\alpha\beta} - \frac{7}{6}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}K_{\alpha\beta} + \frac{1}{3}\nabla_{\mu}R_{\alpha\beta}\nabla_{\nu}K^{\alpha\beta}$$

$$+ \frac{1}{6}\nabla^{\alpha}R\nabla_{\nu}K_{\mu\alpha} + \frac{1}{2}\nabla_{\mu}K^{\alpha\beta}\nabla_{\nu}K_{\alpha\beta} - \frac{7}{6}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}K_{\alpha\beta} + \frac{1}{2}\nabla_{\nu}\nabla_{\mu}K_{\alpha\beta}$$

$$+ \frac{1}{6}\nabla^{\alpha}R\nabla_{\nu}K_{\mu\alpha} + \frac{1}{2}\nabla_{\mu}K^{\alpha\beta}\nabla_{\nu}K_{\alpha\beta} - \frac{7}{6}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}K_{\alpha\beta} + \frac{1}{2}\nabla_{\nu}\nabla_{\mu}K_{\alpha\beta}$$

$$+ \frac{1}{6}\nabla^{\alpha}R\nabla_{\nu}K_{\mu\alpha} + \frac{1}{2}\nabla_{\mu}K^{\alpha\beta}\nabla_{\nu}K_{\alpha\beta} - \frac{7}{6}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}K_{\alpha\beta} + \frac{1}{2}\nabla_{\nu}\nabla_{\mu}K_{\alpha\beta} + \frac{1}{2}\nabla_{\nu}\nabla_{$$

$$\delta W_{\mu\nu}(\frac{h}{4}g_{\mu\nu}^{(0)}) = \frac{1}{24}g_{\mu\nu}R^{2}h - \frac{1}{8}g_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta}h - \frac{1}{6}RR_{\mu\nu}h + \frac{1}{2}R^{\alpha\beta}R_{\mu\alpha\nu\beta}h + \frac{1}{24}g_{\mu\nu}h\nabla_{\alpha}\nabla^{\alpha}R$$
$$- \frac{1}{4}h\nabla_{\alpha}\nabla^{\alpha}R_{\mu\nu} + \frac{1}{12}h\nabla_{\nu}\nabla_{\mu}R + \frac{1}{4}\nabla_{\alpha}\nabla^{\alpha}\nabla_{\nu}\nabla_{\mu}h - \frac{1}{4}\nabla_{\alpha}R_{\mu\nu}\nabla^{\alpha}h - \frac{1}{2}R_{\mu\alpha\nu\beta}\nabla^{\beta}\nabla^{\alpha}h$$
$$+ \frac{1}{4}\nabla^{\alpha}h\nabla_{\mu}R_{\nu\alpha} + \frac{1}{4}R_{\nu}^{\alpha}\nabla_{\nu}\nabla_{\alpha}h + \frac{1}{4}\nabla^{\alpha}h\nabla_{\nu}R_{\mu\alpha} + \frac{1}{4}R_{\mu}^{\alpha}\nabla_{\nu}\nabla_{\alpha}h - \frac{1}{4}\nabla_{\nu}\nabla_{\mu}\nabla_{\alpha}\nabla^{\alpha}h. \tag{16}$$

#### With Covariant Derivative Commutation and Bianchi

$$\begin{split} \delta W_{\mu\nu}(h_{\mu\nu}) &= -\frac{1}{6}h_{\mu\nu}R^2 + \frac{1}{3}g_{\mu\nu}h^{\alpha\beta}RR_{\alpha\beta} + \frac{1}{2}h_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} + \frac{1}{3}h_{\nu}^{\alpha}RR_{\mu\alpha} - \frac{1}{2}h_{\nu}^{\alpha}R_{\alpha\beta}R_{\mu}^{\beta} \\ &- \frac{2}{3}h^{\alpha\beta}R_{\alpha\beta}R_{\mu\nu} + \frac{1}{3}h_{\mu}^{\alpha}RR_{\nu\alpha} + h^{\alpha\beta}R_{\mu\alpha}R_{\nu\beta} - \frac{1}{2}h_{\mu}^{\alpha}R_{\alpha\beta}R_{\nu}^{\beta} - g_{\mu\nu}h^{\alpha\beta}R^{\gamma\eta}R_{\alpha\gamma\beta\eta} \\ &- \frac{2}{3}h^{\alpha\beta}RR_{\mu\alpha\nu\beta} - h_{\nu}^{\alpha}R^{\beta\gamma}R_{\mu\beta\alpha\gamma} + 2h^{\alpha\beta}R_{\alpha}^{\gamma}R_{\mu\gamma\nu\beta} + 2h^{\alpha\beta}R_{\alpha\gamma\beta\eta}R_{\mu}^{\gamma}^{\gamma}^{\eta} \\ &- h_{\mu}^{\alpha}R^{\beta\gamma}R_{\nu\beta\alpha\gamma} - \frac{1}{6}h_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R + \frac{1}{6}g_{\mu\nu}h^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R - h^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R_{\mu\nu} \\ &+ \frac{1}{2}h_{\nu}^{\alpha}\nabla_{\beta}\nabla^{\beta}R_{\mu\alpha} + \frac{1}{2}h_{\mu}^{\alpha}\nabla_{\beta}\nabla^{\beta}R_{\nu\alpha} + \frac{1}{6}g_{\mu\nu}h^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}R_{\alpha\beta} - h^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}R_{\mu\alpha\nu\beta} \\ &+ \frac{1}{3}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}R_{\alpha\beta} \\ &+ \frac{1}{3}R\nabla_{\alpha}\nabla^{\alpha}h_{\mu\nu} + \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\alpha}\nabla_{\beta}h_{\mu}^{\beta} + \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\alpha}\nabla_{\beta}h_{\nu}^{\beta} - \frac{1}{6}\nabla_{\alpha}h_{\mu\nu}\nabla^{\alpha}R \\ &+ \frac{1}{6}g_{\mu\nu}\nabla^{\alpha}R\nabla_{\beta}h_{\alpha}^{\beta} - \nabla_{\alpha}h^{\alpha\beta}\nabla_{\beta}R_{\mu\nu} + \frac{1}{3}g_{\mu\nu}R\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta} - \frac{1}{2}R_{\mu\nu}\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta} \\ &- R^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}h_{\mu\nu} + \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla^{\alpha}h_{\mu\nu} - \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\mu}\nabla_{\alpha}h_{\nu}^{\alpha} - \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\nu}\nabla_{\alpha}h^{\alpha\beta} \\ &- 2R_{\mu\alpha\nu\beta}\nabla_{\gamma}\nabla^{\gamma}h^{\alpha\beta} + \frac{1}{6}g_{\mu\nu}\nabla_{\gamma}\nabla^{\gamma}\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta} + R^{\alpha\beta}\nabla_{\mu}\nabla_{\gamma}h^{\alpha\beta} \\ &- 2R_{\mu\alpha\nu\beta}\nabla_{\gamma}\nabla^{\gamma}h^{\alpha\beta} + R_{\mu\mu\nu}\nabla_{\gamma}\nabla^{\gamma}\nabla_{\beta}h^{\alpha\beta} + R^{\alpha\beta}\nabla_{\mu}\nabla_{\beta}h_{\nu}^{\alpha} - \nabla_{\beta}R_{\mu\alpha}\nabla_{\mu}h^{\alpha\beta} \\ &+ \frac{1}{6}\nabla^{\alpha}R\nabla_{\mu}h_{\nu\alpha} - \frac{1}{3}R\nabla_{\mu}\nabla_{\alpha}h_{\nu}^{\alpha} - \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\mu}\nabla_{\beta}h_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\nu}\nabla_{\beta}h_{\alpha}^{\beta} - \nabla_{\beta}R_{\mu\alpha}\nabla_{\nu}h^{\alpha\beta} \\ &+ \frac{1}{3}\nabla_{\mu}R_{\alpha\beta}\nabla_{\nu}h^{\alpha\beta} + \frac{1}{6}\nabla^{\alpha}R\nabla_{\nu}h_{\mu\alpha} + \frac{1}{3}\nabla_{\mu}h^{\alpha\beta}\nabla_{\nu}\nabla_{\alpha}h_{\alpha\beta} + \frac{1}{3}\nabla_{\nu}\nabla_{\alpha}h^{\alpha\beta} \\ &+ \frac{1}{3}\nabla_{\mu}R_{\alpha\beta}\nabla_{\nu}h_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\nu}\nabla_{\beta}h_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}h_{\alpha}^{\beta} \\ &+ \frac{1}{3}\nabla_{\mu}R_{\alpha\beta}\nabla_{\nu}h^{\alpha\beta} + \frac{1}{6}\nabla^{\alpha}R\nabla_{\nu}h_{\mu\alpha} + \frac{1}{3}\nabla_{\mu}h^{\alpha\beta}\nabla_{\nu}\nabla_{\alpha}h_{\alpha\beta} + \frac{1}{3}\nabla_{\nu}\nabla_{\mu}h_{\alpha\beta} \\ &+ \frac{1}{3}\nabla_{\mu}\nabla_{\alpha}h^{\alpha\beta} + R^{\alpha\beta}\nabla_{\nu}\nabla_{\beta}h_{\mu\alpha} - \frac{2}{3}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}h_{\alpha\beta} + \frac{1}{3}\nabla_{\nu}\nabla_{\mu}h_{\alpha\beta} \\ &- \frac{1}{3}R_{\mu}\nabla_{\alpha}\nabla_{\alpha}h_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\nu}\nabla_{\beta}h_{\alpha}^{\beta} - \frac{1}{3}R^{\alpha\beta}\nabla_{\nu}\nabla_{\alpha}h_{\alpha\beta} \\ &- \frac{1}{3}R^{\alpha}\nabla_{\nu}\nabla_{$$

59 Terms

$$\delta W_{\mu\nu}(K_{\mu\nu}) = -\frac{1}{6}K_{\mu\nu}R^2 + \frac{1}{3}g_{\mu\nu}K^{\alpha\beta}RR_{\alpha\beta} + \frac{1}{2}K_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} + \frac{1}{3}K_{\nu}^{\alpha}RR_{\mu\alpha} - \frac{1}{2}K_{\nu}^{\alpha}R_{\alpha\beta}R_{\mu}^{\beta} \\
- \frac{2}{3}K^{\alpha\beta}R_{\alpha\beta}R_{\mu\nu} + \frac{1}{3}K_{\mu}^{\alpha}RR_{\nu\alpha} + K^{\alpha\beta}R_{\mu\alpha}R_{\nu\beta} - \frac{1}{2}K_{\mu}^{\alpha}R_{\alpha\beta}R_{\nu}^{\beta} - g_{\mu\nu}K^{\alpha\beta}R^{\gamma\eta}R_{\alpha\gamma\beta\eta} \\
- \frac{2}{3}K^{\alpha\beta}RR_{\mu\alpha\nu\beta} - K_{\nu}^{\alpha}R^{\beta\gamma}R_{\mu\beta\alpha\gamma} + 2K^{\alpha\beta}R_{\alpha}^{\gamma}R_{\mu\gamma\nu\beta} + 2K^{\alpha\beta}R_{\alpha\gamma\beta\eta}R_{\mu}^{\gamma}_{\nu}^{\eta} \\
- K_{\mu}^{\alpha}R^{\beta\gamma}R_{\nu\beta\alpha\gamma} - \frac{1}{6}K_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R + \frac{1}{6}g_{\mu\nu}K^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R - K^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R_{\mu\nu} \\
+ \frac{1}{2}K_{\nu}^{\alpha}\nabla_{\beta}\nabla^{\beta}R_{\mu\alpha} + \frac{1}{2}K_{\mu}^{\alpha}\nabla_{\beta}\nabla^{\beta}R_{\nu\alpha} + \frac{1}{6}g_{\mu\nu}K^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}R_{\alpha\beta} - K^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}R_{\mu\alpha\nu\beta} \\
+ \frac{1}{3}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}R_{\alpha\beta} \\
+ \frac{1}{3}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}R_{\alpha\beta} \\
+ \frac{1}{6}g_{\mu\nu}\nabla^{\alpha}R\nabla_{\beta}K_{\alpha}^{\beta} - \nabla_{\alpha}K^{\alpha\beta}\nabla_{\beta}R_{\mu\nu} + \frac{1}{3}g_{\mu\nu}R\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta} - \frac{2}{3}R_{\mu\nu}\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta} \\
- R^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}K_{\mu\nu} + \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla^{\alpha}K_{\mu\nu} - \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\nu}\nabla_{\alpha}K^{\alpha\beta} - g_{\mu\nu}R^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}K_{\alpha\beta} \\
- g_{\mu\nu}R^{\alpha\beta}\nabla_{\beta}\nabla_{\gamma}K_{\alpha}^{\gamma} + \nabla_{\alpha}R_{\nu\beta}\nabla^{\beta}K_{\mu}^{\alpha} + \nabla_{\alpha}R_{\mu\beta}\nabla^{\beta}K_{\nu}^{\alpha} + \frac{2}{3}g_{\mu\nu}R^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}K_{\alpha\beta} \\
- 2R_{\mu\alpha\nu\beta}\nabla_{\gamma}\nabla^{\gamma}K^{\alpha\beta} + \frac{1}{6}g_{\mu\nu}\nabla_{\gamma}\nabla^{\gamma}\nabla_{\alpha}K^{\alpha\beta} + R_{\mu\gamma\nu\beta}\nabla^{\gamma}\nabla_{\alpha}K^{\alpha\beta} - \nabla_{\beta}R_{\nu\alpha}\nabla_{\mu}K^{\alpha\beta} \\
+ \frac{1}{6}\nabla^{\alpha}R\nabla_{\mu}K_{\nu\alpha} - \frac{1}{3}R\nabla_{\mu}\nabla_{\alpha}K_{\nu}^{\alpha} - \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\nu}\nabla_{\beta}K_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\mu}\nabla_{\beta}K_{\nu\alpha} \\
- \nabla_{\beta}R_{\mu\alpha}\nabla_{\nu}K^{\alpha\beta} + R_{\mu\beta\nu\gamma}\nabla^{\gamma}\nabla_{\alpha}K^{\alpha\beta} + R_{\mu\gamma\nu\beta}\nabla^{\gamma}\nabla_{\alpha}K^{\alpha\beta} - \nabla_{\beta}R_{\nu\alpha}\nabla_{\mu}K^{\alpha\beta} \\
+ \frac{1}{6}\nabla^{\alpha}R\nabla_{\mu}K_{\nu\alpha} - \frac{1}{3}R\nabla_{\mu}\nabla_{\alpha}K_{\nu}^{\alpha} + R^{\alpha\beta}\nabla_{\nu}\nabla_{\beta}K_{\mu\alpha} - \frac{2}{3}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}K_{\alpha\beta} \\
- \frac{1}{3}R\nabla_{\nu}\nabla_{\alpha}K_{\mu}^{\alpha} - \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\nu}\nabla_{\beta}K_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\nu}\nabla_{\beta}K_{\mu\alpha} - \frac{2}{3}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}K_{\alpha\beta} \\
+ \frac{1}{3}\nabla_{\nu}\nabla_{\alpha}K^{\alpha\beta}. \tag{18}$$

$$\delta W_{\mu\nu}(\frac{h}{4}g_{\mu\nu}^{(0)}) = -\frac{1}{4}hW_{\mu\nu}(g_{\mu\nu}^{(0)}) \tag{19}$$

#### Weyl Tensor Flat

$$\delta C_{\lambda\mu\nu\kappa} = \frac{1}{4}\eta_{\mu\nu}\partial_{\alpha}\partial^{\alpha}K_{\kappa\lambda} - \frac{1}{4}\eta_{\lambda\nu}\partial_{\alpha}\partial^{\alpha}K_{\kappa\mu} - \frac{1}{4}\eta_{\kappa\mu}\partial_{\alpha}\partial^{\alpha}K_{\lambda\nu} + \frac{1}{4}\eta_{\kappa\lambda}\partial_{\alpha}\partial^{\alpha}K_{\mu\nu} 
- \frac{1}{6}\eta_{\kappa\mu}\eta_{\lambda\nu}\partial_{\beta}\partial_{\alpha}K^{\alpha\beta} + \frac{1}{6}\eta_{\kappa\lambda}\eta_{\mu\nu}\partial_{\beta}\partial_{\alpha}K^{\alpha\beta} - \frac{1}{4}\eta_{\mu\nu}\partial_{\kappa}\partial_{\alpha}K_{\lambda}^{\alpha} + \frac{1}{4}\eta_{\lambda\nu}\partial_{\kappa}\partial_{\alpha}K_{\mu}^{\alpha} 
+ \frac{1}{2}\partial_{\kappa}\partial_{\mu}K_{\lambda\nu} - \frac{1}{4}\eta_{\mu\nu}\partial_{\lambda}\partial_{\alpha}K_{\kappa}^{\alpha} + \frac{1}{4}\eta_{\kappa\mu}\partial_{\lambda}\partial_{\alpha}K_{\nu}^{\alpha} - \frac{1}{2}\partial_{\lambda}\partial_{\kappa}K_{\mu\nu} + \frac{1}{2}\partial_{\lambda}\partial_{\nu}K_{\kappa\mu} 
+ \frac{1}{4}\eta_{\lambda\nu}\partial_{\mu}\partial_{\alpha}K_{\kappa}^{\alpha} - \frac{1}{4}\eta_{\kappa\lambda}\partial_{\mu}\partial_{\alpha}K_{\nu}^{\alpha} - \frac{1}{2}\partial_{\mu}\partial_{\nu}K_{\kappa\lambda} + \frac{1}{4}\eta_{\kappa\mu}\partial_{\nu}\partial_{\alpha}K_{\lambda}^{\alpha} - \frac{1}{4}\eta_{\kappa\lambda}\partial_{\nu}\partial_{\alpha}K_{\mu}^{\alpha}.$$
(20)

## Applying Gauge

Now we apply the gauge condition

$$\nabla_{\nu}K^{\mu\nu} = 4\Omega^{-1}K^{\mu\nu}\partial_{\nu}\Omega\tag{21}$$

or the equivalent gauge covariant in  $K_{\mu\nu}$ 

$$\eta^{\alpha\beta}\partial_{\alpha}K_{\mu\beta} = 2\Omega^{-1}\eta^{\alpha\beta}K_{\mu\beta}\partial_{\alpha}\Omega. \tag{22}$$

and  $\delta W_{\mu\nu}$  reduces to

$$\delta W_{\mu\nu}(K_{\mu\nu}) = -48\Omega^{-7}\eta^{\alpha\beta}\eta^{\rho\sigma}\partial_{\alpha}\Omega\partial_{\beta}\Omega\partial_{\rho}\Omega\partial_{\sigma}K_{\mu\nu} + 24\Omega^{-6}\eta^{\alpha\beta}\eta^{\rho\sigma}\partial_{\alpha}\Omega\partial_{\rho}\partial_{\beta}\Omega\partial_{\sigma}K_{\mu\nu} 
+ 60\Omega^{-8}\eta^{\alpha\beta}\eta^{\rho\sigma}K_{\mu\nu}\partial_{\alpha}\Omega\partial_{\beta}\Omega\partial_{\rho}\Omega\partial_{\sigma}\Omega - 4\Omega^{-5}\eta^{\alpha\beta}\eta^{\rho\sigma}\partial_{\rho}\Omega_{\alpha}\Omega\partial_{\sigma}\partial_{\beta}K_{\mu\nu} 
+ 6\Omega^{-6}\eta^{\alpha\beta}\eta^{\rho\sigma}K_{\mu\nu}\partial_{\rho}\partial_{\alpha}\Omega\partial_{\sigma}\partial_{\beta}\Omega + 12\Omega^{-6}\eta^{\alpha\rho}\eta^{\beta\sigma}\partial_{\alpha}\Omega\partial_{\beta}\Omega\partial_{\sigma}\partial_{\rho}K_{\mu\nu} 
+ 6\Omega^{-6}\eta^{\alpha\beta}\eta^{\rho\sigma}\partial_{\alpha}\Omega\partial_{\beta}\Omega\partial_{\sigma}\partial_{\rho}K_{\mu\nu} - 2\Omega^{-5}\eta^{\alpha\beta}\eta^{\rho\sigma}\partial_{\beta}\partial_{\alpha}\Omega\partial_{\sigma}\partial_{\rho}K_{\mu\nu} 
+ 12\Omega^{-6}\eta^{\alpha\beta}\eta^{\rho\sigma}\partial_{\alpha}\Omega\partial_{\beta}K_{\mu\nu}\partial_{\sigma}\partial_{\rho}\Omega - 48\Omega^{-7}\eta^{\alpha\rho}\eta^{\beta\sigma}K_{\mu\nu}\partial_{\alpha}\Omega\partial_{\beta}\Omega\partial_{\sigma}\partial_{\rho}\Omega 
- 24\Omega^{-7}\eta^{\alpha\beta}\eta^{\rho\sigma}K_{\mu\nu}\partial_{\alpha}\Omega\partial_{\beta}\Omega\partial_{\sigma}\partial_{\rho}\Omega + 3\Omega^{-6}\eta^{\alpha\beta}\eta^{\rho\sigma}K_{\mu\nu}\partial_{\beta}\partial_{\alpha}\Omega\partial_{\sigma}\partial_{\rho}\Omega 
- 4\Omega^{-5}\eta^{\alpha\beta}\eta^{\rho\sigma}\partial_{\alpha}\Omega\partial_{\sigma}\partial_{\rho}\partial_{\beta}K_{\mu\nu} - 4\Omega^{-5}\eta^{\alpha\beta}\eta^{\rho\sigma}\partial_{\alpha}K_{\mu\nu}\partial_{\sigma}\partial_{\rho}\partial_{\beta}\Omega 
+ 12\Omega^{-6}\eta^{\alpha\beta}\eta^{\rho\sigma}K_{\mu\nu}\partial_{\alpha}\Omega\partial_{\sigma}\partial_{\rho}\partial_{\beta}\Omega + \frac{1}{2}\Omega^{-4}\eta^{\alpha\beta}\eta^{\rho\sigma}\partial_{\sigma}\partial_{\rho}\partial_{\beta}\partial_{\alpha}K_{\mu\nu} 
- \Omega^{-5}\eta^{\alpha\beta}\eta^{\rho\sigma}K_{\mu\nu}\partial_{\sigma}\partial_{\rho}\partial_{\beta}\Omega$$

$$= \frac{1}{2}\Omega^{-2}\eta^{\sigma\rho}\eta^{\alpha\beta}\partial_{\sigma}\partial_{\rho}\partial_{\alpha}\Omega(\Omega^{-2}K_{\mu\nu})$$
(23)

$$W^{\mu\nu} = -\frac{1}{6}g^{\mu\nu}\nabla_{\beta}\nabla^{\beta}R^{\alpha}{}_{\alpha} + \nabla_{\beta}\nabla^{\beta}R^{\mu\nu} - \frac{1}{3}\nabla_{\mu}\nabla_{\nu}R^{\alpha}{}_{\alpha} - R^{\beta\sigma}R_{\sigma\mu\beta\nu} - R^{\beta\sigma}R_{\sigma\nu\beta\mu} + \frac{1}{2}g^{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} + \frac{2}{3}R^{\alpha}{}_{\alpha}R^{\mu\nu} - \frac{1}{6}g^{\mu\nu}(R^{\alpha}{}_{\alpha})^{2} - \frac{1}{6}g_{\mu\nu}R^{2} + \frac{1}{2}g_{\mu\nu}R_{\beta\alpha}R^{\beta\alpha} + \frac{2}{3}RR_{\mu\nu} - R^{\alpha\beta}R_{\beta\mu\alpha\nu} - R^{\alpha\beta}R_{\beta\nu\alpha\mu} - \frac{1}{6}g_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R + \nabla_{\alpha}\nabla^{\alpha}R_{\mu\nu} - \frac{1}{3}\nabla_{\nu}\nabla_{\mu}R$$
 (24)

$$\delta W_{\mu\nu}(h_{\mu\nu}) = -\frac{1}{6}h_{\mu\nu}R^{2} + \frac{1}{3}g_{\mu\nu}h^{\alpha\beta}RR_{\alpha\beta} + \frac{1}{2}h_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} - g_{\mu\nu}h^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\beta\gamma} - \frac{2}{3}h^{\alpha\beta}R_{\alpha\beta}R_{\mu\nu} 
+ h^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\mu\beta\nu\gamma} + h^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\mu\gamma\nu\beta} - \frac{1}{6}h_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R + \frac{1}{6}g_{\mu\nu}h^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R 
- h^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R_{\mu\nu} + \frac{1}{6}g_{\mu\nu}h^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}R_{\alpha\beta} + \frac{1}{3}h^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}R_{\alpha\beta} 
+ \frac{1}{3}R\nabla_{\alpha}\nabla^{\alpha}h_{\mu\nu} + R_{\mu\beta\nu\gamma}\nabla_{\alpha}\nabla^{\gamma}h^{\alpha\beta} + R_{\mu\gamma\nu\beta}\nabla_{\alpha}\nabla^{\gamma}h^{\alpha\beta} - \frac{1}{3}R\nabla_{\alpha}\nabla_{\mu}h_{\nu}{}^{\alpha} - \frac{1}{3}R\nabla_{\alpha}\nabla_{\nu}h_{\mu}{}^{\alpha}$$
(25)

$$+ \frac{1}{3}R\nabla_{\alpha}\nabla^{\alpha}h_{\mu\nu} + R_{\mu\beta\nu\gamma}\nabla_{\alpha}\nabla^{\gamma}h^{\alpha\beta} + R_{\mu\gamma\nu\beta}\nabla_{\alpha}\nabla^{\gamma}h^{\alpha\beta} - \frac{1}{3}R\nabla_{\alpha}\nabla_{\mu}h_{\nu}^{\alpha} - \frac{1}{3}R\nabla_{\alpha}\nabla_{\nu}h_{\mu}^{\alpha} \\
- \frac{1}{6}\nabla_{\alpha}h_{\mu\nu}\nabla^{\alpha}R + \frac{1}{6}g_{\mu\nu}\nabla^{\alpha}R\nabla_{\beta}h_{\alpha}^{\beta} - \nabla_{\alpha}h^{\alpha\beta}\nabla_{\beta}R_{\mu\nu} + \frac{1}{3}g_{\mu\nu}R\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta} \\
- \frac{2}{3}R_{\mu\nu}\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta} + \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}h_{\mu}^{\beta} - R^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}h_{\mu\nu} + \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\beta}\nabla_{\alpha}h_{\nu}^{\beta} \\
- \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla^{\beta}h_{\mu\alpha} - \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\beta}\nabla^{\beta}h_{\nu\alpha} + \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla^{\alpha}h_{\mu\nu} - \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla_{\mu}h_{\nu}^{\alpha} \\
- \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla_{\nu}h_{\mu}^{\alpha} - \frac{1}{2}R_{\nu}^{\alpha}\nabla_{\beta}\nabla_{\mu}h_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\beta}\nabla_{\mu}h_{\nu\alpha} - \frac{1}{2}R_{\mu}^{\alpha}\nabla_{\beta}\nabla_{\nu}h_{\alpha}^{\beta} \\
+ R^{\alpha\beta}\nabla_{\beta}\nabla_{\nu}h_{\mu\alpha} + \nabla_{\alpha}R_{\nu\beta}\nabla^{\beta}h_{\mu}^{\alpha} - \nabla_{\beta}R_{\nu\alpha}\nabla^{\beta}h_{\mu}^{\alpha} + \nabla_{\alpha}R_{\mu\beta}\nabla^{\beta}h_{\nu}^{\alpha} - \nabla_{\beta}R_{\mu\alpha}\nabla^{\beta}h_{\nu}^{\alpha} \\
- g_{\mu\nu}R^{\alpha\beta}\nabla_{\gamma}\nabla_{\beta}h_{\alpha}^{\gamma} + \frac{2}{3}g_{\mu\nu}R^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}h_{\alpha\beta} - R_{\mu\alpha\nu\beta}\nabla_{\gamma}\nabla^{\gamma}h^{\alpha\beta} + \frac{1}{6}g_{\mu\nu}\nabla_{\gamma}\nabla^{\gamma}\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta} \\
+ \frac{1}{3}g_{\mu\nu}\nabla_{\gamma}R_{\alpha\beta}\nabla^{\gamma}h^{\alpha\beta} - \nabla_{\beta}R_{\nu\alpha}\nabla_{\mu}h^{\alpha\beta} + \frac{1}{6}\nabla^{\alpha}R\nabla_{\mu}h_{\nu\alpha} - \frac{1}{2}R^{\alpha\beta}\nabla_{\mu}\nabla_{\nu}h_{\alpha\beta} \\
- \nabla_{\beta}R_{\mu\alpha}\nabla_{\nu}h^{\alpha\beta} + \frac{1}{3}\nabla_{\mu}R_{\alpha\beta}\nabla_{\nu}h^{\alpha\beta} + \frac{1}{6}\nabla^{\alpha}R\nabla_{\nu}h_{\mu\alpha} + \frac{1}{3}\nabla_{\mu}h^{\alpha\beta}\nabla_{\nu}R_{\alpha\beta} \\
- \frac{1}{6}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}h_{\alpha\beta} + \frac{1}{3}\nabla_{\nu}\nabla_{\mu}\nabla_{\beta}\nabla_{\alpha}h^{\alpha\beta}$$

$$-\frac{1}{3}g_{\mu\nu}R\nabla_{\alpha}\nabla^{\alpha}h + \frac{2}{3}R_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}h + \frac{1}{2}\nabla_{\alpha}\nabla^{\alpha}\nabla_{\nu}\nabla_{\mu}h - \frac{1}{12}g_{\mu\nu}\nabla_{\alpha}h\nabla^{\alpha}R + \frac{1}{2}\nabla_{\alpha}R_{\mu\nu}\nabla^{\alpha}h + \frac{1}{2}g_{\mu\nu}R^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}h - \frac{1}{6}g_{\mu\nu}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla^{\alpha}h - R_{\mu\alpha\nu\beta}\nabla^{\beta}\nabla^{\alpha}h + \frac{1}{3}R\nabla_{\nu}\nabla_{\mu}h - \frac{1}{3}\nabla_{\nu}\nabla_{\mu}\nabla_{\alpha}\nabla^{\alpha}h.$$
(27)

(26)

Asanka:

$$2h^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\mu\beta\nu\gamma} + 2h^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\mu\gamma\nu\beta} - 2h_{\mu}{}^{\alpha}R^{\beta\gamma}R_{\nu\beta\alpha\gamma} - R^{\alpha\beta}\nabla_{\beta}\nabla_{\nu}h_{\mu\alpha} + 2R^{\alpha\beta}\nabla_{\nu}\nabla_{\beta}h_{\mu\alpha} - \frac{2}{3}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}h_{\alpha\beta}$$
 (28)

Matthew:

$$h^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\mu\beta\nu\gamma} + h^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\mu\gamma\nu\beta} + R^{\alpha\beta}\nabla_{\beta}\nabla_{\nu}h_{\mu\alpha} - \frac{1}{2}R^{\alpha\beta}\nabla_{\mu}\nabla_{\nu}h_{\alpha\beta} - \frac{1}{6}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}h_{\alpha\beta}$$
 (29)

Commutations:

$$2R^{\alpha\beta}\nabla_{\nu}\nabla_{\beta}h_{\mu\alpha} = -2h^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\mu\beta\nu\gamma} + 2h_{\mu}{}^{\alpha}R^{\beta\gamma}R_{\nu\beta\alpha\gamma} + 2R^{\alpha\beta}\nabla_{\beta}\nabla_{\nu}h_{\mu\alpha}$$
(30)

$$-\frac{1}{2}R^{\alpha\beta}\nabla_{\mu}\nabla_{\nu}h_{\alpha\beta} = -h^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\mu\nu\beta\gamma} - \frac{1}{2}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}h_{\alpha\beta}$$
(31)

Cyclicity:

$$-R_{\mu\nu\beta\gamma} = R_{\mu\gamma\nu\beta} + R_{\mu\beta\gamma\nu} \tag{32}$$

$$\delta W_{\mu\nu}(K_{\mu\nu}) = -\frac{1}{6}K_{\mu\nu}R^2 + \frac{1}{3}g_{\mu\nu}K^{\alpha\beta}RR_{\alpha\beta} + \frac{1}{2}K_{\mu\nu}R_{\alpha\beta}R^{\alpha\beta} - g_{\mu\nu}K^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\beta\gamma} - \frac{2}{3}K^{\alpha\beta}R_{\alpha\beta}R_{\mu\nu} \\ + K^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\mu\beta\nu\gamma} + K^{\alpha\beta}R_{\alpha}{}^{\gamma}R_{\mu\gamma\nu\beta} - \frac{1}{6}K_{\mu\nu}\nabla_{\alpha}\nabla^{\alpha}R + \frac{1}{6}g_{\mu\nu}K^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R \\ - K^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}R_{\mu\nu} + \frac{1}{6}g_{\mu\nu}K^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}R_{\alpha\beta} + \frac{1}{3}K^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}R_{\alpha\beta} \\ + \frac{1}{3}R\nabla_{\alpha}\nabla^{\alpha}K_{\mu\nu} + R_{\mu\beta\nu\gamma}\nabla_{\alpha}\nabla^{\gamma}K^{\alpha\beta} + R_{\mu\gamma\nu\beta}\nabla_{\alpha}\nabla^{\gamma}K^{\alpha\beta} - \frac{1}{3}R\nabla_{\alpha}\nabla_{\mu}K_{\nu}^{\alpha} \\ - \frac{1}{3}R\nabla_{\alpha}\nabla_{\nu}K_{\mu}^{\alpha} - \frac{1}{6}\nabla_{\alpha}K_{\mu\nu}\nabla^{\alpha}R + \frac{1}{6}g_{\mu\nu}\nabla^{\alpha}R\nabla_{\beta}K_{\alpha}^{\beta} - \nabla_{\alpha}K^{\alpha\beta}\nabla_{\beta}R_{\mu\nu} \\ + \frac{1}{3}g_{\mu\nu}R\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta} - \frac{2}{3}R_{\mu\nu}\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta} + \frac{1}{2}R_{\nu}{}^{\alpha}\nabla_{\beta}\nabla_{\alpha}K_{\mu}^{\beta} - R^{\alpha\beta}\nabla_{\beta}\nabla_{\alpha}K_{\mu\nu} \\ + \frac{1}{2}R_{\mu}{}^{\alpha}\nabla_{\beta}\nabla_{\alpha}K_{\nu}^{\beta} - \frac{1}{2}R_{\nu}{}^{\alpha}\nabla_{\beta}\nabla^{\beta}K_{\nu\alpha} - \frac{1}{2}R_{\mu}{}^{\alpha}\nabla_{\beta}\nabla^{\beta}K_{\nu\alpha} + \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla^{\alpha}K_{\mu\nu} \\ - \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla_{\mu}K_{\nu}^{\alpha} - \frac{1}{2}\nabla_{\beta}\nabla^{\beta}\nabla_{\alpha}\nabla_{\nu}K_{\mu}^{\alpha} - \frac{1}{2}R_{\nu}{}^{\alpha}\nabla_{\beta}\nabla_{\mu}K_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\beta}\nabla_{\mu}K_{\nu\alpha} \\ - \frac{1}{2}R_{\mu}{}^{\alpha}\nabla_{\beta}\nabla_{\nu}K_{\alpha}^{\beta} + R^{\alpha\beta}\nabla_{\beta}\nabla_{\nu}K_{\mu\alpha} + \nabla_{\alpha}R_{\nu\beta}\nabla^{\beta}K_{\mu}^{\alpha} - \nabla_{\beta}R_{\nu\alpha}\nabla^{\beta}K_{\mu}^{\alpha} \\ + \nabla_{\alpha}R_{\mu\beta}\nabla^{\beta}K_{\nu}^{\alpha} - \nabla_{\beta}R_{\mu\alpha}\nabla^{\beta}K_{\nu}^{\alpha} - g_{\mu\nu}R^{\alpha\beta}\nabla_{\gamma}\nabla_{\beta}K_{\alpha}^{\gamma} + \frac{2}{3}g_{\mu\nu}R^{\alpha\beta}\nabla_{\gamma}\nabla^{\gamma}K_{\alpha\beta} \\ - R_{\mu\alpha\nu\beta}\nabla_{\gamma}\nabla^{\gamma}K^{\alpha\beta} + \frac{1}{6}g_{\mu\nu}\nabla_{\gamma}\nabla^{\gamma}\nabla_{\beta}\nabla_{\alpha}K^{\alpha\beta} + \frac{1}{3}g_{\mu\nu}\nabla_{\gamma}R_{\alpha\beta}\nabla_{\nu}K^{\alpha\beta} \\ + \frac{1}{6}\nabla^{\alpha}R\nabla_{\mu}K_{\nu\alpha} - \frac{1}{2}R^{\alpha\beta}\nabla_{\nu}\nabla_{\nu}K_{\alpha\beta} - \nabla_{\beta}R_{\mu\alpha}\nabla_{\nu}K^{\alpha\beta} \\ + \frac{1}{6}\nabla^{\alpha}R\nabla_{\nu}K_{\mu\alpha} + \frac{1}{3}\nabla_{\mu}K^{\alpha\beta}\nabla_{\nu}R_{\alpha\beta} - \frac{1}{6}R^{\alpha\beta}\nabla_{\nu}\nabla_{\mu}K_{\alpha\beta} + \frac{1}{4}R^{\alpha}_{\beta}R_{\mu\nu}^{\beta}N_{\alpha} + \frac{1}{24}g_{\mu\nu}N_{\alpha}\nabla_{\alpha}R_{\alpha} - \frac{1}{6}R^{\alpha\beta}N_{\nu}\nabla_{\nu}R_{\alpha} + \frac{1}{4}\nabla^{\alpha}N_{\nu}K_{\alpha\beta} \\ + \frac{1}{12}g_{\mu\nu}\nabla_{\alpha}h^{\gamma}\nabla_{\alpha}R_{\alpha} - \frac{1}{4}\nabla_{\alpha}h^{\gamma}\nabla_{\alpha}R_{\alpha} - \frac{1}{4}\nabla_{\alpha}h\nabla_{\nu}R_{\mu} + \frac{1}{12}g_{\mu\nu}\nabla_{\alpha}R^{\alpha\beta} + \frac{1}{12}R_{\mu\nu}\nabla_{\nu}R_{\alpha} + \frac{1}{4}\nabla^{\alpha}N_{\nu}R_{\mu\alpha} \\ - \frac{1}{12}g_{\mu\nu}\nabla_{\alpha}h^{\gamma}\nabla_{\alpha}R_{\alpha} - \frac{1}{4}\nabla_{\alpha}N_{\nu}R_{\alpha} + \frac{1}{4}N_{\alpha}N_{\nu}R_{\alpha} - \frac{1}{4}N_{\alpha}N_{\nu}R_{\alpha} \\ - \frac{1}{4}\nabla^{\alpha}N_{\nu}R_{\alpha} - \frac{1}{4}\nabla_{\alpha}N_{\nu}\nabla_{\alpha}R_{\alpha} -$$