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Networking

Network access is a fundamental capability in most modern applications. Server applications that process client requests strive to maximize scalability and their throughput capacity to serve clients faster and to serve more clients per server, whereas clients aim to minimize network access latencies or to mitigate its effects. This section provides advice and tips for maximizing networking performance.

Network Protocols

The way an applicative network protocol (OSI Layer 7) is constructed can have a profound influence on performance. This section explores some optimization techniques to better utilize the available network capacity and to minimize overhead.

Pipelining

In a non-pipelined protocol, a client sends a request to server and then waits for the response to arrive before it can send the next request. With such a protocol, network capacity is under-utilized, because, during the network round-trip time (i.e. time it takes network packets to reach the server and back), the network is idle. Conversely, in a pipelined connection, the client can continue to send more requests, even before the server has processed the previous requests. Better yet, the server can decide to respond to requests out of order, responding to trivial requests first, while deferring processing of more computationally-demanding requests.

Pipelining is increasingly important, because, while Internet bandwidth continues to increase worldwide, latency improves at a much slower rate because it is capped to physical limits imposed by the speed of light.

An example of pipelining in a real-world protocol is HTTP 1.1, but it is often disabled by default on most servers and web browsers because of compatibility issues. Google SPDY, an experimental HTTP-like protocol supported by Chrome and Firefox web browsers, as well as some HTTP servers, and the upcoming HTTP 2.0 protocol mandate pipelining support.

Streaming

Streaming is not just for video and audio, but can be used for messaging. With streaming, the application begins sending data over the network even before it is complete. Streaming reduces latency and improves network channel utilization.

For example, if a server application fetches data from a database in response to a request, it can either read it in one chunk into a DataSet (which can consume large amounts of memory) or it can use a DataReader to retrieve records one at a time. In the former approach, the server has to wait until the entire dataset has arrived before it can begin sending a response to the client, whereas in the latter approach, the server can begin sending a response to the client as soon as the first DB record arrives.

Message Chunking

Sending small chunks of data at a time over the network is wasteful. Ethernet, IP, and TCP/UDP headers are no smaller, because the payload is smaller, so although bandwidth utilization can still be high, you end up wasting it on headers, not actual data. Additionally, Windows itself has per-call overhead that is independent or weakly dependent on data chunk size. A protocol can mitigate this by allowing several requests to be combined. For example, the Domain Name Service (DNS) protocol allows a client to resolve multiple domain names in one request.

Chatty Protocols

Sometimes, the client cannot pipeline requests, even if the protocol allows this, because the next requests depend on the content of the previous replies.

Consider an example of a chatty protocol session. When you browse to a web page, the browser connects to the web server via TCP, sends an HTTP GET request for the URL you are trying to visit, and receives an HTML page as a response. The browser then parses the HTML to figure out which JavaScript, CSS, and image resources it has to retrieve and downloads them individually. The JavaScript script is then executed, and it can fetch further content. In summary, the client does not immediately know all the content it has to retrieve to render the page. Instead, it has to iteratively fetch content until it discovers and downloads all content.

To mitigate this problem, the server might hint to the client which URLs it will need to retrieve to render the page and might even send content without the client requesting it.

Message Encoding and Redundancy

Network bandwidth is often a constrained resource, and having a wasteful messaging format does not help performance. Here are a few tips to optimize messaging format:

- Do not transmit the same thing over and over, and keep headers small.
- Use smart encoding or representation for data. For example, strings can be encoded in UTF-8, instead of UTF-16. A binary protocol
 can be many times more compact than a human-readable protocol. If possible, avoid encapsulations, such as Base64 encoding.
- Use compression for highly compressible data, such as text. Avoid it for uncompressible data, such as already-compressed video, images, and audio.

Network Sockets

The sockets API is the standard way for applications to work with network protocols, such as TCP and UDP. Originally, the sockets API was introduced in the BSD UNIX operating system and since became standard in virtually all operating systems, sometimes with proprietary extensions, such as Microsoft's WinSock. There are a number of ways for doing socket I/O in Windows: blocking, non-blocking with polling, and asynchronous. Using the right I/O model and socket parameters enables higher throughput, lower latency, and better scalability. This section outlines performance optimization pertaining to Windows Sockets.

Asynchronous Sockets

.NET supports asynchronous I/O through the <code>Socket</code> class. However, there are two families of asynchronous APIs: <code>BeginXXX</code> and <code>XXXAsync</code>, where XXX stands for Accept, Connect, Receive, Send, and other operations. The former use the .NET Thread Pool's registered wait capability to await overlapped I/O completion, whereas the latter use .NET Thread Pool's I/O Completion Port mechanism, which is more performant and scalable. The latter APIs were introduced in .NET Framework 2.0 SP1.

Socket Buffers

Socket objects expose two settable buffer sizes: ReceiveBufferSize and SendBufferSize, which specify buffer sizes allocated by the TCP/IP stack (in OS memory space). Both are set to 8,192 bytes by default. The receive buffer is used to hold received data not yet read by the application. The send buffer is used to hold data that has been sent by the application but that has not yet been acknowledged by the receiver. Should the need to retransmit arise, data from the send buffer is retransmitted.

When the application reads from the socket, it unfills the receive buffer by the amount read. When the receive buffer becomes empty, the call either blocks or becomes pending, depending if synchronous or asynchronous I/O is used.

When the application writes to the socket, it can write data without blocking until the send buffer is full and cannot accommodate the data or until the receiver's receive buffer becomes full. The receiver advertises how full its receive buffer size is with each acknowledgement.

For high-bandwidth, high latency connections, such as satellite links, the default buffer sizes may be too small. The sending end quickly fills up its send buffer and has to wait for acknowledgement, which is slow to arrive because of high latency. While waiting, the pipe is not kept full and the endpoints only utilize a fraction of the available bandwidth.

In a perfectly reliable network, the ideal buffer size is the product of the bandwidth and latency. For example, in a 100Mbps connection with a 5 ms round-trip time, an ideal buffer window size would be $(100,000,000/8) \times 0.005 = 62,500$ by tes. Packet loss reduces this value.

Nagle's Algorithm

As mentioned before, small packets are wasteful, because packet headers may be large compared to the payload. Nagle's algorithm improves performance of TCP sockets by coalescing multiple writes by the application into up to a whole packet's worth of data. However, this service does not come for free as it introduces delay before data is sent. A latency sensitive application should disable Nagle's algorithm by setting the Socket.NoDelay property to true. A well-written application would send large buffers at a time and would not benefit from Nagle's algorithm.

Registered I/O

Registered I/O (RIO) is a new extension of WinSock available in Windows Server 2012 that provides a very efficient buffer registration and notification mechanism. RIO eliminates the most significant inefficiencies in Windows I/O:

- · User buffer probing (checking for page access permissions), locking and unlocking (ensuring the buffers are resident in RAM).
- Handle lookups (translating a Win32 HANDLE to a kernel object pointer).
- System calls made (e.g. to dequeue I/O completion notifications).

These are "taxes" paid to isolate the application from the operating system and from other applications, to the end of ensuring security and reliability. Without RIO, you pay these taxes per call, which, at high I/O rates, becomes significant. Conversely, with RIO, you incur the costs of the "taxes" only once, during initialization.

RIO requires registration of buffers, which locks them in physical memory until they are de-registered (when the application or subsystem uninitializes). Since the buffers remain allocated and resident in memory, Windows can skip probing, locking, and unlocking per call.

RIO request and completion queues reside in the process' memory space and are accessible to it, meaning a system call is no longer required to poll the queue or dequeue completion notifications.

RIO supports three notification mechanisms:

- Polling: This has the lowest latency but means a logical processor is dedicated to polling the network buffers.
- I/O Completion Ports.
- · Signaling a Windows event.

At the time of writing, RIO was not exposed by the .NET Framework, but it is accessible through the standard .NET interoperability mechanisms (discussed in Chapter 8).