

**SIRI LAKXMI CENTER FOR HUMAN REHABILITATION [SLCFHR] currently functioning at No. 336/1, Kelanitissa Mawatha, Wanawasala (Wattala).**

This institution caring mainly for the underprivileged sections of the Sri Lankan society afflicted with partial paralysis, facial palsy, Parkinson's disease, acute knee and joint pains, cramps in the wrist and knees, arthritis, autism and cerebral palsy in children and others. The success rate at this clinic has been astonishingly as 95 percent since the inception of the center's operations six years ago. The number of patients seeking treatment in the clinic as outpatients and as in-patients is progressively on the increase. The total number of patients cared for and treated up to now is 13,000. At present an average of 10 – 15 patients come daily as outpatients. Among them about five patients on an average seek treatment as indoor patients. But unfortunately, due to the problems of accommodation and other facilities most of them are kept in the waiting list. The ward can accommodate only a maximum of 15 patients at a time. Food is provided to the in-patients. Attendants provide them assistance and support to move about, wash or bathe, to answer call of nature and change of clothes. Each case of the patients at the initial stage of their arrival and the final stages of cure has been kept recorded on video for follow ups. Media personnel who viewed them after selecting some of them at random have invariably commented that their cure, considering the frail and helpless state in which

they were brought, the cure was amazing and their facial expressions of delight at the prospect of being able to walk, talk and attend to their personal matters on their own was heartening.

Dr. P. Shivapadasundaram, popularly called as Dr. Shiva and admired for his unconditional love and devotion to the welfare of the patients, offering words of solace and encouragement to the patients and them, in turn, expressing delight and contention is also recorded in the video films. A large majority of the patients including children and the elderly, arriving at the clinic for treatment or for getting warded were in a frail, invalid and dormant state, unable to move their limbs, walk or talk and dejected. The picture is entirely different and gratifying at the conclusion of treatment.

In the case of extremely poor senior citizens and kids who come for treatment, medicine and food are given free of charges.

The age-group of the patients range from children of three years to elderly men and women in their late eighties. Treatment and care is provided to everyone who comes to the clinic and hospital with no discrimination, whatsoever, irrespective of religion, race, caste or creed.

The stories of these patients who come from the poverty-stricken, under-privileged and low middle class communities are heart rending and tormenting and they need support from fellow human beings.

Dr. Shiva also explains during interviews with the media and discussions with prominent persons the causes for the paralysis and ways and means of prevention. He says that anyone who follows his guidelines can be cured in 30 – 40 days.

### **SPECIAL HERBEL OILS:**

Dr. Shiva's medication is based on application of specially prepared herbal oils – the combination of their ingredients known only to him – at the affected areas, limbs and the head, exerting pressure at vital pressure points of the body and massaging, as the case may be.

He is fully committed and devoted to the well-being of the patients and virtually functions as the sole caregiver, doctor, nurse, cook, janitor and as the source of emotional support and psychological counselor. He hardly has time to sleep and gets

only a few hours of rest, sleeping in the ward itself to take care of patients who often wake up in pain or due to other reasons during the night. There are also paid attendants, cooks and janitors who work hard and devotedly.

The therapeutic education and training and on this special kind of medication was imparted to him at the popular Siddha-Ayurveda Institute in Trivandrum, Kerala in India over a period of four years where the application of the oil to vital pressure points of the body massaging technique and the art of receiving divine blessings to the hands through a one-hour meditation in the very early hours of the morning were systematically imparted.

Dr. Shiva (53), his clinic and the in-patients' ward receive support and patronage from all religious leaders in the area.

The prominent Buddhist temples in the area, its chief monks, other eminent Buddhist monks and scholars, parish priests of the Christian and Catholic churches, Hindu Associations and temples, especially the Venerable Poojya Unuwathura Bibile Mahinda Thero, the Sanganyaka Thero of Gampaha District and Senior Lecturer at the Ruhunu University, have remained pillars of support from the inception.

The clinic and in-patients' ward are operating in rented premises incurring heavy expenditure to the tune of 05 – 07 lakhs every month, on rent, water & electricity bills, salaries and wages to the attendants and janitors, means and refreshments to the patients, oil and bandages and other contingencies etc, etc..

### **MISSION:**

Our mission is **to help the helpless**. In other words it is to provide services and treatment to a greater number of people afflicted by these dreaded ailments, with adequate facilities and more trained staff.

### **VISION:**

One of the dreams and goals of this humanitarian cause is having an own land and building, with prospects of expansion. SIRI LAKXMI CENTER FOR HUMAN REHABILITATION [SLCFHR] ardently believes that this would be realized sooner through divine blessings and contributions from philanthropists and well-wishers here and overseas, from international health and humanitarian organizations and governments.

The lofty, far-sighted **vision** is to internationalize this system of medication and have terms of devoted and devoted well-trained Siddha-Ayurveda physicians together with a trained team of staff. A project to do a documentary on this project, portraying the current state of the clinic and the ward, the high rate of cure and testimonies from a cross-section of the patients cured and future plans for expansion is also in the pipeline.

\*\*\*\*\*