

# Mental Health & Wellbeing

k6a	About how often during the past four weeks did you feel nervous - all of the time, most of the time, some of the time, a little of the time, or none of the time?	1 = All of the time 2 = Most of the time 3 = Some of the time 4 = A little 5 = None 6 = Don't know 7 = Refused	__
k6b	During the past four weeks, about how often did you feel hopeless - all of the time, most of the time, some of the time, a little of the time, or none of the time?	1 = All of the time 2 = Most of the time 3 = Some of the time 4 = A little 5 = None 6 = Don't know 7 = Refused	__
k6c	During the past four weeks, about how often did you feel restless or fidgety - all of the time, most of the time, some of the time, a little of the time, or none of the time?	1 = All of the time 2 = Most of the time 3 = Some of the time 4 = A little 5 = None 6 = Don't know 7 = Refused	__
k6d	During the past four weeks, about how often did you feel so depressed that nothing could cheer you up - all of the time, most of the time, some of the time, a little of the time, or none of the time?	1 = All of the time 2 = Most of the time 3 = Some of the time 4 = A little 5 = None 6 = Don't know 7 = Refused	__
k6e	During the past four weeks, about how often did you feel that everything was an effort - all of the time, most of the time, some of the time, a little of the time, or none of the time?	1 = All of the time 2 = Most of the time 3 = Some of the time 4 = A little 5 = None 6 = Don't know 7 = Refused	__
k6f	During the past four weeks, about how often did you feel worthless - all of the time, most of the time, some of the time, a little of the time, or none of the time?	1 = All of the time 2 = Most of the time 3 = Some of the time 4 = A little 5 = None 6 = Don't know 7 = Refused	__