

Food Intake

f1	How many meals did you eat since this time yesterday (Ask about breakfast, lunch, dinner, and snacks)?	Number of meals	__
f2	Since this time yesterday did you eat any of the following foods ...		
f2a	Tinned, powdered or fresh milk?	1 = Yes; 2 = No	__
f2b	Sweetened or flavoured water, "soda" drink, alcoholic drink, beer, tea or infusion, coffee, soup, or broth?	1 = Yes; 2 = No	__
f2c	Any food made from grain such as millet, wheat, barley, sorghum, rice, maize, pasta, noodles, bread, pizza, porridge?	1 = Yes; 2 = No	__
f2d	Any food made from fruits or vegetables that have yellow or orange flesh such as carrots, pumpkin, red sweet potatoes, mangoes, and papaya?	1 = Yes; 2 = No	__
f2e	Any food made with red palm oil or red palm nuts?	1 = Yes; 2 = No	__
f2f	Any dark green leafy vegetables such as cabbage, broccoli, spinach, moringa leaves, cassava leaves?	1 = Yes; 2 = No	__
f2g	Any food made from roots or tubers such as white potatoes, white yams, false banana, cassava, manioc, onions, beets, turnips, and swedes?	1 = Yes; 2 = No	__
f2h	Any food made from lentils, beans, peas, groundnuts, nuts, or seeds?	1 = Yes; 2 = No	__
f2i	Any other fruits or vegetables such as banana, plantain, avocado, cauliflower, coconut?	1 = Yes; 2 = No	__
f2j	Liver, kidney, heart, black pudding, blood, or other organ meats?	1 = Yes; 2 = No	__
f2k	Any meat such as beef, pork, goat, lamb, mutton, veal, chicken, camel, or bush meat?	1 = Yes; 2 = No	__
f2l	Fresh or dried fish, shellfish, or seafood?	1 = Yes; 2 = No	__
f2m	Cheese, yoghurt, or other milk products?	1 = Yes; 2 = No	__
f2n	Eggs?	1 = Yes; 2 = No	__
f2o	Any food made with oil, fat, butter, or ghee?	1 = Yes; 2 = No	__
f2p	Any mushrooms or fungi?	1 = Yes; 2 = No	__
f2q	Grubs, snails, insects?	1 = Yes; 2 = No	__
f2r	Sugar, honey and foods made with sugar or honey such as sweets, candies, chocolate, cakes, and biscuits?	1 = Yes; 2 = No	__
f2s	Salt, pepper, herbs, spices, or sauces (hot sauce, soy sauce, ketchup)?	1 = Yes; 2 = No	__