



Rémi Thériault

POSTDOCTORAL FELLOW

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My training and interests lie at the intersection of social psychology, neuroscience, and positive psychology. Over the past decade, my research has focused on developing and testing innovative psychological interventions to positively transform our relationships to others and the world. In my postdoctoral research, I attempt to reduce political polarization by appealing to shared social identities. I am also passionate about open science, reproducible science, metascience, and data science using R (this CV was made in R too).

Education

Postdoc (Psychology - Social)

New York, New York, USA

NEW YORK UNIVERSITY, SOCIAL IDENTITY AND MORALITY LAB & CENTER FOR CONFLICT AND COOPERATION

2025/01 - 2026-12

- Supervisor: Jay Van Bavel

PhD (Psychology - Social)

Montréal, Québec, Canada

UNIVERSITÉ DU QUÉBEC À MONTRÉAL, SOCIAL RESILIENCE LAB

2018/09 - 2024-12

- Advisory Committee: Stéphane Dandeneau (supervisor), Frédérick Philippe, Simon Grégoire, & Bassam Khoury

Master of Science (Psychiatry - Social & Transcultural)

Montréal, Québec, Canada

MCGILL UNIVERSITY, COGNITIVE NEUROSCIENCE LAB

2016/09 - 2018/08

- Advisory Committee: Amir Raz (supervisor), Jennifer Bartz, Donald Taylor, & Samuel Veissière

Bachelor of Arts (Psychology, Behavioral Science, & Sociology)

Montréal, Québec, Canada

MCGILL UNIVERSITY, COGNITIVE NEUROSCIENCE LAB

2013/01 - 2016/04

- Supervisor: Amir Raz

Publications

- Heyman, T., Pronizius, E., Lewis, S. C., ... **Thériault, R.**, et al. (2025, in press). Crowdsourcing Multiverse Analyses to Explore the Impact of Different Data-processing and Analysis Decisions: A Tutorial. In press at *Psychological Methods*. Preprint: <https://osf.io/fjhv5>
- Buchanan, E. M., Cuccolo, K. M., Coles, N., ... **Thériault, R.**, et al. (2025, in press). Measuring the Semantic Priming Effect Across Many Languages. In press at *Nature Human Behaviour*. <https://doi.org/10.31219/osf.io/q4fjy>
- Thériault, R.** (2025, in press). L'importance de la science ouverte en recherche en psychologie [The importance of open science in psychological research]. In press at *Fragments: Revue de psychologie*, 1-15. Preprint: <https://doi.org/10.31234/osf.io/758dx>
- Ghai, S., **Thériault, R.**, Forscher, P., Shoda, Y., Syed, M., Puthillam, A., Peng, H. C., Basnight-Brown, D., Majid, A., Azevedo, F., Singh, L. (2025). A manifesto for a globally diverse, equitable, and inclusive open science. *Communications Psychology*, 3(16), 1-9. <https://doi.org/10.1038/s44271-024-00179-1>
- Cimon-Paquet, C., St-Cyr, J., **Thériault, R.**, & Vallerand, R. J. (2025). Moving positive psychology forward: Building on the psychology of passion. *International Journal of Applied Positive Psychology*, 10(14), 1-19. <https://doi.org/10.1007/s41042-024-00198-7>
- Thériault, R.**, Ben-Shachar, M. S., Patil, I., Lüdecke, D., Wiernik, B. M., & Makowski, D. (2024). Check your outliers! An introduction to identifying statistical outliers in R with *easystats*. *Behavior Research Methods*, 56(4), 4162-4172. <https://doi.org/10.3758/s13428-024-02356-w> (Preprint: <https://doi.org/10.31234/osf.io/bu6nt>)
- Miglianico, M.*, **Thériault, R.***, Lavoie, B.*, Labelle, P., Joussemet, M., Veilleux, M., Lambert, J., & Bertrand-Dubois, D. (2024). Pratiques cliniques inspirées par la recherche en psychologie positive [Clinical practices inspired by research in positive psychology]. *Psychologie Française*, 69(1), 85-94. *Shared first-authorship (these authors contributed equally). <https://doi.org/10.1016/j.psfr.2022.06.004>
- Thériault, R.**, Dion-Cliche, F., & Dandeneau, S. (2023). Unmet expectations: Social inclusion and the interaction between social anxiety and ambiguous or positive feedback. *Frontiers in Psychology*, 14, 1-10. <https://doi.org/10.3389/fpsyg.2023.1271773>
- Thériault, R.** & Dandeneau, S. (2023). Implicitly activating mindfulness: Does trait self-control moderate its effect on aggressive behaviour? *Mindfulness*, 14(12), 2946-2962. <https://doi.org/10.1007/s12671-023-02246-w> (Preprint: <https://doi.org/10.21203/rs.3.rs-3161372/v2>). Recipient of the 2024 UQAM Best Student Paper Award at the Department of Psychology.
- Thériault, R.** (2023). lavaanExtra: Convenience functions for lavaan. *Journal of Open Source Software*, 8(90), 5701. <https://doi.org/10.21105/joss.05701>

8. **Thériault, R.** (2023). rempsyc: Convenience functions for psychology. *Journal of Open Source Software*, 8(87), 5466. <https://doi.org/10.21105/joss.05466>

7. Ben-Shachar, M. S., Patil, I., **Thériault, R.**, Wiernik, B. M., & Lüdtke, D. (2023). Phi, Fei, Fo, Fum: Effect sizes for categorical data that use the chi-squared statistic. *Mathematics*, 11(9), 1982. <https://doi.org/10.3390/math11091982>

6. **Thériault, R.**, Landry, M., & Raz, A. (2022). The Rubber Hand Illusion: Top-down attention modulates embodiment. *Quarterly Journal of Experimental Psychology*, 75(11), 2129-2148. <https://doi.org/10.1177/17470218221078858>

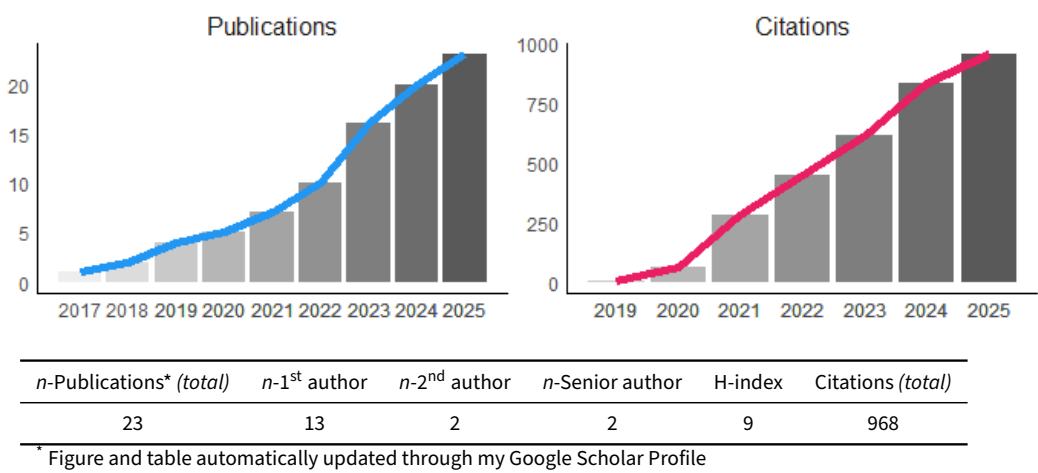
5. **Thériault, R.**, Olson, J. A., Krol, S. A., & Raz, A. (2021). Body swapping with a Black person boosts empathy: Using virtual reality to embody another. *Quarterly Journal of Experimental Psychology*, 74(12), 2057-2074. <https://doi.org/10.1177/17470218211024826>. Recipient of the 2022 FRQSC Best Student Paper Award.

4. Krol, S. A., **Thériault, R.**, Olson, J. A., Raz, A., & Bartz, J. (2020). Self-concept clarity and the bodily self: Malleability across modalities. *Personality and Social Psychology Bulletin*, 46(5). <https://doi.org/10.1177/0146167219879126>

3. **Thériault, R.** (2019). Book review: Awareness is freedom: The adventure of psychology and spirituality. *Frontiers in Psychology*, 10(2814). <https://doi.org/10.3389/fpsyg.2019.02814>

2. **Thériault, R.**, & Raz, A. (2018). Patterns of bronchial challenge testing in Canada. *Canadian Journal of Respiratory Therapy*, 54(2), 41-47. <https://doi.org/10.29390/cjrt-2018-006>

1. Lifshitz, M., Sheiner, E. O., Olson, J., **Thériault, R.**, & Raz, A. (2017). On suggestibility and placebo: A follow-up study. *American Journal of Clinical Hypnosis*, 59(4), 1-8. <https://doi.org/10.1080/00029157.2016.1225252>



Preprints

Thériault, R., Masson, R., & Dandeneau, S. (2025). Is the Mind More Powerful Than the Heart? A Randomized Controlled Trial of Two Loving-Kindness Interventions. https://doi.org/10.31234/osf.io/x4p9v_v2

Brodeur, A., Valenta, D., Marcoci, A., ... **Thériault, R.**, et al. (2025). Comparing Human-Only, AI-Assisted, and AI-Led Teams on Assessing Research Reproducibility in Quantitative Social Science. <https://econpapers.repec.org/RePEc:zbw:i4rdps:195>.

Research Grants & Project-Based Fellowships

2025 - 2027	6. Francisco J. Varela Research Award (Mind & Life Europe) — PI (EUR \$23,500)	\$35,709
	<i>Reading books changes lives: The effects of popular psychology books on prosociality and polarization</i>	
2019 - 2022	5. Francisco J. Varela Research Grant (Mind & Life Institute) — PI (USD \$20,000)	\$26,688
	<i>Transforming habits from the heart: From good intentions to reliable prosocial response</i>	
2018 - 2021	4. Fonds de recherche du Québec - Société et culture-Doctoral (FRQSC) — Declined	\$84,000
	<i>Influencer le comportement par la modification des attitudes raciales inconscientes : Une intervention de méditation d'amour bienveillant</i>	
2018 - 2021	3. Joseph-Armand Bombardier Canada Graduate Scholarship-Doctoral (SSHRC)	\$105,000
	<i>Influencing behaviour by changing unconscious racial attitudes: a loving-kindness meditation intervention</i>	
2017 - 2018	2. Fonds de recherche du Québec - Société et culture-Master's (FRQSC) — Declined	\$15,000
	<i>Les effets des prises de perspective mentale et incarnée sur les préjugés envers les Autochtones du Canada</i>	
2017 - 2018	1. Joseph-Armand Bombardier Canada Graduate Scholarship-Master's (SSHRC)	\$17,500
	<i>The effects of mental and embodied perspective-taking on prejudice against Aboriginal Peoples of Canada</i>	
2017-2027	Total Amount Offered	\$283,897

Recognitions And Awards

2024	29. SNC-Lavalin Award (UQAM)	\$2,800
2024	28. Best Student Paper Award (UQAM)	\$200
2024	27. Adrien-Pinard Psychology Award (UQAM)	\$4,000
2024	26. International Mobility Award - Ministère de l'Éducation, de l'Enseignement supérieur (MEES)	\$5,600
2023	25. International Mobility Award - Offices jeunesse internationaux du Québec (LOJIQ)	\$750
2023	24. International Mobility Award - Ministère de l'Éducation, de l'Enseignement supérieur (MEES)	\$5,600
2023	23. Student Involvement Recognition Award - Personality 2nd and 3rd cycles (UQAM)	\$1,500
2023	22. Student Involvement Recognition Award - Project, Health and healthy lifestyle component (UQAM)	\$1,000
2023	21. Society for the Improvement of Psychological Science (SIPS) Mission Award (to easystats members)	\$0
2023	20. J.A. DeSève Foundation Award (UQAM)	\$5,500
2023	19. UQAM Merit Award – Next Generation of Students (PhD)	\$1,000
2023	18. Involvement Award from the Union of Professors of UQAM (SPUQ) - PhD	\$4,000
2022	17. Desjardins Award, Helping Hand category – Academic perseverance	\$500
2022	16. Best Student Presentation Award at the 22nd ASMC Conference	\$100
2022	15. Conference Travel Award (UQAM)	\$750
2022	14. Conference Travel Award (AGEPSY-CS)	\$100
2022	13. Student Involvement Recognition Award - Project, Health and healthy lifestyle component (UQAM)	\$1,000
2022	12. Paul-Gérin-Lajoie Next Star Award, for best paper (FRQSC)	\$1,000
2021	11. Desjardins Student Involvement Award	\$2,000
2021	10. Finalist (< 6% of applicants) for the Pierre Elliott Trudeau Scholarship (valued at \$180,000)	\$0
2021	9. Excellence Award - Institute for Cognitive Sciences	\$2,000
2019	8. Conference Travel Award (McGill University)	\$485
2019	7. Storytellers public speaking contest Finalist (SSHRC)	\$3,000
2016-2017	6. Graduate Excellence Fellowship in Mental Health Research (McGill University)	\$10,000
2015	5. Faculty of Arts Research Internship Award (McGill University)	\$4,000
2013	4. Je prends ma place Laureate, for citizen engagement (Québec Government)	\$1,000
2013	3. Forces Avenir Laureate – College, Committed Student	\$2,500
2012	2. Coopérative-Odyssée Award, for student engagement	\$750
2011	1. Édouard-Montpetit-Desjardins Award, for student engagement	\$750
2011-2024	Total Amount Received	\$61,885

Teaching

La psychologie des attitudes [The psychology of attitudes]

Montréal, Québec, Canada

UNIVERSITÉ DU QUÉBEC À MONTRÉAL

Winter 2019

- Undergraduate university class
- Average lecturer rating by students: 3.76/4

Software (R Packages) I Developed

R packages are modular, open-source tools that extend the functionality of the R programming language—a leading platform for data analysis, visualization, and reproducible science. These packages are developed to simplify complex statistical workflows, automate reporting, and promote transparency and consistency in research. Below is a list of R packages I have authored or co-authored.

- Makowski, D., Lüdtke, D., Ben-Shachar, M. S., Patil, I., & **Thériault, R.** (2025). *modelbased: Estimation of model-based predictions, contrasts and means* (R package version 0.9.0.41) [Computer software]. <https://doi.org/10.32614/CRAN.package.modelbased> and <https://easystats.github.io/modelbased/>. This R package helps researchers extract and visualize model-based predictions, marginal means, and contrasts from complex models such as generalized linear models, mixed models, or Bayesian models.

downloads 19K/month downloads 497K

- Lüdtke, D., Makowski, D., Ben-Shachar, M. S., Patil, I., Waggoner, P., Wiernik, B. M., & **Thériault, R.** (2024). *performance: Assessment of regression models performance* (R package version 0.10.9) [Computer software]. <https://doi.org/10.32614/CRAN.package.performance> and <https://easystats.github.io/performance/>. This package offers standardized, user-friendly functions to evaluate goodness-of-fit, residual diagnostics, and model comparison metrics across a variety of regression models.

downloads 28K/month downloads 3.5M

6. Makowski, D., Wiernik, B. M., Patil, I., Lüdtke, D., & Ben-Shachar, M. S., & **Thériault, R.** (2023). *correlation: Methods for correlation analysis* (R package version 0.8.4) [Computer software]. <https://doi.org/10.32614/CRAN.package.correlation> and <https://easystats.github.io/correlation/>. This package simplifies correlation analysis by offering user-friendly functions for computing, visualizing, and reporting various types of correlations, including partial, robust, and Bayesian correlations.

downloads 28K/month downloads 962K

5. Lüdtke, D., Makowski, D., Ben-Shachar, M. S., Patil, I., Wiernik, B. M., Bacher, E., & **Thériault, R.** (2023). *easystats: An R framework for easy statistical modeling, visualization, and reporting.* (R package version 0.6.1) [Computer software]. <https://doi.org/10.32614/CRAN.package.easystats> and <https://easystats.github.io/easystats>. This package serves as a wrapper for the easystats ecosystem, providing an integrated and consistent interface for statistical modeling, effect sizes, visualizations, and standardized reporting.

downloads 3917/month downloads 100K

4. Makowski, D., Lüdtke, D., Patil, I., **Thériault, R.**, Ben-Shachar, M. S., & Wiernik, B. M. (2022). *report: From R to your manuscript.* (R package version 0.5.6) [Computer software]. <https://doi.org/10.32614/CRAN.package.report> and <https://easystats.github.io/report>. This package automatically generates APA-style summaries and statistical descriptions from models and tests, streamlining manuscript preparation and reproducible reporting.

downloads 8347/month downloads 266K

3. Ben-Shachar, M. S., Makowski, D., Lüdtke, D., Patil, I., Wiernik, B. M., & **Thériault, R.** (2022). *effectsize: Indices of effect size.* (R package version 0.8.2) [Computer software]. <https://doi.org/10.32614/CRAN.package.effectsize> and <https://easystats.github.io/effectsize>. This package calculates and interprets a wide range of standardized effect sizes (e.g., Cohen's d, eta-squared) for regression, ANOVA, and non-parametric tests.

downloads 61K/month downloads 2.7M

2. **Thériault, R.** (2022). *lavaanExtra: Convenience functions for lavaan* (R package version 0.1.0) [Computer software]. <https://doi.org/10.32614/CRAN.package.lavaanExtra> and <https://lavaanExtra.remi-theriault.com/>. This package extends the capabilities of the *lavaan* package for structural equation modeling by providing automated APA-style table output and more customizable path diagrams.

downloads 327/month downloads 11K

1. **Thériault, R.** (2022). *rempsyc: Convenience functions for psychology* (R package version 0.0.7) [Computer software]. <https://doi.org/10.32614/CRAN.package.rempsyc> and <https://rempsyc.remi-theriault.com>. This package offers convenience functions tailored to psychological researchers, simplifying common tasks such as statistical tests, assumptions checks, and APA-style visualizations and tables.

downloads 3699/month downloads 79K

Selected Invited Talks

Thériault, R. (2025, May 12). Reading Non-Fiction Books: Effects on Prosociality and Possible Applications to Climate Action and Attitudes. Talk for the *Climate Psychology Working Group* at New York University, USA.

Thériault, R. (2025, March 20). Strengthening the foundations of the social fabric: Fostering altruism for a more resilient society. Talk for the *Office of Global Services Scholar Speaker Series* at New York University, USA.

Thériault, R. (2025, March 11). From self-control to second nature: A dual-systems approach to loving-kindness training. Talk for the *Motivation Lab* at New York University, USA.

Thériault, R. (2025, February 14). From time management to motivation management: Introducing a simple self-monitoring system to generate insight, sustain motivation, and increase productivity. Talk for the *Center for Conflict and Cooperation* at New York University, USA.

Thériault, R. (2024, August 30). The head and the heart: Comparing cognitive and embodied intervention paradigms for increasing prosociality. Talk for the *School of Psychology* at the University of Sussex, UK.

Thériault, R.*, Quilico, E.*, Tétreault, F.*, Labossière, S.*, Boudreau, S.* (2020, May 13; *all panelists contributed equally). Workshop with the SSHRC's Storytellers finalists: an opportunity to learn about and practice the art of presenting. Panel organized by the *Centre for Interdisciplinary Research in Rehabilitation of Greater Montreal (CRIR)*. Presentation available from: <https://youtu.be/8Vfn0jnon30?t=4288>.

Thériault, R., Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2019, January 15). Immersive embodiment experiences improve intergroup relations, empathy, self-other overlap, and prejudice. Online webinar for the *Student Speaker Series* of the *Student Division of the International Positive Psychology Association*. Presentation available from: <https://vimeo.com/user68157211/review/378278530/8d86f3cb33>.

Thériault, R., Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, October 25). Virtual-reality-based immersive embodiment experiences increase empathy, reduce prejudice. Oral presentation for the *Institute for Interdisciplinary Brain and Behavioral Science* in Orange, California.

Thériault, R. (2016, October 19). Vers un changement constructif dans les communautés autochtones : une perspective de psychologie sociale [Toward Constructive Change in Indigenous Communities: A Social Psychology Perspective.]. Oral presentation for the *Wampum Center* at the *Native Friendship Center of Montreal*, QC.

Selected Conference Talks

Thériault, R., Dion-Cliche, F., & Dandeneau, S. (2022, June 18). Fear of negative evaluation moderates the effect of social inclusion and social feedback on fundamental needs. Talk presented at the *2022 Canadian Psychological Association Annual National Convention* in Calgary, AB.

Thériault, R., Masson, R., Archambault, M., & Dandeneau, S. (2022, June 9). La méditation d'amour-bienveillant augmente-t-elle les comportements de don? [Does loving-kindness meditation increase giving behaviors?] Talk presented at the *22e congrès de L'Association scientifique pour la modification du comportement : Bienveillance et résilience : les visages de l'adaptation* in Montréal, QC (virtual conference because of COVID).

Thériault, R., Masson, R., Archambault, M., & Dandeneau, S. (2022, June 16-20). Does loving-kindness meditation increase giving behaviors? Talk presented at the *Tenth SELF International Conference* in Québec city, QC (virtual conference because of COVID).

Thériault, R. (2019, June 3). Réduire les préjugés et augmenter l'empathie via la réalité virtuelle [Reducing prejudice and increasing empathy through virtual reality]. Talk presented at the *2019 Congress of the Humanities and Social Sciences* in Vancouver, BC.

Thériault, R., Corber, L., MacLean, C. W., Napoleon, J.-S., Olson, J. A., & Raz, A. (2018, August 24). Can suggestion affect pulmonary function in children with suspected asthma? Talk presented at the *21st World Congress of Medical and Clinical Hypnosis* in Montréal, QC.

Thériault, R., Krol, S., & Raz, A. (2017, July 14). Investigating the effects of mental versus embodied perspective-taking on prejudice. Talk presented at the *5th World Congress on Positive Psychology* in Montréal, QC.

Thériault, R., Landry, M., Mattuck, S., & Raz, A. (2017, June 2). The Rubber Hand Illusion: Does load affect EEG & electrodermal activity? Talk presented at the *Research Day of the Douglas Hospital Research Centre and McGill Department of Psychiatry* in Montréal, QC.

Selected Conference Poster Presentations

Thériault, R., Masson, R., Archambault, M., & Dandeneau, D. (2024, August). *Is the mind more powerful than the heart? A randomized controlled trial of two loving-kindness interventions.* Poster session presented at the *Mind & Life European Summer Research Institute* in Pomaia, Italy.

Chabot, B., **Thériault, R.,** Doucerain, M. (2023, July 23-27). *Diversity and Immigration: How Montrealers Feel about Different Cultural Groups.* Poster session presented by first author at the *Biennial Conference of the International Academy for Intercultural Research* in Philadelphia, Pennsylvania, USA.

Masson, R., **Thériault, R.,** Archambault, M., & Dandeneau, S. (2021, July). *Can loving-kindness meditation reduce aggressivity? A randomized controlled trial.* Poster session presented by first author at the *7th World Congress on Positive Psychology* in Vancouver, BC (virtual conference because of COVID).

Masson, R., **Thériault, R.,** Archambault, M., & Dandeneau, S. (2021, June). *Can prosocial attitudes and behaviors be positively influenced by aggression and subjective fatigue?* Poster session presented by first author at the *Canadian Psychology Association's 82nd Annual National Convention*, Ottawa, ON (virtual conference because of COVID).

Bold, J., **Thériault, R.,** Olson, J., Stain, A., Curry, D., & Raz, A. (2020, February 29). Replicating the body swap in a different sample: Preliminary data. Poster session presented by first author at the *Society for Personality and Social Psychology Annual Convention* in New Orleans, Louisiana, USA.

Thériault, R., Dandeneau, S., & Baldwin, M. (2019, July 20). All in a smiling face: The attentional benefits of dynamic attention training for low self-esteem individuals. Poster session presented at the *6th World Congress on Positive Psychology* in Melbourne, Australia.

Thériault, R., & Dandeneau, S. (2019, June 12). Trait self-control moderates the effects of priming mindfulness on aggressive behaviour. Poster session presented at the *Mind & Life Summer Research Institute* in Garrison, New York, USA.

Thériault, R., Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, June 6). Being one with diversity through perspective-taking: Mind or body to increase prosocial feelings? Poster session presented at the *Mind & Life Summer Research Institute* in Garrison, New York, USA.

Thériault, R., Dennie, A., Djehounke, L., Light, E., Chamberlain, C. W., Krol, S., Olson, J., & Raz, A. (2018, May 24-25). Comparing two interventions to reduce prejudice and increase empathy. Poster session presented at the *4th Canadian Conference on Positive Psychology* in Toronto, ON.

Thériault, R., Landry, M., Mattuck, S., & Raz, A. (2017, May 12). The impact of load on electrodermal activity during the Rubber Hand Illusion. Poster session presented at the *8th Annual LDI Scientific Retreat* in Montréal, QC.

Academic Service

Core team member of *easystats* (seven members; official start date: 2022-08). The *easystats* project aims to increase the adoption of good statistical practices through open science tools, for example through a collection of R packages that provide a unifying and consistent framework around statistics. This responsibility involves writing code to improve the various R packages associated with the project and participating in the general decision-making. At this time, the *easystats* packages have collectively been downloaded over 20 millions times. Available from: <https://easystats.github.io/easystats/>

Reviewer for the *XXI World Congress of Medical and Clinical Hypnosis*, organized by the International Society of Hypnosis and the Société Québécoise d'Hypnose, August 22-25, 2018, Montréal.

Reviewer for scientific journals (11 total): *Group Processes and Intergroup Relations* (1), *Psychology of Consciousness: Theory, Research, and Practice* (7), *International Journal of Mental Health Promotion* (1), *Scientific Reports* (1), *Journal of Statistical Software* (1). See the "Peer Review" tab (and purple "Open dashboard" button on the right) at: <https://www.webofscience.com/wos/author/record/AAC-6100-2022>

Peer Review Metrics

10

Verified Peer
Reviews
Median: 4
74th percentile

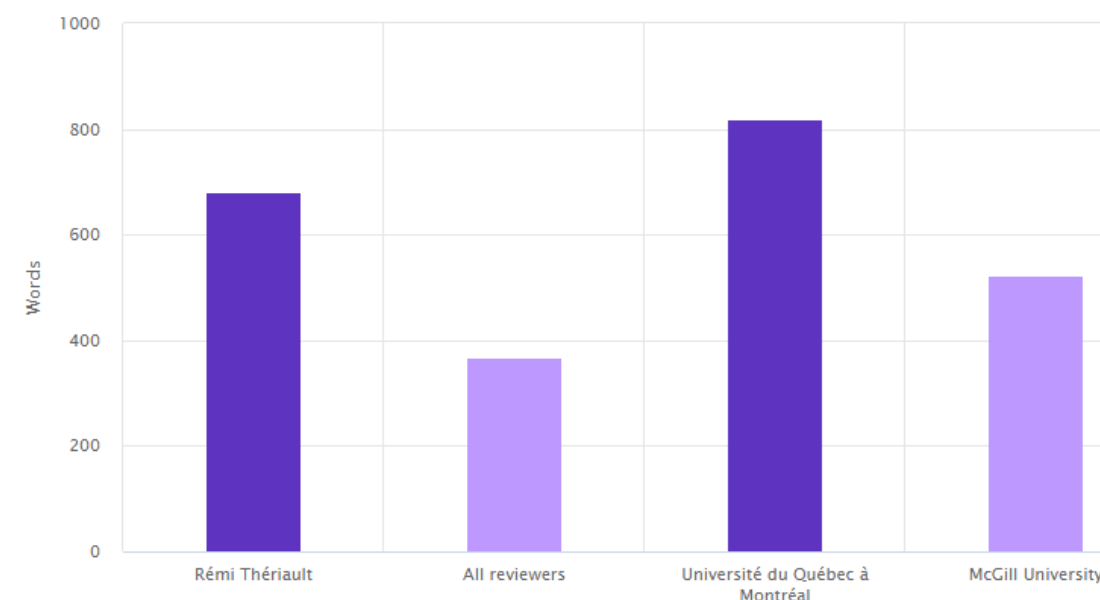
9

Verified Peer
Reviews (Last 12
Months)
Median: 1
94th percentile

1.3:1

Peer Review to
Publication Ratio
Median: 0.3:1

Average Review Length



Selected Blog Posts

Thériault, R. (2021, March 9). Time Management: The Importance of Self-Monitoring [Blog post]. Student Ambassador Program of the Canadian Positive Psychology. <https://cppastudents.medium.com/time-management-the-importance-of-self-monitoring-c9dfff241af1>

Thériault, R. (2020, September 1). Rémi Thériault - Student Success Series [Blog post]. Student Ambassador Program of the Canadian Positive Psychology Association. <https://medium.com/cppastudents/student-success-series-with-rémi-thériault-7c15d09b98f>

Thériault, R. (2020, March 27). Êtes-vous contrôle... de vous? [Blog post]. <https://medium.com/psychologie.sociale.uqam/%C3%A4tes-vous-en-contr%C3%B4le-de-vous-f5fbdf81b7eb>

Thériault, R. (2015, December 7). Does hypnosis improve clinical interventions? [Blog post]. <https://medium.com/@rempsyc/does-hypnosis-impr>

Thériault, R. (2015, April 9). The SOI, the Big Five traits of personality, and personal transformation [Blog post]. <https://medium.com/@rempsyc/the-soi-the-big-five-traits-of-personality-and-personal-transformation-49cbb0d5625b>

Thériault, R. (2014, November 27). Critically assessing the motivational framework of Rhonda Byrne's *The Secret* [Blog]. <https://medium.com/@rempsyc/critically-assessing-the-motivational-framework-of-rhonda-byrnes-the-secret-bbd78d96127f>

Thériault, R. (2014, April 10). Buddhist koans: Duality of language and its transcendence [Blog post]. <https://medium.com/@rempsyc/buddhist-koans-duality-of-language-and-its-transcendence-422ac8c12f66>

Thériault, R. (2014, April 3). Do we really know what yoga means?: The place of spirituality in yoga research [Blog post]. <https://medium.com>

Media Coverage

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Selected Leadership Experience

Canadian Positive Psychology Association (CPPA)

LEAD STUDENT AMBASSADOR & CO-FOUNDER, STUDENT AMBASSADOR PROGRAM

- Lead of 70 Ambassadors (blog, webinar, logo, Instagram, etc.), Editor-in-Chief (blog)

Montréal, Québec

2019/09 – 2022/12

Regroupement québécois de psychologie positive

MEMBER OF THINK-TANK FOR THE FUTURE OF POSITIVE PSYCHOLOGY IN QUÉBEC

- Lead development of freshly formed student division, various responsibilities

Montréal, Québec

2016/04 – 2022/12

Department of psychology (Université du Québec à Montréal)

YOGA & MEDITATION STUDENT COMMITTEE LEAD

- Led or organized meditation and yoga sessions, secured grants for project

Montréal, Québec

2019/01 – 2022-12

International Positive Psychology Association (IPPA)

REGIONAL REPRESENTATIVE (FOR THE PROVINCE OF QUÉBEC) OF THE STUDENT DIVISION (SIPPA)

- SIPPA newsletter, connecting local members, meetings, interactive map

Montréal, Québec

2017/12 – 2022/12

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