

Dirac neutrino masses

Forbids

$$u_R \nu_R$$

$$(\nu_R)^{\dagger} L H$$

$$\nu_R \psi_R$$

$$(\psi_L)^{\dagger} \nu_R$$

Dirac fermion dark matter

$$\psi_R\psi_R$$

$$\psi_L \psi_L$$