Understanding and love at home

Discussion

'The home is a temple where each member of the family is a moving temple and is nurtured and nourished. The mother is the high priestess of the House of God. Humility is the incense with which the house is filled. Reverence is the lamp that is lit with love as the oil and faith as the wick.'

College of Home Science, Bangalore, 26- 7-1969 Sri Sathya Sai Speaks, Vol#9, Discourse 13 http://www.sssbpt.info/ssspeaks/volume09/sss09-13.pdf

Questions

- 1. Swami says that the home is a temple. Describe how a home which is like a temple will look? What are the aspects in a temple that are easily followed by us at home and which are the ones that are so hard to follow?
- 2. Swami used the word, 'reverence' which means deep respect.. Are we respecting each other at home, are the husband and wife respecting each other? More importantly are we showing respect to our children too? What actions, words, tone of voice of ours show or do not show respect?
- 3. He also says that reverence needs both 'love' and 'faith'. How do we bring in love and faith into our daily life and manifest respect for each other at home? Give examples.
- 4. Why does Swami call the mother as the High Priestess of this temple called home? and what is the respect given to a High Priestess?

Activities

Activity to demonstrate more respectful communication: Asking v/s Telling