## **Kind AND Firm Parenting**

## Discussion

'PARENTS today tend to lavish too much affection on their children. But such affection alone is not enough. There should be control also over the children. There should be both "love" and "law". Only when both love and restraint are present will the love prove beneficial.'

Kunwarba Auditorium, Brindhaavan, 5 February 1.984 Sri Sathya Sai Speaks, Vol#17, Discourse 3 http://www.sssbpt.info/ssspeaks/volume17/sss17-03.pdf

Discipline trains you to put up with disappointments; you will know that the path of life has both ups and downs, that every rose has: its thorn.'

Hyderabad, April, 1973 Sri Sathya Sai Speaks, Vol#12, Discourse 13 http://www.sssbpt.info/ssspeaks/volume12/sss12-13.pdf

- Sathya Sai Parenting by Rita Bruce

## Activities

- 1. An activity to understand the importance of both kind and firm Parenting
- 2. An activity to understand that we aren't in the best state of mind to solve a problem at the time of conflict.

<sup>&#</sup>x27;When students do not behave, swami tells them softly, Bangaru, you don't do that. If they still do not behave, Swami raises His voice. His voice changes but Swami's heart does not change. That you demonstrate."