Team submissions still pending

team	Club name	Website
2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/
5	Westerlands CCC	https://westerlandsccc.co.uk/
7	Giffnock North AC	https://www.giffnocknorth.co.uk/
10	Shettleston Harriers	http://shettlestonharriers.org.uk/
11	Airdrie Harriers	http://airdrieharriers.org/
17	Calderglen Harriers	http://www.calderglenharriers.org.uk/
30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/
33	Irvine RC	https://www.irvinerunningclub.co.uk/
34	Kilbarchan AAC	https://kilbarchanaac.org.uk/
37	Law & District AAC	http://www.lawaac.co.uk/
40	Motherwell AC	https://motherwellac.com/
48	Springburn Harriers	https://www.springburnharriers.co.uk/
56	West End RR	https://www.westendroadrunners.co.uk/
57	Whitemoss AAC	https://whitemossaac.co.uk/