

MASTER M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:26:49	1M	GRANT BAILLUE	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	4
2	0:27:36	10M	Jethro Lennox	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	7
3	0:27:43	14M	Kenny Neill	M	MASTER	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	8
4	0:29:33	6M	Iain Murphy	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	17
5	0:29:53	8M	Brent Brodie	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	25
6	0:30:31	32M	Richard O'Grady	M	MASTER	32	Helensburgh AAC	https://www.helensburghaac.com/	30
7	0:30:43	3M	Craig Ross	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	31
8	0:30:55	4M	Alan Callan	M	MASTER	4	Inverclyde AC	https://www.inverclydeac.org/	33
9	0:32:11	7M	David Shaw	M	MASTER	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	38
10	0:32:15	14M	Alasdair Meldrum	M	MASTER	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	39
11	0:32:36	53M	Matt Pearce	M	MASTER	53	Troon Tortoises	http://troontortoises.co.uk	42
12	0:32:49	10M	John Duffy	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	44
13	0:33:03	33M	Alex Allardyce	M	MASTER	33	Irvine RC	https://www.irvinerunningclub.co.uk/	48
14	0:33:17	44M	Andy Willets	M	MASTER	44	North Ayrshire AAC	https://naathletics.co.uk/	53
15	0:33:40	44M	Mark Preston	M	MASTER	44	North Ayrshire AAC	https://naathletics.co.uk/	58
16	0:33:40	1M	JOHN EDWARDS	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	59
17	0:33:40	30M	Stephen Harrison	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	61
18	0:34:12	10M	John Oates	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	67
19	0:34:15	56M	Graeme Jack	M	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	68
20	0:34:27	40M	DEREK O'NEILL 2ND)	M	MASTER	40	Motherwell AC	https://motherwellac.com/	70
21	0:34:43	53M	Fraser McPhail	M	MASTER	53	Troon Tortoises	http://troontortoises.co.uk	72
22	0:34:55	6M	Dan O'Connell	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	74
23	0:35:02	3M	Jonny Moran	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	75
24	0:35:12	2M	David Anderson	M	MASTER	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	77
25	0:35:17	27M	Scott Jasnosz-Clark	M	MASTER	27	Glasgow FrontRunners	https://www.glasgowfrontrunners.org/	78
26	0:35:32	42M	John Kelly	M	MASTER	42	Newton Road Runners	https://www.newton-roadrunners.com/	80
27	0:36:06	37M	Martin Kay	M	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	84
28	0:36:18	30M	Danny McLaughlin	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	85
29	0:36:20	6M	Iain Wallace	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	87
30	0:36:22	8M	Graeme Campbell	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	88
31	0:36:43	3M	James Shepherd	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	92
32	0:36:49	1M	ARTHUR MULHOLLAND	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	94
33	0:36:55	3M	Tom Ferris	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	96
34	0:37:16	37M	Mark Milligan	M	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	99
35	0:37:23	8M	Kenneth Scott	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	102
36	0:37:33	11M	Brian Wilson	M	MASTER	11	Airdrie Harriers	http://airdrieharriers.org/	104
37	0:37:47	3M	Thomas Thorne	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	107
38	0:37:53	1M	GORDON COLVIN	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	108
39	0:38:02	40M	DAVID HOOLAGHAN (3RD)	M	MASTER	40	Motherwell AC	https://motherwellac.com/	111
40	0:38:26	57M	David Cathie	M	MASTER	57	Whitemoss AAC	https://whitemossaac.co.uk/	114
41	0:38:31	6M	Iain Crawford	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	115
42	0:38:42	2M	Ken Monaghan	M	MASTER	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	117
43	0:38:51	37M	John O'Leary	M	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	118
44	0:39:16	8M	Simon McDougall	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	121
45	0:39:18	10M	John Tomms	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	123
46	0:39:37	30M	Frank McMahon	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	125
47	0:39:44	44M	Max Nowakowski	M	MASTER	44	North Ayrshire AAC	https://naathletics.co.uk/	126
48	0:40:36	27M	Jack Kelly	M	MASTER	27	Glasgow FrontRunners	https://www.glasgowfrontrunners.org/	131
49	0:40:52	30M	Gerry Gallacher	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	134
50	0:40:54	8M	Alastair Patience	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	135
51	0:41:15	42M	Craig Lawton	M	MASTER	42	Newton Road Runners	https://www.newton-roadrunners.com/	136
52	0:41:17	56M	Allen Campbell	M	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	137

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53	0:41:26	56M	Trevor Wayman	M	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	138
54	0:42:47	57M	Hugh Boyle	M	MASTER	57	Whitemoss AAC	https://whitemossaac.co.uk/	143
55	0:43:04	36M	William Thomson	M	MASTER	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	145
56	0:43:25	8M	David Gemmell	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	146
57	0:44:41	11M	Alan Burns	M	MASTER	11	Airdrie Harriers	http://airdrieharriers.org/	148

MASTER M - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Shettleston Harriers	10	M	2,12,18	32	0	32	4	http://shettlestonharriers.org.uk/
2	East Kilbride AC	1	M	1,16,32	49	0	49	4	http://www.ekac.org.uk/
3	Cambuslang Harriers	6	M	4,22,29	55	0	55	4	https://cambuslangharriers.org/
4	Bellahouston RR	3	M	7,23,31	61	0	61	5	https://www.bellahoustonroadrunners.c
5	Bellahouston Harriers	8	M	5,30,35	70	0	70	6	http://www.bellahoustonharriers.co.uk/
6	North Ayrshire AAC	44	M	14,15,47	76	0	76	3	https://naathletics.co.uk/
7	Ayr Seaforth AC	14	M	3,10	13	67	80	2	https://www.ayrseaforth.co.uk/
8	Greenock Glenpark Harriers	30	M	17,28,46	91	0	91	4	https://greenockglenparkharriers.com/
9	Troon Tortoises	53	M	11,21	32	67	99	2	http://troontortoises.co.uk
10	Law & District AAC	37	M	27,34,43	104	0	104	3	http://www.lawaac.co.uk/
11	West End RR	56	M	19,52,53	124	0	124	3	https://www.westendroadrunners.co.uk
12	Motherwell AC	40	M	20,39	59	67	126	2	https://motherwellac.com/
13	Kilmarnock H&AC	2	M	24,42	66	67	133	2	http://www.kilmarnockharriers.com/
14	Helensburgh AAC	32	M	6	6	134	140	1	https://www.helensburghaac.com/
15	Glasgow FrontRunners	27	M	25,48	73	67	140	2	https://www.glasgowfrontrunners.org/
16	Inverclyde AC	4	M	8	8	134	142	1	https://www.inverclydeac.org/
17	Giffnock North AC	7	M	9	9	134	143	1	https://www.giffnocknorth.co.uk/
18	Newton Road Runners	42	M	26,51	77	67	144	2	https://www.newton-roadrunners.com/
19	Irvine RC	33	M	13	13	134	147	1	https://www.irvinerunningclub.co.uk/
20	Airdrie Harriers	11	M	36,57	93	67	160	2	http://airdrieharriers.org/
21	Whitemoss AAC	57	M	40,54	94	67	161	2	https://whitemossaac.co.uk/
22	Larkhall YMCA	36	M	55	55	134	189	1	https://www.larkhallymcaharriers.org