

## 2024-25, Event #1 OVERALL male - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:19:06	6M	Michael Christoforou	M	SENIOR	6	Cambuslang Harriers	<a href="https://cambuslangharriers.org/">https://cambuslangharriers.org/</a>	1
2	0:19:12	2M	Jonathon Downey	M	U20	2	Kilmarnock H&AC	<a href="http://www.kilmarnockharriers.com/">http://www.kilmarnockharriers.com/</a>	2
3	0:19:33	40M	Jonathan Moore	M	SENIOR	40	Motherwell AC	<a href="https://motherwellac.com/">https://motherwellac.com/</a>	3
4	0:19:49	10M	Andrew Taylor	M	SENIOR	10	Shuttleston Harriers	<a href="http://shuttlestonharriers.org.uk/">http://shuttlestonharriers.org.uk/</a>	4
5	0:19:56	34M	Ewan McKerral	M	SENIOR	34	Kilbarchan AAC	<a href="https://kilbarchanaac.org.uk/">https://kilbarchanaac.org.uk/</a>	5
6	0:20:09	6M	Sam McCarthy	M	U20	6	Cambuslang Harriers	<a href="https://cambuslangharriers.org/">https://cambuslangharriers.org/</a>	6
7	0:20:12	10M	Cameron Young	M	SENIOR	10	Shuttleston Harriers	<a href="http://shuttlestonharriers.org.uk/">http://shuttlestonharriers.org.uk/</a>	7
8	0:20:17	3M	Oscar Coetze	M	MASTER	3	Bellahouston RR	<a href="https://www.bellahoustonroadrunners.co.uk/">https://www.bellahoustonroadrunners.co.uk/</a>	8
9	0:20:19	10M	Cameron Muir	M	SENIOR	10	Shuttleston Harriers	<a href="http://shuttlestonharriers.org.uk/">http://shuttlestonharriers.org.uk/</a>	9
10	0:20:32	8M	Adam Stark	M	SENIOR	8	Bellahouston Harriers	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>	10
11	0:20:35	8M	Fraser Armstrong	M	SENIOR	8	Bellahouston Harriers	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>	11
12	0:20:44	7M	Conor Drummond	M	SENIOR	7	Giffnock North AC	<a href="https://www.giffnocknorth.co.uk/">https://www.giffnocknorth.co.uk/</a>	12
13	0:20:49	3M	Calum Borthwick	M	SENIOR	3	Bellahouston RR	<a href="https://www.bellahoustonroadrunners.co.uk/">https://www.bellahoustonroadrunners.co.uk/</a>	13
14	0:20:53	7M	Ally Stables	M	SENIOR	7	Giffnock North AC	<a href="https://www.giffnocknorth.co.uk/">https://www.giffnocknorth.co.uk/</a>	14
15	0:20:55	5M	Robert Hamlin	M	SENIOR	5	Westerlands CCC	<a href="https://westerlandscccc.co.uk/">https://westerlandscccc.co.uk/</a>	15
16	0:20:56	37M	Ryan Kellock	M	U20	37	Law & District AAC	<a href="http://www.lawaac.co.uk/">http://www.lawaac.co.uk/</a>	16
17	0:21:04	37M	Allan Neill	M	SENIOR	37	Law & District AAC	<a href="http://www.lawaac.co.uk/">http://www.lawaac.co.uk/</a>	17
18	0:21:15	10M	Jethro Lennox	M	MASTER	10	Shuttleston Harriers	<a href="http://shuttlestonharriers.org.uk/">http://shuttlestonharriers.org.uk/</a>	18
19	0:21:23	5M	Drew Carr	M	SENIOR	5	Westerlands CCC	<a href="https://westerlandscccc.co.uk/">https://westerlandscccc.co.uk/</a>	19
20	0:21:25	10M	Chris Pantrey	M	MASTER	10	Shuttleston Harriers	<a href="http://shuttlestonharriers.org.uk/">http://shuttlestonharriers.org.uk/</a>	20
21	0:21:32	4M	Rob Paterson	M	MASTER	4	Inverclyde AC	<a href="https://www.inverclydeac.org/">https://www.inverclydeac.org/</a>	21
22	0:21:34	10M	Andrew Shields	M	SENIOR	10	Shuttleston Harriers	<a href="http://shuttlestonharriers.org.uk/">http://shuttlestonharriers.org.uk/</a>	22
23	0:21:41	14M	Kenneth Neill	M	MASTER	14	Ayr Seaforth AC	<a href="https://www.ayrseaforth.co.uk/">https://www.ayrseaforth.co.uk/</a>	23
24	0:21:47	7M	Alastair Gray	M	SENIOR	7	Giffnock North AC	<a href="https://www.giffnocknorth.co.uk/">https://www.giffnocknorth.co.uk/</a>	24
25	0:21:47	4M	David Tamburini	M	MASTER	4	Inverclyde AC	<a href="https://www.inverclydeac.org/">https://www.inverclydeac.org/</a>	25
26	0:21:53	1M	KENNY SCOTT	M	SENIOR	1	East Kilbride AC	<a href="http://www.ekac.org.uk/">http://www.ekac.org.uk/</a>	26
27	0:21:55	7M	Andy Campbell	M	MASTER	7	Giffnock North AC	<a href="https://www.giffnocknorth.co.uk/">https://www.giffnocknorth.co.uk/</a>	27
28	0:21:58	2M	Tom Flood	M	SENIOR	2	Kilmarnock H&AC	<a href="http://www.kilmarnockharriers.com/">http://www.kilmarnockharriers.com/</a>	28
29	0:22:02	3M	iain Murphy	M	SENIOR	3	Bellahouston RR	<a href="https://www.bellahoustonroadrunners.co.uk/">https://www.bellahoustonroadrunners.co.uk/</a>	29
30	0:22:21	56M	Connor Smith	M	SENIOR	56	West End RR	<a href="https://www.westendroadrunners.co.uk/">https://www.westendroadrunners.co.uk/</a>	30
31	0:22:22	14M	Ben Forrest	M	SENIOR	14	Ayr Seaforth AC	<a href="https://www.ayrseaforth.co.uk/">https://www.ayrseaforth.co.uk/</a>	31
32	0:22:24	5M	Scott Henderson	M	MASTER	5	Westerlands CCC	<a href="https://westerlandscccc.co.uk/">https://westerlandscccc.co.uk/</a>	32
33	0:22:33	32M	Richard O'Grady	M	MASTER	32	Helensburgh AAC	<a href="https://www.helensburghaac.com/">https://www.helensburghaac.com/</a>	33
34	0:22:45	8M	Darren McQuade	M	SENIOR	8	Bellahouston Harriers	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>	35
35	0:22:46	7M	Hilary Carswell	M	MASTER	7	Giffnock North AC	<a href="https://www.giffnocknorth.co.uk/">https://www.giffnocknorth.co.uk/</a>	36
36	0:23:02	6M	Tom Adams	M	SENIOR	6	Cambuslang Harriers	<a href="https://cambuslangharriers.org/">https://cambuslangharriers.org/</a>	37
37	0:23:08	5M	Evan Griffiths	M	SENIOR	5	Westerlands CCC	<a href="https://westerlandscccc.co.uk/">https://westerlandscccc.co.uk/</a>	38
38	0:23:14	37M	Grant MacKenzie	M	SENIOR	37	Law & District AAC	<a href="http://www.lawaac.co.uk/">http://www.lawaac.co.uk/</a>	39
39	0:23:20	34M	Ryan Fitzpatrick	M	U20	34	Kilbarchan AAC	<a href="https://kilbarchanaac.org.uk/">https://kilbarchanaac.org.uk/</a>	40
40	0:23:22	8M	Matthew Brown	M	SENIOR	8	Bellahouston Harriers	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>	41
41	0:23:25	27M	Stuart Miller	M	SENIOR	27	Glasgow FrontRunners	<a href="https://www.glasgowfrontrunners.org/">https://www.glasgowfrontrunners.org/</a>	42
42	0:23:36	4M	Alan Callan	M	MASTER	4	Inverclyde AC	<a href="https://www.inverclydeac.org/">https://www.inverclydeac.org/</a>	43
43	0:23:38	6M	Arthur Calnan	M	MASTER	6	Cambuslang Harriers	<a href="https://cambuslangharriers.org/">https://cambuslangharriers.org/</a>	44
44	0:23:50	54M	Noel Slevin	M	SENIOR	54	VP-Glasgow	<a href="https://www.vp-glasgow.com">https://www.vp-glasgow.com</a>	45
45	0:23:59	1M	DAVID GORMAN	M	SENIOR	1	East Kilbride AC	<a href="http://www.ekac.org.uk/">http://www.ekac.org.uk/</a>	46
46	0:24:07	49M	Allen Campbell	M	MASTER	49	Stewarty AC	<a href="https://stewartyac.wordpress.com/">https://stewartyac.wordpress.com/</a>	47
47	0:24:15	56M	Ben Morgan	M	SENIOR	56	West End RR	<a href="https://www.westendroadrunners.co.uk/">https://www.westendroadrunners.co.uk/</a>	49
48	0:24:17	6M	Kevin Farmer	M	SENIOR	6	Cambuslang Harriers	<a href="https://cambuslangharriers.org/">https://cambuslangharriers.org/</a>	50
49	0:24:18	2M	Ross McNaught	M	SENIOR	2	Kilmarnock H&AC	<a href="http://www.kilmarnockharriers.com/">http://www.kilmarnockharriers.com/</a>	51
50	0:24:22	53M		M		53	Troon Tortoises	<a href="http://troontortoises.co.uk">http://troontortoises.co.uk</a>	52
51	0:24:22	5M	James Bryson	M	SENIOR	5	Westerlands CCC	<a href="https://westerlandscccc.co.uk/">https://westerlandscccc.co.uk/</a>	53
52	0:24:30	17M	Andrew Buchanan	M	MASTER	17	Calderglen Harriers	<a href="http://www.calderglenharriers.org.uk/">http://www.calderglenharriers.org.uk/</a>	55
53	0:24:36	8M	Calum Ferguson	M	SENIOR	8	Bellahouston Harriers	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>	56
54	0:24:41	31M	Mark wheeler	M	MASTER	31	Hamilton Harriers		58
55	0:24:43	5M	Felton Humble	M	MASTER	5	Westerlands CCC	<a href="https://westerlandscccc.co.uk/">https://westerlandscccc.co.uk/</a>	59

updated: 2025-01-19 12:59, latest at: [results.westleague.org.uk](http://results.westleague.org.uk)

## 2024-25, Event #1 OVERALL male - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
56	0:24:44	6M	Ross Noble	M	SENIOR	6	Cambuslang Harriers	<a href="https://cambuslangharriers.org/">https://cambuslangharriers.org/</a>	60
57	0:24:49	17M	Kai Wheeler	M	U20	17	Calderglen Harriers	<a href="http://www.calderglenharriers.org.uk/">http://www.calderglenharriers.org.uk/</a>	62
58	0:24:49	17M	Alan Derrick	M	MASTER	17	Calderglen Harriers	<a href="http://www.calderglenharriers.org.uk/">http://www.calderglenharriers.org.uk/</a>	63
59	0:24:52	10M	Toby Hession	M	SENIOR	10	Shuttleston Harriers	<a href="http://shuttlestonharriers.org.uk/">http://shuttlestonharriers.org.uk/</a>	64
60	0:25:08	5M	Graham Cobrough	M	MASTER	5	Westerlands CCC	<a href="https://westerlandsccc.co.uk/">https://westerlandsccc.co.uk/</a>	65
61	0:25:15	48M	Cal Haddow-McKitterick	M	SENIOR	48	Springburn Harriers	<a href="https://www.springburnharriers.co.uk/">https://www.springburnharriers.co.uk/</a>	66
62	0:25:17	30M	William Taylor	M	MASTER	30	Greenock Glenpark Harriers	<a href="https://greenockglenparkharriers.com/">https://greenockglenparkharriers.com/</a>	67
63	0:25:23	1M	ARTHUR MULHOLLAND	M	MASTER	1	East Kilbride AC	<a href="http://www.ekac.org.uk/">http://www.ekac.org.uk/</a>	68
64	0:25:27	2M	Mark Alexander	M	MASTER	2	Kilmarnock H&AC	<a href="http://www.kilmarnockharriers.com/">http://www.kilmarnockharriers.com/</a>	69
65	0:25:44	8M	Anthony Carson	M	SENIOR	8	Bellahouston Harriers	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>	72
66	0:25:46	30M	Stephen Harrison	M	MASTER	30	Greenock Glenpark Harriers	<a href="https://greenockglenparkharriers.com/">https://greenockglenparkharriers.com/</a>	73
67	0:25:49	53M		M		53	Troon Tortoises	<a href="http://troontortoises.co.uk">http://troontortoises.co.uk</a>	74
68	0:26:02	10M	John Duffy	M	MASTER	10	Shuttleston Harriers	<a href="http://shuttlestonharriers.org.uk/">http://shuttlestonharriers.org.uk/</a>	77
69	0:26:05	5M	Daniel Williams	M	SENIOR	5	Westerlands CCC	<a href="https://westerlandsccc.co.uk/">https://westerlandsccc.co.uk/</a>	79
70	0:26:10	2M	Nick Carter	M	MASTER	2	Kilmarnock H&AC	<a href="http://www.kilmarnockharriers.com/">http://www.kilmarnockharriers.com/</a>	82
71	0:26:34	27M	Ed White	M	SENIOR	27	Glasgow FrontRunners	<a href="https://www.glasgowfrontrunners.org/">https://www.glasgowfrontrunners.org/</a>	84
72	0:26:45	1M	ANDREW CHAPMAN	M	MASTER	1	East Kilbride AC	<a href="http://www.ekac.org.uk/">http://www.ekac.org.uk/</a>	86
73	0:26:48	10M	John Oates	M	MASTER	10	Shuttleston Harriers	<a href="http://shuttlestonharriers.org.uk/">http://shuttlestonharriers.org.uk/</a>	88
74	0:26:48	8M	Alexander Winn	M	SENIOR	8	Bellahouston Harriers	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>	89
75	0:26:48	27M	Scott McLeod	M	MASTER	27	Glasgow FrontRunners	<a href="https://www.glasgowfrontrunners.org/">https://www.glasgowfrontrunners.org/</a>	91
76	0:27:00	17M	Jason Grant	M	MASTER	17	Calderglen Harriers	<a href="http://www.calderglenharriers.org.uk/">http://www.calderglenharriers.org.uk/</a>	93
77	0:27:16	5M	Don Reid	M	MASTER	5	Westerlands CCC	<a href="https://westerlandsccc.co.uk/">https://westerlandsccc.co.uk/</a>	94
78	0:27:27	8M	Jamie McLaughlin	M	MASTER	8	Bellahouston Harriers	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>	97
79	0:27:33	37M	Mark Milligan	M	MASTER	37	Law & District AAC	<a href="http://www.lawaac.co.uk/">http://www.lawaac.co.uk/</a>	99
80	0:27:35	40M	Shane Simple	M	MASTER	40	Motherwell AC	<a href="https://motherwellac.com/">https://motherwellac.com/</a>	101
81	0:27:44	11M	Brian Wilson	M	MASTER	11	Airdrie Harriers	<a href="http://airdrieharriers.org/">http://airdrieharriers.org/</a>	103
82	0:27:45	40M	Robert Pattinson	M	MASTER	40	Motherwell AC	<a href="https://motherwellac.com/">https://motherwellac.com/</a>	104
83	0:27:48	44M	Gary Kilpatrick	M	MASTER	44	North Ayrshire AAC	<a href="https://naathletics.co.uk/">https://naathletics.co.uk/</a>	105
84	0:27:52	6M	Dan O'Connell	M	MASTER	6	Cambuslang Harriers	<a href="https://cambuslangharriers.org/">https://cambuslangharriers.org/</a>	109
85	0:27:59	17M	Iain MacLean	M	MASTER	17	Calderglen Harriers	<a href="http://www.calderglenharriers.org.uk/">http://www.calderglenharriers.org.uk/</a>	111
86	0:27:59	57M	James Cathie	M	SENIOR	57	Whitemoss AAC	<a href="https://whitemossaac.co.uk/">https://whitemossaac.co.uk/</a>	112
87	0:27:59	6M	Alan Anderson	M	MASTER	6	Cambuslang Harriers	<a href="https://cambuslangharriers.org/">https://cambuslangharriers.org/</a>	113
88	0:28:01	56M	Allen Campbell	M	MASTER	56	West End RR	<a href="https://www.westendroadrunners.co.uk/">https://www.westendroadrunners.co.uk/</a>	114
89	0:28:06	27M	Iain Newman	M	SENIOR	27	Glasgow FrontRunners	<a href="https://www.glasgowfrontrunners.org/">https://www.glasgowfrontrunners.org/</a>	116
90	0:28:20	48M	Matt Stanley	M	MASTER	48	Springburn Harriers	<a href="https://www.springburnharriers.co.uk/">https://www.springburnharriers.co.uk/</a>	118
91	0:28:33	17M	Scott Hair	M	SENIOR	17	Calderglen Harriers	<a href="http://www.calderglenharriers.org.uk/">http://www.calderglenharriers.org.uk/</a>	119
92	0:28:56	53M		M		53	Troon Tortoises	<a href="http://troontortoises.co.uk">http://troontortoises.co.uk</a>	122
93	0:29:10	17M	Craig Ferguson	M	MASTER	17	Calderglen Harriers	<a href="http://www.calderglenharriers.org.uk/">http://www.calderglenharriers.org.uk/</a>	124
94	0:29:14	57M	David Cathie	M	MASTER	57	Whitemoss AAC	<a href="https://whitemossaac.co.uk/">https://whitemossaac.co.uk/</a>	125
95	0:29:20	8M	Kenneth Scott	M	MASTER	8	Bellahouston Harriers	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>	127
96	0:29:20	10M	Stephen Martin Clark	M	MASTER	10	Shuttleston Harriers	<a href="http://shuttlestonharriers.org.uk/">http://shuttlestonharriers.org.uk/</a>	128
97	0:29:27	6M	Ian Crawford	M	MASTER	6	Cambuslang Harriers	<a href="https://cambuslangharriers.org/">https://cambuslangharriers.org/</a>	129
98	0:29:32	40M	David Hoolaghan	M	MASTER	40	Motherwell AC	<a href="https://motherwellac.com/">https://motherwellac.com/</a>	130
99	0:29:57	8M	Simon Parkinson	M	MASTER	8	Bellahouston Harriers	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>	132
100	0:30:02	48M	Paul Wilson	M	MASTER	48	Springburn Harriers	<a href="https://www.springburnharriers.co.uk/">https://www.springburnharriers.co.uk/</a>	134
101	0:30:12	17M	Gordon McNally	M	MASTER	17	Calderglen Harriers	<a href="http://www.calderglenharriers.org.uk/">http://www.calderglenharriers.org.uk/</a>	137
102	0:30:33	54M	Gregory Gontor	M	U20	54	VP-Glasgow	<a href="https://www.vp-glasgow.com">https://www.vp-glasgow.com</a>	138
103	0:30:36	8M	Kevin Smith	M	MASTER	8	Bellahouston Harriers	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>	139
104	0:30:52	8M	Simon McDougall	M	MASTER	8	Bellahouston Harriers	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>	141
105	0:31:35	27M	Neil Montgomery	M	SENIOR	27	Glasgow FrontRunners	<a href="https://www.glasgowfrontrunners.org/">https://www.glasgowfrontrunners.org/</a>	144
106	0:31:53	10M	Graeme Brown	M	MASTER	10	Shuttleston Harriers	<a href="http://shuttlestonharriers.org.uk/">http://shuttlestonharriers.org.uk/</a>	146
107	0:32:04	17M	Kevin McPhillips	M	MASTER	17	Calderglen Harriers	<a href="http://www.calderglenharriers.org.uk/">http://www.calderglenharriers.org.uk/</a>	148
108	0:32:34	30M	Gerry Gallacher	M	MASTER	30	Greenock Glenpark Harriers	<a href="https://greenockglenparkharriers.com/">https://greenockglenparkharriers.com/</a>	150

updated: 2025-01-19 12:59, latest at: [results.westleague.org.uk](http://results.westleague.org.uk)

## 2024-25, Event #1 OVERALL male - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
109	0:37:20	17M	Russell Couper	M	MASTER	17	Calderglen Harriers	<a href="http://www.calderglenharriers.org.uk/">http://www.calderglenharriers.org.uk/</a>	155

## 2024-25, Event #1 OVERALL male - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Shuttleston Harriers	10	M	4,7,9,18	38	0	38	11	<a href="http://shuttlestonharriers.org.uk/">http://shuttlestonharriers.org.uk/</a>
2	Giffnock North AC	7	M	12,14,24,27	77	0	77	5	<a href="https://www.giffnocknorth.co.uk/">https://www.giffnocknorth.co.uk/</a>
3	Cambuslang Harriers	6	M	1,6,36,43	86	0	86	9	<a href="https://cambuslangharriers.org/">https://cambuslangharriers.org/</a>
4	Bellahouston Harriers	8	M	10,11,34,40	95	0	95	12	<a href="http://www.bellahoustonharriers.co.uk/">http://www.bellahoustonharriers.co.uk/</a>
5	Westerlands CCC	5	M	15,19,32,37	103	0	103	9	<a href="https://westerlandsccc.co.uk/">https://westerlandsccc.co.uk/</a>
6	Kilmarnock H&AC	2	M	2,28,49,64	143	0	143	5	<a href="http://www.kilmarnockharriers.com/">http://www.kilmarnockharriers.com/</a>
7	Law & District AAC	37	M	16,17,38,79	150	0	150	4	<a href="http://www.lawaac.co.uk/">http://www.lawaac.co.uk/</a>
8	Bellahouston RR	3	M	8,13,29	50	119	169	3	<a href="https://www.bellahoustonroadrunners.co.uk/">https://www.bellahoustonroadrunners.co.uk/</a>
9	East Kilbride AC	1	M	26,45,63,72	206	0	206	4	<a href="http://www.ekac.org.uk/">http://www.ekac.org.uk/</a>
10	Inverclyde AC	4	M	21,25,42	88	119	207	3	<a href="https://www.inverclydeac.org/">https://www.inverclydeac.org/</a>
11	Calderglen Harriers	17	M	52,57,58,76	243	0	243	10	<a href="http://www.calderglenharriers.org.uk/">http://www.calderglenharriers.org.uk/</a>
12	Motherwell AC	40	M	3,80,82,98	263	0	263	4	<a href="https://motherwellac.com/">https://motherwellac.com/</a>
13	Glasgow FrontRunners	27	M	41,71,75,89	276	0	276	5	<a href="https://www.glasgowfrontrunners.org/">https://www.glasgowfrontrunners.org/</a>
14	Kilbarchan AAC	34	M	5,39	44	238	282	2	<a href="https://kilbarchanaac.org.uk/">https://kilbarchanaac.org.uk/</a>
15	West End RR	56	M	30,47,88	165	119	284	3	<a href="https://www.westendroadrunners.co.uk/">https://www.westendroadrunners.co.uk/</a>
16	Ayr Seaforth AC	14	M	23,31	54	238	292	2	<a href="https://www.ayrseaforth.co.uk/">https://www.ayrseaforth.co.uk/</a>
17	Troon Tortoises	53	M	50,67,92	209	119	328	3	<a href="http://troontortoises.co.uk">http://troontortoises.co.uk</a>
18	Greenock Glenpark Harriers	30	M	62,66,108	236	119	355	3	<a href="https://greenockglenparkharriers.com/">https://greenockglenparkharriers.com/</a>
19	Springburn Harriers	48	M	61,90,100	251	119	370	3	<a href="https://www.springburnharriers.co.uk/">https://www.springburnharriers.co.uk/</a>
20	VP-Glasgow	54	M	44,102	146	238	384	2	<a href="https://www_vp-glasgow.com">https://www_vp-glasgow.com</a>
21	Helensburgh AAC	32	M	33	33	357	390	1	<a href="https://www.helensburghaac.com/">https://www.helensburghaac.com/</a>
22	Stewartry AC	49	M	46	46	357	403	1	<a href="https://stewartryac.wordpress.com/">https://stewartryac.wordpress.com/</a>
23	Hamilton Harriers	31	M	54	54	357	411	1	
24	Whitemoss AAC	57	M	86,94	180	238	418	2	<a href="https://whitemossaac.co.uk/">https://whitemossaac.co.uk/</a>
25	Airdrie Harriers	11	M	81	81	357	438	1	<a href="http://airdrieharriers.org/">http://airdrieharriers.org/</a>
26	North Ayrshire AAC	44	M	83	83	357	440	1	<a href="https://naathletics.co.uk/">https://naathletics.co.uk/</a>