

Summary

Combined results PDF. Please see westleague.org.uk

Latest results/status at results.westleague.org.uk

Note results are provisional until all team results received.

Results

Results for all events in following order

- Still pending team submissions
- U11: Male, Male Teams, Female, Female Teams
- U13: Male, Male Teams, Female, Female Teams
- U15: Male, Male Teams, Female, Female Teams
- U17: Male, Male Teams, Female, Female Teams
- U20: Male, Male Teams, Female, Female Teams
- Senior: Male, Male Teams, Female, Female Teams
- Master: Male, Male Teams, Female, Female Teams
- Overall: Male, Male Teams, Female, Female Teams
- Volunteers

Team submissions still pending

team	Club name	Website
17	Calderglen Harriers	http://www.calderglenharriers.org.uk/
51	Strathclyde Police AC	
5	Westerlands CCC	https://westerlandsccl.co.uk/
46	Royal Mail Run GMC	https://www.facebook.com/royalmailrungmc/

U11 M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:04:50	2M	Callum Cooke	M	U11	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	1
2	0:05:03	7M	Christopher Cameron	M	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	2
3	0:05:12	1M	JACK McMILLAN	M	U11	1	East Kilbride AC	http://www.ekac.org.uk/	3
4	0:05:14	34M	Angus Farley	M	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	4
5	0:05:16	4M	Louis Reid	M	U11	4	Inverclyde AC	https://www.inverclydeac.org/	5
6	0:05:19	34M	Rhuiiri Toole	M	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	6
7	0:05:20	54M	Reuben Tinkler	M	U11	54	VP-Glasgow	https://www.vp-glasgow.com	7
8	0:05:21	2M	Harris Evans	M	U11	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	8
9	0:05:27	2M	Murray Young	M	U11	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	9
10	0:05:27	7M	Hugo Stewart	M	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	10
11	0:05:27	6M	Niall Smith	M	U11	6	Cambuslang Harriers	https://cambuslangharriers.org/	11
12	0:05:27	44M	Murray Graham	M	U11	44	North Ayrshire AAC	https://naathletics.co.uk/	12
13	0:05:27	54M	Angus Matheson	M	U11	54	VP-Glasgow	https://www.vp-glasgow.com	13
14	0:05:30	34M	Alexander Scott	M	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	14
15	0:05:30	7M	Andrew Church	M	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	15
16	0:05:30	7M	Ben McKerracher	M	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	16
17	0:05:30	54M	Murray Freer	M	U11	54	VP-Glasgow	https://www.vp-glasgow.com	17
18	0:05:31	48M	Thomas Fraser-Moodie	M	U11	48	Springburn Harriers	https://www.springburnharriers.co.uk/	18
19	0:05:33	54M	Ruairdh Gall	M	U11	54	VP-Glasgow	https://www.vp-glasgow.com	19
20	0:05:35	1M	NOAH ANDERSON	M	U11	1	East Kilbride AC	http://www.ekac.org.uk/	20
21	0:05:44	6M	Douglas Gaillie	M	U11	6	Cambuslang Harriers	https://cambuslangharriers.org/	21
22	0:05:46	34M	Dylan Condie	M	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	22
23	0:05:47	34M	Blair Wright	M	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	23
24	0:05:48	34M	Allistair Ogg	M	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	24
25	0:05:50	7M	Cian Lough	M	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	25
26	0:05:50	57M	Cameron McKenzie	M	U11	57	Whitemoss AAC	https://whitemossaac.co.uk/	26
27	0:05:53	17M		M	U11	17	Calderglen Harriers	http://www.calderglenharriers.org.uk/	27
28	0:05:55	7M	Jacob Prentice	M	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	28
29	0:05:56	54M	Charlie Mackenzie	M	U11	54	VP-Glasgow	https://www.vp-glasgow.com	29
30	0:05:57	54M	Adam Ali	M	U11	54	VP-Glasgow	https://www.vp-glasgow.com	30
31	0:05:58	2M	Callum Curley	M	U11	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	31
32	0:06:00	34M	Brodie Lang	M	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	32
33	0:06:02	7M	Neil Hutchison	M	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	33
34	0:06:02	34M	Freddie Marshall	M	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	34
35	0:06:03	2M	Keir Jamieson	M	U11	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	35
36	0:06:03	36M	George Brown	M	U11	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	36
37	0:06:03	1M	MAX TOBIN	M	U11	1	East Kilbride AC	http://www.ekac.org.uk/	37
38	0:06:03	2M	Neil Parker	M	U11	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	38
39	0:06:03	10M	Louis Millican	M	U11	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	39
40	0:06:05	17M		M	U11	17	Calderglen Harriers	http://www.calderglenharriers.org.uk/	40
41	0:06:05	54M	Matthew Dempsey	M	U11	54	VP-Glasgow	https://www.vp-glasgow.com	41
42	0:06:10	36M	Drew Reid	M	U11	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	42
43	0:06:10	1M	CALUM McCORMICK	M	U11	1	East Kilbride AC	http://www.ekac.org.uk/	43
44	0:06:10	10M	Rio Biddlecombe	M	U11	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	44
45	0:06:13	2M	Aeson Allardyce	M	U11	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	45
46	0:06:14	10M	Naod Woldeeslassie	M	U11	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	46
47	0:06:17	14M	Lewis Watson	M	U11	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	47
48	0:06:18	2M	Euan Alexander	M	U11	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	48
49	0:06:18	34M	Harry McKee	M	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	49
50	0:06:22	37M	James Bennet	M	U11	37	Law & District AAC	http://www.lawaac.co.uk/	50
51	0:06:31	57M	Andrew McAdam	M	U11	57	Whitemoss AAC	https://whitemossaac.co.uk/	51

U11 M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
52	0:06:33	34M	Aonghas Mackay	M	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	52
53	0:06:38	2M	Lauchland Nicol	M	U11	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	53
54	0:06:39	57M	Logan McKenzie	M	U11	57	Whitemoss AAC	https://whitemossaac.co.uk/	54
55	0:06:41	57M	Jamie McGrath	M	U11	57	Whitemoss AAC	https://whitemossaac.co.uk/	55
56	0:06:43	34M	Samuel Embuka	M	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	56
57	0:06:44	54M	Julian Morton	M	U11	54	VP-Glasgow	https://www.vp-glasgow.com	57
58	0:06:45	2M	Brandon McLemon	M	U11	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	58

U11 M - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Kilmarnock H&AC	2	M	1,8,9	18	0	18	10	http://www.kilmarnockharriers.com/
2	Kilbarchan AAC	34	M	4,6,14	24	0	24	11	https://kilbarchanaac.org.uk/
3	Giffnock North AC	7	M	2,10,15	27	0	27	7	https://www.giffnocknorth.co.uk/
4	VP-Glasgow	54	M	7,13,17	37	0	37	8	https://www.vp-glasgow.com
5	East Kilbride AC	1	M	3,20,37	60	0	60	4	http://www.ekac.org.uk/
6	Cambuslang Harriers	6	M	11,21	32	68	100	2	https://cambuslangharriers.org/
7	Shettleston Harriers	10	M	39,44,46	129	0	129	3	http://shettlestonharriers.org.uk/
8	Whitemoss AAC	57	M	26,51,54	131	0	131	4	https://whitemossaac.co.uk/
9	Calderglen Harriers	17	M	27,40	67	68	135	2	http://www.calderglenharriers.org.uk/
10	Inverclyde AC	4	M	5	5	136	141	1	https://www.inverclydeac.org/
11	Larkhall YMCA	36	M	36,42	78	68	146	2	https://www.larkhallymcaharriers.org
12	North Ayrshire AAC	44	M	12	12	136	148	1	https://naathletics.co.uk/
13	Springburn Harriers	48	M	18	18	136	154	1	https://www.springburnharriers.co.uk/
14	Ayr Seaforth AC	14	M	47	47	136	183	1	https://www.ayrseaforth.co.uk/
15	Law & District AAC	37	M	50	50	136	186	1	http://www.lawaac.co.uk/

U11 F - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:05:27	37F	Abbie Boyle	F	U11	37	Law & District AAC	http://www.lawaac.co.uk/	1
2	0:05:33	7F	Anna Macfarlane	F	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	2
3	0:05:37	11F	Millie Taylor	F	U11	11	Airdrie Harriers	http://airdrieharriers.org/	3
4	0:05:39	54F	Caitlin Laing	F	U11	54	VP-Glasgow	https://www.vp-glasgow.com	4
5	0:05:42	10F	Rowan Lennox	F	U11	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	5
6	0:05:44	17F		F	U11	17	Calderglen Harriers	http://www.calderglenharriers.org.uk/	6
7	0:05:49	4F	Rosie Callan	F	U11	4	Inverclyde AC	https://www.inverclydeac.org/	7
8	0:05:52	44F	Nyah Nowakowski	F	U11	44	North Ayrshire AAC	https://naathletics.co.uk/	8
9	0:05:53	37F	Helena Wotherspoon	F	U11	37	Law & District AAC	http://www.lawaac.co.uk/	9
10	0:06:00	1F	ELLIE TAYLOR	F	U11	1	East Kilbride AC	http://www.ekac.org.uk/	10
11	0:06:03	40F	LENA SKRZDLEWSKA	F	U11	40	Motherwell AC	https://motherwellac.com/	11
12	0:06:09	37F	Allyssa Bennet	F	U11	37	Law & District AAC	http://www.lawaac.co.uk/	12
13	0:06:10	34F	Rebecca McCulloch	F	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	13
14	0:06:11	51F		F	U11	51	Strathclyde Police AC		14
15	0:06:12	2F	Orla Stewart	F	U11	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	15
16	0:06:15	44F	Caleigh Graham	F	U11	44	North Ayrshire AAC	https://naathletics.co.uk/	16
17	0:06:17	34F	Skye Williams	F	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	17
18	0:06:20	7F	Abbey Gallacher	F	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	18
19	0:06:20	14F	Ashleigh Rees	F	U11	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	19
20	0:06:20	7F	Iris Jackson	F	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	20
21	0:06:20	36F	Emma Dooley	F	U11	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	21
22	0:06:20	11F	Sienna Ferguson	F	U11	11	Airdrie Harriers	http://airdrieharriers.org/	22
23	0:06:23	54F	Maisie Black	F	U11	54	VP-Glasgow	https://www.vp-glasgow.com	23
24	0:06:23	4F	Rosa Currie	F	U11	4	Inverclyde AC	https://www.inverclydeac.org/	24
25	0:06:23	48F	Caoimhe McNulty	F	U11	48	Springburn Harriers	https://www.springburnharriers.co.uk/	25
26	0:06:25	10F	Miley Caldwell	F	U11	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	26
27	0:06:26	4F	Breagha Cannon	F	U11	4	Inverclyde AC	https://www.inverclydeac.org/	27
28	0:06:27	4F	Boston Cannon	F	U11	4	Inverclyde AC	https://www.inverclydeac.org/	28
29	0:06:28	10F	Juliette Graham	F	U11	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	29
30	0:06:29	1F	JESSICA CASKIE	F	U11	1	East Kilbride AC	http://www.ekac.org.uk/	30
31	0:06:29	11F	Evie Henderson	F	U11	11	Airdrie Harriers	http://airdrieharriers.org/	31
32	0:06:33	11F	Bethany Hawkins	F	U11	11	Airdrie Harriers	http://airdrieharriers.org/	32
33	0:06:33	4F	Emily Kane	F	U11	4	Inverclyde AC	https://www.inverclydeac.org/	33
34	0:06:35	1F	NEVE LINDSAY	F	U11	1	East Kilbride AC	http://www.ekac.org.uk/	34
35	0:06:39	6F	Monica Smith	F	U11	6	Cambuslang Harriers	https://cambuslangharriers.org/	35
36	0:06:40	7F	Robyn Gordon	F	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	36
37	0:06:43	11F	Charlotte Williams	F	U11	11	Airdrie Harriers	http://airdrieharriers.org/	37
38	0:06:46	37F	Layla Kirk	F	U11	37	Law & District AAC	http://www.lawaac.co.uk/	38
39	0:06:47	44F	Isla Graham	F	U11	44	North Ayrshire AAC	https://naathletics.co.uk/	39
40	0:06:49	7F	Jessica Martin	F	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	40
41	0:06:50	54F	Freya Lindsay	F	U11	54	VP-Glasgow	https://www.vp-glasgow.com	41
42	0:06:53	1F	GRACE BALLENTINE	F	U11	1	East Kilbride AC	http://www.ekac.org.uk/	42
43	0:06:54	14F	Murrin Ronney	F	U11	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	43
44	0:06:55	54F	Quinn Allan	F	U11	54	VP-Glasgow	https://www.vp-glasgow.com	44
45	0:06:56	6F	Amelia Otakoya	F	U11	6	Cambuslang Harriers	https://cambuslangharriers.org/	45
46	0:06:58	4F	Faye Holmes	F	U11	4	Inverclyde AC	https://www.inverclydeac.org/	46
47	0:07:00	57F	Caoimhe Carmichael	F	U11	57	Whitemoss AAC	https://whitemossaac.co.uk/	47
48	0:07:00	10F	Amelia Rose McGurn	F	U11	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	48
49	0:07:00	10F	Indie Connelly	F	U11	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	49
50	0:07:00	34F	Miranda McCulloch	F	U11	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	50
51	0:07:00	1F	EVIE RITCHIE	F	U11	1	East Kilbride AC	http://www.ekac.org.uk/	51

U11 F - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
52	0:07:06	7F	Emma Wilkinson	F	U11	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	52
53	0:07:10	4F	Orlagh Kirkwood	F	U11	4	Inverclyde AC	https://www.inverclydeac.org/	53
54	0:07:12	44F	Elise Dailly	F	U11	44	North Ayrshire AAC	https://naathletics.co.uk/	54
55	0:07:31	57F	Melissa Anderson	F	U11	57	Whitemoss AAC	https://whitemossaac.co.uk/	55
56	0:07:51	44F	Christia Paparakis	F	U11	44	North Ayrshire AAC	https://naathletics.co.uk/	56
57	0:08:00	1F	KATIE BELL	F	U11	1	East Kilbride AC	http://www.ekac.org.uk/	57
58	0:08:52	11F	Olivia Harmon	F	U11	11	Airdrie Harriers	http://airdrieharriers.org/	58

U11 F - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Law & District AAC	37	F	1,9,12	22	0	22	4	http://www.lawaac.co.uk/
2	Giffnock North AC	7	F	2,18,20	40	0	40	6	https://www.giffnocknorth.co.uk/
3	Airdrie Harriers	11	F	3,22,31	56	0	56	6	http://airdrieharriers.org/
4	Inverclyde AC	4	F	7,24,27	58	0	58	7	https://www.inverclydeac.org/
5	Shettleston Harriers	10	F	5,26,29	60	0	60	5	http://shettlestonharriers.org.uk/
6	North Ayrshire AAC	44	F	8,16,39	63	0	63	5	https://naathletics.co.uk/
7	VP-Glasgow	54	F	4,23,41	68	0	68	4	https://www.vp-glasgow.com
8	East Kilbride AC	1	F	10,30,34	74	0	74	6	http://www.ekac.org.uk/
9	Kilbarchan AAC	34	F	13,17,50	80	0	80	3	https://kilbarchanaac.org.uk/
10	Ayr Seaforth AC	14	F	19,43	62	68	130	2	https://www.ayrseaforth.co.uk/
11	Calderglen Harriers	17	F	6	6	136	142	1	http://www.calderglenharriers.org.uk/
12	Motherwell AC	40	F	11	11	136	147	1	https://motherwellac.com/
13	Cambuslang Harriers	6	F	35,45	80	68	148	2	https://cambuslangharriers.org/
14	Strathclyde Police AC	51	F	14	14	136	150	1	
15	Kilmarnock H&AC	2	F	15	15	136	151	1	http://www.kilmarnockharriers.com/
16	Larkhall YMCA	36	F	21	21	136	157	1	https://www.larkhallymcaharriers.org
17	Springburn Harriers	48	F	25	25	136	161	1	https://www.springburnharriers.co.uk/
18	Whitemoss AAC	57	F	47,55	102	68	170	2	https://whitemossaac.co.uk/

U13 M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:09:25	48M	Gregor McNaught	M	U13	48	Springburn Harriers	https://www.springburnharriers.co.uk/	1
2	0:09:34	37M	Alexander Wotherspoon	M	U13	37	Law & District AAC	http://www.lawaac.co.uk/	2
3	0:09:40	11M	Kevin Winiarz	M	U13	11	Airdrie Harriers	http://airdrieharriers.org/	3
4	0:09:47	37M	Jamie Mackie	M	U13	37	Law & District AAC	http://www.lawaac.co.uk/	4
5	0:09:49	34M	Tyler McMeekin	M	U13	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	5
6	0:09:55	4M	Charlie Lyne	M	U13	4	Inverclyde AC	https://www.inverclydeac.org/	6
7	0:09:56	7M	Finlay Hamilton	M	U13	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	7
8	0:09:57	7M	James Andrew	M	U13	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	8
9	0:10:01	1M	MATTHEW SWEENEY	M	U13	1	East Kilbride AC	http://www.ekac.org.uk/	9
10	0:10:08	34M	Jay Jenkins	M	U13	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	10
11	0:10:11	2M	Calum Fitzgerald	M	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	11
12	0:10:19	2M	Leis Sinclair	M	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	12
13	0:10:20	40M	LUKE GEDDES (1ST)	M	U13	40	Motherwell AC	https://motherwellac.com/	13
14	0:10:23	7M	Ollie Macfarlane	M	U13	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	14
15	0:10:31	11M	Declan Slavin	M	U13	11	Airdrie Harriers	http://airdrieharriers.org/	15
16	0:10:37	44M	Kai Little	M	U13	44	North Ayrshire AAC	https://naathletics.co.uk/	16
17	0:10:43	2M	Callum O'Neil	M	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	17
18	0:10:44	2M	Harris Steven	M	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	18
19	0:10:45	40M	EOGHAN CONNELLY (2ND)	M	U13	40	Motherwell AC	https://motherwellac.com/	19
20	0:10:48	32M	William Heasman	M	U13	32	Helensburgh AAC	https://www.helensburghaac.com/	20
21	0:10:48	4M	Sol Currie	M	U13	4	Inverclyde AC	https://www.inverclydeac.org/	21
22	0:10:54	34M	Kerr Watkins	M	U13	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	22
23	0:10:56	34M	Noah Kerr	M	U13	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	23
24	0:10:57	1M	HARRIS ROSLING	M	U13	1	East Kilbride AC	http://www.ekac.org.uk/	24
25	0:11:00	2M	Logan Peddie	M	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	25
26	0:11:30	11M	Tommy Higgins	M	U13	11	Airdrie Harriers	http://airdrieharriers.org/	26
27	0:12:03	2M	Shaun McGowne	M	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	27
28	0:12:07	37M	James Keenan	M	U13	37	Law & District AAC	http://www.lawaac.co.uk/	28
29	0:12:15	7M	Daniel Forrester-Wright	M	U13	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	29
30	0:12:26	17M		M	U13	17	Calderglen Harriers	http://www.calderglenharriers.org.uk/	30
31	0:12:34	11M	Nathan Reynolds	M	U13	11	Airdrie Harriers	http://airdrieharriers.org/	31
32	0:12:55	36M	Gavin Lees	M	U13	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	32
33	0:13:00	11M	Callum Cameron	M	U13	11	Airdrie Harriers	http://airdrieharriers.org/	33
34	0:13:36	36M	Sam Thomson	M	U13	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	34

U13 M - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Giffnock North AC	7	M	7,8,14	29	0	29	4	https://www.giffnocknorth.co.uk/
2	Law & District AAC	37	M	2,4,28	34	0	34	3	http://www.lawaac.co.uk/
3	Kilbarchan AAC	34	M	5,10,22	37	0	37	4	https://kilbarchanaac.org.uk/
4	Kilmarnock H&AC	2	M	11,12,17	40	0	40	6	http://www.kilmarnockharriers.com/
5	Airdrie Harriers	11	M	3,15,26	44	0	44	5	http://airdrieharriers.org/
6	Inverclyde AC	4	M	6,21	27	44	71	2	https://www.inverclydeac.org/
7	Motherwell AC	40	M	13,19	32	44	76	2	https://motherwellac.com/
8	East Kilbride AC	1	M	9,24	33	44	77	2	http://www.ekac.org.uk/
9	Springburn Harriers	48	M	1	1	88	89	1	https://www.springburnharriers.co.uk/
10	North Ayrshire AAC	44	M	16	16	88	104	1	https://naathletics.co.uk/
11	Helensburgh AAC	32	M	20	20	88	108	1	https://www.helensburghaac.com/
12	Larkhall YMCA	36	M	32,34	66	44	110	2	https://www.larkhallymcaharriers.org
13	Calderglen Harriers	17	M	30	30	88	118	1	http://www.calderglenharriers.org.uk/

U13 F - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:10:07	34F	Emma Nicholson	F	U13	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	1
2	0:10:10	7F	Eve Cameron	F	U13	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	2
3	0:10:17	7F	Erica Tait	F	U13	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	3
4	0:10:20	37F	Emily Taylor	F	U13	37	Law & District AAC	http://www.lawaac.co.uk/	4
5	0:10:32	7F	Lucy Tonner	F	U13	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	5
6	0:10:33	11F	Dionne Maguinness	F	U13	11	Airdrie Harriers	http://airdrieharriers.org/	6
7	0:10:38	44F	Lola Finnigan	F	U13	44	North Ayrshire AAC	https://naathletics.co.uk/	7
8	0:10:39	32F	Zoe McPherson	F	U13	32	Helensburgh AAC	https://www.helensburghaac.com/	8
9	0:10:58	1F	ZOE BALL	F	U13	1	East Kilbride AC	http://www.ekac.org.uk/	9
10	0:10:59	2F	Madeline Curley	F	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	10
11	0:11:07	7F	Freya Mearns	F	U13	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	11
12	0:11:07	6F	Brooke Walker	F	U13	6	Cambuslang Harriers	https://cambuslangharriers.org/	12
13	0:11:18	4F	Iona Wilson	F	U13	4	Inverclyde AC	https://www.inverclydeac.org/	13
14	0:11:23	2F	Ellie Alexander	F	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	14
15	0:11:23	44F	Ella McMillan	F	U13	44	North Ayrshire AAC	https://naathletics.co.uk/	15
16	0:11:35	44F	Emy Finnigan	F	U13	44	North Ayrshire AAC	https://naathletics.co.uk/	16
17	0:11:35	1F	LOTTIE SIM	F	U13	1	East Kilbride AC	http://www.ekac.org.uk/	17
18	0:11:40	48F	Louisa Fraser-Moodie	F	U13	48	Springburn Harriers	https://www.springburnharriers.co.uk/	18
19	0:11:43	1F	NINA CLARK	F	U13	1	East Kilbride AC	http://www.ekac.org.uk/	19
20	0:11:48	2F	Megan Haggarty	F	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	20
21	0:11:50	7F	Amelia O'Donnell	F	U13	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	21
22	0:11:56	1F	ELSPETH THORPE	F	U13	1	East Kilbride AC	http://www.ekac.org.uk/	22
23	0:11:56	7F	Erica Ross	F	U13	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	23
24	0:11:58	2F	Kacey Watson	F	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	24
25	0:12:03	2F	Lola Carter	F	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	25
26	0:12:05	44F	Isla Preston	F	U13	44	North Ayrshire AAC	https://naathletics.co.uk/	26
27	0:12:05	6F	Eve Campbell	F	U13	6	Cambuslang Harriers	https://cambuslangharriers.org/	27
28	0:12:08	2F	Beth Gladstone	F	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	28
29	0:12:10	14F	Isla Milligan	F	U13	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	29
30	0:12:10	36F	Sophie Brennan	F	U13	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	30
31	0:12:10	36F	Laci McNulty	F	U13	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	31
32	0:12:14	48F	Nina Stevenson	F	U13	48	Springburn Harriers	https://www.springburnharriers.co.uk/	32
33	0:12:17	40F	MARTHA STEELE	F	U13	40	Motherwell AC	https://motherwellac.com/	33
34	0:12:18	7F	Rebecca Martin	F	U13	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	34
35	0:12:18	10F	Charlotte Reilly	F	U13	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	35
36	0:12:23	1F	ANNIE MacDONALD	F	U13	1	East Kilbride AC	http://www.ekac.org.uk/	36
37	0:12:25	7F	Chloe Simpson	F	U13	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	37
38	0:12:32	37F	Freya Togneri	F	U13	37	Law & District AAC	http://www.lawaac.co.uk/	38
39	0:12:35	44F	Tilly Carrol	F	U13	44	North Ayrshire AAC	https://naathletics.co.uk/	39
40	0:12:37	30F	Amiee McEleny	F	U13	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	40
41	0:12:41	1F	REEVE STUART	F	U13	1	East Kilbride AC	http://www.ekac.org.uk/	41
42	0:12:48	1F	AVA HENDRY	F	U13	1	East Kilbride AC	http://www.ekac.org.uk/	42
43	0:12:50	10F	Alexia Rigg	F	U13	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	43
44	0:12:51	2F	Lucy Campbell	F	U13	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	44
45	0:13:04	54F	Pheobe Bonham	F	U13	54	VP-Glasgow	https://www.vp-glasgow.com	45
46	0:13:11	57F	Rosie Paterson	F	U13	57	Whitemoss AAC	https://whitemossaac.co.uk/	46
47	0:13:14	11F	Jorgie Gairn	F	U13	11	Airdrie Harriers	http://airdrieharriers.org/	47

U13 F - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
48	0:13:14	11F	Sophia Phillips	F	U13	11	Airdrie Harriers	http://airdrieharriers.org/	48
49	0:13:17	37F	Eilidh Boyle	F	U13	37	Law & District AAC	http://www.lawaac.co.uk/	49
50	0:13:22	10F	Leia Connolly	F	U13	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	50
51	0:13:28	54F	Charlotte Hughes	F	U13	54	VP-Glasgow	https://www.vp-glasgow.com	51
52	0:13:38	44F	Lacey Dailly	F	U13	44	North Ayrshire AAC	https://naathletics.co.uk/	52
53	0:13:53	4F	Leah Kane	F	U13	4	Inverclyde AC	https://www.inverclydeac.org/	53
54	0:13:57	4F	Scarlett Wynn	F	U13	4	Inverclyde AC	https://www.inverclydeac.org/	54
55	0:14:30	11F	Mairead Slavin	F	U13	11	Airdrie Harriers	http://airdrieharriers.org/	55
56	0:14:47	11F	Leah Paterson	F	U13	11	Airdrie Harriers	http://airdrieharriers.org/	56
57	0:15:38	6F	Iona Campbell	F	U13	6	Cambuslang Harriers	https://cambuslangharriers.org/	57

U13 F - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Giffnock North AC	7	F	2,3,5	10	0	10	8	https://www.giffnocknorth.co.uk/
2	North Ayrshire AAC	44	F	7,15,16	38	0	38	6	https://naathletics.co.uk/
3	Kilmarnock H&AC	2	F	10,14,20	44	0	44	7	http://www.kilmarnockharriers.com/
4	East Kilbride AC	1	F	9,17,19	45	0	45	7	http://www.ekac.org.uk/
5	Law & District AAC	37	F	4,38,49	91	0	91	3	http://www.lawaac.co.uk/
6	Cambuslang Harriers	6	F	12,27,57	96	0	96	3	https://cambuslangharriers.org/
7	Airdrie Harriers	11	F	6,47,48	101	0	101	5	http://airdrieharriers.org/
8	Springburn Harriers	48	F	18,32	50	67	117	2	https://www.springburnharriers.co.uk/
9	Inverclyde AC	4	F	13,53,54	120	0	120	3	https://www.inverclydeac.org/
10	Shettleston Harriers	10	F	35,43,50	128	0	128	3	http://shettlestonharriers.org.uk/
11	Larkhall YMCA	36	F	30,31	61	67	128	2	https://www.larkhallymcaharriers.org
12	Kilbarchan AAC	34	F	1	1	134	135	1	https://kilbarchanaac.org.uk/
13	Helensburgh AAC	32	F	8	8	134	142	1	https://www.helensburghaac.com/
14	VP-Glasgow	54	F	45,51	96	67	163	2	https://www.vp-glasgow.com
15	Ayr Seaforth AC	14	F	29	29	134	163	1	https://www.ayrseaforth.co.uk/
16	Motherwell AC	40	F	33	33	134	167	1	https://motherwellac.com/
17	Greenock Glenpark Harriers	30	F	40	40	134	174	1	https://greenockglenparkharriers.com/
18	Whitemoss AAC	57	F	46	46	134	180	1	https://whitemossaac.co.uk/

U15 M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:14:13	1M	RORY CHARTERS	M	U15	1	East Kilbride AC	http://www.ekac.org.uk/	1
2	0:14:40	1M	BEN BAILLIE	M	U15	1	East Kilbride AC	http://www.ekac.org.uk/	2
3	0:14:44	1M	EUAN THORPE	M	U15	1	East Kilbride AC	http://www.ekac.org.uk/	3
4	0:14:49	6M	Angus O'Neil	M	U15	6	Cambuslang Harriers	https://cambuslangharriers.org/	4
5	0:15:10	54M	Adam Watts	M	U15	54	VP-Glasgow	https://www.vp-glasgow.com	6
6	0:15:23	1M	BRIAN HESLOP	M	U15	1	East Kilbride AC	http://www.ekac.org.uk/	7
7	0:15:27	34M	Oscar Linton	M	U15	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	8
8	0:15:30	34M	Billy McKie	M	U15	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	9
9	0:15:32	2M	Nicholas Latto	M	U15	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	10
10	0:15:40	37M	Blair Beverley	M	U15	37	Law & District AAC	http://www.lawaac.co.uk/	11
11	0:15:41	7M	Joseph Mowat	M	U15	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	12
12	0:15:41	32M	James McPherson	M	U15	32	Helensburgh AAC	https://www.helensburghaac.com/	13
13	0:15:43	14M	Lucan Marshall-Watt	M	U15	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	15
14	0:16:12	36M	Aaron Scott	M	U15	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	19
15	0:16:27	32M	Cameron Lock	M	U15	32	Helensburgh AAC	https://www.helensburghaac.com/	22
16	0:16:44	14M	Iain Maclean	M	U15	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	23
17	0:16:48	1M	CHRISTOPHER PATON	M	U15	1	East Kilbride AC	http://www.ekac.org.uk/	24
18	0:17:10	10M	Lucas Millican	M	U15	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	29
19	0:18:02	10M	Cameron McArdle	M	U15	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	37

U15 M - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	East Kilbride AC	1	M	1,2,3	6	0	6	5	http://www.ekac.org.uk/
2	Kilbarchan AAC	34	M	7,8	15	29	44	2	https://kilbarchanaac.org.uk/
3	Helensburgh AAC	32	M	12,15	27	29	56	2	https://www.helensburghaac.com/
4	Ayr Seaforth AC	14	M	13,16	29	29	58	2	https://www.ayrseaforth.co.uk/
5	Cambuslang Harriers	6	M	4	4	58	62	1	https://cambuslangharriers.org/
6	VP-Glasgow	54	M	5	5	58	63	1	https://www.vp-glasgow.com
7	Shettleston Harriers	10	M	18,19	37	29	66	2	http://shettlestonharriers.org.uk/
8	Kilmarnock H&AC	2	M	9	9	58	67	1	http://www.kilmarnockharriers.com/
9	Law & District AAC	37	M	10	10	58	68	1	http://www.lawaac.co.uk/
10	Giffnock North AC	7	M	11	11	58	69	1	https://www.giffnocknorth.co.uk/
11	Larkhall YMCA	36	M	14	14	58	72	1	https://www.larkhallymcaharriers.org

U15 F - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:15:00	7F	Holly Simpson	F	U15	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	5
2	0:15:41	11F	Millie Gairn	F	U15	11	Airdrie Harriers	http://airdrieharriers.org/	14
3	0:15:47	7F	Eilidh Caldwell	F	U15	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	16
4	0:15:51	11F	Eihlinn Gillespie	F	U15	11	Airdrie Harriers	http://airdrieharriers.org/	17
5	0:16:05	10F	Olivia Caldwell	F	U15	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	18
6	0:16:13	37F	Lucy Taylor	F	U15	37	Law & District AAC	http://www.lawaac.co.uk/	20
7	0:16:19	7F	Nicole Yates	F	U15	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	21
8	0:16:50	4F	Kiera Gregory	F	U15	4	Inverclyde AC	https://www.inverclydeac.org/	25
9	0:16:51	37F	Olivia Inglis	F	U15	37	Law & District AAC	http://www.lawaac.co.uk/	26
10	0:16:55	1F	SKYE CHRISTIE	F	U15	1	East Kilbride AC	http://www.ekac.org.uk/	27
11	0:17:07	11F	Leanna Elliot	F	U15	11	Airdrie Harriers	http://airdrieharriers.org/	28
12	0:17:13	7F	Eve Wilkinson	F	U15	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	30
13	0:17:16	11F	Kady Wood	F	U15	11	Airdrie Harriers	http://airdrieharriers.org/	31
14	0:17:23	44F	Eilidh Dunwoodie	F	U15	44	North Ayrshire AAC	https://naathletics.co.uk/	32
15	0:17:32	1F	EVA MORRISON	F	U15	1	East Kilbride AC	http://www.ekac.org.uk/	33
16	0:17:32	1F	CARRIE CHARTERS	F	U15	1	East Kilbride AC	http://www.ekac.org.uk/	34
17	0:17:41	10F	Kate Monaghan	F	U15	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	35
18	0:17:56	7F	Anna Ross	F	U15	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	36
19	0:18:16	9F	Alexandra Bell	F	U15	9	Garscube Harriers	https://www.garscubeharriers.org.uk/	38
20	0:18:18	44F	Leesa Dunwoodie	F	U15	44	North Ayrshire AAC	https://naathletics.co.uk/	39
21	0:18:18	2F	Cara Monachello	F	U15	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	40
22	0:18:34	11F	Murryn Burns	F	U15	11	Airdrie Harriers	http://airdrieharriers.org/	41
23	0:18:43	2F	Eilidh Cooke	F	U15	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	42
24	0:18:43	14F	Anna Campbell	F	U15	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	43
25	0:18:45	37F	Sophie Nelson	F	U15	37	Law & District AAC	http://www.lawaac.co.uk/	44
26	0:18:52	11F	Lucie O Reilly	F	U15	11	Airdrie Harriers	http://airdrieharriers.org/	45
27	0:18:55	2F	Charlotte Gebbie	F	U15	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	46
28	0:19:28	2F	Iona Stewart	F	U15	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	47
29	0:20:07	11F	Lucille King	F	U15	11	Airdrie Harriers	http://airdrieharriers.org/	48
30	0:20:32	57F	Martha Cathie	F	U15	57	Whitemoss AAC	https://whitemossaac.co.uk/	49
31	0:21:41	2F	Rebecca McNulty	F	U15	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	50

U15 F - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Giffnock North AC	7	F	1,3,7	11	0	11	5	https://www.giffnocknorth.co.uk/
2	Airdrie Harriers	11	F	2,4,11	17	0	17	7	http://airdrieharriers.org/
3	Law & District AAC	37	F	6,9,25	40	0	40	3	http://www.lawaac.co.uk/
4	East Kilbride AC	1	F	10,15,16	41	0	41	3	http://www.ekac.org.uk/
5	Shettleston Harriers	10	F	5,17	22	41	63	2	http://shettlestonharriers.org.uk/
6	Kilmarnock H&AC	2	F	21,23,27	71	0	71	5	http://www.kilmarnockharriers.com/
7	North Ayrshire AAC	44	F	14,20	34	41	75	2	https://naathletics.co.uk/
8	Inverclyde AC	4	F	8	8	82	90	1	https://www.inverclydeac.org/
9	Garscube Harriers	9	F	19	19	82	101	1	https://www.garscubeharriers.org.uk/
10	Ayr Seaforth AC	14	F	24	24	82	106	1	https://www.ayrseaforth.co.uk/
11	Whitemoss AAC	57	F	30	30	82	112	1	https://whitemossaac.co.uk/

U17 M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:18:12	10M	Adam Clifford	M	U17	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	1
2	0:18:13	2M	Jamie Work	M	U17	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	2
3	0:18:20	44M	Sam Walton	M	U17	44	North Ayrshire AAC	https://naathletics.co.uk/	3
4	0:18:21	37M	Ryan Kellock	M	U17	37	Law & District AAC	http://www.lawaac.co.uk/	4
5	0:18:48	10M	Matthew Fox	M	U17	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	5
6	0:18:57	14M	Fraser McIntyre	M	U17	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	6
7	0:19:14	2M	Matthew Monachello	M	U17	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	7
8	0:19:14	54M	Andrew Dunn	M	U17	54	VP-Glasgow	https://www.vp-glasgow.com	8
9	0:19:17	6M	Gabriel Murphy	M	U17	6	Cambuslang Harriers	https://cambuslangharriers.org/	9
10	0:19:19	2M	Lewis Anderson	M	U17	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	10
11	0:19:20	1M	DYLAN EDWARDS	M	U17	1	East Kilbride AC	http://www.ekac.org.uk/	11
12	0:19:25	1M	MATTHEW McQUAID	M	U17	1	East Kilbride AC	http://www.ekac.org.uk/	12
13	0:19:34	2M	Gregor Samson	M	U17	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	13
14	0:19:38	14M	Sam McCrorie	M	U17	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	14
15	0:20:24	4M	Liam Kane	M	U17	4	Inverclyde AC	https://www.inverclydeac.org/	15
16	0:20:59	10M	Joseph Reilly	M	U17	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	17
17	0:21:49	37M	Daniel Simpson	M	U17	37	Law & District AAC	http://www.lawaac.co.uk/	18
18	0:21:54	17M		M	U17	17	Calderglen Harriers	http://www.calderglenharriers.org.uk/	19
19	0:22:08	2M	Callum Riddell	M	U17	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	21
20	0:22:52	11M	Joshua Harmon	M	U17	11	Airdrie Harriers	http://airdrieharriers.org/	22
21	0:23:35	36M	Rhys Thomson	M	U17	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	24

U17 M - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Kilmarnock H&AC	2	M	2,7,10	19	0	19	5	http://www.kilmarnockharriers.com/
2	Shettleston Harriers	10	M	1,5,16	22	0	22	3	http://shettlestonharriers.org.uk/
3	Ayr Seaforth AC	14	M	6,14	20	31	51	2	https://www.ayrseaforth.co.uk/
4	Law & District AAC	37	M	4,17	21	31	52	2	http://www.lawaac.co.uk/
5	East Kilbride AC	1	M	11,12	23	31	54	2	http://www.ekac.org.uk/
6	North Ayrshire AAC	44	M	3	3	62	65	1	https://naathletics.co.uk/
7	VP-Glasgow	54	M	8	8	62	70	1	https://www.vp-glasgow.com
8	Cambuslang Harriers	6	M	9	9	62	71	1	https://cambuslangharriers.org/
9	Inverclyde AC	4	M	15	15	62	77	1	https://www.inverclydeac.org/
10	Calderglen Harriers	17	M	18	18	62	80	1	http://www.calderglenharriers.org.uk/
11	Airdrie Harriers	11	M	20	20	62	82	1	http://airdrieharriers.org/
12	Larkhall YMCA	36	M	21	21	62	83	1	https://www.larkhallymcaharriers.org

U17 F - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:20:40	10F	Katie Woods	F	U17	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	16
2	0:22:02	37F	Neve Elliot	F	U17	37	Law & District AAC	http://www.lawaac.co.uk/	20
3	0:22:52	11F	Grace Wilson	F	U17	11	Airdrie Harriers	http://airdrieharriers.org/	23
4	0:23:41	2F	Eve Starritt	F	U17	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	25
5	0:23:49	10F	Katie Burns	F	U17	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	26
6	0:23:56	30F	Evie Harrison	F	U17	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	27
7	0:24:40	44F	Nell McGregor	F	U17	44	North Ayrshire AAC	https://naathletics.co.uk/	28
8	0:25:06	37F	Alayna McCann	F	U17	37	Law & District AAC	http://www.lawaac.co.uk/	29
9	0:25:49	30F	Erin McEleny	F	U17	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	30
10	0:28:52	54F	Arianna Carmichael	F	U17	54	VP-Glasgow	https://www.vp-glasgow.com	31

U17 F - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Shettleston Harriers	10	F	1,5	6	20	26	2	http://shettlestonharriers.org.uk/
2	Law & District AAC	37	F	2,8	10	20	30	2	http://www.lawaac.co.uk/
3	Greenock Glenpark Harriers	30	F	6,9	15	20	35	2	https://greenockglenparkharriers.com/
4	Airdrie Harriers	11	F	3	3	40	43	1	http://airdrieharriers.org/
5	Kilmarnock H&AC	2	F	4	4	40	44	1	http://www.kilmarnockharriers.com/
6	North Ayrshire AAC	44	F	7	7	40	47	1	https://naathletics.co.uk/
7	VP-Glasgow	54	F	10	10	40	50	1	https://www.vp-glasgow.com

U20 M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:26:34	2M	Jonathon Downey	M	U20	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	1
2	0:29:38	37M	Logan Whitton	M	U20	37	Law & District AAC	http://www.lawaac.co.uk/	20
3	0:33:38	6M	Ross Noble	M	U20	6	Cambuslang Harriers	https://cambuslangharriers.org/	57

U20 M - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Kilmarnock H&AC	2	M	1	1	26	27	1	http://www.kilmarnockharriers.com/
2	Law & District AAC	37	M	2	2	26	28	1	http://www.lawaac.co.uk/
3	Cambuslang Harriers	6	M	3	3	26	29	1	https://cambuslangharriers.org/

SENIOR M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:26:37	40M	JONATHAN MOORE (1ST)	M	SENIOR	40	Motherwell AC	https://motherwellac.com/	2
2	0:26:39	1M	JOHN FERGUSSON	M	SENIOR	1	East Kilbride AC	http://www.ekac.org.uk/	3
3	0:27:26	2M	Craig Ferguson	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	5
4	0:27:26	10M	Andrew Taylor	M	SENIOR	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	6
5	0:28:24	8M	Fraser Armstrong	M	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	10
6	0:28:36	6M	Steven Fitzpatrick	M	SENIOR	6	Cambuslang Harriers	https://cambuslangharriers.org/	11
7	0:28:51	1M	LUKE KIRWAN	M	SENIOR	1	East Kilbride AC	http://www.ekac.org.uk/	12
8	0:28:55	27M	Stuart Miller	M	SENIOR	27	Glasgow FrontRunners	https://www.glasgowfrontrunners.org/	13
9	0:29:00	37M	Allan Neil	M	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	14
10	0:29:21	34M	Stuart Kerr	M	SENIOR	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	16
11	0:29:37	4M	Jason Kane	M	SENIOR	4	Inverclyde AC	https://www.inverclydeac.org/	19
12	0:29:38	37M	Jordon Morrison	M	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	21
13	0:29:52	2M	Owen Walpole	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	24
14	0:30:03	3M	Alan Moss	M	SENIOR	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	26
15	0:30:07	2M	Graeme Quinn	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	27
16	0:30:24	10M	Callum Butterworth	M	SENIOR	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	28
17	0:30:30	14M	Ben Forrest	M	SENIOR	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	29
18	0:30:48	33M	Owen McWilliams	M	SENIOR	33	Irvine RC	https://www.irvinerunningclub.co.uk/	32
19	0:31:05	8M	Matthew Brown	M	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	34
20	0:32:51	6M	Lewis Anderson	M	SENIOR	6	Cambuslang Harriers	https://cambuslangharriers.org/	45
21	0:32:58	27M	Ed White	M	SENIOR	27	Glasgow FrontRunners	https://www.glasgowfrontrunners.org/	47
22	0:33:07	37M	Bobby Hill	M	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	49
23	0:33:09	1M	DAVID GORMAN	M	SENIOR	1	East Kilbride AC	http://www.ekac.org.uk/	50
24	0:33:40	30M	William Taylor	M	SENIOR	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	60
25	0:34:10	2M	Nick Carter	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	65
26	0:34:37	42M	Peter Alexander	M	SENIOR	42	Newton Road Runners	https://www.newton-roadrunners.com/	71
27	0:35:07	57M	James Cathie	M	SENIOR	57	Whitemoss AAC	https://whitemossaac.co.uk/	76
28	0:35:21	27M	Alex Mudie	M	SENIOR	27	Glasgow FrontRunners	https://www.glasgowfrontrunners.org/	79
29	0:35:35	42M	Corey Craig	M	SENIOR	42	Newton Road Runners	https://www.newton-roadrunners.com/	81
30	0:35:47	42M	Jason Wood	M	SENIOR	42	Newton Road Runners	https://www.newton-roadrunners.com/	82
31	0:36:49	10M	Stephen Clarke	M	SENIOR	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	93
32	0:37:10	37M	Finn Milliagn	M	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	98
33	0:37:19	2M	Gary Martin	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	100
34	0:37:21	3M	Andrew McCulloch	M	SENIOR	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	101
35	0:37:57	56M	Catriona Campbell	M	SENIOR	56	West End RR	https://www.westendroadrunners.co.uk/	109

SENIOR M - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Kilmarnock H&AC	2	M	3,13,15,25	56	0	56	5	http://www.kilmarnockharriers.com/
2	Law & District AAC	37	M	9,12,22,32	75	0	75	4	http://www.lawaac.co.uk/
3	East Kilbride AC	1	M	2,7,23	32	45	77	3	http://www.ekac.org.uk/
4	Shettleston Harriers	10	M	4,16,31	51	45	96	3	http://shettlestonharriers.org.uk/
5	Glasgow FrontRunners	27	M	8,21,28	57	45	102	3	https://www.glasgowfrontrunners.org/
6	Bellahouston Harriers	8	M	5,19	24	90	114	2	http://www.bellahoustonharriers.co.uk/
7	Cambuslang Harriers	6	M	6,20	26	90	116	2	https://cambuslangharriers.org/
8	Newton Road Runners	42	M	26,29,30	85	45	130	3	https://www.newton-roadrunners.com/
9	Motherwell AC	40	M	1	1	135	136	1	https://motherwellac.com/
10	Bellahouston RR	3	M	14,34	48	90	138	2	https://www.bellahoustonroadrunners.c
11	Kilbarchan AAC	34	M	10	10	135	145	1	https://kilbarchanaac.org.uk/
12	Inverclyde AC	4	M	11	11	135	146	1	https://www.inverclydeac.org/
13	Ayr Seaforth AC	14	M	17	17	135	152	1	https://www.ayrseaforth.co.uk/
14	Irvine RC	33	M	18	18	135	153	1	https://www.irvinerunningclub.co.uk/
15	Greenock Glenpark Harriers	30	M	24	24	135	159	1	https://greenockglenparkharriers.com/
16	Whitemoss AAC	57	M	27	27	135	162	1	https://whitemossaac.co.uk/
17	West End RR	56	M	35	35	135	170	1	https://www.westendroadrunners.co.uk

MASTER M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:26:49	1M	GRANT BAILLUE	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	4
2	0:27:36	10M	Jethro Lennox	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	7
3	0:27:43	14M	Kenny Neill	M	MASTER	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	8
4	0:29:33	6M	Iain Murphy	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	17
5	0:29:53	8M	Brent Brodie	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	25
6	0:30:31	32M	Richard O'Grady	M	MASTER	32	Helensburgh AAC	https://www.helensburghaac.com/	30
7	0:30:43	3M	Craig Ross	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	31
8	0:30:55	4M	Alan Callan	M	MASTER	4	Inverclyde AC	https://www.inverclydeac.org/	33
9	0:32:11	7M	David Shaw	M	MASTER	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	38
10	0:32:15	14M	Alasdair Meldrum	M	MASTER	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	39
11	0:32:36	53M	Matt Pearce	M	MASTER	53	Troon Tortoises	http://troontortoises.co.uk	42
12	0:32:49	10M	John Duffy	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	44
13	0:33:03	33M	Alex Allardyce	M	MASTER	33	Irvine RC	https://www.irvinerunningclub.co.uk/	48
14	0:33:17	44M	Andy Willets	M	MASTER	44	North Ayrshire AAC	https://naathletics.co.uk/	53
15	0:33:40	44M	Mark Preston	M	MASTER	44	North Ayrshire AAC	https://naathletics.co.uk/	58
16	0:33:40	1M	JOHN EDWARDS	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	59
17	0:33:40	30M	Stephen Harrison	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	61
18	0:34:12	10M	John Oates	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	67
19	0:34:15	56M	Graeme Jack	M	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	68
20	0:34:27	40M	DEREK O'NEILL 2ND)	M	MASTER	40	Motherwell AC	https://motherwellac.com/	70
21	0:34:43	53M	Fraser McPhail	M	MASTER	53	Troon Tortoises	http://troontortoises.co.uk	72
22	0:34:55	6M	Dan O'Connell	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	74
23	0:35:02	3M	Jonny Moran	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	75
24	0:35:12	2M	David Anderson	M	MASTER	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	77
25	0:35:17	27M	Scott Jasnosz-Clark	M	MASTER	27	Glasgow FrontRunners	https://www.glasgowfronrunners.org/	78
26	0:35:32	42M	John Kelly	M	MASTER	42	Newton Road Runners	https://www.newton-roadrunners.com/	80
27	0:36:06	37M	Martin Kay	M	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	84
28	0:36:18	30M	Danny McLaughlin	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	85
29	0:36:20	6M	Iain Wallace	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	87
30	0:36:22	8M	Graeme Campbell	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	88
31	0:36:43	3M	James Shepherd	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	92
32	0:36:49	1M	ARTHUR MULHOLLAND	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	94
33	0:36:55	3M	Tom Ferris	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	96
34	0:37:16	37M	Mark Milligan	M	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	99
35	0:37:23	8M	Kenneth Scott	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	102
36	0:37:33	11M	Brian Wilson	M	MASTER	11	Airdrie Harriers	http://airdrieharriers.org/	104
37	0:37:47	3M	Thomas Thorne	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	107
38	0:37:53	1M	GORDON COLVIN	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	108
39	0:38:02	40M	DAVID HOOLAGHAN (3RD)	M	MASTER	40	Motherwell AC	https://motherwellac.com/	111
40	0:38:26	57M	David Cathie	M	MASTER	57	Whitemoss AAC	https://whitemossaac.co.uk/	114
41	0:38:31	6M	Iain Crawford	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	115
42	0:38:42	2M	Ken Monaghan	M	MASTER	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	117
43	0:38:51	37M	John O'Leary	M	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	118
44	0:39:16	8M	Simon McDougall	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	121
45	0:39:18	10M	John Tomms	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	123
46	0:39:37	30M	Frank McMahon	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	125
47	0:39:44	44M	Max Nowakowski	M	MASTER	44	North Ayrshire AAC	https://naathletics.co.uk/	126
48	0:40:36	27M	Jack Kelly	M	MASTER	27	Glasgow FrontRunners	https://www.glasgowfronrunners.org/	131
49	0:40:52	30M	Gerry Gallacher	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	134
50	0:40:54	8M	Alastair Patience	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	135
51	0:41:15	42M	Craig Lawton	M	MASTER	42	Newton Road Runners	https://www.newton-roadrunners.com/	136
52	0:41:17	56M	Allen Campbell	M	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	137

MASTER M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
53	0:41:26	56M	Trevor Wayman	M	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	138
54	0:42:47	57M	Hugh Boyle	M	MASTER	57	Whitemoss AAC	https://whitemossaac.co.uk/	143
55	0:43:04	36M	William Thomson	M	MASTER	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	145
56	0:43:25	8M	David Gemmell	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	146
57	0:44:41	11M	Alan Burns	M	MASTER	11	Airdrie Harriers	http://airdrieharriers.org/	148

MASTER M - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Shettleston Harriers	10	M	2,12,18	32	0	32	4	http://shettlestonharriers.org.uk/
2	East Kilbride AC	1	M	1,16,32	49	0	49	4	http://www.ekac.org.uk/
3	Cambuslang Harriers	6	M	4,22,29	55	0	55	4	https://cambuslangharriers.org/
4	Bellahouston RR	3	M	7,23,31	61	0	61	5	https://www.bellahoustonroadrunners.c
5	Bellahouston Harriers	8	M	5,30,35	70	0	70	6	http://www.bellahoustonharriers.co.uk/
6	North Ayrshire AAC	44	M	14,15,47	76	0	76	3	https://naathletics.co.uk/
7	Ayr Seaforth AC	14	M	3,10	13	67	80	2	https://www.ayrseaforth.co.uk/
8	Greenock Glenpark Harriers	30	M	17,28,46	91	0	91	4	https://greenockglenparkharriers.com/
9	Troon Tortoises	53	M	11,21	32	67	99	2	http://troontortoises.co.uk
10	Law & District AAC	37	M	27,34,43	104	0	104	3	http://www.lawaac.co.uk/
11	West End RR	56	M	19,52,53	124	0	124	3	https://www.westendroadrunners.co.uk
12	Motherwell AC	40	M	20,39	59	67	126	2	https://motherwellac.com/
13	Kilmarnock H&AC	2	M	24,42	66	67	133	2	http://www.kilmarnockharriers.com/
14	Helensburgh AAC	32	M	6	6	134	140	1	https://www.helensburghaac.com/
15	Glasgow FrontRunners	27	M	25,48	73	67	140	2	https://www.glasgowfrontrunners.org/
16	Inverclyde AC	4	M	8	8	134	142	1	https://www.inverclydeac.org/
17	Giffnock North AC	7	M	9	9	134	143	1	https://www.giffnocknorth.co.uk/
18	Newton Road Runners	42	M	26,51	77	67	144	2	https://www.newton-roadrunners.com/
19	Irvine RC	33	M	13	13	134	147	1	https://www.irvinerunningclub.co.uk/
20	Airdrie Harriers	11	M	36,57	93	67	160	2	http://airdrieharriers.org/
21	Whitemoss AAC	57	M	40,54	94	67	161	2	https://whitemossaac.co.uk/
22	Larkhall YMCA	36	M	55	55	134	189	1	https://www.larkhallymcaharriers.org

OVERALL M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:26:34	2M	Jonathon Downey	M	U20	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	1
2	0:26:37	40M	JONATHAN MOORE (1ST)	M	SENIOR	40	Motherwell AC	https://motherwellac.com/	2
3	0:26:39	1M	JOHN FERGUSSON	M	SENIOR	1	East Kilbride AC	http://www.ekac.org.uk/	3
4	0:26:49	1M	GRANT BAILLUE	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	4
5	0:27:26	2M	Craig Ferguson	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	5
6	0:27:26	10M	Andrew Taylor	M	SENIOR	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	6
7	0:27:36	10M	Jethro Lennox	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	7
8	0:27:43	14M	Kenny Neill	M	MASTER	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	8
9	0:28:08	5M		M		5	Westerlands CCC	https://westerlandsgccc.co.uk/	9
10	0:28:24	8M	Fraser Armstrong	M	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	10
11	0:28:36	6M	Steven Fitzpatrick	M	SENIOR	6	Cambuslang Harriers	https://cambuslangharriers.org/	11
12	0:28:51	1M	LUKE KIRWAN	M	SENIOR	1	East Kilbride AC	http://www.ekac.org.uk/	12
13	0:28:55	27M	Stuart Miller	M	SENIOR	27	Glasgow FrontRunners	https://www.glasgowfrontrunners.org/	13
14	0:29:00	37M	Allan Neil	M	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	14
15	0:29:15	5M		M		5	Westerlands CCC	https://westerlandsgccc.co.uk/	15
16	0:29:21	34M	Stuart Kerr	M	SENIOR	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	16
17	0:29:33	6M	Iain Murphy	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	17
18	0:29:36	5M		M		5	Westerlands CCC	https://westerlandsgccc.co.uk/	18
19	0:29:37	4M	Jason Kane	M	SENIOR	4	Inverclyde AC	https://www.inverclydeac.org/	19
20	0:29:38	37M	Logan Whitton	M	U20	37	Law & District AAC	http://www.lawaac.co.uk/	20
21	0:29:38	37M	Jordon Morrison	M	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	21
22	0:29:49	5M		M		5	Westerlands CCC	https://westerlandsgccc.co.uk/	23
23	0:29:52	2M	Owen Walpole	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	24
24	0:29:53	8M	Brent Brodie	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	25
25	0:30:03	3M	Alan Moss	M	SENIOR	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	26
26	0:30:07	2M	Graeme Quinn	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	27
27	0:30:24	10M	Callum Butterworth	M	SENIOR	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	28
28	0:30:30	14M	Ben Forrest	M	SENIOR	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	29
29	0:30:31	32M	Richard O'Grady	M	MASTER	32	Helensburgh AAC	https://www.helensburghaac.com/	30
30	0:30:43	3M	Craig Ross	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	31
31	0:30:48	33M	Owen McWilliams	M	SENIOR	33	Irvine RC	https://www.irvinerunningclub.co.uk/	32
32	0:30:55	4M	Alan Callan	M	MASTER	4	Inverclyde AC	https://www.inverclydeac.org/	33
33	0:31:05	8M	Matthew Brown	M	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	34
34	0:31:30	5M		M		5	Westerlands CCC	https://westerlandsgccc.co.uk/	35
35	0:32:07	5M		M		5	Westerlands CCC	https://westerlandsgccc.co.uk/	37
36	0:32:11	7M	David Shaw	M	MASTER	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	38
37	0:32:15	14M	Alasdair Meldrum	M	MASTER	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	39
38	0:32:32	17M		M		17	Calderglen Harriers	http://www.calderglenharriers.org.uk/	41
39	0:32:36	53M	Matt Pearce	M	MASTER	53	Troon Tortoises	http://troontortoises.co.uk	42
40	0:32:49	10M	John Duffy	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	44
41	0:32:51	6M	Lewis Anderson	M	SENIOR	6	Cambuslang Harriers	https://cambuslangharriers.org/	45
42	0:32:58	27M	Ed White	M	SENIOR	27	Glasgow FrontRunners	https://www.glasgowfrontrunners.org/	47
43	0:33:03	33M	Alex Allardyce	M	MASTER	33	Irvine RC	https://www.irvinerunningclub.co.uk/	48
44	0:33:07	37M	Bobby Hill	M	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	49
45	0:33:09	1M	DAVID GORMAN	M	SENIOR	1	East Kilbride AC	http://www.ekac.org.uk/	50
46	0:33:17	44M	Andy Willets	M	MASTER	44	North Ayrshire AAC	https://naathletics.co.uk/	53
47	0:33:38	5M		M		5	Westerlands CCC	https://westerlandsgccc.co.uk/	56
48	0:33:38	6M	Ross Noble	M	U20	6	Cambuslang Harriers	https://cambuslangharriers.org/	57
49	0:33:40	44M	Mark Preston	M	MASTER	44	North Ayrshire AAC	https://naathletics.co.uk/	58
50	0:33:40	1M	JOHN EDWARDS	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	59
51	0:33:40	30M	William Taylor	M	SENIOR	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	60
52	0:33:40	30M	Stephen Harrison	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	61
53	0:34:10	2M	Nick Carter	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	65

OVERALL M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
54	0:34:12	10M	John Oates	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	67
55	0:34:15	56M	Graeme Jack	M	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	68
56	0:34:27	40M	DEREK O'NEILL 2ND)	M	MASTER	40	Motherwell AC	https://motherwellac.com/	70
57	0:34:37	42M	Peter Alexander	M	SENIOR	42	Newton Road Runners	https://www.newton-roadrunners.com/	71
58	0:34:43	53M	Fraser McPhail	M	MASTER	53	Troon Tortoises	http://troontortoises.co.uk	72
59	0:34:55	6M	Dan O'Connell	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	74
60	0:35:02	3M	Jonny Moran	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	75
61	0:35:07	57M	James Cathie	M	SENIOR	57	Whitemoss AAC	https://whitemossaac.co.uk/	76
62	0:35:12	2M	David Anderson	M	MASTER	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	77
63	0:35:17	27M	Scott Jasnosz-Clark	M	MASTER	27	Glasgow FrontRunners	https://www.glasgowfronrunners.org/	78
64	0:35:21	27M	Alex Mudie	M	SENIOR	27	Glasgow FrontRunners	https://www.glasgowfronrunners.org/	79
65	0:35:32	42M	John Kelly	M	MASTER	42	Newton Road Runners	https://www.newton-roadrunners.com/	80
66	0:35:35	42M	Corey Craig	M	SENIOR	42	Newton Road Runners	https://www.newton-roadrunners.com/	81
67	0:35:47	42M	Jason Wood	M	SENIOR	42	Newton Road Runners	https://www.newton-roadrunners.com/	82
68	0:35:59	5M		M		5	Westerlands CCC	https://westerlandscoc.co.uk/	83
69	0:36:06	37M	Martin Kay	M	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	84
70	0:36:18	30M	Danny McLaughlin	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	85
71	0:36:20	6M	Iain Wallace	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	87
72	0:36:22	8M	Graeme Campbell	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	88
73	0:36:43	3M	James Shepherd	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	92
74	0:36:49	10M	Stephen Clarke	M	SENIOR	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	93
75	0:36:49	1M	ARTHUR MULHOLLAND	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	94
76	0:36:55	3M	Tom Ferris	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	96
77	0:37:10	37M	Finn Milliagn	M	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	98
78	0:37:16	37M	Mark Milligan	M	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	99
79	0:37:19	2M	Gary Martin	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	100
80	0:37:21	3M	Andrew McCulloch	M	SENIOR	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	101
81	0:37:23	8M	Kenneth Scott	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	102
82	0:37:33	11M	Brian Wilson	M	MASTER	11	Airdrie Harriers	http://airdrieharriers.org/	104
83	0:37:47	3M	Thomas Thorne	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	107
84	0:37:53	1M	GORDON COLVIN	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	108
85	0:37:57	56M	Catriona Campbell	M	SENIOR	56	West End RR	https://www.westendroadrunners.co.uk/	109
86	0:38:02	40M	DAVID HOOLAGHAN (3RD)	M	MASTER	40	Motherwell AC	https://motherwellac.com/	111
87	0:38:26	57M	David Cathie	M	MASTER	57	Whitemoss AAC	https://whitemossaac.co.uk/	114
88	0:38:31	6M	Iain Crawford	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	115
89	0:38:42	2M	Ken Monaghan	M	MASTER	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	117
90	0:38:51	37M	John O'Leary	M	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	118
91	0:39:09	5M		M		5	Westerlands CCC	https://westerlandscoc.co.uk/	120
92	0:39:16	8M	Simon McDougall	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	121
93	0:39:18	10M	John Tomms	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	123
94	0:39:37	30M	Frank McMahon	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	125
95	0:39:44	44M	Max Nowakowski	M	MASTER	44	North Ayrshire AAC	https://naathletics.co.uk/	126
96	0:40:36	27M	Jack Kelly	M	MASTER	27	Glasgow FrontRunners	https://www.glasgowfronrunners.org/	131
97	0:40:52	30M	Gerry Gallacher	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	134
98	0:40:54	8M	Alastair Patience	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	135
99	0:41:15	42M	Craig Lawton	M	MASTER	42	Newton Road Runners	https://www.newton-roadrunners.com/	136
100	0:41:17	56M	Allen Campbell	M	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	137
101	0:41:26	56M	Trevor Wayman	M	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	138
102	0:42:47	57M	Hugh Boyle	M	MASTER	57	Whitemoss AAC	https://whitemossaac.co.uk/	143
103	0:43:04	36M	William Thomson	M	MASTER	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	145
104	0:43:25	8M	David Gemmell	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	146
105	0:44:41	11M	Alan Burns	M	MASTER	11	Airdrie Harriers	http://airdrieharriers.org/	148

OVERALL M - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Kilmarnock H&AC	2	M	1,5,23,26	55	0	55	8	http://www.kilmarnockharriers.com/
2	East Kilbride AC	1	M	3,4,12,45	64	0	64	7	http://www.ekac.org.uk/
3	Westerlands CCC	5	M	9,15,18,22	64	0	64	9	https://westerlandscoc.co.uk/
4	Shettleston Harriers	10	M	6,7,27,40	80	0	80	7	http://shettlestonharriers.org.uk/
5	Law & District AAC	37	M	14,20,21,44	99	0	99	8	http://www.lawaac.co.uk/
6	Cambuslang Harriers	6	M	11,17,41,48	117	0	117	7	https://cambuslangharriers.org/
7	Bellahouston Harriers	8	M	10,24,33,72	139	0	139	8	http://www.bellahoustonharriers.co.uk/
8	Glasgow FrontRunners	27	M	13,42,63,64	182	0	182	5	https://www.glasgowfrontrunners.org/
9	Bellahouston RR	3	M	25,30,60,73	188	0	188	7	https://www.bellahoustonroadrunners.co.uk/
10	Ayr Seaforth AC	14	M	8,28,37	73	115	188	3	https://www.ayrseaforth.co.uk/
11	Newton Road Runners	42	M	57,65,66,67	255	0	255	5	https://www.newton-roadrunners.com/
12	Motherwell AC	40	M	2,56,86	144	115	259	3	https://motherwellac.com/
13	Greenock Glenpark Harriers	30	M	51,52,70,94	267	0	267	5	https://greenockglenparkharriers.com/
14	Inverclyde AC	4	M	19,32	51	230	281	2	https://www.inverclydeac.org/
15	Irvine RC	33	M	31,43	74	230	304	2	https://www.irvinerunningclub.co.uk/
16	North Ayrshire AAC	44	M	46,49,95	190	115	305	3	https://naathletics.co.uk/
17	Troon Tortoises	53	M	39,58	97	230	327	2	http://troontortoises.co.uk
18	West End RR	56	M	55,85,100,101	341	0	341	4	https://www.westendroadrunners.co.uk
19	Kilbarchan AAC	34	M	16	16	345	361	1	https://kilbarchanaac.org.uk/
20	Whitemoss AAC	57	M	61,87,102	250	115	365	3	https://whitemossaac.co.uk/
21	Helensburgh AAC	32	M	29	29	345	374	1	https://www.helensburghaac.com/
22	Giffnock North AC	7	M	36	36	345	381	1	https://www.giffnocknorth.co.uk/
23	Calderglen Harriers	17	M	38	38	345	383	1	http://www.calderglenharriers.org.uk/
24	Airdrie Harriers	11	M	82,105	187	230	417	2	http://airdrieharriers.org/
25	Larkhall YMCA	36	M	103	103	345	448	1	https://www.larkhallymcaharriers.org

U20 F - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:33:20	10F	Gemma Griffiths	F	U20	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	54
2	0:34:11	1F	MILLIE AITKEN	F	U20	1	East Kilbride AC	http://www.ekac.org.uk/	66
3	0:38:40	2F	Izzy Caufield	F	U20	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	116

U20 F - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Shettleston Harriers	10	F	1	1	26	27	1	http://shettlestonharriers.org.uk/
2	East Kilbride AC	1	F	2	2	26	28	1	http://www.ekac.org.uk/
3	Kilmarnock H&AC	2	F	3	3	26	29	1	http://www.kilmarnockharriers.com/

SENIOR F - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:29:48	7F	Emma Creasey	F	SENIOR	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	22
2	0:32:30	48F	Cat Gillen	F	SENIOR	48	Springburn Harriers	https://www.springburnharriers.co.uk/	40
3	0:32:44	14F	Anna Blake	F	SENIOR	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	43
4	0:32:53	4F	Rachael Cunningham	F	SENIOR	4	Inverclyde AC	https://www.inverclydeac.org/	46
5	0:33:10	6F	Catriona Bain	F	SENIOR	6	Cambuslang Harriers	https://cambuslangharriers.org/	51
6	0:33:13	8F	Kristina Greig	F	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	52
7	0:36:19	8F	Katherine Hylands	F	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	86
8	0:36:32	6F	Marie Kane	F	SENIOR	6	Cambuslang Harriers	https://cambuslangharriers.org/	89
9	0:36:59	57F	Olivia Boyle	F	SENIOR	57	Whitemoss AAC	https://whitemossaac.co.uk/	97
10	0:37:38	2F	Amanda Bryden	F	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	105
11	0:37:59	37F	Christine Neill	F	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	110
12	0:39:50	8F	Carys Mitchell	F	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	128
13	0:39:57	4F	Hannah McGeehan	F	SENIOR	4	Inverclyde AC	https://www.inverclydeac.org/	129
14	0:40:42	4F	Kendall Gregory	F	SENIOR	4	Inverclyde AC	https://www.inverclydeac.org/	132
15	0:44:14	14F	Lucy Cameron	F	SENIOR	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	147

SENIOR F - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Bellahouston Harriers	8	F	6,7,12	25	25	50	3	http://www.bellahoustonharriers.co.uk/
2	Inverclyde AC	4	F	4,13,14	31	25	56	3	https://www.inverclydeac.org/
3	Cambuslang Harriers	6	F	5,8	13	50	63	2	https://cambuslangharriers.org/
4	Ayr Seaforth AC	14	F	3,15	18	50	68	2	https://www.ayrseaforth.co.uk/
5	Giffnock North AC	7	F	1	1	75	76	1	https://www.giffnocknorth.co.uk/
6	Springburn Harriers	48	F	2	2	75	77	1	https://www.springburnharriers.co.uk/
7	Whitemoss AAC	57	F	9	9	75	84	1	https://whitemossaac.co.uk/
8	Kilmarnock H&AC	2	F	10	10	75	85	1	http://www.kilmarnockharriers.com/
9	Law & District AAC	37	F	11	11	75	86	1	http://www.lawaac.co.uk/

MASTER F - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:31:35	32F	Claire Heasman	F	MASTER	32	Helensburgh AAC	https://www.helensburghaac.com/	36
2	0:33:33	6F	Natalie Brohan	F	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	55
3	0:33:44	6F	Kirsty O'Brien	F	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	62
4	0:33:50	1F	KELLY BAILLIE	F	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	63
5	0:33:55	48F	Ruth Fraser-Moodie	F	MASTER	48	Springburn Harriers	https://www.springburnharriers.co.uk/	64
6	0:34:23	37F	Elaine Boyle	F	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	69
7	0:34:49	56F	Karen Patel	F	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	73
8	0:36:38	53F	Caroline Millar	F	MASTER	53	Troon Tortoises	http://troontortoises.co.uk	90
9	0:36:40	37F	Lesley Graham	F	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	91
10	0:36:51	36F	Julie Hill	F	MASTER	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	95
11	0:37:42	8F	Marianne Wilson	F	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	106
12	0:38:07	11F	Emma Higgins	F	MASTER	11	Airdrie Harriers	http://airdrieharriers.org/	112
13	0:38:10	42F	Joanne Thorburn	F	MASTER	42	Newton Road Runners	https://www.newton-roadrunners.com/	113
14	0:38:58	6F	Erica Christie	F	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	119
15	0:39:17	30F	Lynne Harrison	F	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	122
16	0:39:37	3F	Anne Campbell	F	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	124
17	0:39:46	3F	Pauline Wright	F	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	127
18	0:40:12	30F	Marianne McKay	F	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	130
19	0:40:50	7F	Gillian Gallagher	F	MASTER	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	133
20	0:41:28	2F	Kirsty McNulty	F	MASTER	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	139
21	0:41:34	8F	Stephanie Rudd	F	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	140
22	0:41:42	53F	Anne Noble	F	MASTER	53	Troon Tortoises	http://troontortoises.co.uk	141
23	0:41:53	14F	Vikki Stewart	F	MASTER	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	142
24	0:43:01	4F	Faye Currie	F	MASTER	4	Inverclyde AC	https://www.inverclydeac.org/	144
25	0:44:46	30F	Sarah Jane Whalen	F	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	149
26	0:45:00	8F	Kathryn Burningham	F	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	150
27	0:48:22	3F	Terry Nimmo	F	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	151
28	0:53:36	30F	Charlotte McKay	F	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	152
29	0:57:47	30F	Doris Heron	F	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	153

MASTER F - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Cambuslang Harriers	6	F	2,3,14	19	0	19	3	https://cambuslangharriers.org/
2	Law & District AAC	37	F	6,9	15	39	54	2	http://www.lawaac.co.uk/
3	Greenock Glenpark Harriers	30	F	15,18,25	58	0	58	5	https://greenockglenparkharriers.com/
4	Bellahouston Harriers	8	F	11,21,26	58	0	58	3	http://www.bellahoustonharriers.co.uk/
5	Bellahouston RR	3	F	16,17,27	60	0	60	3	https://www.bellahoustonroadrunners.co.uk/
6	Troon Tortoises	53	F	8,22	30	39	69	2	http://troontortoises.co.uk
7	Helensburgh AAC	32	F	1	1	78	79	1	https://www.helensburghaac.com/
8	East Kilbride AC	1	F	4	4	78	82	1	http://www.ekac.org.uk/
9	Springburn Harriers	48	F	5	5	78	83	1	https://www.springburnharriers.co.uk/
10	West End RR	56	F	7	7	78	85	1	https://www.westendroadrunners.co.uk/
11	Larkhall YMCA	36	F	10	10	78	88	1	https://www.larkhallymcaharriers.org
12	Airdrie Harriers	11	F	12	12	78	90	1	http://airdrieharriers.org/
13	Newton Road Runners	42	F	13	13	78	91	1	https://www.newton-roadrunners.com/
14	Giffnock North AC	7	F	19	19	78	97	1	https://www.giffnocknorth.co.uk/
15	Kilmarnock H&AC	2	F	20	20	78	98	1	http://www.kilmarnockharriers.com/
16	Ayr Seaforth AC	14	F	23	23	78	101	1	https://www.ayrseaforth.co.uk/
17	Inverclyde AC	4	F	24	24	78	102	1	https://www.inverclydeac.org/

OVERALL F - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:29:48	7F	Emma Creasey	F	SENIOR	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	22
2	0:31:35	32F	Claire Heasman	F	MASTER	32	Helensburgh AAC	https://www.helensburghaac.com/	36
3	0:32:30	48F	Cat Gillen	F	SENIOR	48	Springburn Harriers	https://www.springburnharriers.co.uk/	40
4	0:32:44	14F	Anna Blake	F	SENIOR	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	43
5	0:32:53	4F	Rachael Cunningham	F	SENIOR	4	Inverclyde AC	https://www.inverclydeac.org/	46
6	0:33:10	6F	Catriona Bain	F	SENIOR	6	Cambuslang Harriers	https://cambuslangharriers.org/	51
7	0:33:13	8F	Kristina Greig	F	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	52
8	0:33:20	10F	Gemma Griffiths	F	U20	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	54
9	0:33:33	6F	Natalie Brohan	F	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	55
10	0:33:44	6F	Kirsty O'Brien	F	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	62
11	0:33:50	1F	KELLY BAILLIE	F	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	63
12	0:33:55	48F	Ruth Fraser-Moodie	F	MASTER	48	Springburn Harriers	https://www.springburnharriers.co.uk/	64
13	0:34:11	1F	MILLIE AITKEN	F	U20	1	East Kilbride AC	http://www.ekac.org.uk/	66
14	0:34:23	37F	Elaine Boyle	F	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	69
15	0:34:49	56F	Karen Patel	F	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	73
16	0:36:19	8F	Katherine Hylands	F	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	86
17	0:36:32	6F	Marie Kane	F	SENIOR	6	Cambuslang Harriers	https://cambuslangharriers.org/	89
18	0:36:38	53F	Caroline Millar	F	MASTER	53	Troon Tortoises	http://troontortoises.co.uk	90
19	0:36:40	37F	Lesley Graham	F	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	91
20	0:36:51	36F	Julie Hill	F	MASTER	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	95
21	0:36:59	57F	Olivia Boyle	F	SENIOR	57	Whitemoss AAC	https://whitemossaac.co.uk/	97
22	0:37:30	46F		F		46	Royal Mail Run GMC	https://www.facebook.com/royalmailrungmc/	103
23	0:37:38	2F	Amanda Bryden	F	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	105
24	0:37:42	8F	Marianne Wilson	F	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	106
25	0:37:59	37F	Christine Neill	F	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	110
26	0:38:07	11F	Emma Higgins	F	MASTER	11	Airdrie Harriers	http://airdrieharriers.org/	112
27	0:38:10	42F	Joanne Thorburn	F	MASTER	42	Newton Road Runners	https://www.newton-roadrunners.com/	113
28	0:38:40	2F	Izzy Caufield	F	U20	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	116
29	0:38:58	6F	Erica Christie	F	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	119
30	0:39:17	30F	Lynne Harrison	F	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	122
31	0:39:37	3F	Anne Campbell	F	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	124
32	0:39:46	3F	Pauline Wright	F	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	127
33	0:39:50	8F	Carys Mitchell	F	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	128
34	0:39:57	4F	Hannah McGeehan	F	SENIOR	4	Inverclyde AC	https://www.inverclydeac.org/	129
35	0:40:12	30F	Marianne McKay	F	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	130
36	0:40:42	4F	Kendall Gregory	F	SENIOR	4	Inverclyde AC	https://www.inverclydeac.org/	132
37	0:40:50	7F	Gillian Gallagher	F	MASTER	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	133
38	0:41:28	2F	Kirsty McNulty	F	MASTER	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	139
39	0:41:34	8F	Stephanie Rudd	F	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	140
40	0:41:42	53F	Anne Noble	F	MASTER	53	Troon Tortoises	http://troontortoises.co.uk	141
41	0:41:53	14F	Vikki Stewart	F	MASTER	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	142
42	0:43:01	4F	Faye Currie	F	MASTER	4	Inverclyde AC	https://www.inverclydeac.org/	144
43	0:44:14	14F	Lucy Cameron	F	SENIOR	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	147
44	0:44:46	30F	Sarah Jane Whalen	F	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	149
45	0:45:00	8F	Kathryn Birmingham	F	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	150
46	0:48:22	3F	Terry Nimmo	F	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	151
47	0:53:36	30F	Charlotte McKay	F	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	152
48	0:57:47	30F	Doris Heron	F	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	153

OVERALL F - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Cambuslang Harriers	6	F	6,9,10,17	42	0	42	5	https://cambuslangharriers.org/
2	Bellahouston Harriers	8	F	7,16,24,33	80	0	80	6	http://www.bellahoustonharriers.co.uk/
3	Law & District AAC	37	F	14,19,25	58	58	116	3	http://www.lawaac.co.uk/
4	Inverclyde AC	4	F	5,34,36,42	117	0	117	4	https://www.inverclydeac.org/
5	Springburn Harriers	48	F	3,12	15	116	131	2	https://www.springburnharriers.co.uk/
6	East Kilbride AC	1	F	11,13	24	116	140	2	http://www.ekac.org.uk/
7	Ayr Seaforth AC	14	F	4,41,43	88	58	146	3	https://www.ayrseaforth.co.uk/
8	Kilmarnock H&AC	2	F	23,28,38	89	58	147	3	http://www.kilmarnockharriers.com/
9	Giffnock North AC	7	F	1,37	38	116	154	2	https://www.giffnocknorth.co.uk/
10	Greenock Glenpark Harriers	30	F	30,35,44,47	156	0	156	5	https://greenockglenparkharriers.com/
11	Bellahouston RR	3	F	31,32,46	109	58	167	3	https://www.bellahoustonroadrunners.co.uk/
12	Troon Tortoises	53	F	18,40	58	116	174	2	http://troontortoises.co.uk
13	Helensburgh AAC	32	F	2	2	174	176	1	https://www.helensburghaac.com/
14	Shettleston Harriers	10	F	8	8	174	182	1	http://shettlestonharriers.org.uk/
15	West End RR	56	F	15	15	174	189	1	https://www.westendroadrunners.co.uk/
16	Larkhall YMCA	36	F	20	20	174	194	1	https://www.larkhallymcaharriers.org
17	Whitemoss AAC	57	F	21	21	174	195	1	https://whitemossaac.co.uk/
18	Royal Mail Run GMC	46	F	22	22	174	196	1	https://www.facebook.com/royalmailrun
19	Airdrie Harriers	11	F	26	26	174	200	1	http://airdrieharriers.org/
20	Newton Road Runners	42	F	27	27	174	201	1	https://www.newton-roadrunners.com/

Volunteers

Name	Role
Amy Alexander	Starter
Bill Simpson	Timekeeper
Colin Crosbie	Course setup
Graham Short	Marshal
Hugh Rankin	Marshal
Ian Gebbie	Race director
Jean Youden	Place marker / Scribe
Jim Galbraith	Timekeeper
John Cairns	Marshal
John Speirs	Marshal
Ken Monaghan	Course setup
Laurence Baker	Course setup
Matt Dodds	Course setup
Matt Ferguson	Course setup
Richard Leyton	Results
Ronnie McCormick	Course setup
Roy Topham	Course setup
Sharon Taylor	Starter
Stuart Nibloe	Course setup
Suzanne Sharp	Place marker / Scribe