

OVERALL M - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:26:34	2M	Jonathon Downey	M	U20	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	1
2	0:26:37	40M	JONATHAN MOORE (1ST)	M	SENIOR	40	Motherwell AC	https://motherwellac.com/	2
3	0:26:39	1M	JOHN FERGUSSON	M	SENIOR	1	East Kilbride AC	http://www.ekac.org.uk/	3
4	0:26:49	1M	GRANT BAILLUE	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	4
5	0:27:26	2M	Craig Ferguson	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	5
6	0:27:26	10M	Andrew Taylor	M	SENIOR	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	6
7	0:27:36	10M	Jethro Lennox	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	7
8	0:27:43	14M	Kenny Neill	M	MASTER	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	8
9	0:28:08	5M		M		5	Westerlands CCC	https://westerlandsccl.co.uk/	9
10	0:28:24	8M	Fraser Armstrong	M	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	10
11	0:28:36	6M	Steven Fitzpatrick	M	SENIOR	6	Cambuslang Harriers	https://cambuslangharriers.org/	11
12	0:28:51	1M	LUKE KIRWAN	M	SENIOR	1	East Kilbride AC	http://www.ekac.org.uk/	12
13	0:28:55	27M	Stuart Miller	M	SENIOR	27	Glasgow FrontRunners	https://www.glasgowfrontrunners.org/	13
14	0:29:00	37M	Allan Neil	M	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	14
15	0:29:15	5M		M		5	Westerlands CCC	https://westerlandsccl.co.uk/	15
16	0:29:21	34M	Stuart Kerr	M	SENIOR	34	Kilbarchan AAC	https://kilbarchanaac.org.uk/	16
17	0:29:33	6M	Iain Murphy	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	17
18	0:29:36	5M		M		5	Westerlands CCC	https://westerlandsccl.co.uk/	18
19	0:29:37	4M	Jason Kane	M	SENIOR	4	Inverclyde AC	https://www.inverclydeac.org/	19
20	0:29:38	37M	Logan Whitton	M	U20	37	Law & District AAC	http://www.lawaac.co.uk/	20
21	0:29:38	37M	Jordon Morrison	M	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	21
22	0:29:49	5M		M		5	Westerlands CCC	https://westerlandsccl.co.uk/	23
23	0:29:52	2M	Owen Walpole	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	24
24	0:29:53	8M	Brent Brodie	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	25
25	0:30:03	3M	Alan Moss	M	SENIOR	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	26
26	0:30:07	2M	Graeme Quinn	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	27
27	0:30:24	10M	Callum Butterworth	M	SENIOR	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	28
28	0:30:30	14M	Ben Forrest	M	SENIOR	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	29
29	0:30:31	32M	Richard O'Grady	M	MASTER	32	Helensburgh AAC	https://www.helensburghaac.com/	30
30	0:30:43	3M	Craig Ross	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	31
31	0:30:48	33M	Owen McWilliams	M	SENIOR	33	Irvine RC	https://www.irvinerunningclub.co.uk/	32
32	0:30:55	4M	Alan Callan	M	MASTER	4	Inverclyde AC	https://www.inverclydeac.org/	33
33	0:31:05	8M	Matthew Brown	M	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	34
34	0:31:30	5M		M		5	Westerlands CCC	https://westerlandsccl.co.uk/	35
35	0:32:07	5M		M		5	Westerlands CCC	https://westerlandsccl.co.uk/	37
36	0:32:11	7M	David Shaw	M	MASTER	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	38
37	0:32:15	14M	Alasdair Meldrum	M	MASTER	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	39
38	0:32:32	17M		M		17	Calderglen Harriers	http://www.calderglenharriers.org.uk/	41
39	0:32:36	53M	Matt Pearce	M	MASTER	53	Troon Tortoises	http://troontortoises.co.uk	42
40	0:32:49	10M	John Duffy	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	44
41	0:32:51	6M	Lewis Anderson	M	SENIOR	6	Cambuslang Harriers	https://cambuslangharriers.org/	45
42	0:32:58	27M	Ed White	M	SENIOR	27	Glasgow FrontRunners	https://www.glasgowfrontrunners.org/	47
43	0:33:03	33M	Alex Allardyce	M	MASTER	33	Irvine RC	https://www.irvinerunningclub.co.uk/	48
44	0:33:07	37M	Bobby Hill	M	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	49
45	0:33:09	1M	DAVID GORMAN	M	SENIOR	1	East Kilbride AC	http://www.ekac.org.uk/	50
46	0:33:17	44M	Andy Willets	M	MASTER	44	North Ayrshire AAC	https://naathletics.co.uk/	53
47	0:33:38	5M		M		5	Westerlands CCC	https://westerlandsccl.co.uk/	56
48	0:33:38	6M	Ross Noble	M	U20	6	Cambuslang Harriers	https://cambuslangharriers.org/	57
49	0:33:40	44M	Mark Preston	M	MASTER	44	North Ayrshire AAC	https://naathletics.co.uk/	58
50	0:33:40	1M	JOHN EDWARDS	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	59
51	0:33:40	30M	William Taylor	M	SENIOR	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	60
52	0:33:40	30M	Stephen Harrison	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	61
53	0:34:10	2M	Nick Carter	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	65

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position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
54	0:34:12	10M	John Oates	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	67
55	0:34:15	56M	Graeme Jack	M	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	68
56	0:34:27	40M	DEREK O'NEILL 2ND)	M	MASTER	40	Motherwell AC	https://motherwellac.com/	70
57	0:34:37	42M	Peter Alexander	M	SENIOR	42	Newton Road Runners	https://www.newton-roadrunners.com/	71
58	0:34:43	53M	Fraser McPhail	M	MASTER	53	Troon Tortoises	http://troontortoises.co.uk	72
59	0:34:55	6M	Dan O'Connell	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	74
60	0:35:02	3M	Jonny Moran	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	75
61	0:35:07	57M	James Cathie	M	SENIOR	57	Whitemoss AAC	https://whitemossaac.co.uk/	76
62	0:35:12	2M	David Anderson	M	MASTER	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	77
63	0:35:17	27M	Scott Jasnosz-Clark	M	MASTER	27	Glasgow FrontRunners	https://www.glasgowfronrunners.org/	78
64	0:35:21	27M	Alex Mudie	M	SENIOR	27	Glasgow FrontRunners	https://www.glasgowfronrunners.org/	79
65	0:35:32	42M	John Kelly	M	MASTER	42	Newton Road Runners	https://www.newton-roadrunners.com/	80
66	0:35:35	42M	Corey Craig	M	SENIOR	42	Newton Road Runners	https://www.newton-roadrunners.com/	81
67	0:35:47	42M	Jason Wood	M	SENIOR	42	Newton Road Runners	https://www.newton-roadrunners.com/	82
68	0:35:59	5M		M		5	Westerlands CCC	https://westerlandscoc.co.uk/	83
69	0:36:06	37M	Martin Kay	M	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	84
70	0:36:18	30M	Danny McLaughlin	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	85
71	0:36:20	6M	Iain Wallace	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	87
72	0:36:22	8M	Graeme Campbell	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	88
73	0:36:43	3M	James Shepherd	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	92
74	0:36:49	10M	Stephen Clarke	M	SENIOR	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	93
75	0:36:49	1M	ARTHUR MULHOLLAND	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	94
76	0:36:55	3M	Tom Ferris	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	96
77	0:37:10	37M	Finn Milliagn	M	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	98
78	0:37:16	37M	Mark Milligan	M	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	99
79	0:37:19	2M	Gary Martin	M	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	100
80	0:37:21	3M	Andrew McCulloch	M	SENIOR	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	101
81	0:37:23	8M	Kenneth Scott	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	102
82	0:37:33	11M	Brian Wilson	M	MASTER	11	Airdrie Harriers	http://airdrieharriers.org/	104
83	0:37:47	3M	Thomas Thorne	M	MASTER	3	Bellahouston RR	https://www.bellahoustonroadrunners.co.uk/	107
84	0:37:53	1M	GORDON COLVIN	M	MASTER	1	East Kilbride AC	http://www.ekac.org.uk/	108
85	0:37:57	56M	Catriona Campbell	M	SENIOR	56	West End RR	https://www.westendroadrunners.co.uk/	109
86	0:38:02	40M	DAVID HOOLAGHAN (3RD)	M	MASTER	40	Motherwell AC	https://motherwellac.com/	111
87	0:38:26	57M	David Cathie	M	MASTER	57	Whitemoss AAC	https://whitemossaac.co.uk/	114
88	0:38:31	6M	Iain Crawford	M	MASTER	6	Cambuslang Harriers	https://cambuslangharriers.org/	115
89	0:38:42	2M	Ken Monaghan	M	MASTER	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	117
90	0:38:51	37M	John O'Leary	M	MASTER	37	Law & District AAC	http://www.lawaac.co.uk/	118
91	0:39:09	5M		M		5	Westerlands CCC	https://westerlandscoc.co.uk/	120
92	0:39:16	8M	Simon McDougall	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	121
93	0:39:18	10M	John Tomms	M	MASTER	10	Shettleston Harriers	http://shettlestonharriers.org.uk/	123
94	0:39:37	30M	Frank McMahon	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	125
95	0:39:44	44M	Max Nowakowski	M	MASTER	44	North Ayrshire AAC	https://naathletics.co.uk/	126
96	0:40:36	27M	Jack Kelly	M	MASTER	27	Glasgow FrontRunners	https://www.glasgowfronrunners.org/	131
97	0:40:52	30M	Gerry Gallacher	M	MASTER	30	Greenock Glenpark Harriers	https://greenockglenparkharriers.com/	134
98	0:40:54	8M	Alastair Patience	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	135
99	0:41:15	42M	Craig Lawton	M	MASTER	42	Newton Road Runners	https://www.newton-roadrunners.com/	136
100	0:41:17	56M	Allen Campbell	M	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	137
101	0:41:26	56M	Trevor Wayman	M	MASTER	56	West End RR	https://www.westendroadrunners.co.uk/	138
102	0:42:47	57M	Hugh Boyle	M	MASTER	57	Whitemoss AAC	https://whitemossaac.co.uk/	143
103	0:43:04	36M	William Thomson	M	MASTER	36	Larkhall YMCA	https://www.larkhallymcaharriers.org	145
104	0:43:25	8M	David Gemmell	M	MASTER	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	146
105	0:44:41	11M	Alan Burns	M	MASTER	11	Airdrie Harriers	http://airdrieharriers.org/	148

OVERALL M - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Kilmarnock H&AC	2	M	1,5,23,26	55	0	55	8	http://www.kilmarnockharriers.com/
2	East Kilbride AC	1	M	3,4,12,45	64	0	64	7	http://www.ekac.org.uk/
3	Westerlands CCC	5	M	9,15,18,22	64	0	64	9	https://westerlandsccl.co.uk/
4	Shettleston Harriers	10	M	6,7,27,40	80	0	80	7	http://shettlestonharriers.org.uk/
5	Law & District AAC	37	M	14,20,21,44	99	0	99	8	http://www.lawaac.co.uk/
6	Cambuslang Harriers	6	M	11,17,41,48	117	0	117	7	https://cambuslangharriers.org/
7	Bellahouston Harriers	8	M	10,24,33,72	139	0	139	8	http://www.bellahoustonharriers.co.uk/
8	Glasgow FrontRunners	27	M	13,42,63,64	182	0	182	5	https://www.glasgowfrontrunners.org/
9	Bellahouston RR	3	M	25,30,60,73	188	0	188	7	https://www.bellahoustonroadrunners.co.uk/
10	Ayr Seaforth AC	14	M	8,28,37	73	115	188	3	https://www.ayrseaforth.co.uk/
11	Newton Road Runners	42	M	57,65,66,67	255	0	255	5	https://www.newton-roadrunners.com/
12	Motherwell AC	40	M	2,56,86	144	115	259	3	https://motherwellac.com/
13	Greenock Glenpark Harriers	30	M	51,52,70,94	267	0	267	5	https://greenockglenparkharriers.com/
14	Inverclyde AC	4	M	19,32	51	230	281	2	https://www.inverclydeac.org/
15	Irvine RC	33	M	31,43	74	230	304	2	https://www.irvinerunningclub.co.uk/
16	North Ayrshire AAC	44	M	46,49,95	190	115	305	3	https://naathletics.co.uk/
17	Troon Tortoises	53	M	39,58	97	230	327	2	http://troontortoises.co.uk
18	West End RR	56	M	55,85,100,101	341	0	341	4	https://www.westendroadrunners.co.uk
19	Kilbarchan AAC	34	M	16	16	345	361	1	https://kilbarchanaac.org.uk/
20	Whitemoss AAC	57	M	61,87,102	250	115	365	3	https://whitemossaac.co.uk/
21	Helensburgh AAC	32	M	29	29	345	374	1	https://www.helensburghaac.com/
22	Giffnock North AC	7	M	36	36	345	381	1	https://www.giffnocknorth.co.uk/
23	Calderglen Harriers	17	M	38	38	345	383	1	http://www.calderglenharriers.org.uk/
24	Airdrie Harriers	11	M	82,105	187	230	417	2	http://airdrieharriers.org/
25	Larkhall YMCA	36	M	103	103	345	448	1	https://www.larkhallymcaharriers.org