SENIOR F - race results

position	times	team	Name	gender	AgeCat	clubnumber	Club name	Website	finishPosition
1	0:29:48	7F	Emma Creasey	F	SENIOR	7	Giffnock North AC	https://www.giffnocknorth.co.uk/	22
2	0:32:30	48F	Cat Gillen	F	SENIOR	48	Springburn Harriers	https://www.springburnharriers.co.uk/	40
3	0:32:44	14F	Anna Blake	F	SENIOR	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	43
4	0:32:53	4F	Rachael Cunningham	F	SENIOR	4	Inverclyde AC	https://www.inverclydeac.org/	46
5	0:33:10	6F	Catriona Bain	F	SENIOR	6	Cambuslang Harriers	https://cambuslangharriers.org/	51
6	0:33:13	8F	Kristina Greig	F	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	52
7	0:36:19	8F	Katherine Hylands	F	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	86
8	0:36:32	6F	Marie Kane	F	SENIOR	6	Cambuslang Harriers	https://cambuslangharriers.org/	89
9	0:36:59	57F	Olivia Boyle	F	SENIOR	57	Whitemoss AAC	https://whitemossaac.co.uk/	97
10	0:37:38	2F	Amanda Bryden	F	SENIOR	2	Kilmarnock H&AC	http://www.kilmarnockharriers.com/	105
11	0:37:59	37F	Christine Neill	F	SENIOR	37	Law & District AAC	http://www.lawaac.co.uk/	110
12	0:39:50	8F	Carys Mitchell	F	SENIOR	8	Bellahouston Harriers	http://www.bellahoustonharriers.co.uk/	128
13	0:39:57	4F	Hannah McGeehan	F	SENIOR	4	Inverclyde AC	https://www.inverclydeac.org/	129
14	0:40:42	4F	Kendall Gregory	F	SENIOR	4	Inverclyde AC	https://www.inverclydeac.org/	132
15	0:44:14	14F	Lucy Cameron	F	SENIOR	14	Ayr Seaforth AC	https://www.ayrseaforth.co.uk/	147

SENIOR F - team results

position	Club name	team	gender	finisherPositions	teamPoints	penaltyPoints	totalPoints	totalFinishers	Website
1	Bellahouston Harriers	8	F	6,7,12	25	25	50	3	http://www.bellahoustonharriers.co.uk/
2	Inverclyde AC	4	F	4,13,14	31	25	56	3	https://www.inverclydeac.org/
3	Cambuslang Harriers	6	F	5,8	13	50	63	2	https://cambuslangharriers.org/
4	Ayr Seaforth AC	14	F	3,15	18	50	68	2	https://www.ayrseaforth.co.uk/
5	Giffnock North AC	7	F	1	1	75	76	1	https://www.giffnocknorth.co.uk/
6	Springburn Harriers	48	F	2	2	75	77	1	https://www.springburnharriers.co.uk/
7	Whitemoss AAC	57	F	9	9	75	84	1	https://whitemossaac.co.uk/
8	Kilmarnock H&AC	2	F	10	10	75	85	1	http://www.kilmarnockharriers.com/
9	Law & District AAC	37	F	11	11	75	86	1	http://www.lawaac.co.uk/