Project: Predicting Heart Disease with Classification Machine Learning Algorithms

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1. Introduction

Scenario:

You have just been hired at a Hospital with an alarming number of patients coming in reporting various cardiac symptoms. A cardioligist measures vitals & hands you this data to perform Data Analysis and predict whether certain patients have Heart Disease.

Goal:

-To predict whether a patient should be diagnosed with Heart Disease. This is a binary outcome.

Positive (+) = 1, patient diagnosed with Heart Disease

Negative (-) = 0, patient not diagnosed with Heart Disease

- -To experiment with various Classification Models & see which yields greatest accuracy.
- Examine trends & correlations within our data
- determine which features are important in determing Positive/Negative Heart Disease

Features & Predictor:

Our Predictor (Y, Positive or Negative diagnosis of Heart Disease) is determined by 13 features (X):

- 1. age (#)
- 2. sex : 1= Male, 0= Female (Binary)
- 3. (cp)chest pain type (4 values -Ordinal):Value 1: typical angina ,Value 2: atypical angina, Value 3: non-anginal pain , Value 4: asymptomatic (
- 4. (trestbps) resting blood pressure (#)
- 5. (chol) serum cholestoral in mg/dl (#)
- 6. (fbs)fasting blood sugar > 120 mg/dl(Binary)(1 = true; 0 = false)
- 7. (restecg) resting electrocardiographic results(values 0,1,2)
- 8. (thalach) maximum heart rate achieved (#)

- 9. (exang) exercise induced angina (binary) (1 = yes; 0 = no)
- 10. (oldpeak) = ST depression induced by exercise relative to rest (#)
- 11. (slope) of the peak exercise ST segment (Ordinal) (Value 1: upsloping, Value 2: flat, Value 3: downsloping)
- 12. (ca) number of major vessels (0-3, Ordinal) colored by fluoroscopy
- 13. (thal) maximum heart rate achieved (Ordinal): 3 = normal; 6 = fixed

defect; 7 = reversable defect

(Rows, columns): (303, 14)

dtype='object')

Out[3]:

```
In [1]:
         import numpy as np
         import pandas as pd
         import matplotlib as plt
         import seaborn as sns
         import matplotlib.pyplot as plt
In [2]:
          # # 2. Data Wrangling
          # In[191]:
         filePath = 'heartDisease.csv'
         data = pd.read csv(filePath)
         data.head(5)
Out[2]:
           age sex cp trestbps chol fbs restecg thalach exang oldpeak slope ca thal target
                                 233
                                                     150
                                                              0
                                                                     2.3
                                                                               0
         0
            63
                  1
                     3
                            145
                                                                            0
                                                                                           1
         1
            37
                     2
                                 250
                                       0
                                               1
                                                     187
                                                              0
                                                                     3.5
                                                                               0
                  1
                            130
                                                                            0
                                                                                           1
         2
            41
                            130
                                 204
                                       0
                                                     172
                                                              0
                                                                            2
                                                                               0
                                                                                           1
                  0
                                                                    1.4
         3
            56
                  1
                            120
                                 236
                                        0
                                               1
                                                     178
                                                              0
                                                                     8.0
                                                                            2
                                                                               0
                                                                                    2
                                                                                           1
            57
                                 354
                                                     163
                                                              1
                                                                     0.6
                                                                            2 0
                                                                                           1
                  0
                            120
In [3]:
         print("(Rows, columns): " + str(data.shape))
         data.columns
```

Index(['age', 'sex', 'cp', 'trestbps', 'chol', 'fbs', 'restecg', 'thalach',

'exang', 'oldpeak', 'slope', 'ca', 'thal', 'target'],

```
In [4]:
        data.nunique(axis=0) # returns the number of unique values for each variable.
                   41
Out[4]:
       sex
                   2
       trestbps
                  49
       chol
                 152
       fbs
       restecg
                  91
       thalach
       exang
                   2
                  40
       oldpeak
                   3
       slope
       thal
       target
       dtype: int64
In [5]:
        #summarizes the count, mean, standard deviation, min, and max for numeric variables.
        data.describe()
```

Out[5]:		age	sex	ср	trestbps	chol	fbs	restecg	thalach	exang	
	count	303.000000	303.000000	303.000000	303.000000	303.000000	303.000000	303.000000	303.000000	303.000000	:
	mean	54.366337	0.683168	0.966997	131.623762	246.264026	0.148515	0.528053	149.646865	0.326733	
	std	9.082101	0.466011	1.032052	17.538143	51.830751	0.356198	0.525860	22.905161	0.469794	
	min	29.000000	0.000000	0.000000	94.000000	126.000000	0.000000	0.000000	71.000000	0.000000	
	25%	47.500000	0.000000	0.000000	120.000000	211.000000	0.000000	0.000000	133.500000	0.000000	
	50%	55.000000	1.000000	1.000000	130.000000	240.000000	0.000000	1.000000	153.000000	0.000000	
	75%	61.000000	1.000000	2.000000	140.000000	274.500000	0.000000	1.000000	166.000000	1.000000	
	max	77.000000	1.000000	3.000000	200.000000	564.000000	1.000000	2.000000	202.000000	1.000000	

Luckily we have no missing data to handle!

```
In [6]:
        # Display the Missing Values
       print(data.isna().sum())
       age
                 0
       sex
       ср
       trestbps 0
       chol
                 0
       fbs
       restecg
       thalach
                0
       exang
                 0
       oldpeak
                0
                 0
       slope
                 0
                 0
       thal
       target
       dtype: int64
```

Let's see if theirs a good proportion between our positive and negative results. It appears we have a good balance between the two.

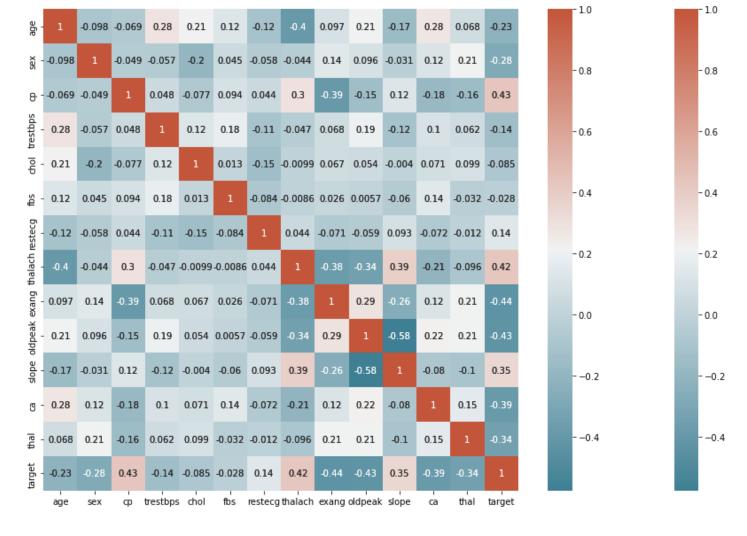
3. Exploratory Data Analysis

Correlations

Correlation Matrix-

let's you see correlations between all variables. Within seconds, you can see whether something is positivly or negativly correlated with our predictor (target)

Out[8]: <AxesSubplot:>



We can see there is a positive correlation between chest pain (cp) & target (our predictor). This makes sense since, The greater amount of chest pain results in a greater chance of having heart disease. Cp (chest pain), is a ordinal feature with 4 values: Value 1: typical angina, Value 2: atypical angina, Value 3: non-anginal pain, Value 4: asymptomatic.

In addition, we see a negative correlation between exercise induced angina (exang) & our predictor. This makes sense because when you excercise, your heart requires more blood, but narrowed arteries slow down blood flow.

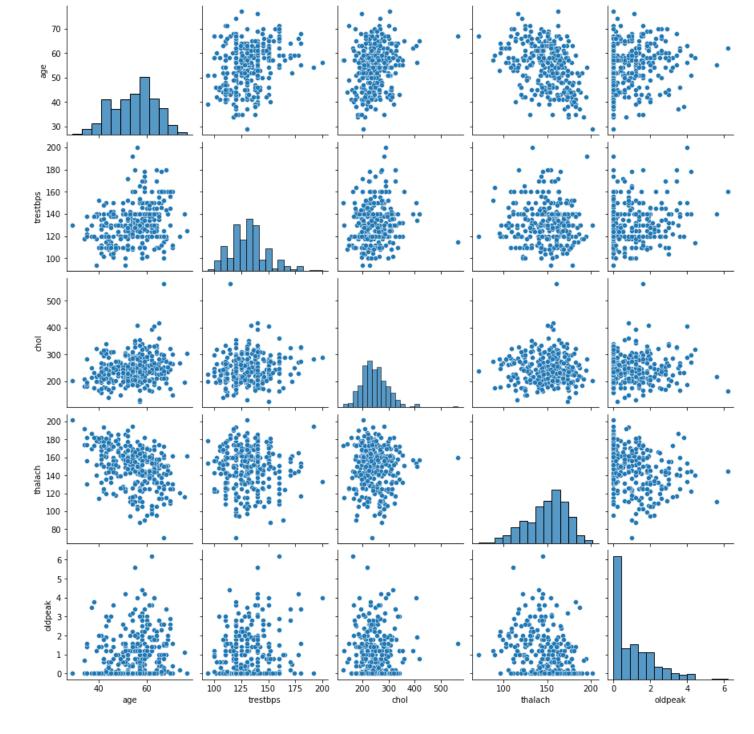
Pairplots are also a great way to immediatly see the correlations between all variables.

But you will see me make it with only continous columns from our data, because with so many features, it can be difficult to see each one.

So instead I will make a pairplot with only our continous features.

```
In [9]: subData = data[['age','trestbps','chol','thalach','oldpeak']]
sns.pairplot(subData)
```

Out[9]:

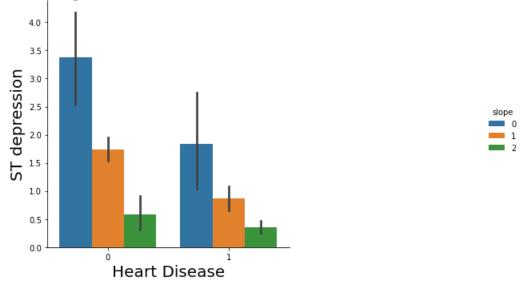


Chose to make a smaller pairplot with only the continus variables, to dive deeper into the relationships. Also a great way to see if theirs a positve or negative correlation!

```
In [10]:
         sns.catplot(x="target", y="oldpeak", hue="slope", kind="bar", data=data);
         plt.title('ST depression (induced by exercise relative to rest) vs. Heart Disease', size=25
         plt.xlabel('Heart Disease', size=20)
         plt.ylabel('ST depression', size=20)
        Text(26.4264583333333343, 0.5, 'ST depression')
```

Out[10]:

ST depression (induced by exercise relative to rest) vs. Heart Disease



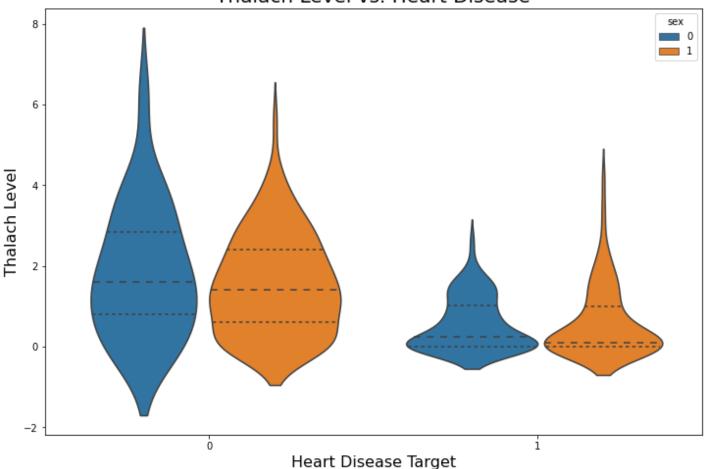
ST segment depression occurs because when the ventricle is at rest and therefore repolarized. If the trace in the ST segment is abnormally low below the baseline, this can lead to this Heart Disease. This is supports the plot above because low ST Depression yields people at greater risk for heart disease. While a high ST depression is considered normal & healthy. The "slope" hue, refers to the peak exercise ST segment, with values: 0: upsloping, 1: flat, 2: downsloping). Both positive & negative heart disease patients exhibit equal distributions of the 3 slope categories.

Violin & Box Plots

The advantages of showing the Box & Violin plots is that it shows the basic statistics of the data, as well as its distribution. These plots are often used to compare the distribution of a given variable across some categories.

It shows the median, IQR, & Tukey's fence. (minimum, first quartile (Q1), median, third quartile (Q3), and maximum). In addition it can provide us with outliers in our data.

Thalach Level vs. Heart Disease



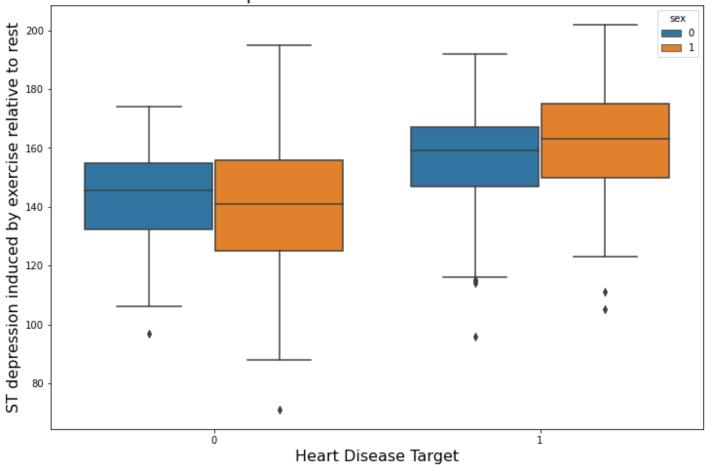
We can see that the overall shape & distribution for negative & positive patients differ vastly. Positive patients exhibit a lower median for ST depression level & thus a great distribution of their data is between 0 & 2, while negative patients are between 1 & 3. In addition, we dont see many differences between male & female target outcomes.

```
In [12]: plt.figure(figsize=(12,8))
    sns.boxplot(x= 'target', y= 'thalach', hue="sex", data=data )
    plt.title("ST depression Level vs. Heart Disease", fontsize=20)
    plt.xlabel("Heart Disease Target", fontsize=16)

plt.ylabel("ST depression induced by exercise relative to rest", fontsize=16)
```

Out[12]: Text(0, 0.5, 'ST depression induced by exercise relative to rest')

ST depression Level vs. Heart Disease



Positive patients exhibit a hightened median for ST depression level, while negative patients have lower levels. In addition, we dont see many differences between male & female target outcomes, expect for the fact that males have slightly larger ranges of ST Depression.

Filtering data by positive & negative Heart Disease patient

```
In [13]: # Filtering data by positive Heart Disease patient
   pos_data = data[data['target']==1]
   pos_data.describe()
```

Out[13]:		age	sex	ср	trestbps	chol	fbs	restecg	thalach	exang
	count	165.000000	165.000000	165.000000	165.000000	165.000000	165.000000	165.000000	165.000000	165.000000
	mean	52.496970	0.563636	1.375758	129.303030	242.230303	0.139394	0.593939	158.466667	0.139394
	std	9.550651	0.497444	0.952222	16.169613	53.552872	0.347412	0.504818	19.174276	0.347412
	min	29.000000	0.000000	0.000000	94.000000	126.000000	0.000000	0.000000	96.000000	0.000000
	25%	44.000000	0.000000	1.000000	120.000000	208.000000	0.000000	0.000000	149.000000	0.000000
	50%	52.000000	1.000000	2.000000	130.000000	234.000000	0.000000	1.000000	161.000000	0.000000
	75%	59.000000	1.000000	2.000000	140.000000	267.000000	0.000000	1.000000	172.000000	0.000000
	max	76.000000	1.000000	3.000000	180.000000	564.000000	1.000000	2.000000	202.000000	1.000000

Filtering data by negative Heart Disease patient

```
In [14]:
           # Filtering data by negative Heart Disease patient
          neg data = data[data['target']==0]
          neg data.describe()
Out[14]:
                                                                 chol
                                                                             fbs
                                                                                               thalach
                      age
                                 sex
                                             ср
                                                   trestbps
                                                                                    restecq
                                                                                                           exang
                138.000000
                           138.000000 138.000000
                                                138.000000
                                                           138.000000
                                                                      138.000000 138.000000
                                                                                            138.000000
                                                                                                       138.000000
          count
                 56.601449
                             0.826087
                                        0.478261 134.398551
                                                           251.086957
                                                                        0.159420
                                                                                   0.449275 139.101449
                                                                                                         0.550725
          mean
                  7.962082
                             0.380416
                                        0.905920
                                                  18.729944
                                                                                             22.598782
                                                            49.454614
                                                                        0.367401
                                                                                   0.541321
                                                                                                         0.499232
            std
                 35.000000
                             0.000000
                                        0.000000 100.000000 131.000000
                                                                        0.000000
                                                                                   0.000000
                                                                                             71.000000
                                                                                                         0.000000
           min
                 52.000000
                             1.000000
           25%
                                        0.000000 120.000000 217.250000
                                                                        0.000000
                                                                                   0.000000 125.000000
                                                                                                         0.000000
           50%
                 58.000000
                             1.000000
                                        0.000000 130.000000 249.000000
                                                                        0.000000
                                                                                   0.000000
                                                                                           142.000000
                                                                                                         1.000000
           75%
                 62.000000
                             1.000000
                                        0.000000 144.750000
                                                           283.000000
                                                                        0.000000
                                                                                   1.000000
                                                                                           156.000000
                                                                                                         1.000000
                 77.000000
                             1.000000
                                        3.000000 200.000000 409.000000
                                                                        1.000000
                                                                                   2.000000 195.000000
                                                                                                         1.000000
           max
In [15]:
          print("(Positive Patients ST depression): " + str(pos data['oldpeak'].mean()))
          print("(Negative Patients ST depression): " + str(neg data['oldpeak'].mean()))
          (Positive Patients ST depression): 0.5830303030303029
          (Negative Patients ST depression): 1.5855072463768118
In [16]:
          print("(Positive Patients thalach): " + str(pos data['thalach'].mean()))
          print("(Negative Patients thalach): " + str(neg data['thalach'].mean()))
          (Positive Patients thalach): 158.4666666666667
          (Negative Patients thalach): 139.1014492753623
```

From comparing positive and negative patients we can see there are vast differenes in means for many of our Features. From examing the details, we can observe that positive patients experience heightened maximum heart rate achieved (thalach) average. In addition, positive patients exhibit about 1/3rd the amount of ST depression induced by exercise relative to rest (oldpeak).

4. Machine Learning + Predictive Analytics

Prepare Data for Modeling

Assign the 13 features to X, & the last column to our classification predictor, y

Split: the dataset into the Training set and Test set

```
In [18]: from sklearn.model_selection import train_test_split
x_train, x_test, y_train, y_test = train_test_split(X,y,test_size = 0.2, random_state = 1)
```

Normalize: Standardizing the data will transform the data so that its distribution will have a mean of 0 and a standard deviation of 1.

```
In [19]:
    from sklearn.preprocessing import StandardScaler
    sc = StandardScaler()
    x_train = sc.fit_transform(x_train)
    x_test = sc.transform(x_test)
```

Modeling /Training

We will now Train various Classification Models on the Training set & see which yields the highest accuracy.

We will compare the accuracy of Logistic Regression, K-NN, SVM, Naives Bayes Classifier, Decision Trees, Random Forest, and XGBoost. Note: these are all supervised learning models.

Model 1: Logistic Regression

```
precision recall f1-score support

0 0.77 0.67 0.71 30
1 0.71 0.81 0.76 31

accuracy 0.74 61
macro avg 0.74 0.74 0.74 61
weighted avg 0.74 0.74 0.74 61
```

Model 2: K-NN (K-Nearest Neighbors)

```
In [21]:
    from sklearn.metrics import classification_report
    from sklearn.neighbors import KNeighborsClassifier

    model2 = KNeighborsClassifier() # get instance of model
    model2.fit(x_train, y_train) # Train/Fit model

    y_pred2 = model2.predict(x_test) # get y predictions
    print(classification_report(y_test, y_pred2)) # output accuracy
```

	precision	recall	f1-score	support
0	0.78 0.74	0.70 0.81	0.74	30 31
accuracy			0.75	61
macro avg	0.76	0.75	0.75	61
weighted avg	0.76	0.75	0.75	61

Model 3: SVM (Support Vector Machine)

```
In [22]:
         from sklearn.metrics import classification report
         from sklearn.svm import SVC
         model3 = SVC(random state=1) # get instance of model
         model3.fit(x_train, y train) # Train/Fit model
         y pred3 = model3.predict(x test) # get y predictions
         print(classification report(y test, y pred3)) # output accuracy
```

	precision	recall	f1-score	support
0	0.80	0.67	0.73	30
1	0.72	0.84	0.78	31
accuracy			0.75	61
macro avg	0.76	0.75	0.75	61
weighted avg	0.76	0.75	0.75	61

Model 4: Naives Bayes Classifier

```
In [23]:
```

```
from sklearn.metrics import classification report
from sklearn.naive bayes import GaussianNB
model4 = GaussianNB() # get instance of model
model4.fit(x train, y train) # Train/Fit model
y pred4 = model4.predict(x test) # get y predictions
print(classification report(y test, y pred4)) # output accuracy
```

	precision	recall	f1-score	support
0	0.79	0.73	0.76	30 31
accuracy	o., 7 o	0.01	0.77	61
macro avg weighted avg	0.77 0.77	0.77 0.77	0.77	61 61

Model 5: Decision Trees

```
In [24]:
```

from sklearn.metrics import classification report from sklearn.tree import DecisionTreeClassifier

```
model5 = DecisionTreeClassifier(random_state=1) # get instance of model
model5.fit(x_train, y_train) # Train/Fit model

y_pred5 = model5.predict(x_test) # get y predictions
print(classification_report(y_test, y_pred5)) # output accuracy
```

	precision	recall	f1-score	support
0	0.60	0.70	0 60	2.0
U	0.68	0.70	0.69	30
1	0.70	0.68	0.69	31
accuracy			0.69	61
macro avg	0.69	0.69	0.69	61
weighted avg	0.69	0.69	0.69	61

Model 6: Random Forest

```
In [25]:
    from sklearn.metrics import classification_report
    from sklearn.ensemble import RandomForestClassifier

model6 = RandomForestClassifier(random_state=1) # get instance of model
    model6.fit(x_train, y_train) # Train/Fit model

y_pred6 = model6.predict(x_test) # get y predictions
    print(classification_report(y_test, y_pred6)) # output accuracy
```

	precision	recall	f1-score	support
	-			
0	0.88	0.70	0.78	30
1	0.76	0.90	0.82	31
accuracy			0.80	61
macro avg	0.82	0.80	0.80	61
weighted avg	0.81	0.80	0.80	61

Model 7: XGBoost

```
In [26]: from xgboost import XGBClassifier

model7 = XGBClassifier(random_state=1)
model7.fit(x_train, y_train)
y_pred7 = model7.predict(x_test)
print(classification_report(y_test, y_pred7))
```

	precision	recall	il-score	support
0	0.84	0.70	0.76	30
1	0.75	0.87	0.81	31
accuracy			0.79	61
macro avg	0.79	0.79	0.78	61
weighted avg	0.79	0.79	0.79	61

From comparing the 7 models, we can conclude that Model 6: Random Forest yields the highest accuracy. With an accuracy of

80%.

We have precision, recall, f1-score and support:

Precision: be "how many are correctly classified among that class"

Recall: "how many of this class you find over the whole number of element of this class"

F1-score: harmonic mean of precision and recall values.

F1 score reaches its best value at 1 and worst value at 0.

F1 Score = $2 \times ((precision \times recall) / (precision + recall))$

Support: # of samples of the true response that lie in that class.

Making the Confusion Matrix

```
In [27]:
    from sklearn.metrics import confusion_matrix, accuracy_score
    cm = confusion_matrix(y_test, y_pred6)
    print(cm)
    accuracy_score(y_test, y_pred6)

[[21 9]
    [ 3 28]]
Out[27]:
Out[27]:
```

21 is the amount of True Positives in our data, while 28 is the amount of True Negatives.

9 & 3 are the number of errors.

There are 9 type 1 error (False Positives) - You predicted positive and it's false.

There are 3 type 2 error (False Negatives)- You predicted negative and it's false.

Hence if we calculate the accuracy its # Correct Predicted/ # Total.

In other words, where TP, FN, FP and TN represent the number of true positives, false negatives, false positives and true negatives.

```
(TP + TN)/(TP + TN + FP + FN).

(21+28)/(21+28+9+3) = 0.80 = 80\% accuracy
```

Note: A good rule of thumb is that any accuracy above 70% is considered good, but be careful because if your accuracy is extremly high, it may be too good to be true (an example of Overfitting). Thus, 80% is the ideal accuracy!

Feature Importance

Feature: 5, Score: 0.00828 Feature: 6, Score: 0.02014

Feature Importance provides a score that indicates how helpful each feature was in our model.

The higher the Feature Score, the more that feature is used to make key decisions & thus the more important it is.

```
In [28]: # get importance
   importance = model6.feature_importances_

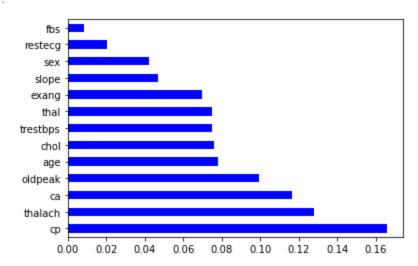
# summarize feature importance
   for i,v in enumerate(importance):
        print('Feature: %0d, Score: %.5f' % (i,v))
Feature: 0, Score: 0.07814
Feature: 1, Score: 0.04206
Feature: 2, Score: 0.16580
Feature: 3, Score: 0.07477
Feature: 4, Score: 0.07587
```

```
Feature: 11, Score: 0.11667
Feature: 12, Score: 0.07473

In [29]:
    index= data.columns[:-1]
    importance = pd.Series(model6.feature_importances_, index=index)
    importance.nlargest(13).plot(kind='barh', colormap='winter')
```

Out[29]: <AxesSubplot:>

Feature: 7, Score: 0.12772 Feature: 8, Score: 0.06950 Feature: 9, Score: 0.09957 Feature: 10, Score: 0.04677



From the Feature Importance graph above, we can conclude that the top 4 significant features were chest pain type (cp), maximum heart rate achieved (thalach), number of major vessels (ca), and ST depression induced by exercise relative to rest (oldpeak).

Predictions

Scenario: A patient develops cardiac symptoms & you input his vitals into the Machine Learning Algorithm.

He is a 20 year old male, with a chest pain value of 2 (atypical angina), with resting blood pressure of 110.

In addition he has a serum cholestoral of 230 mg/dl.

He is fasting blood sugar > 120 mg/dl.

He has a resting electrocardiographic result of 1.

The patients maximum heart rate achieved is 140.

Also, he was exercise induced angina.

His ST depression induced by exercise relative to rest value was 2.2.

The slope of the peak exercise ST segment is flat.

He has no major vessels colored by fluoroscopy,

and in addition his maximum heart rate achieved is a reversable defect.

Based on this information, can you classify this patient with Heart Disease?

Yes! Our machine learning algorithm has classified this patient with Heart Disease. Now we can properly diagnose him, & get him the help he needs to recover. By diagnosing him early, we may prevent worse symtoms from arising later.

Predicting the Test set results:

First value represents our predicted value,

Second value represents our actual value.

If the values match, then we predicted correctly.

We can see that our results are very accurate!

```
In [31]:
          y pred = model6.predict(x test)
          print(np.concatenate((y pred.reshape(len(y pred),1), y test.reshape(len(y test),1)),1))
         [[0 0]
          [1 1]
          [0 0]
          [0 0]
          [0 0]
          [0 0]
          [0 0]
          [0 0]
          [1 1]
          [0 0]
          [0 0]
          [1 0]
          [1 1]
```

[0 0] [1 1] [1 0] [1 1] [0 0] [1 1] [1 1] [1 1] [1 1] [0 0] [1 1] [1 1] [1 1] [1 1] [1 1] [1 1] [1 1] [0 0] [1 1] [0 1] [0 0] [1 0] [0 1] [1 1] [0 0] [0 1] [0 0] [1 0] [1 0] [0 0] [1 1] [1 0] [1 1] [1 1] [1 0] [0 0] [1 1] [1 1] [1 1] [1 1] [0 0] [1 0] [0 0] [1 1]]

Conclusions

- 1. Our Random Forest algorithm yields the highest accuracy, 80%. Any accuracy above 70% is considered good, but be careful because if your accuracy is extremly high, it may be too good to be true (an example of Overfitting). Thus, 80% is the ideal accuracy!
- 2. Out of the 13 features we examined, the top 4 significant features that helped us classify between a positive & negative Diagnosis were chest pain type (cp), maximum heart rate achieved (thalach), number of major vessels (ca), and ST depression induced by exercise relative to rest (oldpeak).

3. Our machine learning algorithm can now classify patients with Heart Disease. Now we can properly diagnose patients, & get them the help they needs to recover. By diagnosing detecting these features early, we may prevent worse symtoms from arising later.

Thank you

Saad alsharif