

Low Power Wide Area Networks for the Internet of Things

Framework, Performance Evaluation, and Challenges of LoRaWAN and NB-IoT

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Tutorial Outcomes

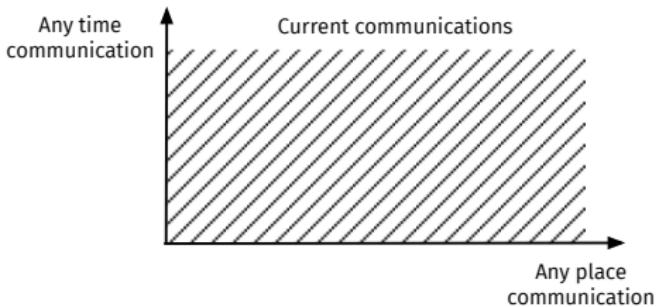
- How do LPWAN complement traditional cellular and short-range wireless technologies?
- What are the fundamental mechanisms that enable to meet the LPWAN requirements?
- What are the major design choices made in the LoRaWAN and NB-IoT specifications?
- How do we evaluate the performance of a LoRaWAN and NB-IoT deployment in terms of coverage and capacity?
- What are the recent research directions for radio resource management in LoRaWAN and NB-IoT?



Outline

- 1 General Framework
- 2 Design Rationale
- 3 Technical Specification
- 4 Performance Evaluation

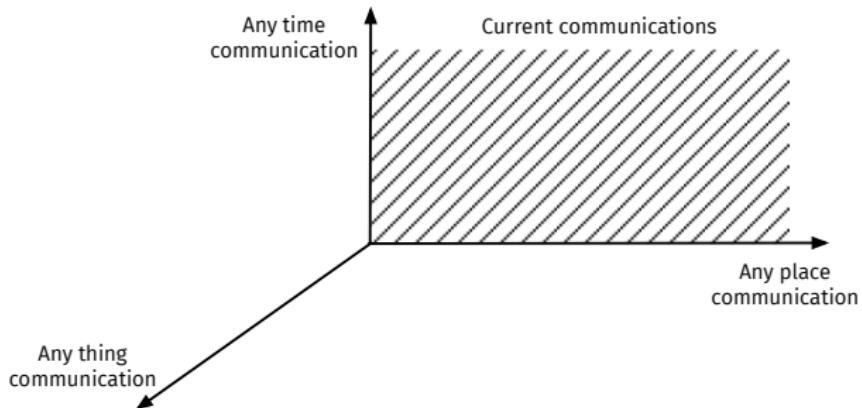
A New Dimension in Communications



Source: The Internet of Things, ITU Internet Reports, 2005

- Current communications brought the ABC (Always Best Connected) paradigm
- The Internet of Things (IoT) explores a new dimension in communications

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IoT Scenarios

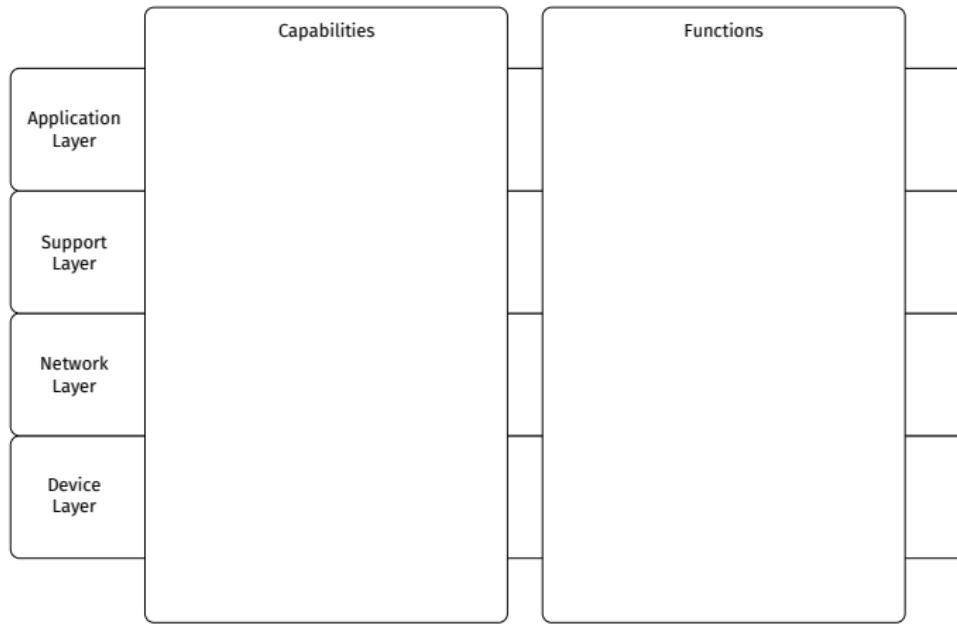
Internet of Things

The Internet of Things (IoT) generally refers to scenarios where network connectivity and computing capability extends to devices, sensors, and everyday items (ISOC IoT Overview, 2015).

Scenario	Example
Human	Wearables for health monitoring
Home	Heating, security automation
Retail	Self-checkout, inventory optimization
Vehicles	Condition-based maintenance
Cities	Traffic control, environmental monitoring



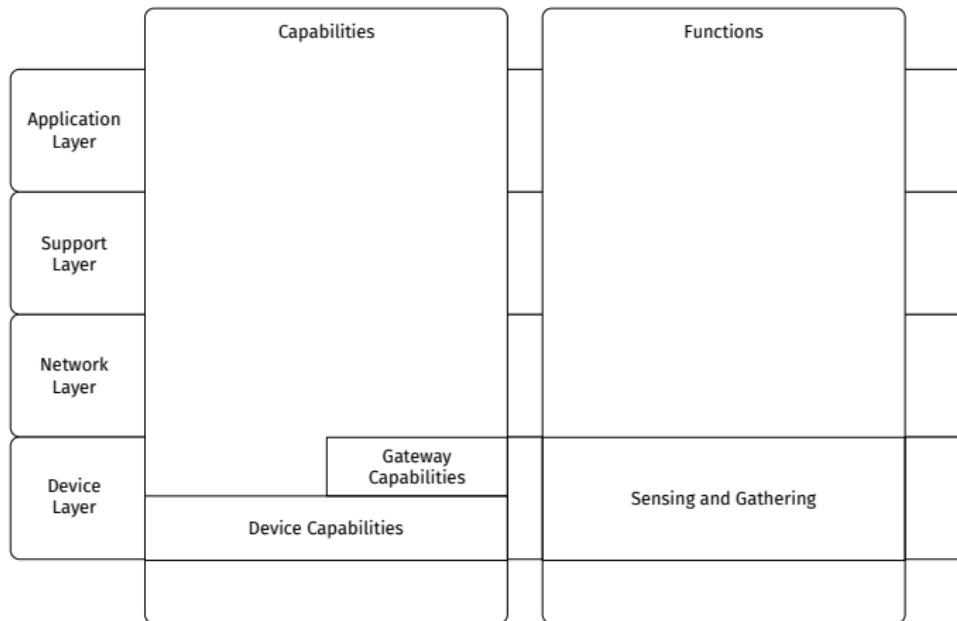
IoT Reference Model



Source: Overview of the Internet of Things, ITU-T Y.2060, 2012



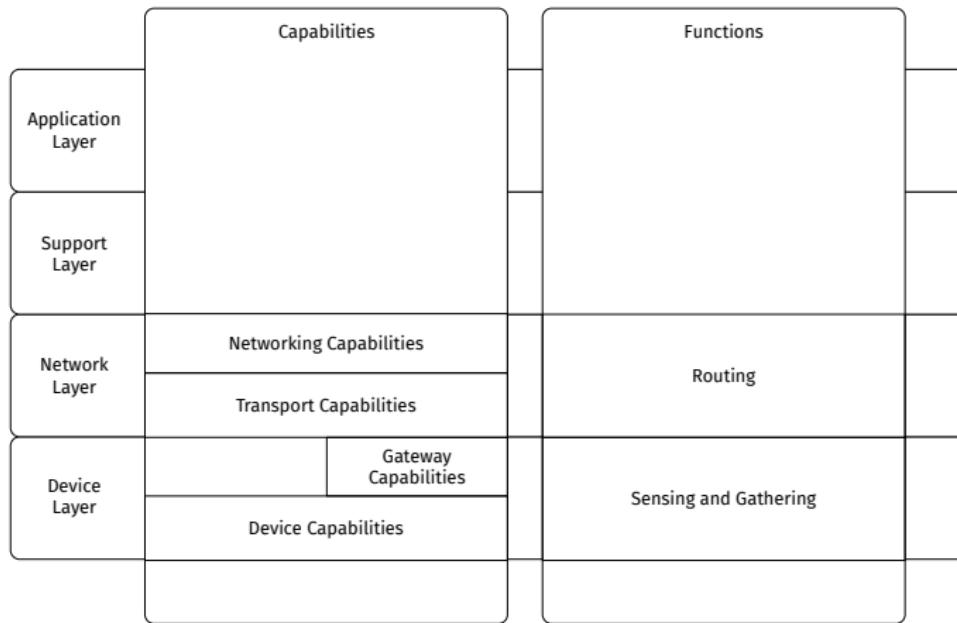
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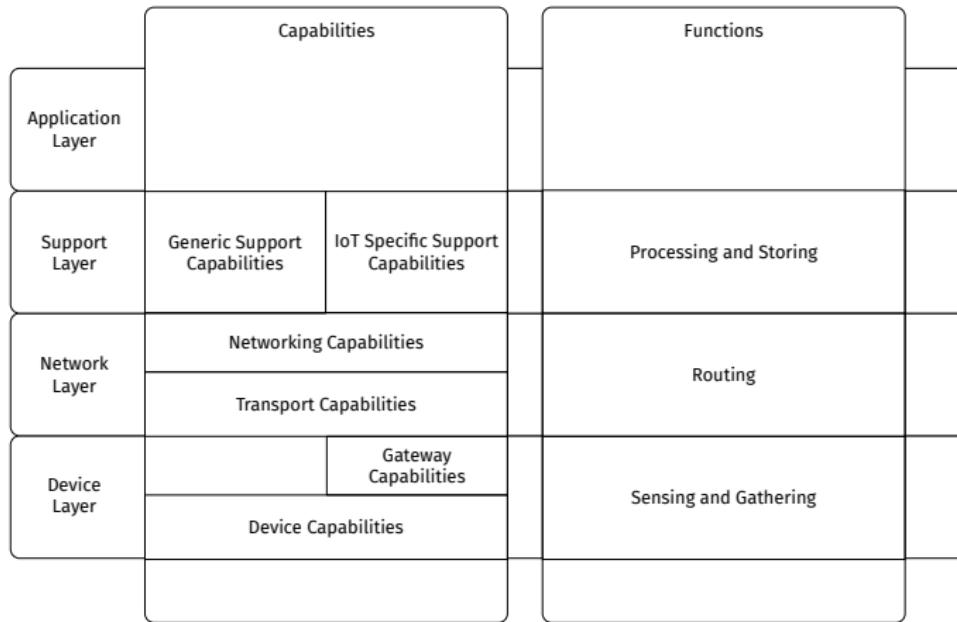
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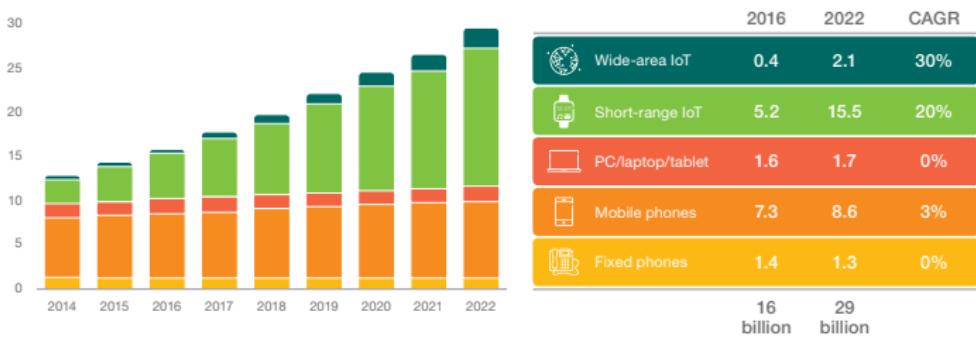
	Capabilities		Functions	
Application Layer	IoT Applications		Analysing	
Support Layer	Generic Support Capabilities	IoT Specific Support Capabilities	Processing and Storing	
Network Layer	Networking Capabilities		Routing	
	Transport Capabilities			
Device Layer		Gateway Capabilities	Sensing and Gathering	
	Device Capabilities			

Source: Overview of the Internet of Things, ITU-T Y.2060, 2012

Evolution of IoT Devices

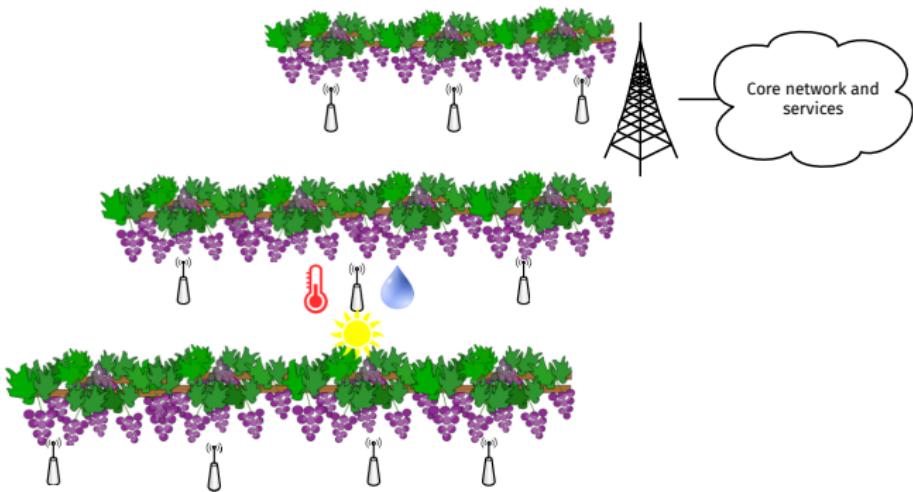
- The largest growth is expected for devices connected to a wide-area network

Connected devices (billions)



Source: Ericsson mobility report, 2017

The Case of IoT for Smart Agriculture



- Periodic sensing of microclimates in vineyards



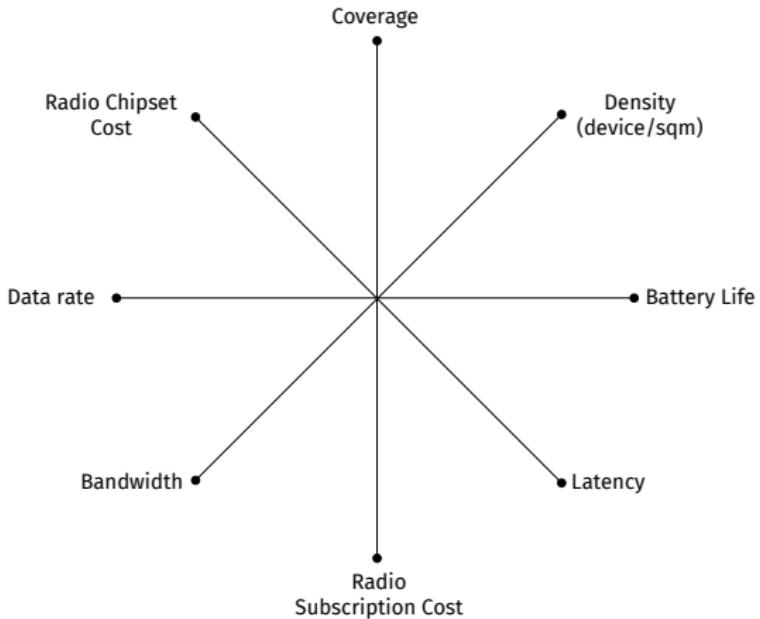
Constraints on the Device and Network Layers

- Difficult physical accessibility and limited access to power sources
 - Wireless communications
 - Autonomy and long battery life operation
- Wide area coverage with a large number of communicating devices
 - Scalable deployment
 - Cost efficient devices
- Very loose bandwidth and latency constraints
 - Adaptive radio and access mechanisms

Challenge

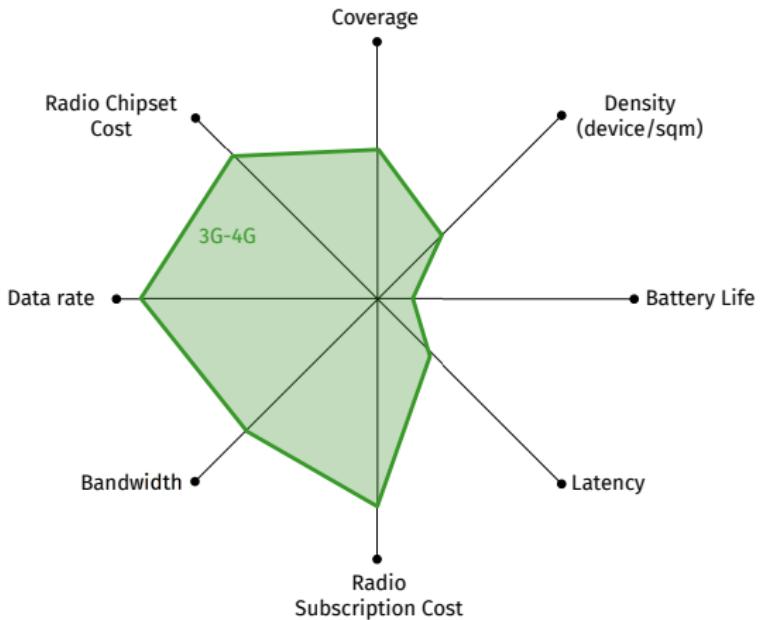
Do existing wireless networking technologies satisfy these constraints?

LPWAN Sweet Spot



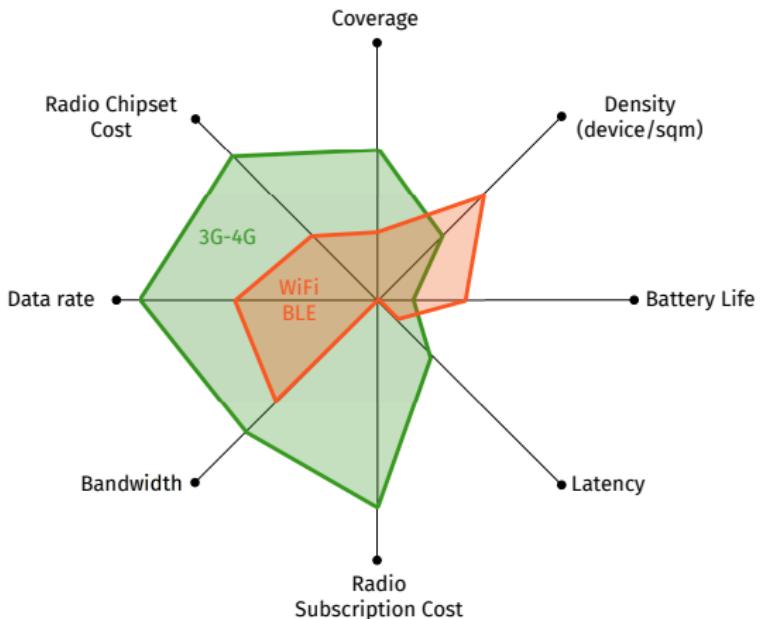
Source: Peter R. Egli, Low Power Wide Area Network, 2015

LPWAN Sweet Spot



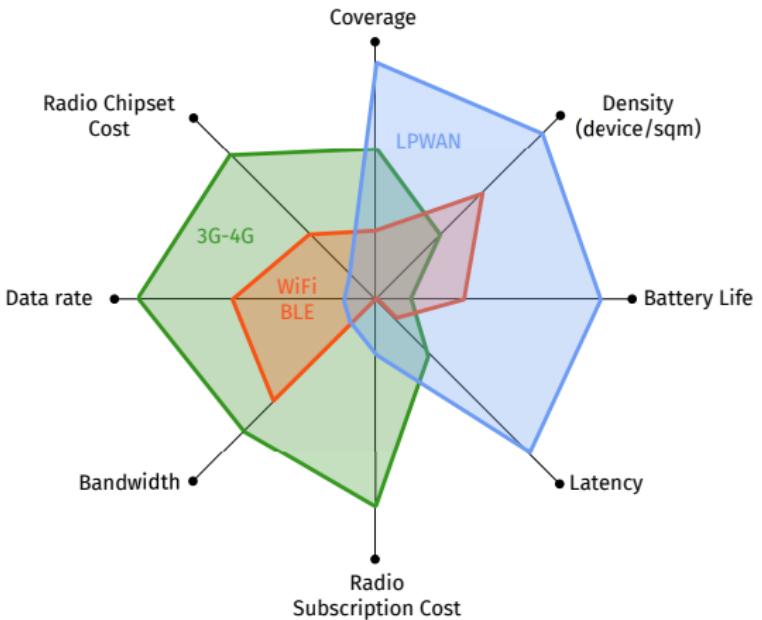
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LPWAN Sweet Spot



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LPWAN Scenarios

Low Power Wide Area Networks

Low power refers to the ability of an IoT device to function for many years on a single battery charge, while at the same time it is able to communicate from locations where shadowing and path loss would limit the usefulness of more traditional cellular technologies (3GPP Low Power Wide Area Technologies, GSMA White Paper, 2016)

- Typical scenarios for LPWAN (Usman Raza et al., Low Power Wide Area Networks: An Overview, IEEE Communications Surveys & Tutorials, 2017)
 - Smart grid
 - Industrial asset monitoring
 - Critical infrastructure monitoring
 - Agriculture

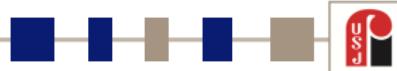


LPWAN Requirements

Indicator	Requirement
Power consumption	Devices operate for 10 years on a single charge
Device unit cost	Below \$5 per module
Dependability	Completely unattended and resilient operation
Coverage	Improved outdoor and indoor penetration coverage
Security	Secure connectivity and strong authentication
Data transfer	Supports small, intermittent blocks of data
Design complexity	Simplified network topology and deployment
Network scalability	Support of high density of devices

LPWAN Technologies

Various technologies are currently being designed to meet the LPWAN requirements: LoRaWAN, NB-IoT, Sigfox, Wi-SUN, Ingenu, etc.



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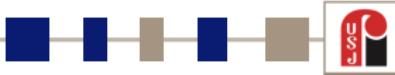


Revisiting LPWAN Requirements

- Low device complexity and cost
- Reliability under extreme coverage conditions
- Low power consumption: long battery lifetime
- High capacity: support for massive number of low-rate devices
- Simplified network topology and deployment

Objectives and Approaches

- Develop a *clean-slate* technology that meets the LPWAN requirements
⇒ LoRaWAN
- Adapt and leverage existing 4G technology to meet the LPWAN requirements
⇒ NB-IoT

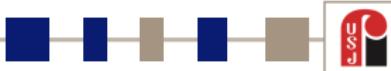


Low Device Complexity and Cost



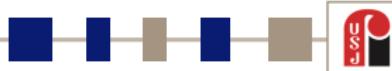
Device Complexity and Cost

- Devices are mainly composed of:
 - a processing unit: usually a microcontroller with a limited amount of memory
 - a sensing unit: sensors and analog to digital converters
 - a radio unit: usually a transceiver capable of bidirectional communications
- The radio unit complexity and cost are primarily related to the complexity of:
 - digital baseband processing
 - radio-frequency (RF) analog processing



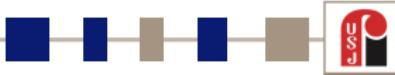
Digital Baseband Processing

- Reduce baseband processing complexity through:
 - limiting message size:
 - LoRaWAN: maximum application payload size between 51 and 222 bytes, depending on the spreading factor
 - NB-IoT: Downlink (DL) Transport Block Size (TBS) = 680 bits (R13), or 2536 bits (R14); Uplink (UL) TBS = 1000 bits (R13), or 2536 bits (R14)
 - using simple channel codes:
 - LoRaWAN: Hamming code
 - NB-IoT: LTE tail-biting convolution code (TBCC) in the DL; LTE turbo code, or repetition code in the UL
 - not using complex modulations or multiple-input multiple-output (MIMO) transmissions
 - LoRaWAN: LoRa
 - NB-IoT: QPSK in the DL; QPSK in the UL multi-tone; $\pi/4$ -QPSK, or $\pi/2$ -BPSK in the UL single-tone
 - supporting only half-duplex operation: no simultaneous transmission and reception



RF Processing

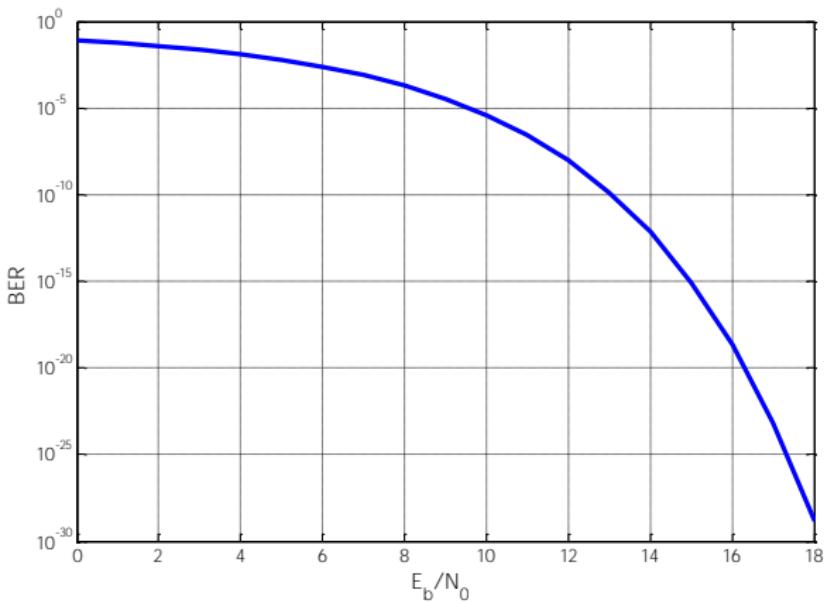
- Reduce RF processing complexity and cost through:
 - using one transmit-and-receive antenna
 - not using a duplexer (since only half-duplex operation is supported)
 - on-chip integrating power amplifier ⇒ single-chip modem implementation
(since transmit power is limited)



Reliability Under Extreme Coverage Conditions

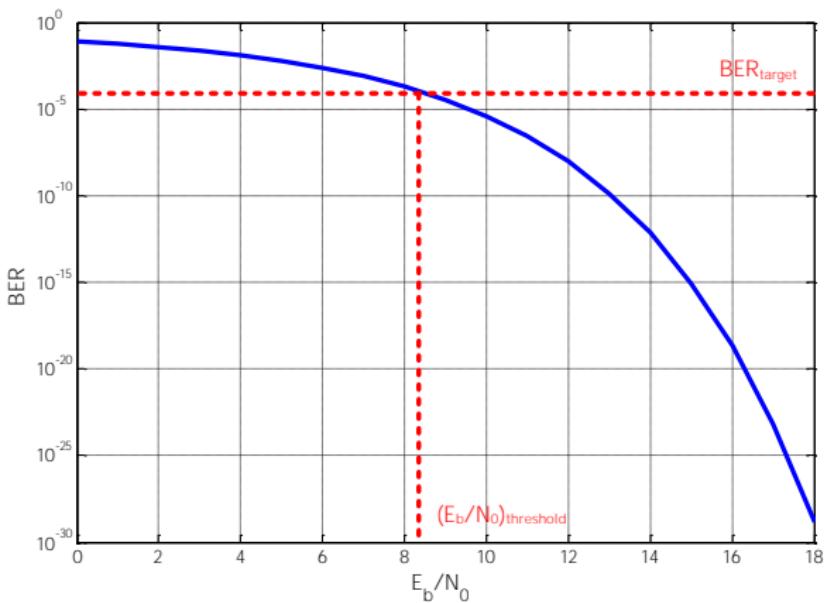
Radio Quality

- Reliability \Rightarrow bit error rate (BER) \leq target BER
- The energy per bit to noise power spectral density ratio (E_b/N_0) is defined as the ratio of the energy per bit (E_b) to the noise power spectral density (N_0)



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Radio Quality

$$BER \leq BER_{target} \Leftrightarrow \frac{E_b}{N_0} \geq \left(\frac{E_b}{N_0} \right)_{threshold}$$

- $(E_b/N_0)_{threshold}$ does not depend on the signal bandwidth and bit-rate
- The SNR, or equivalently the carrier-to-noise ratio (CNR or C/N), is defined as the ratio of the received signal power C to the power of the noise N within the bandwidth of the transmitted signal

$$SNR = \frac{C}{N} = \frac{E_b/T_b}{N_0 B} = \frac{E_b}{N_0} \frac{R_b}{B}$$

where B is the signal bandwidth in Hz, and R_b is the bit-rate in b/s.



Receiver Sensitivity

$$\begin{aligned} BER \leq BER_{target} &\Leftrightarrow SNR \geq \underbrace{\left(\frac{E_b}{N_0} \right)}_{SNR_{threshold}} \frac{R_b}{B} \\ &\Leftrightarrow S(\text{dBm}) \geq \underbrace{SNR_{threshold}(\text{dB}) + N(\text{dBm})}_{\text{Receiver sensitivity}} \end{aligned}$$

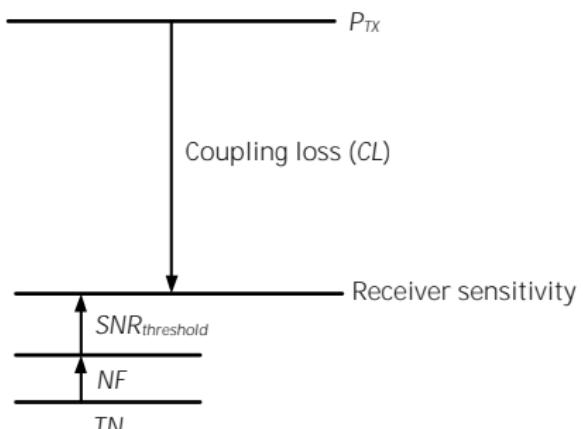
- $N(\text{dBm})$ is the background noise power at the receiver = $TN(\text{dBm}) + NF(\text{dB})$
 - TN is the thermal noise caused by thermal agitation of charge carriers:
 $-174 + 10 \log_{10}(B)$
 - NF is the noise figure caused by RF components

Maximum Coupling Loss

- The Maximum Coupling Loss (*MCL*) defines the maximum loss the system can cope with between a transmitter and a receiver:

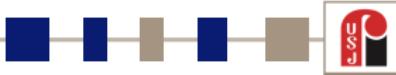
$$MCL \text{ (dB)} = P_{Tx} - \underbrace{(SNR_{threshold} - 174 + 10 \log_{10}(B) + NF)}_{\text{Receiver sensitivity}}$$

where P_{Tx} is the transmit power in dBm.



How to Improve Coverage?

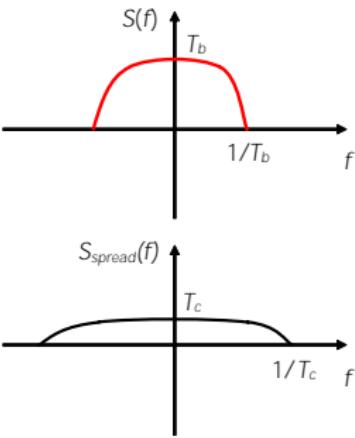
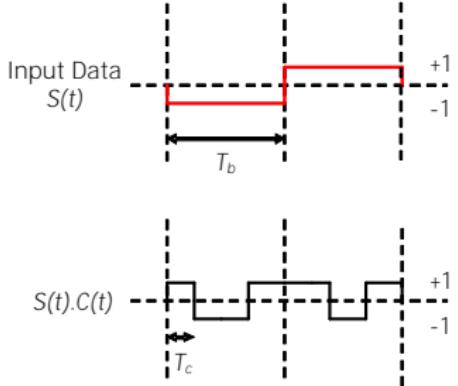
- Coverage targets are usually specified in terms of MCL
- Increasing P_{Tx} , or lowering NF , leads to higher device complexity and cost
 ⇒ inadequate solutions
- Reducing B leads to lower network capacity ⇒ inadequate solution
- Reducing $SNR_{threshold}$ through:
 - LoRaWAN: optimized radio modulation that uses spread spectrum ⇒ LoRa
 - NB-IoT: repetitions and efficient HARQ retransmissions



Chirp Spread Spectrum in LoRaWAN

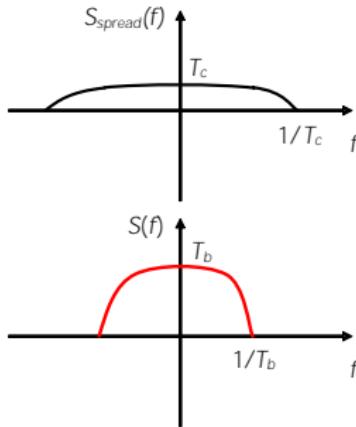
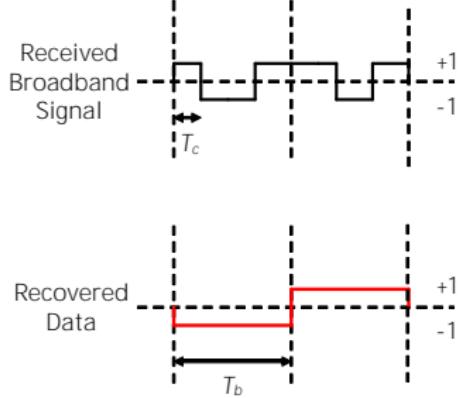
What is Spread Spectrum?

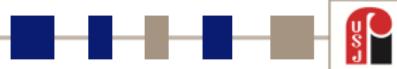
- Spread-spectrum techniques deliberately spread a signal in the frequency domain, resulting in a signal with a wider bandwidth
- Direct-sequence SS (DSSS), frequency-hopping SS (FHSS), time-hopping SS (THSS), and chirp SS (CSS) are forms of spread spectrum
- Spreading process in DSSS systems: at the transmitter, the input data $S(t)$ is multiplied with a spreading code $C(t)$



What is Spread Spectrum?

- De-spreading process in DSSS systems: at the receiver, $S(t)$ is re-covered by re-multiplying with the same spreading code $C(t)$





Why Spread Spectrum?

- Spread spectrum compensates for the *SNR* degradation

$$SNR = \frac{E_b}{N_0} \frac{R_b}{B} \Rightarrow \left(\frac{E_b}{N_0} \right)_{dB} = (SNR)_{dB} + G_p$$

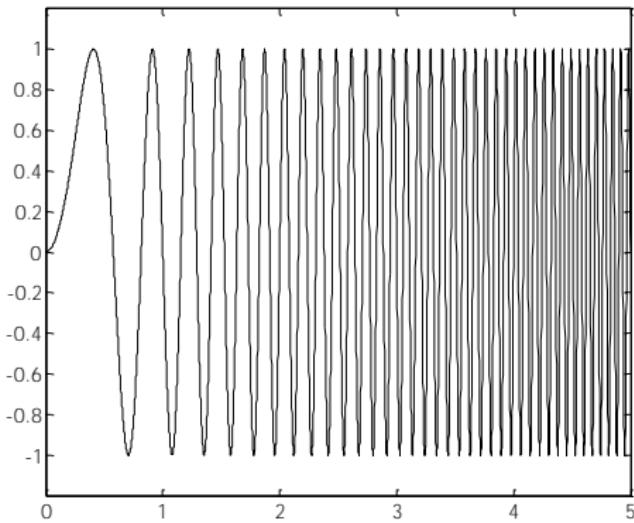
where G_p is the processing gain given by: $G_p = 10 \log_{10}(T_b B)$

$$SNR_{threshold} = \left(\frac{E_b}{N_0} \right)_{threshold} - G_p$$

- The higher G_p is
 - the lower $SNR_{threshold}$ is \Rightarrow larger radio coverage
 - the lower R_b is

Linear Chirp

- A linear chirp is a sinusoidal signal whose frequency linearly increases (*up-chirp*) or decreases (*down-chirp*) over time



A sinusoidal linear up-chirp in the time domain



Linear Chirp Theory

- A linear chirp waveform can be written as:

$$x(t) = a(t)\sin(2\pi f_0 t + \pi\mu t^2 + \phi_0)$$

where $a(t)$ is the envelope of the chirp signal which is zero outside a time interval of length T , f_0 the initial frequency, μ the chirp rate, or chirpyness, and ϕ_0 the initial phase.

- The instantaneous frequency $f(t)$ is defined as:

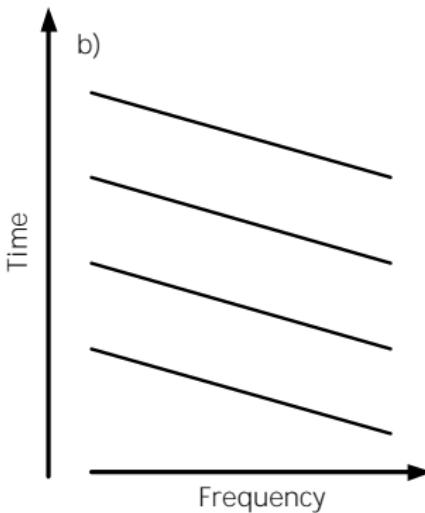
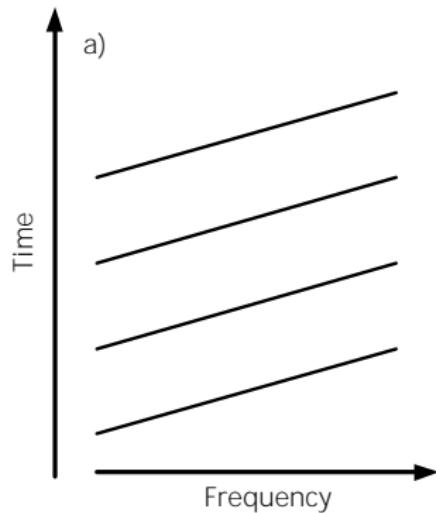
$$f(t) = \frac{1}{2\pi} \frac{d(2\pi f_0 t + \pi\mu t^2 + \phi_0)}{dt} = f_0 + \mu t$$

- The chirp rate μ represents the rate of change of the instantaneous frequency:

$$\mu = \frac{df(t)}{dt}$$

Spectrograms of Linear Chirps

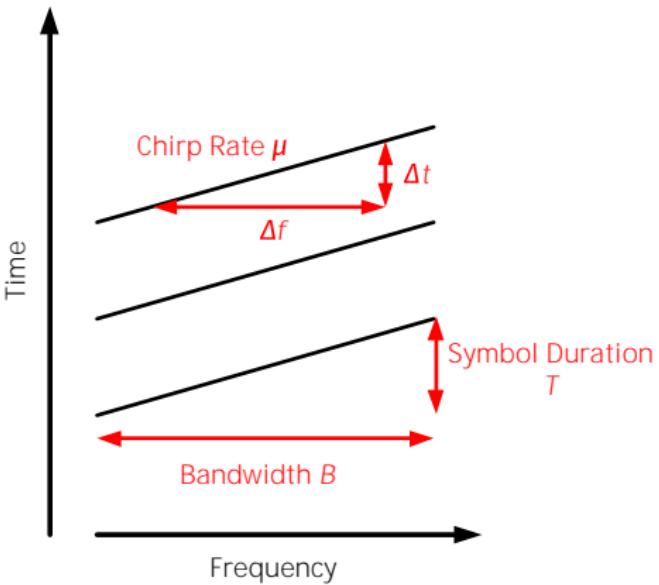
- $\mu > 0 \Rightarrow \text{up-chirps}, \mu < 0 \Rightarrow \text{down-chirps}$



Spectrograms of linear *up-chirp* (a) and *down-chirp* (b)

Bandwidth Spreading

- The bandwidth B is defined as the range of the instantaneous frequency:
$$B = |\mu|T$$
- The processing gain is given by the time-bandwidth product TB

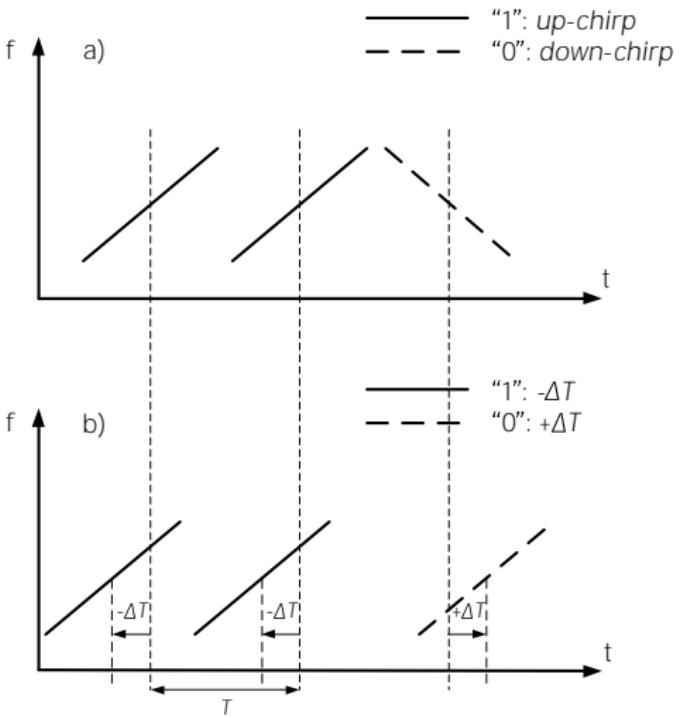




What is Chirp Spread Spectrum?

- Chirp Spread Spectrum (CSS) is a spread spectrum technique that uses wideband linear frequency modulated chirps to encode information
- Encoding information using *up-chirp* and *down-chirp* signals:
 - Example: “1” \Rightarrow transmit an *up-chirp*, “0” \Rightarrow transmit a *down-chirp*
 - Chirps are transmitted in equidistant time steps
- Encoding information using only one chirp waveform with Pulse-Position Modulation (PPM):
 - M bits are encoded by transmitting a single *chirp* in one of 2^M possible time shifts \Rightarrow bit-rate = M/T in b/s
 - Chirps are not transmitted in equidistant time steps
- At the receiver, the wanted information is re-covered through de-chirping

Example: Binary Orthogonal Keying (BOK) Schemes



a) BOK using up- and down- chirps b) BOK using PPM

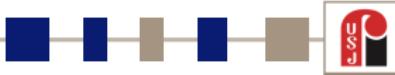


Advantages of CSS

- CSS is robust to interference, multipath fading, and Doppler effect
- Time and frequency offsets between transmitter and receiver are equivalent, greatly reducing the complexity of the receiver design

Why CSS?

CSS provides a low-complexity, low-cost, low-power, yet robust alternative to the traditional SS techniques



Repetitions in NB-IoT



Signal Combination

- Users in extreme coverage conditions blindly repeat information (without any feedback from the receiver)
- The receiver accumulates the blindly transmitted signals and combines all the repetitions
- Repetitions compensate for the *SNR* degradation

$$(SNR)_N \text{ (dB)} = \underbrace{10 \log_{10}(N)}_{G_p} + (SNR)_1$$

where $(SNR)_N$ is the ideal *SNR* after combining N transmissions and $(SNR)_1$ is the *SNR* of a single transmission.

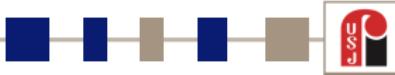
$$(SNR)_N \geq SNR_{threshold} \Rightarrow (SNR)_1 \geq \underbrace{SNR_{threshold} - 10 \log_{10}(N)}_{\text{Reduced } SNR_{threshold}}$$



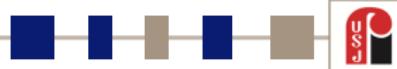
Real vs. Ideal Processing Gain

- In practice, combining two signals is rarely perfect: signal impairments will result in a lower overall processing gain
- For N between 2 and 16, the ideal gain can be achieved without any visible degradation¹

¹Simulations have been carried out for EC-GSM-IoT in O. Liberg et al., *Cellular Internet of Things - Technologies, Standards, and Performance*. Cambridge, MA, USA: American Press, 2017.



Low Power Consumption



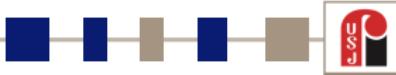
Deep Sleep Mode

- Most of the IoT applications require infrequent transmission of small data volumes
- Idle devices may enter a deep sleep mode. They:
 - shut down their transceiver
 - keep track of time and scheduled events via a low-power oscillator (that is kept running)
- Devices wake up from deep sleep mode to:
 - transmit data
 - open receive windows, or monitor paging channels

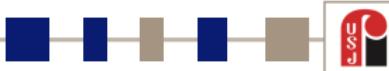


Battery Lifetime

- Battery lifetime is increased through:
 - optimizing device reachability:
 - LoRaWAN: Class A devices open two short DL receive windows only after an UL transmission.
Class B devices extend Class A by adding scheduled receive windows.
 - NB-IoT: devices monitor paging channels either periodically, or only after a mobile-originated data transfer (for a short period of time).
extended Discontinuous Reception (eDRX) and *Power-Saving Mode (PSM)* support these operations.
 - reducing signaling messages when a device needs to transmit data
 - LoRaWAN: uncoordinated data transmission
 - NB-IoT: suspend/resume (rather than release/re-establish) user plane connection, or transfer data over non-radio signaling

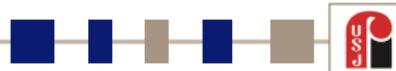


High Capacity



Support for Massive Number of Low-Rate Devices

- Trading off data rate for coverage
- How to increase network capacity?
 - LoRaWAN uses multiple orthogonal spreading factors simultaneously on the same channel
 - NB-IoT uses single-tone transmissions in the UL when coupling loss is high



Why Single-Tone Transmissions?

- The channel capacity C is given by:

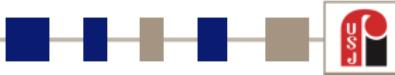
$$C = B \log_2\left(1 + \frac{S}{N}\right) = B \log_2\left(1 + \frac{S}{N_0 B}\right)$$

- When coupling loss is high, $\frac{S}{N_0 B} \ll 1 \Rightarrow \ln\left(1 + \frac{S}{N_0 B}\right) \approx \frac{S}{N_0 B}$.

$$\Rightarrow C = \frac{S}{N_0} \log_2(e)$$

C no longer depends on B

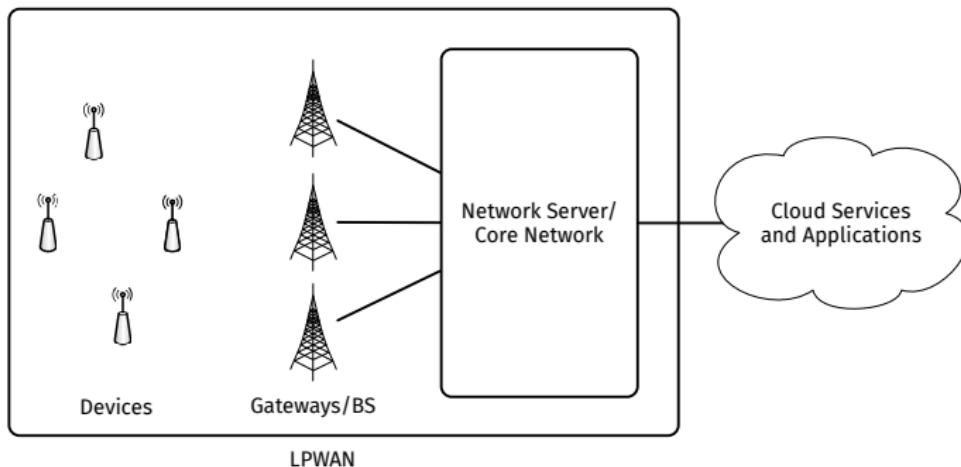
\Rightarrow allocate a single tone (subcarrier) for devices in bad coverage to increase network capacity without loss of performance

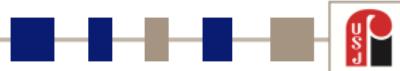


Simplified Network Topology and Deployment

Network Topology and Deployment

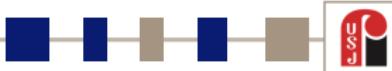
- LoRaWAN has a simple network architecture and operates in license-free bands ⇒ low-cost deployment
- NB-IoT reuses LTE frequency bands and infrastructure (through software upgrade) ⇒ fast time-to-market





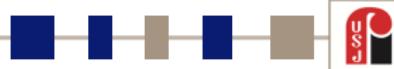
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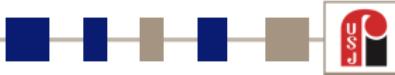
From LoRa to LoRaWAN

- LoRa
 - Modulation technique for LPWAN
- LoRaWAN
 - Uses LoRa modulation on physical layer
 - Proposes a MAC layer for access control
 - Specified by LoRa Alliance

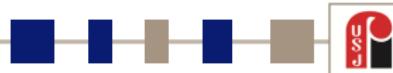


LoRaWAN Timeline

- Cycleo first introduced LoRa in 2009
 - M2M communications
 - Large coverage
- Semtech acquired Cycleo in 2012
 - Patents filed in 2014
- LoRa Alliance initiated in 2014
 - Actility, Cisco, Bouygues, IBM, Orange, SK Telecom, KPN, ZTE, Semtech, La Poste, SoftBank, Swisscom, etc.
 - LoRaWAN 1.1 specification in 2018



LoRaWAN Radio Interface



What is LoRa?

Definition of LoRa

LoRa is a wireless modulation technique that uses Chirp Spread Spectrum (CSS) in combination with Pulse-Position Modulation (PPM)

- Processing gain given by $g_p = BT$
- Variable number of bits encoded in a symbol

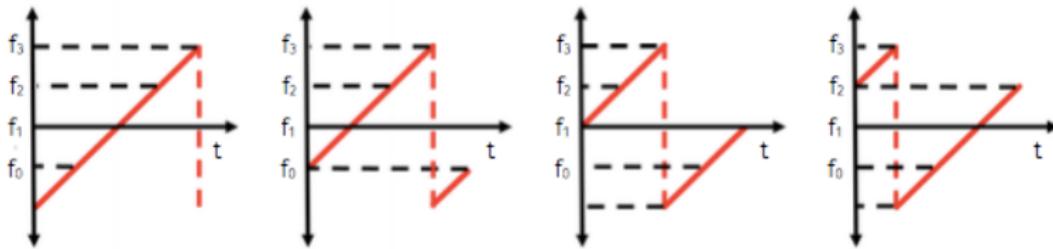
$$R_b = \frac{\log_2(g_p)}{T} = \log_2(g_p) \cdot \frac{B}{g_p}$$

- Spreading factor SF given by $\log_2(g_p)$

$$R_b = SF \cdot \frac{B}{2^{SF}}$$

LoRa Symbols

- $\log_2(g_p)$ bits are encoded by transmitting a single *chirp* in g_p possible cyclic time shifts
- Example: $g_p = 4 \Rightarrow 2$ bits/symbol





LoRa Bit-Rate

- LoRa includes a variable error correction scheme based on Hamming code
 - Improve the robustness of the transmitted signal at the expense of redundancy
- Given a coding rate CR , the bit-rate is given by:

$$R_b = SF \cdot \frac{B}{2^{SF}} \cdot CR$$

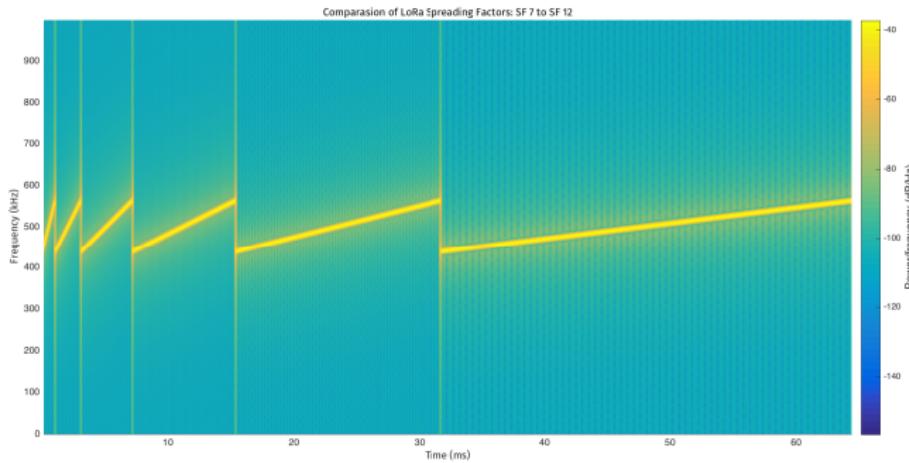
- R_b can also be written as:

$$R_b = SF \cdot \frac{B}{2^{SF}} \cdot \frac{4}{4 + CR}$$

with $1 \leq CR \leq 4$, and $6 \leq SF \leq 12$

LoRa Spreading Factors

- LoRa uses spreading factors from 6 to 12 (6 is not used in LoRaWAN)





LoRa Radio Performance

Spreading Factor	Bit Rate ² (kb/s)	Sensitivity (dBm)
6 ³	9.375	-118
7	5.468	-123
8	3.125	-126
9	1.757	-129
10	0.976	-132
11	0.537	-134.5
12	0.293	-137

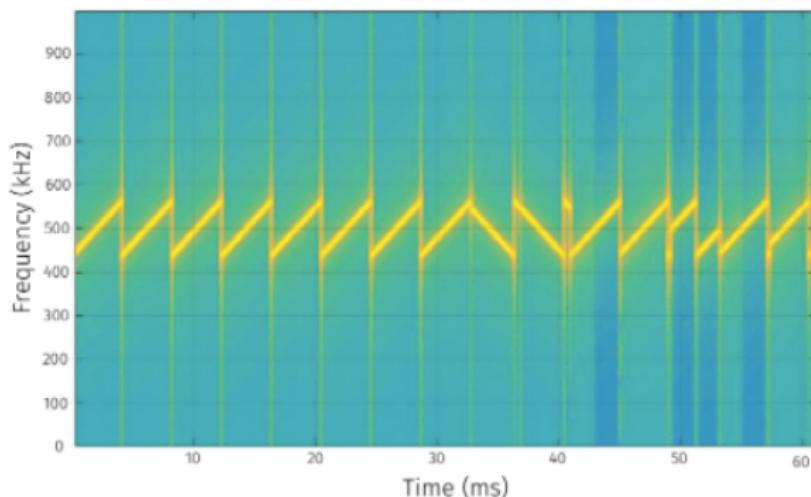
- Higher spreading factors lead to lower sensitivity and larger coverage
- Lower spreading factors lead to higher data rates

²CR = 1 and B = 125 kHz

³Spreading factor 6 is not used in LoRaWAN

LoRa Physical Layer

- LoRa transmission consists of:
 - 8 preamble (*up-chirp*) symbols
 - 2 synchronization (*down-chirp*) symbols
 - 5 modulated symbols (payload)





LoRaWAN Data Rates

Data rate	Configuration	Indicative Physical Bit Rate
0	LoRa SF12 / 125 kHz	250
1	LoRa SF11 / 125 kHz	440
2	LoRa SF10 / 125 kHz	980
3	LoRa SF9 / 125 kHz	1760
4	LoRa SF8 / 125 kHz	3125
5	LoRa SF7 / 125 kHz	5470
6	LoRa SF7 / 250 kHz	11000
7	FSK: 50 kbps	50000
8...14	RFU	
15	Defined in LoRaWAN	



LoRaWAN Channels

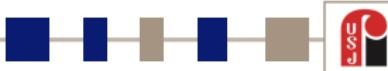
- Operates in license-free bands all around the world
 - 433, 868 (EU), 915 MHz
- EU 863-870MHz ISM Band
 - Default radiated transmit output power by devices: 14 dBm
 - Minimum set of three channels, maximum of 16 channels

Modulation	Bw [kHz]	Freq [MHz]	Data Rate	Nb Channels	Duty cycle
LoRa	125	868.10	DR0 to DR5	3	<1%
		868.30	0.3-5 kbps		
		868.50			



ETSI Limitations

- Restrictions on the maximum time the transmitter can be on or the maximum time a transmitter can transmit per hour
- Choice between
 - Duty-cycle limitation
 - Listen Before Talk Adaptive Frequency Agility (LBT AFA) transmissions management
- The current LoRaWAN specification exclusively uses duty-cycled limited transmissions to comply with the ETSI regulations



Duty Cycle Limitation

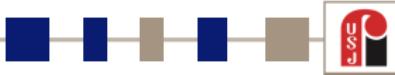
- The LoRaWAN enforces a per sub-band duty-cycle limitation
 - Each time a frame is transmitted in a given sub-band, the time of emission and the on-air duration of the frame are recorded for this sub-band
 - The same sub-band cannot be used again during the next T_{off} seconds where:

$$T_{off} = \frac{\text{TimeOnAir}}{\text{DutyCycleSubband}} - \text{TimeOnAir}$$

- During the unavailable time of a given sub-band, the device may still be able to transmit on another sub-band
- The device adapts its channel hopping sequence according to the sub-band availability

Example

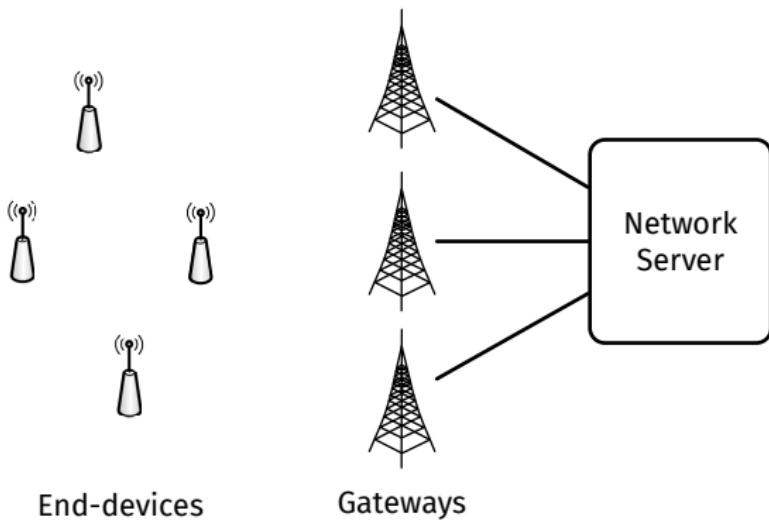
A device just transmitted a 0.5 s long frame on one default channel. This channel is in a sub-band allowing 1% duty-cycle. Therefore this whole sub-band (868 – 868.6) will be unavailable for 49.5 s



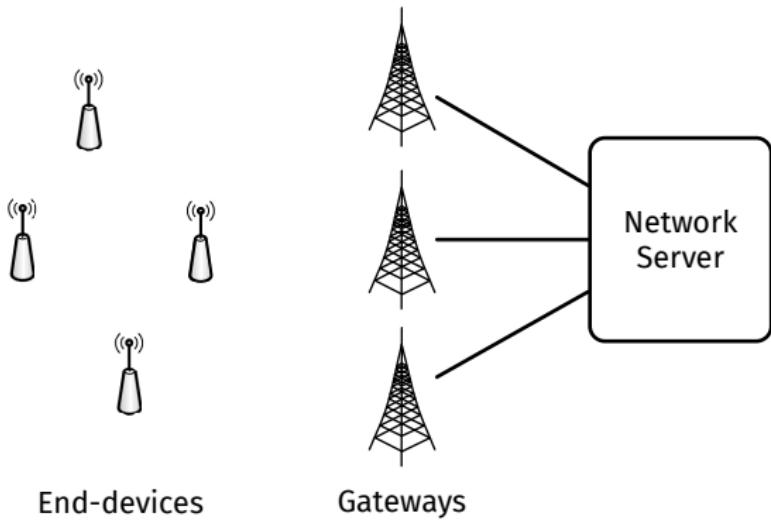
LoRaWAN Physical Architecture

LoRaWAN General Architecture

- LoRaWAN network architecture is typically laid out in a star-of-stars topology
 - End-devices
 - Gateways
 - Network server

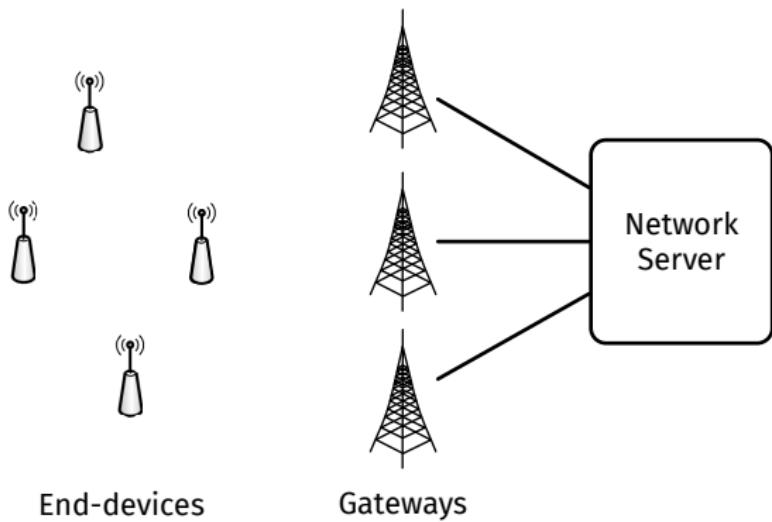


End-Devices



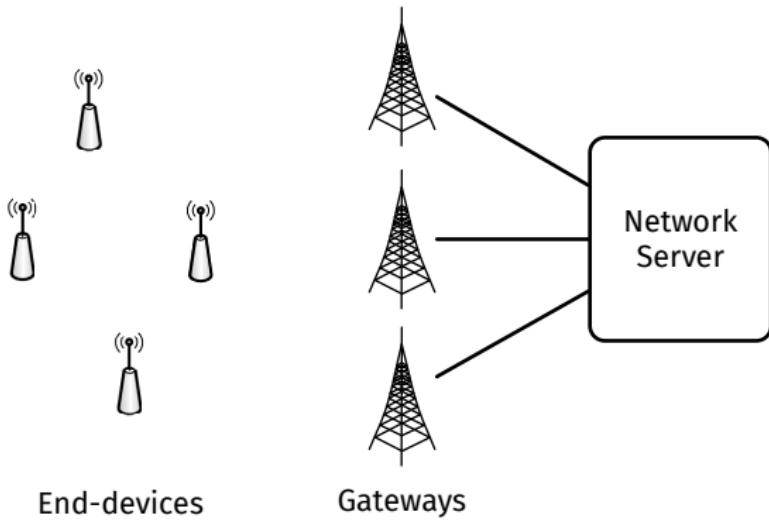
- End-devices are also called motes or devices
 - Communicate to one or more gateways via a wireless interface using single hop LoRa or FSK

Gateways

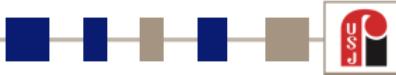


- Gateways are also called concentrators or base stations
 - Forward Frames between devices and network server
 - Connected to the network server via IP interfaces

Network Server



- Network server is a central server located at the backend
 - Provides mobility, frame control, and security functions
 - Adapts data transmission rates



LoRaWAN Protocol Architecture



Uplink transmission

- Uncoordinated data transmission
 - Devices transmit without any coordination on a randomly chosen channel
 - Regulated maximum transmit duty cycle
 - Regulated maximum transmit duration (or dwell time)
- Collisions occur in LoRaWAN
 - Simultaneous transmissions on the same channel and spreading factor collide

LoRaWAN Access Method

LoRaWAN is an ALOHA-type protocol: transmission by the device is based on its own communication needs with a small variation based on a random time basis

Device Classes

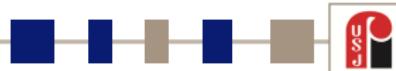
- Class A
 - Each uplink transmission is followed by two short downlink receive windows
 - Adapted for applications that only require downlink communication from the server shortly after the end-device has sent an uplink transmission
- Class B
 - In addition to class A, receive windows are opened at scheduled times
 - A time synchronized Beacon is sent by the gateway
- Class C
 - Nearly always open receive windows (unless transmitting)



Receive Windows for Class A Devices

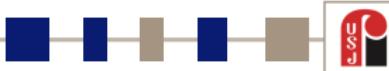
- First receive window
 - Same channel (and data rate) as the uplink
- Second receive window
 - Predefined channel and data rate, and possibility to modify it by MAC commands





Messages

- Uplink messages
 - Sent by devices to the NS
 - Relayed by one or multiple gateways
 - [Preamble, PHDR, PHDR_CRC, Payload, CRC]
- Downlink messages
 - Sent by the NS to only one device and is relayed by a single gateway
 - [Preamble, PHDR, PHDR_CRC, Payload]
- Each device has two frame counters
 - Uplink frames, incremented by the device
 - Downlink frames, incremented by the NS



MAC Header

- Format
 - [MAC type, ..., Device Address, Frame Control, Frame Counter, Frame Options, Frame Port, Payload]
- Message Types
 - Join Request
 - Join Accept
 - Unconfirmed Data Up
 - Unconfirmed Data Down
 - Confirmed Data Up
 - Confirmed Data Down
 - RFU
 - Proprietary



ACK in Frame Control for Confirmed Mode

- If the ACK (demanding acknowledge) sender is an end-device
 - The network will send the acknowledgement using one of the receive windows opened by the end-device after the send operation
- If the sender is a NS
 - The end-device transmits an acknowledgment at its own discretion, possibly piggybacked with the next Data message
- A message is retransmitted (predefined number of times) if an ACK is not received



MAC Commands

- Commands are exchanged between devices and NS, not visible to the application layer
- Examples
 - Indicate the quality of reception of the device
 - Indicate the battery level of a device
 - Request the device to change data rate, transmit power, repetition rate or channel
 - Sets the maximum aggregated transmit duty-cycle of a device
 - Change to the frequency and the data rate set for the second receive window (RX2) following each uplink



Data Stored in Each device

- Device address
 - 7 bit network identifier
 - 25 bit network address arbitrarily assigned by the admin
- Application Identifier
 - 64 bits that uniquely identify the owner of the device (EUI-64)
- Session key
 - Used for integrity check and encryption/decryption of MAC only messages
- Application Session key
 - Used for integrity check and encryption/decryption of application data messages



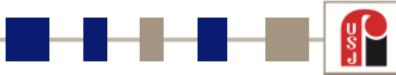
Two Ways of Activation

- Over the air activation
 - Necessitates a globally unique end-device identifier (DevEUI), the application identifier (AppEUI), and an AES-128 key (AppKey)
 - Two MAC messages between NS and devices: Join and Accept
- Activation by Personalization
 - No MAC messages
 - The DevAddr and the two session keys NwkSKey and AppSKey are directly stored into the end-device

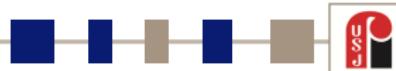


Adaptive Data Rate

- Objectives
 - Increase battery life
 - Maximize network capacity
- Data rate validation
 - A device periodically sets the ADR acknowledgment bit and waits for an acknowledgment from the network
 - If an ACK is not received, the device switches to the next lower data rate that provides a longer radio range



NB-IoT



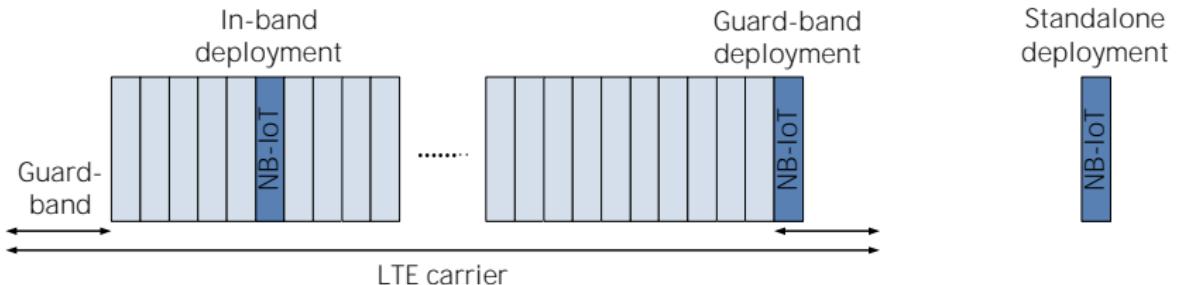
What is NB-IoT?

- NB-IoT is part of the 3GPP LTE specifications: Releases 13 and 14
- NB-IoT adapts and leverages the LTE ecosystem:
 - it reuses many LTE design principles:
 - Transmission schemes
 - Protocol architecture
 - Bearer management
 - Security management
 - Mobility management
 - it reuses LTE infrastructure through software upgrade



Deployment Flexibility

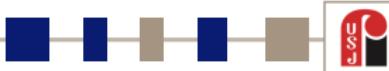
- NB-IoT supports three operation modes: in-band (LTE), guard-band (LTE), and standalone (e.g., refarm the GSM carrier)





Radio Interface

- Channel bandwidth: $180 \text{ kHz} \equiv 1 \text{ LTE Physical Resource Block (PRB)}$ in the frequency domain
- Transmission schemes:
 - OFDMA (subcarrier spacing $\Delta f = 15 \text{ kHz}$) in the DL
 - SC-FDMA ($\Delta f = 15 \text{ kHz}$ or 3.75 kHz) in the UL
- Smallest schedulable unit:
 - $1 \text{ PRB} = 180 \text{ kHz}$ (12 subcarriers) over 1 ms (1 subframe) in the DL
 - $1 \text{ Resource Unit (RU)}$ in the UL
 - 180 kHz (12 subcarriers) over 1 ms
 - 90 kHz (6 subcarriers) over 2 ms
 - 45 kHz (3 subcarriers) over 4 ms
 - 15 kHz (1 subcarrier) over 8 ms
 - 3.75 kHz (1 subcarrier) over 32 ms
- Maximum Transport Block Size (TBS):
 - 680 bits (R13), or 2536 bits (R14), mapped over up to 10 subframes (10 ms) in the DL



Radio Interface

- 1000 bits (R13), or 2536 bits (R14), mapped over up to 10 RUs in the UL
- Modulations:
 - QPSK in the DL
 - QPSK (for multi-tone transmission), $\pi/4$ -QPSK, or $\pi/2$ -BPSK (for single-tone transmission) in the UL
- Channel codes:
 - LTE tail-biting convolution code (TBCC) in the DL
 - LTE turbo code (for data transfer) and repetition code (for HARQ feedback) in the UL
- Repetitions for coverage enhancement:
 - up to 2048 repetitions in the DL and up to 128 repetitions in the UL
 - 20 dB coverage enhancement over GPRS \Rightarrow sevenfold increase in coverage area (in an open environment), or (deep) indoor penetration

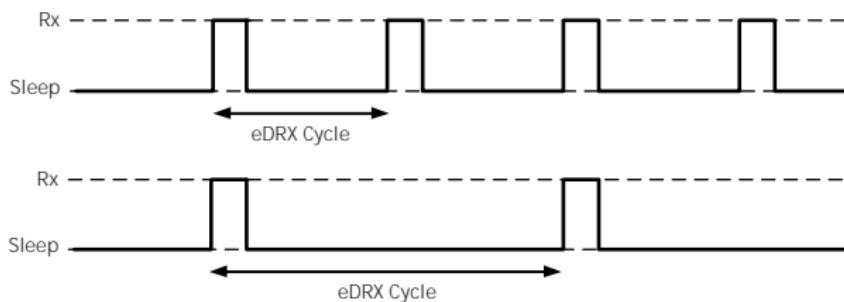


Device Reachability

- To reduce device power consumption, devices that have had no traffic for a predefined period of time (inactivity timer) are switched to idle mode
- Idle devices monitor paging channels either periodically, or only after a mobile-originated data transfer (for a short period of time)
 - extended Discontinuous Reception (eDRX)
 - Power-Saving Mode (PSM)

extended Discontinuous Reception (eDRX)

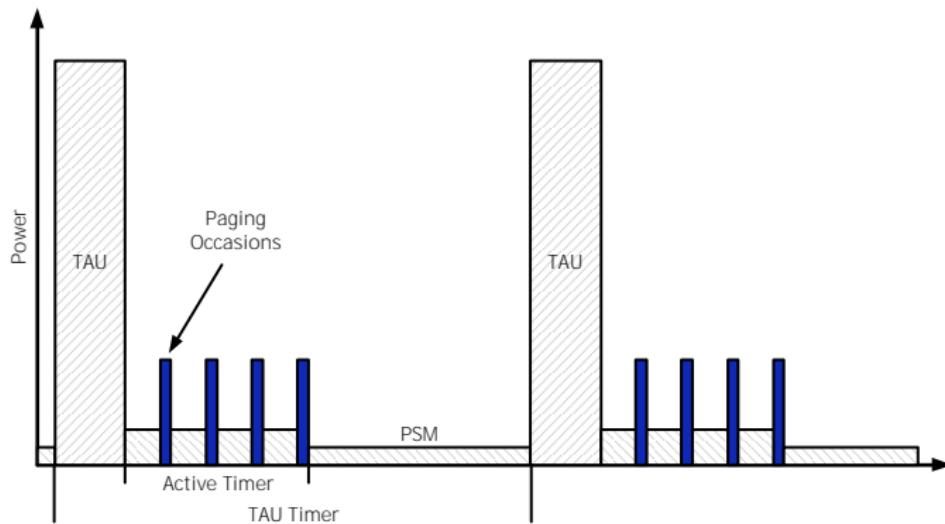
- An eDRX cycle is the time period between two paging occasions a device needs to monitor (up to 2 h, 54 min, and 46 s)
- In between these two occasions, the device is assumed to be in deep sleep mode
- The eDRX cycle is negotiated on a per-device basis



Two possible eDRX cycle configurations

Power-Saving Mode (PSM)

- In PSM, idle devices do not monitor paging channels \Rightarrow unreachability
- A device leaves PSM to send application data or a periodic tracking area update message



Operation in PSM including periodic TAU

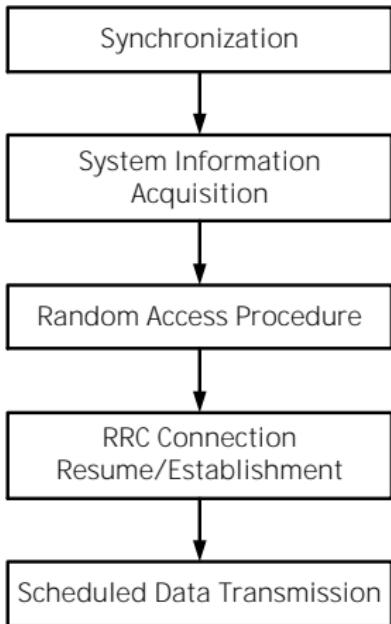


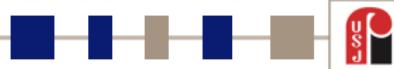
Power-Saving Mode (PSM)

- After data transfer, the device monitors paging occasions until an active timer expires
- When the active timer expires, the device re-enters PSM and is unreachable until the next mobile-originated event
- The tracking area update period is configurable on a per-device basis (up to a year)

Cell Access

- From idle to connected mode:





Data Transport

- Signaling messages, that are required before a device transmits data, are reduced:
 - User Plane Cellular IoT (CIoT) Evolved Packet System (EPS) optimization procedure
 - Suspend/resume RRC connection (rather than release/re-establish RRC connection)
 - The device context is maintained at the UE, eNB, and MME during idle mode
 - Control Plane CIoT EPS optimization procedure
 - Transfer data over non-radio signaling (DoNAS, Data over Non-Access Stratum)
 - The IP packets are encapsulated in non-radio signaling messages and are sent to the MME
 - The MME extracts the IP packets and forwards them to the S-GW



Non-IP Data Delivery (NIDD)

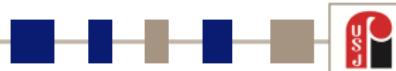
- To further reduce device power consumption, non-IP data transfer is also supported
- Non-IP data is transferred over non-radio signaling:
 - Non-IP data is encapsulated in non-radio signaling messages and is sent to the MME
 - The MME extracts the data and forwards it to the SCEF (Service Capability Exposure Function)



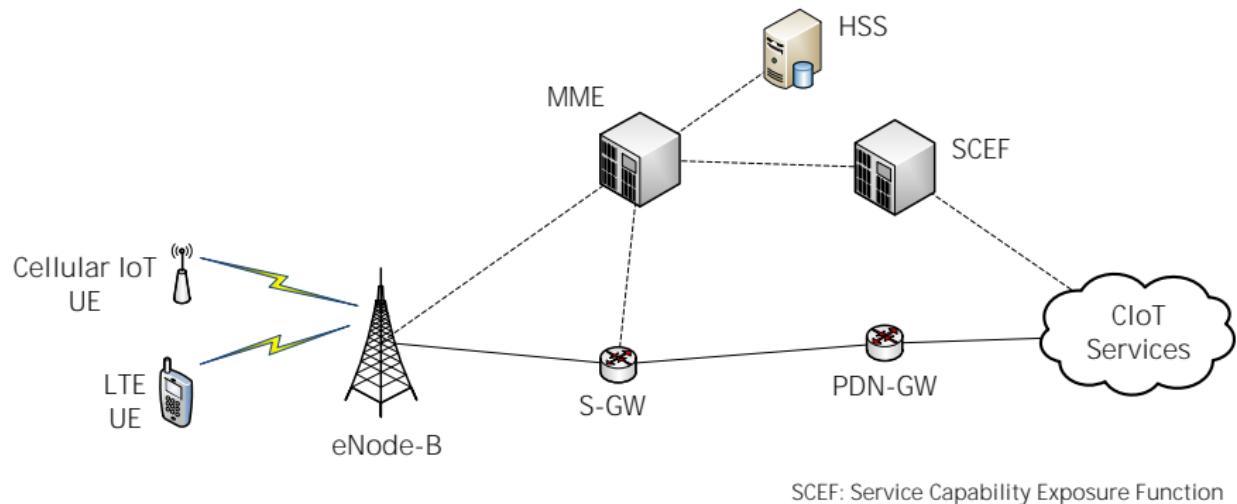


Service Capability Exposure Function (SCEF)

- SCEF is defined in Release 13
- SCEF provides APIs for small data transfers and control messaging
- The APIs securely expose network capabilities and services. They enable many use cases:
 - Device trigger delivery: wake up and notify a UE to connect to the AS
 - UE reachability and monitoring: check if a UE is currently reachable. If not, send back a notification when it becomes reachable.
 - Network configuration and parameters: set the PSM and eDRX parameters



Physical Architecture





Mobility Management

- Mobility management is limited to idle mode and is performed through cell reselection (with tracking area updates)
- Handover management is not supported, as NB-IoT is designed for infrequent and short messages
 - Connected devices do not perform mobility measurements
 - In case of connection loss (persistent link-layer failures), they switch to idle mode
 - In idle mode, they initiate cell reselection and then switch back to connected mode



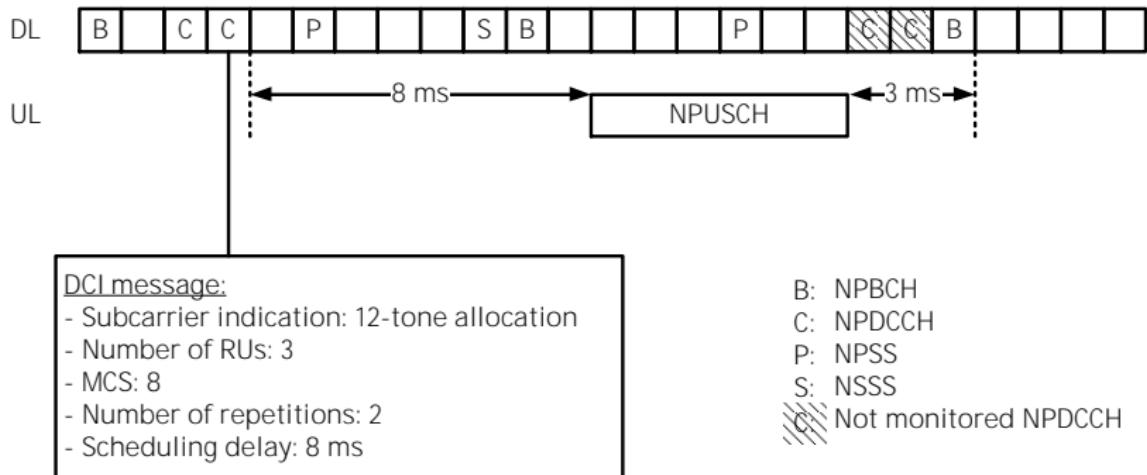
Uplink Scheduling

- Scheduling information is transmitted in the Downlink Control Information (DCI) message
- UL scheduling information includes:
 - resource allocation (in time and frequency domains): subcarrier indication and number of RUs
 - Modulation and Coding Scheme (MCS)
 - number of repetitions
 - scheduling delay: time gap between the last DCI and the first scheduled UL subframe (≥ 8 ms)
- A TB can be mapped over multiple RUs, allowing more redundancy bits for channel coding
- The scheduling delay allows the device to decode the DCI message, switch to transmission mode, and prepare for the UL transmission
- After data transmission, the device has at least 3 ms to switch to reception mode and monitor the next DCI message



Uplink Scheduling

- An uplink scheduling example⁴:



⁴O. Liberg et al., *Cellular Internet of Things - Technologies, Standards, and Performance*. Cambridge, MA, USA: American Press, 2017.



Downlink Scheduling

- The general aspects of DL scheduling are similar to those of UL scheduling
- DL scheduling information includes:
 - resource allocation: number of subframes per repetition
 - MCS
 - number of repetitions
 - scheduling delay (≥ 4 ms)
 - HARQ-Ack resource: subcarrier index and time offset
- Resources for HARQ feedback are also scheduled
- After HARQ feedback transmission, the device has at least 3 ms to switch to reception mode and monitor the next DCI message

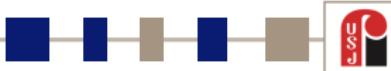


Power Control

- Closed-loop power control requires constant feedback and measurements, and is consequently power consuming
⇒ open-loop power control is supported
- Power control for UL data channels:
 - If the number of repetitions is greater than 2, the transmit power P is the maximum device power: $P = P_{max}$
 - R13 defined two device power classes: $P_{max} = 20$ and 23 dBm
 - R14 introduced one additional device power class: $P_{max} = 14$ dBm
 - If the number of repetitions is 1 or 2, the transmit power is determined by:

$$P \text{ (dBm)} = \max \{P_{max}, P_{target} + \alpha L + 10 \log_{10}(M)\}$$

where P_{target} is the target received power, L is the estimated path loss, α is a path loss adjustment factor, and M is a bandwidth adjustment factor

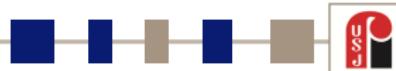


Power Control

- M relates P_{target} to target SNR

Bandwidth (kHz)	M
3.75	1/4
15	1
45	3
90	6
180	12

- P_{max} , P_{target} , and α are provided by higher-layer configuration signaling



Outline

- 1 General Framework
- 2 Design Rationale
- 3 Technical Specification
- 4 Performance Evaluation



Link Budget Analysis



Link Budget

- The link budget is a measure of all the gains and losses from the transmitter, through the propagation channel, to the target receiver
- The link budget of a network wireless link can be expressed as:

$$P_{Rx} = P_{Tx} + G_{System} - L_{System} - L_{Channel} - M$$

where:

P_{Rx} = the expected received power

P_{Tx} = the transmitted power

G_{System} = system gains such as antenna gains

L_{System} = system losses such as feed-line losses

$L_{Channel}$ = path loss

M = additional margins



Additional Margins

- Fading margin
- Interference margin
- Penetration margin:
 - indoor penetration loss (first wall): ~ 18 dB (in dense urban environment),
 ~ 15 dB (in urban environment), and $\sim 10 - 12$ dB (in rural environment)
 - deep indoor penetration loss (second wall): +3 dB
- Protection margin



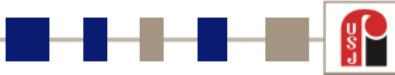
Maximum Allowable Path Loss

- The maximum allowable path loss (*MAPL*) is expressed as:

$$MAPL = \max L_{Channel} \mid P_{Rx} = \text{receiver sensitivity}$$

$$\Rightarrow MAPL = P_{Tx} + G_{System} - L_{System} - M - \text{receiver sensitivity}$$

- The maximum allowable distance between a transmitter and a receiver (cell range) depends on the *MAPL* and the channel model



Coverage of LoRaWAN

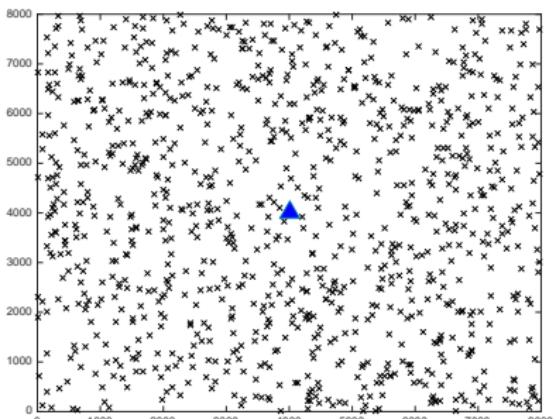
Evaluation Scenario

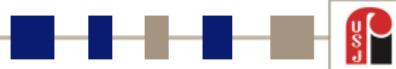
■ Area

- Surface: square of 8 Km × 8 Km
- Number of end-devices: 1000
- Distribution of end-devices: uniform
- Single gateway
- Environment type: urban

■ Radio link

- Bandwidth: 125 kHz
- Transmit power: 14 dBm
- Gateway height: 30 m
- End-device height: 1.5 m
- Antenna gains: 6 dBi
- Noise floor: -153 dBm
- Pathloss: Okumura-Hata
- Shadow fading: lognormal $\mathcal{N}(0, 8)$





Pathloss Model

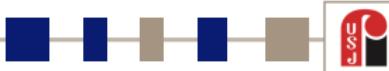
- Using the Okumura-Hata urban model, the pathloss between device i and the gateway is proportional to the logarithm of the distance $d(i, g)$ in Km:

$$L_{\text{Channel}}(i) = A + B \log_{10}(d(i, g))$$

- The two parameters A and B depend on the antenna heights ($h_b = 30$ m for the gateway and $h_d = 1.5$ m for the end-device) and the central frequency $f_c = 868$ MHz

$$A = 69.55 + 26.16 \log_{10}(f_c) - 13.82 \log_{10}(h_b) - 3.2(\log_{10}(11.75h_d))^2 + 4.97$$

$$B = 44.9 - 6.55 \log_{10}(h_b)$$

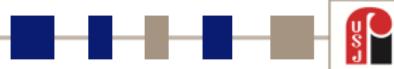


Link Budget

- We consider the following parameters:
 - Transmit power: $P_{Tx} = 14 \text{ dBm}$
 - Antenna gain: $G_{System} = 6 \text{ dBi}$
 - Fading and protection margin: $M = 10 \text{ dB}$
 - Noise floor: $N = -153 \text{ dBm}$
- We can now compute the received power $P_{Rx}(i)$ and SNR(i) at the gateway for end-device i :

$$P_{Rx}(i) = P_{Tx} + G_{System} - L_{Channel}(i) - M$$

$$\text{SNR}(i) = P_{Rx}(i) - N$$



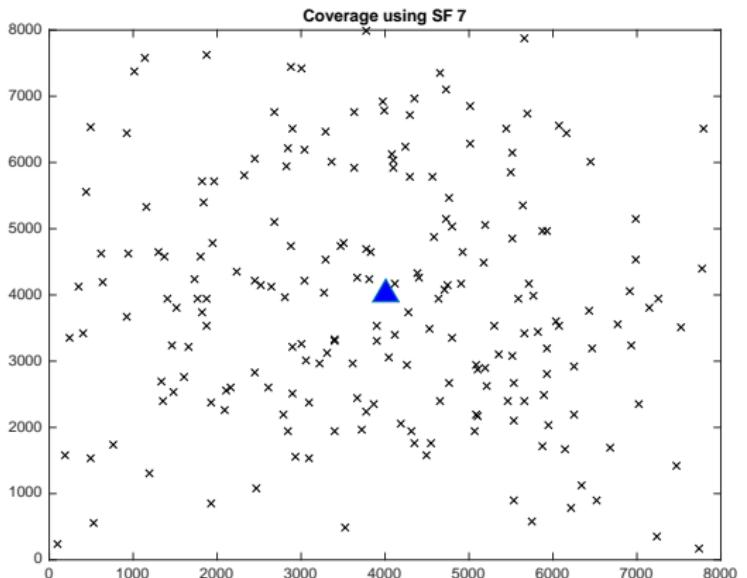
Spreading Factor Selection

- The spreading factor for each end-device is selected using the following matching table (Source: SX1276/77/78/79 Semtech datasheet):

SNR Interval (dB)	Spreading Factor
[-7.5, +∞[7
[-10, -7.5[8
[-12.5, -10[9
[-15, -12.5[10
[-17.5, -15[11
[-20, -17.5[12

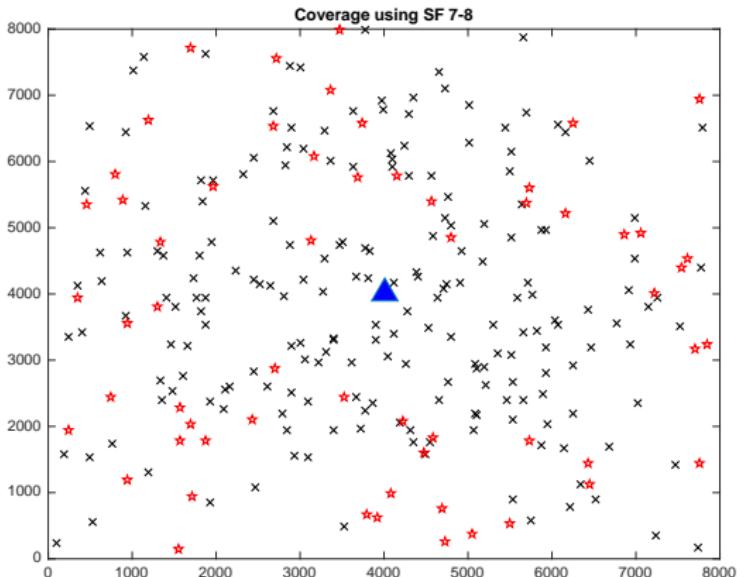
- Note that for SNR values lower than -20 dB, the end-device is considered out of coverage of the gateway

Coverage Study



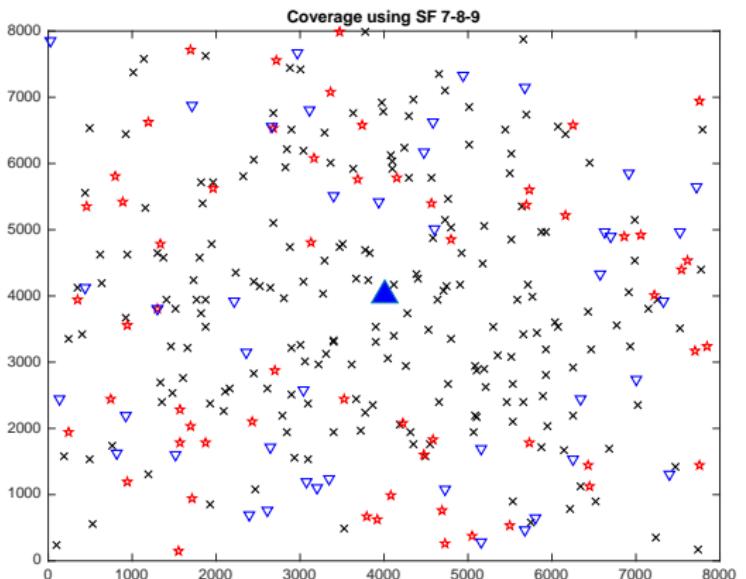
Spreading Factor	7	8	9	10	11	12
Cumulative coverage (%)	40.50	51.60	61.60	70.40	77.70	86.10

Coverage Study



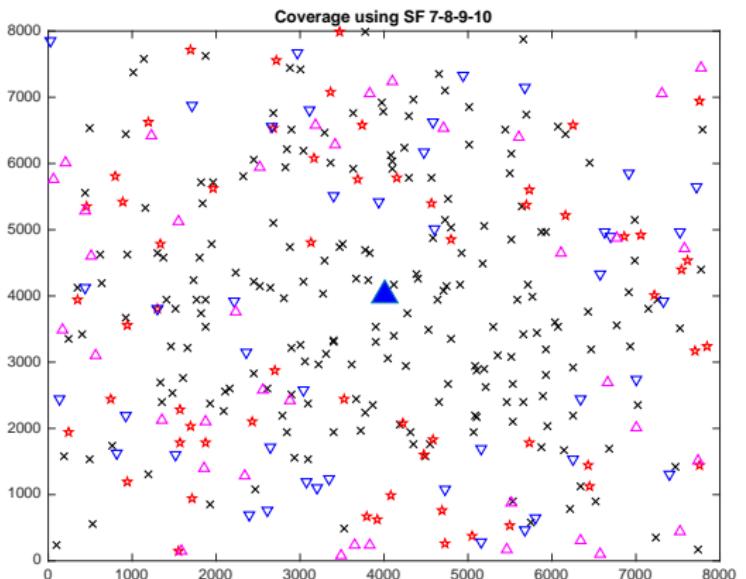
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Coverage Study



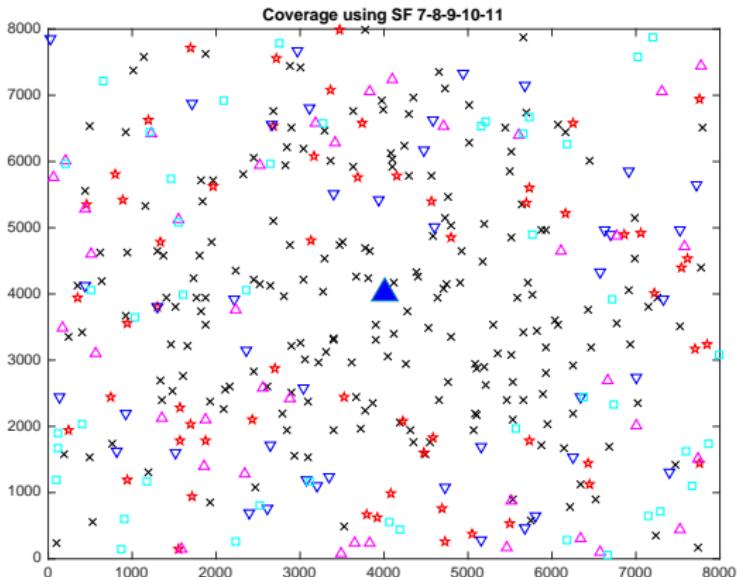
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Coverage Study



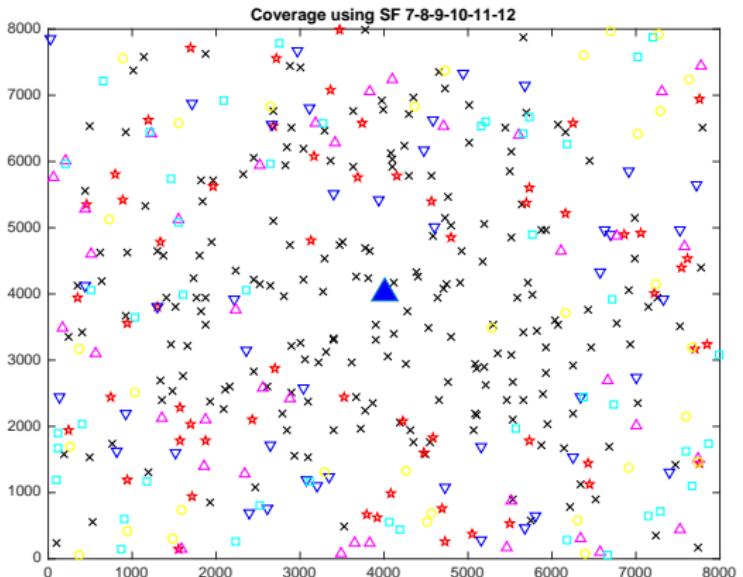
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Coverage Study



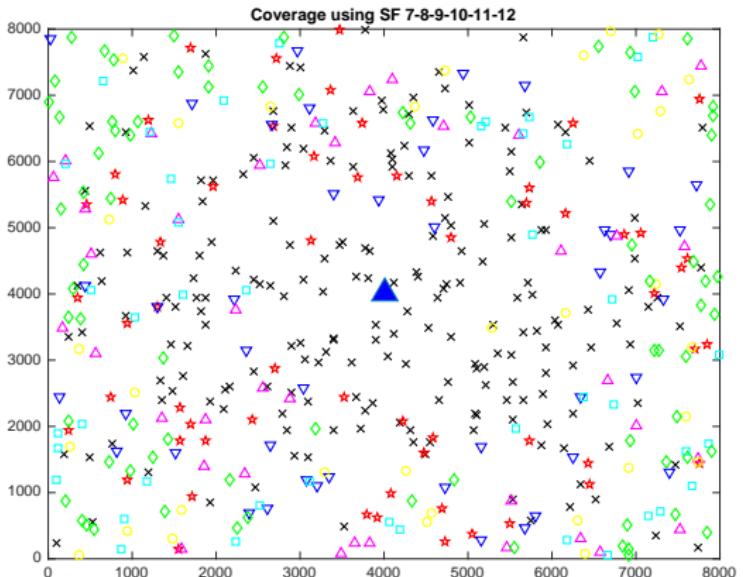
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Coverage Study



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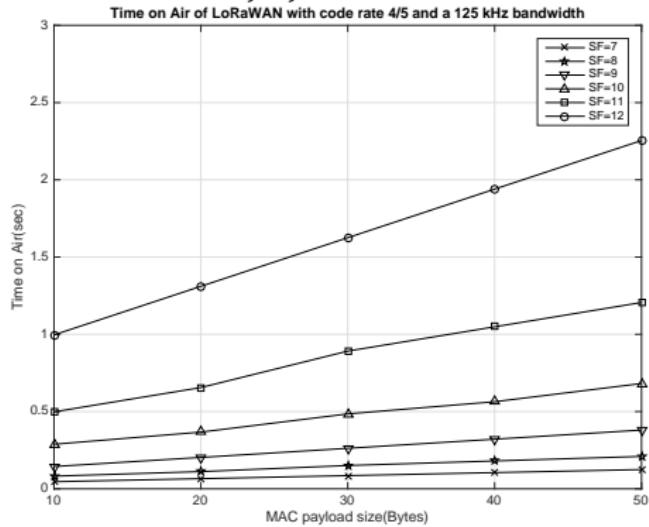
Coverage Study



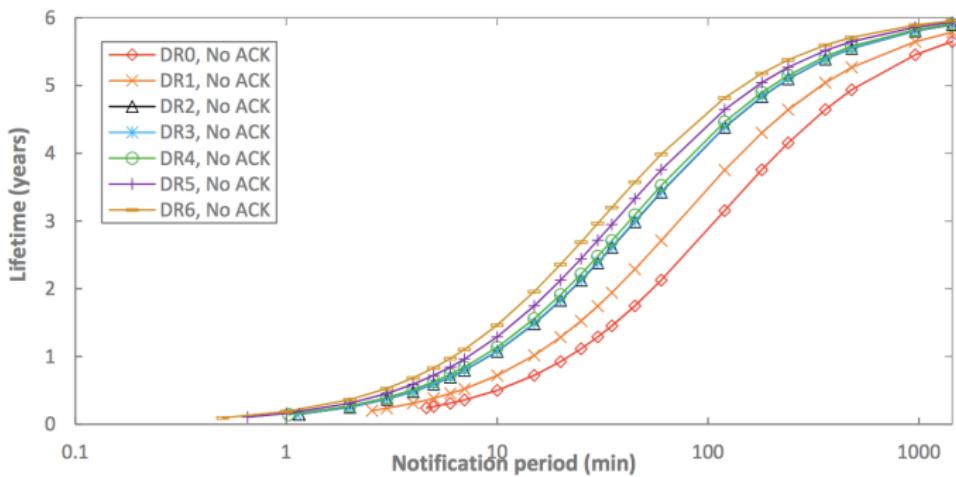
Spreading Factor	7	8	9	10	11	12
Cumulative coverage (%)	40.50	51.60	61.60	70.40	77.70	86.10

Spreading Factor and Time on Air

- The Time on Air is defined as the time required to transmit a packet in a sub-band
- The selection of the spreading factor impacts the Time on Air and consequently determines the duty cycle limitation



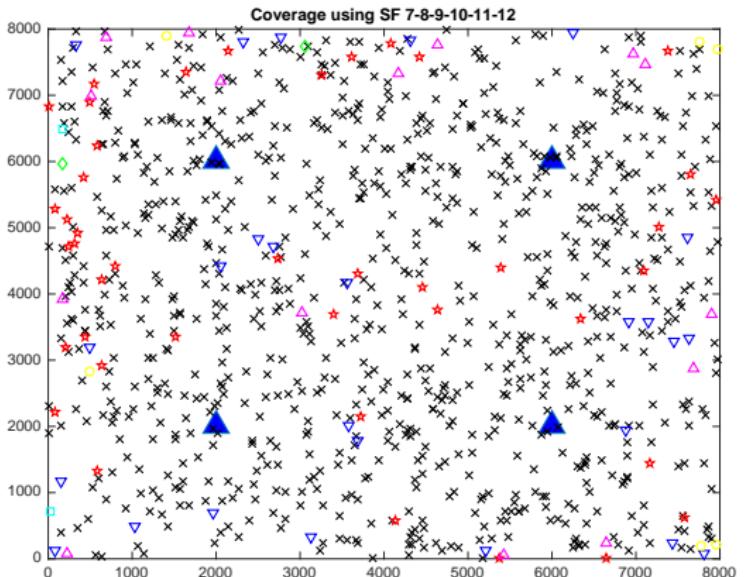
Spreading Factor and Energy Consumption



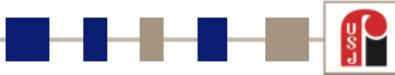
Source: Lluís Casals *et al.*, Modeling the Energy Performance of LoRaWAN, Sensors, 2017

- DR0 to DR5 correspond to spreading factors 12 to 7 with a bandwidth of 125 kHz. DR6 correspond to spreading factor 7 and a bandwidth of 250 kHz
- For an end-device sending packets every 100 minutes, changing the spreading factor from 12 to 7 increases its lifetime by almost 1.5 years

Enhancing the Coverage with Multiple Gateways



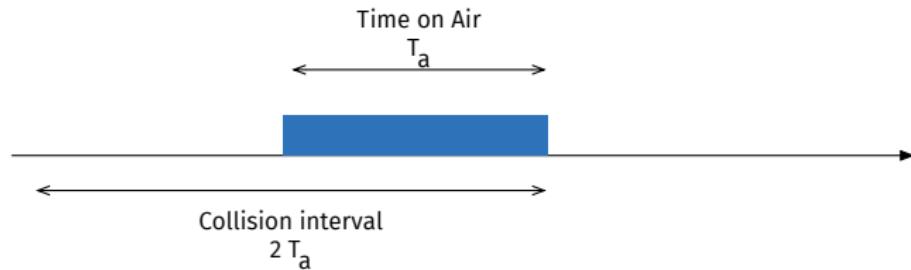
Spreading Factor	7	8	9	10	11	12
Cumulative coverage (%)	88.70	94.50	97.60	99.20	99.60	100.00



Capacity of LoRaWAN

Pure ALOHA Model

- The start times of the packets in an ALOHA channel is modeled as a Poisson point process with parameter λ packets/second



- If each packet in the channel lasts T_a seconds, the normalized channel traffic can be defined as

$$G = \lambda T_a$$

- The normalized throughput of the ALOHA random access channel is given by

$$S = G \exp(-2G)$$



ALOHA Model for LoRaWAN

- We consider the case where only one spreading factor and one sub-channel are available
- The general case of multiple sub-channels and spreading factors can be easily inferred
 - Multiple spreading factors are orthogonal
 - Packets are uniformly transmitted on available sub-channels
- The time to transmit a packet of l bytes (size of MAC payload) on spreading factor s is denoted $T_a(l, s)$
- Given a duty cycle limitation of $d = 1\%$, the packet generation rate for each end-device operating on spreading factor s must verify:

$$\lambda(s) \leq \frac{d}{T_a(l, s)}$$

- The normalized channel traffic for N end-devices is obtained as follows:

$$G = N \cdot \lambda(s) \cdot T_a(s)$$



Capacity Formulas for LoRaWAN

- We consider a LoRaWAN network with N end-devices and one gateway
 - One spreading factor s and one sub-channel are available
 - Transmit attempts are done according to a Poisson distribution
 - All end-devices have the same packet generation rate $\lambda(s)$
 - All packets have the same length of l bytes
- The normalized throughput of the LoRaWAN network is given by:

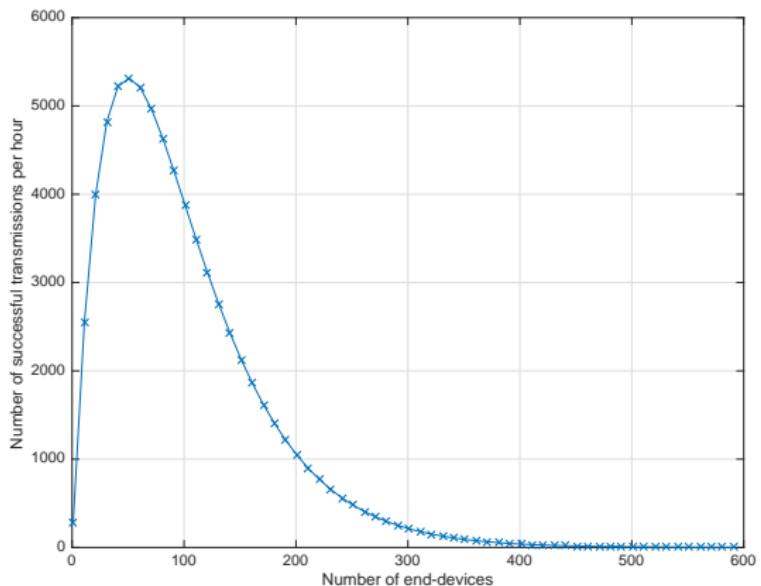
$$S = G \exp(-2G) = N\lambda(s)T_a(l, s) \exp(-2N\lambda(s)T_a(l, s))$$

- The total number of transmitted packets per second that are successfully received by the gateway (referred to as successful transmissions in the following) is obtained by:

$$\frac{1}{T_a(l, s)} \times S$$

Successful Transmissions per Hour

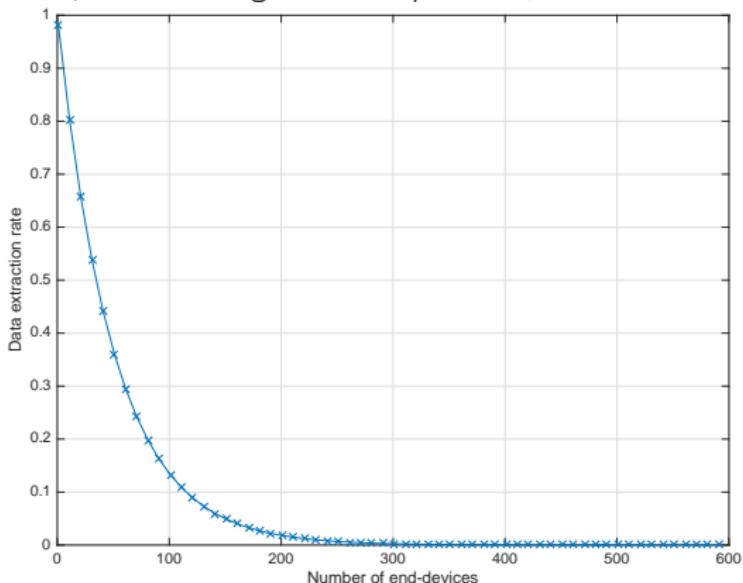
- The number of successful transmissions per hour decreases for more than 50 end-devices



$$l=50 \text{ bytes}, SF=7, \lambda(s) = \frac{d}{T_a(l,s)}$$

Data Extraction Rate

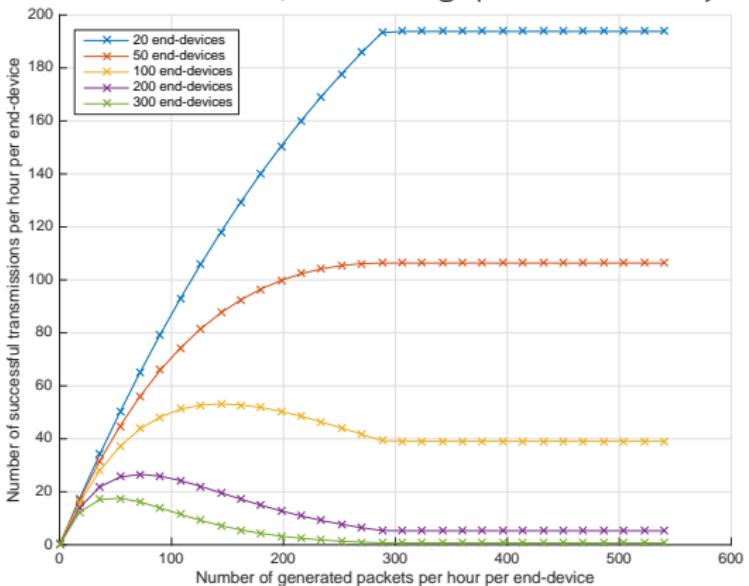
- For 100 end-devices the percentage of successful transmissions is equal to 14% (the average number of successfully transmitted packets per end-device equals 40 per hour, out of 289 generated packets)



$$l=50 \text{ bytes}, SF=7, \lambda(s) = \frac{d}{T_a(l,s)}$$

Packet Generation Rate

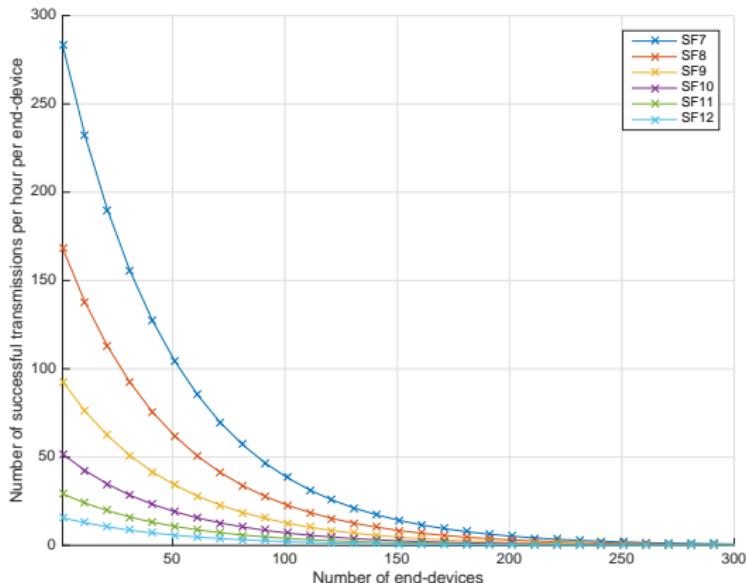
- For small number of end-devices, the throughput is limited by the duty cycle
- For large number of end-devices, the throughput is limited by collisions



$l=50$ bytes, SF=7

Spreading Factors and Successful Transmissions

- For 50 end-devices, the average number of successful transmissions per end-device per hour increases from 6 to 106 when SF decreases from 12 to 7



$$l=50 \text{ bytes}, \lambda(s) = \frac{d}{T_a(l,s)}$$

Collisions and Capture Effect

- It is assumed by default that all transmitted signals that collide will fail to be received
- In practice, the strongest received signal may be successfully received despite the presence of interfering signals \Rightarrow capture effect
- The capture effect depends on:
 - The receiver sensitivity
 - The signal to noise plus interference ratio SINR
- The presence of multiple receivers favors the capture effect





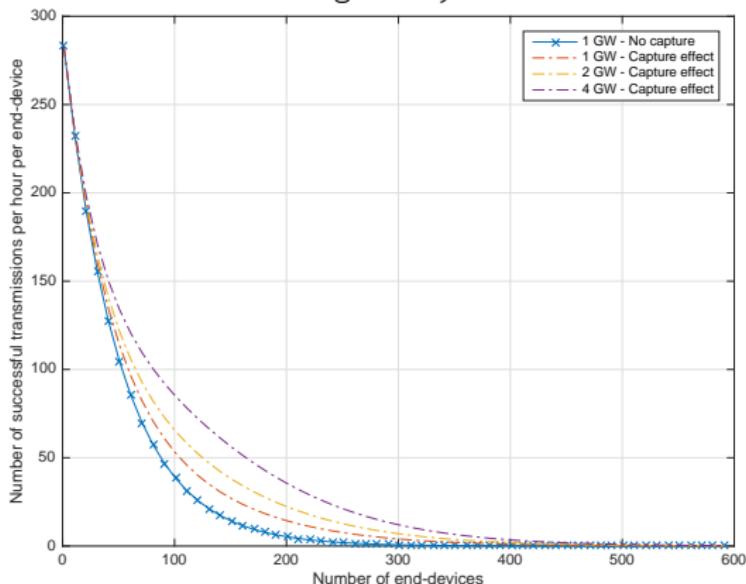
Applying the Capture Effect for LoRaWAN

- We consider a LoRaWAN network with N end-devices and r gateways
- We take $G = N\lambda(s)T_a(l, s)$, where $\lambda(s)$ is the packet generation rate of each end-device, and $T_a(l, s)$ the time to transmit a packet of l bytes
- We assume that a packet is successfully received by one gateway if the corresponding received signal power is higher than the maximum interferer
 - We consider an additional margin of Δ dB (Δ equals 3 dB or 6 dB in practice)
- The probability of successful transmission of one packet when n collisions occur is denoted by $P_{cap}(n, \Delta)$
- The normalized throughput of the LoRaWAN network is given by:

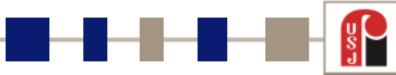
$$S = G \exp(-2G) \left(1 + \sum_{n=2}^N \frac{(2G)^n}{n!} (1 - (1 - P_{cap}(n, \Delta))^r)\right)$$

Successful Transmissions with Capture Effect

- For 100 end-devices, the number of successful transmissions per hour per end-device increases from 38 to 52 when considering the capture effect with one gateway, and reaches 84 with 4 gateways



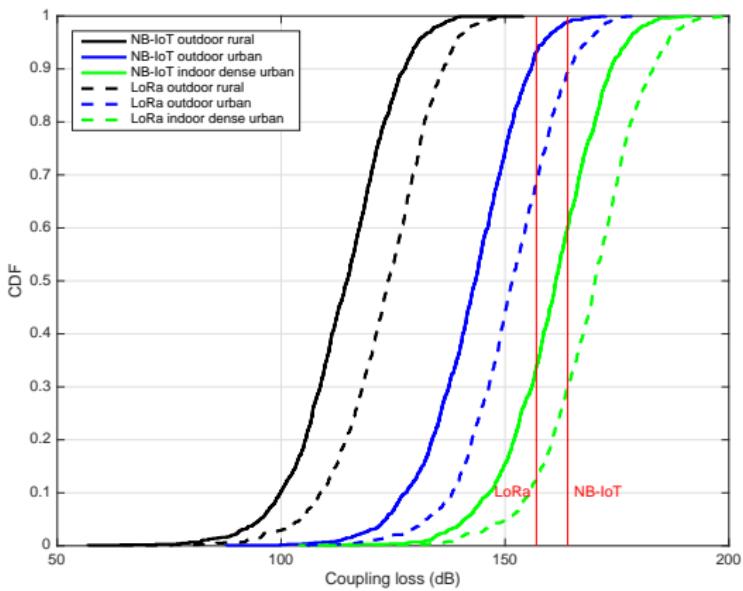
$$l=50 \text{ bytes}, SF=7, \lambda(s) = \frac{d}{T_a(l,s)}, \Delta = 6 \text{ dB}$$



Coverage Comparison of LoRaWAN and NB-IoT

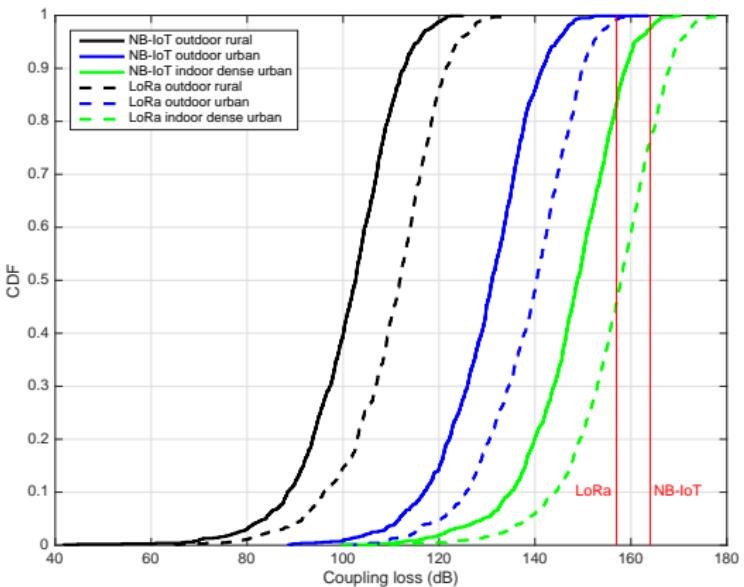
Coupling Loss

- Coverage outage \Rightarrow coupling loss $>$ MCL (NB-IoT: 164 dB, LoRaWAN: 157 dB)
- In indoor dense urban environments, the outage probability of LoRaWAN is 87% (with a single gateway)



Enhancing the Coverage with Multiple Gateways

- Network densification decreases the outage probability of LoRaWAN to 55%
- LoRaWAN has coverage limitations in comparison with NB-IoT





Conclusions (1/4)

- How do LPWAN complement traditional cellular and short-range wireless technologies?
 - LPWAN devices function for many years on a single battery charge
 - LPWAN devices communicate from locations where shadowing and path loss would limit the usefulness of more traditional cellular technologies
- What are the fundamental mechanisms that enable to meet the LPWAN requirements?
 - Short messages, low complexity codes and modulations
 - Low receiver sensitivity
 - Optimized reachability and low signaling
 - Multiple transmissions on the same channel
 - Simplified architecture



Conclusions (2/4)

- What are the major design choices made in the LoRaWAN and NB-IoT specifications?

	LoRaWAN	NB-IoT
Reliability	CSS-based LoRa	Repetitions
Power consumption	Short receive windows	eDRX, PSM modes
Capacity	Multiple SFs	Single tone transmission
Deployment	Simple architecture	Architecture reuse



Conclusions (3/4)

- How do we evaluate the performance of a LoRaWAN and NB-IoT deployment in terms of coverage and capacity?
 - Combination of simulation, mathematical modeling and measurement campaigns
 - Performance evaluations should take into account collisions and duty cycle in LoRaWAN, scheduling and signaling in NB-IoT

Global performance

- LoRaWAN shows coverage limitations compared to NB-IoT especially in indoor dense urban environments
- Collisions hinder the performance of LoRaWAN in heavy loaded networks



Conclusions (4/4)

- What are the recent research directions for radio resource management in LoRaWAN and NB-IoT?
 - Adaptation of the radio propagation models
 - Interference mitigation and scheduling
 - Support for quality of service such as delay bounded transmission
 - Maximization of the energy efficiency
 - Providing IPv6 connectivity to the device (IETF lpwan working group)



Feedback and Tutorial Material

- We appreciate if you could take five minutes to complete the following evaluation form:

<https://goo.gl/Ex7mg9>

- Your feedback is important to us in order to continually improve our tutorial
- We made the tutorial sources available under Creative Common license CC BY-NC-SA 4.0

<https://github.com/samerlahoud/tutorial-lpwan-iot>

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