



MARCH 2010

Out of North Africa

Wednesday 3rd 10am-12pm

Pearl Couscous or Moghrabieh

Learn the secrets and historical facts of couscous. This dish is presented in a tagine style. This dish is great to entertain an army of friends. It will bring back to life the ancient Phoenician feasts. It is couscous at its best dressed with flavors and aromas you have never experienced before.

Gourmet Pizza and Pissaladière

Thursday 11th 2-4pm

A healthy and gourmet choice for pizzas, choose the best toppings from the Adelaide Centre Market. Jean-Claude will show you where to find the best ingredients. Explore a new and a healthy way to make your pizza taste even better.

Gourmet Picnic Time

Wednesday 17th 10am-12pm

This class is designed for the entire family and very suited for kids from the age of 8.

Pack your picnic basket with:
Eggplant with ratatouille filling
Smoked salmon rolls stuffed with spinach mayonnaise and steamed asparagus.
Crispy Chicken in Golden Dukkah.
Bal-Zaatar feta in extra virgin olive oil.
The Golden Dukkah and Bal-Zaatar are products of Explore Culture.
For desert let me surprise you!

Building up a Croquembouche

Tuesday 23rd 5-7pm

Some people call it 'Pièce Montée' some others call it Croquembouche, but the name does not matter because the taste is beyond description. From preparing the magical pastry to making the perfect French custard cream and finely crowning your master piece with the sparkling toffee is part of so much fun you will have in this class.

Oh La La Chocolat

Wednesday 31st 2-4pm

A message for chocolate addicts, this class is for you. Have you heard of Chocolate coated figs brewed in an aromatic liquor cocktail then filled with walnuts flavoured with three different spices? Or a three ingredient Chocolate Soufflé? Or even better, Ricotta Chocolate Cream with seasonal berries? Why not self indulge and be the judge yourself?

Cost \$100 per adult and \$15 per person if market tour is required. Tours start 30 minutes before marked times.
Cost \$40 per child – includes market tour.

**EXPLORE CULTURE - LOCATED AT ADELAIDE CENTRAL MARKET
LEVEL 1/22-60 GOUGER STREET - ACCESS VIA CARPARK LIFT
T: 8212 9669 E: info@explorecc.com.au W: www.explorecc.com.au**

ABN: 36 847 527 433