Retrieving multi-file ZIP resources

Some resources from the City of Toronto Open Data Portal are ZIP files containing multiple files. When a resource like this is retrieved using `get_resource()`, the result is a list with elements named after each file.

For example, the dataset on the Annual Summary of Reportable Communicable Diseases:

```
library(opendatatoronto)
library(dplyr)

summary_diseases <- search_packages("Annual Summary of Reportable Communicable Diseases") %>%
  list_package_resources() %>%
  filter(name == "summary-of-reportable-communicable-diseases-in-toronto-2007-2017") %>%
  get_resource()

str(summary_diseases, max.level = 1)
#> List of 6
#>  $ ChickenpoxAgegroups2017.csv             : tibble [3 x 14] (S3: tbl_df/tbl/data.frame)
#>  $ DiseaseSexandAgegroups2017.csv          : tibble [117 x 22] (S3: tbl_df/tbl/data.frame)
#>  $ MeansbyDiseaseSex2007_2016.csv          : tibble [120 x 13] (S3: tbl_df/tbl/data.frame)
#>  $ RatesbyDisease2007_2017.csv             : tibble [62 x 23] (S3: tbl_df/tbl/data.frame)
#>  $ RatesbyDiseaseandSex2007_2017.csv       : tibble [121 x 35] (S3: tbl_df/tbl/data.frame)
#>  $ read me file for annual report data.xlsx: tibble [28 x 3] (S3: tbl_df/tbl/data.frame)
```

To access a single file, you can pull out the element by name:

```
summary_diseases[["RatesbyDisease2007_2017.csv"]]
#> # A tibble: 62 x 23
#>    Disease     X2007 X2007.1 X2008 X2008.1 X2009 X2009.1 X2010 X2010.1
#>    <chr>       <chr> <chr>   <chr> <chr>   <chr> <chr>   <chr> <chr>
#>  1 ""          #     Rate*   #     Rate    #     Rate    #     Rate
#>  2 "Acute fla~ 0     0       0     0       0     0       0     0
#>  3 "AIDS"      98    3.7     111   4.2     68    2.6     61    2.3
#>  4 "HIV"       619   23.6    541   20.6    532   20      496   18.5
#>  5 "Amebiasis~ 405   15.5    411   15.6    432   16.3    427   16
#>  6 "Botulism " 0     0       2     <0.1    1     <0.1    0     0
#>  7 "Brucellos~ 1     <0.1    1     <0.1    1     <0.1    0     0
#>  8 "Campyloba~ 982   37.5    992   37.7    772   29.1    752   28.1
#>  9 "Chickenpo~ 2,931 112     2,327 88.4    2,109 79.5    1,942 72.6
#> 10 "Chlamydia" 7,027 268.5   7,379 280.3   7,957 299.8   8,837 330.2
#> # i 52 more rows
#> # i 14 more variables: X2011 <chr>, X2011.1 <chr>, X2012 <chr>,
#> #   X2012.1 <chr>, X2013 <chr>, X2013.1 <chr>, X2014 <chr>,
#> #   X2014.1 <chr>, X2015 <chr>, X2015.1 <chr>, X2016 <chr>,
#> #   X2016.1 <chr>, X2017 <chr>, X2017.1 <chr>
```