

Public Health Service 2016

Public Health Service 2016, NUS Medical Society, c/o The Dean's Office, Yong Loo Lin School of Medicine, National University of Singapore, 1E Kent Ridge Road, NUHS Tower Block Level 11, Singapore 119228
<https://www.facebook.com/medsocPHS>
Email: ask.phs@gmail.com



«Name»

«Address»

Public Health Service 2016 (PHS 2016) Health Screening Report

Dear Sir/Madam («NRIC»),

Thank you for participating in our health screening at Clementi on 8th/9th October this year. Here are your screening results:

Body Mass Index (BMI) (note, not all people have this section)

Your height is «*Height*» cm, and your weight is «*Weight*» kg.

Your BMI is «*BMI*» kg/m².

According to Asian BMI ranges, you have a Low risk of heart disease.

A healthy BMI is of a value between 18.5 and 22.9.

Blood Pressure (note, not all people have this section)

Your average blood pressure reading is «*Systolic_BP*»/«*Diastolic_BP*» mmHg.

A healthy blood pressure reading is around 120/80mmHg.

Blood Test Results

Your blood test results have been enclosed in the same envelope as this health report. However, they are **not ideal**.

Conclusion

Your overall health screening result is **not ideal**. We recommend that you visit your family doctor soon with your screening results and he/she will be able to advise you on your next steps.

Should you have any queries, feel free to contact us at ask.phs@gmail.com. We hope that you have benefitted from PHS 2016 and would continue to support us in the future.