

**Appointment ID :** 1038  
**MRP :** 150 BDT  
**Follow up date:** 2014-09-10

**Patient Name :** lokman  
**RMP Name:** : Salim Hossain Khan  
**RMP contact:** Tab: 01861132859, Personal:  
01726564168  
**Patient Contact :** 01760182753  
**Date :** August 25, 2014, 11:22 pm

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### On Examination

<b>Pulse:</b> 76(Beats per min)	<b>Appearance:</b> Ill-Looking	<b>Edema:</b> Absent
<b>BP:</b> 130 / 90(mm/hg)	<b>Color:</b> Normal	<b>Dehydration:</b> Absent
<b>Temperature:</b> 96 F	<b>State of</b>	<b>Oxygen saturation:</b> 99 %
<b>Respiration:</b> Normal	<b>Consciousness:</b> Conscious	
<b>Arrhythmia:</b> Absent		

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### Chief Complaints

H/O vomiting & nausea for few days followed by constipation for 10 days, during this period bowel not moved. took some drugs. Now pain in upper abd, bowel moving.Previous h/o loose stool 4-5 times/day with abd cramp. No h/o lactose intolerance  
Drug h. Ciprocil 500mg 1bd, tab Maxpro 20mg ,Napadol,Magmil sus

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### Diagnosis

IBS?

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#### Rx

tab Ranidin 150mg 1-0-1 1 month  
tab Omidon 1-0-1 1 month  
Magmil suspension 2-0-2 tsf if constipation  
tab Almex 400mg 0-0-1 at day 1 & day 7  
tab Mave 1-0-1 1 month

#### Investigations

CBC: Hb12.7, ESR 20, S. Bilirubin 0.7, SGPT 30, S.  
Alk Phos 229  
S. Creat 0.8

#### Advice:

Isobgul 2 tsf at night if constipation  
Avoid milk & milk products  
Eat green banana if loose motion



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Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)