

**Appointment ID :** 1090  
**MRP :** 200 BDT  
**Follow up date:** 2014-09-28

**Patient Name :** Rukkul.  
**Age :** 35 Y(s) 0 M(s) 0 D(s)  
**RMP Name:** : Mohammed Ershad Uddin  
**RMP contact:** Tab: 01795743105, Personal:  
01724968467  
**Patient Contact :** 000000000000  
**Date :** September 17, 2014, 12:10 pm

---

### On Examination

**Pulse:** 68(Beats per min)  
**BP:** 110 / 80(mm/hg)  
**Temperature:** 98 F  
**Respiration:** High  
**Arrhythmia:** Absent

**Appearance:** Ill-Looking  
**Color:** Normal  
**State of**  
**Consciousness:** Conscious

**Edema:** Absent  
**Dehydration:** Absent  
**Oxygen saturation:** 98 %

---

### Chief Complaints

frequent cold attack ,sneezing,  
headache with heaviness  
occasional breathlessness  
sleep dec  
h/o taking anti HTN bisoprolol 2.5mg 1/d

---

### Diagnosis

Allergic R. +T. Head+

---

#### Rx

tab Trevox 500mg 1-0-0 10 days  
tab Monas 10mg 0-0-1 continue  
tab Ketomar 1 mg 0-0-1 1 month  
tab Tryptin 10mg 0-0-1 8pm  
1 month  
syp Cinkara 1-0-1 1 month

#### Investigations

#### Advice:

Avoid dust and cold



---

Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)