

Appointment ID : 1103
MRP : 200 BDT
Follow up date: 2014-10-03

Patient Name : anwara begm
Age : 37 Y(s) 0 M(s) 0 D(s)
RMP Name: : Salim Hossain Khan
RMP contact: Tab: 01861132859, Personal:
01726564168
Patient Contact : 01724835684
Date : September 26, 2014, 5:25 pm

On Examination

Pulse: 91(Beats per min)
BP: 148 / 87(mm/hg)
Temperature: 97 F
Respiration: Normal
Arrhythmia: Absent

Appearance: Ill-Looking
Color: Normal
State of
Consciousness: Conscious

Edema: Both Legs
Dehydration: Absent
Oxygen saturation: 99 %

Chief Complaints

Pain above ankle joint-4m
Occasional leg swelling-3m
H/o drug- pregaba, sertraline

Diagnosis

M/S pain with NSAID induced fluid retention

Rx

Neurolin 75mg
0+0+1, 2months
Tab Flexilax 10mg
1+1+0, , 15 days
Tab Ace XR-665mg, if pain is high, 2+2+2, after
food
Tab Trupan 20mg
1+0+0, , 1 month
Tab Neuro-B
1+0+1, , 2 months
Tab Frulac
Half tablet only in morning, 10 days

Investigations

CBC
RBS, TSH
Urine RME
ECG
S.Creatinine

Advice:

Elevate feet while sleeping

Nadim

Check BP regularly
Avoid Salt, Salty food
Avoid very soft bed

Dr Nadim. Ahmed MBBS, CCD (Diabetic
medicine), MD (course)