

**Appointment ID :** 1199  
**MRP :** 200 BDT  
**Follow up date:** 2014-11-30

**Patient Name :** Shufiya Akther  
**Age :** 55 Y(s) 0 M(s) 23 D(s)  
**RMP Name:** : Md. Hafizur Rahman Liton  
**RMP contact:** Tab: 01795743107, Personal:  
01718329304  
**Patient Contact :** 01725909295  
**Date : November 24, 2014, 9:26 pm**

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### On Examination

**Pulse:** 80(Beats per min)  
**BP:** 120 / 80(mm/hg)  
**Temperature:** 98 F  
**Respiration:** Normal  
**Arrhythmia:** Absent

**Appearance:** Normal  
**Color:** Normal  
**State of**  
**Consciousness:** Conscious

**Edema:** Absent  
**Dehydration:** Absent  
**Oxygen saturation:** 99 %

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### Chief Complaints

pain in different regions  
hot flush  
sleep +/-

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### Diagnosis

PMS

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#### Rx

1. tab Flexi 100mg 1-0-1 after meal 1 month
2. cap Procap 20mg 1-0-1 1 month
3. tab Norzin 0-0-1 8pm 2 months
4. tab Ostocal D 0-1-0 after meal continue

#### Investigations

RBS

#### Advice:



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Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)