

Appointment ID : 1189
MRP : 200 BDT
Follow up date: 2014-11-26

Patient Name : Halima Akter
Age : 26 Y(s) 0 M(s) 8 D(s)
RMP Name: : Md. Hafizur Rahman Liton
RMP contact: Tab: 01795743107, Personal:
01718329304
Patient Contact : 01718329304
Date : November 17, 2014, 11:19 pm

On Examination

Pulse: 76(Beats per min)	Appearance: Normal	Edema: Absent
BP: 120 / 80(mm/hg)	Color: Normal	Dehydration: Absent
Temperature: 99 F	State of	Oxygen saturation: 99 %
Respiration: Normal	Consciousness: Conscious	
Arrhythmia: Absent		

Chief Complaints

pain and swelling of toes during exposure to cold

Diagnosis

C. Blain+ Perleche+ IDA

Rx

tab Nifin 10mg 1-0-1 1 month
tab Ecosprin 75mg 0-1-0 after meal continue
tab Alben DS 0-0-1 at day 1 & day 7
tab Ferocit 1-0-1 after meal 3 months
Micoral Gel apply at angle of mouth twice daily 15
days

Investigations

Advice:

Always wear socks and warm gloves during winter
period
Also wear warm clothes



Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)