

**Appointment ID :** 1116  
**MRP :** 200 BDT  
**Follow up date:** 2014-10-25

**Patient Name :** md.siydul  
**Age :** 29 Y(s) 0 M(s) 0 D(s)  
**RMP Name:** : Moyazzem Hossen  
**RMP contact:** Tab: 01795743312, Personal:  
01713599877  
**Patient Contact :** 01746403473  
**Date :** October 14, 2014, 5:29 pm

---

### On Examination

<b>Pulse:</b> 82(Beats per min)	<b>Appearance:</b> Normal	<b>Edema:</b> Absent
<b>BP:</b> 108 / 74(mm/hg)	<b>Color:</b> Normal	<b>Dehydration:</b> Absent
<b>Temperature:</b> 97 F	<b>State of</b>	<b>Oxygen saturation:</b> 97 %
<b>Respiration:</b> Normal	<b>Consciousness:</b> Conscious	
<b>Arrhythmia:</b> Absent		

---

### Chief Complaints

Foreign body sensation in eyes with redness  
cold attack and occasional breathlessness when exposed to dust  
Headache  
working abroad

---

### Diagnosis

Aller. r.

---

#### Rx

tab Lumona/Montair 10mg 0-0-1 continue  
Meta spray 2 spray in each nose at night continue  
tab Trevox 500mg 1-0-0 after meal 15 days  
tab Alben DS 400mg 0-0-1 at day 1 & day 7  
Alarid E/D or Stafen E/D 1 dp in each eye twice  
daily 1 month

#### Investigations

Digital Xray of PNS O/M View

#### Advice:

Avoid dust and cold  
Use mask in dusty environment



---

Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)