

## Amader Dakter Prescription

### Patient Particulars

Date : June 15, 2014, 11:54 pm

<b>Name:</b> Salim hossain	<b>Age:</b> 39 Year(s) 0 Month(s) 0 Day(s)	<b>Sex:</b> Male	<b>Weight:</b> 55.0 Kg	<b>Phone number:</b> 01726564168	<b>RMP Name:</b> Salim Hossain Khan <b>RMP ID:</b> 22
-------------------------------	---	---------------------	---------------------------	-------------------------------------	---

### Chief Complaints

frequent cold attack  
sneezing, running nose,  
sleep - -  
tension +  
acidity

### On Examination

<b>Pulse:</b> 86(Beats per min)	<b>Appearance:</b> Ill-Looking
<b>BP:</b> 90 / 80(mm/hg)	<b>Color:</b> Normal
<b>Temperature:</b> 96 F	<b>State of Consciousness:</b> Conscious
<b>Respiration:</b> Normal	<b>Edema:</b> Absent
	<b>Dehydration:</b> Absent

### Rx

Meta nasal spray 2 spray in each nose once  
daily for 2 month  
tab Tofen 0-0-1 at 7 pm 1 month  
tab Tryptin 10 mg 0-0-1 at 7 pm 1 month  
cap PPI 20mg 1-0-1 1 month

### Investigations

### Advice

Avoid dust, cold exposure  
Avoid smoking & Jarda



Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)