

**Appointment ID :** 1162  
**MRP :** 200 BDT

**Patient Name :** Sirajul Islam  
**Age :** 57 Y(s) 0 M(s) 15 D(s)  
**RMP Name:** : Moyazzem Hossen  
**RMP contact:** Tab: 01862727589, Personal:  
01713599877  
**Patient Contact :** 01716000172  
**Date : November 23, 2014, 11:48 pm**

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### On Examination

<b>Pulse:</b> 85(Beats per min)	<b>Appearance:</b> Ill-Looking	<b>Edema:</b> Absent
<b>BP:</b> 145 / 90(mm/hg)	<b>Color:</b> Normal	<b>Dehydration:</b> Absent
<b>Temperature:</b> 97 F	<b>State of</b>	<b>Oxygen saturation:</b> 99 %
<b>Respiration:</b> Normal	<b>Consciousness:</b> Conscious	
<b>Arrhythmia:</b> Absent		

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### Chief Complaints

Hedache, Sleep disturbance  
H/o HTN 7 yr, with Anti-HTN (Amdocal 5) irregularly

H/o Trauma to Left foot

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### Diagnosis

HTN with (c?) traumatic injury

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#### Rx

Tab Angilock 50mg  
0+0+1, till further advice

Tab Epitra 0.5mg  
0+0+1, 20 days


Tab Rex  
0+0+1, 3 months

#### Investigations

RBS, Lipid profile  
S.Creatinine, ECG  
Xray- Left foot (BV)

#### Advice:

Check BP regularly  
Avoid Salt, Salty & fatty food



Dr Nadim. Ahmed MBBS, CCD (Diabetic  
medicine), MD (course)