

**Appointment ID :** 1133  
**MRP :** 200 BDT  
**Follow up date:** 2014-11-02

**Patient Name :** Monouara Akter  
**Age :** 45 Y(s) 0 M(s) 0 D(s)  
**RMP Name:** : Moyazzem Hossen  
**RMP contact:** Tab: 01862727589, Personal:  
01713599877  
**Patient Contact :** 01735881029  
**Date :** October 26, 2014, 2:48 pm

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### On Examination

<b>Pulse:</b> 79(Beats per min)	<b>Appearance:</b> Normal	<b>Edema:</b> Absent
<b>BP:</b> 102 / 65(mm/hg)	<b>Color:</b> Normal	<b>Dehydration:</b> Absent
<b>Temperature:</b> 97 F	<b>State of</b>	<b>Oxygen saturation:</b> 99 %
<b>Respiration:</b> Normal	<b>Consciousness:</b> Conscious	
<b>Arrhythmia:</b> Absent		

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### Chief Complaints

Weakness, vertigo  
low back pain with tingling sensation in lower limbs  
FBS 4.7

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### Diagnosis

Lumbago+IDA

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#### Rx

tab Flexi 100mg 1-0-1 after meal 1 month  
tab Myolax 50mg 1-0-1 1 month  
cap Pregaba 25mg 1-0-1 1 month  
tab Ostocal D 0-1-0 after meal continue  
tab Ranitid 150mg 1-0-1 1 month  
tab Multivit plus 1-0-1 after meal  
1 month

#### Investigations

Digital Xray L/S Spine B/V  
CBC, S. Creatinine

#### Advice:

do not lift heavy weight  
use firm bed  
do not work in forward bending position



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Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)