

**Appointment ID :** 1089  
**MRP :** 100 BDT  
**Follow up date:** 2014-10-12

**Patient Name :** Manuara  
**Age :** 52 Y(s) 0 M(s) 25 D(s)  
**RMP Name:** : Moyazzem Hossen  
**RMP contact:** Tab: 01795743312, Personal:  
01713599877  
**Patient Contact :** 01762143223  
**Date :** September 17, 2014, 11:55 am

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### On Examination

<b>Pulse:</b> 90(Beats per min)	<b>Appearance:</b> Normal	<b>Edema:</b> Absent
<b>BP:</b> 105 / 65(mm/hg)	<b>Color:</b> Normal	<b>Dehydration:</b> Absent
<b>Temperature:</b> 97 F	<b>State of</b>	<b>Oxygen saturation:</b> 99 %
<b>Respiration:</b> Normal	<b>Consciousness:</b> Conscious	
<b>Arrhythmia:</b> Absent		

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### Chief Complaints

Condition slightly improved  
RBS 15.9.14 : 12.1

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### Diagnosis

DM+Cervical Spondy. + Diabetic Neuro

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#### Rx

1.tab Dibenol 5mg 1- 0- 1/2  
30 min before meal continue  
2. tab Calbo D 0-1-0 after meal continue  
3. tab Norzin 0-0-1 8pm  
2 months  
4.tab Flexi 100mg 1-0-1 after meal 2 months  
5. tab Myolax 50mg 1-0-1  
1 month  
6.tab Ranidin 150mg 1-0-1  
2 months  
7. cap Diliner DR 30mg 0-0-1  
1 month

#### Investigations

30.8.14  
CBC normal  
BS 2hr ABF 5.8  
S. Creat 1.0  
Urine R/E Normal

#### Advice:

take food according to diabetic chart  
walking 30min to 1 hr regularly



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