

Appointment ID : 1200
MRP : 200 BDT
Follow up date: 2014-11-30

Patient Name : Ojufa
Age : 45 Y(s) 0 M(s) 15 D(s)
RMP Name: : Md. Hafizur Rahman Liton
RMP contact: Tab: 01795743107, Personal:
01718329304
Patient Contact : 01743349401
Date : November 24, 2014, 9:40 pm

On Examination

Pulse: 80(Beats per min)
BP: 160 / 80(mm/hg)
Temperature: 98 F
Respiration: Normal
Arrhythmia: Absent

Appearance: Normal
Color: Normal
State of
Consciousness: Conscious

Edema: Absent
Dehydration: Absent
Oxygen saturation: 99 %

Chief Complaints

h/o DM for 2 yrs
BP 170/80

Diagnosis

DM + HTN

Rx


1. tab Compid 80mg 1-0-1/2 30 min before meal continue
2. tab Oramet 500mg 0-1-1 after meal continue
3. tab Bizoran 5/20mg 0-0-1 continue
4. tab Ostocal D 0-1-0 after meal continue
5. cap Procap 20mg 1-0-1 1 month
6. tab Norzin 0-0-1 8pm 2 months

Investigations

FBS, BS 2hr ABF,CBC with ESR, S. Creatinine,
Fasting Lipid Profile, HBA1c, Urine R/E

Advice:

diabetic diet
regular exercise



Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)