

Appointment ID : 1134
MRP : 200 BDT
Follow up date: 2014-11-02

Patient Name : Kudaza Akter
Age : 30 Y(s) 0 M(s) 0 D(s)
RMP Name: : Moyazzem Hossen
RMP contact: Tab: 01862727589, Personal:
01713599877
Patient Contact : 01735881029
Date : October 26, 2014, 2:59 pm

On Examination

Pulse: 90(Beats per min)	Appearance: Normal	Edema: Absent
BP: 120 / 80(mm/hg)	Color: Normal	Dehydration: Absent
Temperature: 97 F	State of	Oxygen saturation: 99 %
Respiration: Normal	Consciousness: Conscious	
Arrhythmia: Absent		

Chief Complaints

H/o accidental injury in scalp followed by stitching 1 yr back
weakness, acidity, mucous containing stool
hot flush , sleep dec
period irregular

Diagnosis

IDA +IBS+ PMS+ PUD

Rx

tab Zeefol CI 0-1-0 after meal 6 months
tab Ranitid 150mg 1-0-1 1 month
tab Mave 1-0-1 1 month
tab Norzin 0-0-1 8 pm 1 month
tab Setra 25mg 1-0-0 1 month
tab Omidon 1-0-1 1 month
tab Almex 400mg 0-0-1 at day 1 & day 7

Investigations

Advice:

Avoid milk and milk products
Eat green banana



Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)