

**Appointment ID :** 1131  
**MRP :** 200 BDT  
**Follow up date:** 2014-11-02

**Patient Name :** Abdul Wadud  
**Age :** 50 Y(s) 0 M(s) 0 D(s)  
**RMP Name:** : Moyazzem Hossen  
**RMP contact:** Tab: 01862727589, Personal:  
01713599877  
**Patient Contact :** 01731789870  
**Date :** October 26, 2014, 1:05 pm

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### On Examination

<b>Pulse:</b> 105(Beats per min)	<b>Appearance:</b> Normal	<b>Edema:</b> Absent
<b>BP:</b> 112 / 73(mm/hg)	<b>Color:</b> Normal	<b>Dehydration:</b> Absent
<b>Temperature:</b> 97 F	<b>State of</b>	<b>Oxygen saturation:</b> 99 %
<b>Respiration:</b> Normal	<b>Consciousness:</b> Conscious	
<b>Arrhythmia:</b> Absent		

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### Chief Complaints

Low back pain radiating to right leg upto sole for 1 yr.  
No h/o DM , HTN, BPH

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### Diagnosis

PLID

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#### Rx

tab Sonap 500mg 1-0-1 after meal 7 days  
cap Sergel 20mg 1-0-1 15 days  
tab Omidon 1-0-1 1 month  
tab Myolax 100mg 1-1-1 15 days  
cap Myrica 50 mg 1-0-1 1 month  
tab Tryptin 25 mg 0-0-1 7 pm 1 month

#### Investigations

MRI of L/S Spine  
CBC, S. Creatinine, Urine R/E, ECG

#### Advice:

complete bed rest for 7 days  
hot water compression  
use firm bed  
do not lift heavy weight



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Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)