

Appointment ID : 998
MRP : 200 BDT
Follow up date: 2014-08-24

Patient Name : Hatema Aktar
RMP Name: : Moyazzem Hossen
RMP contact: Tab: 01795743312, Personal:
01713599877
Patient Contact : 01733128603
Date : August 17, 2014, 12:24 am

On Examination

Pulse: 99(Beats per min)
BP: 127 / 77(mm/hg)
Temperature: 97 F
Respiration: Normal
Arrhythmia: Absent

Appearance: Normal
Color: Normal
State of
Consciousness: Conscious

Edema: Absent
Dehydration: Absent
Oxygen saturation: 99 %

Chief Complaints

weakness, shortness of breath
burning sensation of hands and feet, acidity, soreness over tongue
D/H anti HTN couldn't mention
RBS : 25.1 mmol/l

Diagnosis

DM + HTN+ Oral Candidiasis

Rx

cap Flugal 150 mg 0-0-1 5 days
tab Ranidin 150 mg 1-0-1 1 month
tab Omidon 1-0-1 15 days
tab Tryptin 10 mg 0-0-1 7pm 1 month
tab Compid 80 mg 1-0-0 30 min before breakfast
continue
tab Betaloc 25 mg 1-0-1 continue

Investigations

CBC, FBS, BS 2 -HR ABF, S. Creatinine, ECG

Advice:

Avoid excess carbohydrate and sweet
daily walking 30 min
eat roti at night



Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)