

Amader Dakter Prescription

Patient Particulars

Date : June 13, 2014, 4:46 am

Name: Jamila Akther	Age: 28 Year(s)	Sex: Female	Weight: 50.0 Kg	Phone number: 01754798014	RMP Name: Md. Hafizur Rahman Liton RMP ID: 24
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Chief Complaints

1. irregular menstrual cycle for 7yr
2. lower abdominal pain for same duration
3. insomnia for 1 week

On Examination

Pulse: 80(Beats per min)	Appearance: Normal
BP: 90 / 60(mm/hg)	Color: Normal
Temperature: 98 F	State of Consciousness: Conscious
Respiration: Normal	Edema: Absent
	Dehydration: Absent

Rx

DIAGNOSIS:

1. tab normens
1+1+1 for 5days
2. if menstruation starts then from the 5th
day of menstruation-
tab normens 5mg
1+1+1 for 20 days, then stop it and again
starts from the 5th day of menstruation for
2-3 cycle
3. cap zif CI
1+0+0 for 2 month
4. tab bopum 3mg
0+0+1 for 3days

Investigations

USG of lower abdomen

Advice

protein food intake
Plenty water intake



Dr. Sharmin Binte Kader HMO (Azimpur
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