

**Appointment ID :** 1037  
**MRP :** 200 BDT  
**Follow up date:** 2014-09-09

**Patient Name :** Ruman  
**RMP Name:** : Joynal Uddin  
**RMP contact:** Tab: 01795743102, Personal:  
01713584881  
**Patient Contact :** 01785588734  
**Date :** August 24, 2014, 2:42 am

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### On Examination

**Pulse:** 74(Beats per min)  
**BP:** 86 / 49(mm/hg)  
**Temperature:** 97.9 F  
**Respiration:** Normal  
**Arrhythmia:** Absent

**Appearance:** Toxic  
**Color:** Anemic(Pale)  
**State of**  
**Consciousness:** Conscious

**Edema:** Absent  
**Dehydration:** Present  
**Oxygen saturation:** 99 %

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### Chief Complaints

Unwilling to eat  
dec weight

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### Diagnosis

IBS?

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#### Rx

tab Almex 400mg 0-0-1 at day 1 & day 7  
cap Zif forte 0-0-1 after meal 3 months  
syp Cinkara 1-0-1 tsf 15 days  
tab Omidon 1-0-1 15 days

#### Investigations

#### Advice:

Do not give snacks item  
avoid milk & milk products  
eat green banana



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Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)