

**Appointment ID :** 1122  
**MRP :** 200 BDT  
**Follow up date:** 2014-11-01

**Patient Name :** sakhina khatun  
**Age :** 60 Y(s) 0 M(s) 0 D(s)  
**RMP Name:** : Moyazzem Hossen  
**RMP contact:** Tab: 01795743312, Personal:  
01713599877  
**Patient Contact :** 01735881029  
**Date :** October 19, 2014, 11:51 am

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### On Examination

**Pulse:** 95(Beats per min)  
**BP:** 112 / 61(mm/hg)  
**Temperature:** 96 F  
**Respiration:** Normal  
**Arrhythmia:** Absent

**Appearance:** Normal  
**Color:** Normal  
**State of**  
**Consciousness:** Conscious

**Edema:** Absent  
**Dehydration:** Absent  
**Oxygen saturation:** 99 %

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### Chief Complaints

Diabetes detected yesterday  
vertigo

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### Diagnosis

DM

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#### Rx

tab Compid 80mg 1-0-0 30 min before meal  
continue  
tab Comet 850mg 0-0-1 after meal continue  
tab Ostocal D 0-1-0 after meal continue  
tab Cinaron 15mg 1-0-1 1 month  
tab Ranitid 150mg 1-0-1 1 month

#### Investigations

CBC, FBS, BS 2 Hr ABF, Fasting Lipid Profile,  
ECG

#### Advice:

daily walking 30 minutes  
diabetic food  
avoid sugar, sweet



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Dr. M. Qamrul Ahsan MBBS, FCPS (P-II)