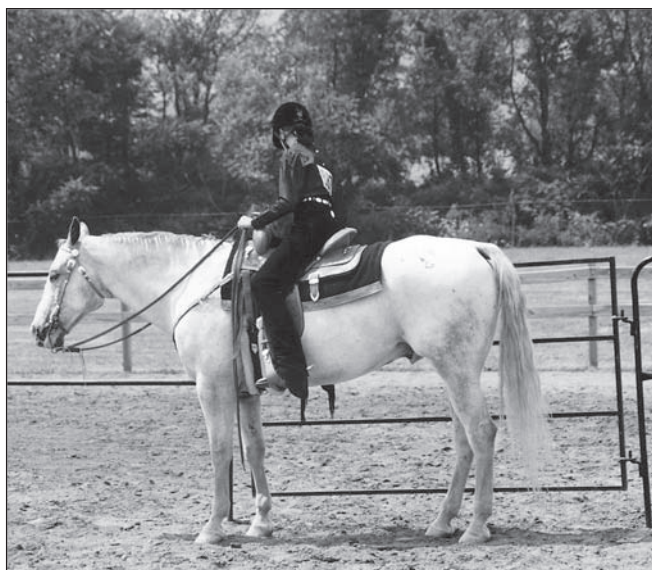


LEVELS 2, 3, 4 & 5

# Performance Horsemanship

## ANNUAL RECORD

4-H Horse Project



PENNSTATE



College of Agricultural Sciences • Cooperative Extension

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**H**orsemanship is the art of riding, driving, and handling a horse and understanding its needs. This record is for 4-H members who want to learn horsemanship skills and participate in 4-H performance events. You will care for a horse or pony and may participate in 4-H horse shows and other events. You will develop skills for living and learn about horses by doing the activities for your achievement level in your 4-H horse project activity guide.

## **Objectives**

**The purpose of the performance horsemanship option of the 4-H horse project is to help 4-H members:**

- learn and practice horsemanship skills
- learn and apply principles of horse care and management
- explore interests in horses and the horse industry
- develop skills for living

## **Instructions for project record**

1. Use this record if your horse project is performance horsemanship and you are in Level 2, 3, 4, or 5, or you are 11 or more years old.
2. Use this record along with a Level 2, 3, 4, or 5 project activity guide.\* Keep your records and activity guide together in a notebook.
4. Do activities for your level in your project activity guide. Have your project helper sign your guide when you finish an activity.
5. Fill out a new record each year. You may use your activity guide more than one year.
6. Write the things you do with your horse or pony in your record. Include amounts of money you spend. Save receipts to prove what you spend. Add more pages if you need more room.
7. Keep records of things you do for the whole year (twelve months), even if your club meets just part of the year. Start and end on the same calendar day of each successive year. Your leader will tell you what date to use.
8. Turn in your project activity guide and record at the end of the year.

*\*4-H Skills for Life Animal Science Series*

## 4-H project plans

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**Complete this section at the beginning of the project year.**

Numbers, kinds, and breeds of horses and/or ponies I will care for (example: one Appaloosa foal and one Appaloosa mare)

What I will do to take care of them  
(example: I will evaluate the body condition of my horse)

What I want to learn and accomplish  
(example: I want to train and show my horse in pleasure driving)

## Project requirements

---

To complete one year in Level 2, 3, 4, or 5 of the performance horsemanship project, you should:

1. Enroll in Level 2, 3, 4, or 5 of the 4-H horse project by June 1 of the project year.
2. Plan your project with your horse project helper.
3. Obtain and care for a horse or pony.  
You should do more than one half of the work needed to properly feed, exercise, and handle your horse or pony.
4. Designate the horse or pony you intend to use as your project animal by June 1.  
Record the name and other information about your project horse or pony with your county extension office by June 1 of the project year.
5. Do the learning experiences and achievement program activities for your achievement program level.\*  
Refer to the list of learning experiences on page 3 and the list of achievement program activities on pages 4 and 5 of your project activity guide. We recommend that you do five or more learning experiences and seven or more achievement program activities each year. Have your project helper initial the activities you do.
6. Complete at least two to three "Horsemanship skills and knowledge" activities listed on page 5.
7. Participate in 4-H meetings, activities, and events.  
This book and your project activity guide contain lists of activities which may appeal to you. Do the activities which interest you. Refer to the Pennsylvania 4-H Horse Show Rule Book for rules for participating in 4-H horse shows and events.
8. Obtain a grooming and showmanship score.  
You should demonstrate the ability to properly groom and handle a horse. You may obtain a grooming and showmanship score at a local or county show or from a 4-H leader, depending upon your county's policy.
9. Keep and turn in records.

*\*4-H Skills for Life Animal Science Series*

# Horsemanship skills and knowledge

To complete level 2, 3, 4, or 5 of the performance horsemanship project you should complete the following. You may take up to three years to complete each level.

Activity	(✓) Completed	Date
1. Describe or demonstrate twenty safety guidelines for riding and working around horses.		
2. Identify and locate thirty external parts of the horse.		
3. Describe and identify the location of ten unsoundnesses or blemishes of the horse.		
4. Know the age at which the temporary and permanent incisor teeth erupt.		
5. Identify the parts of an English and Western saddle, and name and describe the use of ten types of bits.		
6. Demonstrate your ability to ride and explain the common gaits under both English and Western tack.		
7. Demonstrate how to clip and groom a horse properly for show or sale.		
8. Know five types each of grains or concentrate feeds, hays, pasture species, and bedding commonly used with horses.		
9. Know and understand the digestive system of the horse, including anatomy of the digestive tract, feed types and amounts for growing horses, pregnant and lactating mares, working horses, and mature horses at maintenance, and at least ten general feeding management guidelines.		
10. Know and understand the reproductive system of the horse, including anatomy of the reproductive tract, length of heat in mares, optimum time to breed, length of gestation, and general care of the broodmare and foal.		
11. Describe methods for control and prevention of five common diseases and five internal parasites of horses.		
12. Describe the proper size and construction of a box stall and run-in shed for horses.		
13. Describe the proper construction of at least five types of fencing for horses.		
14. Describe at least ten guidelines for safely and properly transporting horses.		
OPTIONAL: 1. Complete Levels 1–4 of the 4-H Horsemanship Skills Program.		
2. Read a section(s) (A–G) of the <i>4-H Horse Safety Standards</i> and complete the corresponding section(s) (A–G) of the <i>4-H Horse Safety Checklist</i> .		

**Note:** Please transfer this information to your next year's record book or until Levels 2, 3, 4, and 5 are completed.

Complete the information below and/or attach a copy of registration papers and/or pedigree if known.

## Your horse or pony

Name of animal _____			
Breed or breed type _____		Sex _____	
Height _____	Weight _____	Age _____	Color _____
Markings _____			

## Participation in activities

List activities in which you and your horse participated. Examples: shows, trail rides, clinics, camps, or other activities.

Date	Activity	Location

## Riding, driving, and training

Each month record the time (hours) you spent riding or driving your horse and the type of riding or driving you did. Also record the kind of training attempted and the progress made. Examples of kinds of training are:

- |                               |                      |                 |                       |                    |
|-------------------------------|----------------------|-----------------|-----------------------|--------------------|
| ■ Stop                        | ■ Pivots             | ■ Serpentine    | ■ Counter canter      | ■ Galloping        |
| ■ Back                        | ■ Side passing       | ■ Figure eights | ■ Line driving        | ■ Standing quietly |
| ■ Leads                       | ■ Simple lead change | ■ Jumping       | ■ Driving to the cart | ■ Trail obstacles  |
| ■ Trotting circles            | ■ Setting head       | ■ Slow gait     | ■ Driving obstacles   | ■ Trail riding     |
| ■ Loping or cantering circles | ■ Flying lead change | ■ Rack          | ■ Cavalettis          | ■ Others           |
| ■ Longeing                    | ■ Diagonals          | ■ Extended trot | ■ Setting up          |                    |

[illegible]



# Feed record

Each month record the amounts and costs or values of grain, hay, salt and minerals, pasture, and other feeds your horse or pony ate. Value pasture and home grown feeds at the current market price.\*

Month	Grain		Hay		Salt & minerals		Pasture		Other feeds	Total cost or value of feed
	Amount (lb)	Cost or value	Amount (lb)	Cost or value	Amount (lb)	Cost or value	Amount (days)	Cost or value	Cost or value	(\$)
(Example)**	210	\$21.00	330	\$16.50			10 days	\$10.00		\$47.50
January										
February										
March										
April										
May										
June										
July										
August										
September										
October										
November										
December										
Total for year										\$

\* The price you could have sold them for if your horse or pony had not eaten them.

\*\* In the above example, 210 pounds of grain valued at \$21.00 and 330 pounds of hay valued at \$16.50 were fed during the month. The horse spent 10 days (8 hrs./day; 240 hrs./month) on pasture at a value of \$10.00. No salt, minerals, or other feeds were purchased during this month.



## Stable record – Include, by month, the amount and value of feed, and other items.

Month	Total feed costs*	Bedding (kind and amount)	Cost	Labor (hrs)	Riding instruction or training cost	Health care	Cost	Farrier	Cost	Equipment or other items	Cost	Total cost (mo)
(Example)**	\$47.50	Straw 400 lbs	\$16.00	60	3 lessons \$75.00	Dewormer	\$12.00	Reset shoes	\$45.00	Brush	\$6.50	\$202.00
January												
February												
March												
April												
May												
June												
July												
August												
September												
October												
November												
December												
TOTAL												

\* Record total feed costs from previous page for each month.

\*\* In the above example, total feed costs were \$47.50, and the 400 pounds of straw cost \$16.00. The member spent 60 hours working with his/her horse, had three lessons for \$75.00, bought dewormer for \$12.00, and had his/her horse's shoes reset for \$45.00. A brush was purchased for \$6.50. Make an entry only for the month you purchased items, not for the month they were used.

## Other Expenses

List costs of supplies, equipment, or other items not listed on stable record.

Date	Item	Cost (\$)
*(Example)	Sheet and hood	\$75.00
*In the above example, a sheet and hood were purchased for \$75.00.		
TOTAL		

## Project experiences

What I did to feed and care for my animal(s):

What I did to keep my animal(s) healthy:

What I learned this year:

Goals I met:

## **Project story**

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Write a story about your horse project experiences. Include interesting or unusual things that happened. Also tell what you learned and how you helped other people. Attach a separate sheet if needed.

## Project photographs

# Project evaluation

	Highest score	Score yourself	Score from your leader
<b>Care and management of horse or pony</b>			
Do animals have clean and suitable housing?	3	_____	_____
Are tack and equipment clean and well kept?	3	_____	_____
Are animals fed recommended kinds and amounts of feeds?	4	_____	_____
Is fresh water available in proper amounts?	3	_____	_____
Are appropriate procedures being followed to control parasites and maintain health?	4	_____	_____
Do animals show normal growth and condition including the proper foot care?	4	_____	_____
Are safe and appropriate equipment and facilities being used?	4	_____	_____
<b>Subtotal for care of animals</b>	<b>25</b>	_____	_____
<b>Achievement program (project activity guide)</b>			
Did the member participate in enough learning experiences for achievement level progress? (Project activity guide, p. 3.)	10	_____	_____
Did the member complete enough achievement program activities for achievement level progress? (Project activity guide, pp. 4-5.)	10	_____	_____
<b>Subtotal for achievement program</b>	<b>20</b>	_____	_____
<b>Project record book</b>			
Is the record neat?	2	_____	_____
Are plans and goals clearly stated?	4	_____	_____
Is the stable record and other information correct and complete?	7	_____	_____
Are project experiences described adequately?	4	_____	_____
Is the 4-H activities report completed?	3	_____	_____
<b>Subtotal for project record</b>	<b>20</b>	_____	_____
<b>Participation and accomplishments of the member</b>			
Did the member do what was planned to meet goals?	5	_____	_____
Did the member attend most of the club's meetings?	5	_____	_____
Did the member participate in a reasonable number of events and activities?	5	_____	_____
Did the member do most of the work to care for the horse or actively participate in caring for a boarded or leased horse?	5	_____	_____
Does the member show evidence of personal growth and improved horsemanship skills, safety, and knowledge? (See page 5.)	15	_____	_____
<b>Subtotal for participation and accomplishments</b>	<b>35</b>	_____	_____
<b>Grooming and showmanship</b>			
Has the horse been conditioned and groomed properly?	5	_____	_____
Is the member able to handle the animal safely and properly?	10	_____	_____
Has the member demonstrated proper showmanship skills?	5	_____	_____
<b>Subtotal for grooming and showmanship</b>	<b>20</b>	_____	_____
<b>Other (specify) _____</b>	_____	_____	_____
<b>Total project score</b>	<b>120</b>	_____	_____

**TOTAL POSSIBLE POINTS: 120      RIBBONS: Blue 108–120; Red 96–107; White 84–95; Merit less than 84**

**Project scored by \_\_\_\_\_ Date \_\_\_\_\_**

**Signature of leader or county agent \_\_\_\_\_ Date \_\_\_\_\_**

## Other activities you may enjoy

These activities are suggested for 4-H members with an interest in horsemanship. Some may be part of your achievement program. You may do the others as optional activities.

- ☐ Help to care for a horse or pony
- ☐ Obtain, care for, and train a horse or pony to ride or drive in performance events
- ☐ Train and groom your horse to show at halter. Show it in a grooming and showmanship class
- ☐ Compete in performance events at a 4-H horse show
- ☐ Ride in non-competitive events, such as pleasure trail rides and drill team exhibitions
- ☐ Select, use, and care for tack, supplies, and equipment
- ☐ Make your own show clothing or tack
- ☐ Identify and classify common feed ingredients and forage plants
- ☐ Evaluate the body condition of your horse. Make feeding adjustments, if needed
- ☐ Use a computer to keep your project records
- ☐ Take riding lessons
- ☐ Read a story about horses or horsemanship in a book or magazine
- ☐ Watch a video, movie, or slide set about horses or horsemanship
- ☐ Find information and write a report about a topic related to horses or horsemanship
- ☐ Take a field trip to a farm which trains and shows horses
- ☐ Attend a horse camp or “overnighter”
- ☐ Attend a horse clinic or workshop
- ☐ Discuss a topic related to horsemanship with a person with horsemanship experience
- ☐ Make and exhibit a poster
- ☐ Make a display or exhibit
- ☐ Take and display pictures of horses or horse events
- ☐ Give a demonstration, illustrated talk, oral report, or speech
- ☐ Lead a group discussion
- ☐ Teach a skill to another 4-H member
- ☐ Teach a lesson at a project meeting
- ☐ Write a news article or story
- ☐ Create a slide or video presentation
- ☐ Help with a therapeutic riding program
- ☐ Share your horse and knowledge with a 4-H member who does not have a horse
- ☐ Judge horses or showmanship at a horse judging practice, contest, or show
- ☐ Participate in a horse bowl practice or contest
- ☐ Participate in a hippology practice or contest
- ☐ Organize a skill-a-thon or a hippology, horse bowl, or judging activity
- ☐ Organize, lead, or help with a project meeting, event, or activity for your club
- ☐ Organize or help with a community service project



## 4-H activities report

This report will help you keep a better record of your club activities. Fill it in as you complete each assignment. Refer to this record when you are entering county, state, and national programs. Ask your 4-H leader to explain these programs to you.

Projects taken \_\_\_\_\_

\_\_\_\_\_

Offices held \_\_\_\_\_

Club \_\_\_\_\_

County \_\_\_\_\_

Committees \_\_\_\_\_

\_\_\_\_\_

“Show-and-tells” or presentations given to:

Local club \_\_\_\_\_

County \_\_\_\_\_

Region \_\_\_\_\_

State \_\_\_\_\_

Others \_\_\_\_\_

News articles \_\_\_\_\_

Radio \_\_\_\_\_

TV \_\_\_\_\_

Displays or exhibits \_\_\_\_\_

\_\_\_\_\_

Things done to improve your health \_\_\_\_\_

\_\_\_\_\_

Community service or citizenship work done:

By yourself \_\_\_\_\_

With club \_\_\_\_\_

Number of meetings your club(s) held this year \_\_\_\_\_

Number you attended \_\_\_\_\_

Number of persons you encouraged to join 4-H \_\_\_\_\_

Number of 4-H'ers you helped with projects \_\_\_\_\_

In what way

Check activities in which you participated and tell how you helped

☐ Camp \_\_\_\_\_

☐ Club or county tours \_\_\_\_\_

☐ Club picnic \_\_\_\_\_

☐ County fair \_\_\_\_\_

☐ Achievement programs \_\_\_\_\_

☐ Roundup \_\_\_\_\_

☐ Leadership training \_\_\_\_\_

☐ State 4-H Capital Days \_\_\_\_\_

☐ Penn State 4-H Achievement Days \_\_\_\_\_

☐ Pennsylvania Farm Show \_\_\_\_\_

☐ National 4-H Week \_\_\_\_\_

☐ State Ambassador Conference \_\_\_\_\_

☐ Quiz bowls \_\_\_\_\_

☐ Hippology \_\_\_\_\_

☐ Judging \_\_\_\_\_

☐ Others \_\_\_\_\_



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Name \_\_\_\_\_

Age (as of January 1) \_\_\_\_\_

Date of birth \_\_\_\_\_

Address \_\_\_\_\_

County \_\_\_\_\_

Club name \_\_\_\_\_

Club leader's name \_\_\_\_\_

Project helper's name \_\_\_\_\_

#### 4-H horse achievement program level (check one)

- ☐ 2 Head, Heart, and Hooves
- ☐ 3 Stable Relationships
- ☐ 4 Riding the Range
- ☐ 5 Jumping to New Heights
- ☐ other

#### Year in achievement program level (check one)

- ☐ first
- ☐ second
- ☐ third

Date record started \_\_\_\_\_

Date record closed \_\_\_\_\_

#### 4-H Club Motto

"To make the best better"

#### 4-H Club Pledge

I pledge  
my head to clearer thinking,  
my heart to greater loyalty,  
my hands to larger service, and  
my health to better living, for  
my club,  
my community,  
my country, and  
my world.

#### 4-H Club Colors

Green and White

