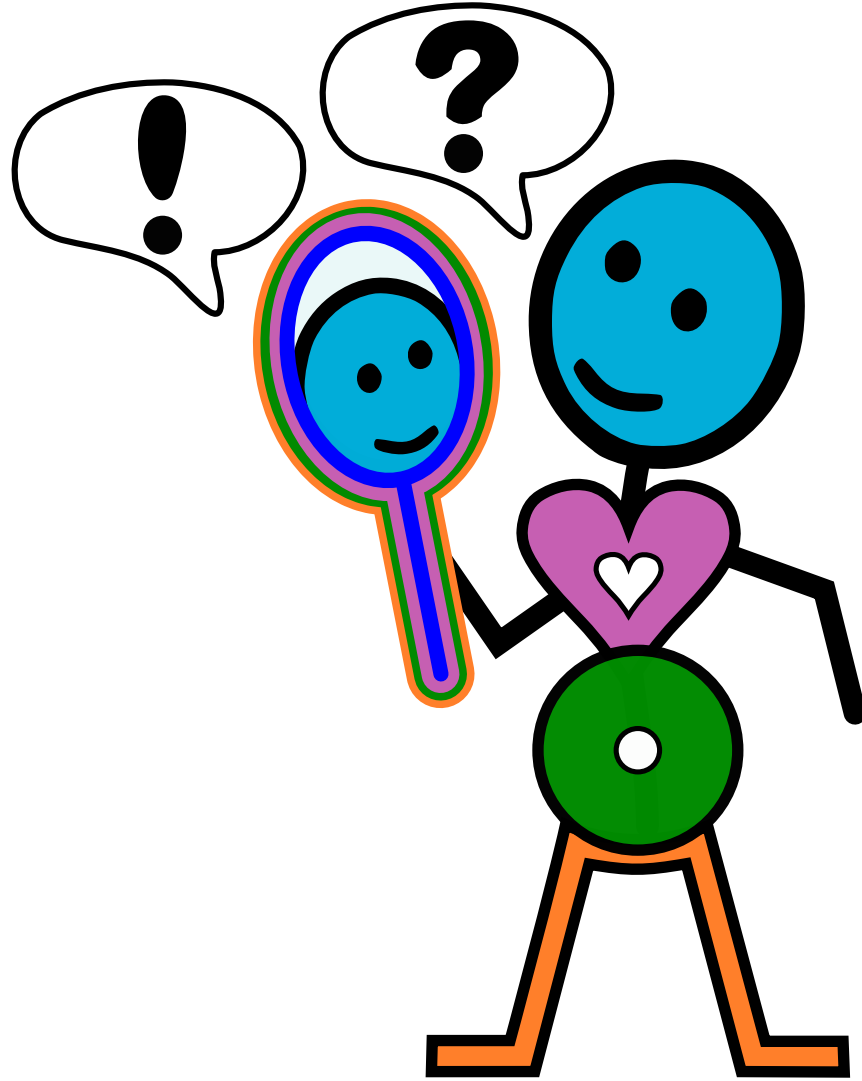
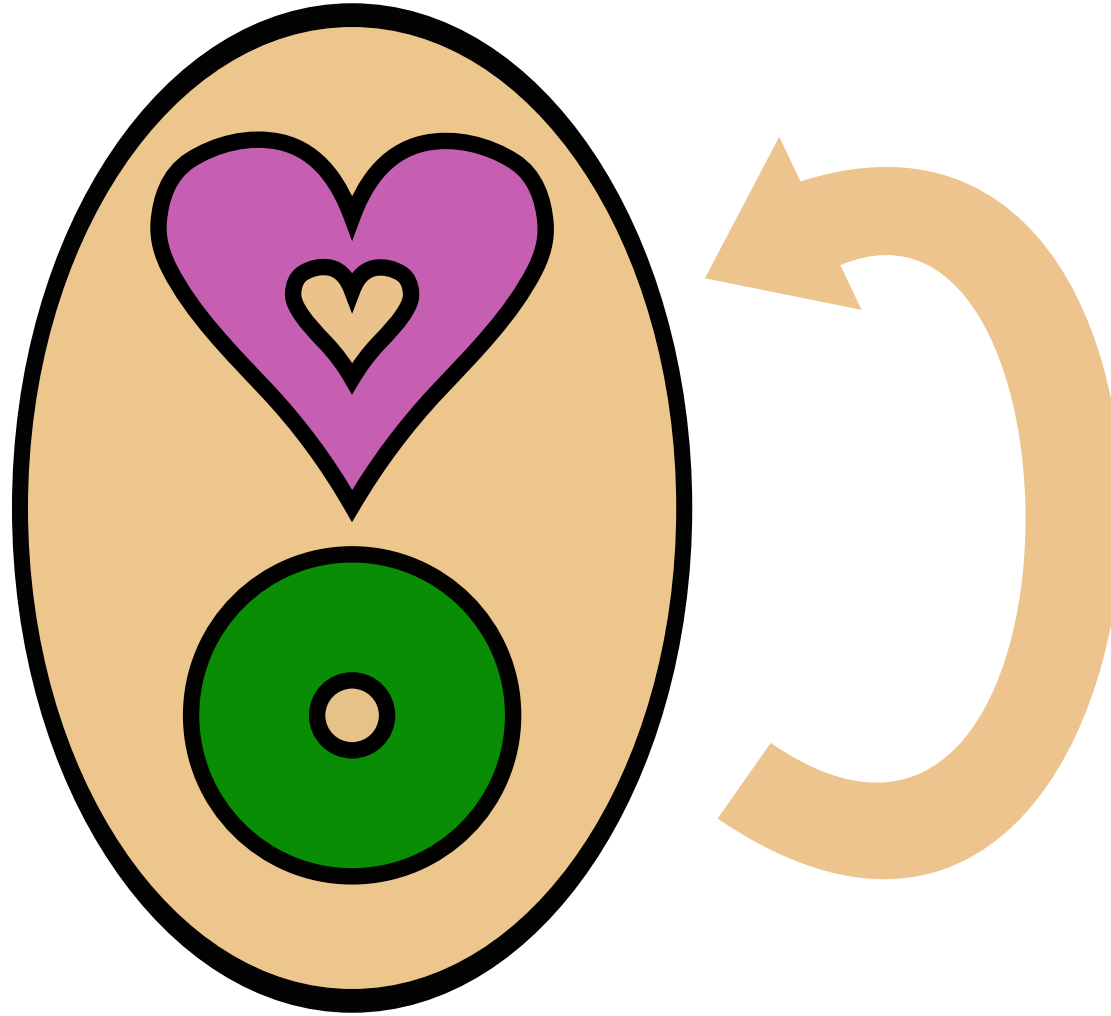


# Selbstempathie - Self empathy



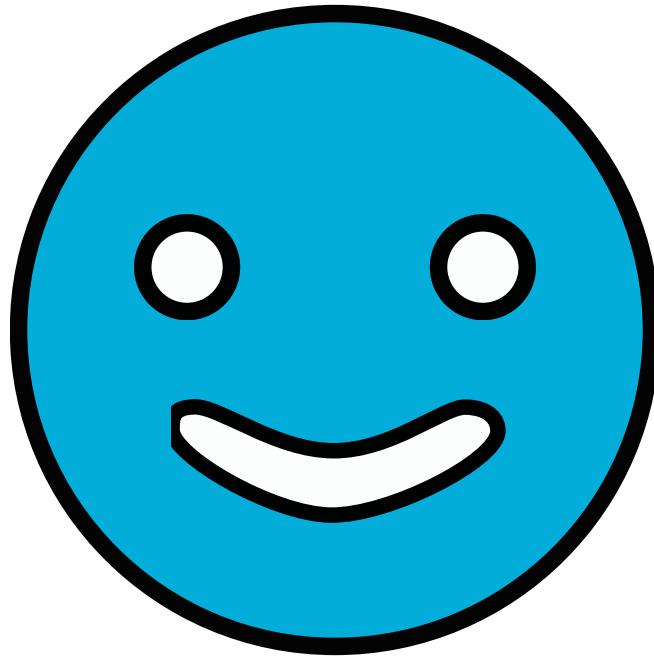
Selbstempathie - Self empathy

Ich weil ich - I because I



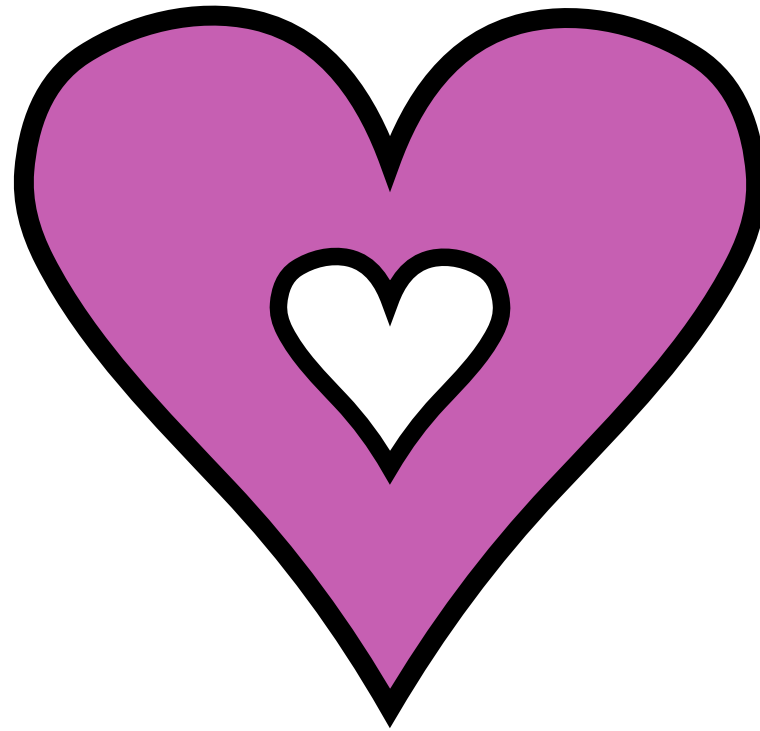
Ich weil ich - I because I

# Beobachtung - Observation



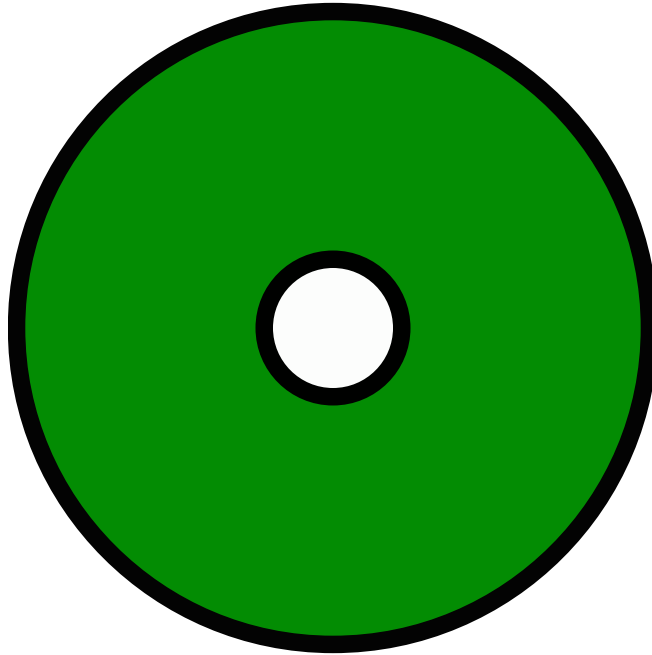
Beobachtung - Observation

Gefühl - Feeling



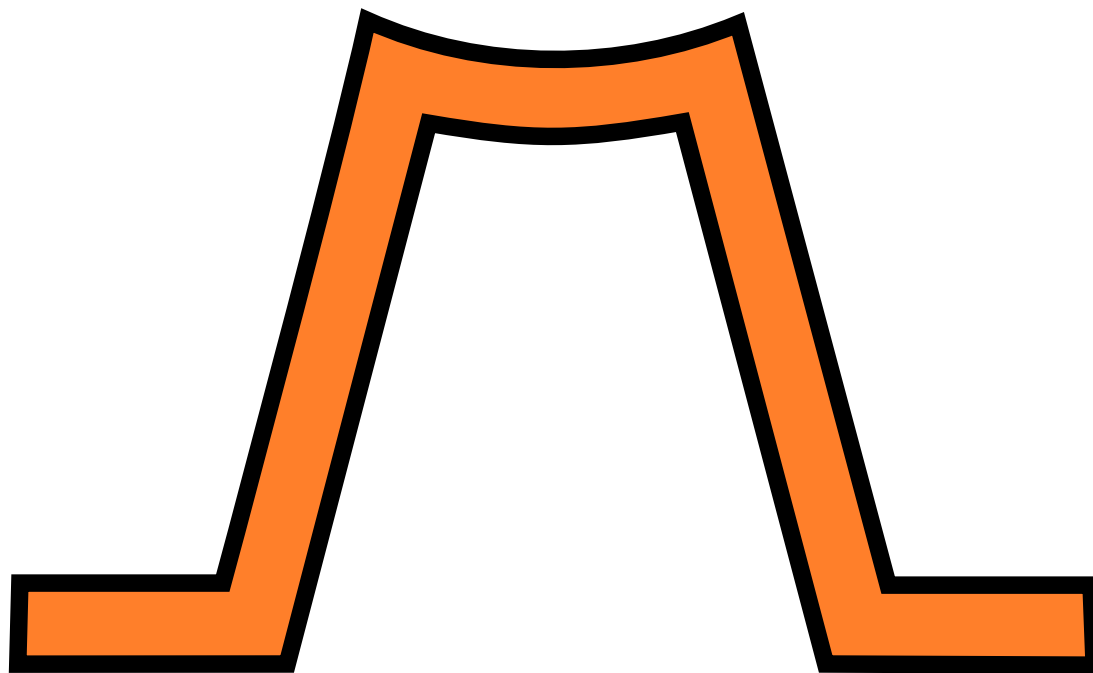
Gefühl - Feeling

Bedürfnis - Need



Bedürfnis - Need

Bitte - Request



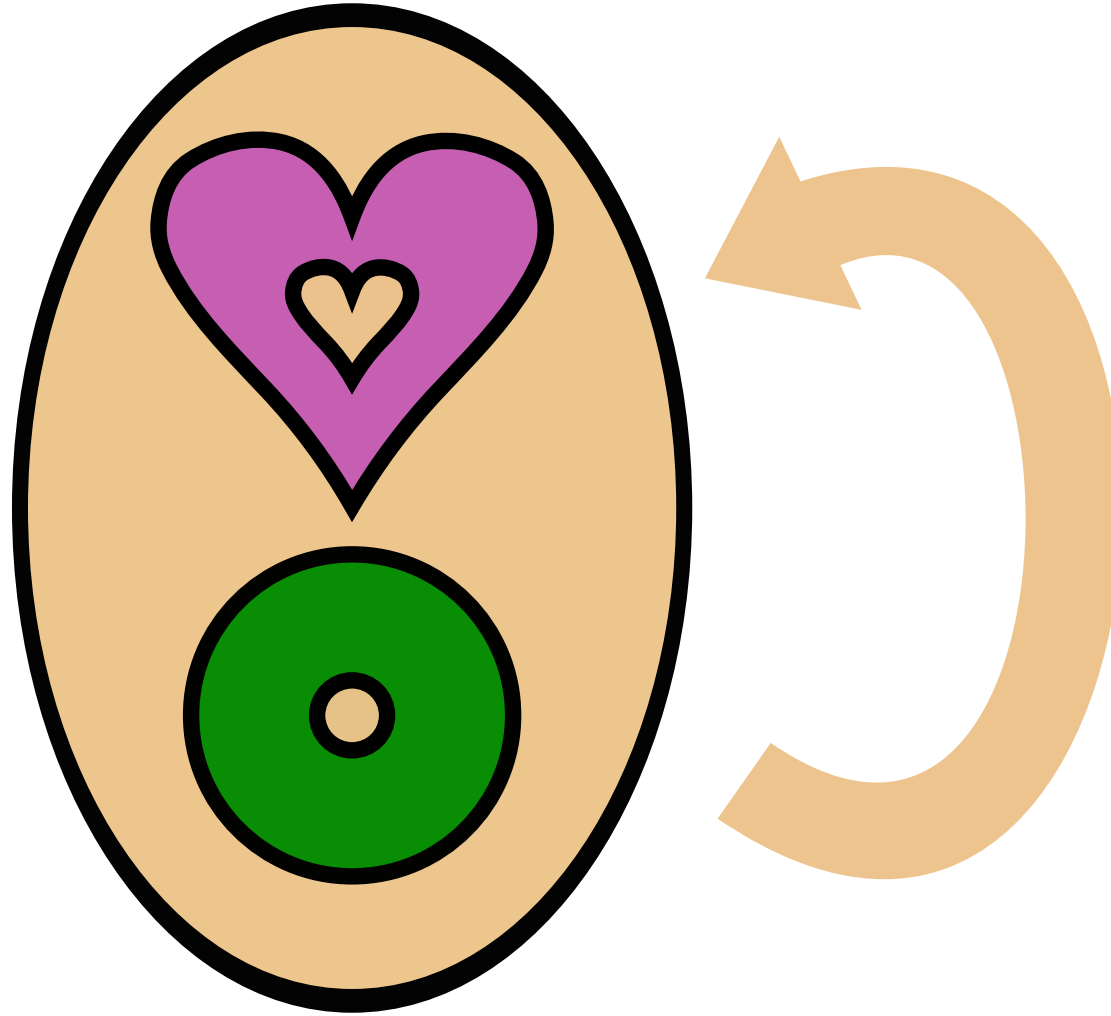
Bitte - Request

# Selbstausdruck - Self-expression



Selbstausdruck - Self-expression

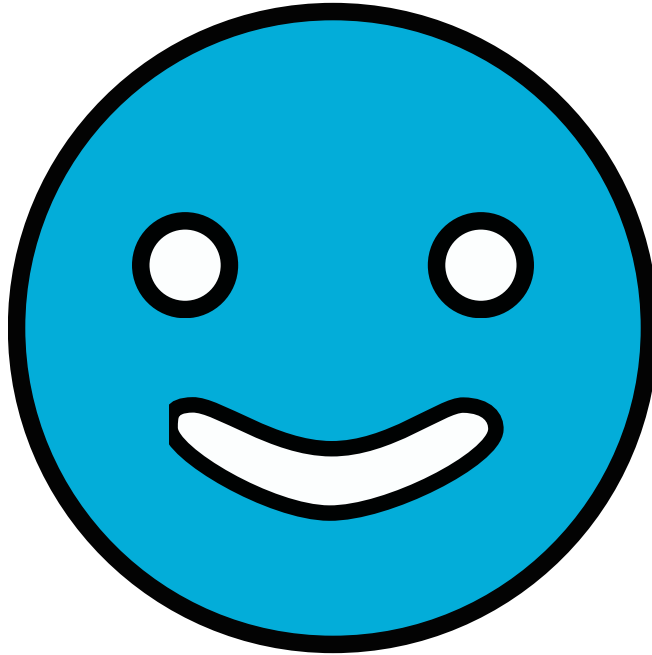
Ich weil ich - I because I



Ich weil ich - I because I

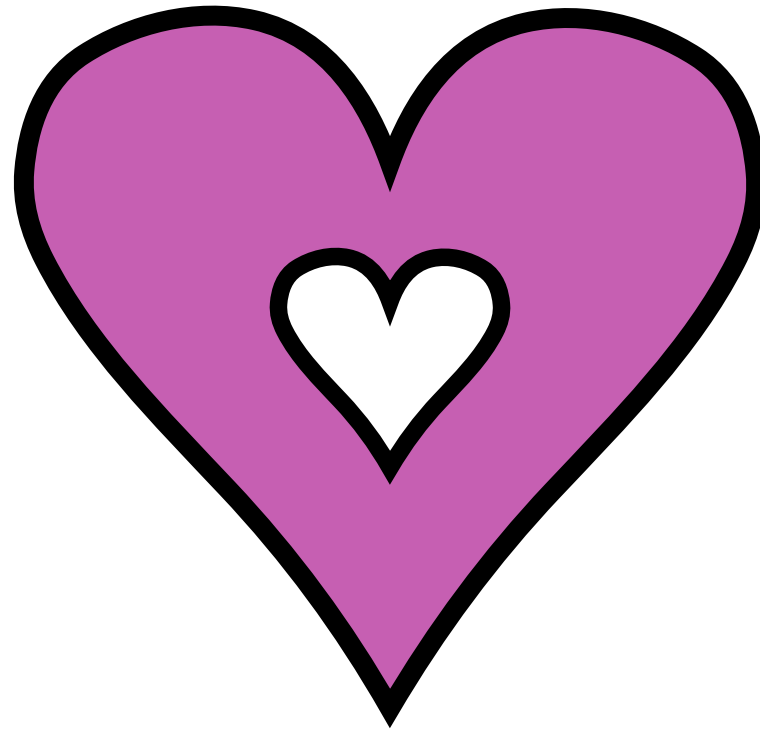


# Beobachtung - Observation



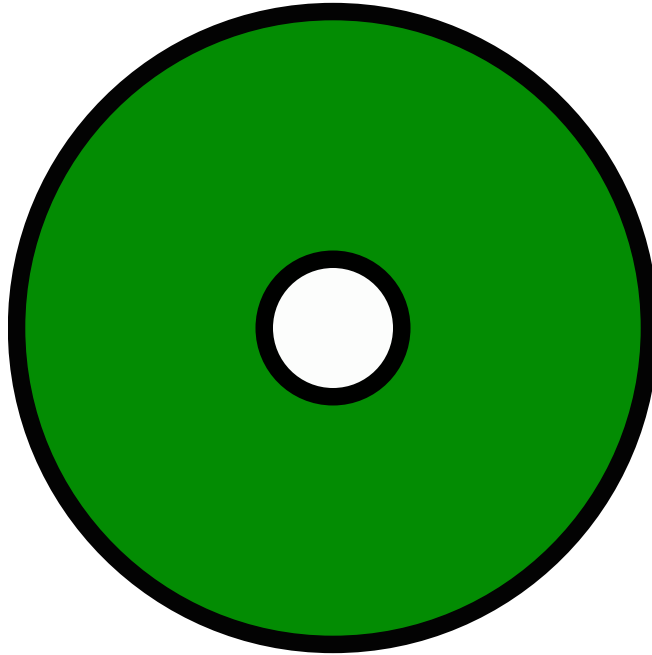
Beobachtung - Observation

Gefühl - Feeling



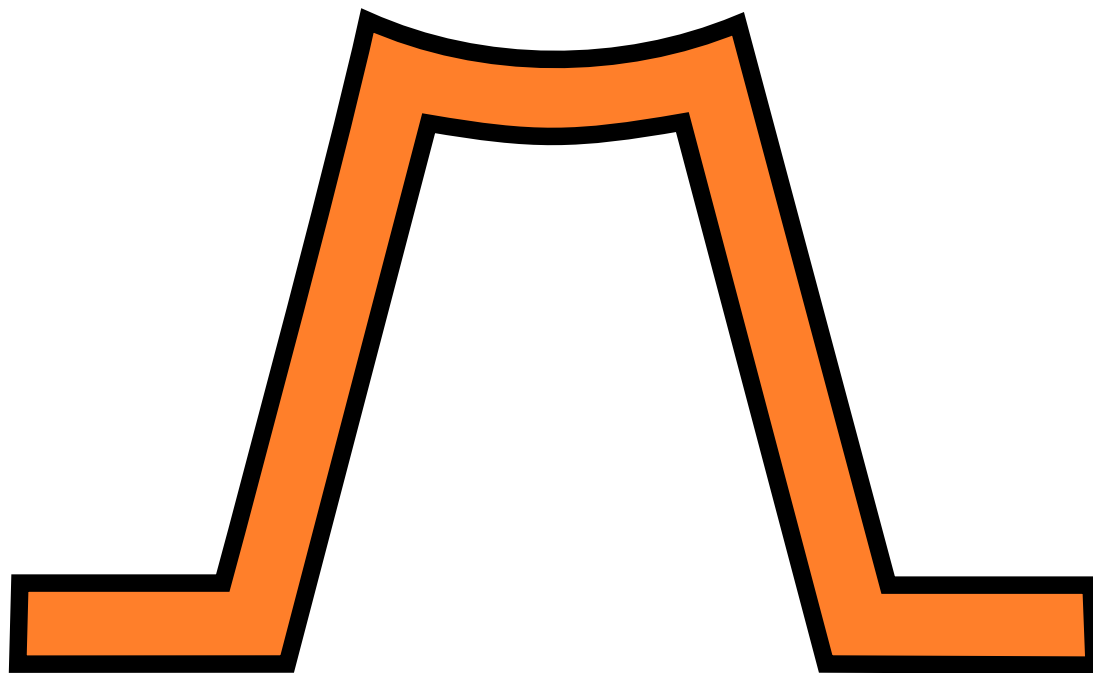
Gefühl - Feeling

Bedürfnis - Need



Bedürfnis - Need

Bitte - Request



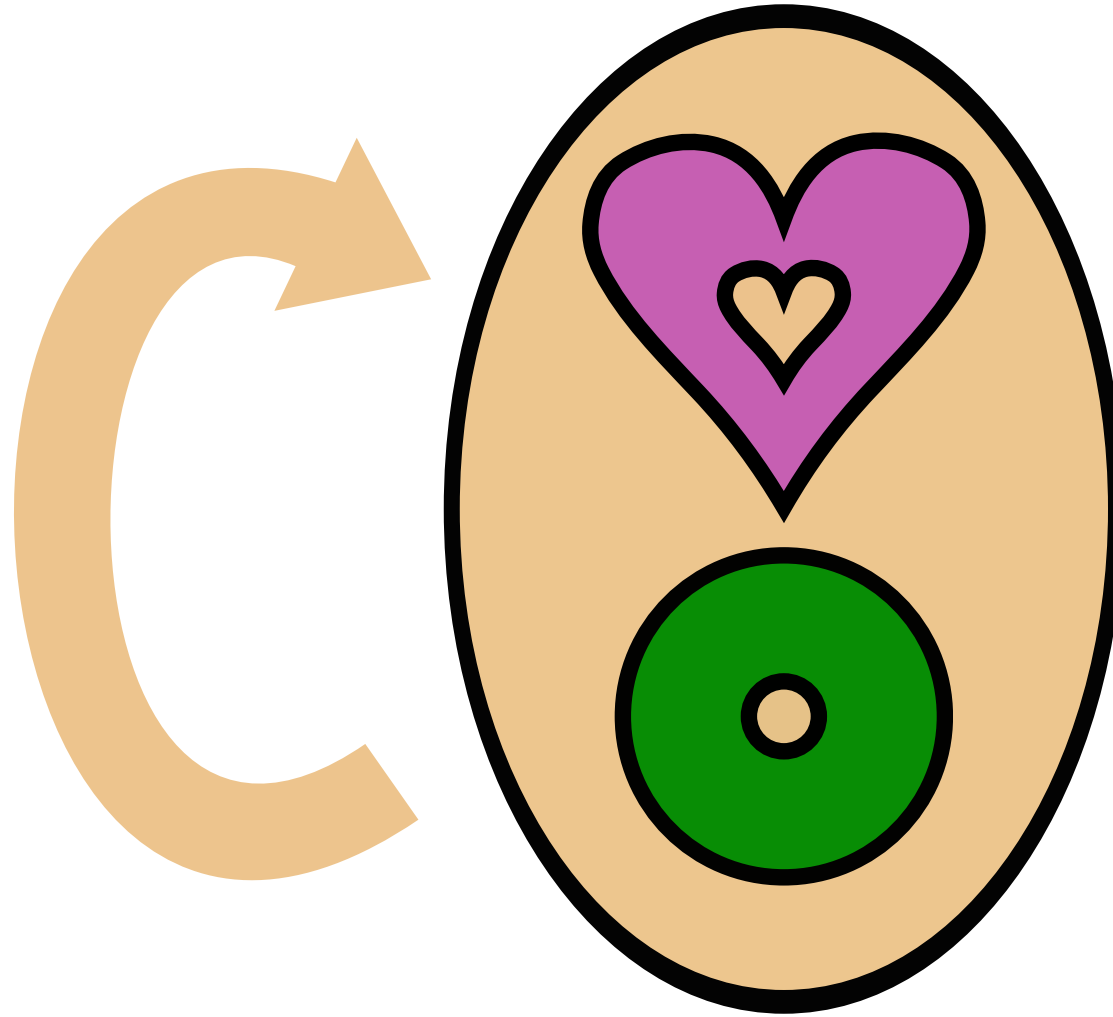
Bitte - Request

# Empathisches Zuhören - Empathic listening



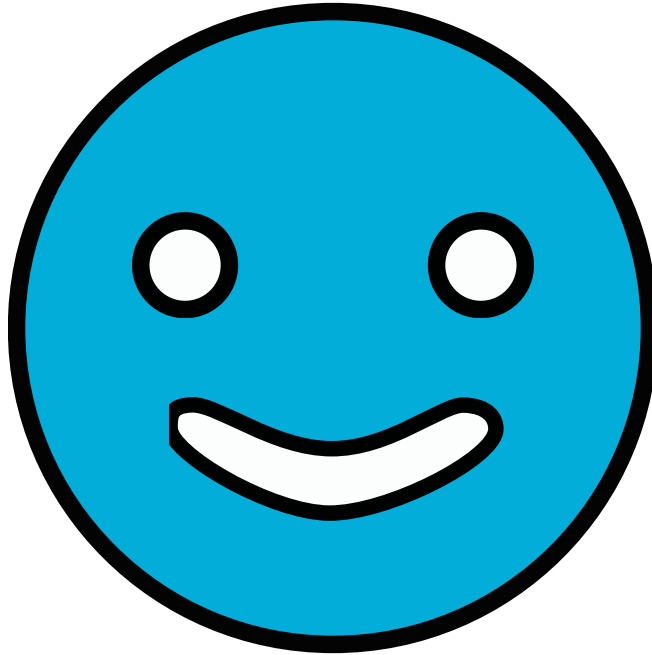
# Empathisches Zuhören - Empathic listening

Du weil du - You because you



Du weil du - You because you

# Beobachtung - Observation



Beobachtung - Observation

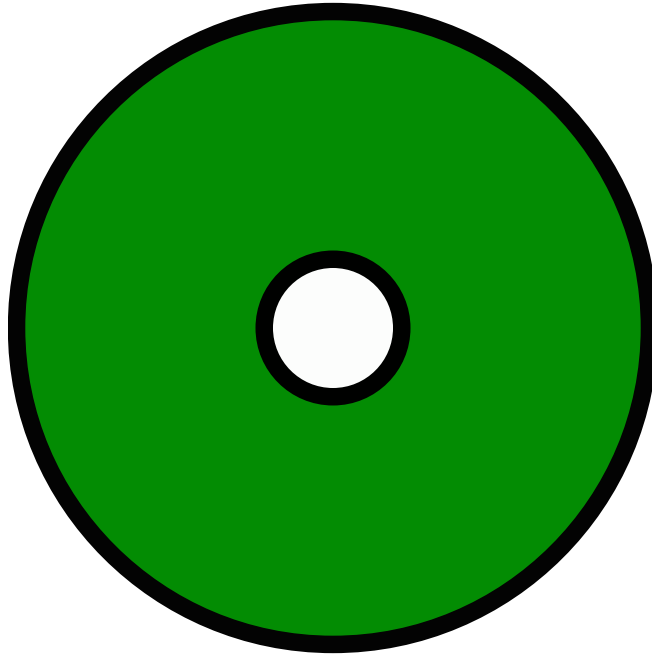
Gefühl - Feeling



Gefühl - Feeling

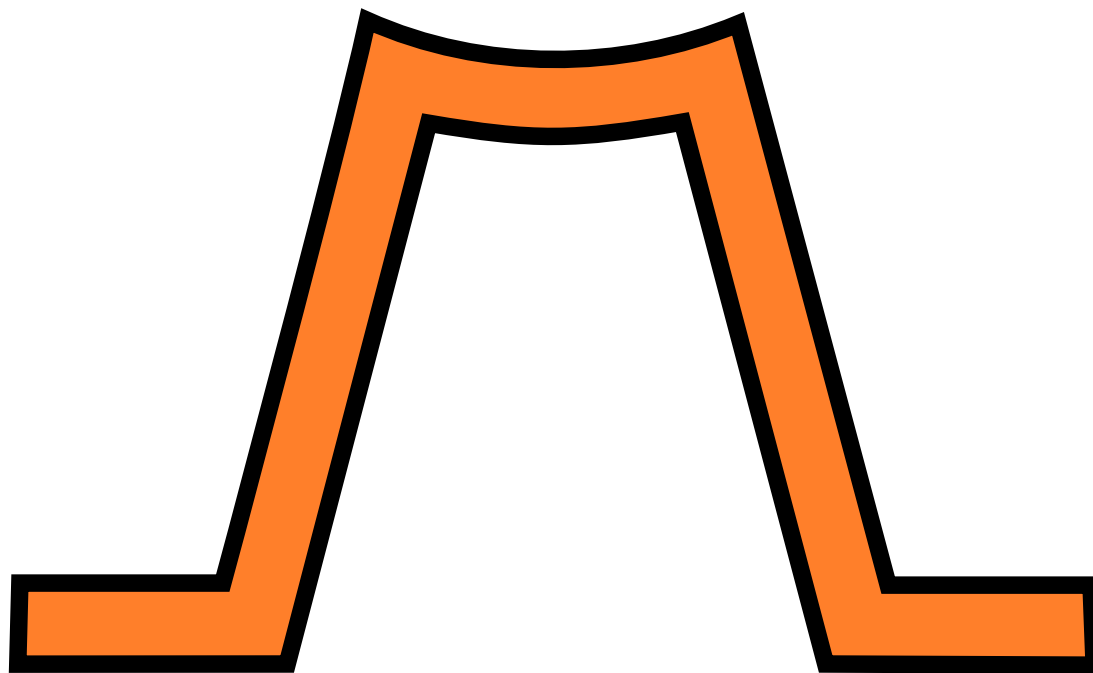


Bedürfnis - Need



Bedürfnis - Need

Bitte - Request



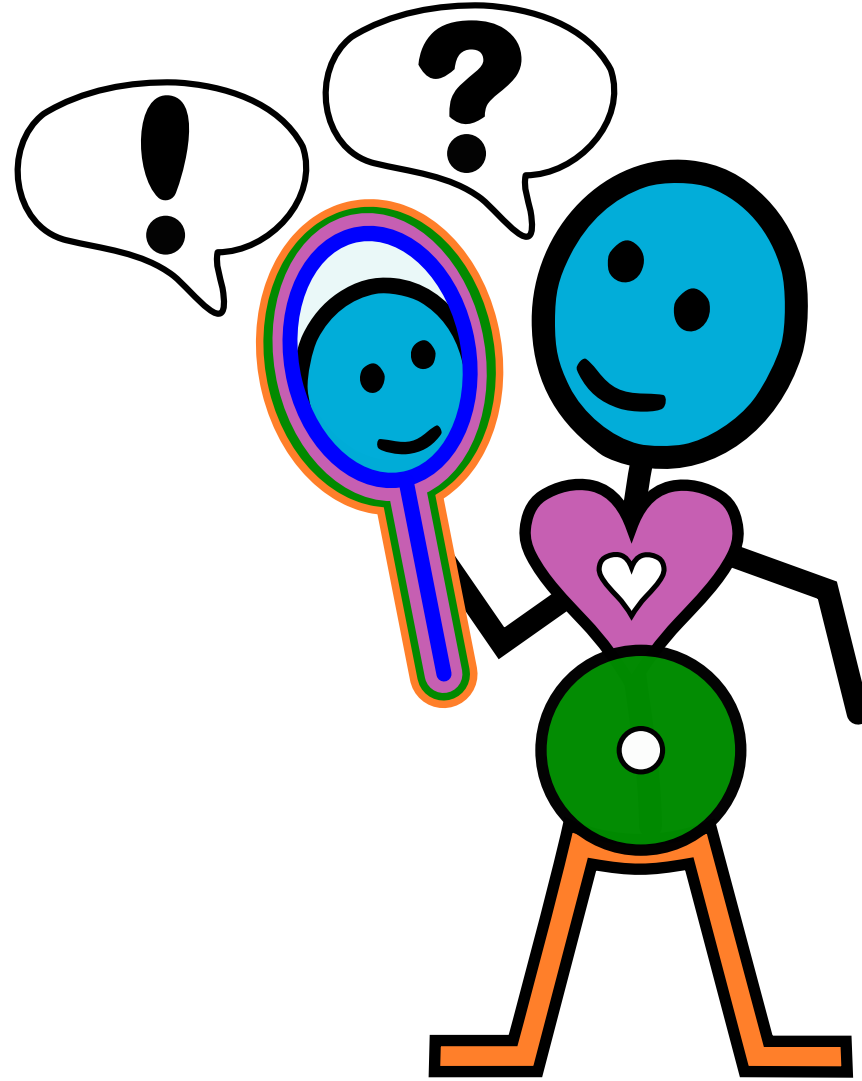
Bitte - Request

Wolfsshow - Wolf show



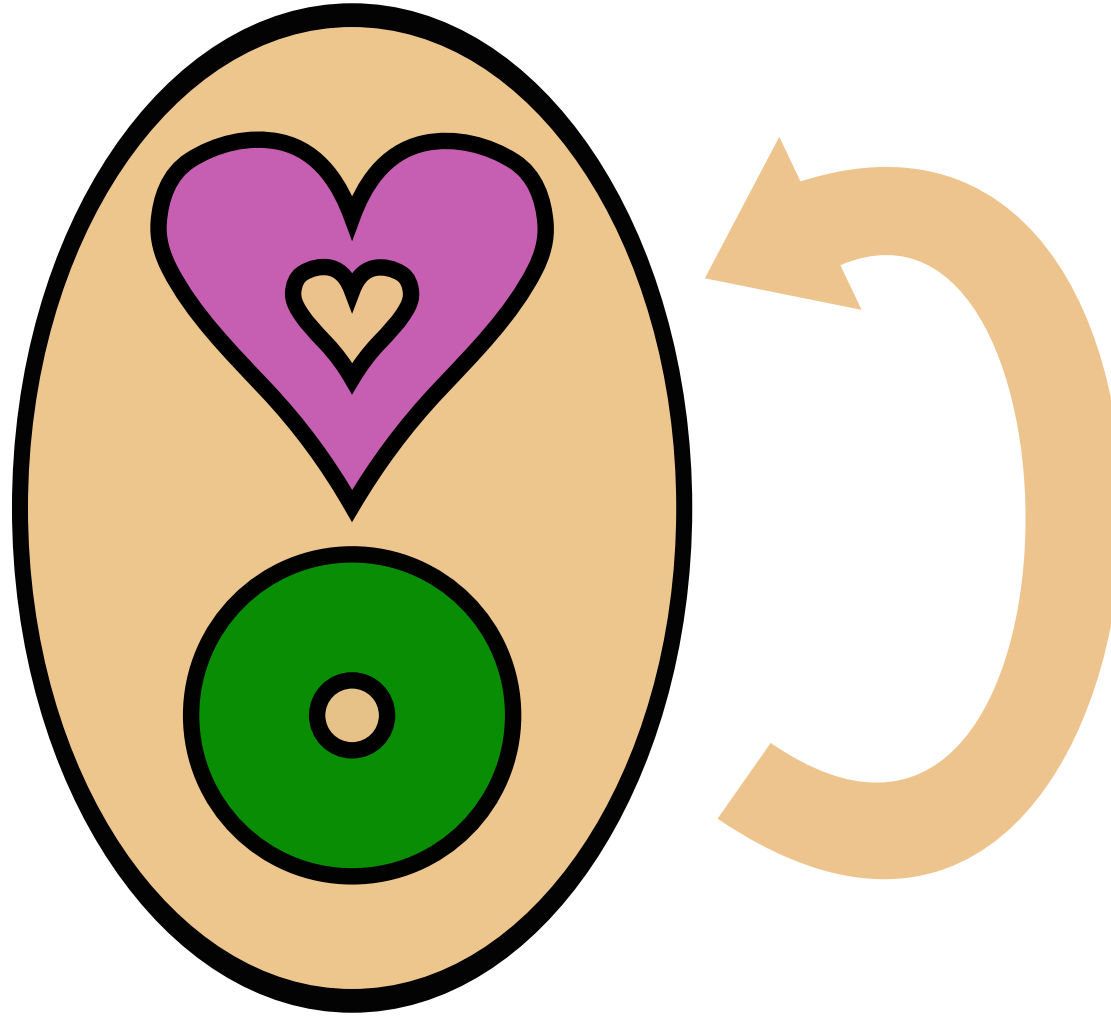
Wolfsshow - Wolf show

# Selbstempathie - Self empathy



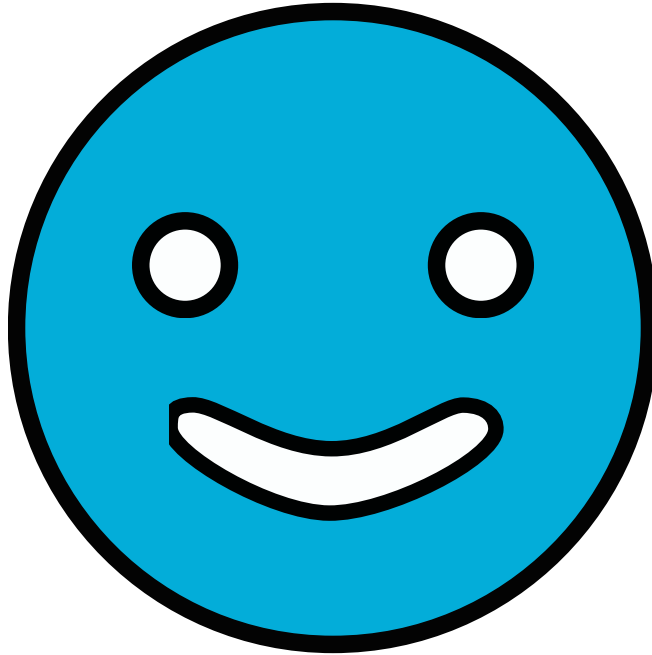
Selbstempathie - Self empathy

Ich weil ich - I because I



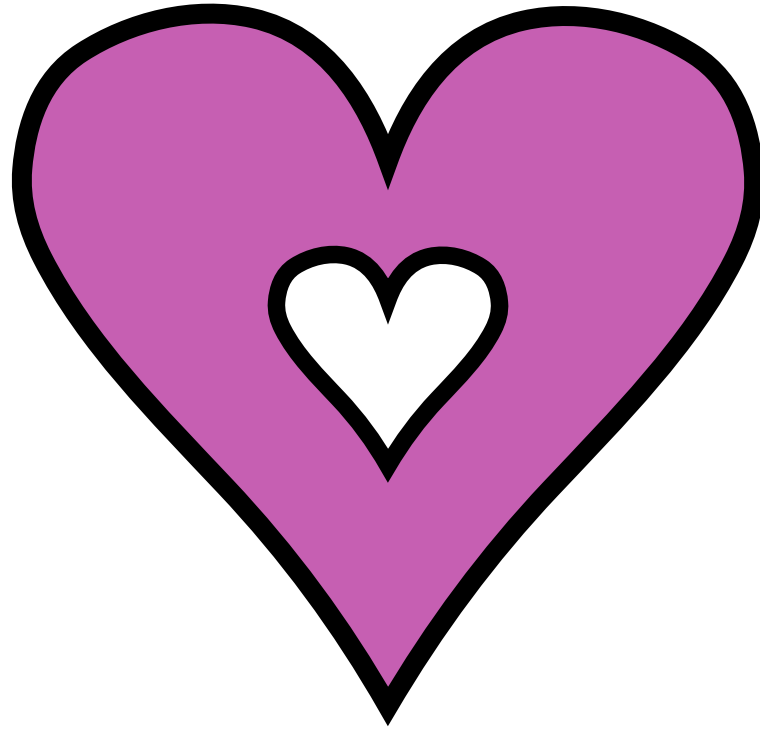
Ich weil ich - I because I

# Beobachtung - Observation



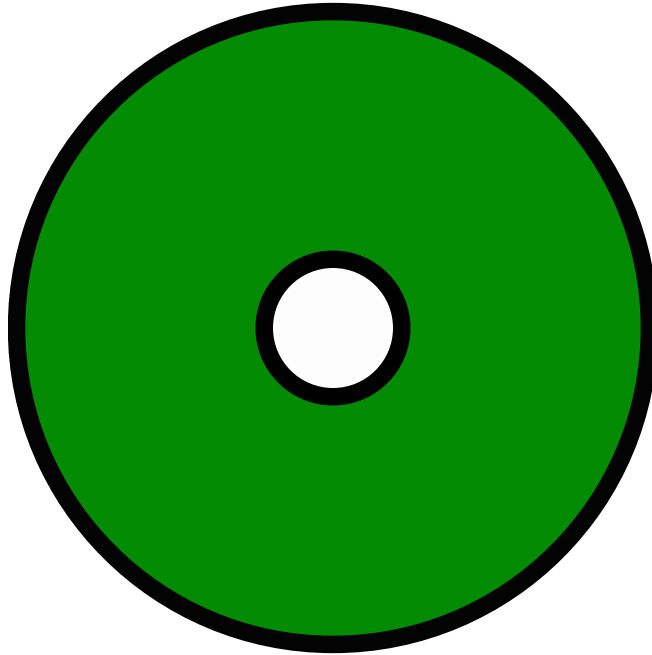
Beobachtung - Observation

Gefühl - Feeling



Gefühl - Feeling

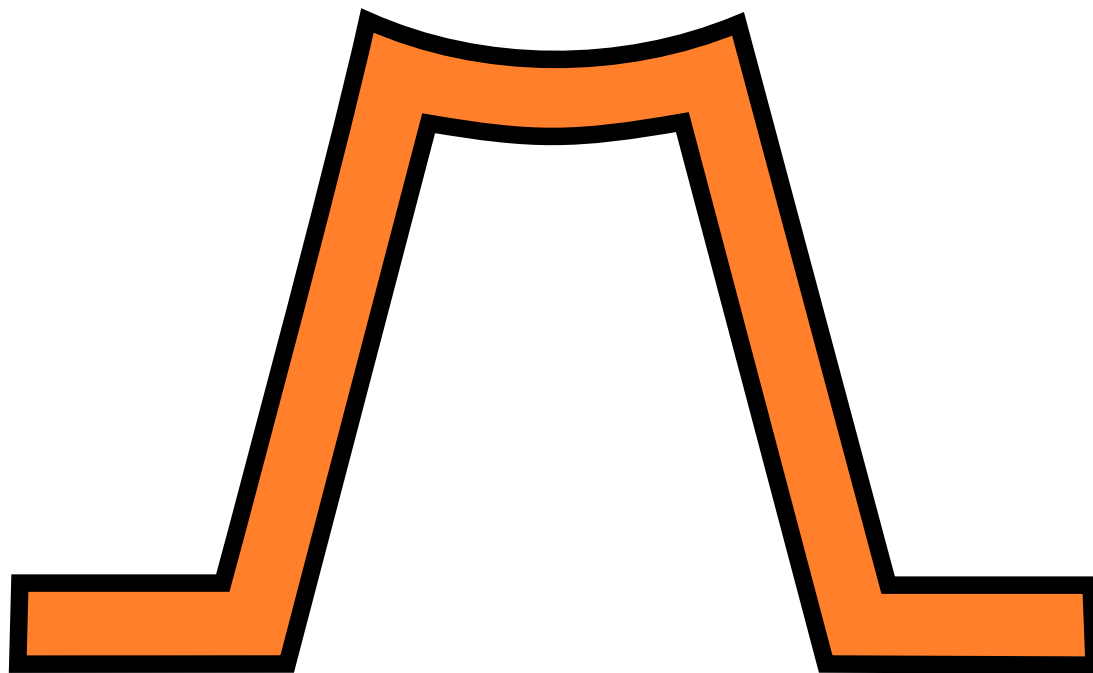
Bedürfnis - Need



Bedürfnis - Need



Bitte - Request



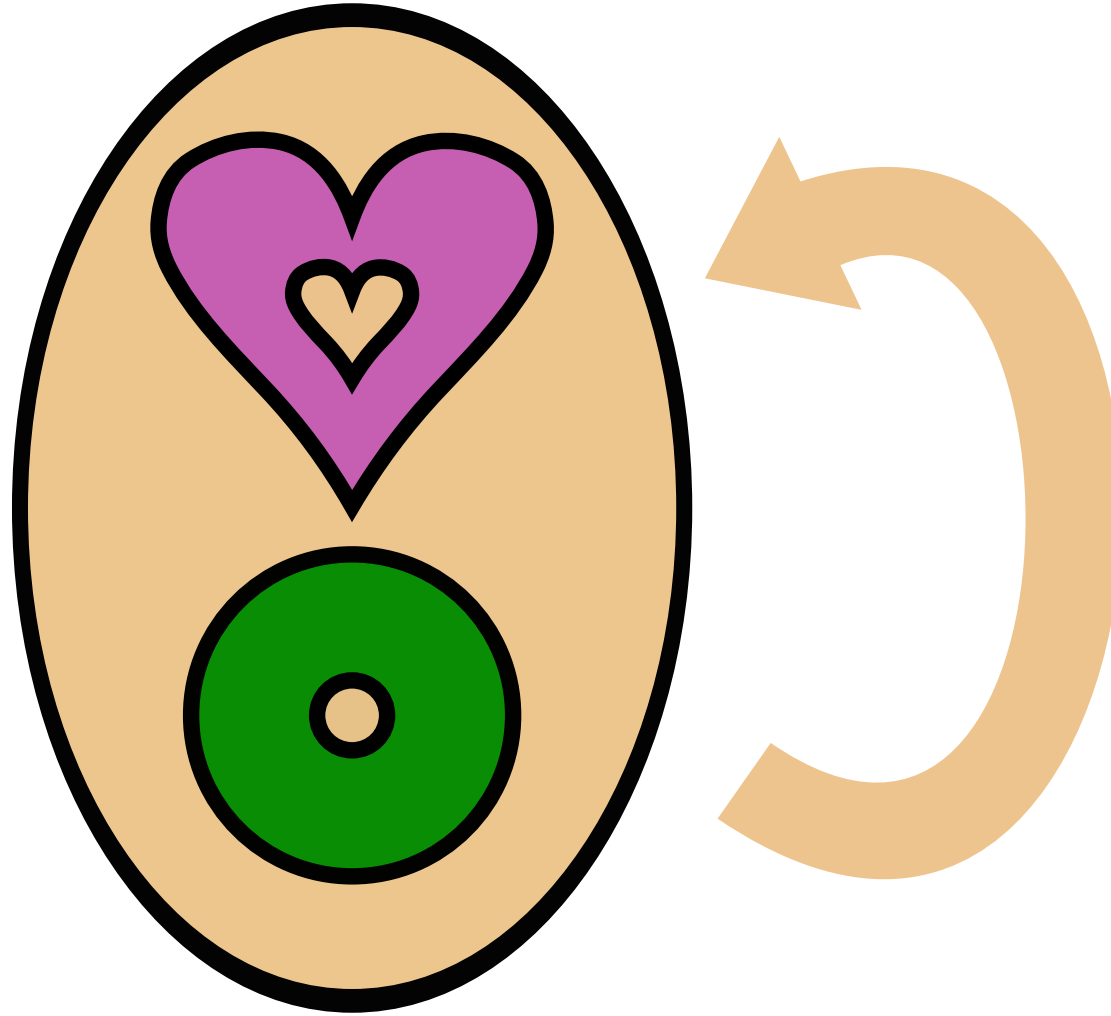
Bitte - Request

# Selbstausdruck - Self-expression



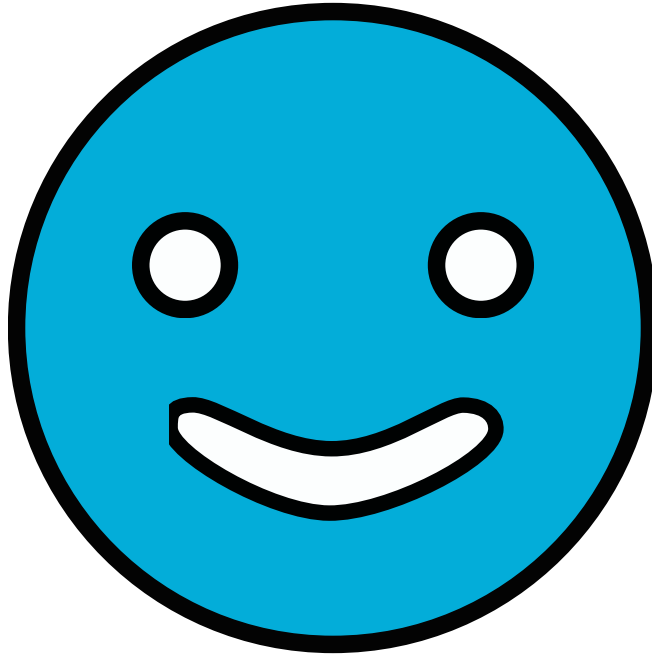
Selbstausdruck - Self-expression

Ich weil ich - I because I



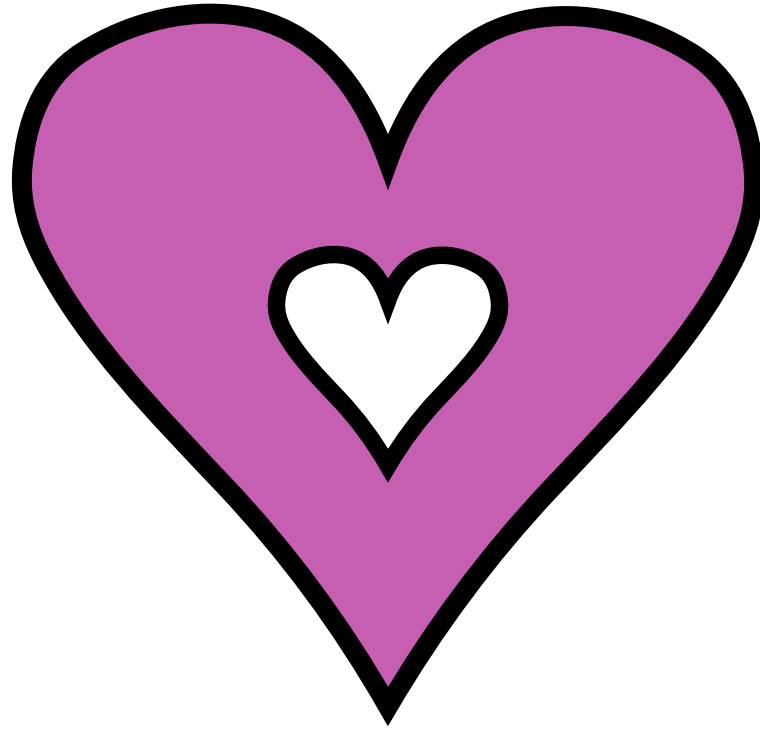
Ich weil ich - I because I

# Beobachtung - Observation



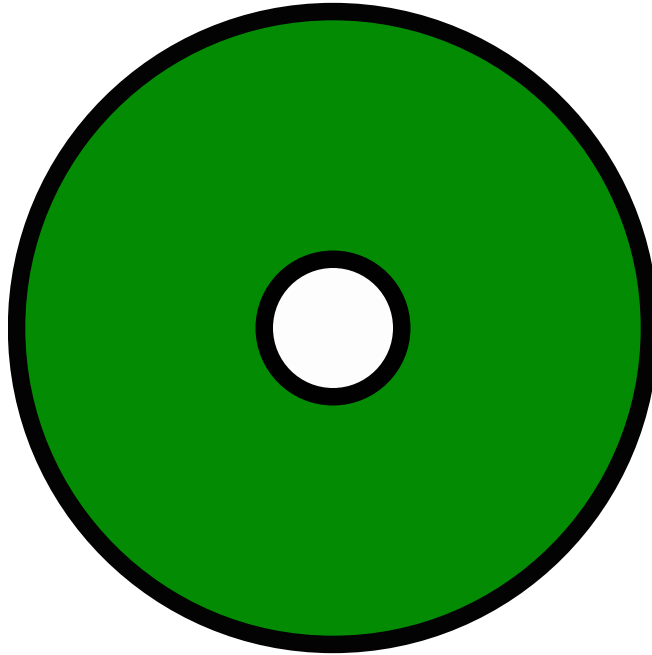
Beobachtung - Observation

Gefühl - Feeling



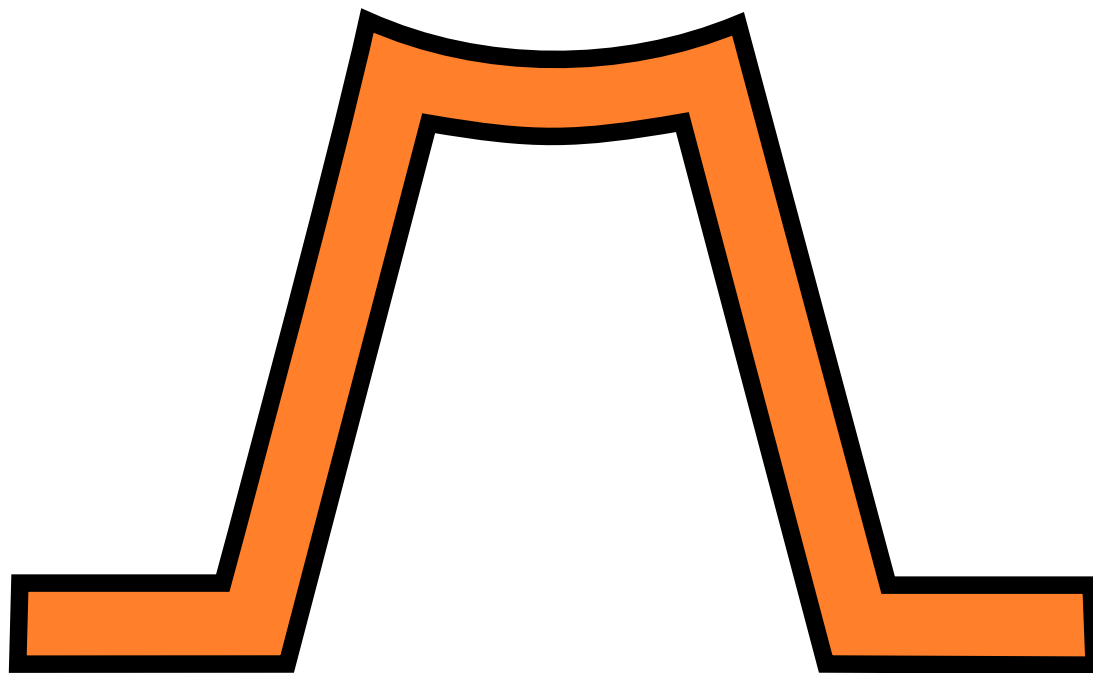
Gefühl - Feeling

Bedürfnis - Need



Bedürfnis - Need

Bitte - Request



Bitte - Request

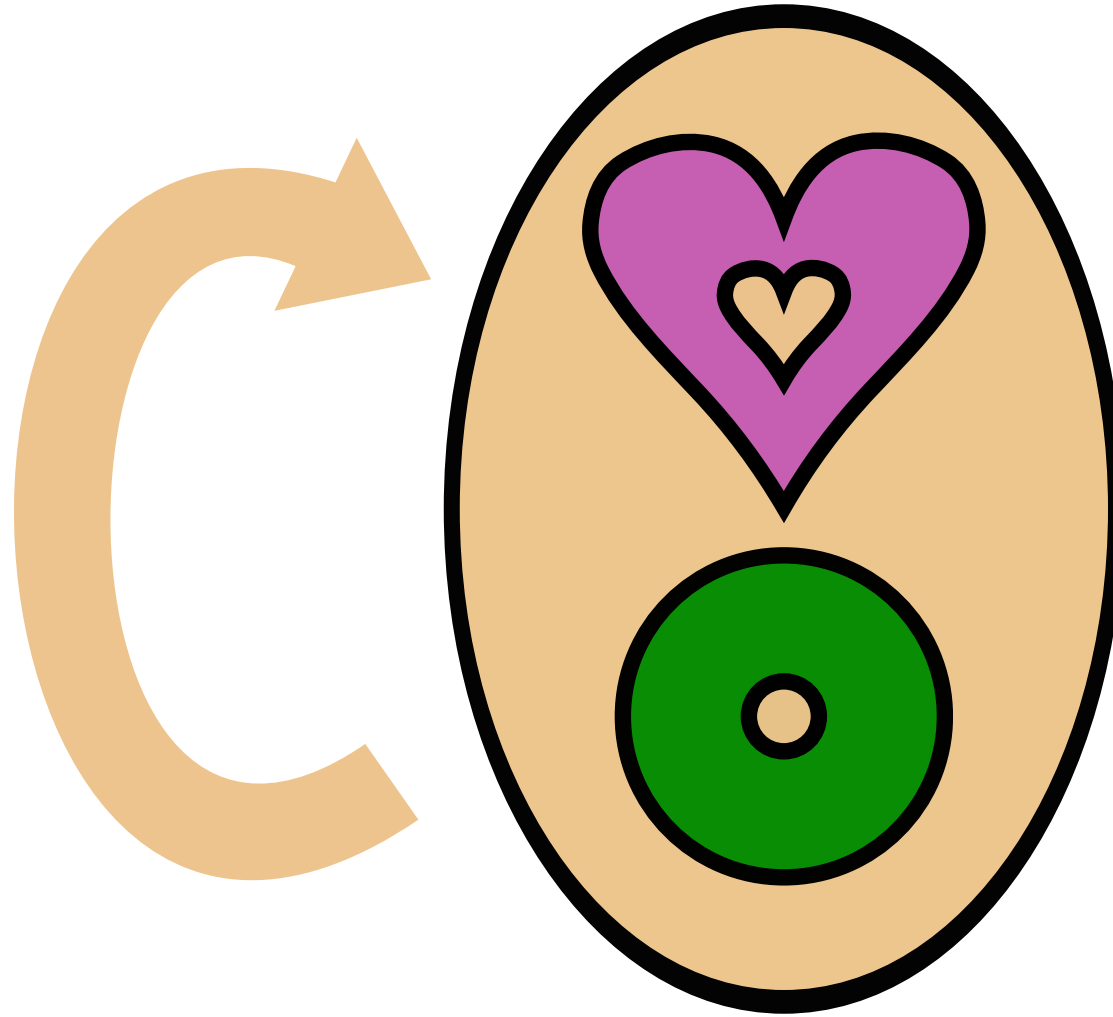
# Empathisches Zuhören - Empathic listening



# Empathisches Zuhören - Empathic listening

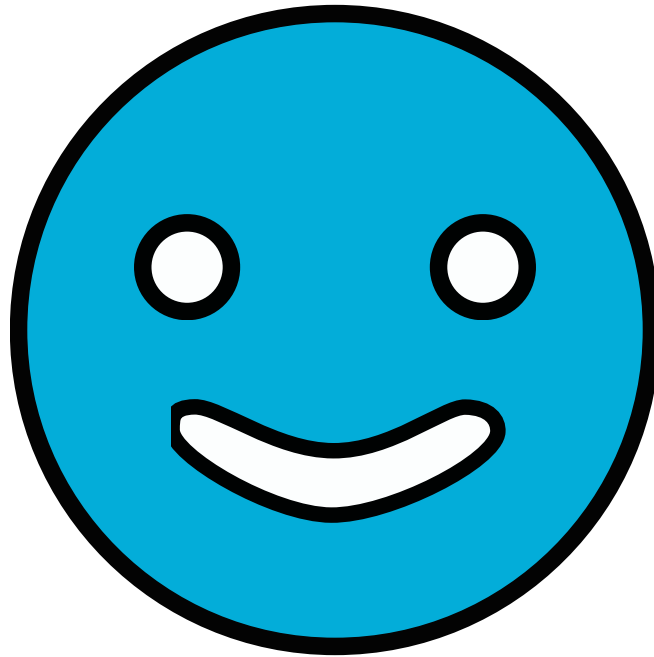


Du weil du - You because you



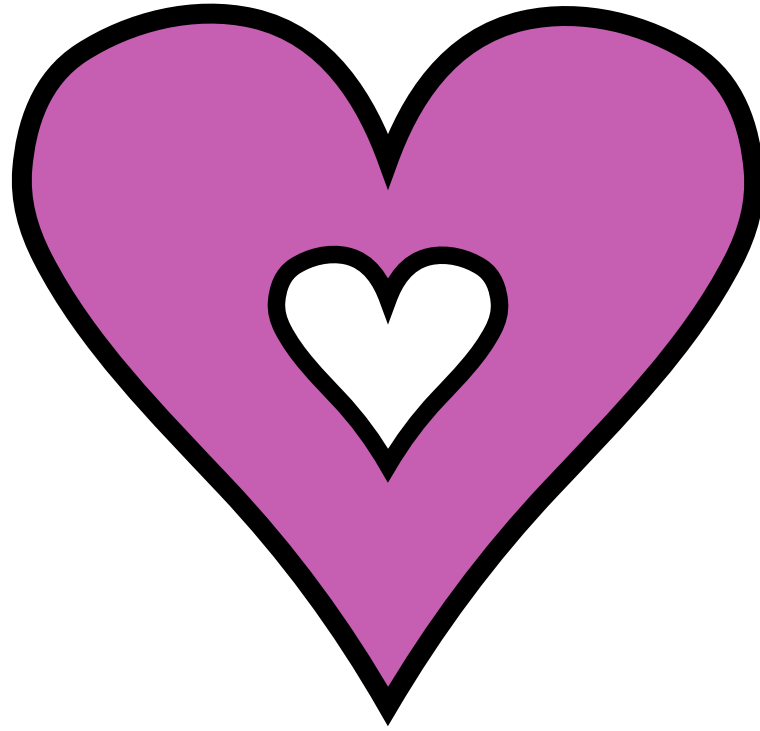
Du weil du - You because you

# Beobachtung - Observation



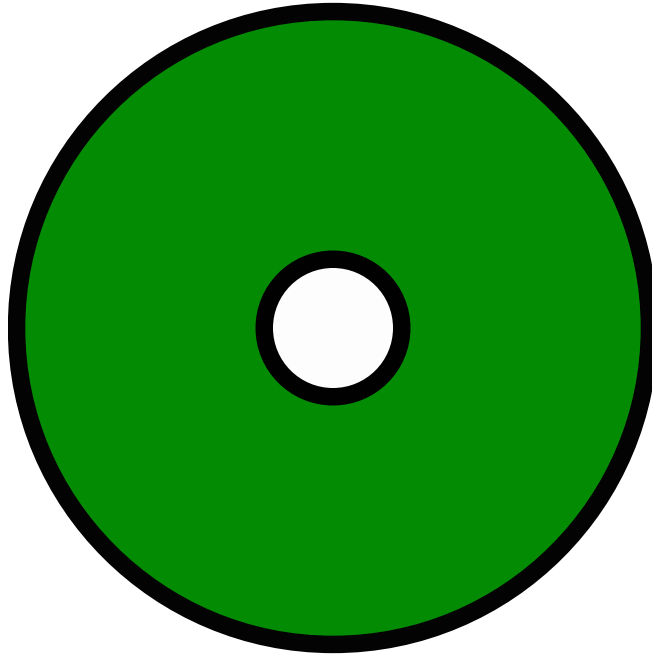
Beobachtung - Observation

Gefühl - Feeling



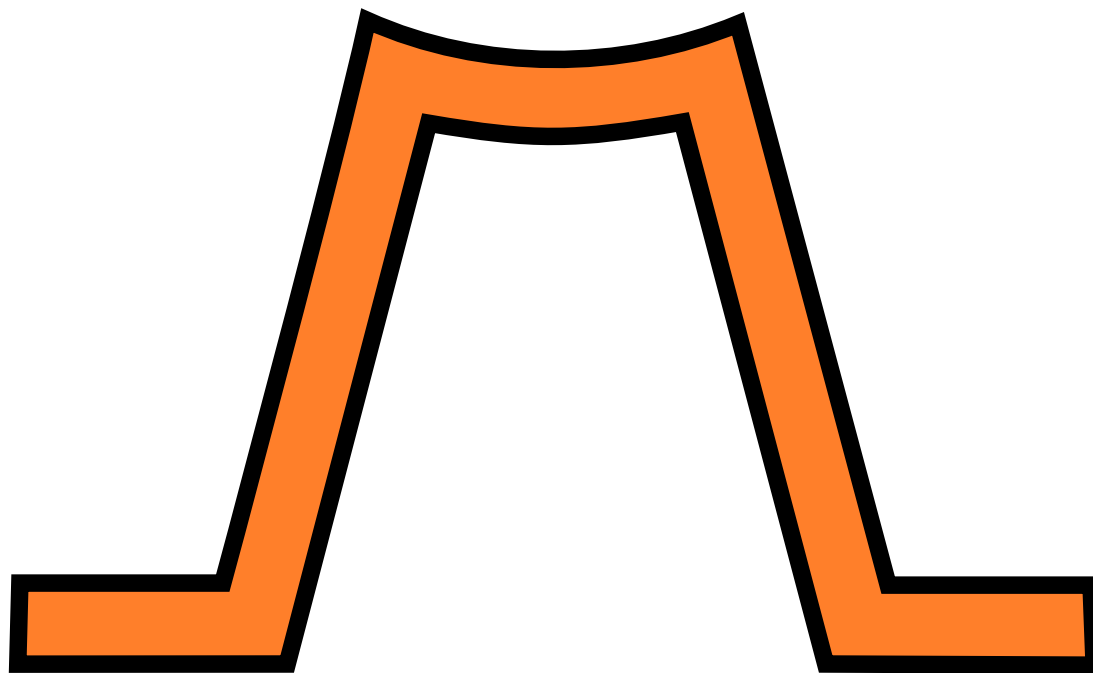
Gefühl - Feeling

Bedürfnis - Need



Bedürfnis - Need

Bitte - Request



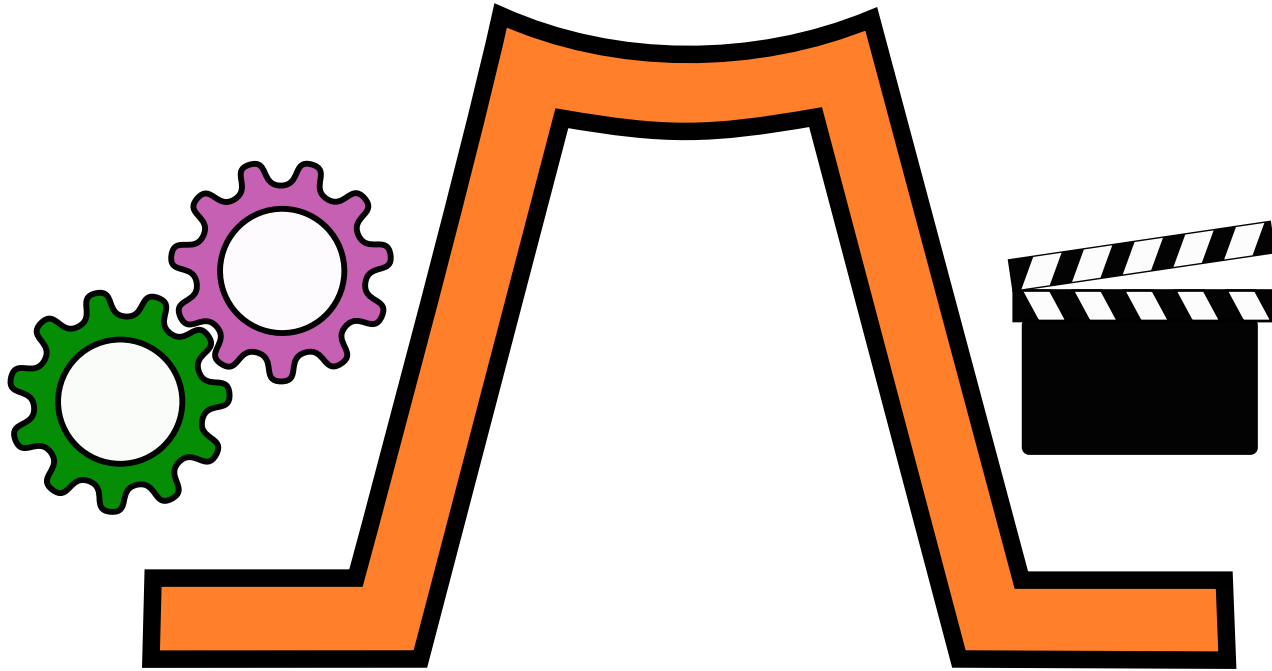
Bitte - Request

Wolfsshow - Wolf show



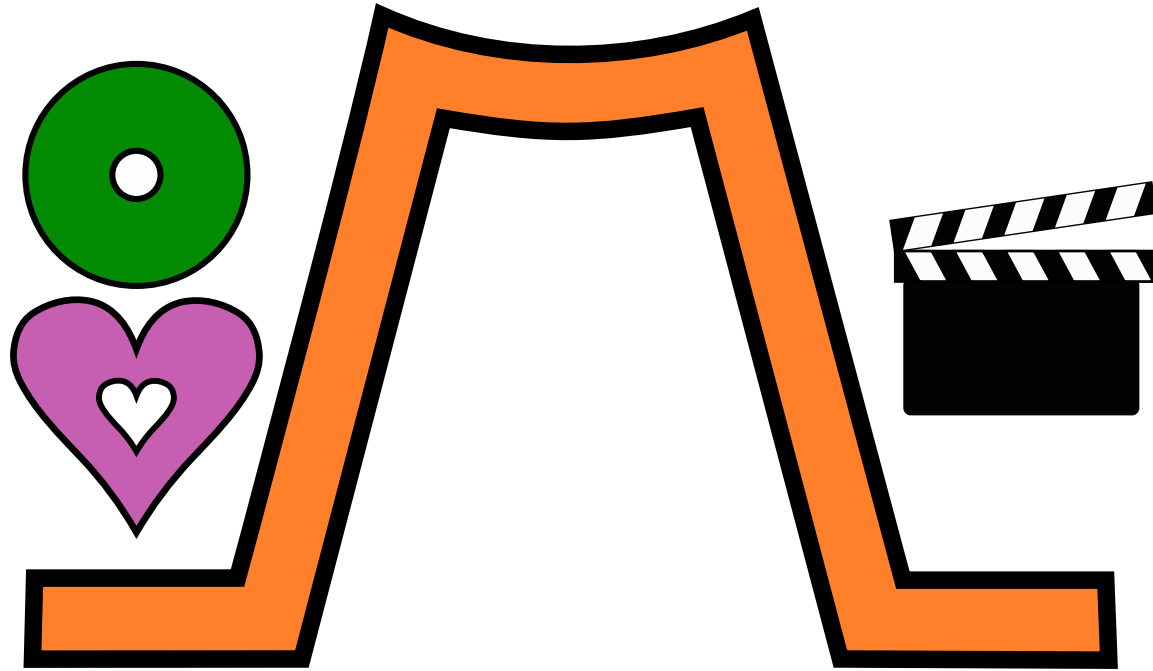
Wolfsshow - Wolf show

# Lösungsbitte - Request for action



Lösungsbitte - Request for action

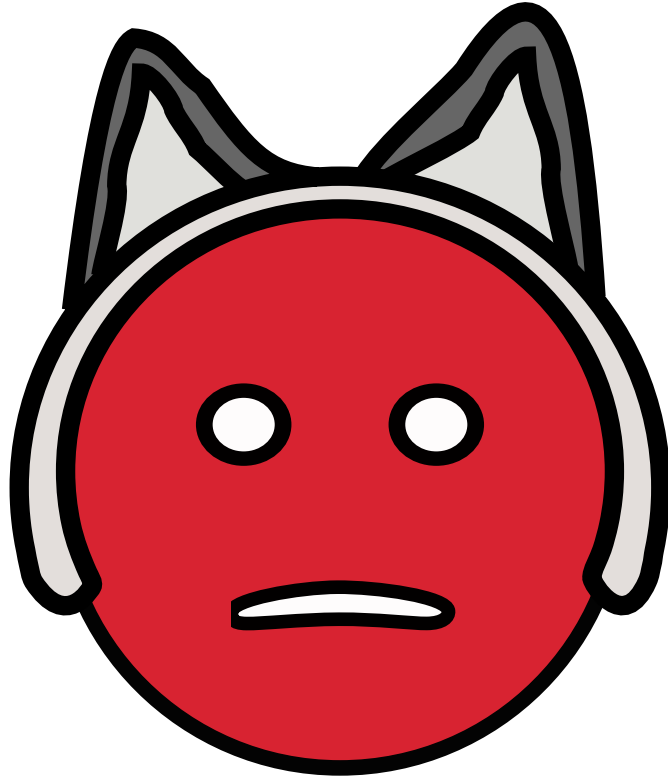
# Verbindungsbitte - Request for connection



Verbindungsbitte - Request for connection

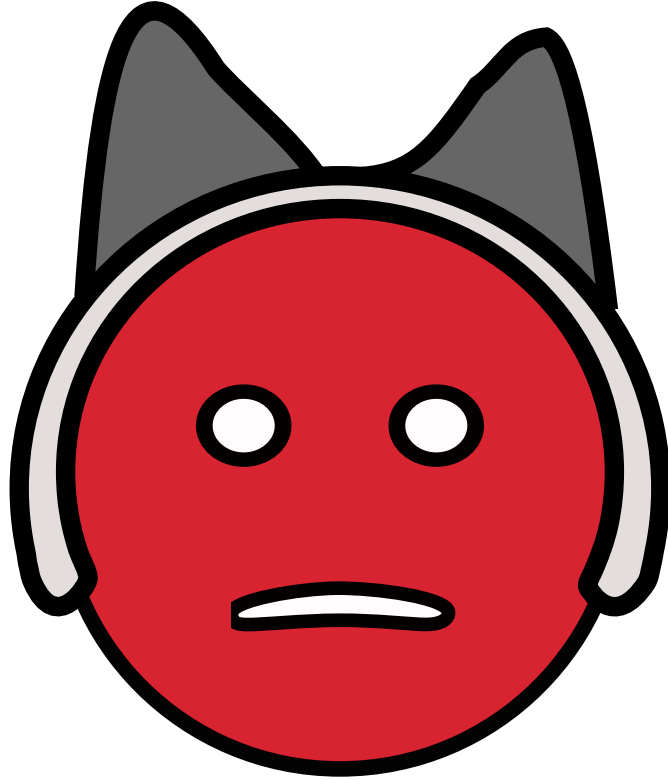


Ärger, Wut - Anger, rage



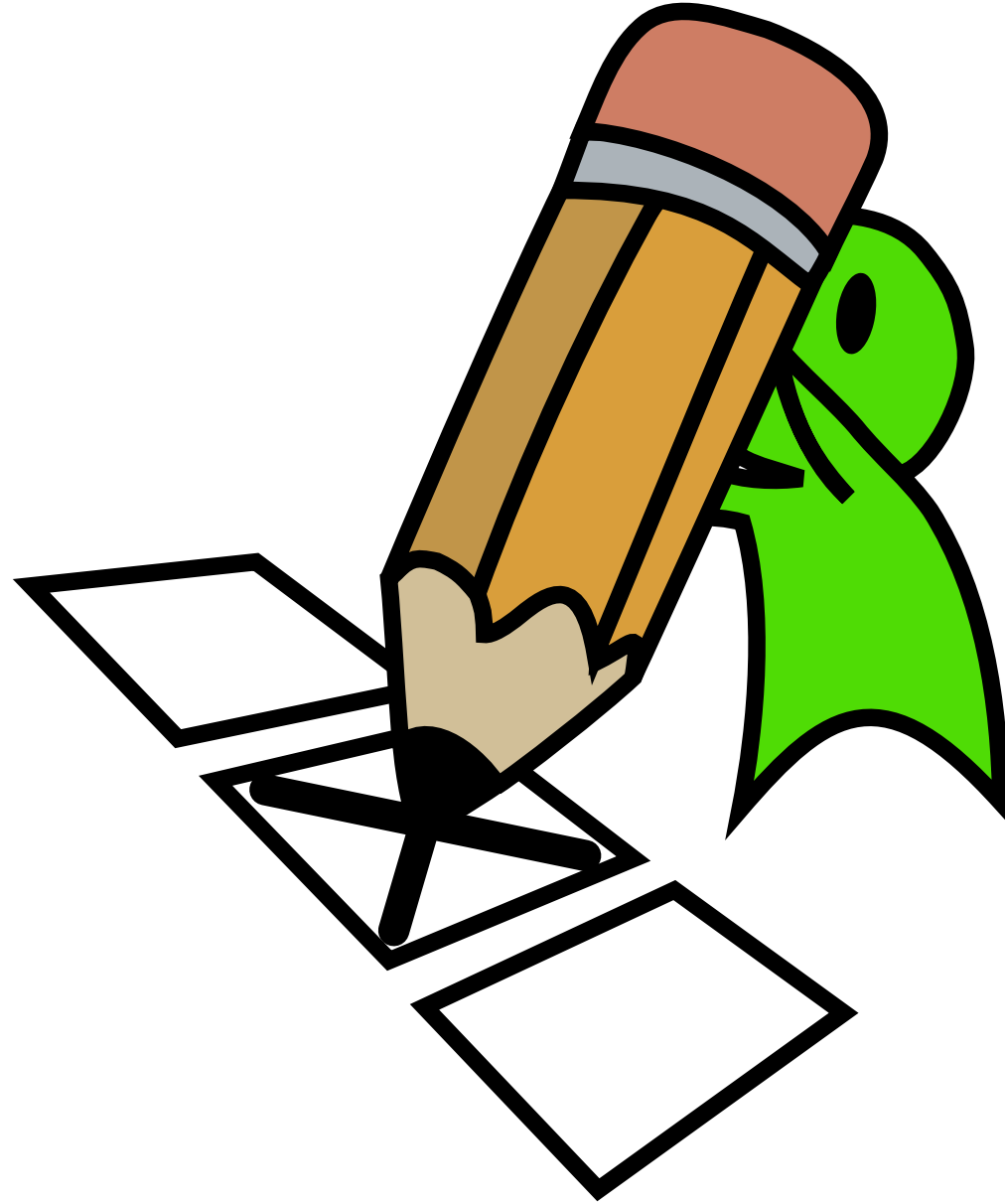
Ärger, Wut - Anger, rage

Depression, Scham, Schuld -  
Depression, shame, guilt



Depression, Scham, Schuld -  
Depression, shame, guilt

# EntscheiderIn - Decision-maker



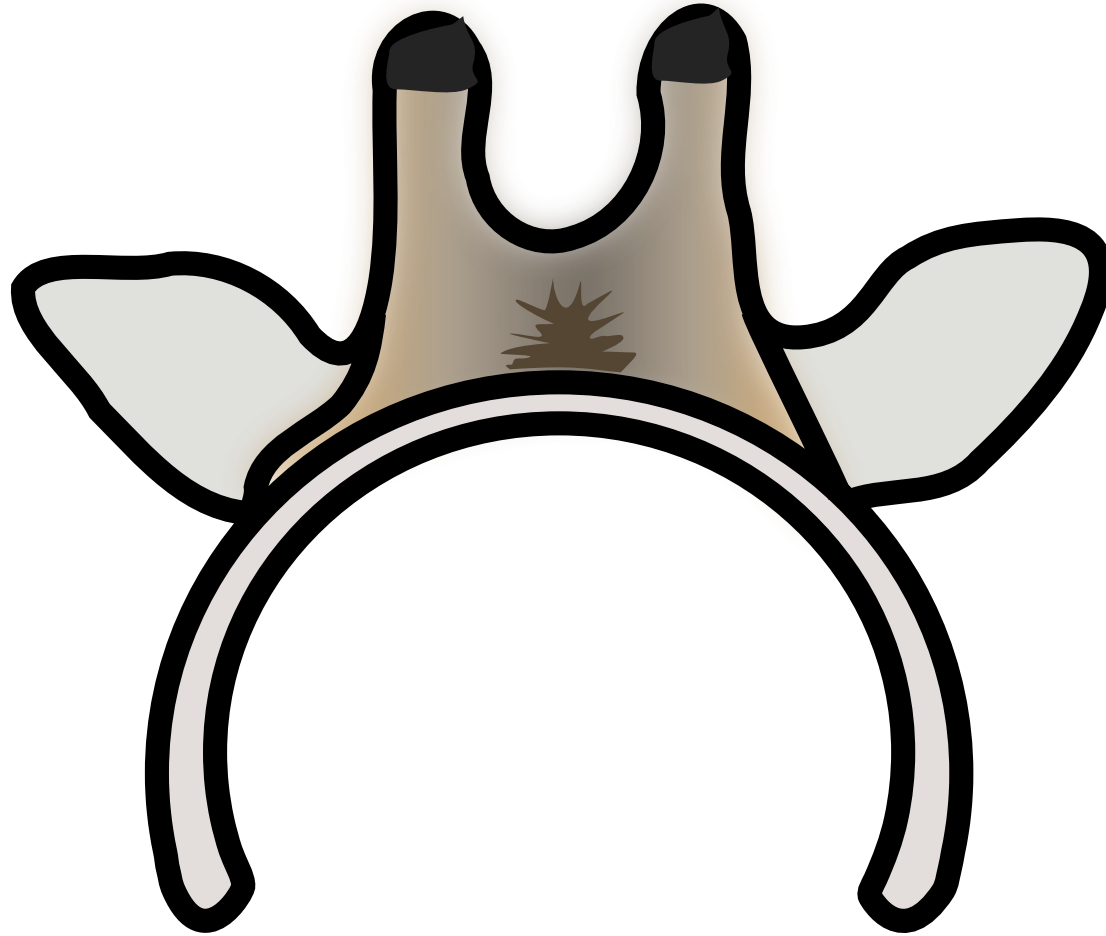
# EntscheiderIn - Decision-maker

ErzieherIn - Educator



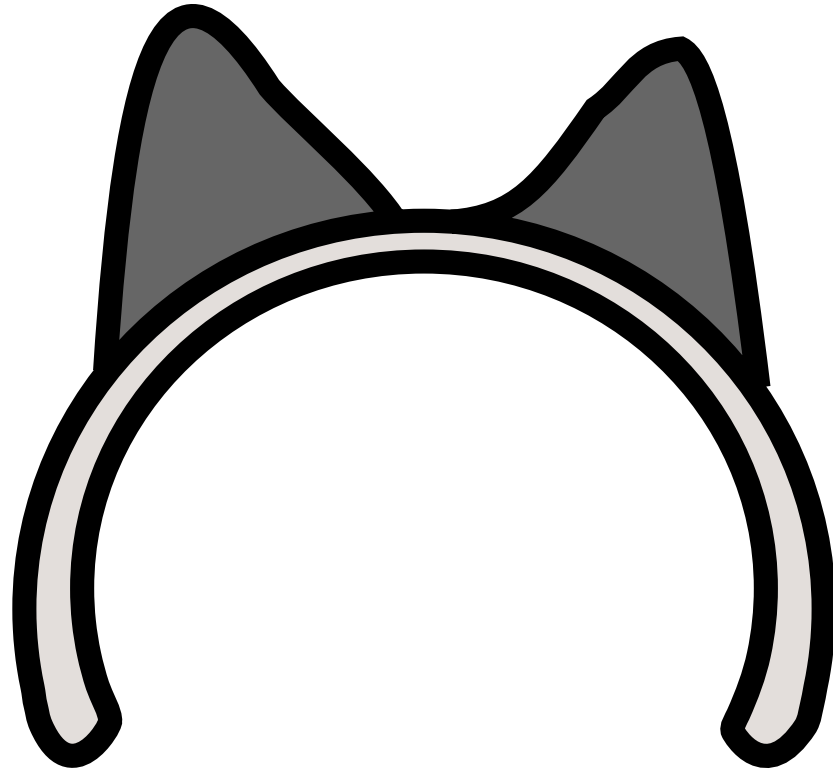
ErzieherIn - Educator

Giraffenohren innen - Giraffe ears inwards



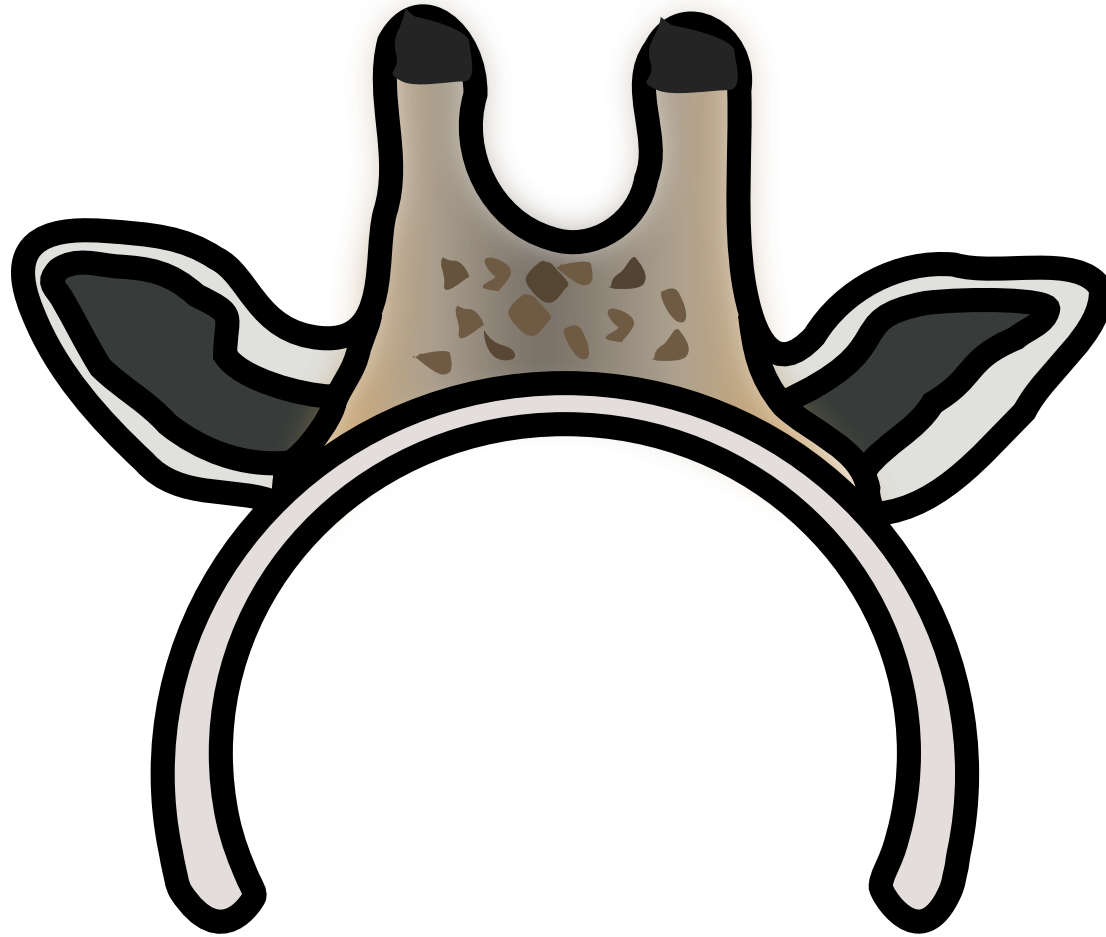
Giraffenohren innen - Giraffe ears inwards

Wolfsohren innen - Wolf ears inwards



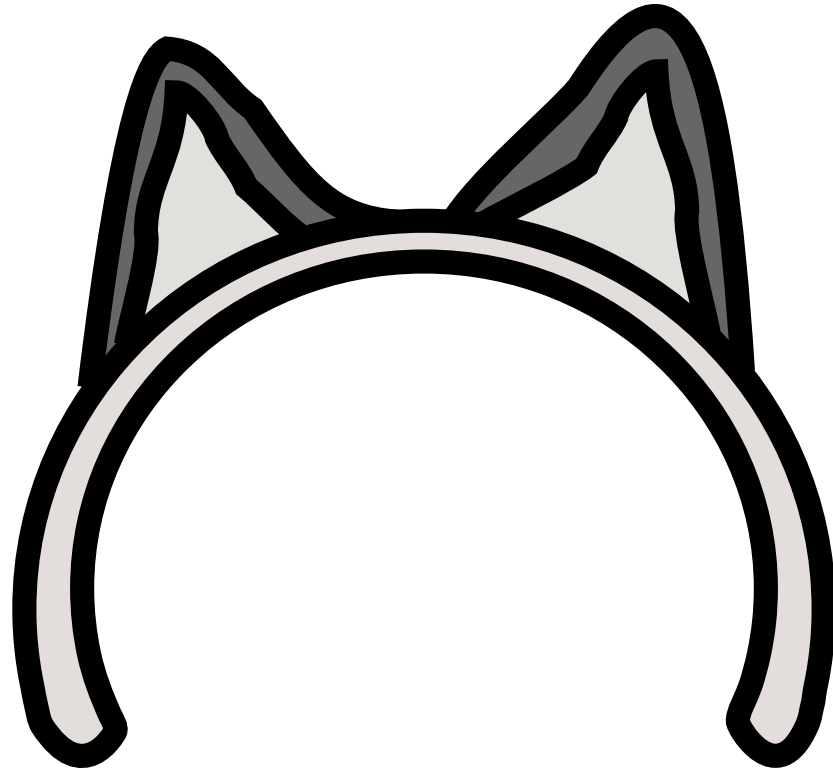
Wolfsohren innen - Wolf ears inwards

Giraffenohren außen - Giraffe ears outwards



Giraffenohren außen - Giraffe ears outwards

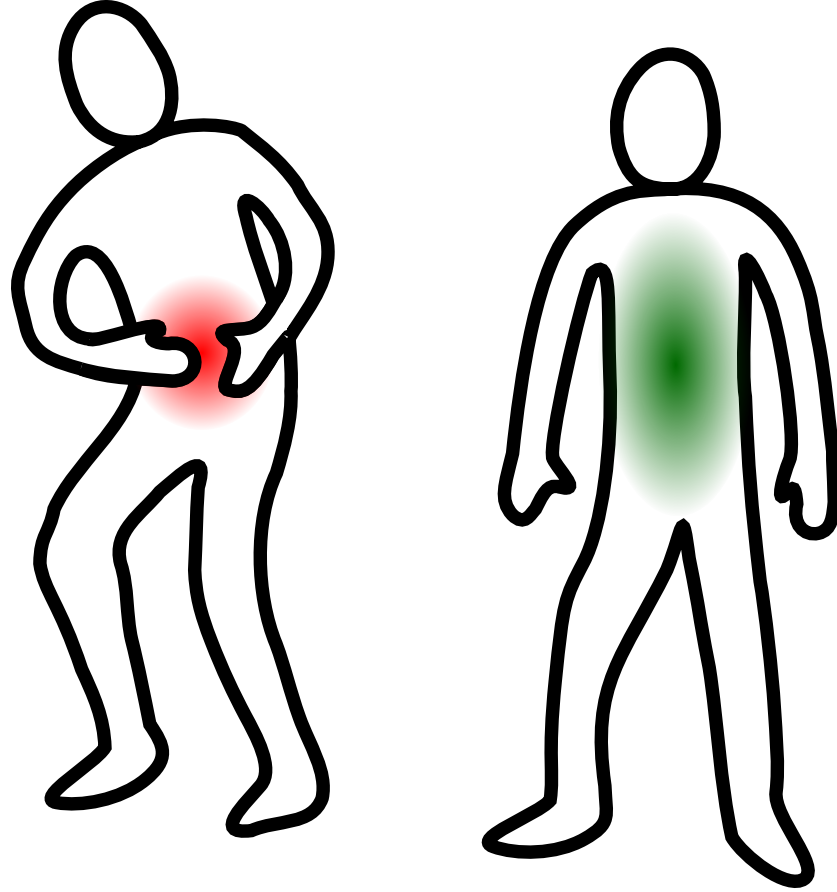
Wolfsohren außen - Wolf ears outwards



Wolfsohren außen - Wolf ears outwards

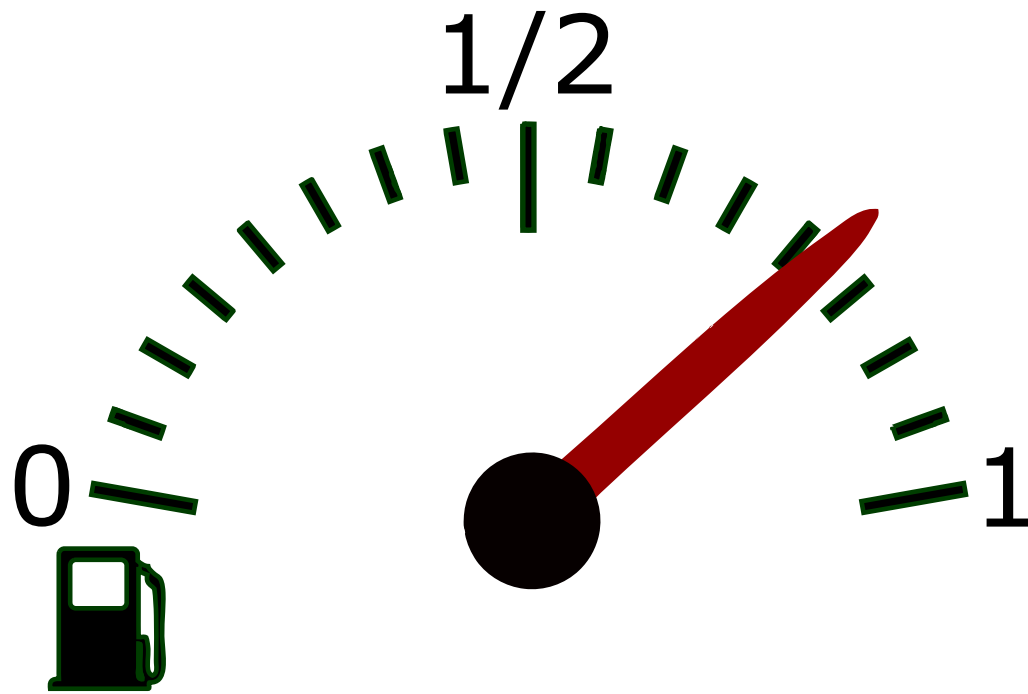


# Anspannung & Entspannung spüren - Feeling strain & relief



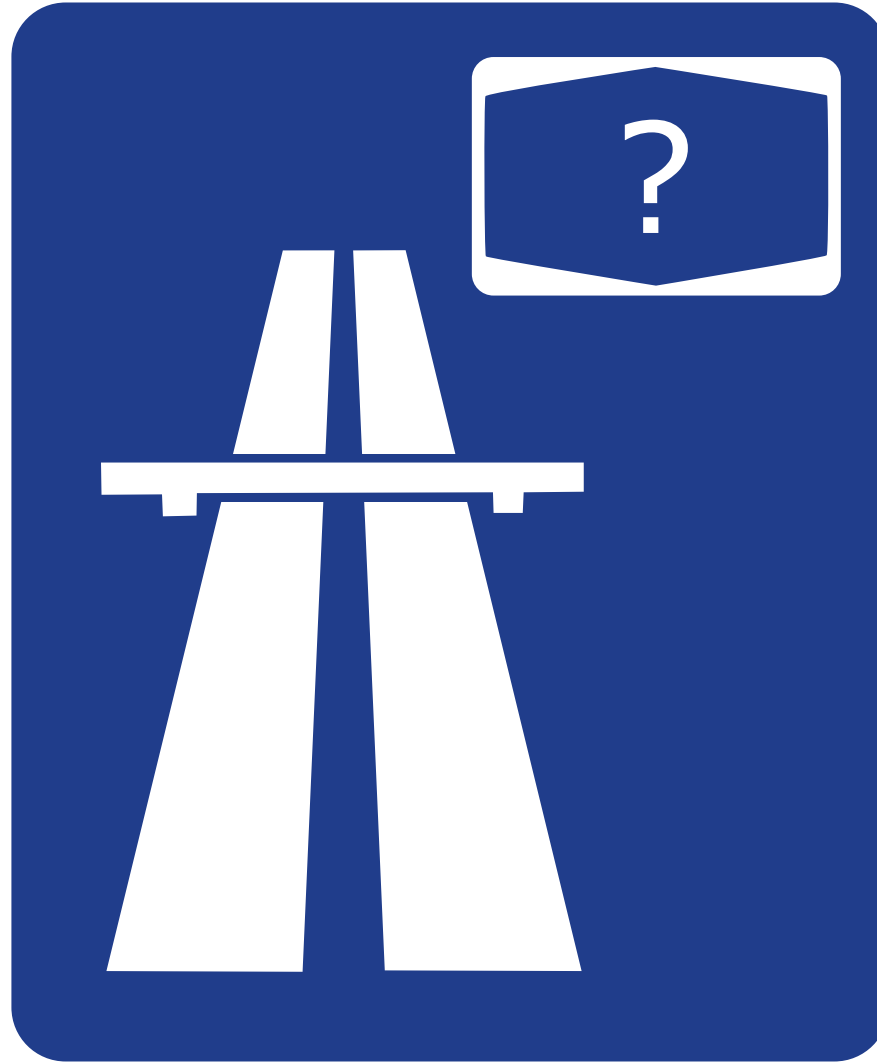
Anspannung & Entspannung spüren -  
Feeling strain & relief

Füllstand - Filling level



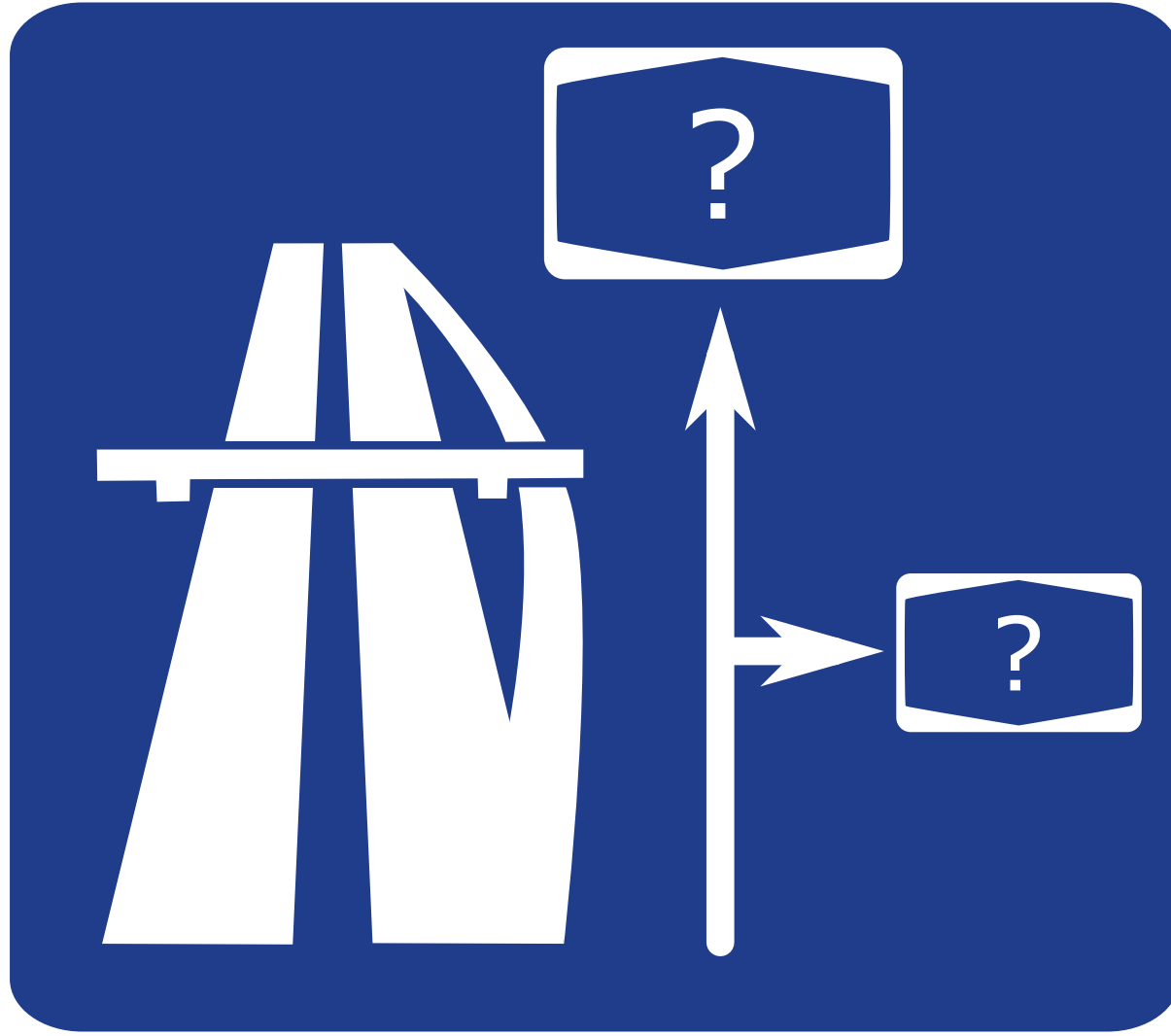
Füllstand - Filling level

# Haupt-Glaubenssatz - Main doctrine



Haupt-Glaubenssatz - Main doctrine

# Neben-Glaubenssatz - Supporting doctrine



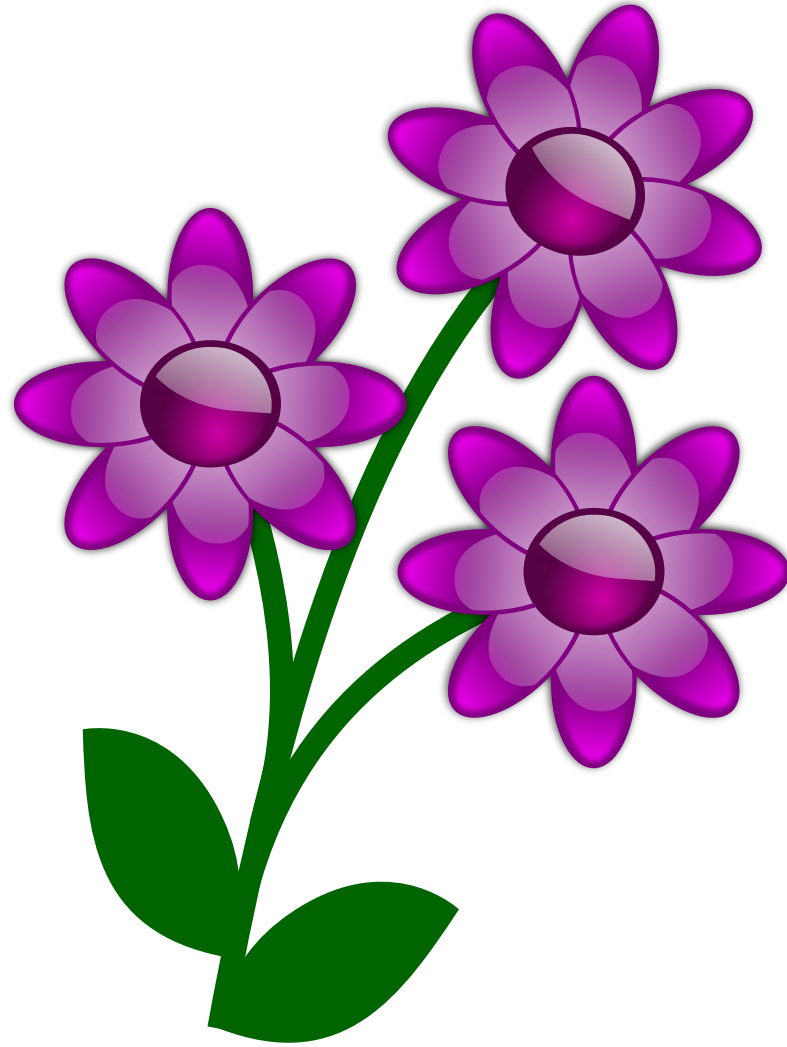
Neben-Glaubenssatz - Supporting doctrine

# Schaumbad - Bubble bath



# Schaumbad - Bubble bath

# Dankbarkeit - Gratitude



# Dankbarkeit - Gratitude

# Realitätsprüfung - Reality check



Realitätsprüfung - Reality check

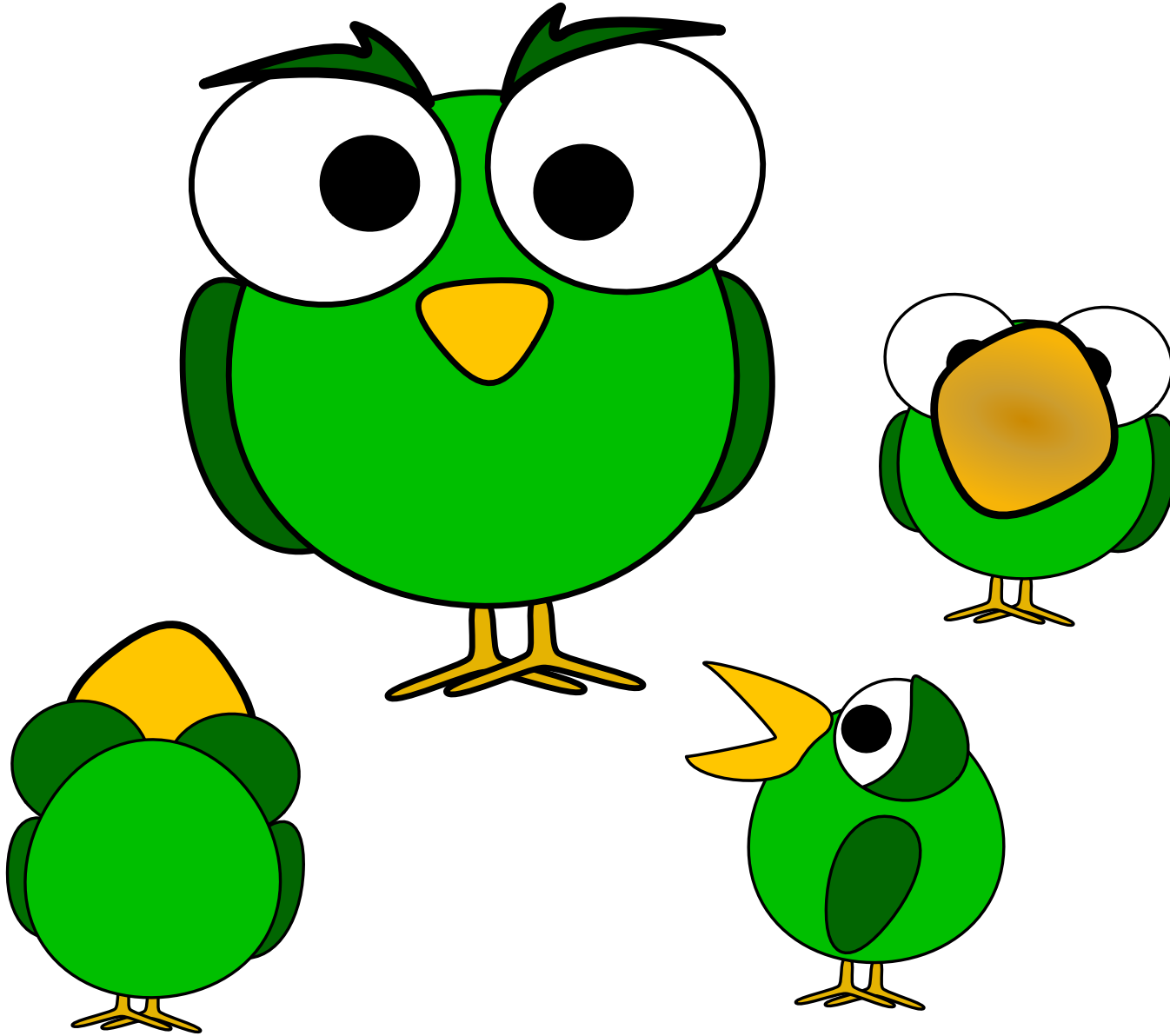
# ÜbersetzerIn - Translator



ÜbersetzerIn - Translator



# Bedürfnis-MinisterIn - Need minister



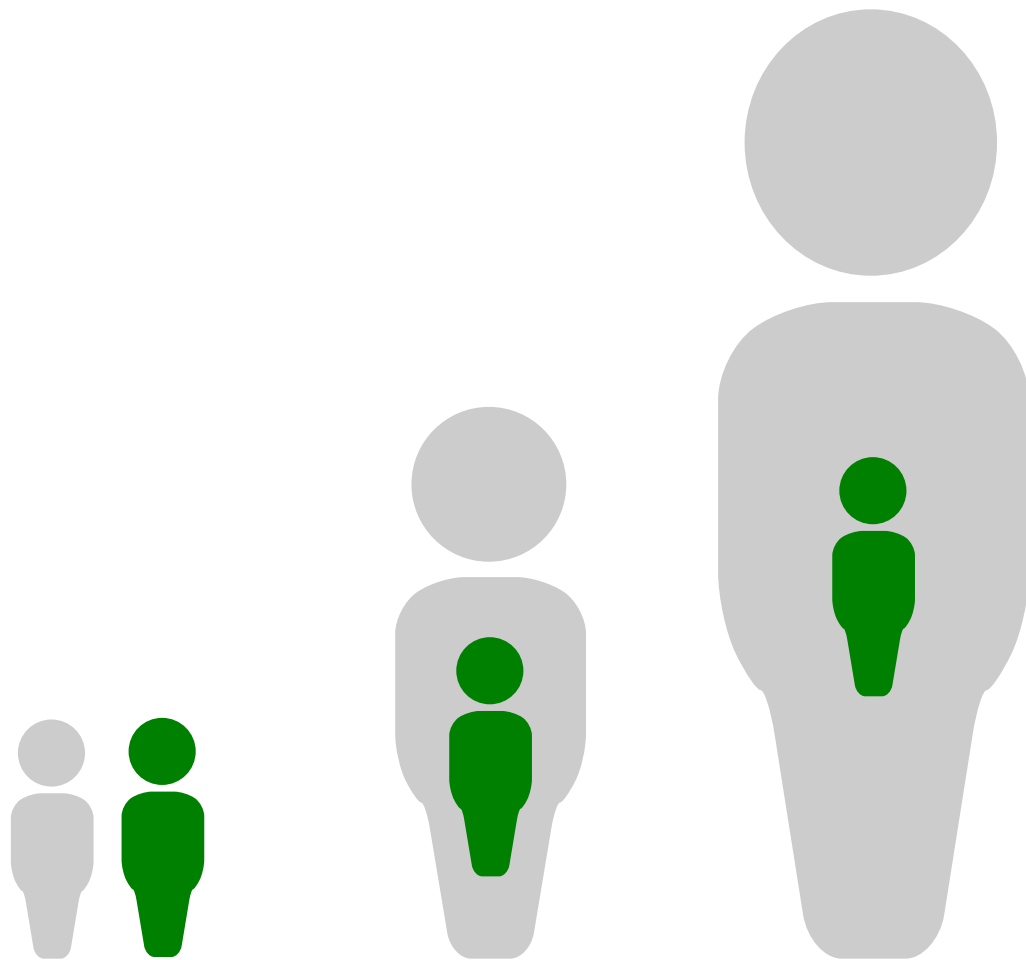
Bedürfnis-MinisterIn - Need minister

Mediator



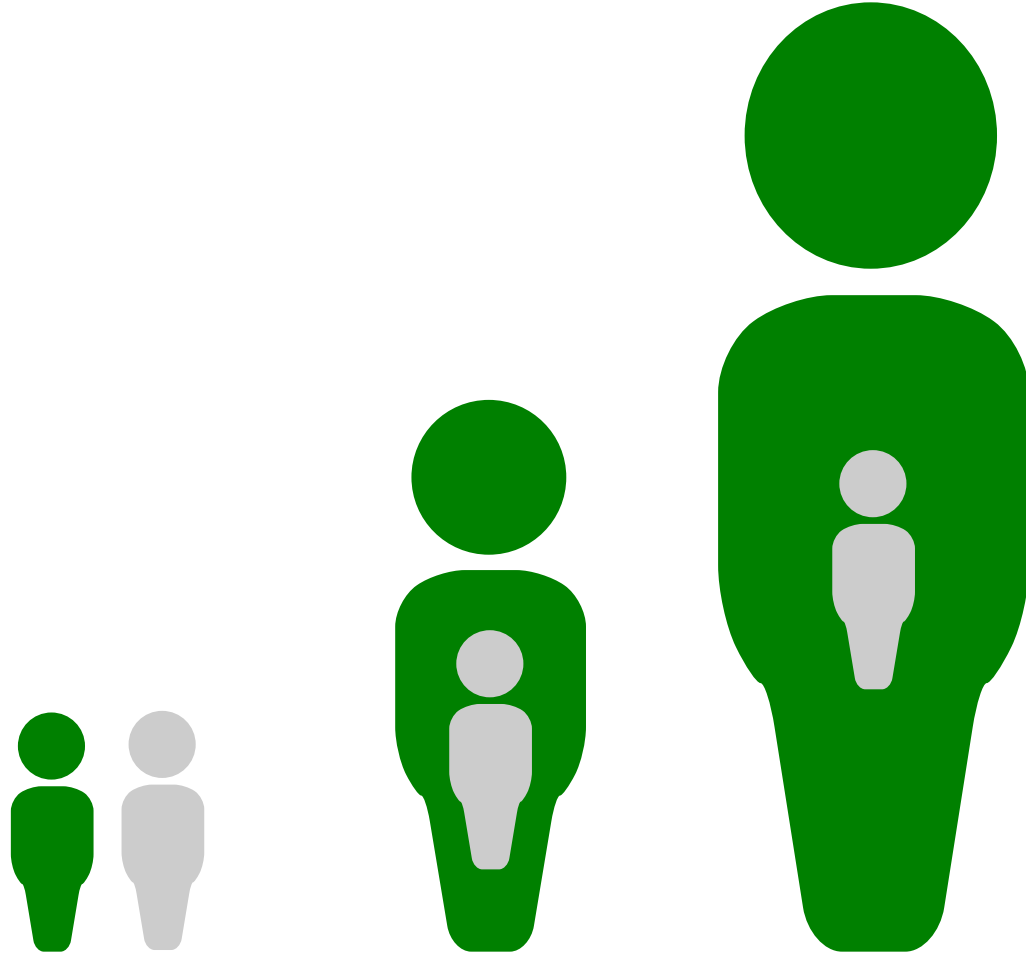
Mediator

# Inneres Kind - Inner child



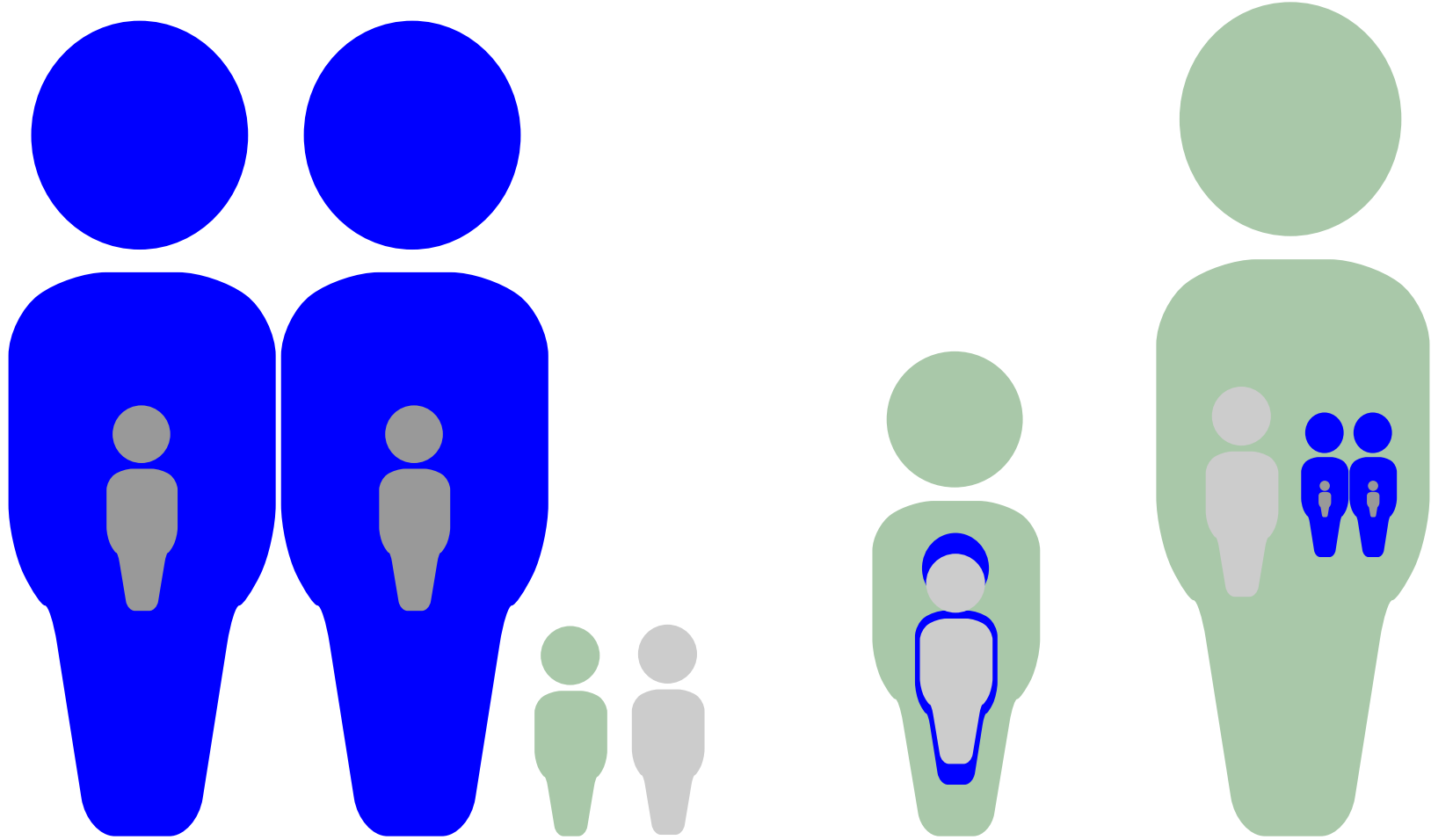
Inneres Kind - Inner child

InnereR ErwachseneR - Inner adult



InnereR ErwachseneR - Inner adult

# Innere Eltern - Inner parents



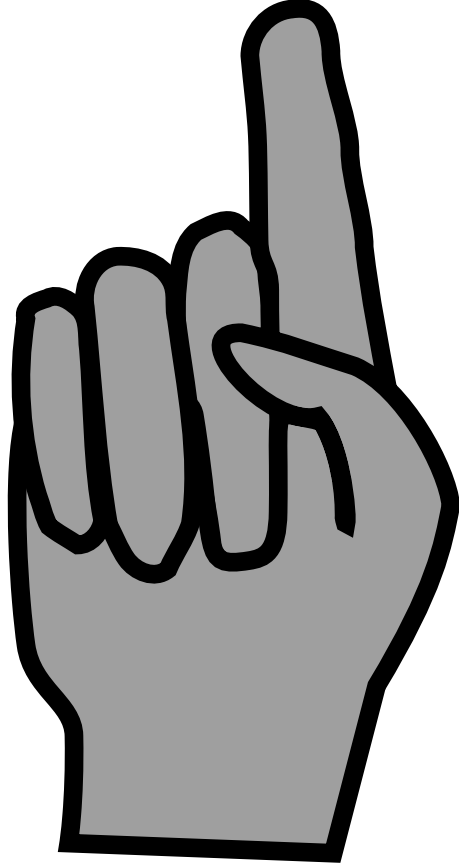
Innere Eltern - Inner parents

Diagnose / Spekulation -  
Diagnosis / speculation



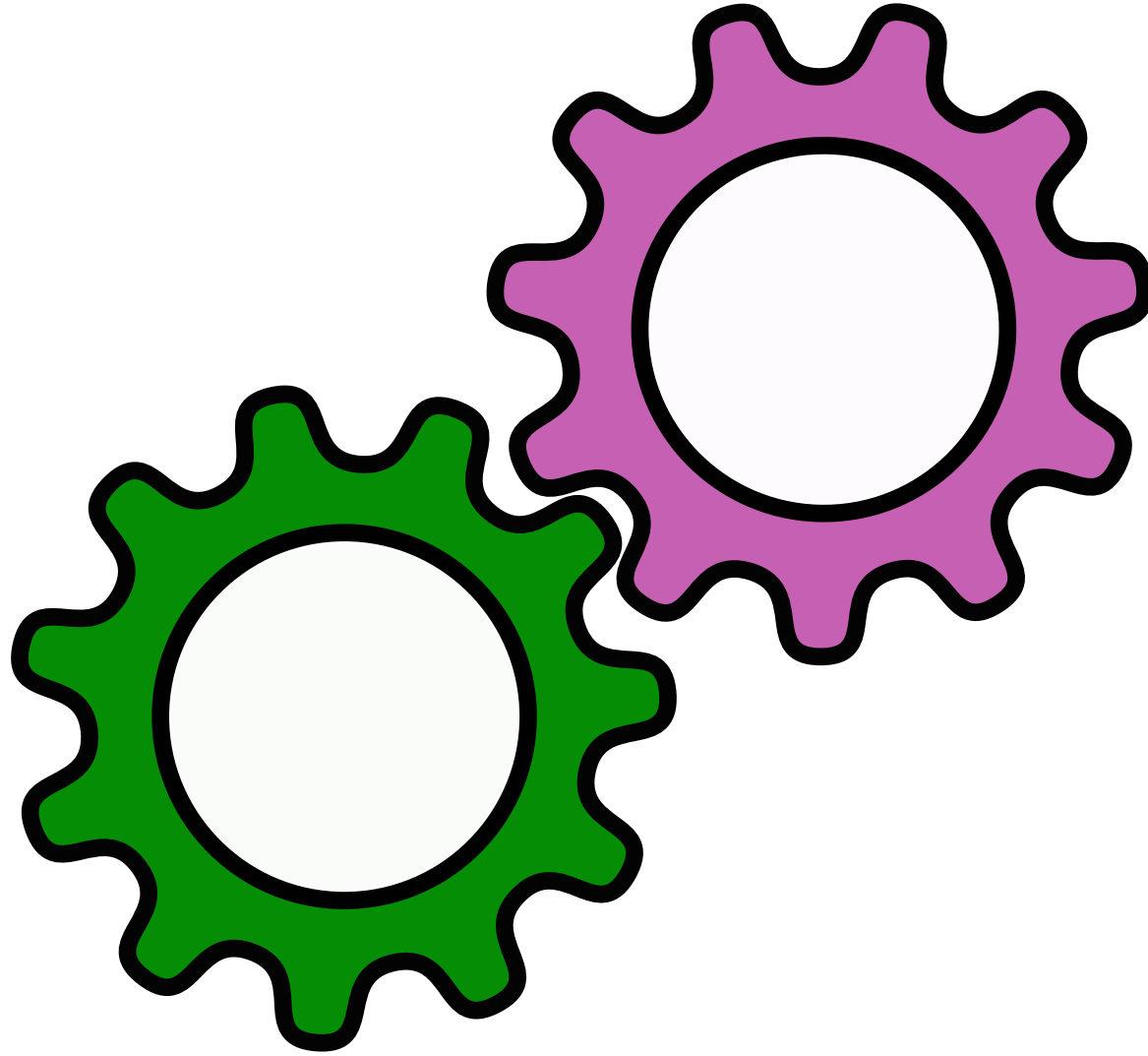
Diagnose / Spekulation -  
Diagnosis / speculation

Bewertung / Beschuldigung -  
Evaluation / blaming



Bewertung / Beschuldigung -  
Evaluation / blaming

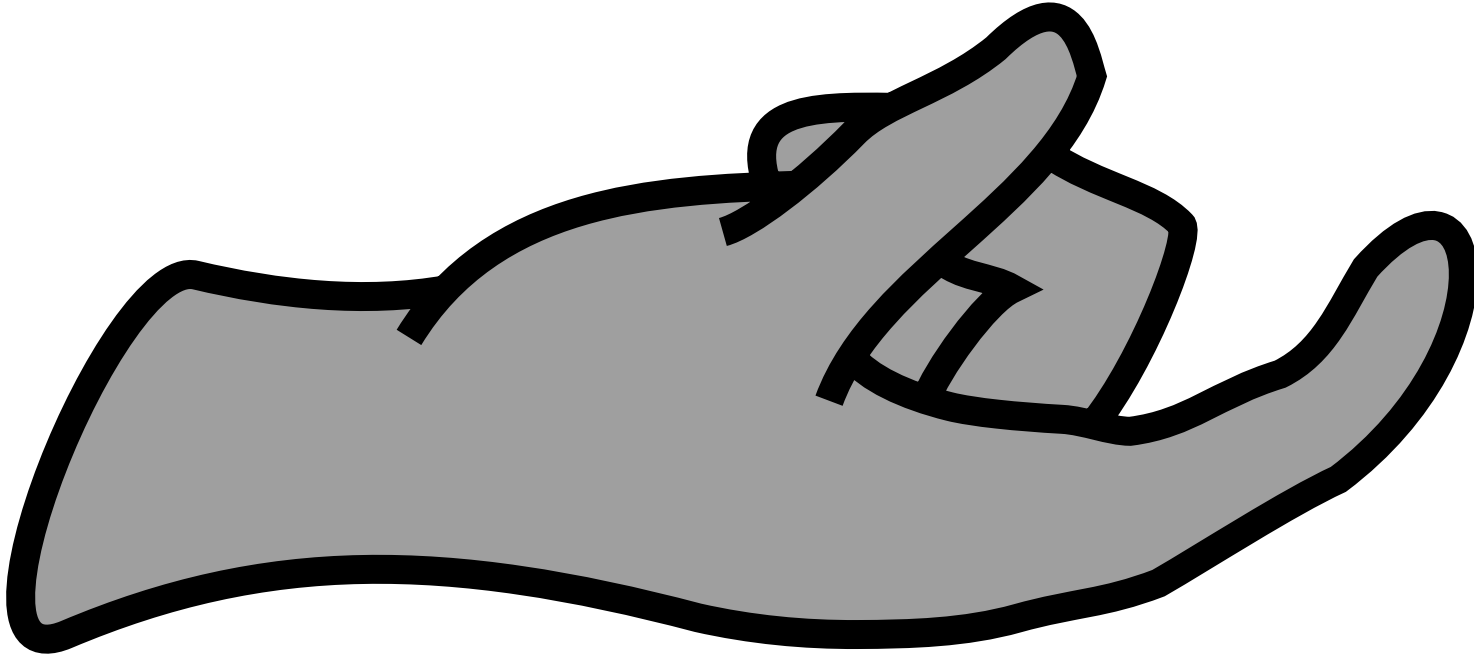
Strategie - Strategy



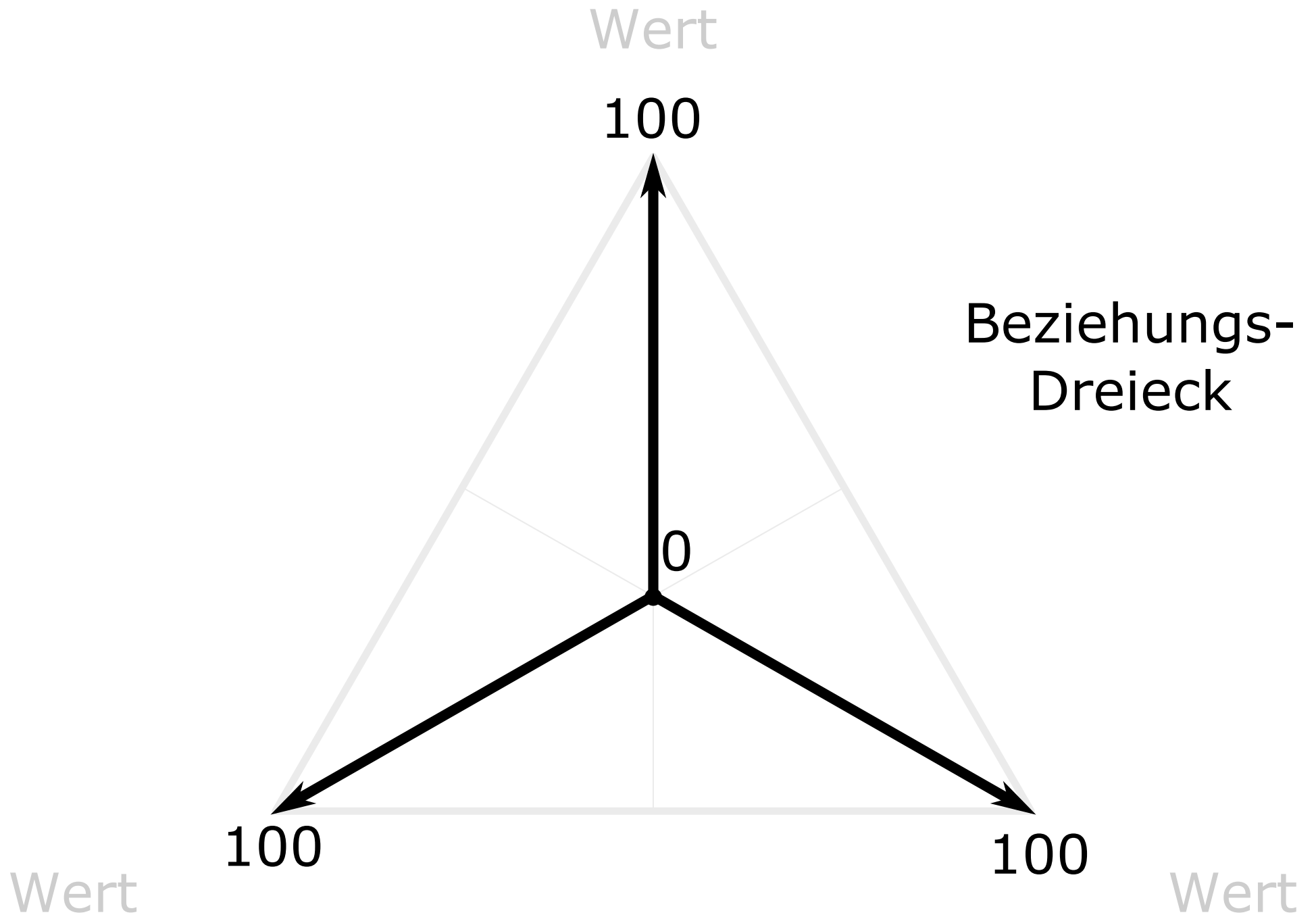
Strategie - Strategy



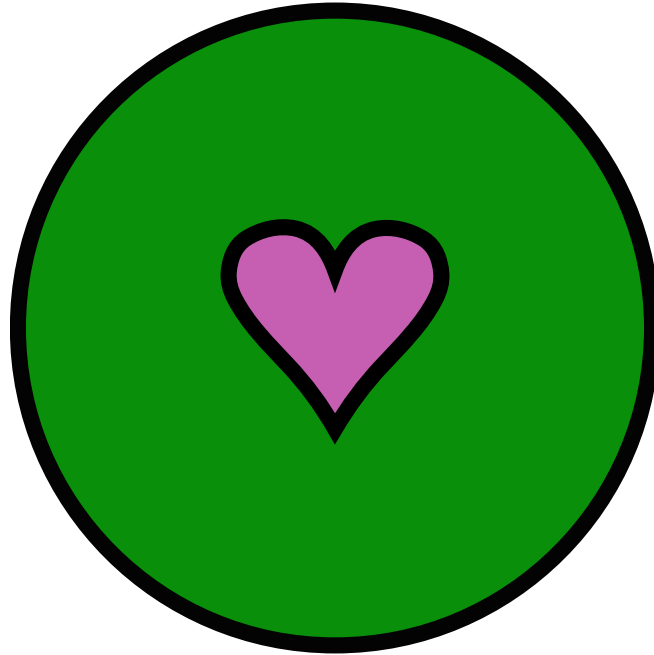
Forderung - Demand



Forderung - Demand

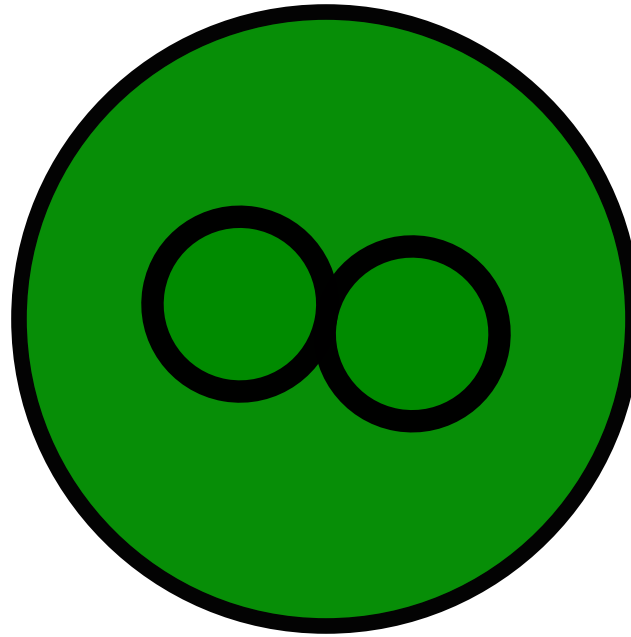


Herzlichkeit - Warmth



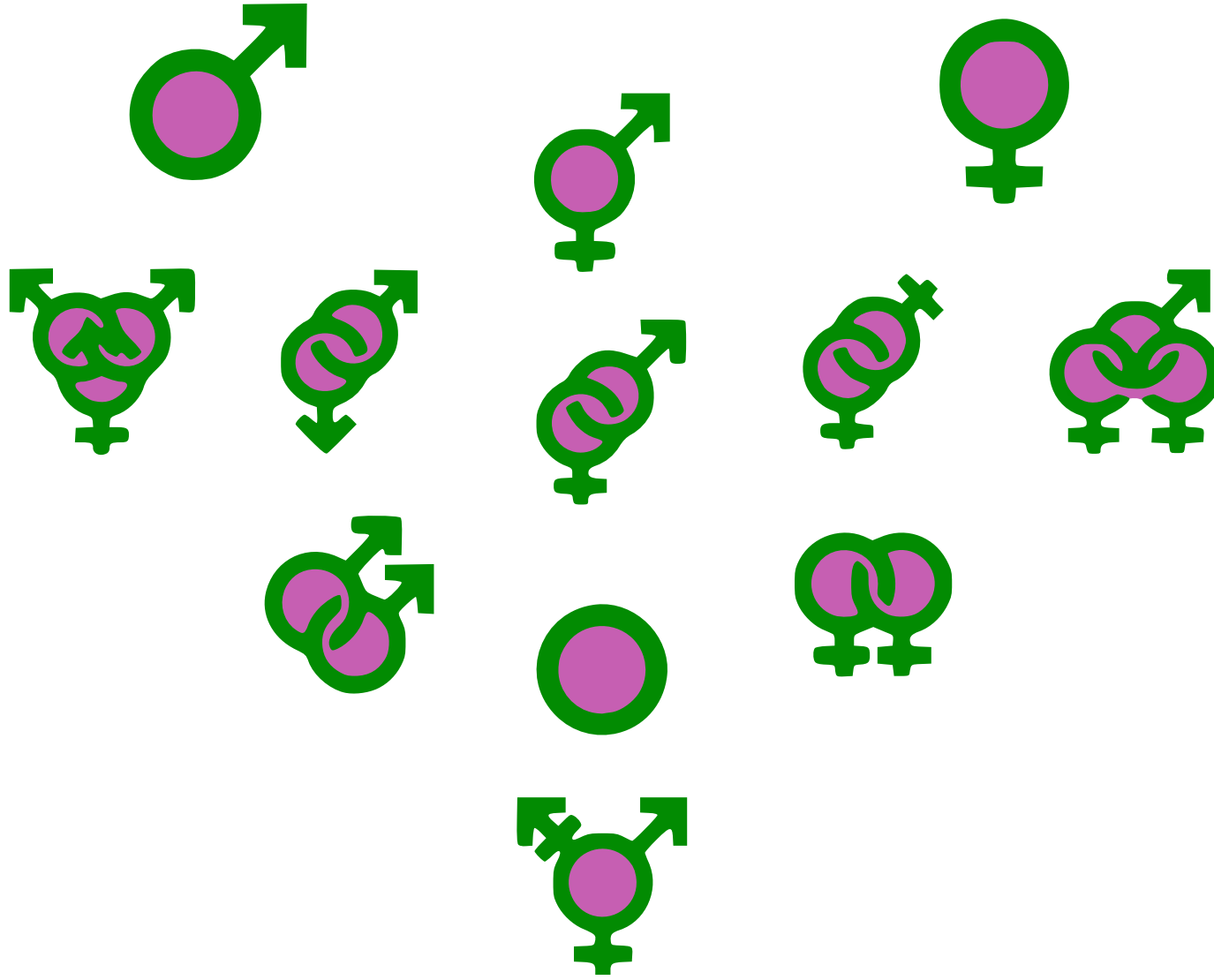
Herzlichkeit - Warmth

Bindung - Bonding



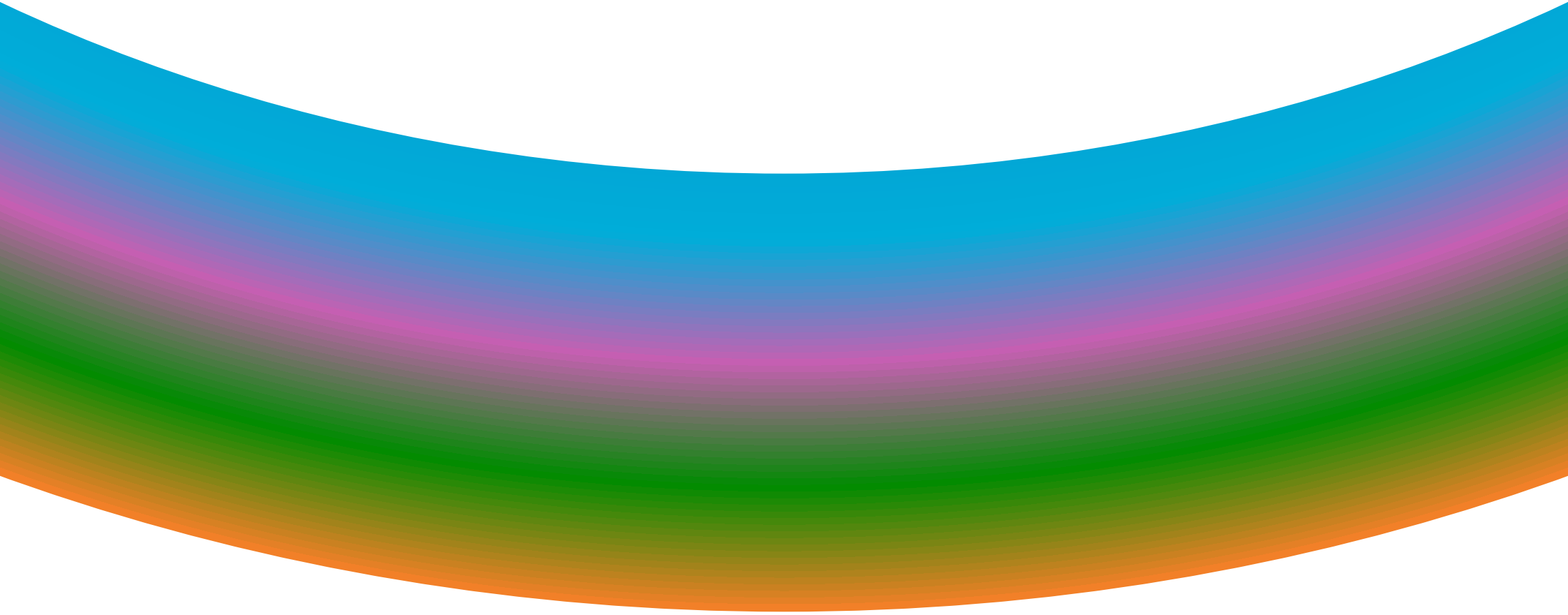
Bindung - Bonding

Sexualität - Sexuality



Sexualität - Sexuality

Beziehungsschal - Relation scarf



Beziehungsschal - Relation scarf

Schatzkiste - Treasure chest



Schatzkiste - Treasure chest

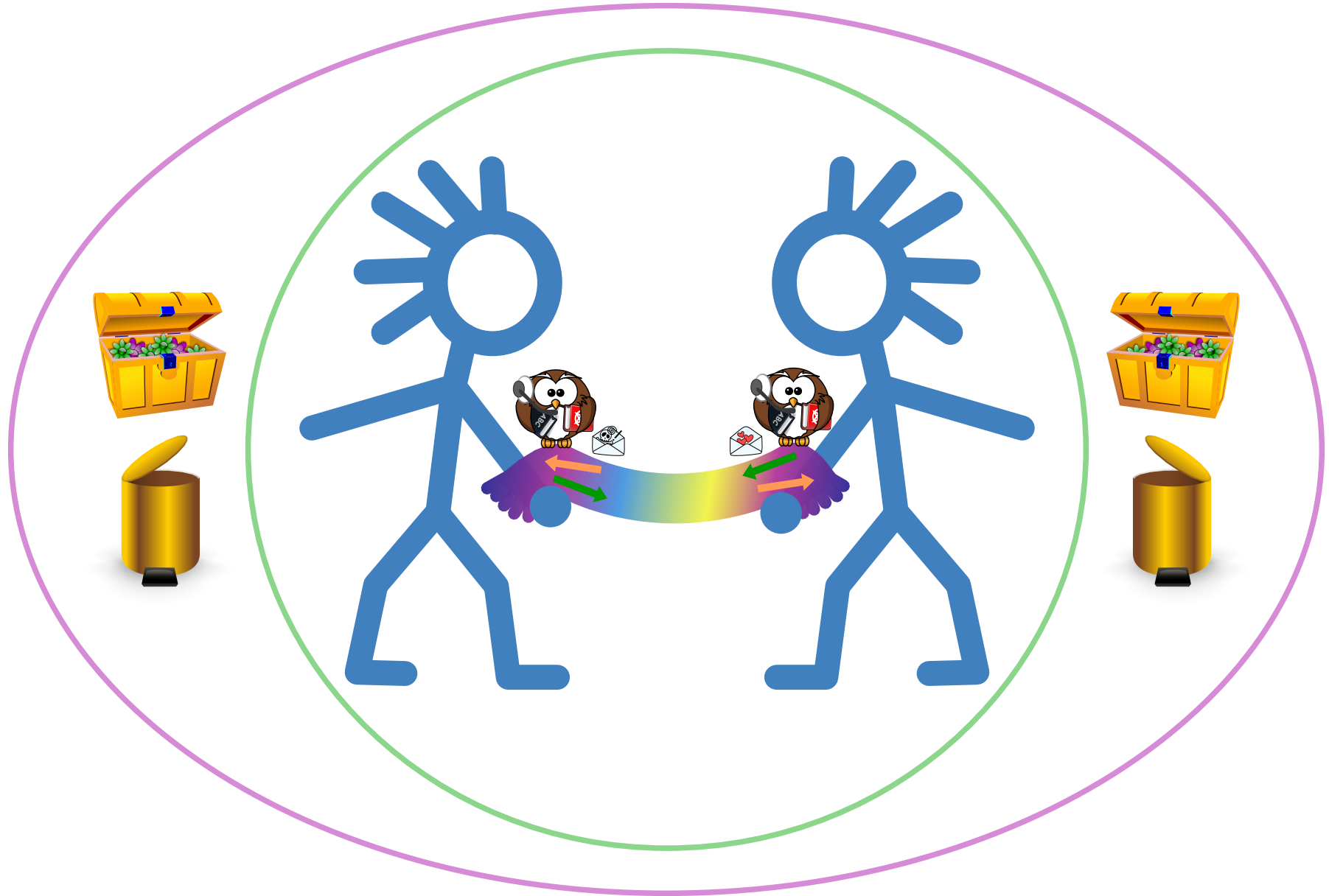
Treteimer - Pedal bin



Treteimer - Pedal bin

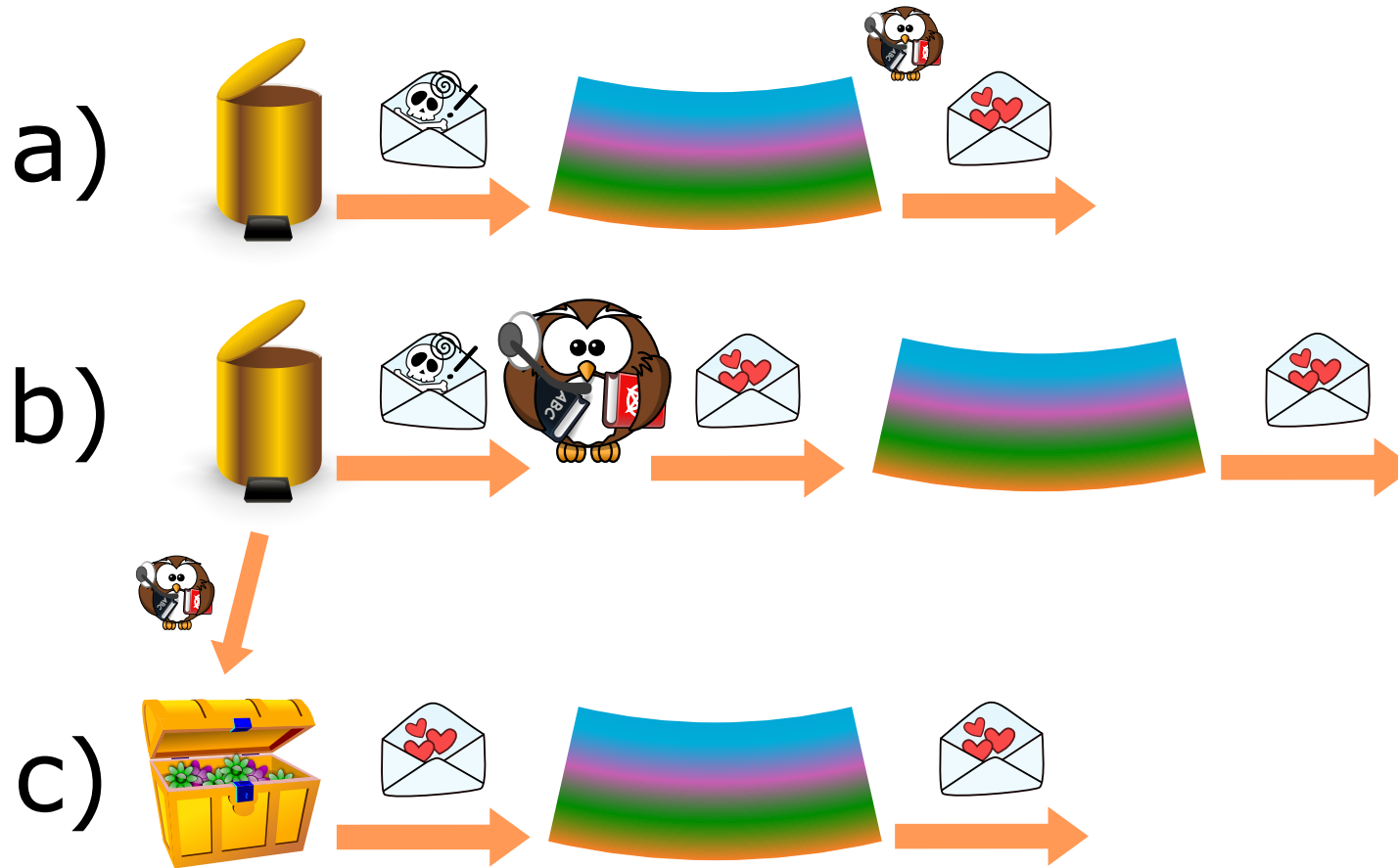


# Inselmodell - Island model



Inselmodell - Island model

# Kommunikationsentwicklung - evolving communication



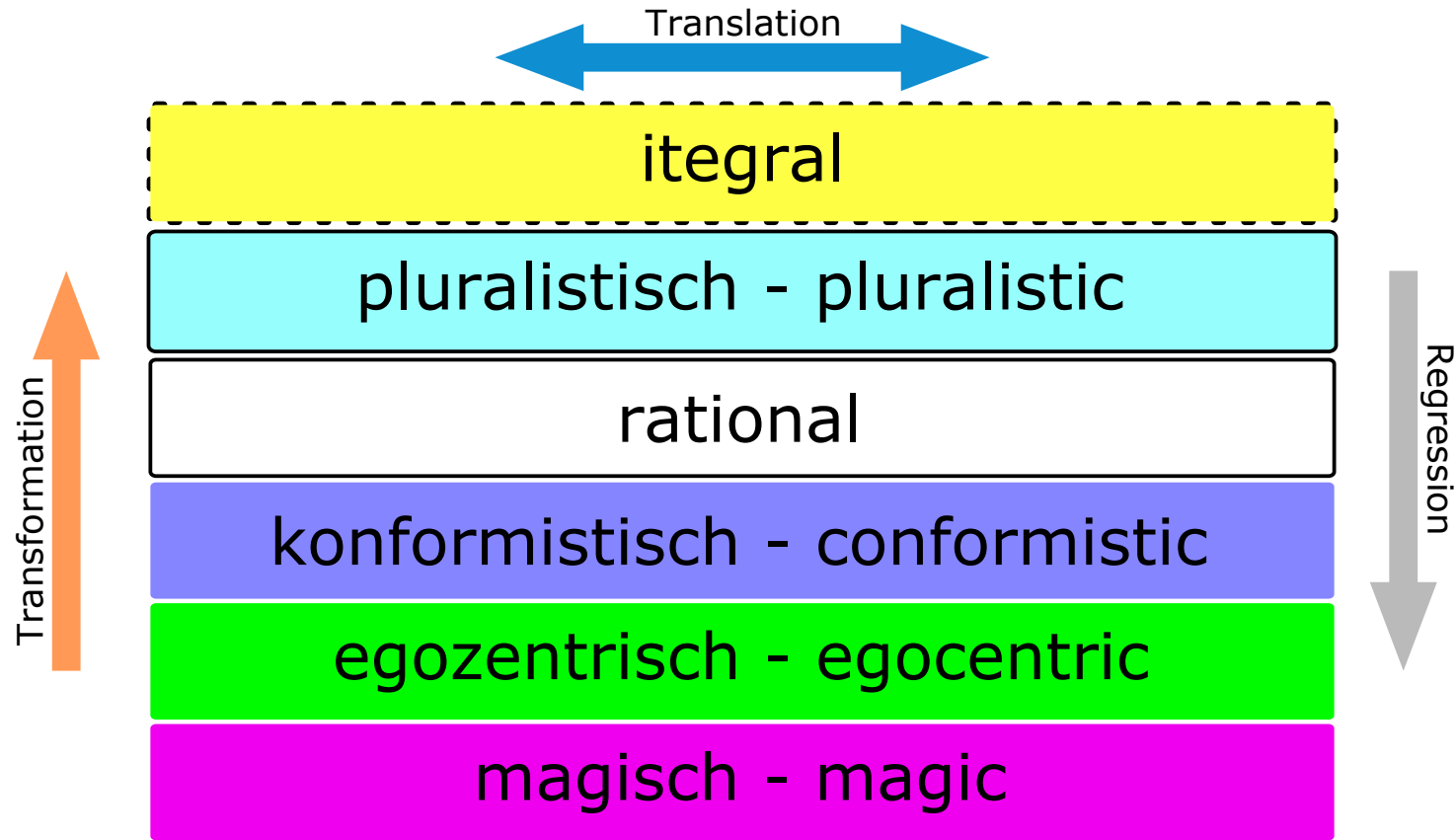
Kommunikationsentwicklung -  
evolving communication

# Entscheidungsmünze - Coin of decision



Entscheidungsmünze - Coin of decision

# Entwicklungsphasen - Stages of development



Entwicklungsphasen -  
Stages of development

Wert

Balance

Geschwister-  
Wert

Entwertung

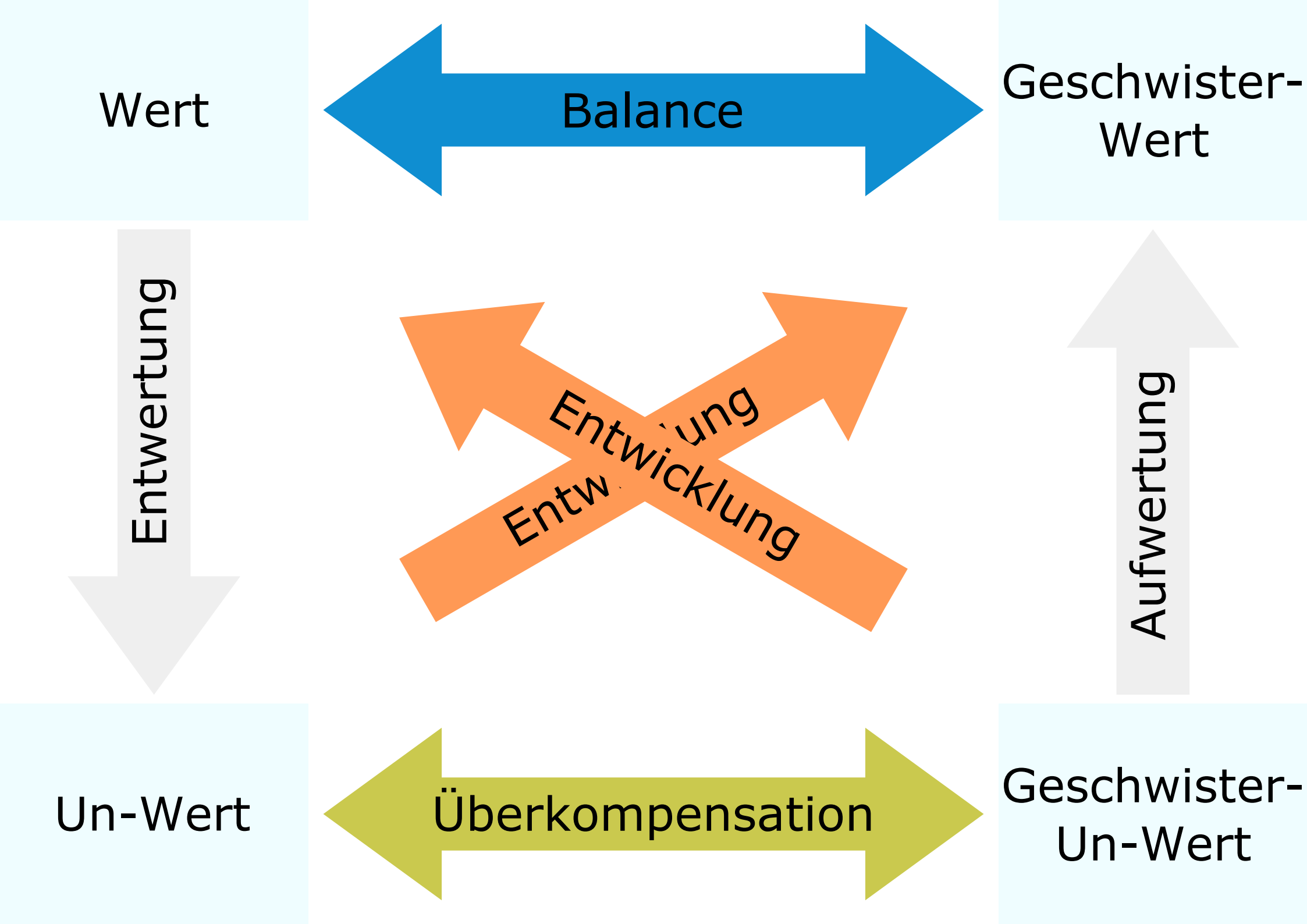
Entwertung  
Entwicklung

Aufwertung

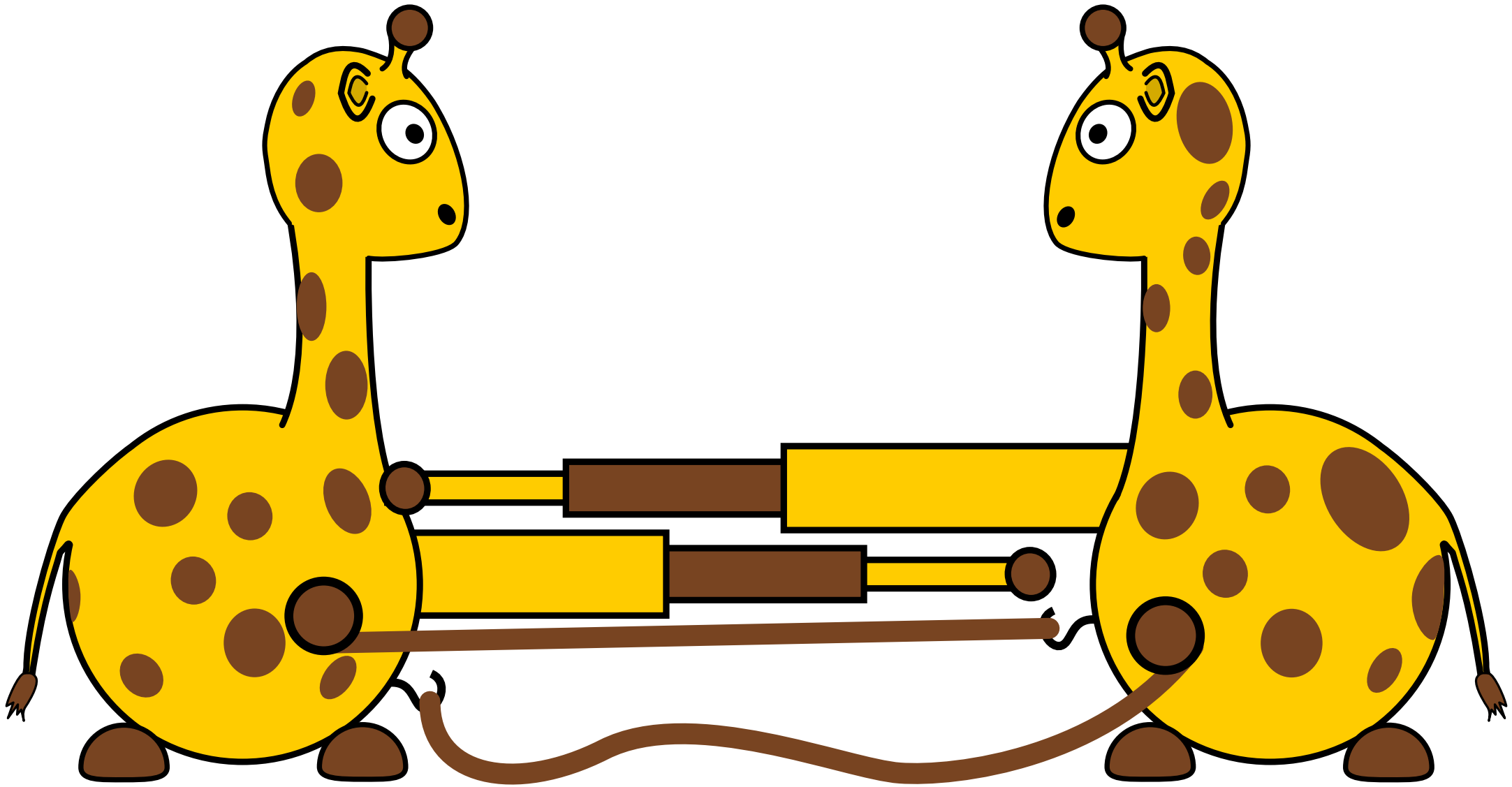
Un-Wert

Überkompensation

Geschwister-  
Un-Wert



Nähe - Closeness  $\Leftrightarrow$  Distanz - Distance



Distanz - Distance  $\Leftrightarrow$  Nähe - Closeness