

Getting Started with R

Back to Basics

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Dr. Steffi LaZerte

Analysis and Data Tools for Science



These are me and my creatures 🐱



This is my garden 🌲



Introductions

Dr. Steffi LaZerte

- Background in Biology (Animal Behaviour)
- Working with R since 2007
- Professional R programmer/consultant since 2017
- [rOpenSci](#) Community Assistant



Introductions

Dr. Alex Koiter (Today's Teaching Assistant)

- Physical Geographer
- Working with R since 2010
- Associate Professor in Geography and Environment, Brandon University
- Developer of R package [mbquartR](#)



What about you?

- Name
- Background (Role, Area of study, etc.)
- Familiarity with R or Programming
- Creatures (furry, feathery, scaly, humanoid, green or otherwise)?



@allison_horst

About this Workshop

Format

- I will provide you tools and workflow to get started with R
- We'll have hands-on activities, lectures, and demonstrations
- Video on or off, however works best for you!

Questions

- Ask questions by un-muting, or ask in the chat
 - Workshop-related questions we'll address together
 - Specific, system-related problems, Alex will help you in the “Troubleshooting Room”

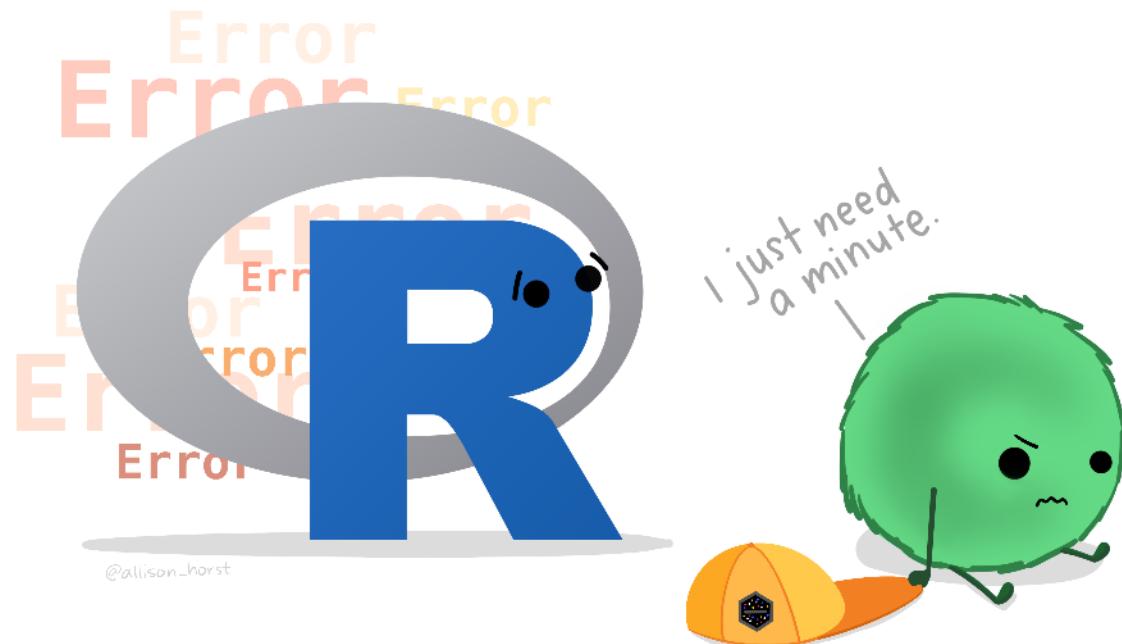
Getting help

- Share your screen
- Share your code - <https://codeshare.io/5zY31W>

About this Workshop

R is hard: But have no fear!

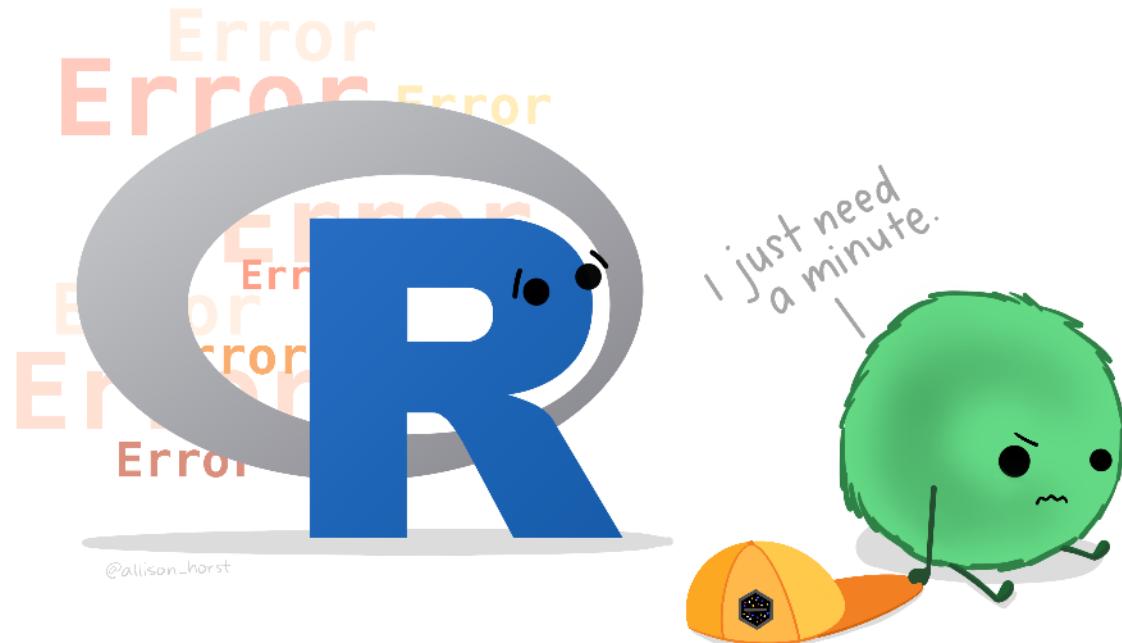
- Don't expect to remember everything!
- Copy/Paste is your friend (never apologize for using it!)
- Consider this workshop a resource to return to



About this Workshop

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What is R?

RStudio vs. R



RStudio



R

- **RStudio** is not **R**
- RStudio is a User Interface or IDE (integrated development environment)
 - (i.e., Makes coding simpler)

Open RStudio

R is a Programming language

A programming **language** is a way to give instructions in order to get a computer to do something

- You need to know the language (i.e., the code)
- Computers don't know what you mean, only what you type (unfortunately)
- Spelling, punctuation, and capitalization all matter!

For example

R, what is 56 times 5.8?

```
56 * 5.8
```

```
[1] 324.8
```

Use code to tell R what to do

Use code to tell R what to do

R, what is the average of numbers 1, 2, 3, 4?

```
mean(c(1, 2, 3, 4))  
[1] 2.5
```

Use code to tell R what to do

R, what is the average of numbers 1, 2, 3, 4?

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mean(c(1, 2, 3, 4))  
[1] 2.5
```

R, save this value for later

```
steffis_mean <- mean(c(1, 2, 3, 4))
```

Use code to tell R what to do

R, what is the average of numbers 1, 2, 3, 4?

```
mean(c(1, 2, 3, 4))  
[1] 2.5
```

R, save this value for later

```
steffis_mean <- mean(c(1, 2, 3, 4))
```

R, multiply this value by 6

```
steffis_mean * 6  
[1] 15
```

Why R?

R is hard

```
# Get in circle around city
circle <- data.frame()
cutoff <- 10
for(i in unique(gps$region)) {
  n <- nrow(gps[gps$region == i,]) ##number of IDs
  if(i == "wil") tmp <- geocode("Williams Lake, Canada")
  if(i == "kam") tmp <- geocode("Kamloops, Canada")
  if(i == "kel") tmp <- geocode("Kelowna, Canada")
  temp <- data.frame()
  for(a in 1:n){
    if(a <= cutoff) temp <- rbind(temp, gcDestination(lon = tmp$lon,
                                                       lat = tmp$lat,
                                                       bearing = (a*(360/(cutoff))-360/(cutoff)),
                                                       dist = 20,
                                                       dist.units = "km",
                                                       model = "WGS84"))
    if(a > cutoff) temp <- rbind(temp, gcDestination(lon = tmp$lon,
                                                       lat = tmp$lat,
                                                       bearing = ((a-cutoff)*(360/(max(table(gps$region
                                                       ))-10))-360/(max(table(gps$region))-cutoff)),
                                                       dist = 35,
                                                       dist.units = "km",
                                                       model = "WGS84")))
  }
  circle <- rbind(circle, cbind(temp,
                                 region = i,
                                 hab = gps$hab[gps$region == i],
                                 spl = gps$spl.orig[gps$region == i],
                                 ))
}
```

But R is powerful (and reproducible)!

The screenshot shows the R Global Environment window with the following data:

Object	Description
fish	172 obs. of 13 variables
telem_total	12950046 obs. of 10 variables
tz	"Etc/GMT+8"

A green oval highlights the description of the 'telem_total' object, which contains 12950046 observations across 10 variables.

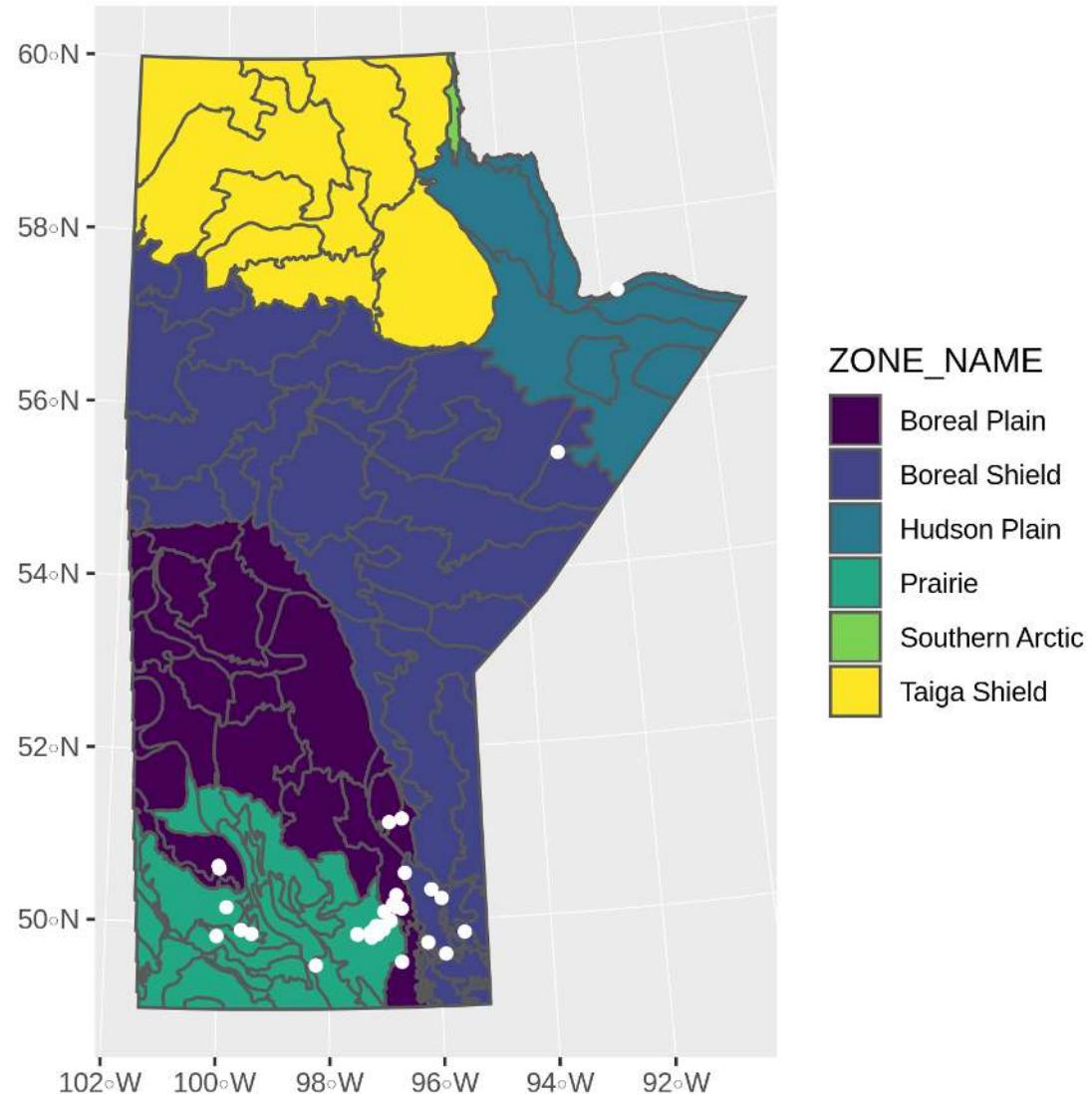
But R is powerful (and reproducible)!

The screenshot shows the R Global Environment window. The 'Data' section is highlighted with a green oval. It lists two objects: 'fish' (172 obs. of 13 variables) and 'telem_total' (12950046 obs. of 10 variables). The 'telem_total' entry is circled in green. Below the Data section is the 'Values' section, which contains the 'tz' entry. The 'Functions' section at the bottom contains the 'load_data' function.

Object	Description
fish	172 obs. of 13 variables
telem_total	12950046 obs. of 10 variables
tz	"Etc/GMT+8"
load_data	function (x)

(I made these slides with a mix of R and Quarto)

R is also beautiful

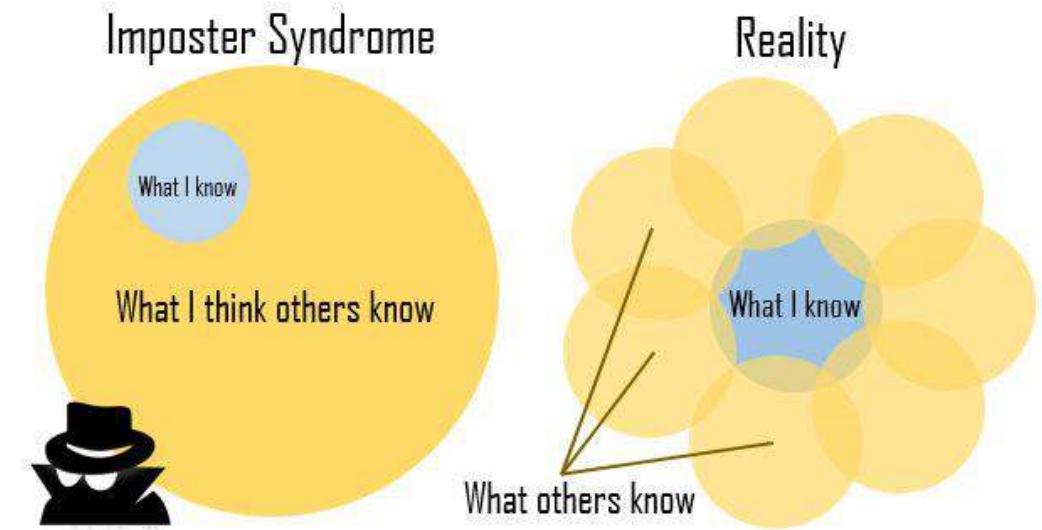


R is affordable (i.e., free!)

R is available as Free Software under the terms of the [Free Software Foundation's GNU General Public License](#) in source code form. It compiles and runs on a wide variety of UNIX platforms and similar systems (including FreeBSD and Linux), Windows and MacOS.

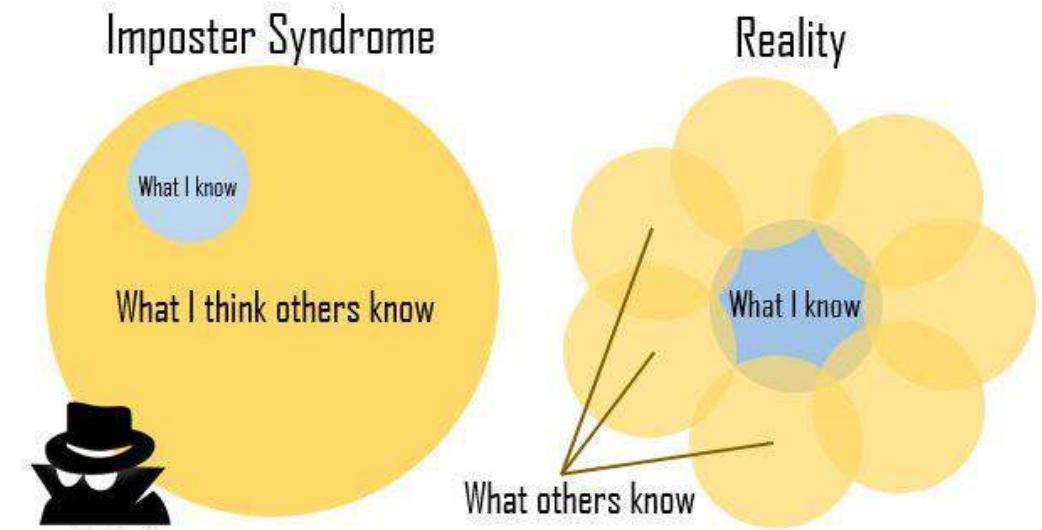
Impostor Syndrome

Impostor Syndrome



David Whittaker

Impostor Syndrome

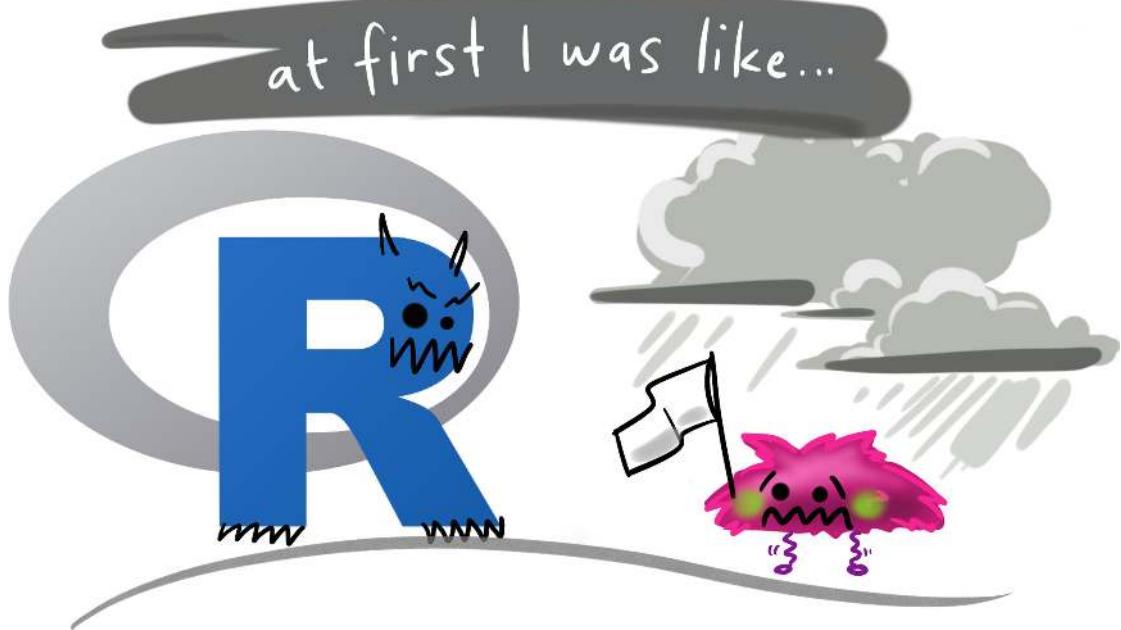


Moral of the story?

Make friends, code in groups, learn together and don't beat yourself up

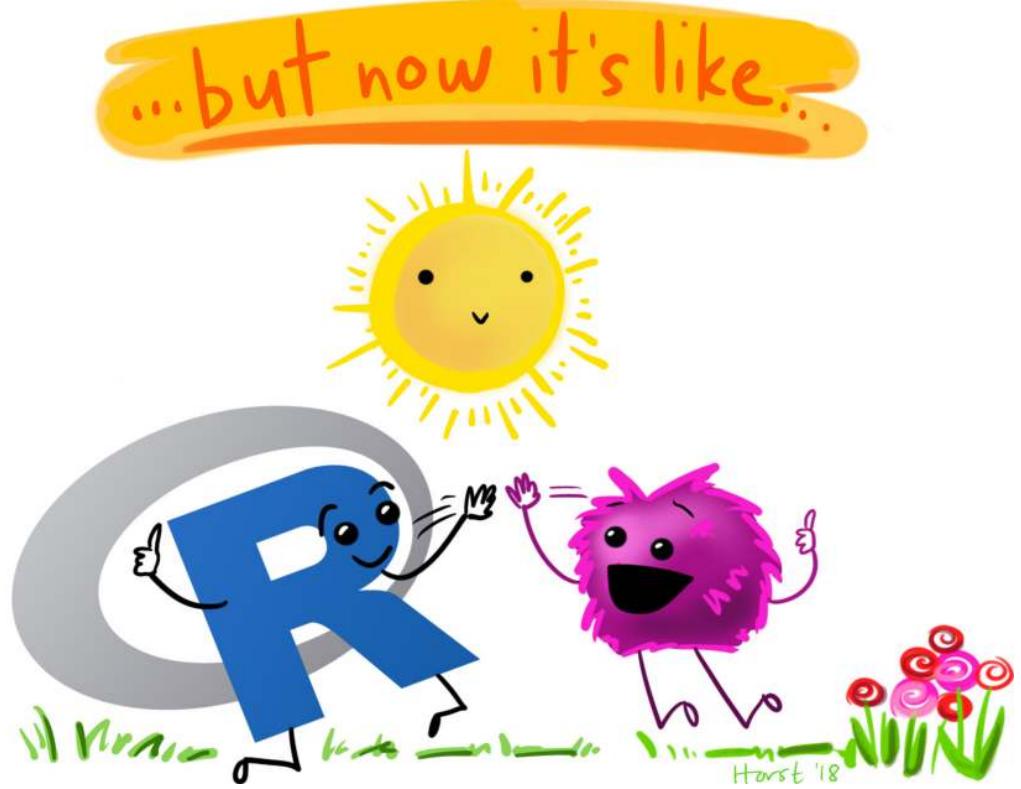
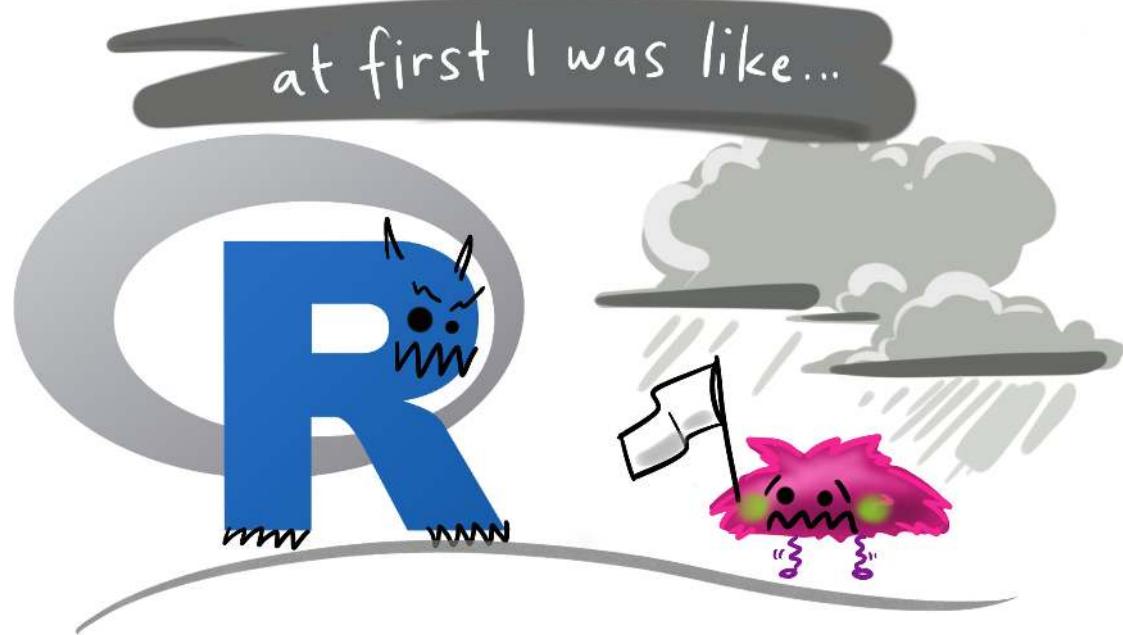
David Whittaker

The Goal



Artwork by @allison_horst

The Goal



Artwork by @allison_horst

About R

Code, Output, Scripts

Code

- The actual commands

Output

- The result of running code or a script

Script

- A text file full of code that you want to run
- You should always keep your code in a script

Code, Output, Scripts

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For example:

```
mean(c(1, 2, 3, 4))
```

```
[1] 2.5
```

The screenshot shows the RStudio interface with an R script file open. The code in the script is as follows:

```
15 #' # Setup
16 ## @knitr setup
17 library(tidyverse)
18 library(stringr)
19 library(gridExtra)
20 library(grid)
21 library(boot)
22
23 theme_cust <- theme_bw() +
  theme(panel.grid = element_blank())
24
25 #' Load data
26 d <- read_csv("../Data/Datasets/pca.csv") %>%
  mutate(hab_c = ifelse(hab > 0, "Urban", "Rural"))
27
28 summary(d$hab)
29
30 #' # Plotting
31 d_sum <- d %>%
  group_by(hab_c) %>%
  summarize(prop = sum(atypical_c) / length(atypical_c))
32
33 d_n <- count(d, atypical_c, hab_c)
34
35 #' # Sample sizes
36 ## @knitr sample_size
37 count(d, hab_c)
38 count(d, atypical_c)
39 count(d, lowhigh, monotone, freq_sweep)
40
41 count(d, region)
42 count(d, project = ifelse(str_detect(id, "MC[BC]{1}[0-9]{2}"), "Steffi",
```

Code

Output

Script

RStudio Features

Projects

- Handles working directories
- Organizes your work

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Let's setup a project in
RStudio!

RStudio Features

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Changing Options: Tools > Global Options

- General > Restore RData into workspace at startup (NO!)
- General > Save workspace to on exit (NEVER!)
- Code > Insert matching parens/quotes (Personal preference)

Let's setup a project in
RStudio!

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Let's change some options in RStudio!

RStudio Features

Projects

- Handles working directories
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Changing Options: Tools > Global Options

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Let's change some options in RStudio!

Packages

- Can use the package manager to install packages
- Can use the manager to load them as well, but not recommended

Getting Ready

Open New File

(make sure you're in the RStudio Project)

Write `library(tidyverse)` at the top

Save this new script

(consider names like `intro.R` or `1_getting_started.R`)

Your first *real* code!

First Code

```
1 # First load the packages
2 library(palmerpenguins)
3 library(ggplot2)
4
5 # Now create the figure
6 ggplot(data = penguins, aes(x = body_mass_g, y = bill_length_mm, colour = species)) +
7   geom_point()
```

1. Copy/paste or type this into the script window in RStudio

- You may have to go to File > New File > R Script

2. Click on the first line of code

3. Run the code

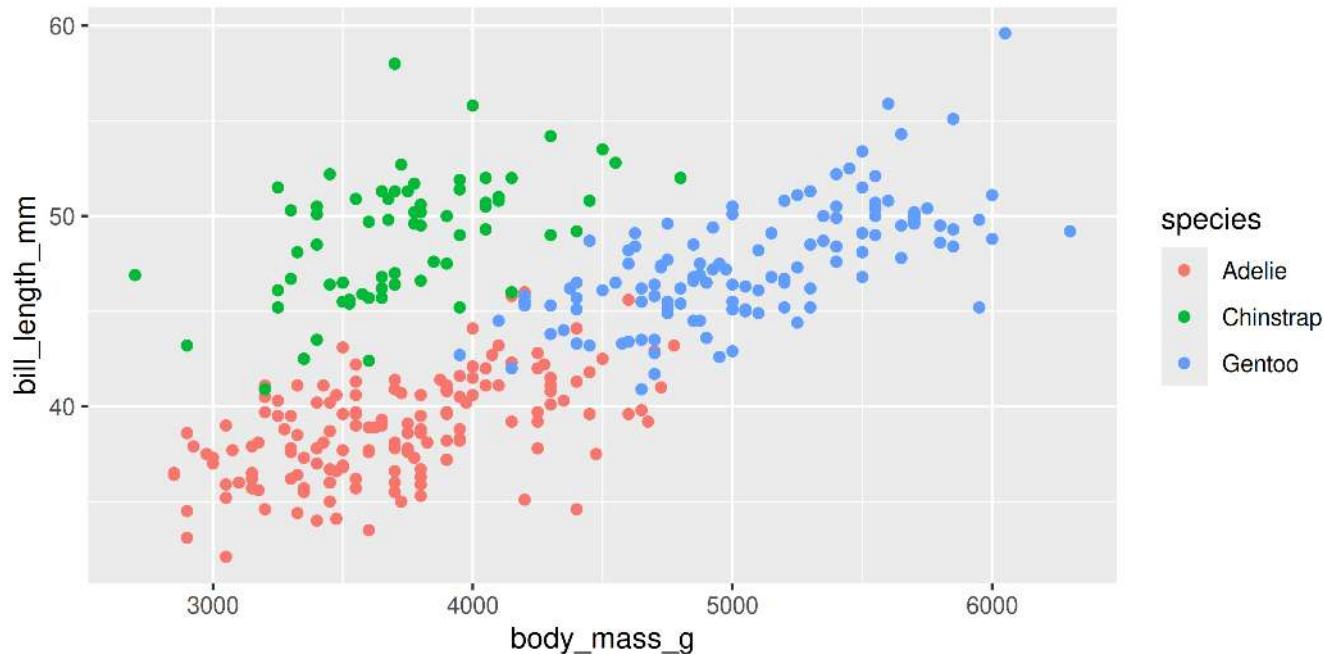
- Click ‘Run’ button (upper right) or
- Use the short-cut [Ctrl+Enter](#)

4. Repeat until all the code has run

First Code

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```

Warning: Removed 2 rows containing missing values or values outside the scale range
(`geom_point()`).

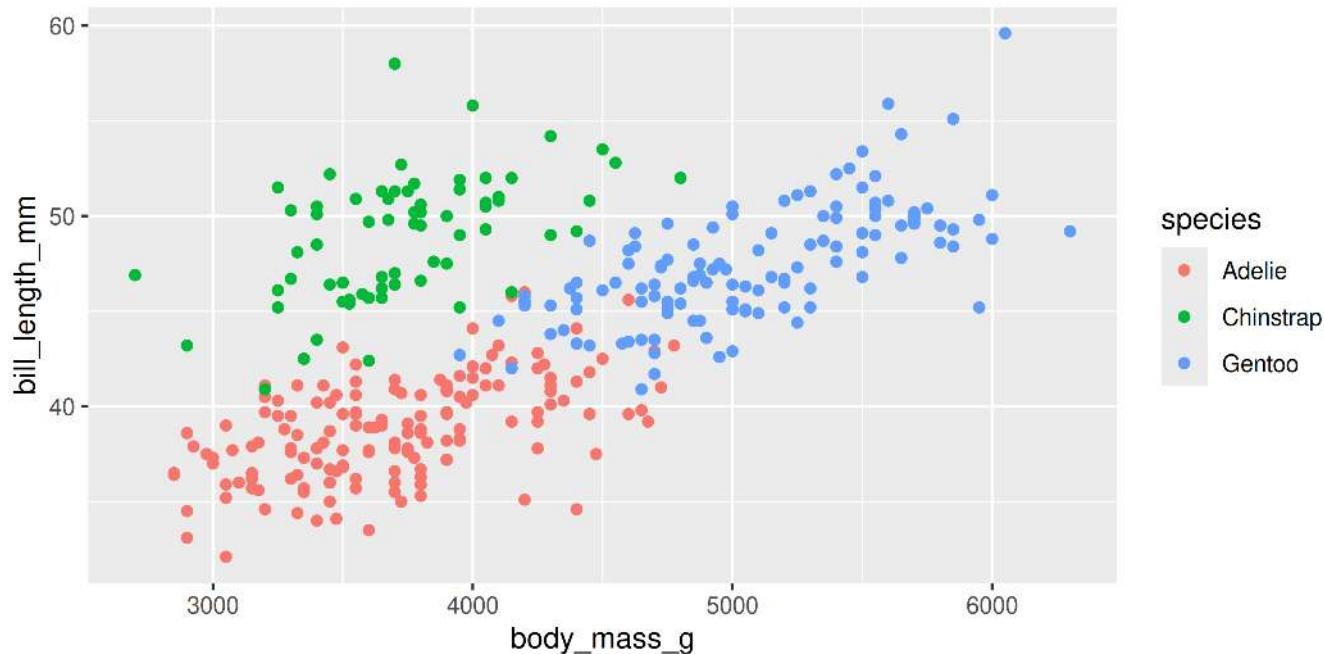


First Code

Let's talk about the *parts* of the code first
Later we'll talk about why this works

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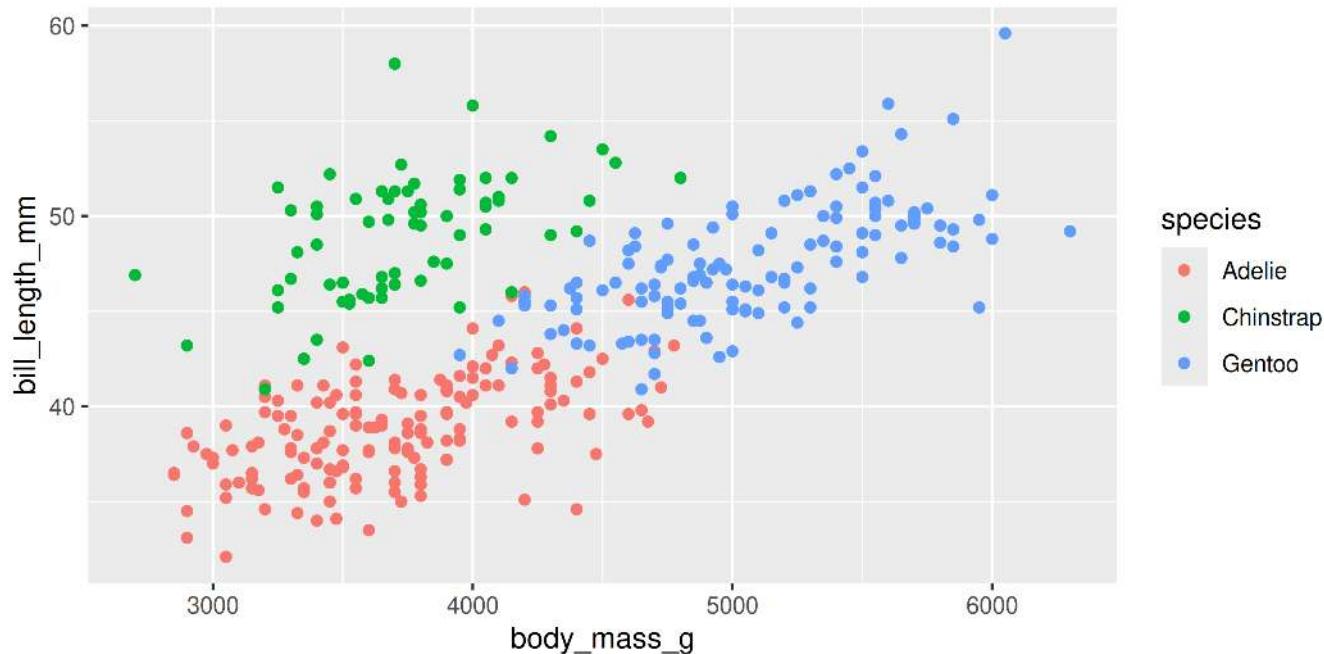
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Packages

ggplot2 and palmerpenguins



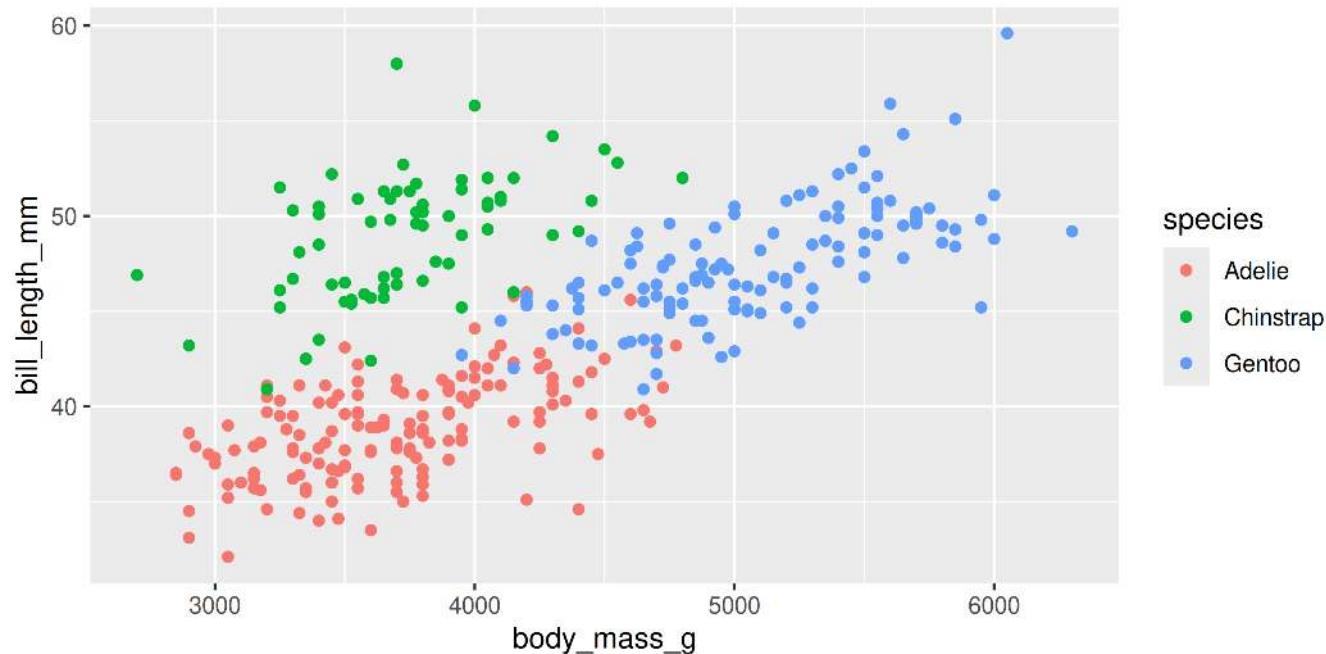
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Functions

```
library(), ggplot(), aes(),  
geom_point()
```

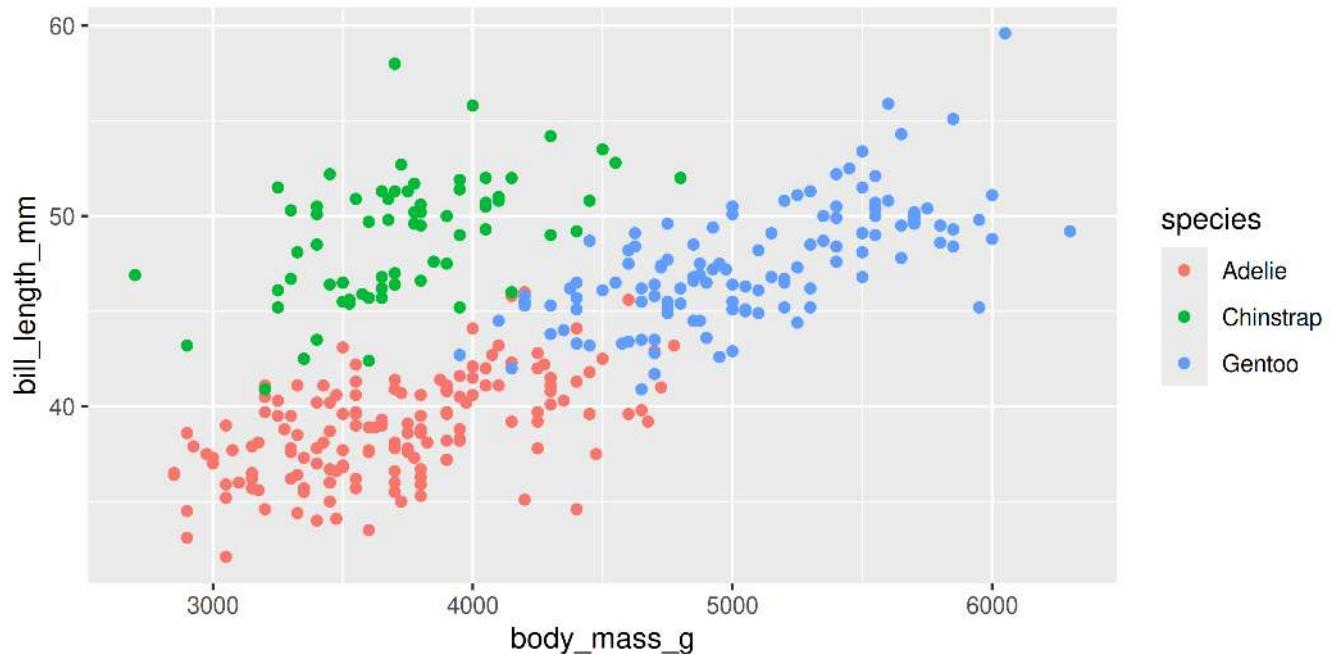


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+
(Specific to
ggplot)

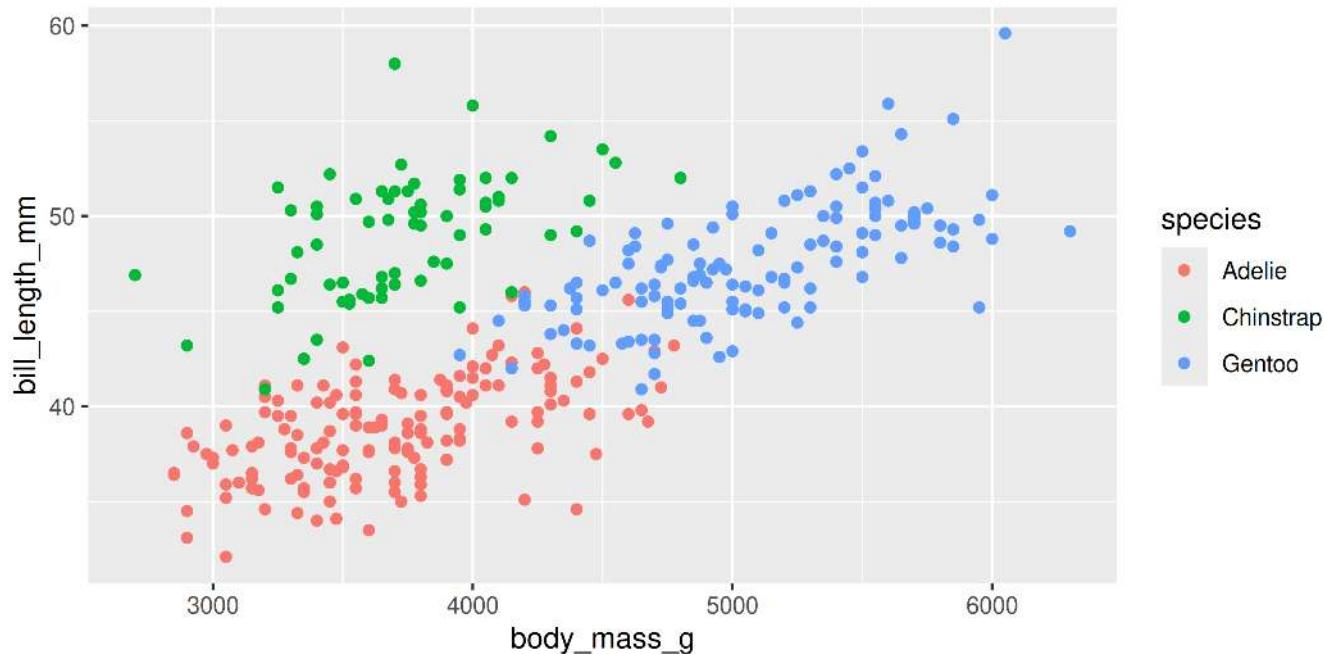


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Figure!

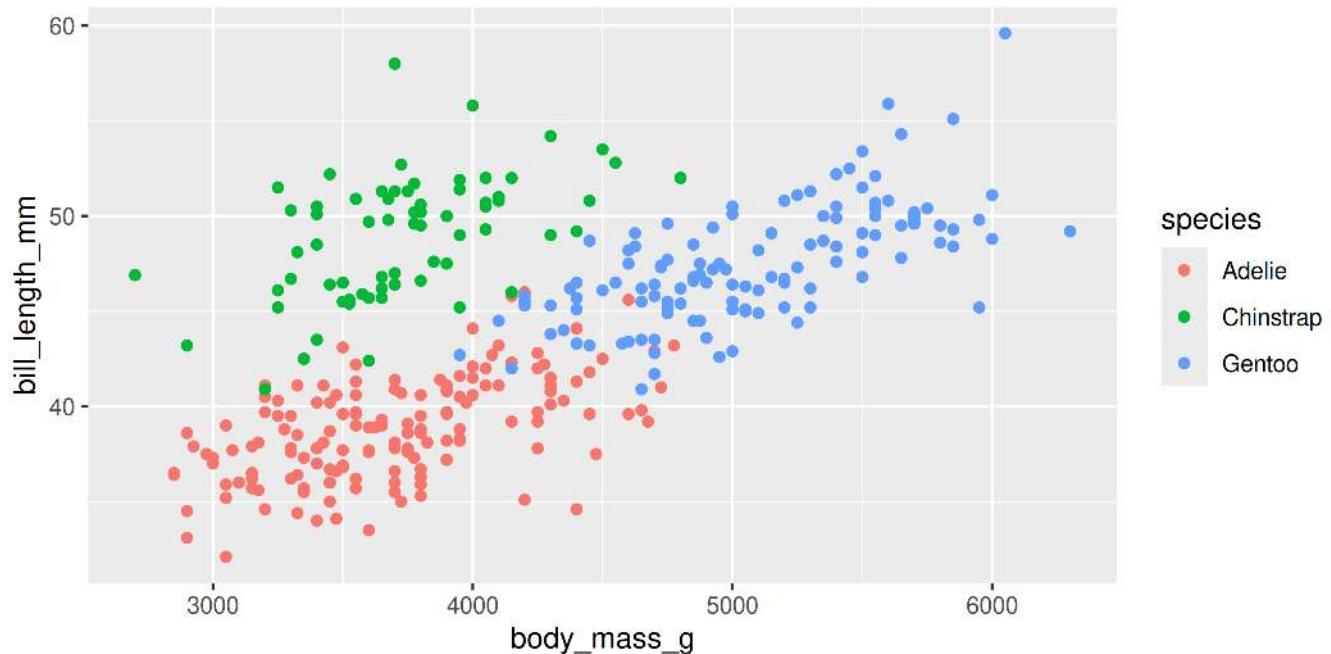


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Warning

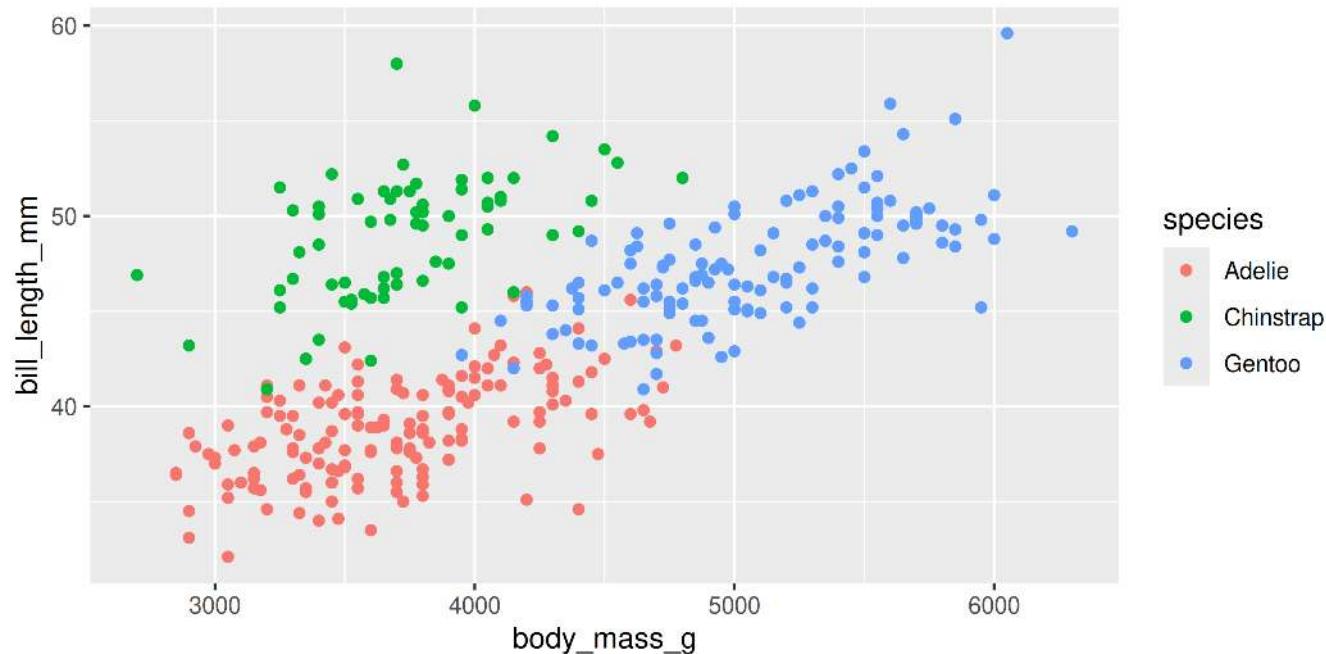


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```

Comments

Warning: Removed 2 rows containing missing values or values outside the scale range
(`geom_point()`).



R Basics: Objects

Objects are *things* in the environment

(Check out the **Environment** pane in RStudio)

functions()

Do things, Return things

Does something but returns nothing

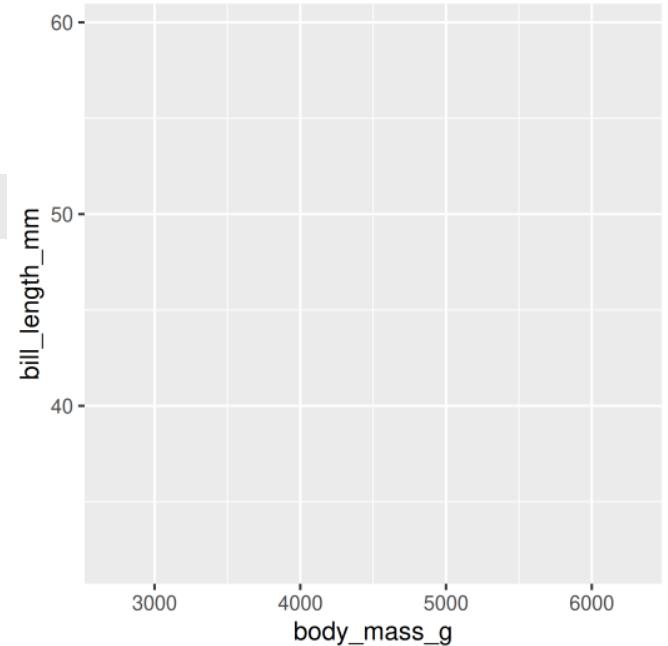
e.g., `library()` - Loads an R package so we can use it's functions and other objects it supplies

```
1 library(palmerpenguins)
```

Does something and returns something

e.g., `ggplot()` - Creates and returns a basic plot

```
1 ggplot(data = penguins, aes(x = body_mass_g, y = bill_length_mm))
```



functions()

- Functions can take **arguments** (think ‘options’)
- `data, x, y, colour`

```
1 ggplot(data = penguins, aes(x = body_mass_g, y = bill_length_mm, colour = species)) +  
2   geom_point()
```

functions()

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- `data, x, y, colour`

```
1 ggplot(data = penguins, aes(x = body_mass_g, y = bill_length_mm, colour = species)) +  
2   geom_point()
```

- Arguments defined by **name** or by **position**
- With correct position, do not need to specify by name

By name:

```
1 mean(x = c(1, 5, 10))  
[1] 5.333333
```

By order:

```
1 mean(c(1, 5, 10))  
[1] 5.333333
```

functions()

Watch out for ‘hidden’ arguments

By name:

```
1 mean(x = c(1, 5, 10, NA),  
2       na.rm = TRUE)
```

```
[1] 5.333333
```

functions()

Watch out for ‘hidden’ arguments

By name:

```
1 mean(x = c(1, 5, 10, NA),  
2      na.rm = TRUE)  
  
[1] 5.333333
```

By order:

```
1 mean(c(1, 5, 10, NA),  
2      TRUE)  
  
Error in `mean.default()`:  
! 'trim' must be numeric of length one
```

functions()

Watch out for ‘hidden’ arguments

By name:

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2      na.rm = TRUE)  
  
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```

By order:

```
1 mean(c(1, 5, 10, NA),  
2      TRUE)  
  
Error in `mean.default()`:  
! 'trim' must be numeric of length one
```

This error states that we've assigned the argument `trim` to a non-valid argument

Where did `trim` come from?

R documentation

```
1 ?mean
```

R documentation

1 ?mean

mean {base}

R Documentation

Arithmetic Mean

Description

Generic function for the (trimmed) arithmetic mean.

Usage

```
mean(x, ...)  
## Default S3 method:  
mean(x, trim = 0, na.rm = FALSE, ...)
```

Arguments

- x An R object. Currently there are methods for numeric/logical vectors and [date](#), [date-time](#) and [time interval](#) objects. Complex vectors are allowed for trim = 0, only.
- trim the fraction (0 to 0.5) of observations to be trimmed from each end of x before the mean is computed. Values of trim outside that range are taken as the nearest endpoint.
- na.rm a logical value indicating whether NA values should be stripped before the computation proceeds.
- ... further arguments passed to or from other methods.

Data

- Generally kept in `vectors` or `data.frames` (also `tibbles`)
- These are objects with names (like functions)
- Here are two **built-in** examples (part of R)

Vector (1 dimension)

1	month.name
[1]	"January"
[4]	"April"
[7]	"July"
[10]	"October"
	"February"
	"May"
	"August"
	"November"
	"March"
	"June"
	"September"
	"December"

Data frame (2 dimensions)

1	mtcars	rows x columns
	mpg cyl disp hp drat wt qsec vs	
Mazda RX4	21.0 6 160.0 110 3.90 2.620 16.46 0	
Mazda RX4 Wag	21.0 6 160.0 110 3.90 2.875 17.02 0	
Datsun 710	22.8 4 108.0 93 3.85 2.320 18.61 1	
Hornet 4 Drive	21.4 6 258.0 110 3.08 3.215 19.44 1	
Hornet Sportabout	18.7 8 360.0 175 3.15 3.440 17.02 0	
Valiant	18.1 6 225.0 105 2.76 3.460 20.22 1	
Duster 360	14.3 8 360.0 245 3.21 3.570 15.84 0	
Merc 240D	24.4 4 146.7 62 3.69 3.190 20.00 1	
Merc 230	22.8 4 140.8 95 3.92 3.150 22.90 1	
Merc 280	19.2 6 167.6 123 3.92 3.440 18.30 1	
Merc 280C	17.8 6 167.6 123 3.92 3.440 18.90 1	
Merc 450SE	16.4 8 275.8 180 3.07 4.070 17.40 0	
Merc 450SL	17.3 8 275.8 180 3.07 3.730 17.60 0	
Merc 450SLC	15.2 8 275.8 180 3.07 3.780 18.00 0	
Cadillac Fleetwood	10.4 8 472.0 205 2.93 5.250 17.98 0	
Lincoln Continental	10.4 8 460.0 215 3.00 5.424 17.82 0	
Cougar VS	15.4 8 318.0 335 3.93 5.090 18.90 0	

Your Turn: Vectors and Data frames

Try out the following code...

- Here we will make a vector and a data frame
- What is the output in your console?
- How does your `environment` change (upper right panel)?

Vectors

```
1 fruit <- c("apples", "bananas", "pears", "oranges", "melons")
2 fruit
```

Data frames

```
1 production <- data.frame(
2   site = c("east", "east", "west", "west"),
3   fruit = c("apples", "bananas", "apples", "bananas"),
4   count = c(20, 60, 30, 50))
5 production
```

Your Turn: Vectors and Data frames

Try out the following code...

- What does `:` do?
- What does `c()` do?
- Why use a comma with data frames?

Vectors

- Use `[index]` to access part of a vector
- Can access multiple parts at once

```
1 fruit
2 fruit[2]
3 fruit[2:5]      # What does : do?
4 fruit[c(1, 3)] # What does c() do?
```

Data frames

- `x$colname` to pull columns out as vector
- `x[row, col]` to access rows/columns

```
1 production$fruit
2 production[3]
3 production[3, ]    # Why the comma?
4 production[3, 1]
5 production[, 1:2]
```

Your Turn: Vectors and Data frames

Try out the following code...

Vectors

```
1 fruit  
[1] "apples" "bananas" "pears"   "oranges" "melons"  
  
1 fruit[2]  
[1] "bananas"  
  
1 fruit[2:5]      # What does : do?  
[1] "bananas" "pears"   "oranges" "melons"  
  
1 fruit[c(1, 3)] # What does c() do?  
[1] "apples" "pears"
```

Data frames

```
1 production$fruit  
[1] "apples" "bananas" "apples"   "bananas"
```

```
1 production[3]  
count  
1    20  
2    60  
3    30  
4    50
```

```
1 production[3, ]    # Why the comma?  
site  fruit count  
3 west apples     30
```

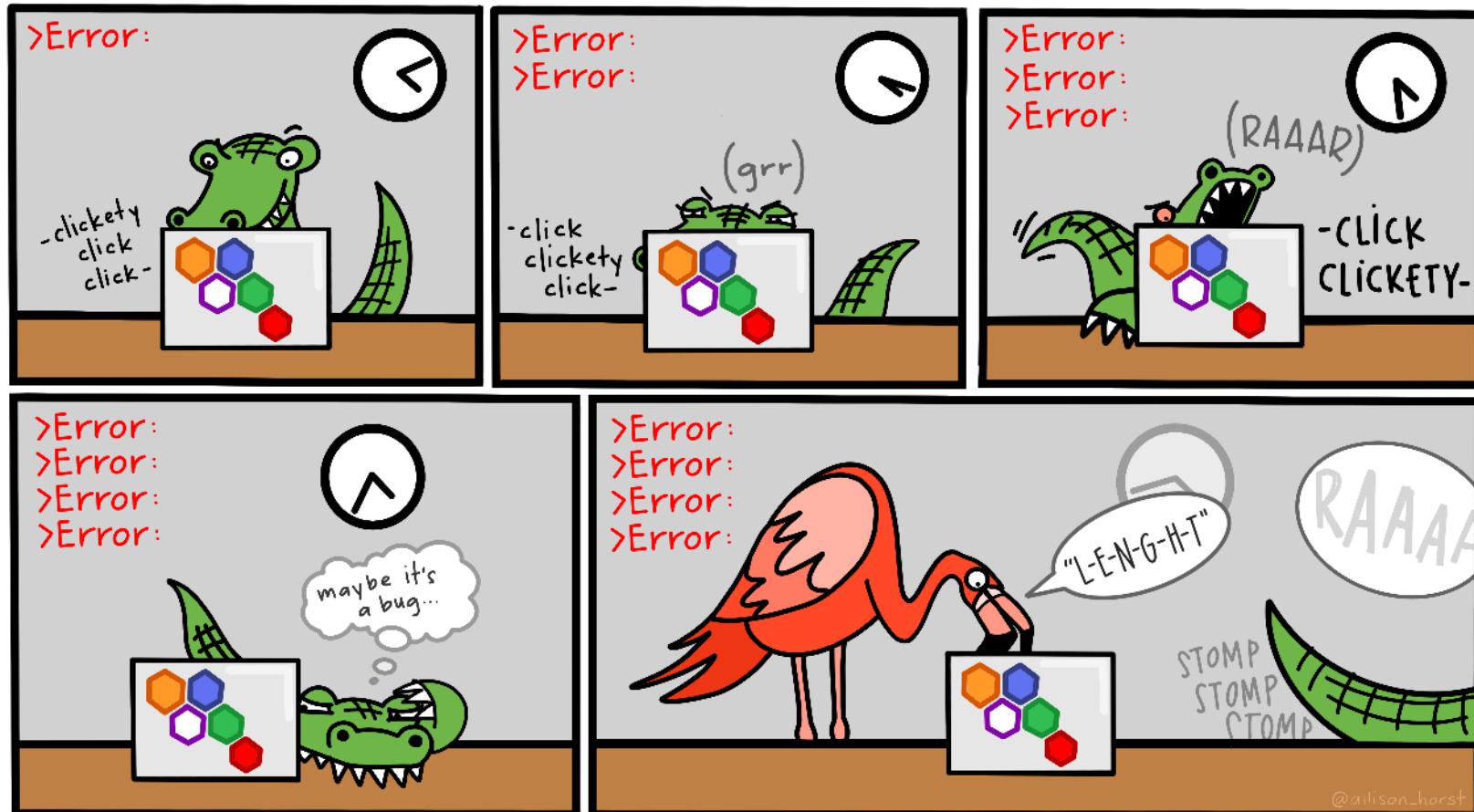
```
1 production[3, 1]  
[1] "west"
```

```
1 production[, 1:2]  
site  fruit  
1 east apples  
2 east bananas  
3 east
```

Miscellaneous

R has spelling and punctuation

- R cares about spelling
- R is also case sensitive! (`Apple` is not the same as `apple`)



Artwork by @allison_horst

R has spelling and punctuation

- Commas are used to separate arguments in functions

This is correct:

```
1 mean(c(5, 7, 10)) # [1] 7.333333
```

This is **not** correct:

```
1 mean(c(5 7 10))
```

R has spelling and punctuation

- Commas are used to separate arguments in functions

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1 mean(c(5 7 10))
```

>80% of learning R is learning to troubleshoot!

R has spelling and punctuation

Spaces usually don't matter unless they change meanings

```
1 5>=6 # [1] FALSE
2 5 >=6 # [1] FALSE
3 5 >= 6 # [1] FALSE
4 5 > = 6 # Error: unexpected '=' in "5 > ="
```

Periods don't matter either, but can be used in the same way as letters

(But don't)

```
1 apple.oranges <- "fruit"
```

Assignments and Equal signs

Use `<-` to assign values to objects

```
1 a <- "hello"
```

Use `=` to set function arguments

```
1 mean(x = c(4, 9, 10))
```

Use `==` to determine equivalence (logical)

```
1 10 == 10 # [1] TRUE
2 10 == 9 # [1] FALSE
```

Braces/Brackets

Round brackets: ()

- Identify functions (even if there are no arguments)

```
1 Sys.Date() # Get the Current Date  
[1] "2026-02-19"
```

Braces/Brackets

Round brackets: ()

- Identify functions (even if there are no arguments)

```
1 Sys.Date() # Get the Current Date  
[1] "2026-02-19"
```

- Without the (), R spits out information on the function:

```
1 Sys.Date  
  
function ()  
as.Date(as.POSIXlt(Sys.time()))  
<bytecode: 0x593d14eae4e8>  
<environment: namespace:base>
```

Braces/Brackets

Round brackets: ()

- Identify functions (even if there are no arguments)

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1 Sys.Date() # Get the Current Date  
[1] "2026-02-19"
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- Without the (), R spits out information on the function:

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1 Sys.Date  
  
function ()  
as.Date(as.POSIXlt(Sys.time()))  
<bytecode: 0x593d14eae4e8>  
<environment: namespace:base>
```

() must be associated with a **function** (Well, *almost* always)

Square brackets: []

- Extract parts of objects

```
1 LETTERS
```

```
[1] "A" "B" "C" "D" "E" "F" "G" "H" "I" "J" "K" "L" "M" "N" "O" "P" "Q" "R" "S"  
[20] "T" "U" "V" "W" "X" "Y" "Z"
```

```
1 LETTERS[1]
```

```
[1] "A"
```

```
1 LETTERS[26]
```

```
[1] "Z"
```

Square brackets: []

- Extract parts of objects

```
1 LETTERS
```

```
[1] "A" "B" "C" "D" "E" "F" "G" "H" "I" "J" "K" "L" "M" "N" "O" "P" "Q" "R" "S"  
[20] "T" "U" "V" "W" "X" "Y" "Z"
```

```
1 LETTERS[1]
```

```
[1] "A"
```

```
1 LETTERS[26]
```

```
[1] "Z"
```

[] have to be associated with an **object** that has dimensions (Always!)

Improving code readability

Use spaces like you would in sentences:

```
1 a <- mean(c(4, 10, 13))
```

is easier to read than

```
1 a<-mean(c(4,10,13))
```

(But the same, coding-wise)

Improving code readability

Don't be afraid to use line breaks ('Enters') to make the code more readable

Hard to read

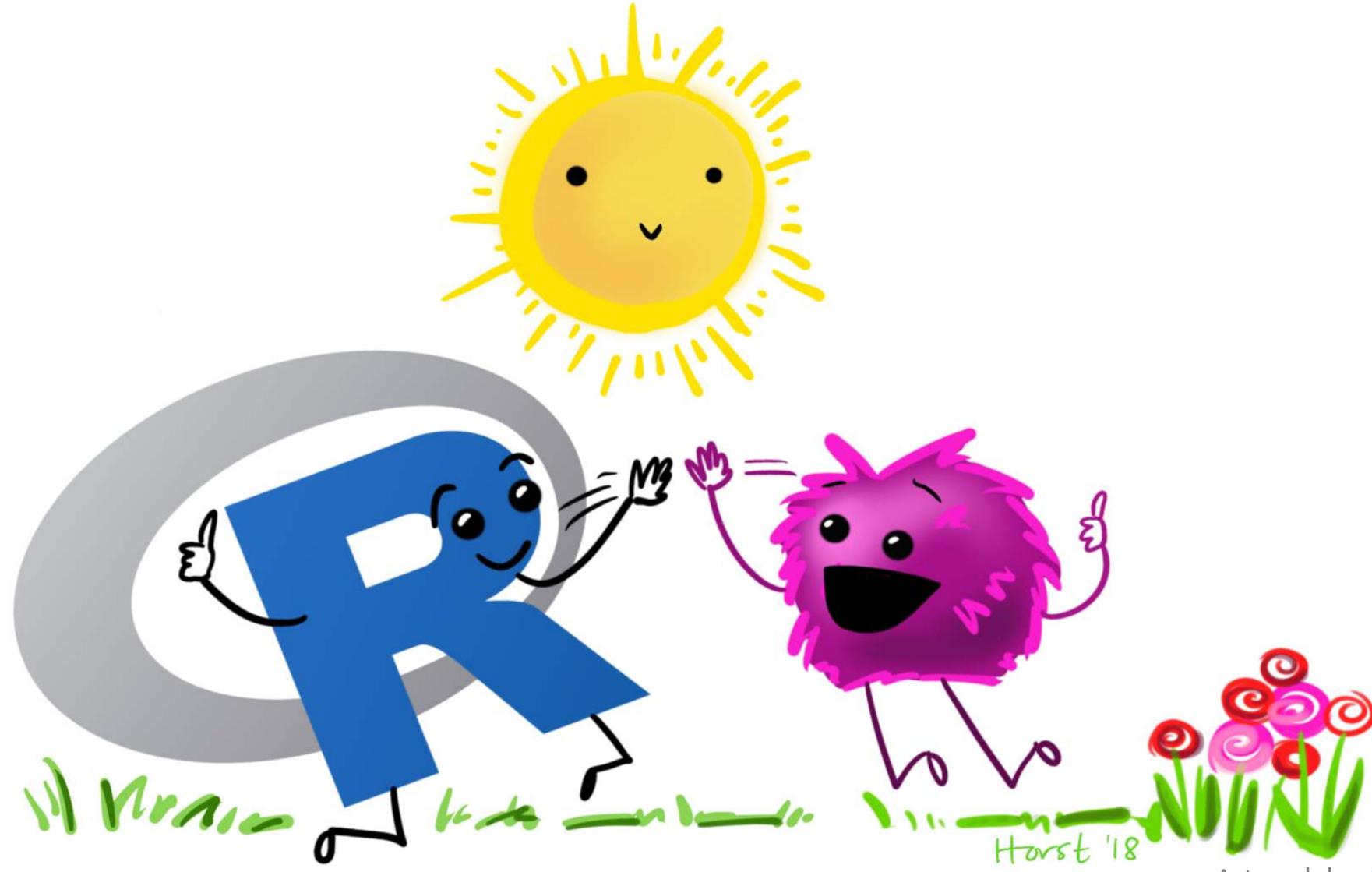
```
1 a <- data.frame(exp = c("A", "B", "A", "B", "A", "B"), sub = c("A1", "A1", "A2", "A2", "A3", "A3"), res = c(
```

Easier to read

```
1 a <- data.frame(exp = c("A", "B", "A", "B", "A", "B"),
2                   sub = c("A1", "A1", "A2", "A2", "A3", "A3"),
3                   res = c(10, 12, 45, 12, 12, 13))
```

(But the same, coding-wise)

Let's go!



Artwork by @allison_horst