

# Table of Contents

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## Foundations

<a href="#">Introduction</a>	1.1
<a href="#">Stories &amp; Research</a>	1.2
<a href="#">2021 Mission Statement Blog Post from Roger Faulkner</a>	1.2.1
<a href="#">Research re:Care Streaming</a>	1.2.2

## Guides

<a href="#">Windows Guide</a>	2.1
<a href="#">Mac Guide</a>	2.2
<a href="#">Ethics &amp; Use Guide</a>	2.3
<a href="#">Ethics Guide</a>	2.3.1
<a href="#">Care Streamer Anti-Exploitation Guide</a>	2.3.2
<a href="#">Games for Care Streamers</a>	2.3.3
<a href="#">Reddit Guides</a>	2.4
<a href="#">Reddit Guide</a>	2.4.1
<a href="#">Post Flair Guide</a>	2.4.2
<a href="#">Introduce Yourself on r/streamyourcare</a>	2.4.3
<a href="#">Content Guides</a>	2.5

## Resources

<a href="#">Healthcare &amp; Support</a>	3.1
<a href="#">US Healthcare</a>	3.1.1
<a href="#">Global Healthcare</a>	3.1.2
<a href="#">Mental Health &amp; Crisis Prevention</a>	3.1.3
<a href="#">Fundraising</a>	3.1.4
<a href="#">Tools</a>	3.2
<a href="#">iOS</a>	3.2.1
<a href="#">Android</a>	3.2.2
<a href="#">Windows</a>	3.2.3
<a href="#">Mac (OSX)</a>	3.2.4
<a href="#">Web Tools</a>	3.2.5
<a href="#">Glossary</a>	3.3
<a href="#">Contact</a>	3.4
<a href="#">Email Us</a>	3.4.1
<a href="#">Social Media</a>	3.4.2

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# Stream Your Care

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[Care streaming](#) is the act of livestreaming your day to day life receiving care for a disability, illness, aging, or in long-term-care facility environments.

Foundations	
<a href="#">Introduction</a>	Introduction to the origins of StreamYourCare's mission
<a href="#">2021 Mission Statement Blog Post from Roger Faulkner</a>	How Profit Over People has been a problem
<a href="#">Research re: Care Streaming</a>	A collection of research highlighting the benefits and impact of digital interactions

Guides	
<a href="#">Windows Setup</a>	Care stream setup guide for Windows
<a href="#">Mac Setup</a>	Care stream setup guide for Mac
<a href="#">Ethics Guide</a>	Guidelines to facilitate ethical applications of these tools
<a href="#">Care Streamer Anti-Exploitation Guide</a>	Guidelines to prevent exploitation via <a href="#">care streaming</a> communities
<a href="#">Games for Care Streamers</a>	Simple and collaborative games perfect for care streamers
<a href="#">Reddit Guide</a>	How to use and who can use r/streamyourcare
<a href="#">Post Flair Guide</a>	How to tag your posts on r/streamyourcare
<a href="#">Introduce Yourself on r/streamyourcare</a>	Story introduction template for r/streamyourcare

Resources	
<a href="#">Healthcare &amp; Support</a>	<a href="#">(US)</a> - <a href="#">(Global)</a>
<a href="#">Mental Health &amp; Crisis Prevention</a>	
<a href="#">Tools</a>	<a href="#">iOS</a> <a href="#">Android</a> <a href="#">Windows</a> <a href="#">Mac (OSX)</a> <a href="#">Web Tools</a>
<a href="#">Glossary</a>	
<a href="#">Contact</a>	<a href="#">Email Us</a> - <a href="#">Social Media</a>

# Introduction

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## About Us

- [Late Founder Story](#)
- [Co-Founder Story](#)

## Mission

- [2021 Mission Statement Blog Post from Roger Faulkner](#)
- [Research re:Care Streaming](#)

## Features

- [Privacy Overlay commands !brb/!back/!censor](#) Give audiences and staff the ability to offer streamers and their guardians privacy via overlays
- [Alarm & Alert Commands/Setups](#) for allowing audiences and staff to trigger light and sound alarms and notification alerts ●
- [Discord Care Streamer Community Template](#) for quick alert role/alert command setups and community building ●

# This is What We Get When Healthcare is a Business

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From Roger "[Living in a Wheelchair](#)" Faulkner's [Medium](#) and [Google Docs](#):

I have ALS, and my mind is clear. In fact I have been a contributing member of society through my inventions. I've run out of money and so I can't continue to live independently. But I'm not able to get on Medicaid without having a lawyer. I thank God that in my case, my family is able to help me do this.

Nursing homes are all private businesses. The caregivers are often very great people, but they don't get to let me in... The administrators rule the roost. And their eyes are firmly on profit. I have been rejected by multiple nursing homes. Most of them can't take me because I'm on positive pressure ventilation. `

In North Carolina, the ones that can take ventilator patients won't take me unless I get a tracheostomy which would prevent me from speaking. My daughter found several nursing homes in Ohio that might take me, but two of them have already rejected me. `

No one has to take me and in both of those nursing homes, caregiver staff were ready to welcome me, but the administrators said no because my care is relatively complicated and they thought they would lose money.

I am sure that thousands of people everyday in America are facing a very similar problem. This is what you get when for profit insurance companies, nursing homes, and hospitals call the shots.

Roger wrote this on June 2nd, 2021. Days later, he moved from North Carolina to Ohio into a long term care facility near some of his family. 9 days after admission to the facility, he was neglected and died live on stream. His cause of death was reported as ALS.

Had he not gone live that morning, nobody would know [what actually happened](#) to Roger Faulkner. Roger used his platform to educate the world about resilience and advocating for your needs through streaming your care.

Please share this story. We have made free privacy command capabilities available [here](#), you'll want the [blog guide](#) to set them up.

Join our [Discord](#) to get involved with compiling resources and setups.

## Research Relevant to Care Streaming

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The following research provides a brief overview of some current challenges within the senior care and livestream industries.

Live-streaming your care can provide monitoring, companion care, privacy and intervention via a live audience with free [DBIS commands](#).

- [How to Stay Connected to Your Loved One in a Nursing Home.](#)
- [Elder Justice: A blueprint for an emerging coalition, scaled society-wide - Philip C Marshall](#)
- [Digital Bystander Effect: Exploring Online Apathy in Modern Society](#)
- [I FEEL YOUR \(LIVESTREAMED\) PAIN: VIRTUAL BYSTANDER RECOVERY - John G Browning](#)
- [Understanding the Mechanism of User Experience Role in Educational Livestreaming Platform](#)
- [The effectiveness of digital gaming on the functioning and activity of older people living in long-term care facilities: a systematic review and meta-analysis](#)
- [Difficulties of introducing video gaming in long-term adult care](#)
- [Video games show potential in improving key aspects of memory in older adults](#)
- [Senior Gamers – Gaming Habits and Benefits For Older People](#)
- [Video game training enhances cognitive control in older adults](#)
- [Focus on Liability of Residences for Elderly and Sick People: A Case Series and Medico-Legal Issues](#)
- [Information and Communication Technology Based Integrated Care for Older Adults: A Scoping Review](#)

Updates and brief descriptions inbound.

Get involved with this advocacy on [Discord](#)

# Windows Setup (for Secure Twitch Livestreams in Long Term Care Facilities)

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If you're considering using a monitoring device in a long term care facility, a livestream may be a more beneficial option. Read about the benefits of [care streaming](#) here.

This tutorial offers care streamers (and their caregivers) privacy options through simple viewer/administrator chat commands that change the [OBS](#) scene, obscuring viewer video/audio feed.

Don't get too overwhelmed, a tutorial will be up shortly!

## Needs (\* means required)

- **Broadcasting Software:** [OBS](#)
- Twitch Account\* ([Signup](#))
- **Digital Bystander Intervention Strategies\*** (Privacy [Overlay](#), Alarm Commands, Alert Notification Commands)
- [Twitchat](#) (**easy**) or [Streamer.Bot](#) (**harder but customizable**)
- [Streamer.Bot Care Stream DBIS Configuration](#) or [Twitchat](#) (TBD)

## OBS Setup

- Install [OBS Install](#)
- Install [Streamer.Bot Install](#)
- Link [OBS](#) to Twitch: File < Settings < Stream < Connect Account (**Recommended**) < **Login with Twitch Credentials**

**Alternatively:**

- **Get Stream Key**([Here's How](#)) < Navigate to **Creator Dashboard** < Settings < Stream < **Copy Stream Key** < Paste into [OBS](#) Stream Key < Ok

## Connect Twitch to Streamer.Bot

- Open [Streamer.Bot](#) < Platforms < Accounts < Click Login under Broadcaster Account < Sign in with Twitch Credentials

## Connect OBS to Streamer.Bot

- Open [OBS](#) < Tools < **WebSocket Server Settings** < **Show Connect Info** < Copy **Password**
- Click **Stream Apps** < Right Click Empty Space < Paste Password from WebSocketServer Settings < Enable Auto Connect on Startup < Enable Reconnect on Disconnect

## Import Streamer.Bot Configuration:

- Open [Streamer.Bot](#) < Click **Import** < Paste the following string into the "String":
  - [Streamer.Bot Care Stream DBIS Configuration](#)
- Click **Ok**

## Enable DBIS Commands

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- Go to the **Commands** tab in [Streamer.Bot](#):
- Right Click !brb < Enable
- Right Click “!back” < Enable
- Right Click “!censor” < Enable

## Test the Commands

- Open [OBS](#) < Click “Start Streaming”
- Open your Twitch chat and type !brb, the following screen should come up.(example)
- Typing !back should take you back to your webcam scene.
  - (Optional) !censor 10000 - changes scene to privacy screen for 10 seconds.

If you'd like to help seniors or their families set up monitoring livestreams, please get in touch with the Faulkner Foundation via [Discord](#)

# Twitchat Setup for Mac

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If you're considering using a monitoring device in a long term care facility, a livestream may be a more beneficial option.

This tutorial offers care streamers (and their caregivers) privacy options through simple chat commands that mute the audio/video feed, trigger alarms, and alert notifications.

## Needs

- Twitch Account (Signup)
- [OBS](#) (Mac Download)
- [Twitchat](#)
- Privacy [Overlay](#) Image (download)

## Twitchat Setup

- Login to Twitch with [Twitchat](#)

## OBS Setup

- Install [OBS](#)
- Configure [OBS](#)
  - **Privacy Scene**
    - Create Scene 2 named "BRB"
    - Add new Source (+) < Image < Add Privacy [Overlay](#) Image < **Ok**
  - **Link to [Twitchat](#)**
    - Enable Websocket Server Settings
      - In the top left menu of [OBS](#) click **Tools < Websocket Server Settings**
      - Enable the ☐ **Enable WebSocket Server** checkbox at the top under **Plugin Settings**
      - Click "Show Connect Info"
      - Click **Copy Websocket Server password**

## Twitchat Commands Setup

[Coming Soon]



## Use & Ethics Guide

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- [Ethics Guide](#)
- [Care Streamer Anti-Exploitation Guide](#)

# Care Stream Ethics Guide 1.0

Every individual livestreaming their medical treatment or care must practice these guidelines to the best of their ability.

Rule	Explanation
<b>Be Sincere</b>	Your story is best told <b>as-is</b> , be <i>yourself</i> , share <i>your</i> truth. Don't just capture the sad parts, document any progress you can on your journey.
<b>Prioritize Consent</b>	Ensure all applicable parties have authorized consent to be recorded. Notify non-consenting individuals of their options for privacy.
<b>Accurate Representation</b>	Any discussion or allegations of abuse, negligence, and misconduct are not recommended, document definitive evidence to back any claims.
<b>Accurate Representation</b>	Please refrain from misrepresenting any individual, medical employee, family member, facility, or medical organization through your livestream interactions. Livestream monitoring exists to capture and improve the natural state of healthcare environments.
<b>Reinforce Inclusive Positive Engagement</b>	Remember that your community comes from every walk of life across the globe. It's best to not make assumptions and seemingly negative claims about any person or group of people.

## Zero-tolerance Policy for Exploitation:

Guidelines
Livestreamers will not take advantage of vulnerable supporters
Viewers, supporters and mods will not advantage of livestreamers
Report businesses and institutions taking advantage of livestreamers and supporters.
If something doesn't look right, speak up about it.
Report cloned/fake social media accounts, payment platform accounts, and unusual behavior to the Livestreamer.
Help livestreamers file support reports upon request.

## Care Streaming Exploitation Prevention Guidelines

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Due to the complex nature of care systems and community crowdsourcing, some guidelines should be established to prevent individuals from being taken advantage of through the [r/streamyourcare community](#).

Rules
<b>Care Stream Content</b> posts will be examined by community moderators to ensure the support links & handles included in posts match the ones provided by the showcased <a href="#">care streamer</a> .
Accounts suspected of cloning other people's channels, support links, or abusing this community via identity theft will be removed and reported to authorities for investigation.
/streamyourcare members are advised to certify authenticity with each <a href="#">care streamer</a> before making contributions to support links like CashApp, Venmo, GoFundMe or PayPal.
<b>Story</b> posts are for educational purposes <b>only</b> . If information is widely available to the public, you are allowed to defensively corroborate your story with reports. Although, it is not recommended. Confidentiality remains a priority for respecting the safety, privacy, and dignity of impacted individuals.
<b>Care streams</b> should not attempt to further incriminate healthcare workers. They provide better Patient-Provider relationships with <a href="#">trust</a> , <a href="#">intervention</a> , and <a href="#">engagement opportunities</a> .

More updates will be added to this as we scale.

Join the [r/streamyourcare](#) community! We are here to provide affordable access to anyone needing care monitoring options and community companionship.

# Care Stream Collaborative Content

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These are games which can offer isolated individuals in home and long-term care a vast spectrum of experiences. If you are a content creator or streamer, learn how you can get involved with advocacy [here](#).

## Map Games

- [Geotastic](#),
- [GeoGuessr](#)
- [Virtual Vacation - City Guesser](#)
- [Seterra](#), [Hide and Seek World](#)
- [Hidden Folks](#)
- [Hidden Through Time](#)
- [Where's Waldo?](#)

## Movie Games

- [Cine2Nerdle](#)
- [Emoji Quiz](#)
- [Guess The Movie](#)

## Psychology/Puzzles

- [Evolution of Trust](#)
- [We Become What We Behold](#)
- [The Company of Myself](#)
- [The Witness](#)
- [5D Chess](#)
- [Koral](#)

## Trivia

- [Sporcle](#)
- [Trivia Crack](#)
- [Kahoot!](#)

## Community/Racing

- [Marbles on Stream](#)
- [Marble Run](#)
- [Marble It Up!](#)
- [Marble Blast](#)

## Board Games

- [Tabletop Simulator](#)
- [Board Game Arena](#)
- [Tabletopia](#)
- [Roll20](#)

## Fitness Games

- [Move With Me](#)

## Word Games

- [Scrabble/Words With Friends](#)
  - [Wordfeud](#)
-

- [Lexulous](#)
  - [Worldle Daily](#)
  - [Wordscapes](#)
  - [Word Search](#)
- 

### **Cards**

- [PokerStars](#)
- [Zynga Poker](#)
- [Governor of Poker](#)
- [Wizard](#)
- [Oh Hell!](#)
- [Spades](#)
- [Solitaire](#)

### **Educational**

- <https://www.zachtronics.com/>
- [Kerbal Space Program](#)

### **1-∞ Party/Spectator Games**

- [Use Your Words](#)
- [Jackbox Party Pack 1-8](#)
- [Skribble.io](#)
- [Discord Activity Games](#)

### **Idle**

- [Ravenfall](#)
- [Antimatter Dimensions](#)
- [Cookie Clicker](#)

### **Party Royale**

- [Fall Guys](#)
- [Among Us \(Android/Apple\)](#)
- [Slither.io](#)

## StreamYourCare Reddit Guides

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- [Main Reddit Guide](#)
- [Post Flair Guide](#)
- [Introduce Yourself on r/streamyourcare Blank Template](#)

# r/streamyourcare Guide

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Welcome to [r/streamyourcare](#)!

A [demand for accessible livestream intervention capabilities](#) has presented itself. We hope to prevent patient neglect, abuse, and death by providing safe affordable livestream monitoring solutions.

*Including but not limited to:* [privacy overlay commands](#), [alarms/alert commands](#), [community collaboration](#), and [extensive interactive capabilities](#).

This community will provide a collection of free tools and experiences which offer viewers and creators safety and purpose through their interactions online. See User and Post Flair Guidelines [here](#) (also at the bottom of the thread).

Our [Sub Exploitation Prevention Guidelines](#) post is also worth a read before posting.

## Who's Invited

- [PACE Advocates](#)
- Caregivers (Family/Professional)
- Medical Professionals (Nurses, Aides, LTC/LTSS Specialists)
- Individuals Receiving Care for Aging, Illness, or Disability
- Legal Experts on Handicap/Elder Abuse
- Content Creators & Influencers
- Community Leaders and Non-Profit administration
- Tech/Software Tinkerers & Engineers
- Researchers (Healthcare, Gerontology, Medtech)

**How to Contribute** Anything you post advocating about this movement use: **#streamyourcare**. Invite anyone you know in these roles to [r/streamyourcare](#).

## PACE Advocates

- Educate Redditors about PACE and care monitoring solutions.
- Share content navigating personal care systems to raise awareness for the importance of PACE programs.
- Provide educational material for safety protocols, patient rights, and how to advocate for better standards.

## Family Caregiver/Guardian

- Share stories about the process of transitioning to in-home care and/or long term facility care.
- Share stories about maintaining care for a loved one with 3rd-party caregivers.
- Share stories of misconduct, negligence, or abuse to highlight their prevalence in both independent living situations and long-term care facilities.

## Nurses, Health Aides, and Long Term Care Specialists

- Offer a professional lens on appropriate local health standards.
- Participate in Q&As with the community
- Address employee privacy and safety needs

## Individual Receiving Care

- Discuss your care routines and current challenges (needing better care, concerns about assisted living, equipment needs)
- Ask questions about care monitoring options and regulations
- Seek individuals that share interests and passions with you to create collaborative care stream content.

## Negligence & Abuse Attorneys

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- Provide resources and discussion on collecting evidence and reporting cases.
- Specify local regulations and recording party laws in healthcare environments.
- Provide forms and information for specific requests through this group.

### Tech Engineers

- Provide simple tools and configurations enabling affordable monitoring solutions for those receiving care
- Advise r/streamyourcare on secure systems to document and monitor care stream content.
- [Join our Discord](#) to contribute to the development discussion

### Community Leaders (I.e Church Staff) & Non-Profit Administration

- Direct relevant communities to this group with printouts (coming soon), emails, social media posts, and live events.
- Consider partnering with the streamyourcare community to create jobs developing and implementing unique streaming capabilities for individuals worldwide.
- Provide laptops and webcams to seniors in your communities transitioning into assisted living. Local ITADs and Digital Divide non-profits can assist with this.
- Offer programs through local universities to connect students with seniors to set up accessibility tech with them.

Edit: **Post & User Flair Guidelines**

### Post Flair

- **Story:** For sharing personal and related experiences from the field(s) of your user flair. [Example 1 \(Co-Founder Story\)](#)
- **Care Stream Guide:** A guide for implementing one or several livestream functions for an individual receiving care.
- **Suggestion:** A recommendation for setups, policies, connections, and improvements.
- **Question:** For starting discussions, there are no dumb questions!
- **CS Content Guide:** For guides designated to making advocacy content and collaborative content.
- **Care Stream Content:** For sharing advocacy material on the [sub](#) to raise awareness for how you stream your care. See how to post [[Care Stream Content](#)] here.

### User Flair

- **Survivor:** Elder/handicap negligence and abuse survivors (*patients, family, and friends*)
- **N/A Attorney:** Handicap and Elder Negligence attorneys
- **Caregiver:** (Family/Professional)
- **LTC Facility Staff:** Long Term Care Employees and Administration
- **CS Advocate:** Content Creator, Setup Contributor, Care Stream Recruiter
- **Individual Receiving Care:** People receiving care for aging, illness, or a disability
- **Tech Innovator:** Software/Hardware engineers and hobbyists
- **Non-Profit Sector:** 501c3 administration, non-profit advisors.

Edits will be made to this to accommodate for the shifting scope of this group's potential impact. See relevant research [here](#).

Please join the group, start contributing experiences and standby for amazing results.



## r/streamyourcare Post Flair Guide

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### Post Flair

Flair	Description
Story	For sharing personal and related experiences from the field(s) of your user flair.
Care Stream Guide	A guide for implementing one or several livestream functions for an individual receiving care.
Suggestion	A recommendation for setups, policies, connections, and improvements.
Question	For starting discussions, there are no dumb questions!
CS Content Guide	For guides designated to making advocacy content and collaborative content.
Care Stream Content	For sharing advocacy material on the <a href="#">sub</a> to raise awareness for how you stream your care.

### User Flair

Flair	Description
Survivor	Elder/handicap negligence and abuse survivors (patients, family, and friends)
N/A Attorney	Handicap and Elder Negligence attorneys
Caregiver	(Family/Professional)
LTC Facility Staff	Long Term Care Employees and Administration
CS Advocate	Content Creator, Setup Contributor, Care Stream Recruiter
Individual Receiving Care	People receiving care for aging, illness, or a disability
Tech Innovator	Software/Hardware engineers and hobbyists
Non-Profit Sector	501c3 administration, non-profit advisors

# Care Streamer Introduction Template (Empty)

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Feel free to post your care livestream channel stories with the **[Care Stream Content]** post flair. See our first [care streamer](#) introduction post of 2024 [here](#).

**Boilerplate Post Template**

- ◦ **Story/Channel Mission:**
- **Request:**
- **Interests:**
- **Social Links:**

**Story**

**Request**

**Interests**

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- 
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Please contact if you make [interview content](#), [collaborative entertainment content](#), or [advocacy material](#).

## Content Guides

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**[Coming Soon]**

# Healthcare

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- [US Healthcare Resources](#)
- [Global Healthcare Resources](#)

# US Healthcare Resources

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- [State-based Disaster Recovery Resources](#)
- [UnitedHealthCare Medicare Parts & Coverage Explained](#)
- [Disability Rights Education & Defense Fund \(DREDF\)](#) - Offers legal assistance and advocacy services to individuals with disabilities facing discrimination or needing help accessing services
- [National Disability Rights Network \(NDRN\)](#) - NDRN is the nonprofit membership organization for the federally mandated Protection and Advocacy (P&A) Systems and Client Assistance Programs (CAP). Collectively, the P&A/CAP network is the largest provider of legally based advocacy services to people with disabilities in the United States.
- [Bing Co-Pilot \(iOS/Android\)](#)
- **Apple Users:**
  - **Mac:** [Arc Browser](#) - a web browser tailored for ease and efficiency, perfect for staying connected and organized online.
  - **iOS:** [Arc Search](#)

## 55-Years-Old and Above (For Now)

PACE programs provide comprehensive healthcare and social services to the elderly with chronic care needs, enabling them to maintain their independence and quality of life while living in their own communities.

- [National PACE Association Branch Locator](#)
- [Medicare PACE & LIFE Programs - State by State Locations](#)
- [National Council on Aging's Resources and Support for Older Adults Living Alone: A Comprehensive Guide](#)
- [National Institution of Health / National Institution of Aging Affording Long Term Care Guide](#)

## Veterans

- [VA Aid and Attendance benefits](#) - **\$1500-\$2700/month** for eligible veterans and their partners.

# Global Healthcare Resources

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- [Center for Medicare and Medicaid Services Global Guide to Digital Health and Telemedicine](#)

## LLM Search

These tools can assist with navigating the vast complexities of your situation to locate relevant resources and regulations.

- [Bing Co-Pilot](#) (iOS/Android)
- [Perplexity](#) (iOS/Android)
- [Arc Browser](#) (**Mac-Only** currently) [Arc Search for iOS](#) (iOS only)

## Mental Health & Crisis Support

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- [Crisis Text Line](#): Text **HOME** to [741741](#)
- [The Trevor Project](#) - The leading national organization providing crisis intervention and suicide prevention services to LGBTQ youth and young adults. They provide several free programs including a lifeline, 1-on-1 chat, forum, and more.
- [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#) Provides a National Helpline for individuals and families facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Free 24-hour information service ([1-800-662-4357](#))

# Fundraising, Support, and Monetization Opportunities

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- [GoFundMe](#) - Well established fundraising platform integrated with most social media. Easy to sign up, post, and update.
- [HelpHopeLiveApply](#) - a nonprofit national organization dedicated to raising money for medical bills and expenses through crowdfunding.
- [Ko-Fi](#) - Allows your supporters to "buy you" a digital coffee by supporting your advocacy.
- [Patreon](#) - Release exclusive content to subscribed community members. Offer multiple tiers of paid subscriptions.



# Tools

## iOS Tools | Android Tools

## Windows Tools | Mac (OSX) | Web Tools

Name	Platform	Description
<a href="#">Hawkeye Sidekick</a>	iOS	Accessibility
<a href="#">ScreenReader</a>	<a href="#">Windows</a> , <a href="#">Mac</a> , <a href="#">iOS</a> , <a href="#">Android</a>	Accessibility
<a href="#">Bing Co-Pilot</a>	iOS	AI Assistant
<a href="#">OBS</a>	<a href="#">Windows</a> , <a href="#">Mac</a> , <a href="#">Linux</a>	Broadcasting Software & Tools
<a href="#">Prism Live</a>	<a href="#">iOS</a> , <a href="#">Android</a>	Broadcasting Software & Tools
<a href="#">Streamer.Bot</a>	<a href="#">Windows</a>	Broadcasting Software & Tools
<a href="#">Tik Tok Studio</a>	<a href="#">Windows</a>	Broadcasting Software & Tools
<a href="#">Twitchat</a>	<a href="#">Windows</a> , <a href="#">Mac</a> , <a href="#">iOS/Android</a>	Broadcasting Software & Tools
<a href="#">Discord</a>	<a href="#">iOS</a> , <a href="#">Android</a> , <a href="#">Web</a>	Community and Networking
<a href="#">Facebook</a>	<a href="#">iOS</a> , <a href="#">Android</a>	Community and Networking
<a href="#">LinkedIn</a>	<a href="#">iOS</a> , <a href="#">Android</a>	Community and Networking
<a href="#">PatientsLikeMe</a>	<a href="#">iOS</a> , <a href="#">Android</a>	Community and Networking
<a href="#">Reddit</a>	<a href="#">iOS</a> , <a href="#">Android</a> , <a href="#">Web</a>	Community and Networking
<a href="#">Testimonial.to</a>	<a href="#">Site</a>	Community and Networking
<a href="#">Dropbox</a>	<a href="#">iOS</a> , <a href="#">Android</a>	File Storage & Cloud

### Accessibility

- [Hawkeye Sidekick](#)
- **ScreenReader:** ([Windows](#), [Mac](#), [iOS](#), [Android](#))
- 

### AI Assistant

- [Bing Co-Pilot](#)

### Broadcasting Software & Tools

- [OBS](#)([Windows](#), [Mac](#), [Linux](#))
- [Prism Live](#) ([iOS](#), [Android](#))
- [Streamer.Bot](#) ([Windows](#))
- [Tik Tok Studio](#) ([Windows](#))

- [Twitchat](#) (Windows, Mac, iOS/Android)
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## Community and Networking

- [Discord](#) (iOS, Android, Web)
- [Facebook](#) (iOS, Android)
- [LinkedIn](#) (iOS, Android)
- [PatientsLikeMe](#) (iOS, Android)
- [Reddit](#) (iOS, Android, Web)
- [Testimonial.to](#) (Site)

## File Storage & Cloud

- [Dropbox](#)(iOS, Android)

# iOS Tools & Apps

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## Accessibility

- [Hawkeye Sidekick](#) - [Hawkeye Sidekick](#) lets you control your Mac using head movements. Rotate your head to move the mouse and make facial expressions to click, drag, and scroll. Powered by your iPhone or iPad's TrueDepth camera.

## Assistant & Companion

- [Bing Co-Pilot](#)

## Community and Networking

- [Facebook Groups](#) - Search for local or general groups you identify with.
- [LinkedIn](#)(& [LinkedIn Groups](#))
- [PatientsLikeMe](#) - A social media app for sharing regular updates with people that share your condition. ([Patients Like Me Data-Use Policies](#))

## OCR - Text/Object recognition

- [Envision AI](#) - Envision is developed for and together with the visually impaired community. The app is simple, gets things done and brings the best assistive experience to blind and low vision users.
- [Seeing AI](#) - Seeing AI is a free app that narrates the world around you. Designed with and for the blind and low vision community, this ongoing research project harnesses the power of AI to open up the visual world by describing nearby people, text and objects.

## Network

- [AR WiFi&5G](#) - Visualize wireless signal strength with augmented reality.

# Android Apps and Tools

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## Broadcasting

- [Prism Live](#) - Reliable app for screen and/or camera recording livestreams on Twitch. Manual privacy [overlay](#) capability.

## Community & Networking

- [PatientsLikeMe](#) - A social media app for sharing regular updates with people that share your condition.

## Wireless Network

- [AR WiFi&5G](#) - Visualize wireless signal strength with augmented reality.

# Windows Tools

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- [Ninite](#) - Great for installing multiple programs at once on a new computer.
- [File-Converter](#) - Quickly converts most file-types locally.

## Broadcasting Software & Tools

- [OBS](#)
- [Streamer.Bot](#)
- [Twitchat \(Win\)](#)

## e-Book & File Management

- [Calibre](#) - eBook manager
- [Search Everything](#)

## File Storage & Cloud

- [Dropbox \\$10/m for 2TBn](#)

## Mac (OSX) Tools

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Mac tools which make documenting your care

### Broadcasting Software & Tools

- [OBS](#) - Open Broadcasting Software (for livestreaming)
- [Twitchat \(Win\)](#) - Chatbot/Stream-manager for privacy overlays, alerts.

### File Storage & Cloud

- [Dropbox \\$10/m for 2TB](#) - Affordable storage for your Twitch [VODs](#) online

### Software

- [ClipMenu](#) - Clipboard History Tool for OSX
- [MacApps](#) - Installs multiple apps at once. Great for setting up a new computer.

## Web-based Tools

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- [Opus.Pro](#) - Auto-clips & captions 90 minutes worth of videos for free.
- [Chrome Remote Desktop](#) - For remote computer support from trusted-friends and family.

## Browser Extensions

- [Clipboard History Pro](#) - increase your clipboard history to 250+
- [Honey: Automatic Coupons & Rewards](#)
- [uBlock Origin \(Adblock\)](#) - a wide-spectrum content blocker with CPU and memory efficiency as a primary feature
- [OneTab](#) - Consolidate all of your tabs onto one page for easy access and storage.
- [News Feed Eradicator](#) - Removes [Facebook](#) feed, replaces with an inspiring quote.
- [UnHook](#) - Disables YouTube default layout (just a Search bar, very customizable!)
- [Web of Trust \(WOT\): Website Security and Safety Checker](#)

## Community & Networking Tools

- [PatientsLikeMe](#)

## File Storage

- [Dropbox](#) - Affordable storage for your Twitch [VODs](#) online (\$10/m for 2TB)
- [Google Drive](#) - 15GB free cloud storage (\$1.99/m for 100GB - \$9.99/m for 2TB)

# Glossary

Term	Description
<a href="#">Affiliate</a>	A Twitch <a href="#">affiliate</a> is a streamer who has reached the first milestone needed to monetize their channel.
<a href="#">Care streamer</a>	A person that streams the care they receive at home, or in an assisted living or long-term-care facility.
<a href="#">Care streaming</a>	The act of livestreaming your day to day life receiving care for a disability, illness, aging, or in long-term-care facility environments.
<a href="#">Carestreaming states</a>	States which are authorized to use monitoring devices in long term care facilities and Healthcare environments
<a href="#">Collaborative Care Streams</a>	Content creators that designate a segment of their streams to play a game for or with a <a href="#">care streamer</a> to expand their capabilities.
<a href="#">Chat Bot</a>	Allows streamers to automate their live stream's chat with moderation and new features
<a href="#">Digital Bystander</a>	A social media user that experiences an event in which they negate responsibility due to the technical and psychological factors.
<a href="#">Digital Bystander Intervention</a>	Involves individuals witnessing an online harassment situation and taking action to prevent or stop it.
<a href="#">Digital Bystander Intervention Strategies</a>	Report abuse, offer support, redirect conversations, and promote positive behavior are the current DBIS techniques
<a href="#">Faulkner Fellowship Advocate</a>	An individual that recruits care streamers, or other advocates to set up and assist care streamers.
<a href="#">Host</a>	The act of a streamer redirecting their viewers to watch another user's live broadcast when they are not online.
<a href="#">IRL Pro</a>	An Android app equipped with privacy <a href="#">overlay</a> compatibility (DBIS measures).
<a href="#">IRL</a>	Abbreviation of "In Real Life"
<a href="#">Live Now</a>	A iOS livestreaming application equipped with privacy <a href="#">overlay</a> compatibility (DBIS measures).
<a href="#">Mod</a>	Short for "Moderator." Moderators can remove spam or trolling chat comments and block the users who posted them (Recommended that every channel has trusted Mods)
<a href="#">Non-carestreaming states</a>	States which do not authorize the use of monitoring devices
<a href="#">OBS</a>	Open Broadcaster Software is a computer software used to stream to a variety of streaming platforms such as Twitch



Term	Description
Overlay	A visual element which displays or covers a streamer and can be customized to the streamer's preferences
Partner	A <a href="#">partner</a> on Twitch is an <a href="#">Affiliate</a> streamer who has met the requirements for Twitch partnership.
Prime Sub	Users who are subscribed to the Amazon Prime service are given a free Twitch <a href="#">sub</a> every month so they can subscribe to their favorite streamer and no extra cost and other benefits through Amazon.
Raids	A feature that allows a streamer to redirect their viewers to another streamer's channel at the end of their broadcast.
Remote Patient Monitoring (RPM)	The use of technology to monitor a patient's health status outside of a clinical setting.
Sub	Streaming platforms such as Twitch lets the viewers subscribe to their favorite streamers by paying a monthly fee and getting additional benefits that might not be available to a non-paying viewer.
TOS	Stands for "terms of service" Twitch or other platforms <a href="#">TOS</a> regulates the types of content that can be streamed on the platform.
Twitch Bit/Bits	Along with donations users can purchase "Bits" which are virtual goods that can be used to "cheer" to a streamer
VODs	Video on Demand is a feature used by most streaming platforms that lets the streamer(s) record their stream(s) so people who weren't able to watch at the time can go back and watch the stream.
TTS	Text To Speech allows the streamer to have donation messages read out if the viewer donates a certain amount of money. This can obviously have good and bad scenarios such as vulgar/offensive messages being read out on stream.

## Extended

Term	Description
<a href="#">Hawkeye Sidekick</a>	An iOS application that facilitates the control of a Mac computer through the utilization of head movements.
<a href="#">ScreenReader</a>	Accessibility software designed to assist visually impaired users in operating computers by audibly conveying the contents of the screen.
<a href="#">Bing Co-Pilot</a>	A search engine and navigational tool that employs advanced artificial intelligence to guide users in their search queries and exploration.
<a href="#">Prism Live</a>	A dependable livestreaming application that enables simultaneous broadcasting across multiple platforms.
<a href="#">Streamer.Bot</a>	<a href="#">Chat bot</a> that empowers content creators to automate interactions and enhance their channels with customizable and interactive elements.
<a href="#">Tik Tok Studio</a>	Suite of editing tools, effects, analytics, and livestreaming capabilities.
<a href="#">Twitchat</a>	Twitch-compatible chatbot and stream manager that simplifies the setup of complex stream configurations.
<a href="#">Discord</a>	Conferencing social media application that allows users to engage in text, voice, and video chats on a one-on-one basis or within group calls and servers.
<a href="#">Facebook</a>	Social media application that excels in facilitating group interactions and sharing of personal content.
<a href="#">LinkedIn</a>	Professional social media application intended for networking with fellow corporate employees and academics.
<a href="#">PatientsLikeMe</a>	Social media application that connects patients experiencing similar medical conditions.
<a href="#">Reddit</a>	Community-driven social media application that encompasses a wide range of topics, including carestreaming.
<a href="#">Testimonial.to</a>	Platform that enables your community to share their experiences with you and how your content or influence has impacted them.
<a href="#">Dropbox</a>	An affordable and reliable cloud file storage service.

## Slang

Term	Explanation
5Head	Means “very smart.” Can be used both sincerely, to praise a streamer’s intelligence, and sarcastically, to mock a streamer’s stupidity.
Baited/Jebaited	Means to be deceived.
Boomer	Baby-boomer or senior-aged individual.
Dono	Short for donation.
Gyat	Another variation of ‘God D’ <i>or used alongside the word d</i> eg; ‘Gyat D*’.
Kappa	An emote on Twitch.Tv that can represent sarcasm, puns, jokes and is usually used at the end of an ironic or sarcastic sentence.
MonkaS	An emote on Twitch typically used in Twitch chat during moments of high tension in video game matches to express anxiety.
On God (ong/on G)	“I swear to God” or “As God as My Witness”.
POG/PogChamp/Poggers	An emote on Twitch.tv that’s usually used to symbolize hype or excitement.
Raid	A raid is when a streamer sends their viewers to another streamer’s channel. Streamers often conduct <a href="#">raids</a> at the end of their streams.
Rizz	Shortened word for Charisma eg; “‘your name’ has so much <a href="#">rizz</a> ”.
Sadge	Can mean sadness or disappointment, usually ironic.
Sigma	A successful self-reliant person, one step above an “alpha.”

## Affiliate

A Twitch [affiliate](#) is a streamer who has reached the first milestone needed to monetize their channel.

## Baited/Jebaited

Means to be deceived.

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A search engine and navigational tool that employs advanced artificial intelligence to guide users in their search queries and exploration.

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Short for donation.

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Social media application that excels in facilitating group interactions and sharing of personal content.

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Another variation of 'God D' *or used alongside the word d* eg; 'Gyat D\*'.  
*(Note: 'Gyat' is a variation of 'God D' used alongside the word d)*

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A platform that enables your community to share their experiences with you and how your content or influence has impacted them.

## Tik Tok Studio

Suite of editing tools, effects, analytics, and livestreaming capabilities.

## TLDR

An acronym for "Too Long, Didn't Read"

## TOS

Stands for "terms of service" Twitch or other platforms [TOS](#) regulates the types of content that can be streamed on the platform.

## Twitch Bit/Bits

Along with donations users can purchase "Bits" which are virtual goods that can be used to "cheer" to a streamer

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# Contact Us

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- [Email Us](#)

Follow us on [Social Media](#)

- TikTok
  - [@streamyourcare](#)
  - [@faulknerfellowship](#)
- [Medium](#)
- [Reddit](#)
- [YouTube \(Subscribe\)](#)
- [X\(fka Twitter\)](#)
- [Discord](#)

## Email Us

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You can reach us via email @ [ezpostmgmt@gmail.com](mailto:ezpostmgmt@gmail.com). We will have a few emails soon.

## Stream Your Care Social Media Pages

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Stream Your Care sources free tools and guides on how to safely livestream your care at home and in long term care facilities. Please follow us and join our community efforts on:

### TikTok:

**@streamyourcare:** <https://www.tiktok.com/@streamyourcare>

**@faulknerfellowship:** <https://www.tiktok.com/@faulknerfellowship>

**Medium:** <https://medium.com/@faulknerfellowship>

**Reddit:** <https://www.reddit.com/r/streamyourcare/>

**YouTube** ([Subscribe](#))

**X (fka Twitter):** <https://twitter.com/streamyourcare>

**Discord:** <https://discord.gg/ArpqCD3kcP>