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Introduction 1.1

## **StreamYourCare**

Care streaming is the act of livestreaming your day to day life receiving care for a disability, illness, aging, or in long-term-care facility environments.

| Foundations  |   |
|--|---|
| Introduction   | Introduction to the origins of StreamYourCare's mission                               |
| 2021 Mission Statement Blog Post from Roger Faulkner | How Profit Over People has been a problem   |
| Research re: Care Streaming                          | A collection of research highlighting the benefits and impact of digital interactions |

| Guides                                 |   |
|--|---|
| Windows Setup                          | Care stream setup guide for Windows                               |
| Mac Setup                              | Care stream setup guide for Mac                                   |
| Ethics Guide                           | Guidelines to facilitate ethical applications of these tools      |
| Care Streamer Anti-Exploitation Guide  | Guidelines to prevent exploitation via care streaming communities |
| Games for Care Streamers               | Simple and collaborative games perfect for care streamers         |
| Reddit Guide                           | How to use and who can use r/streamyourcare                       |
| Post Flair Guide                       | How to tag your posts on r/streamyourcare                         |
| Introduce Yourself on r/streamyourcare | Story introduction template for r/streamyourcare                  |

| Resources                         |   |
|-----------------------------------|---|
| Healthcare & Support              | (US) - (Global)                         |
| Mental Health & Crisis Prevention |   |
| Tools                             | iOS Android Windows Mac (OSX) Web Tools |
| Glossary                          |   |
| Contact                           | Email Us - Social Media                 |