
Phys 475

COSMOLOGY

University of Waterloo

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Disclaimer

These notes are intended to be a reference for my future self (TC Fraser). If you the reader find these notes useful in any capacity, please feel free to use these notes as you wish, free of charge. However, I do not guarantee their complete accuracy and mistakes are likely present. If you notice any errors please email me at **tcfraser@tcfraser.com**, or contribute directly at **<https://github.com/tcfraser/course-notes>**. If you are the professor of this course (Niayesh Afshrodi) and you've managed to stumble upon these notes and would like to make large changes or additions, email me please.

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1 Introduction

1.1 History of Cosmology

The first lecture consisted of everyone introducing themselves and then a brief summary of historical cosmology from Copernicus, to Kepler, Newton, and Einstein. The Copernican principle demonstrated that the earth is not special; Kepler's Laws revealed that the motion of the planets can be described by mathematical tools; Newton's laws unified physical properties observed on earth to those observed in the night sky. Finally, Einstein's equivalence principle further illuminated the equivalence between different observers. All of these observations and discoveries have progressed us to the understanding we have today. The *Cosmological Principle* is as follows,

*At large scales the universe is homogeneous and isotropic.
Equivalently, all observers see the same thing.*

However, there are two important caveats. First, the Cosmological Principle holds on very large scales (typically 6×10^{22} m). Second, the Cosmological Principle holds for space but *not* time. This latter caveat was not fully accepted until after Einstein. Einstein was under the motivation that the Universe was static and unchanging because of his unification of space and time (i.e. the homogeneity of space *should* imply the homogeneity of time). However there was an observation that disagrees with this idea. **Olbers' Paradox** concerns itself with the issue of the darkness of the night sky. If the universe is homogeneous and isotropic, then in every direction one can look in the night sky, there should be a star at some distance away. In dual statement: no point in the night sky should be dark; hence the paradox. The resolution to Olbers' paradox is that the universe must not be infinite.

More rigorously, let the solid angle of an object a distance r away with radius R be $\pi R^2/r^2$. Therefore the total solid angle for all stars should be,

$$\sum_i \frac{\pi R_i^2}{r_i^2} = n_* \int_0^{r_{\max}} 4\pi r^2 dr \frac{\pi R_*^2}{r^2} \propto r_{\max} R_*^2 \rightarrow \infty$$

In 1922, Hubble discovered the cosmic expansion of the universe which in turn implies the *Big Bang*; following the “linear” expansion *backward* in time, then at some point everything needs to be allocated at a singular point.

Remark: In general, there does not seem to be a clear distinction between cosmology and astrophysics. For clarity, we will consider cosmology to be the evolution of the universe as a *whole*. Of course there will be many exceptions to this focus, when we temporarily divert our attention to high energy particle physics, general relativity and other areas of physics.

1.2 Studying the Universe as a Whole

To study the paradigm of Cosmology, we will have to study the stuff that composes it. We can learn about the universe as a whole in many ways. For example, most of our observations are via the electromagnetic spectrum (γ /X-ray, UV, optical, IR, μ -waves, radio). Moreover we have the ability to probe the universe through neutrinos, cosmic rays and more recently (due to the work of the LIGO observatory), gravitational waves.

1.2.1 Optical

The building blocks of the visible/optical universe are:

- Stars

- Mass: $M \approx M_{\odot} \approx 2 \times 10^{30} \text{ kg}$
- Distance: $D \gtrsim \text{pc} \approx 3 \text{ yr} \approx 3 \times 10^{16} \text{ m} \approx 2 \times 10^5 \text{ AU}$
- Galaxies
 - Number of stars: $N \approx 1 \times 10^{11}$
 - Mass: $M \approx N \cdot M_{\odot}$
 - Radius: $R \approx 100 \text{ kpc}$
- Globular Clusters
 - Number of stars: $N \approx 1 \times 10^8$

Of course, the Milky Way (the galaxy we live in) is observable in the visible spectrum with the naked eye. The Milky Way is a relatively flat disk but appears to us as a thin band due to our location inside it. The approximate thickness of the Milky Way is 300 pc and our distance to the center is roughly 8.5 kpc . The central (roughly spherical) bulge in the center of the Milky Way is on the order of $1 \text{ kpc} - 2 \text{ kpc}$. The orbital velocity of the solar system in the Milky Way is $v \approx 220 \text{ km s}^{-1}$. The total orbital period is then,

$$t = \frac{2\pi r}{v} \approx 2 \times 10^8 \text{ yr}$$

While the age of the universe is $t_{\text{univ}} \approx 1.4 \times 10^{12} \text{ yr}$.

Moreover, there are other galaxies in the Universe other than the Milky Way; the most famous one being the Andromeda Galaxy (M31). The ‘M’ stands for Messier. In the 20th century, people started making measurements of the distance to the nearest galaxies (which at the time were unknown objects) and discovered they were much farther than previously thought $d \gtrsim 770 \text{ kpc}$.

Galaxies come in two distinct types: some are elliptical and some are disks (spirals). To characterize a given galaxy, it depends on the size of the central bulge. Disk galaxies (bluer, older) are very ordered and have collated orbits while elliptical galaxies (redder, younger) are almost entirely bulges.

A collection of galaxies can form larger structures themselves. The Andromeda and Milky Way galaxies themselves are members of a larger structure known as the **Local Group** bound together by gravity. Other members of the local group include the Large Magellanic Cloud and various small satellites to the Milky Way. A galaxy group typically has on the order of a few dozens of large objects.

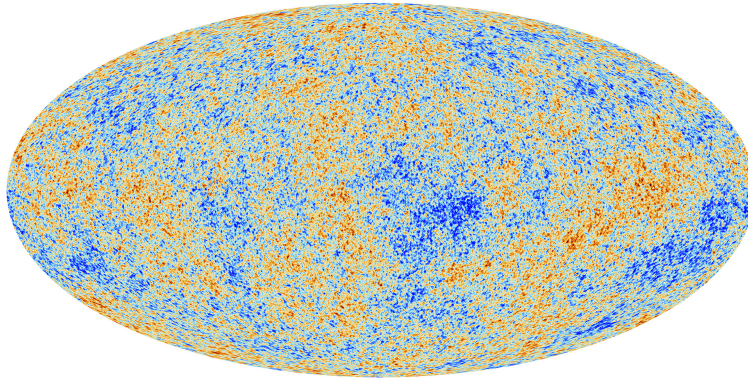
Continuing to larger and larger scales, galaxies can form clusters. Some examples include the Virgo cluster, or the Coma Cluster. A galaxy cluster typically has roughly thousands of members and has galaxy speeds $v_{\text{gal}} \approx 1000 \text{ km s}^{-1}$. Galaxy clusters are the largest known bound structures in the universe with a size on the order of 1 Mpc .

Even larger, there are super clusters or voids. These objects are large regions where there are very many galaxies or very few galaxies and are on the order of $d \approx 10 \text{ Mpc}$. At larger scales, the universe is homogeneous. The approximate deviation in density is on the order of $n_{\text{gal}} \approx (4 - 5) \times \langle n_{\text{gal}} \rangle$. There is an assortment of names for these objects including:

- Filaments
- Fingers of God
- Great wall
- Matchstick man

1.2.2 Other Wavelengths

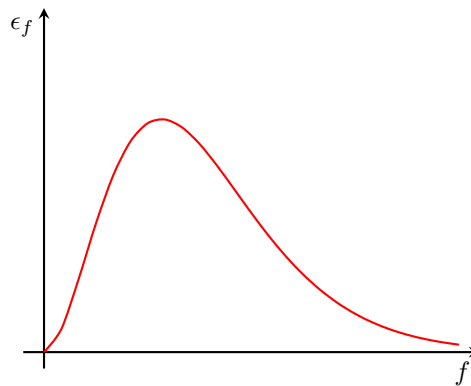
Looking at the Universe in other wavelengths (γ /X-ray, UV, IR, μ -waves, radio) allows one to view features that are not visible in the optical spectrum. To see the universe in shorter wavelengths like γ /X-ray, UV, we have had to build telescopes outside the earth's atmosphere. Although many things can be learned from making observations in each spectrum, the μ -waves spectrum is of particular importance to cosmology.



The **Cosmic Microwave Background (CMB)** was first discovered by Penzias & Wilson in 1965 by accident. If the universe is expanding, then at some point in the past hot media would have emitted radiation and cooled to much lower temperatures. The CMB is a isotropic source of radiation that is at a temperature,

$$T_{\text{CMB}} = 2.725(1) \text{ K}$$

Which was first measured in 1992 by COBE-FIRAS. Recall the blackbody spectrum,



Where ϵ_f is the energy of radiation per unit volume per frequency,

$$\frac{dE}{dVdf} = \epsilon_f = \frac{8\pi hf^3}{c^3 [e^{hf/kT} - 1]}$$

Which under appropriate normalization matches the CMB extremely well; making it our most accurate indication for big-bang cosmology. However, there are slight anisotropies in the CMB. The variation in temperature of the CMB is extremely small (discovered COBE-DMR 1992),

$$\frac{\delta T}{T} \approx 1 \times 10^{-5}$$

For these discoveries, John Marher and G. Smoot shared the Nobel prize in 2006. Since these observations the WMAP (2001) and Planck (2013) projects have obtained higher and higher resolution images of the CMB.

In addition to μ -waves, the infrared (IR) spectrum is also important for cosmology. Dust absorbs more and more light at higher and higher frequencies. As such, lower wavelengths are important to be able to see through cosmic dust. As a quick summary, here are some infrared surveys,

- 2MASS (2μ , near IR) stars
- IRAS (80's) ($> 20\mu$, far IR) dust
- Spitzer (new)

Moreover X-rays are much more energetic than optical light rays,

$$E_{\text{optical}} \approx \text{eV} \approx 1.6 \times 10^{-19} \text{ J} \quad E_X \approx \text{keV}$$

The typical temperature of an X-ray is $T_X \approx 1 \times 10^7 \text{ K}$ which is great for studying clusters of galaxies because most of a clusters mass is in plasma and $T_{\text{plasma}} \approx T_X$. Clusters are excellent cosmic labs because they are so dense. In fact, our first evidence for dark matter came from studying galaxy clusters via X-rays.

Radiowaves are also useful for cosmology because the transition of an electron in a neutral hydrogen atom from spin up to spin down emits weak energy emissions around 21 cm. The precision of radiowaves allows one to measure speeds of cosmic bodies by examining shifts in the 21 cm spectrum. The CHIME project is an up-and-coming radiowave telescope.

1.2.3 Matter in The Universe

Most of the matter in the universe is made up of particles (with the potential notable exception of dark matter). In truth, the modern perspective on matter is an emergent phenomena of quantum *fields*. From Einstein, we have that,

$$E^2 = p^2 c^2 + m^2 c^4$$

Where E is the energy of the particle, p is the momentum and m is the rest mass. If $p \ll mc$ we can take the non-relativistic limit $v = \frac{p}{m} \ll c$,

$$E = \sqrt{p^2 c^2 + m^2 c^4} = mc^2 + \frac{1}{2} \frac{p^2}{m} + \mathcal{O}\left(mc^2 \frac{p^4}{m^4 c^4}\right)$$

Clearly $\frac{1}{2} \frac{p^2}{m}$ refers to the standard classical kinetic energy. Higher order corrections to these formulas typically are on the order of $\mathcal{O}(c^{-2})$. On the other hand, for relativistic particles we have that $E \approx pc$ when $v \approx c$. To retain generality, we define the velocity of a particle to be,

$$\vec{v} = \frac{\vec{p}c^2}{E}$$

Here is a breakdown of the contents of the universe:

Cosmic Content:

- %4 – baryons/leptons (protons $m_p c^2 \approx \text{GeV}$ and electrons $m_e c^2 \approx 0.5 \text{ MeV}$)
- %0.004 – radiation (photons $m_\gamma c^2 = 0$ and neutrinos $m_\nu c^2 \approx 0.1 \text{ eV}$)
- %25 – dark matter (clumpy)
- %70 – dark energy (smooth)

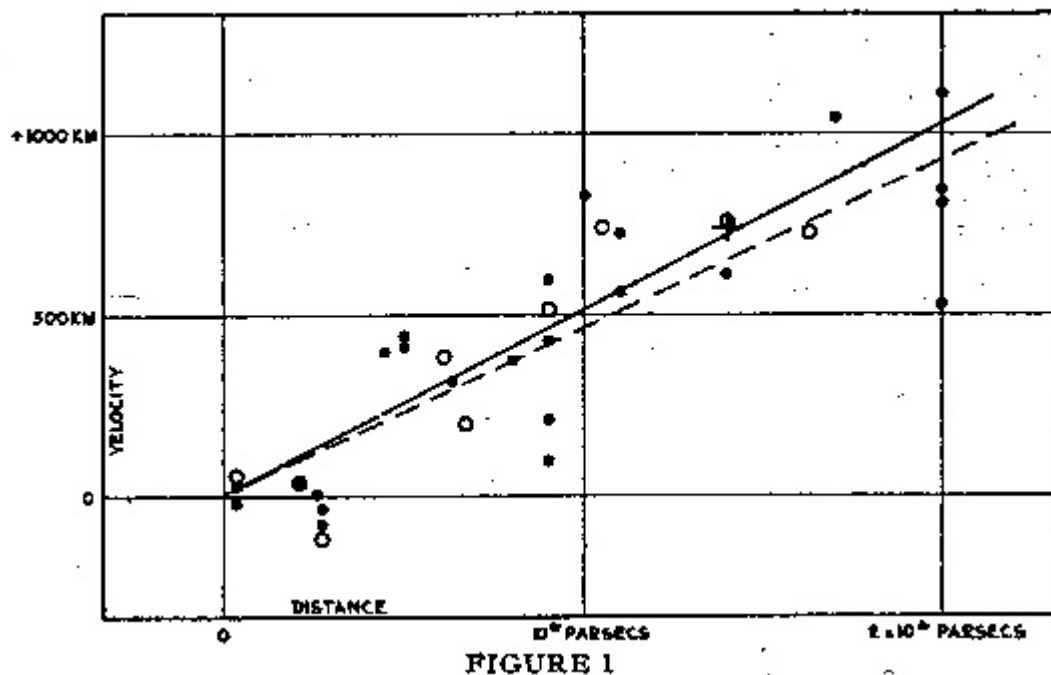
The main interactions in the universe are due to photons scattering off of free electrons (**Thomas Scattering**) and also weakly interacting neutrinos. We have relative densities,

$$\rho_\gamma \approx \rho_\nu \approx 10^{-3} \rho_b$$

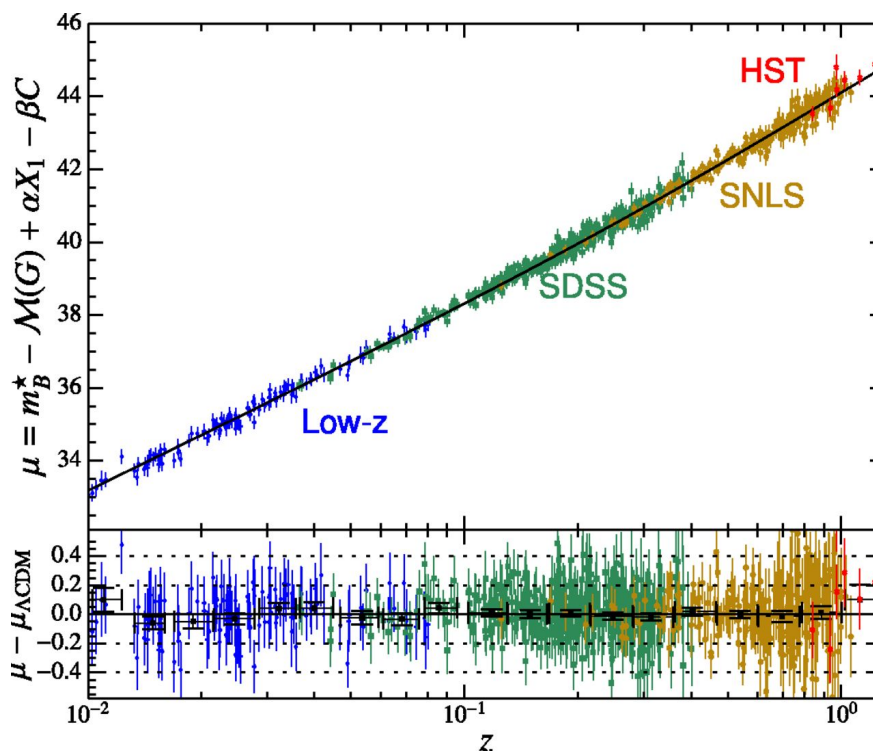
$$n_\gamma \approx n_\nu \approx 10^9 n_b$$

1.3 Hubble Law

The Hubble law (discovered by Hubble) shows that nebulae at further and further distances are moving *away* from us faster and faster. Hubble measured distances (using variable stars) and velocities of spiral nebulae using their Doppler shift (galaxies) using and obtained the following result:



More recent measurements are depicted below:



$$v_r = Hr$$

Where r is the distance to the object, v_r is the radial velocity of that object and H is a constant known as **Hubble's Constant**. Hubble's constant has numerical value,

$$H = 100 \cdot h \text{ km s}^{-1} \text{ Mpc}^{-1}$$

Where h is a dimensionless number measured to an accuracy $h = 0.68(2)$. To measure velocities, Hubble used the Doppler shift,

$$1 + z = \frac{\lambda_{\text{obs}}}{\lambda_{\text{emit}}} = \frac{1 + \frac{v}{c}}{1 - \frac{v}{c}}$$

Where z is called the **Redshift** and v is the radial velocity of the object.¹ As a first order approximation in small v ,

$$1 + z = 1 + \frac{v}{c} + \mathcal{O}\left[\left(\frac{v}{c}\right)^2\right]$$

In the other limiting case, as $v \rightarrow c$, we have that $\lambda_{\text{obs}}/\lambda_{\text{emit}} \rightarrow \infty$ which makes $z \rightarrow \infty$.

To characterize deviations from Hubble's law, we define the peculiar velocity to be,

$$\vec{v}_p = \vec{v} - H\vec{r}$$

Where it is typical to have $\langle v_p^2 \rangle^{1/2} \approx 400 \text{ km s}^{-1}$. Hubble's law was one of the first indications for the Big-Bang. In fact the time since the big bang is approximately,

$$t_{\text{big bang}} = \frac{1}{H} \approx 14 \text{ Gyr}$$

Hubble's law gives us a picture of the kinematics of the universe.

2 Newtonian Cosmology

Now that we have a rough idea of the contents and kinematics of our universe, we shall start to study the dynamics of the universe. In doing so, we will approach an obstacle; as we look at farther and farther objects, Hubble's law dictates that these objects are moving faster and faster. At some point these objects are moving *faster* than the speed of light. As such, in order to do justice to Cosmology, one should study it through the lens of general relativity.

Despite this, we can take a shortcut ($\Phi_N = -GM/r$).

$$|\Phi_N|, v^2 \ll c^2 \quad \text{vs.} \quad |\Phi_N|, v^2 \approx c^2$$

To study local properties of the universe, it is sufficient to use Newtonian physics. Of course, global properties require a relativistic treatment. As such we will first focus on Newtonian Cosmology.

Consider two spherical² masses M and m and the force between them,

$$F = \frac{GMm}{r^2} \tag{2.1}$$

As well as the potential energy,

$$V = m\Phi_N = -\frac{GMm}{r}$$

Another thing of note is that masses are always positive $m \geq 0$. To contrast Newton, the most important equation in Cosmology is the **Friedmann equation**. If the universe is homogeneous we can pick a generic

¹In fact, in a homogeneous universe, the only motion is radial.

²Objects that are not spherical exhibit deviations from eq. (2.1) known as **tidal forces**.

point to be the origin for the universe and define a ball of radius r (growing at rate \dot{r}) around this point enclosing a mass $M = \frac{4}{3}\pi r^3 \rho$. By conservation of energy,

$$\begin{aligned} U &= T + V = \text{const.} \\ &= \frac{1}{2}m\dot{r}^2 - \frac{GMm}{r} \\ &= \frac{1}{2}m\dot{r}^2 - \frac{4}{3}\pi\rho Gmr^2 \end{aligned} \quad (2.2)$$

Next define a **co-moving** coordinate \vec{x} such that $\vec{r}(\vec{x}, t) = a(t)\vec{x}$. For each particle at \vec{x} , as the universe expands, \vec{x} follows the location of the particle. The physical coordinate of the particle is \vec{r} and the relevant dimensionless scale factor is $a(t)$. These concepts hold for all “origins” provided that the universe is homogeneous and isotropic. Substituting the co-moving coordinate into eq. (2.2) yields the Friedmann equation,

$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi G}{3}\rho_b - \frac{kc^2}{a^2} \quad (2.3)$$

Where k is defined such that,

$$kc^2 = -\frac{2U(x)}{mx^2}$$

In order for the universe to remain homogeneous, it must be that k does not depend on x . Therefore k is a constant in a homogeneous universe. By dimensional analysis on eq. (2.3) it can be seen that k has dimensions length^{-2} . In general relativity k becomes the curvature of the space. Intuitively, a homogeneous universe has the same curvature everywhere.

One misconception associated with the expansion of the universe is that *everything* in the universe is expanding. However, object that are close enough can be bound together by interactions in various fields. As such, the expansion of the universe has little to no observable affect on local objects like planets or people or galaxies.

2.1 Solving the Friedmann Equation

Solving the Friedmann equation corresponds to solving eq. (2.3) together with the **fluid equation**. The fluid equation comes from the first law of thermodynamics ($dE + pdV = TdS = 0$), which translates to,

$$E = \pi a^3 x^3 \rho c^2 \quad V = \frac{4}{3}\pi a^3 x^3$$

Which gives the continuity equation,

$$\dot{\rho} - \frac{3\dot{a}}{a}\left(\rho + \frac{P}{c^2}\right) = 0 \quad (2.4)$$

Where the pressure $P(\rho)$ is determined by the equation of state. Combining eq. (2.4) and eq. (2.3) gives,

$$\frac{\ddot{a}}{a} = -\frac{4\pi G}{3}\left(\rho + \frac{3P}{c^2}\right)$$

Which is a relativistic manifestation of Newton’s law. The difference being the term term involving pressure P .

3 Geometry

Geometry	k
Hyperbolic	-1
Flat	0
Geometry	+1

Todo (TC Fraser): Clean up this lecture

$$\ell = \begin{cases} \phi R \sin\left(\frac{r}{R}\right) & k = +1 \\ \phi r & k = 0 \\ \phi R \sinh\left(\frac{r}{R}\right) & k = -1 \end{cases}$$

Introduce the spacial components of the **Friedmann Robertson Walker (FRW) metric**,

$$ds^2 = a^2(t) \left(\frac{dr^2}{1 - kr^2} + r^2 (d\theta^2 + \sin^2 \theta d\phi^2) \right) \quad (3.1)$$

There is a choice in dimensionality among the terms involved. Typically, $a(t)$ is taken to be a dimensionless quantity such that r and k have units. In doing so, we can make the scaling choice of,

$$a(t_{\text{now}}) = a(t_0) = a_0 \equiv 1$$

Where t_0 is used to denote the present time. Therefore r has units of length and k necessarily has units of length^{-2} . Considering the different possibilities for k ($\{k < 0, k = 0, k > 0\}$), observational data has not been able to distinguish the curvature k of our universe. Experiments suggest it is close to zero.

Recall that for an isotropic expansion, we need $a(t)$ on the “outside” of eq. (3.1) and so r, θ, ϕ (or x, y, z in flat space) are comoving coordinates. We will also see that galaxies have r, θ, ϕ approximately fixed (in a homogeneous universe).

What is the velocity of a galaxy? Obviously velocity is the derivative of a distance. However there are many different distances to consider in cosmology. One option is to define the distance between two objects at a fixed time called **proper time**. To calculate proper time take ds^2 at fixed time t and integrating over dr and setting $r = 0$ to be the reference galaxy. Integrating along a radial line $d\phi = d\theta = 0$. Thus,

$$d_{\text{prop}} = a(t) \underbrace{\int_0^r \frac{dr'}{\sqrt{1 - kr'^2}}}_{\chi}$$

Note that for a galaxy, if r is constant then χ is constant as well. The **proper velocity** in this case is of course,

$$\dot{d}_{\text{prop}} = \dot{a}\chi = \dot{a} \frac{d_{\text{prop}}}{a} = \left(\frac{\dot{a}}{a} \right) d_{\text{prop}}$$

Which is identical to Hubble’s law,

$$\{\dot{r} = H_0 r\} \sim \left\{ \dot{d}_{\text{prop}} = \left(\frac{\dot{a}}{a} \right) d_{\text{prop}} \right\}$$

Therefore it could be that Hubble’s constant is a function of time,

$$H(t) = \frac{\dot{a}}{a} \quad (3.2)$$

3.1 Summary of General Relativity

Without delving into the rigor and formalism of General Relativity, we summarize some of the ideas behind the foundations of GR.

The **equivalence principle** is best introduced via an analogy to electrostatics. In electrostatics, the force between two charges Q, q is,

$$F = \frac{1}{4\pi\epsilon_0} \frac{Qq}{r^2}$$

Therefore the acceleration on the smaller charge q with mass m is,

$$a = \frac{Qq}{4\pi\epsilon_0 mr^2} = \frac{Q}{4\pi\epsilon_0 r^2} \left(\frac{q}{m} \right)$$

Quite characteristically, the acceleration depends on the ratio q/m . Therefore an electron and proton will have a very different acceleration when nearby the same charge Q . In contrast, gravity behaves *differently*. In gravity,

$$F = \frac{GMm}{r^2} = ma$$

Therefore,

$$a = \frac{GM}{r^2} \left(\frac{m}{m} \right) = \frac{GM}{r^2}$$

Therefore any object (regardless of its mass) has the same acceleration; hinting at the fact that gravity is *special*. The equivalence of m_{grav} and m_{inert} then suggests the famous elevator thought experiment. Because of the mass equivalence, no experiment can distinguish the difference between an experiment on earth (in a uniform gravitational field) and a uniform acceleration (like in a rocket). Therefore, if the light from a laser in a rocket appears to bend downward in a rocket (due to the acceleration) it must also be the case that light bends downward toward earth! The resolution between this thought experiment and Fermat's optical principle is that space itself is bending in a gravitational field. The light in a gravitational field follows "straight" **geodesics**. Freely-falling objects (particles, photons) follow geodesics in space-time.

There is an important caveat to the equivalence principle. If the rocketships (elevators) has size comparable to the size of the earth, then the body will experience forces in different directions across its extent in a gravitational field but *not* when uniformly accelerating. These forces are known as **tidal forces**. So in Gr space time must behave like special relativity on small scales. In SR the spacetime line element is written as,

$$ds^2 = -c^2 dt^2 + dx^2 + dy^2 + dz^2$$

Photons taking at speed c has the defining property that,

$$ds_\gamma^2 = 0 \tag{3.3}$$

Which can be stated as: *photons travel on null geodesics*. Therefore the **full FRW metric** must be,

$$ds^2 = -c^2 dt^2 + a^2(t) \left(\frac{dr^2}{1 - kr^2} \right) + r^2 (d\theta^2 + \sin^2 \theta d\phi^2) \tag{3.4}$$

To solve for the equations of motion or geodesics of photons, one simply needs to solve eq. (3.4) under the constraint that eq. (3.3). In summary the following comparison holds,

Special Relativity	General Relativity
Special observers are inertial	Freely falling
Light follows null geodesics	same
Particles move in straight lines	Particles follow geodesics
Empty universe / No curvature	Not empty universe / Curvature

Note that the "flat" universe ($k = 0$) is spatially flat, but curved in space-time.

In summary, general relativity is composed of a Lorentzian space-time,

$$\Delta s^2 = -(c\Delta t)^2 + \Delta x^2 + \Delta y^2 + \Delta z^2$$

And the notion that gravity is consequence of the curvature of space-time. The particulars of how matter and curvature are harmonious is embodied in Einstein's Equations. As a high level summary, Einstein's equations dictate the following relationship.

$$\text{curvature} = \left(\frac{8\pi G}{c^2} \right) \cdot \text{energy-momentum-pressure density}$$

3.2 Einstein's Equations and Cosmology

In cosmology (and under the cosmological principle), there is a unique solution to Einstein's equations. It is the FRW metric previously derived above in eq. (3.4)

$$\Delta s^2 = -c^2 \Delta t^2 + a^2(t) \left(\frac{\Delta r^2}{1 - kr^2} \right) + r^2 (\Delta \theta^2 + \sin^2 \theta \Delta \phi^2)$$

Where k determines the geometry of the spacial parts of the universe,

k	Geometry	Boundary
-1	Hyperbolic	Open
0	Flat	Open
+1	Geometry	Closed

As far as we can tell, $k \approx 0$. Another possibility is that the universe has a non-trivial topology; albeit no observable evidence suggests this.

The Einstein equation relates functions of the metric ($ds^2 = \dots$) to the energy content of the universe. Typically, the Einstein equations are 10 non-linear equations. When applied to a homogeneous universe (as is considered in cosmology), the Einstein equations reduce to 2 equations. One of which is the Friedmann equation,

$$\left(\frac{\dot{a}}{a} \right)^2 + \frac{kc^2}{a^2} = \frac{8\pi G}{3} \rho$$

Where kc^3/a^2 is related to the energy content but here it is related to the curvature as well (same k as in FRW metric).

3.3 Review

As a review we have the following set of cosmological equations. The Friedmann equation:

$$H^2 + \frac{k}{a^2} = \frac{8\pi G}{3} \rho \quad (3.5)$$

Where the Hubble parameter is,

$$H = \frac{\dot{a}}{a}$$

The Fluid equation:

$$\dot{\rho} + 3H(\rho + p) = 0 \quad (3.6)$$

Combining eqs. (3.5) and (3.6) we arrive at,

$$\frac{\ddot{a}}{a} = -\frac{4\pi G}{3} \left(\rho + \frac{3P}{c^2} \right)$$

4 Redshift & Expansion

So far we have looked at Doppler shift as a source for redshift. Of course redshift is also caused by an expanding universe. At small velocities we have,

$$\frac{\Delta \lambda}{\lambda} = \frac{v}{c} = \frac{H \Delta r}{c}$$

Where Δr is a physical local distance $\Delta r = c \Delta t$,

$$\frac{\Delta \lambda}{\lambda} = \frac{\dot{a} \Delta t}{a} = \frac{\Delta a}{a}$$

Integration gives us that,

$$\lambda \propto a$$

Intuitively, the length of waves in the universe scales with the size of the universe.

$$1 + z = \frac{\lambda_{\text{obs}}}{\lambda_{\text{emit}}} = \frac{a(t_{\text{obs}})}{a(t_{\text{emit}})}$$

Where t_{obs} is typically taken to be today. The quantity z is known as redshift. As an example, the farthest galaxy that we can see has a redshift of approximately $z \approx 7 - 8$. In contrast, the redshift of the cosmic microwave background is at $z \approx 1100$.

5 Equations of State

All “materials” in the universe have different equations of state $P(\rho)$. Matter or dust has effectively a pressure of zero ($P = 0$). This is because the actual pressure is much less than the characteristic pressure of ρc^2 , meaning we can omit it from the fluid equation,

$$\dot{\rho} = \frac{3\dot{a}}{a} \left(\rho + \frac{P}{c^2} \right) \approx \frac{3\dot{a}}{a} (\rho)$$

Therefore for dust and matter,

$$\frac{\dot{\rho}}{\rho} = 3 \frac{\dot{a}}{a} \implies \rho = \frac{\rho_a}{a^3}$$

Plugging this into the Friedmann equation gives us that,

$$\dot{a}^2 = \frac{8\pi G \rho_a}{3a} \implies a = \left(\frac{t}{t_0} \right)^{2/3}$$

By convention, we take t_0 to be today and $a(t_0) = 1$ when making observations. We have that $1 + z = \frac{1}{a}$. Therefore in a matter dominated universe, a scales as $t^{2/3}$. Therefore Hubble’s parameter scales as,

$$H = \frac{\dot{a}}{a} = \frac{2}{3t}$$

However for radiation, we have that $P = \frac{1}{3}\rho c^2$ (this holds for photons and neutrinos). A similar analysis yields the relationship,

$$\rho = \frac{\rho_a}{a^4}$$

Plugging into the Friedmann equation once again gives,

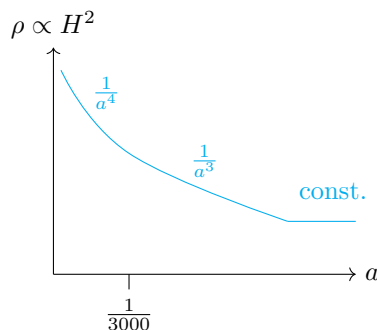
$$\dot{a}^2 = \frac{8\pi G \rho_a}{3a} \implies a = \left(\frac{t}{t_0} \right)^{1/2}$$

Which indicates that $H = 1/2t$.

Additionally, we can incorporate dark energy (cosmological constant fluid) to obtain,

$$P = -\rho c^2 \implies \rho = \rho_* \implies a = e^{Ht}$$

Our discovery of the acceleration of the expansion of the universe indicates that there is a dark energy contribution to the expansion of the universe. Depending on the composition of the universe, there are different behaviors for the expansion of the universe. Initially, (when a is smaller) radiation is dominating. Later matter will dominate and then finally dark energy.



The number density of particles scales as,

$$n = \frac{n_0}{a^3}$$

While the number density or energy density of photons is given by,

$$E_\gamma = \frac{hc}{\lambda} \propto \frac{1}{a}$$

Looking at the Friedmann equation we have that,

$$\underbrace{\frac{1}{2}\dot{a}^2}_{\text{K.E.}} - \underbrace{\frac{4\pi G}{3}\rho a^2}_{\text{P.E.}} = -\frac{k}{2} = E_{\text{tot}}$$

6 Making Measurements

It is very remarkable (and somewhat bizarre) that we can describe the large scale structure of the universe. This is a unique feature of cosmology.

The question remains, how exactly are we able to measure cosmological features. As an example, we measure Hubble's constant H_0 by using redshift z and distance r .

$$z = \frac{v}{c} = \frac{H_0 r}{c} \implies H_0 = \frac{zc}{r}$$

Measuring Hubble's constant is as old as cosmology itself. Nonetheless, there are a few subtleties associated with measuring H_0 . As it turns out, it is very easy to measure the redshift z by comparing the spectrum of distance bodies to those in the laboratory. Additionally, Hubble's law is not exact.

$$z = \frac{H_0 r}{c} \pm \delta z = \frac{H_0 r}{c} \pm \frac{v_{\text{pec}}}{c}$$

Where v_{pec} are peculiar velocities that dominate at small distances. Typical peculiar velocities are roughly $v_{\text{pec}} \approx 600 \text{ km s}^{-1}$. Measuring an accurate Hubble's constant H_0 requires making measurements on very large scales.

The harder part of measuring Hubble's constant is the measurement of distances r ; there is no perfect way of measuring distance. Typically, distances are measured using parallaxes of distance bodies. In the past Hipparcos was the main survey of parallaxes of distance bodies. More recently, the GAIA telescope was launched.

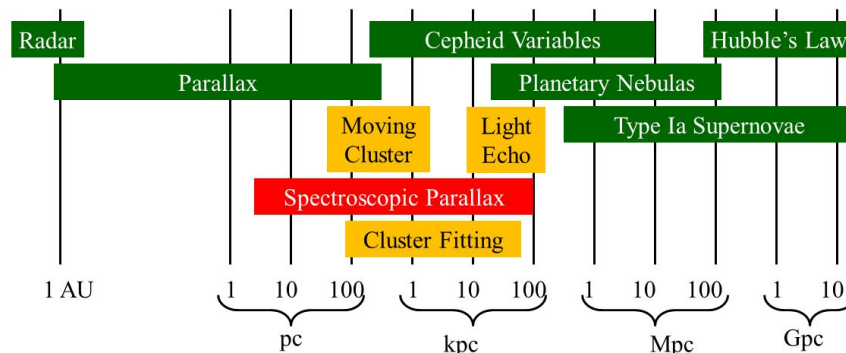
A better technique for measuring distances is to make use of **standard candles**.

$$F = \frac{L_s}{4\pi r^2}$$

Where the luminosity L_s can be determined based on some standard process or model and the flux F is easily measured with instruments near earth. The best standard candles that are used today are variable Cepheids

stars and type 1a supernovae. We say that these processes are standardizable. All of these methods of measuring distance form a cosmic distance ladder that can be used to perform calibrations and consistency checks.

The Cosmic Distance Ladder:



Our most precise measurements today are as follows.

Method	H_0	Source
Supernovae	73.24(174) km/s	Riess <i>et al.</i> 2016
CMB	66.93(62) km/s	Planck 2015

Evidently there is some tension associated with these measurements, namely that it is possible that supernovae are not as standardizable as most scientists assume. It is also possible that there is new physics that we do not understand yet.

As was mentioned previously, some works define h such that,

$$H = 100 \text{ km s}^{-1} \text{ Mpc}^{-1} \cdot h$$

Again recalling the Friedmann equation (eq. (2.3)),

$$H^2 = \frac{8\pi G}{3} \rho - \frac{k}{a^2}$$

We can define the **critical density** $\rho_c(t)$ to be,

$$\rho_c(t) = \frac{3H^2(t)}{8\pi G}$$

To be the density if $\rho = \rho_c$. Cosmologists define **density parameters**,

$$\Omega_i(t) = \frac{\rho_i(t)}{\rho_c(t)}$$

Where i can be any material in the universe (radiation, matter, dark energy). The density parameters sum to,

$$\Omega_{\text{tot}} = \sum_i \Omega_i = 1 + \frac{k}{a^2 H^2}$$

Which can be used to measure the value of k . If Ω_{tot} is 1, then it must be that $k = 0$. Today we obtain,

$$\rho_c(t_0) = 1.88 \times 10^{-26} \text{ kg/m}^3 \cdot h^2$$

$$= 2.78 \cdot h^{-1} \cdot \frac{1 \times 10^{11} M_{\odot}}{(h^{-1} \text{Mpc})^3}$$

Each of these density parameters is a function of time $\Omega_i = \Omega_i(t)$. We define for today,

$$\Omega_{i0} = \Omega_i(t_0)$$

Some authors defined Ω_k such that,

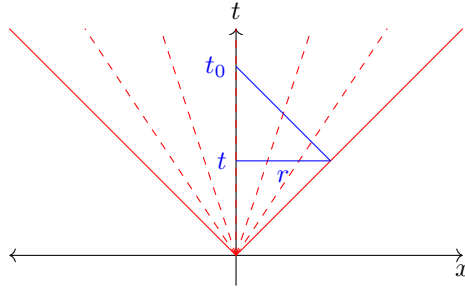
$$\Omega_k = \frac{-k}{a^2 H^2} \implies \Omega_{\text{tot}} + \Omega_k = 1$$

Where observations today indicate,

$$|\Omega_k| \lesssim 0.01 \quad (6.1)$$

7 Densities

Consider a flat spacetime that has expanded since the bigbang.



Due to the geometry of this universe (r is not a co-moving distance),

$$c(t_0 - t) = r \quad v = \frac{r}{t}$$

Therefore,

$$c\left(t_0 - \frac{r}{v}\right) = r$$

Which gives,

$$v = \frac{r}{t_0 - \frac{r}{c}} \implies \frac{c}{v} = \frac{ct_0}{r} - 1$$

Therefore the redshift can be computed,

$$1 + z = \sqrt{\frac{1 + \frac{v}{c}}{1 - \frac{v}{c}}} = \dots = \left(1 - \frac{2r}{ct_0}\right)^{-1/2} \approx 1 + \frac{r}{ct_0} + \frac{3}{8} \frac{4r^2}{c^2 t_0^2}$$

We define the **deceleration parameter** q ,

$$q = -\frac{\ddot{a}}{aH^2} = -\frac{\ddot{a}a}{\dot{a}^2} = \frac{\Omega_m}{2} + \Omega_r - \Omega_{\Lambda}$$

The deceleration parameter acts as a sub-leading correction to the expansion of the universe. When it was observed that experimentally $q < 0$, one have to conclude that $\Omega_{\Lambda} > \frac{\Omega_m}{2} + \Omega_r$. In fact in 1999 (Nobel Prize in 2011) dark energy was discovered with value,

$$\Omega_{\Lambda} \approx 0.7$$

Combining these observations with measurements from the CMB (namely eq. (6.1)), one obtains the density of matter in the universe,

$$\Omega_m \approx 0.3$$

With decomposition,

$$\Omega_{\text{DM}} + \Omega_{\text{Baryon}} = \Omega_m \quad \Omega_{\text{DM}} \approx 0.26 \quad \Omega_{\text{Baryon}} \approx 0.04$$

The main distinction between dark matter and dark energy is that dark matter is pressure-less but dark energy has an measurable negative pressure.

What the Heck is Λ ? Einstein's equations are as follows,

$$\Lambda g_{\mu\nu} + G_{\mu\nu} = \frac{8\pi G}{c^2} T_{\mu\nu} \quad (7.1)$$

Where $G_{\mu\nu}$ encodes the curvature, $g_{\mu\nu}$ is the metric and $T_{\mu\nu}$ is the energy-momentum tensor. Einstein first introduced the cosmological constant Λ in order to enforce a static universe. Nonetheless, today we appreciate it as the source of our dynamic universe. It is also possible to move $\Lambda g_{\mu\nu}$ to the RHS of eq. (7.1) and treat it as a form of matter,

$$\rho_\Lambda = +\frac{\Lambda}{8\pi G} \quad P_\Lambda = -\frac{\Lambda c^2}{8\pi G}$$

Where $P_\Lambda = -\rho_\Lambda c^2$ and $\Omega_\Lambda = \frac{\Lambda}{3H^2}$. It is convenient to think of Λ as contributions that are due to the vacuum of empty space. Observationally we measure,

$$\Omega_\Lambda \approx 0.7$$

Nonetheless in Quantum Mechanics, the predicted contributions due to vacuum fluctuations are,

$$\Omega_\Lambda \approx 1 \times 10^{60} - 1 \times 10^{120}$$

This is known as the **cosmological constant problem**. It is important to also understand that,

$$w_Q = -\frac{P_Q}{\rho_Q c^2} = \begin{cases} -1 & \text{for } \Lambda \\ -1.01(5) & \text{Planck 2015} \end{cases}$$

More accurate measurements of w_Q could possibly point to the origin of the cosmological constant problem. Other approaches to fixing the CCP would be to discovering a new theory for gravity.

7.1 Age of The Universe

One of the earliest indications of the presence of Λ was from measuring the age of the universe. From our current measurement of H_0 we have that,

$$t_H = \frac{1}{H_0} = 9.77 h^{-1} \text{Gyr} \approx 14 \text{Gyr}$$

However if $\Omega_m = 1$,

$$a \propto t^{2/3} \implies H_0 = \frac{2}{3t_0} \implies t_0 = \frac{2}{3} t_H \approx 9.3 \text{Gyr}$$

Which would not have been a problem until measurements on the ages of globular clusters indicated ages of roughly $t \approx 10 \text{Gyr} - 13 \text{Gyr}$.

8 Geodesics

So far we have talked about the Friedmann equations and how to solve them for various density contributions. This gives us $a(t)$. Alternatively one could measure distances to galaxies to determine how $a(t)$ changes with time. Unfortunately, the timescales for doing this accurately are very large.

Alternatively, we can make use of the FRW metric,

$$ds^2 = -c^2 dt^2 + a^2(t) \left[\frac{dr^2}{1 - kr^2} + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2 \right]$$

The distance between two points (say A, B) can be obtained by integrating ds ,

$$\mathcal{S} = \int_A^B ds$$

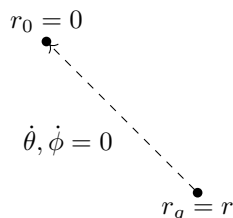
If \mathcal{S} is real, then the distance is space-like and the two locations can not communicate. Alternatively if \mathcal{S} is imaginary then we say that the two locations are time-like separated. Finally, a light ray has null distance.

\mathcal{S}	Separation	Communication
Real	Space-Like	Not Possible
Imaginary	Time-Like	Possible
0	Null	–

Geodesics can be found by extremizing \mathcal{S} (i.e. either maximizing or minimizing). In particular, time-like geodesics maximum the time contributions to distance while space-like geodesics minimize \mathcal{S} . We define the **proper time** of a geodesic to be τ such that,

$$-c^2 d\tau^2 = ds^2$$

In cosmology we are interested in the light that travels to us from distant galaxies. Let $r = r_g$ be the distance to a distant galaxy.



Since the light ray has no angular deviation, the FRW metric reduces to,

$$ds^2 = -c^2 dt^2 + \frac{a^2 dr^2}{1 - kr^2}$$

Solving this metric gives,

$$\frac{cdt}{a(t)} = -\frac{dr}{\sqrt{1 - kr^2}}$$

$$c \int_t^{t_0} \frac{dt'}{a(t')} = \int_0^r \frac{dr'}{\sqrt{1 - kr'^2}} = \begin{cases} r & k = 0 \\ \frac{1}{\sqrt{k}} \sin^{-1}(\sqrt{kr}) & k > 0 \\ \frac{1}{\sqrt{-k}} \sinh^{-1}(\sqrt{-kr}) & k < 0 \end{cases}$$

Solving the time integral is impossible without knowing the behaviour of $a(t)$. Recall that for $\Lambda = k = 0$ we have that,

$$a(t) = \left(\frac{t}{t_0} \right)^{2/3}$$

This gives us,

$$r = c \int_t^{t_0} \left(\frac{t'}{t_0} \right)^{-2/3} dt' = 3ct_0$$

It is important to note that r is not a physical distance. Instead it is just a co-moving coordinate. As such, it should be alarming that $r/t_0 = 3c > c$ seems to be faster than the speed of light.

Next consider a detector that aims to measure light coming from a distance galaxy. Let this detector subtend a solid angle of $d\Omega$. Then the distance to the galaxy can be measured using,

$$d_L^2 = \frac{L}{4\pi F}$$

Where L is the luminosity of the object ($[E]/[T]$) while F is the observed flux on the detector ($[E]/[T][\text{Area}]$). In flat space d_L corresponds to a regular distance. However in a curved spacetime, this is not generally the case. The flux observed can be directly computed from the number of photons emitted.

$$F = \frac{N_\gamma E_{0,\gamma}}{\Delta t_0 a_0^2 r^2 d\Omega}$$

Where as the number of photons emitted can be determined from the luminosity,

$$N_\gamma = \frac{L \Delta t d\Omega}{E_\gamma 4\pi}$$

Combining these results yields (and that $\Delta t_0/\Delta t = E_\gamma/E_{0,\gamma} = 1 + z$),

$$F = \left(\frac{E_{0,\gamma}}{E_\gamma} \right) \left(\frac{\Delta t}{\Delta t_0} \right) \frac{L}{4\pi (a_0 r)^2}$$

Therefore d_L in general is,

$$d_L = a_0 r (1 + z)$$

Relating this to the acceleration parameter,

$$a(t) = a_0 + \dot{a}(t - t_0) + \frac{1}{2} \ddot{a}(t - t_0)^2$$

$$q = -\frac{a\ddot{a}}{\dot{a}^2}$$

Therefore for $k = 0$,

$$r(z) = \int \frac{cdt}{a(t)}$$

We recover the Hubble law [Todo \(TC Fraser\): This might not be correct](#),

$$H_0 d_L = z + \left(\frac{1}{2} - q \right) z^2 + \mathcal{O}(z^3)$$

This can be used to measure Λ ,

$$q = \frac{\Omega_m}{2} - \Omega_\Lambda$$

Alternatively we can measure distances via angular size,

$$d_A = ar = \frac{r}{1 + z}$$

There are two ways of measuring distances in cosmology d_A, d_L . Fundamentally the luminosity distance and angular distance are related,

$$\frac{d_L}{1 + z} = r = d_A(1 + z)$$

It is important to note that d_A does not tend to infinity as z tends to infinity. We demonstrate this explicitly for a standard cosmology $k = 0$.

$$H^2 = \frac{8\pi G}{3}\rho = \frac{8\pi G}{3}\left(\frac{\rho_{m,0}}{a^3} + \rho_\Lambda\right)$$

$$H_0^2 = \frac{8\pi G}{3}\rho_{c,0}$$

Together gives,

$$\frac{H^2}{H_0^2} = \Omega_{0,m}(1+z^3) + \Omega_{0,\Lambda}$$

Therefore,

$$a(t)dr = cdt = c \frac{H_0}{dtH} = \frac{cdh_0a}{H} = -\frac{cdh(1+z)}{H_0\sqrt{\Omega_{0,m}(1+z)^3 + \Omega_{0,\Lambda}}}$$

Which implies,

$$r_{\max} = \frac{c}{H_0} \int_0^{z_{\max}} \frac{dz}{\sqrt{\Omega_{0,m}(1+z)^3 + \Omega_{0,\Lambda}}}$$

Which is an integral that can be solved numerically quite easily.

9 Dark Matter

We have talked about how cosmology behaves with different material components (matter, radiation, dark energy, curvature). For the last century, we have been trying to understand the behaviors of each of these components; dark energy being one of the latest problems to tackle.

The universe has turns out to be much simpler than we previously thought; namely that the universe is homogeneous and isotropic on large scales. On the contrary, the universe is far more complicated and exotic than we previously thought. The current matter density in the universe is given by the current critical density,

$$\rho_{c,0} = \frac{3H_0^2}{8\pi G} = h^2 \times 1.88 \times 10^{-26} \text{ kg/m}^3 \quad h \approx 0.7$$

One of the objectives of cosmologists is to compare this critical density to observed densities in the universe. The first method used to measure the typical mass content of the universe was to look at stars. The main source of energy in stars is nuclear fusion. In the early 1930's this property started to become well understand. Astronomers are able the color, luminosity and temperature in order to determine the mass of a star. The theory of stellar mass and evolution reveals a the mass to luminosity ratio of main sequence stars (to first order) is,

$$\frac{M}{L} \propto \frac{M_\odot}{L_\odot}$$

In order to measure mass, we measure the flux received from a large cluster or collection of stars. Over a solid angle in the sky $\delta\Omega$,

$$\text{Flux} = \left(\frac{M}{L}\right)^{-1} \int \frac{(\delta\Omega r^2 dr) \rho_*}{4\pi d_L^2}$$

Rearranging and rewriting ρ_* in terms of Ω_* (also let $z \ll 1$),

$$\text{Flux} = \left(\frac{M}{L}\right)^{-1} \int \frac{dr}{1+z} \Omega_* \rho_c$$

$$\text{Flux} = \left(\frac{M}{L}\right)^{-1} r_{\max} \Omega_* 3 \frac{3H_0^2}{8\pi G}$$

By observationally measuring the flux (and using $H_0, r_{\max}, M/L \propto M_\odot/L_\odot$), cosmologists calculate

$$\Omega_* = 0.005$$

So the question remains, what is the source of the rest of the mass associated with $\Omega_m \approx 0.23$?

9.1 Dark/Faint Baryons

One possibility is that the rest of the mass is made up of faint baryonic matter that we do not see like intergalactic plasma. This possibly is the leading theory for what is termed the **missing baryon problem**.

Another possibility is that the remaining mass is made up of brown dwarfs (massive objects that aren't quite large enough to be stars). Brown dwarfs are very faint, but are still slightly luminous. Of the nearby brown dwarfs that we can see, there is not sufficient evidence to suggest that the source of missing mass is brown dwarfs.

Another possible is related to Big Bang nucleosynthesis. Most of the elements in the universe are hydrogen and helium; unlike here on earth where there is an assortment of elements. There is a very nice way of explaining the abundance of lighter elements in the universe. The only way that stars get there energy is through nuclear fusion; turning hydrogen into helium. Big Bang nucleosynthesis suggests that the Big Bang is a source for much heavier elements. The Big Bang is so hot that it is feasible to produce heavier elements like Helium, Deuterium, and Lithium. In particular there is a seminal paper by Alpher, Bethe, and Gamow that demonstrates there would only be enough time to produce small amounts of H, He, D, Li.

Substance	Portion
H	75%
He	25%
D	10^{-5}
Li	10^{-7}

Comparing these densities with those measured today, we can get an estimate on the rough density of baryons in the universe,

$$0.021 \leq \Omega_b h^2 \leq 0.025$$

Therefore,

$$0.04 \leq \Omega_B \leq 0.05$$

This upper limit demonstrates that Ω_B could *not* be larger than 0.05 (otherwise there would a different production of heavier elements during the big bang). Therefore, baryons could never explain the discrepancy between Ω_* and Ω_m .

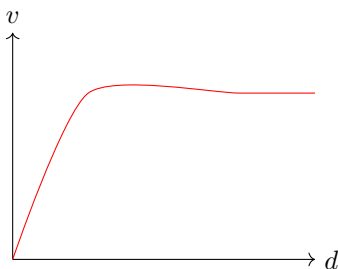
In summary, the usual suspects are not sufficient to explain the missing mass problem.

9.2 Dynamical Cosmology

In the 1930's Oort started looking at the dynamics (velocity) of stars in the solar neighborhood and Zwicky began observing the velocities of galaxies in the Virgo cluster of galaxies. By looking at the oscillations of stars about the bulk mass of a cluster of stars, one can measure the bulk mass of the cluster itself. Moreover, measuring the radial velocity (through deviations in the redshift) of galaxies in the Virgo cluster one can determine the velocities relative to the cluster.

$$v^2 = \frac{GM(< R)}{R}$$

In the 1960's and 1970's Rubin and others started looking at the rotation curves of spiral galaxies. What they found was the following profile for rotational velocities in galaxies,



The galaxies were rotating much faster than would be allowed by the stellar mass observed. For a time, his results were not taken too seriously. Oort's results suggested,

$$\frac{M}{L} \approx (3 - 4) \frac{M_{\odot}}{L_{\odot}}$$

Zwicky's results suggest that,

$$\frac{M}{L} \approx 400 \frac{M_{\odot}}{L_{\odot}}$$

While Rubin's results demonstrate that $M_{\text{tot}}/M_* > 3$.

All of these results are the foundations for believing in the existence of dark matter. Within spiral galaxies, the mass of dark matter to the mass of stars is typically comparable. Albeit at very large scales the measured proportion of dark matter is much much larger.

All of these results suggests a very peculiar property of dark matter: dark matter is dissipation-less. Dark matter does not cool and lose energy. Regular matter can cool down and form very dense objects while dark matter cannot. Our current understanding is that dark matter sits in **Halos** around galaxies. There is more and more dark matter the further one looks outside a galaxies.

9.3 Clusters of Galaxies

The intergalactic plasma between galaxies in a cluster is typically held at,

$$T \sim 1 \times 10^7 \text{ K} - 1 \times 10^8 \text{ K}$$

With density $\rho \sim 1 \times 10^3 \rho_c$. In the intergalactic plasma, the mass of baryons is $M_B = 5 - 10 M_*$. Therefore we can write,

$$\frac{\Omega_B}{\Omega_m} = \frac{M_B}{M_{\text{tot}}}$$

Which gives us a great way of measuring Ω_m . Modeling the intergalactic plasma as a gas in hydrostatic equilibrium we have that,

$$\frac{dP_{\text{gas}}}{dr} = \rho_{\text{gas}} \frac{GM(< r)}{r}$$

Which provides an avenue for measuring $M(< r) \approx M_{\text{tot}}$.³ The Chandra satellite has measured the relevant components of intergalactic plasma. These results yield the estimate of,

$$\Omega_M = 0.4$$

9.4 Structure Formation and CMB

In the early universe, it is believe that there are two components of the universe,

1. Dark Matter
2. Baryons & Photons

We clump baryons and photons together because they are constantly interacting in the early universe. Since dark matter is very cold, energy does not propagate through dark matter. This is distinct from baryons and photons because they are very hot permitting sound waves to travel. Using the CMB, we can get the most precise measurement of Ω_M/Ω_B .

$$\Omega_B = 0.049(1) \quad \Omega_M = 0.315(17)$$

³The pressure can be determined from X-ray emissions.

Adding the cosmological contributions $\Omega_\Lambda = 0.7$ predicts,

$$\Omega_{\text{tot}} = 1.00 \pm 0.01$$

Another possibility to explain dark matter is not to consider dark matter as actual matter at all. Although we will not discuss these in this course, but they typically involve modifications to Einstein's general theory of relativity (or in some cases Newton's gravity).

10 Cosmic Microwave Background (CMB)

The cosmic microwave background represents our best evidence of big bang cosmology to date. Today we understand Hubble's law as a consequence of the cosmological principle. In the past, cosmology hit a fork in interpretation. The homogeneity of space in the universe and Einstein's special relativity (placing space and time on equal footing) should suggest that time is also homogeneous. The desire to make cosmology and special relativity compatible naturally led to the idea of a **steady-state cosmology** (Bondi, Gold, & Hoyle) however the steady-state cosmology ran into problems of energy conservation. The competing theory at a similar time was **big bang cosmology** (Gamow & others). One of the predictions of big bang cosmologists was big bang nucleosynthesis which agrees with measurements on the current baryon densities of the universe. More convincingly, big bang cosmology predicted left-over radiation from the early universe and was discovered by Penzias & Wilson to be a perfect blackbody with temperature $T = 2.725(1)$ K. The radiation energy density is then,

$$\epsilon_\gamma = \alpha T_{\text{CMB}}^4 = 4.17 \times 10^{-19} \text{ J/m}^3$$

And thus,

$$\Omega_\gamma = \frac{\epsilon_\gamma}{\rho_c c^2} = 5.04 \times 10^{-5}$$

Recall that the density of fluids in the universe scale with a as,

$$\rho_\gamma \propto \frac{1}{a^4} \quad \rho_m \propto \frac{1}{a^3} \quad \rho_r \propto 1 \quad \rho_k \propto \frac{1}{a^2}$$

Which means that in the early universe when a was smallest, radiation was dominant. The redshift at which matter and radiation were on equal scales is current $z_{\text{eq}} \approx 3400$. For a black body,

$$\epsilon(f)df \propto \frac{f df}{e^{hf/kT} - 1}$$

But $f \propto a^{-1} = 1 + z$ and $T \propto a^{-1}$ and thus $\epsilon(f) \propto a^{-4}$. Therefore we know that the blackbody spectrum for radiation is *not* affected by cosmic redshift. This is a very special property of radiation which enables us to know that the CMB was a blackbody in the early universe because it is a blackbody today.

We can also look at the CMB using number densities of photons. The number density of photons is,

$$n_\gamma = \frac{\epsilon_\gamma}{3kT} \approx 3 \times 10^8 \text{ m}^{-3}$$

And the number density of baryons,

$$n_B = \frac{\Omega_B \rho_c}{m_B} \approx 0.26 \text{ m}^{-3}$$

Therefore there are nearly 2 billion more photons than baryons.

$$\frac{n_\gamma}{n_B} \approx 1.7 \times 10^9$$

To contrast, there are roughly 1×10^{31} particles of matter in a single cubic meter. Although there are many more photons, the majority of energy is in baryons.

10.1 Formation of the CMB

To figure out how the CMB formed we need to think a little bit about the hydrogen atom. Most of the material we see in the universe today is neutral and in the form of atoms or molecules. At high enough temperatures, this neutral atoms would have been ionized. From quantum mechanics, we know that if the temperature scale is larger than $kT > 13.6 \text{ eV}$ then the electron of the neutral atom will escape. From the previous section we know that the energy of photons in the universe behaves like,

$$E_\gamma = 3kT = \frac{7 \times 10^{-4} \text{ eV}}{a}$$

Which means that $E_\gamma = 13.6 \text{ eV}$ at a scale $a^{-1} = 1 + z = 2 \times 10^4$. The cross section of a photon is the Thomson cross-section $\sigma_T = 6.65 \times 10^{-29} \text{ m}^2$ which means the mean-free path for photons is,

$$\lambda_\gamma = \frac{1}{n_e \sigma_T}$$

From this, we can conclude that the Hubble distance scale for a photon $d_H = \frac{c}{H}$ scales as t while the mean free path scales as t^2 . We have that $\lambda_\gamma \ll d_H$ which means that at the photons scatter many times over the cosmic time scales which means that the universe would be opaque.

At low temperatures electrons and protons have low enough energies to form bound atoms. As it turns out, this does not occur at exactly the moment when $E_\gamma = 13.6 \text{ eV}$. Nonetheless when hydrogen atoms are formed at low enough temperatures, the approximate cross section for photons drops because only photons of very specific frequencies can be absorbed by electrons,

$$\sigma_R = \sigma_T \left(\frac{E}{10 \text{ eV}} \right)^4$$

Which is known as the Rayleigh cross section. When the temperature decreases below the characteristic energy 10 eV photons become approximately transparent and can travel freely. However, interactions between photons and matter are more complicated. Recombination refers to the time when $\frac{n_p}{n_H} = \frac{n_e}{n_H} < 0.1$ when all of the free particles combine to form atoms. There is also the decoupling process,

$$dt = \frac{H dt}{H} = \frac{da}{H} = \frac{da}{(1+z)H(z)}$$

$$1 = \int_0^z n_e(z) \sigma_T(z) c dt = \int_0^z n_\gamma(z) \sigma_T(z) c \frac{da}{(1+z)H(z)}$$

This is the time in which the scattering of photons off electrons roughly ceases.

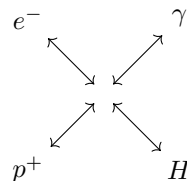
$$\frac{n_\gamma}{n_b} e^{-\frac{13.6 \text{ eV}}{kT}} \sim 1 \implies kT = \frac{13.6 \text{ eV}}{\rho_m \underbrace{(n_\gamma/n_B)}_{1 \times 10^9}} \sim 0.65 \text{ eV} = k \cdot 7400 \text{ K}$$

This is very approximate, order of magnitude guess at this temperature. More accurately we can compute,

$$T_{\text{rec}} \simeq 3600 \text{ K} \quad T_{\text{dec}} \simeq 3000 \text{ K}$$

$$z_{\text{dec}} \approx 1100 \text{ K} \quad r_{\text{dec}} \approx 14 \text{ Gpc} \quad t_{\text{dec}} \approx 3.5 \times 10^5 \text{ yr}$$

These better estimates come from the **Saha Equation**. In thermal equilibrium, the following process is in complete equilibrium,



$$\begin{aligned}
N_e &= N_p \\
\frac{N_e + N_p}{2} + N_H &= \text{const.} \\
\mu_e + \mu_p &= \mu_H = 13.6 \text{ eV} \\
X &\equiv \frac{n_e}{n_B} = \frac{n_p}{n_B} \\
(1 - X)n_B &= n_H
\end{aligned}$$

Therefore,

$$\frac{1 - X}{X^2} = 3.8 \frac{n_B}{n_\gamma} \left(\frac{kT}{m_B c^2} \right)^{3/2} e^{\frac{13.6 \text{ eV}}{kT}}$$

Setting $X = 0.1$ and solving this equation numerical gives $T \simeq 3600 \text{ K}$.

Todo (TC Fraser): Missed a lecture: [structure formation of cmb, anisotropies from cosmology](#), [download data](#)

11 Early Universe

It is a cosmological triumph that we can describe the entire universe using 6 free parameters. Early universe cosmological is relatively simple; it is governed by linear equations and is absent of complex structures. This is in contrast to other areas of study like weather or evolutionary biology where the equations are non-linear and messy. The CMB dominates the radiation density of the Universe,

$$\begin{aligned}
T_{\text{CMB}} &= 2.725 \text{ K} \\
\Omega_{\text{rad}} &= 5.0 \times 10^{-5}
\end{aligned}$$

In addition to photon contributions, the entire universe was also occupied by neutrinos. Neutrinos we first discovered in the 1930's because neutrinos are only weakly interact with matter.

11.1 Neutrinos

On small scales, gravity is the weakest force interacting with matter. However, on larger scales, gravity dominates. The strong nuclear force is the strongest force by far on the scale of nuclei. The weak force is the second weakest force, next to gravity. Neutrinos interact through gravity and the weak force. The Higgs boson also interacts through the weak force. As an example, an isolated neutron is unstable and decays via the following process,

$$n \rightarrow p^+ + e^- + \bar{\nu}$$

Where p^+ is a proton, e^- is an electron and $\bar{\nu}$ is a neutrino. This process has an approximate half-life of $t_{1/2} \sim 10 \text{ min}$. It is important to note that no other process (outside weak interactions) converts neutrinos to protons. In 1998 we discovered ν 's have mass. Art McDonald won the Nobel Prize in 2015 for this discovery. The interaction cross-section of neutrinos as a function of energy is $\sigma(E) \propto E^2$ which means that neutrinos become less reactive at low temperatures. In the early universe, photons and neutrinos are thought to be in thermal equilibrium. This assumption fixes the temperature of neutrinos.

$$T_\nu = \left(\frac{4}{11} \right)^{1/3} T_{\text{rad}} = 1.95 \text{ K}$$

Where the energy density is,

$$\Omega_\nu = 3 \times \frac{7}{8} \times \left(\frac{4}{11} \right)^{4/3} \Omega_{\text{rad}} = 0.68 \cdot \Omega_{\text{rad}}$$

Where the “3×” is due to the the fact that neutrinos have three generations or varieties. The “7/8” is due to the fact that neutrinos are fermions. This tells us that 41% of the energy is due to neutrinos while photons are responsible for the remaining 59%.

Boson statistics differ from fermion statistics (Bose-Einstein vs. Fermi-Dirac),

$$\epsilon_\gamma(f) \propto \frac{f^3 df}{e^{hf/kT} - 1} \quad \epsilon_\nu(f) \propto \frac{f^3 df}{e^{hf/kT} + 1}$$

Roughly speaking the number density of neutrinos is,

$$n_\nu = \frac{1}{e^{hf/kT} + 1}$$

Which is always greater than 1. This is a manifestation of the Pauli-Exclusion principle.

Heretofore, we have been treating neutrinos as essentially massless. In reality we have lower bounds on the masses of neutrinos,

$$m_\nu^1 > 0.05 \text{ eV} \quad m_\nu^2 > 0.02 \text{ eV} \quad m_\nu^3 > 0$$

The reason why we only have lower bounds is because neutrino oscillation experiments can detect the difference in the squares of the masses of neutrinos $(m^i)^2 - (m^j)^2 \neq 0$. From this knowledge we suspect that at least 2 ν 's are non-relativistic now. We ignore the neutrino mass, we calculate that,

$$\frac{\Omega_r(a)}{\Omega_m(a)} = \frac{\Omega_\gamma + \Omega_\nu}{\Omega_m} \times \frac{1}{a} \implies 1 + z_{\text{eq}} = \frac{1}{a_{\text{eq}}} = 3400$$

This means that $T_{\text{eq}} = \frac{2.725 \text{ K}}{a_{\text{eq}}} = 9700 \text{ K}$. Of course the only time we need to consider neutrino masses is for late times $z \lesssim 100$. In this case we need to add,

$$\Omega_{\nu,0} = \frac{\sum_i m_\nu^i}{46 \text{ eV}} + 0.68 \cdot \Omega_r$$

In order to calculate the time at equality we need to make use of the Friedmann equation,

$$H^2 = \frac{8\pi G}{3}(\rho_m + \rho_r + \rho_\Lambda)$$

Doing so is left as an exercise. The time at equality is,

$$t_{\text{eq}} = 5.8 \times 10^4 \text{ yr}$$

Compare this to the time of decoupling which occurs slightly after,

$$t_{\text{de}} = 3.5 \times 10^5 \text{ yr}$$

11.2 Before the CMB

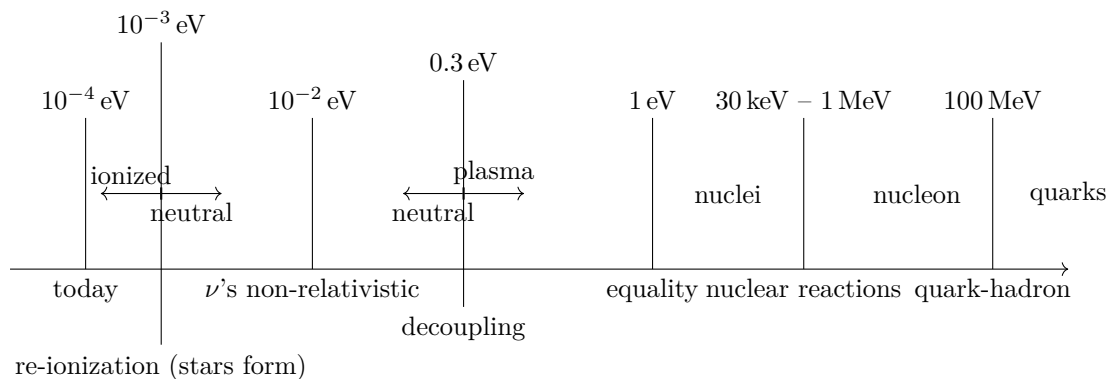
In the radiation dominated era,

$$\left(\frac{1}{a}\right)^2 = H^2 = \frac{8\pi G}{3}\rho = \frac{8\pi G}{3} \cdot 1.68 \times \alpha T_\gamma^2$$

This implies that,

$$\left(\frac{t}{1 \text{ s}}\right)^{-3/2} = \frac{kT}{1.1 \text{ MeV}} = \frac{T}{1.3 \times 10^{10} \text{ K}}$$

This allows us to draw a one-to-one correspondence between time-scales and temperature-scales.



In particle accelerators have reached energies on the order of $\sim \text{TeV}$. This represents the limit of known physics. We also suspect that quantum gravity becomes important on the Planck energy scales (10^{21} MeV). The most massive particles we know of are the top quark (180 GeV) and the Higgs boson (125 GeV).

11.3 Baryogenesis

Why is it that almost everything around us is matter and not anti-matter. The Baryogenesis program aims to answer this question. We suspect that Baryogenesis occurs when $T \gtrsim 10^{12} \text{ eV}$. Recall that the ratio of baryons to photons today is,

$$\frac{n_B}{n_\gamma} = 10^{-9}$$

Despite the abundance of photons, most of the energy is in matter today. It must be that in the early universe the number of baryons is slightly more than the number of anti-baryons.

$$\frac{n_B - n_{\bar{B}}}{n_B} \sim 10^{-9}$$

All of the processes in the standard model conserve baryon number. This means that we should expect the *exact* same number of baryons and anti-baryons. It is shocking that there remains a non-zero difference. The Sakharov conditions outline how this is possible,

1. A Baryon number violating process
2. Charge Conjugation (C) and Charge-Parity (CP) violating process
3. Departure from thermal equilibrium

Charge Conjugation indicates a process that occurs the exact same way if one exchanges all positive charges with negative charges. The Charge-Parity condition indicates a process that occurs the same way when all momentum and charges are flipped. Altogether, the Sakharov conditions suggest that we need to look for processes outside the standard model.

Todo (TC Fraser): Missed Two Lectures

11.4 Origin of Structure in the Universe

Todo (TC Fraser): Beginning of this lecture is weak

Quantum fluctuations during inflation are on the order of,

$$\frac{\delta T}{T} = 10^{-5}$$

This means that,

$$\frac{H}{M_p} \sim \left(\frac{kT_{\text{rad}}}{M_p c^2} \right)^2 \implies kT_{\text{rad}} = 10^{15} \text{ GeV}$$

At the end of inflation the universe begins a phase of reheating. This means that Λ_{inf} has to go away in order to begin a radiation dominated era. The w parameter ($w = \frac{p}{\rho c^2}$)

$$\begin{aligned} w < -\frac{1}{3} & \quad \text{Inflation} \\ w \approx -1 & \quad \text{Inflation can end} \\ w = -1 & \quad \text{exact } \Lambda \end{aligned}$$

$$H = (8\pi G)3\rho$$

$$\dot{\rho} + 3H(\rho + pc^2) = 0 \implies \frac{d \ln \rho}{d \ln a} + 3(1 + w) = 0$$

Therefore,

$$\rho \propto a^{-3(1+w)}$$

Since we know that $\rho + pc^2 > 0$, it must be that $w > -1$. This is known as the *null energy condition*.

$$\frac{d \ln a}{dt} \propto a^{-\frac{3(1+w)}{2}}$$

Integrating gives,

$$t \propto \int e^{\frac{3}{2}(1+w) \ln a} d \ln a = \frac{2}{3(1+w)} a^{\frac{3(1+w)}{2}} - t_*$$

This means that a has time dependence,

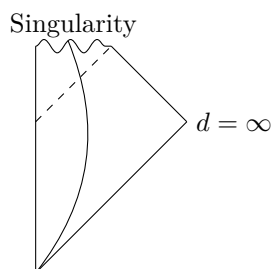
$$a \propto (t - t_*)^{\frac{2}{3(1+w)}}$$

This means that regardless of the content of the universe, there exists a time t_* where the scale goes to $a = 0$. This is the time of the Big Bang singularity. There are a number of caveats or loopholes to this result. First of course, there is always the possibility of $w = -1$. As it turns out, this universe is unstable. Second, if we have $k = 0$ then the universe is not spherical. In this case intuition suggests that as materials in the universe come closer and closer together as $a \rightarrow 0$, there remains the possibility of everything passing through each other and $a < 0$. As it turns out, in the 70's Penrose and Hawking demonstrated some singularity theorems that rule out this loophole.

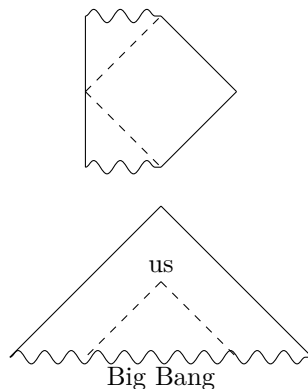
Recall that classical electromagnetism predicted that an electron orbiting a proton would continue to emit radiation until it reached the proton emitting an infinite amount of energy. In some sense, this can be considered as a singularity as well. It was quantum mechanics that resolved this issue and it is hoped that quantum gravity will resolve some of the issues with the Big Bang singularity in much the same way.

11.5 Big Bang and Black Holes

Black holes are best understood in terms of *Penrose diagrams*. A Penrose diagram is a space time diagram that is deformed in such a way that light travels at 45° and infinite distances and times become finite. A black hole can be depicted as,



Another example is an eternal black hole,



11.6 What's Wrong with Singularities

A good enough analogy to singularities in spacetime is a classical electron around a proton. If the electron has frequency ω , we can approximate the acceleration of the electron,

$$\frac{e^2}{4\pi\epsilon_0 r^2} = \frac{m_e v^2}{r} = m_e \omega^2 r$$

This means that the frequency scales with r ,

$$\omega = \frac{e}{\sqrt{4\pi\epsilon_0 m_e} r^{3/2}}$$

The electron's electric field is then oscillating at the same frequency ω which means that the emitted light has frequency ω . The energy of the electron is the potential energy due to the photon,

$$E_e \sim \frac{e^2}{4\pi\epsilon_0 r}$$

This means that the energy lost has to go into the number of photons that are emitted,

$$\#\text{Photons} = \frac{e^2}{4\pi\epsilon_0 r \hbar \omega} \propto r^{1/2}$$

This means that at some point the number of photons emitted becomes fractional. However photons are quantized. Therefore we can roughly assume that the ground state of the hydrogen atom occurs when $\#\text{Photons} \sim 1$.

It is also possible to perform a similar analysis to the entire universe. What is the number of photons per horizon or Hubble radius. The reduced Planck mass is,

$$M_p c^2 = E_p = \sqrt{\frac{\hbar c}{8\pi G}} = 10^{18} \text{ GeV}$$

The number density of photons is roughly T^3 times the contained volume. With natural units,

$$N \sim T^3 \times \frac{1}{H^3}$$

But from the Friedmann equation $H^2 \sim T^4/M_p^2$. Therefore,

$$N \sim T^3 \times \frac{M_p^3}{T^6} \sim \left(\frac{M_p c^2}{kT} \right)^3$$

This means that classical physics breaks down when $N \sim 1$ or when,

$$kT \geq M_p c^2 \sim 10^{18} \text{ GeV}$$

11.7 Quantum Gravity

What is Quantum Gravity? Quantum gravity is just an idea or collection of many ideas and not a theory like general relativity or quantum mechanics is. In order to solve or figure out quantum gravity, we need to determine what are the right ingredients or degrees of freedom.

The most popular theory of quantum gravity is string theory. The principle component being the idea that particles are not fundamental but are instead everything is made out of fundamental strings. The appeal or advantage of string theory is that fundamental strings can be quantized. However, string theory requires an additional 6 extra dimensions. This makes the total number of dimensions $3 + 6 + 1 = 10$. This can be considered a failed prediction of string theory, although there is active research trying to hide these extra dimensions.

Alternatively, we can adopt the approach of discretizing space. Some attempts include loop quantum gravity or dynamical triangulation.

Additionally one can attempt to discretize *spacetime* which forms causal sets.

Another possibility is *emergent gravity*. This idea considers the possibility that Lorentz invariance is not fundamental and that at high enough energies, Lorentz symmetry breaks down. This allows for the possibility of superluminal propagations or information.

11.8 Big Bang in Quantum Gravity

There are a number of possibilities for the fate or nature of a “Big Bang” under the different theories of quantum gravity. Some of these include:

1. Big Bounce: the contraction of space bounces off the singularity
2. Quantum Geometry
3. Big Bang is the start of time itself