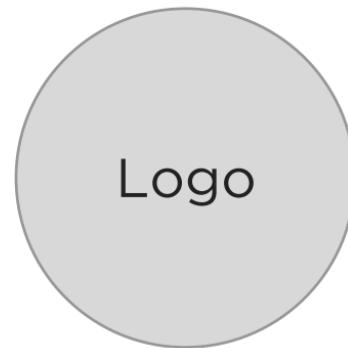
A large, light gray circle occupies the upper portion of the page, centered horizontally. It has a thin black outline and a slightly irregular shape, suggesting it is a placeholder for a logo or image.

Logo



**Username**

**Password**

**Log in**

[Forgot Password](#)

[Sign up](#)

Menu

Profile IMG

Hi Teddy!  
How do you feel?

Feeling  
emj

Feeling  
emj

Feeling  
emj

Feeling  
emj

Feeling  
emj

Feeling  
emj

<

Month

>

Su

Mo

Tu

We

Th

Fr

Sa

Feeling  
emj

Feeling  
emj

**3**

Feeling  
emj

Feeling  
emj

**6**

Feeling  
emj

Feeling  
emj

**9**

**10**

**11**

**12**

**13**

**14**

**15**

**16**

**17**

**18**

**19**

**20**

**21**

**22**

**23**

**24**

**25**

**26**

**27**

**28**

**29**

**30**

**31**

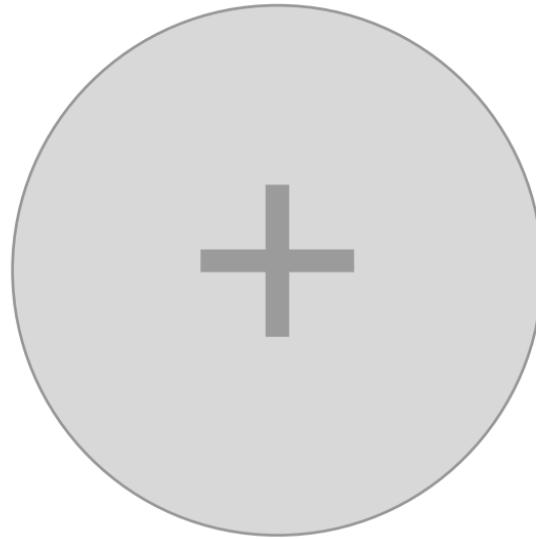
**1**

**2**

**3**

**4**

X



Home

Profile

Journal

Evaluation

EMG Contacts

Log out

Edit

# YOUR PROFILE

Menu



Name:

Email:

Username:

Password:

# JOURNAL

Menu



Write a Journal



Title

Date



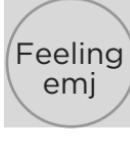
Title

Date



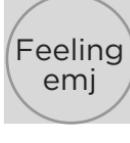
Title

Date



Title

Date



Title

Date



Title

Date



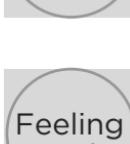
Title

Date



Title

Date



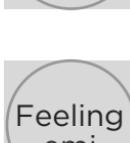
Title

Date



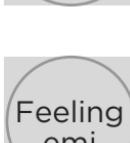
Title

Date



Title

Date



Title

Date

Edit

# How do you feeling?

Done

Feeling  
emj

Feeling  
emj

Feeling  
emj

Feeling  
emj

Feeling  
emj

Feeling  
emj

Title

1

2

3

4

5

6

7

8

9

10

Detail

# EVALUATION

Menu

Day

Week

Month

Year

Graph

Feeling  
emj

q w e r t y u i o p

a s d f g h j k l

z x c v b n m

123 ☺ microphone space return

# EMG Contacts

Menu

Family

Friends

Provider

Mother

Father

Brother

Sister

Edit

I Feel

Close

Feeling  
emj

Joy

When I have a moment when I'm feeling so deliriously happy that I can't stand it, I feel a slight sense of panic, thinking to myself, "Watch out! That happiness is going to leave you and then where will you be?".

Having lived so long in a state of unhappiness, I actually have begun to mistrust the happy times, as if they will come and go whenever it's convenient. When I see happiness coming my way, I tend to look suspiciously at it out of the corner of my eye, wondering just how long it's going to stick around this time.

I realize, of course, that that's not the best way to handle the happiness I'm experiencing. It's not productive and it certainly takes away from the in-the-moment happy feelings.

Like most people, I go through ups and downs, but I find that, while I fully embrace the sad times, wallowing in them for all they're worth, I hesitate when it comes to happiness. I find myself standing on the edge of it, just dipping my toe in like it's freezing cold water. Even though I'm burning up and would love to dive into its refreshing coolness, I stand on the edge of the pool, dipping one foot in and then the other, my heart hesitating, my mind telling me it's much too cold to jump in.

To be perfectly honest, this fear is starting to get on my nerves. I see other people jump in fearlessly, unfazed by the chill and popping up from under the water refreshed and relaxed. Why can't I do that? Why can't I just jump in, untethered by my fear of losing a happiness that, before now, I didn't even know I would be scared to lose?





Username

Password

**Log in**

[Forgot Password](#)

[Sign up](#)



≡

Hi Teddy!  
How do you feel?



Joy



Love



Surprise



Anger



Sad



Fear

2020

March

<

>

S

M

T

W

T

F

S

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31

1

2

3

4



X



Home

Profile

Journal

Evaluation

Log out



Name: Teddy

E-mail: teddy@gmail.com

Username:

Password:

**Save**



# i tone

your journal



03/10/2020



03/09/2020



03/08/2020



03/07/2020



03/06/2020



03/05/2020



03/04/2020



03/03/2020



03/02/2020



03/01/2020



02/28/2020



# i tone

how do you feel?



Joy



Love



Surprise



Anger



Sad



Fear

7

Intensity

Let go!

+



≡

03/01/2020



Joy

4:00 pm

⋮



Love

11:00 am

⋮



Surprise

10:00 am

⋮



Joy

4:00 pm



When I have a moment when I'm feeling so deliriously happy that I can't stand it, I feel a slight sense of panic, thinking to myself, "Watch out! That happiness is going to leave you and then where will you be?".

Having lived so long in a state of unhappiness, I actually have begun to mistrust the happy times, as if they will come and go whenever it's convenient. When I see happiness coming my way, I tend to look suspiciously at it out of the corner of my eye, wondering just how long it's going to stick around this time.

I realize, of course, that that's not the best way to handle the happiness I'm experiencing. It's not productive and it certainly takes away from the in-the-moment happy feelings.

Like most people, I go through ups and downs, but I find that, while I fully embrace the sad times, wallowing in them for all they're worth, I hesitate when it comes to happiness. I find myself standing on the edge of it, just dipping my toe in like it's freezing cold water. Even though I'm burning up and would love to dive into its refreshing coolness, I stand on the edge of the pool, dipping one foot in and then the other, my heart hesitating, my mind telling me it's much too cold to jump in.

To be perfectly honest, this fear is starting to get on my nerves. I see other people jump in fearlessly, unfazed by the chill and popping up from under the water refreshed and relaxed. Why can't I do that? Why can't I just jump in, untethered by my fear of losing a happiness that, before now, I didn't even know I would be scared to lose?



Love

11:00 am



Surprise

10:00 am



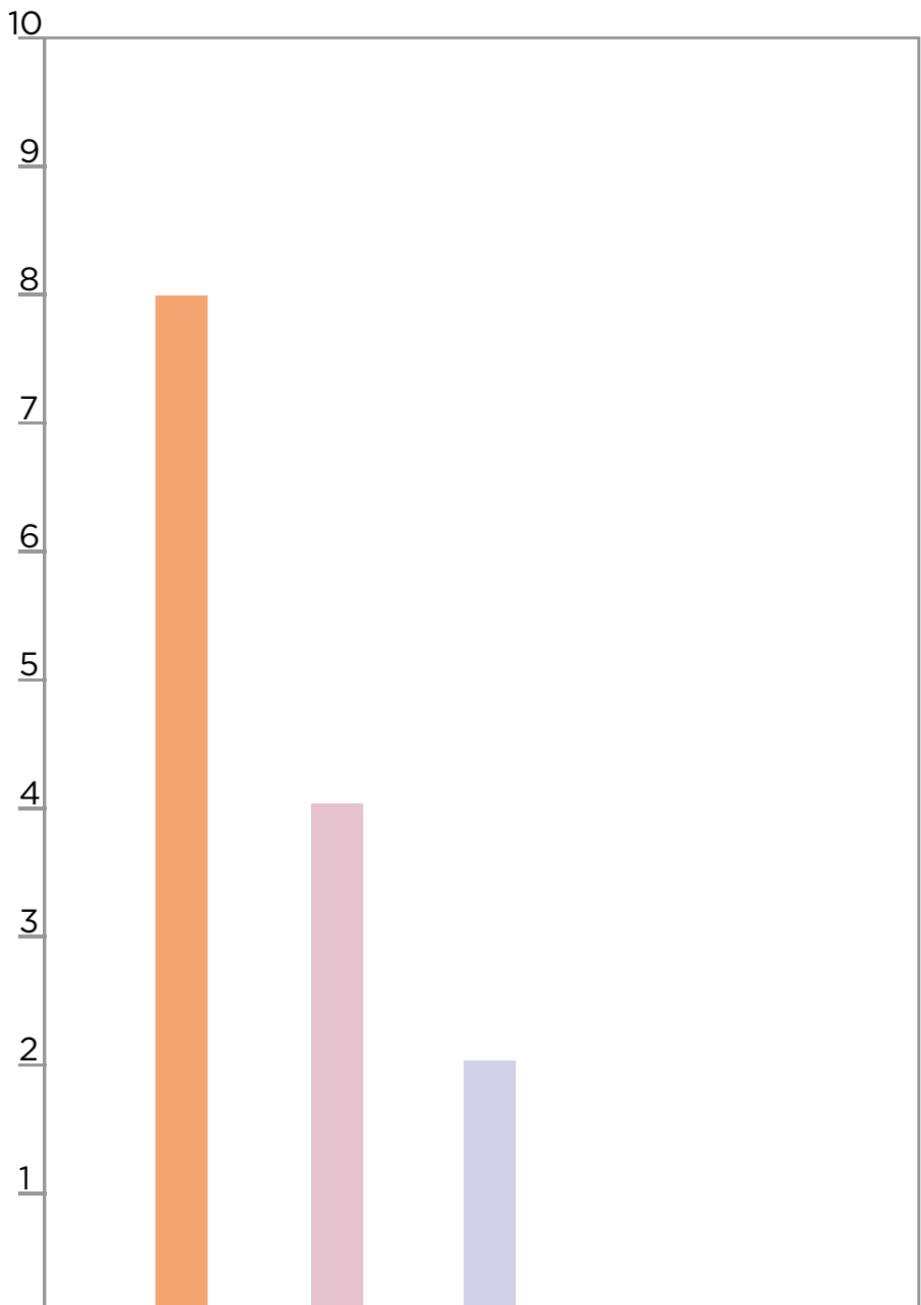


Day

Week

Month

Year



Joy



Love



Surprise



Anger



Sad



Fear

q w e r t y u i o p

a s d f g h j k l

z x c v b n m

123



space

return



# i tone

how do you feel?



Joy



Love



Surprise



Anger



Sad



Fear

7

Intensity

Let go!



guro

GBD



★★★★★  
60000

## Steps of Learning

1

Self-Learning

2

Meet Coach

3

Become Coach



Home



Self-Learning



Meet Coach



Become Coach



★★★★★  
60000

## Self - Learning

Module 1

Overview

35.07

Module 2

What is Bitboin?

40.00

Module 3

Blockchain Technology

30.00

Module 4

Cryptocurrency

23.50

Module 5

Wallets & Security

33.00

Module 6

Transection & Privacy

40.05

Module 7

How to Invest?

59.54



Home



Self-Learning



Meet Coach



Become Coach

★★★★★  
60000

Back

## Meet Coach

## Profile



300

Jesse



Hi. My name is Jesse. I have been in the crypto market more than 10 years. I am a volunteer in Guro.

I love to coach and share my experience.

No worry if you are new in the crypto world with a little bit of crypto knowledge. We will walk together.

Check out my group live calendar and join our group or feel free to message me for any questions.

## Rate



Home



Self-Learning



Meet Coach



Become Coach



60000

## Self - Learning

### Module 1 Overview



30K 70K



Add a comment



Teddy

Great video. Thanks for sharing your value. I will follow the step. See you next module.

5 20

Jacob

Thanks guys.

5 20

Acon

I didn't get it.

20

Brent

Awesome.

25 2

Skylar

Yes, I will do more research.

10 1



Home



Self-Learning



Meet Coach



Become Coach



★★★★★

60000

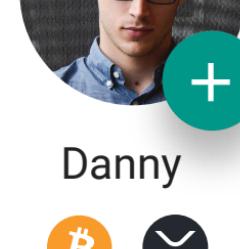
## Meet Coach

★★★★★  
300

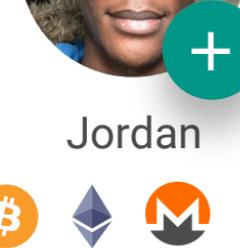
Jesse

★★★★★  
75

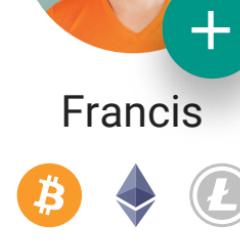
James

★★★★★  
234

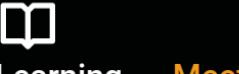
Danny

★★★★★  
300

Jordan

★★★★★  
75

Francis



Home

Self-Learning

Meet Coach

Become Coach



Back

Jesse

● Live



▶ ◁ 1x ⏴ 0:03 / 2:15 🔍 CC ⚙ ↻



Add a comment



Teddy

Great video. Thanks for sharing your value.  
I will follow the step. See you next module.



Jacob

Thanks Jesse.



Siri

Great topic.



Paul

Hi Jesse. THANKS for share your knowledge



Adam

Hi Jesse.



Jacob

Thanks guys.



Skylar

Yes, I will do more research.



Brent

Awesome.



Acon

I didn't get it.



★★★★★  
60000

Back

## Become a Coach

### Basic Info

Name

E-mail

Phone number

Introduce yourself

Submit



Home



Self-Learning



Meet Coach



Become Coach

**Close**

**Thank you!**

Our staff will contact you  
as soon as possible.



★★★★★  
60000

## Notification



Jesse

17:30

Thanks Teddy. Nice to meet you too.



James

15:35

Fantastic. We have a group live on Wedne...



Danny

11:35

Hey Ted. Can you attend to the local meet...



Amy

Yesterday

Congrats Ted. What is your next journey? S...



Todd

Yesterday

That's great.



Erik

Yesterday

Hahaha sound fun Teddy but is there any o...



Yang

17:30

Thanks Teddy. Nice to meet you. So how ...



Home



Self-Learning



Meet Coach



Become Coach



Back

Jesse

Today

Thnks Teddy. Nice to  
meet you too.

I got so many connection.  
Thank you

Jesse. This is a great  
crypto community

Yesterday

We helping each other  
to learn.

So we are too. This is  
our great community.

Yes. On my way. so  
exciting

Comming today bud?

Sup Jac

Hello Teddy





★★★★★  
60000

## Profile



Edit

Name

Username

Password

Email

Zip Code

Favorite Coin

Done



Back

Jesse

Rate



Type your review |

Done



★★★★★  
60000

## Favorite Coach



★★★★★  
300

Jesse



★★★★★  
75

James



★★★★★  
234

Danny



Home



Self-Learning



Meet Coach



Become Coach

★★★★★  
60000

Back

## Meet Coach

## Live Schedule

★★★★★  
300

Jesse



05/01/19  
5 pm - 6 pm  
PCT

Set up  
Coinbase  
Account

[JOIN](#)

05/10/19  
5 pm - 6 pm  
PCT

Account  
Security

[JOIN](#)

05/15/19  
5 pm - 6 pm  
PCT

Let's Invest

[JOIN](#)

05/20/19  
5 pm - 6 pm  
PCT

Meet our  
crypto  
community  
in Colorado

[JOIN](#)

06/10/19  
5 pm - 6 pm  
PCT

Account  
Security

[JOIN](#)

06/15/19  
5 pm - 6 pm  
PCT

Let's Invest

[JOIN](#)

06/18/19  
5 pm - 6 pm  
PCT

Set up  
Coinbase  
Account

[JOIN](#)

06/30/19  
5 pm - 6 pm  
PCT

Account  
Security

[JOIN](#)

07/15/19  
5 pm - 6 pm  
PCT

Let's Invest

[JOIN](#)

Home



Self-Learning

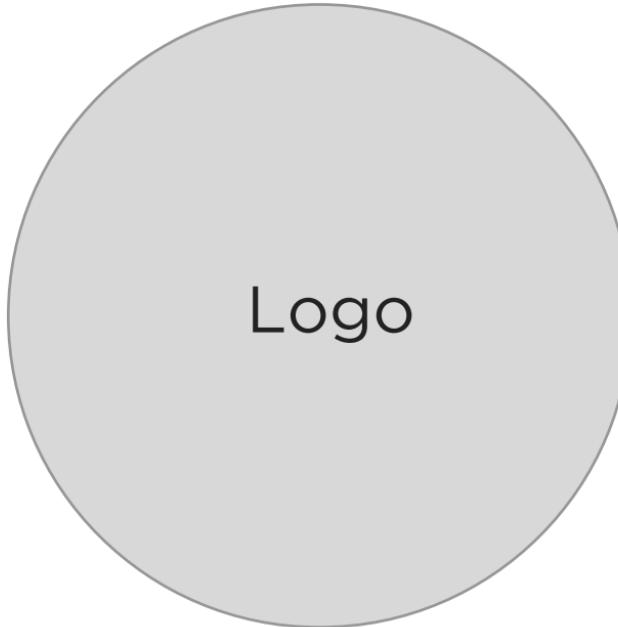


Meet Coach

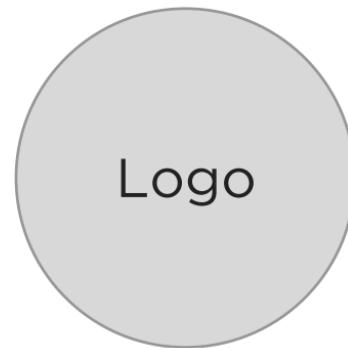


Become Coach



A large, light gray circle occupies the upper portion of the page, centered horizontally. It has a thin black outline and a slightly irregular shape, suggesting it is a placeholder for a logo or image.

Logo



**Username**

**Password**

**Log in**

[Forgot Password](#)

[Sign up](#)

Search

Map

Map

List Page

Profile

Filter

Add

IMG

Emotion Title

IMG

Emotion Title

IMG

Emotion Title

IMG

Emotion Title

IMG

Emotion Title

IMG

Emotion Title

IMG

Emotion Title

IMG

Emotion Title

Map

List Page

Profile

# Your Profile

Edit



IMG

Name

Email

Age

Logout

Map

List Page

Profile

# Add Your Emotion

X

Name your feeling

Type of your feeling

Describe your feeling

Add an image

Submit

Back

Delete

IMG

Emotion named

Emotion Type

Journal

Map

Map

List Page

Profile



guro

Username

Password

Log in

[Forgot Password](#)

[Sign up](#)