

HTW E1

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Analyses Strategy

All data processing and statistical analyses were performed in R version 4.3.2 Team (2020). To assess differences between groups, we used Bayesian Mixed Effects Regression. Model fitting was performed with the brms package in R Bürkner (2017), and descriptive stats and tables were extracted with the BayestestR package Makowski et al. (2019). Mixed effects regression enables us to take advantage of partial pooling, simultaneously estimating parameters at the individual and group level. Our use of Bayesian, rather than frequentist methods allows us to directly quantify the uncertainty in our parameter estimates, as well as circumventing convergence issues common to the frequentist analogues of our mixed models.

Each model was set to run with 4 chains, 5000 iterations per chain, with the first 2500 discarded as warmup chains. Rhat values were within an acceptable range, with values ≤ 1.02 (see appendix for diagnostic plots). We used uninformative priors for the fixed effects of the model (condition and velocity band), and weakly informative Student T distributions for the random effects. For each model, we report the median values of the posterior distribution, and 95% credible intervals. EXPLAIN WHAT PARAMETERS REPRESENT AND WHAT HDI & PD

For the testing phase of all experiments, we compare varied and constant performance across two measures, deviation and discrimination. Deviation was quantified as the absolute deviation from the nearest boundary of the velocity band, or set to 0 if the throw velocity fell anywhere inside the target band. Thus, when the target band was 600-800, throws of 400, 650, and 1100 would result in deviation values of 200, 0, and 300, respectively. The degree of discrimination between bands was measured by fitting a linear model to the testing throws of each subjects, with the lower end of the target velocity band as the predicted variable, and the x velocity produced by the participants as the predictor variable. Participants who reliably discriminated between velocity bands tended to have positive slopes with values ~ 1 , while participants who made throws irrespective of the current target band would have slopes ~ 0 .

$$dist_{ij} = \beta_0 + \beta_1 \cdot condit_{ij} + \beta_2 \cdot band_{ij} + \beta_3 \cdot condit_{ij} \cdot band_{ij} + b_{0i} + b_{1i} \cdot band_{ij} + \epsilon_{ij} \quad (1)$$

Results

Table 1: Experiment 1 - End of training performance

Term	Estimate	95% CrI Lower	95% CrI Upper	pd
Intercept	106.34	95.46	117.25	1
conditVaried	79.64	57.92	101.63	1

Training. Figure 1 displays the average deviations across training blocks (recall that the varied group trains from 3 bands and the constant group from 1). We compared the training conditions from the final training block, on the position for which both groups trained (band 800-1000). Full model results are shown in Table 1. The varied group had a significantly greater deviation than the constant group. ($B = 79.64$, 95% CrI [57.92, 101.63]; $pd = 100\%$).

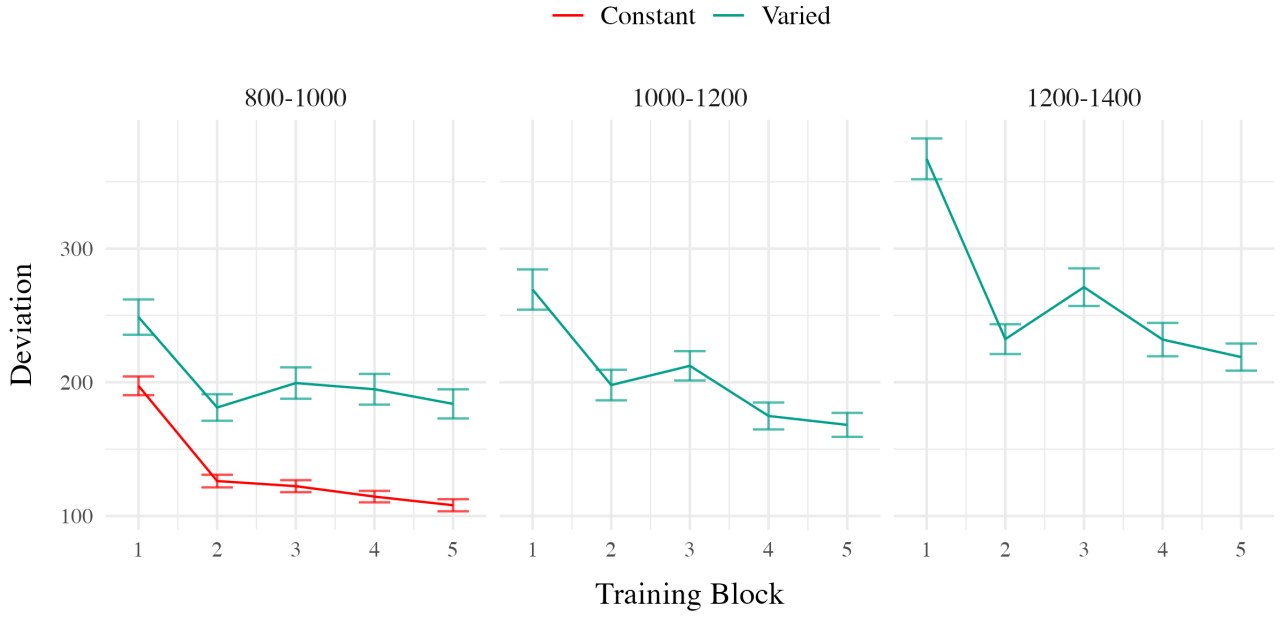


Figure 1: E1. Deviations from target band during training

Table 2: E1. Training vs. Extrapolation

Term	Estimate	95% CrI Lower	95% CrI Upper	pd
Intercept	152.55	70.63	229.85	1.0
conditVaried	39.00	-21.10	100.81	0.9
bandTypeExtrapolation	71.51	33.24	109.60	1.0
conditVaried:bandTypeExtrapolation	66.46	32.76	99.36	1.0

Testing. To compare conditions in the testing stage, we first fit a model predicting deviation from the target band as a function of training condition and band type, with random intercepts for participants and bands. The model is shown in Table 2. The effect of training condition was not reliably different from 0 ($B = 39$, 95% CrI [-21.1, 100.81]; $pd = 89.93\%$). The extrapolation testing items had a significantly greater deviation than the interpolation band ($= 71.51$, 95% CrI [33.24, 109.6]; $pd = 99.99\%$). The interaction between training condition and band type was significant ($B = 66.46$, 95% CrI [32.76, 99.36]; $pd = 99.99\%$), with the varied group showing a greater deviation than the constant group in the extrapolation bands. See Figure 2.

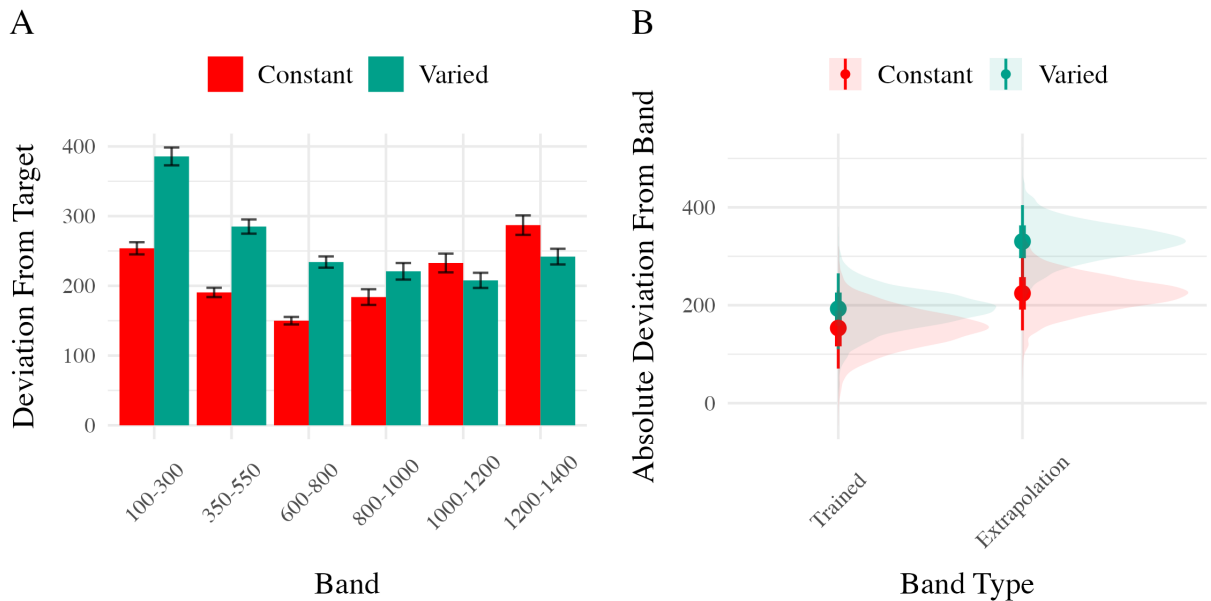
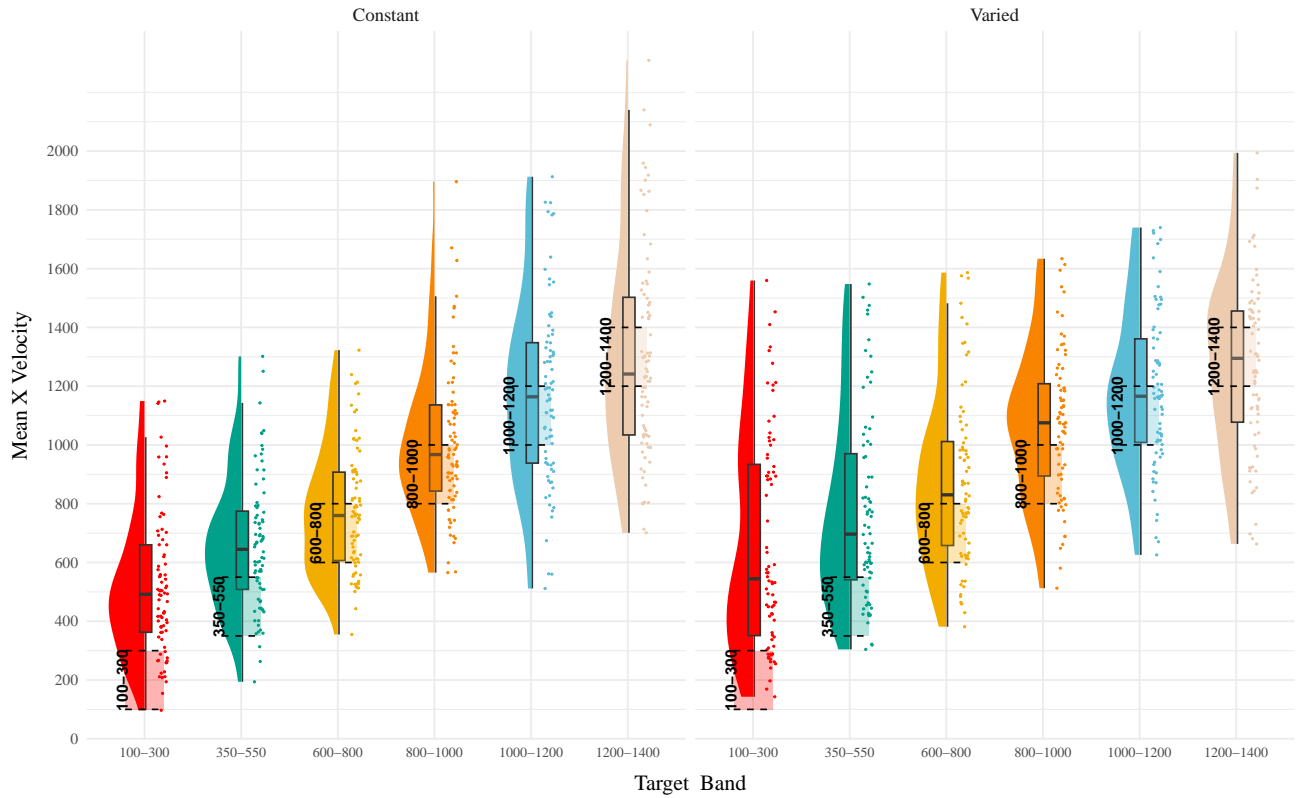


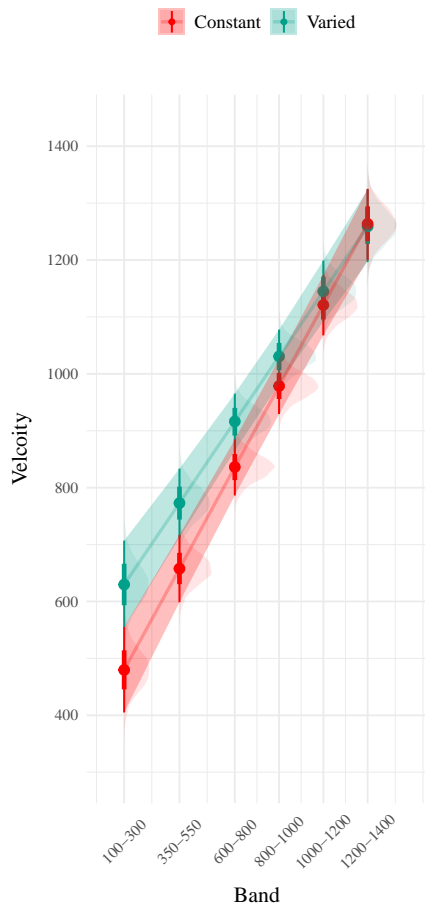
Figure 2: E1. A) Deviations from target band during testing without feedback stage. B) Estimated marginal means for the interaction between training condition and band type. Error bars represent 95% confidence intervals.

is the slope on Velocity Band ($\beta = 0.71$, 95% CrI [0.62, 0.8]). Although the median slope does fall underneath the ideal of value of 1, the fact that the 95% credible interval does not contain 0 provides strong evidence that participants exhibited some discrimination between bands. The estimate for the interaction between slope and condition ($\beta = -0.14$, 95% CrI [-0.26, -0.01]), suggests that the discrimination was somewhat modulated by training condition, with the varied participants showing less sensitivity between bands than the constant condition. This difference is depicted visually in Figure 4.

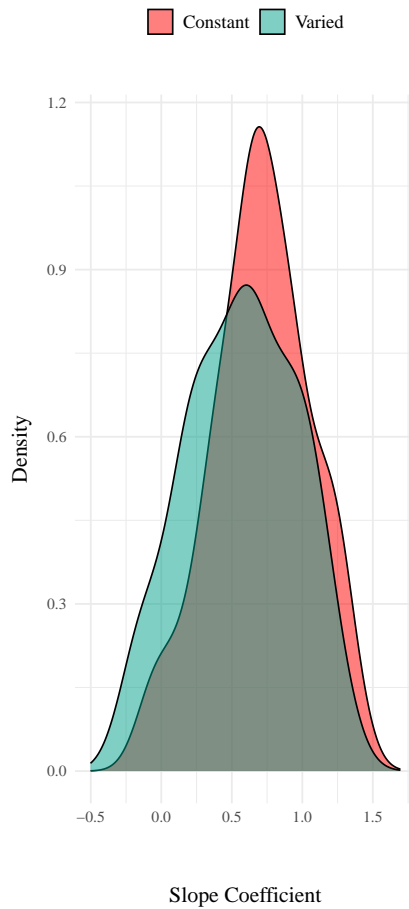
A



B



C



D

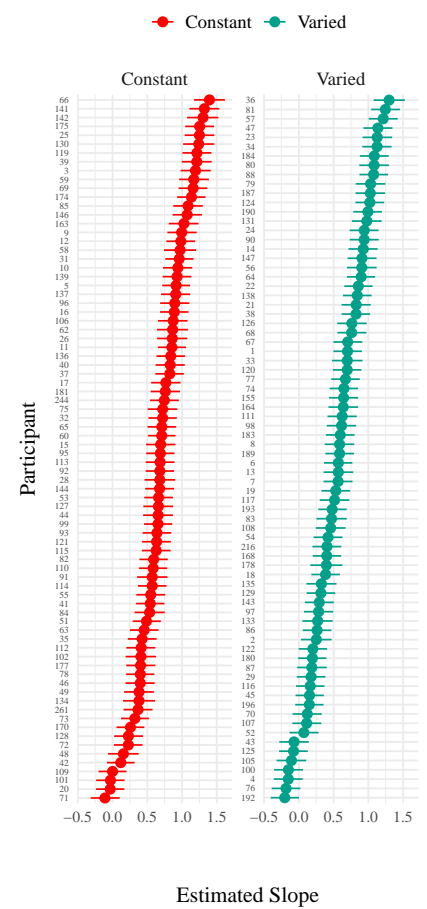


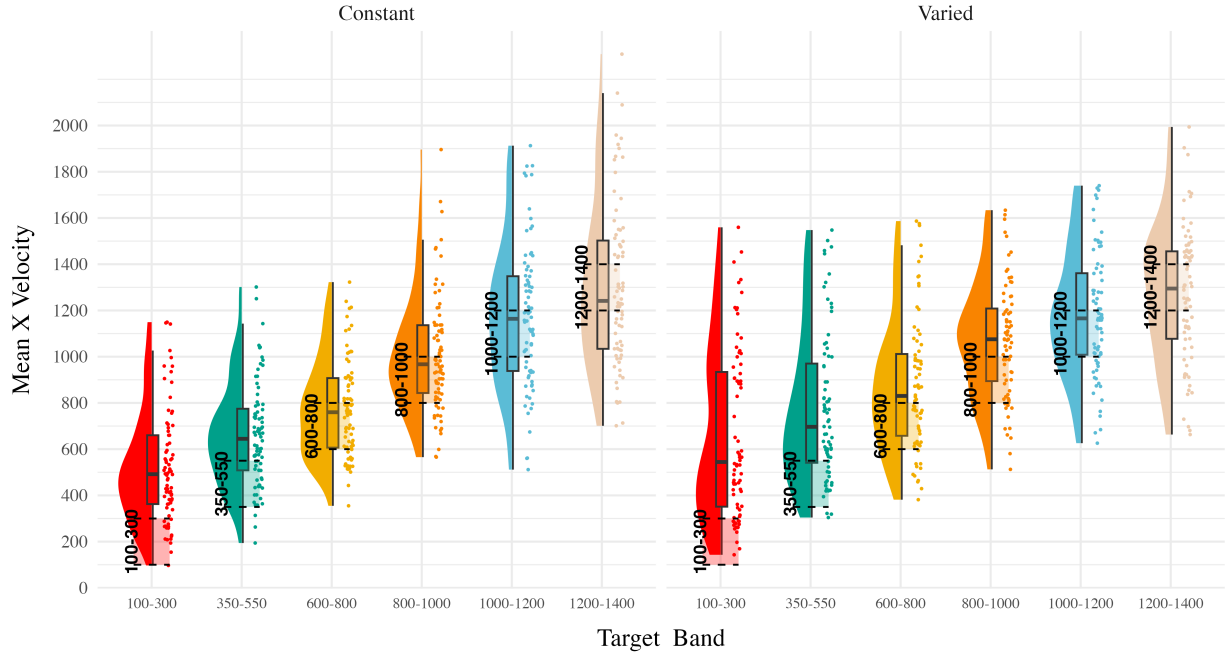
Figure 3: Experiment 1. Conditional effect of training condition and Band. Ribbons indicate 95% HDI. The steepness of the lines serves as an indicator of how well participants discriminated between velocity bands.

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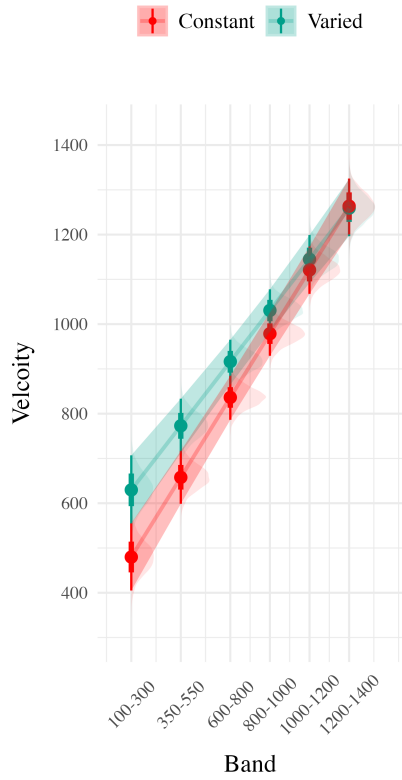
References

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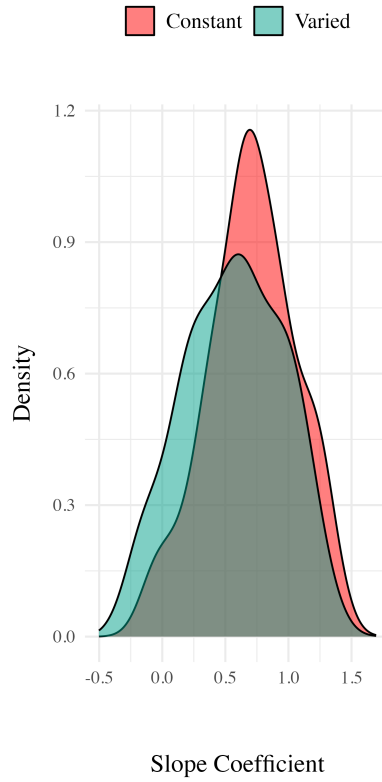
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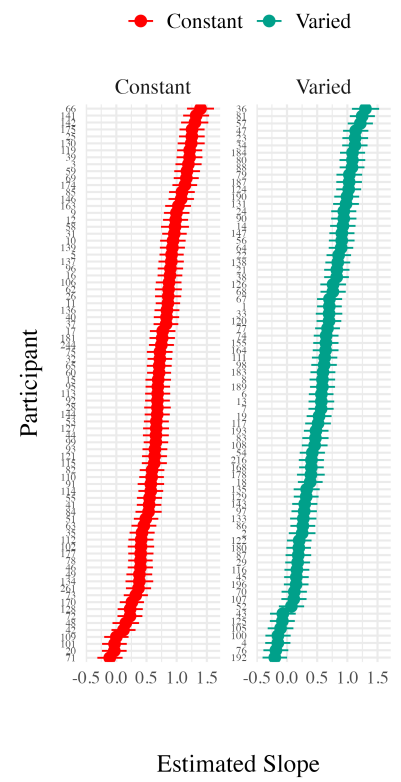


Figure 4: Experiment 1. Conditional effect of training condition and Band. Ribbons indicate 95% HDI. The steepness of the lines serves as an indicator of how well participants discriminated between velocity bands.