

Golden Cheetah detect outliers in metrics data

athan

2022-10-28

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Removed columns: 280 [1] "axPower" "aPower_Relative_Intensity"
[3] "aBikeScore" "Skiba_aVI"
[5] "aPower_Response_Index" "aIsoPower"
[7] "aIF" "aBikeStress"
[9] "aVI" "aPower_Efficiency_Factor"
[11] "aBikeStress_per_hour" "Aerobic_Decoupling"
[13] "Activity_Date" "Activities"
[15] "Duration" "Time_Recording"
[17] "Time_Moving" "Time_Carrying"
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[25] "Work" "Average_Speed"
[27] "Average_Power" "Average_aPower"
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[31] "Average_Core_Temperature" "Heartbeats"
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[35] "Power_Percent_of_Max" "HrNp_Ratio"
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[61] "TISS_Aerobicity" "Response_Index"
[63] "IsoPower" "BikeIntensity"
[65] "VI" "Efficiency_Factor"
[67] "Exhaustion_Best_R" "Daniels_Points"
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[73] "IWF" "GOVSS"
[75] "H1_Time_in_Zone" "H2_Time_in_Zone"
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[83] "H4_Percent_in_Zone" "H5_Percent_in_Zone"
[85] "H1_Time_in_Zone" "HII_Time_in_Zone"
[87] "HIII_Time_in_Zone" "HI_Percent_in_Zone"
[89] "HII_Percent_in_Zone" "HIII_Percent_in_Zone"
[91] "Left/Right_Balance" "P1_Time_in_Pace_Zone"
[93] "P2_Time_in_Pace_Zone" "P3_Time_in_Pace_Zone"
[95] "P4_Time_in_Pace_Zone" "P5_Time_in_Pace_Zone"
[97] "P6_Time_in_Pace_Zone" "P1_Percent_in_Pace_Zone"

- [99] "P2_Percent_in_Pace_Zone" "P3_Percent_in_Pace_Zone"
- [101] "P4_Percent_in_Pace_Zone" "P5_Percent_in_Pace_Zone"
- [103] "P6_Percent_in_Pace_Zone" "PI_Time_in_Pace_Zone"
- [105] "PII_Time_in_Pace_Zone" "PIII_Time_in_Pace_Zone"
- [107] "PI_Percent_in_Pace_Zone" "PII_Percent_in_Pace_Zone"
- [109] "PIII_Percent_in_Pace_Zone" "10_sec_Peak_Pace"
- [111] "15_sec_Peak_Pace" "20_sec_Peak_Pace"
- [113] "30_sec_Peak_Pace" "1_min_Peak_Pace"
- [115] "2_min_Peak_Pace" "3_min_Peak_Pace"
- [117] "5_min_Peak_Pace" "8_min_Peak_Pace"
- [119] "10_min_Peak_Pace" "20_min_Peak_Pace"
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- [123] "90_min_Peak_Pace" "Best_50m"
- [125] "Best_100m" "Best_200m"
- [127] "Best_400m" "Best_500m"
- [129] "Best_800m" "Best_1000m"
- [131] "Best_1500m" "Best_2000m"
- [133] "Best_3000m" "Best_4000m"
- [135] "Best_5000m" "Best_10km"
- [137] "Best_15km" "Best_20km"
- [139] "Best_Half_Marathon" "Best_30km"
- [141] "Best_40km" "Best_Marathon"
- [143] "1_min_Peak_Pace_HR" "5_min_Peak_Pace_HR"
- [145] "10_min_Peak_Pace_HR" "20_min_Peak_Pace_HR"
- [147] "30_min_Peak_Pace_HR" "60_min_Peak_Pace_HR"
- [149] "MMP_Percentage" "Power_Zone"
- [151] "Fatigue_Index" "Pacing_Index"
- [153] "1_sec_Peak_Power" "5_sec_Peak_Power"
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- [185] "90_min_Peak_Hr" "Average_Running_Cadence"
- [187] "Max_Running_Cadence" "Pace"
- [189] "Efficiency_Index" "Average_Stride_Length"
- [191] "Distance_Swim" "L4_Sustained_Time"
- [193] "L5_Sustained_Time" "L6_Sustained_Time"
- [195] "L7_Sustained_Time" "TriScore"
- [197] "L1_Time_in_Zone" "L2_Time_in_Zone"
- [199] "L3_Time_in_Zone" "L4_Time_in_Zone"

- [201] "L5_Time_in_Zone" "L6_Time_in_Zone"
- [203] "L7_Time_in_Zone" "L1_Percent_in_Zone"
- [205] "L2_Percent_in_Zone" "L3_Percent_in_Zone"
- [207] "L4_Percent_in_Zone" "L5_Percent_in_Zone"
- [209] "L6_Percent_in_Zone" "L7_Percent_in_Zone"
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- [213] "LIII_Time_in_Zone" "LI_Percent_in_Zone"
- [215] "LII_Percent_in_Zone" "LIII_Percent_in_Zone"
- [217] "TRIMP_Points" "TRIMP(100)_Points"
- [219] "TRIMP_Zonal_Points" "VDOT"
- [221] "TPace" "1_sec_Peak_WPK"
- [223] "5_sec_Peak_WPK" "10_sec_Peak_WPK"
- [225] "15_sec_Peak_WPK" "20_sec_Peak_WPK"
- [227] "30_sec_Peak_WPK" "1_min_Peak_WPK"
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- [231] "20_min_Peak_WPK" "30_min_Peak_WPK"
- [233] "60_min_Peak_WPK" "Estimated_VO2MAX"
- [235] "Watts_Per_Kilogram" "Minimum_W_bal"
- [237] "Max_W_Expended" "W_bal_Matches_>_2KJ"
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- [241] "W_Work" "W_Watts"
- [243] "W1_Above_CP_W_bal_Low_Fatigue" "W2_Above_CP_W_bal_Moderate_Fatigue"
- [245] "W3_Above_CP_W_bal_Heavy_Fatigue" "W4_Above_CP_W_bal_Severe_Fatigue"
- [247] "W1_W_bal_Low_Fatigue" "W2_W_bal_Moderate_Fatigue"
- [249] "W3_W_bal_Heavy_Fatigue" "W4_W_bal_Severe_Fatigue"
- [251] "W1_W_bal_Work_Low_Fatigue" "W2_W_bal_Work_Moderate_Fatigue"
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- [255] "Below_CP_Work" "Pace_Row"
- [257] "NP" "IF"
- [259] "Sport" "Workout_Code"
- [261] "Weight" "Bike"
- [263] "Shoes" "Workout_Title"
- [265] "Equipment_Weight" "RPE"
- [267] "Pool_Length" "Device"
- [269] "Device_Info" "CP"
- [271] "VO2max_detected" "Aerobic_Training_Effect"
- [273] "Anaerobic_Training_Effect" "Recovery_Time"
- [275] "Performance_Condition" "LTHR_detected"
- [277] "LTS_detected" "Calendar_Text"
- [279] "Data" "color"

Nrow: 1637

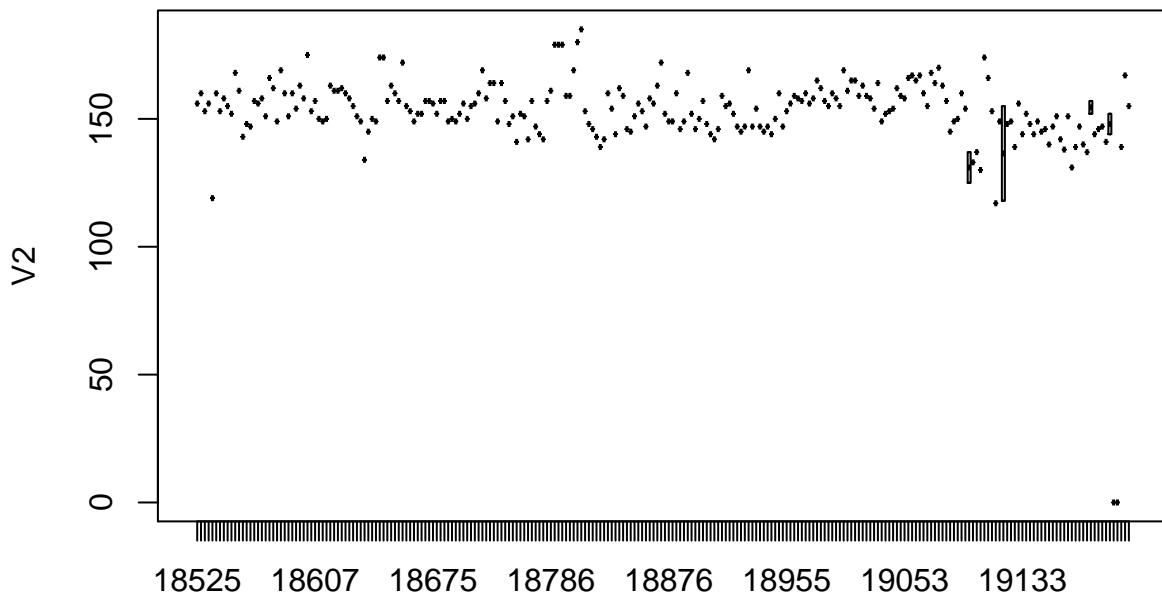
Run

Removed columns: 4 [1] "Activities" "CP_setting" "Exhaustion_Best_R" [4] "Sport"

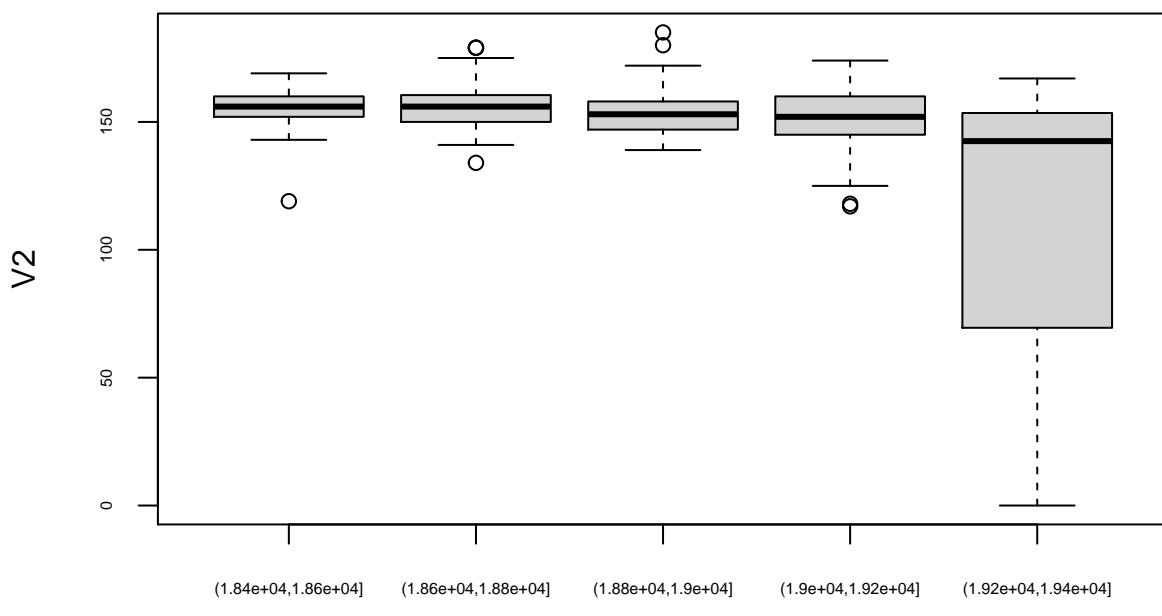
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Sport class: 95%_Heartrate

95%_Heartrate

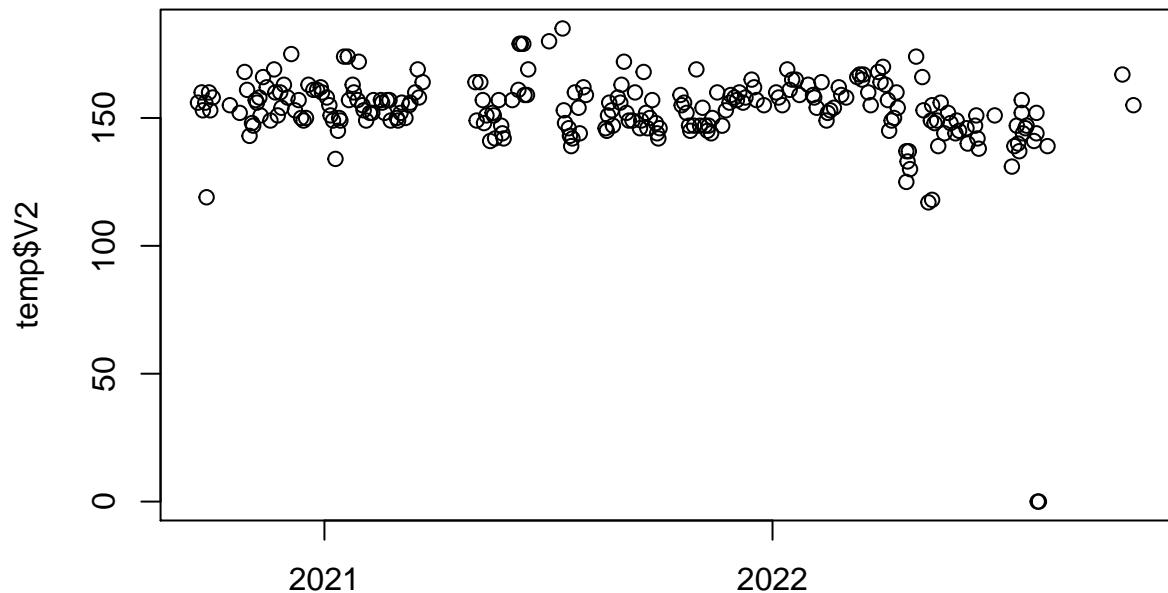


V1 95%_Heartrate



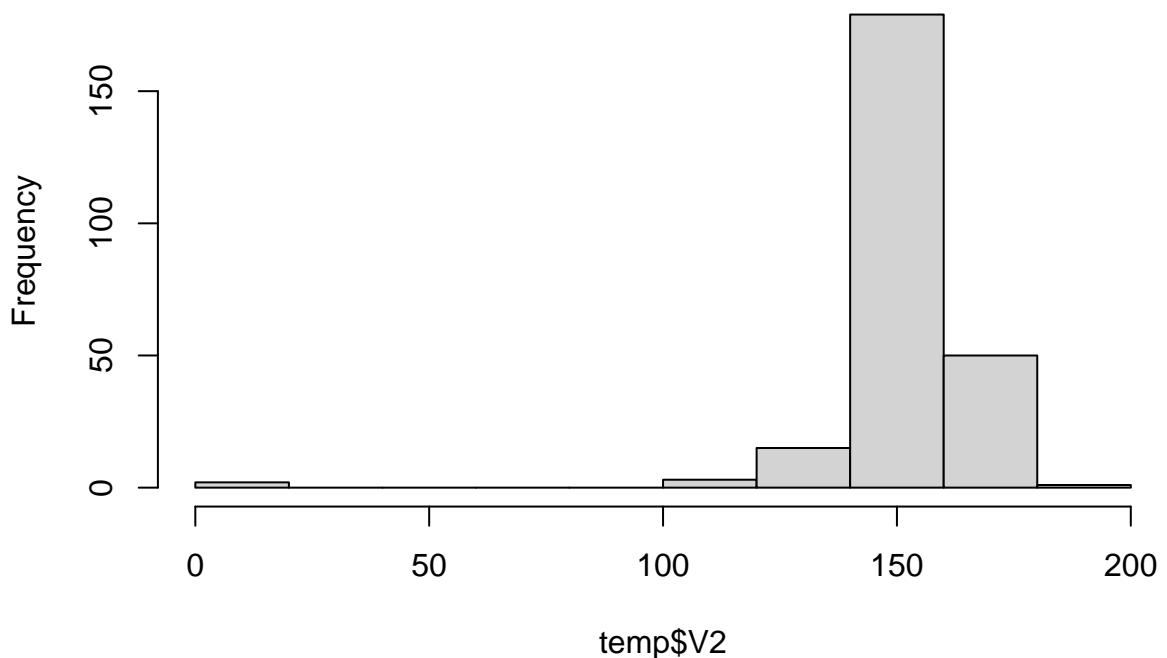
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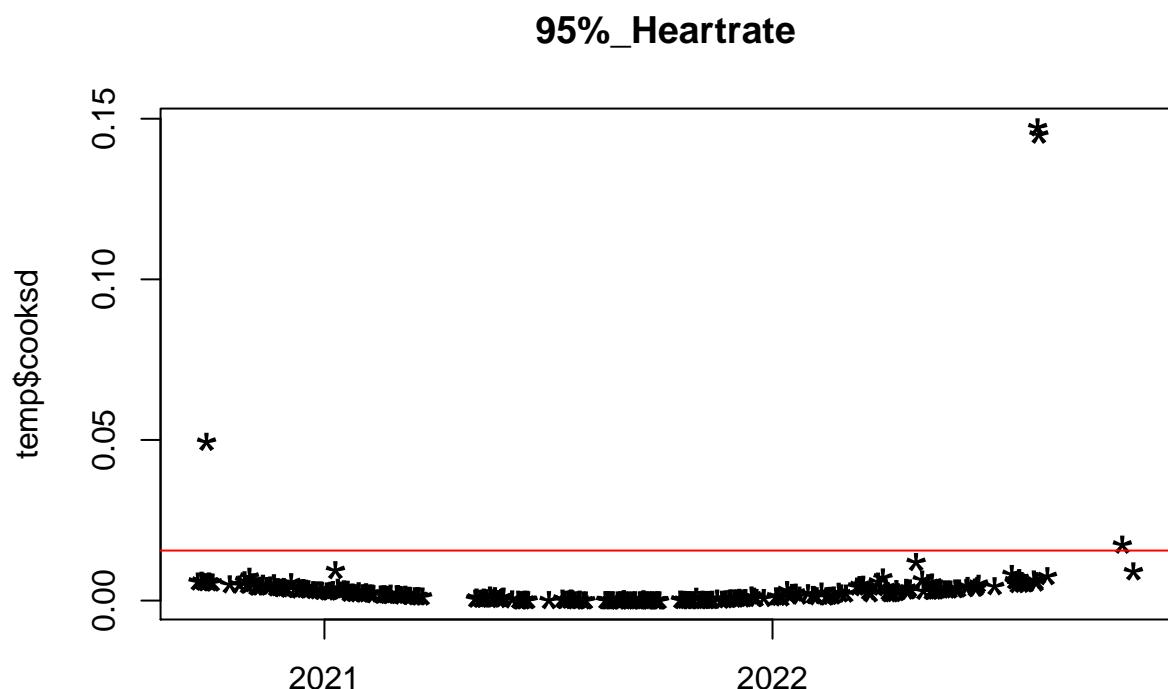
95%_Heartrate



temp\$V1

Histogram of temp\$V2



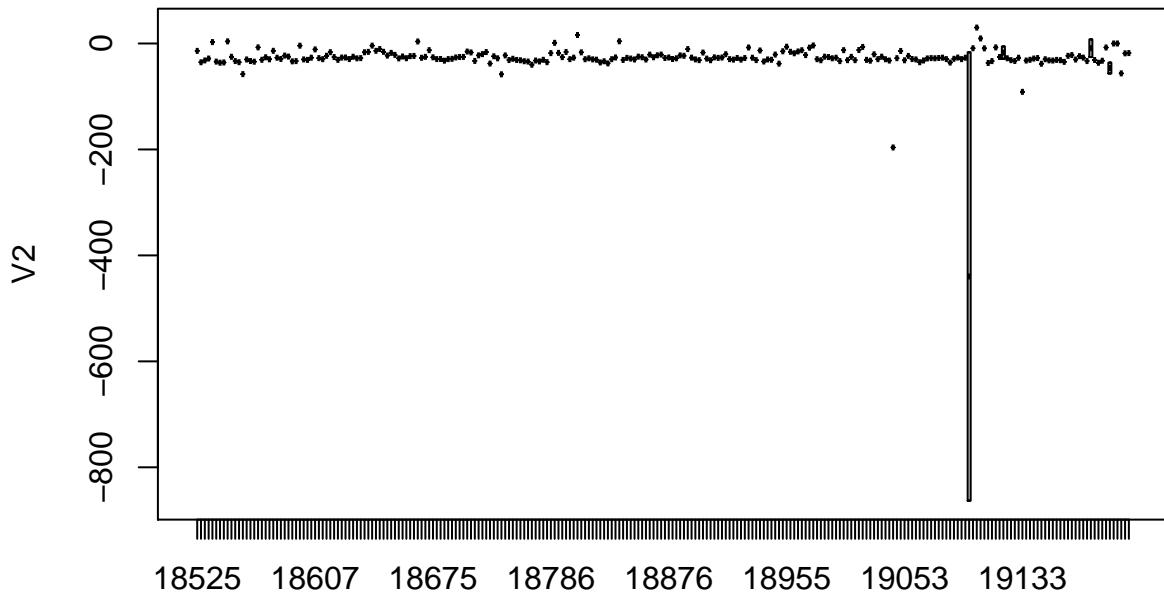


temp\$V1

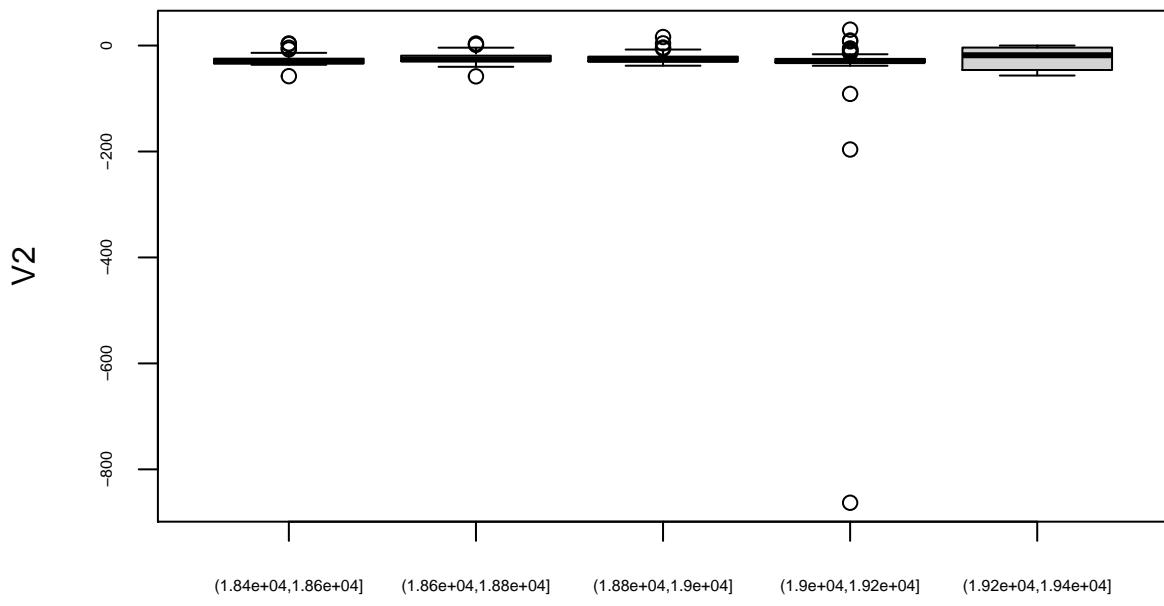
Date	95%_Heartrate
2022-08-05	0
2022-08-06	0
2020-09-27	119
2022-10-13	167

Sport class: Aerobic_Decoupling

Aerobic_Decoupling

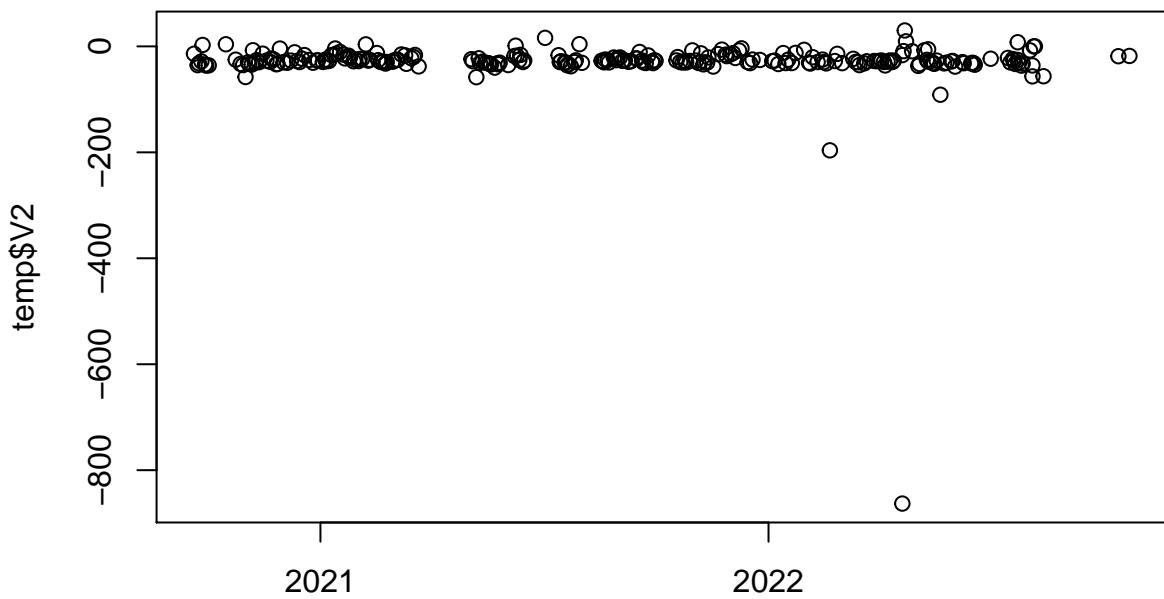


V1 Aerobic_Decoupling



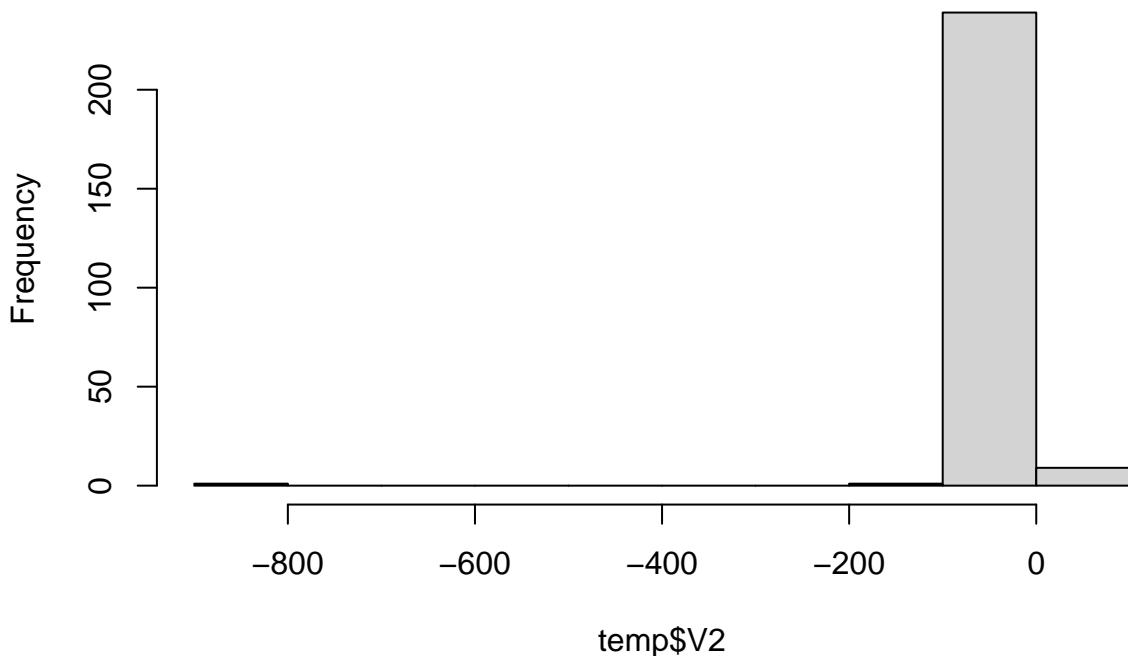
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Aerobic_Decoupling

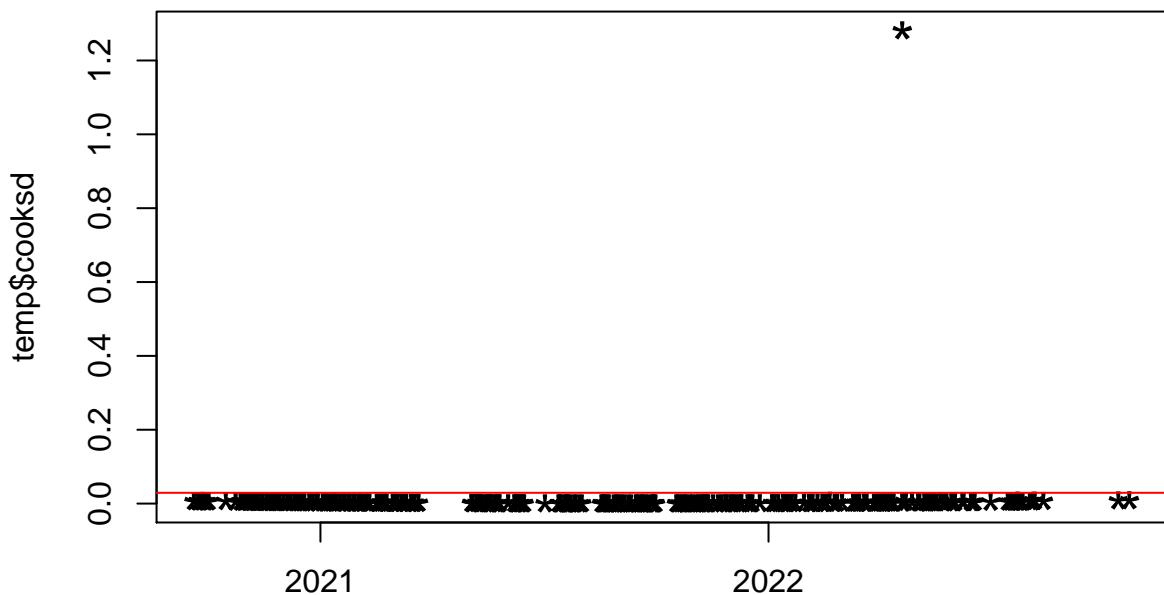


`temp$V1`

Histogram of `temp$V2`



Aerobic_Decoupling

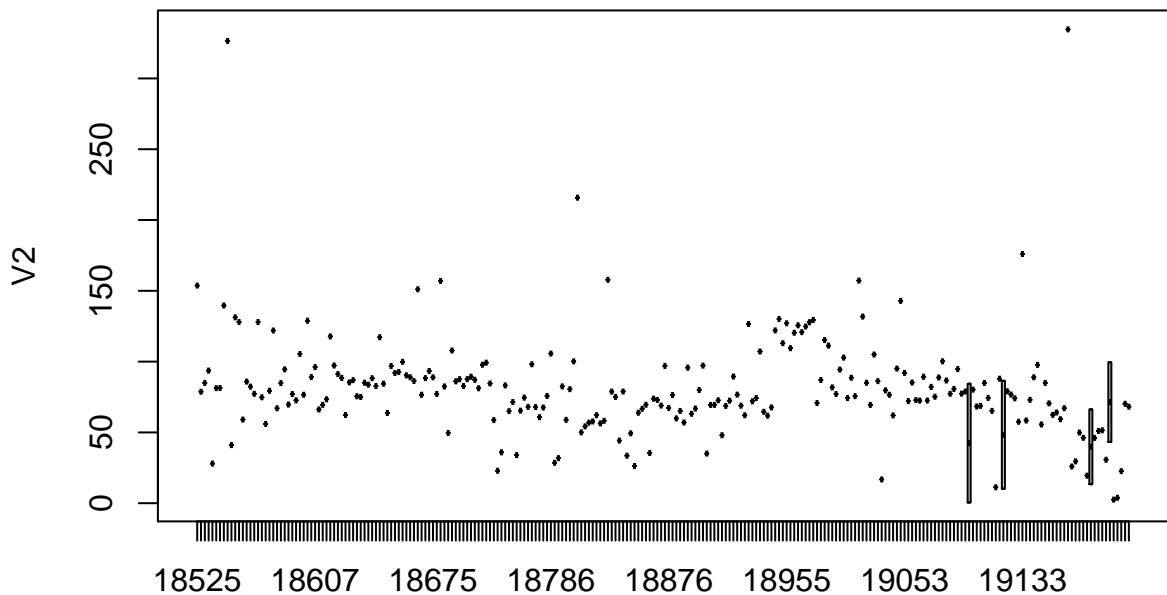


temp\$V1

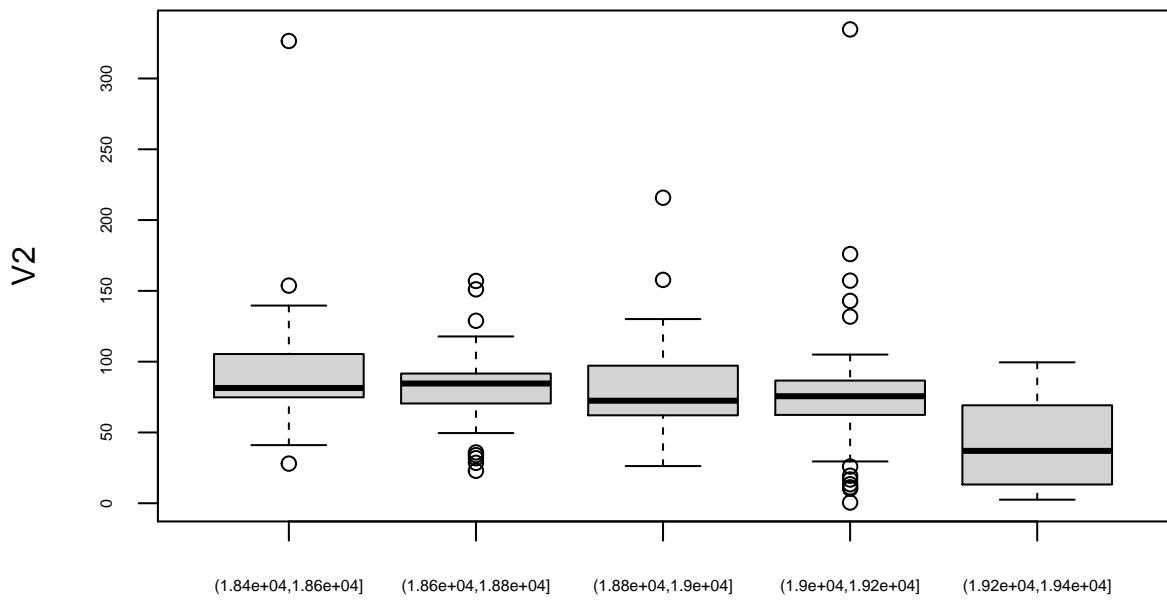
Date	Aerobic_Dcoupling
2022-04-20	-863

Sport class: Aerobic_TISS

Aerobic_TISS

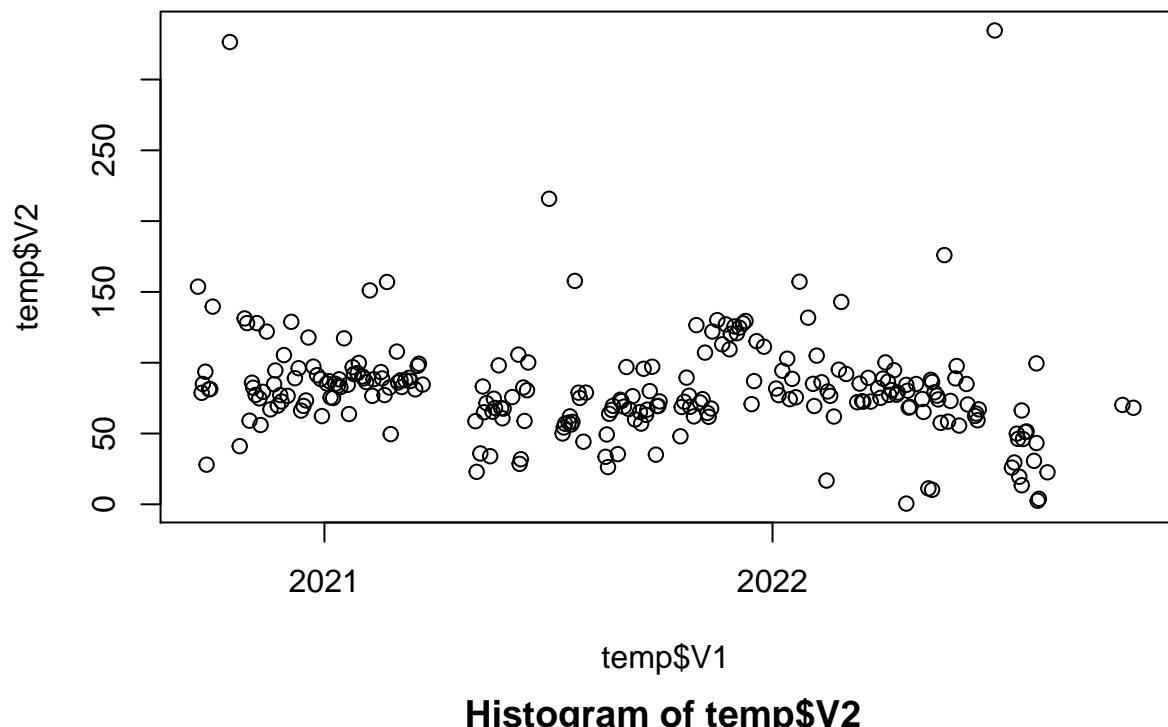


Aerobic_TISS

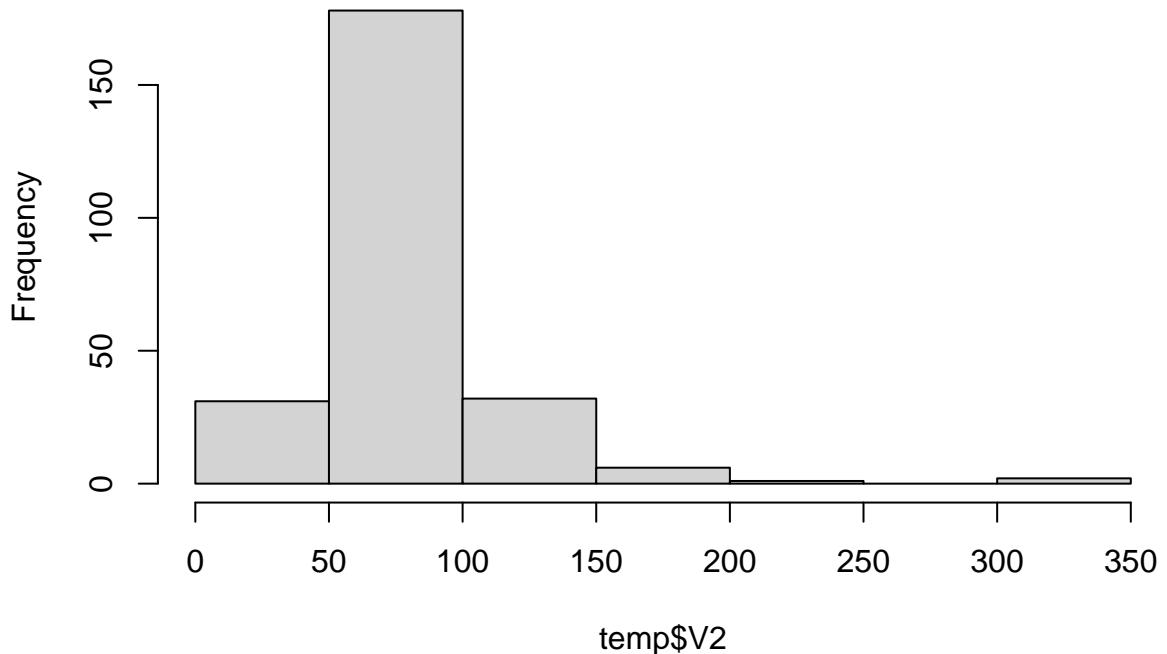


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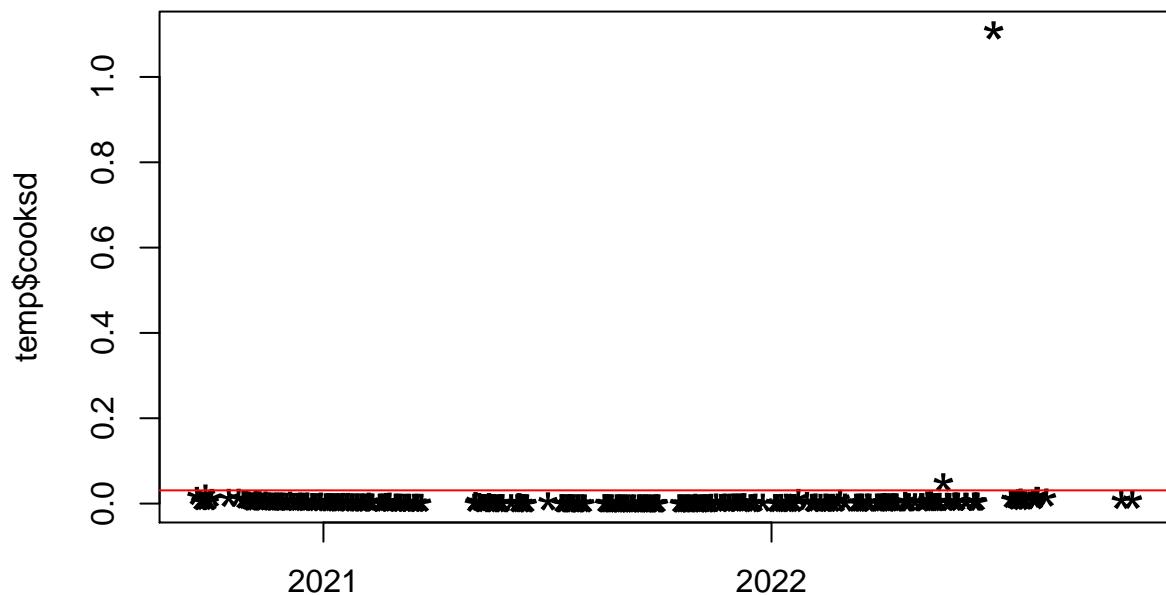
Aerobic_TISS



Histogram of `temp$V2`



Aerobic_TISS

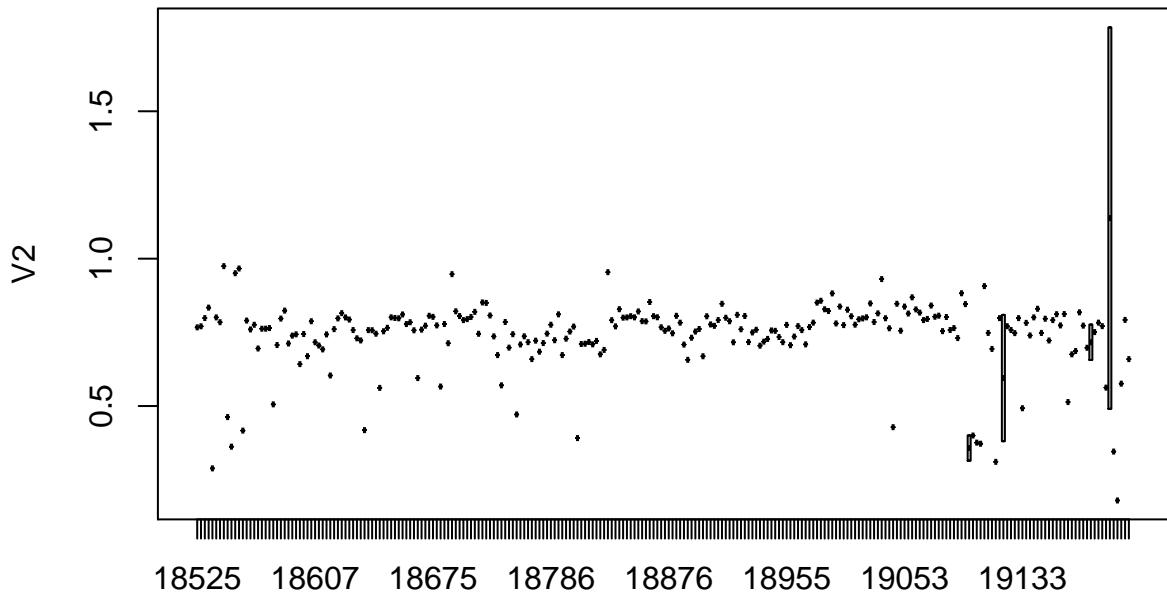


temp\$V1

Date	Aerobic_TISS
2022-05-21	176
2022-07-01	334.6

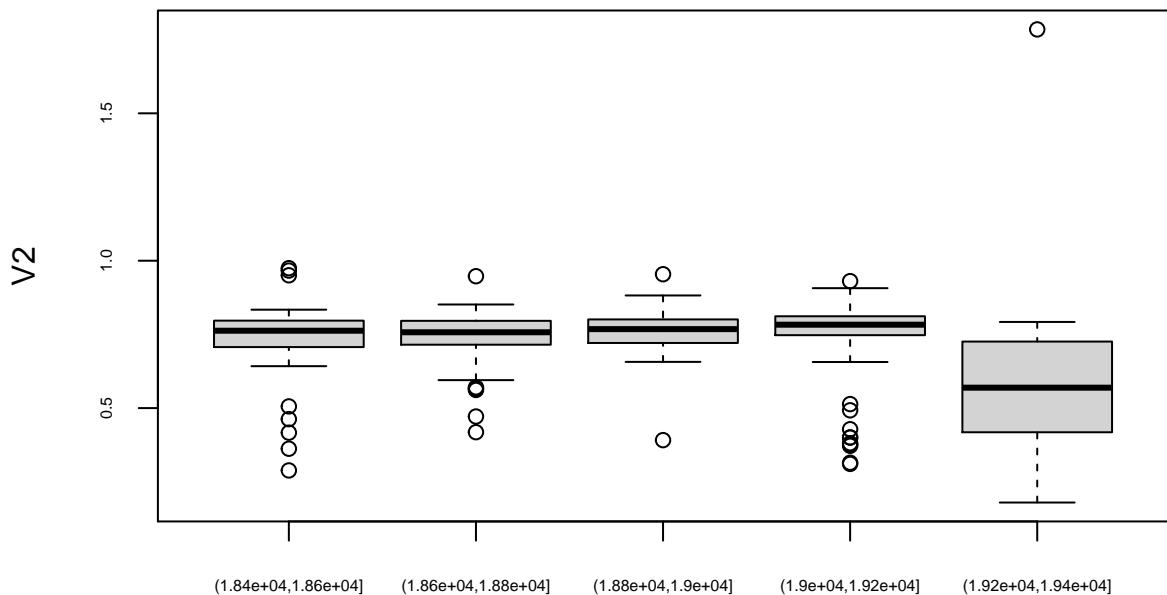
Sport class: aIF

aIF



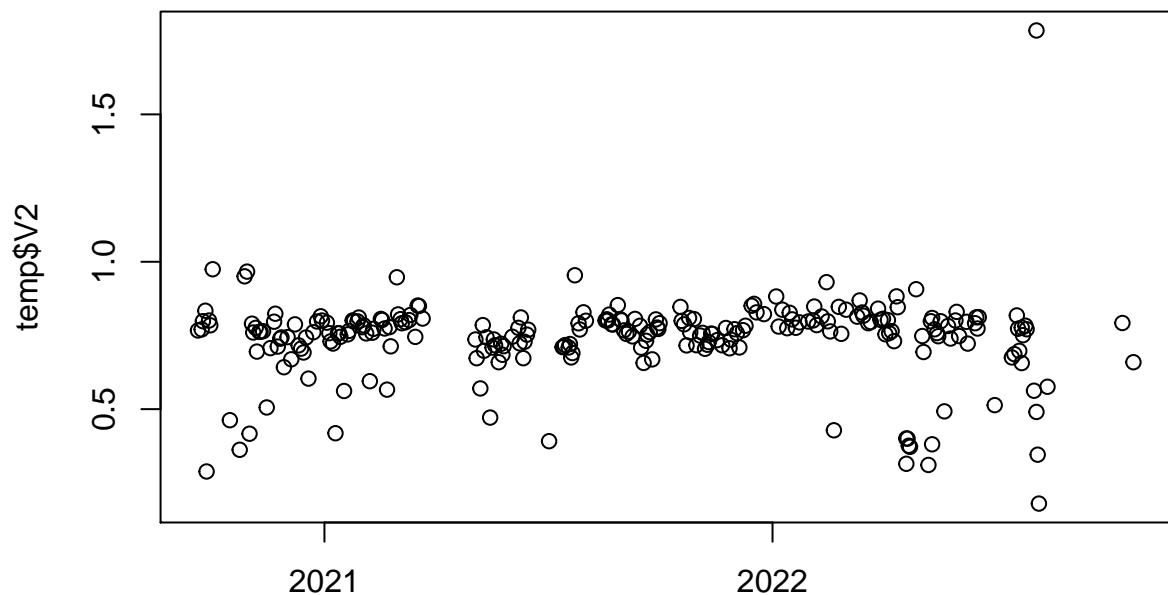
V_1

aIF



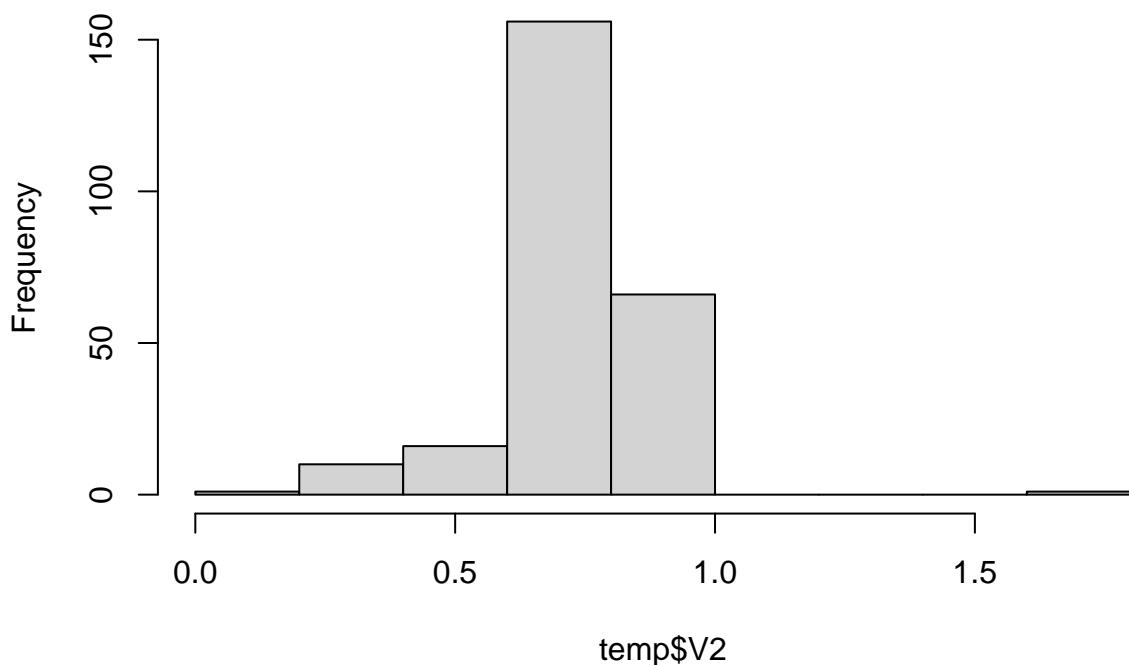
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aIF

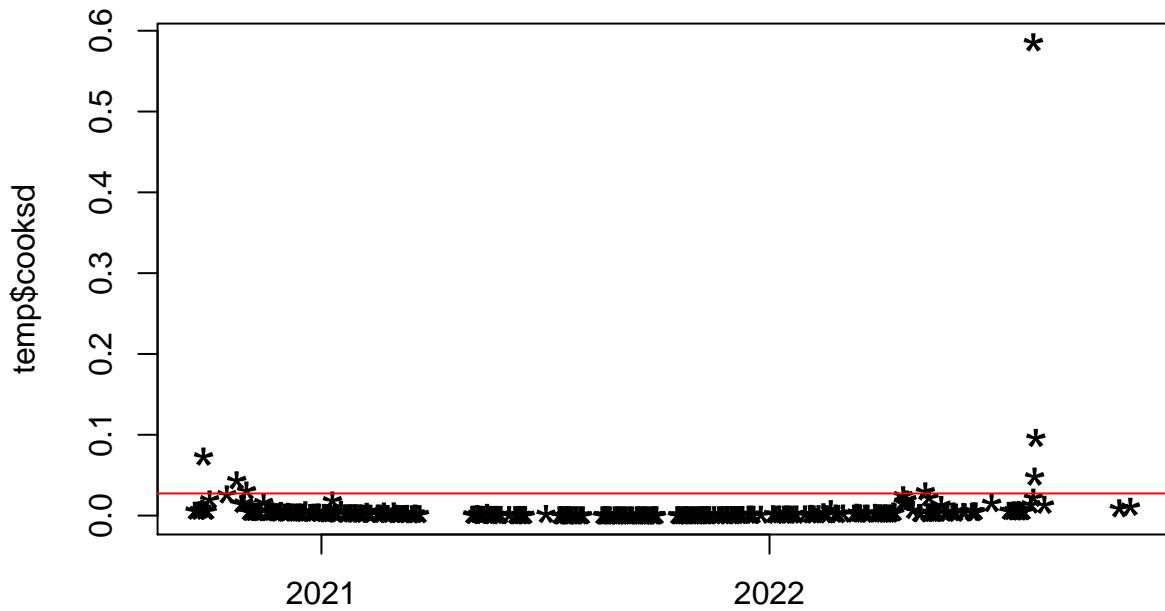


`temp$V1`

Histogram of `temp$V2`



aIF

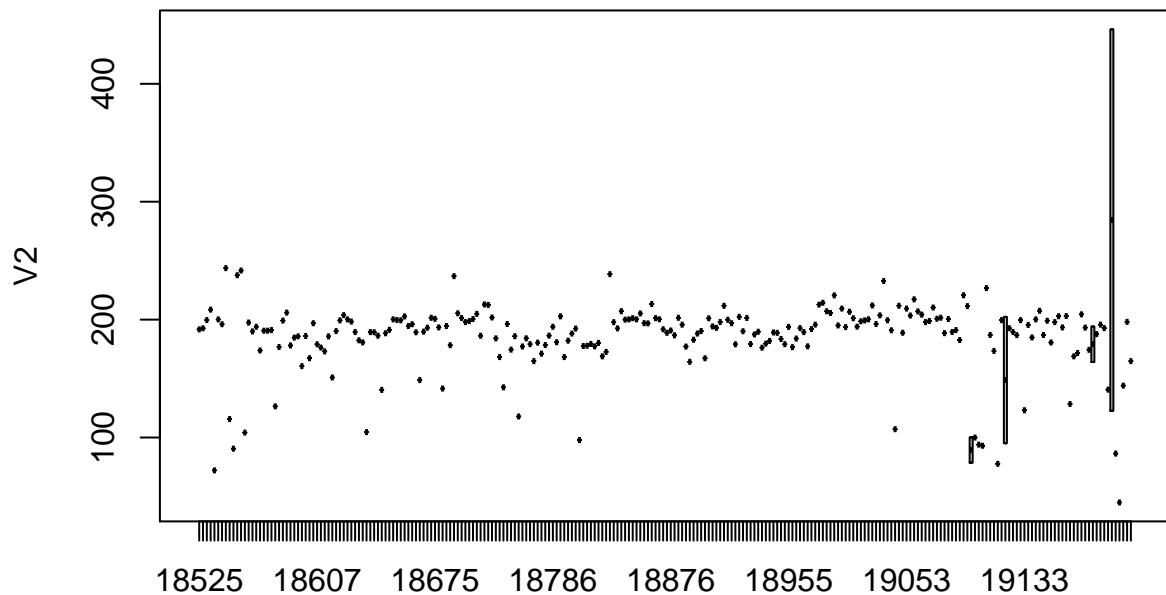


temp\$V1

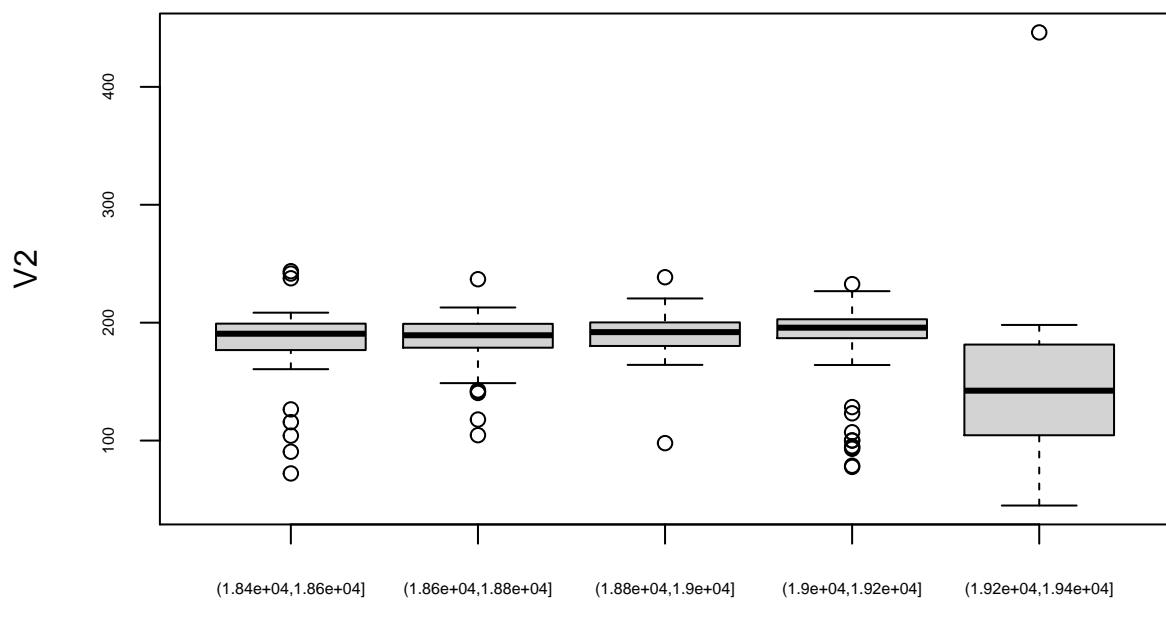
Date	aIF
2022-08-06	0.1797
2020-09-27	0.2885
2022-05-08	0.3107
2022-08-05	0.3455
2020-10-24	0.3622
2020-11-01	0.4167
2022-08-04	1.785

Sport class: alsoPower

alsoPower

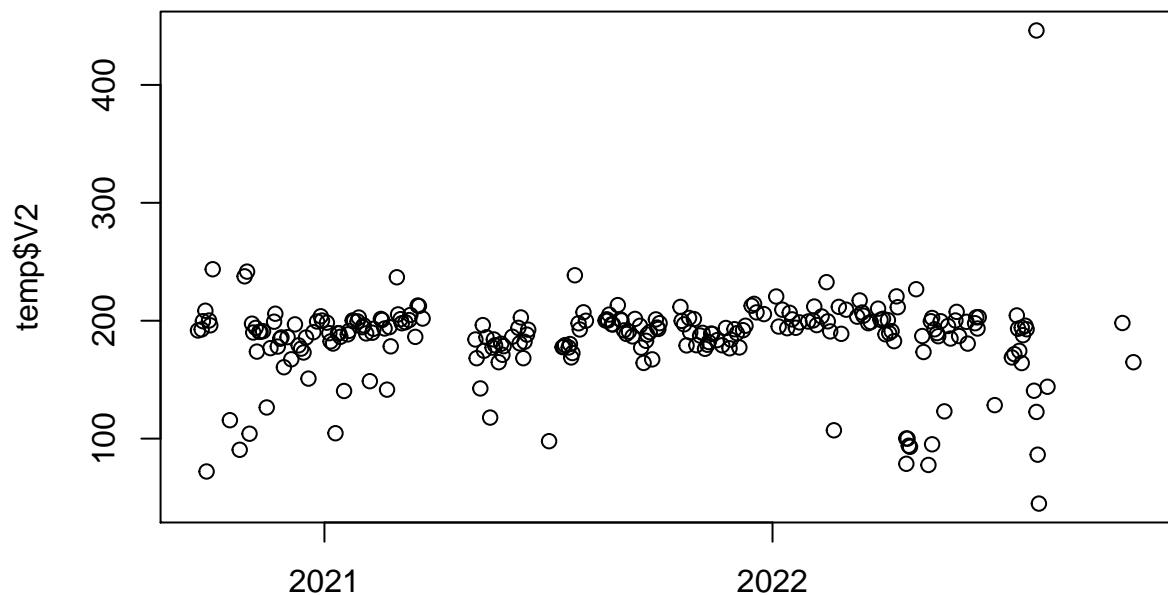


alsoPower



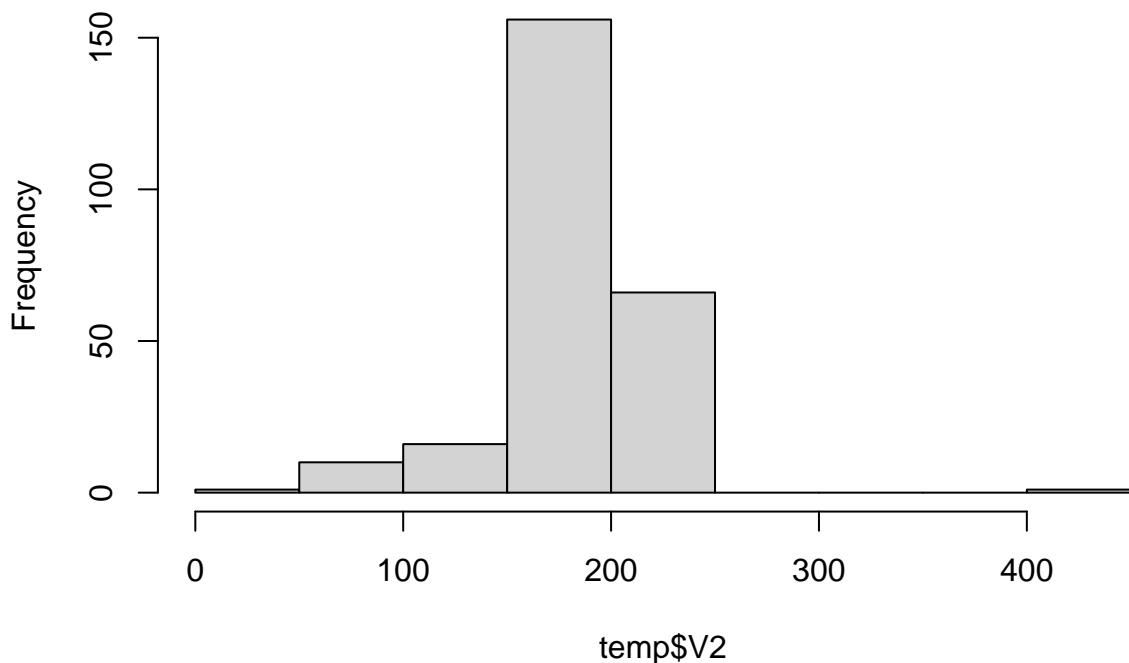
`cut(V1, pretty(temp$V1))`

alsoPower

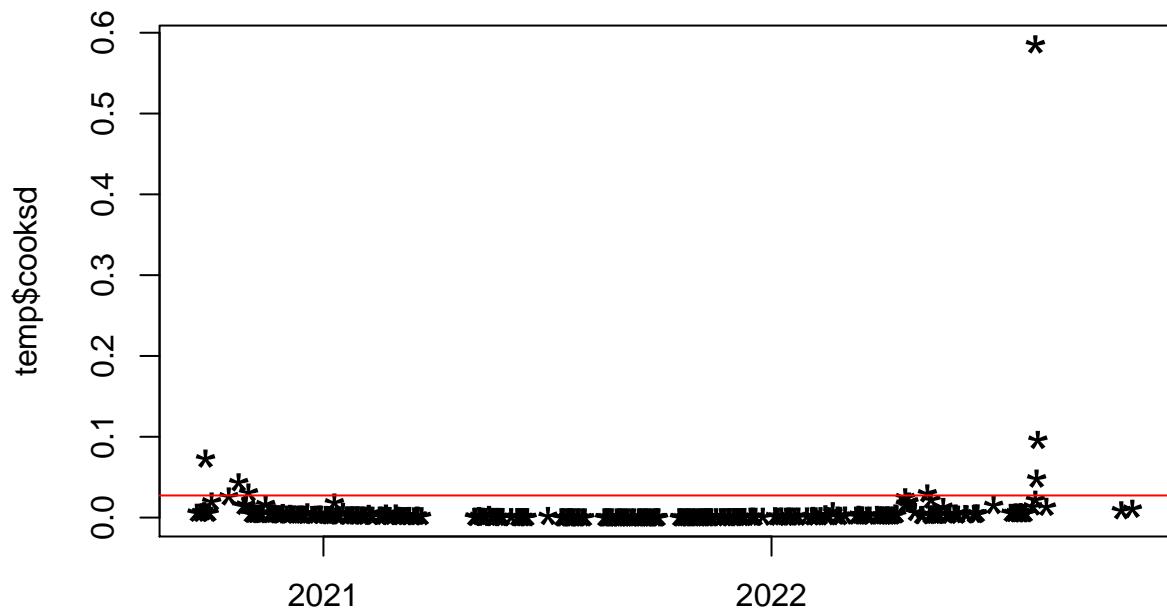


`temp$V1`

Histogram of `temp$V2`



alsoPower

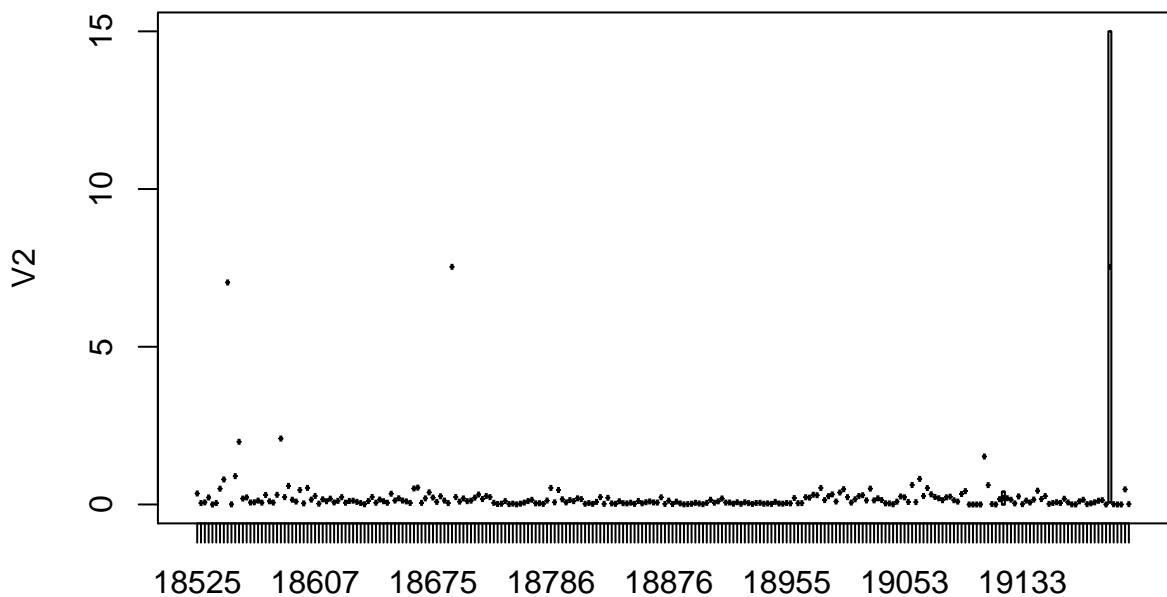


temp\$V1

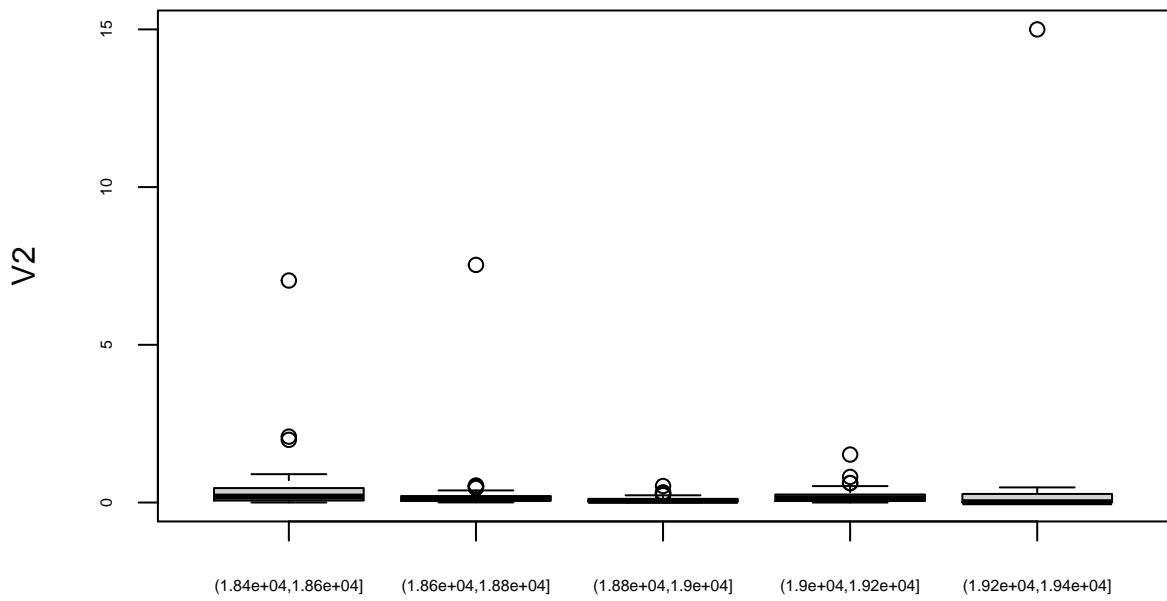
Date	aIsoPower
2022-08-06	44.92
2020-09-27	72.13
2022-05-08	77.68
2022-08-05	86.39
2020-10-24	90.55
2020-11-01	104.2
2022-08-04	446.2

Sport class: Anaerobic_TISS

Anaerobic_TISS

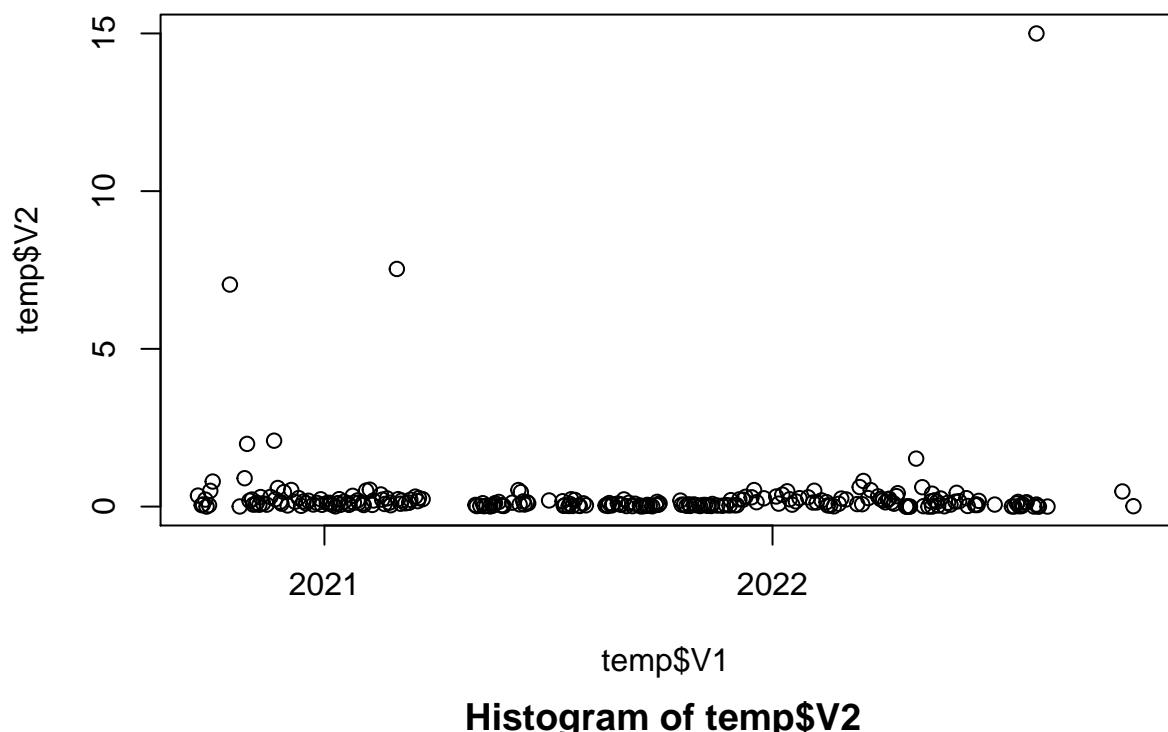


Anaerobic_TISS



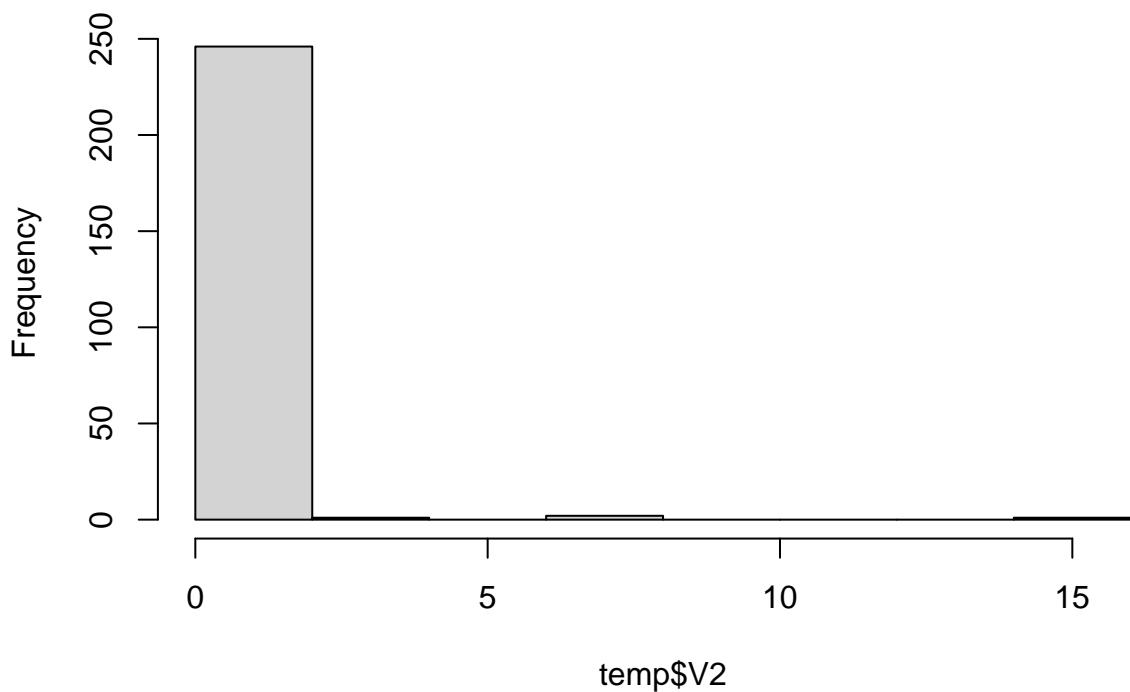
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Anaerobic_TISS



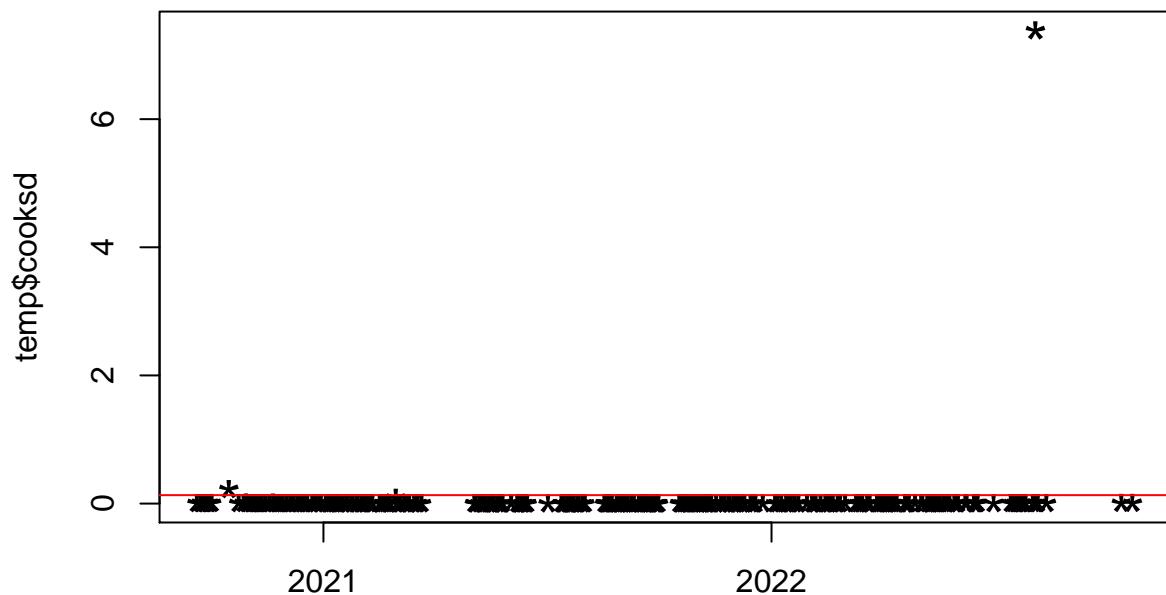
temp\$V1

Histogram of temp\$V2



temp\$V2

Anaerobic_TISS

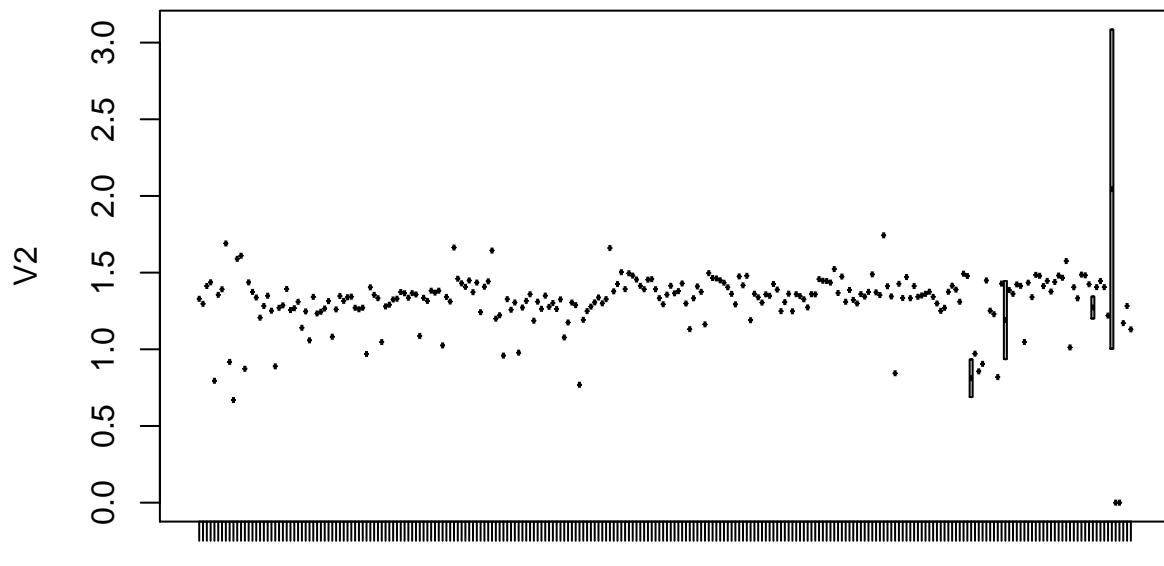


`temp$V1`

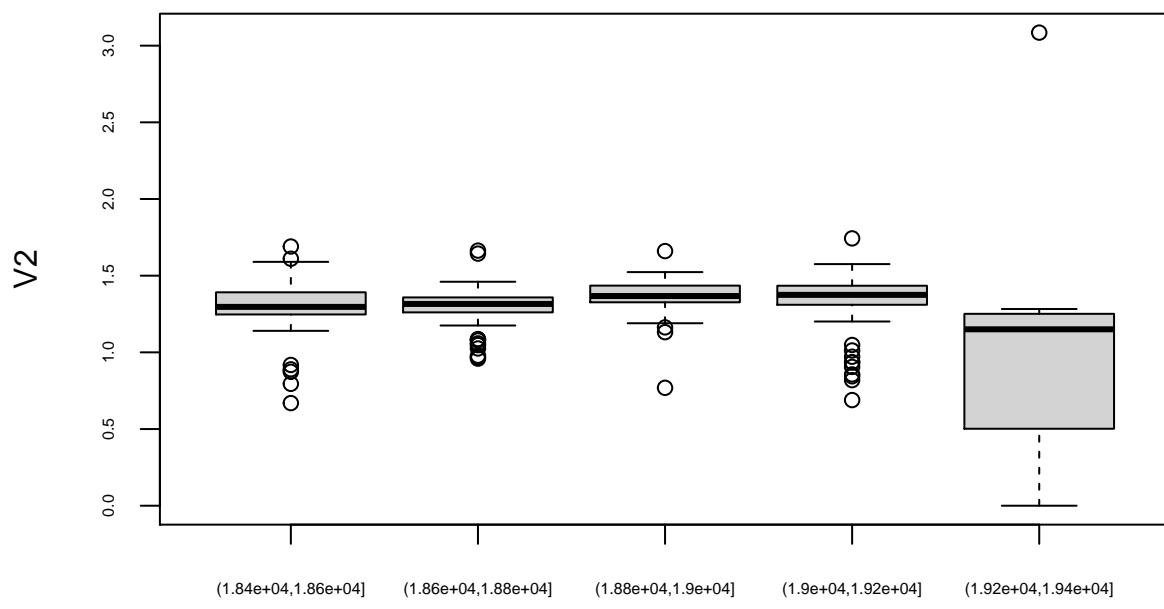
Date	Anaerobic_TISS
2020-10-16	7.039
2022-08-04	15

Sport class: aPower_Efficiency_Factor

aPower_Efficiency_Factor

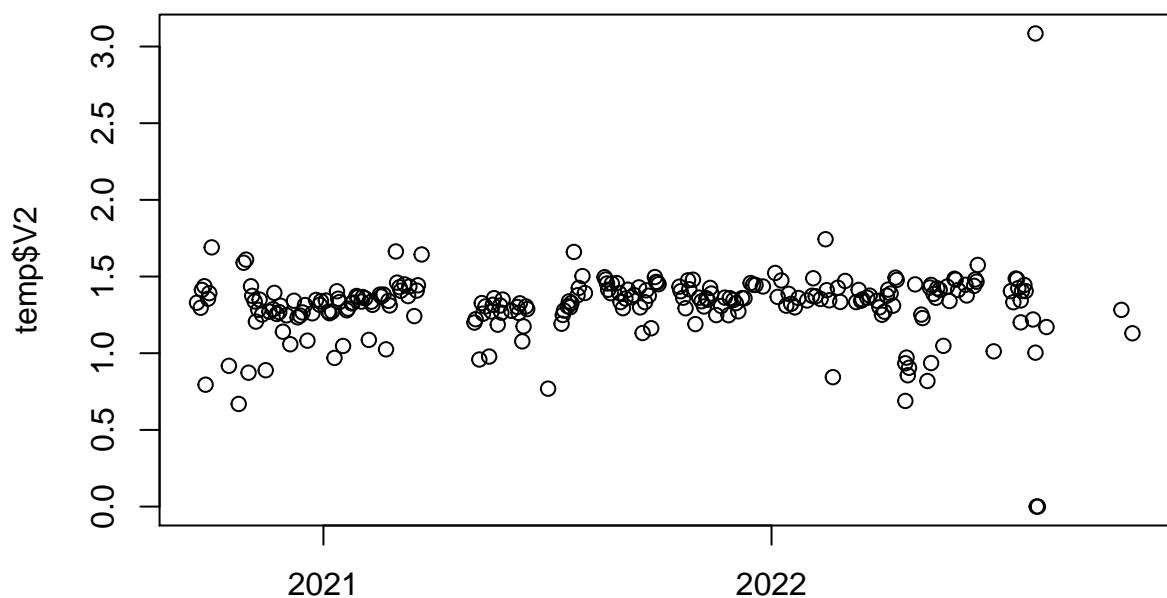


aPower_Efficiency_Factor



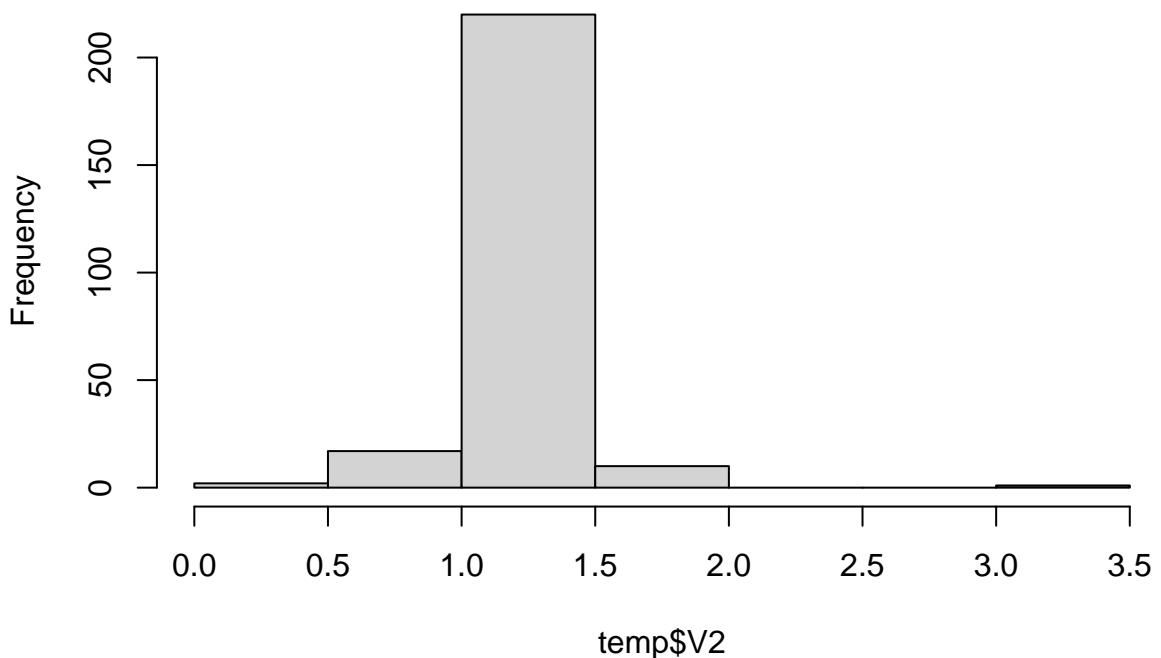
cut(V1, pretty(temp\$V1))

aPower_Efficiency_Factor

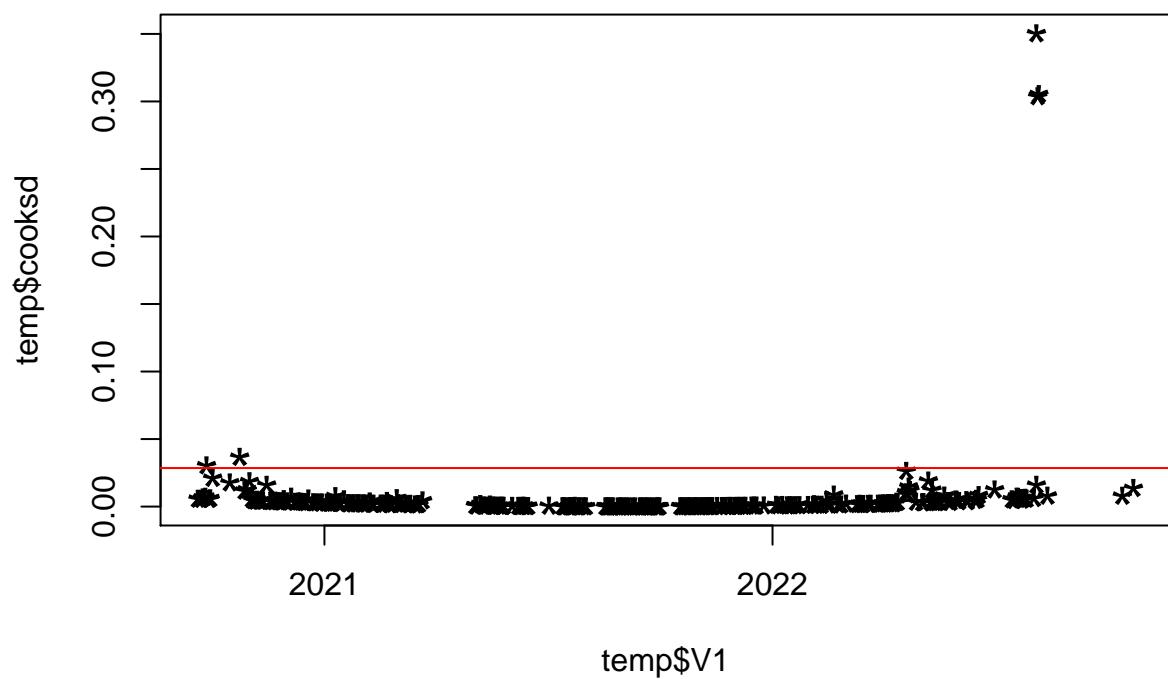


`temp$V1`

Histogram of `temp$V2`



aPower_Efficiency_Factor

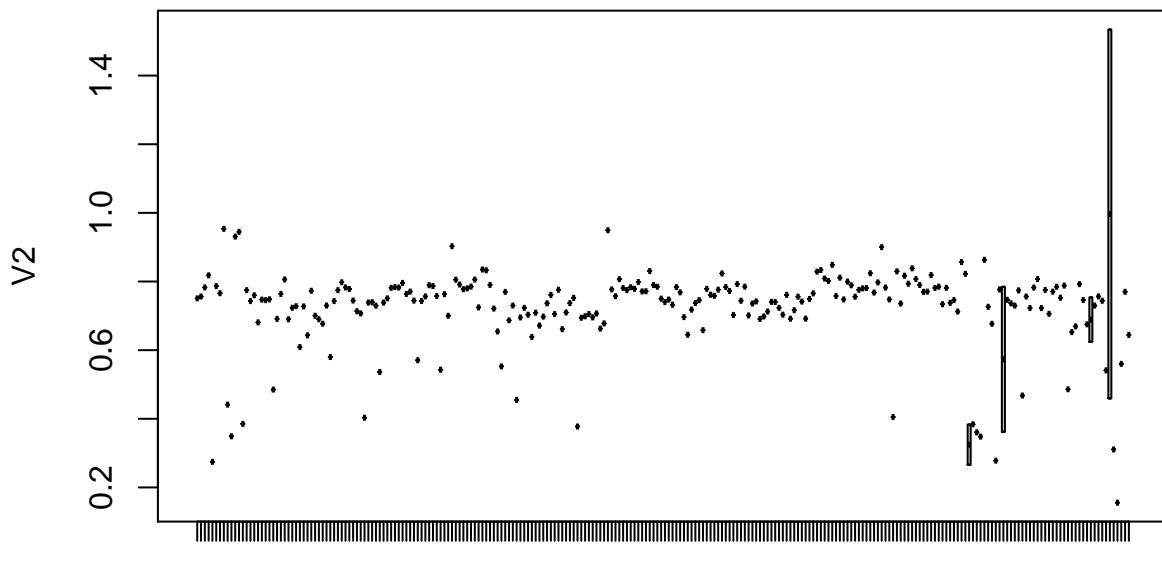


temp\$V1

Date	aPower_Efficiency_Factor
2022-08-05	0
2022-08-06	0
2020-10-24	0.6692
2020-09-27	0.7947
2022-08-04	3.085

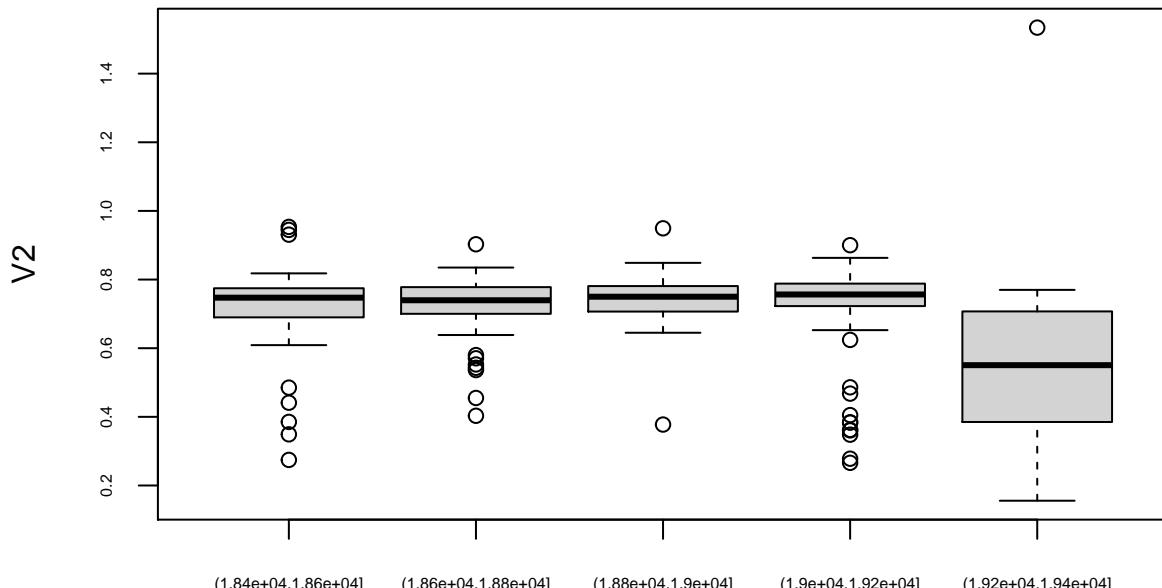
Sport class: aPower_Relative_Intensity

aPower_Relative_Intensity



18525 18607 18675 18786 18876 18955 19053 19133

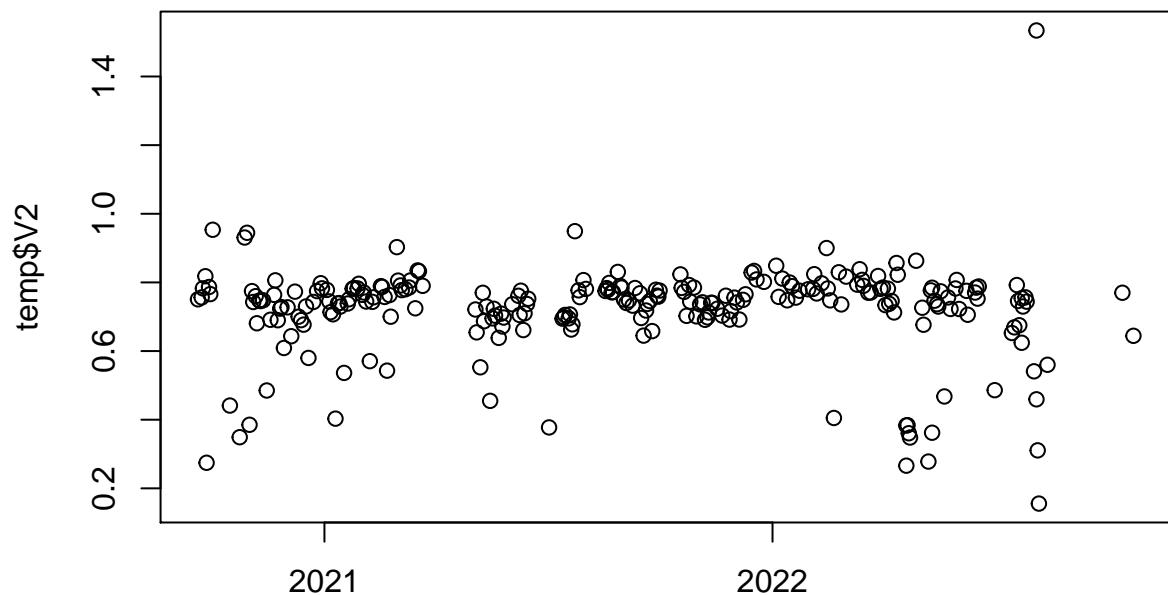
aPower_Relative_Intensity



(1.84e+04,1.86e+04] (1.86e+04,1.88e+04] (1.88e+04,1.9e+04] (1.9e+04,1.92e+04] (1.92e+04,1.94e+04]

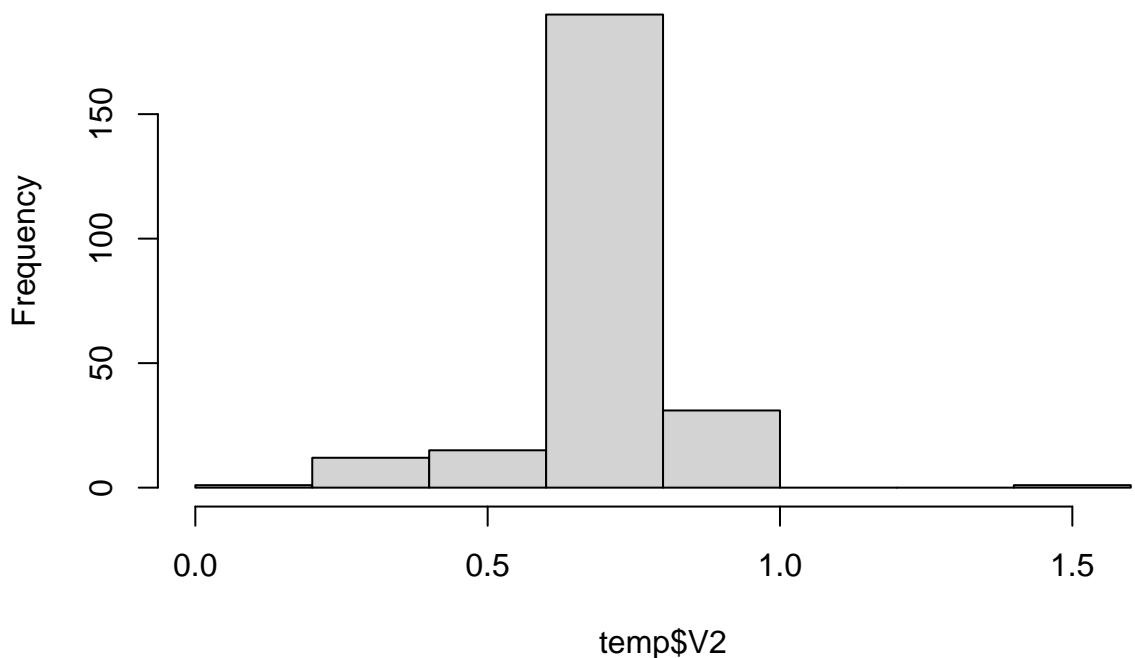
cut(V1, pretty(temp\$V1))

aPower_Relative_Intensity

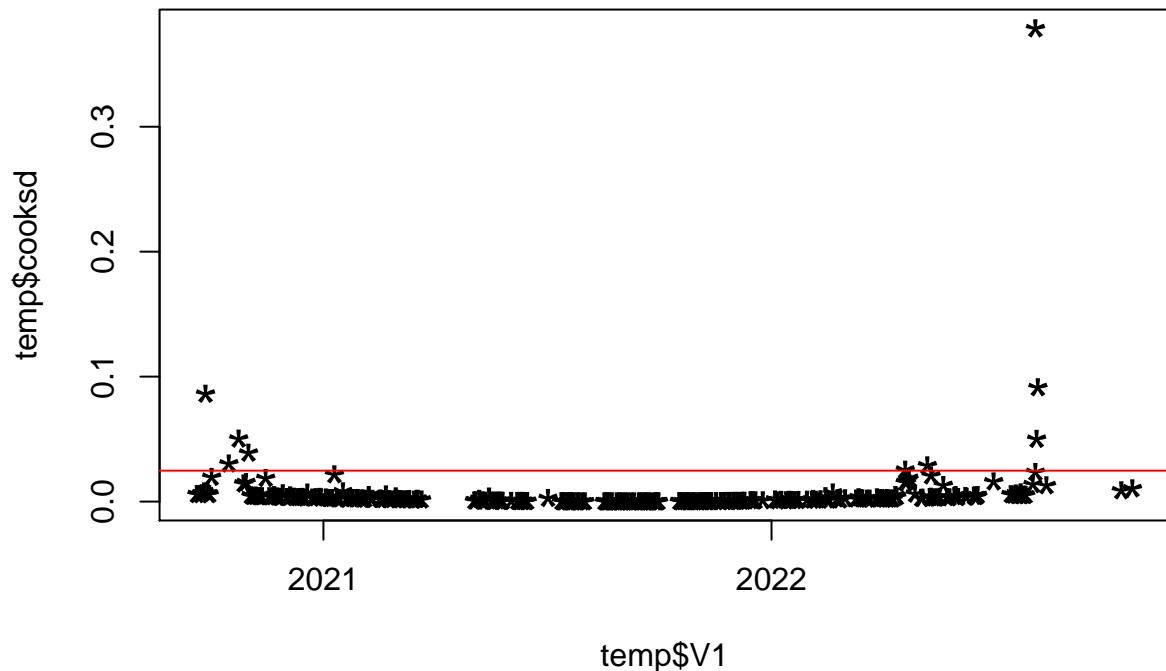


`temp$V1`

Histogram of `temp$V2`



aPower_Relative_Intensity

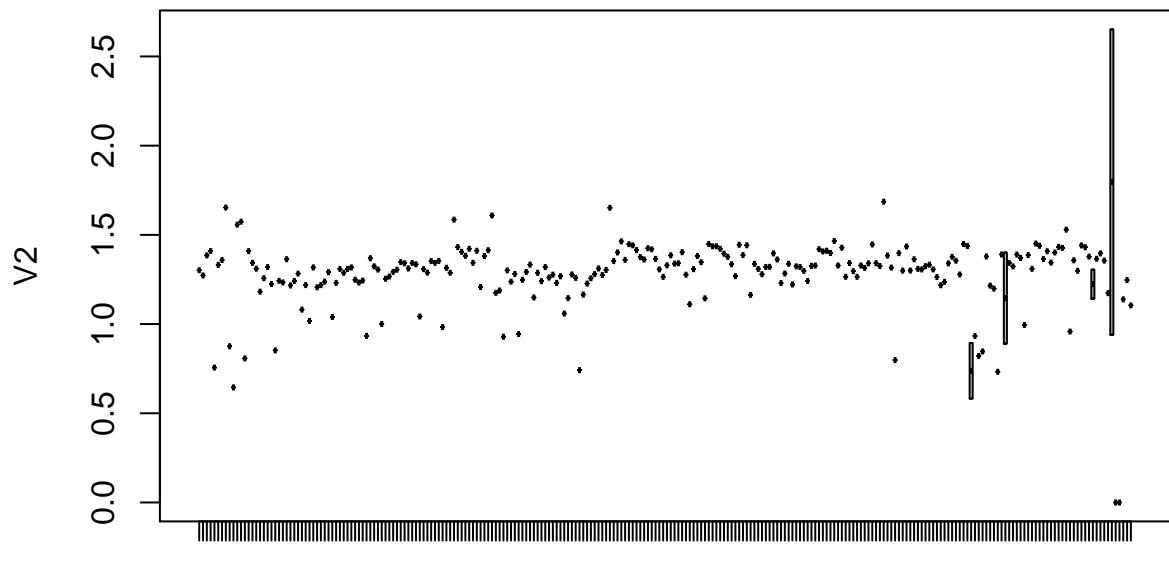


temp\$V1

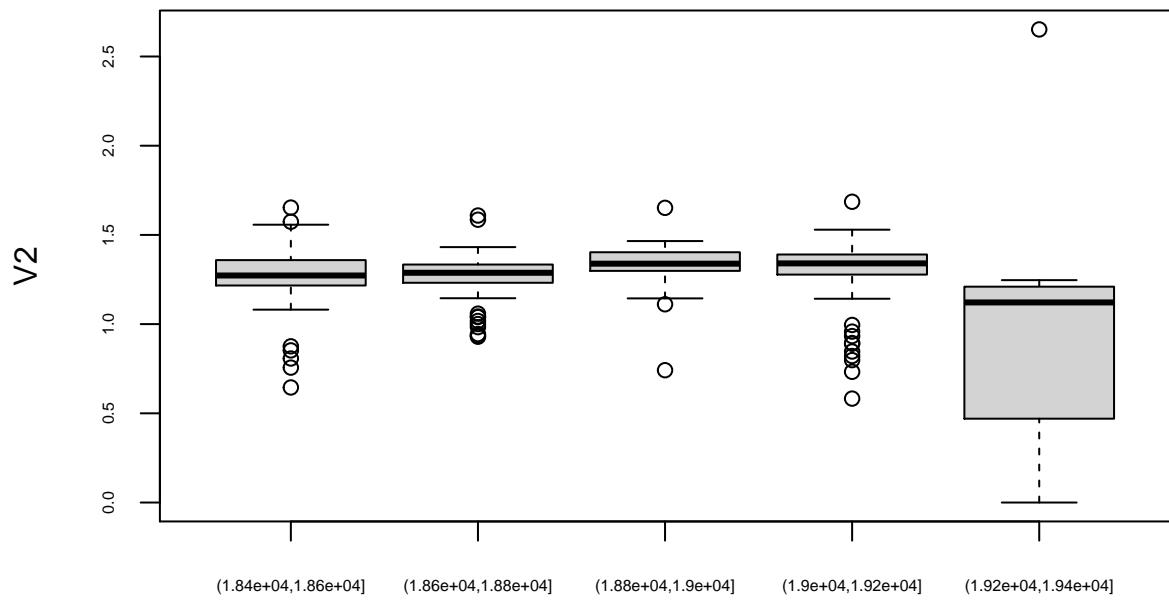
Date	aPower_Relative_Intensity
2022-08-06	0.1556
2022-04-20	0.2661
2020-09-27	0.2745
2022-05-08	0.2781
2022-08-05	0.3107
2020-10-24	0.349
2020-11-01	0.3853
2020-10-16	0.4412
2022-08-04	1.534

Sport class: aPower_Response_Index

aPower_Response_Index

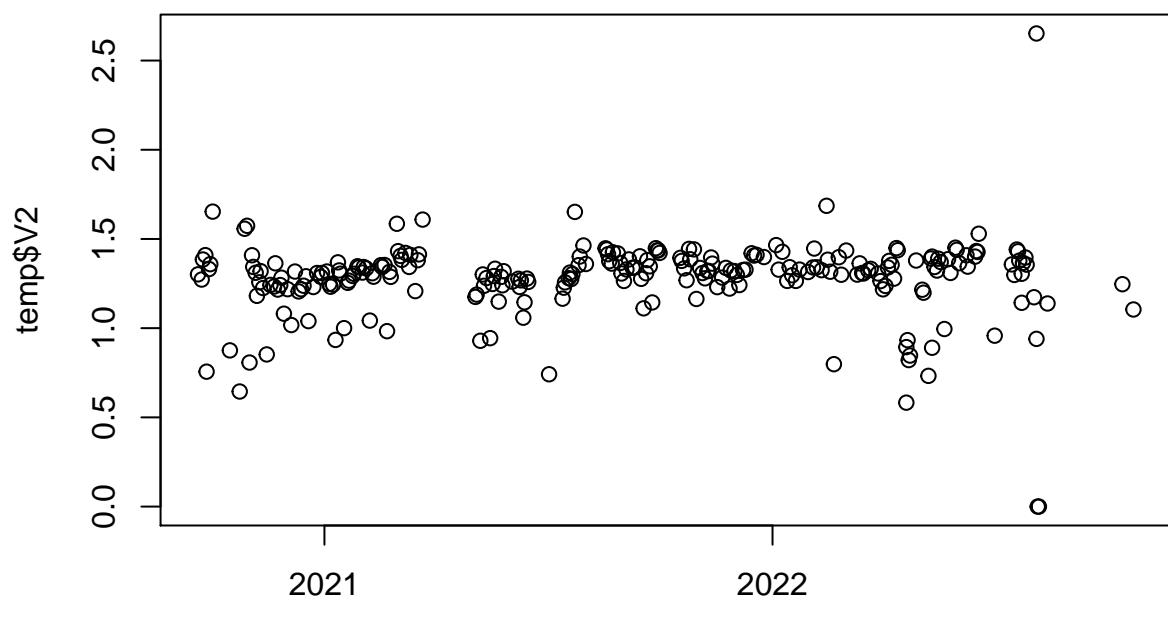


aPower_Response_Index



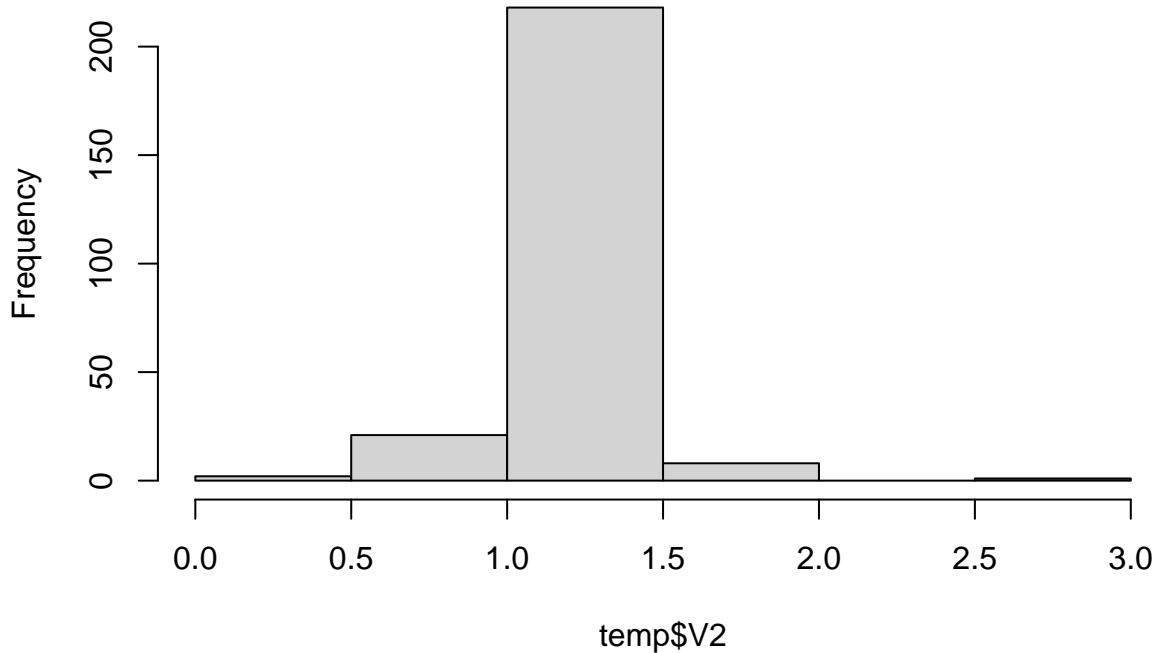
cut(V1, pretty(temp\$V1))

aPower_Response_Index



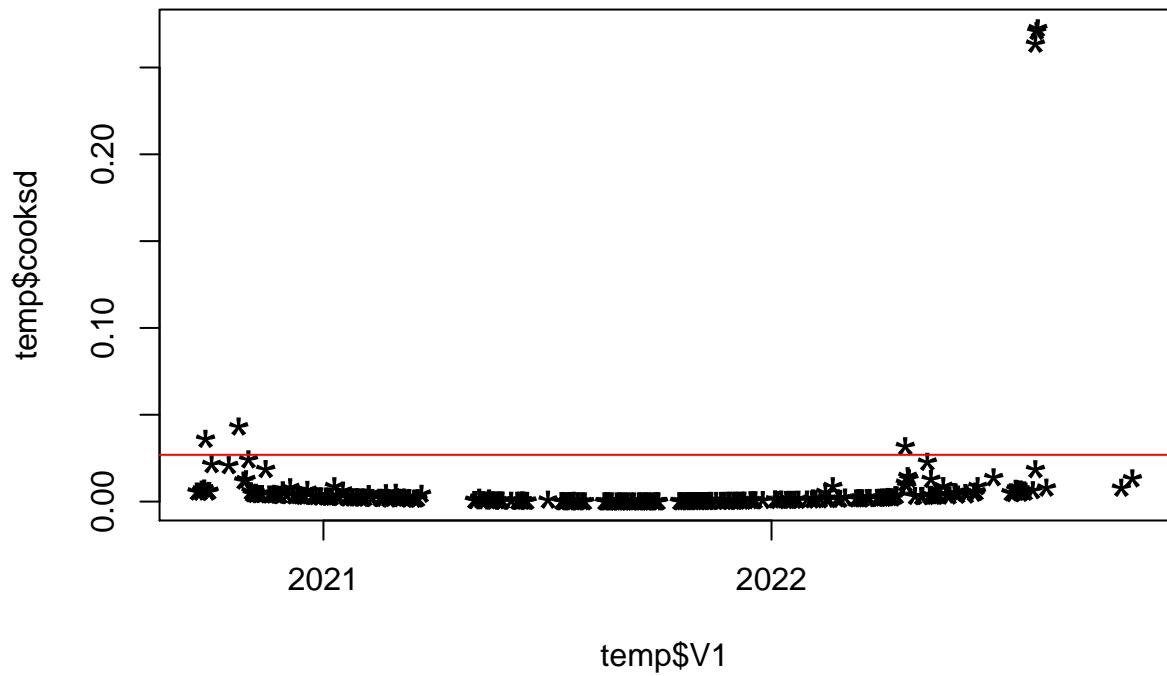
temp\$V1

Histogram of temp\$V2



temp\$V2

aPower_Response_Index

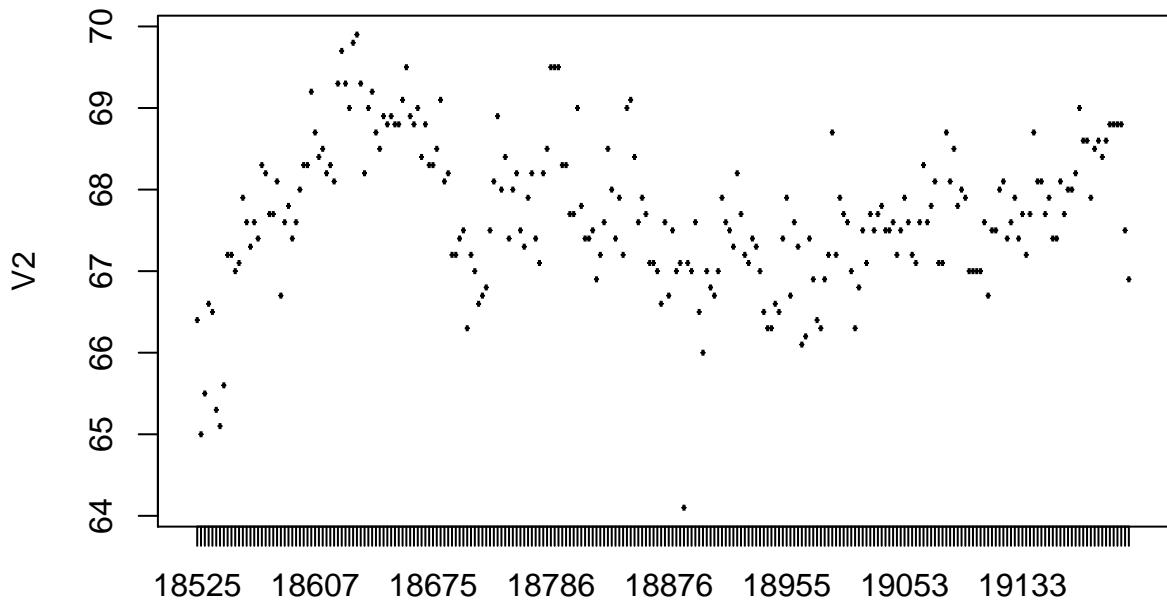


temp\$V1

Date	aPower_Response_Index
2022-08-05	0
2022-08-06	0
2022-04-20	0.5826
2020-10-24	0.6449
2020-09-27	0.7562
2022-08-04	2.652

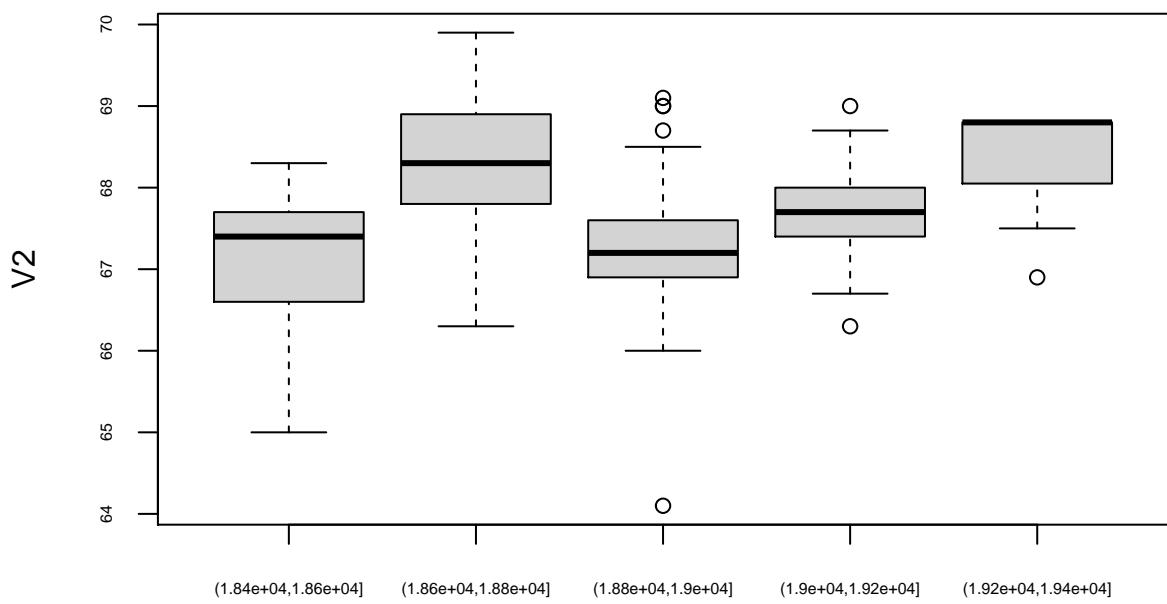
Sport class: Athlete_Weight

Athlete_Weight

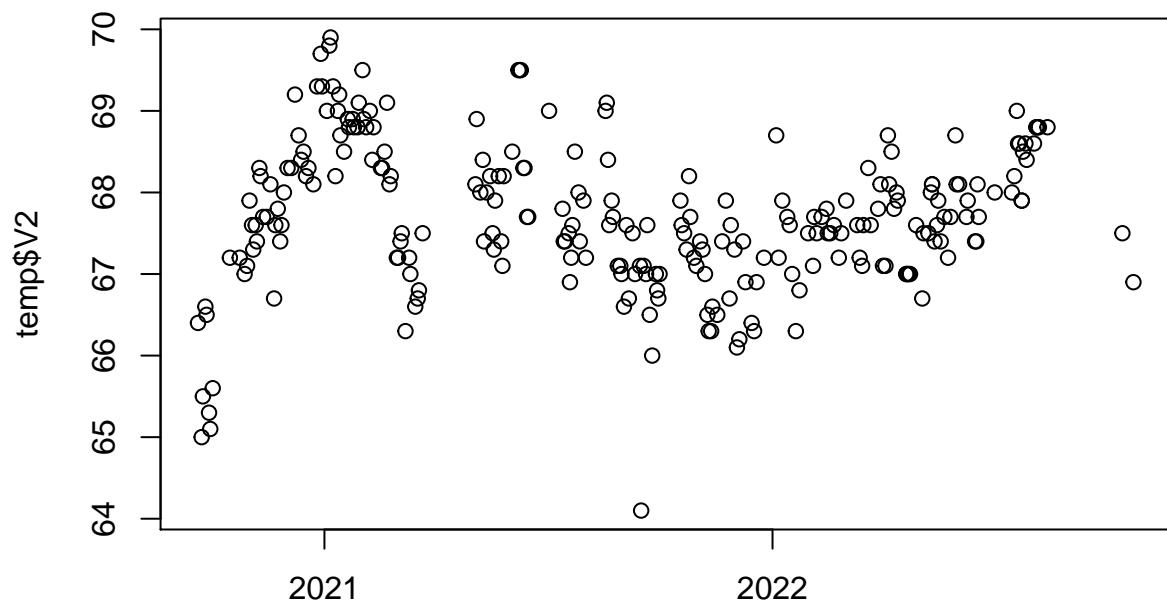


V1

Athlete_Weight

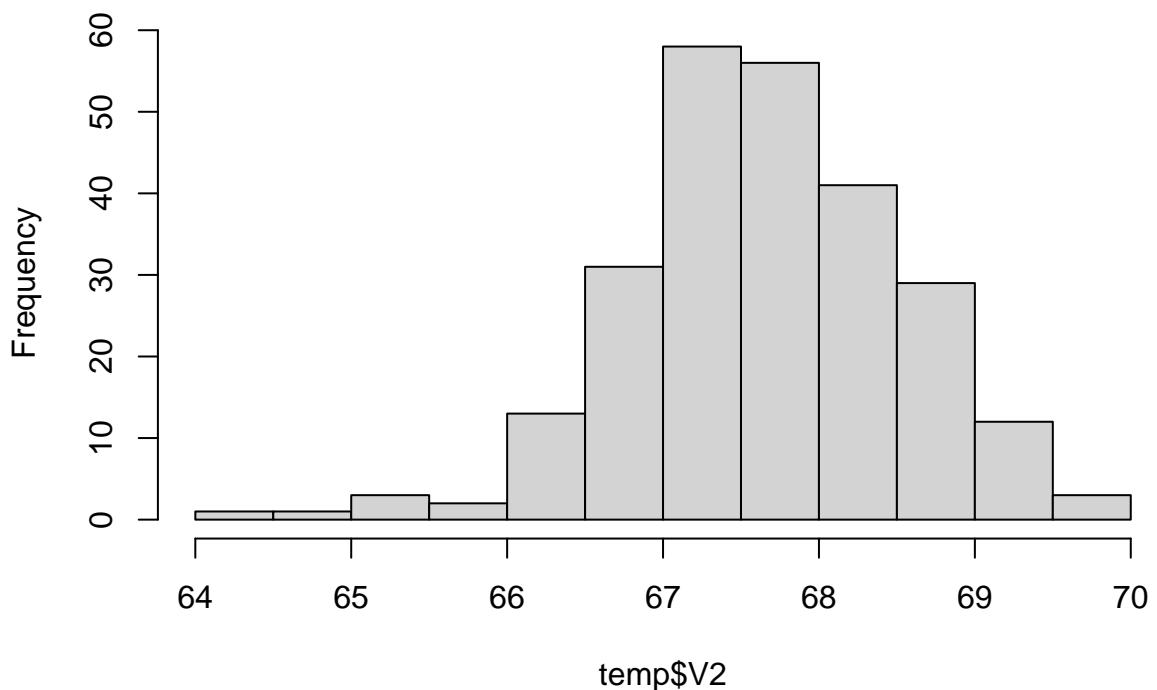


Athlete_Weight

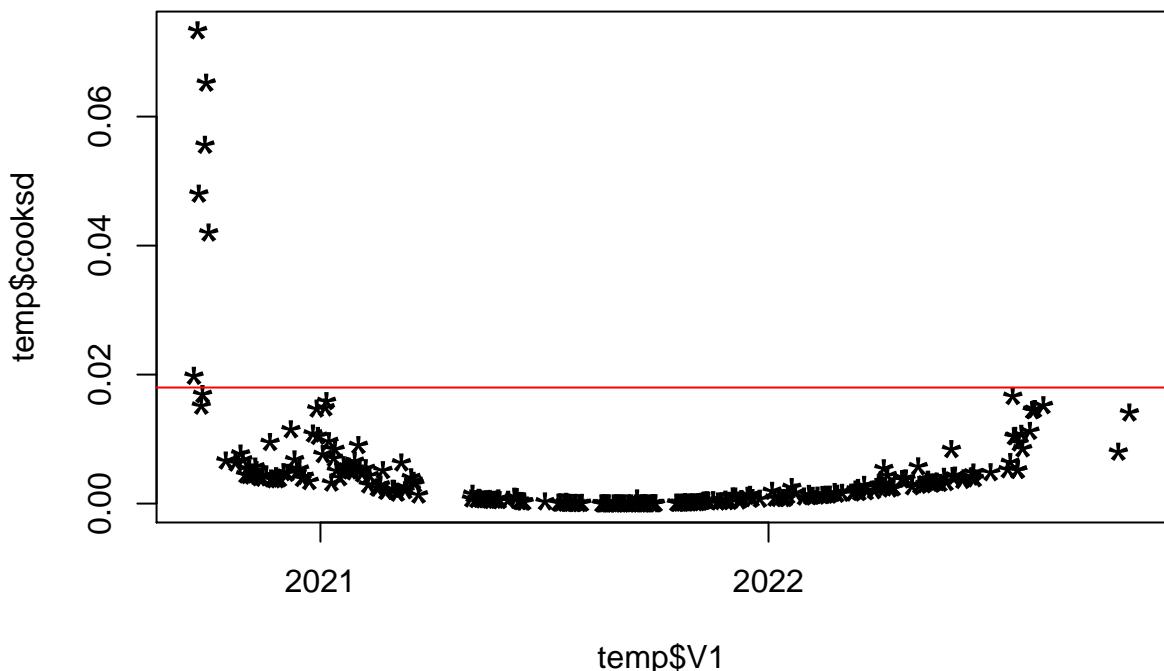


temp\$V1

Histogram of temp\$V2



Athlete_Weight

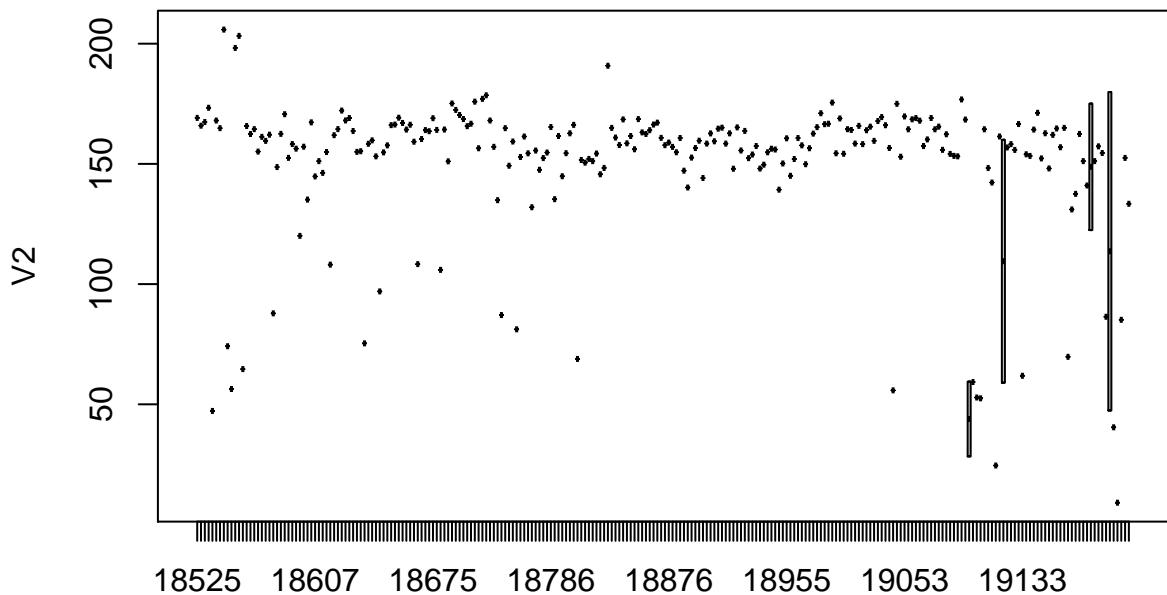


temp\$V1

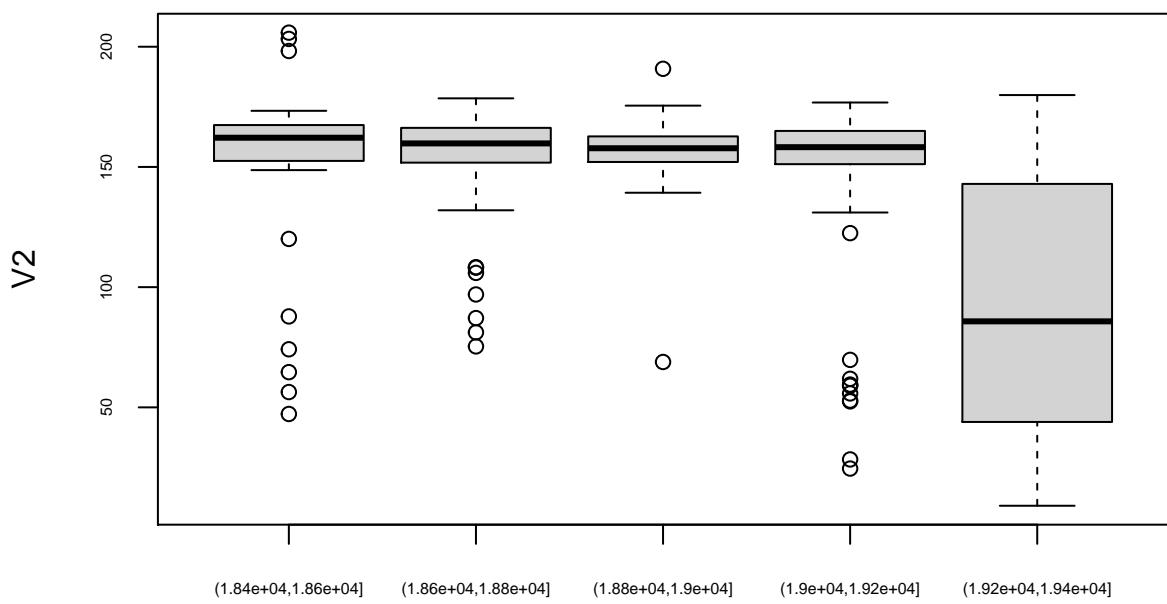
Date	Athlete_Weight
2020-09-23	65
2020-09-30	65.1
2020-09-29	65.3
2020-09-24	65.5
2020-10-02	65.6
2020-09-20	66.4

Sport class: Average_aPower

Average_aPower

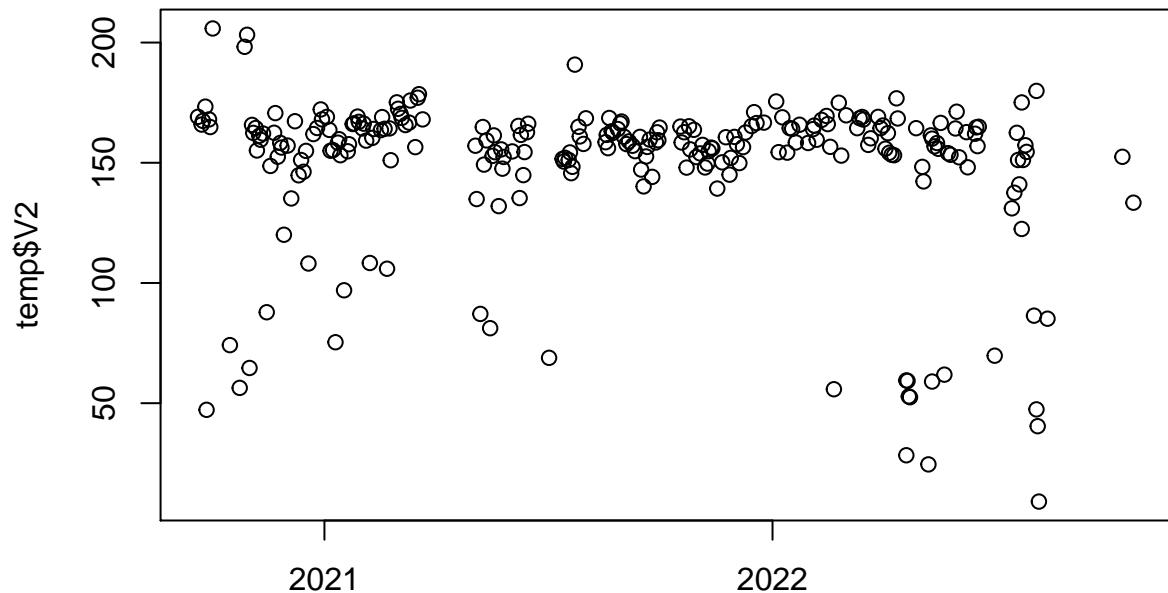


Average_aPower



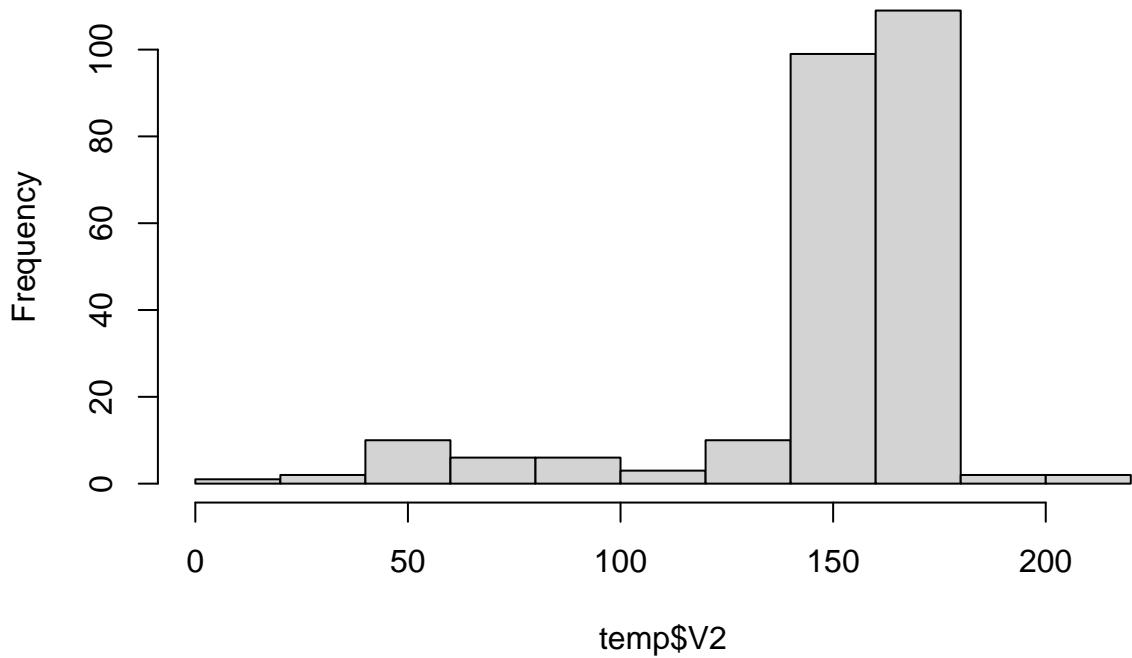
cut(V1, pretty(temp\$V1))

Average_aPower

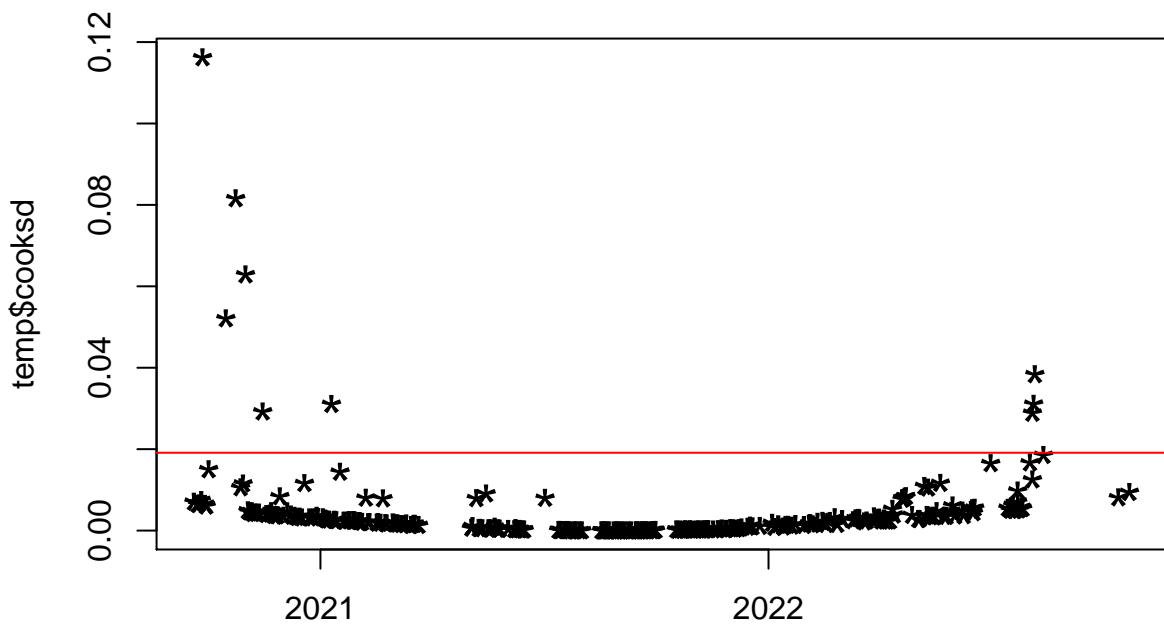


temp\$V1

Histogram of temp\$V2



Average_aPower

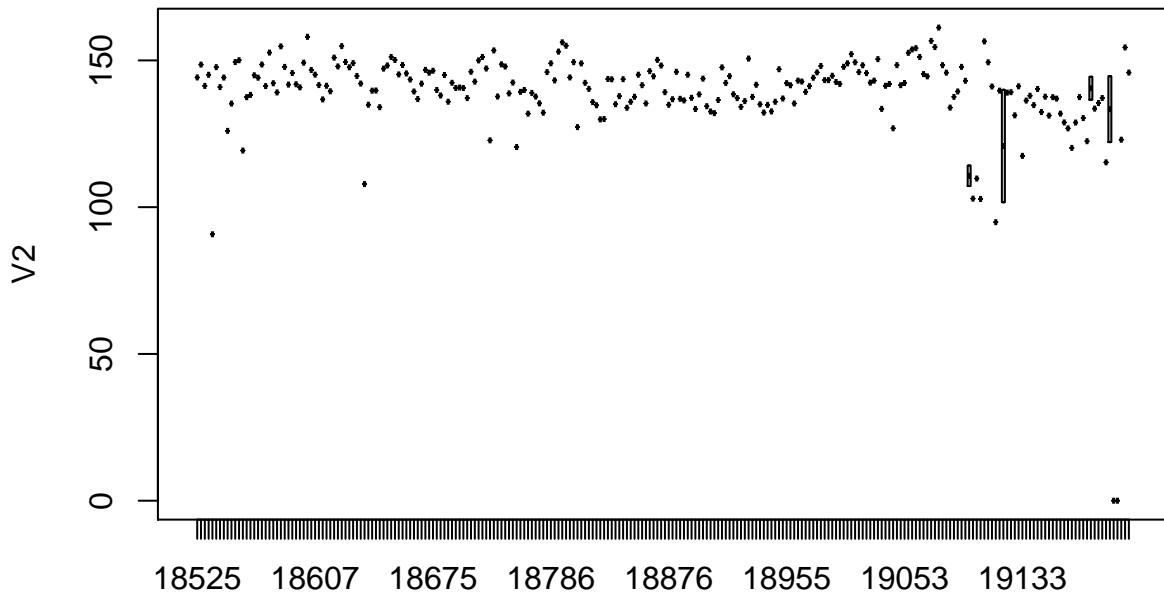


temp\$V1

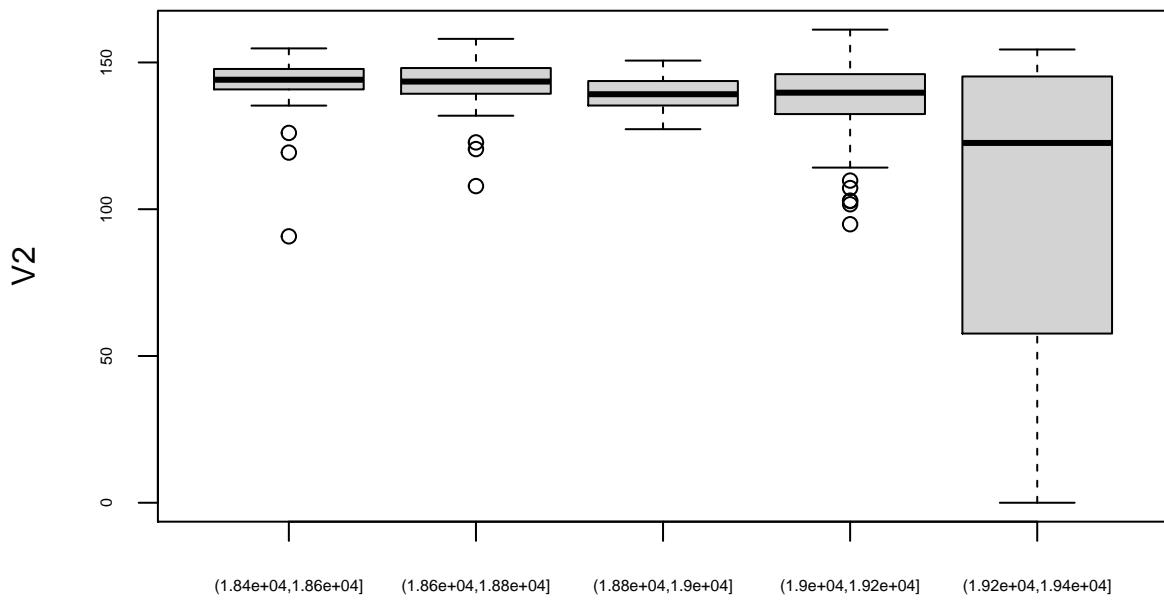
Date	Average_aPower
2022-08-06	9.078
2022-08-05	40.43
2020-09-27	47.24
2022-08-04	47.43
2020-10-24	56.36
2020-11-01	64.65
2020-10-16	74.15
2021-01-10	75.35
2020-11-15	87.83

Sport class: Average_Heart_Rate

Average_Heart_Rate

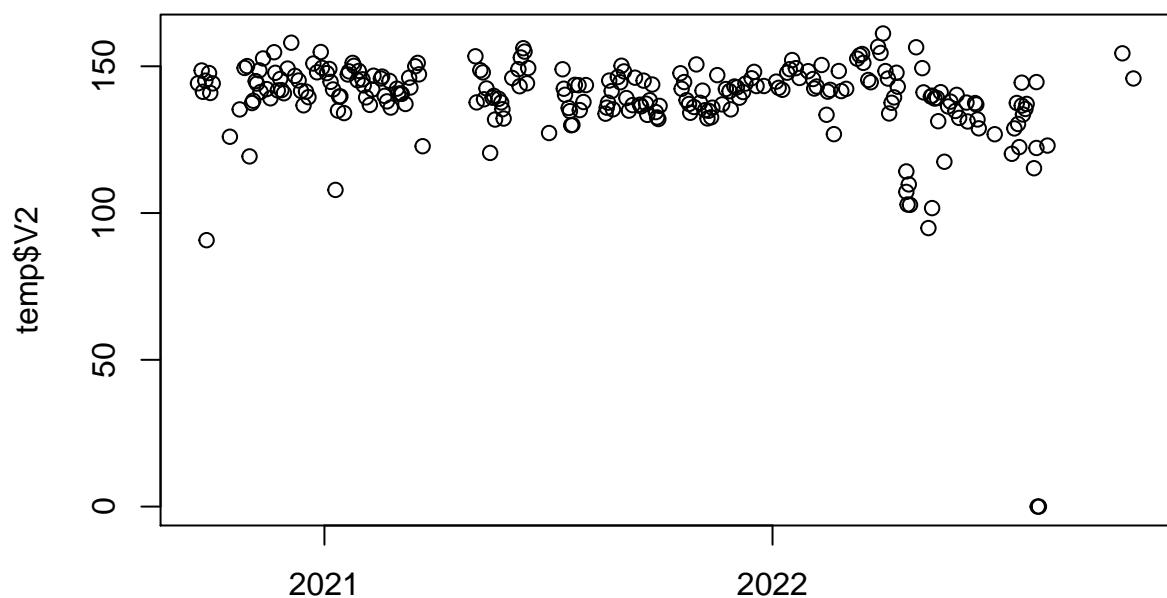


V1 Average_Heart_Rate



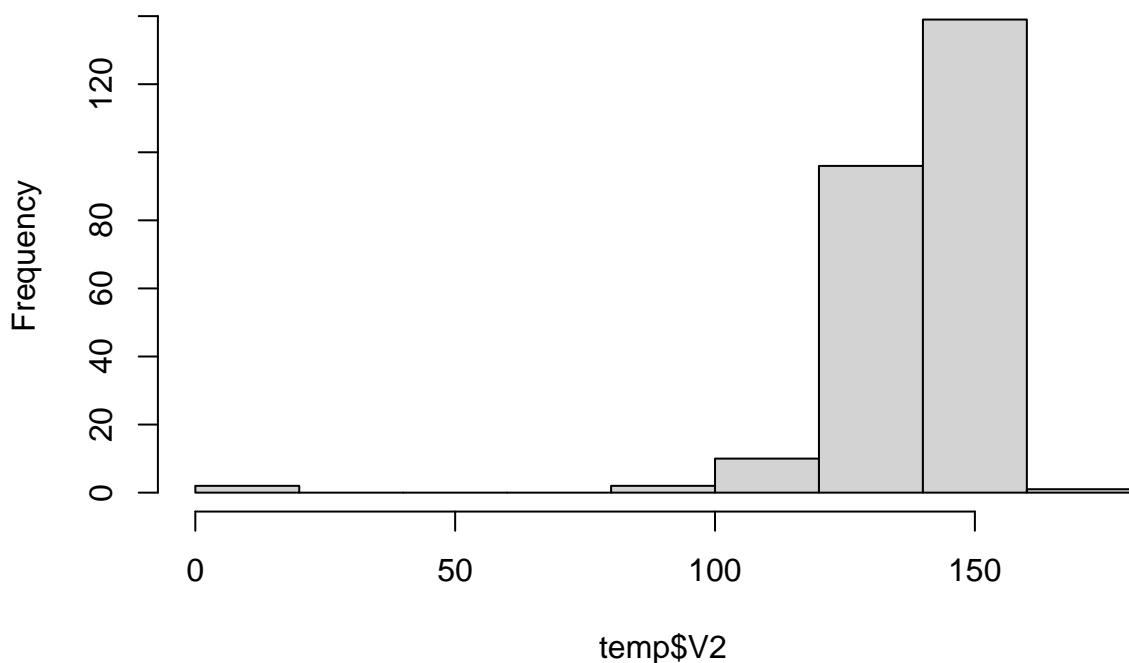
cut(V1, pretty(temp\$V1))

Average_Heart_Rate

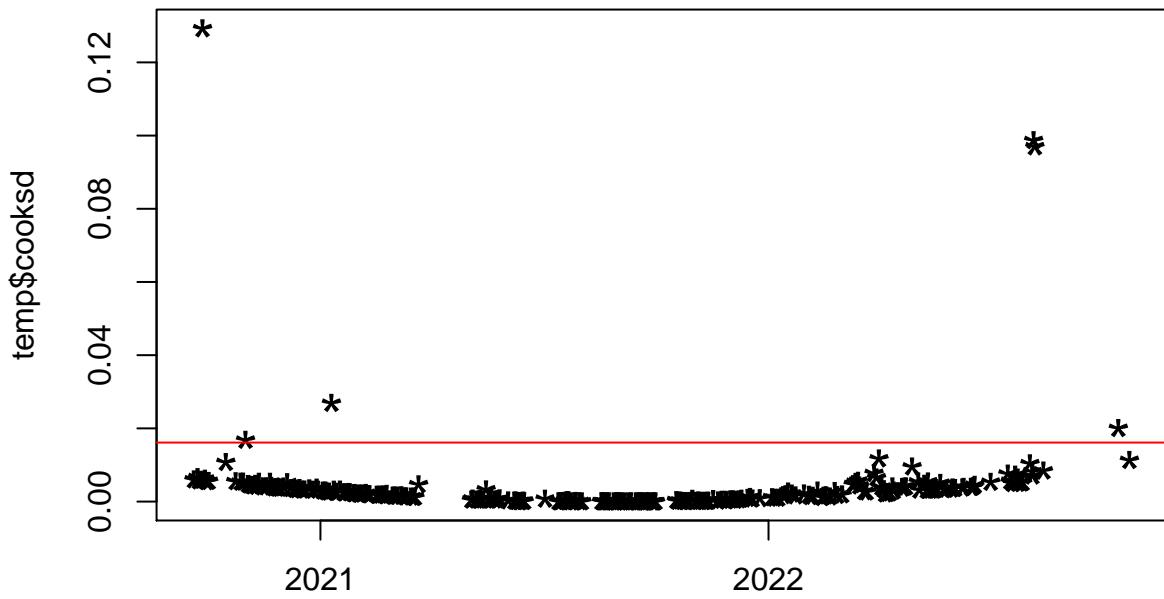


temp\$V1

Histogram of temp\$V2



Average_Heart_Rate

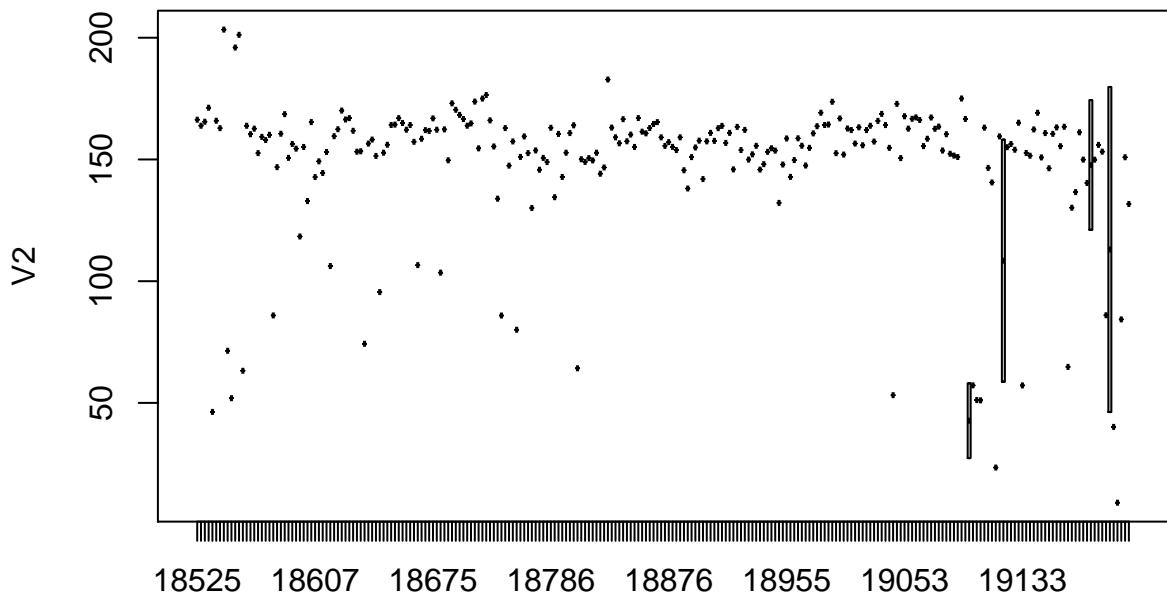


temp\$V1

Date	Average_Heart_Rate
2022-08-05	0
2022-08-06	0
2020-09-27	90.76
2021-01-10	107.9
2020-11-01	119.3
2022-10-13	154.4

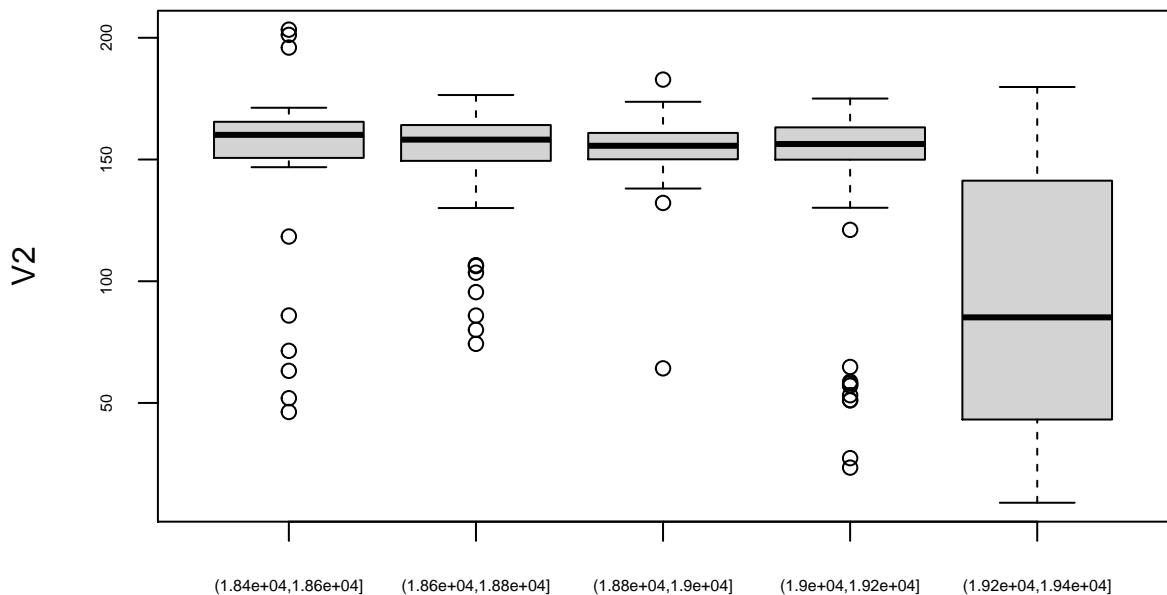
Sport class: Average_Power

Average_Power



18525 18607 18675 18786 18876 18955 19053 19133

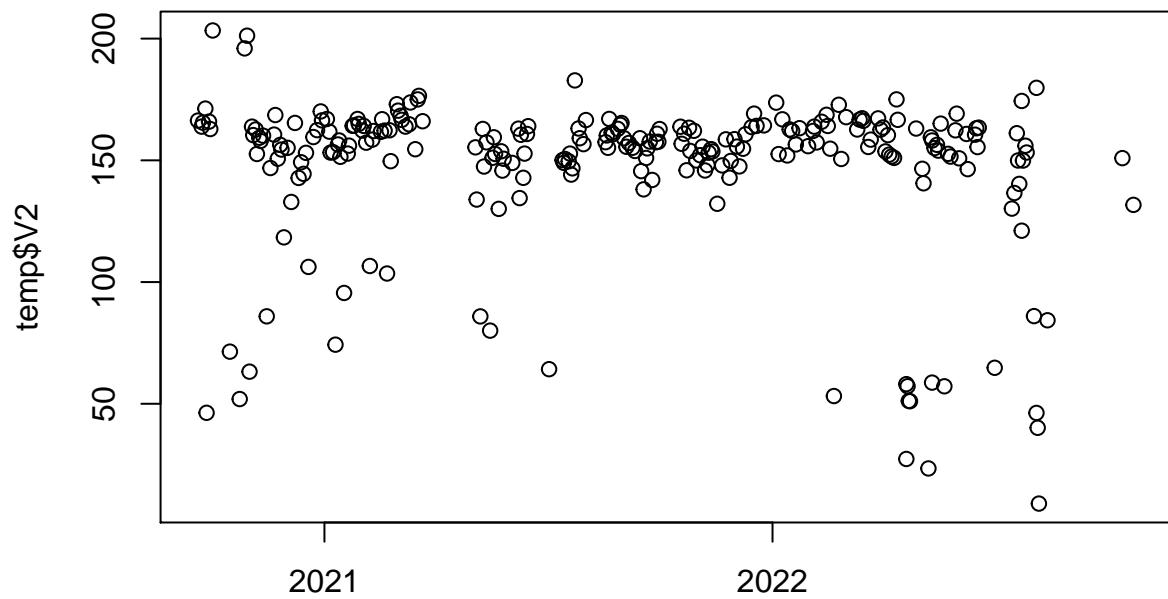
Average_Power



(1.84e+04, 1.86e+04] (1.86e+04, 1.88e+04] (1.88e+04, 1.9e+04] (1.9e+04, 1.92e+04] (1.92e+04, 1.94e+04]

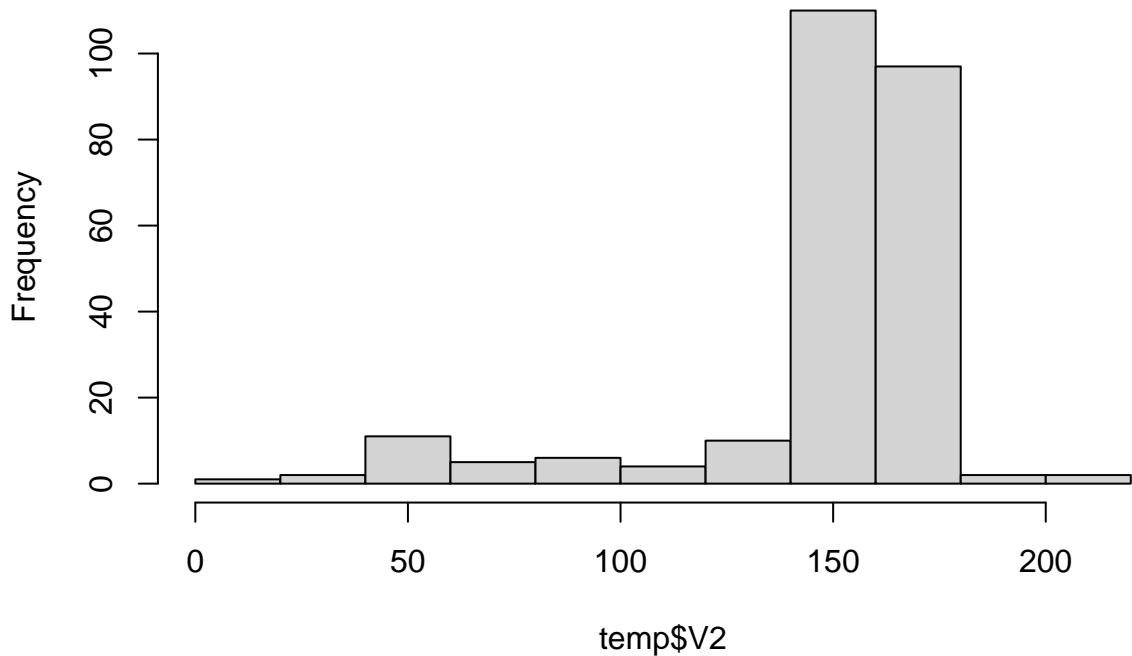
cut(V1, pretty(temp\$V1))

Average_Power

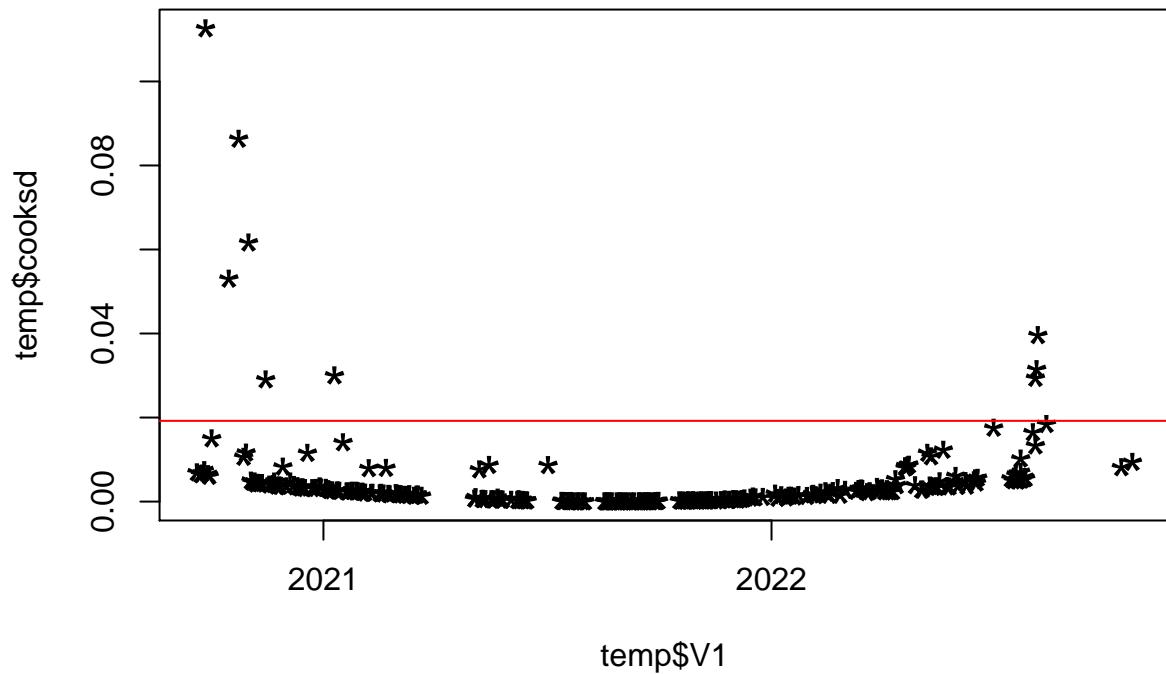


temp\$V1

Histogram of temp\$V2



Average_Power

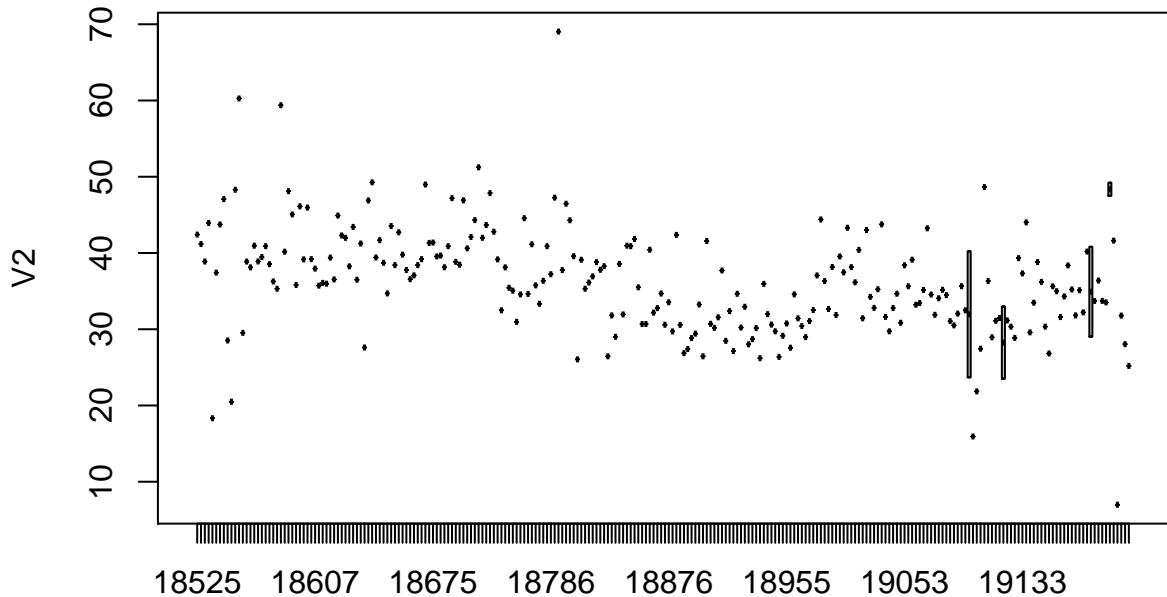


temp\$V1

Date	Average_Power
2022-08-06	9.013
2022-08-05	40.14
2022-08-04	46.25
2020-09-27	46.3
2020-10-24	51.95
2020-11-01	63.2
2020-10-16	71.41
2021-01-10	74.28
2020-11-15	85.92

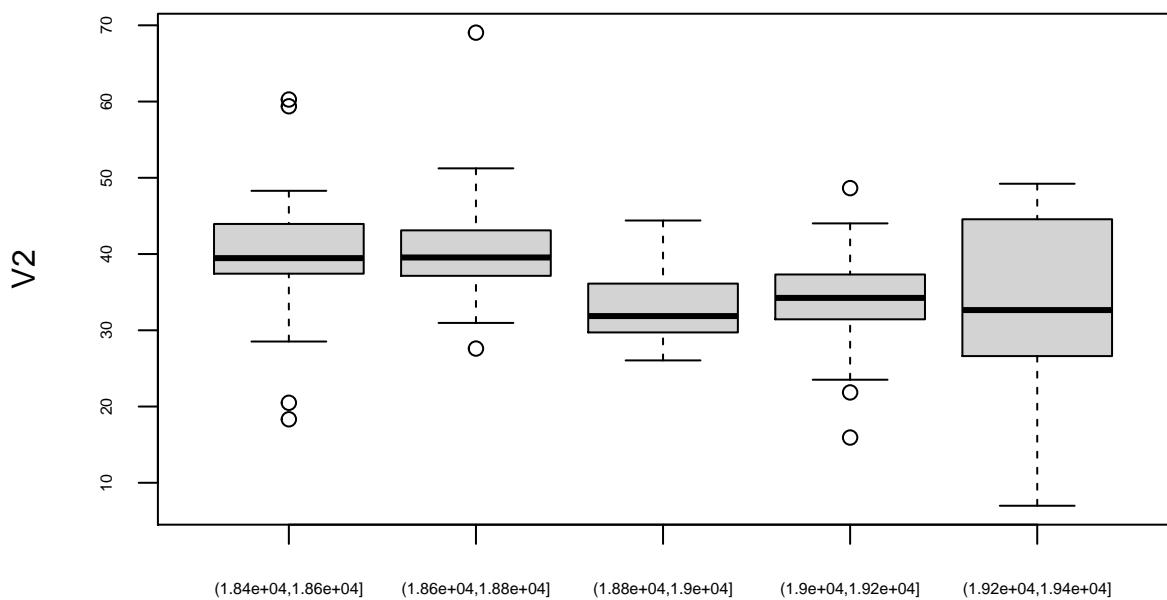
Sport class: Average_Power_Variance

Average_Power_Variance



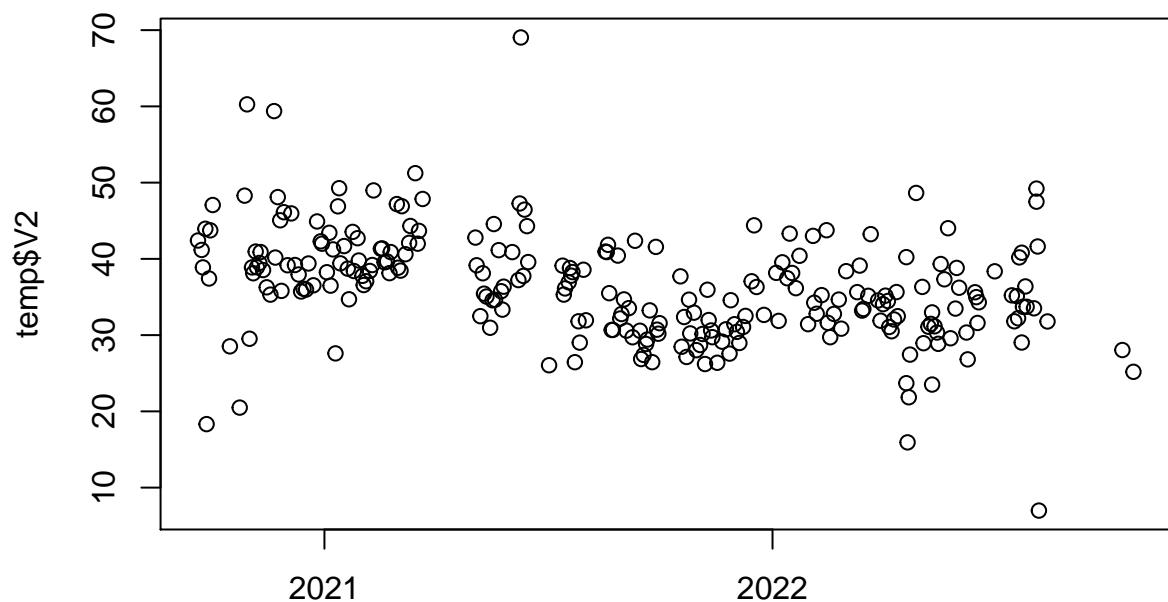
V1

Average_Power_Variance



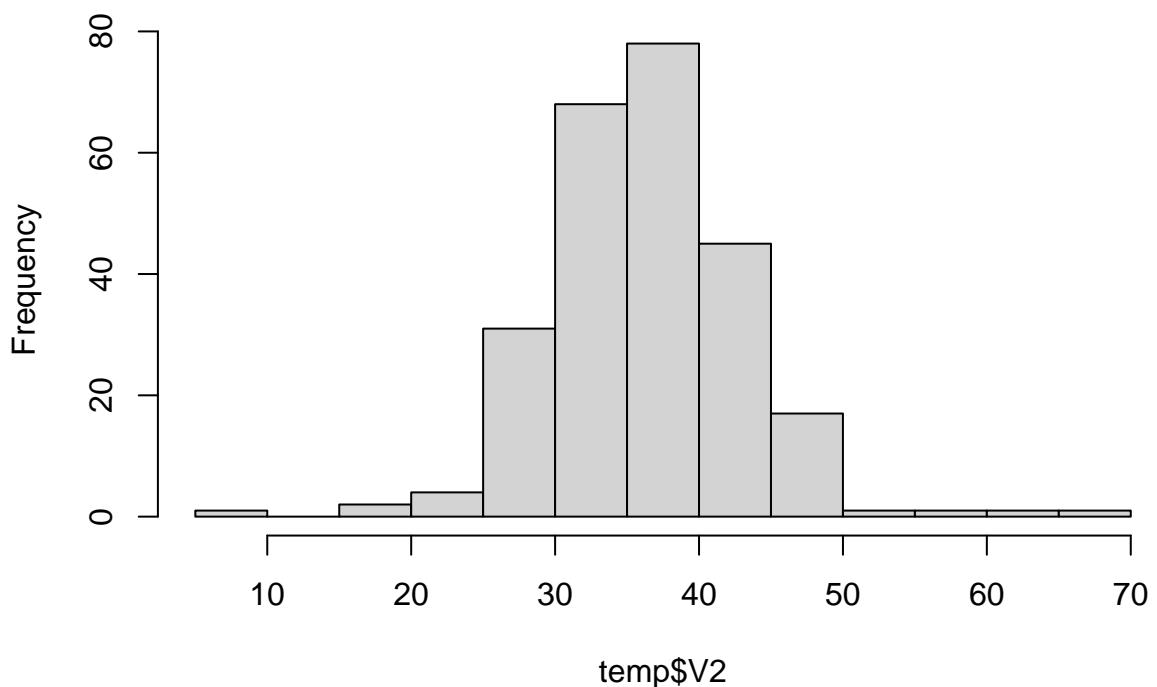
cut(V1, pretty(temp\$V1))

Average_Power_Variance

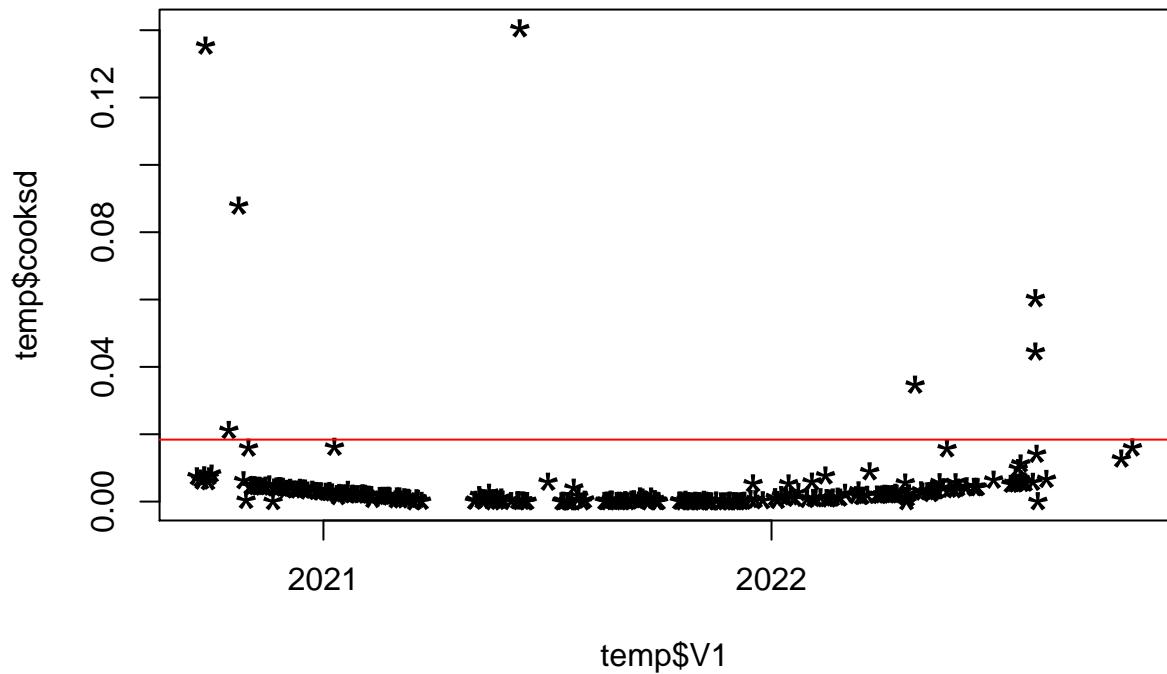


temp\$V1

Histogram of temp\$V2



Average_Power_Variance

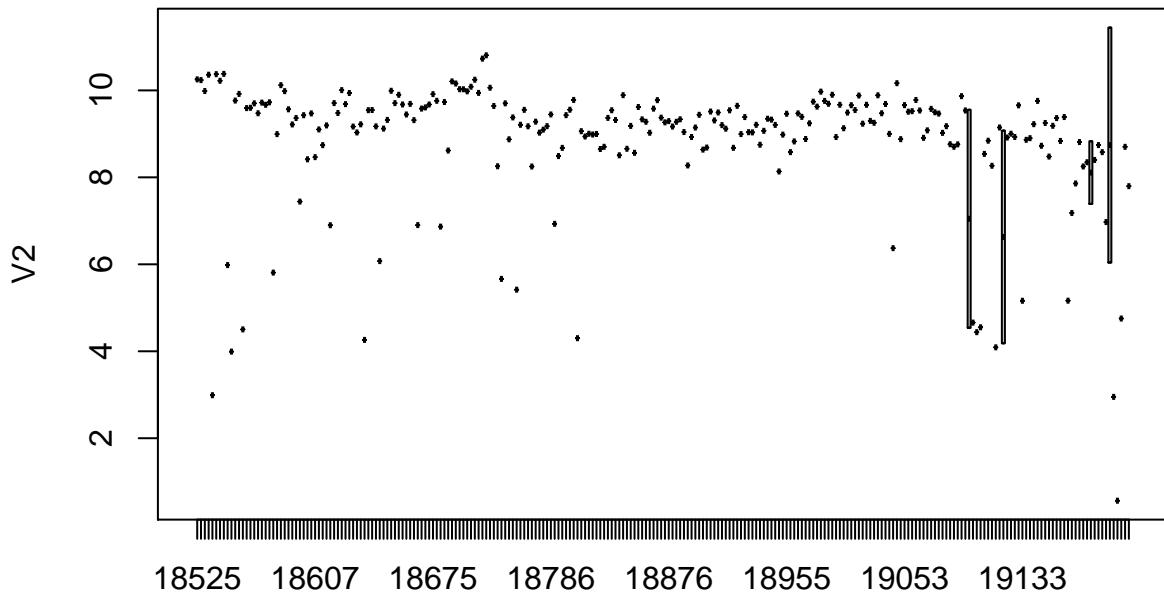


temp\$V1

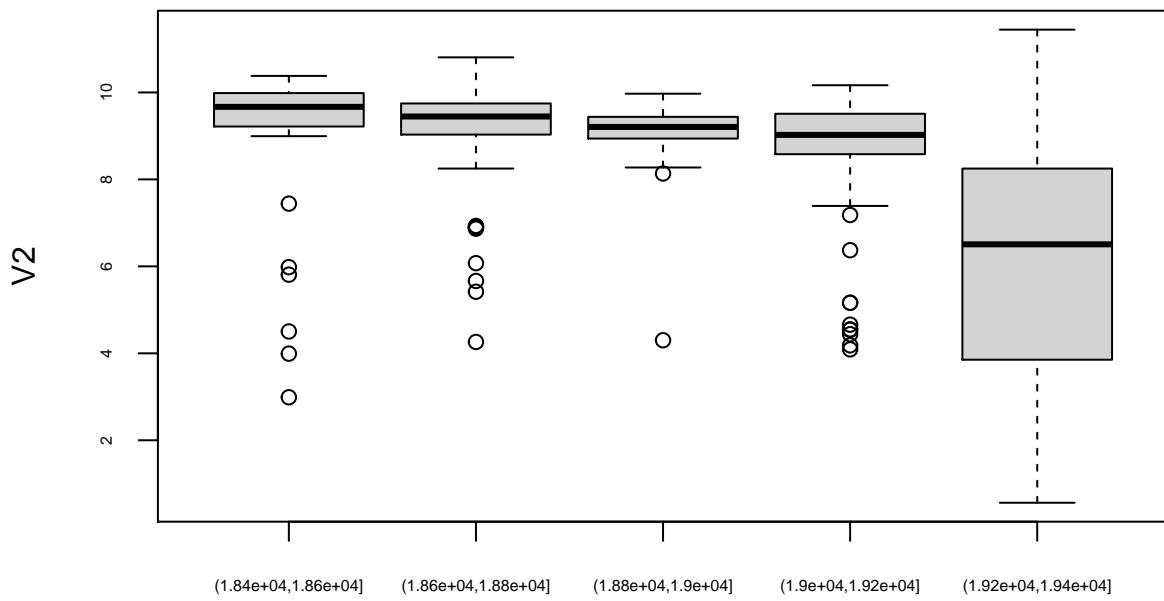
Date	Average_Power_Variance
2020-09-27	18.32
2020-10-24	20.49
2020-10-16	28.53
2022-08-04	47.5
2022-04-28	48.65
2022-08-04	49.22
2021-06-10	69.04

Sport class: Average_Speed

Average_Speed

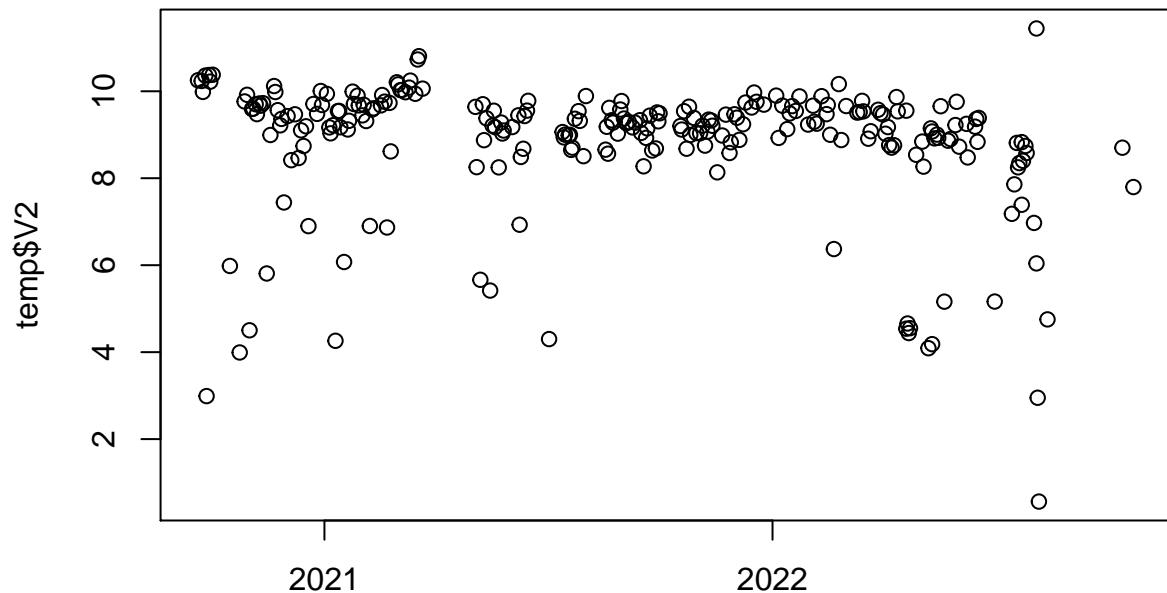


V1 Average_Speed



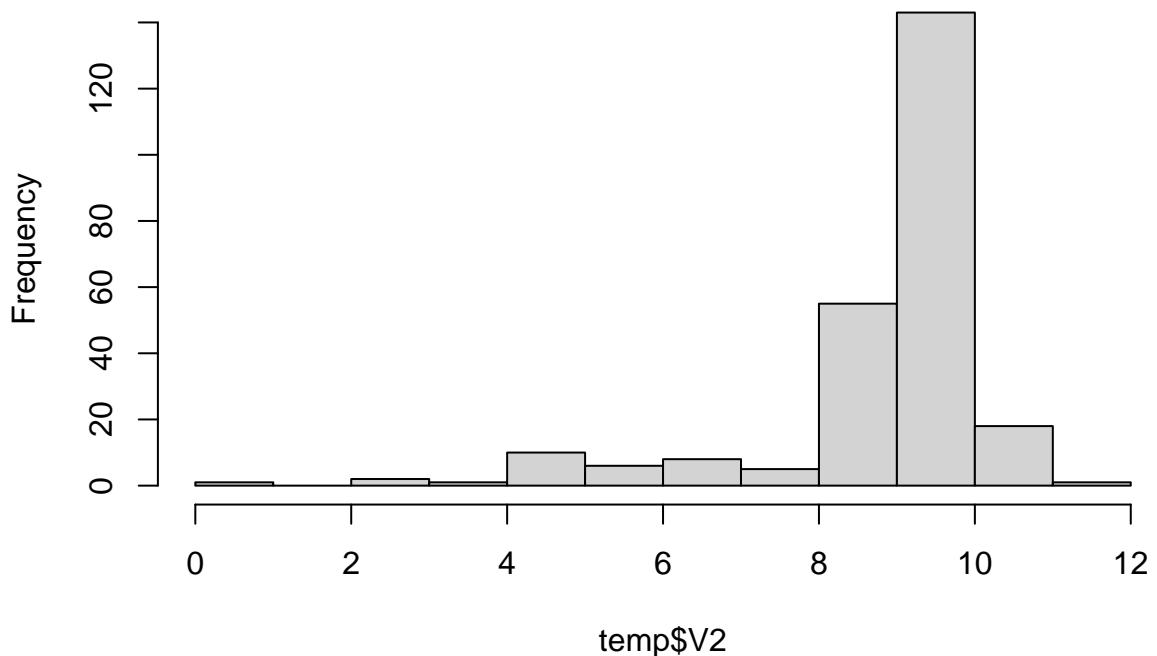
cut(V1, pretty(temp\$V1))

Average_Speed

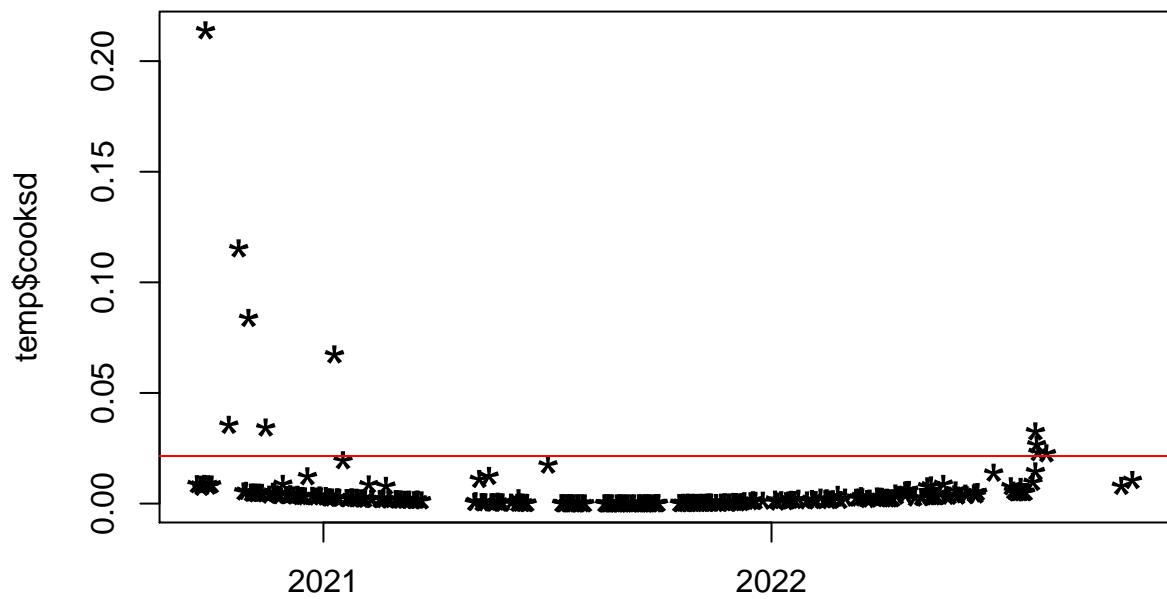


temp\$V1

Histogram of temp\$V2



Average_Speed

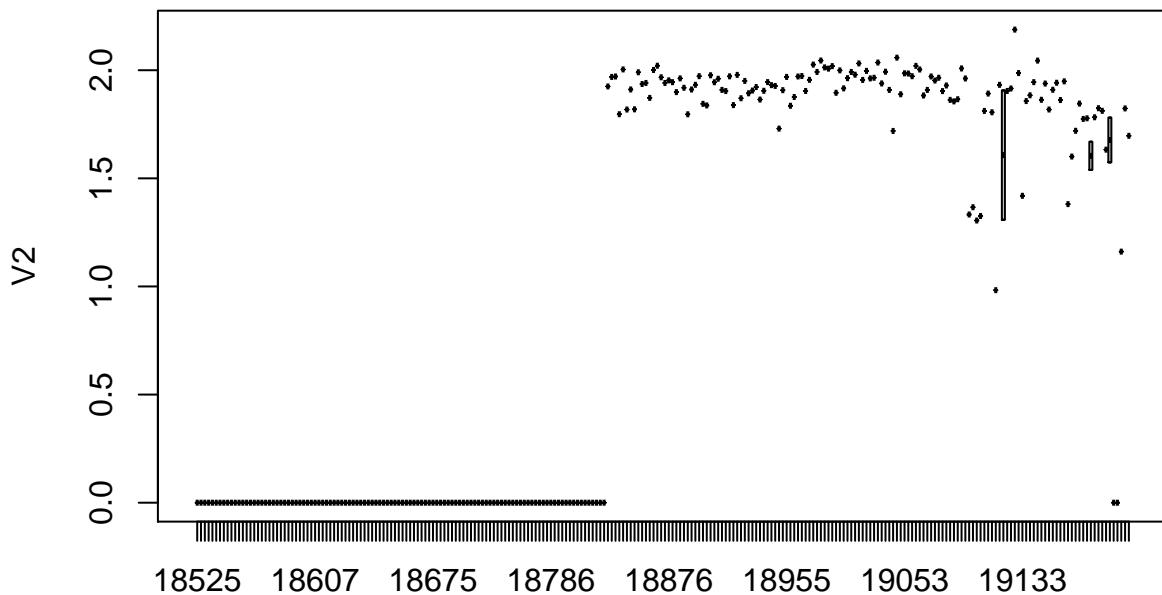


temp\$V1

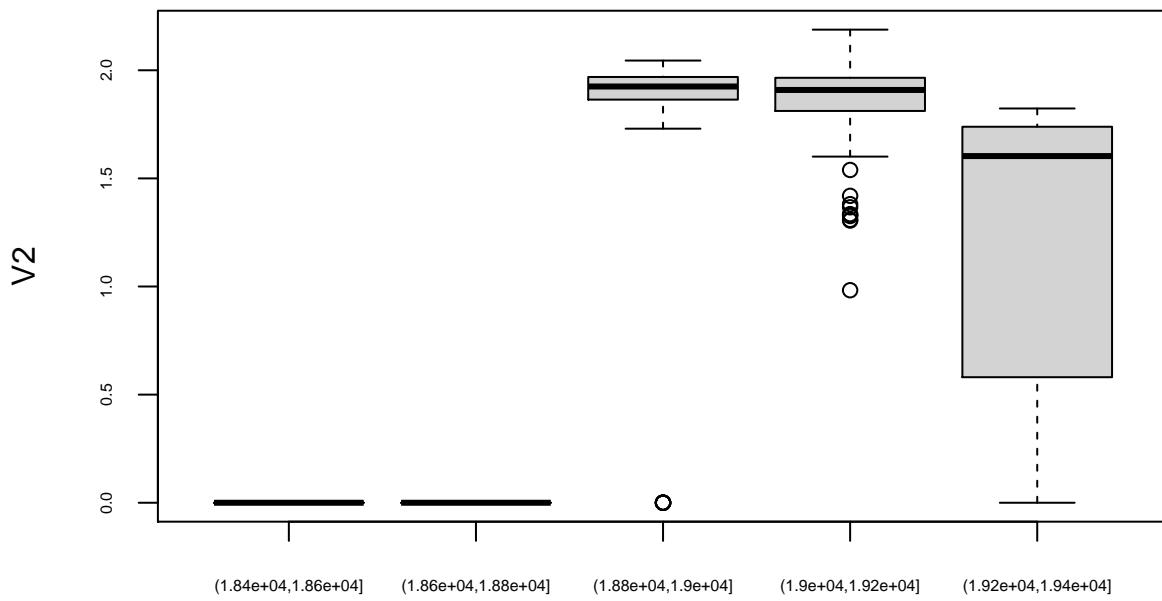
Date	Average_Speed
2022-08-06	0.5635
2022-08-05	2.952
2020-09-27	2.989
2020-10-24	3.993
2021-01-10	4.261
2020-11-01	4.503
2022-08-13	4.753
2020-11-15	5.809
2020-10-16	5.982
2022-08-04	11.44

Sport class: Average_Strafe_Length

Average_Strafe_Length

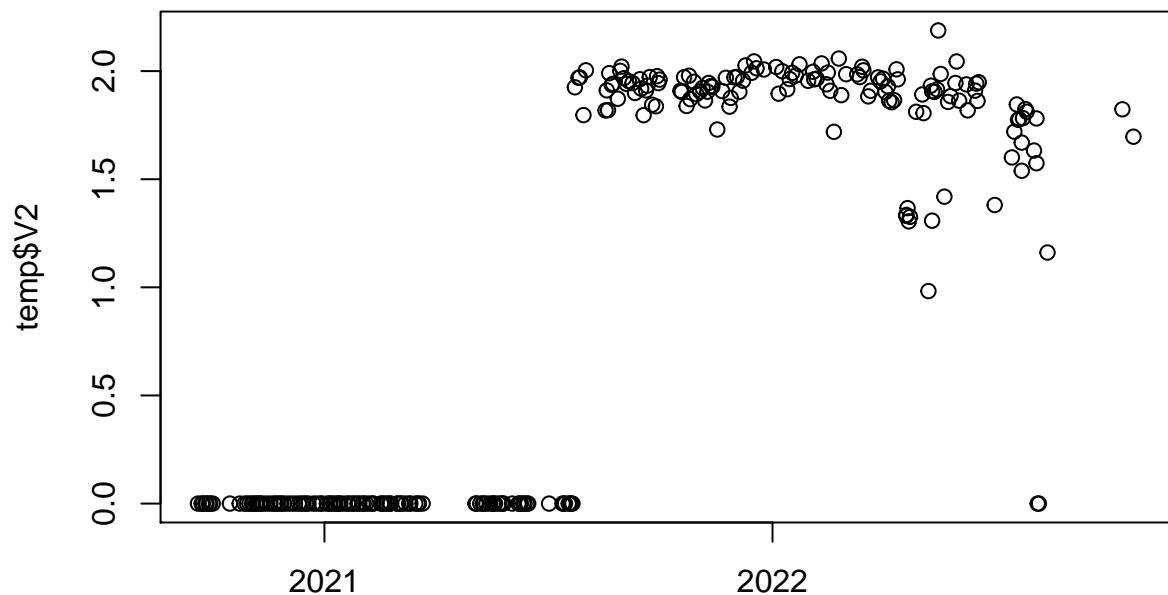


V1 Average_Strafe_Length



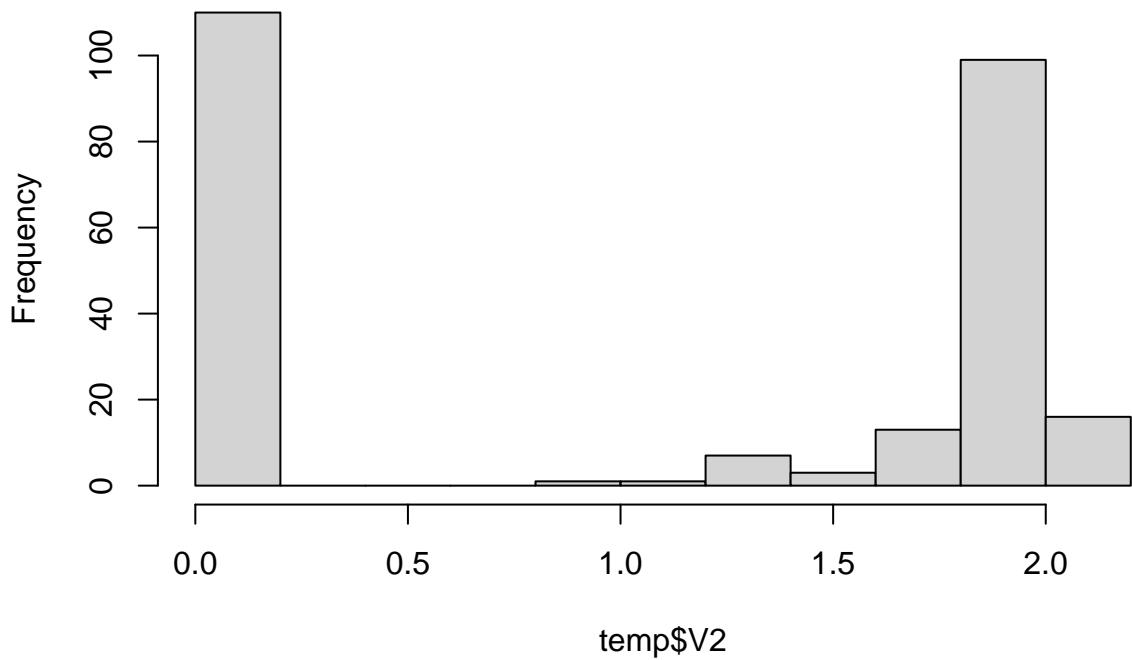
cut(V1, pretty(temp\$V1))

Average_Stride_Length

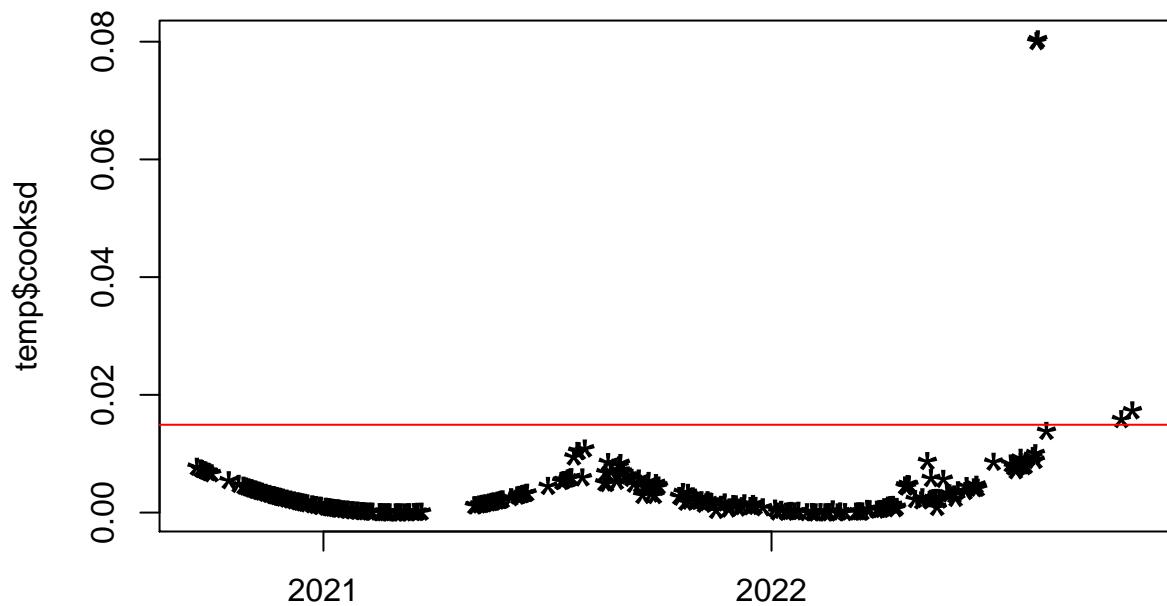


temp\$V1

Histogram of temp\$V2



Average_Stride_Length

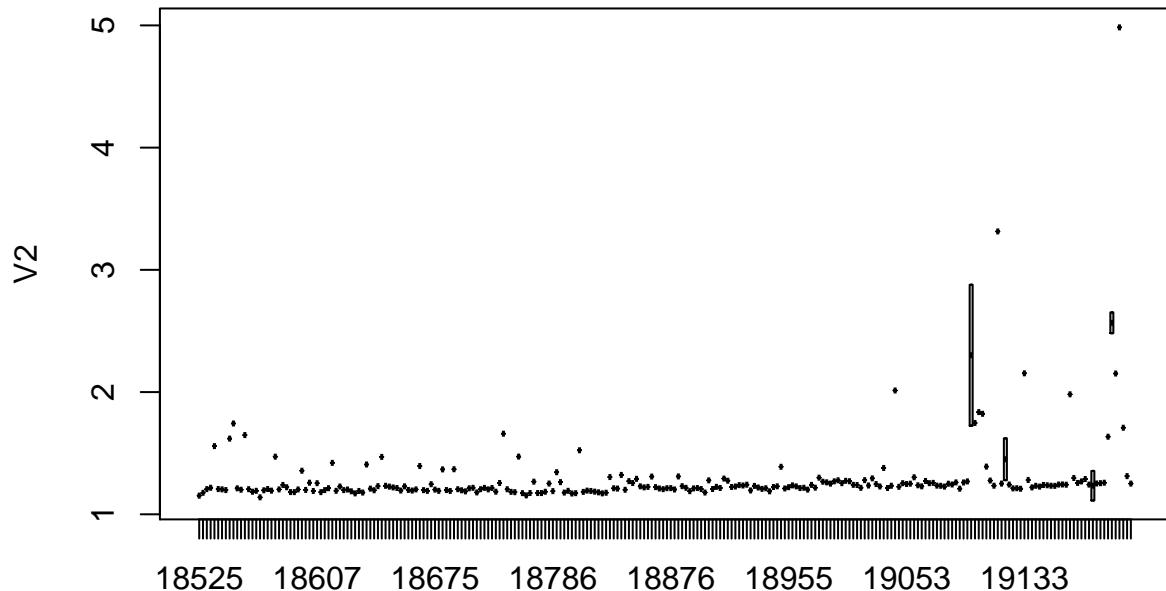


temp\$V1

Date	Average_Stride_Length
2022-08-05	0
2022-08-06	0
2022-10-22	1.697
2022-10-13	1.823

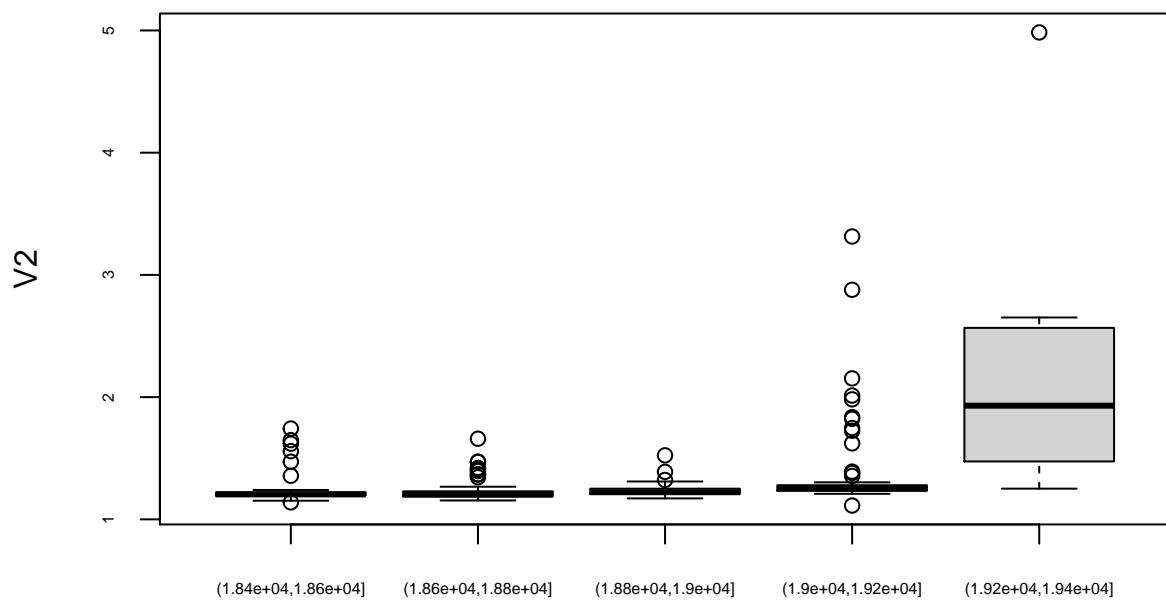
Sport class: aVI

aVI



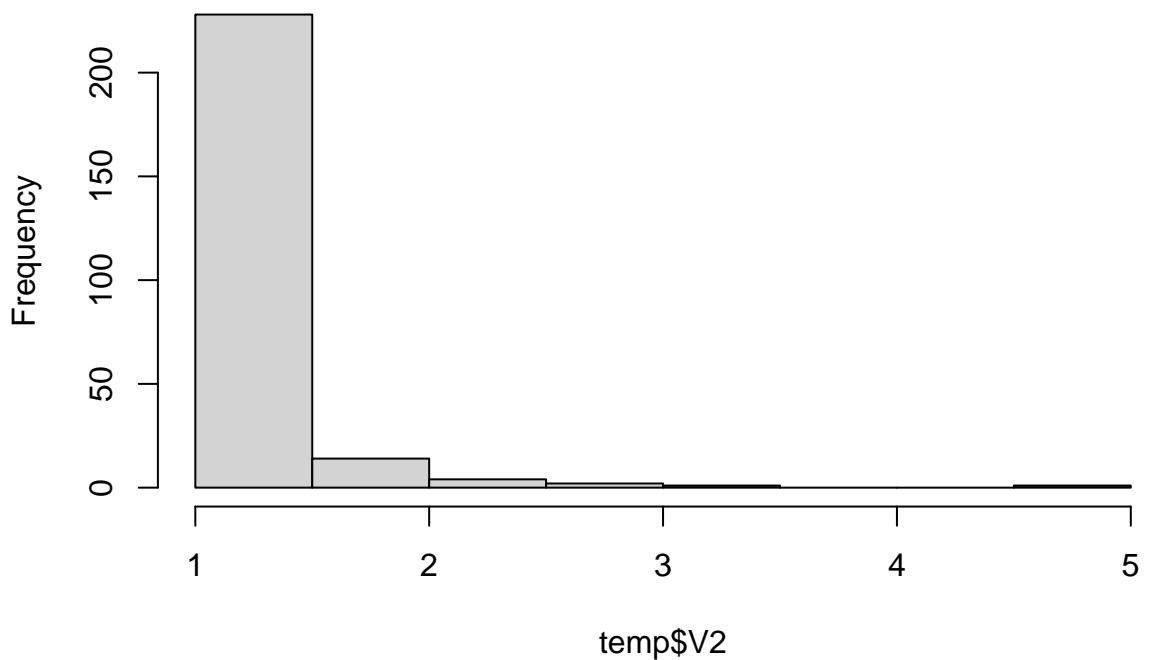
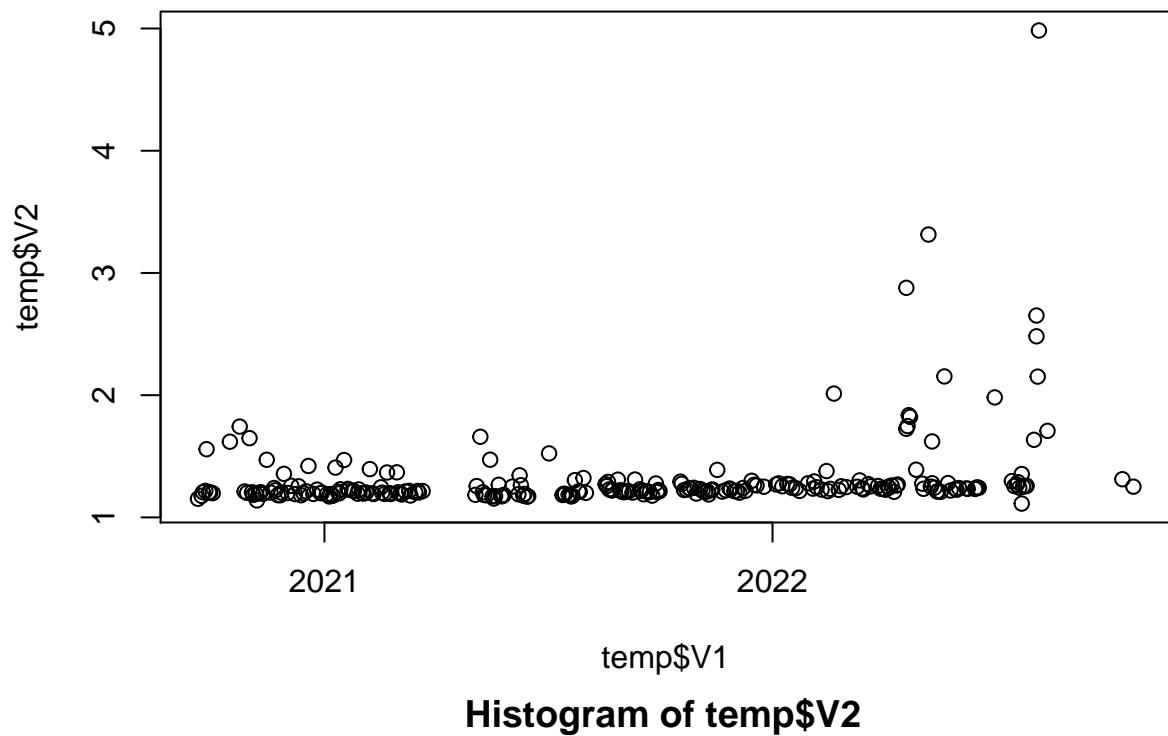
V1

aVI

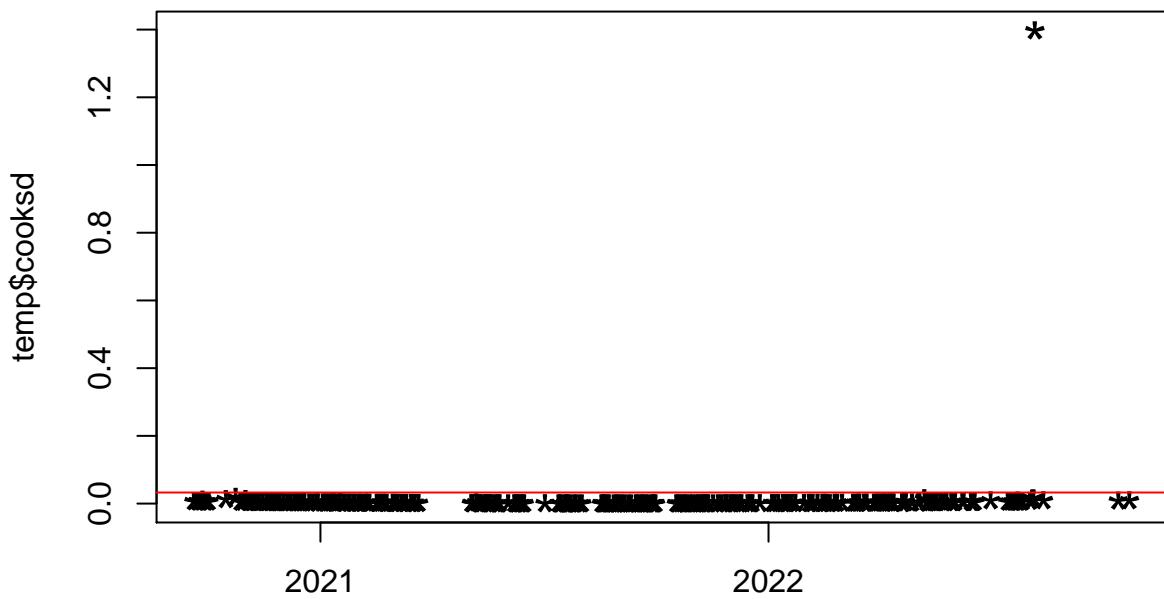


`cut(V1, pretty(temp$V1))`

aVI



aVI

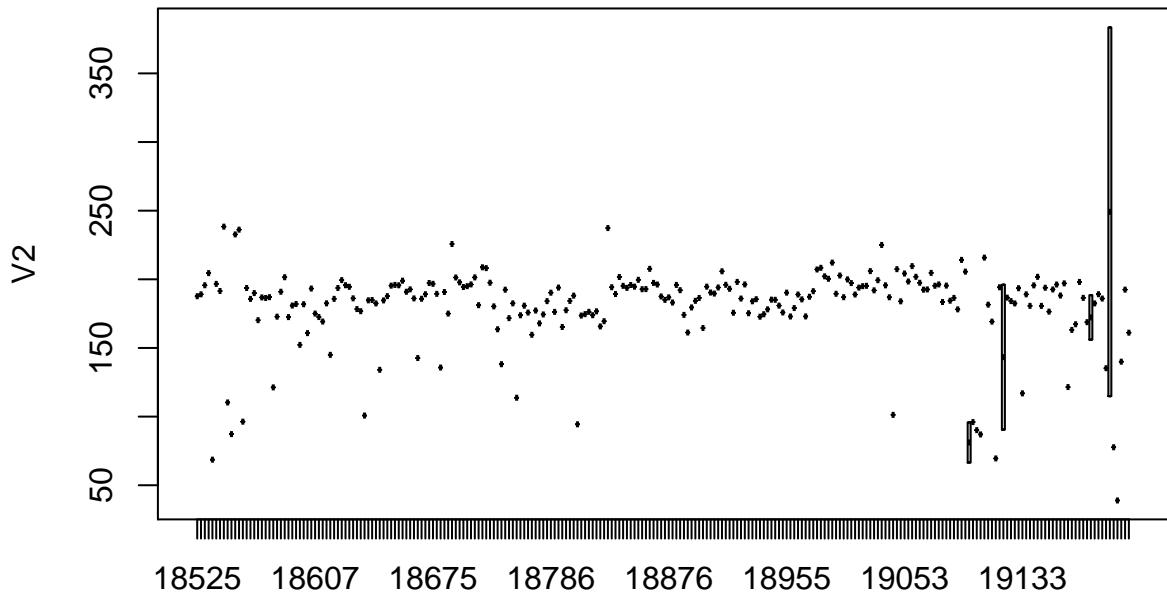


temp\$V1

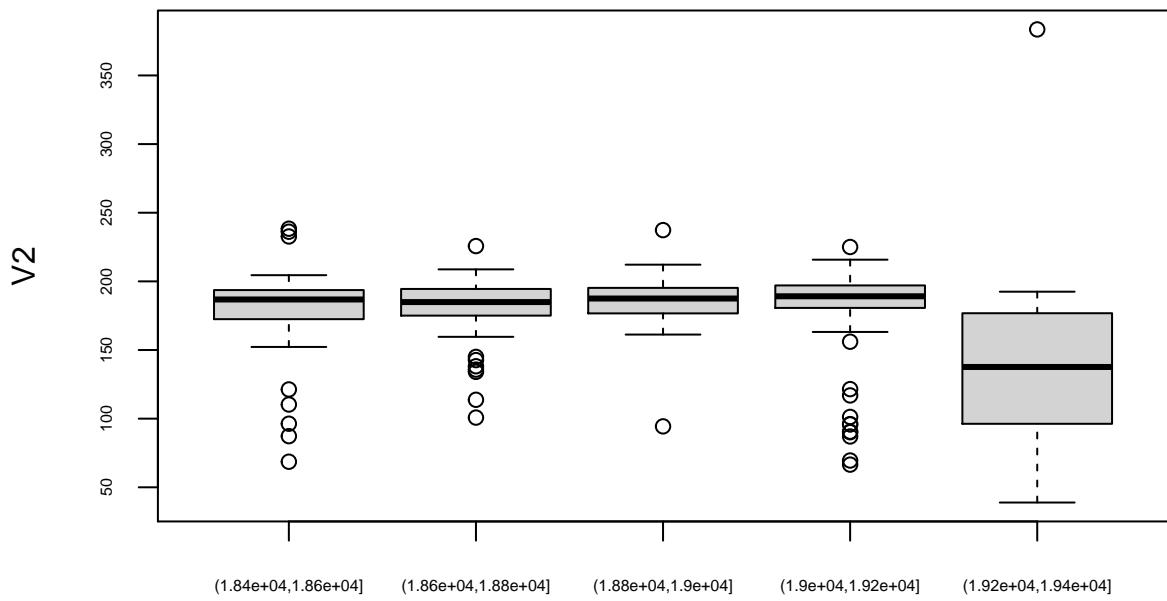
Date	aVI
2022-08-06	4.984

Sport class: axPower

axPower

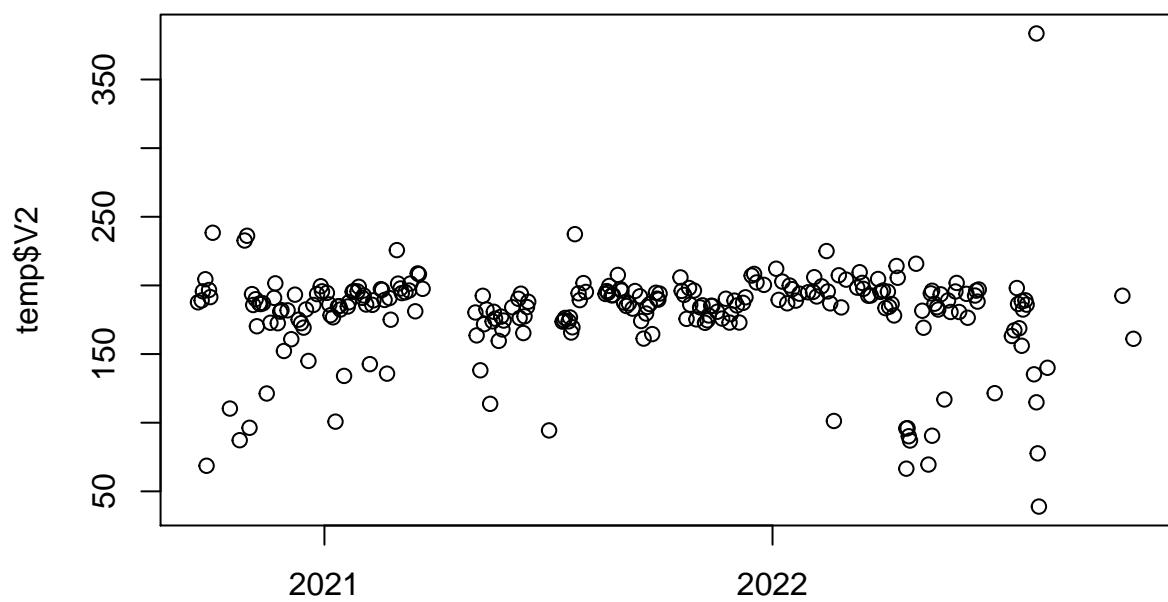


V1 axPower



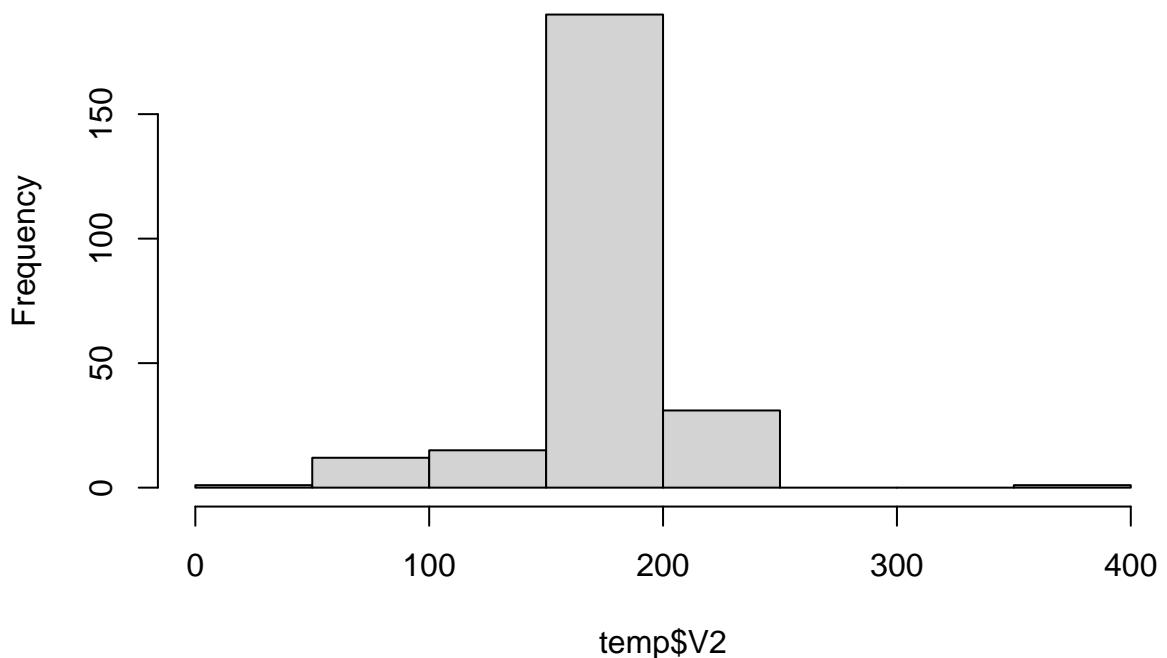
`cut(V1, pretty(temp$V1))`

axPower

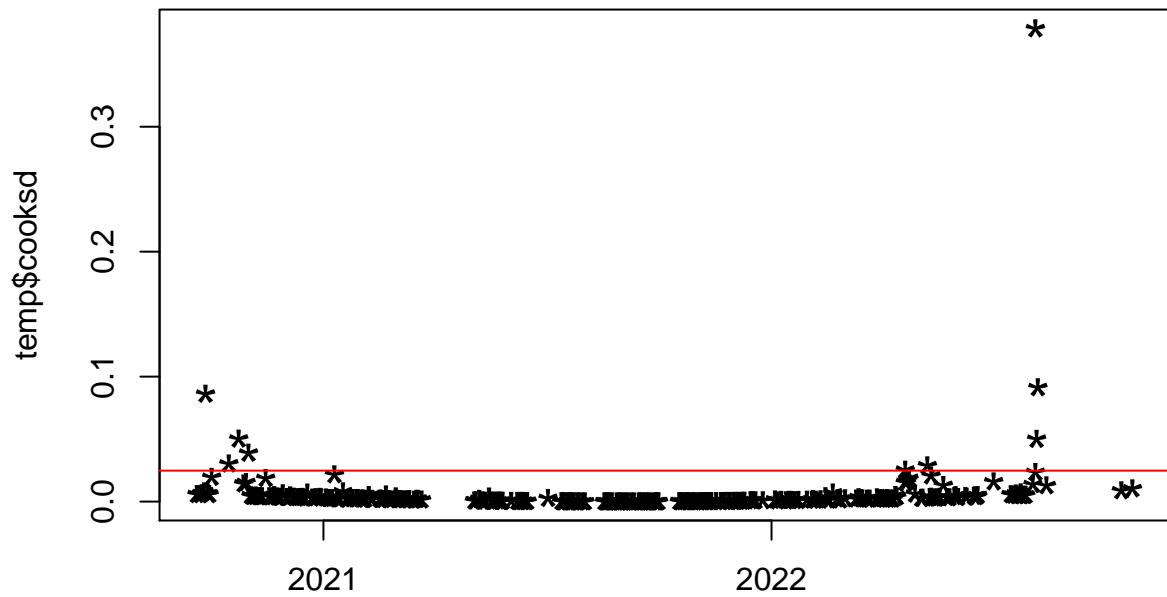


`temp$V1`

Histogram of `temp$V2`



axPower

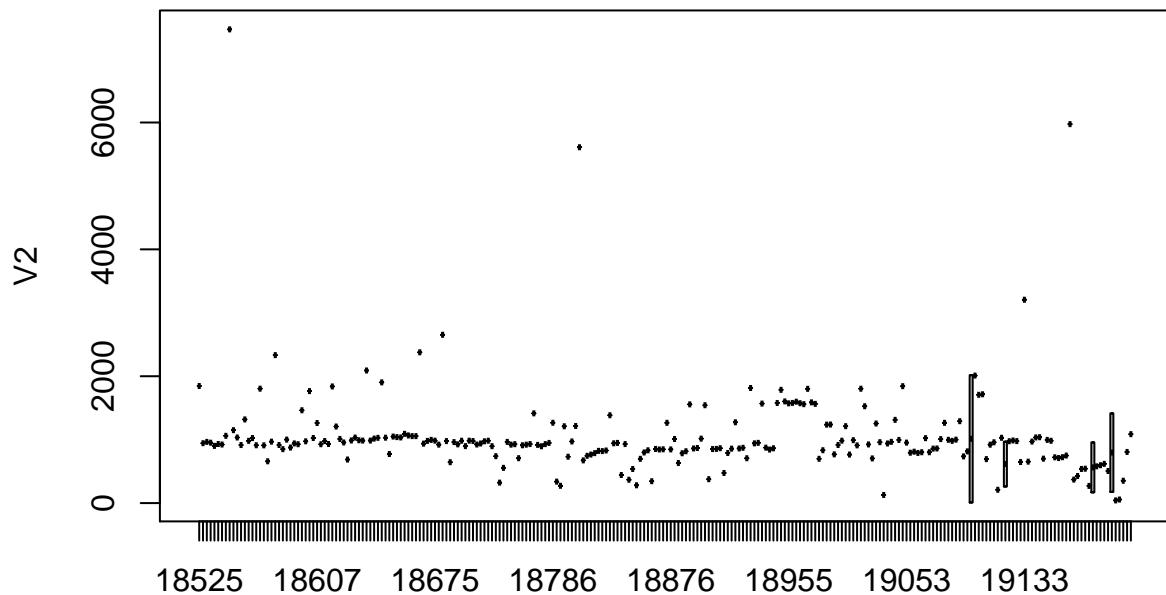


temp\$V1

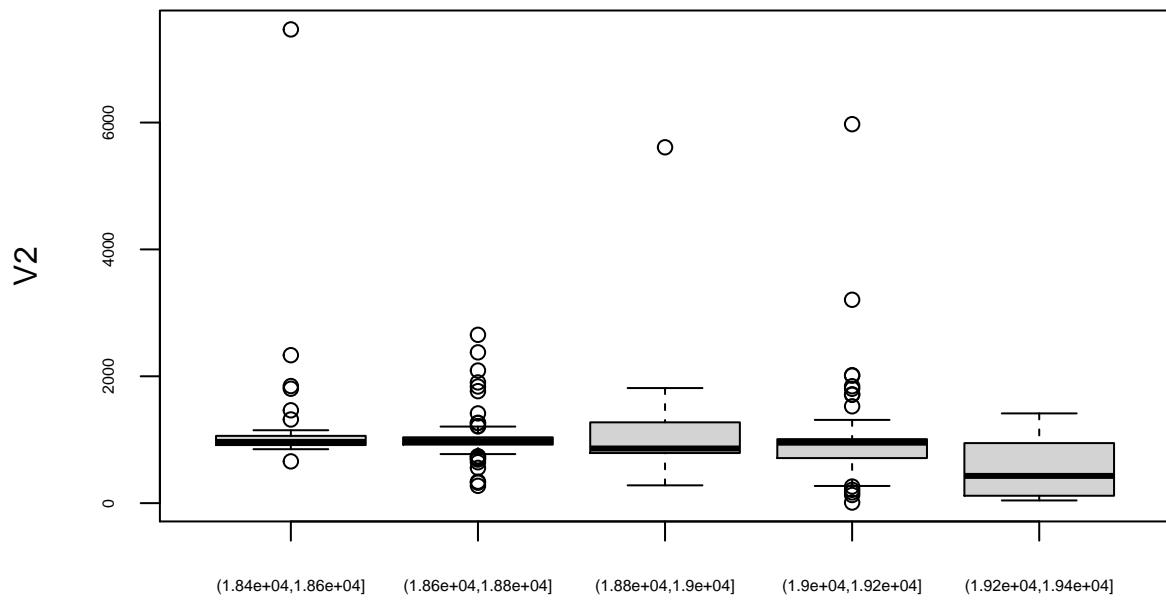
Date	axPower
2022-08-06	38.91
2022-04-20	66.52
2020-09-27	68.63
2022-05-08	69.52
2022-08-05	77.67
2020-10-24	87.26
2020-11-01	96.31
2020-10-16	110.3
2022-08-04	383.5

Sport class: Below_CP_Work

Below_CP_Work

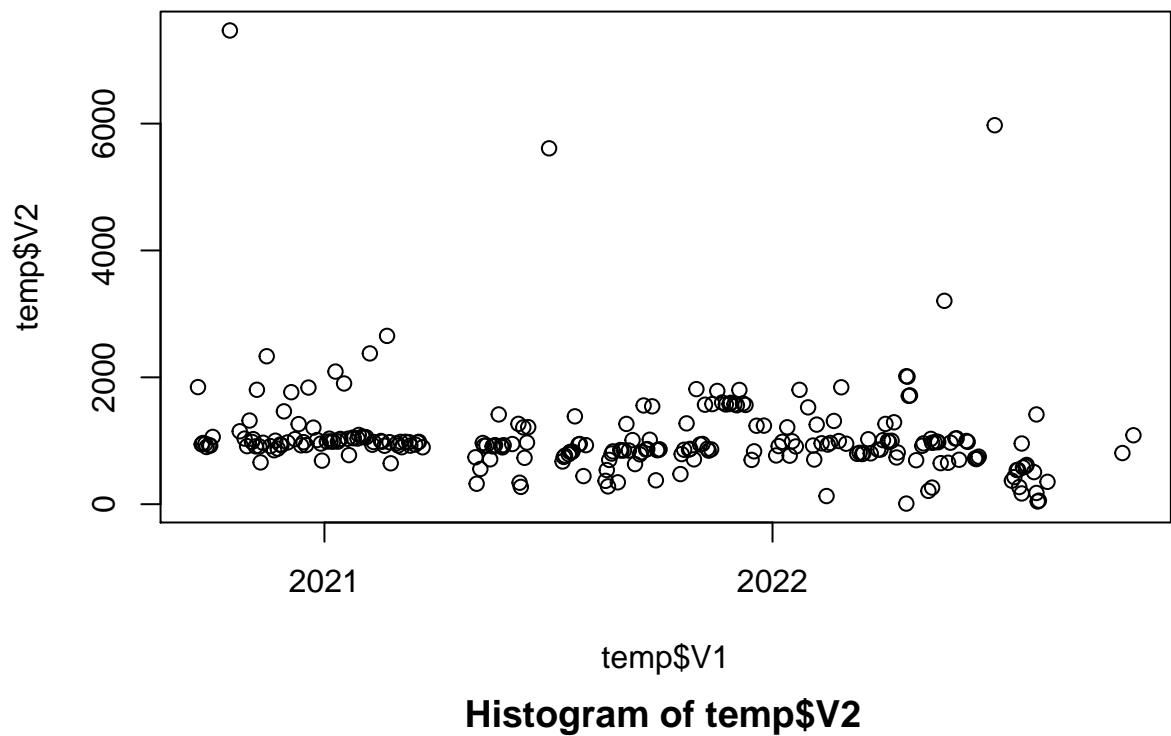


Below_CP_Work



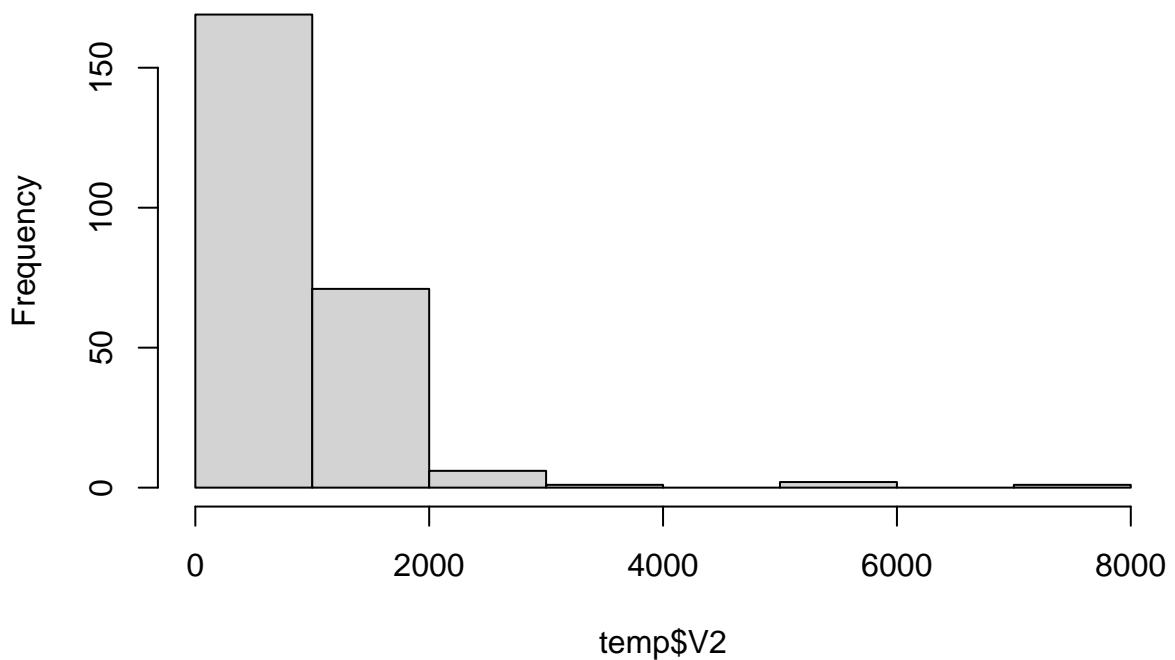
`cut(V1, pretty(temp$V1))`

Below_CP_Work



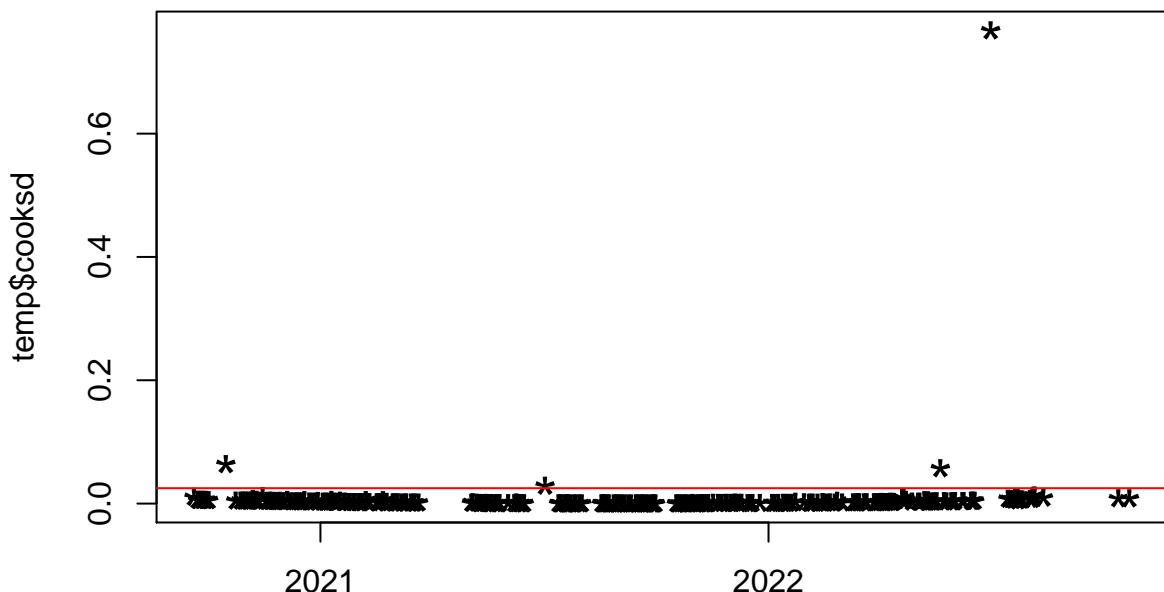
`temp$V1`

Histogram of `temp$V2`



`temp$V2`

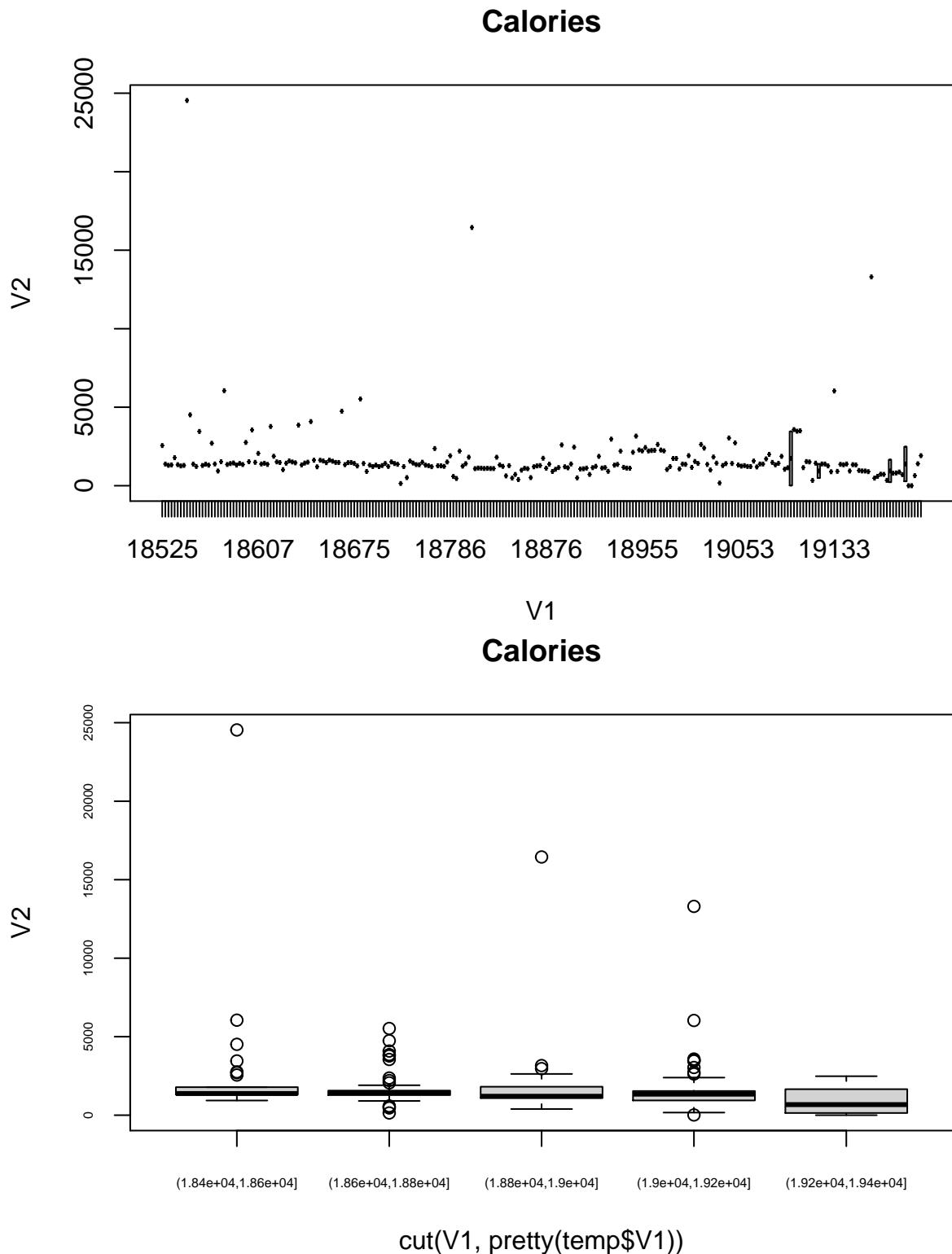
Below_CP_Work

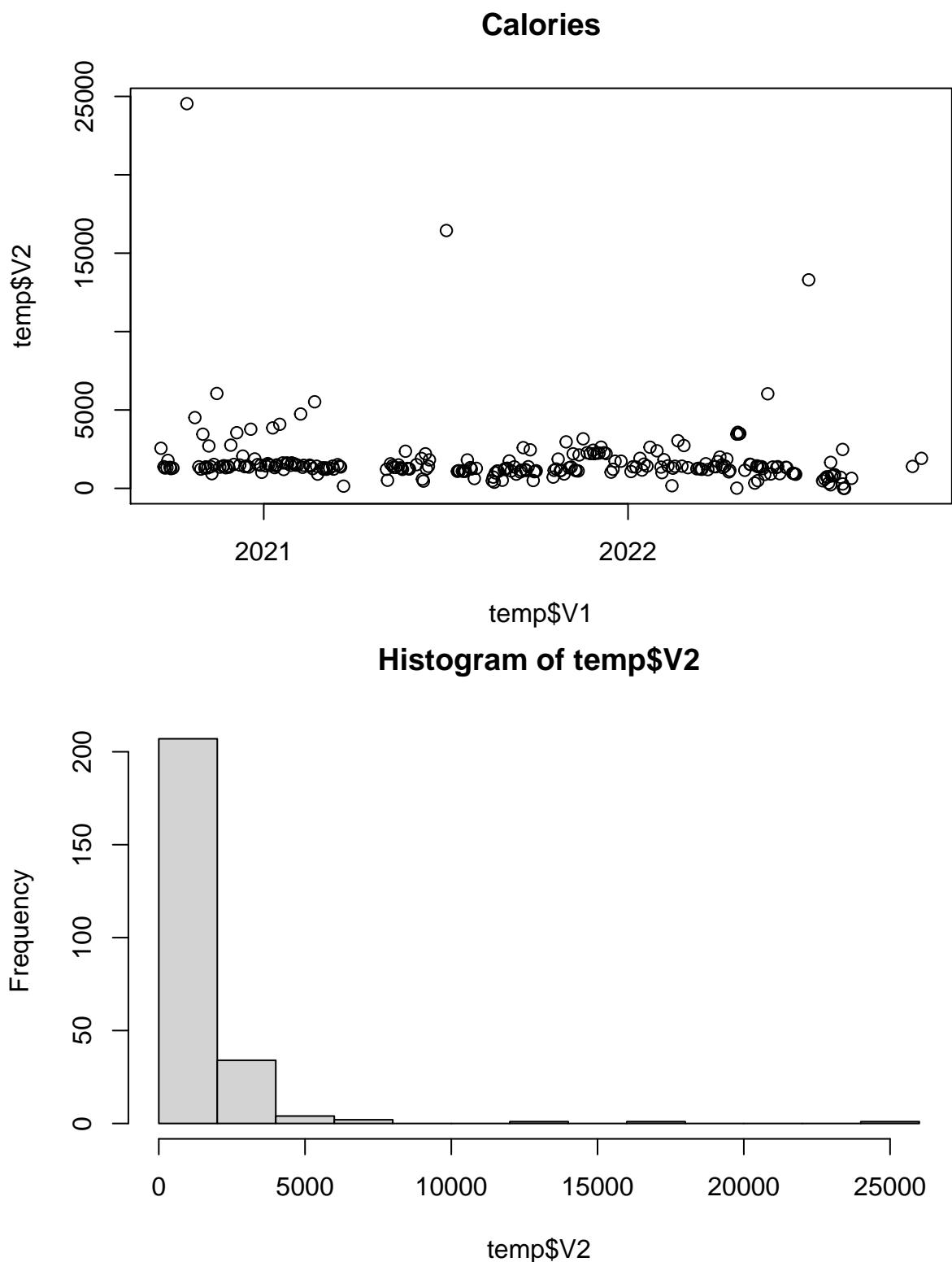


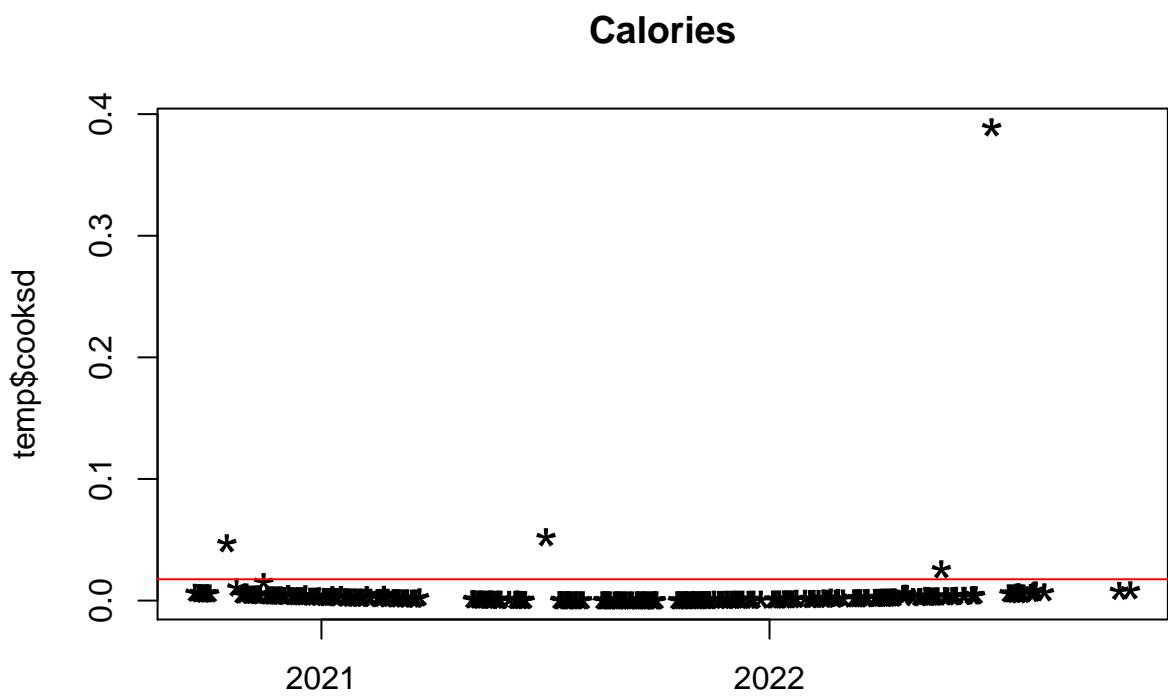
temp\$V1

Date	Below_CP_Work
2022-05-21	3206
2021-07-03	5610
2022-07-01	5974
2020-10-16	7468

Sport class: Calories





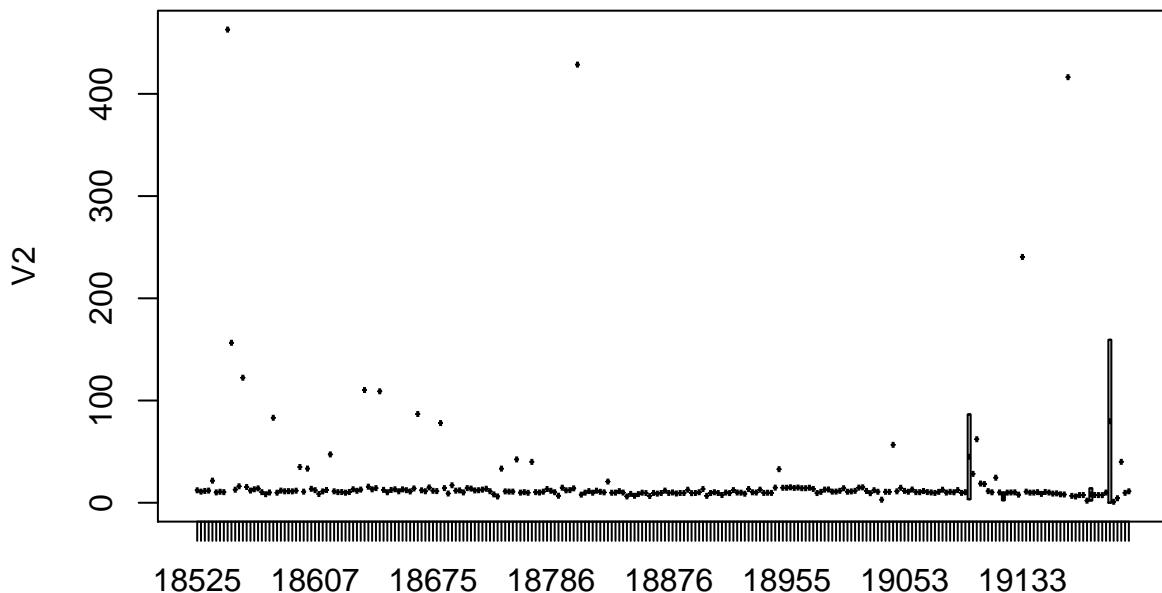


temp\$V1

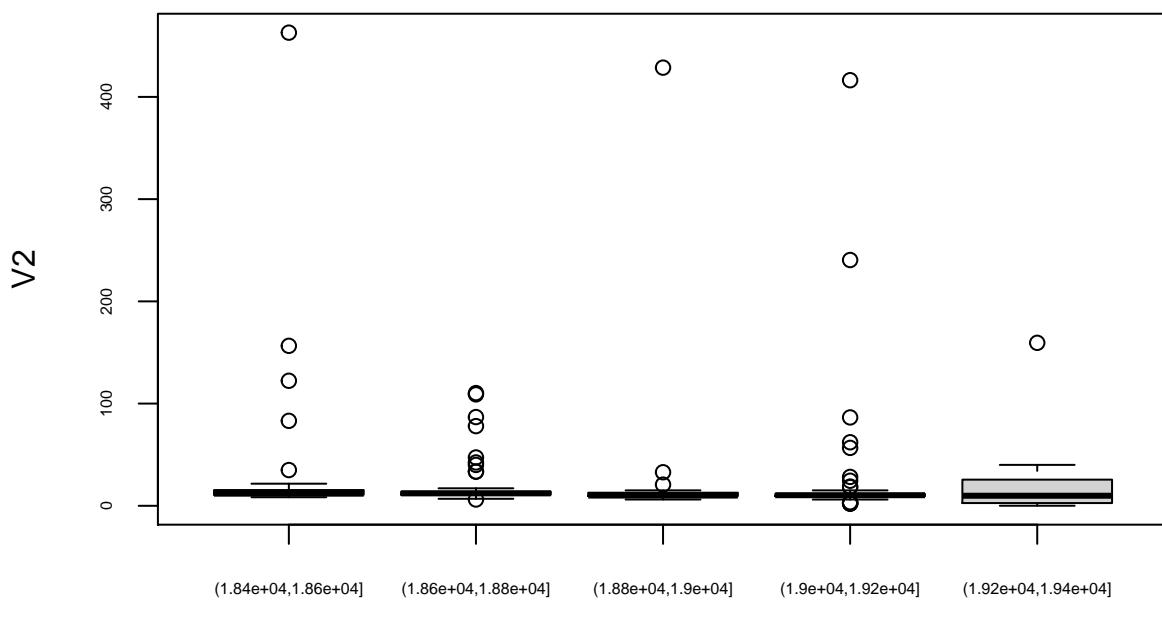
Date	Calories
2022-05-21	6032
2022-07-01	13300
2021-07-03	16446
2020-10-16	24538

Sport class: Climb_Rating

Climb_Rating

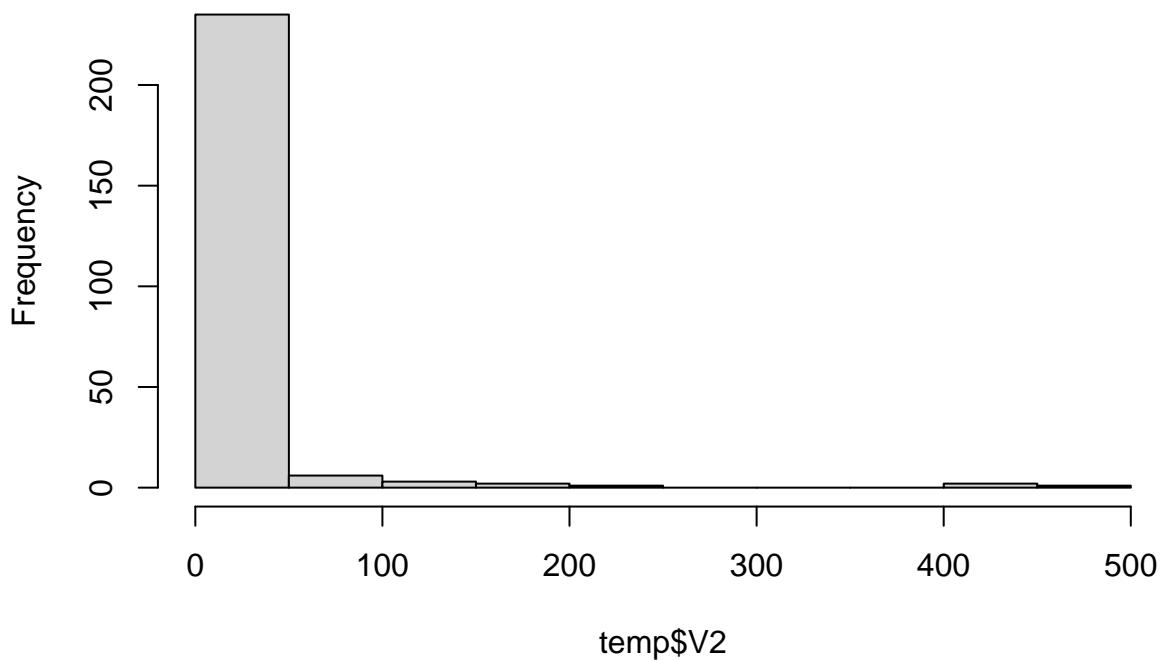
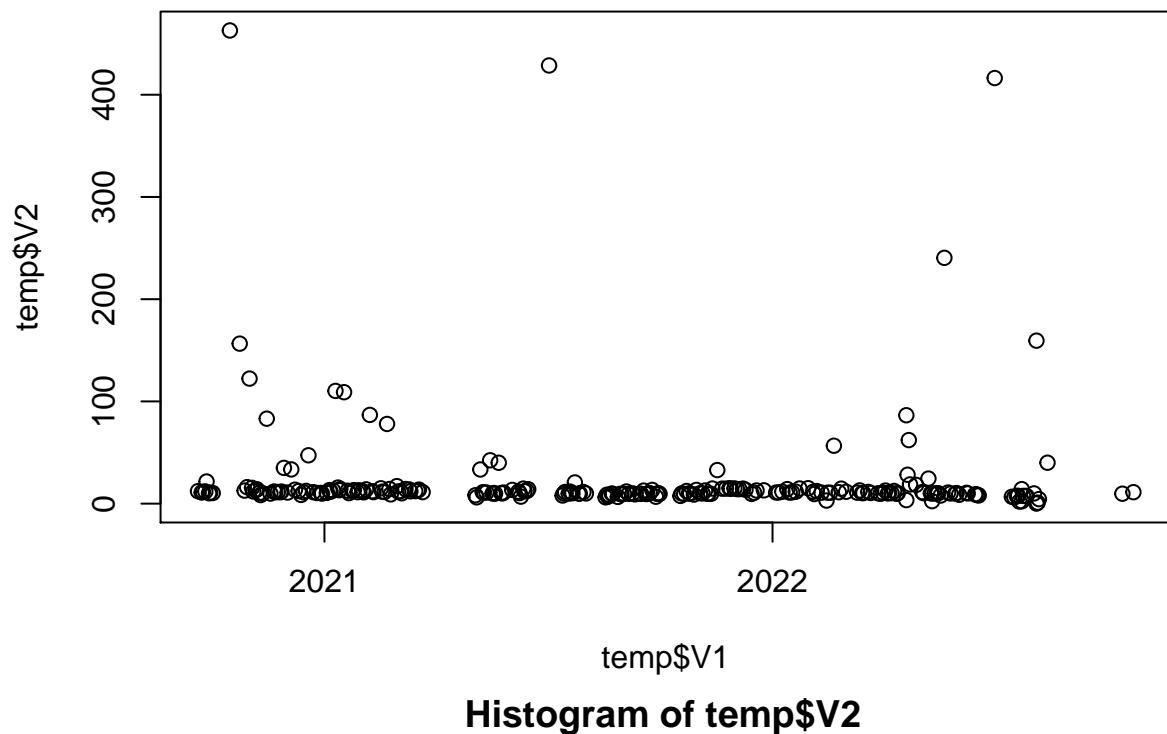


Climb_Rating

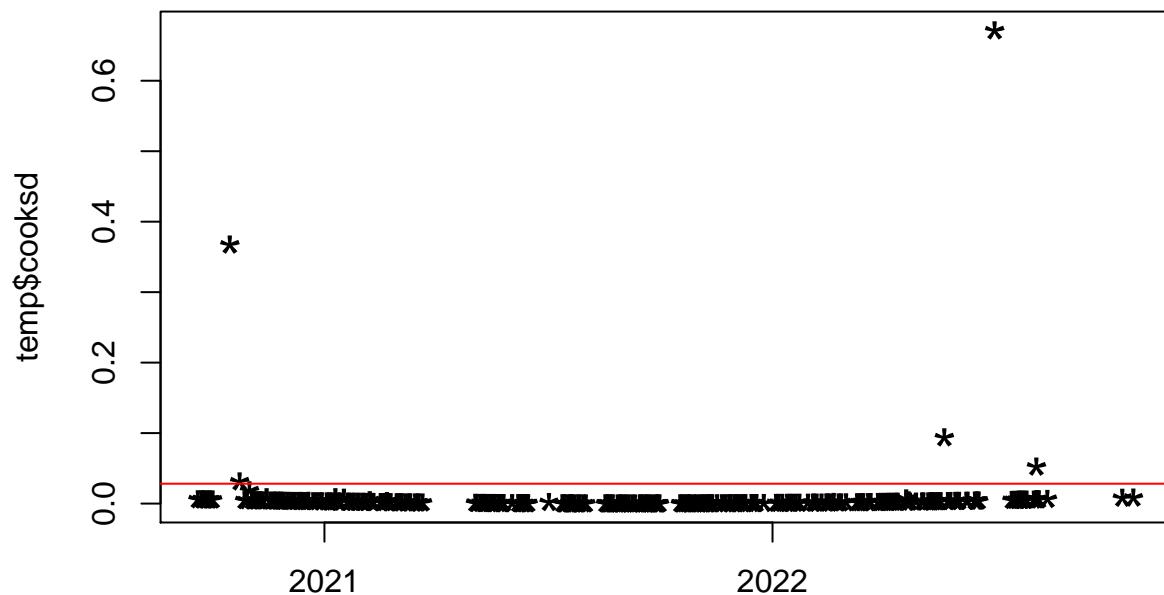


cut(V1, pretty(temp\$V1))

Climb_Rating



Climb_Rating

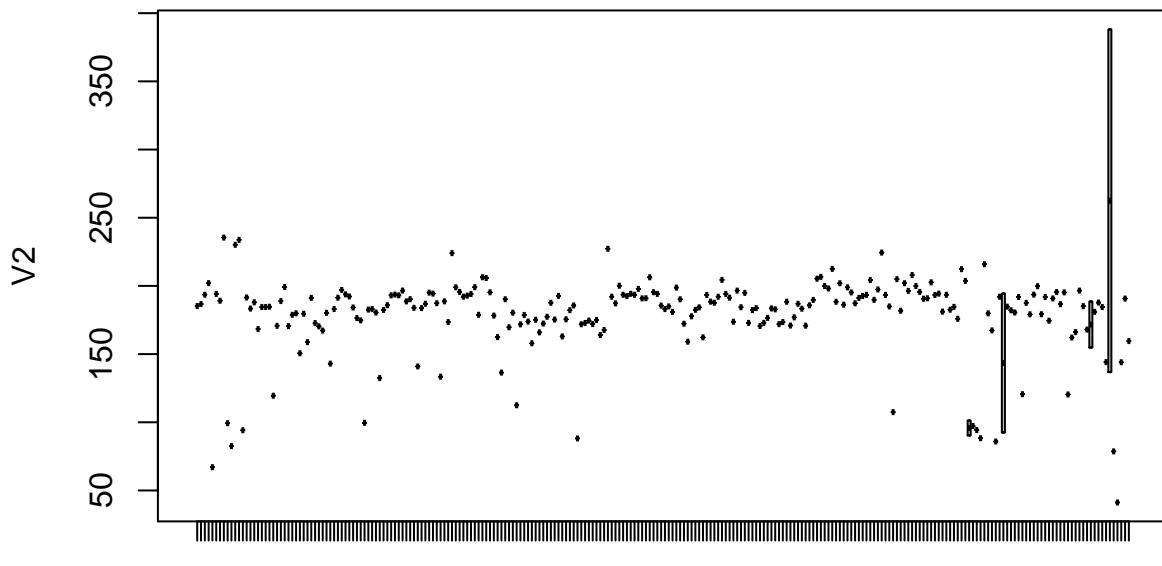


temp\$V1

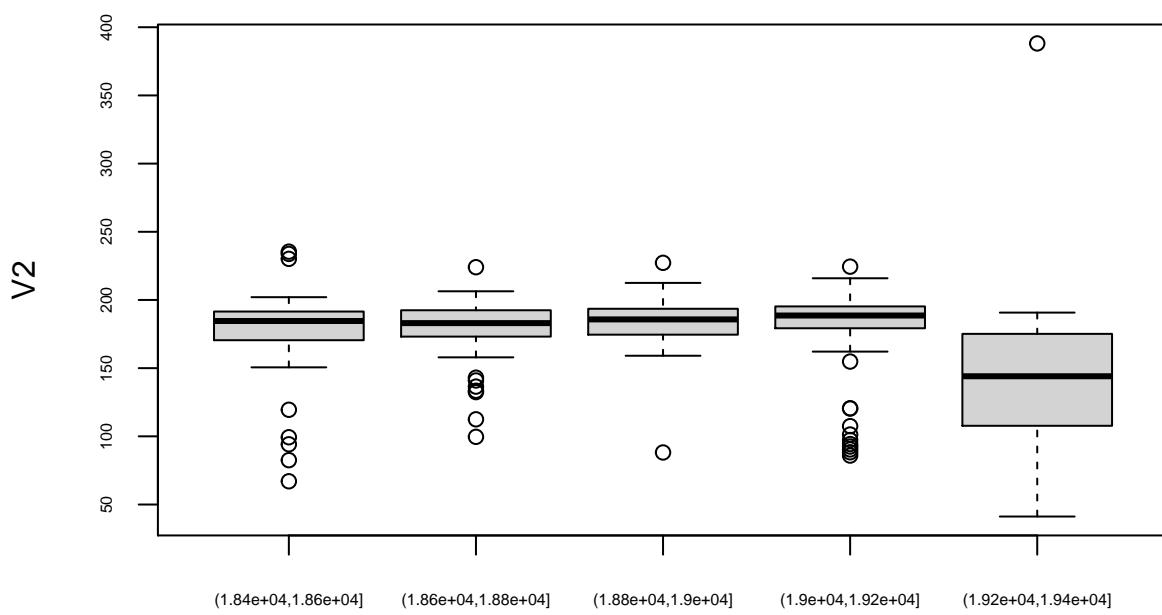
Date	Climb_Rating
2020-10-24	156.5
2022-08-04	159.4
2022-05-21	240.4
2022-07-01	416.3
2020-10-16	462.9

Sport class: Daniels_EqP

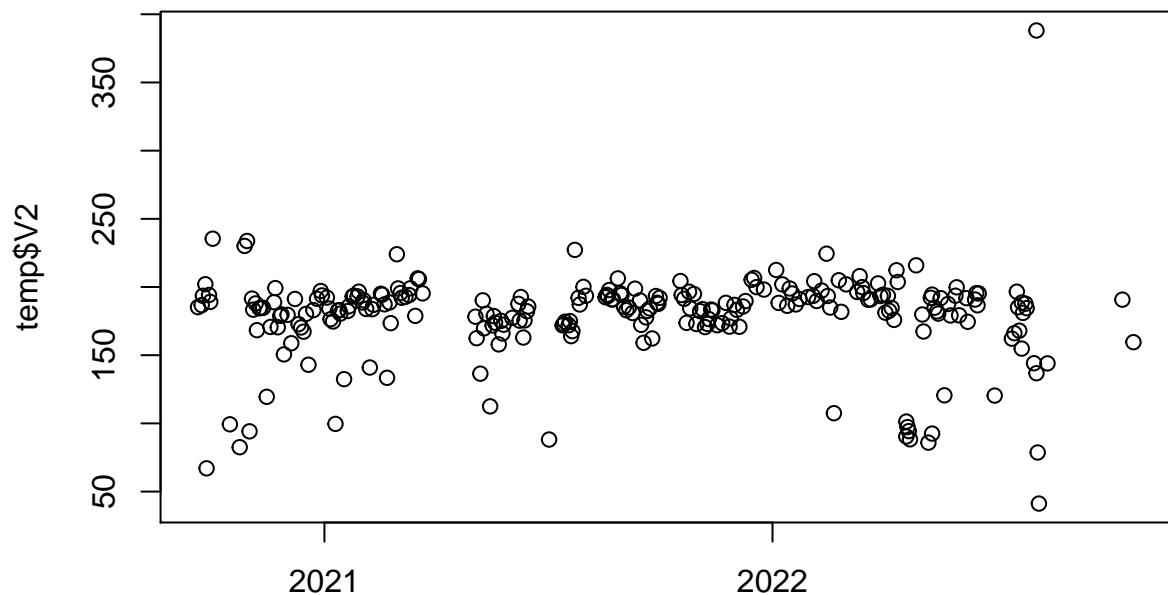
Daniels_EqP



Daniels_EqP

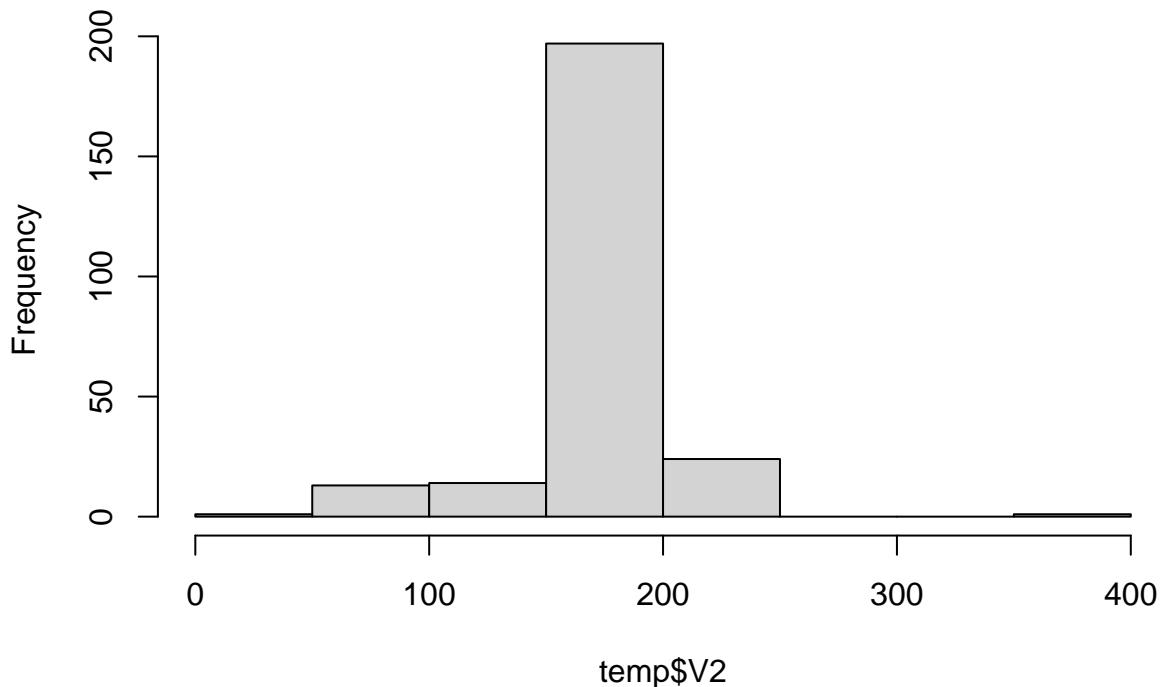


Daniels_EqP

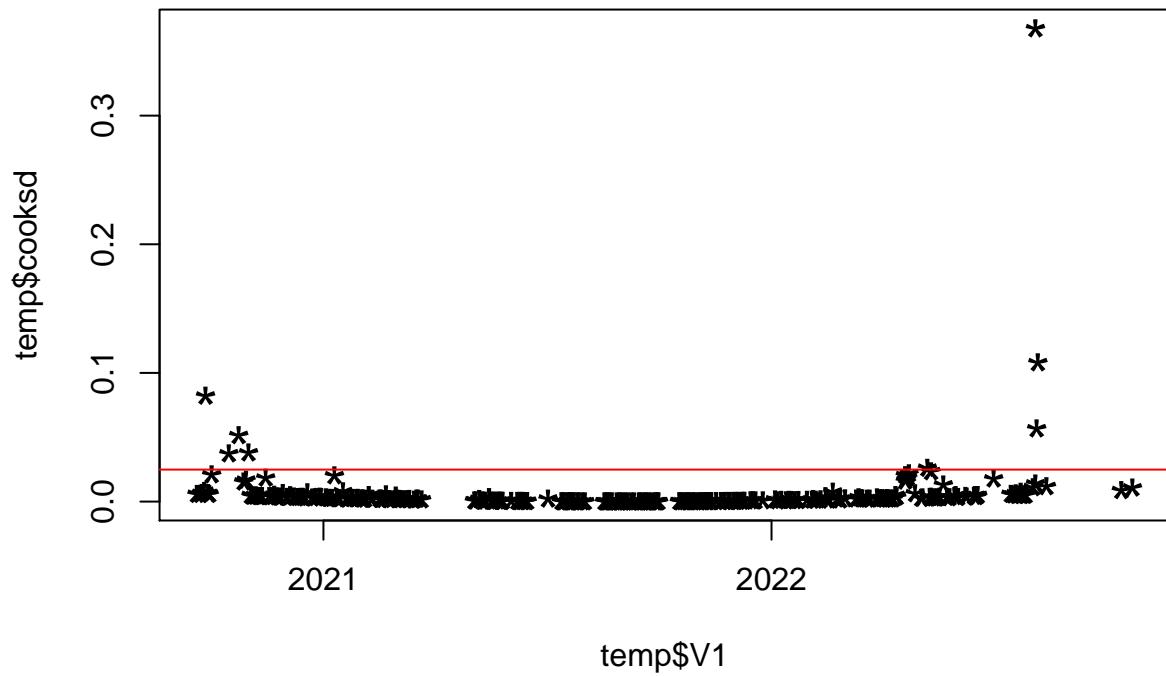


temp\$V1

Histogram of temp\$V2



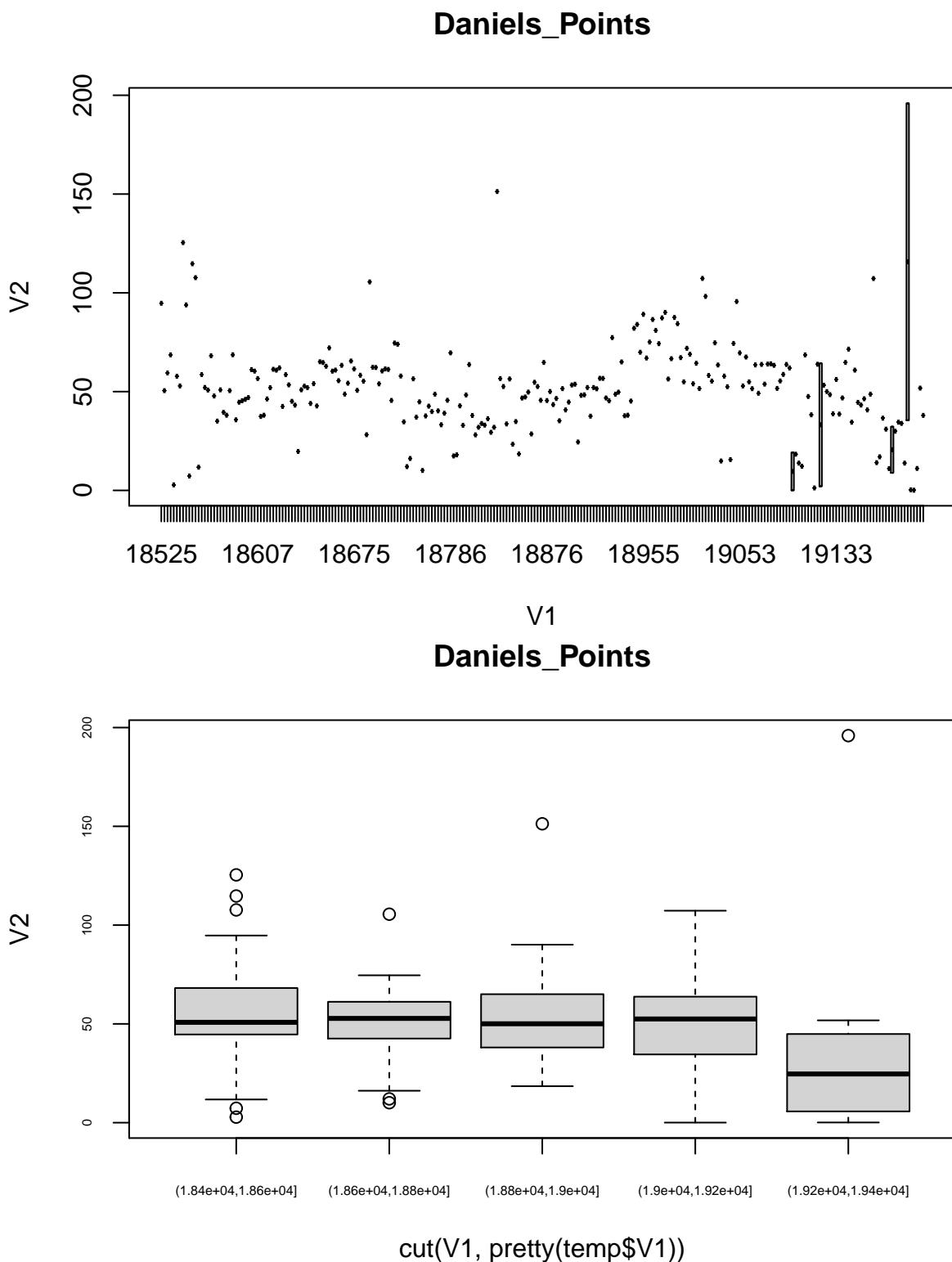
Daniels_EqP



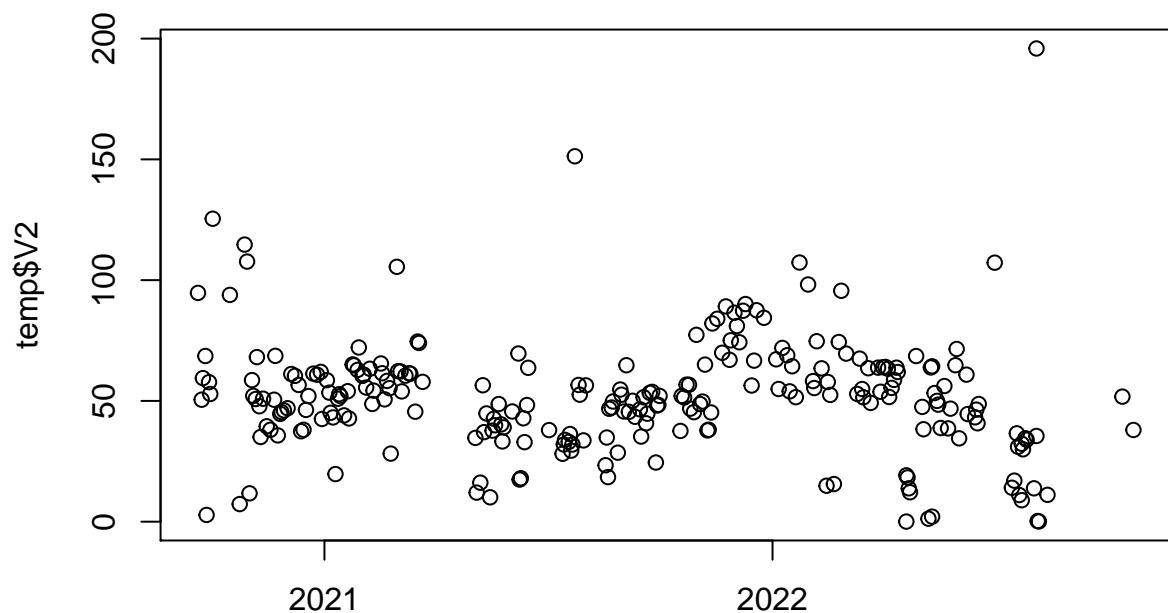
`temp$V1`

Date	Daniels_EqP
2022-08-06	41.2
2020-09-27	67.03
2022-08-05	78.67
2020-10-24	82.53
2022-05-08	85.89
2020-11-01	94.18
2020-10-16	99.33
2022-08-04	388.1

Sport class: Daniels_Points

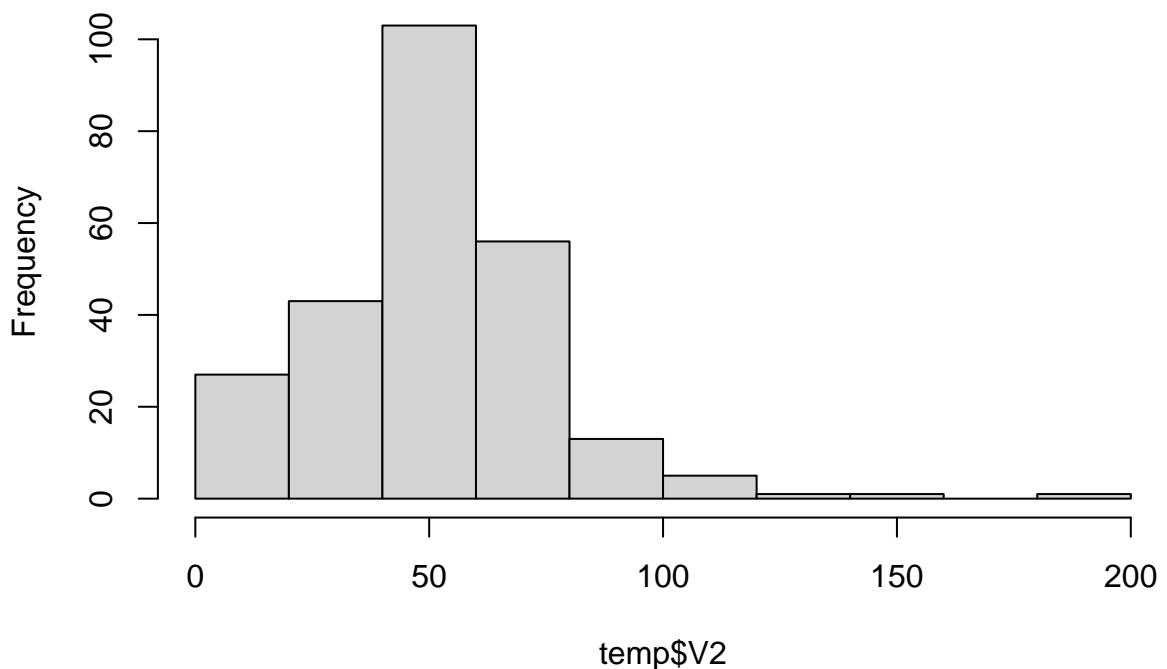


Daniels_Points

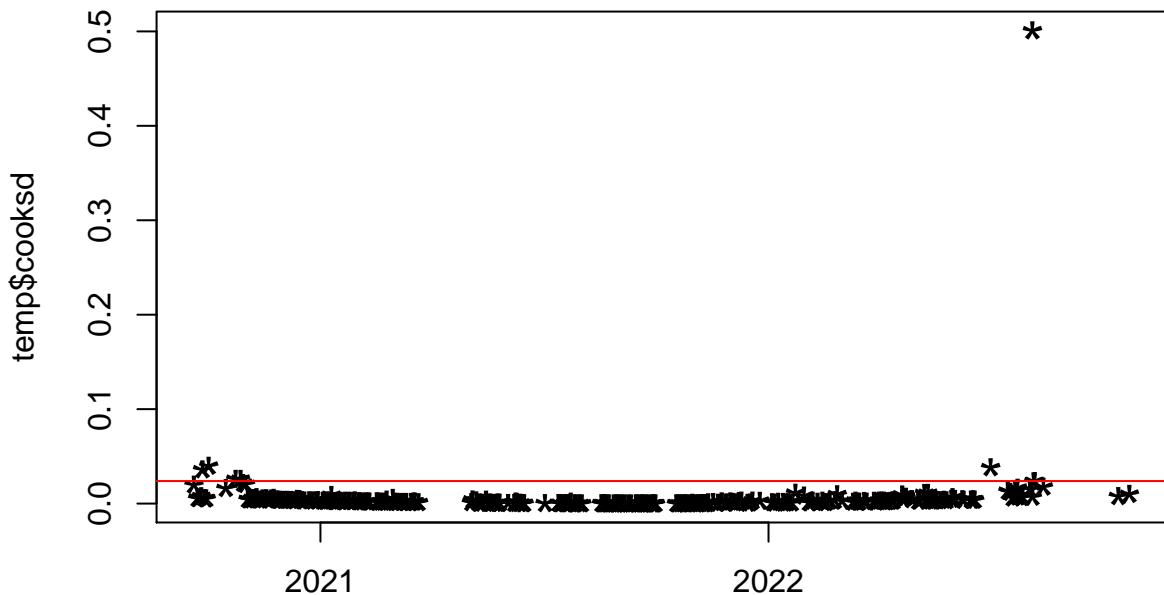


temp\$V1

Histogram of temp\$V2



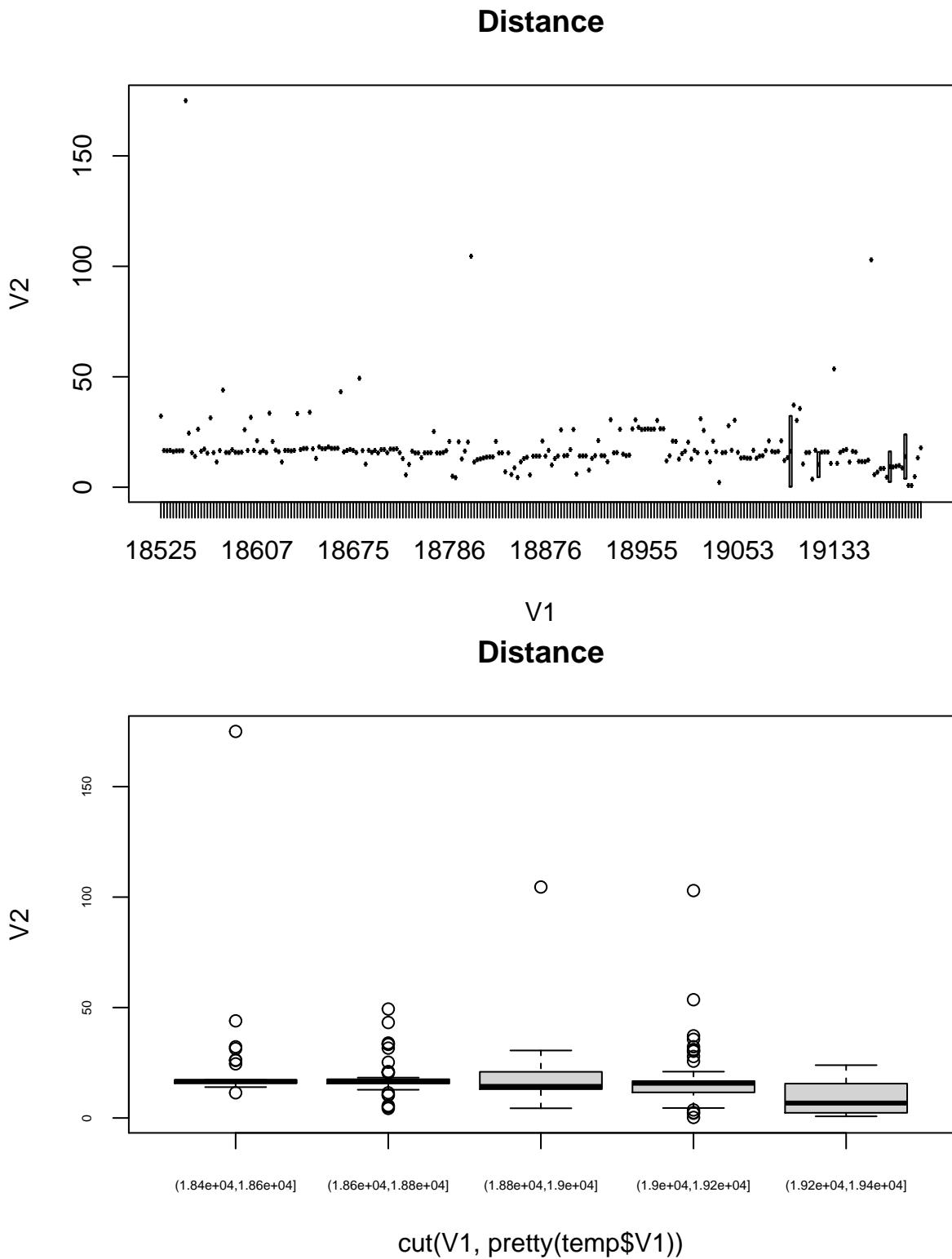
Daniels_Points



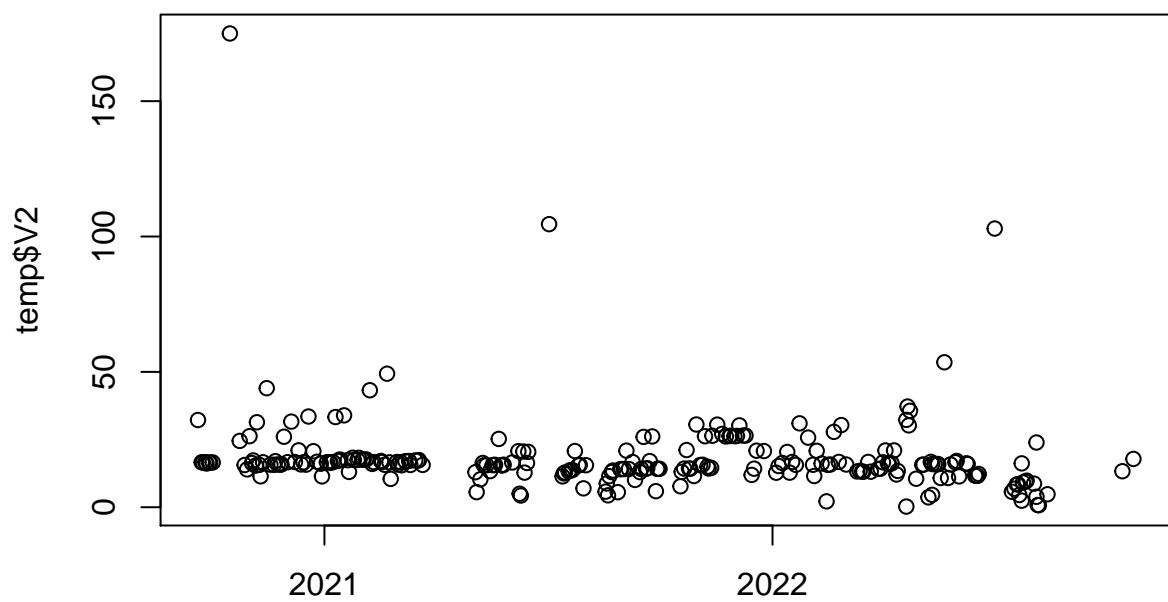
temp\$V1

Date	Daniels_Points
2020-09-27	2.792
2020-10-24	7.289
2022-07-01	107.2
2020-10-28	114.7
2020-10-02	125.4
2022-08-04	195.9

Sport class: Distance

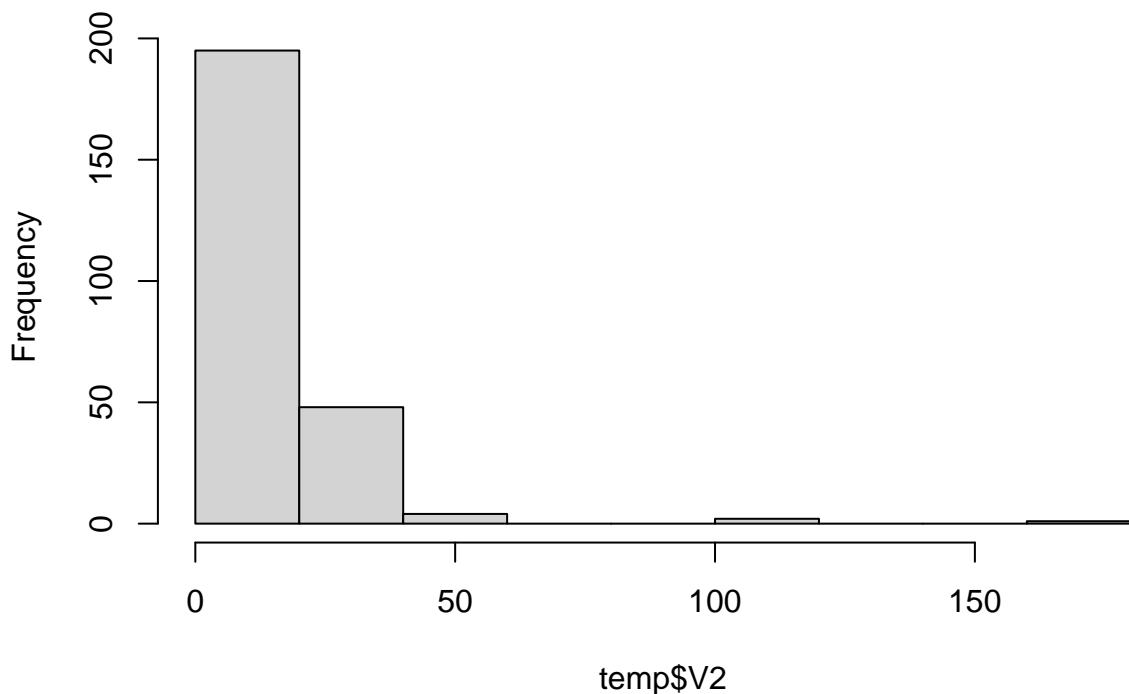


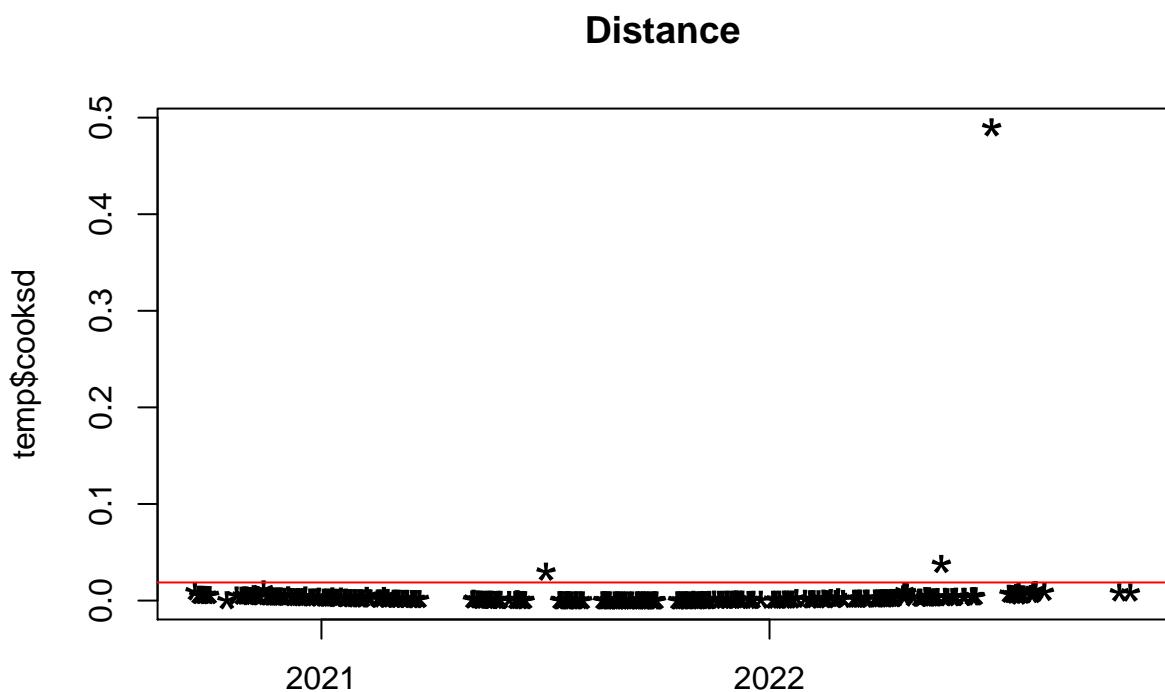
Distance



`temp$V1`

Histogram of `temp$V2`

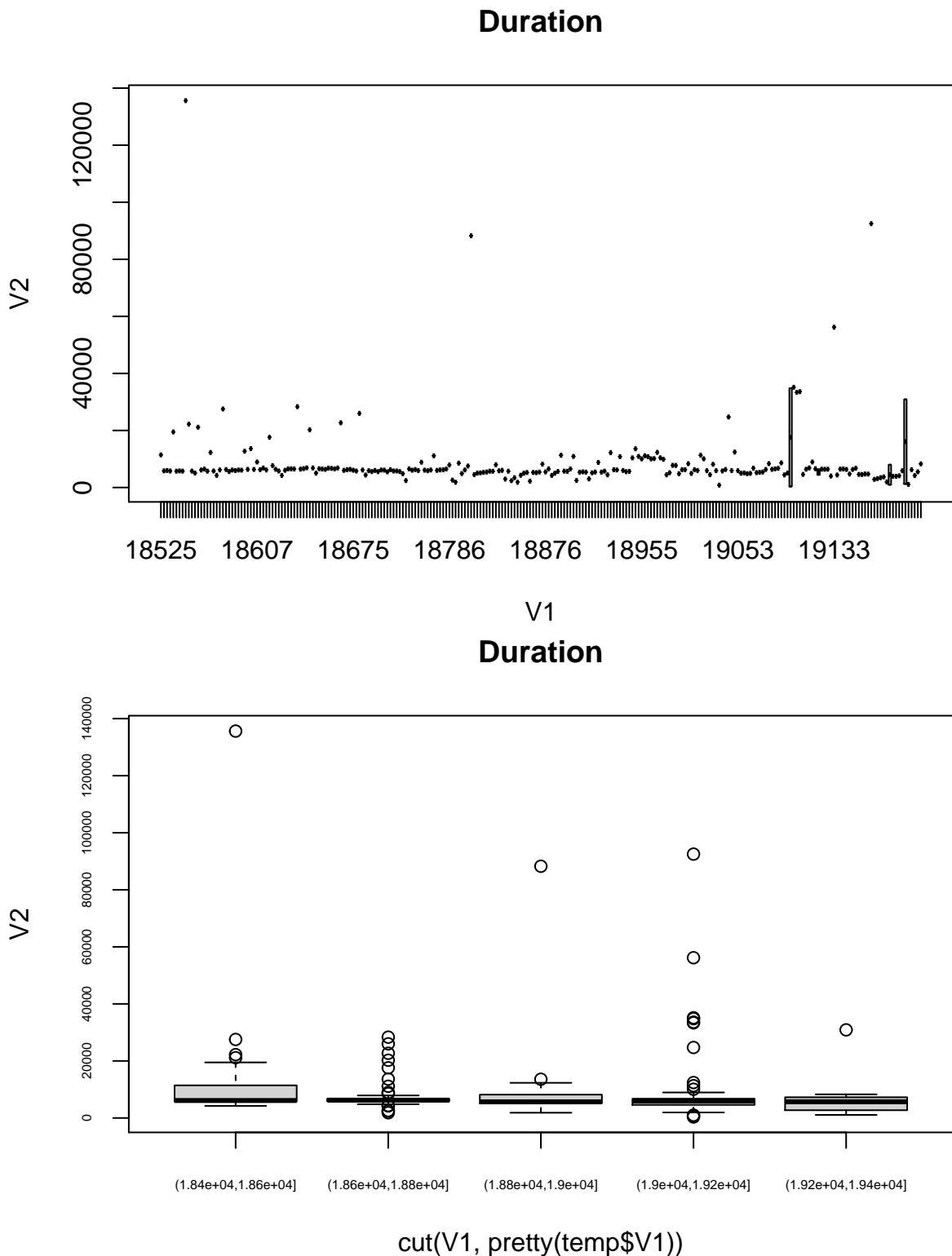




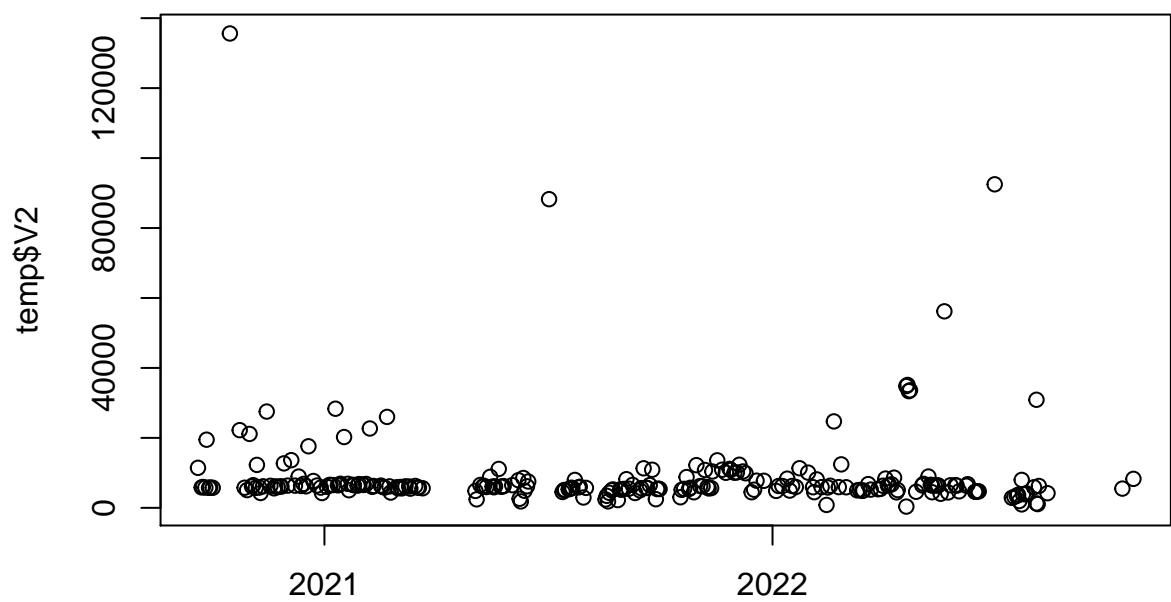
temp\$V1

Date	Distance
2022-05-21	53.55
2022-07-01	102.9
2021-07-03	104.6

Sport class: Duration

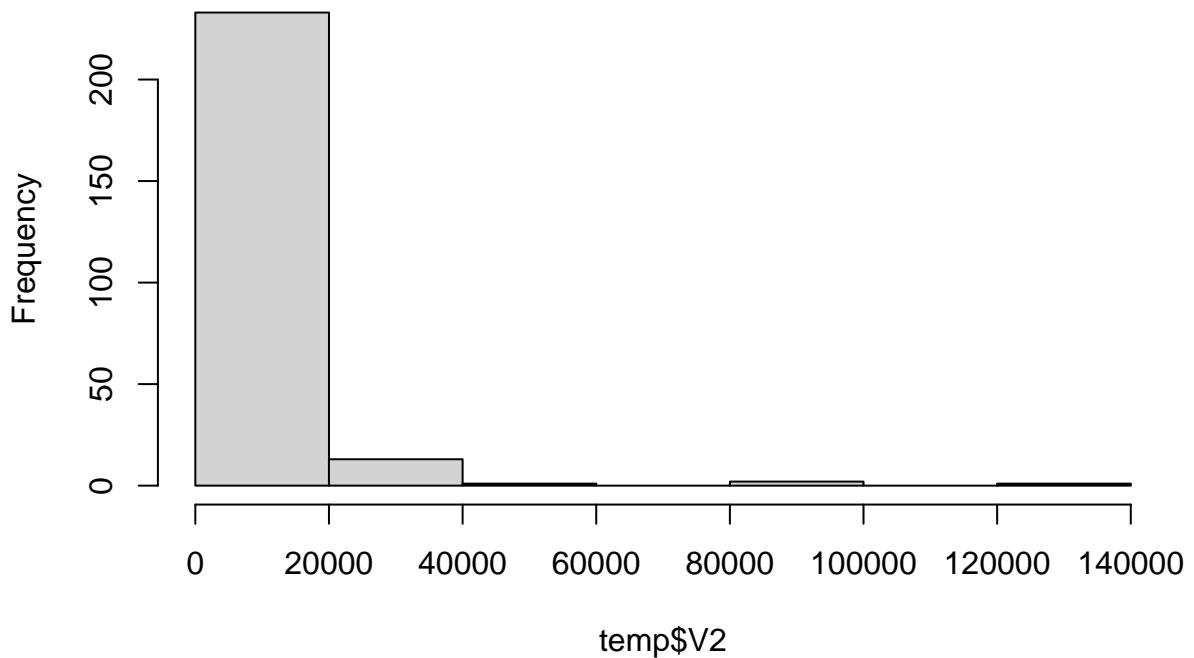


Duration

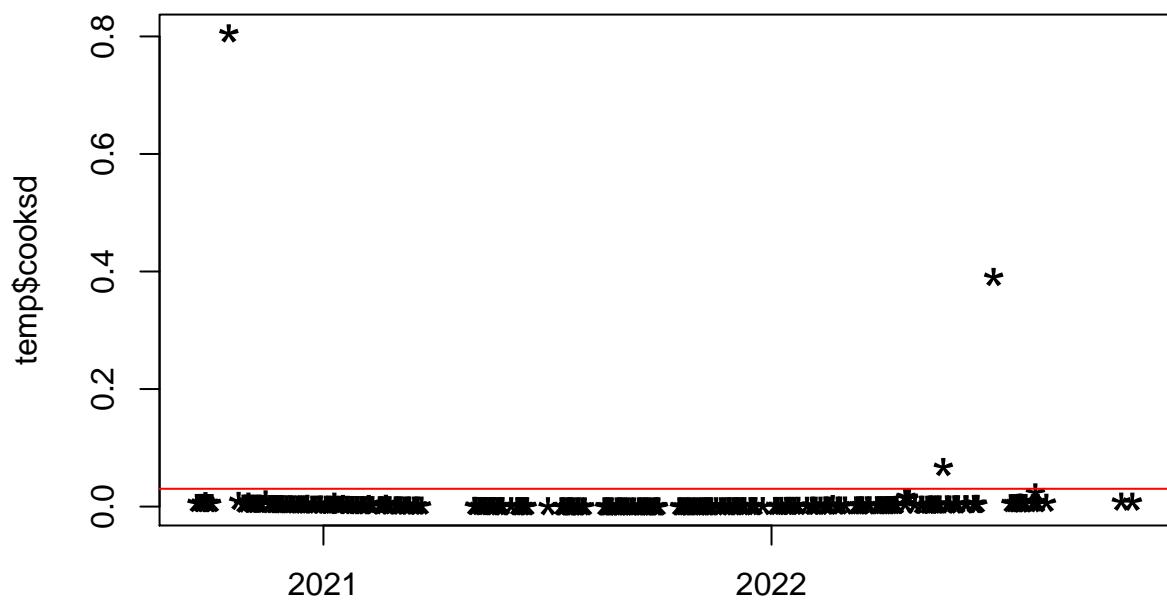


temp\$V1

Histogram of temp\$V2



Duration

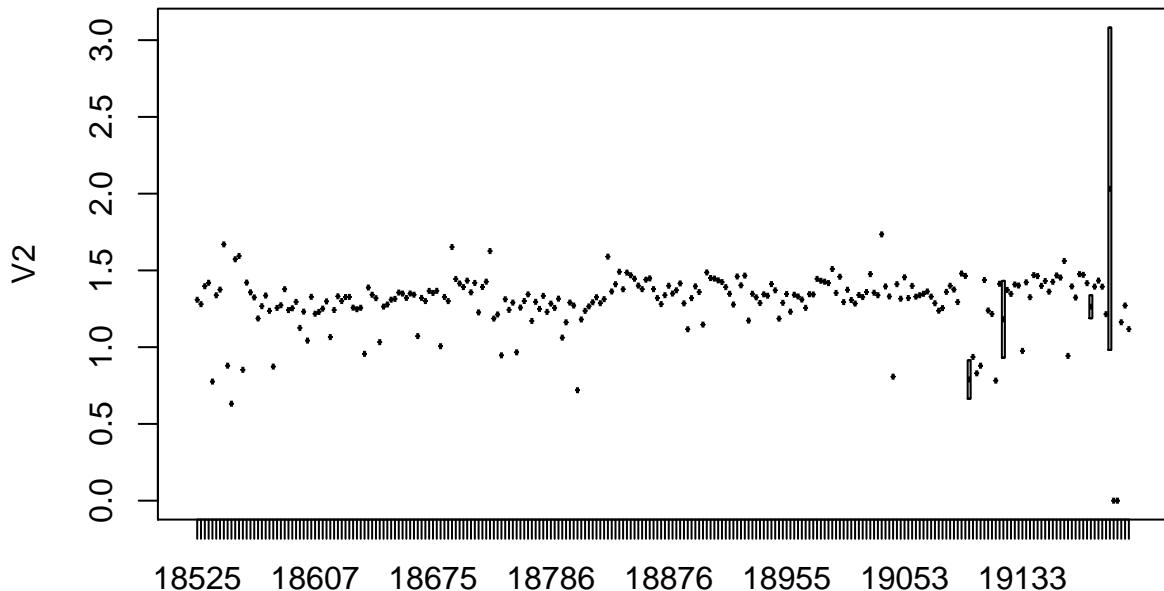


temp\$V1

Date	Duration
2022-05-21	56183
2022-07-01	92501
2020-10-16	135622

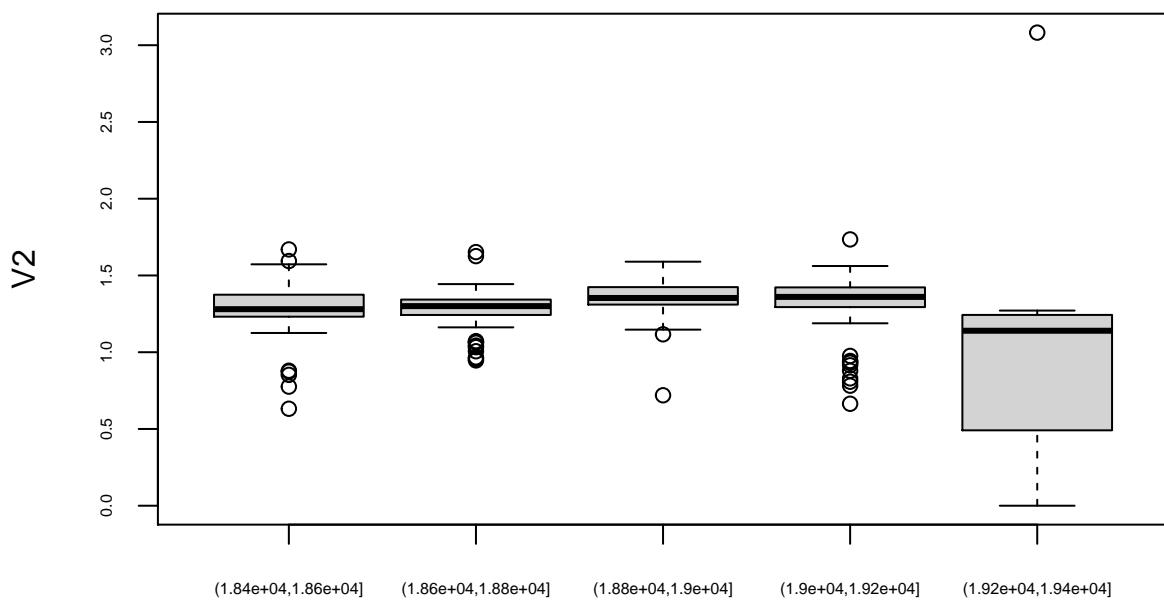
Sport class: Efficiency_Factor

Efficiency_Factor



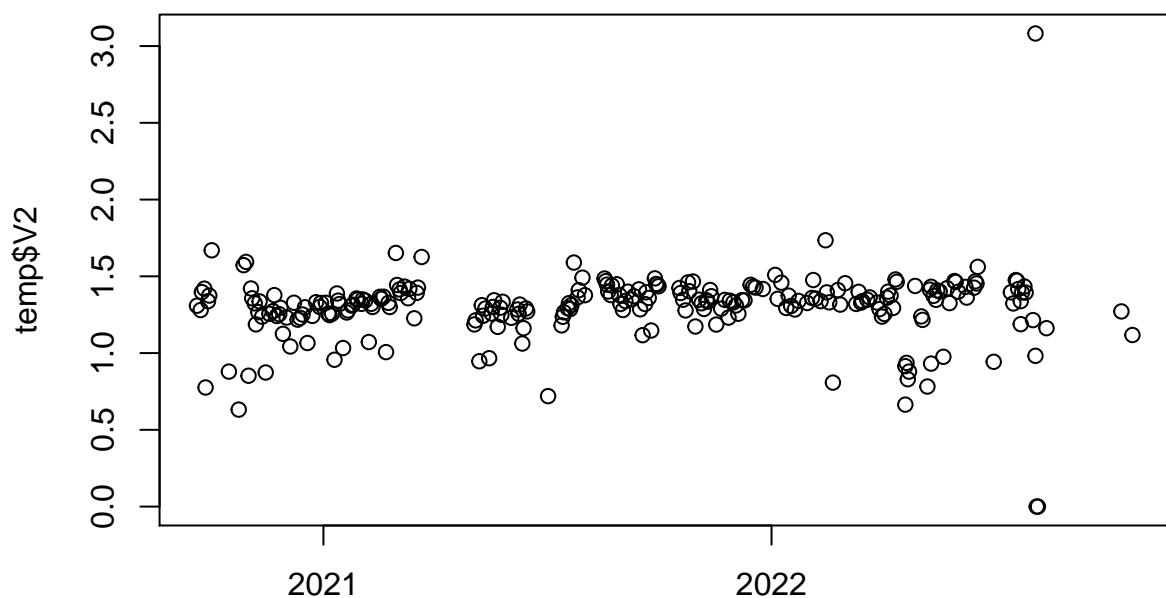
V1

Efficiency_Factor



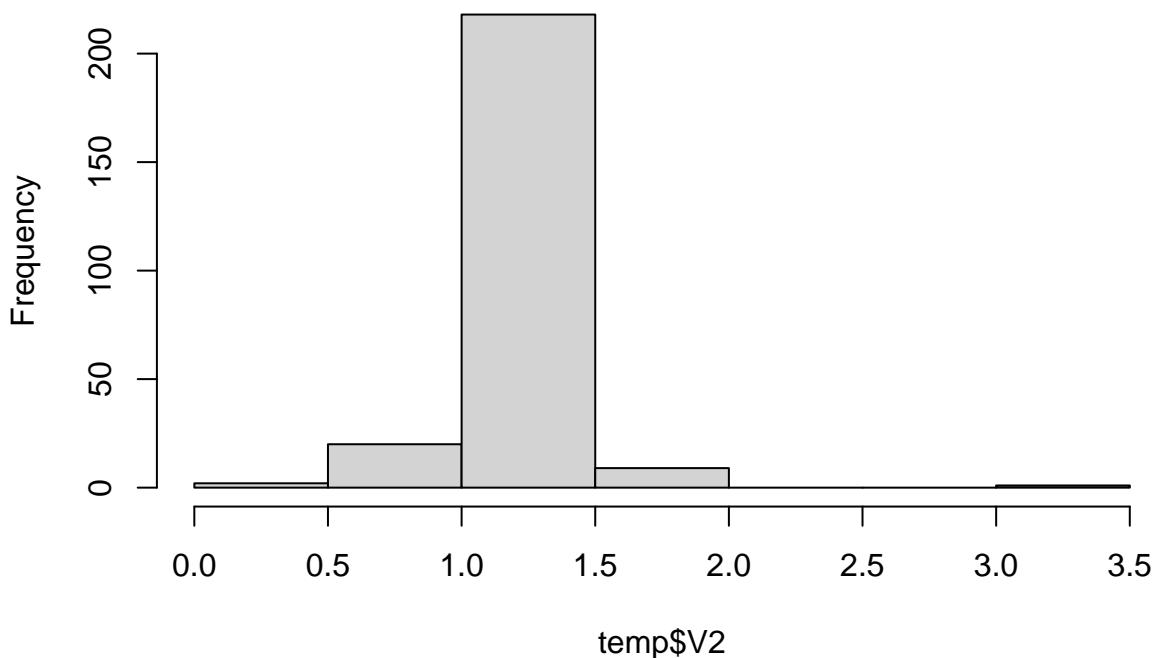
`cut(V1, pretty(temp$V1))`

Efficiency_Factor

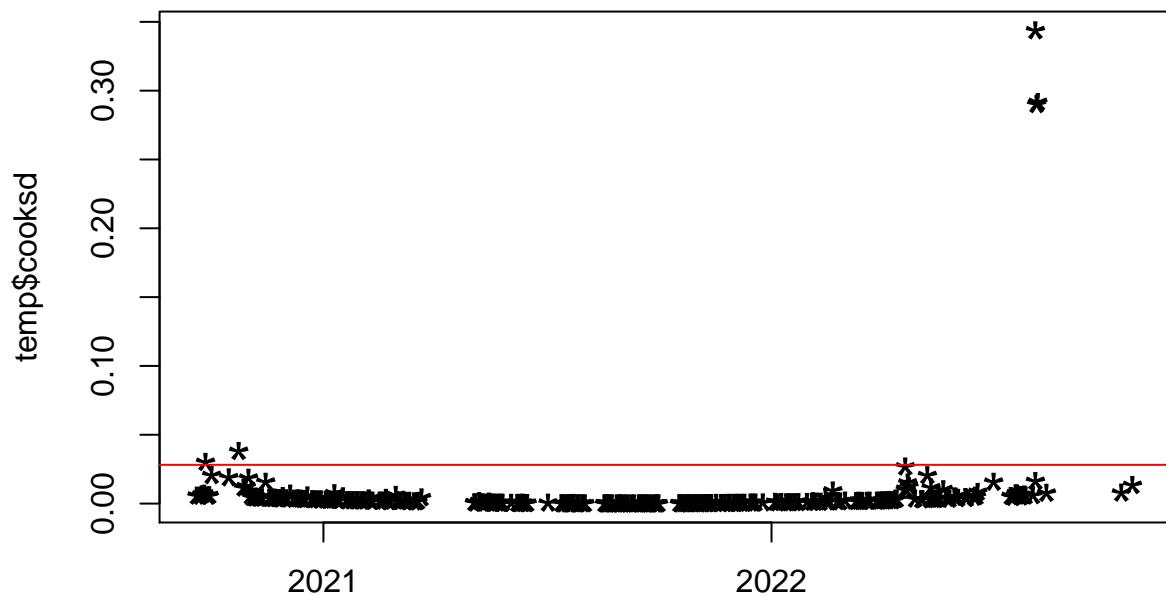


`temp$V1`

Histogram of `temp$V2`



Efficiency_Factor

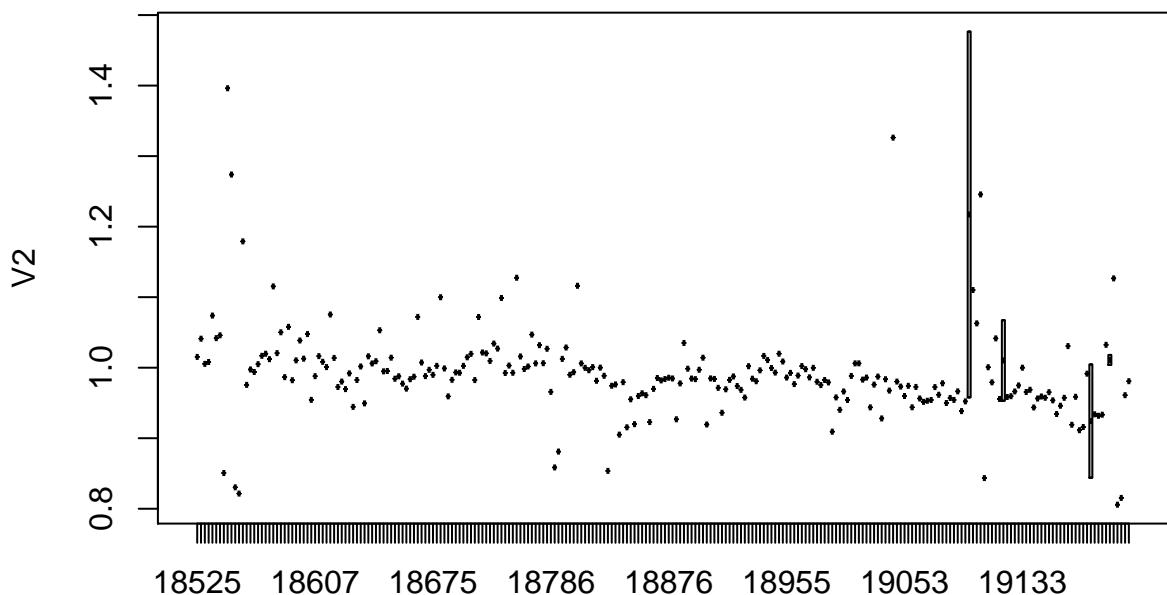


temp\$V1

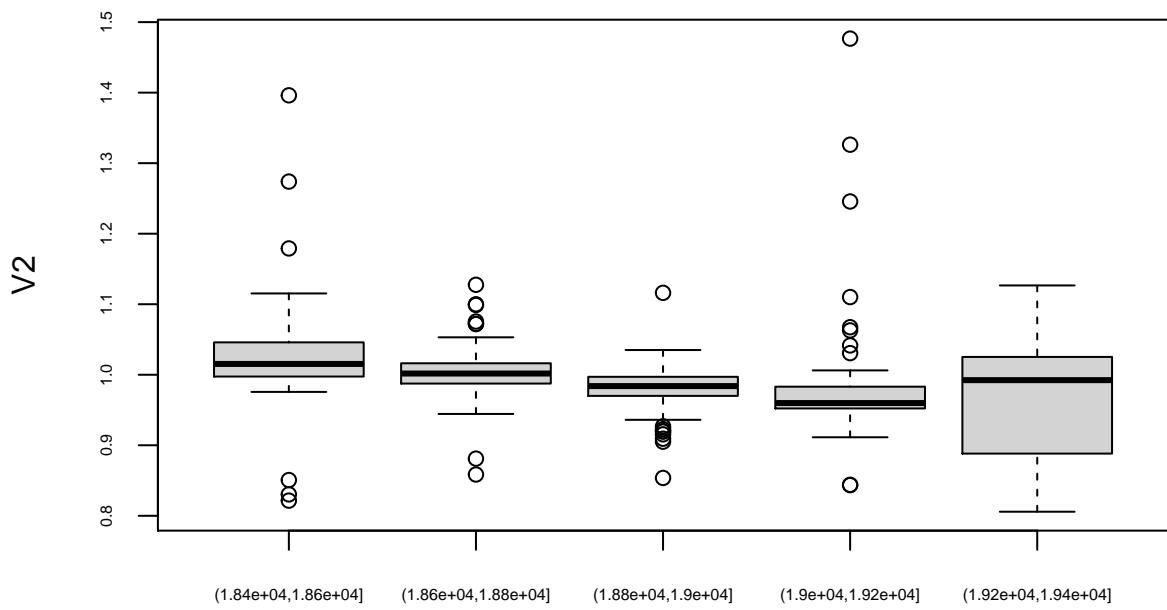
Date	Efficiency_Factor
2022-08-05	0
2022-08-06	0
2020-10-24	0.6317
2020-09-27	0.7758
2022-08-04	3.082

Sport class: Efficiency_Index

Efficiency_Index

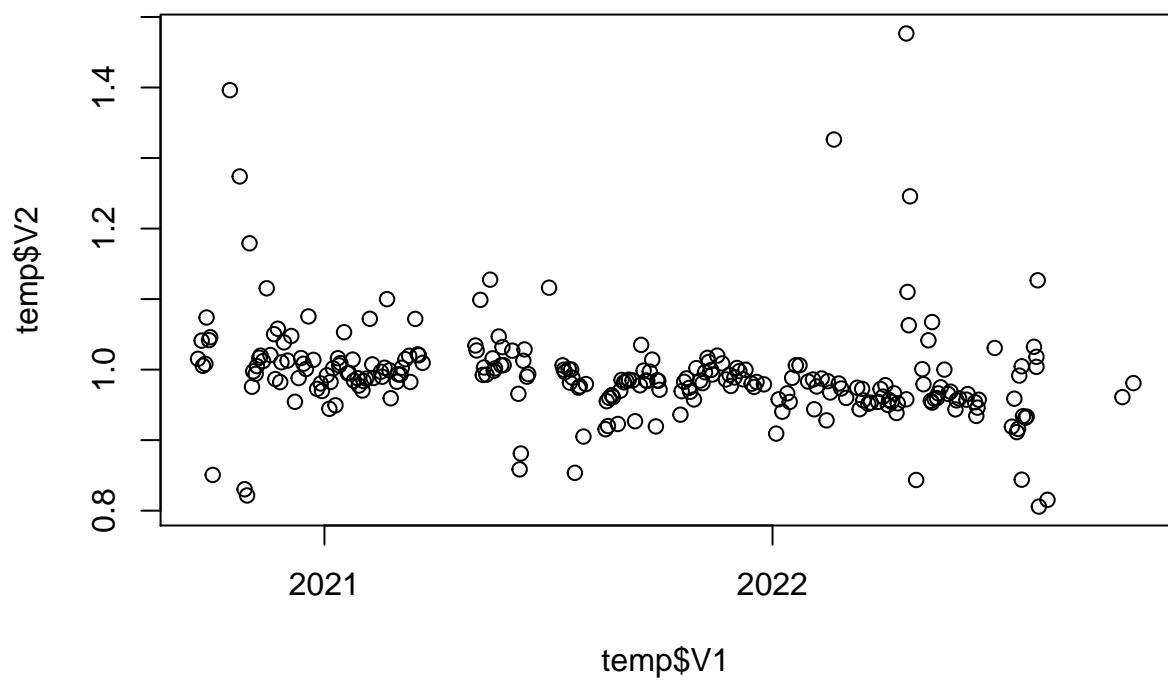


Efficiency_Index

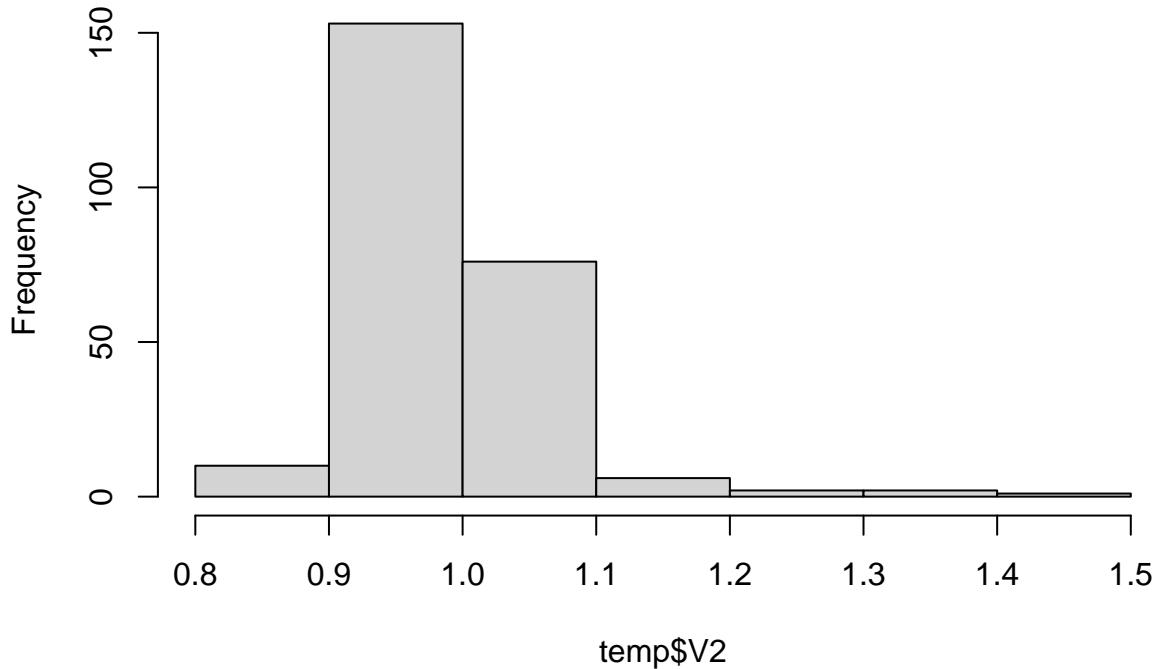


cut(V1, pretty(temp\$V1))

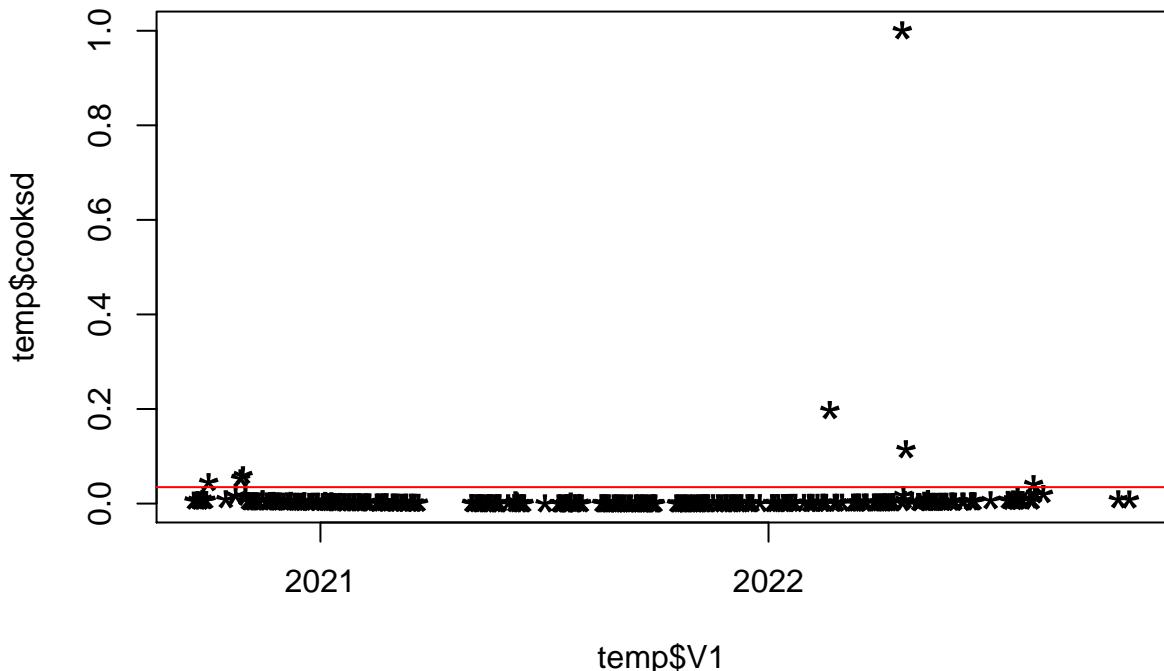
Efficiency_Index



Histogram of `temp$V2`



Efficiency_Index

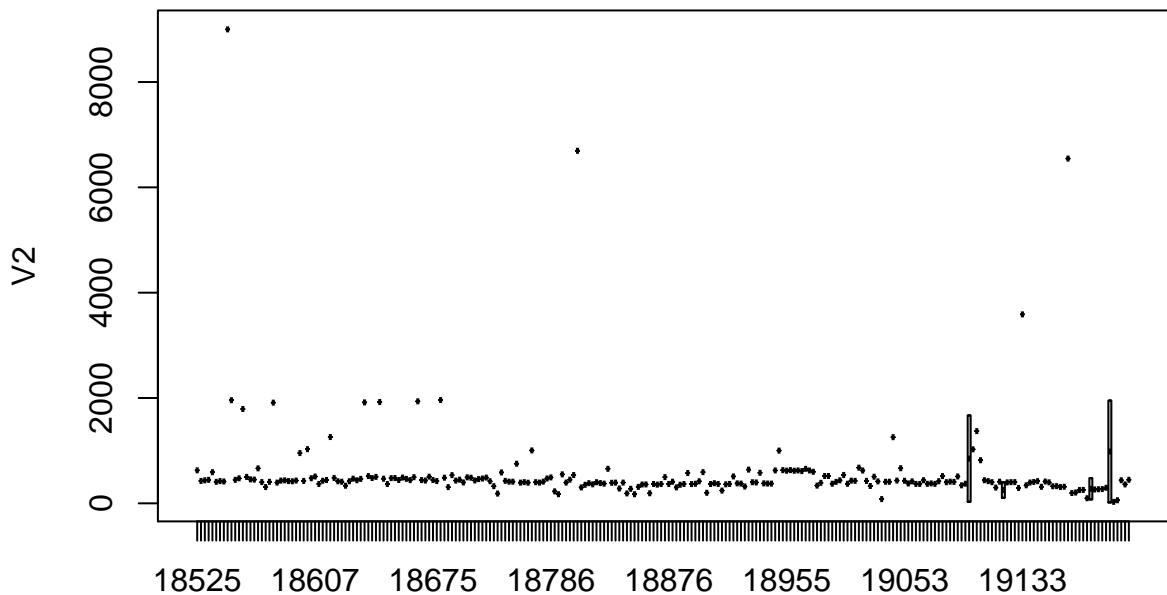


temp\$V1

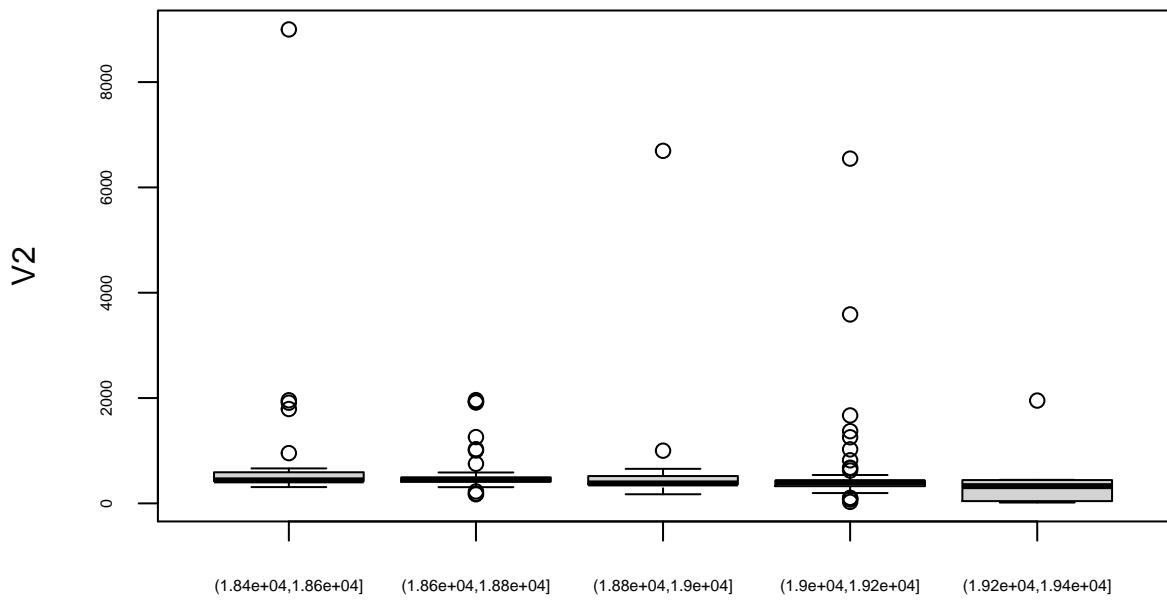
Date	Efficiency_Index
2020-10-30	0.8215
2020-10-28	0.8304
2020-10-02	0.8507
2022-08-05	1.127
2022-04-23	1.246
2022-02-20	1.326
2022-04-20	1.477

Sport class: Elevation_Gain

Elevation_Gain

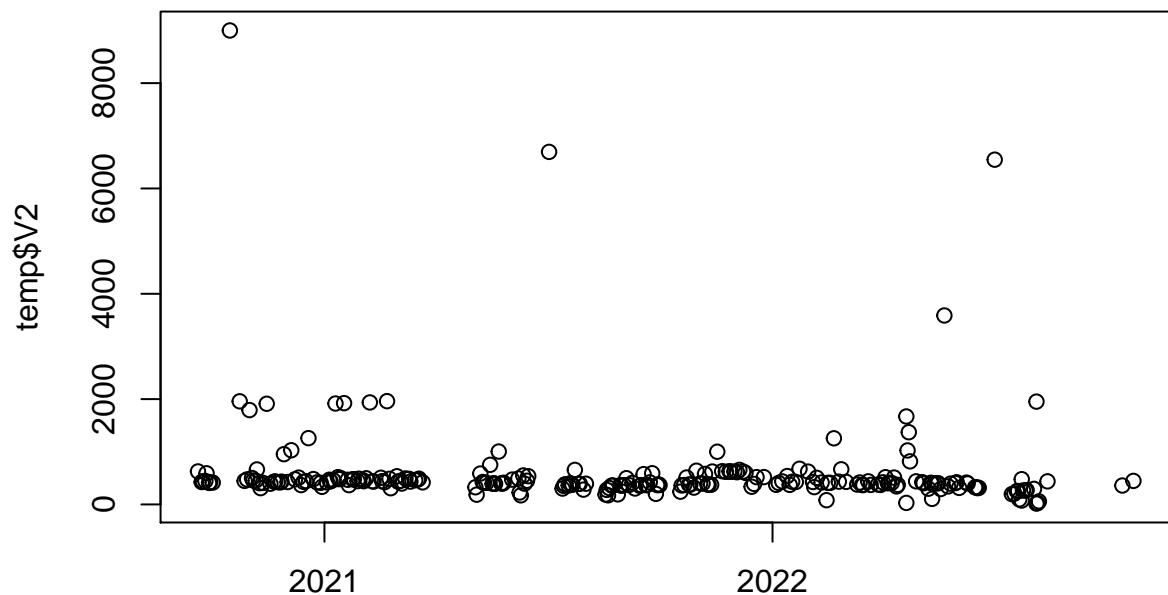


Elevation_Gain



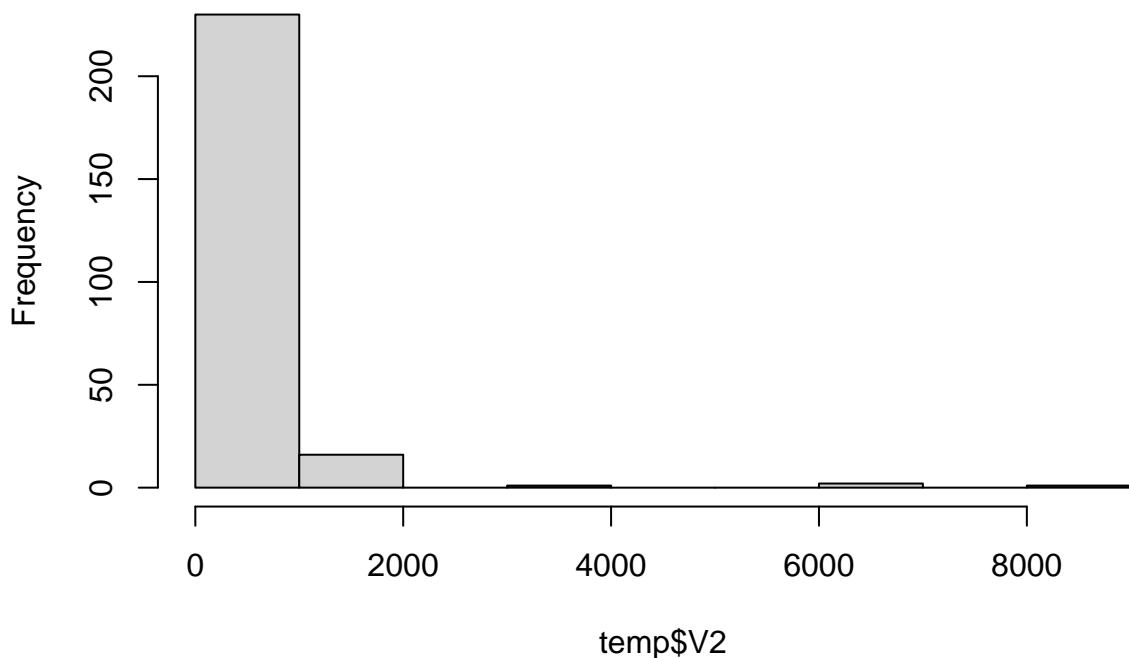
`cut(V1, pretty(temp$V1))`

Elevation_Gain

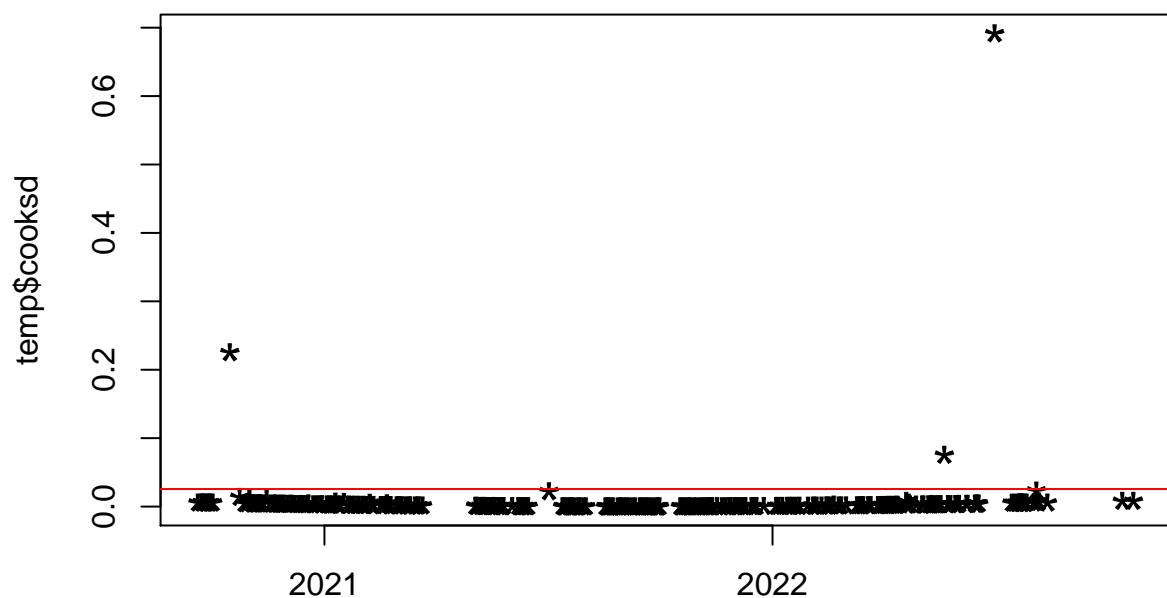


temp\$V1

Histogram of temp\$V2



Elevation_Gain

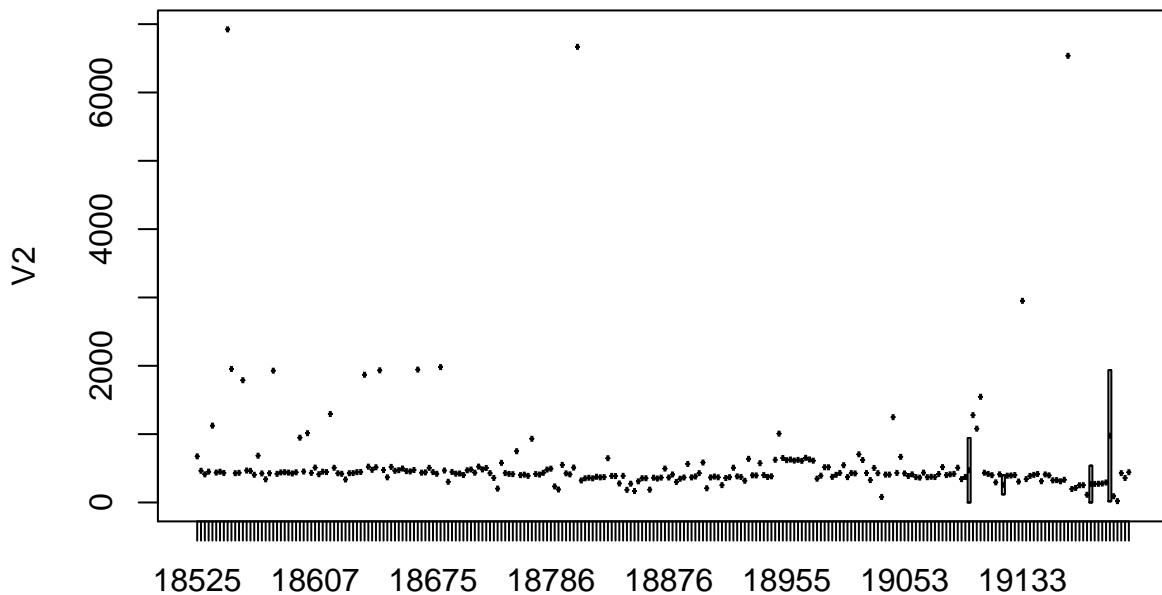


temp\$V1

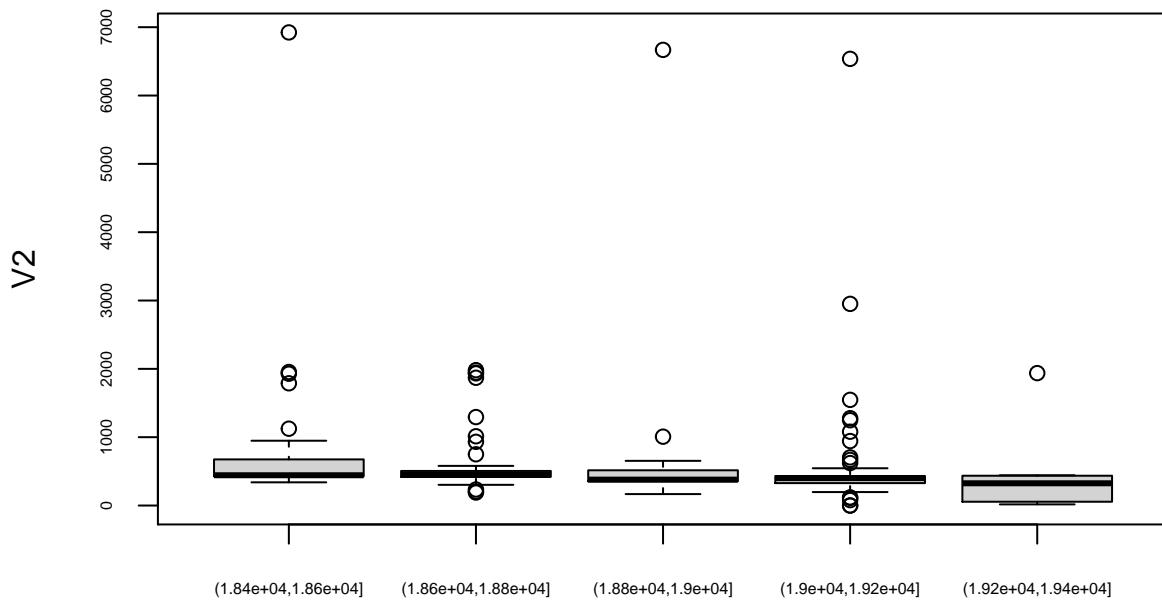
Date	Elevation_Gain
2022-05-21	3588
2022-07-01	6547
2020-10-16	9000

Sport class: Elevation_Loss

Elevation_Loss

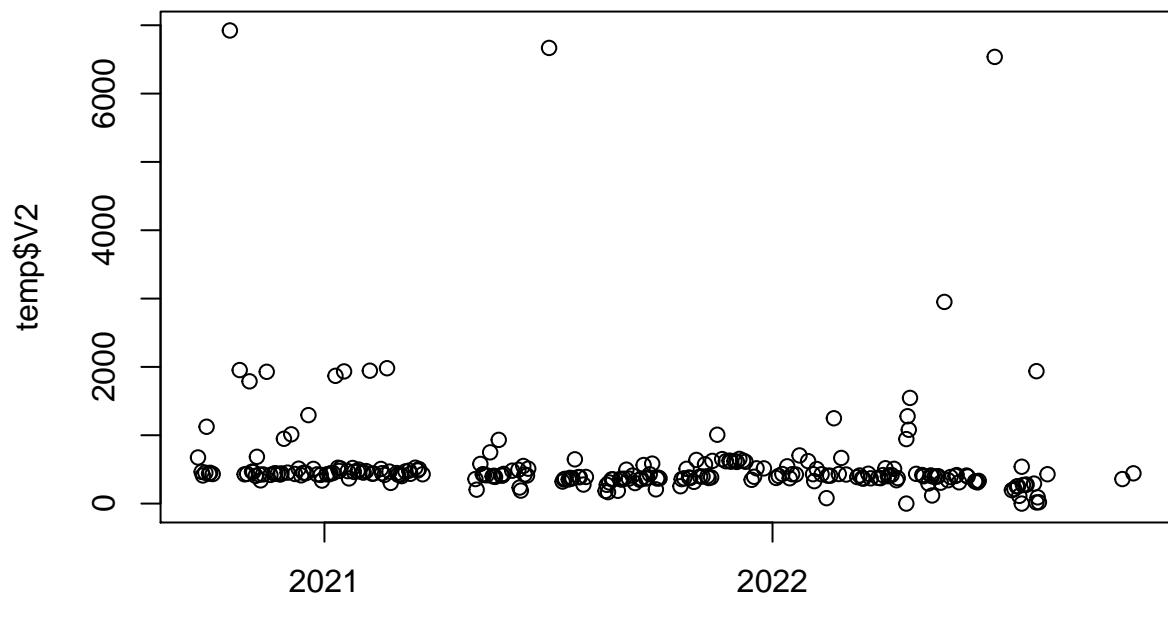


Elevation_Loss



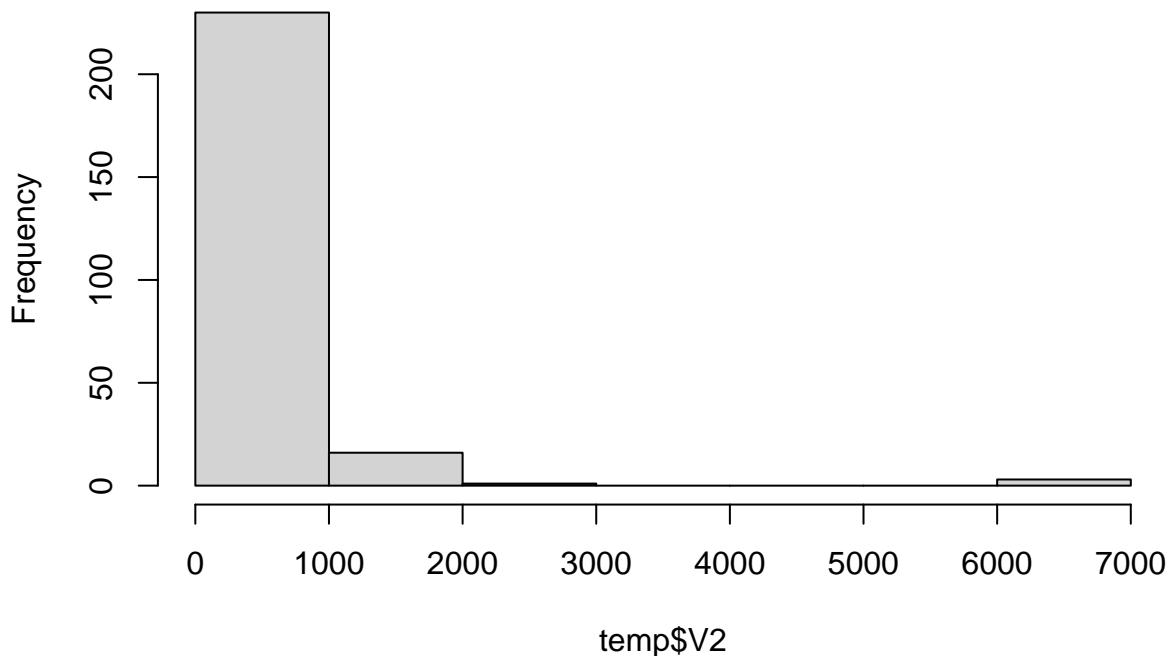
`cut(V1, pretty(temp$V1))`

Elevation_Loss

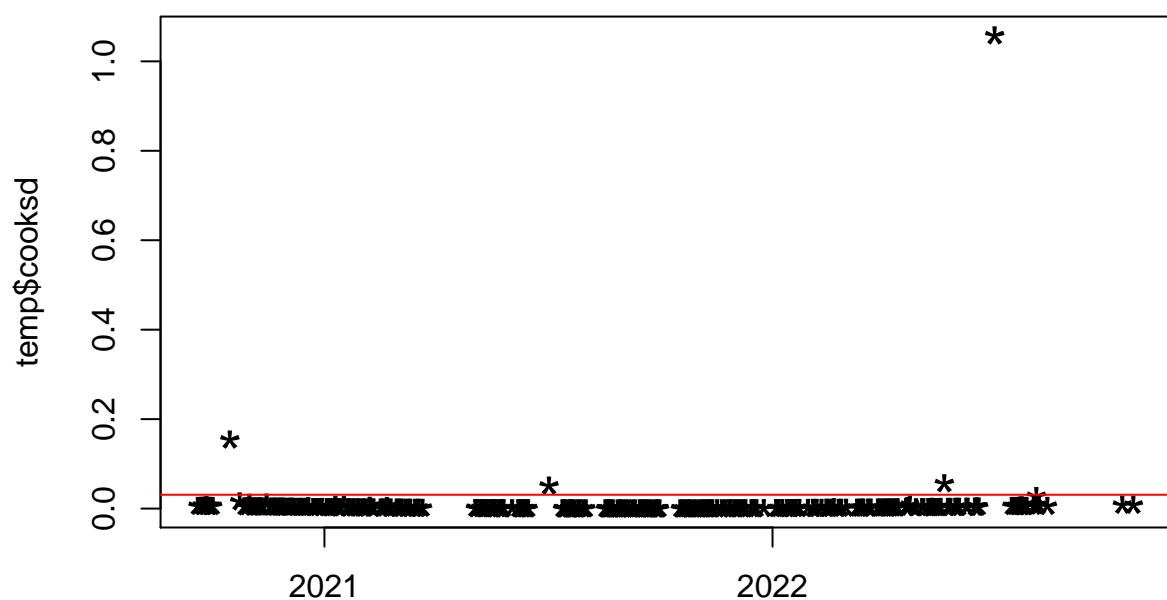


temp\$V1

Histogram of temp\$V2



Elevation_Loss

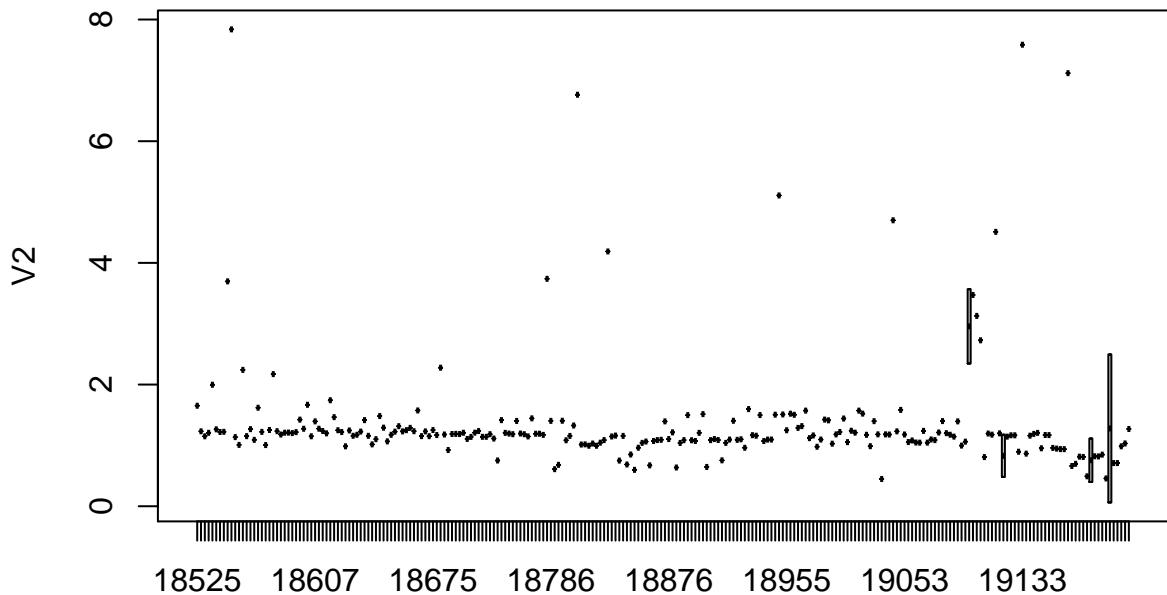


temp\$V1

Date	Elevation_Loss
2022-05-21	2951
2022-07-01	6537
2021-07-03	6668
2020-10-16	6924

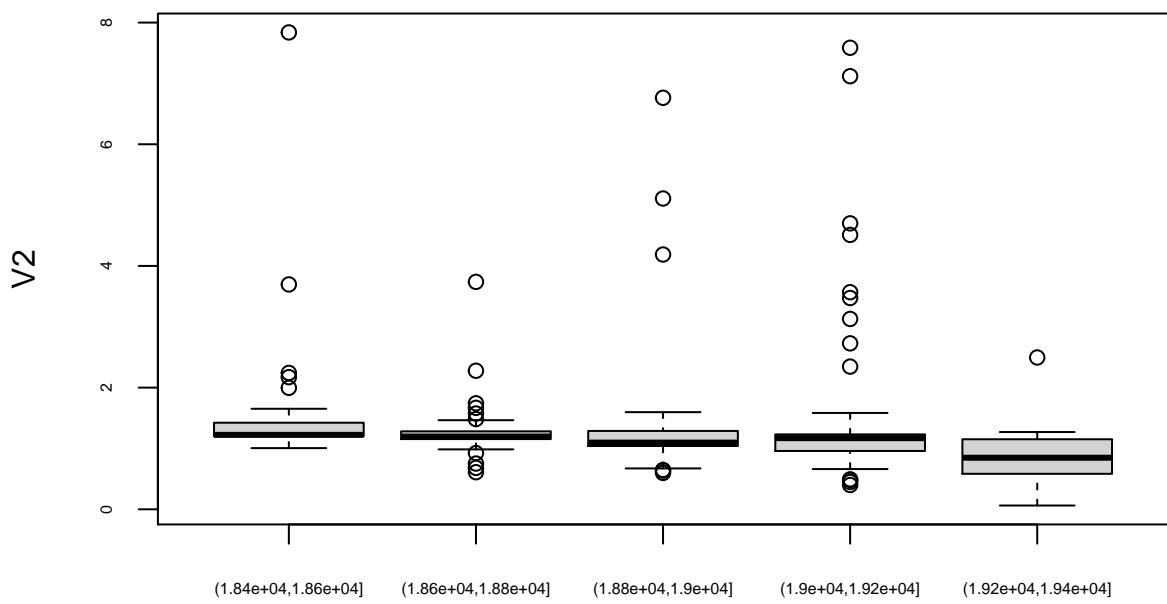
Sport class: EOA

EOA



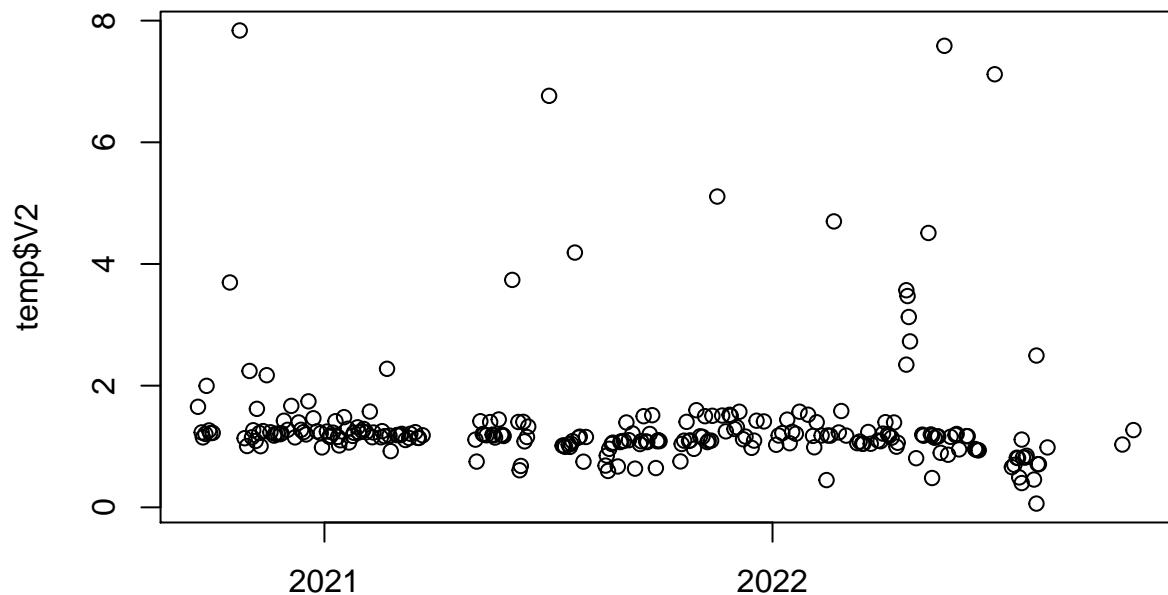
V1

EOA



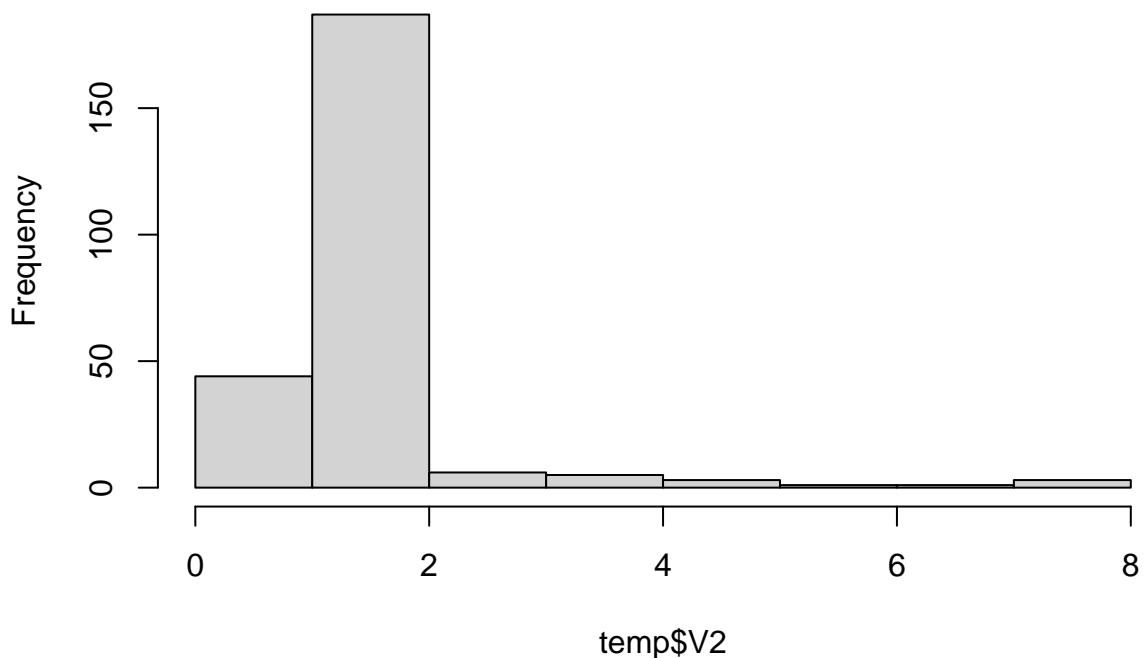
`cut(V1, pretty(temp$V1))`

EOA

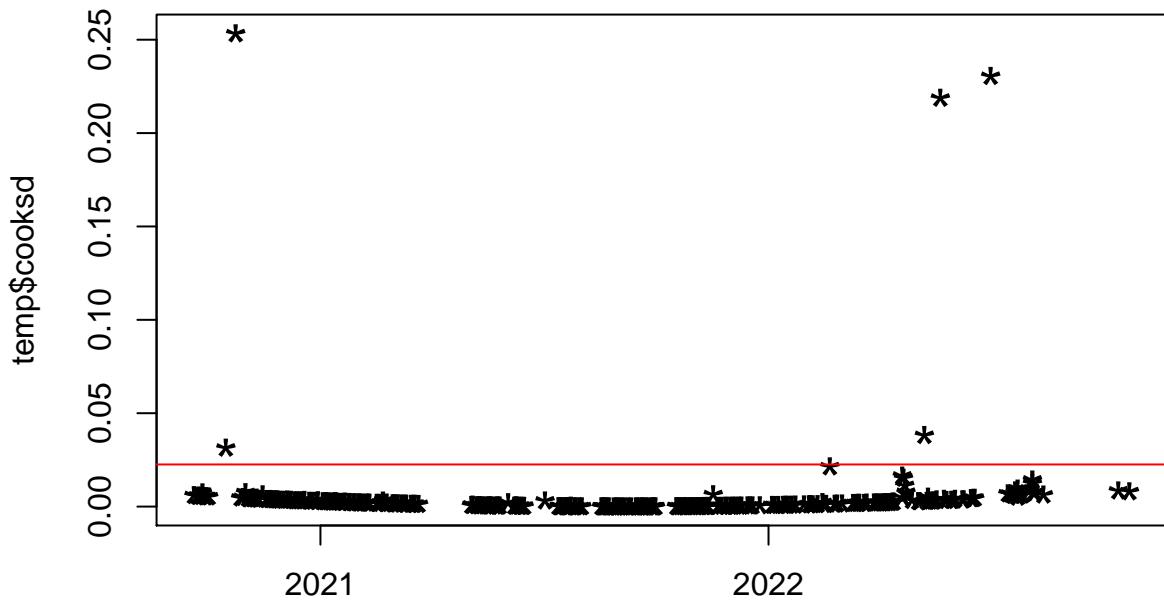


temp\$V1

Histogram of temp\$V2



EOA

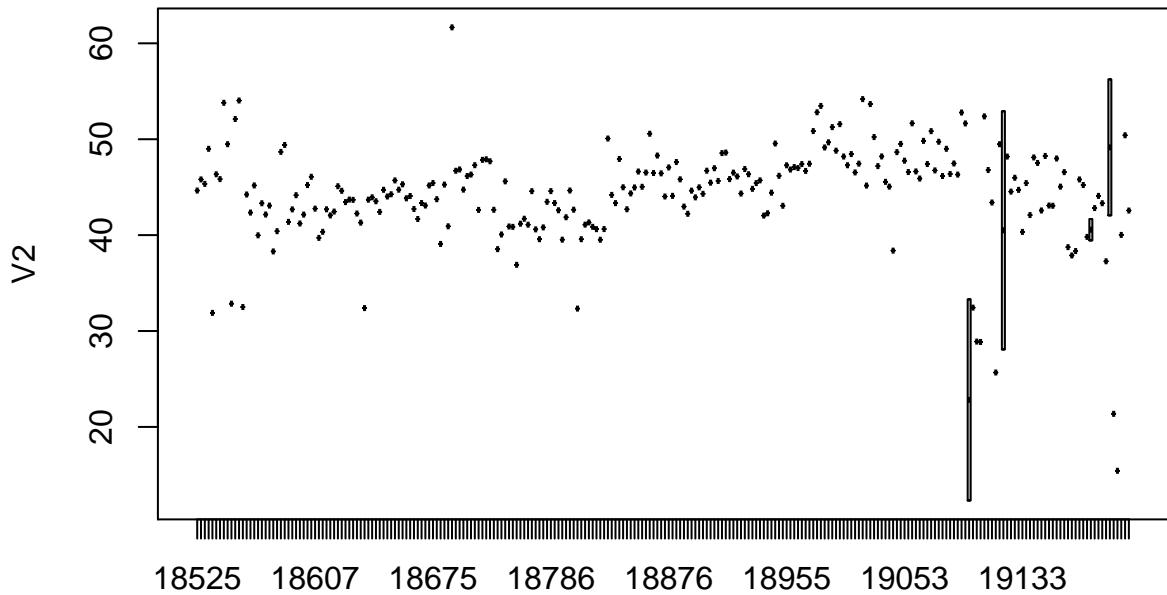


temp\$V1

Date	EOA
2020-10-16	3.696
2022-05-08	4.51
2022-07-01	7.118
2022-05-21	7.586
2020-10-24	7.838

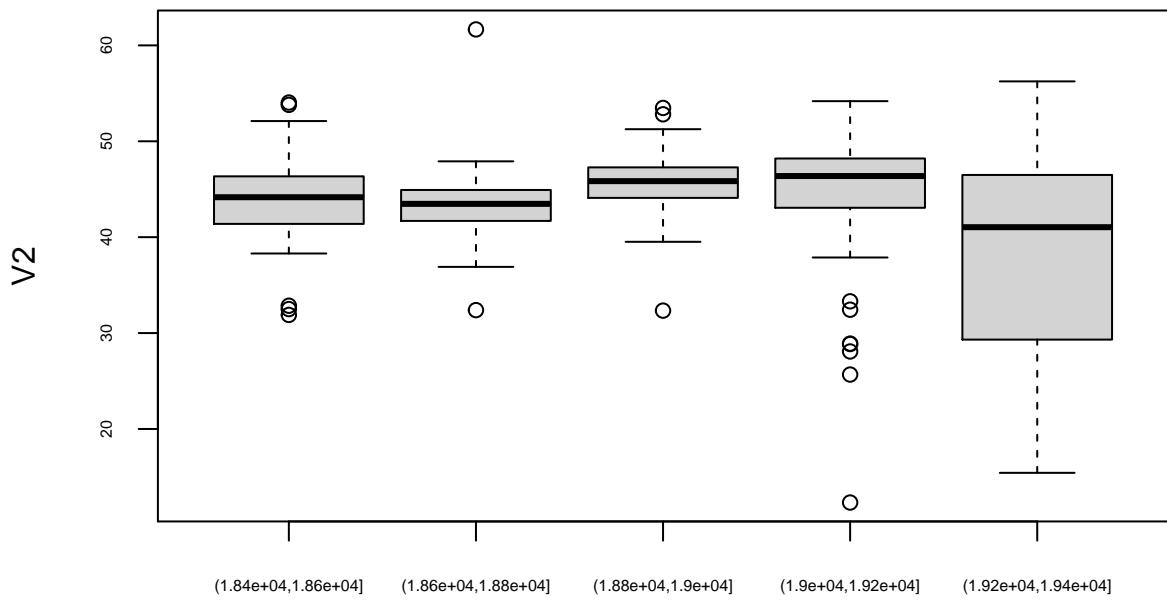
Sport class: Estimated_VO2MAX

Estimated_VO2MAX



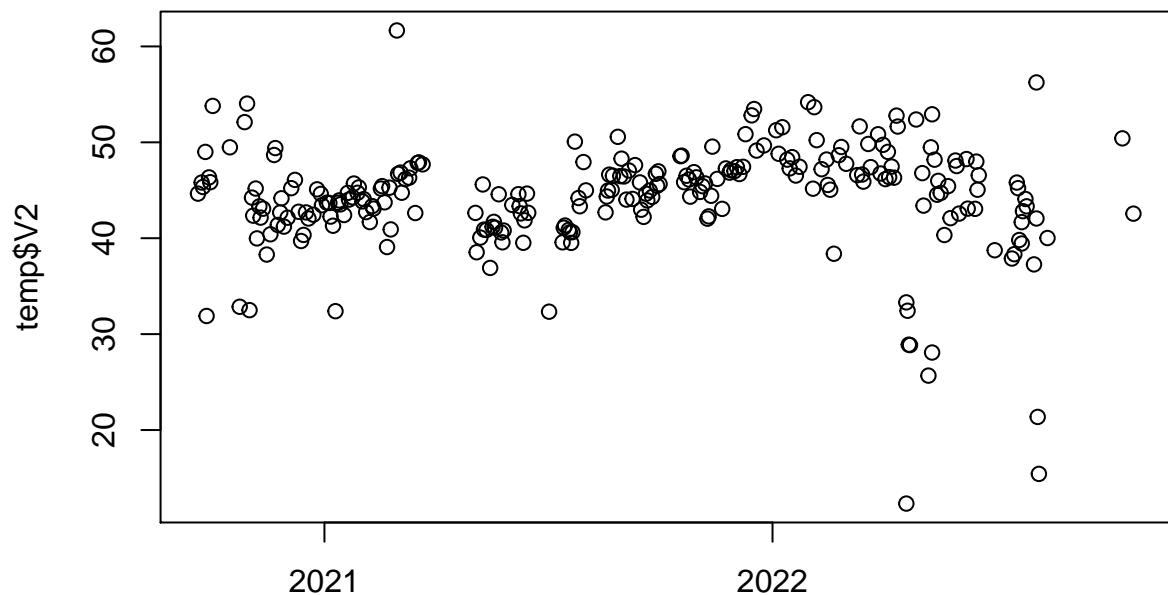
V1

Estimated_VO2MAX



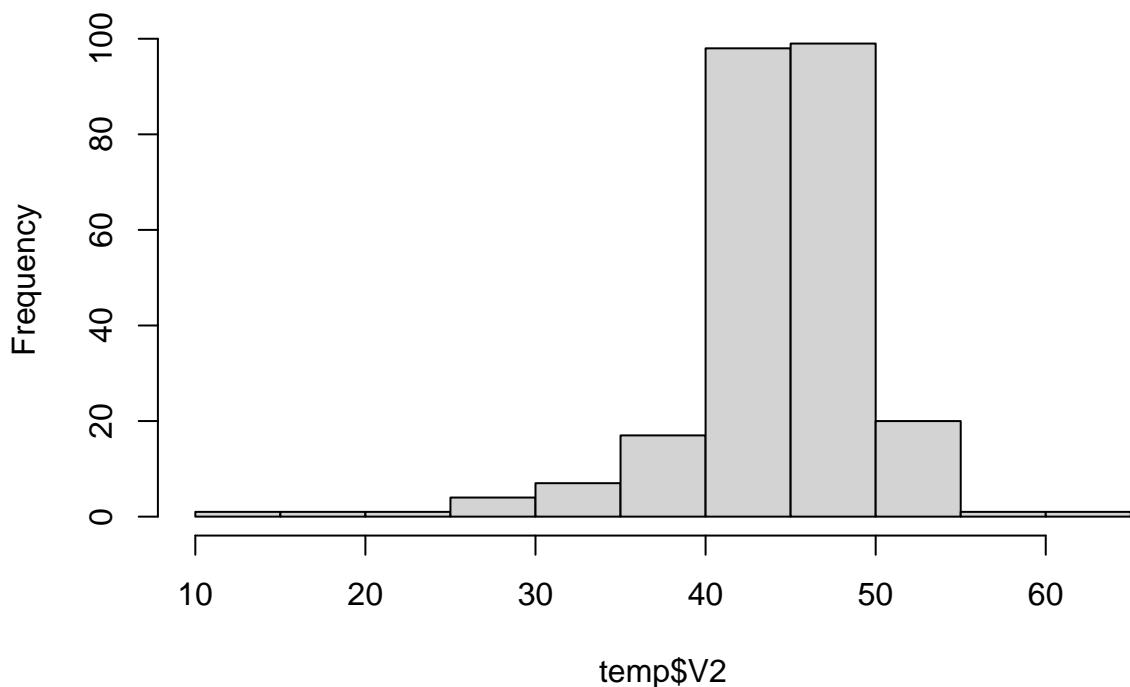
cut(V1, pretty(temp\$V1))

Estimated_VO2MAX



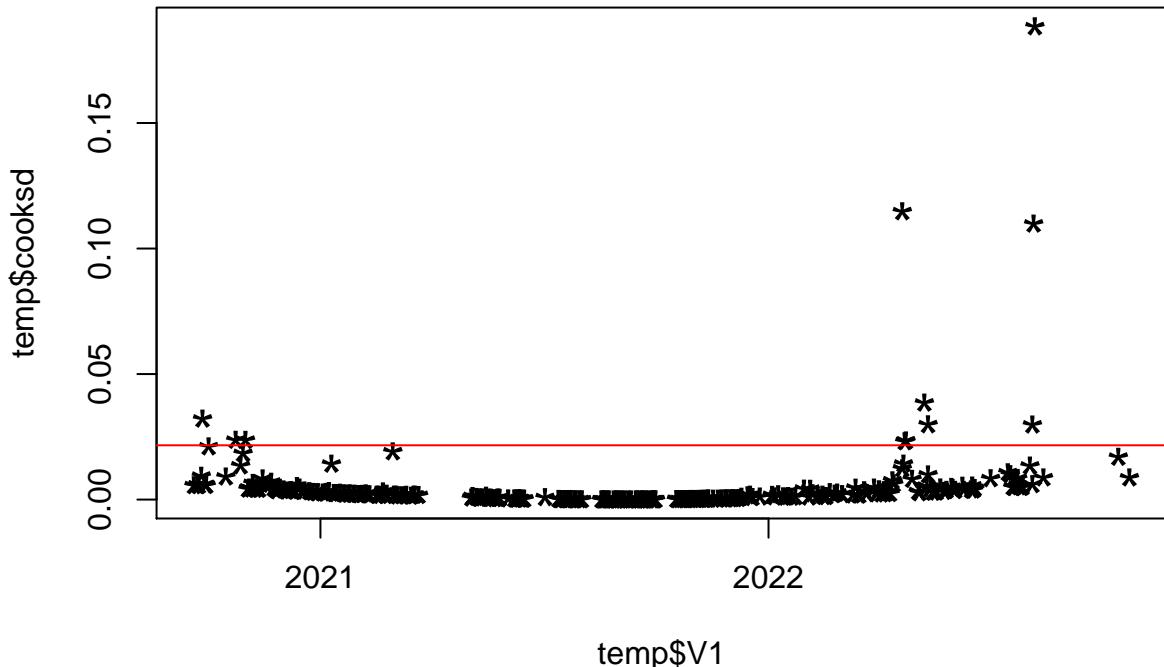
temp\$V1

Histogram of temp\$V2



temp\$V2

Estimated_VO2MAX

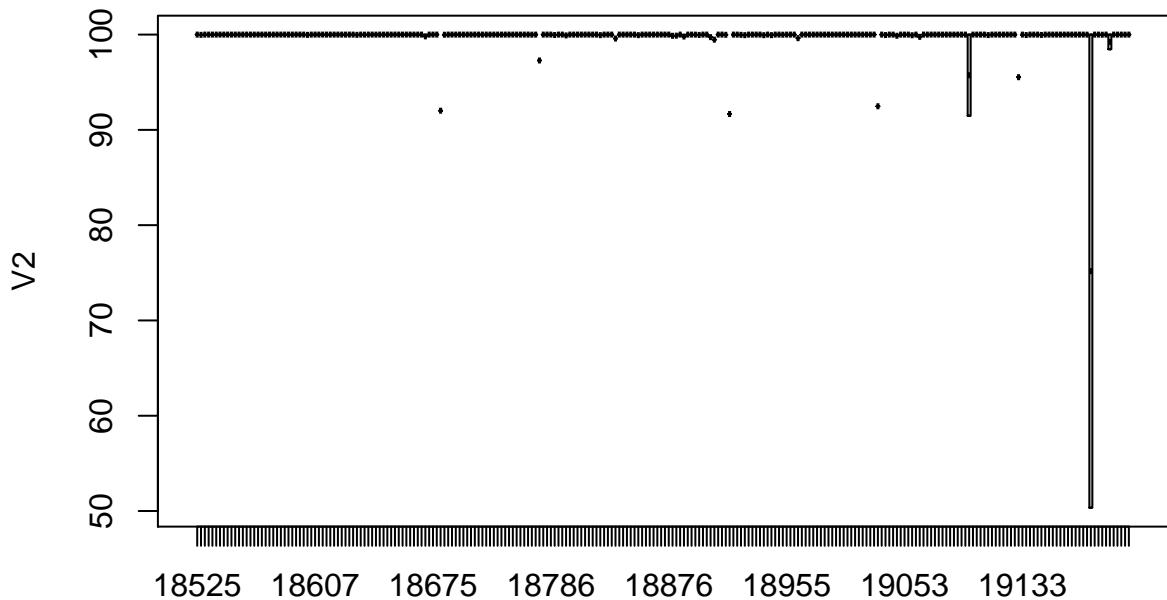


temp\$V1

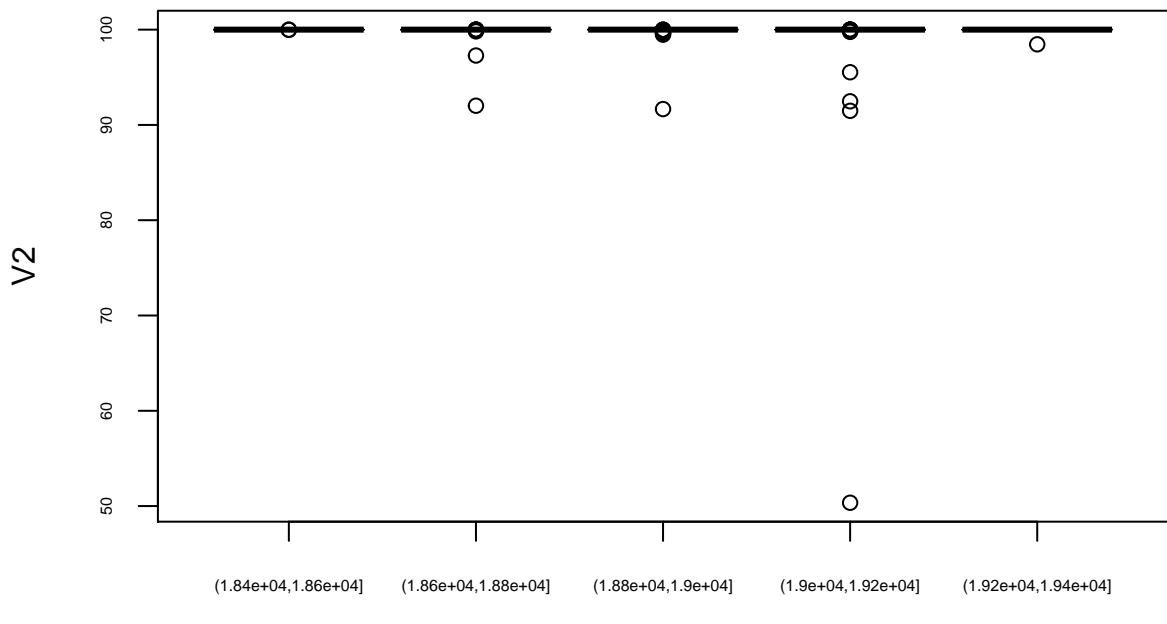
Date	Estimated_VO2MAX
2022-04-20	12.33
2022-08-06	15.42
2022-08-05	21.37
2022-05-08	25.67
2022-05-11	28.08
2022-04-23	28.86
2022-04-22	28.9
2020-09-27	31.89
2020-11-01	32.5
2020-10-24	32.85
2022-08-04	56.24

Sport class: Fatigue_Index

Fatigue_Index

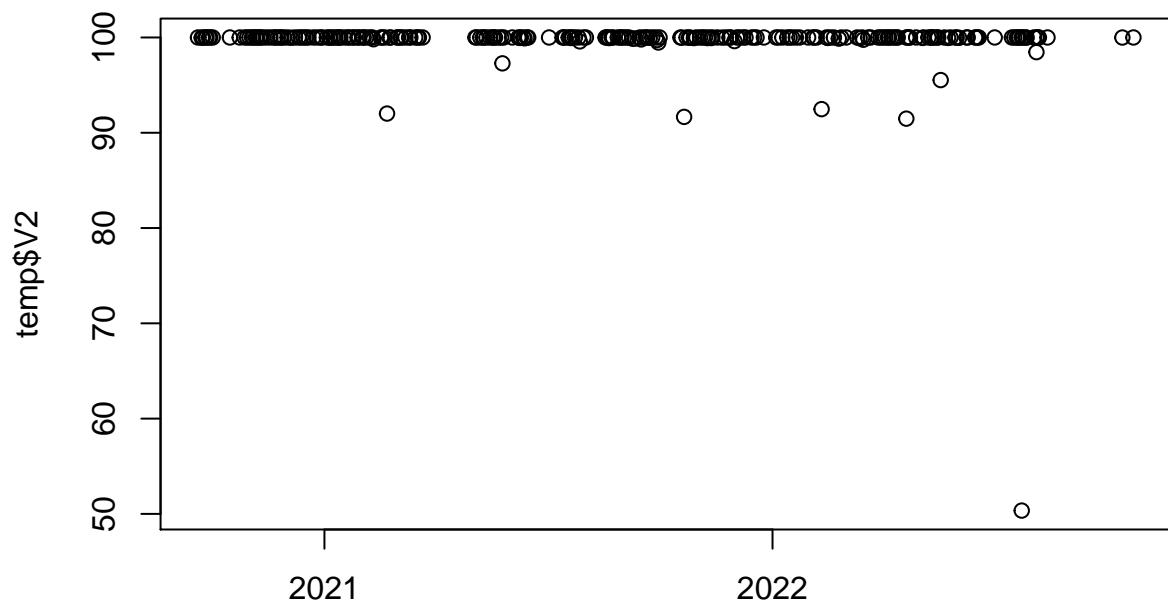


V1 Fatigue_Index



cut(V1, pretty(temp\$V1))

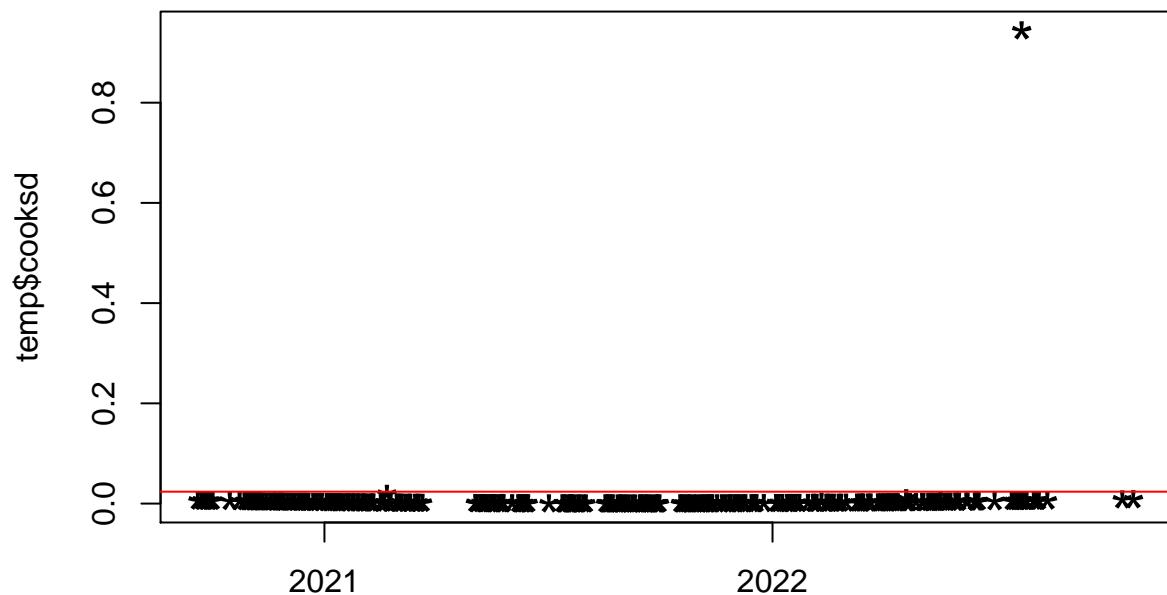
Fatigue_Index



temp\$V2

Histogram of temp\$V2

Fatigue_Index

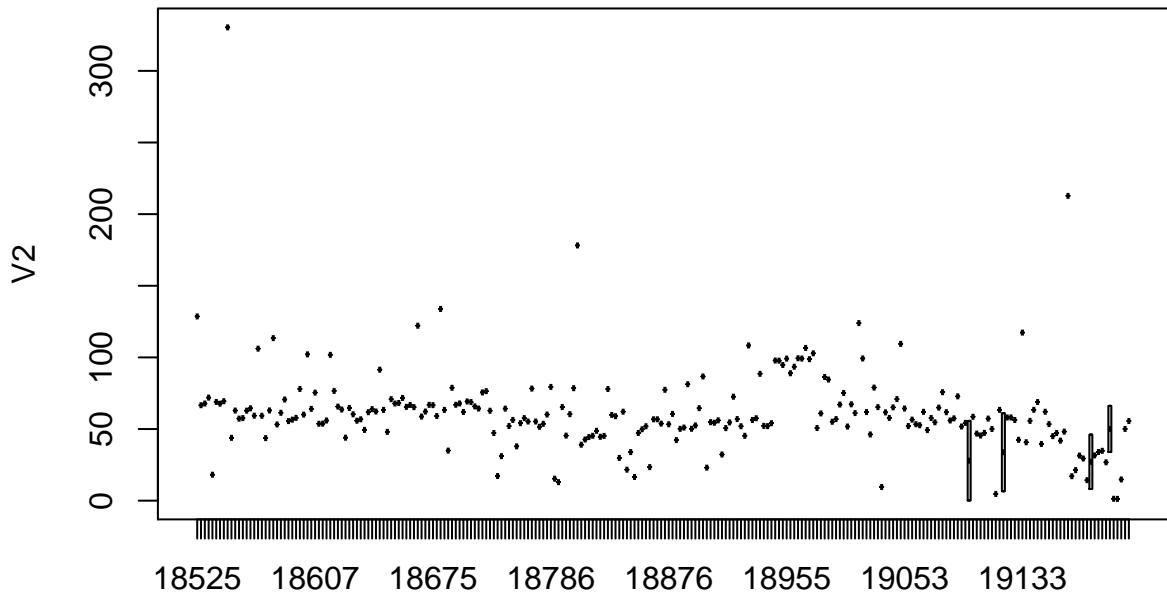


temp\$V1

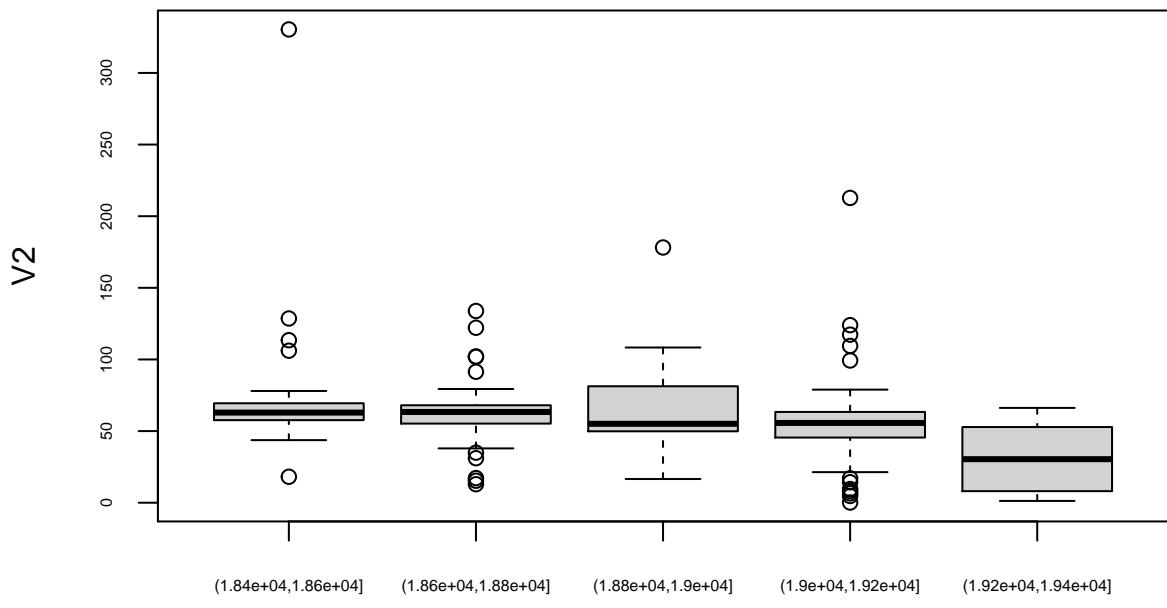
Date	Fatigue_Index
2022-07-23	50.35

Sport class: GOVSS

GOVSS

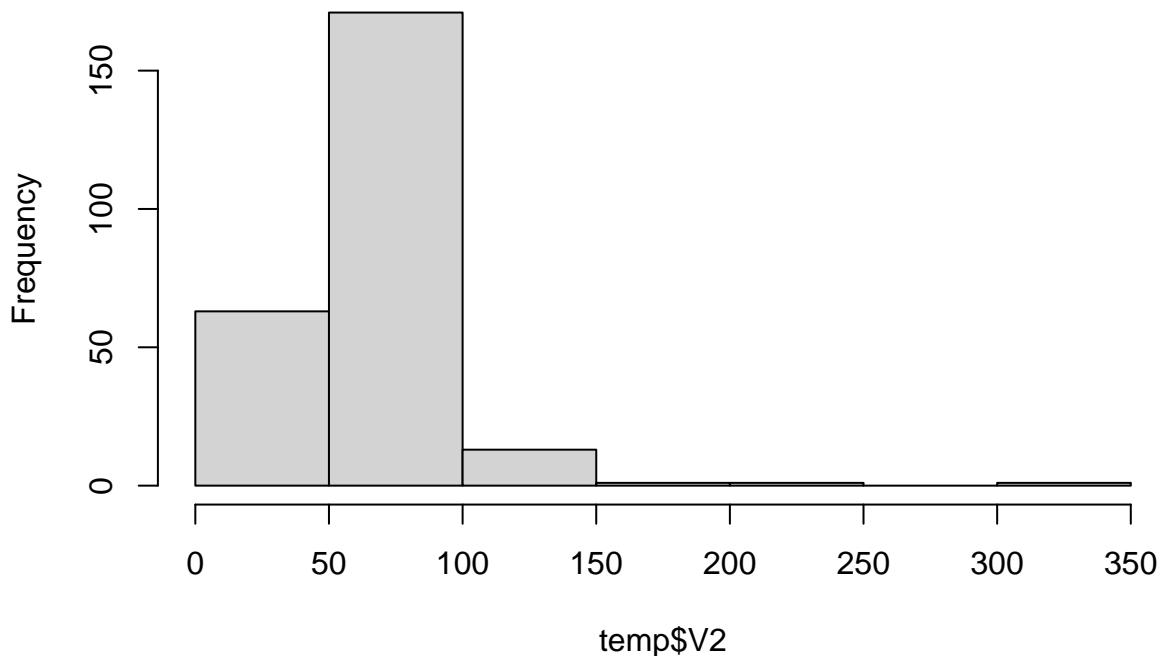
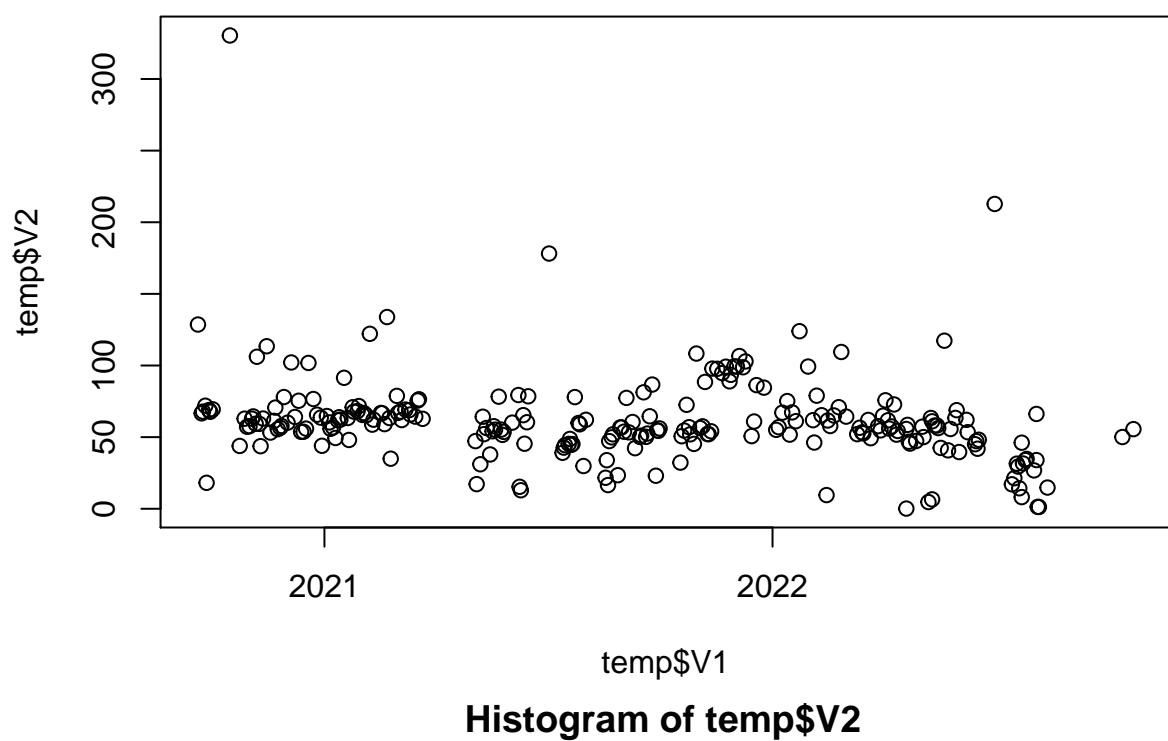


V1 GOVSS

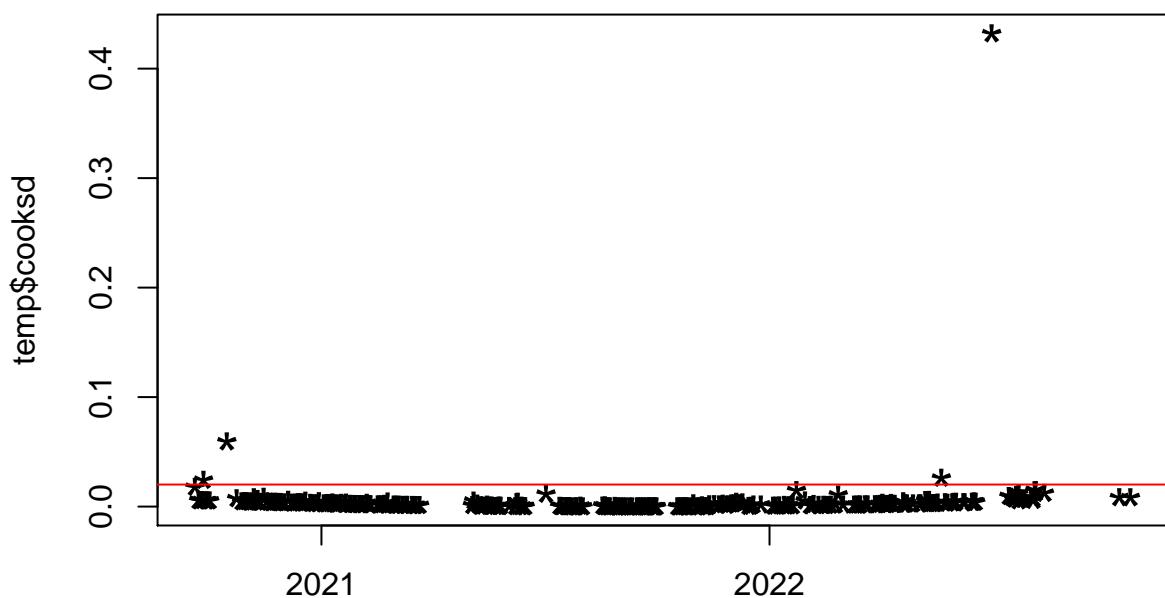


`cut(V1, pretty(temp$V1))`

GOVSS



GOVSS

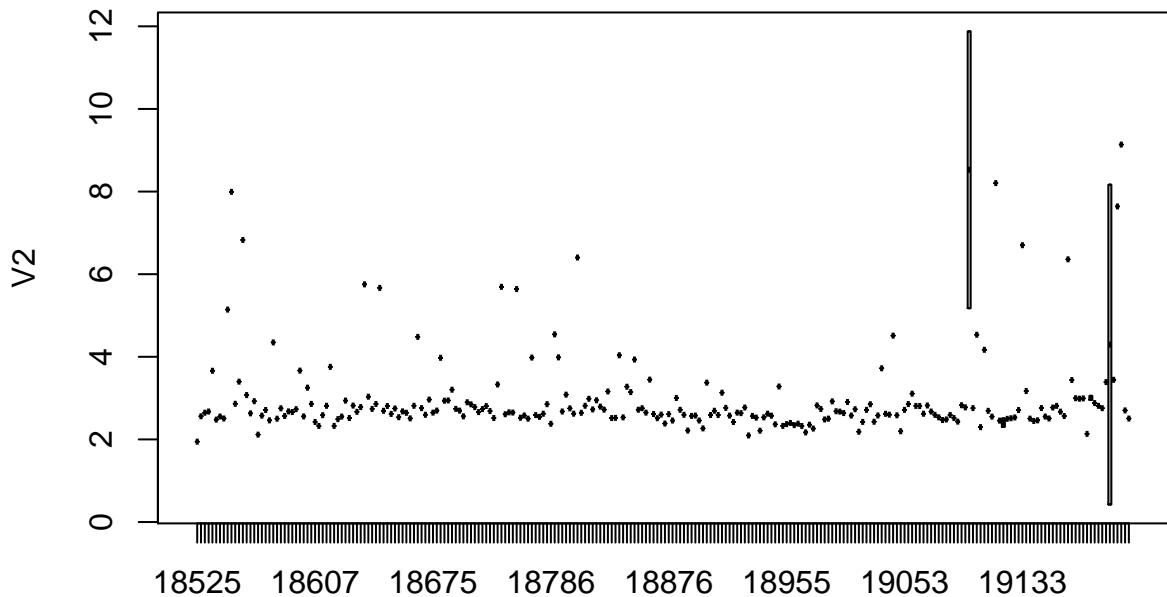


temp\$V1

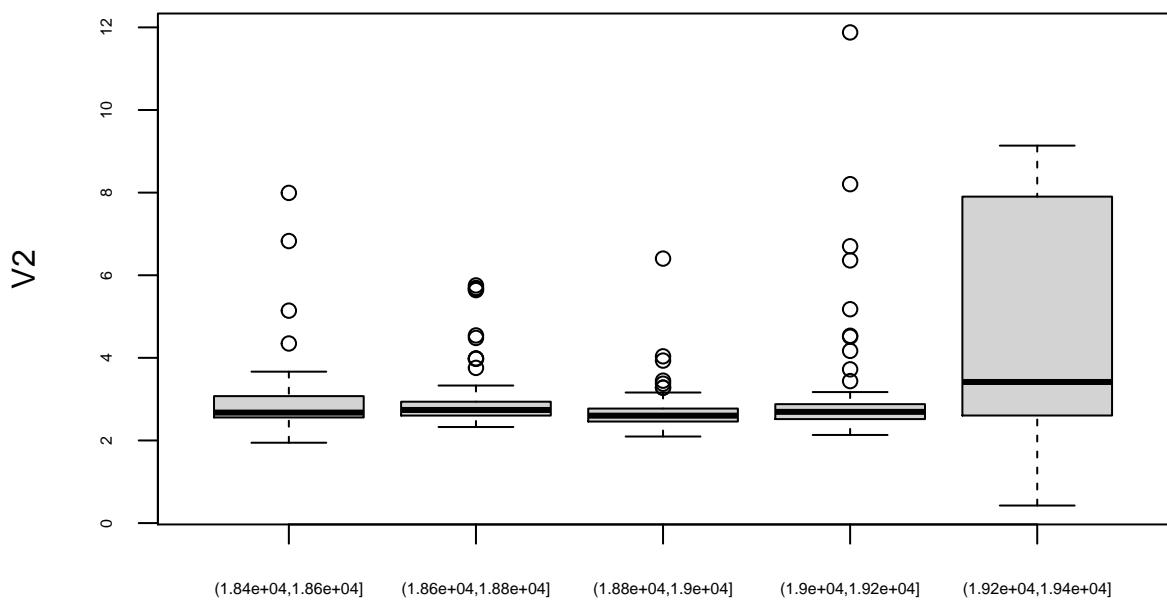
Date	GOVSS
2020-09-27	18.12
2022-05-21	117.3
2022-07-01	212.8
2020-10-16	330.4

Sport class: Gradient

Gradient

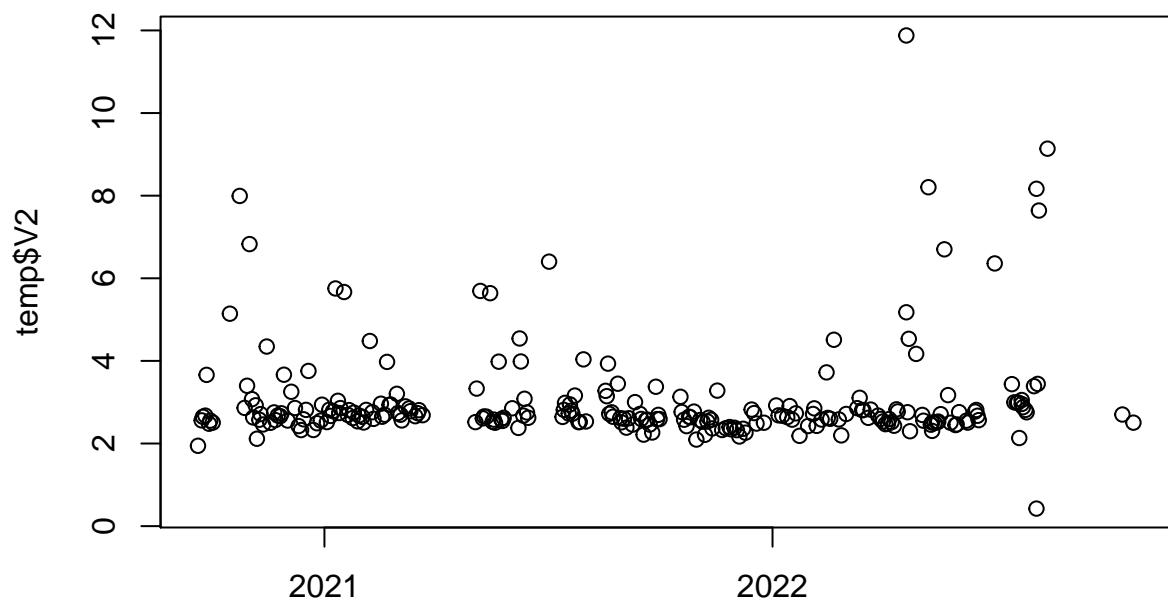


V1 Gradient



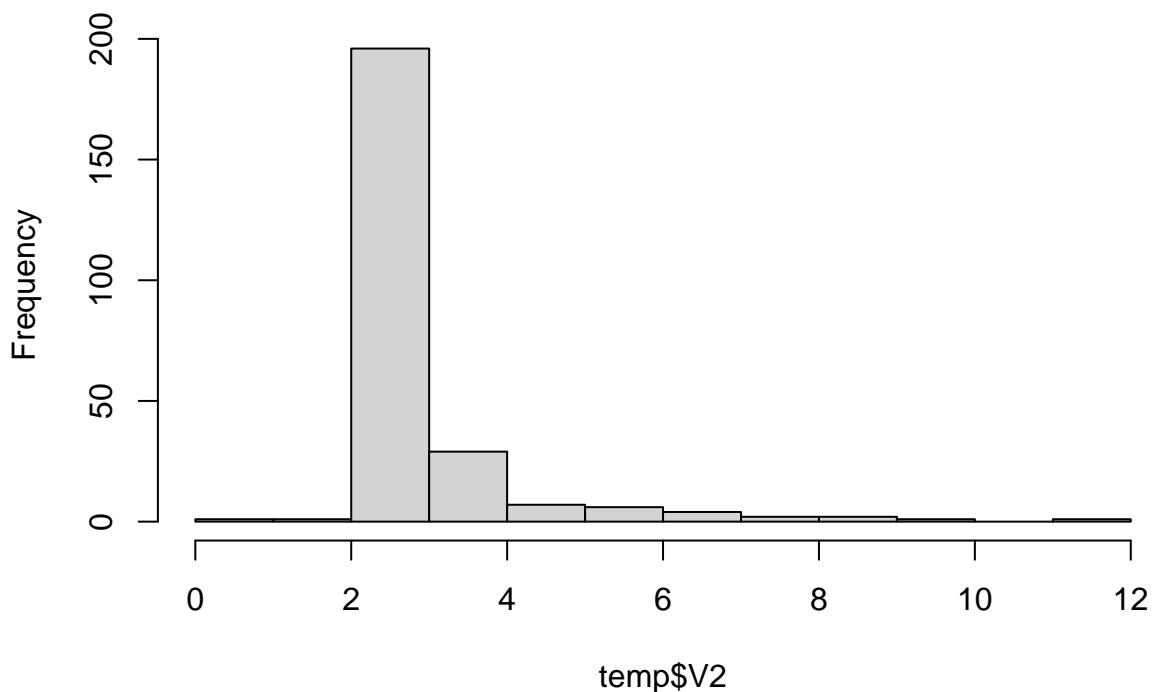
`cut(V1, pretty(temp$V1))`

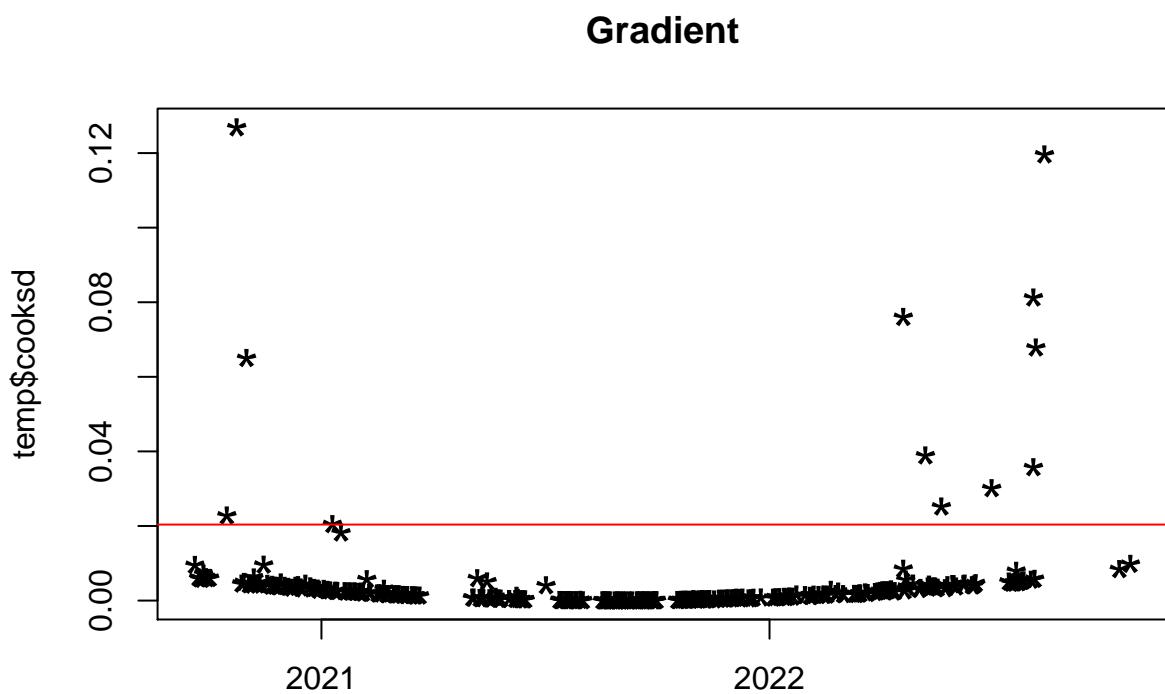
Gradient



temp\$V1

Histogram of temp\$V2



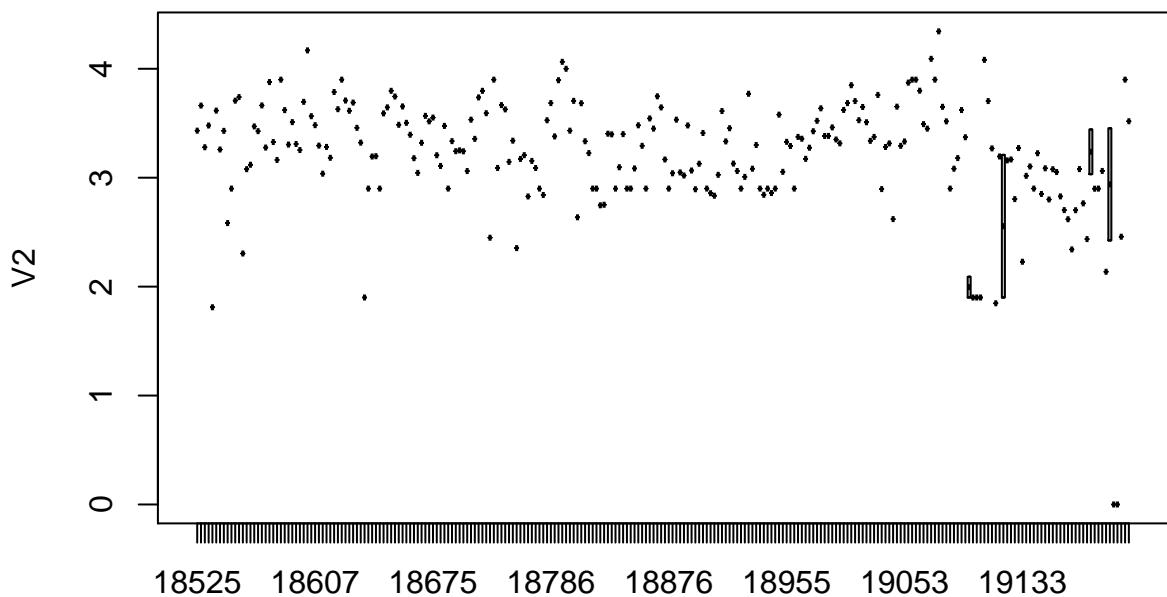


temp\$V1

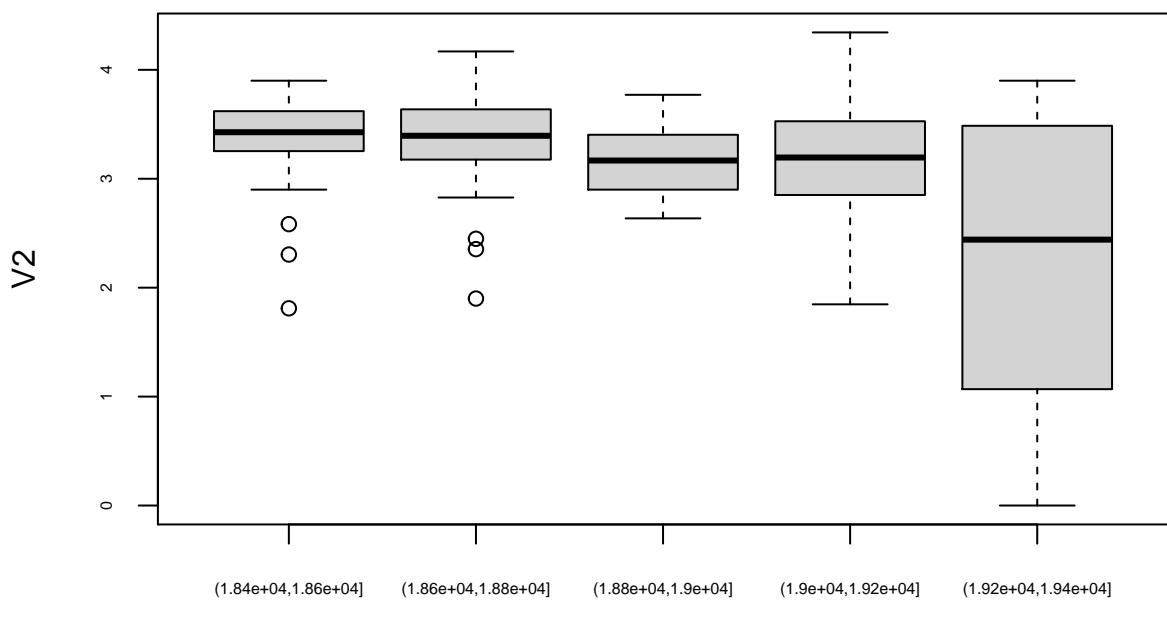
Date	Gradient
2022-08-04	0.425
2020-10-16	5.143
2021-01-10	5.754
2022-07-01	6.359
2022-05-21	6.701
2020-11-01	6.827
2022-08-06	7.64
2020-10-24	7.993
2022-08-04	8.166
2022-05-08	8.204
2022-08-13	9.138
2022-04-20	11.88

Sport class: Hr_Zone

Hr_Zone

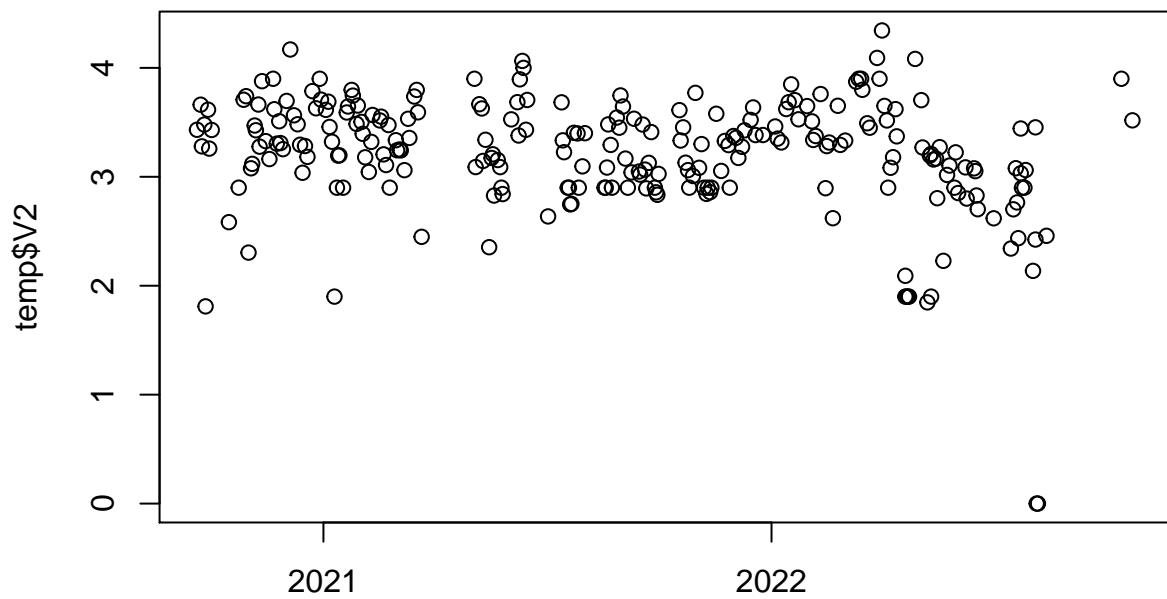


V1 Hr_Zone



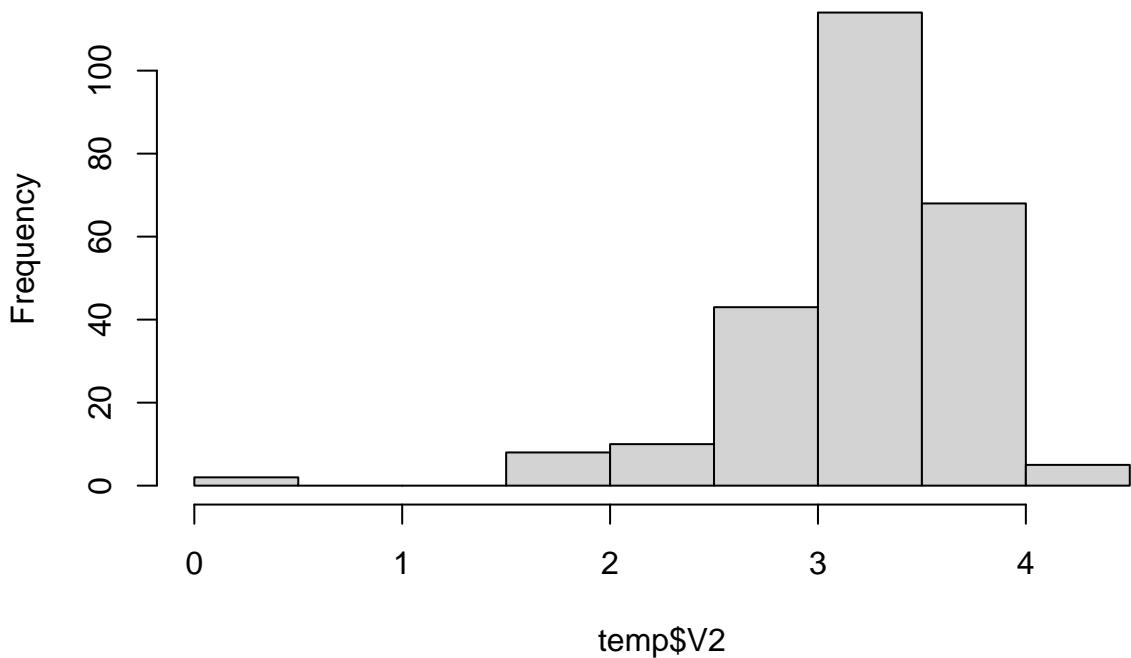
`cut(V1, pretty(temp$V1))`

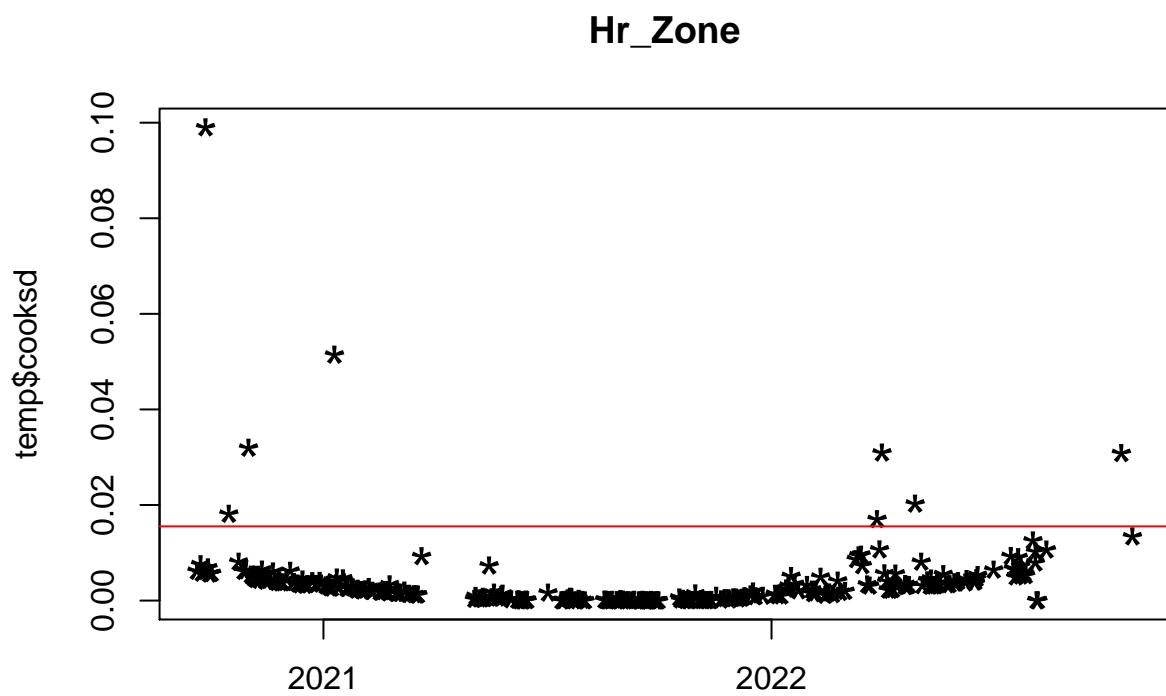
Hr_Zone



temp\$V1

Histogram of temp\$V2



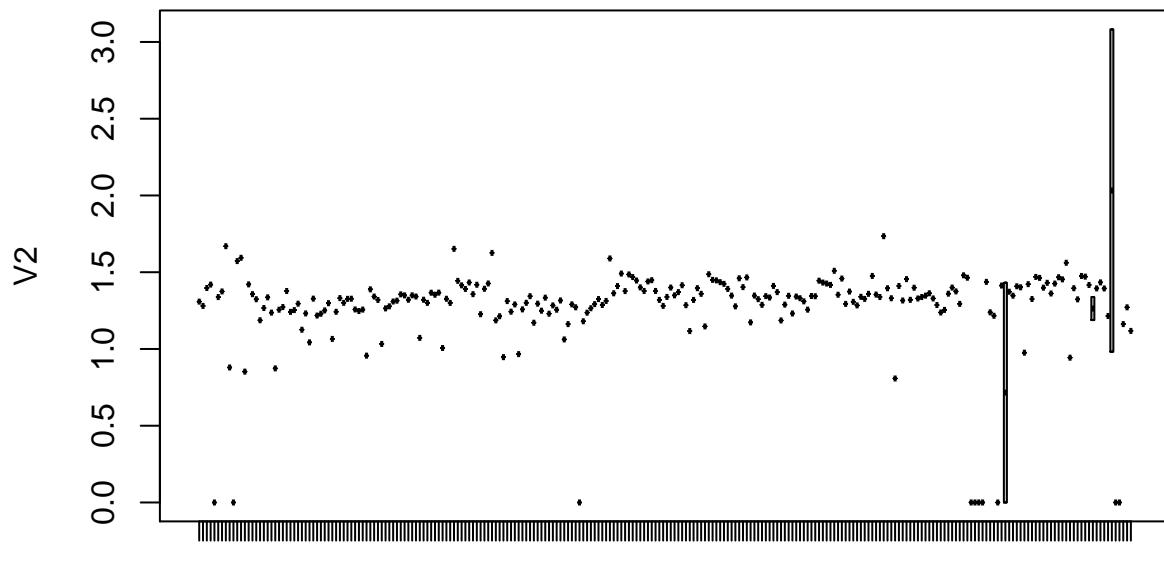


temp\$V1

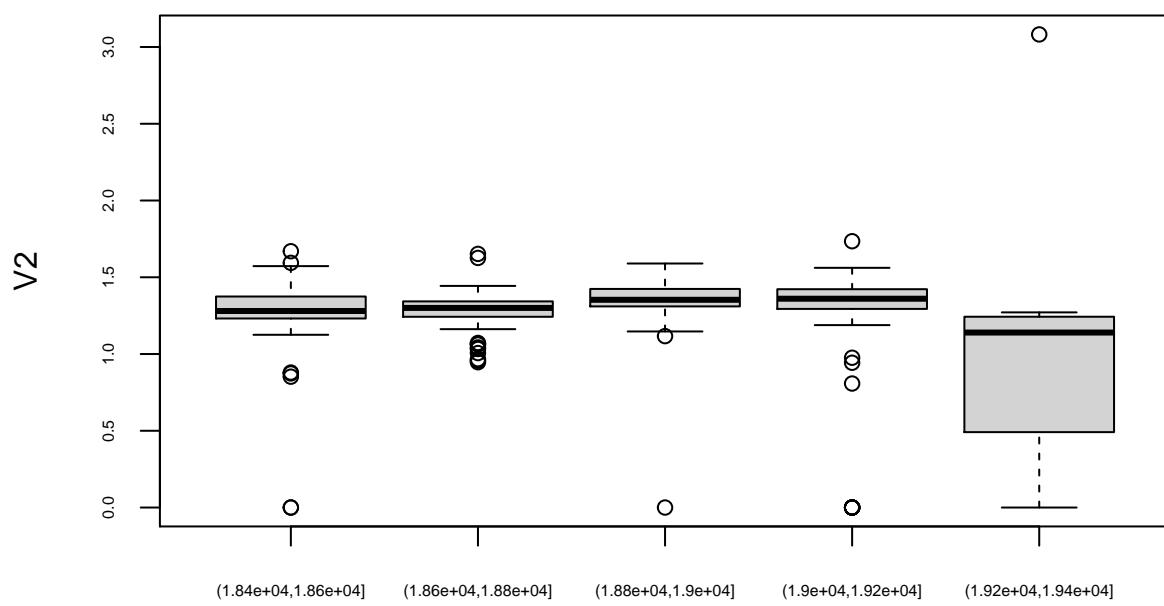
Date	Hr_Zone
2020-09-27	1.81
2021-01-10	1.9
2020-11-01	2.304
2020-10-16	2.583
2022-10-13	3.9
2022-04-28	4.082
2022-03-28	4.091
2022-04-01	4.343

Sport class: HrNp_Ratio

HrNp_Ratio

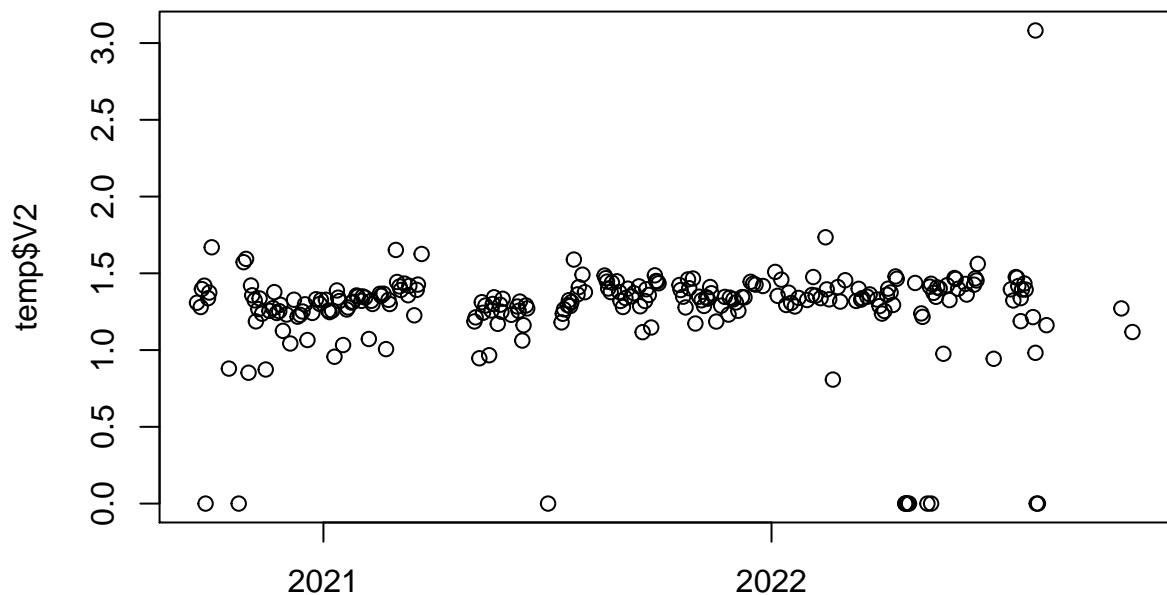


V1 HrNp_Ratio



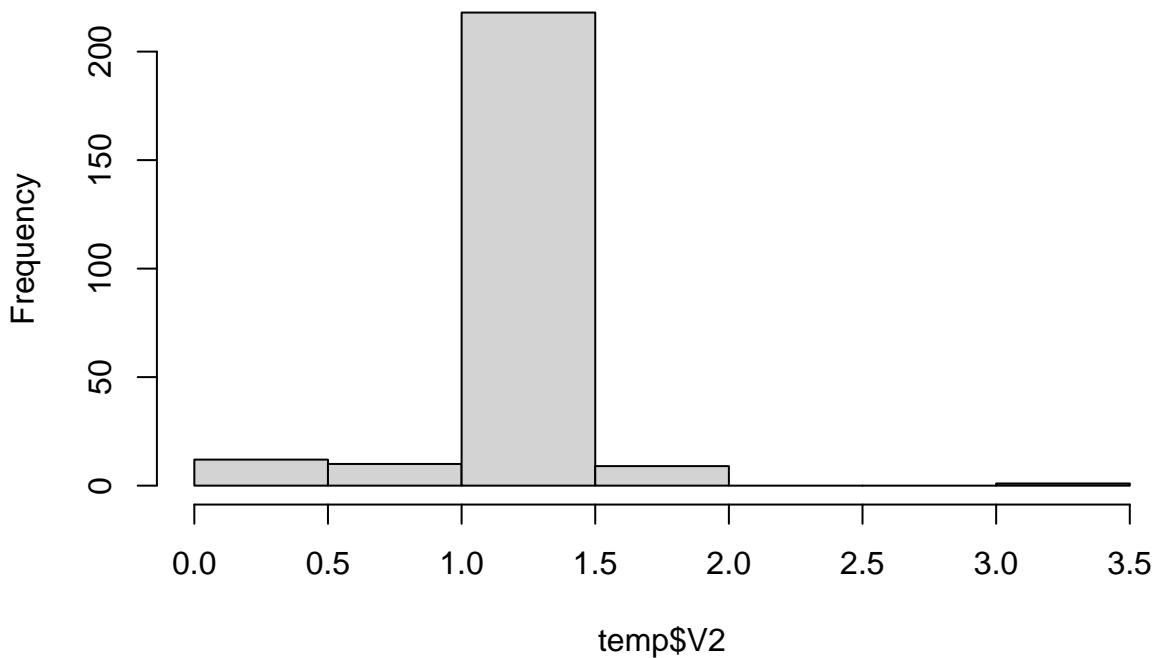
cut(V1, pretty(temp\$V1))

HrNp_Ratio

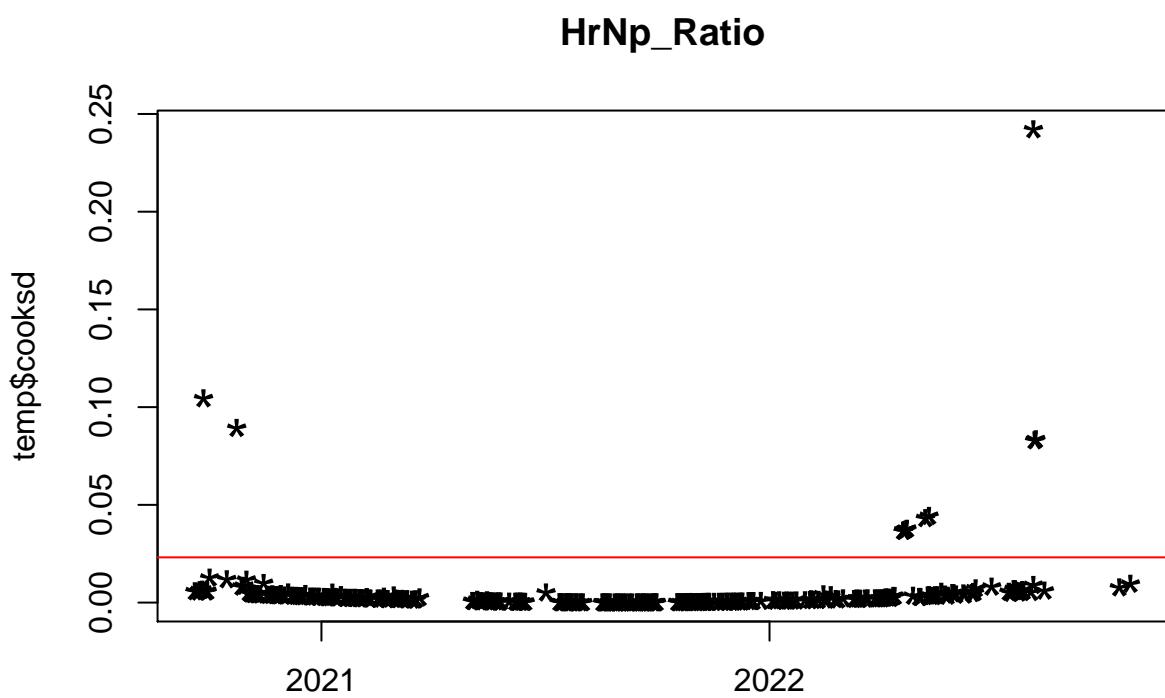


temp\$V1

Histogram of temp\$V2



temp\$V2

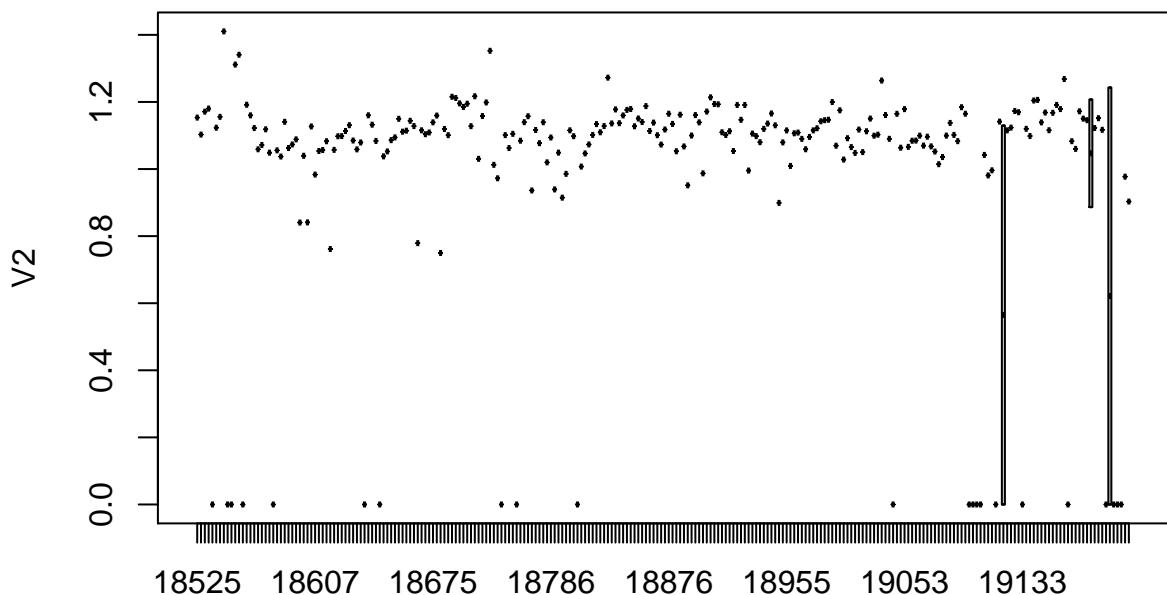


temp\$V1

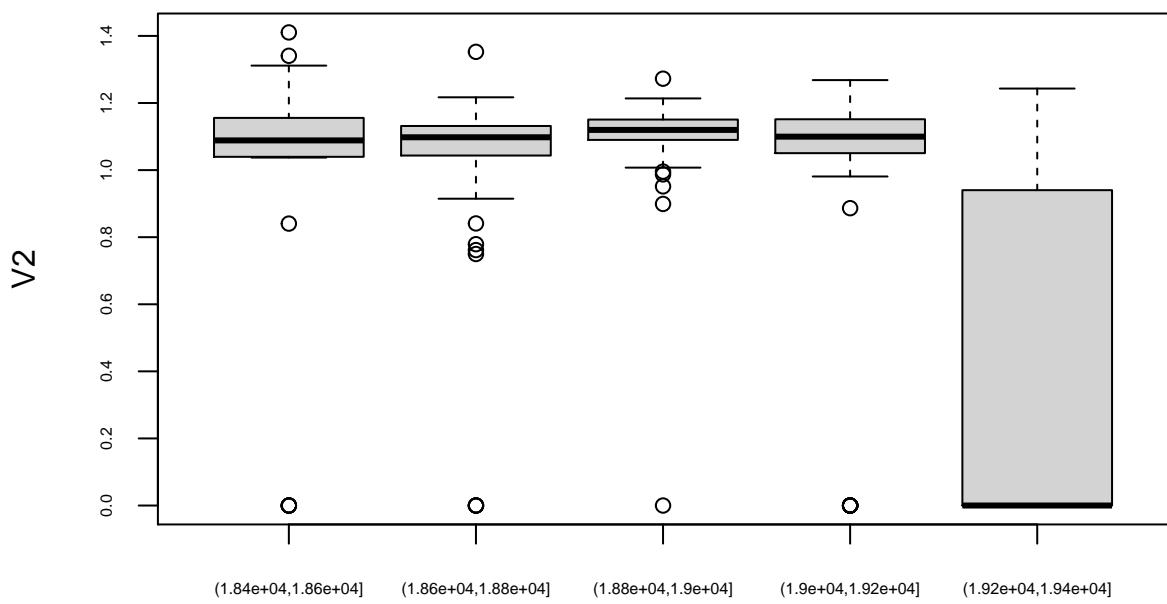
Date	HrNp_Ratio
2020-09-27	0
2020-10-24	0
2022-04-20	0
2022-04-20	0
2022-04-21	0
2022-04-22	0
2022-04-23	0
2022-05-08	0
2022-05-11	0
2022-08-05	0
2022-08-06	0
2022-08-04	3.082

Sport class: HrPw_Ratio

HrPw_Ratio

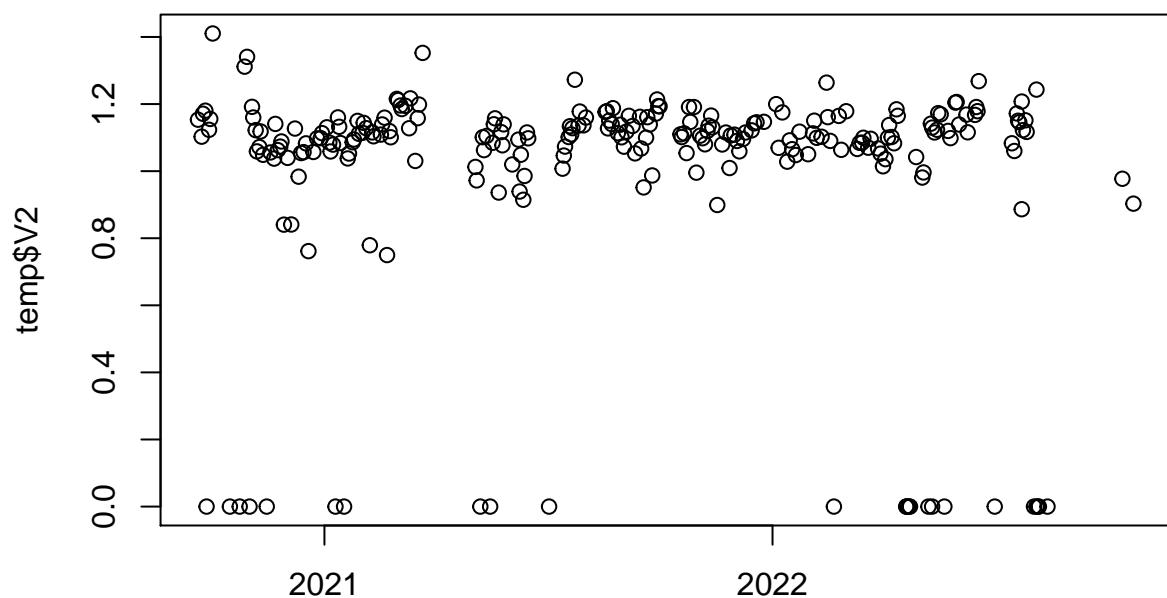


V1 HrPw_Ratio



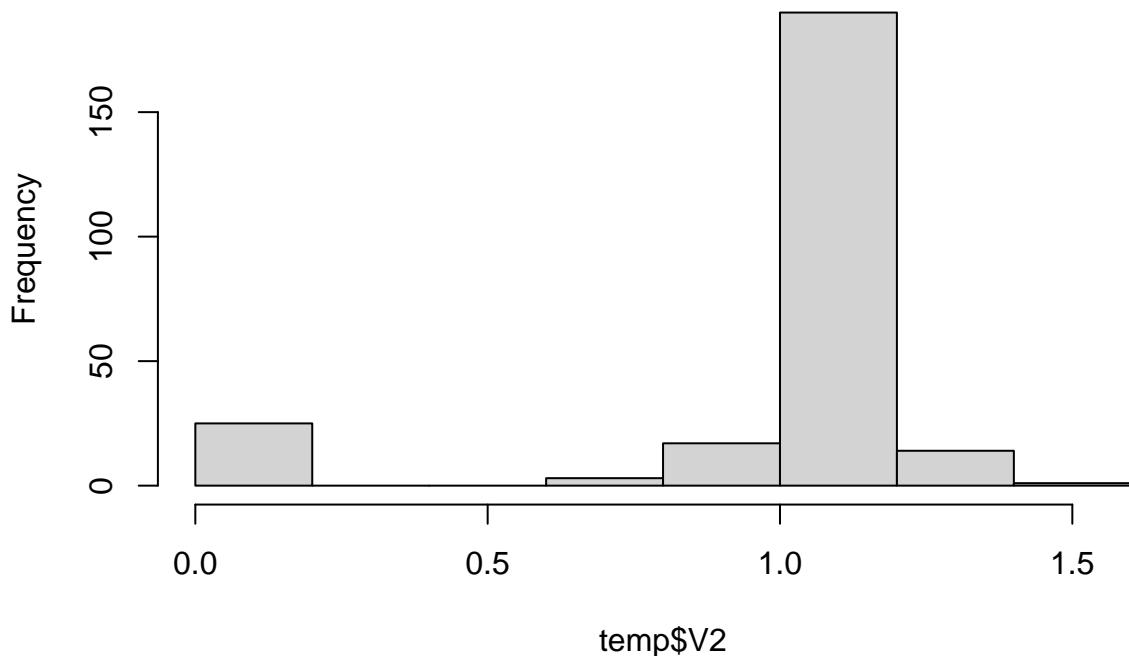
cut(V1, pretty(temp\$V1))

HrPw_Ratio

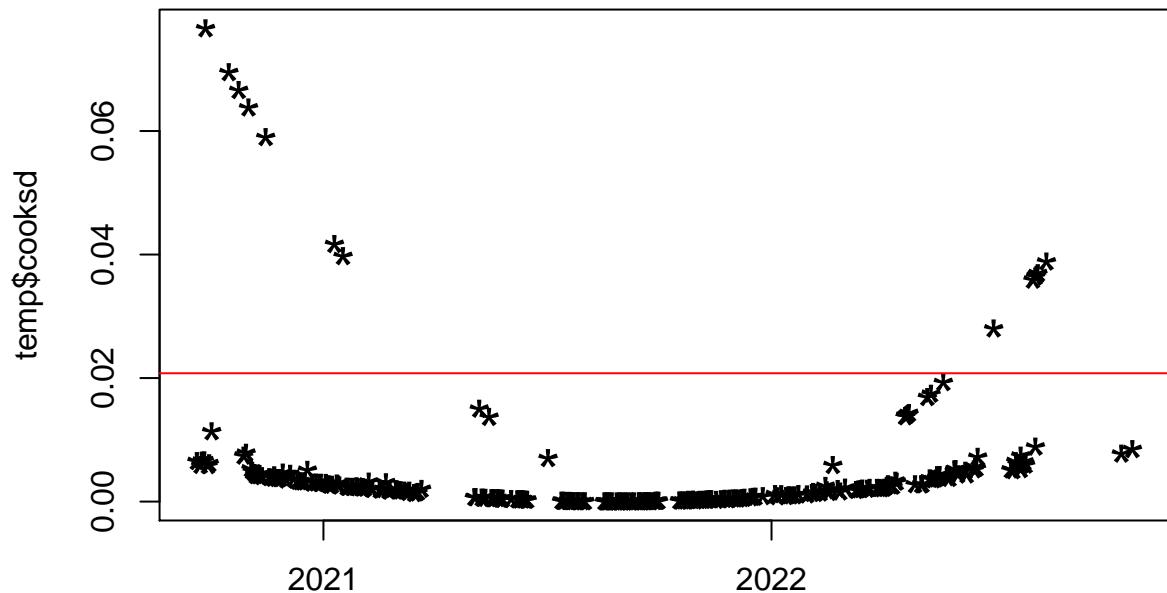


temp\$V1

Histogram of temp\$V2



HrPw_Ratio

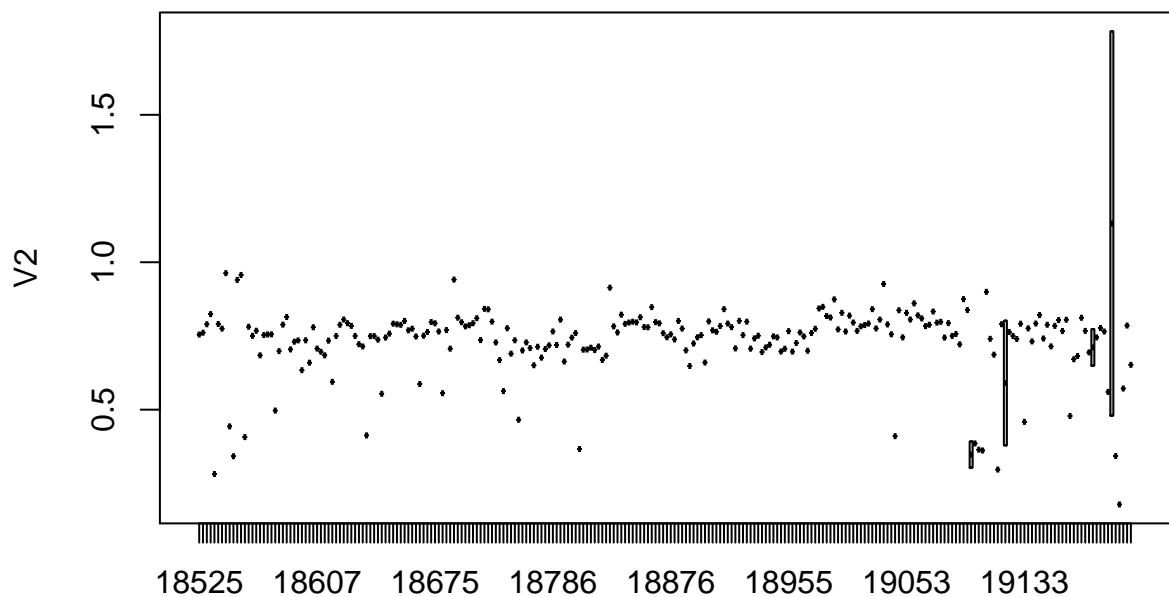


temp\$V1

Date	HrPw_Ratio
2020-09-27	0
2020-10-16	0
2020-10-24	0
2020-11-01	0
2020-11-15	0
2021-01-10	0
2021-01-17	0
2022-07-01	0
2022-08-02	0
2022-08-04	0
2022-08-05	0
2022-08-06	0
2022-08-13	0

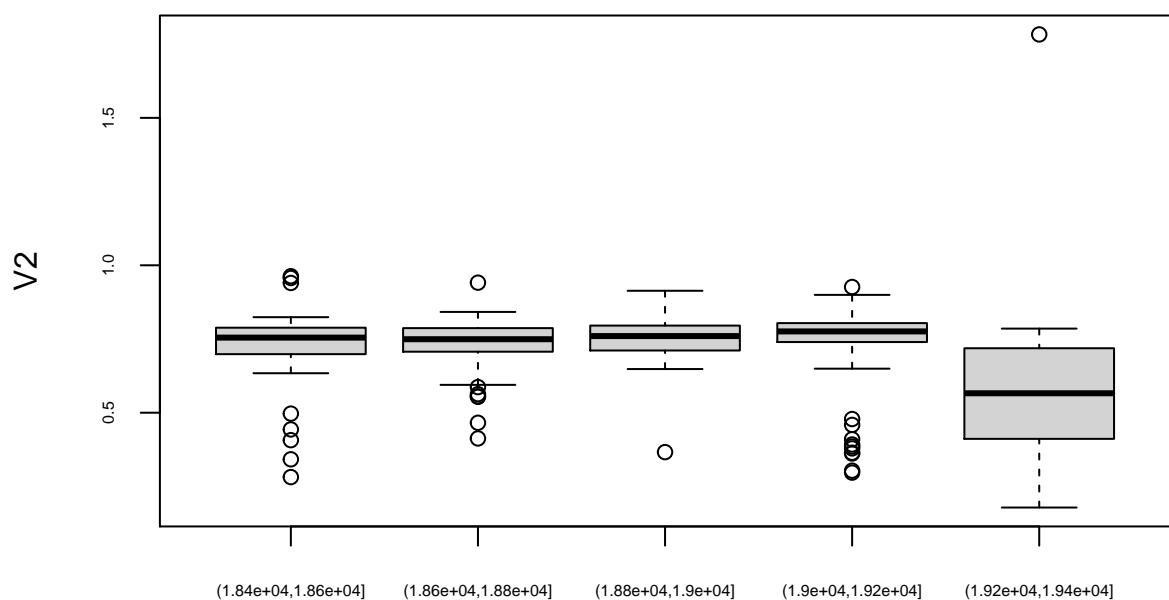
Sport class: IF

IF



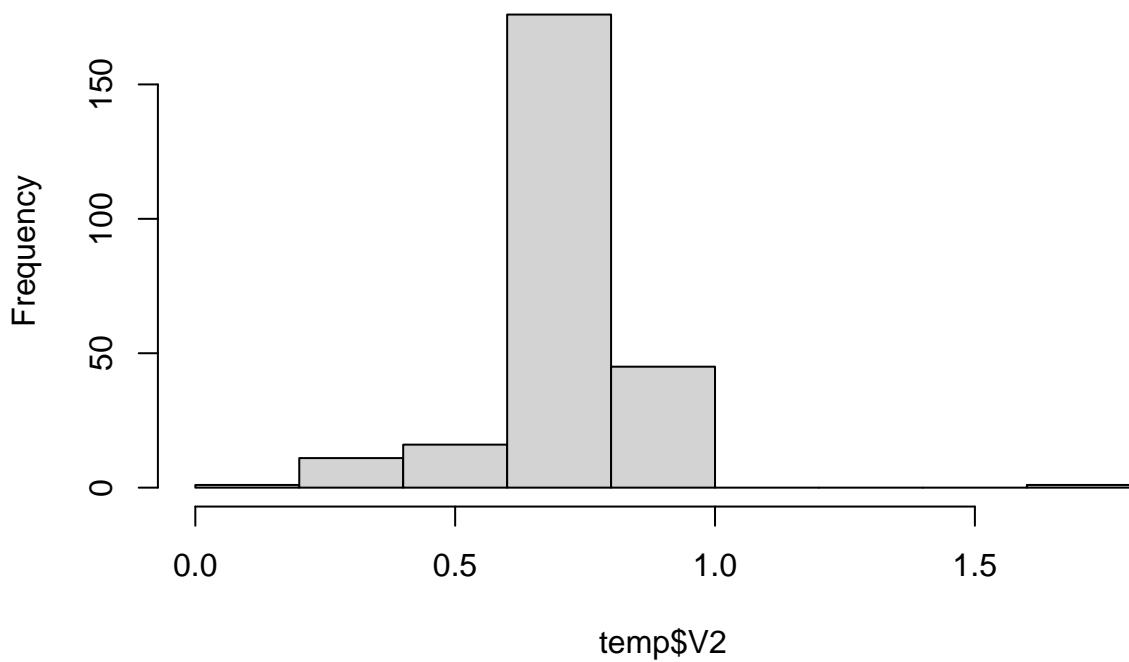
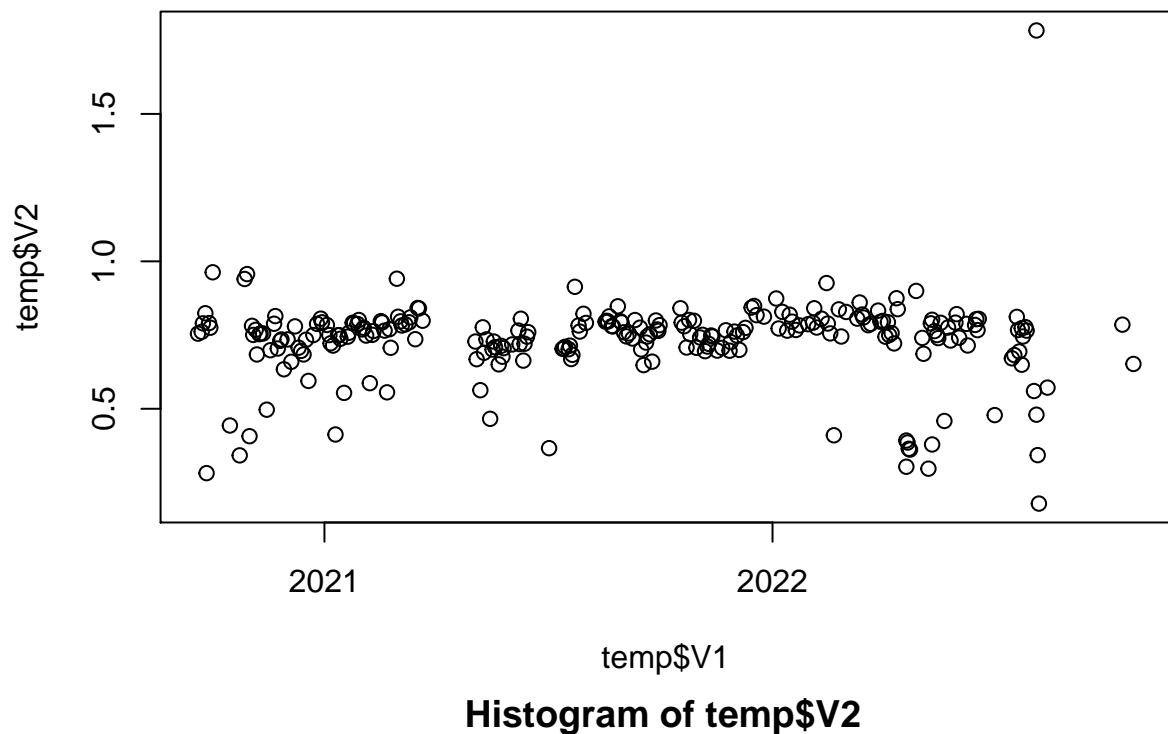
V1

IF

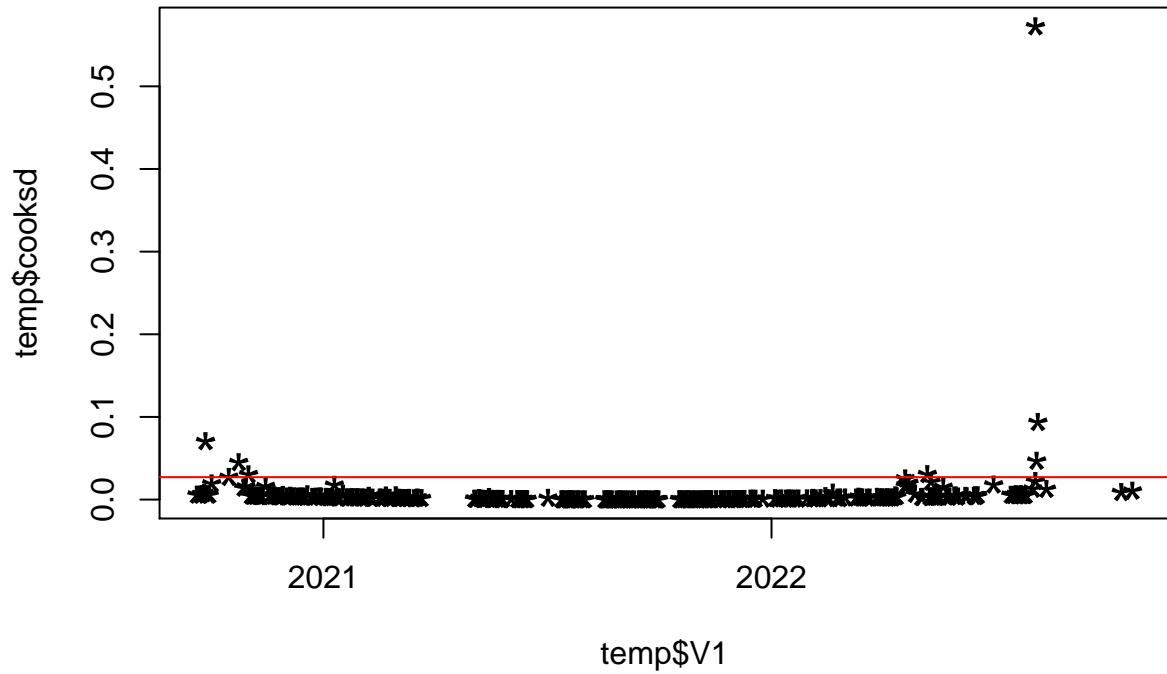


`cut(V1, pretty(temp$V1))`

IF



IF

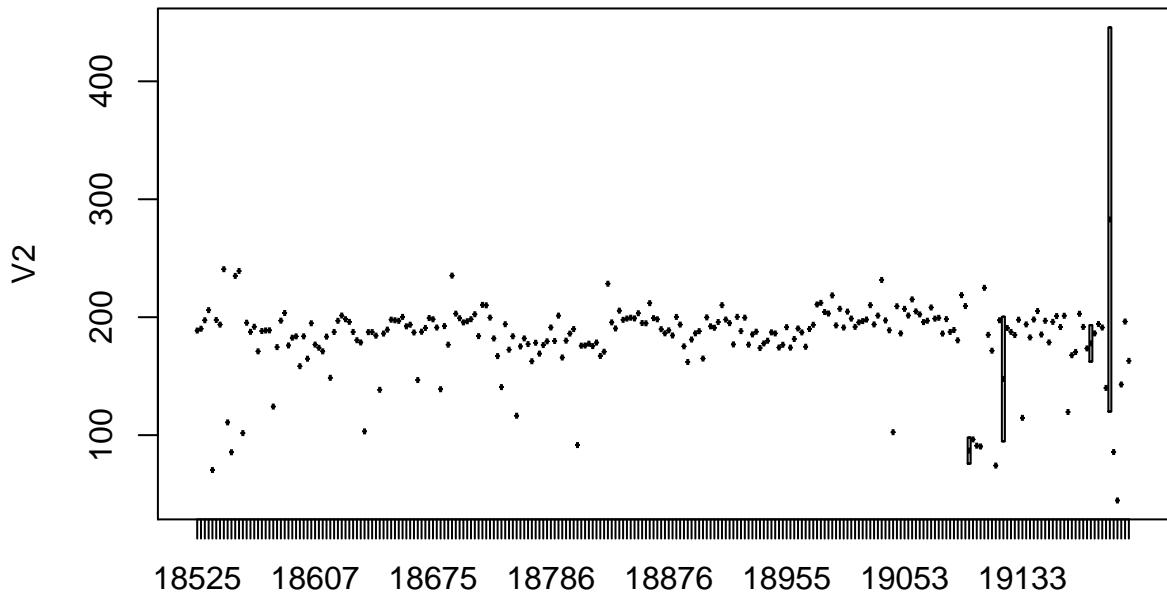


`temp$V1`

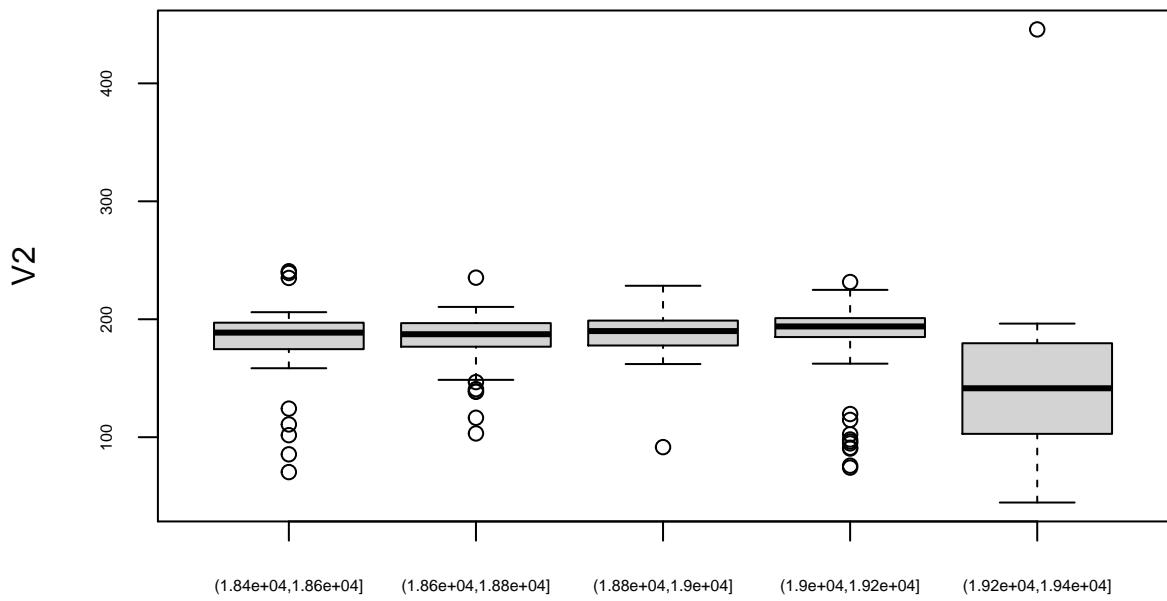
Date	IF
2022-08-06	0.1784
2020-09-27	0.2817
2022-05-08	0.2968
2020-10-24	0.3419
2022-08-05	0.3427
2020-11-01	0.4068
2020-10-16	0.4432
2022-08-04	1.783

Sport class: IsoPower

IsoPower

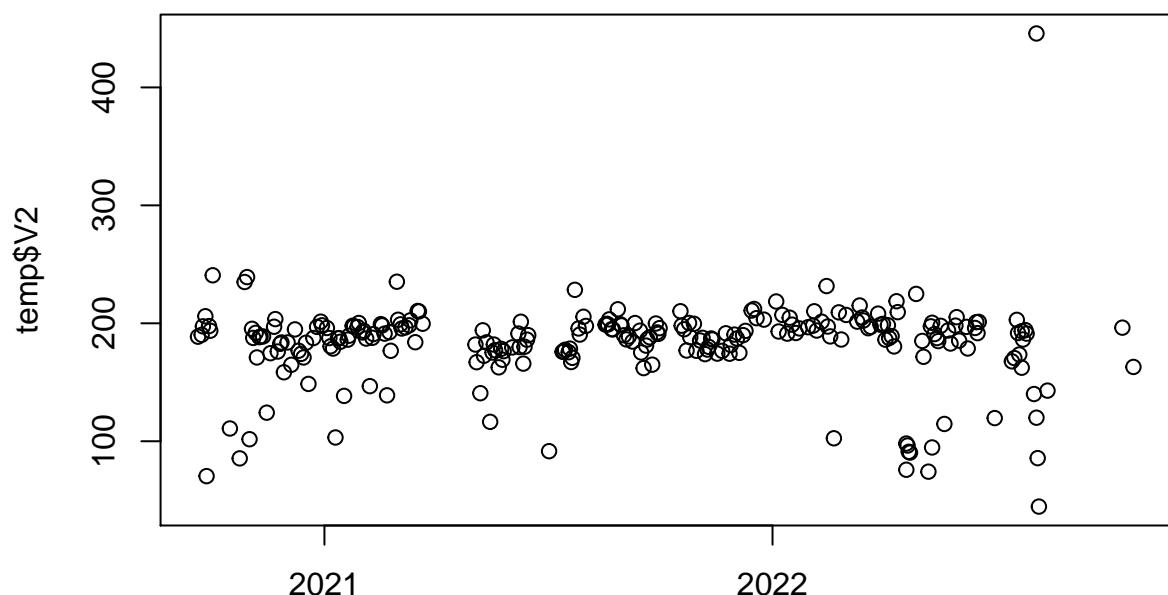


V1 IsoPower



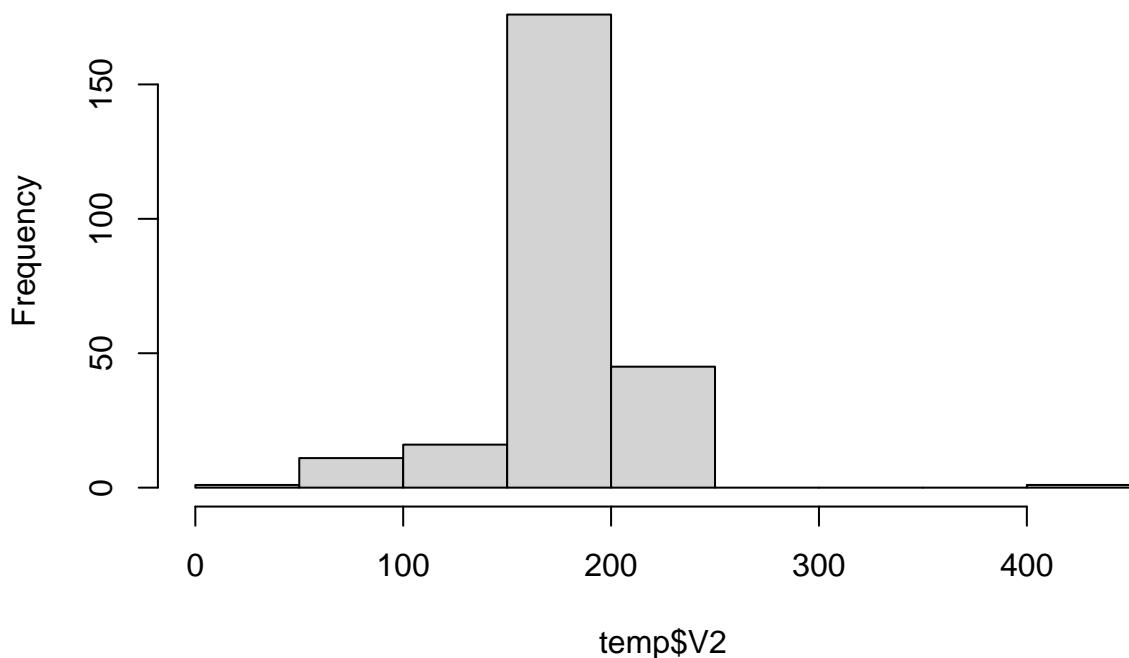
`cut(V1, pretty(temp$V1))`

IsoPower

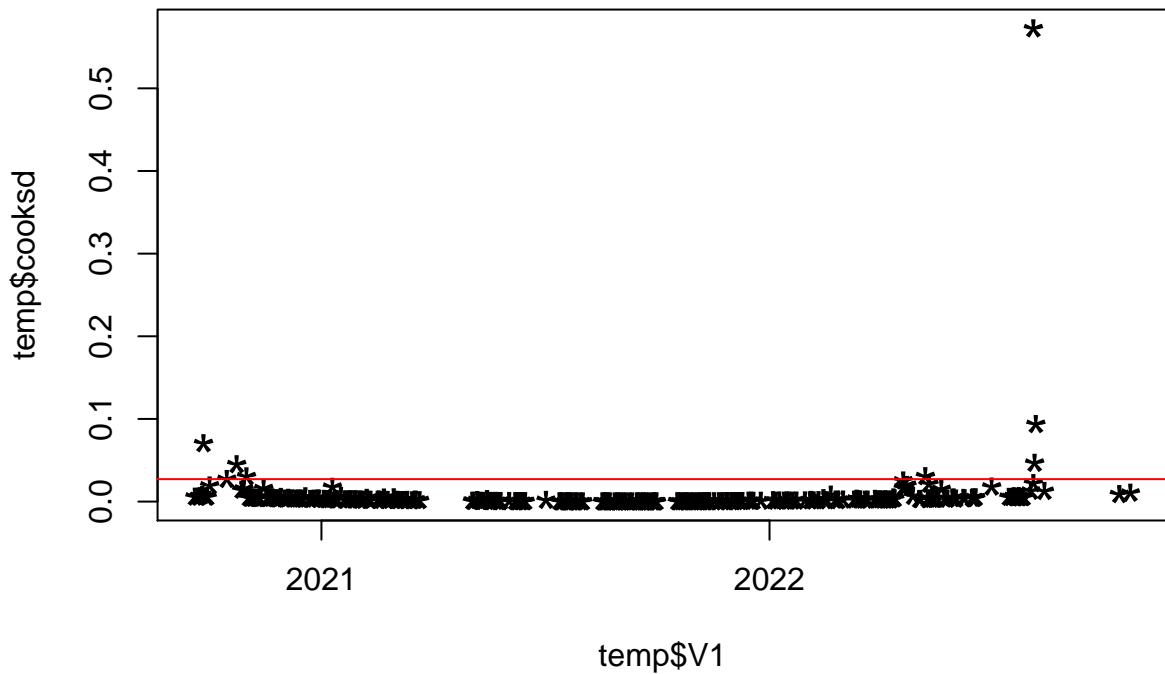


`temp$V1`

Histogram of `temp$V2`



IsoPower

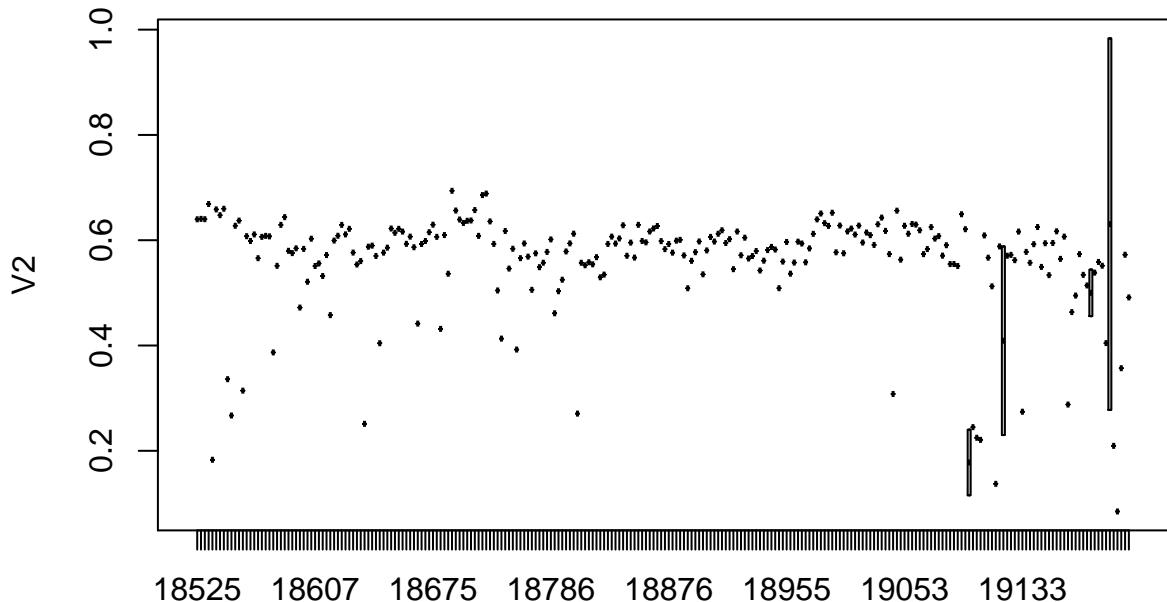


temp\$V1

Date	IsoPower
2022-08-06	44.6
2020-09-27	70.41
2022-05-08	74.2
2020-10-24	85.47
2022-08-05	85.68
2020-11-01	101.7
2020-10-16	110.8
2022-08-04	445.7

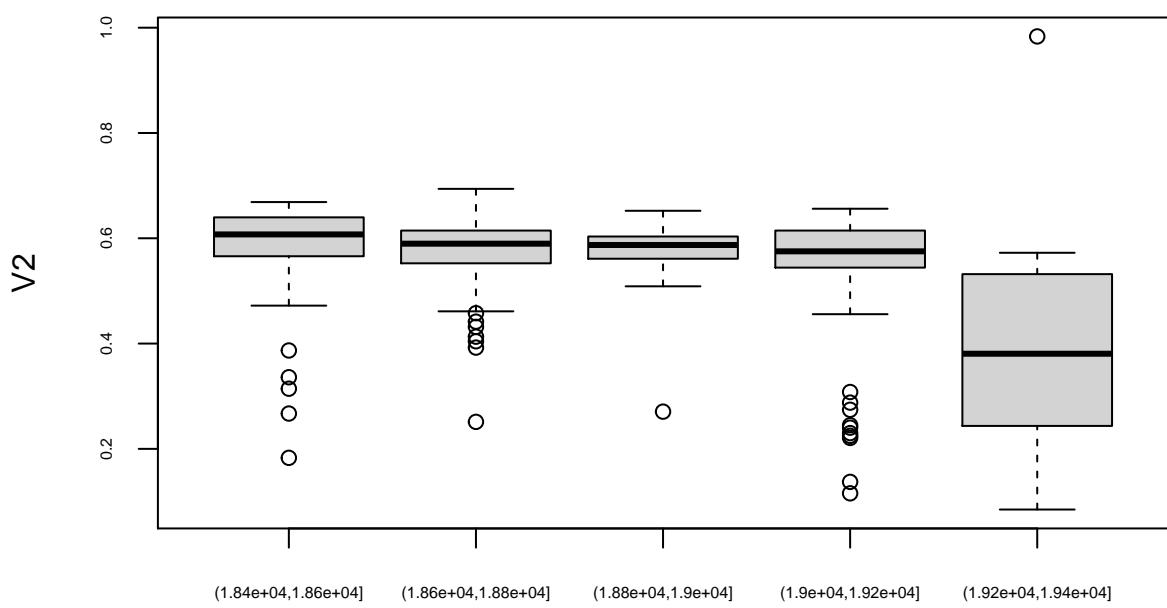
Sport class: IWF

IWF

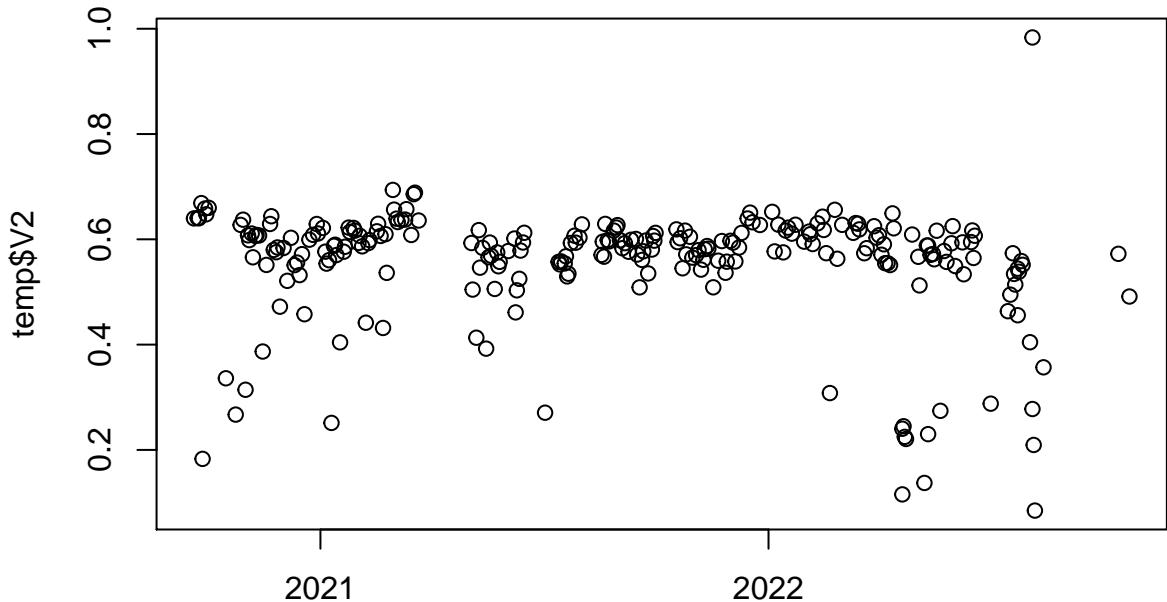


V1

IWF

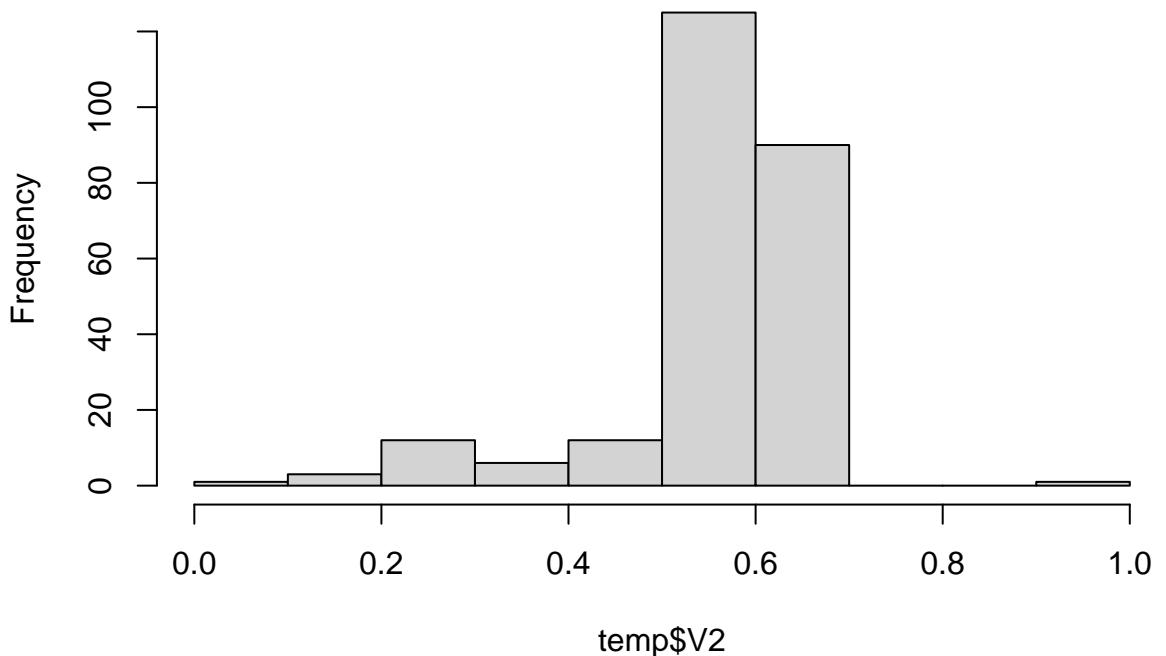


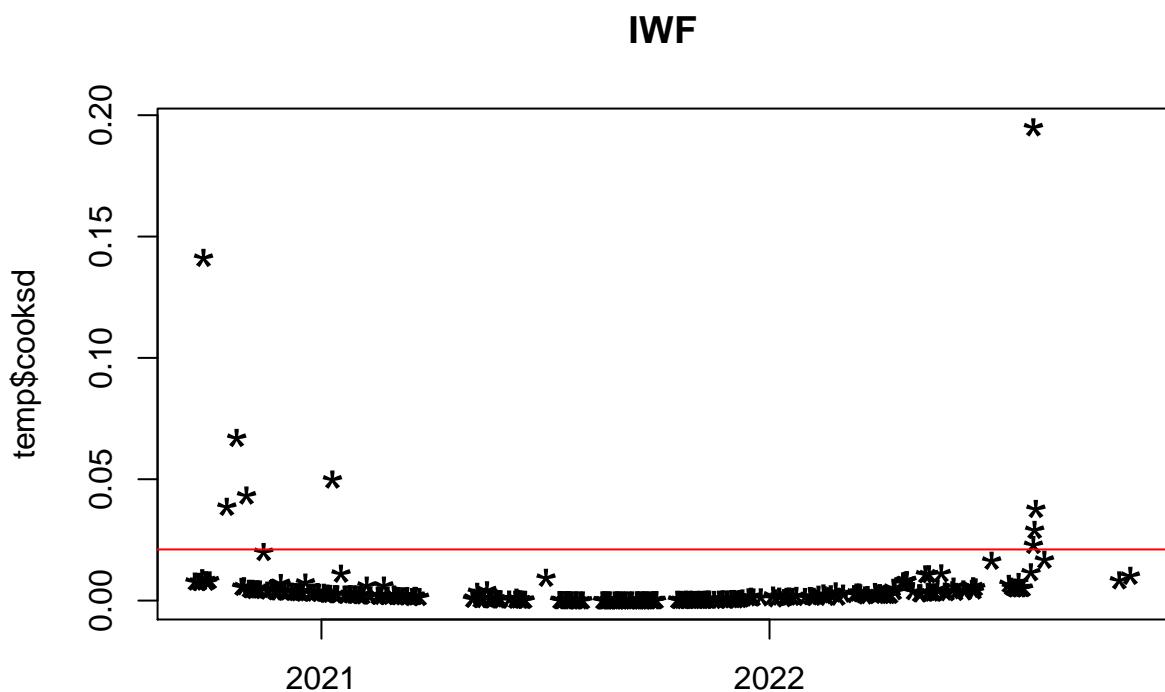
IWF



temp\$V1

Histogram of temp\$V2



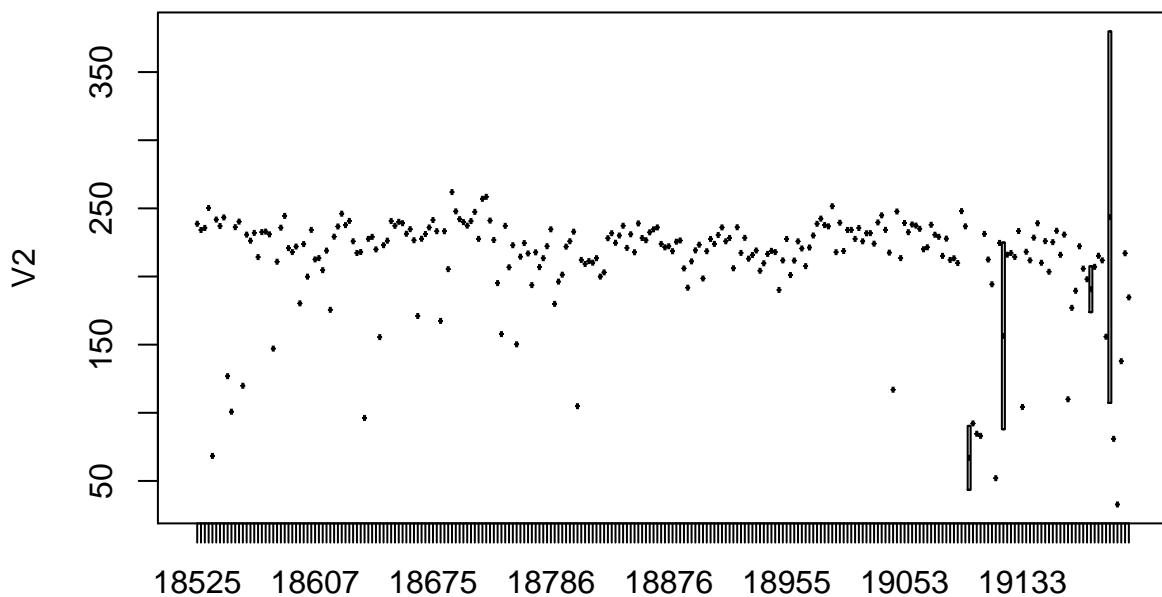


temp\$V1

Date	IWF
2022-08-06	0.08477
2020-09-27	0.183
2022-08-05	0.2094
2021-01-10	0.2513
2020-10-24	0.2671
2022-08-04	0.2777
2020-11-01	0.3143
2020-10-16	0.336
2022-08-04	0.9834

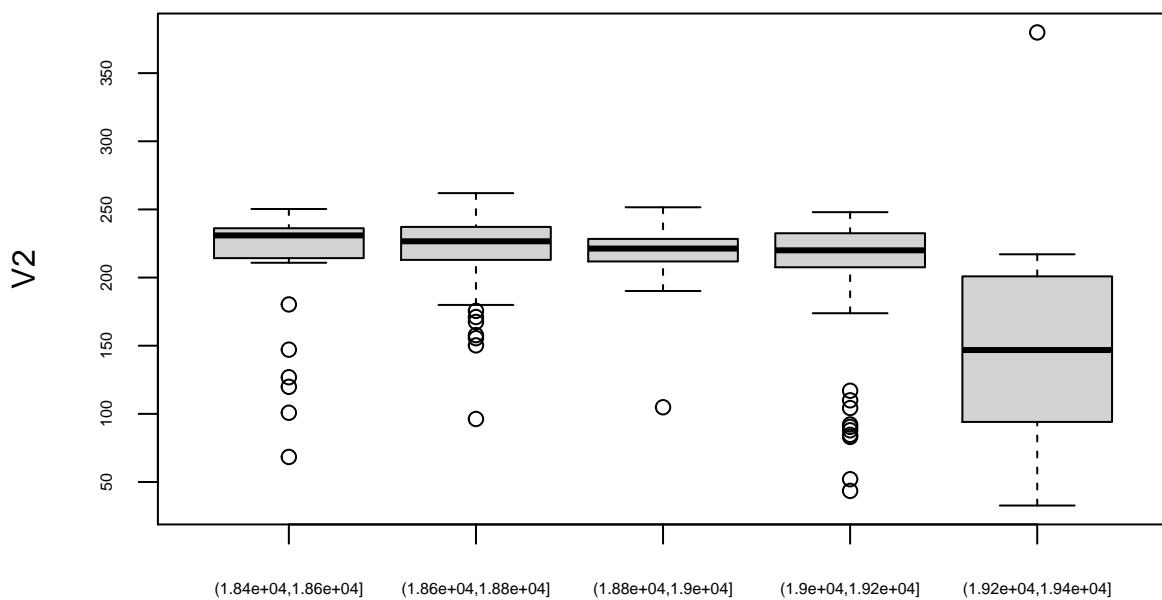
Sport class: LNP

LNP



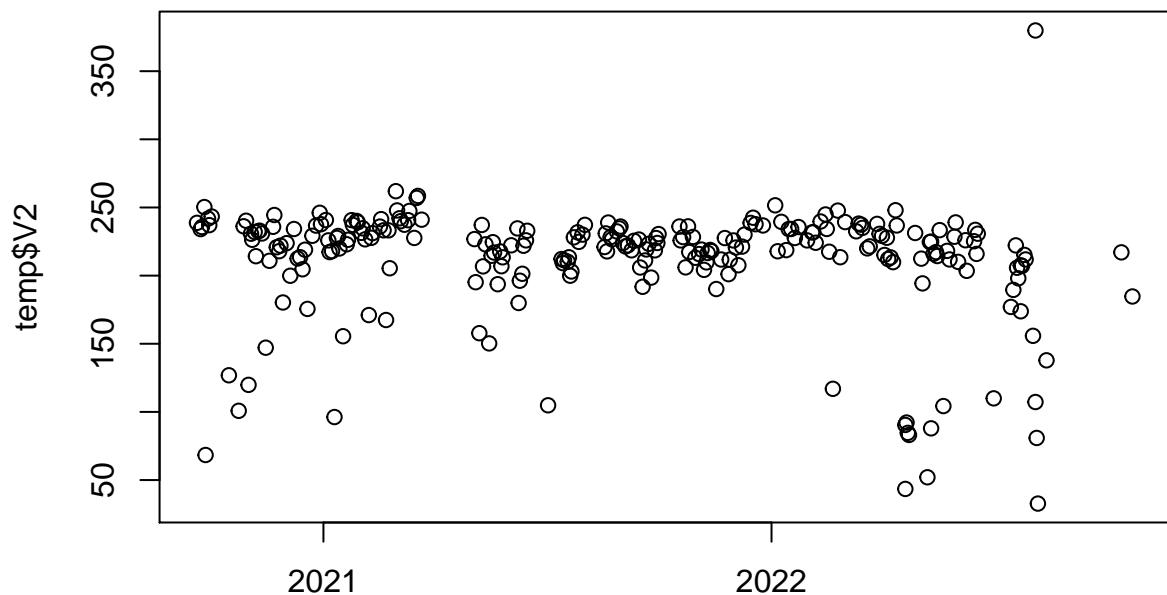
V1

LNP



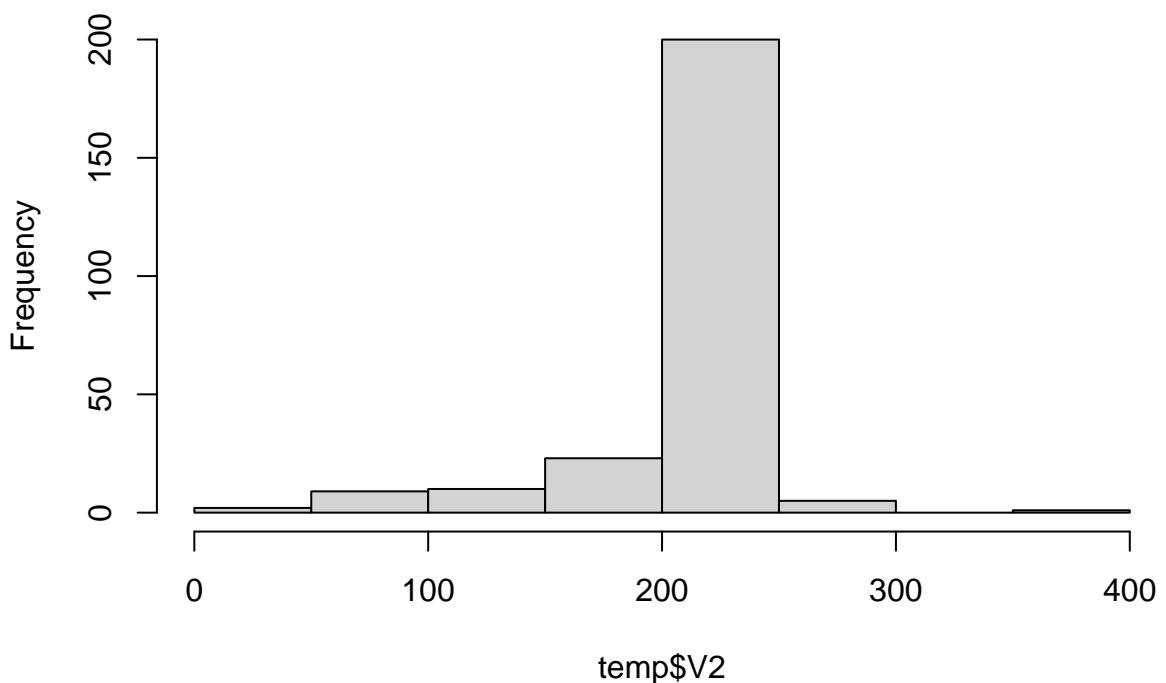
`cut(V1, pretty(temp$V1))`

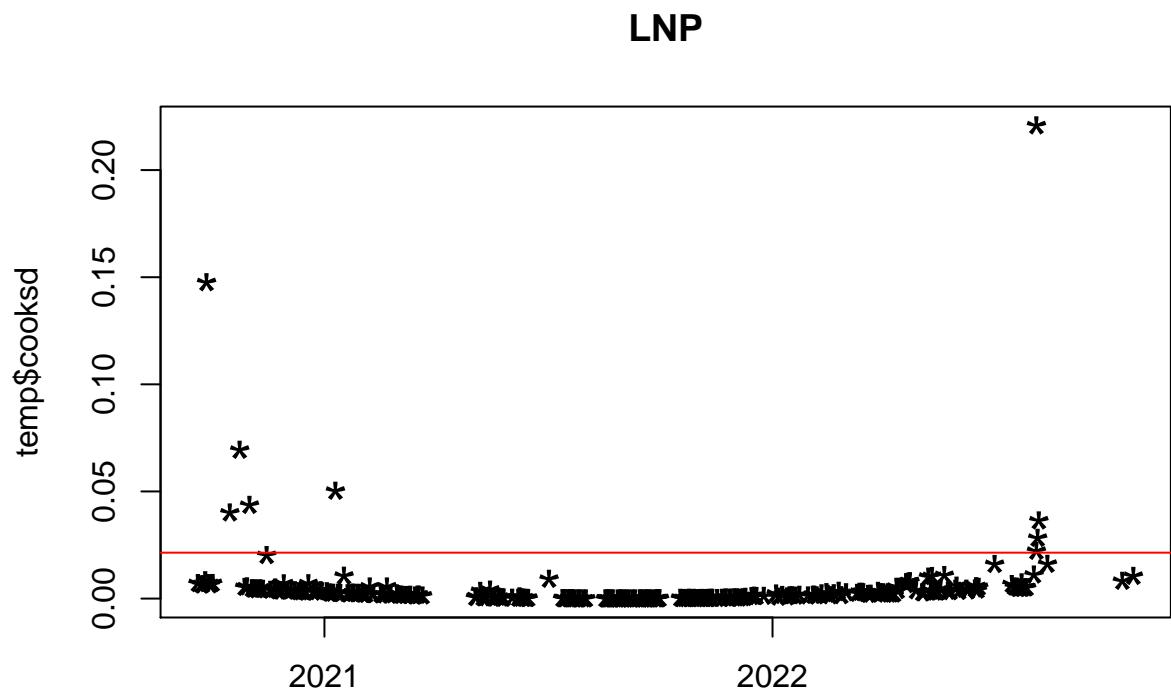
LNP



`temp$V1`

Histogram of `temp$V2`



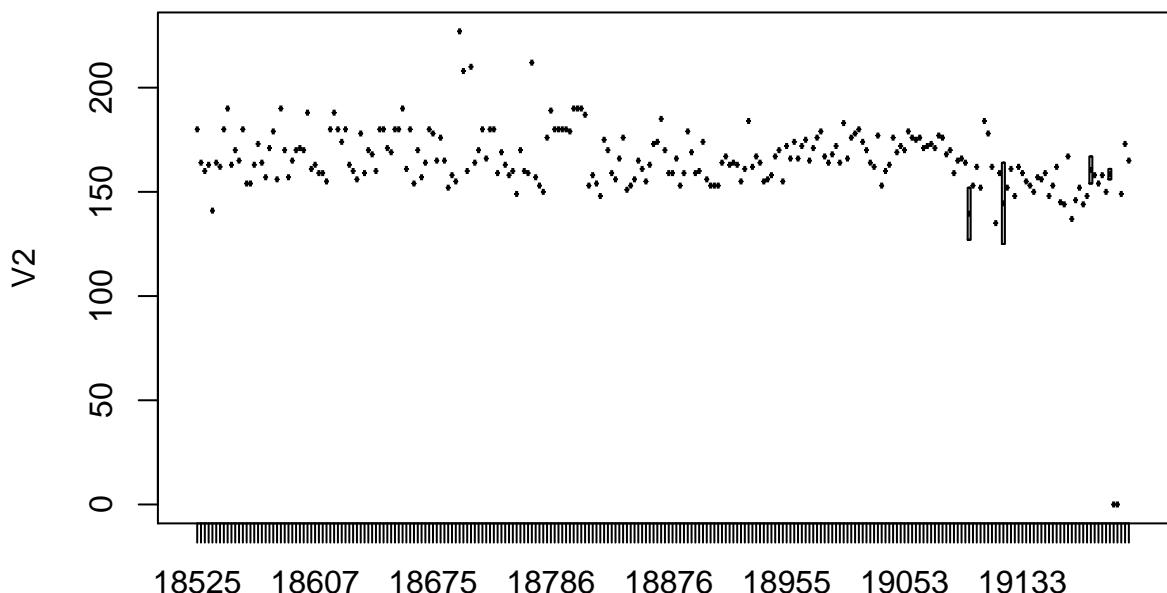


temp\$V1

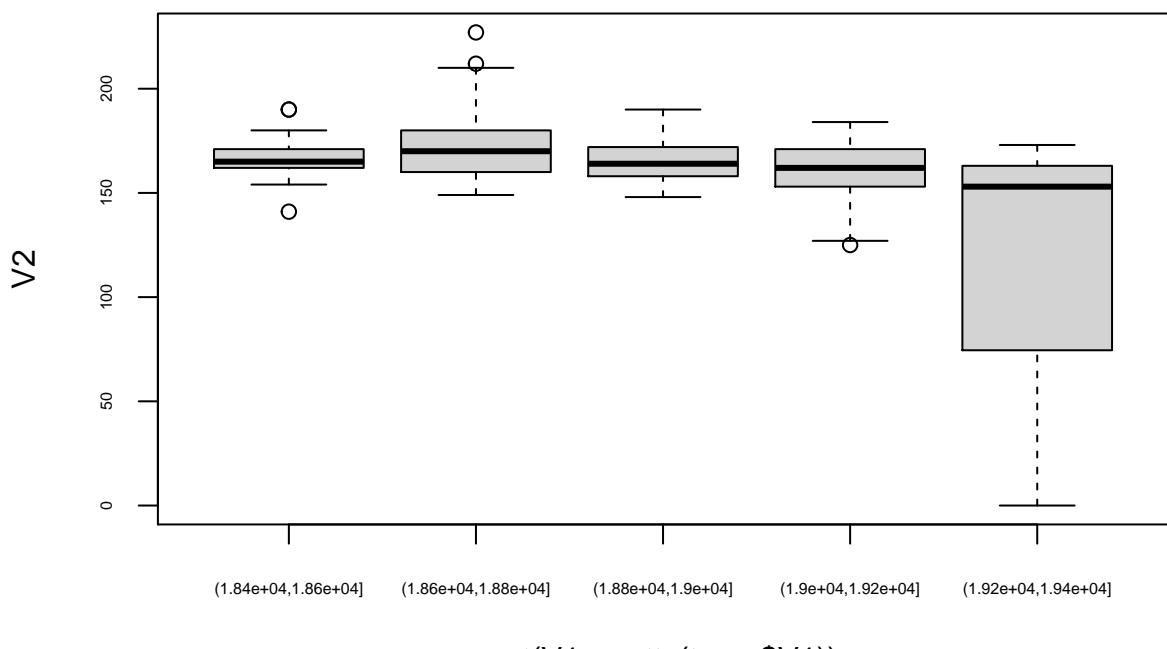
Date	LNP
2022-08-06	32.74
2020-09-27	68.38
2022-08-05	80.89
2021-01-10	96.24
2020-10-24	100.8
2022-08-04	107.3
2020-11-01	119.9
2020-10-16	126.9
2022-08-04	379.9

Sport class: Max_Heartrate

Max_Heartrate

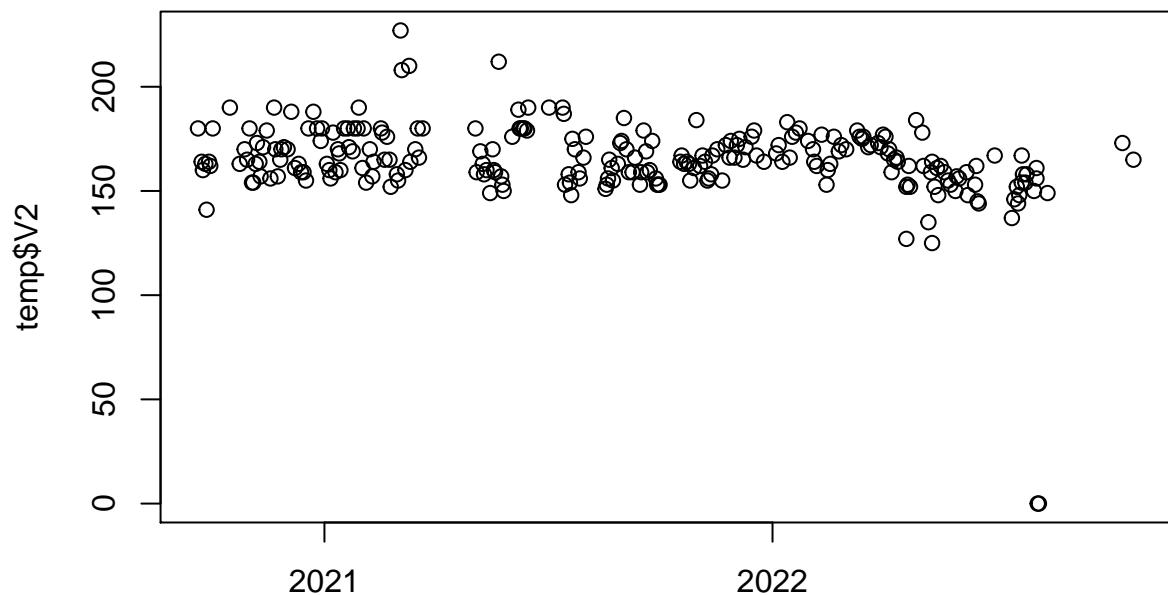


Max_Heartrate



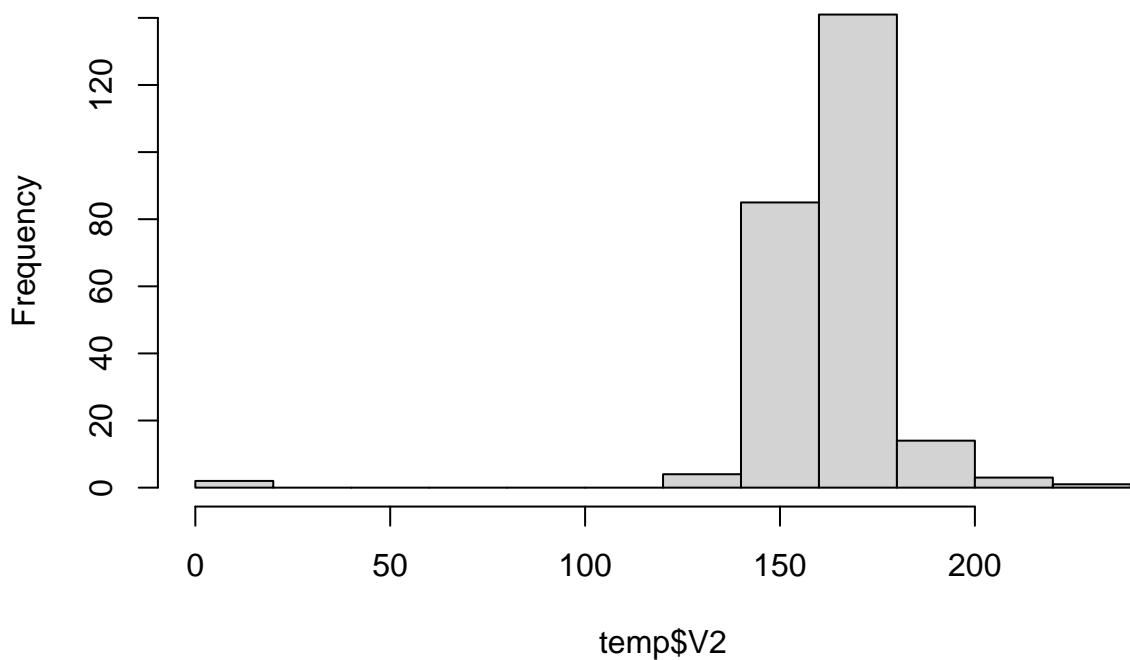
`cut(V1, pretty(temp$V1))`

Max_Heartrate

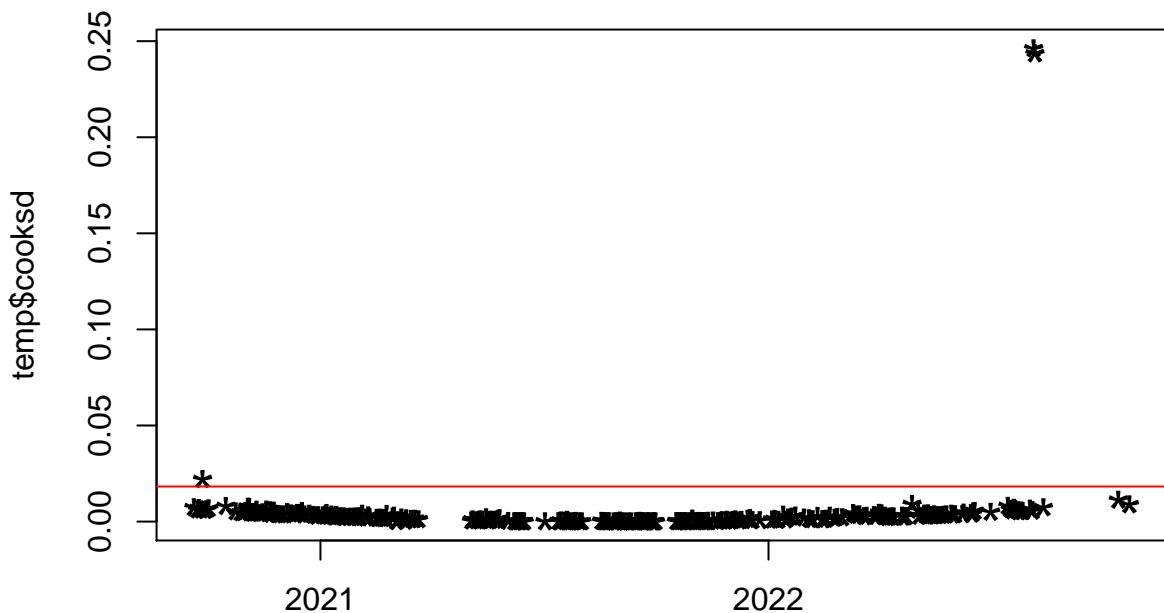


temp\$V1

Histogram of temp\$V2



Max_Heartrate

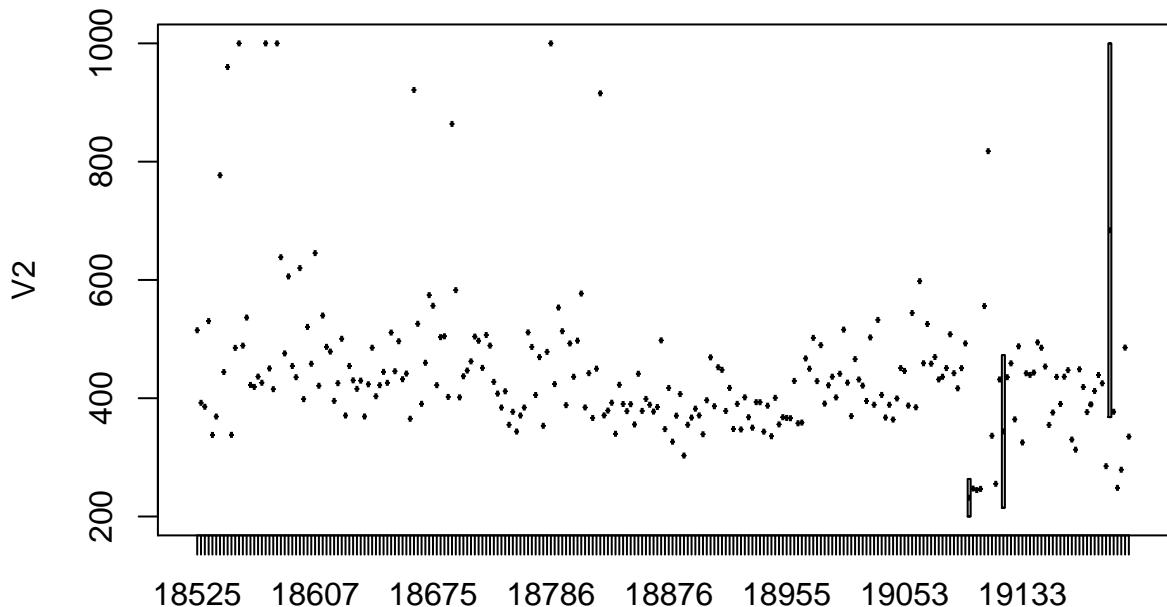


`temp$V1`

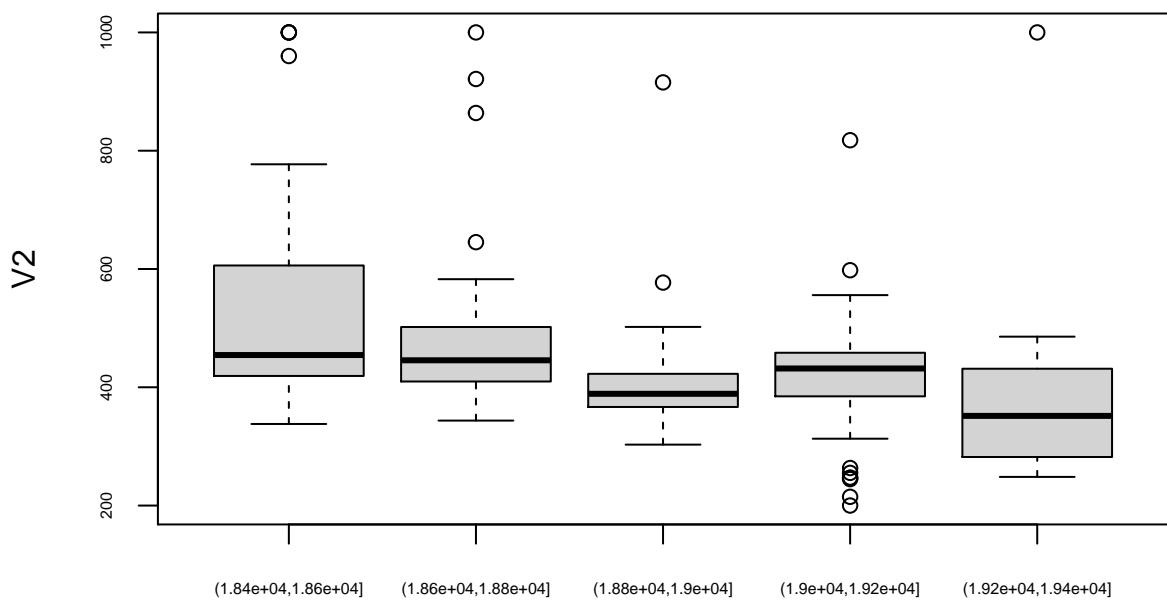
Date	Max_Heartrate
2022-08-05	0
2022-08-06	0
2020-09-27	141

Sport class: Max_Power

Max_Power

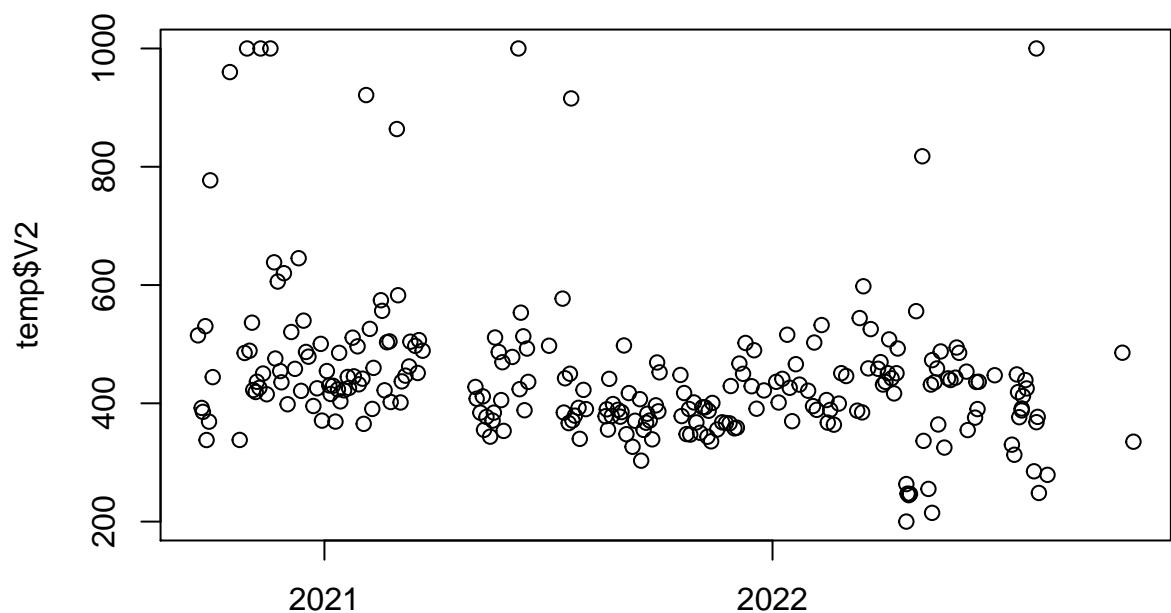


V1 Max_Power



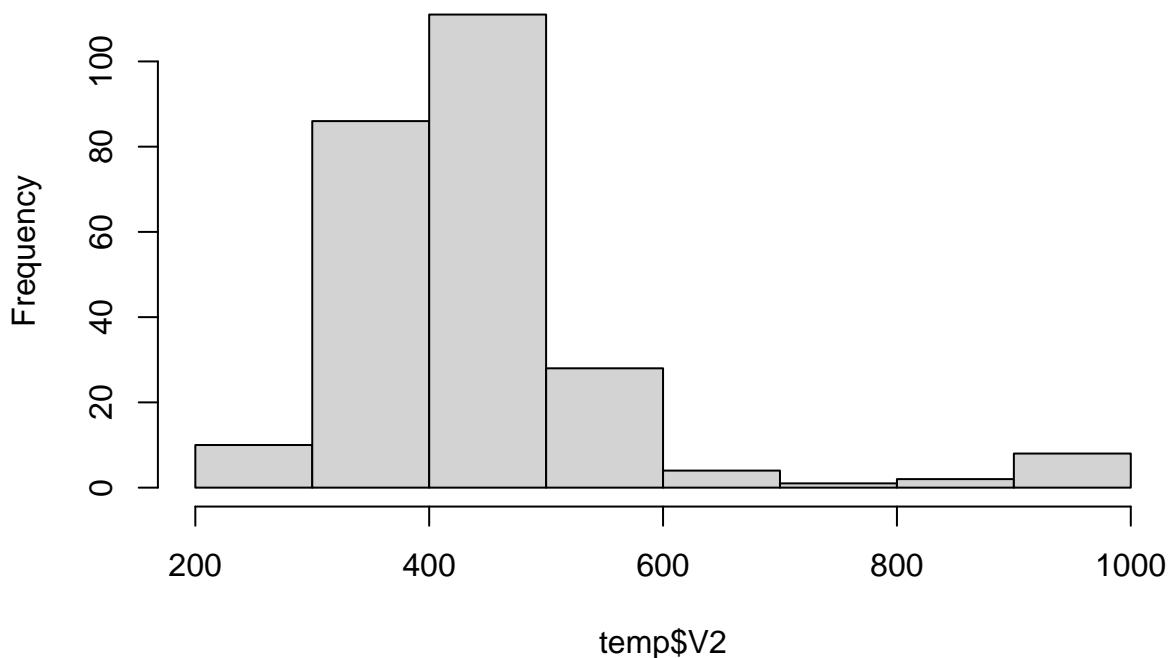
`cut(V1, pretty(temp$V1))`

Max_Power

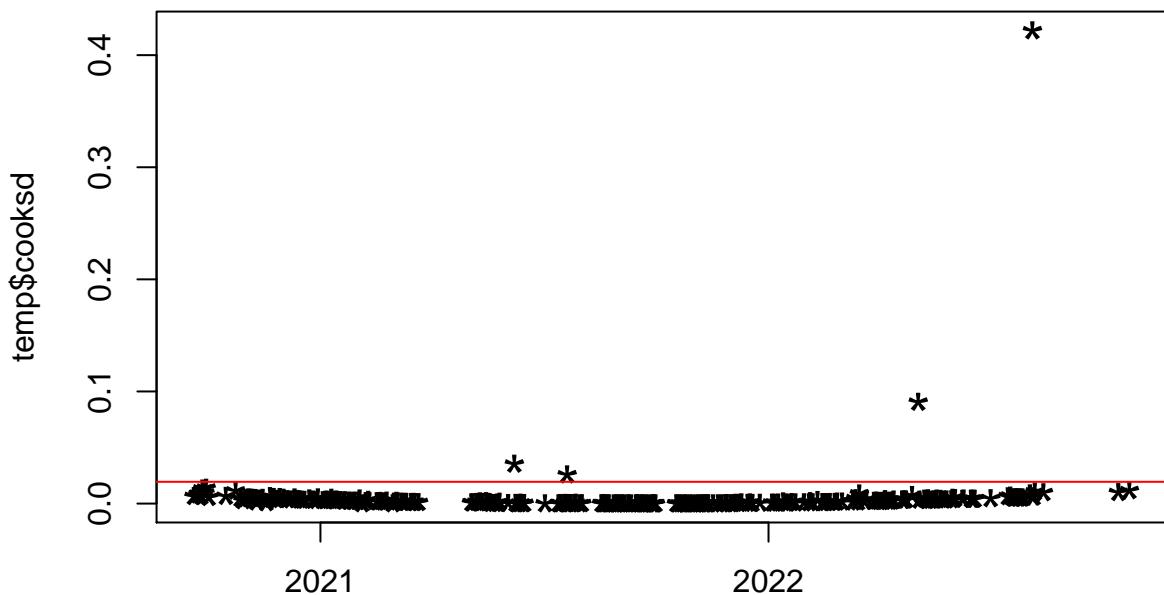


temp\$V1

Histogram of temp\$V2



Max_Power

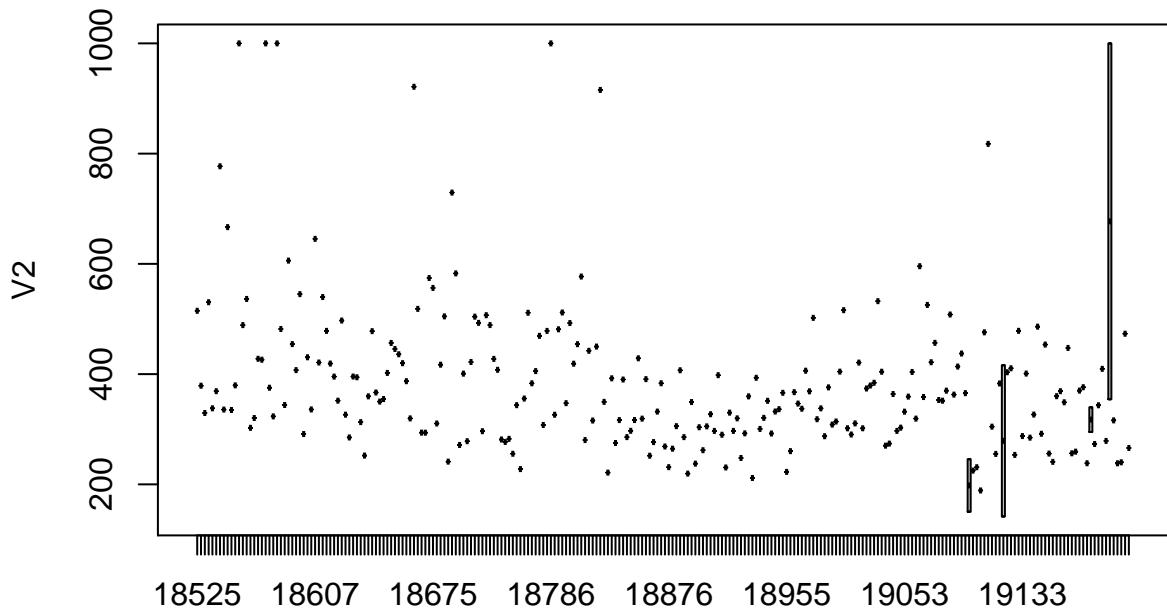


temp\$V1

Date	Max_Power
2022-05-03	817.7
2021-07-21	915.5
2021-06-08	1000
2022-08-04	1000

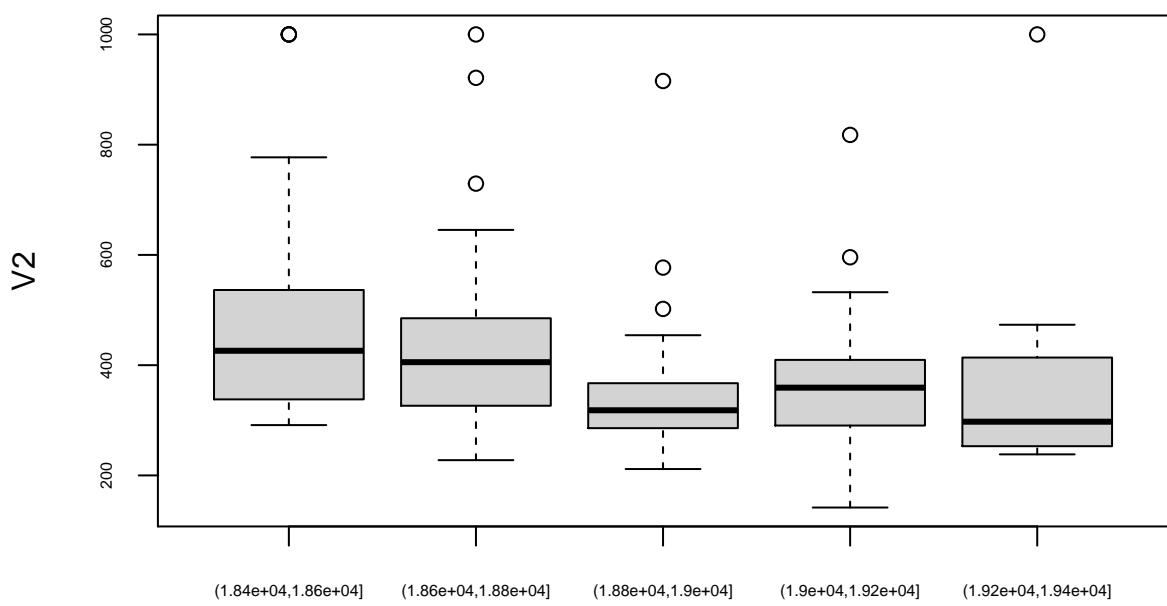
Sport class: Max_Power_Variance

Max_Power_Variance



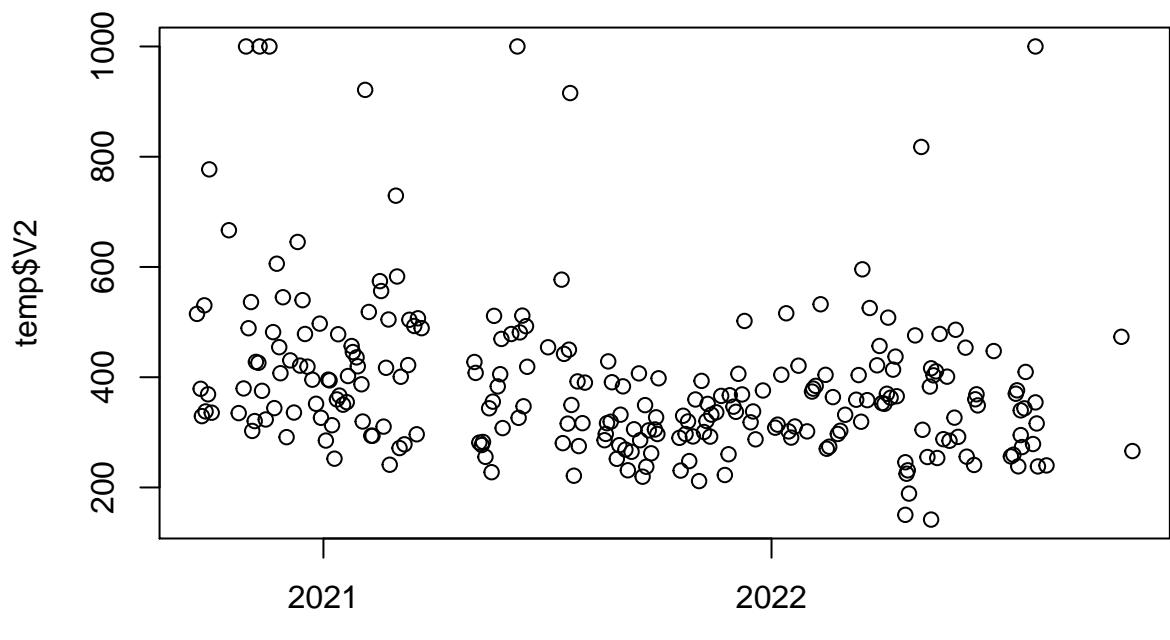
V1

Max_Power_Variance

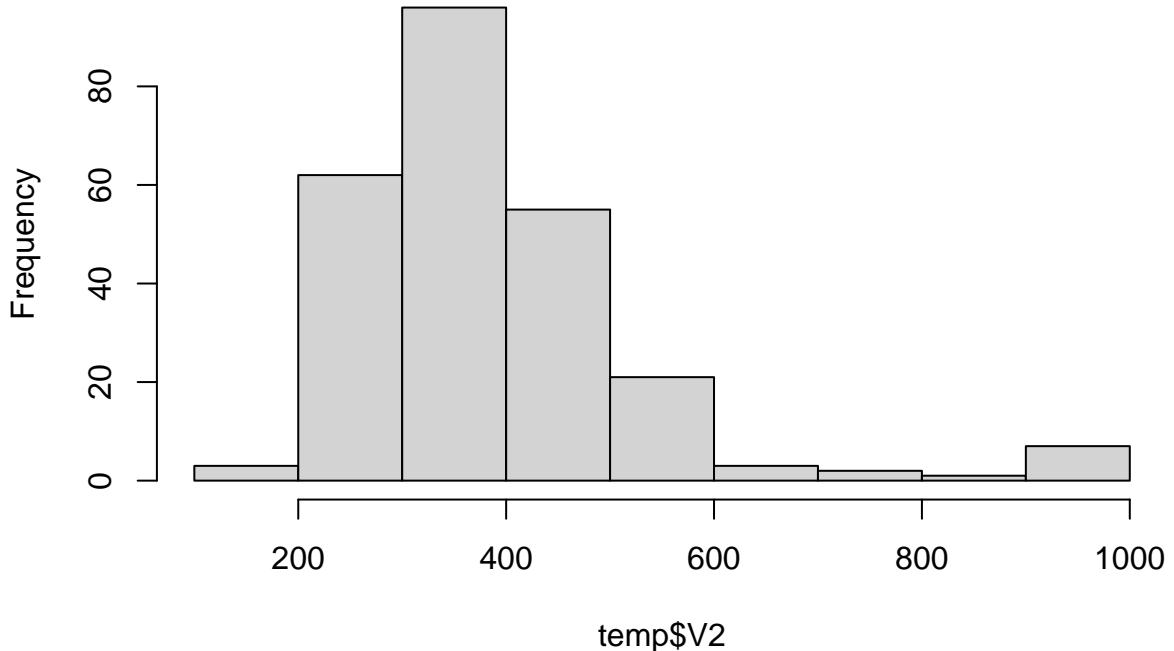


cut(V1, pretty(temp\$V1))

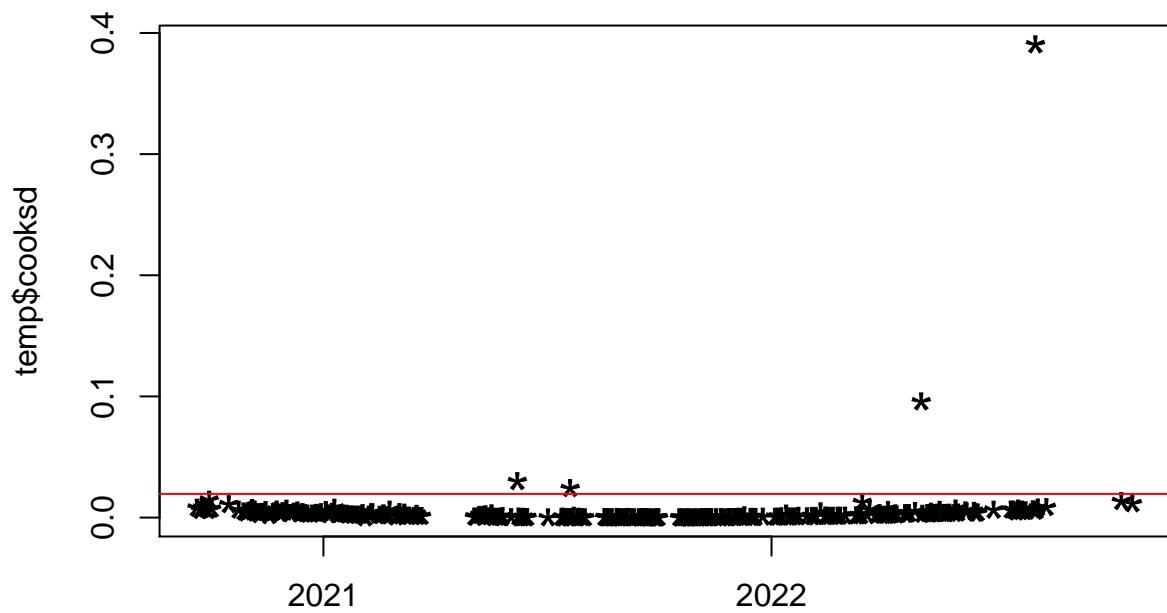
Max_Power_Variance



`temp$V1`
Histogram of `temp$V2`



Max_Power_Variance

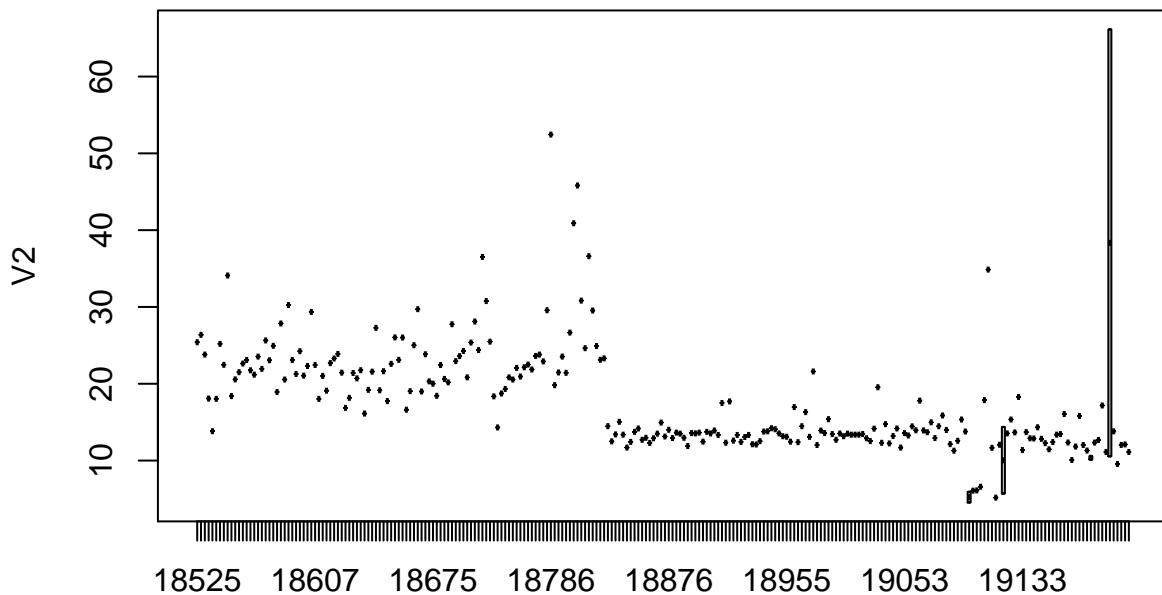


temp\$V1

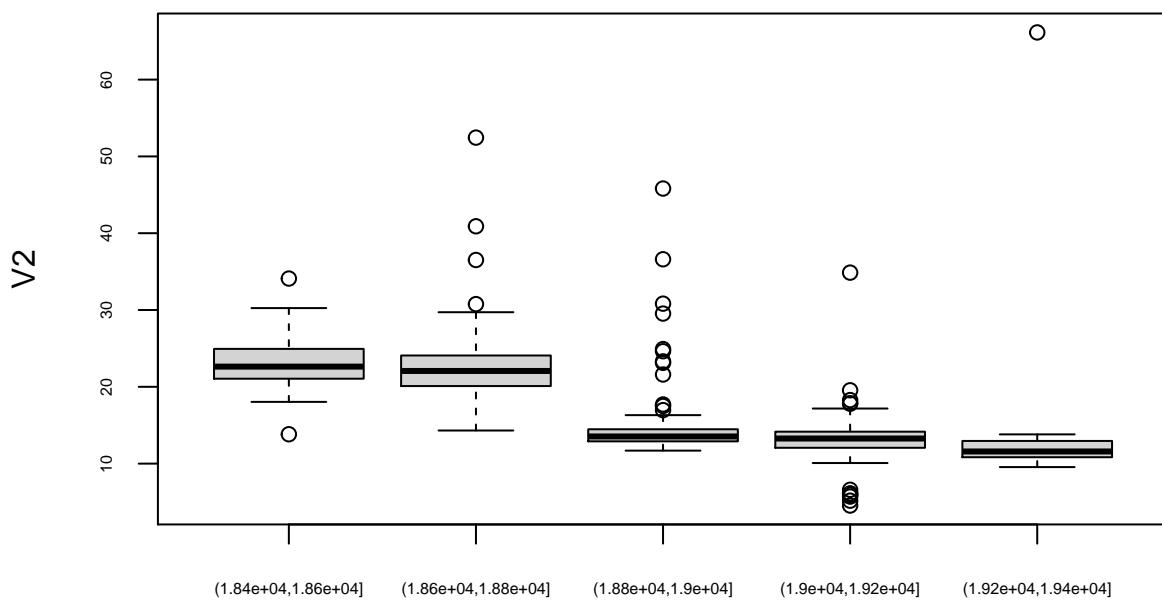
Date	Max_Power_Variance
2022-05-03	817.7
2021-07-21	915.5
2021-06-08	1000
2022-08-04	1000

Sport class: Max_Speed

Max_Speed

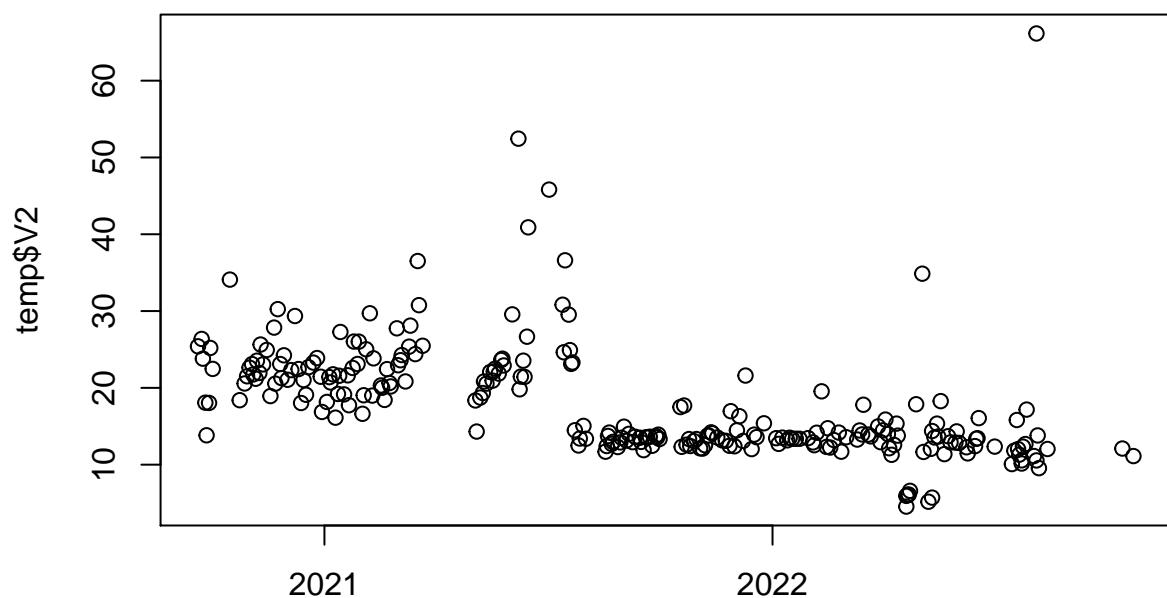


Max_Speed



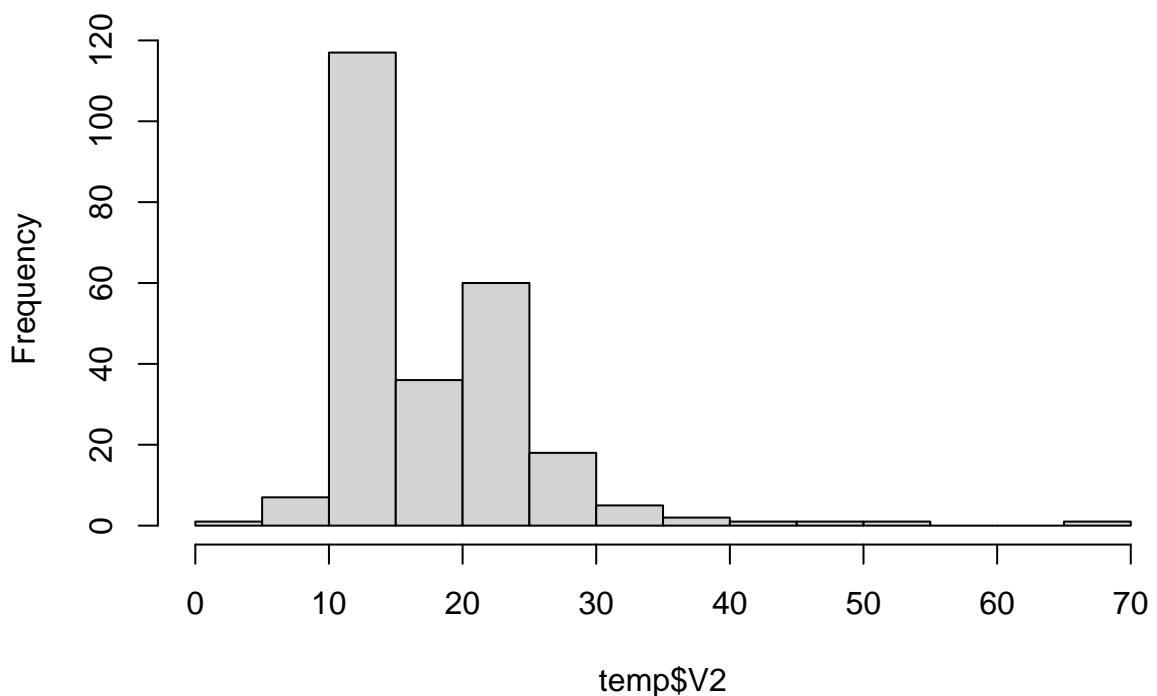
`cut(V1, pretty(temp$V1))`

Max_Speed

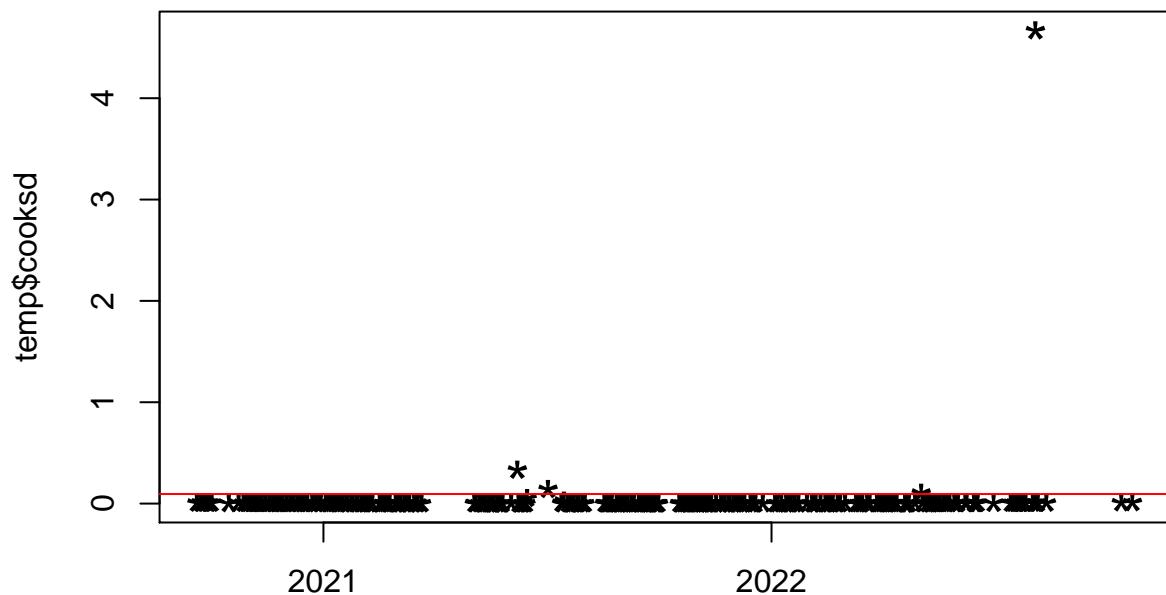


temp\$V1

Histogram of temp\$V2



Max_Speed

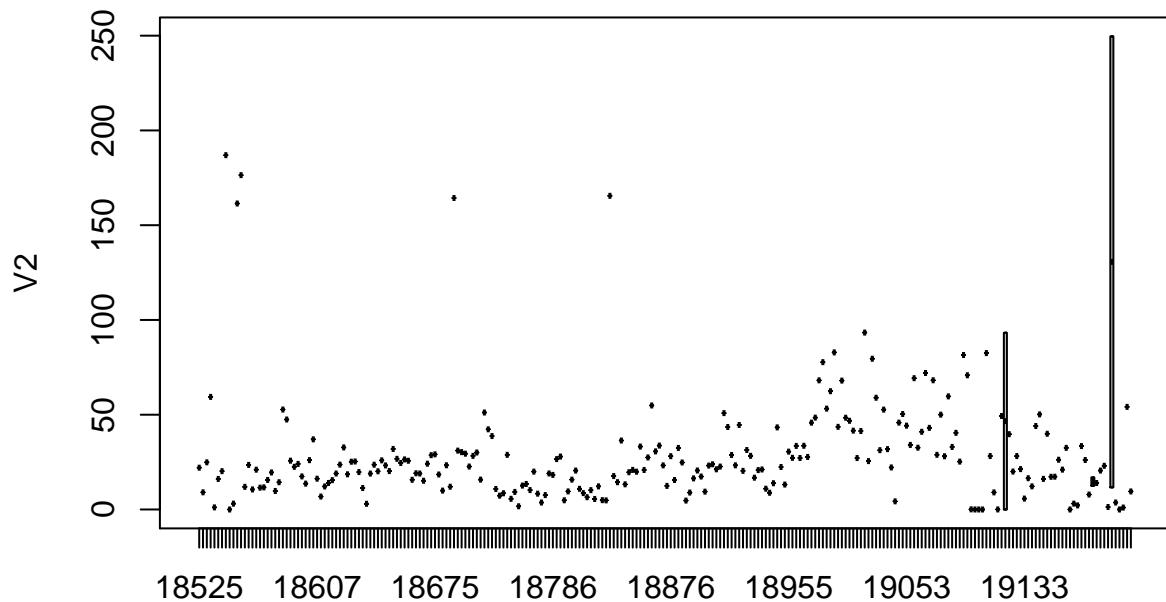


temp\$V1

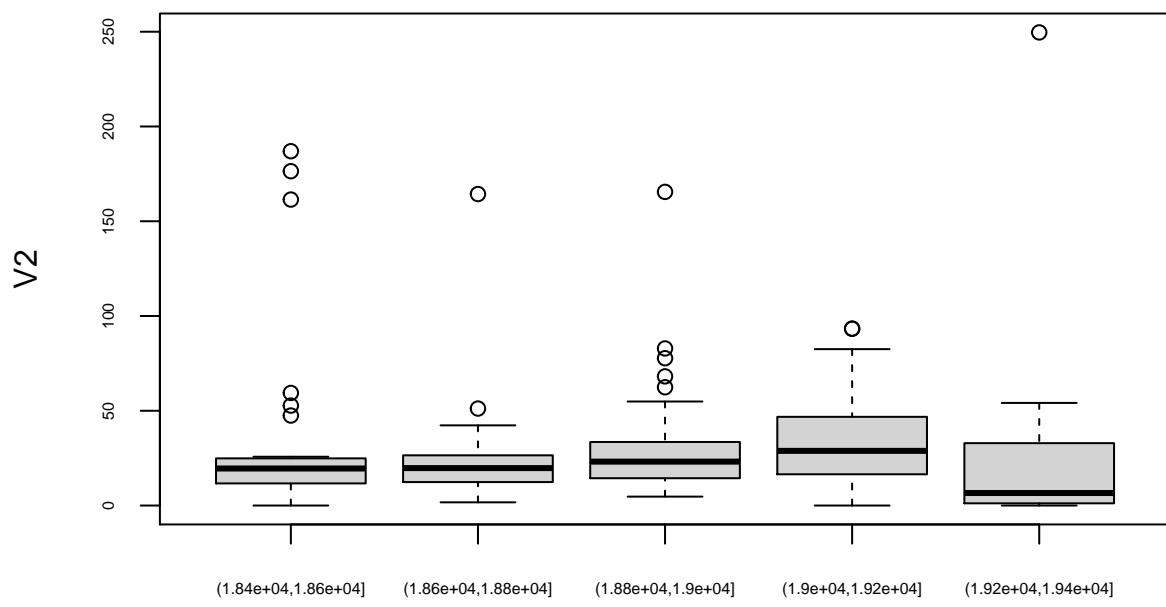
Date	Max_Speed
2022-05-03	34.87
2021-07-03	45.82
2021-06-08	52.45
2022-08-04	66.14

Sport class: Max_W_Expended

Max_W_Expended

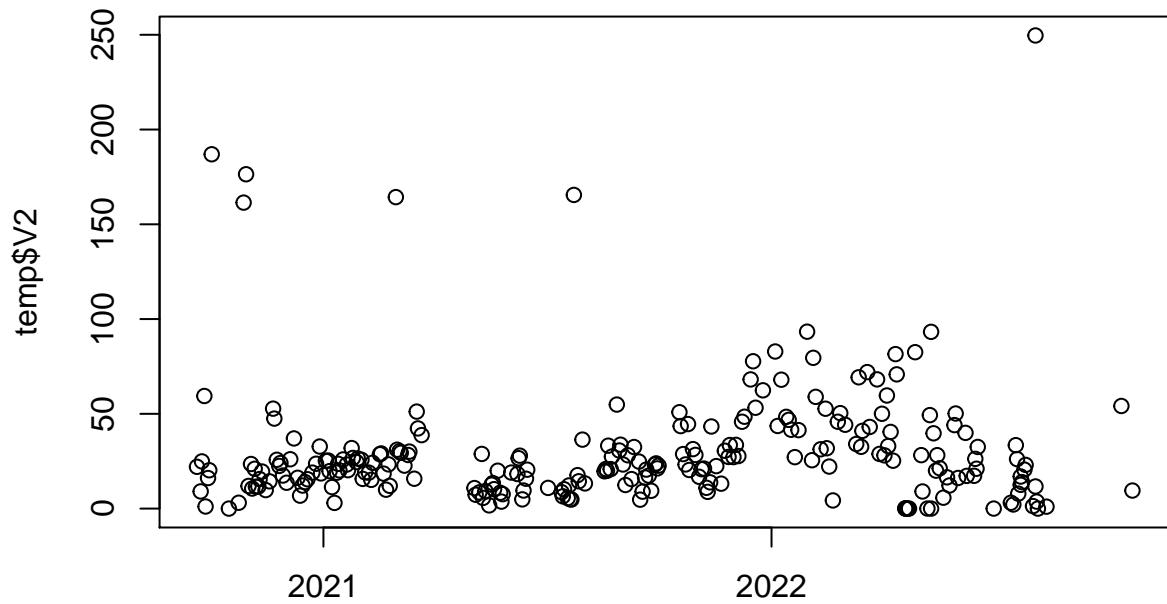


Max_W_Expended



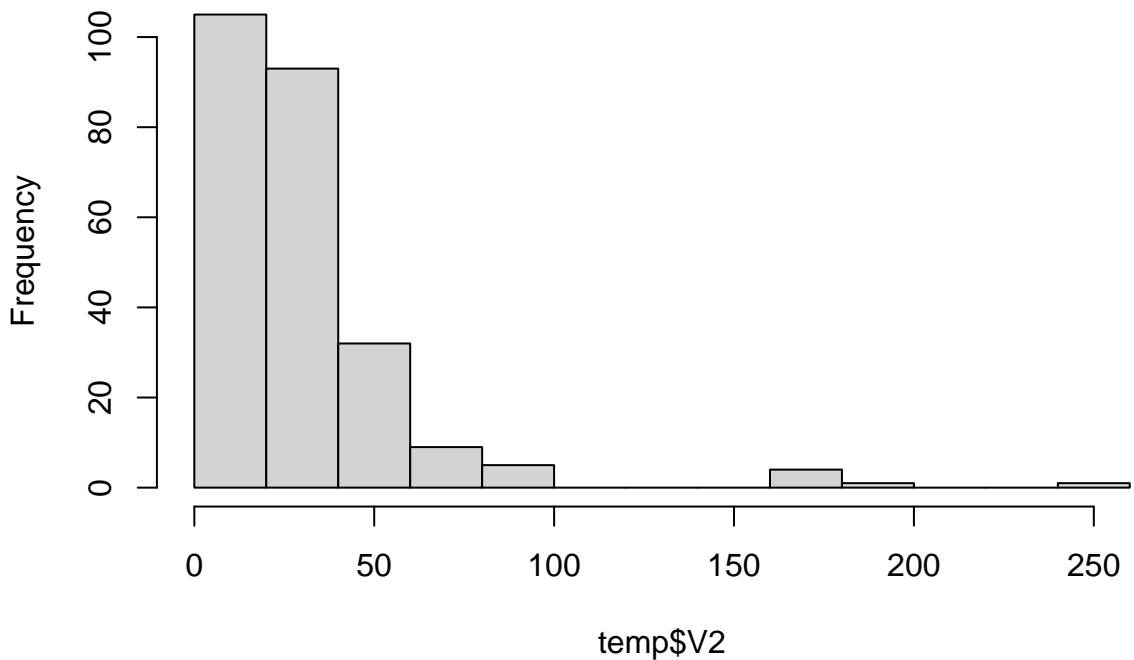
cut(V1, pretty(temp\$V1))

Max_W_Expended

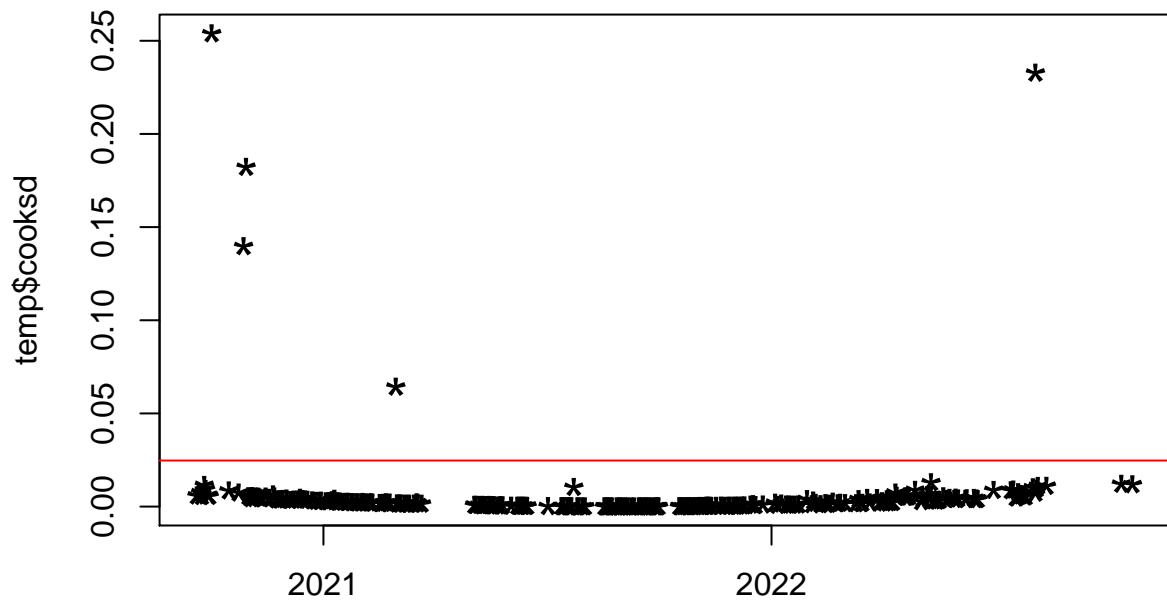


`temp$V1`

Histogram of temp\$V2



Max_W_Expended

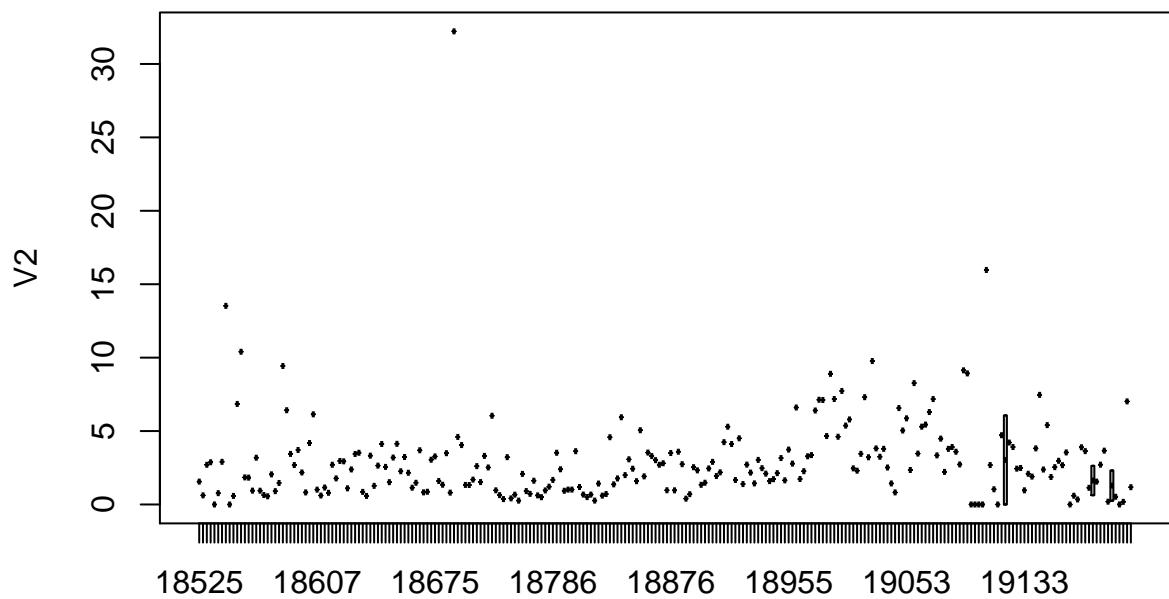


temp\$V1

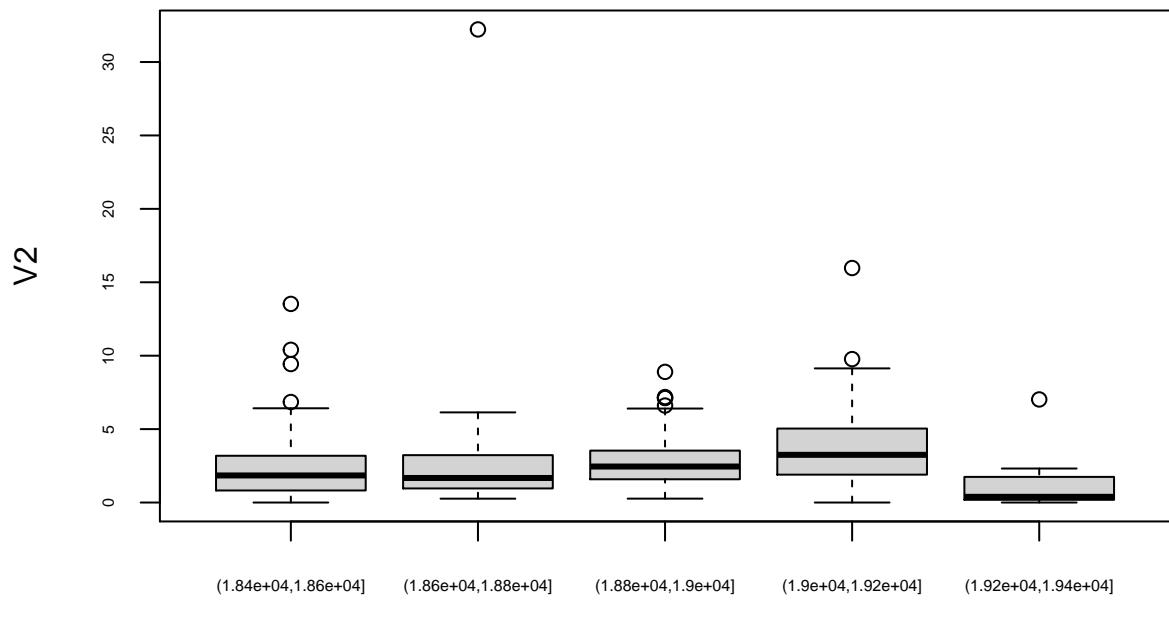
Date	Max_W_Expended
2020-10-28	161.4
2021-03-01	164.3
2020-10-30	176.4
2020-10-02	186.9
2022-08-04	249.6

Sport class: Maximum_W_bal_Match

Maximum_W_bal_Match

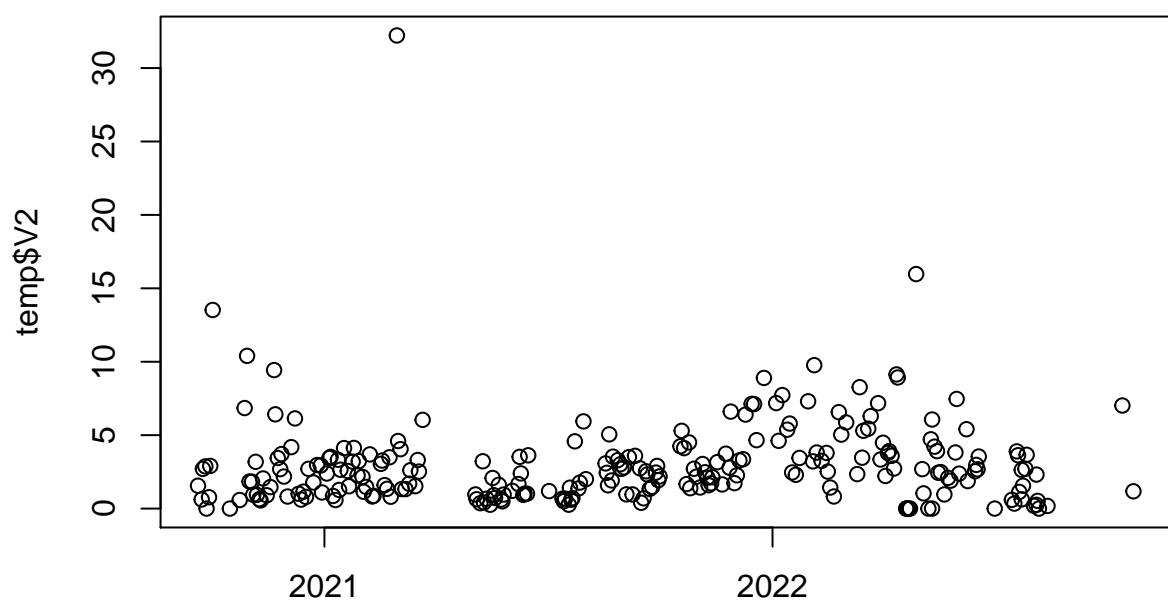


Maximum_W_bal_Match



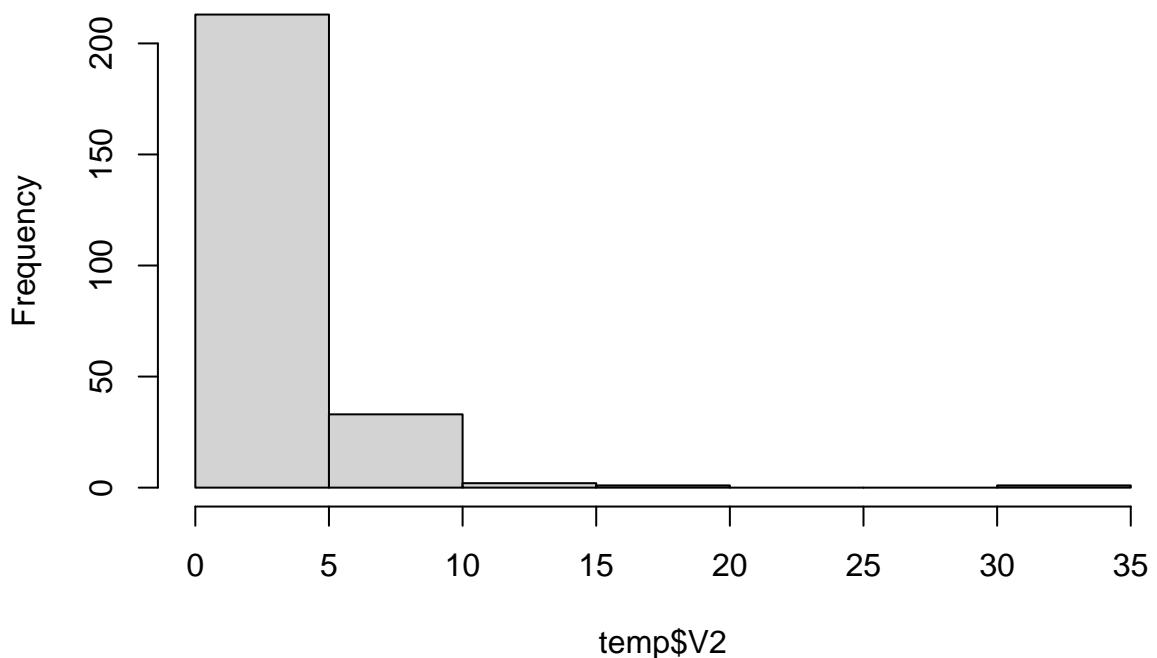
`cut(V1, pretty(temp$V1))`

Maximum_W_bal_Match



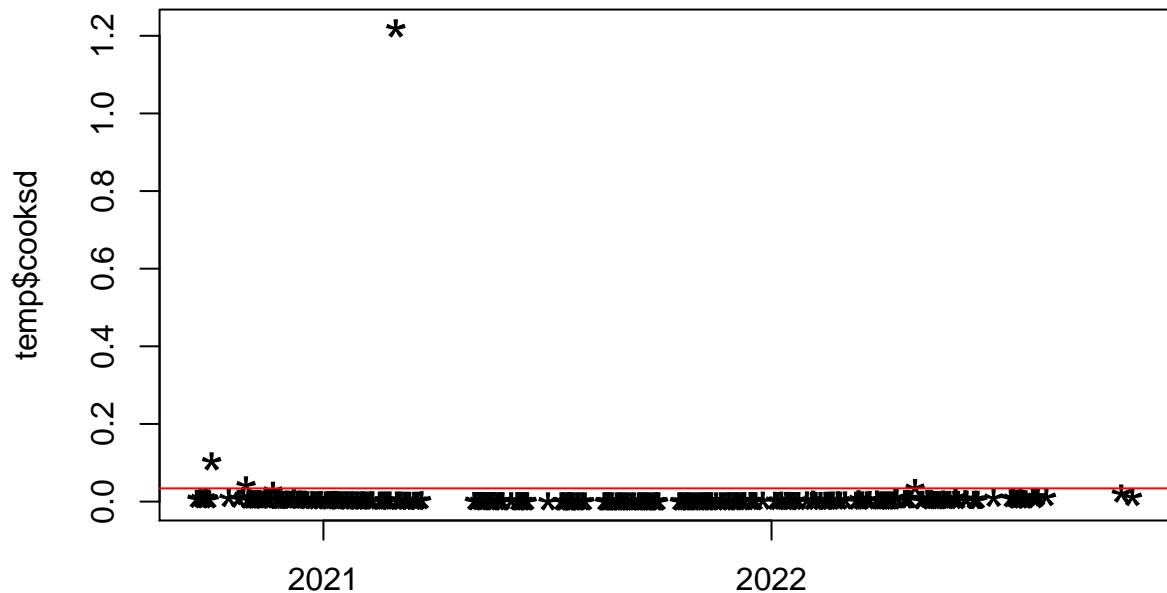
temp\$V1

Histogram of temp\$V2



temp\$V2

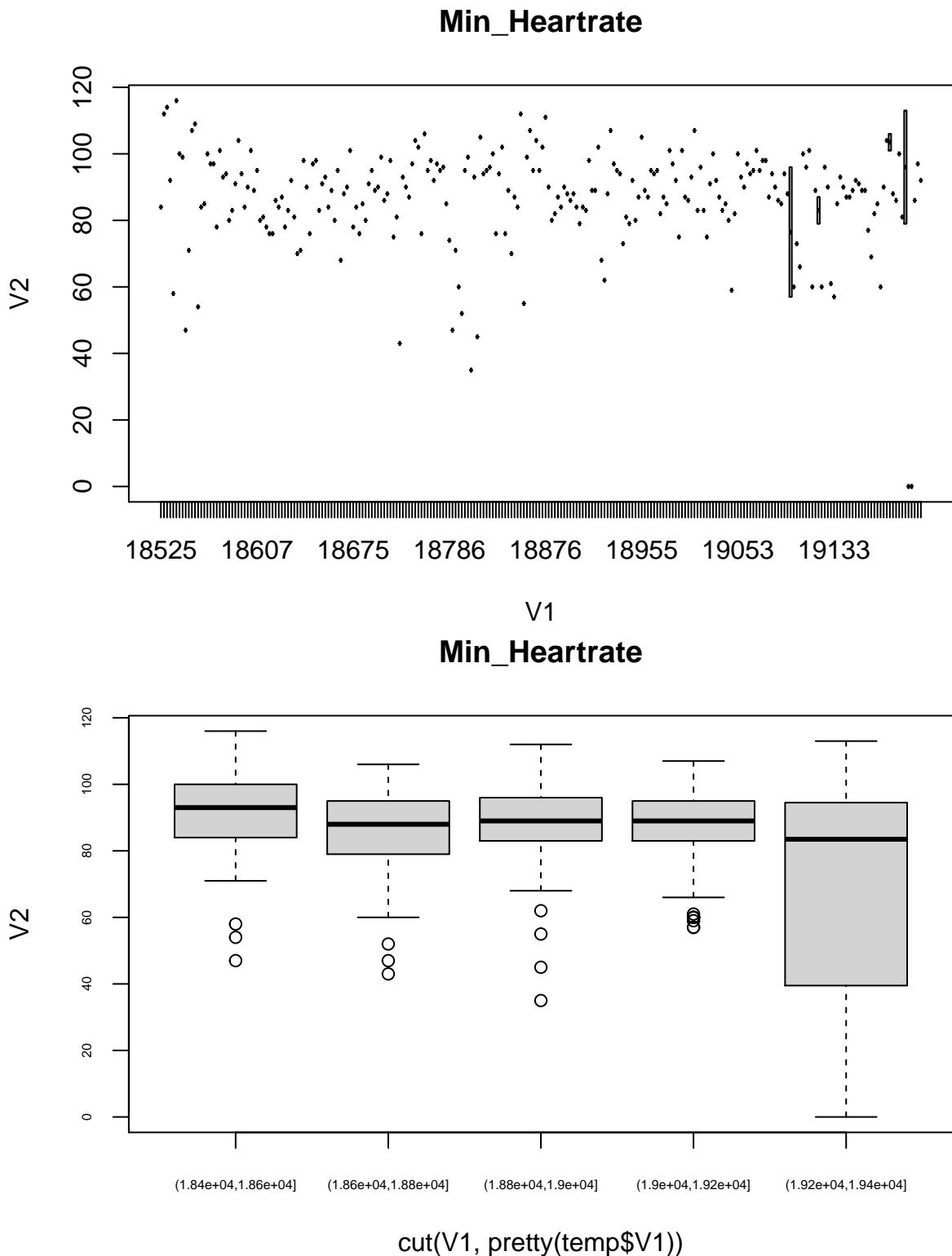
Maximum_W_bal_Match



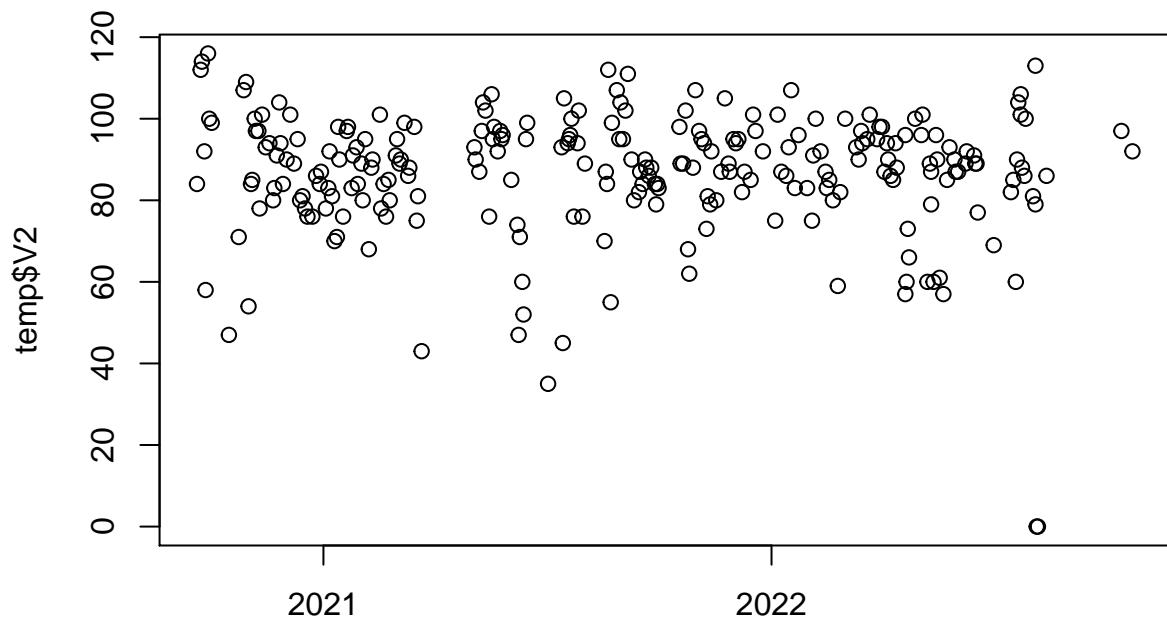
temp\$V1

Date	Maximum_W_bal_Match
2020-10-30	10.4
2020-10-02	13.53
2022-04-28	15.97
2021-03-01	32.22

Sport class: Min_Heartrate

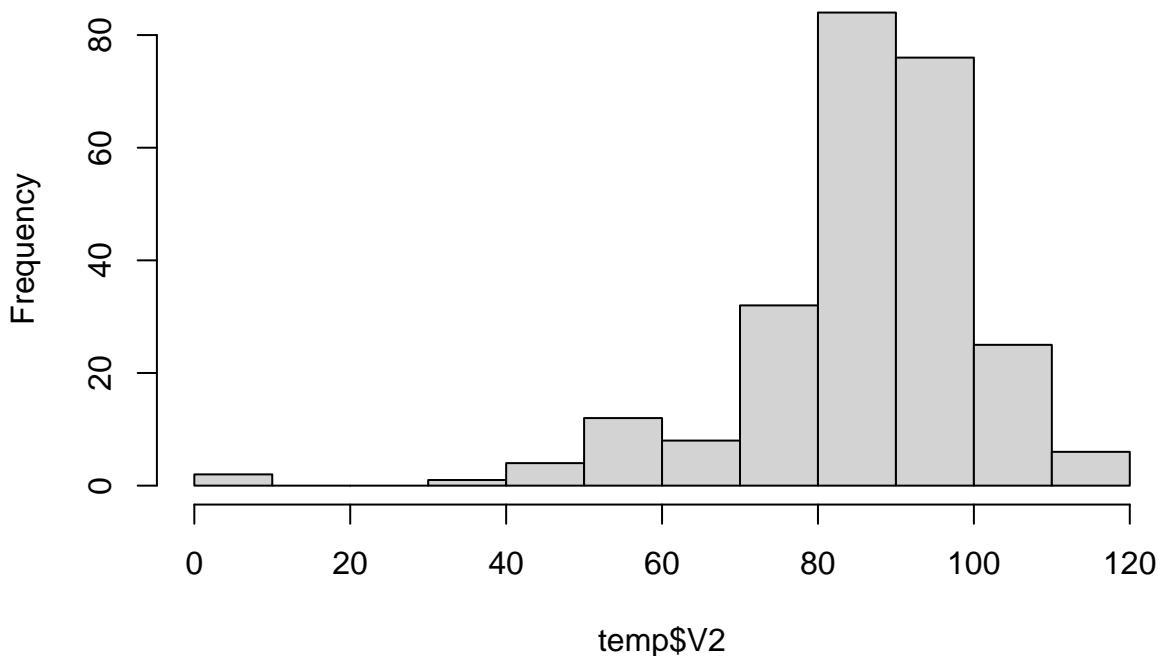


Min_Heartrate

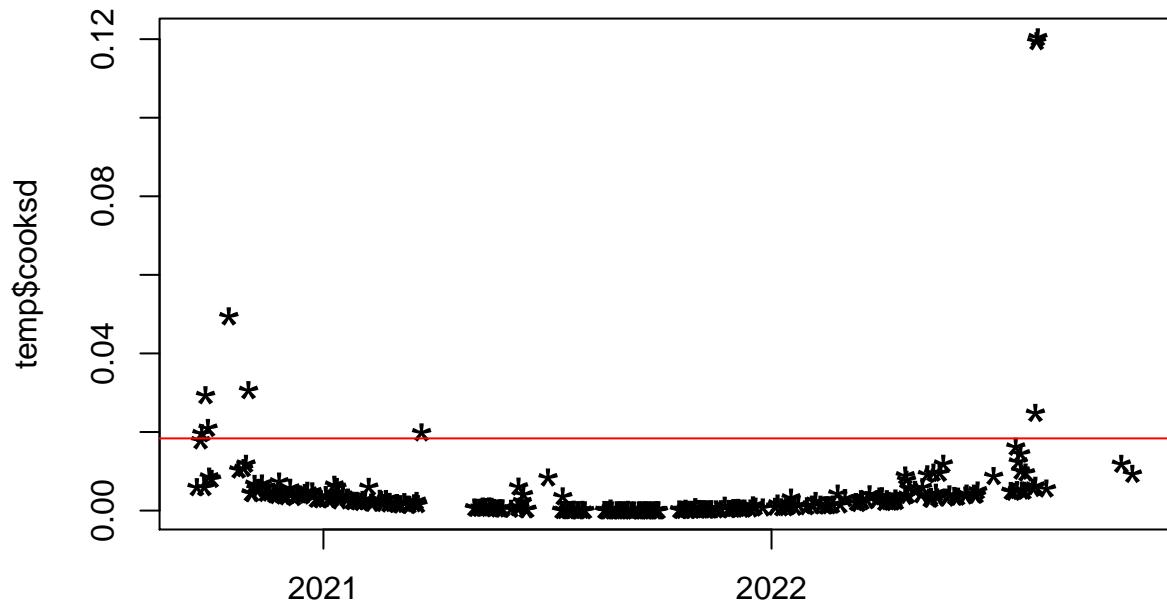


temp\$V1

Histogram of temp\$V2



Min_Heartrate

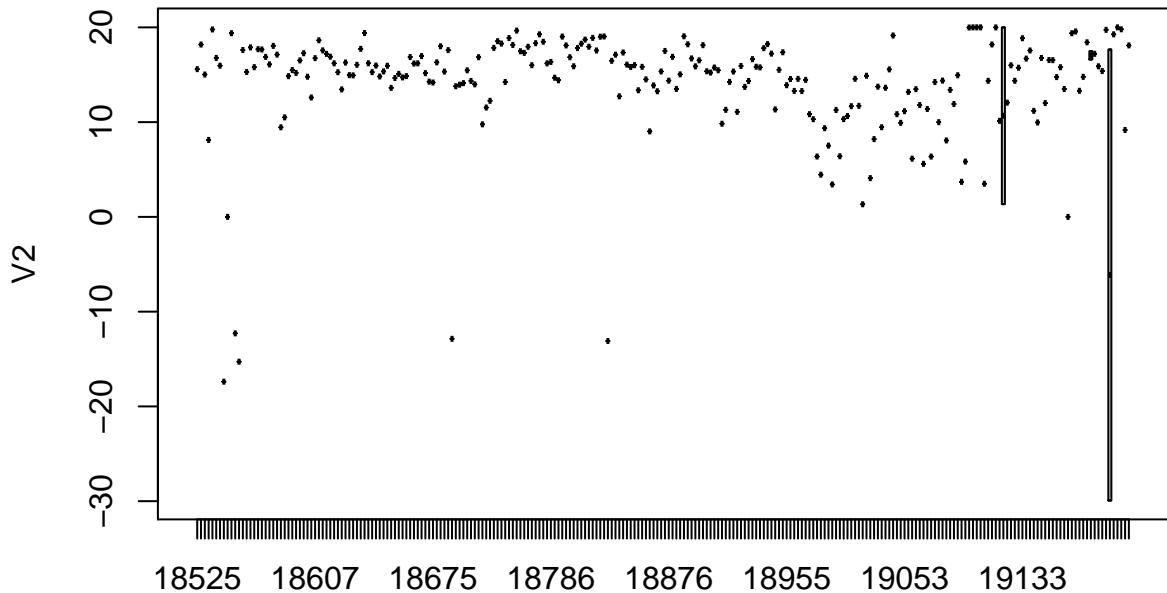


temp\$V1

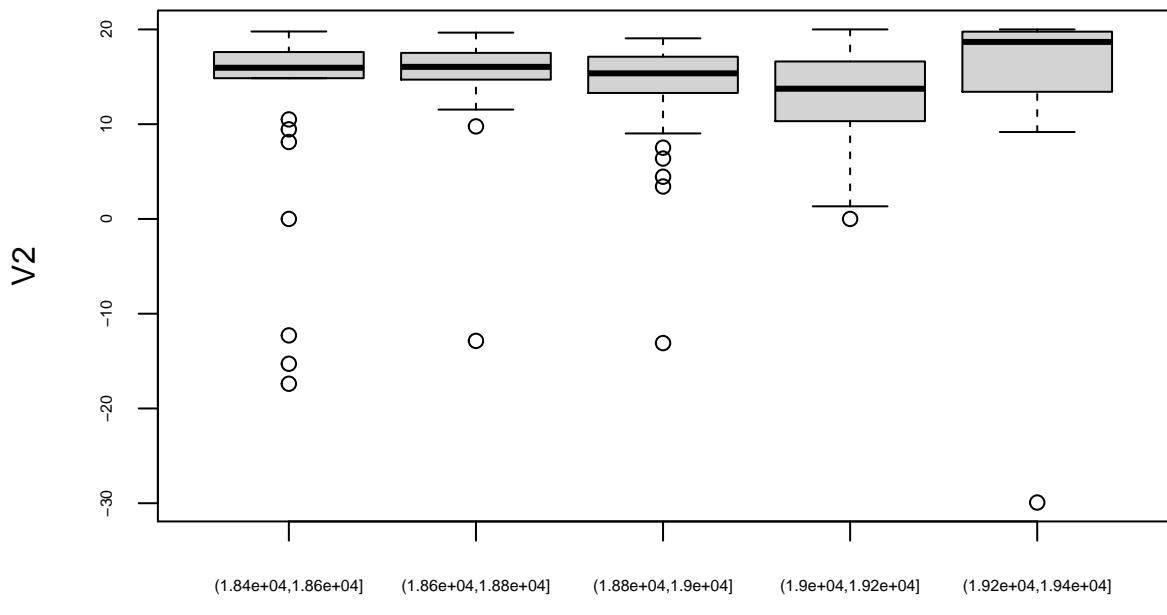
Date	Min_Heartrate
2022-08-05	0
2022-08-06	0
2021-03-22	43
2020-10-16	47
2020-11-01	54
2020-09-27	58
2022-08-04	113
2020-09-24	114
2020-09-29	116

Sport class: Minimum_W_bal

Minimum_W_bal

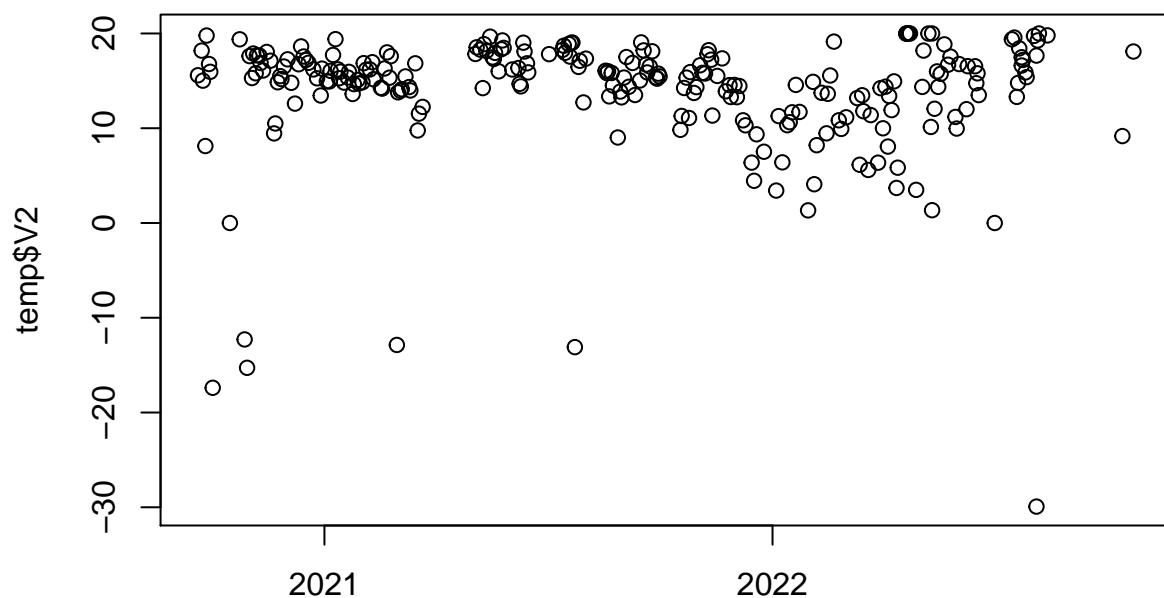


V1 Minimum_W_bal



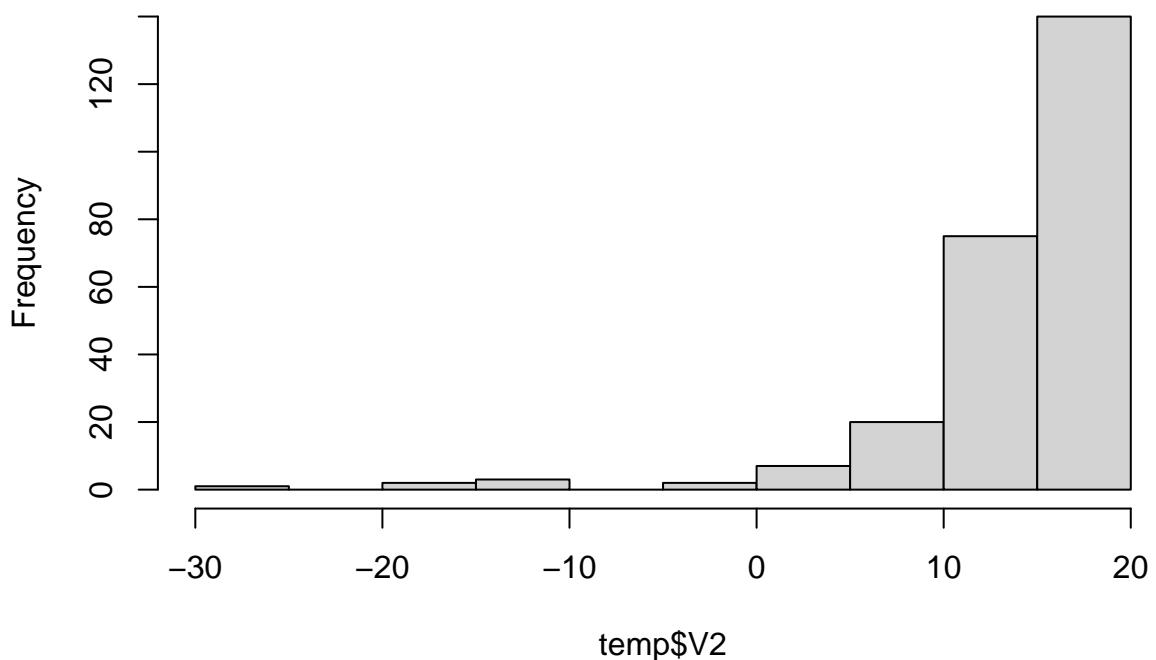
cut(V1, pretty(temp\$V1))

Minimum_W_bal



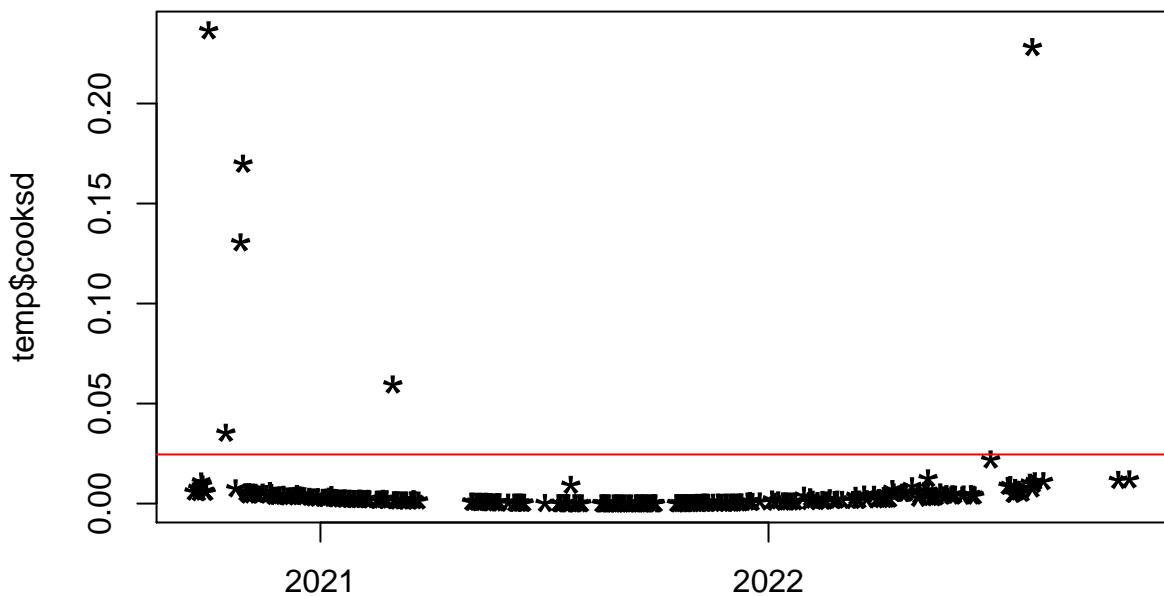
`temp$V1`

Histogram of `temp$V2`



`temp$V2`

Minimum_W_bal

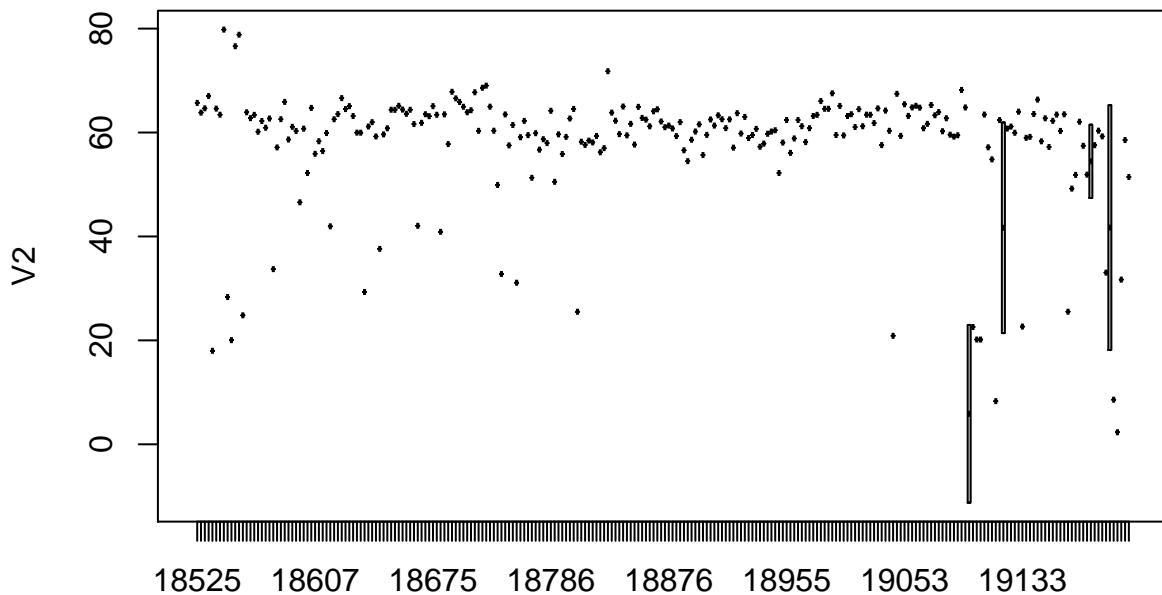


temp\$V1

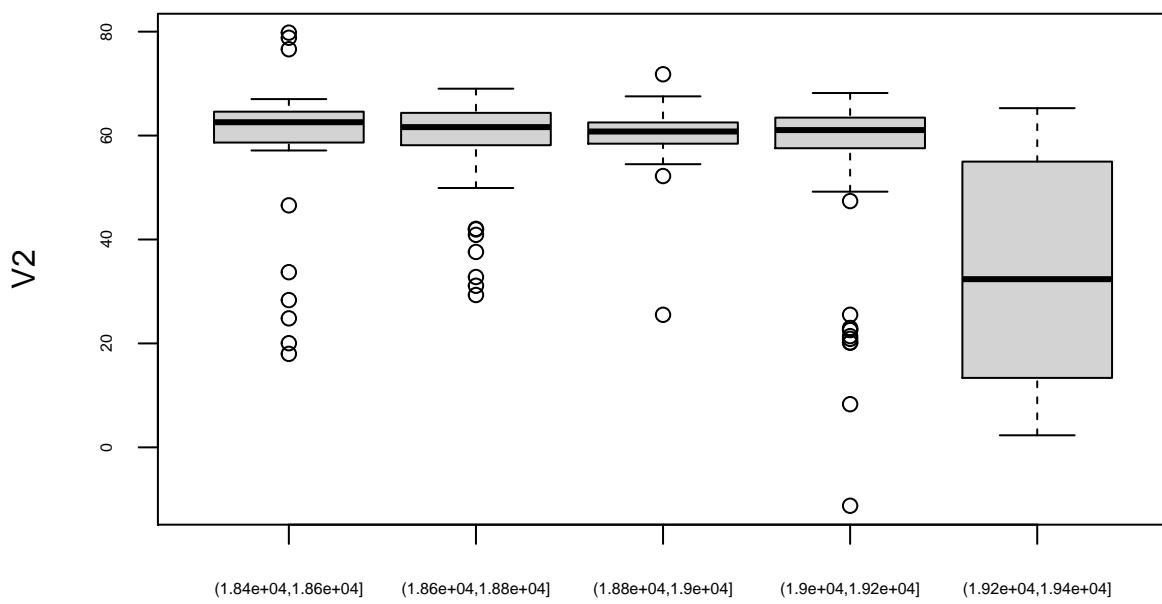
Date	Minimum_W_bal
2022-08-04	-29.92
2020-10-02	-17.39
2020-10-30	-15.28
2021-03-01	-12.87
2020-10-28	-12.29
2020-10-16	0

Sport class: MMP_Percentage

MMP_Percentage

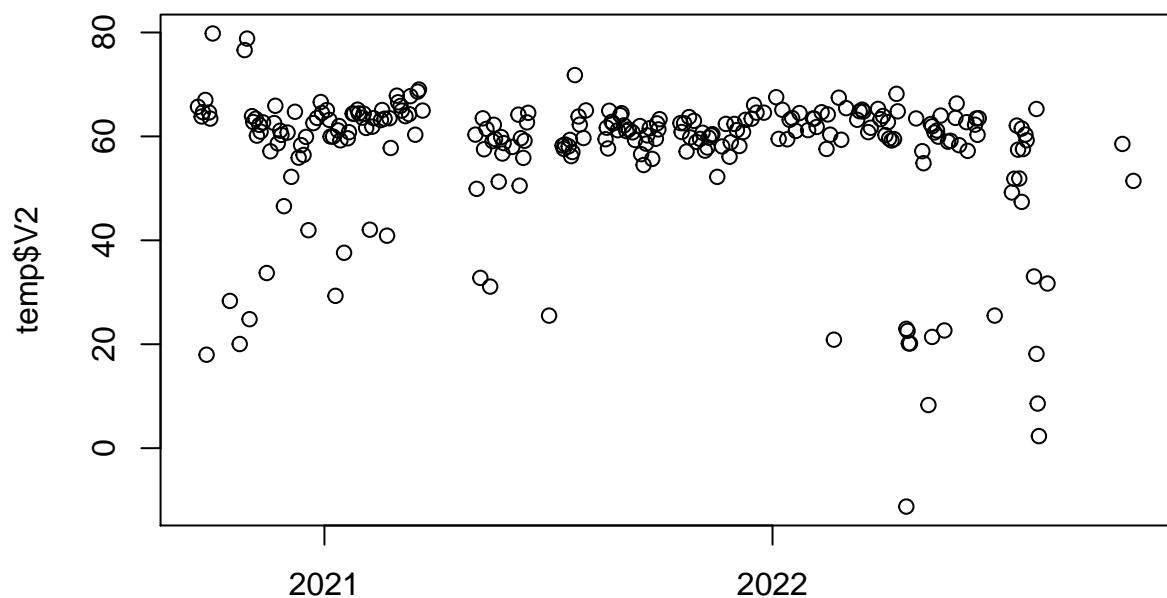


V1 MMP_Percentage



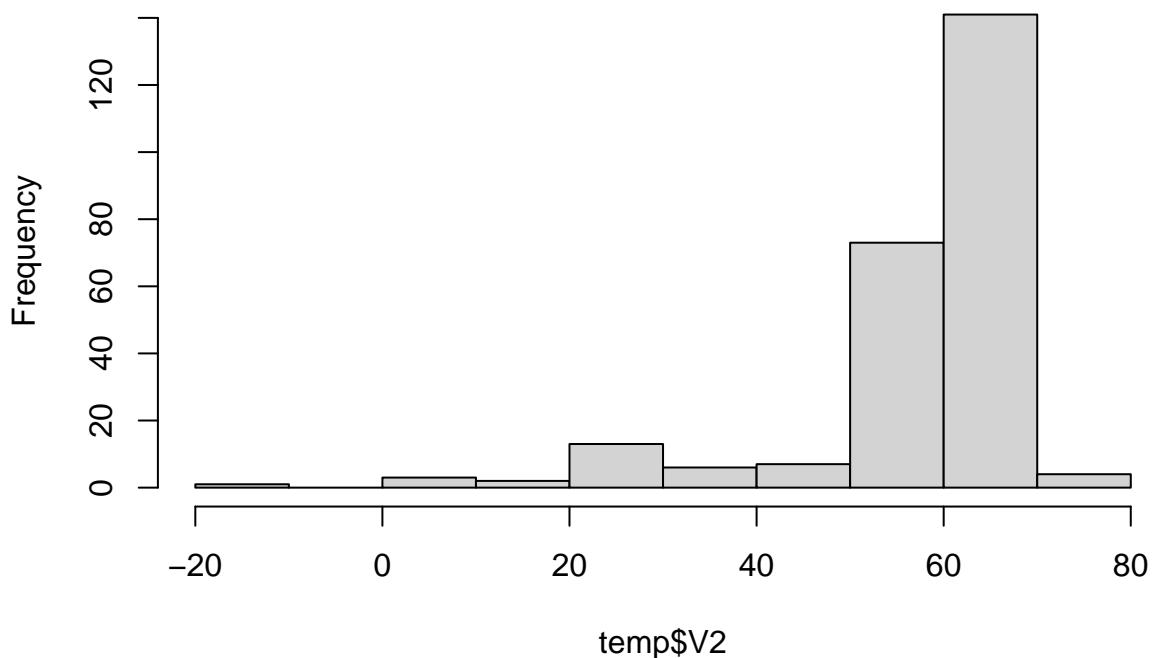
cut(V1, pretty(temp\$V1))

MMP_Percentage



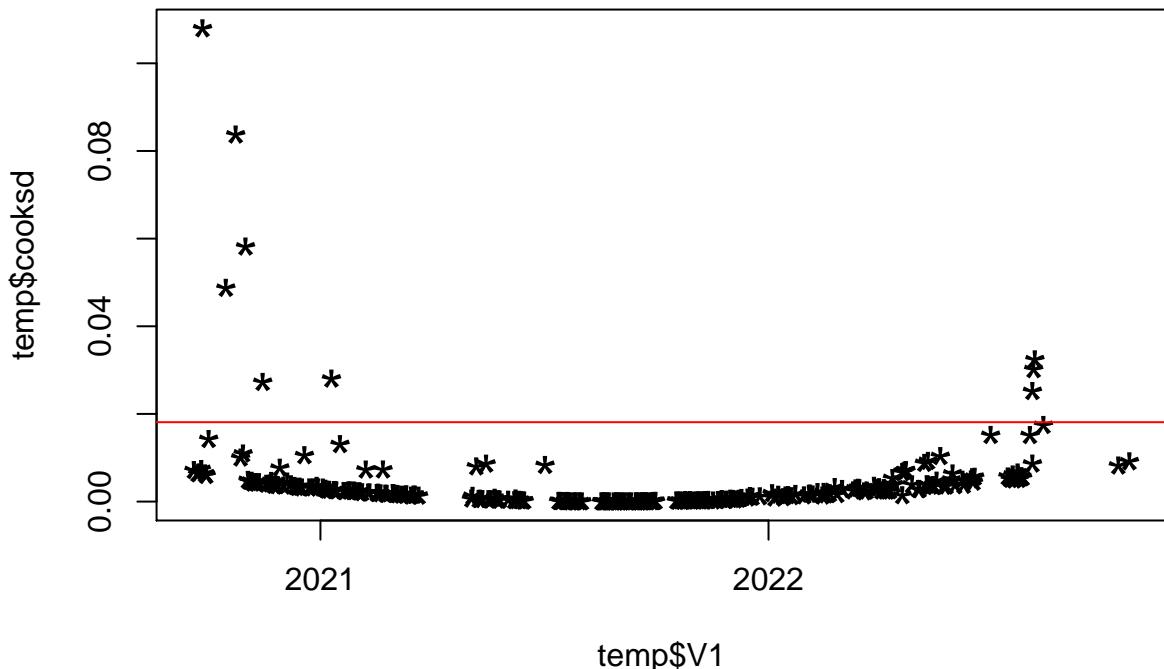
temp\$V1

Histogram of temp\$V2



temp\$V2

MMP_Percentage

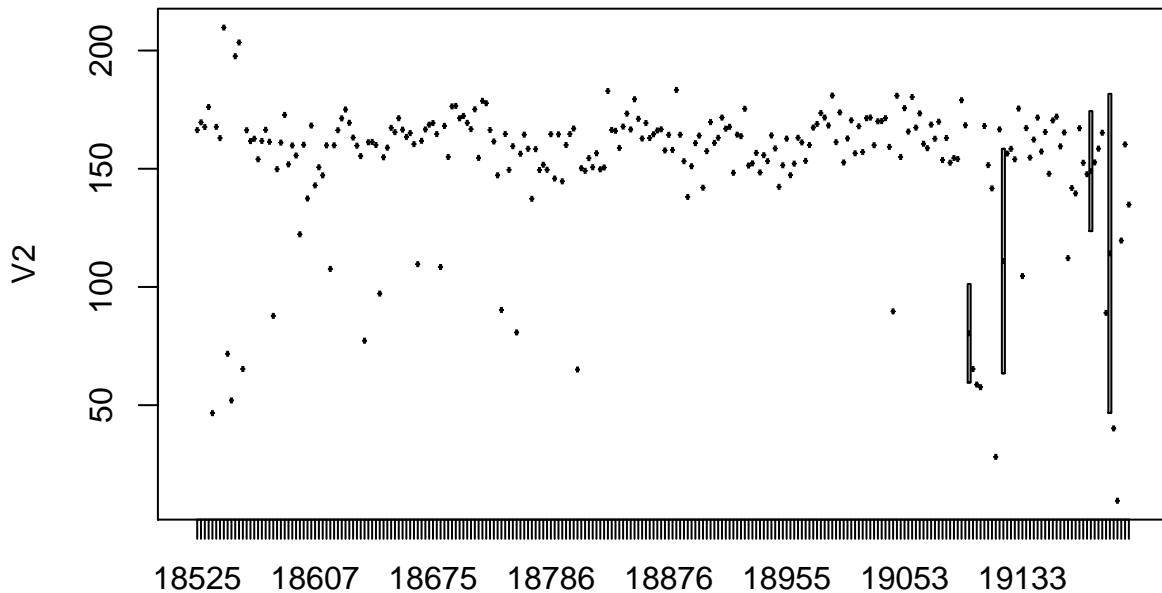


temp\$V1

Date	MMP_Percentage
2022-08-06	2.32
2022-08-05	8.586
2020-09-27	17.99
2022-08-04	18.14
2020-10-24	20.04
2020-11-01	24.82
2020-10-16	28.34
2021-01-10	29.32
2020-11-15	33.71

Sport class: Nonzero_Average_Power

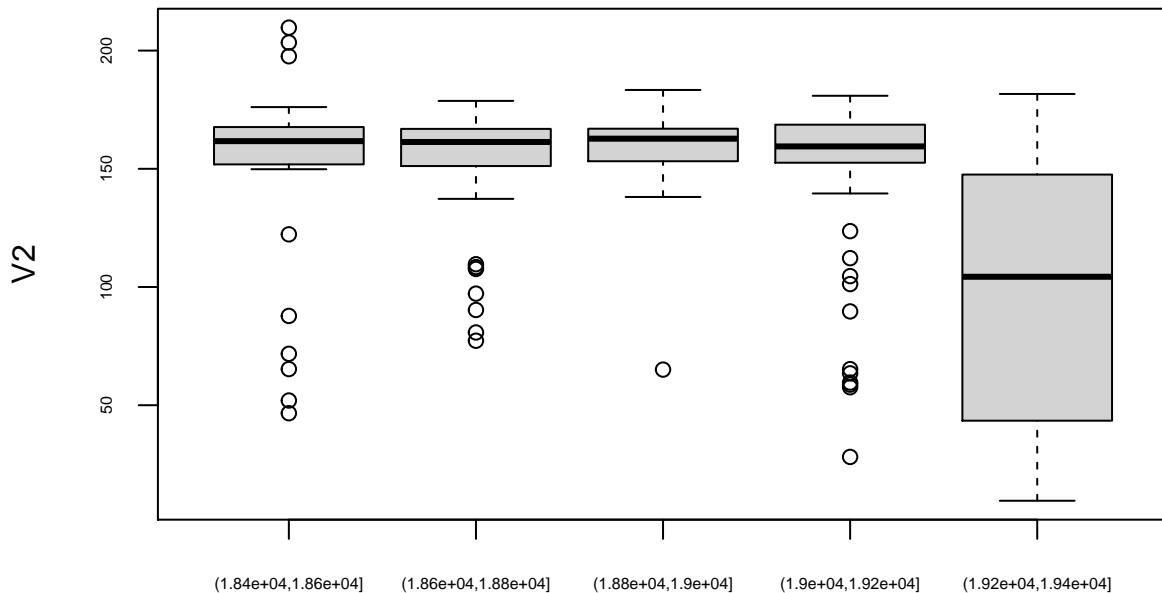
Nonzero_Average_Power



18525 18607 18675 18786 18876 18955 19053 19133

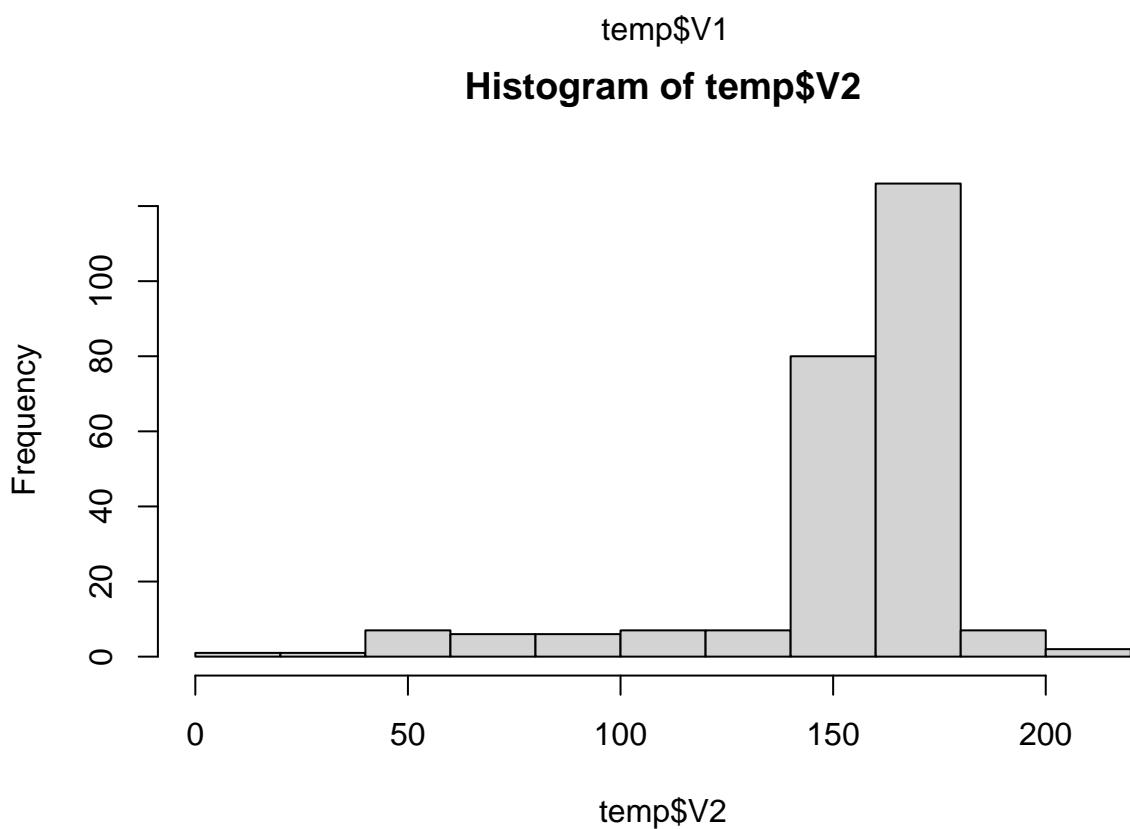
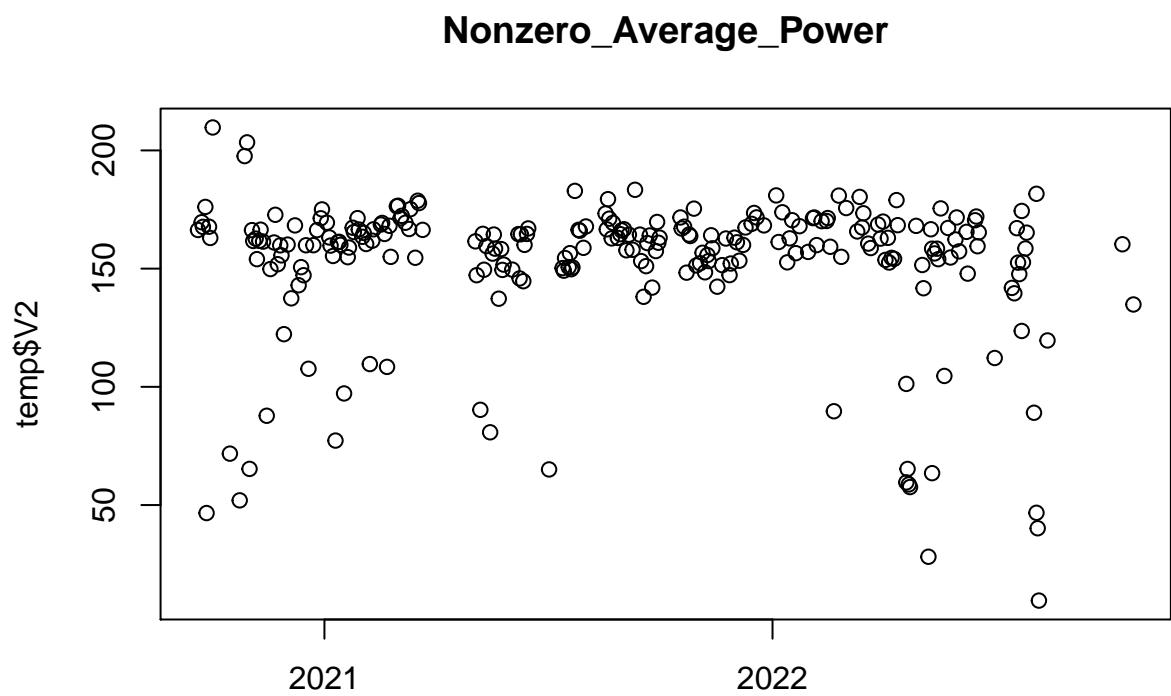
V1

Nonzero_Average_Power

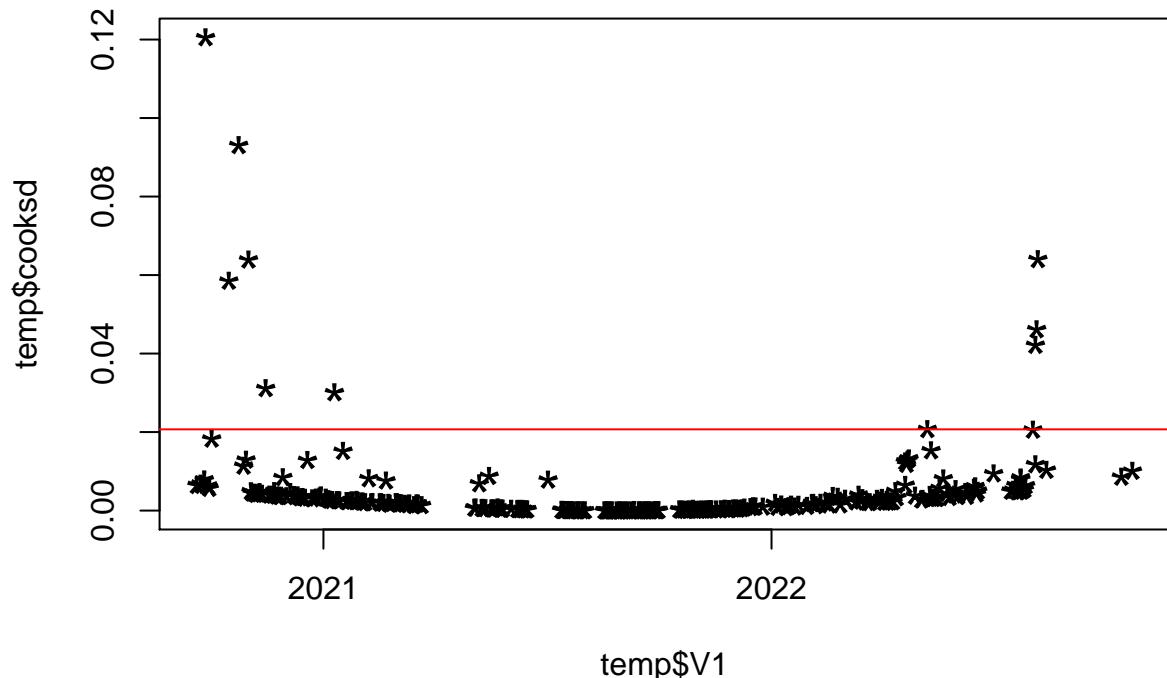


(1.84e+04,1.86e+04] (1.86e+04,1.88e+04] (1.88e+04,1.9e+04] (1.9e+04,1.92e+04] (1.92e+04,1.94e+04]

cut(V1, pretty(temp\$V1))



Nonzero_Average_Power

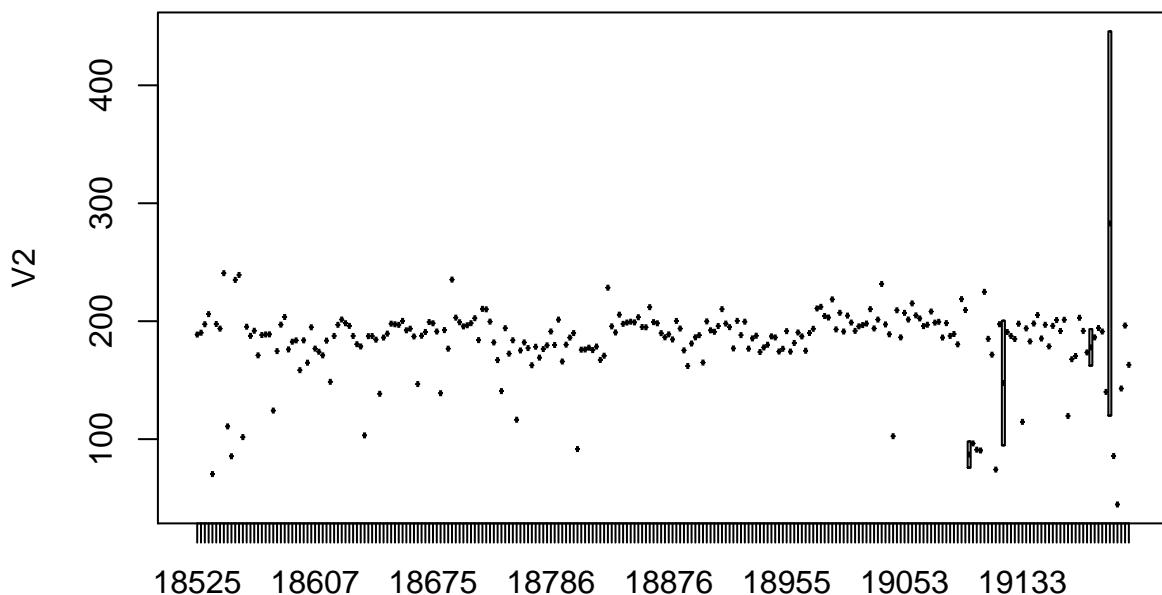


temp\$V1

Date	Nonzero_Average_Power
2022-08-06	9.592
2022-05-08	28.13
2022-08-05	40.18
2020-09-27	46.61
2022-08-04	46.73
2020-10-24	51.98
2020-11-01	65.29
2020-10-16	71.74
2021-01-10	77.27
2020-11-15	87.77

Sport class: NP

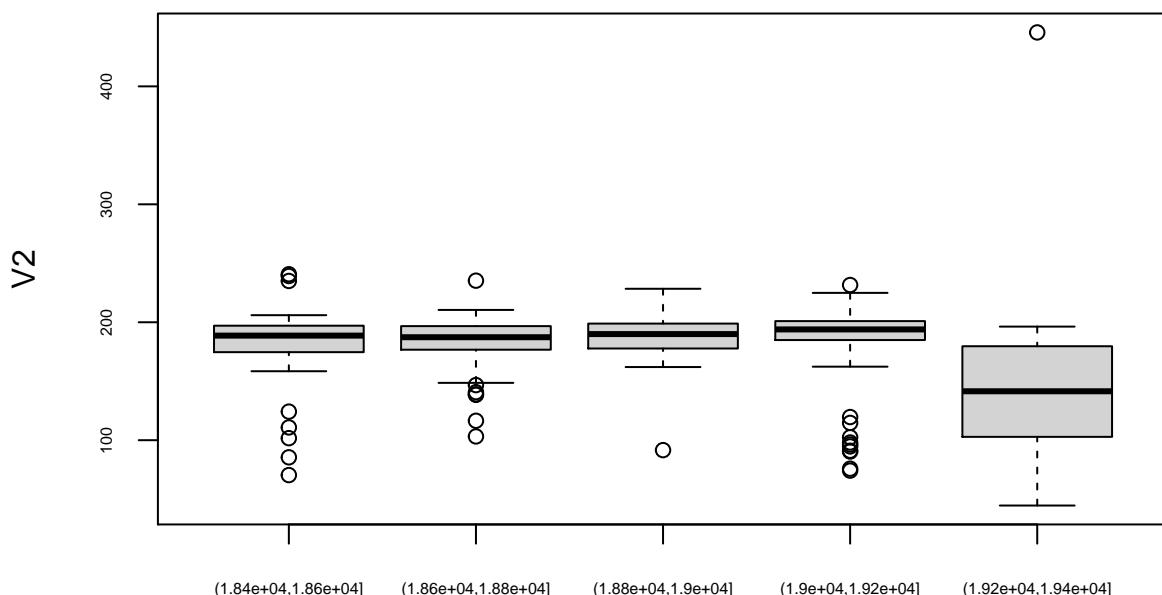
NP



18525 18607 18675 18786 18876 18955 19053 19133

V1

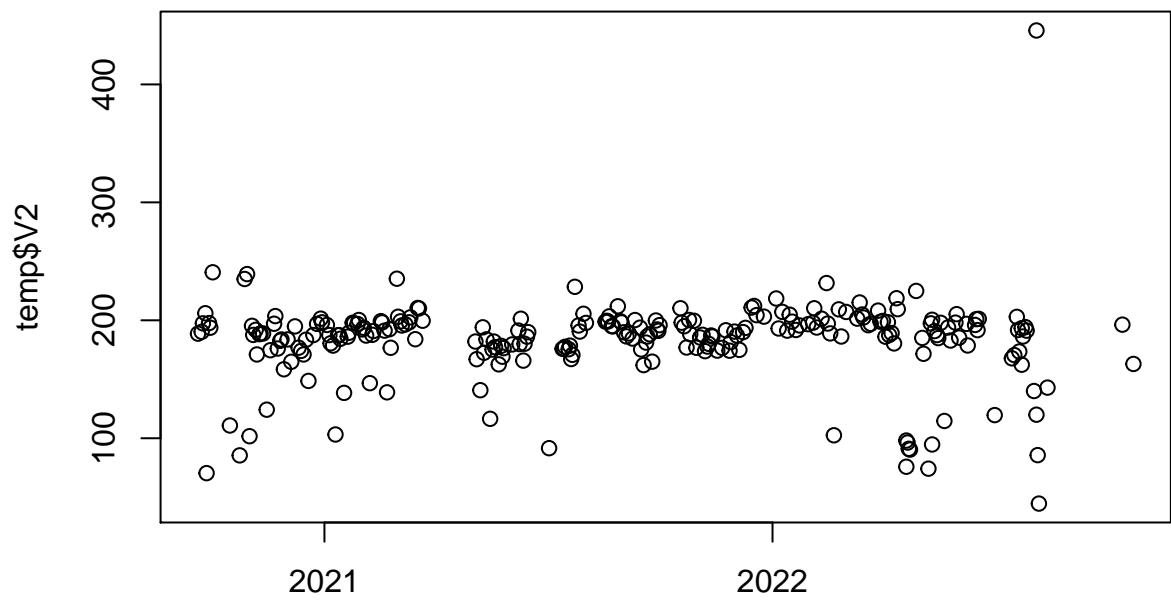
NP



(1.84e+04, 1.86e+04] (1.86e+04, 1.88e+04] (1.88e+04, 1.9e+04] (1.9e+04, 1.92e+04] (1.92e+04, 1.94e+04]

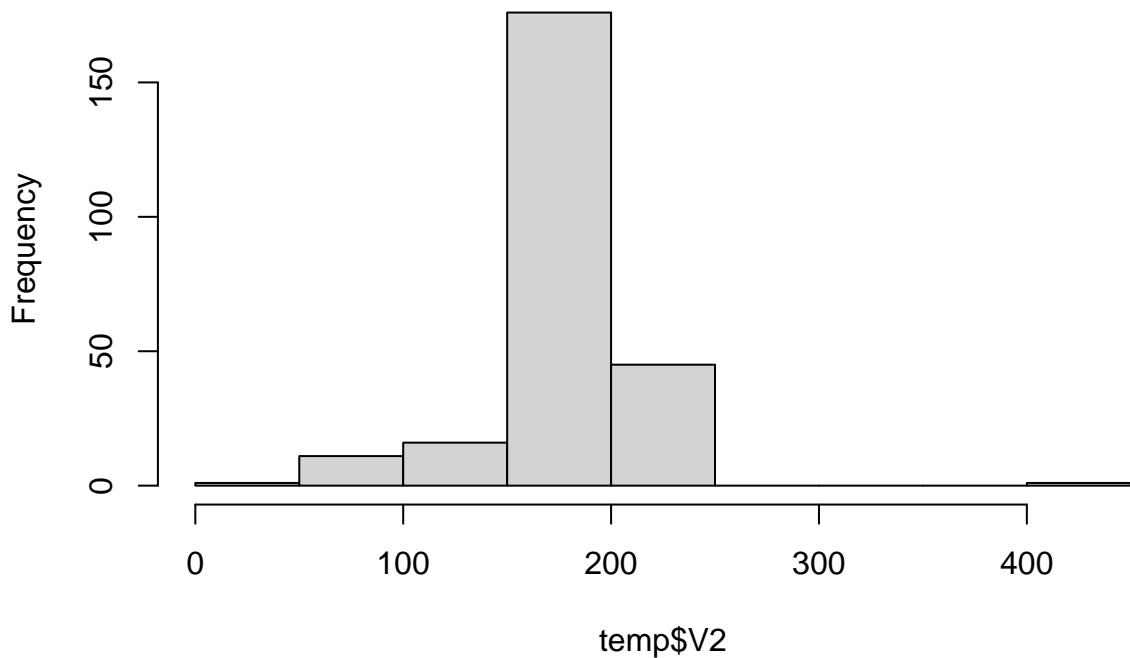
`cut(V1, pretty(temp$V1))`

NP

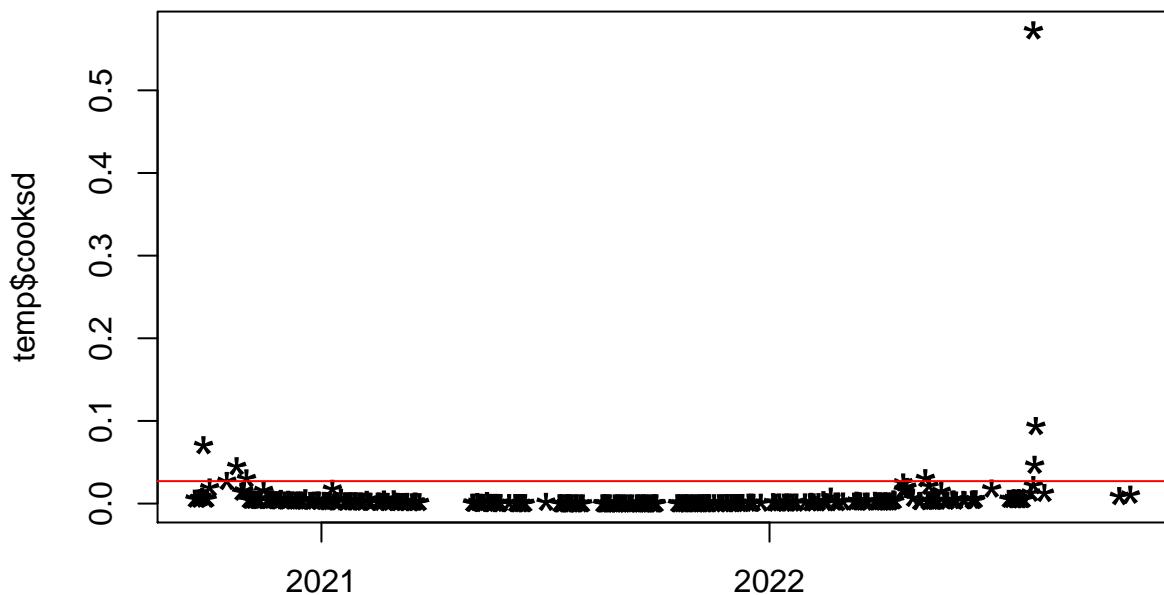


`temp$V1`

Histogram of `temp$V2`



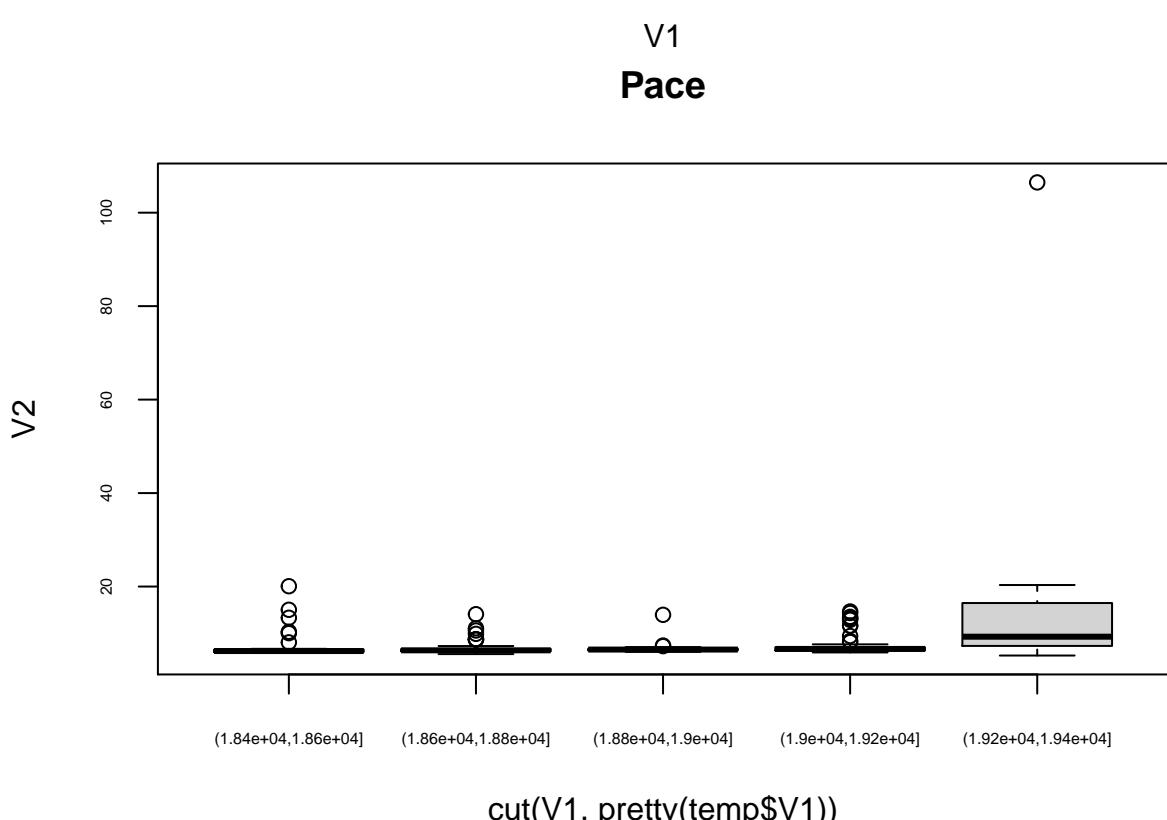
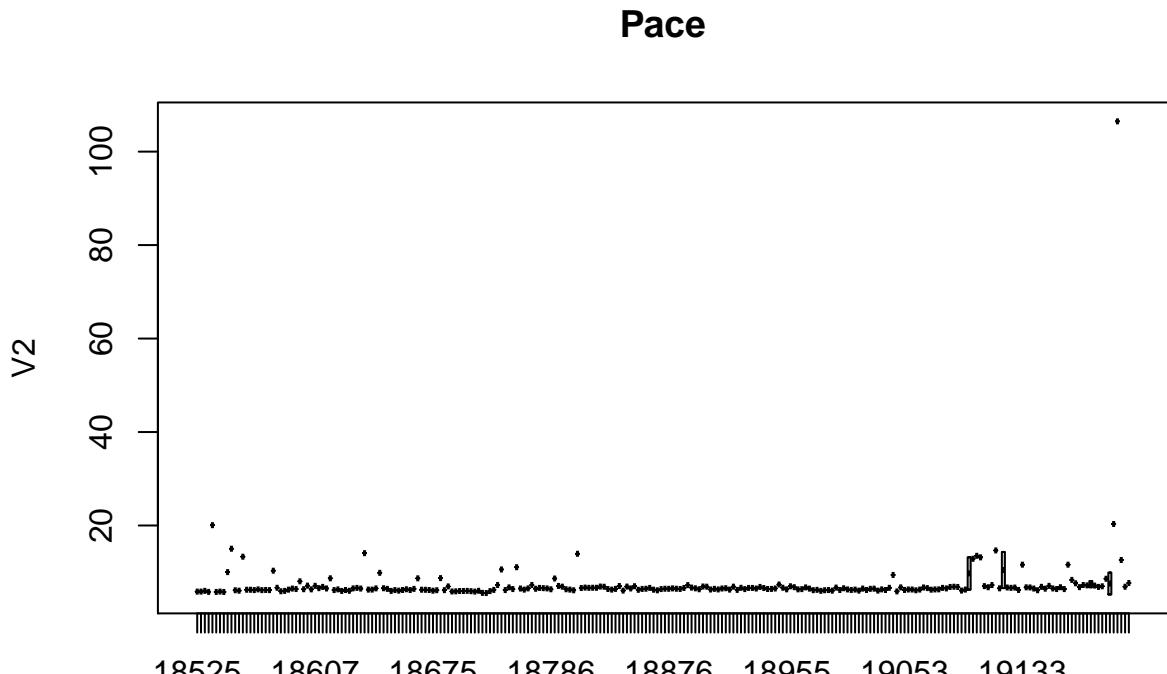
NP

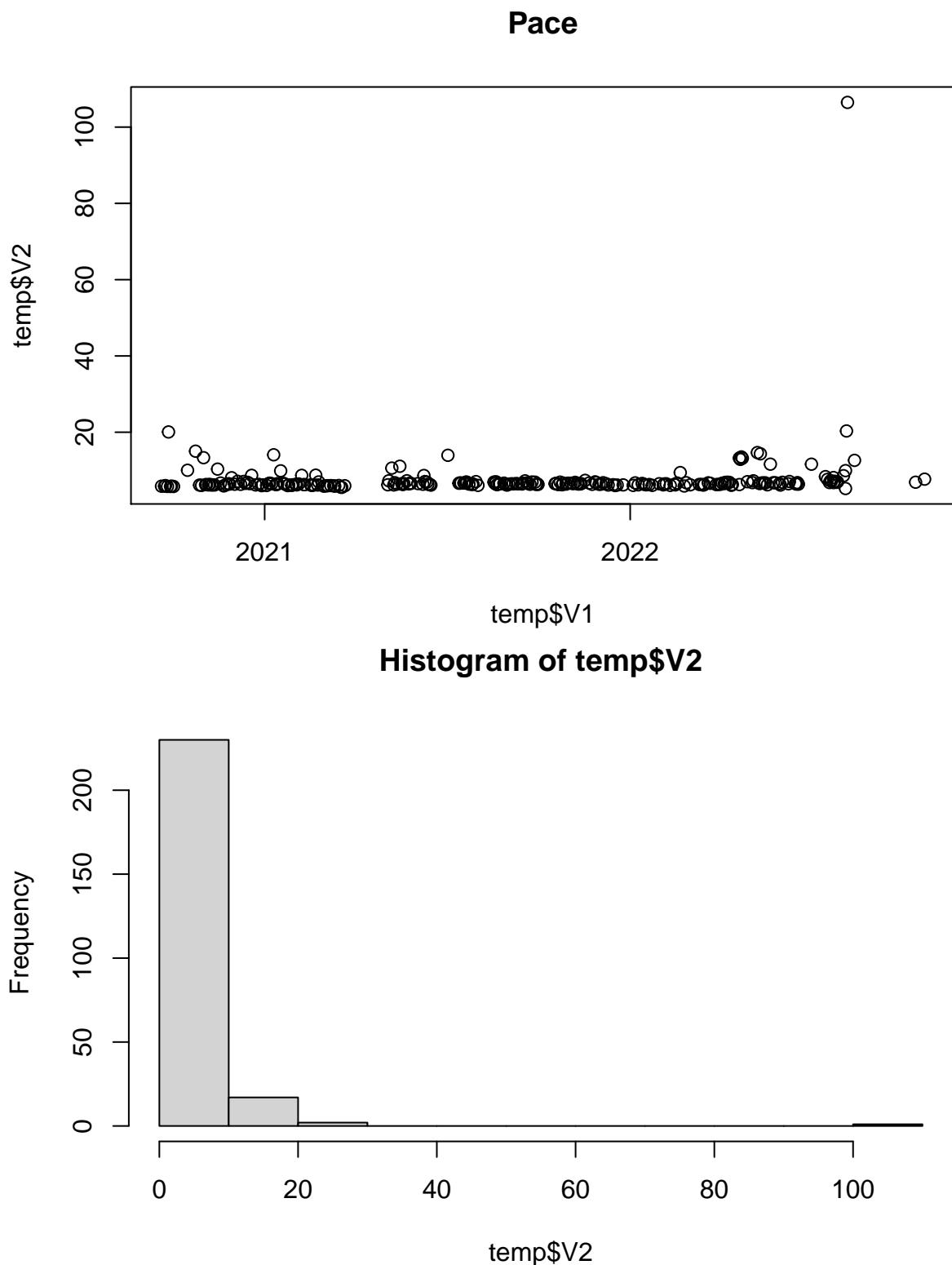


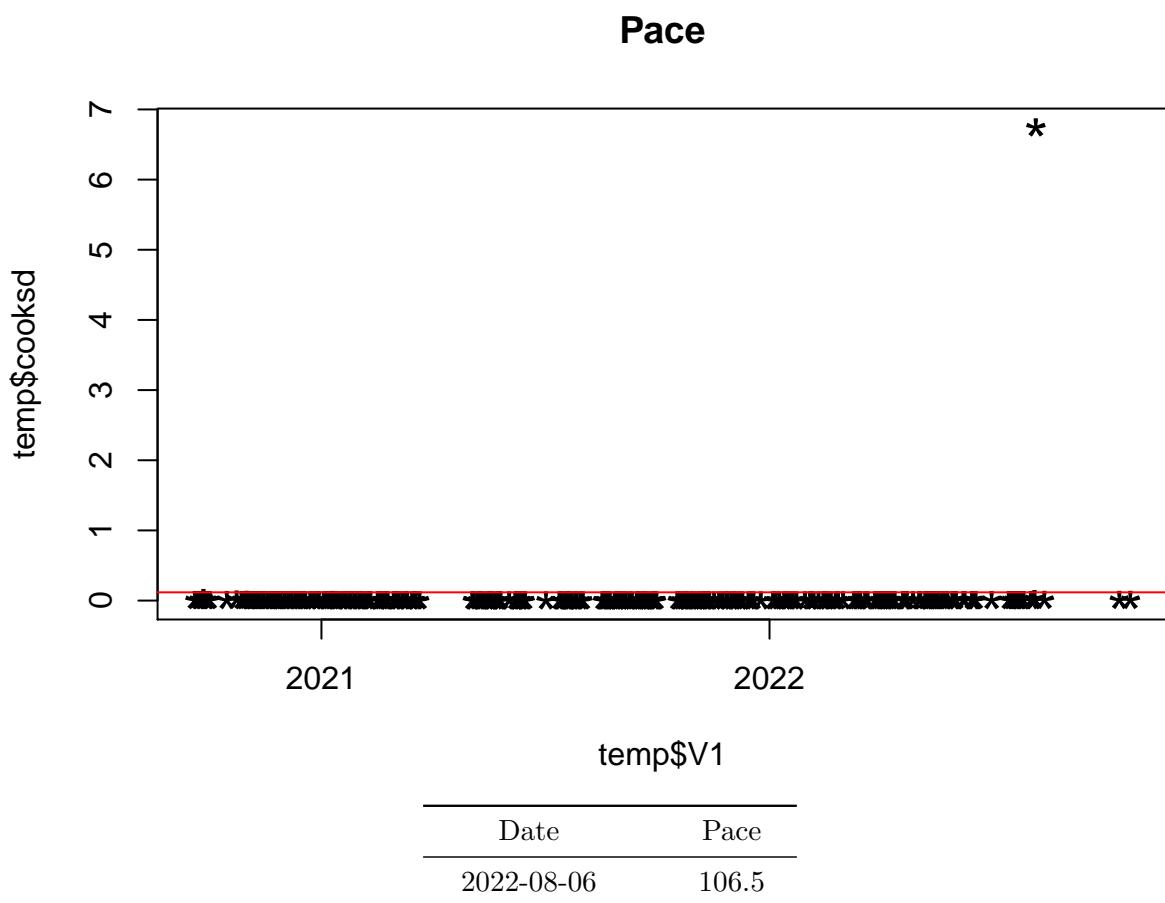
`temp$V1`

Date	NP
2022-08-06	44.6
2020-09-27	70.41
2022-05-08	74.2
2020-10-24	85.47
2022-08-05	85.68
2020-11-01	101.7
2020-10-16	110.8
2022-08-04	445.7

Sport class: Pace

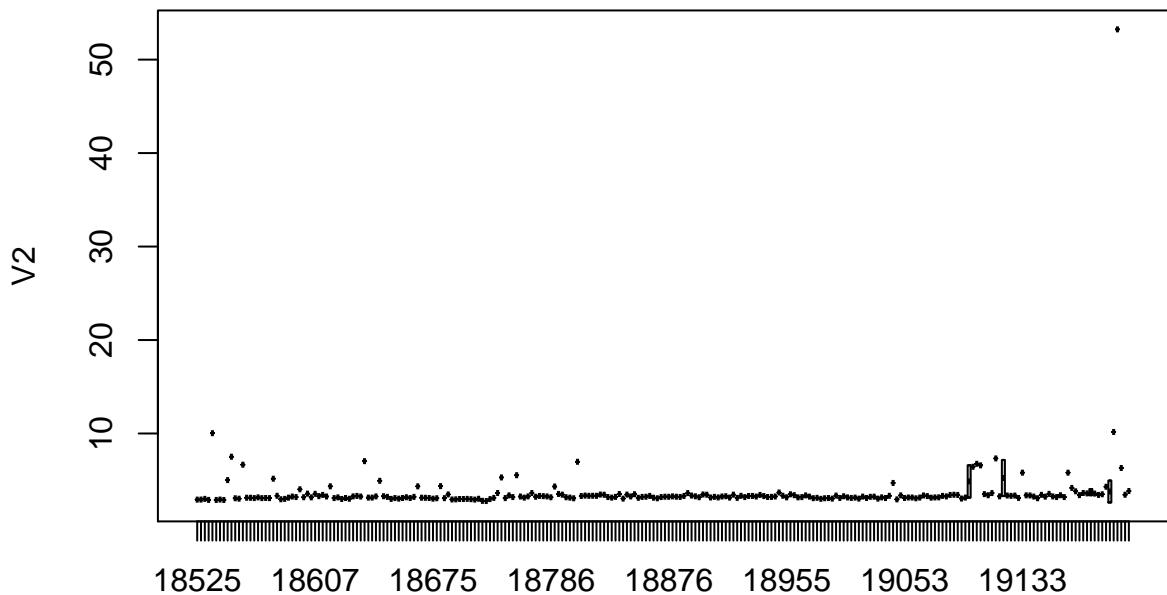




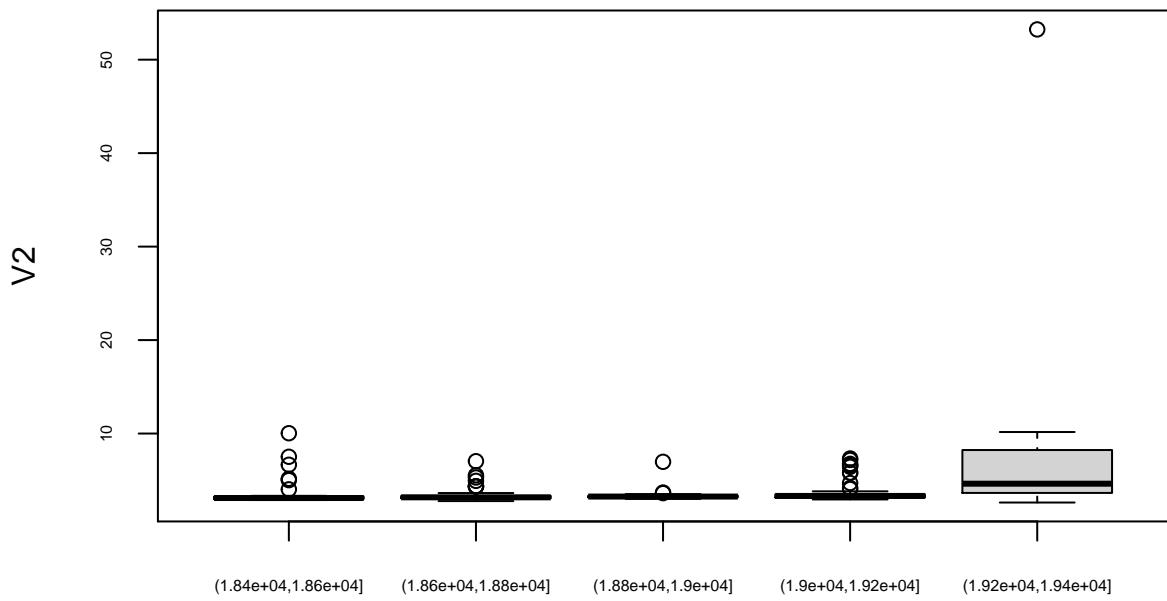


Sport class: Pace_Row

Pace_Row

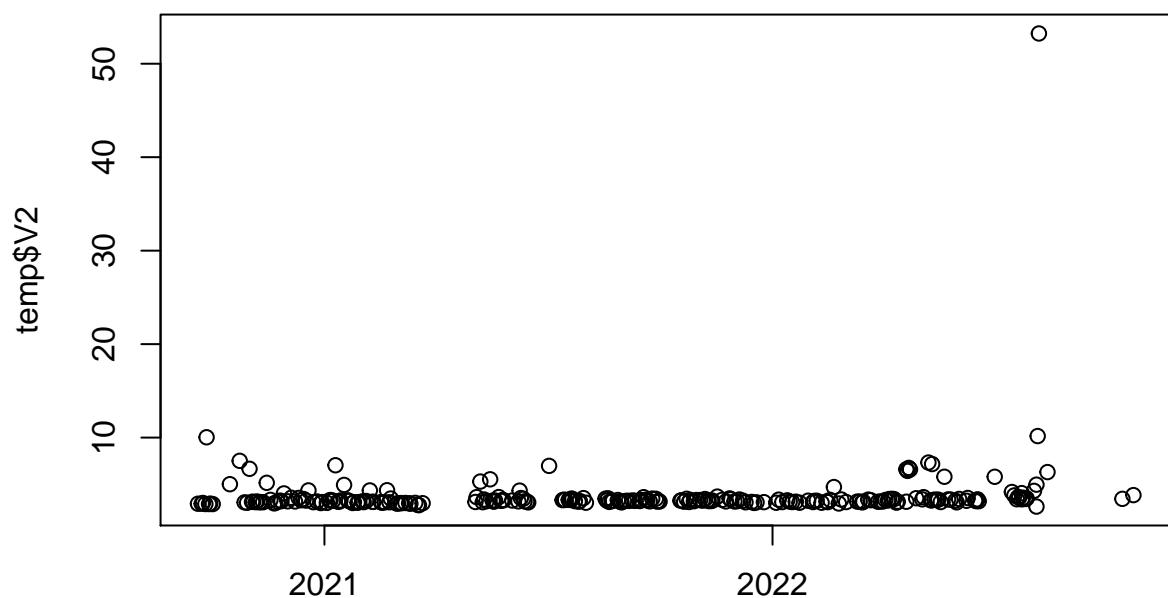


V1 Pace_Row



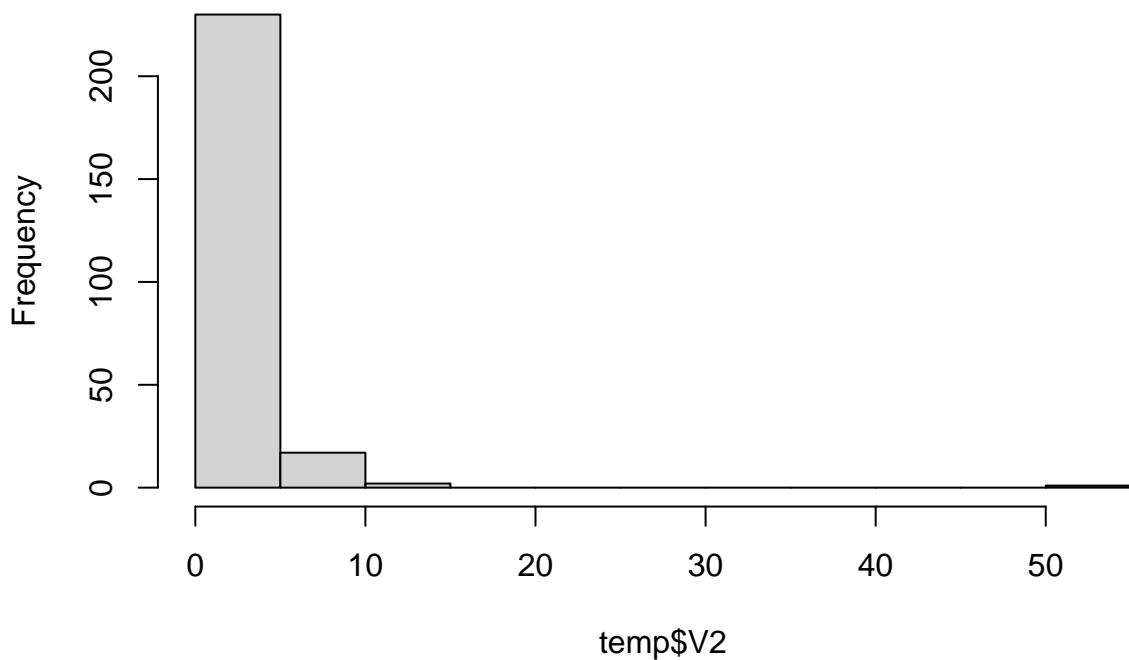
`cut(V1, pretty(temp$V1))`

Pace_Row

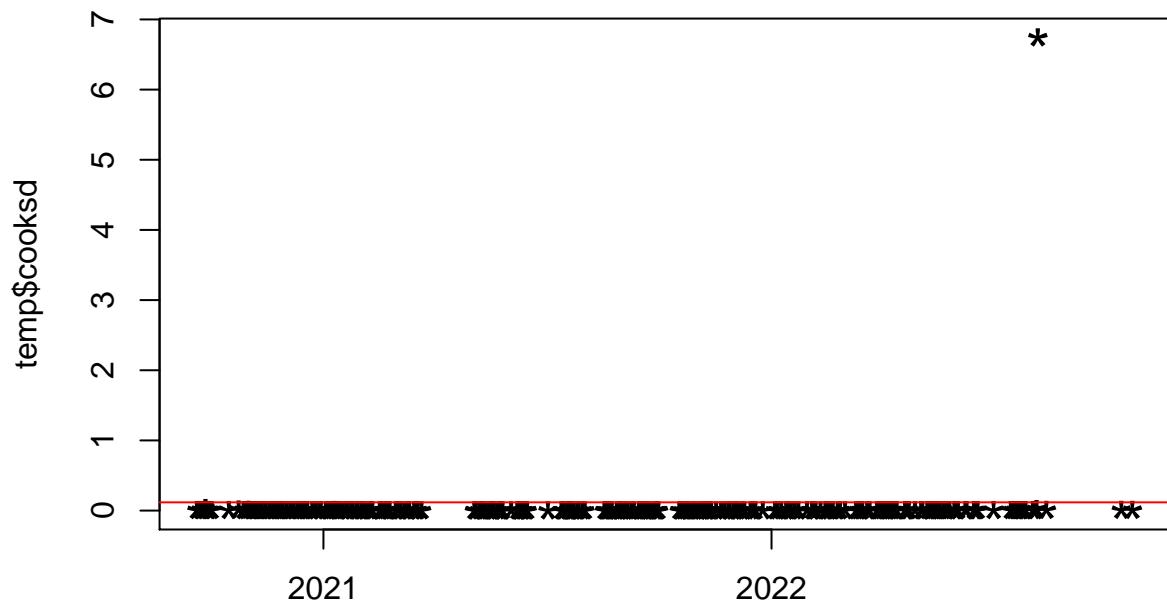


temp\$V1

Histogram of temp\$V2



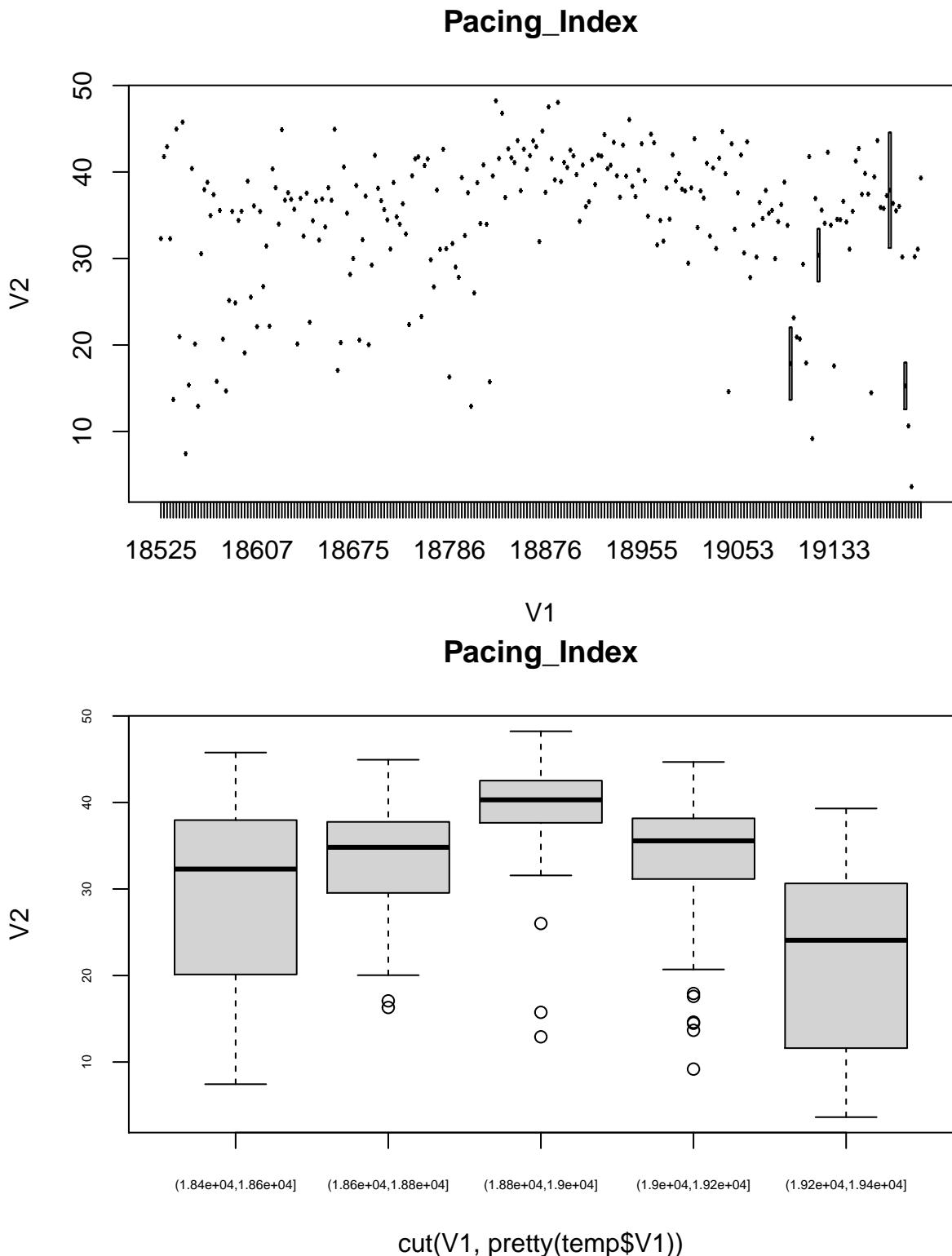
Pace_Row



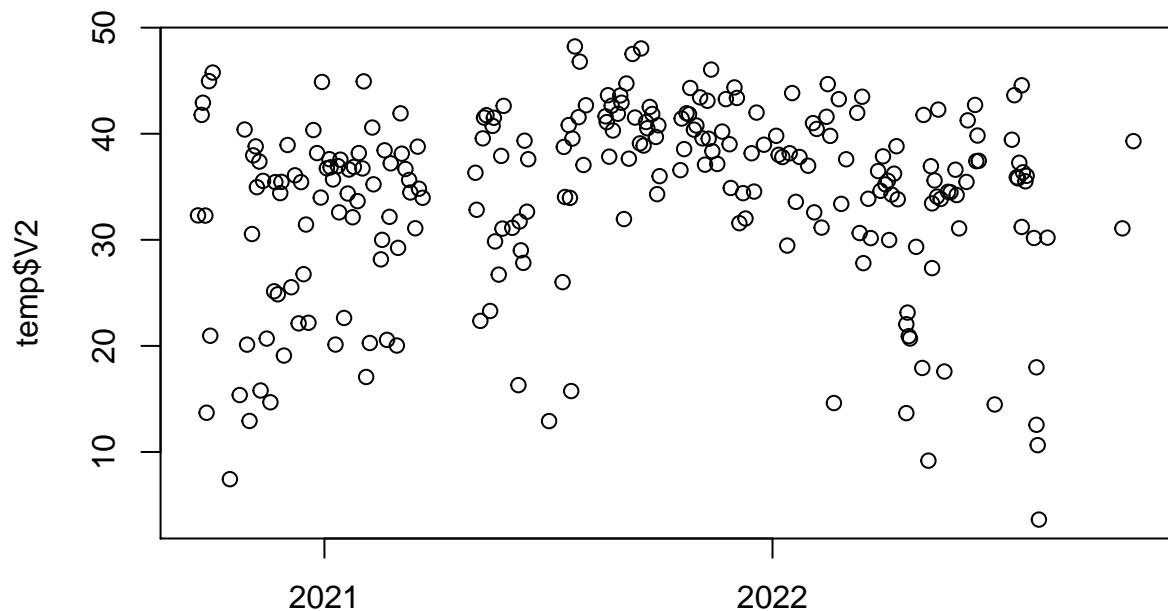
temp\$V1

Date	Pace_Row
2022-08-06	53.23

Sport class: Pacing_Index

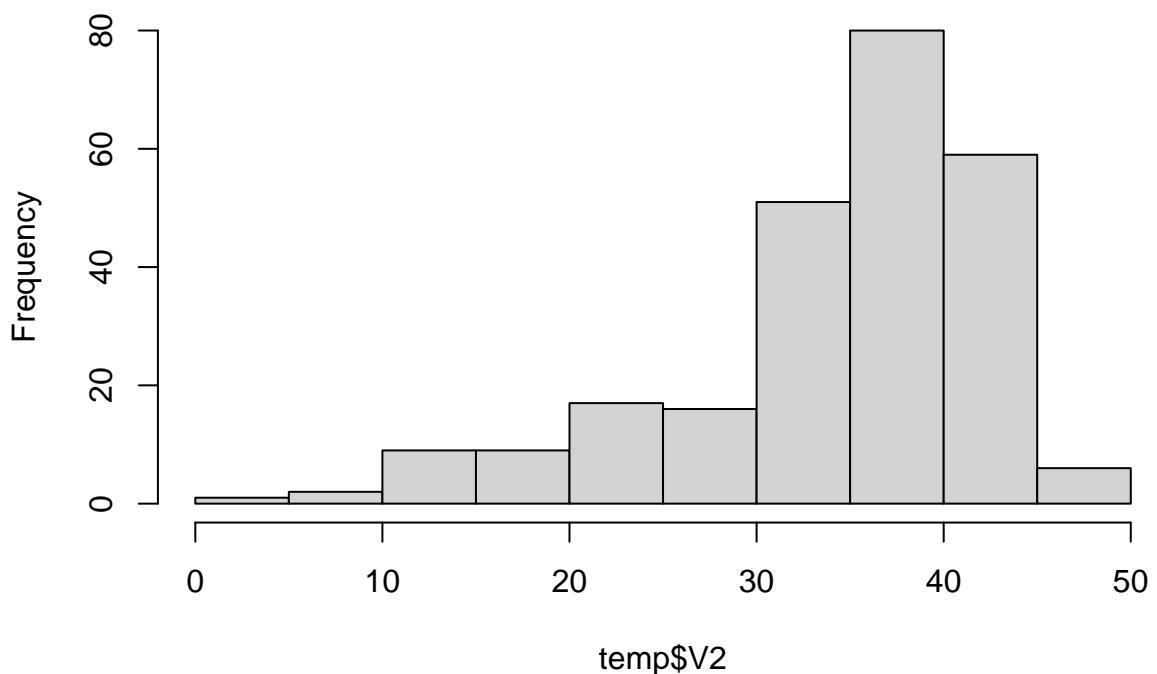


Pacing_Index

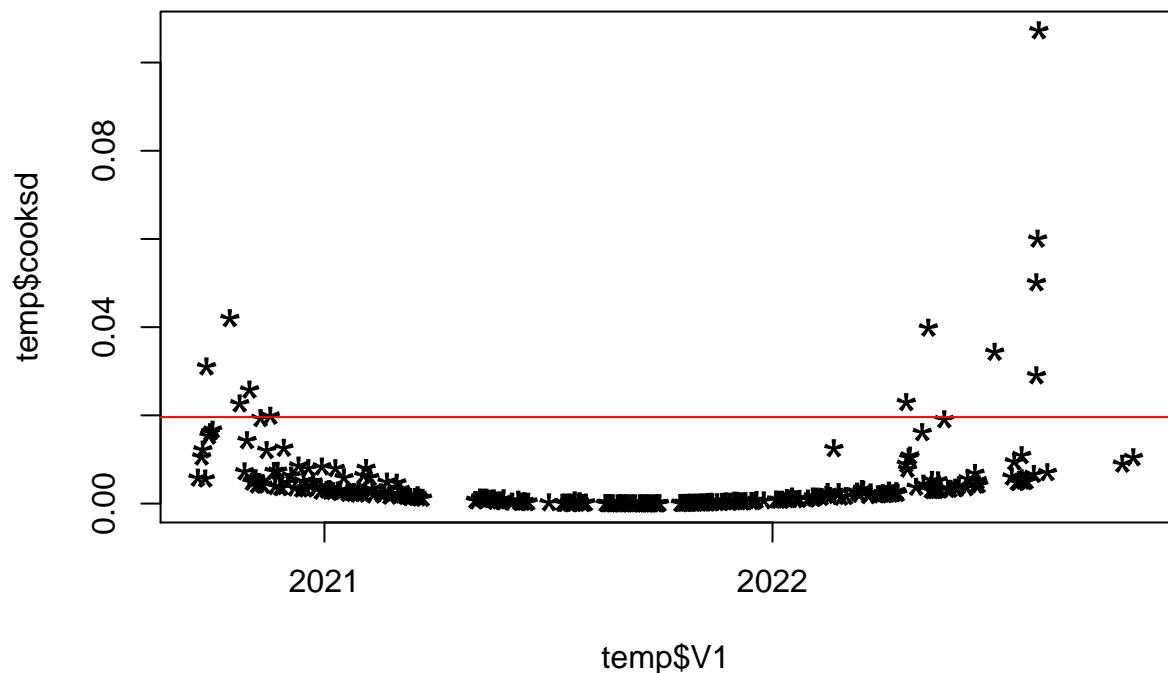


temp\$V1

Histogram of temp\$V2



Pacing_Index

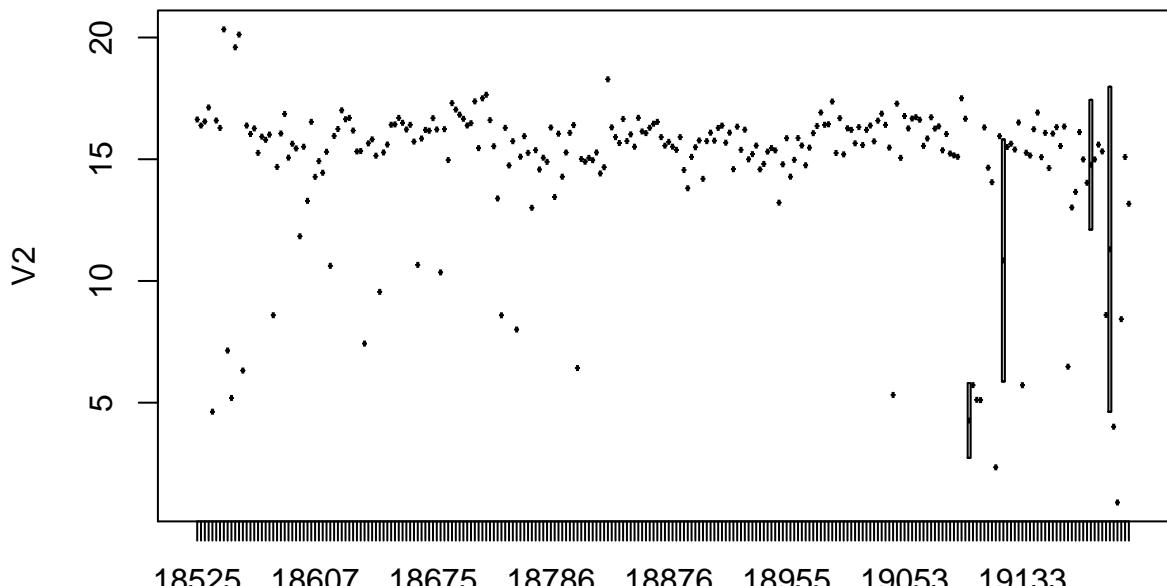


temp\$V1

Date	Pacing_Index
2022-08-06	3.628
2020-10-16	7.438
2022-05-08	9.182
2022-08-05	10.64
2022-08-04	12.56
2020-11-01	12.93
2022-04-20	13.66
2020-09-27	13.7
2022-07-01	14.48
2020-11-18	14.68
2020-10-24	15.37
2022-08-04	17.98

Sport class: Power_Percent_of_Max

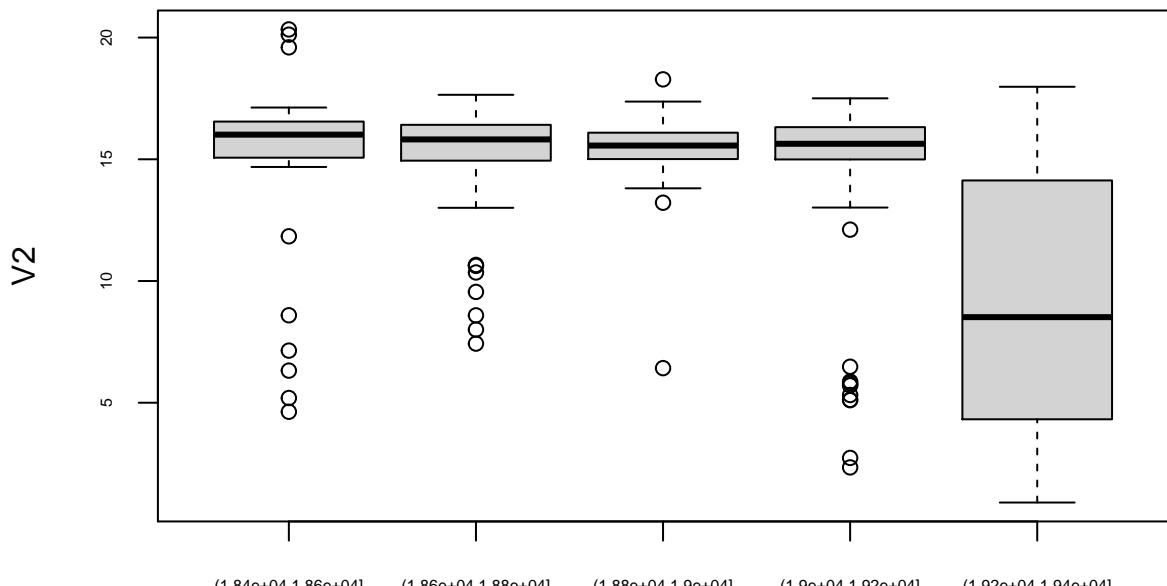
Power_Percent_of_Max



18525 18607 18675 18786 18876 18955 19053 19133

V1

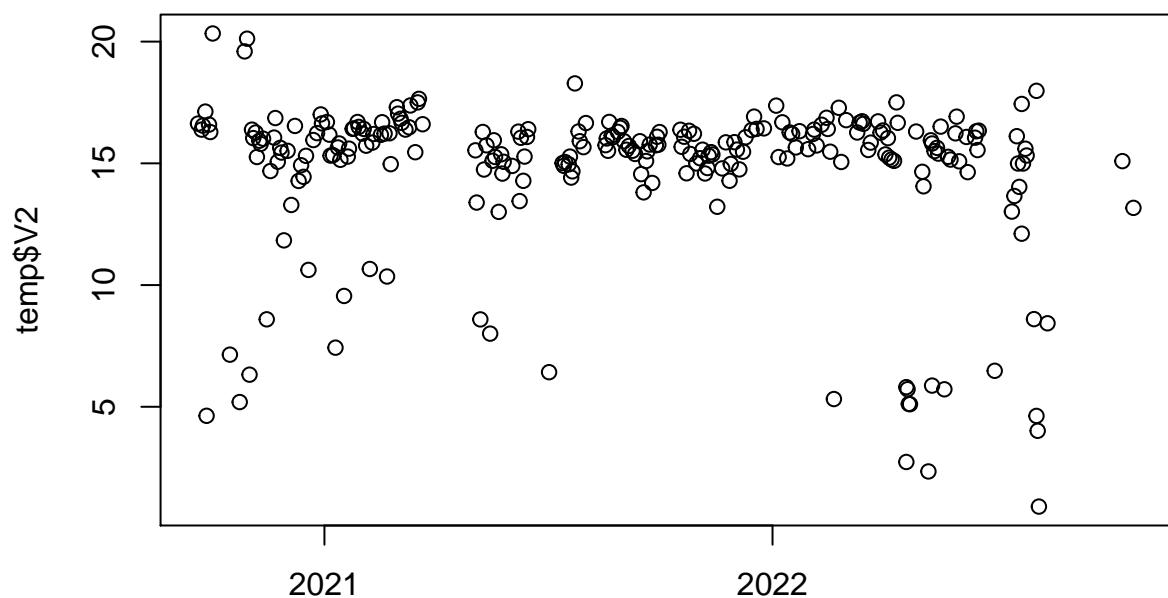
Power_Percent_of_Max



(1.84e+04,1.86e+04] (1.86e+04,1.88e+04] (1.88e+04,1.9e+04] (1.9e+04,1.92e+04] (1.92e+04,1.94e+04]

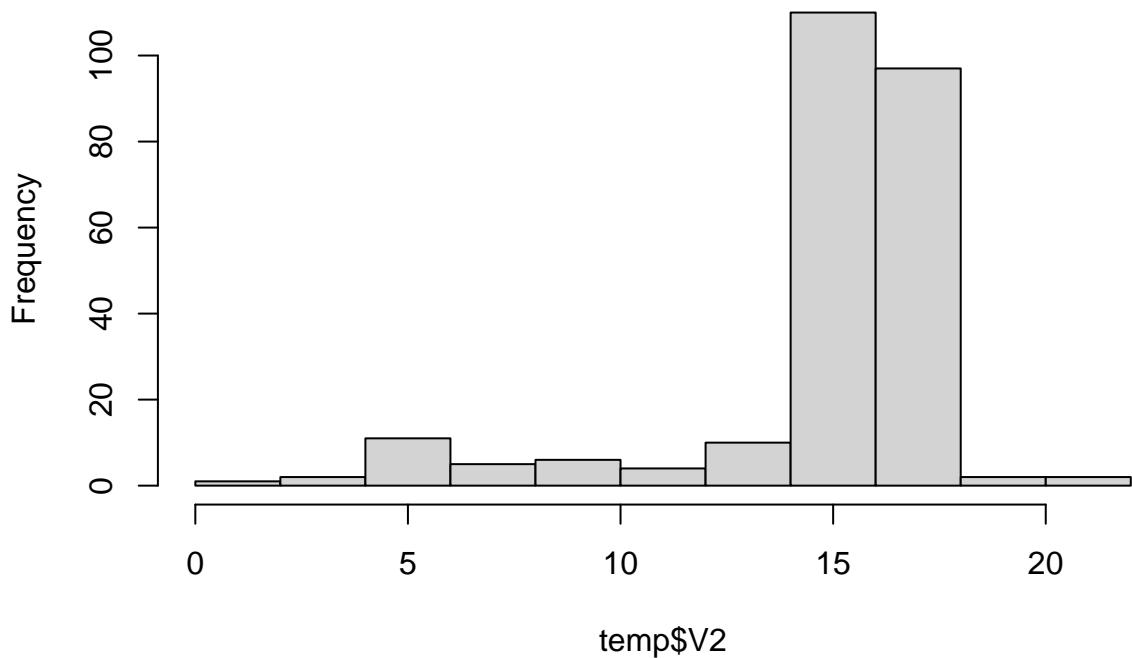
`cut(V1, pretty(temp$V1))`

Power_Percent_of_Max

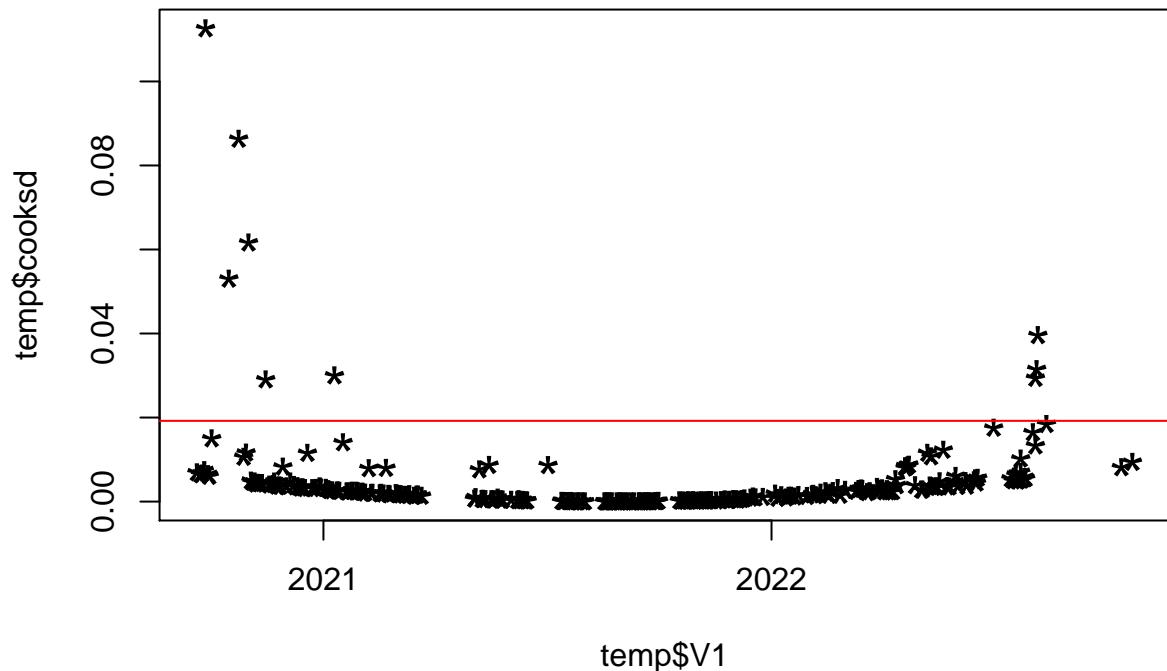


temp\$V1

Histogram of temp\$V2



Power_Percent_of_Max

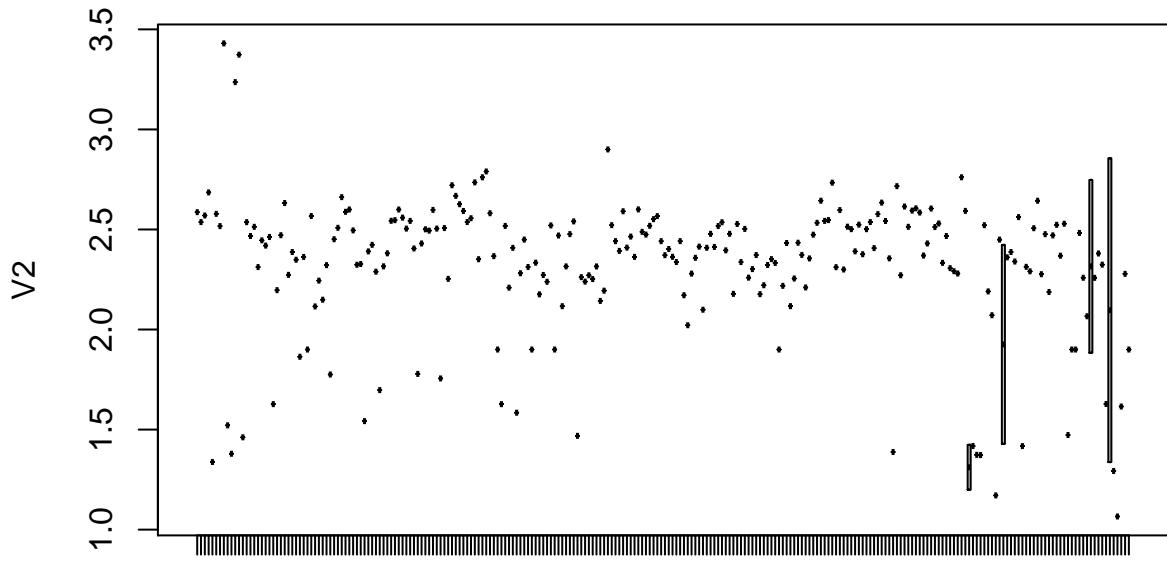


`temp$V1`

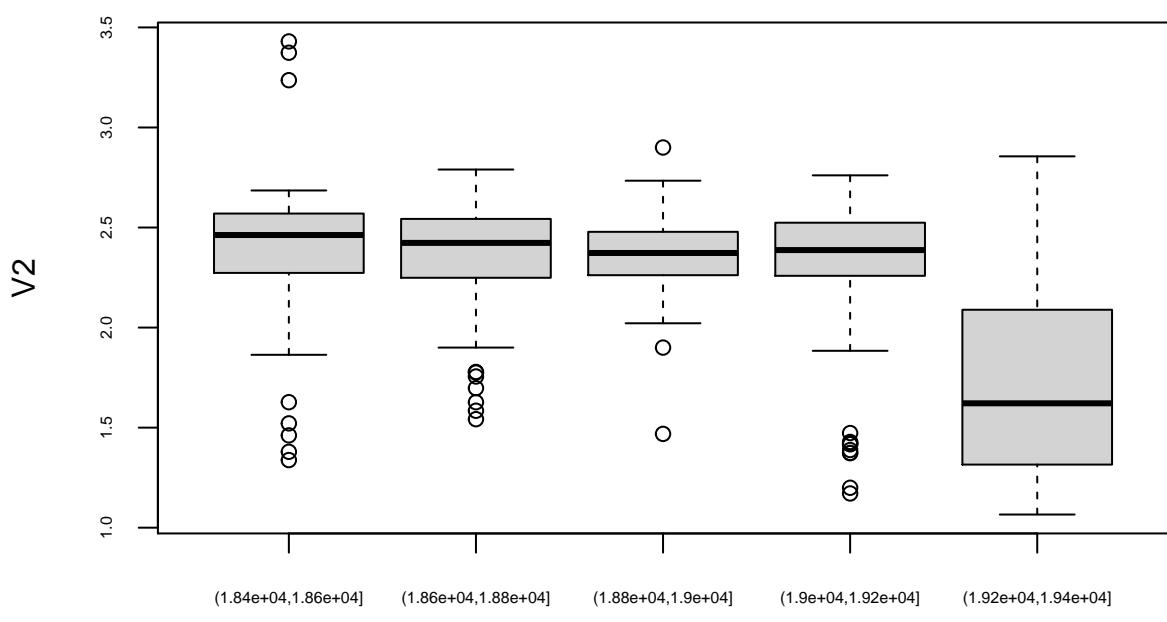
Date	Power_Percent_of_Max
2022-08-06	0.9013
2022-08-05	4.014
2022-08-04	4.625
2020-09-27	4.63
2020-10-24	5.195
2020-11-01	6.32
2020-10-16	7.141
2021-01-10	7.428
2020-11-15	8.592

Sport class: Power_Zone

Power_Zone

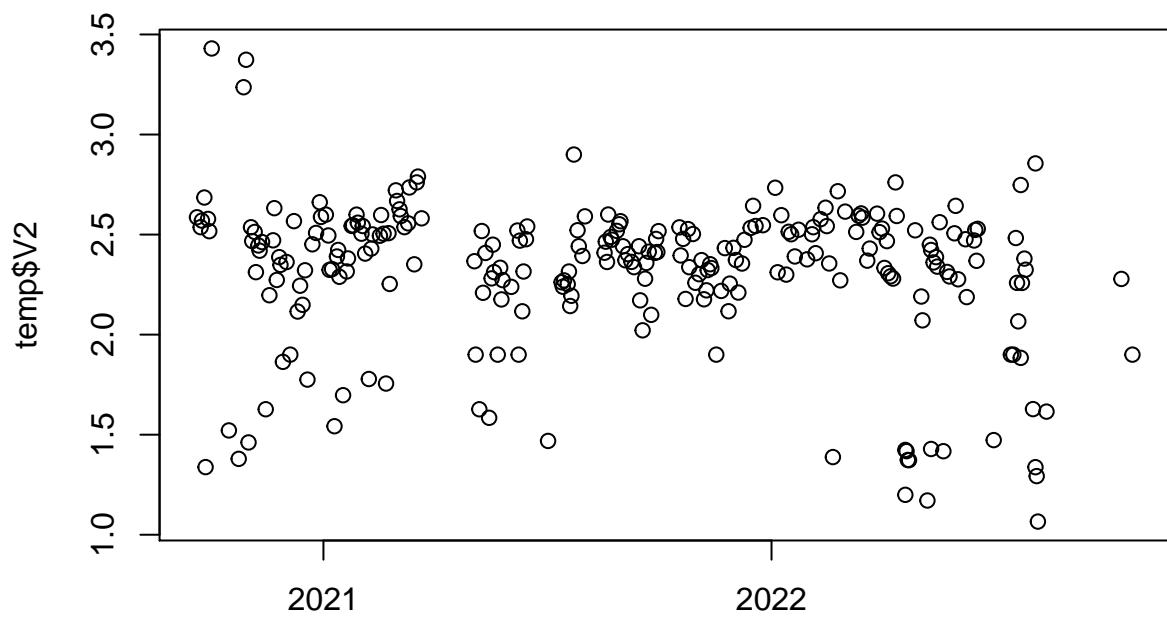


Power_Zone



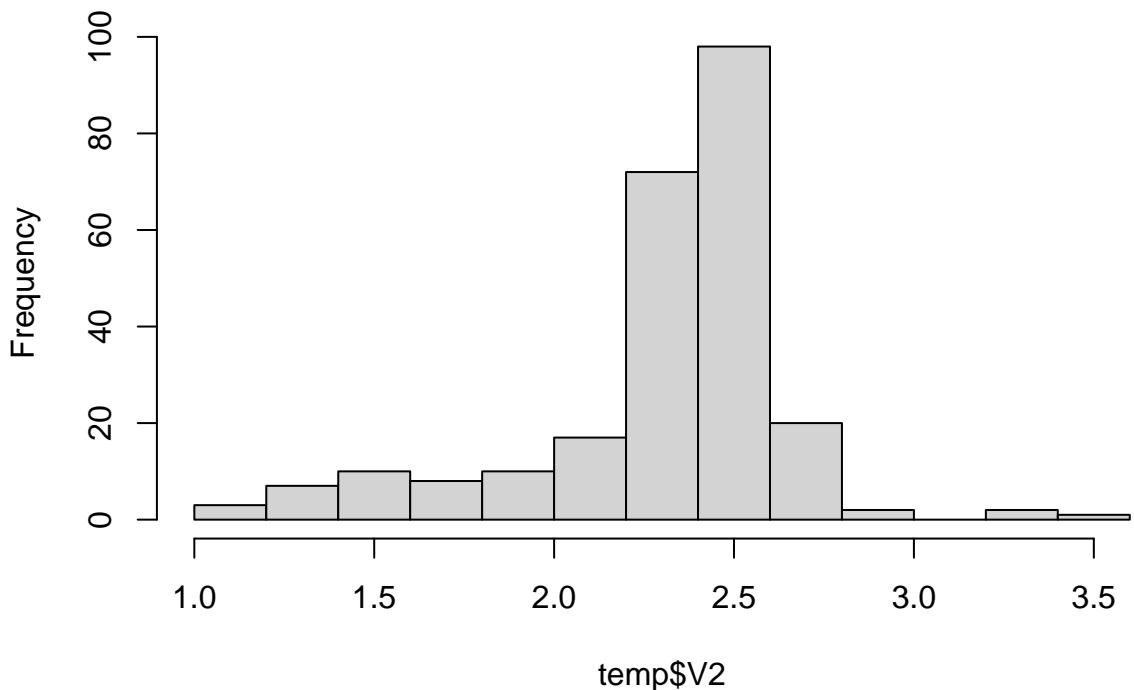
`cut(V1, pretty(temp$V1))`

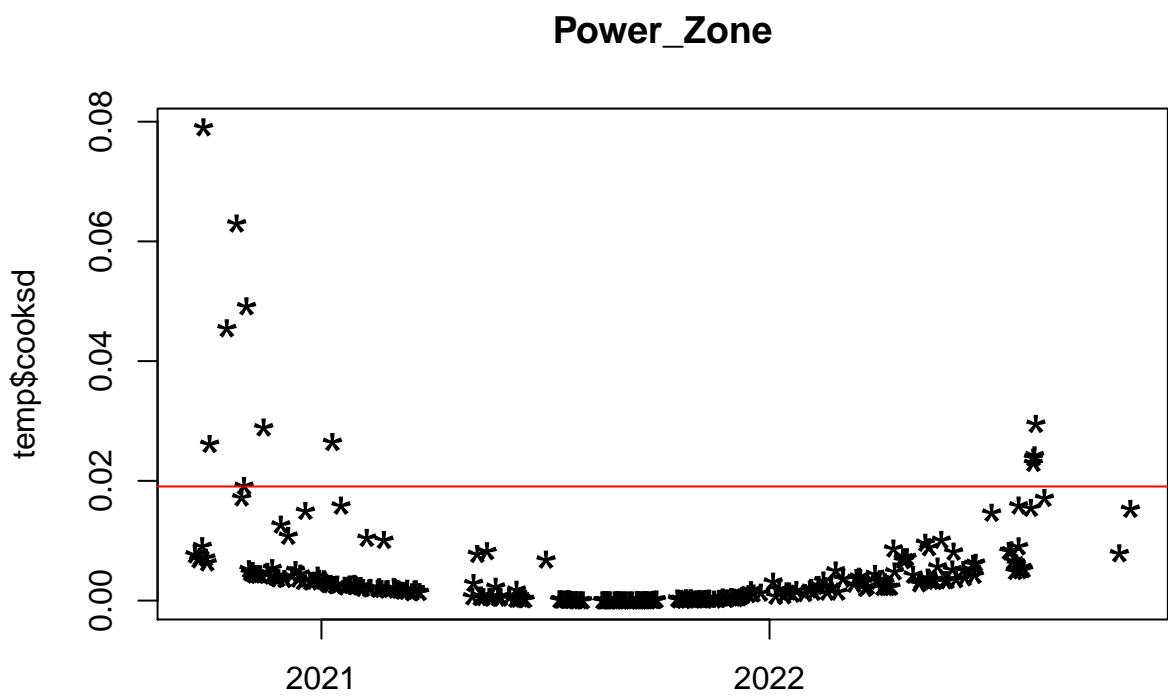
Power_Zone



`temp$V1`

Histogram of `temp$V2`



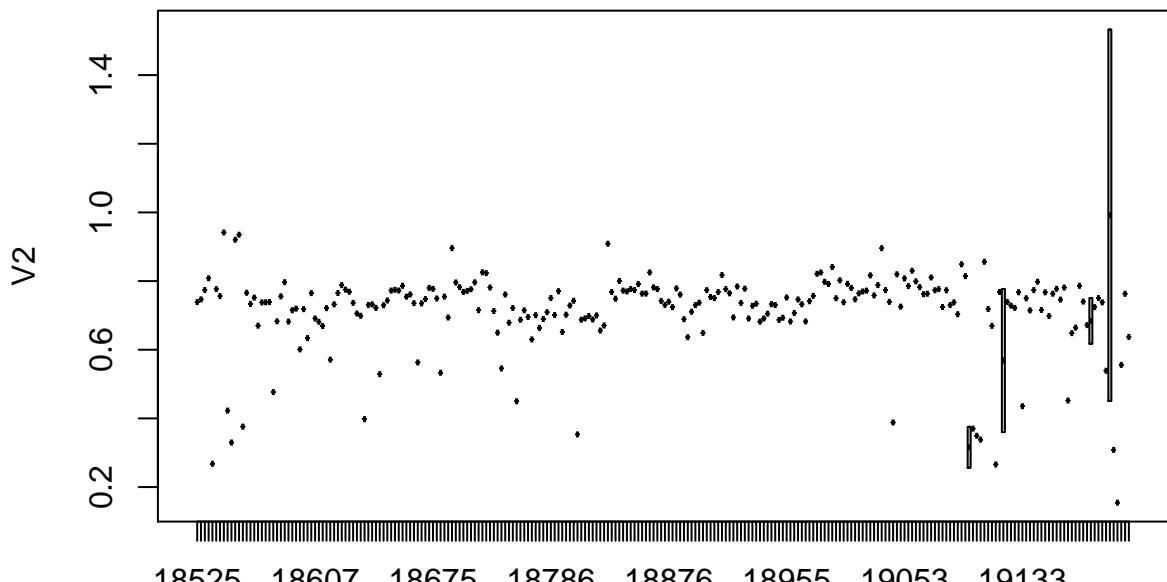


temp\$V1

Date	Power_Zone
2022-08-06	1.066
2022-08-05	1.293
2022-08-04	1.338
2020-09-27	1.338
2020-10-24	1.379
2020-11-01	1.461
2020-10-16	1.521
2021-01-10	1.542
2020-11-15	1.627
2022-08-04	2.856
2020-10-30	3.374
2020-10-02	3.43

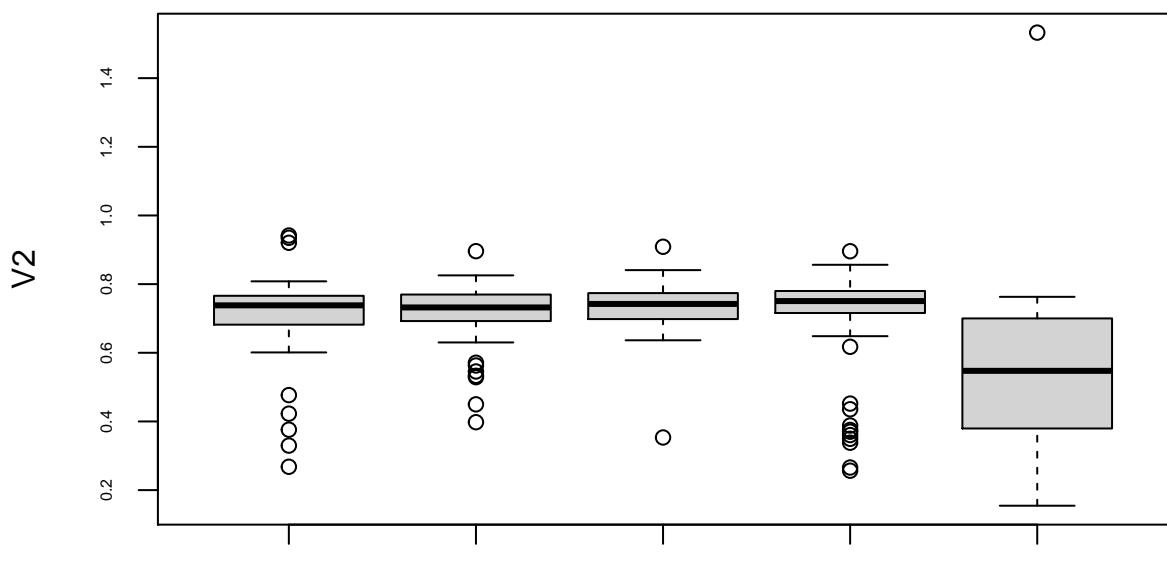
Sport class: Relative_Intensity

Relative_Intensity



18525 18607 18675 18786 18876 18955 19053 19133

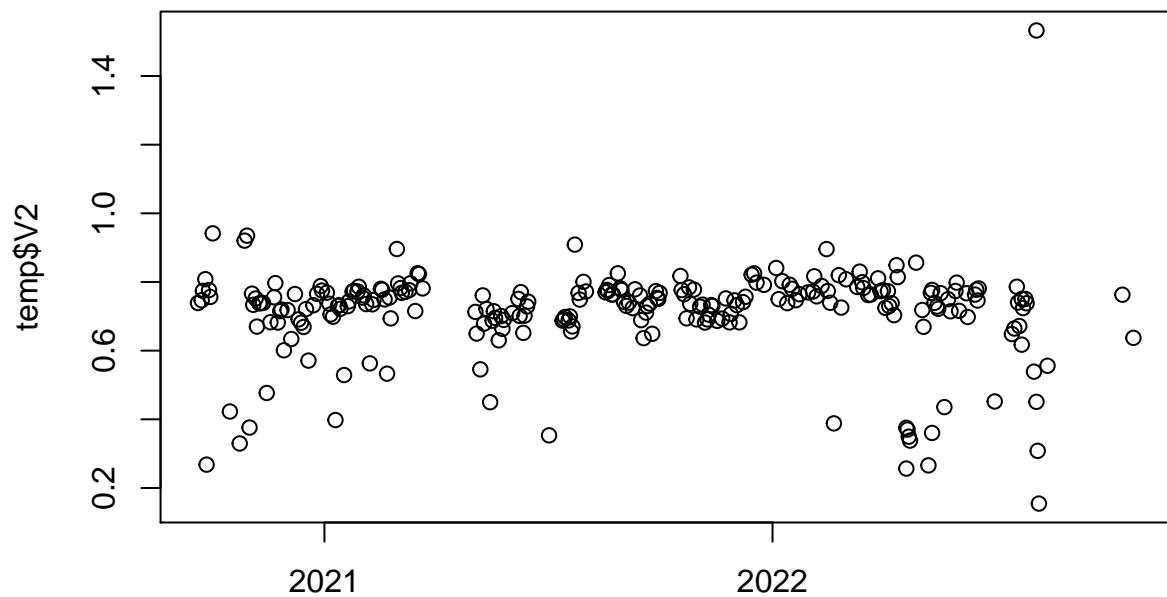
Relative_Intensity



(1.84e+04, 1.86e+04] (1.86e+04, 1.88e+04] (1.88e+04, 1.9e+04] (1.9e+04, 1.92e+04] (1.92e+04, 1.94e+04]

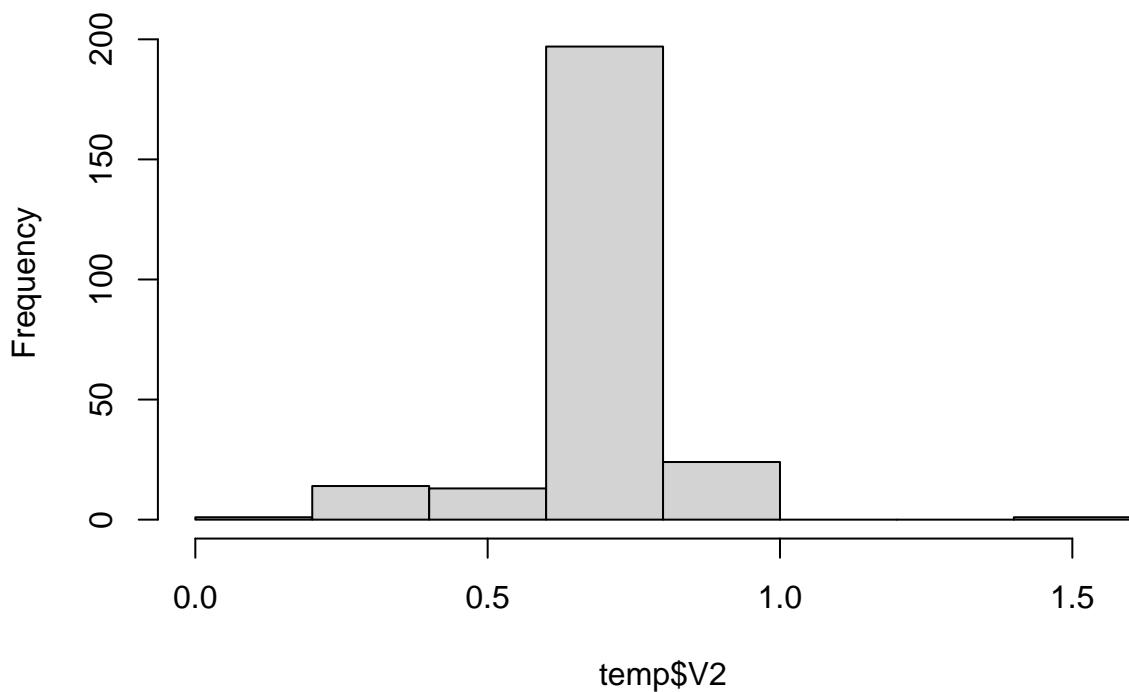
cut(V1, pretty(temp\$V1))

Relative_Intensity

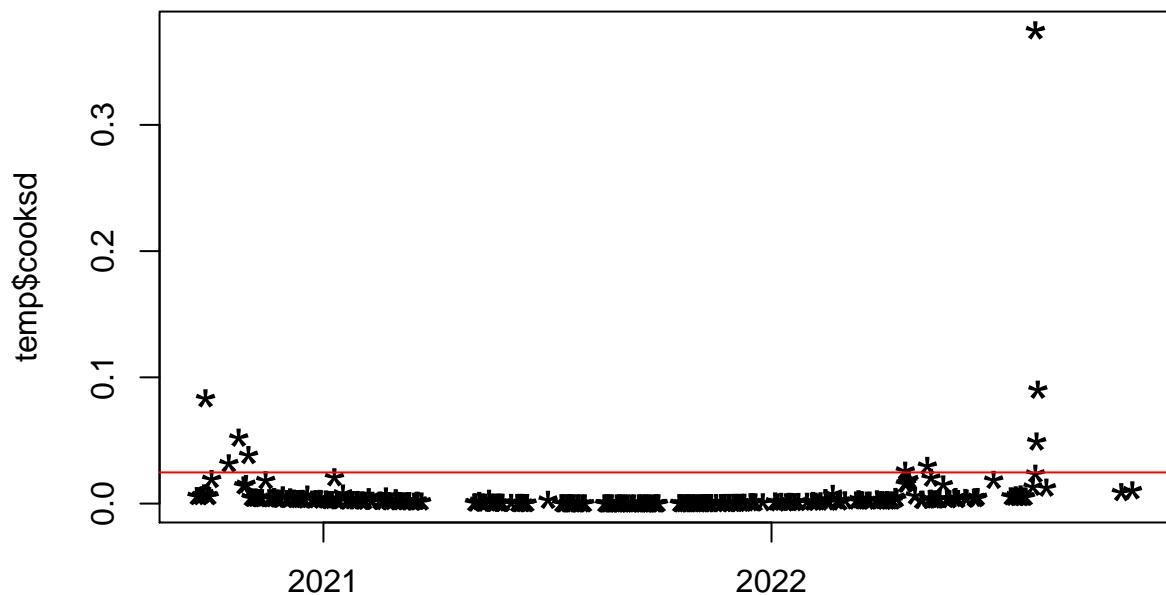


`temp$V1`

Histogram of `temp$V2`



Relative_Intensity

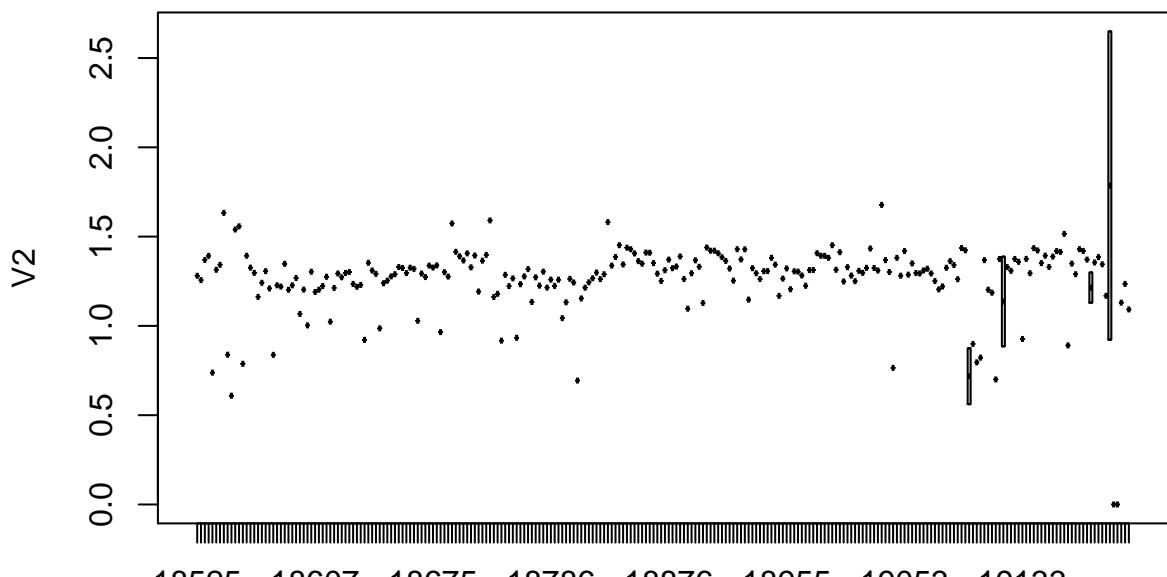


temp\$V1

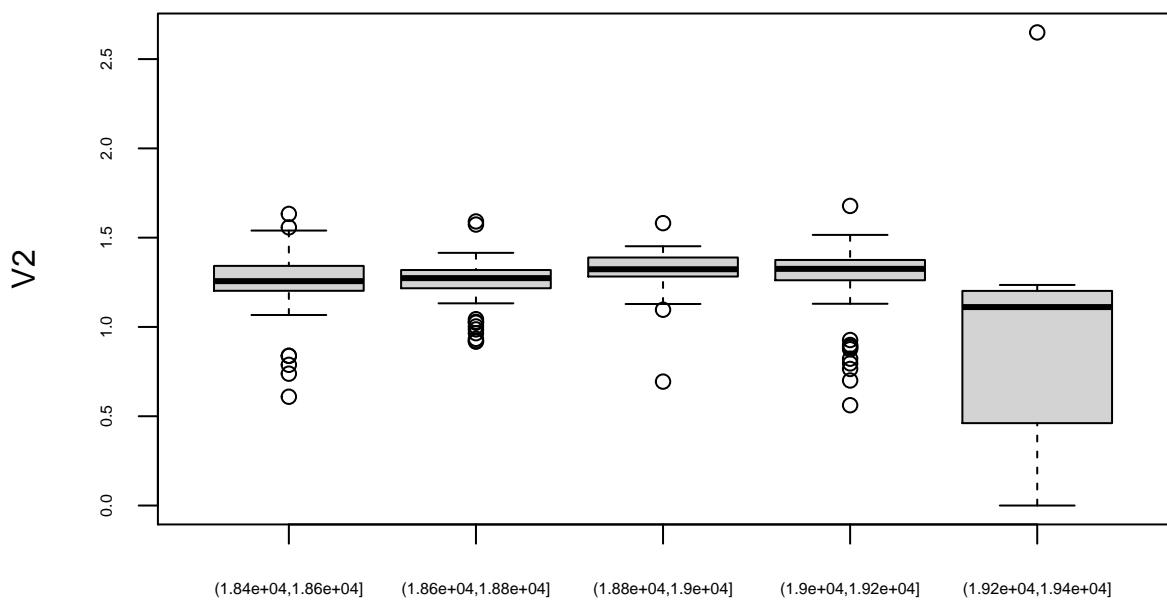
Date	Relative_Intensity
2022-08-06	0.1545
2022-04-20	0.2565
2022-05-08	0.2658
2020-09-27	0.268
2022-08-05	0.3081
2020-10-24	0.3297
2020-11-01	0.376
2020-10-16	0.4227
2022-08-04	1.533

Sport class: Response_Index

Response_Index

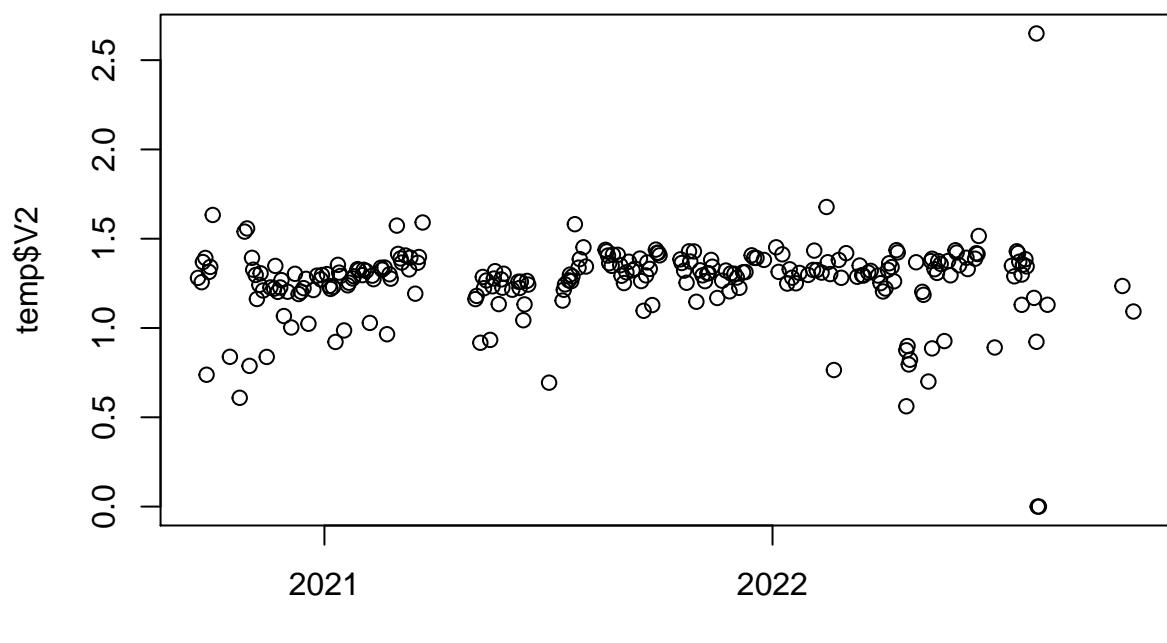


Response_Index



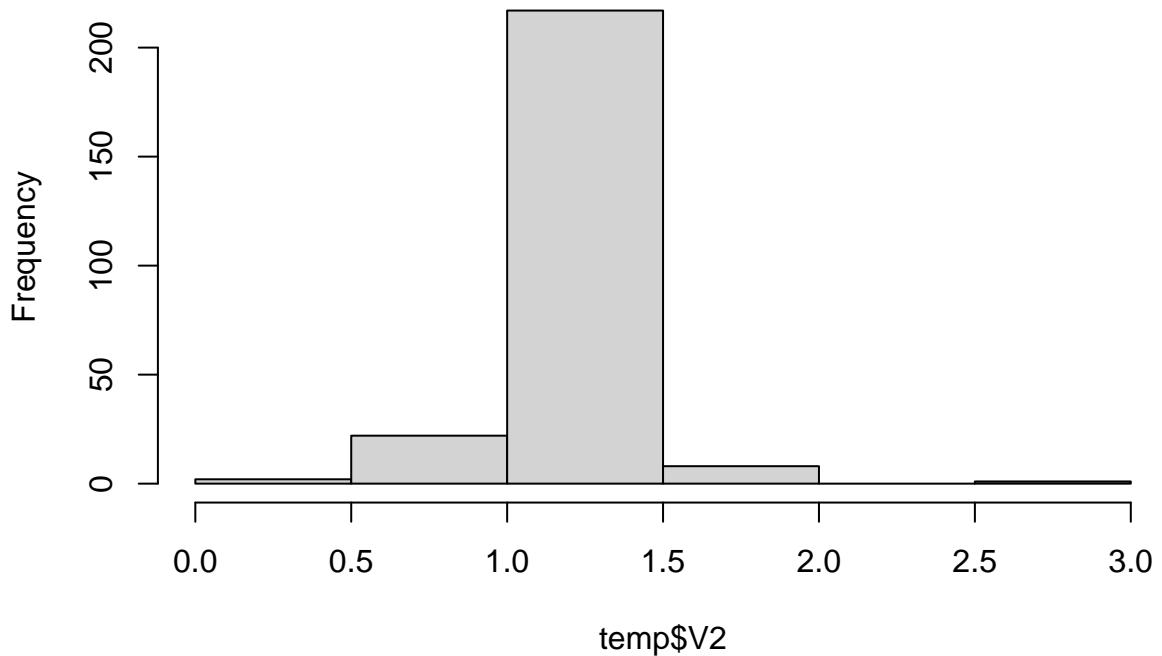
cut(V1, pretty(temp\$V1))

Response_Index



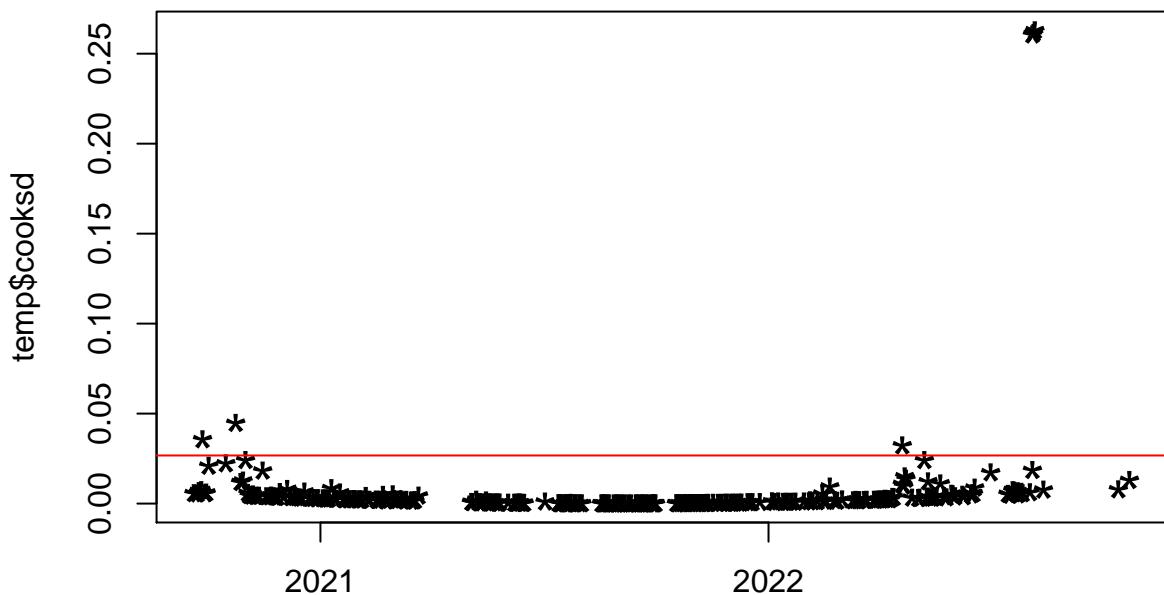
temp\$V1

Histogram of temp\$V2



temp\$V2

Response_Index

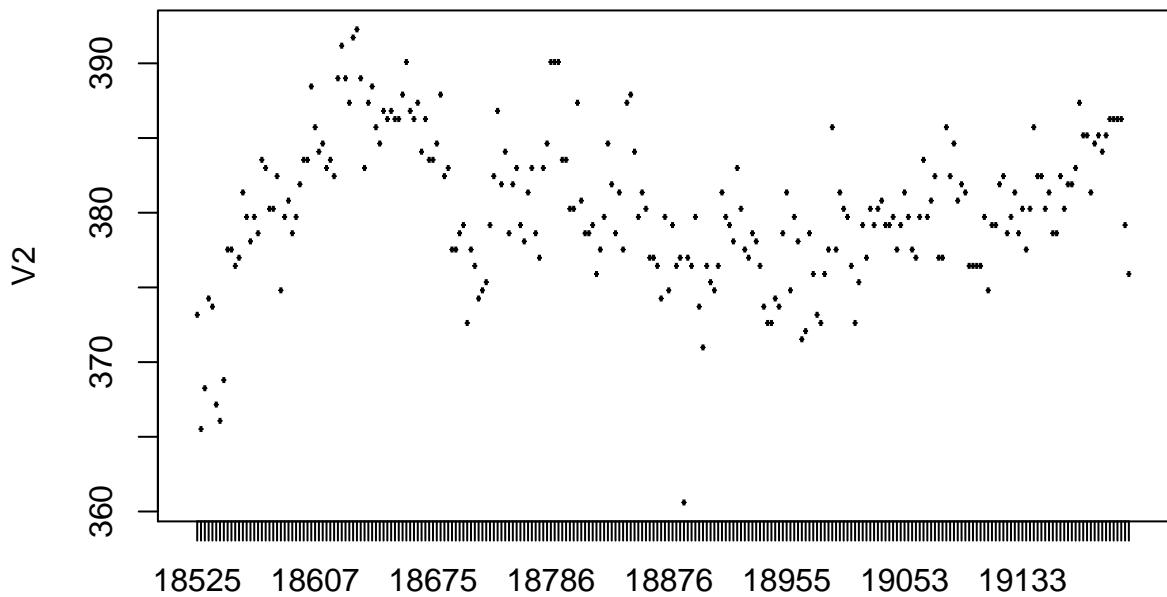


temp\$V1

Date	Response_Index
2022-08-05	0
2022-08-06	0
2022-04-20	0.5617
2020-10-24	0.6091
2020-09-27	0.7382
2022-08-04	2.649

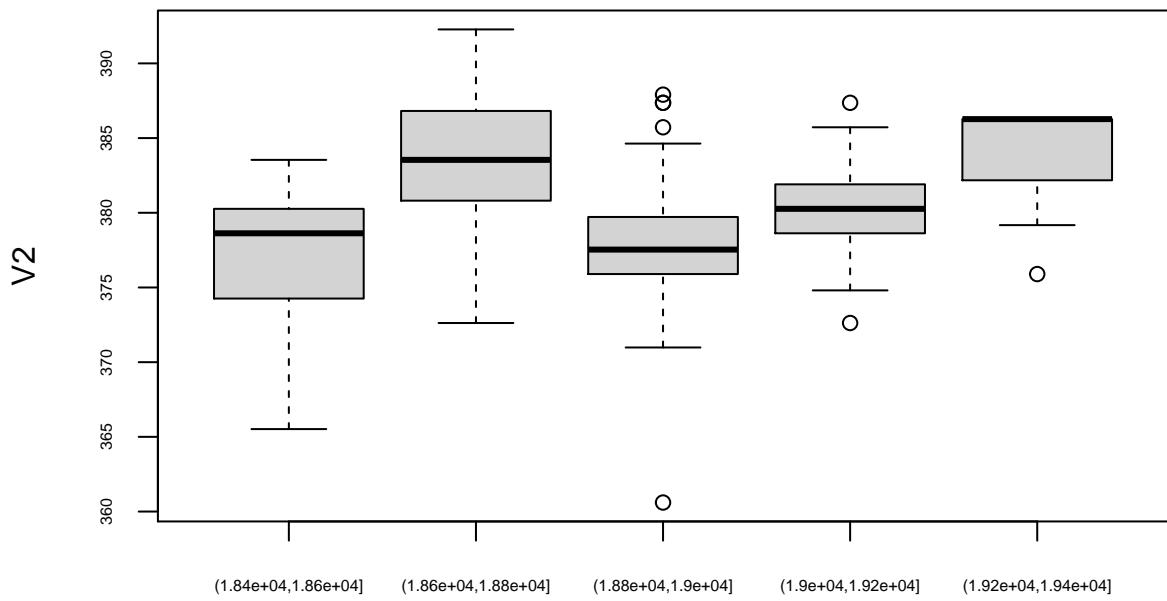
Sport class: RTP

RTP

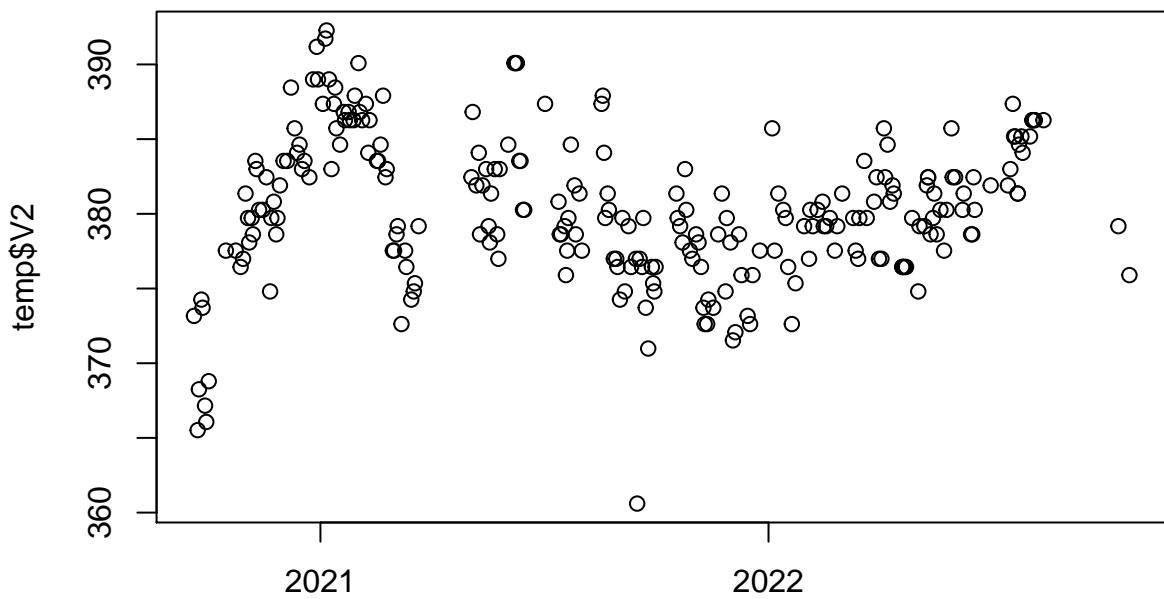


V1

RTP

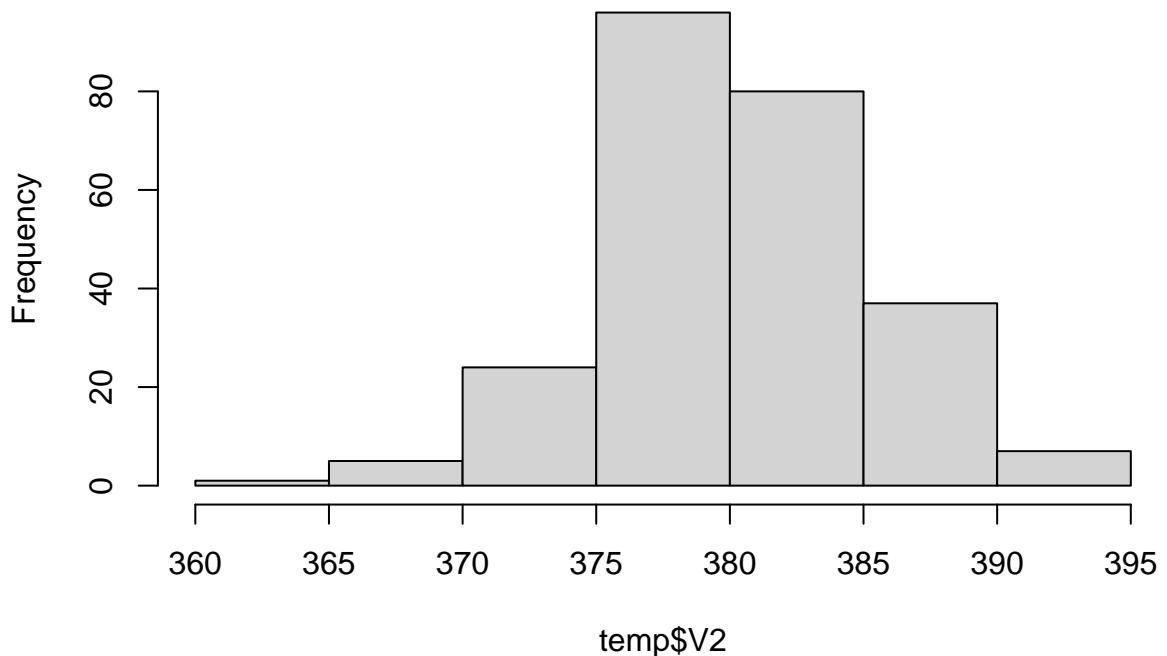


RTP



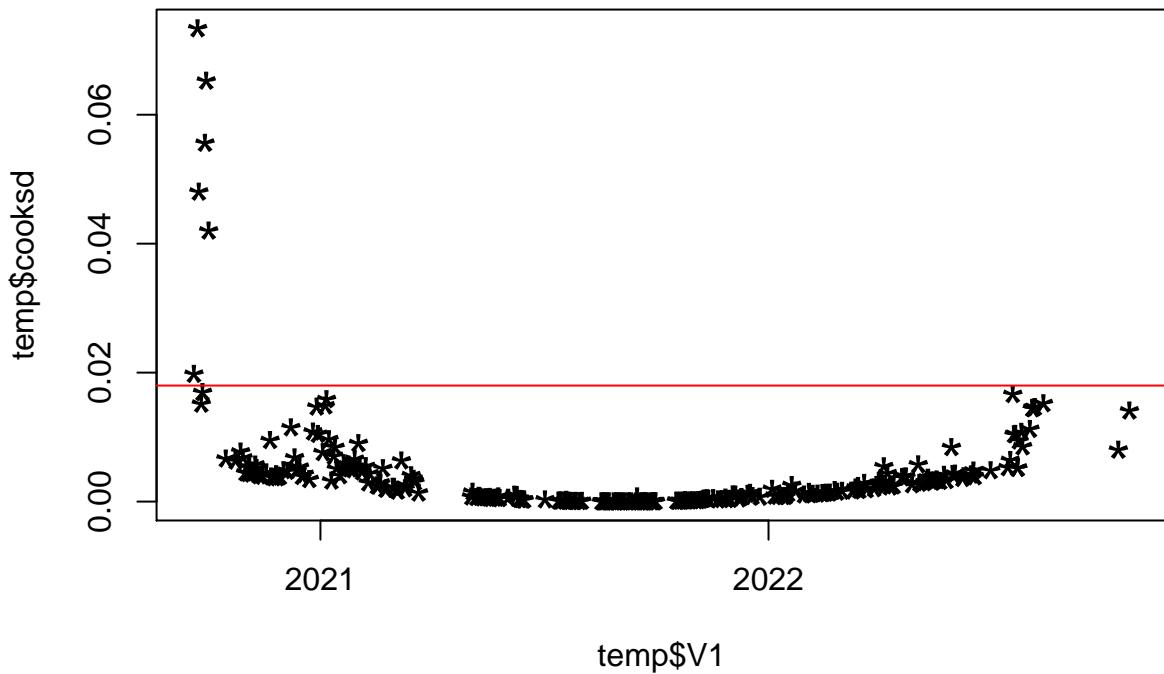
temp\$V1

Histogram of temp\$V2



temp\$V2

RTP

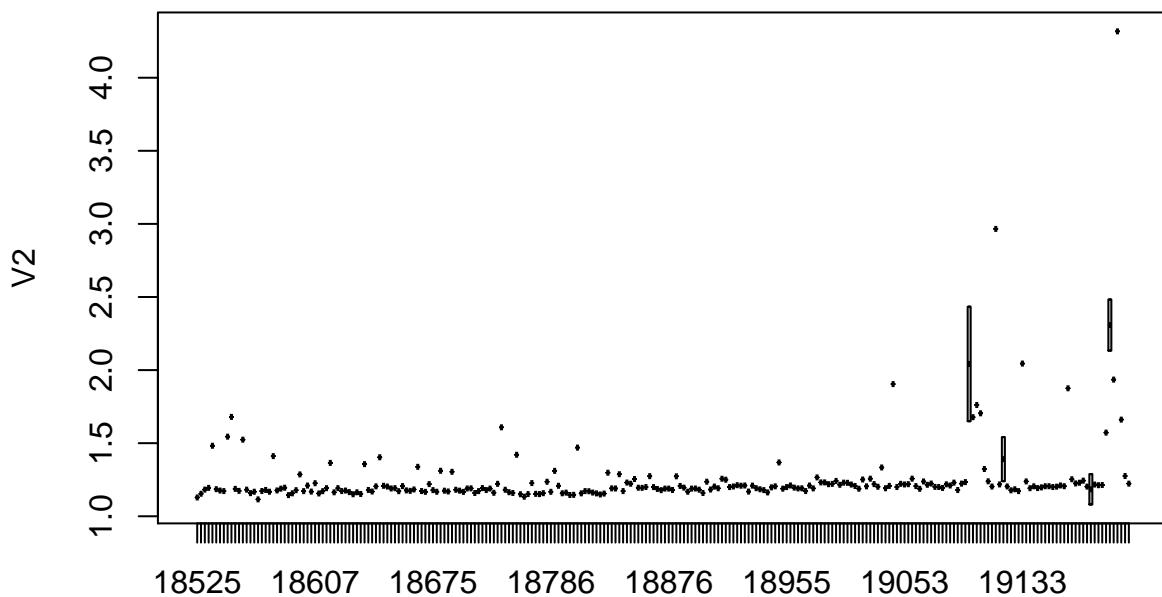


temp\$V1

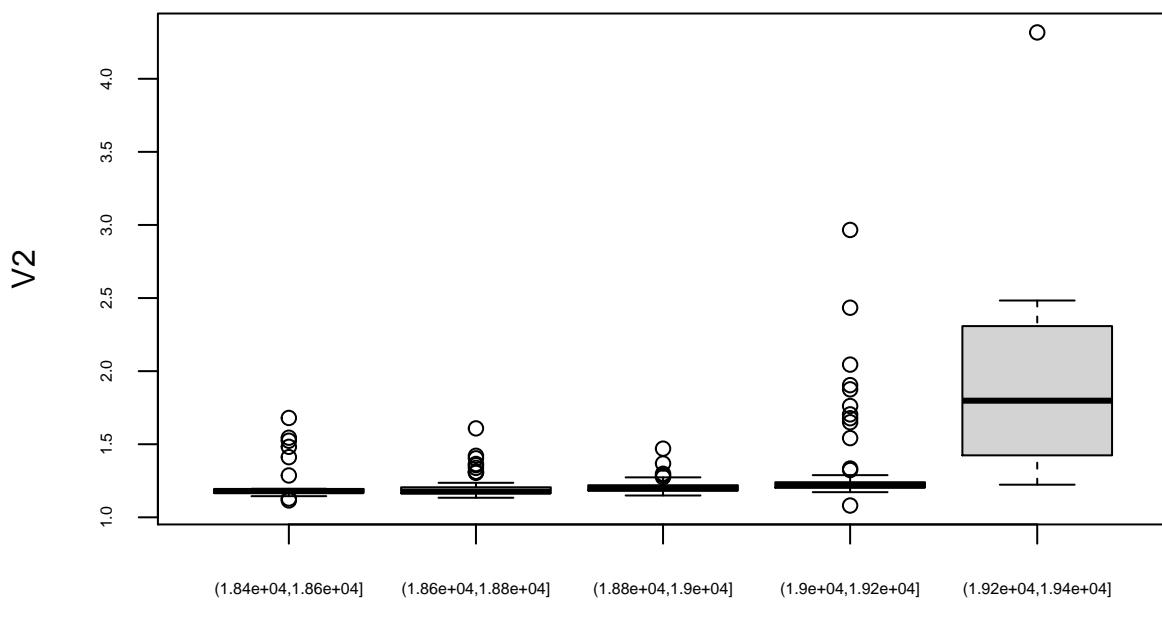
Date	RTP
2020-09-23	365.5
2020-09-30	366.1
2020-09-29	367.2
2020-09-24	368.3
2020-10-02	368.8
2020-09-20	373.2

Sport class: Skiba_aVI

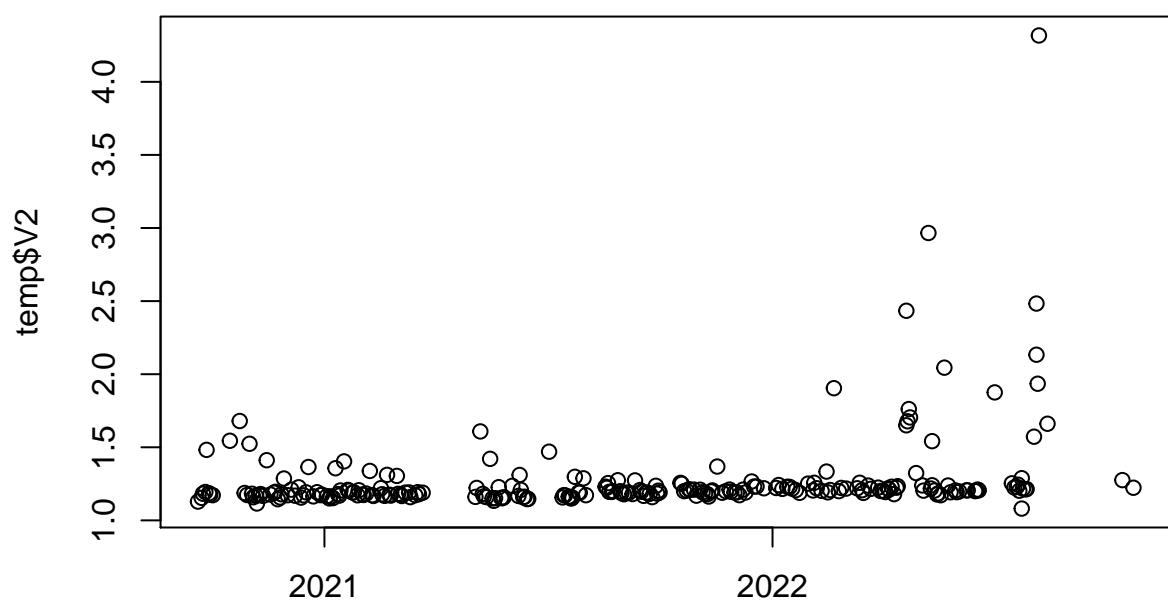
Skiba_aVI



Skiba_aVI

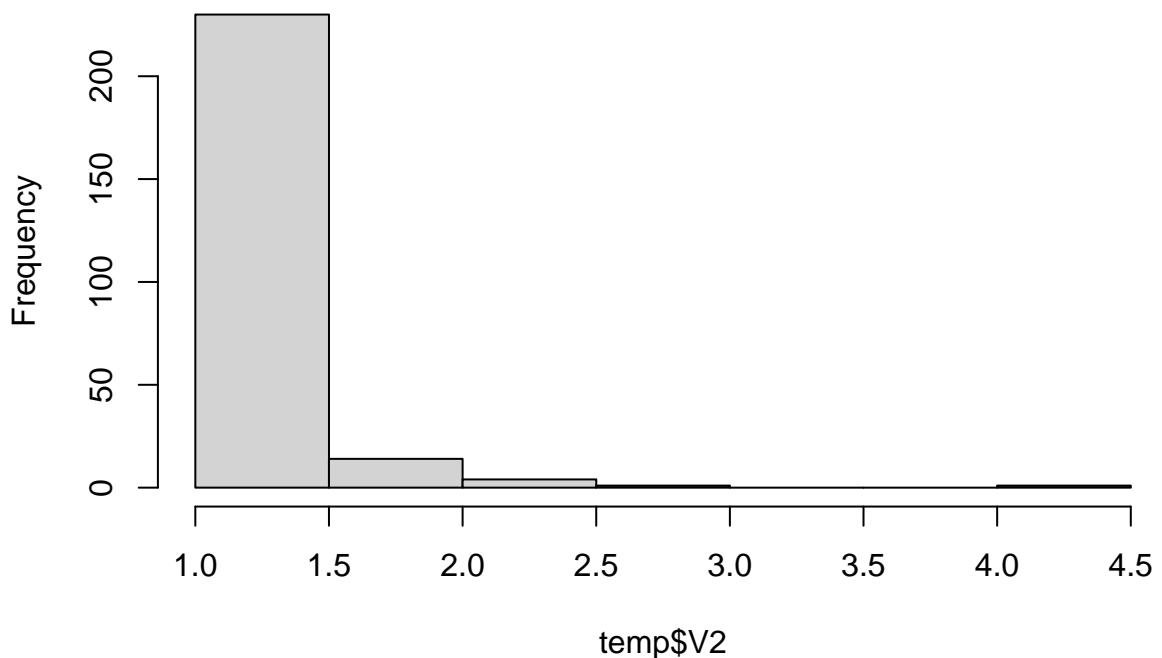


Skiba_aVI



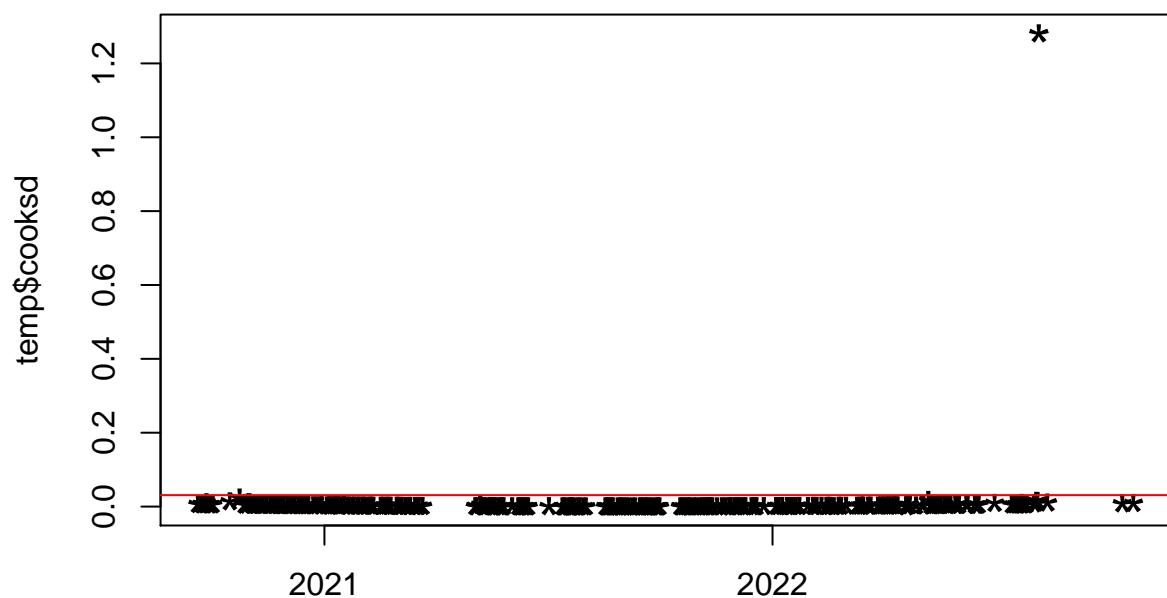
`temp$V1`

Histogram of `temp$V2`



`temp$V2`

Skiba_aVI

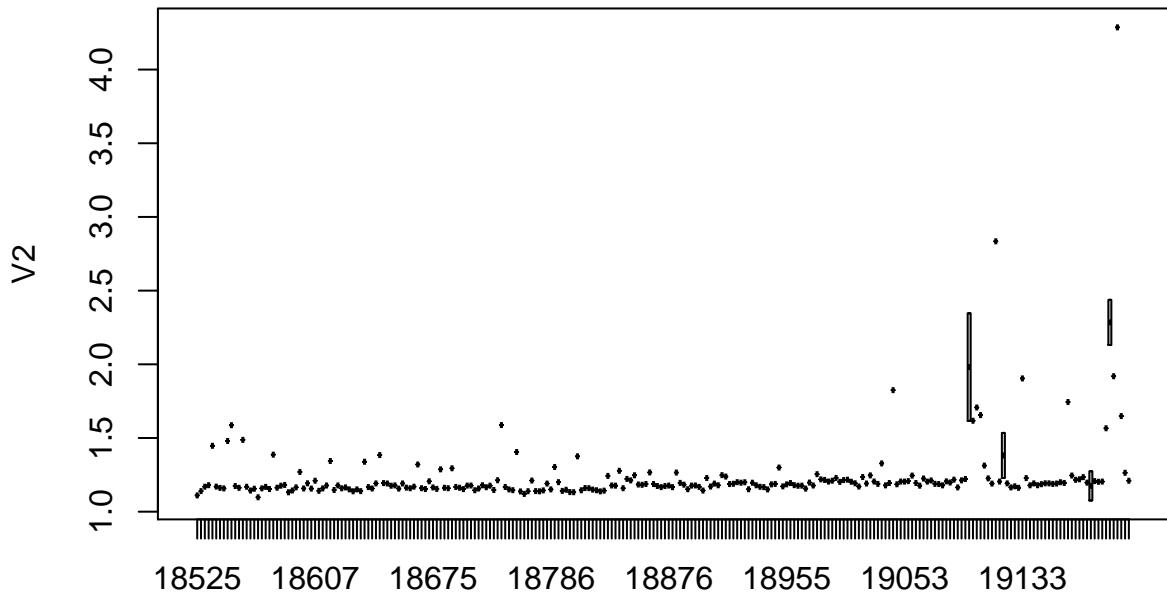


temp\$V1

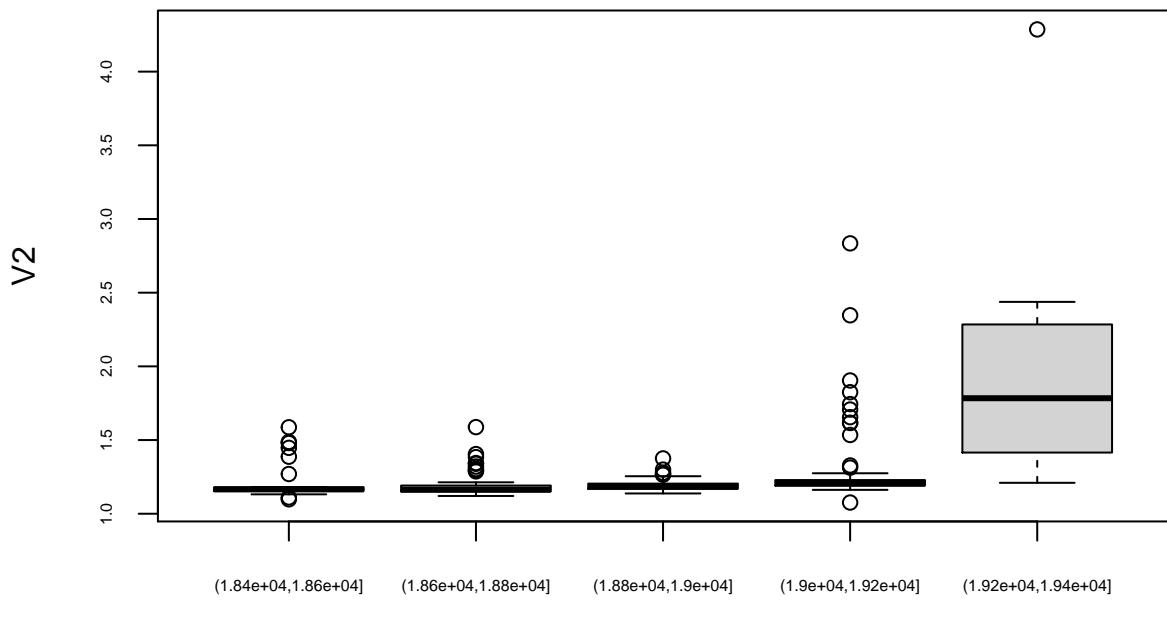
Date	Skiba_aVI
2022-08-06	4.317

Sport class: Skiba_VI

Skiba_VI

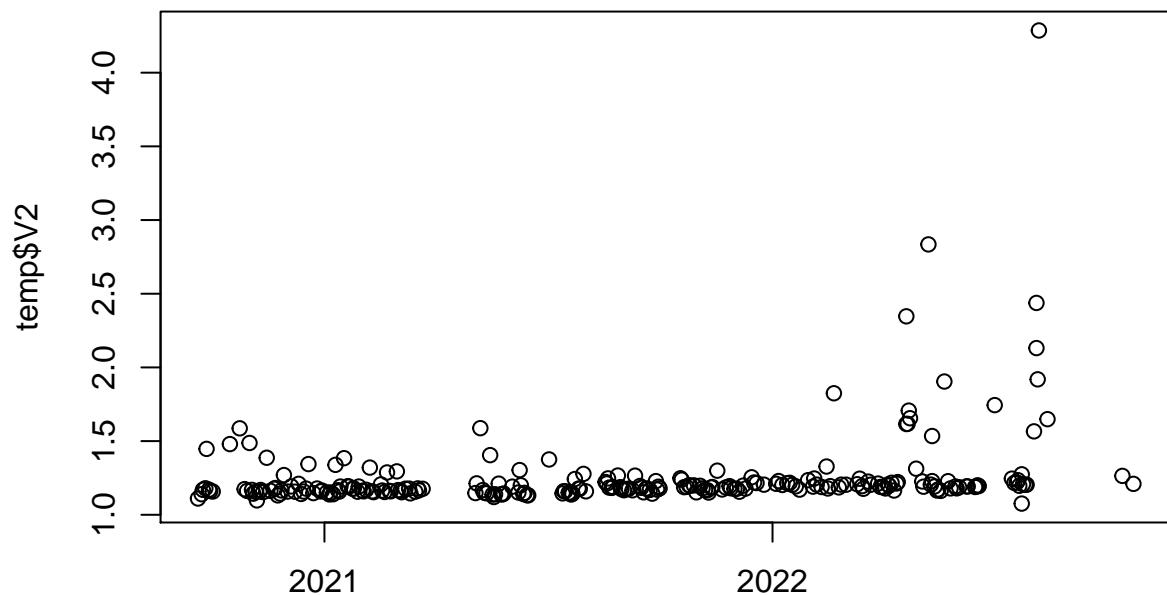


Skiba_VI



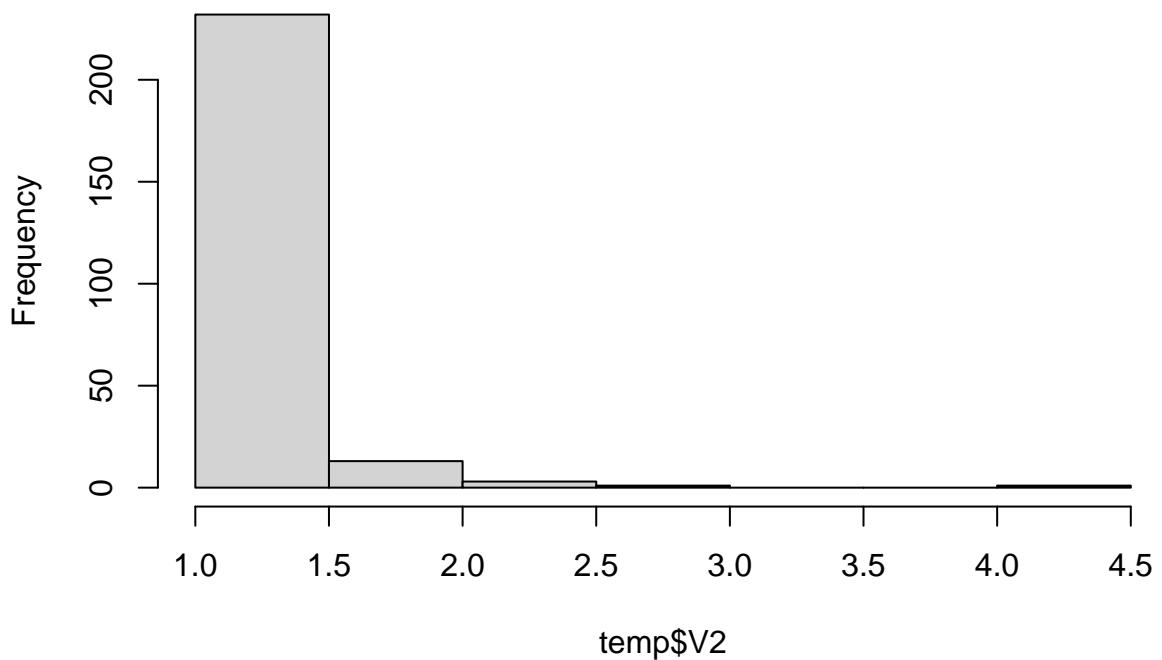
`cut(V1, pretty(temp$V1))`

Skiba_VI



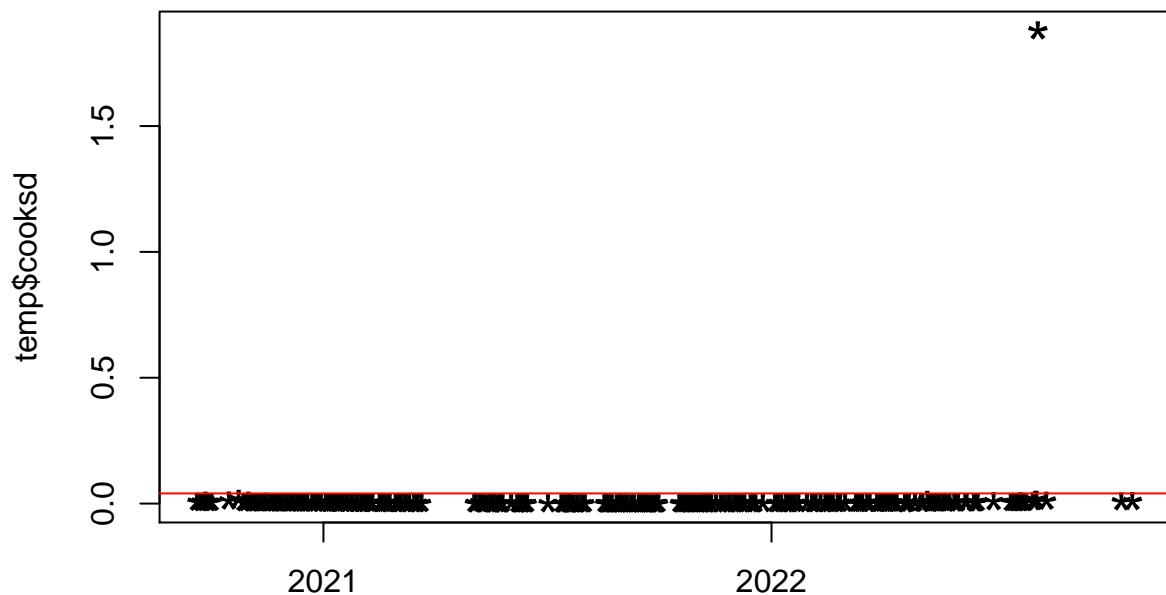
`temp$V1`

Histogram of `temp$V2`



`temp$V2`

Skiba_VI

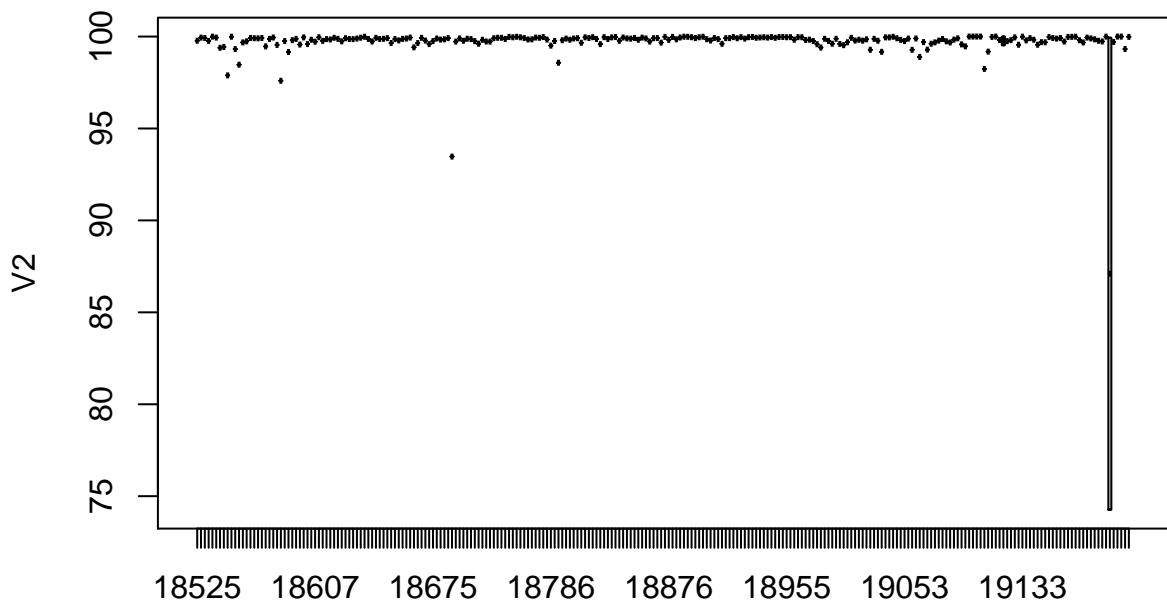


temp\$V1

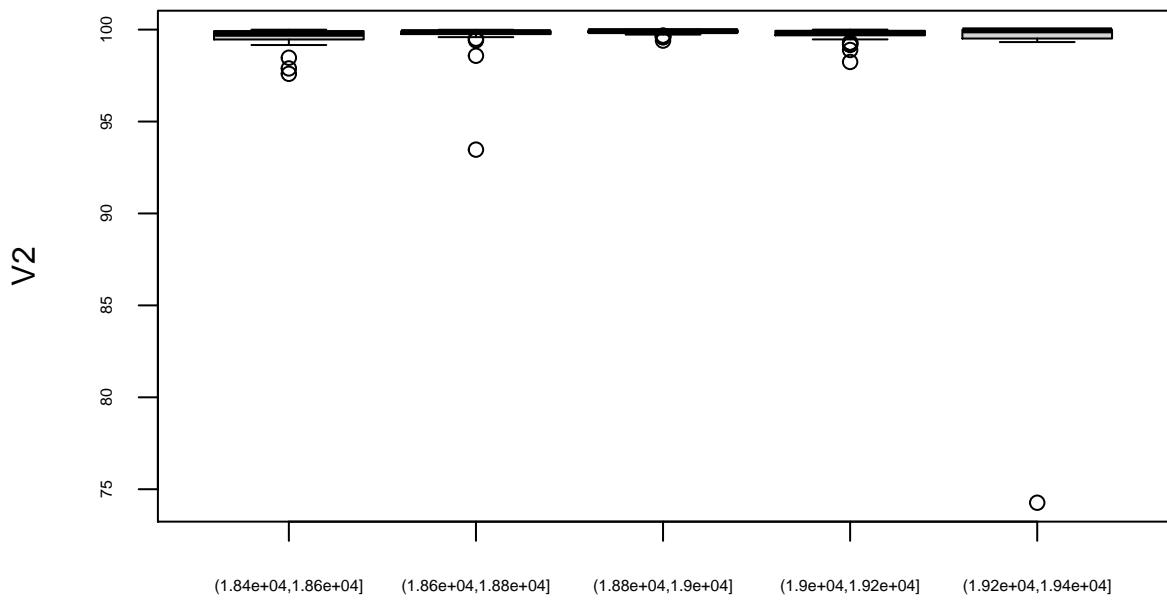
Date	Skiba_VI
2022-08-06	4.286

Sport class: TISS_Aerobicity

TISS_Aerobicity

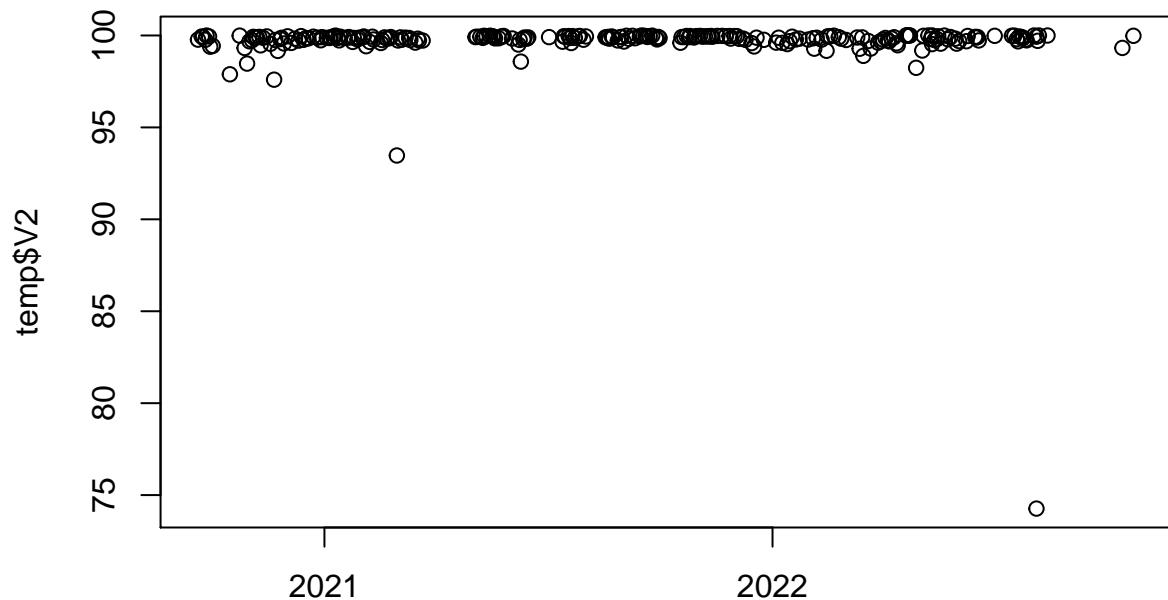


V1 TISS_Aerobicity



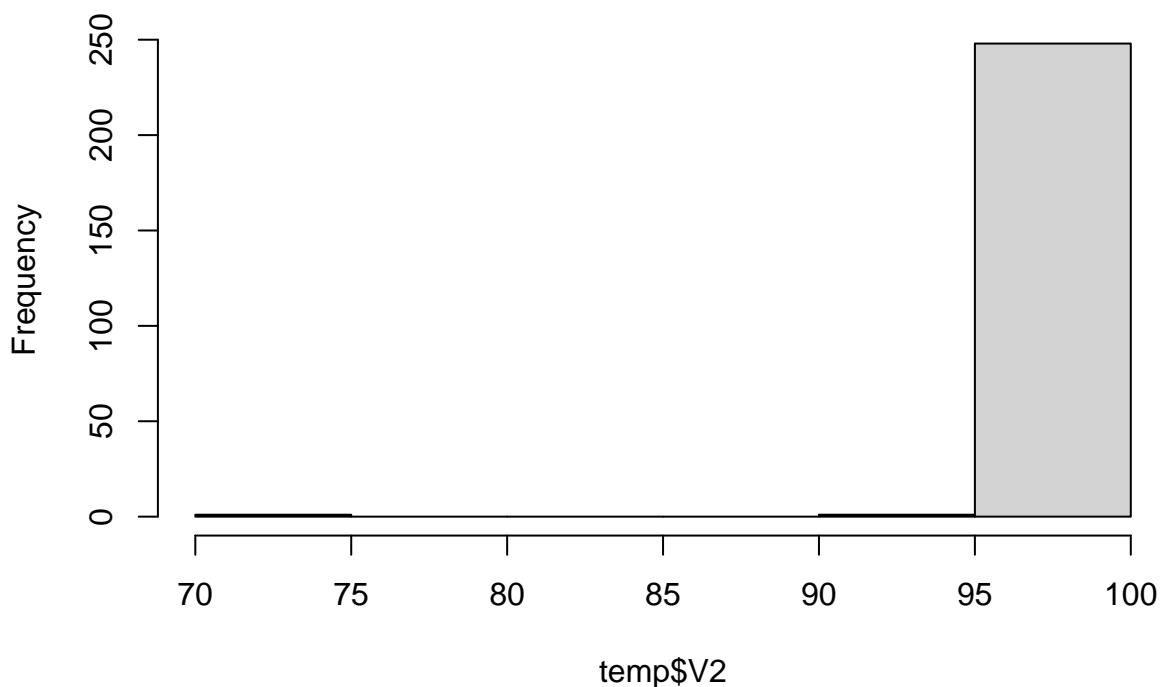
`cut(V1, pretty(temp$V1))`

TISS_Aerobicity

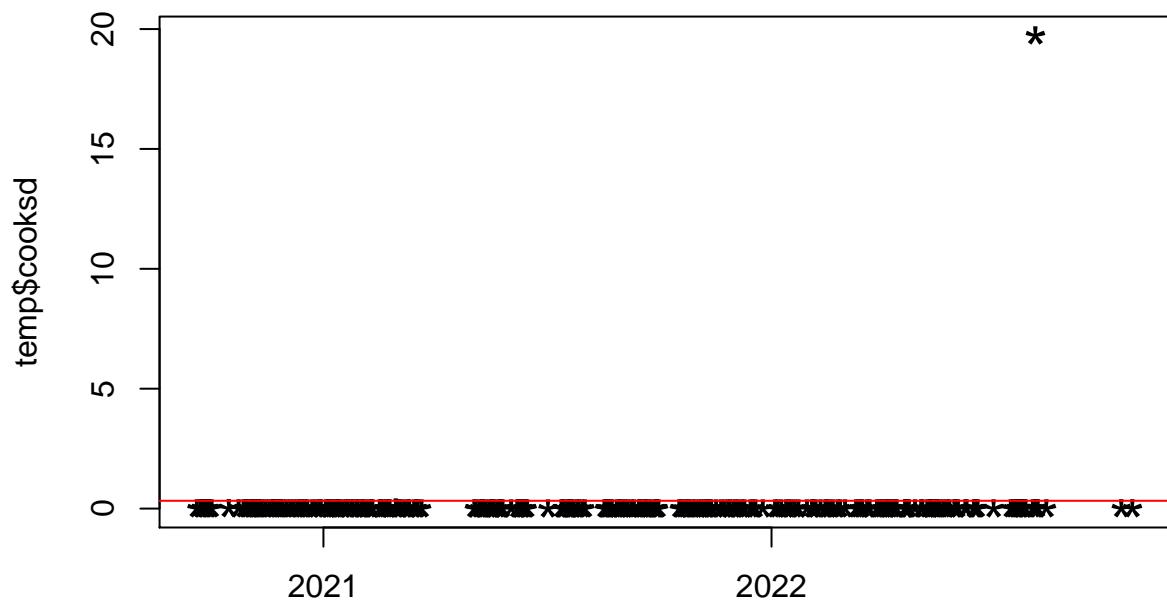


temp\$V1

Histogram of temp\$V2



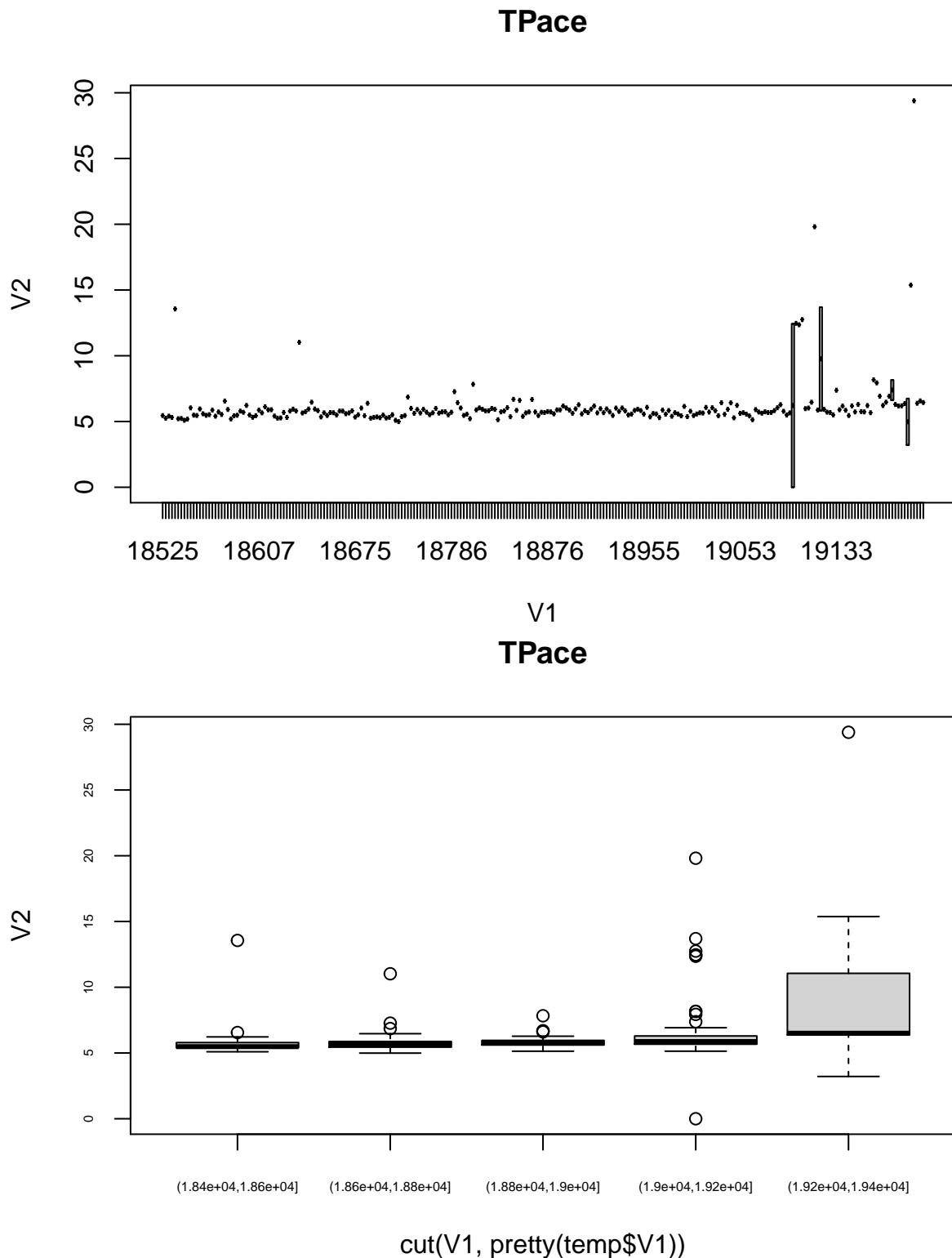
TISS_Aerobicity

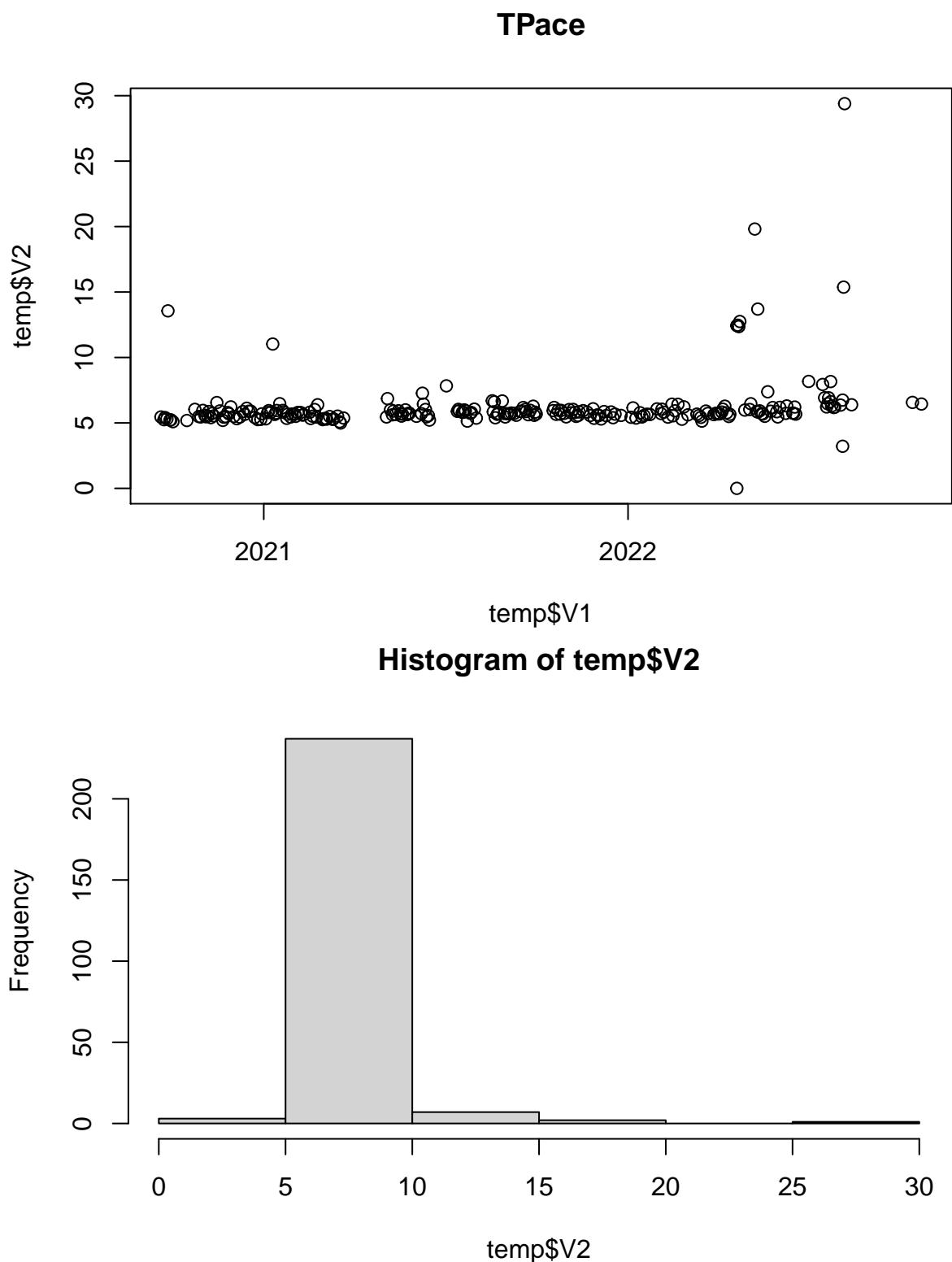


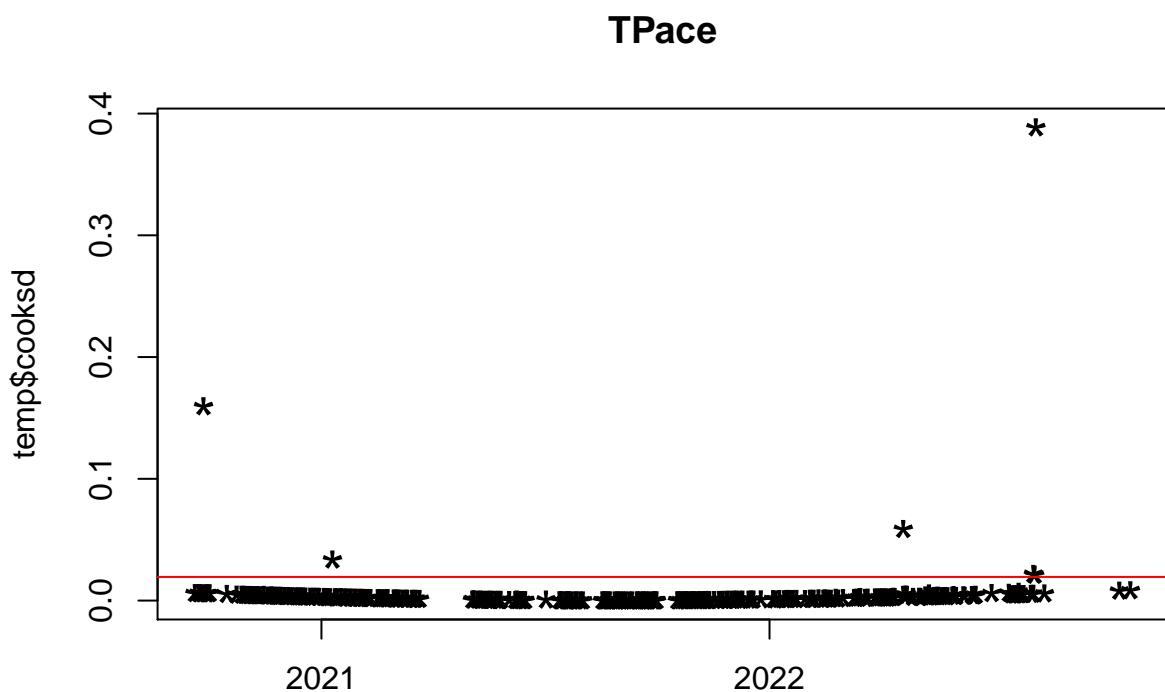
temp\$V1

Date	TISS_Aerobicity
2022-08-04	74.27

Sport class: TPace



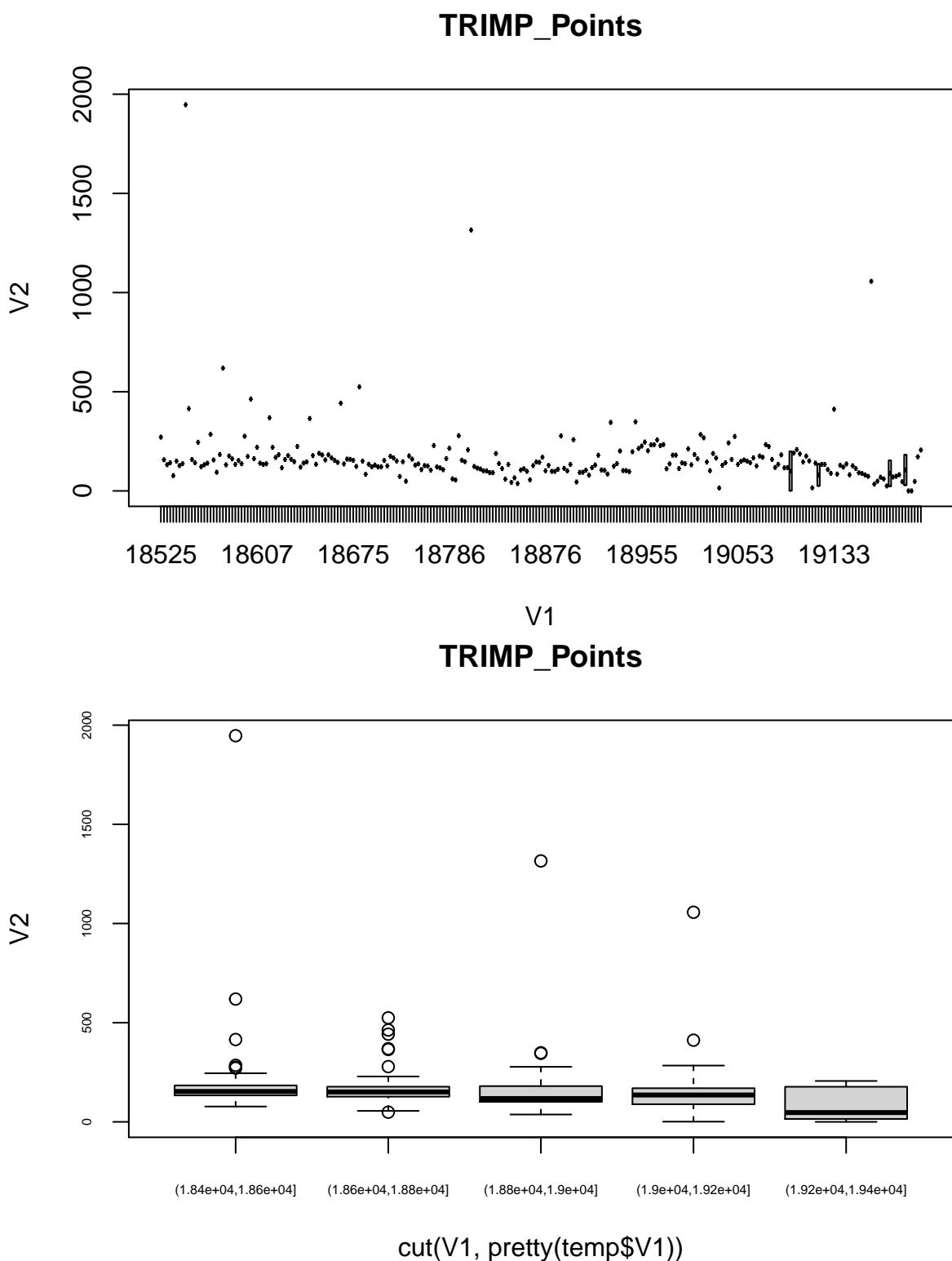




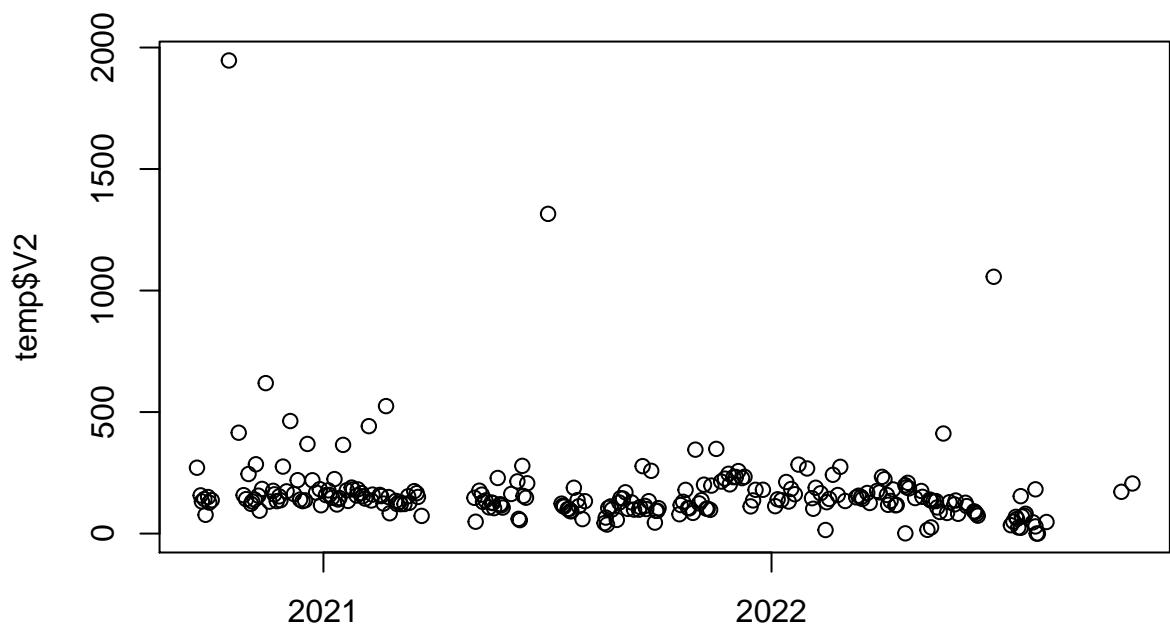
temp\$V1

Date	TPace
2022-04-20	0
2022-08-04	3.215
2021-01-10	11.03
2020-09-27	13.56
2022-08-05	15.37
2022-08-06	29.39

Sport class: TRIMP_Points

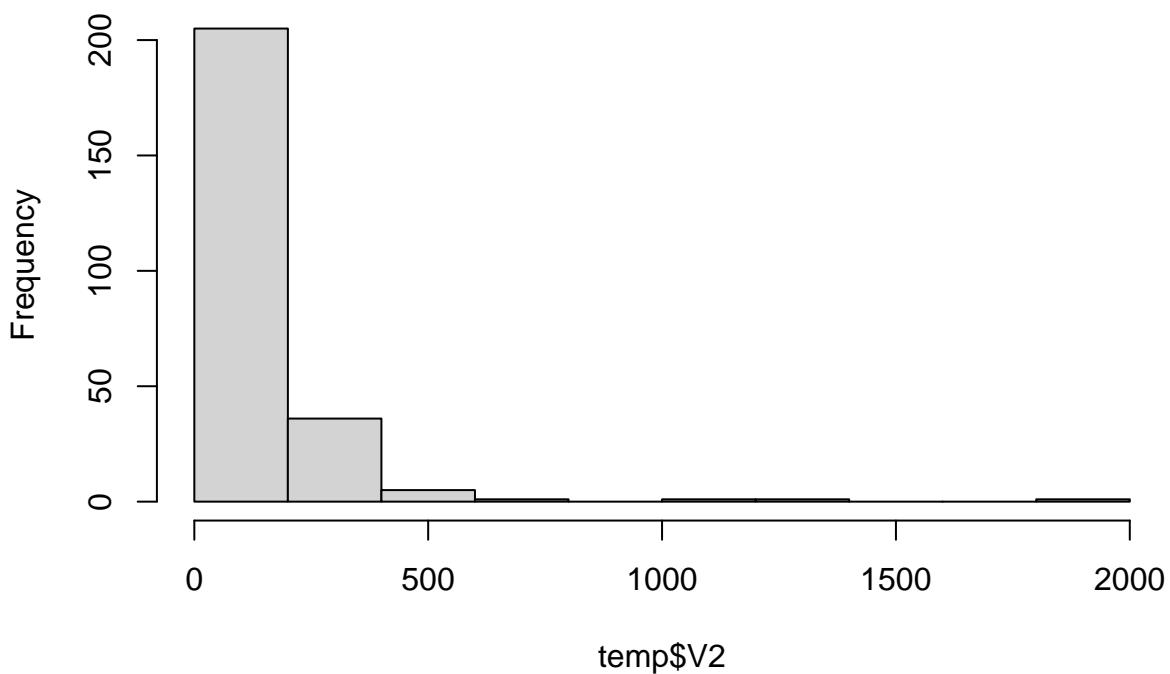


TRIMP_Points



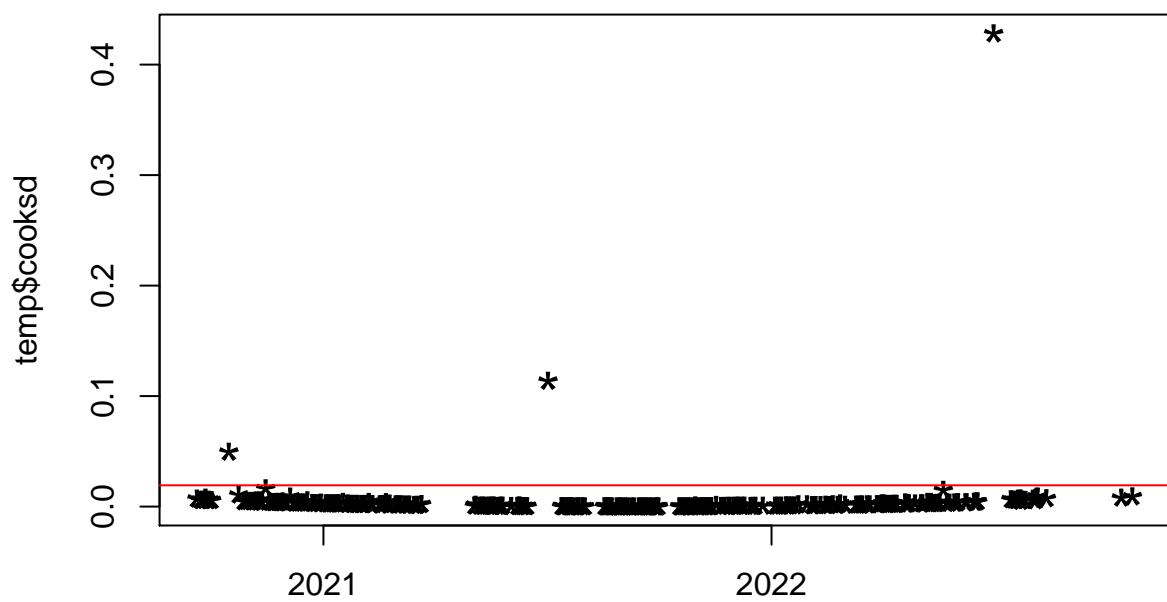
temp\$V1

Histogram of temp\$V2



temp\$V2

TRIMP_Points

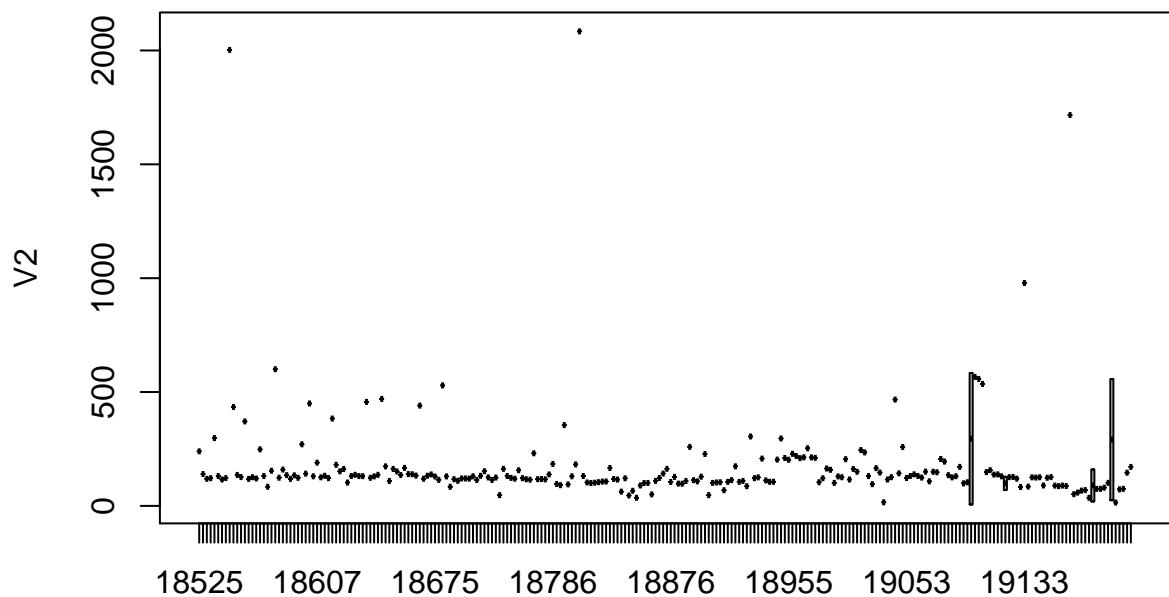


temp\$V1

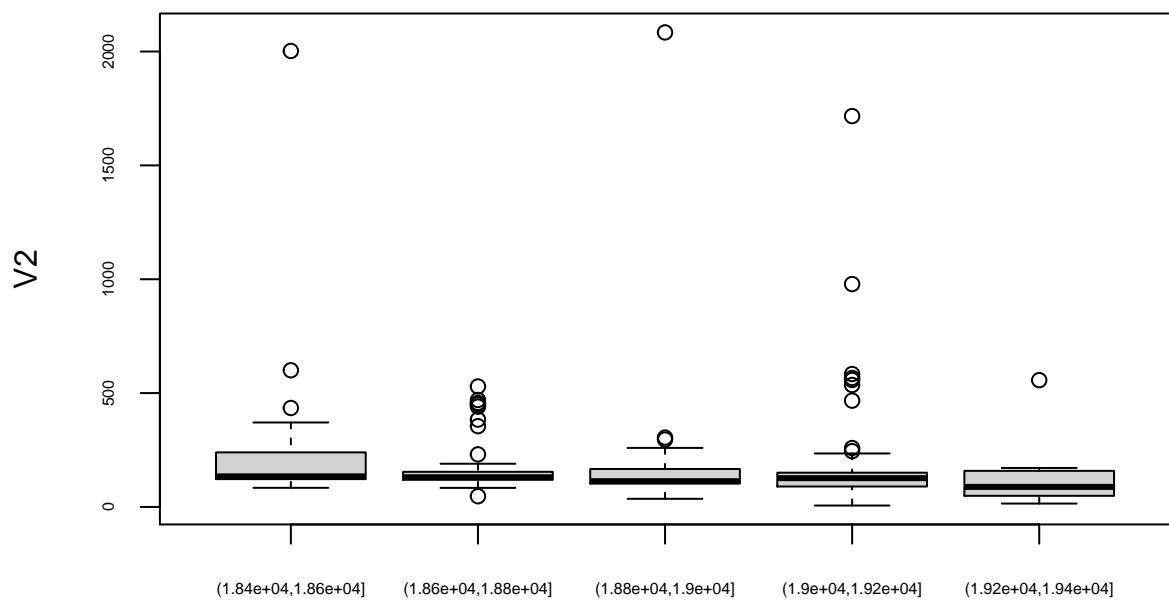
Date	TRIMP_Points
2022-07-01	1057
2021-07-03	1316
2020-10-16	1947

Sport class: TRIMP_Zonal_Points

TRIMP_Zonal_Points

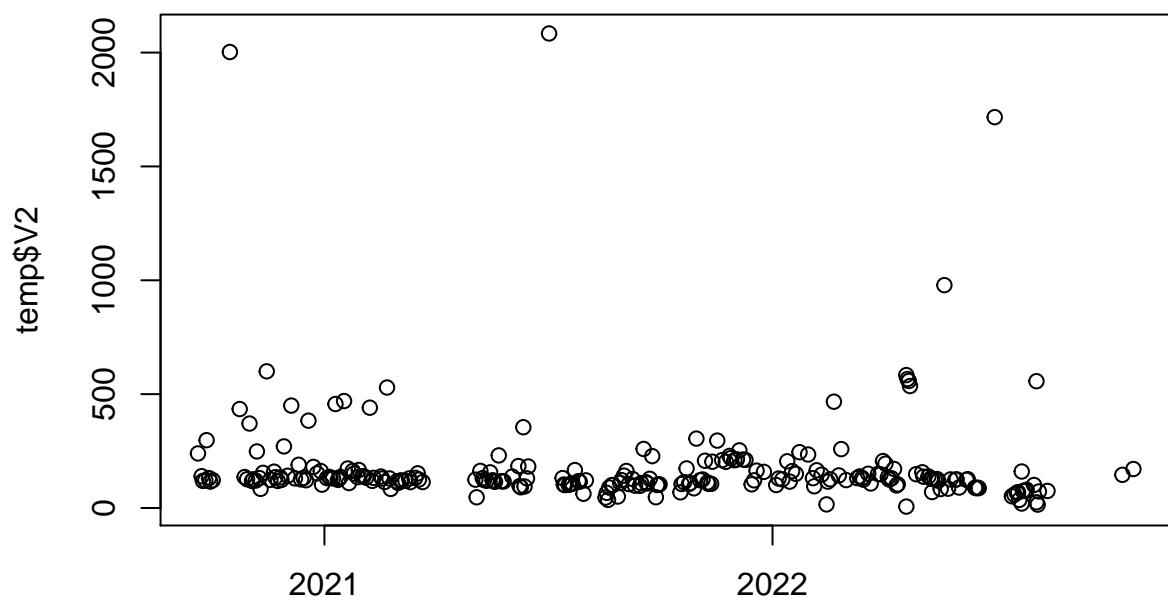


TRIMP_Zonal_Points



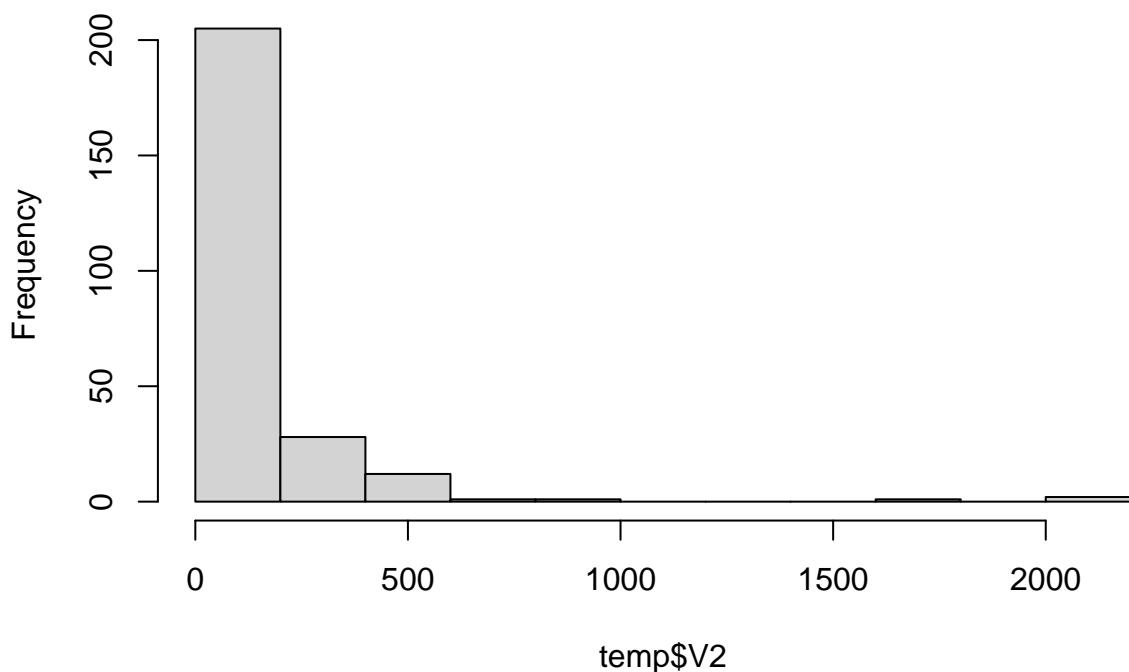
`cut(V1, pretty(temp$V1))`

TRIMP_Zonal_Points

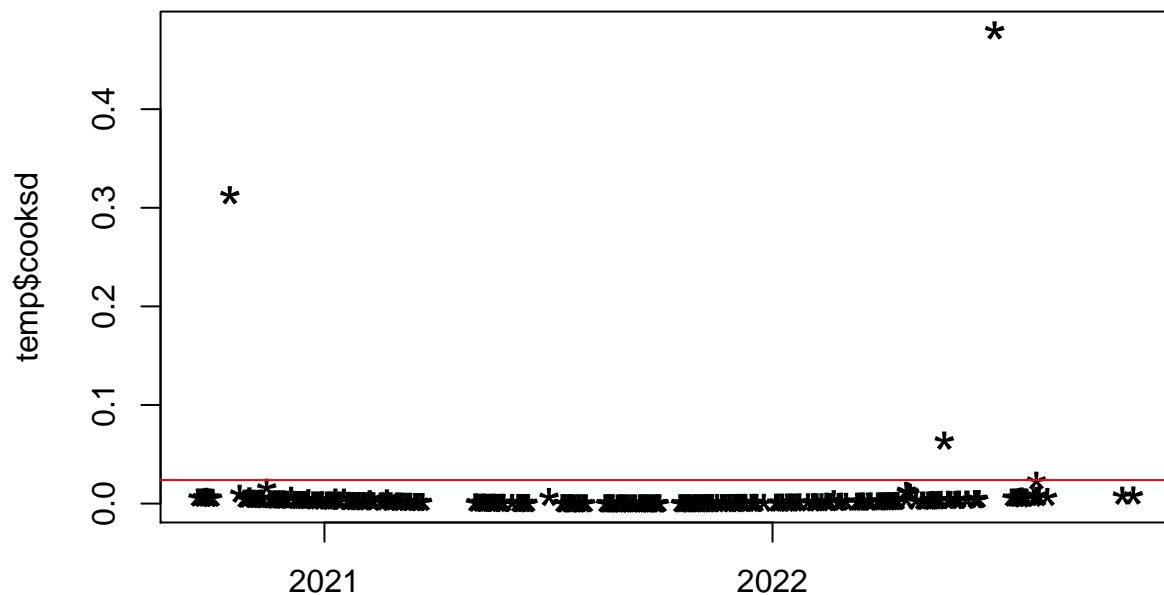


temp\$V1

Histogram of temp\$V2



TRIMP_Zonal_Points

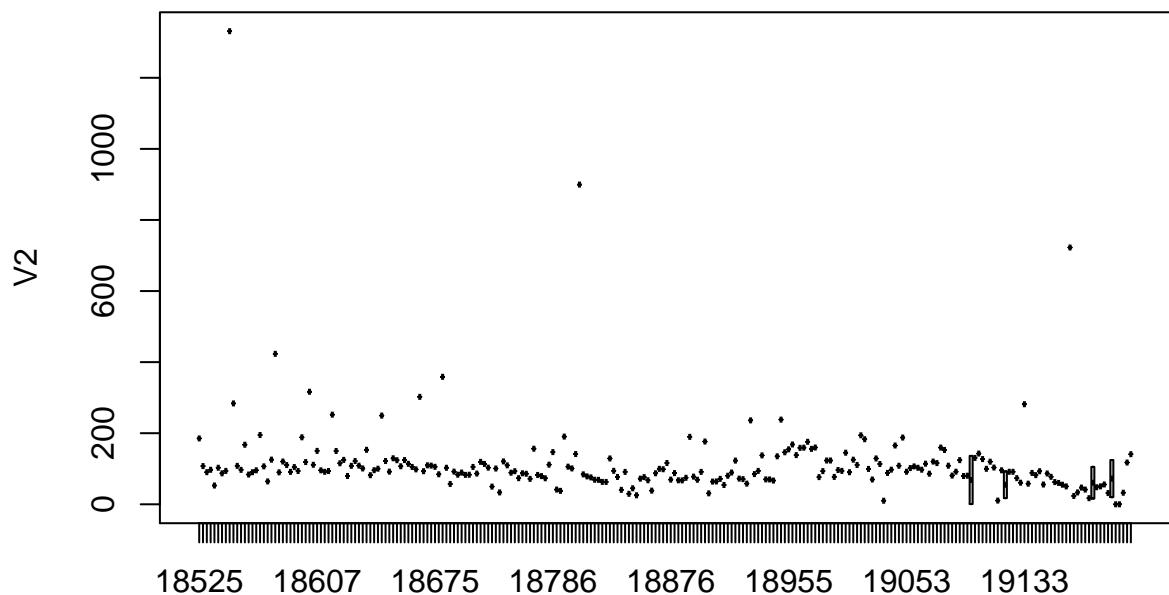


`temp$V1`

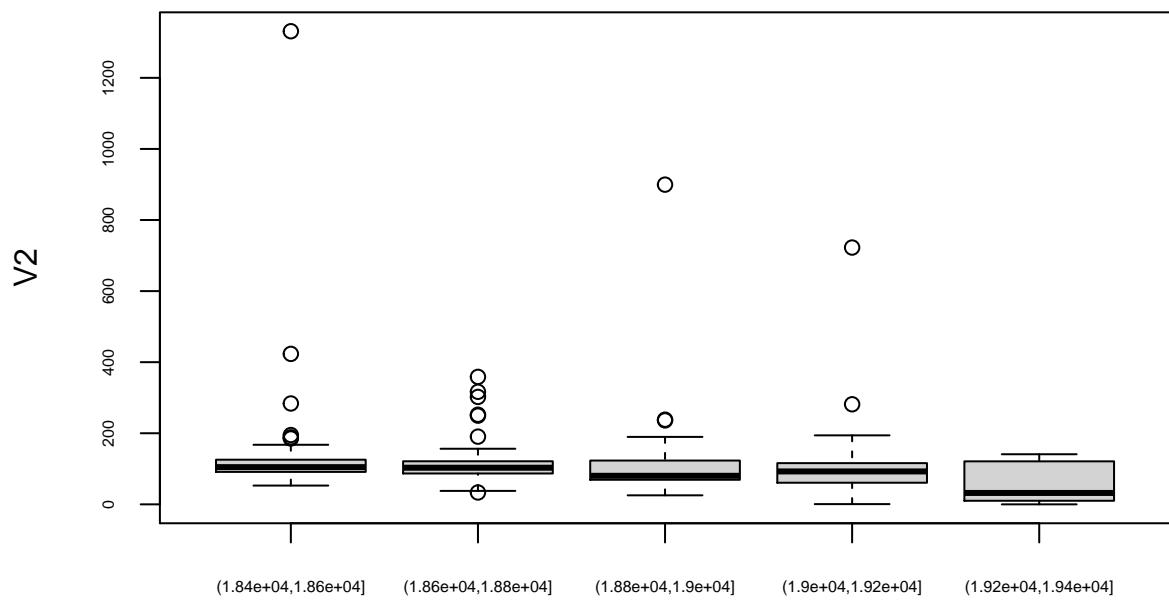
Date	TRIMP_Zonal_Points
2022-05-21	978.8
2022-07-01	1716
2020-10-16	2002

Sport class: TRIMP(100)_Points

TRIMP(100)_Points

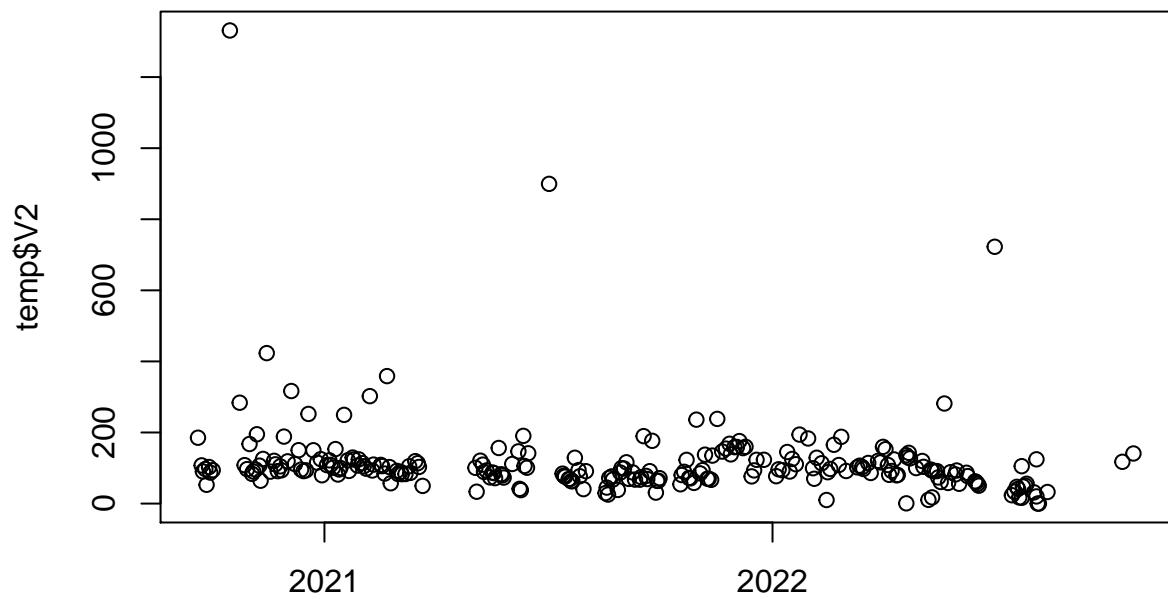


TRIMP(100)_Points



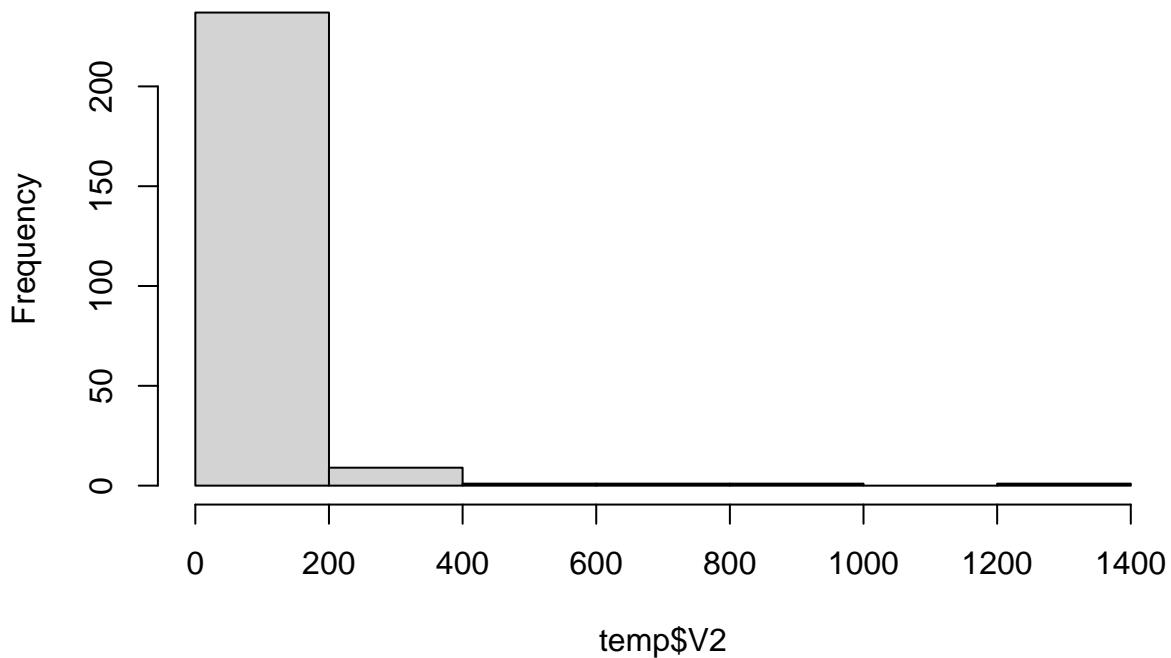
cut(V1, pretty(temp\$V1))

TRIMP(100)_Points

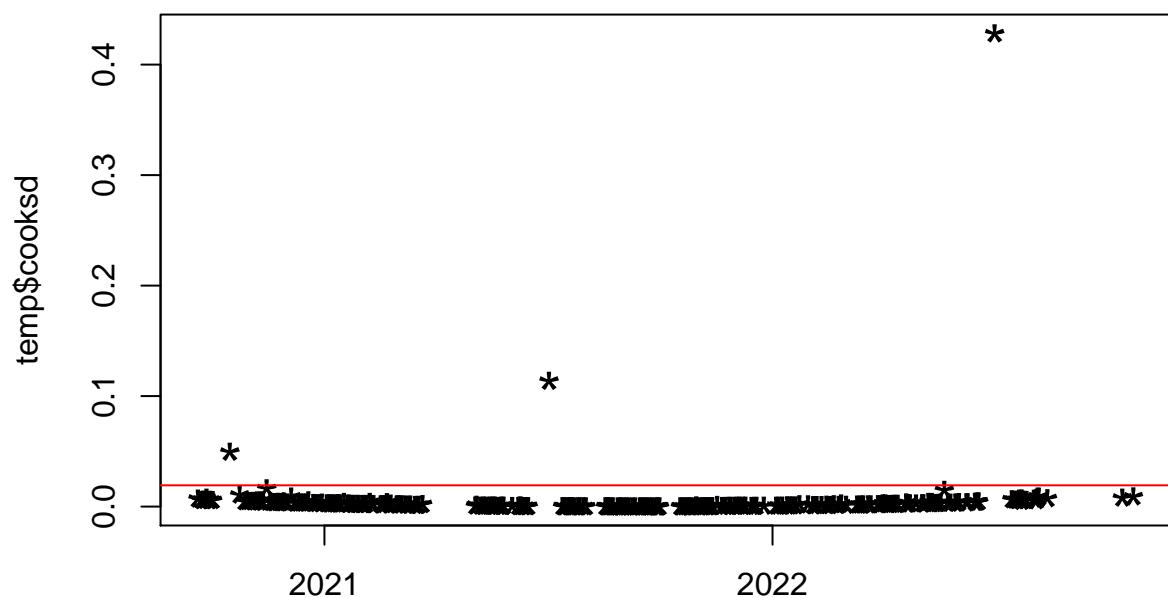


temp\$V1

Histogram of temp\$V2



TRIMP(100)_Points

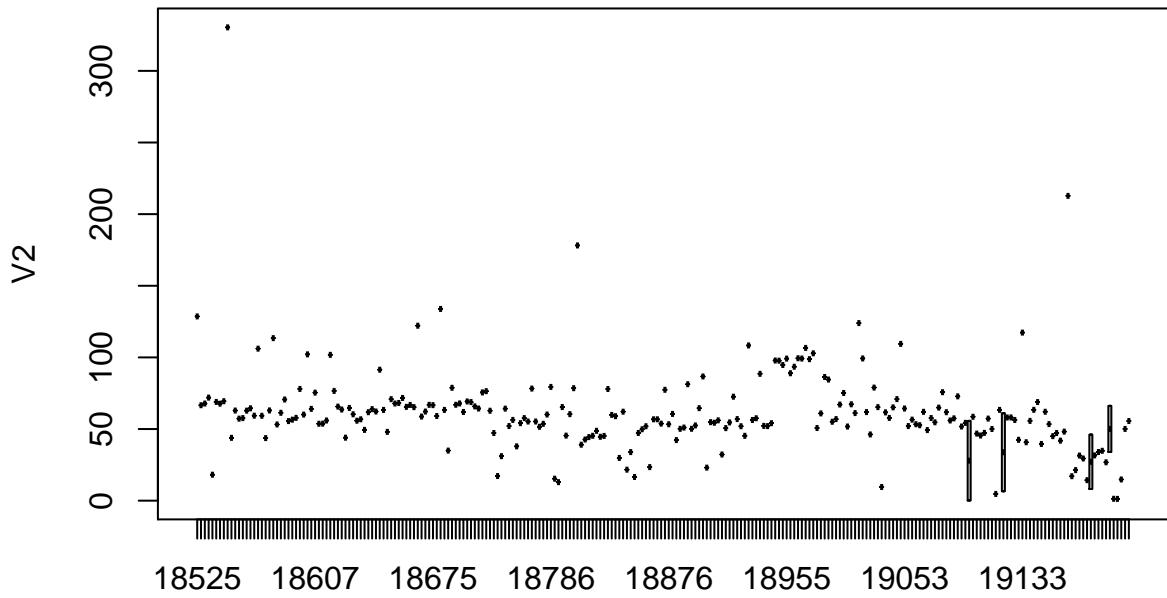


temp\$V1

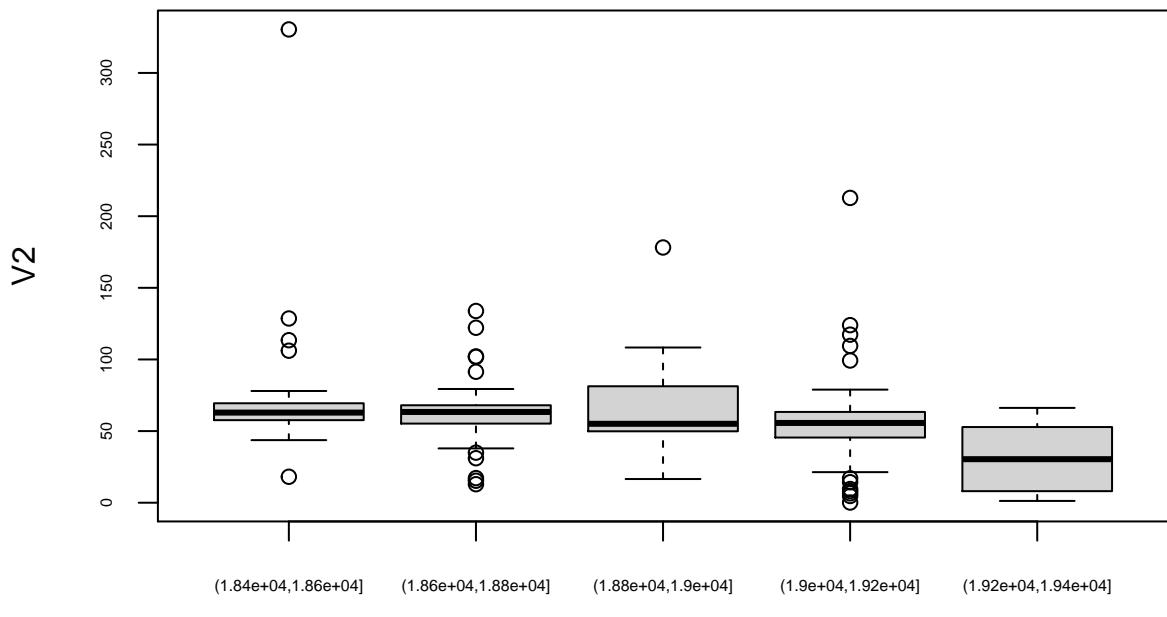
Date	TRIMP(100)_Points
2022-07-01	722.6
2021-07-03	899.6
2020-10-16	1331

Sport class: TriScore

TriScore

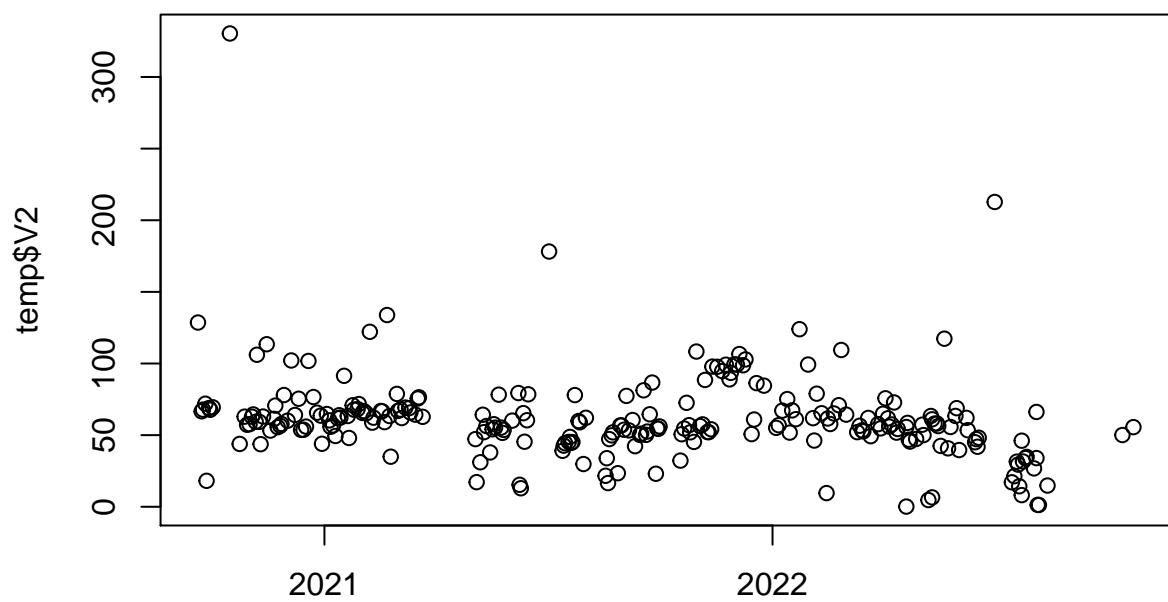


TriScore



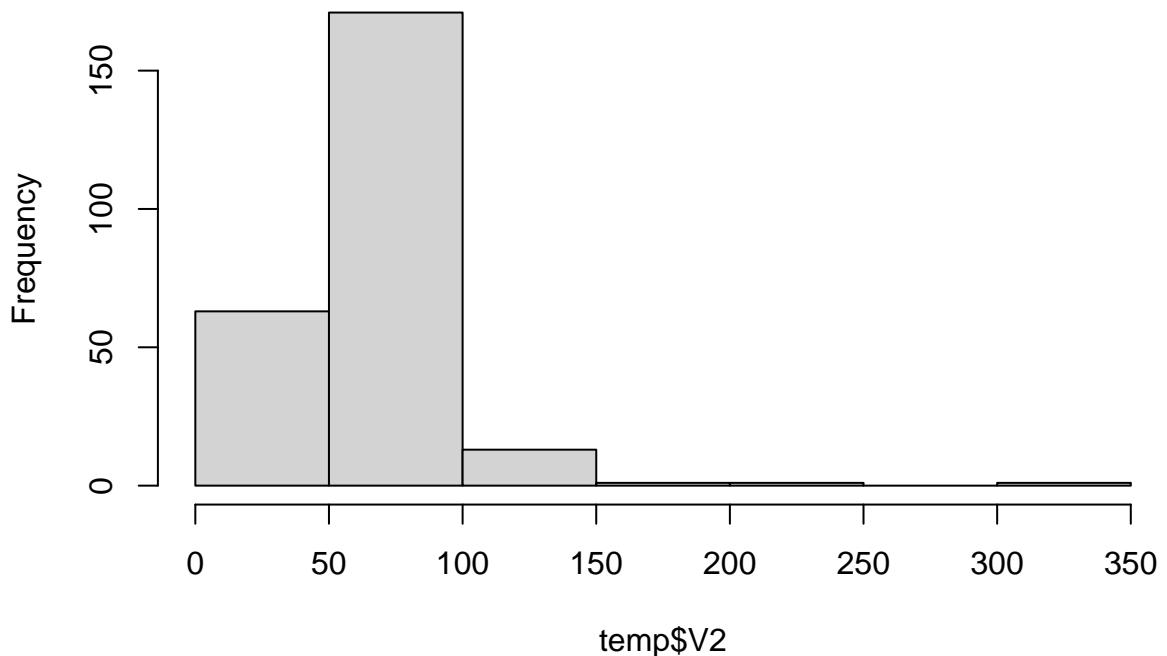
`cut(V1, pretty(temp$V1))`

TriScore

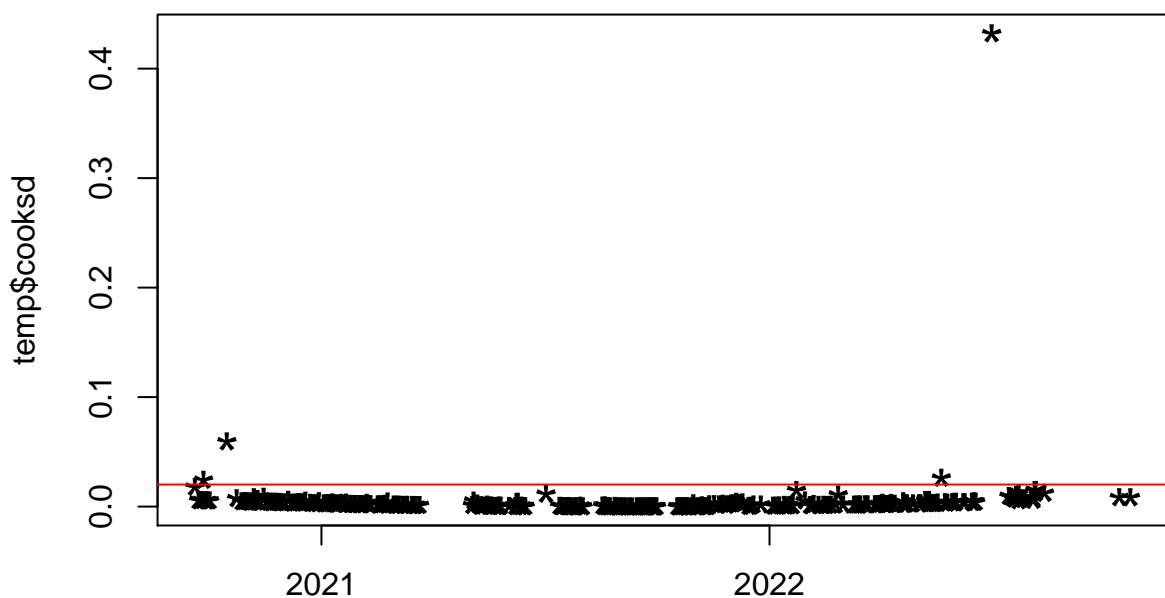


temp\$V1

Histogram of temp\$V2



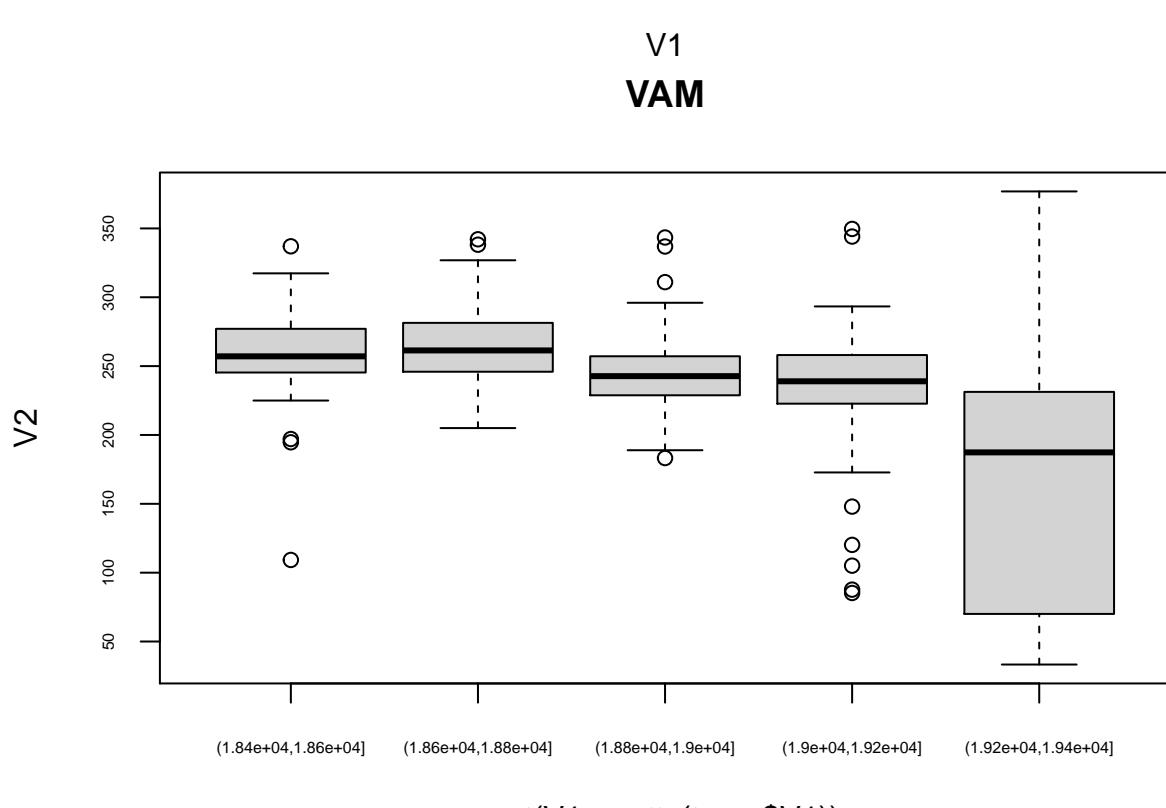
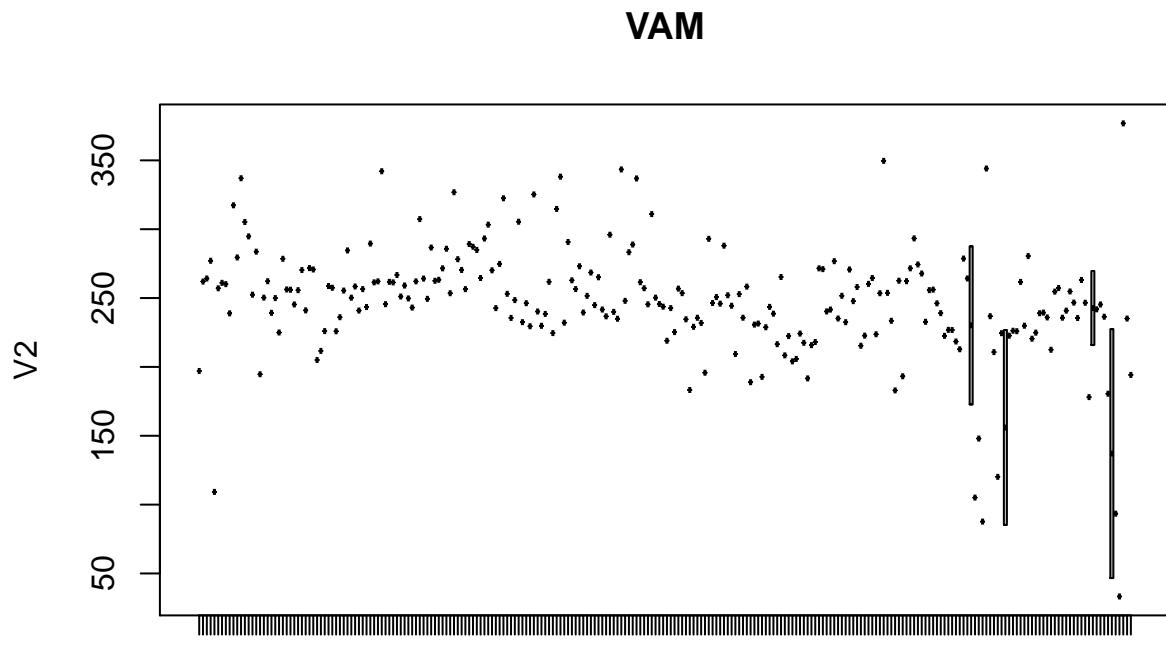
TriScore



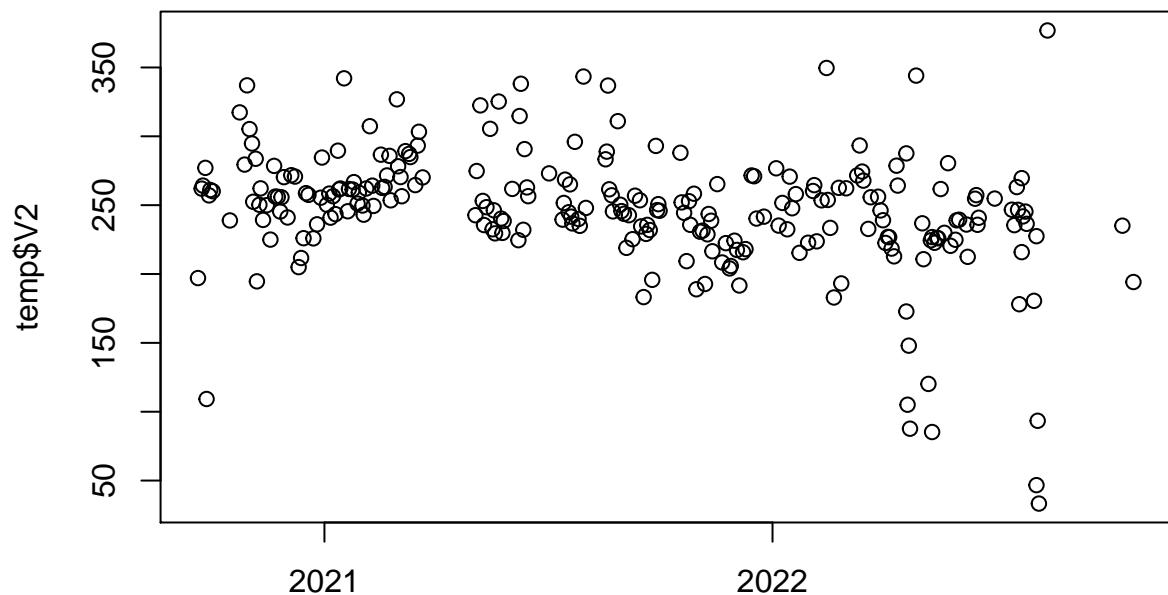
temp\$V1

Date	TriScore
2020-09-27	18.12
2022-05-21	117.3
2022-07-01	212.8
2020-10-16	330.4

Sport class: VAM

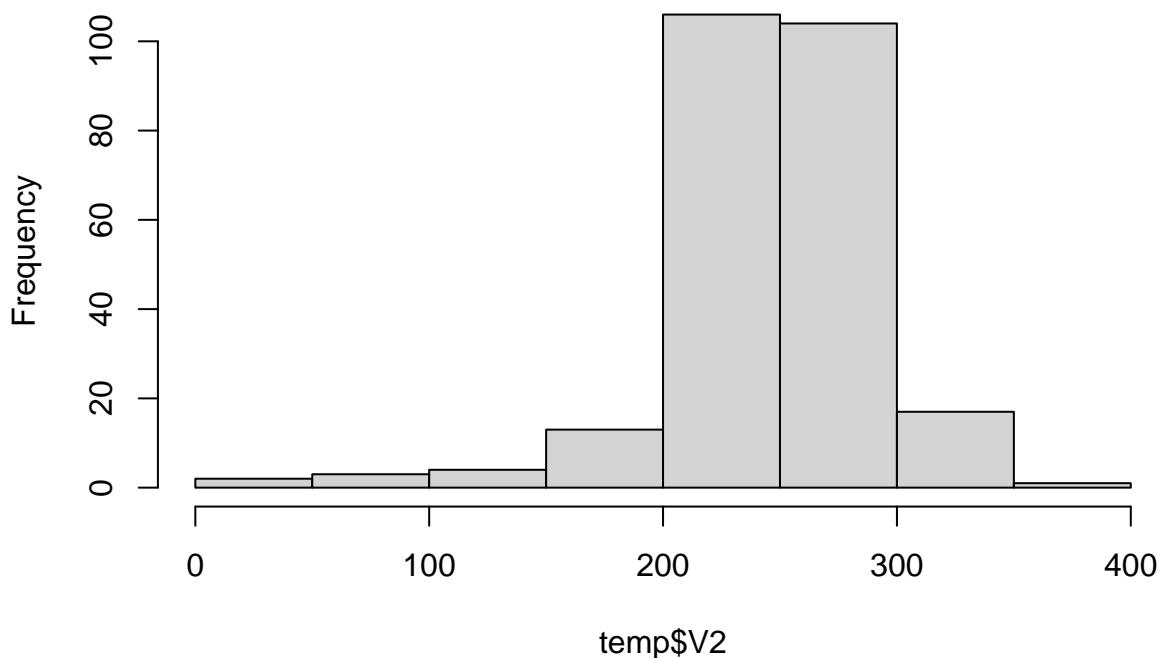


VAM

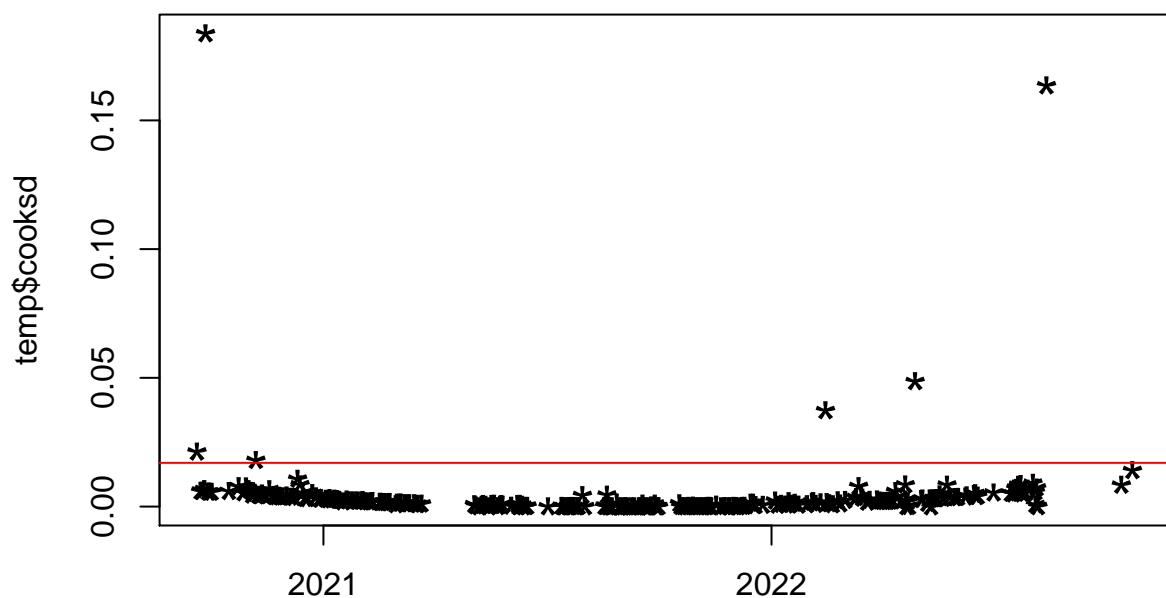


`temp$V1`

Histogram of `temp$V2`



VAM

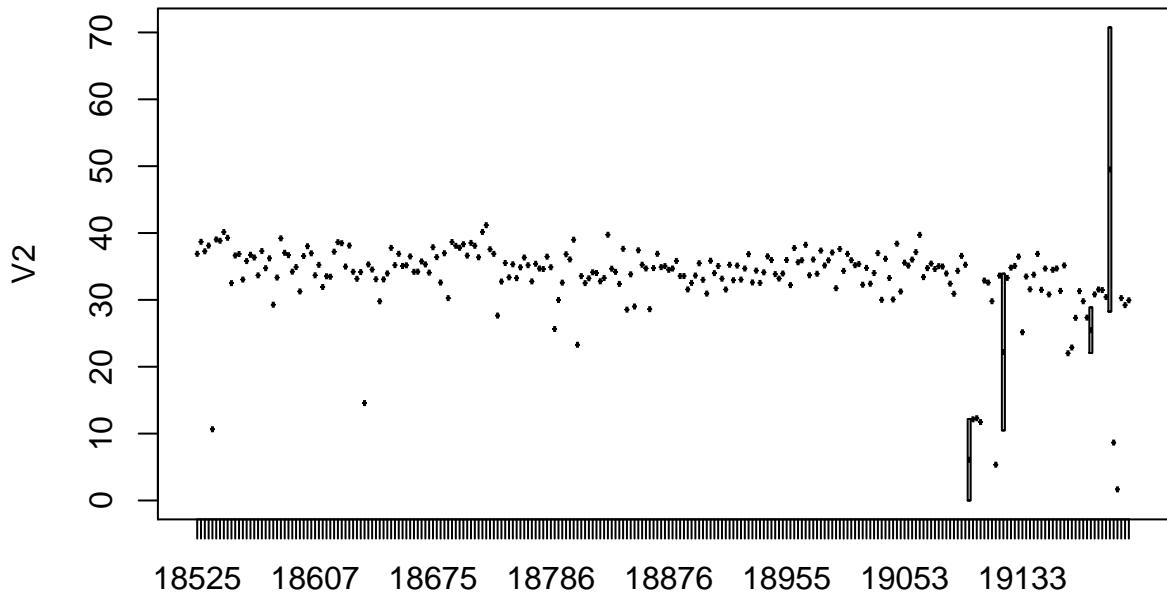


`temp$V1`

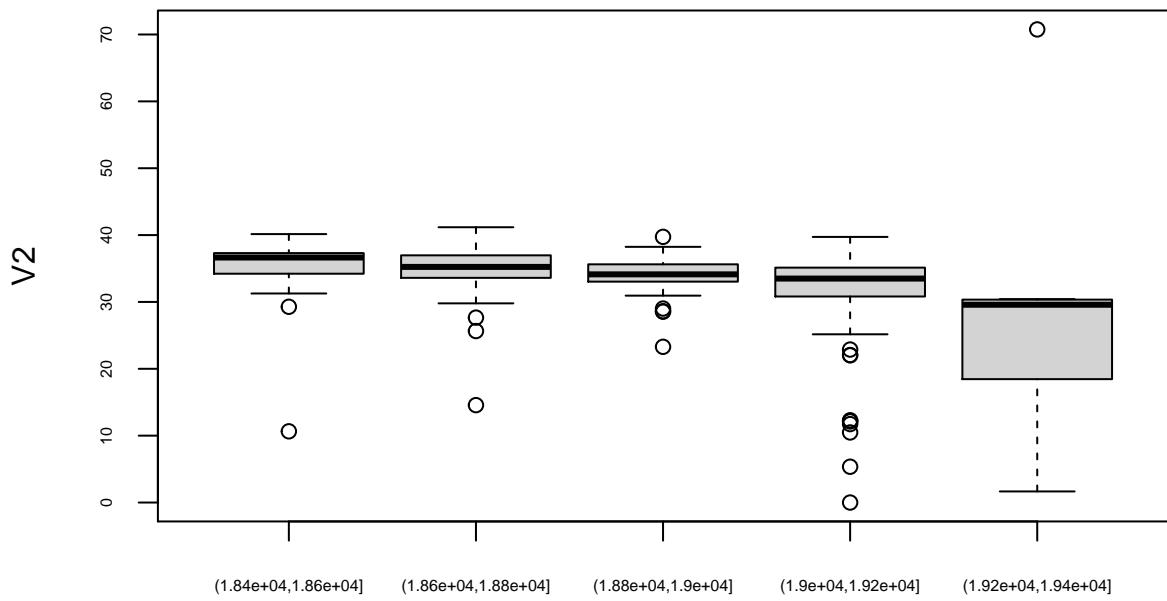
Date	VAM
2020-09-27	109.2
2020-11-07	194.7
2020-09-20	197.1
2022-04-28	344.1
2022-02-14	349.6
2022-08-13	376.9

Sport class: VDOT

VDOT

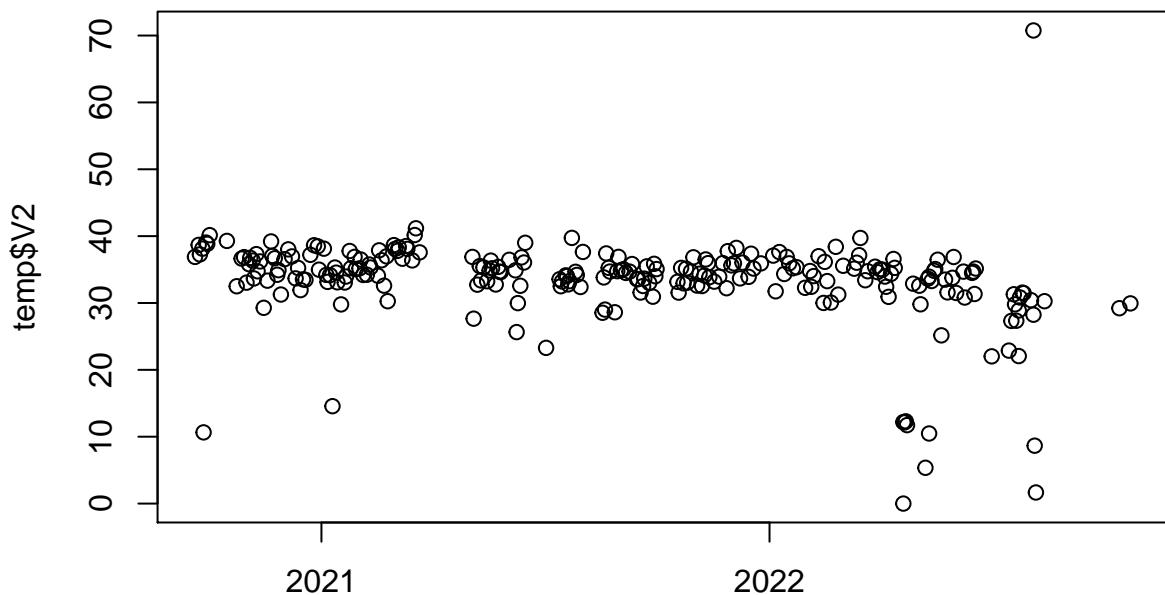


V1 VDOT



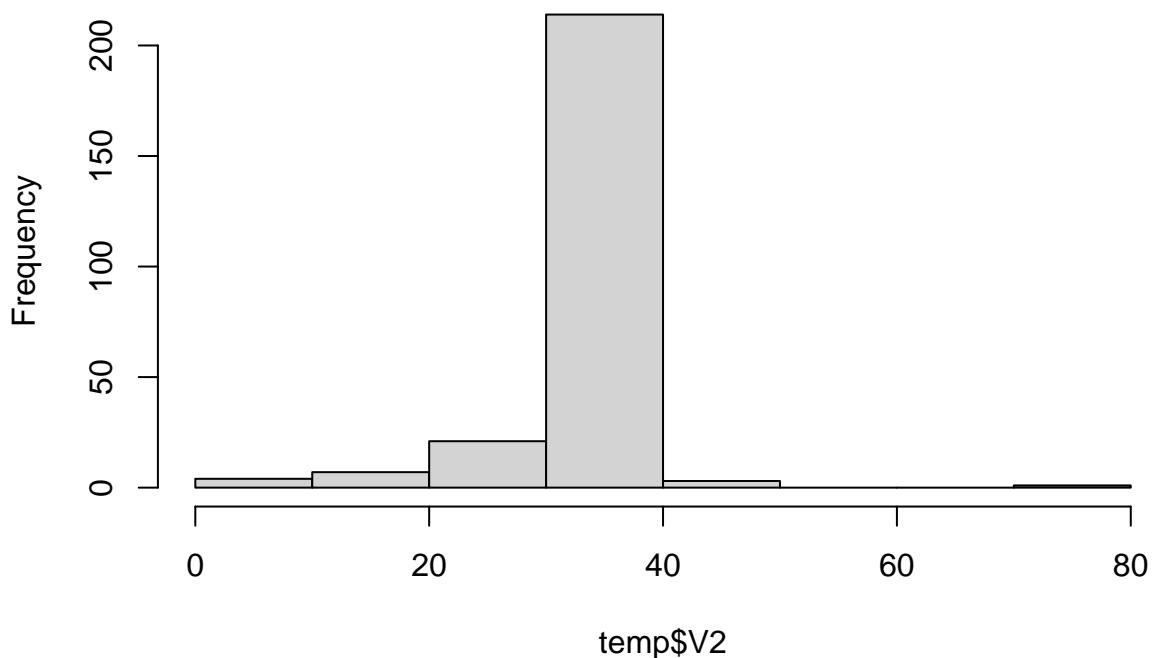
`cut(V1, pretty(temp$V1))`

VDOT

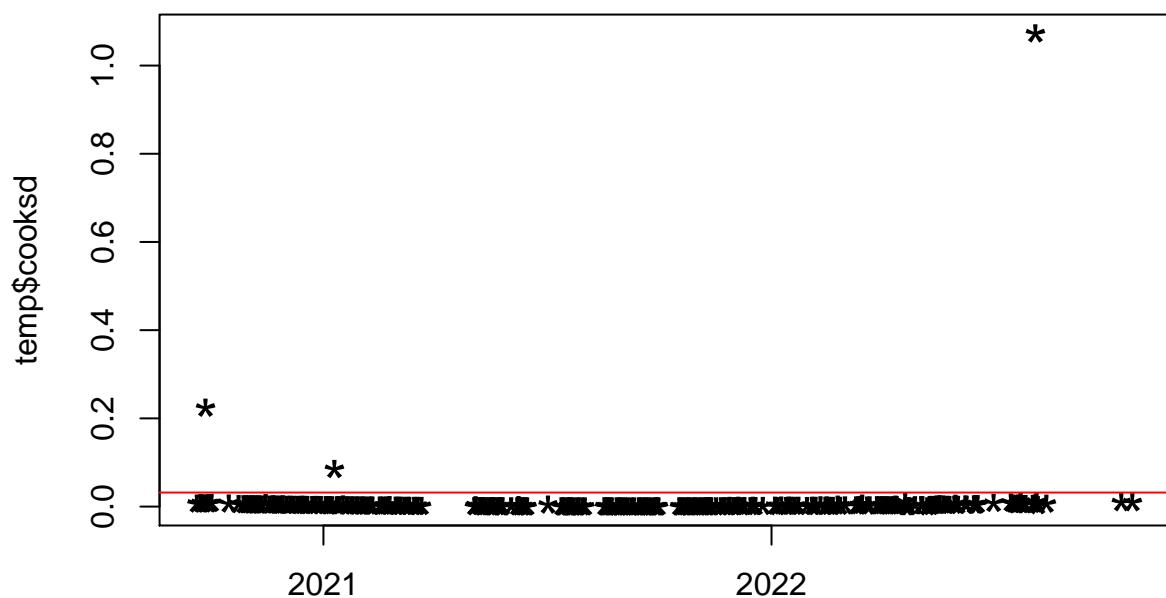


temp\$V1

Histogram of temp\$V2



VDOT

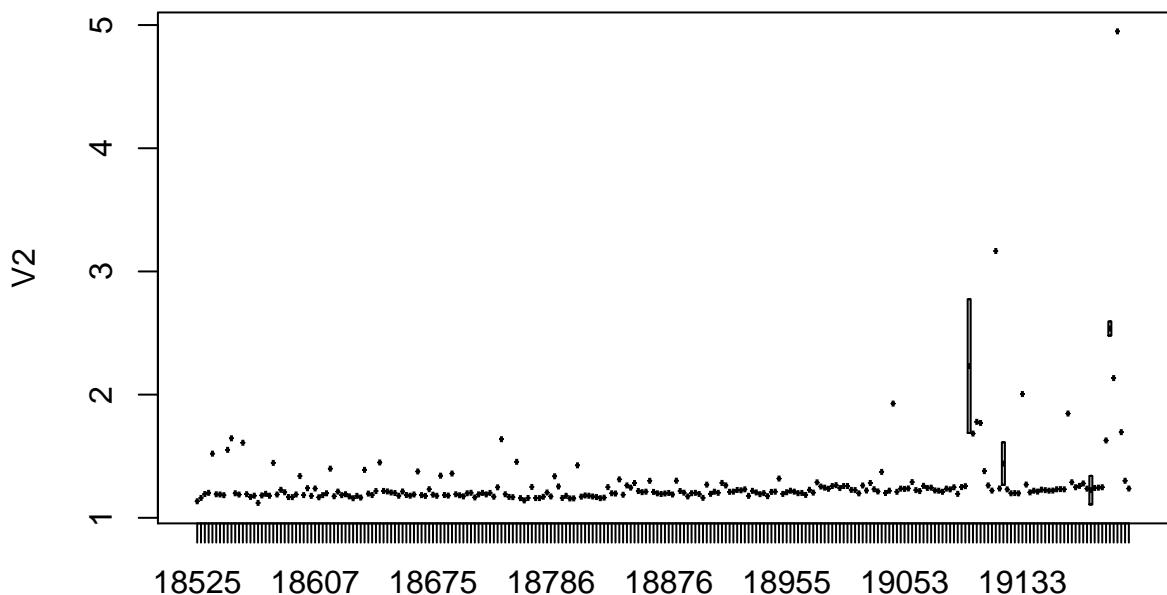


temp\$V1

Date	VDOT
2020-09-27	10.65
2021-01-10	14.57
2022-08-04	70.76

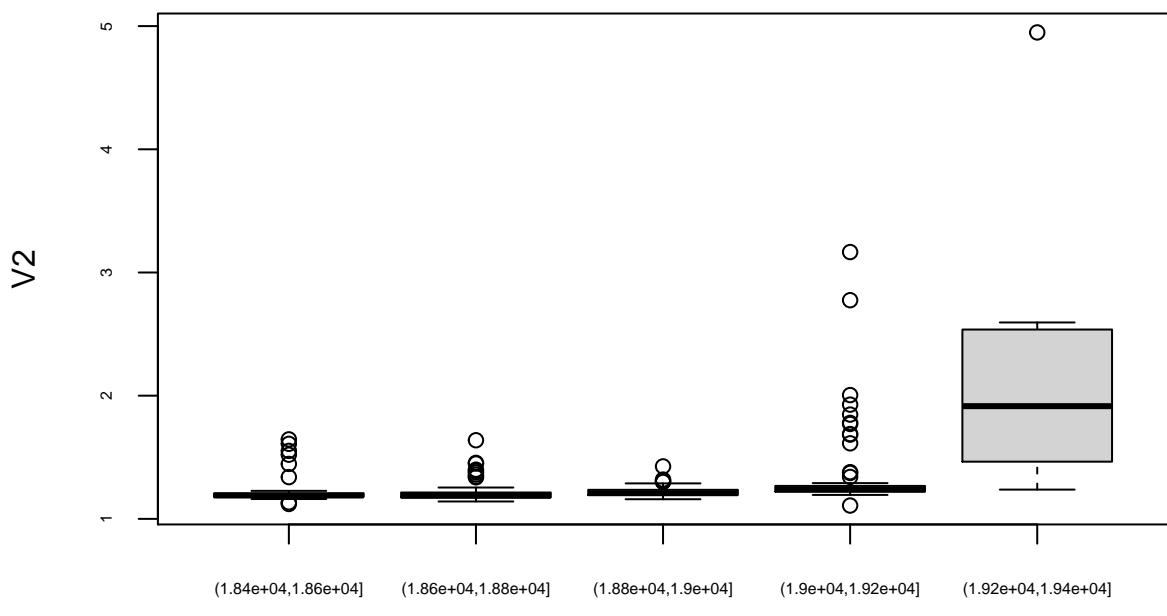
Sport class: VI

VI



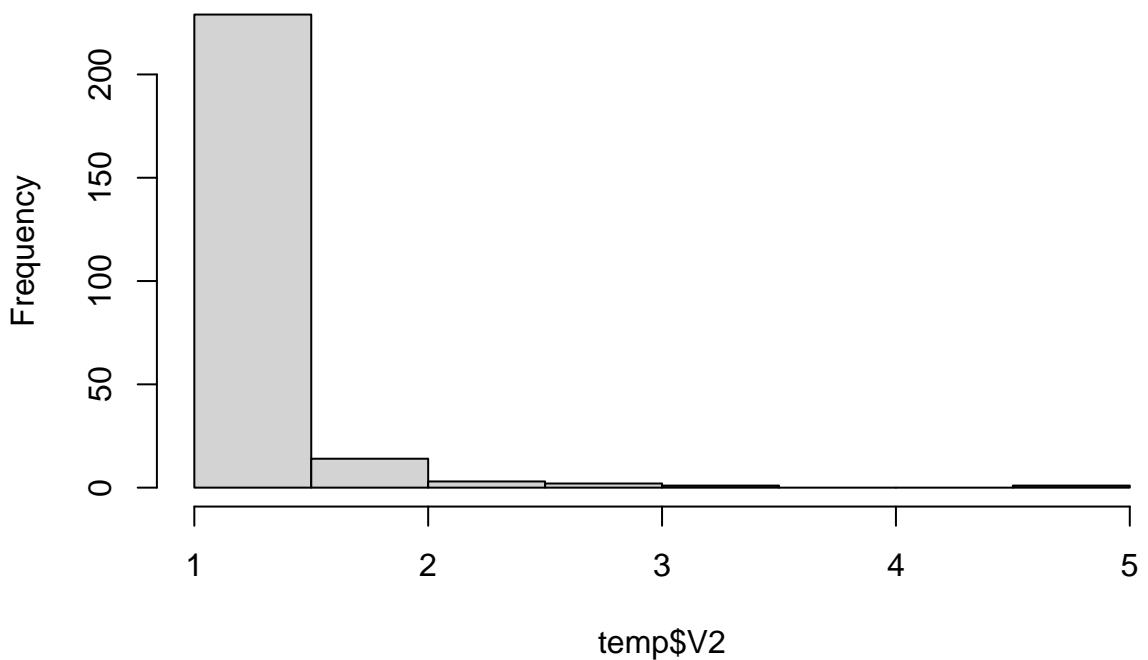
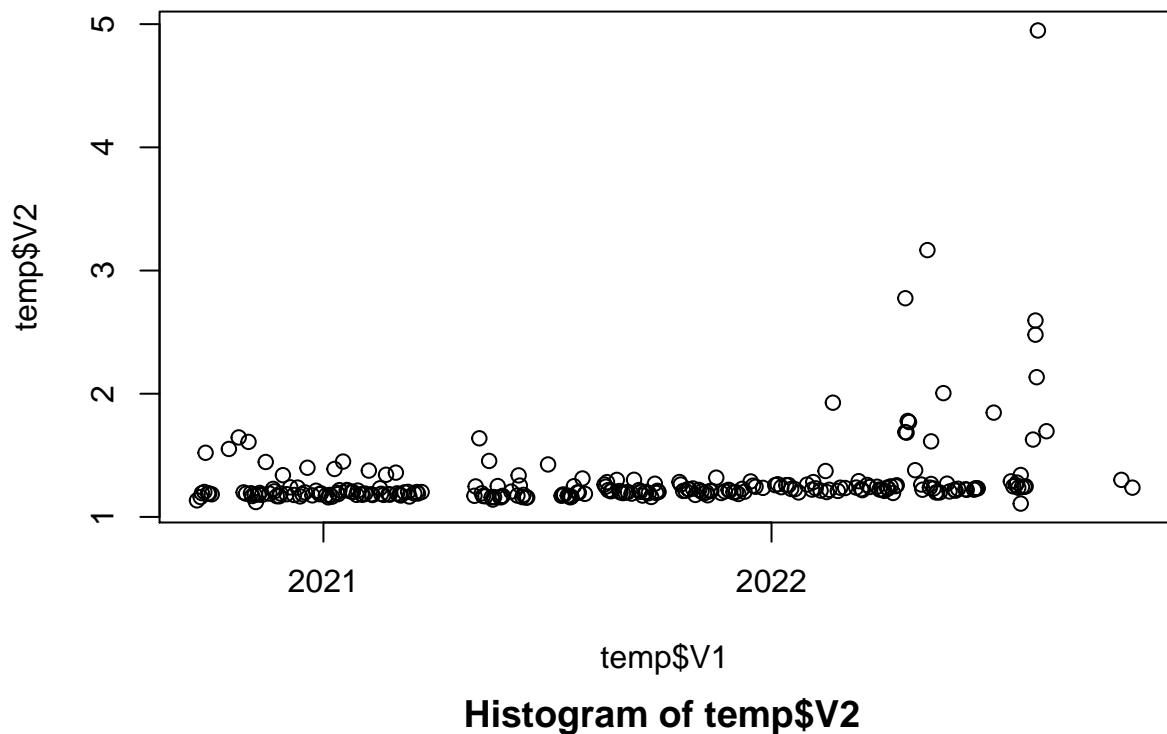
V1

VI

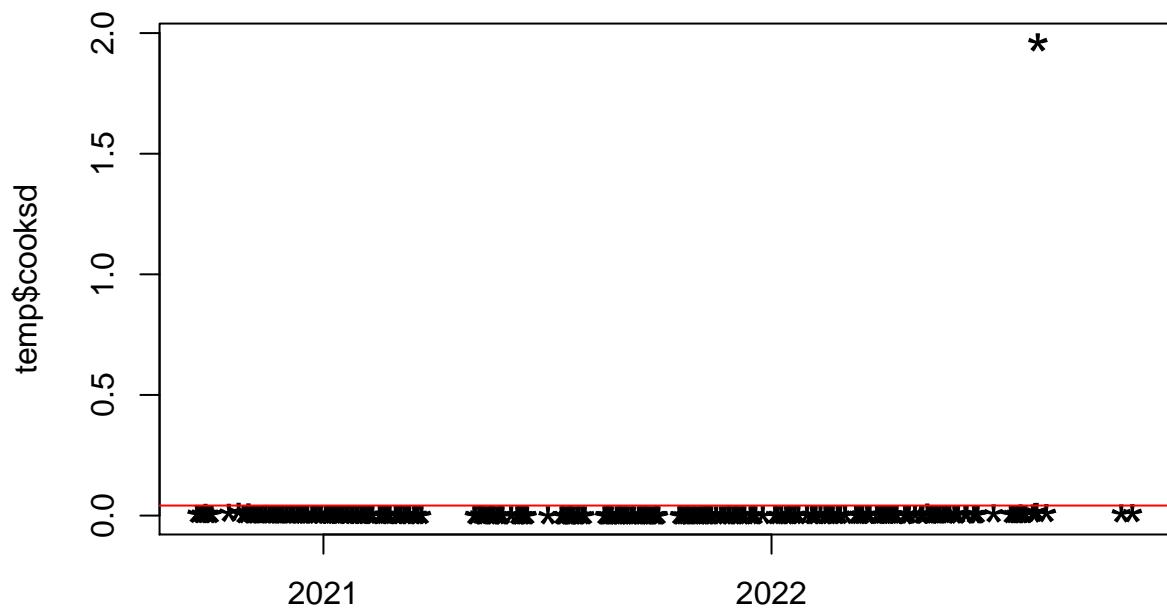


`cut(V1, pretty(temp$V1))`

VI



VI

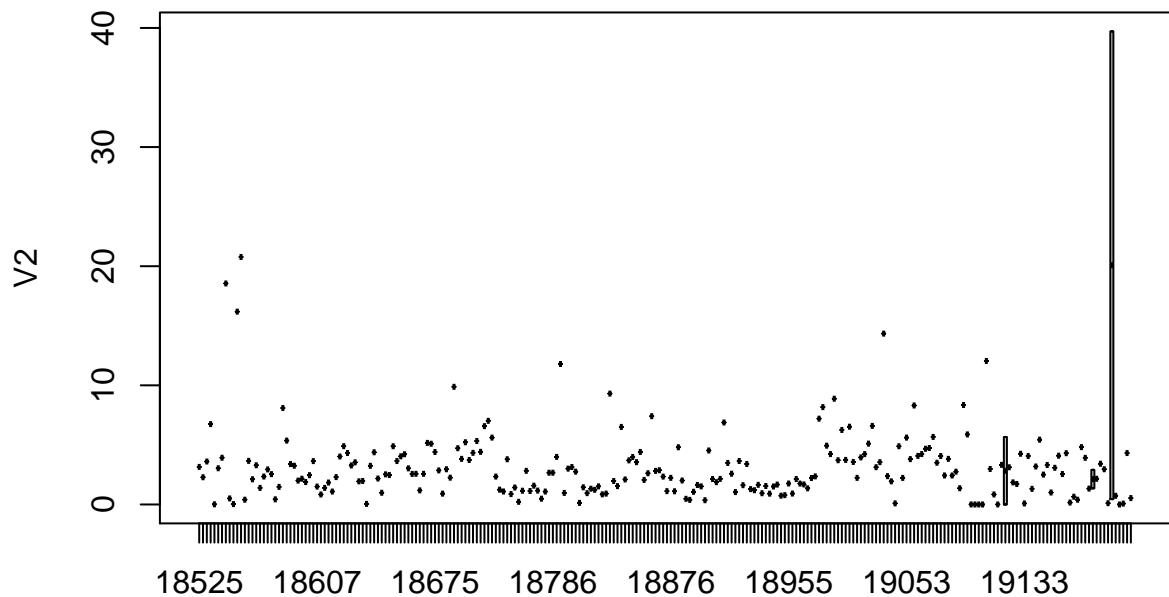


temp\$V1

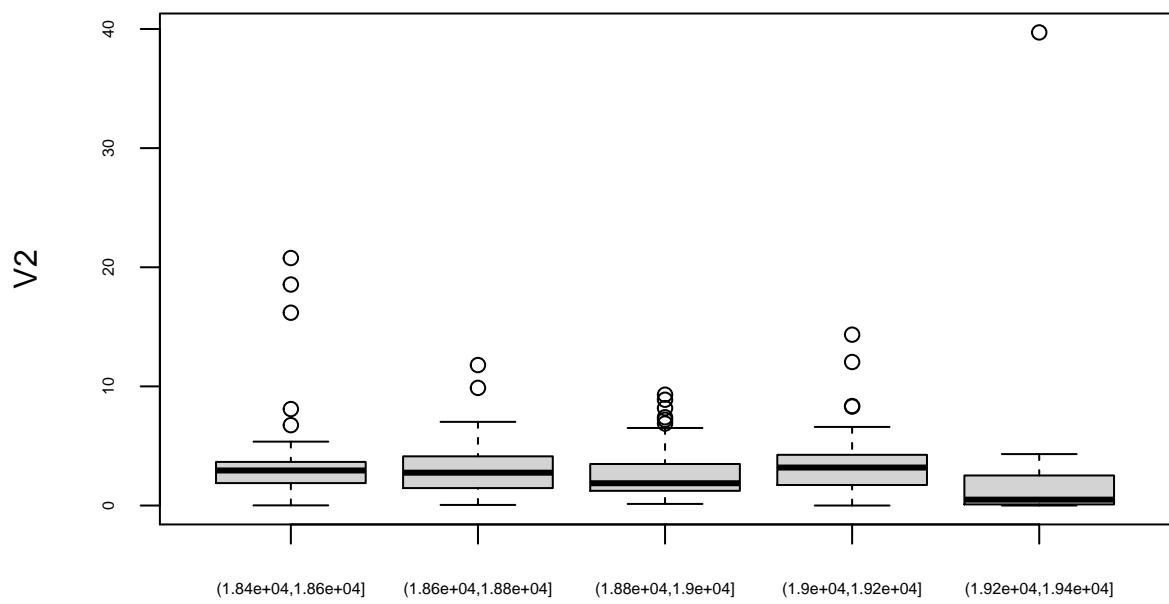
Date	VI
2022-08-06	4.949

Sport class: W__Watts

W__Watts

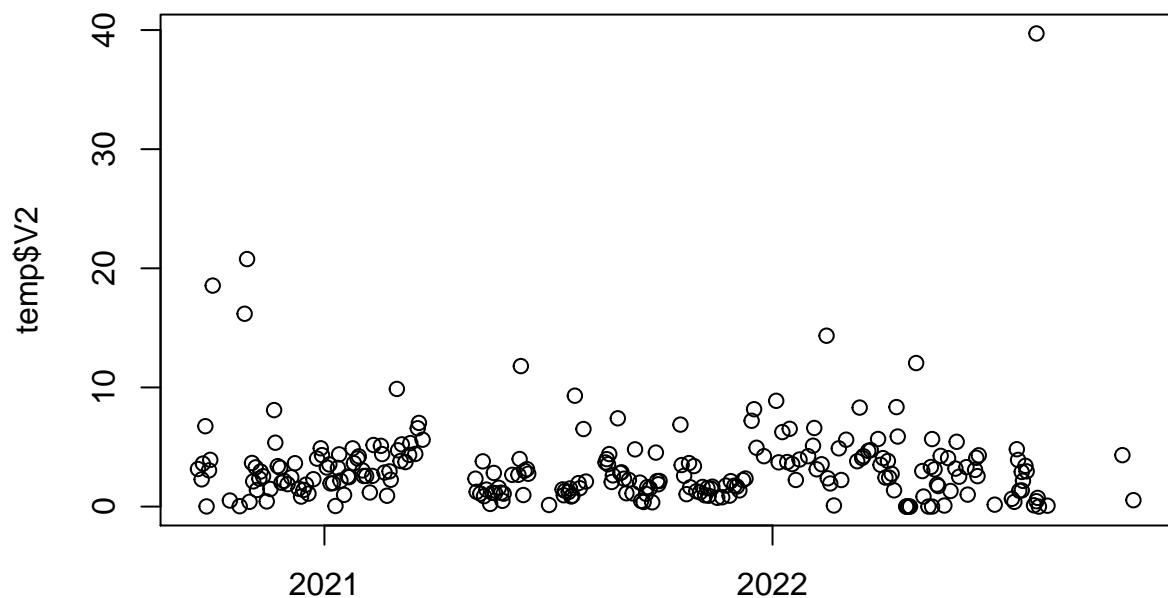


V1
W__Watts



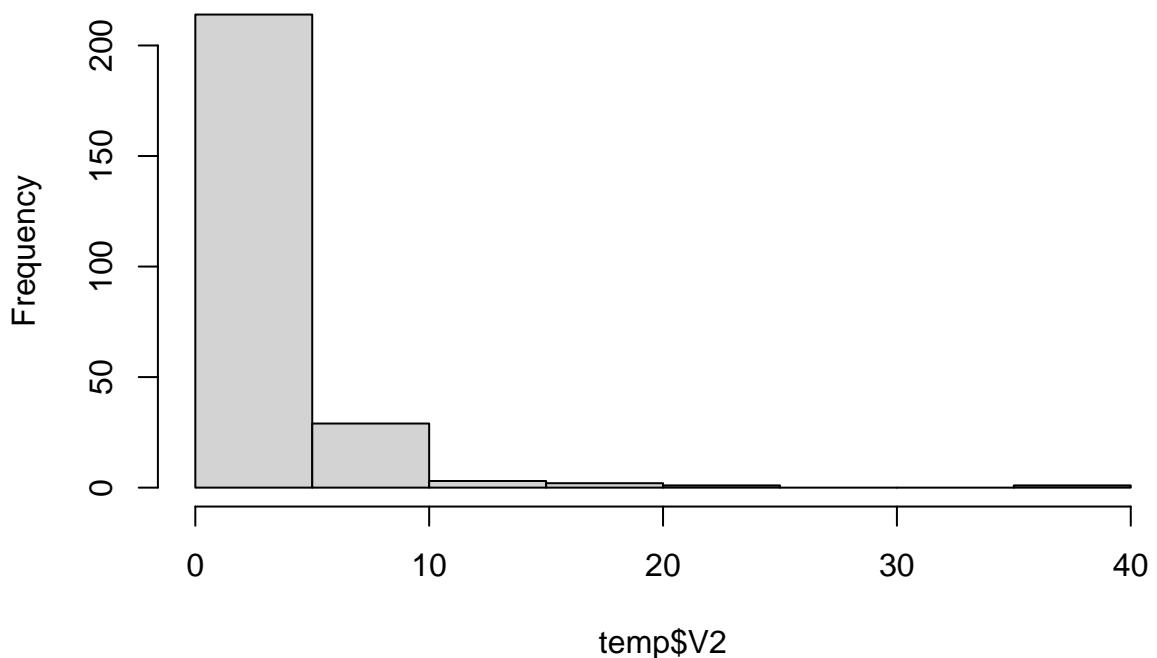
`cut(V1, pretty(temp$V1))`

W_Watts

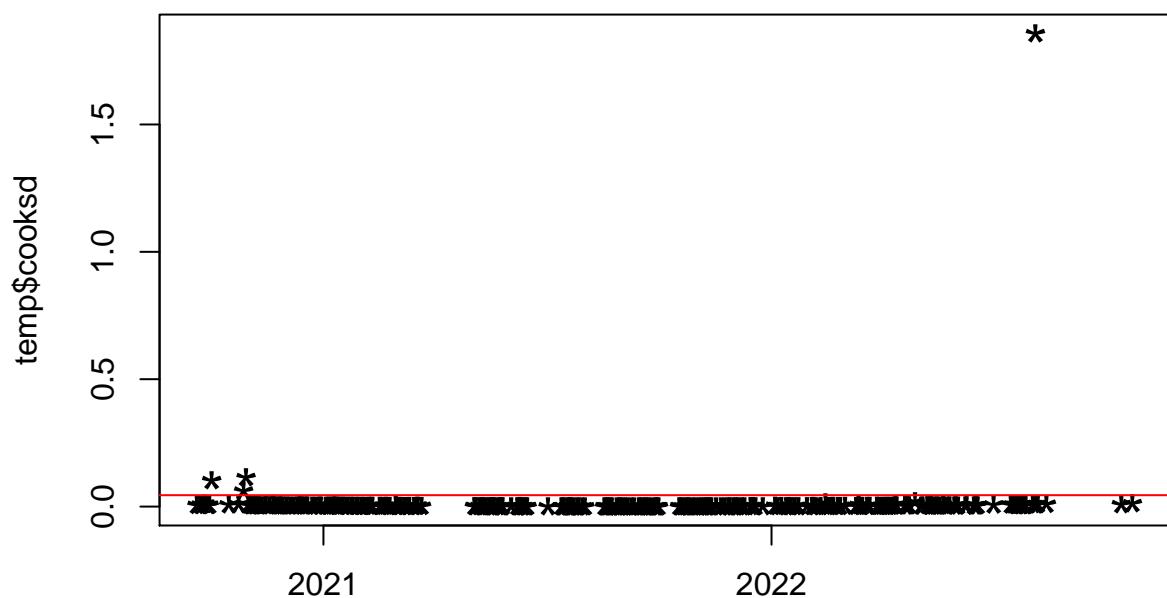


`temp$V1`

Histogram of `temp$V2`



W_Watts

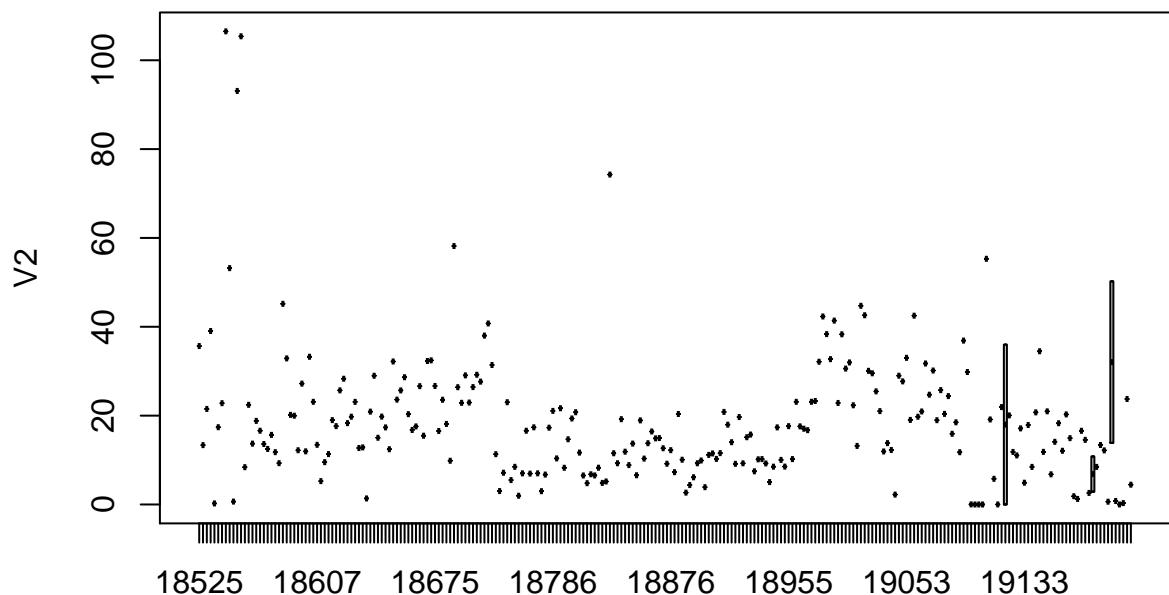


temp\$V1

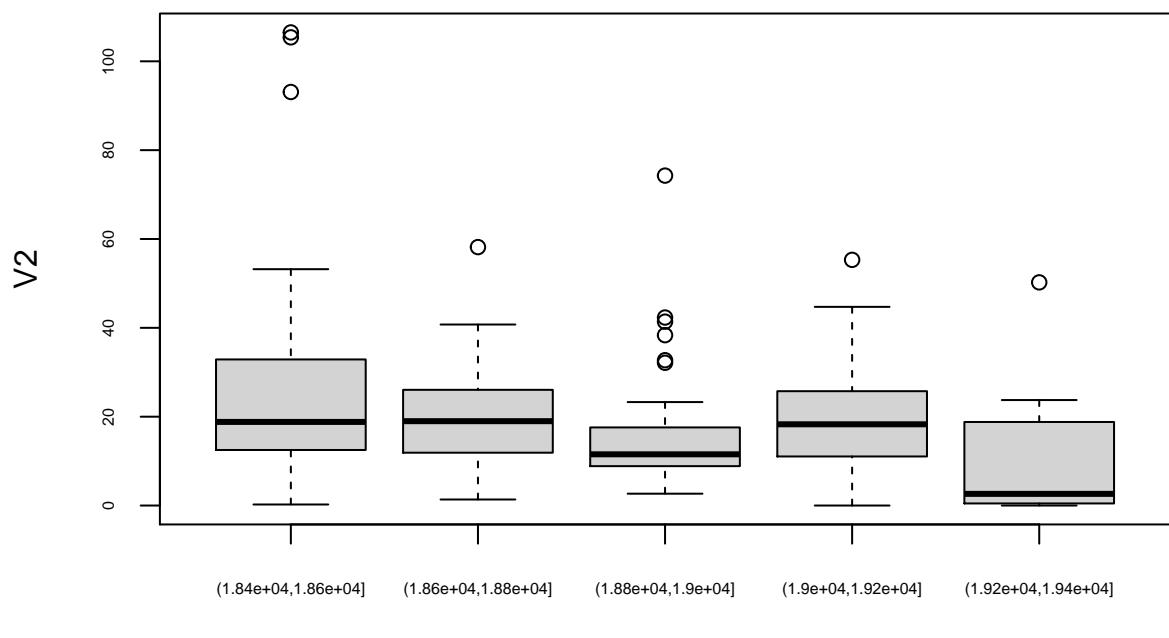
Date	W_Watts
2020-10-28	16.18
2020-10-02	18.55
2020-10-30	20.78
2022-08-04	39.71

Sport class: W__Work

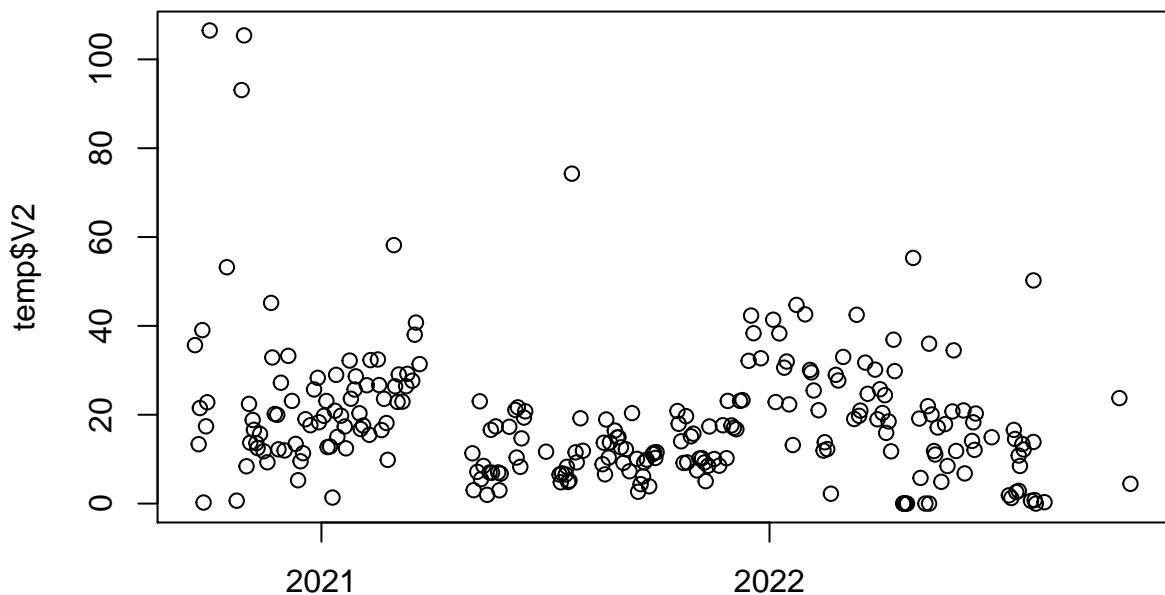
W__Work



V1 W__Work

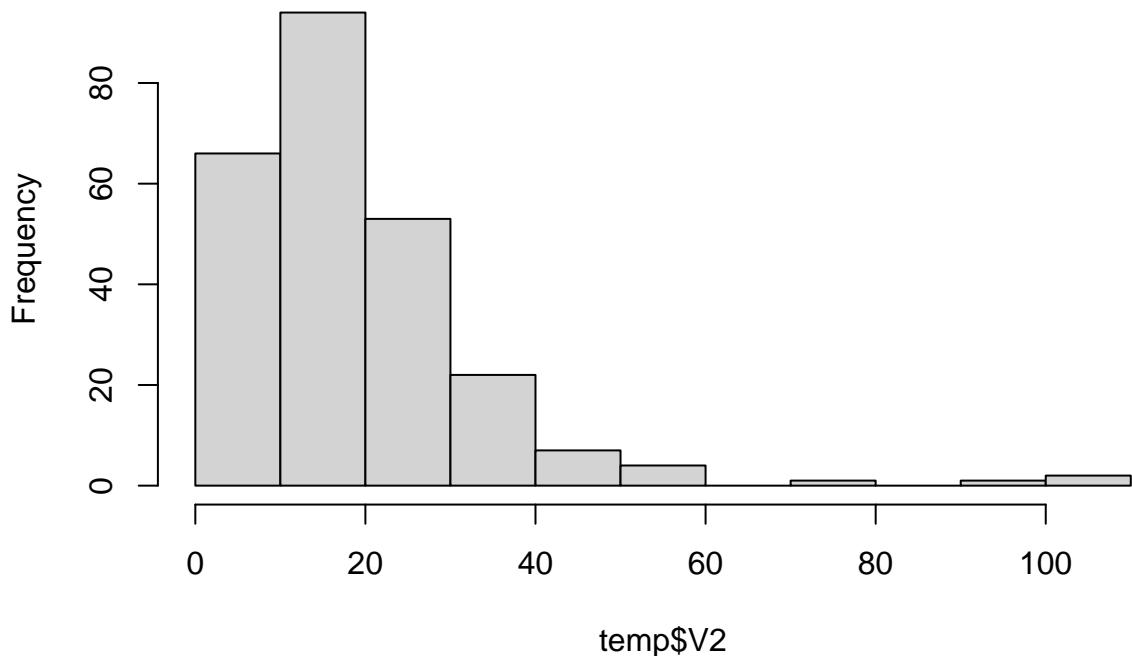


W__Work

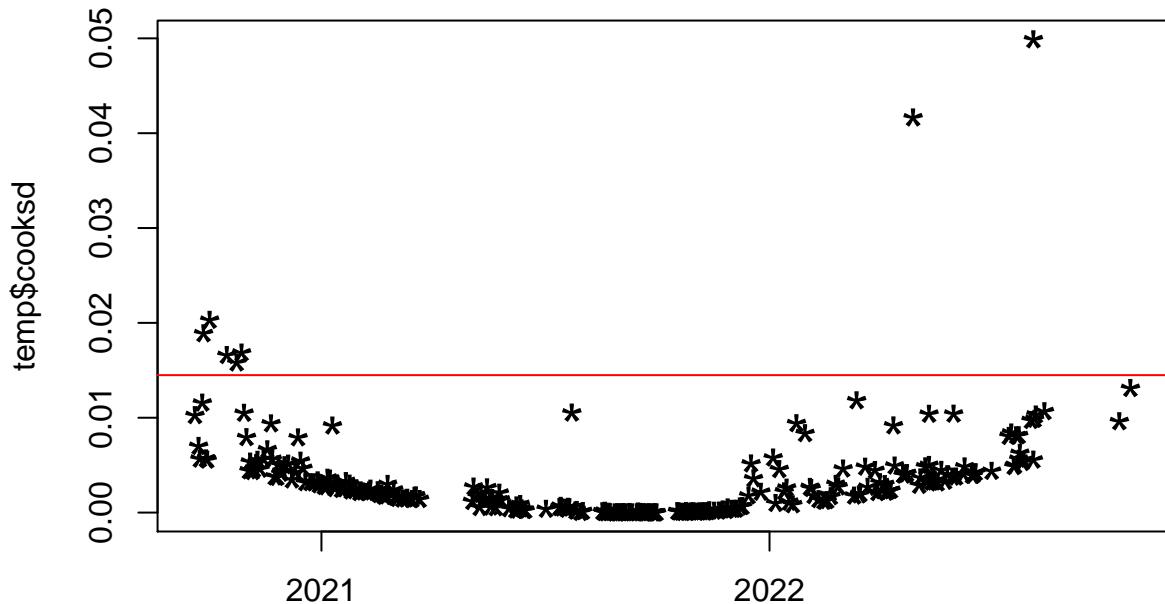


`temp$V1`

Histogram of `temp$V2`



W__Work

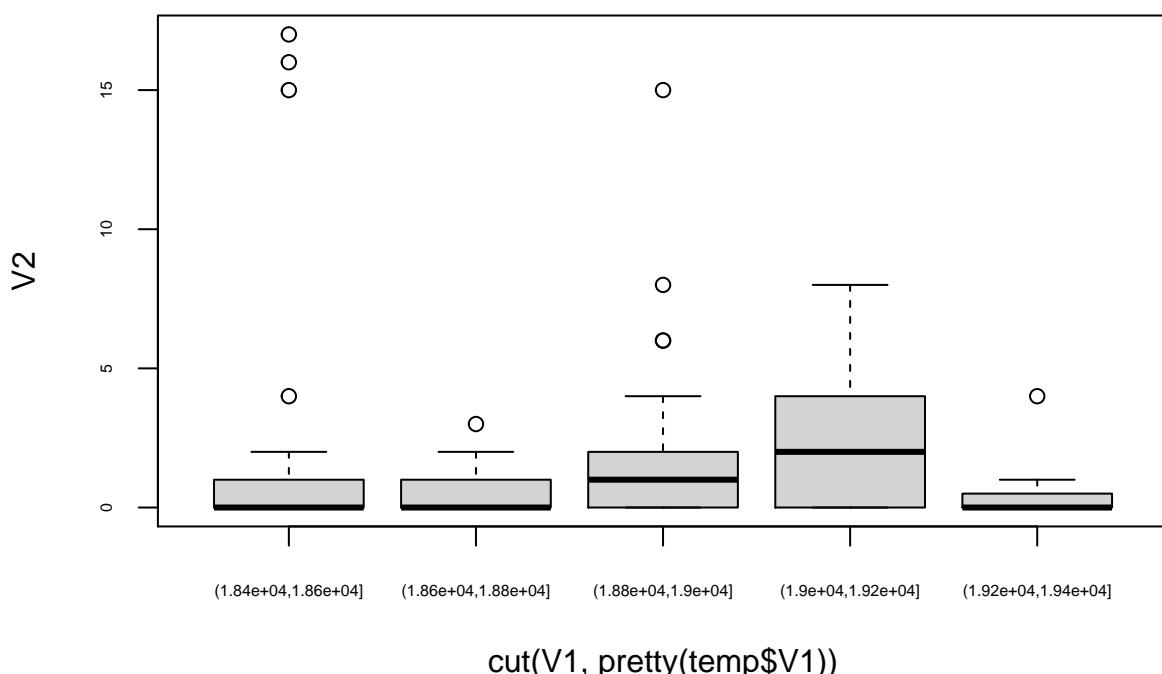
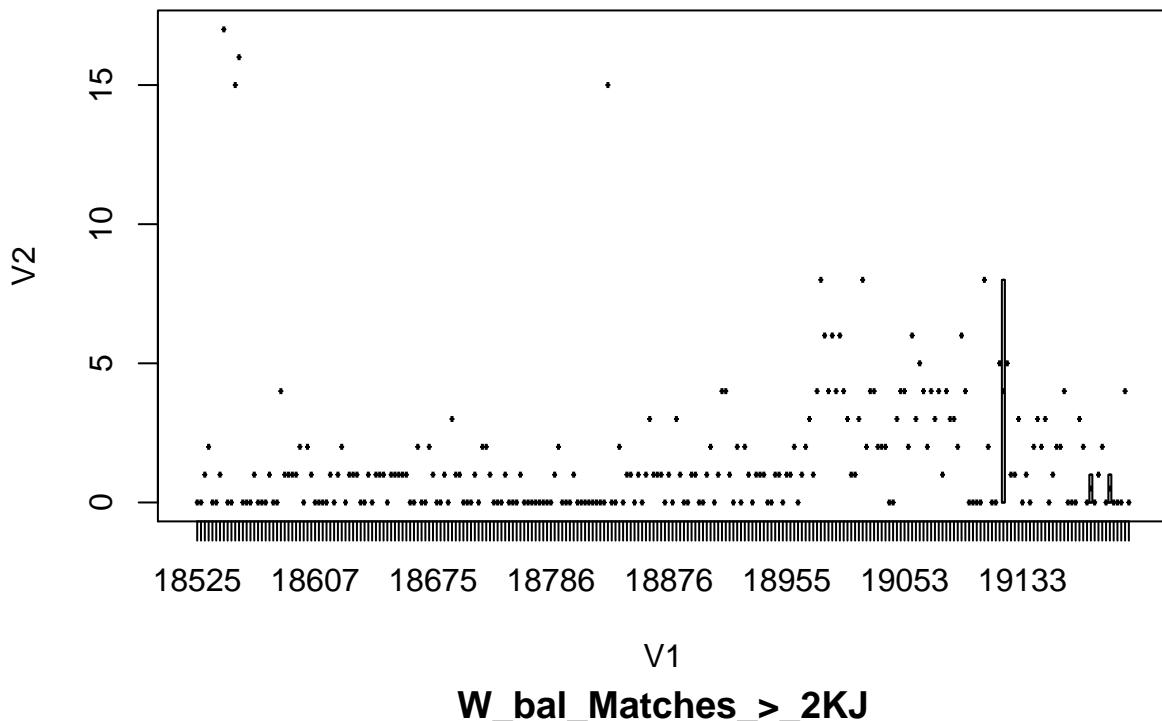


temp\$V1

Date	W__Work
2020-09-27	0.2337
2020-10-24	0.6547
2022-08-04	50.24
2020-10-16	53.2
2022-04-28	55.31
2020-10-28	93.09
2020-10-02	106.5

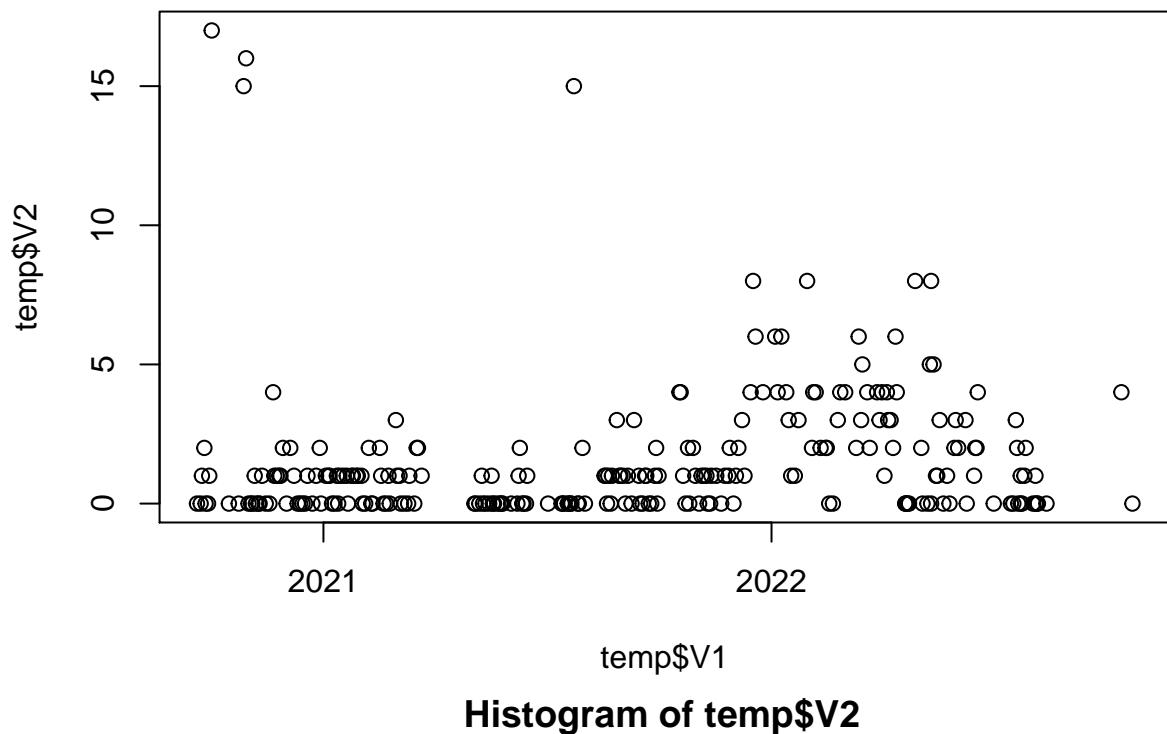
Sport class: W_bal_Matches_>_2KJ

W_bal_Matches_>_2KJ



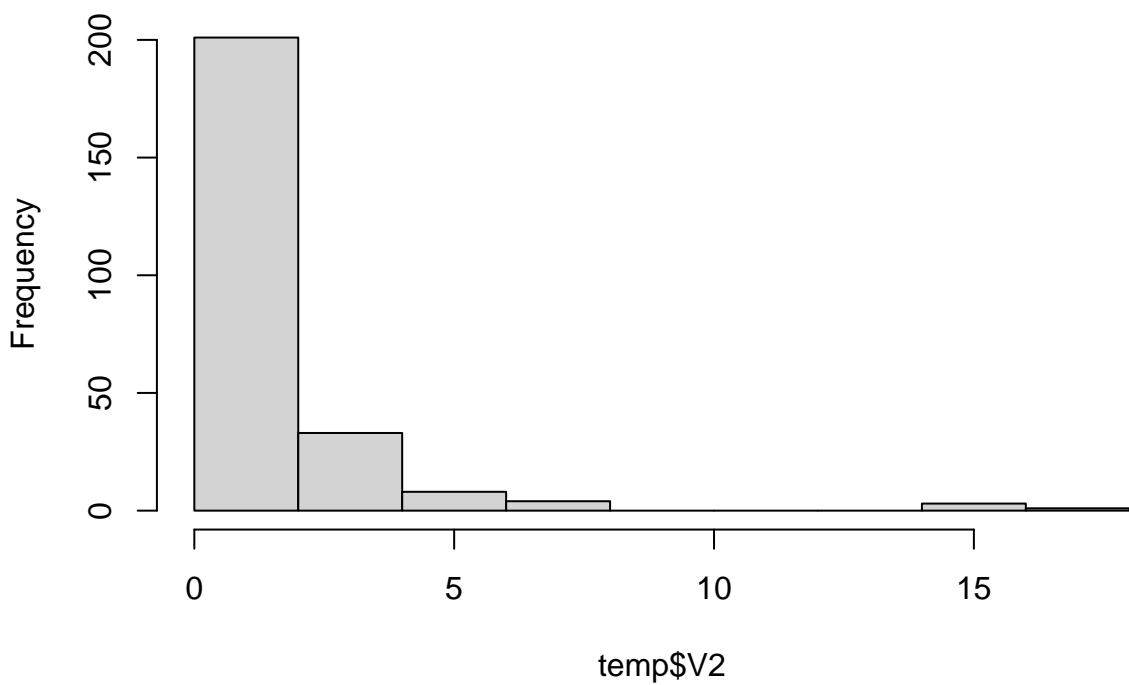
`cut(V1, pretty(temp$V1))`

W_bal_Matches_>_2KJ



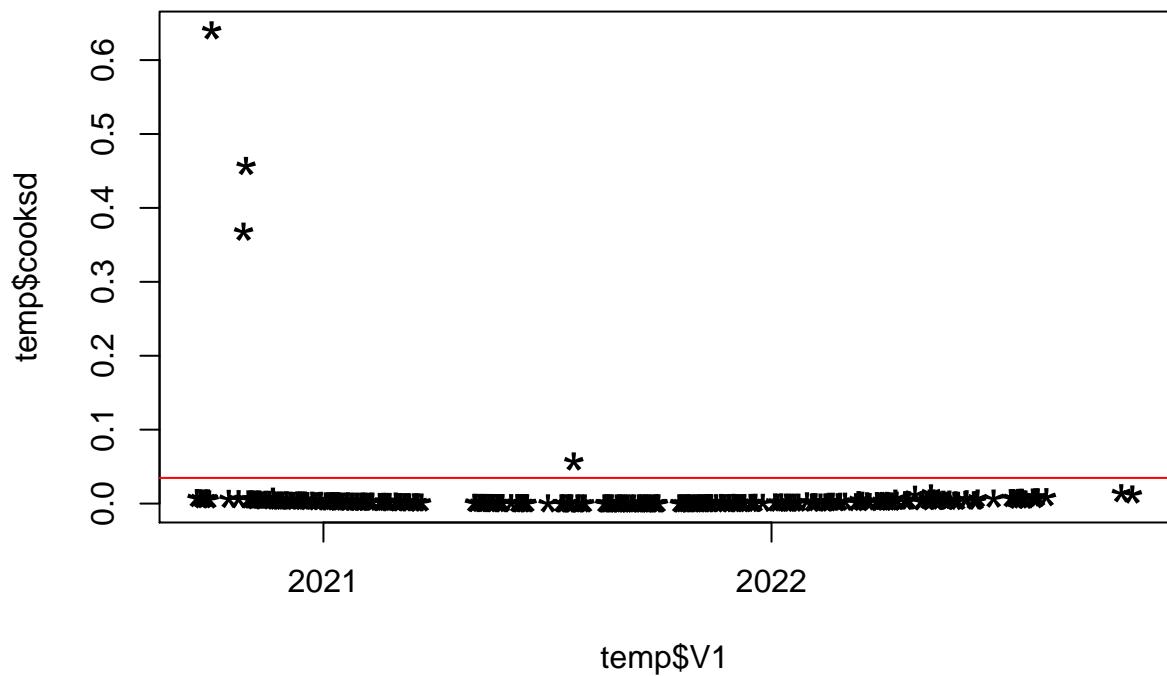
`temp$V1`

Histogram of `temp$V2`



`temp$V2`

W_bal_Matches_>_2KJ

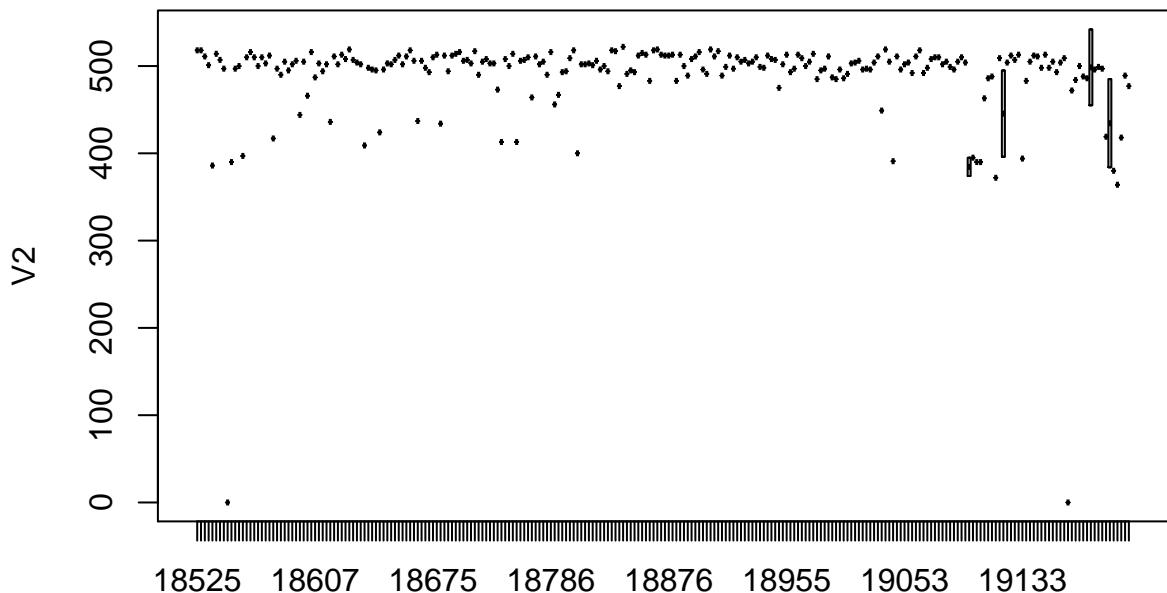


`temp$V1`

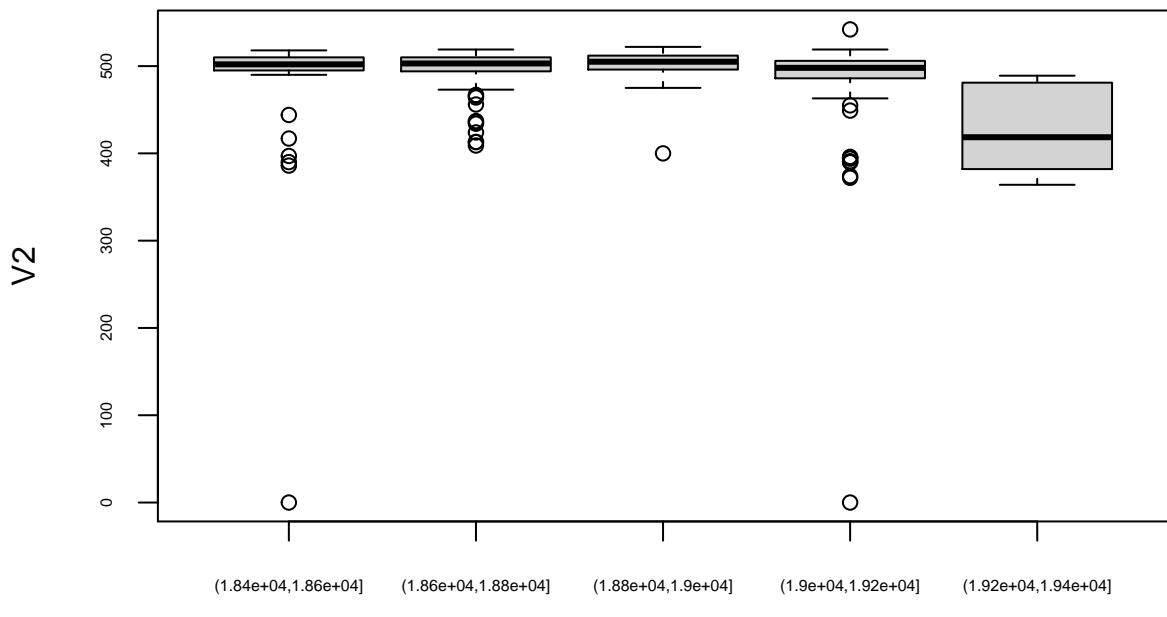
Date	W_bal_Matches_>_2KJ
2020-10-28	15
2021-07-24	15
2020-10-30	16
2020-10-02	17

Sport class: W_bal_TAU

W_bal_TAU

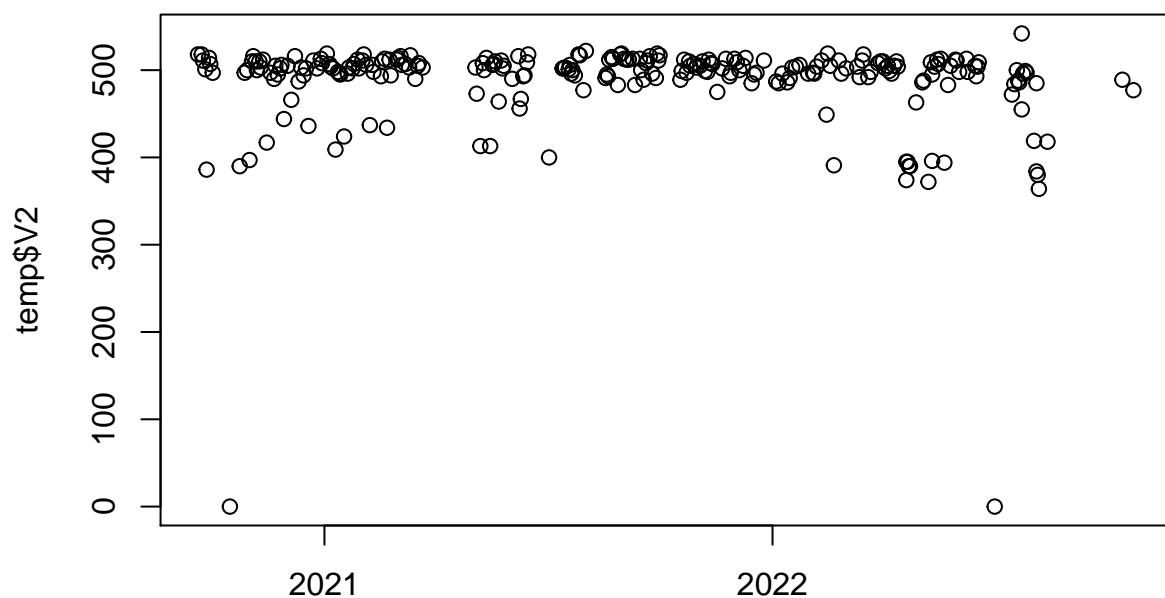


V1 W_bal_TAU



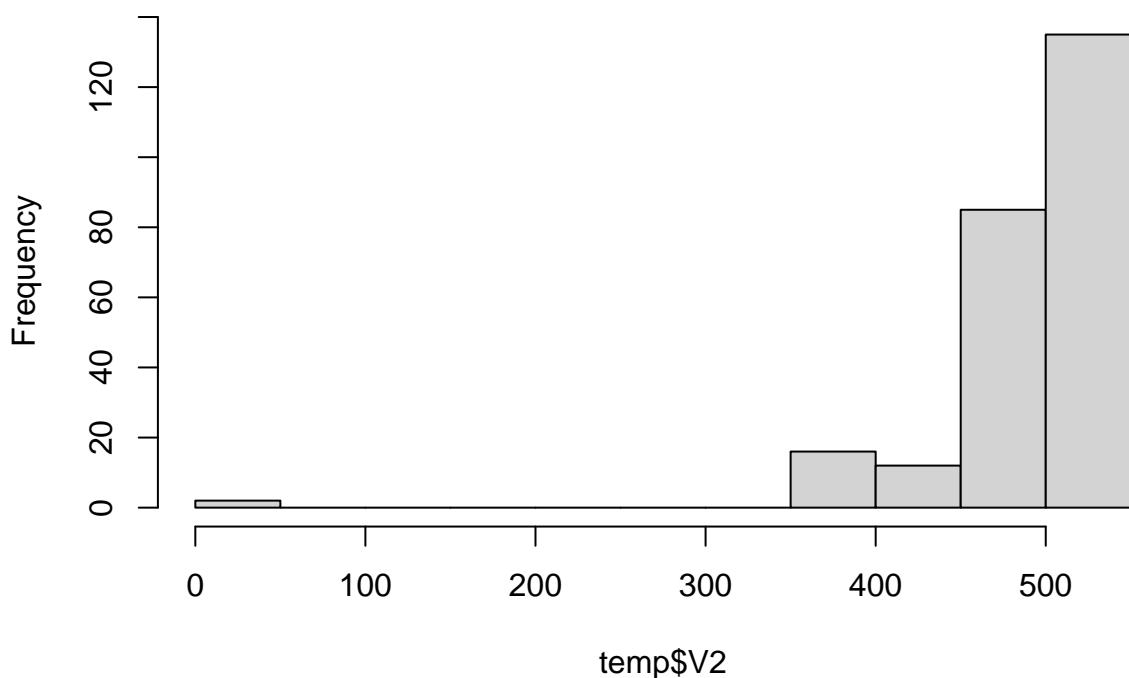
cut(V1, pretty(temp\$V1))

W_bal_TAU

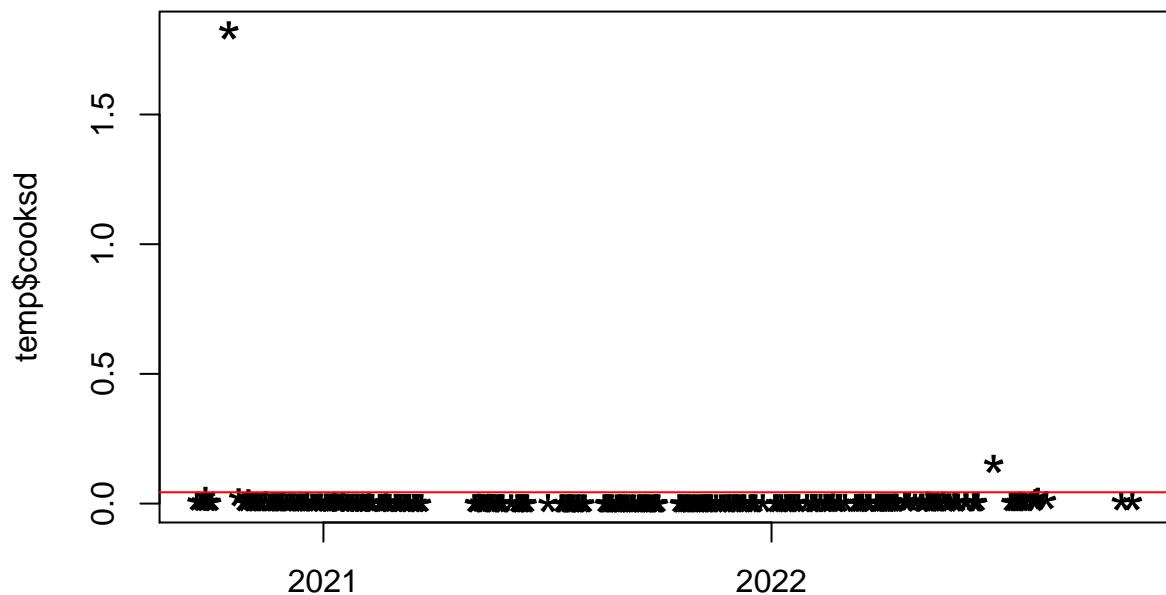


`temp$V1`

Histogram of `temp$V2`



W_bal_TAU

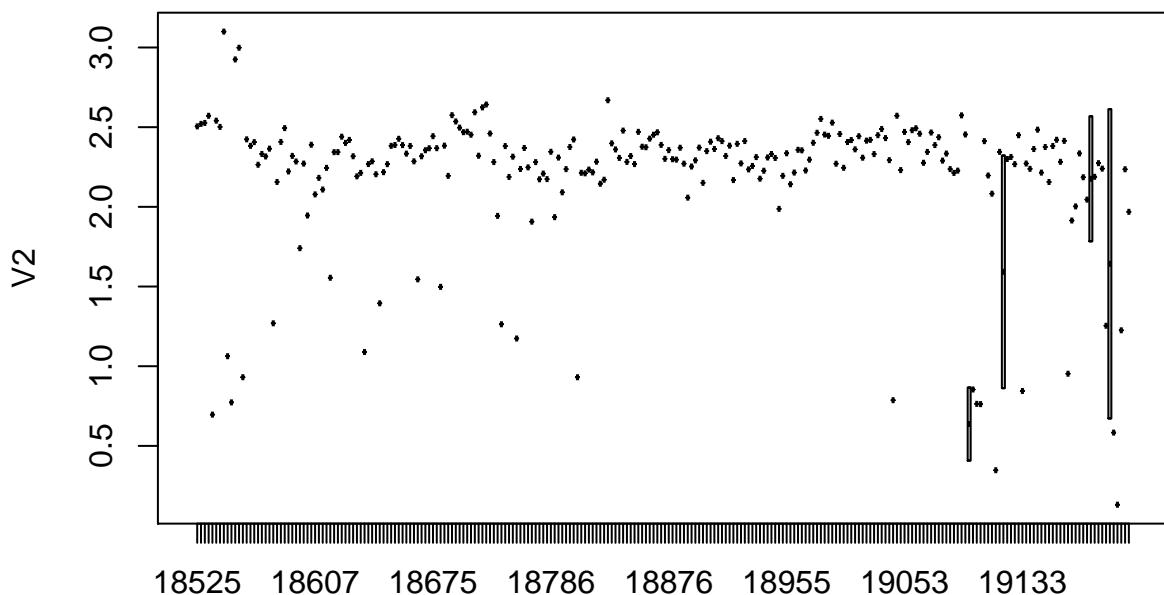


`temp$V1`

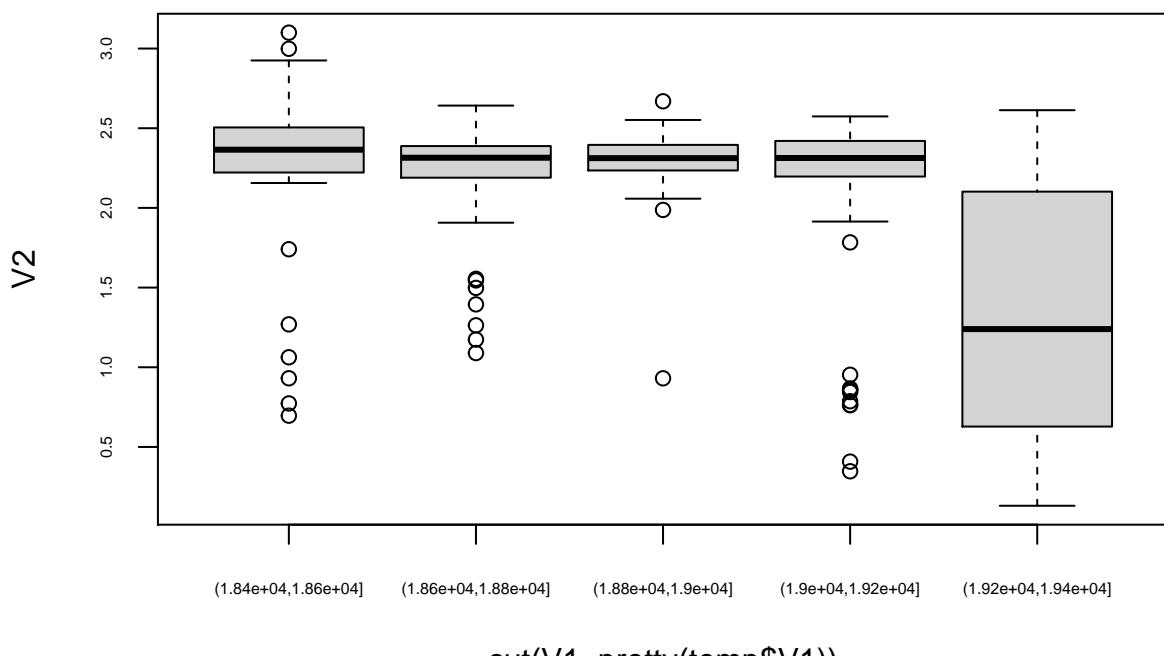
Date	W_bal_TAU
2020-10-16	0
2022-07-01	0

Sport class: Watts_Per_Kilogram

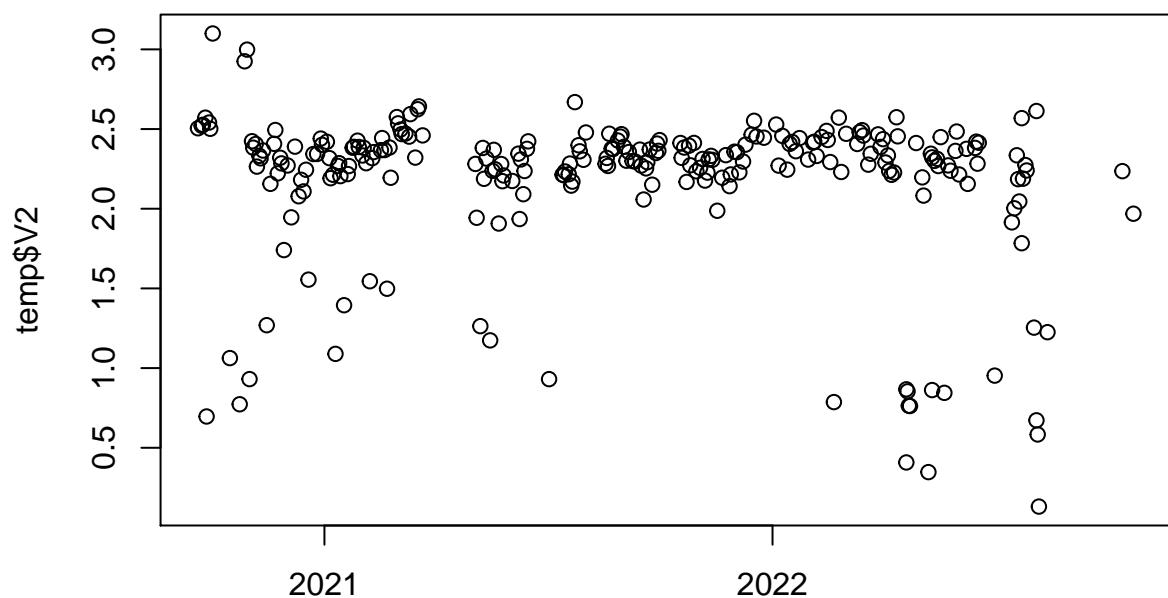
Watts_Per_Kilogram



V1 Watts_Per_Kilogram

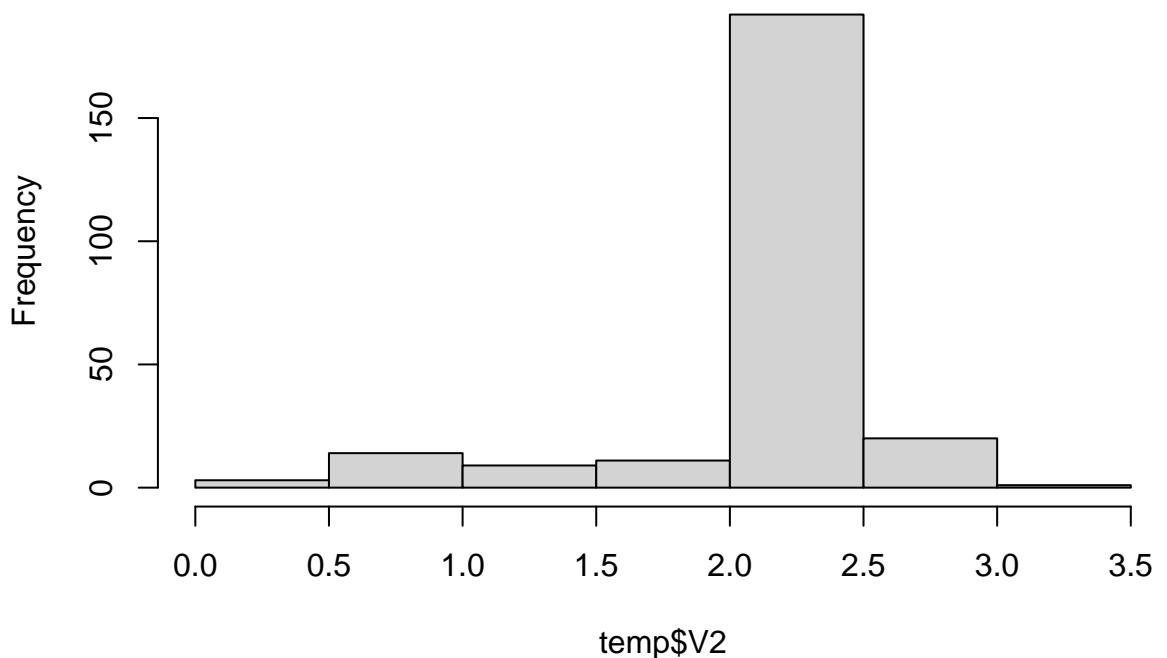


Watts_Per_Kilogram

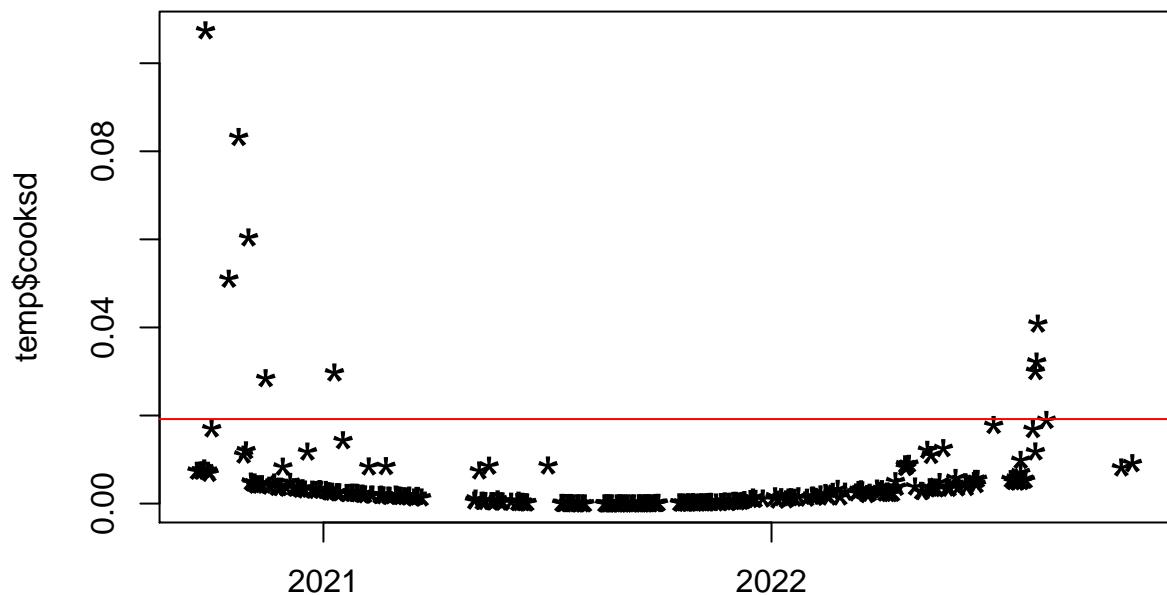


temp\$V1

Histogram of temp\$V2



Watts_Per_Kilogram

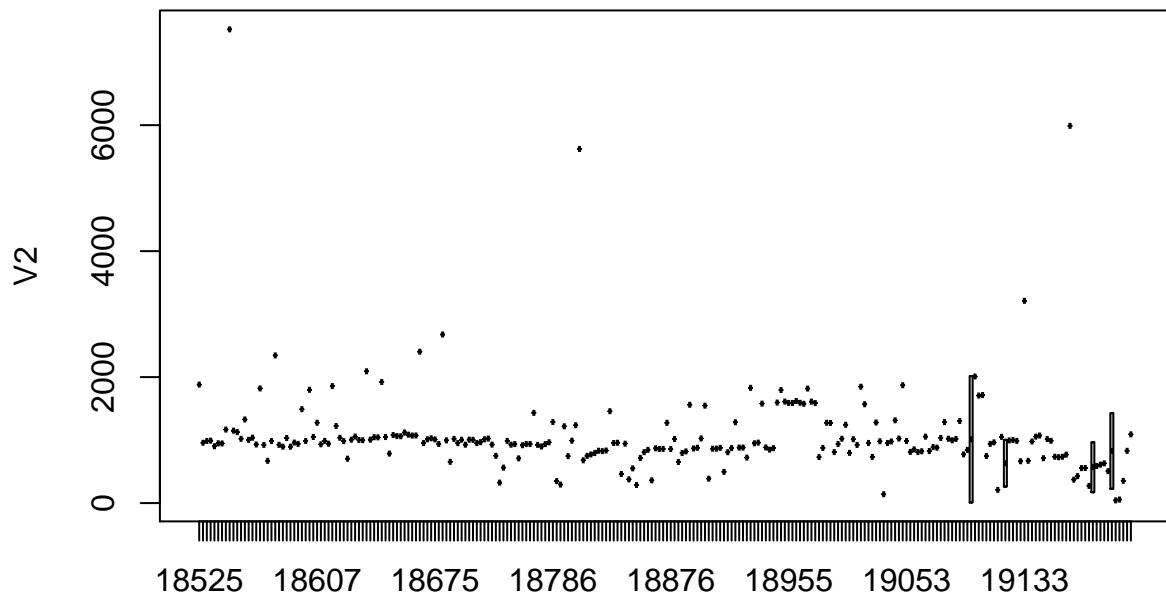


temp\$V1

Date	Watts_Per_Kilogram
2022-08-06	0.131
2022-08-05	0.5835
2022-08-04	0.6722
2020-09-27	0.6962
2020-10-24	0.773
2020-11-01	0.9307
2020-10-16	1.063
2021-01-10	1.089
2020-11-15	1.269

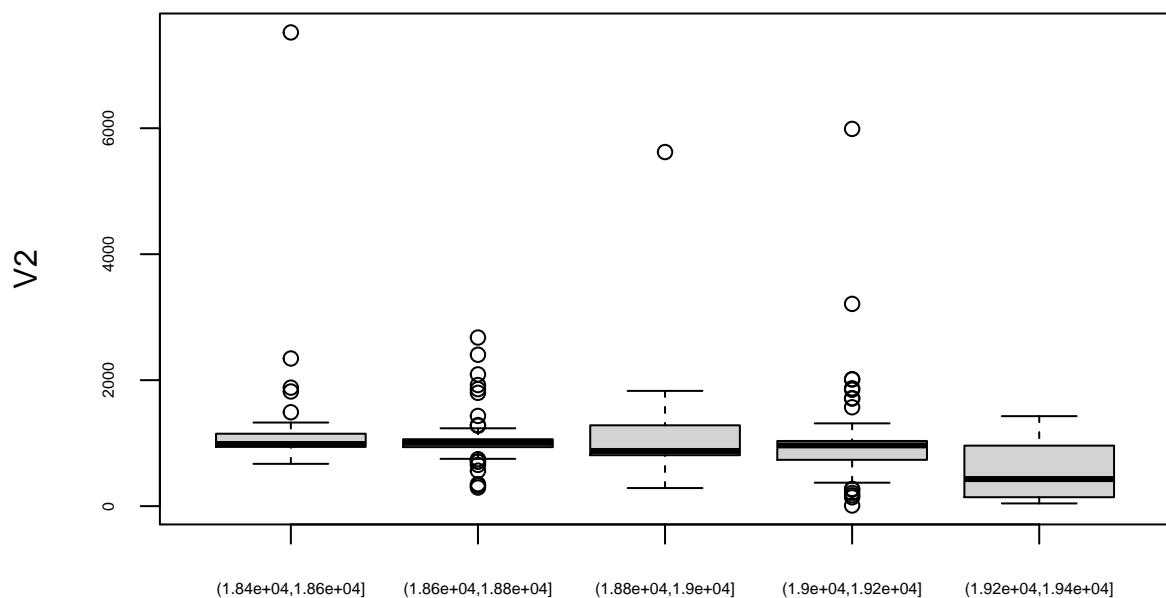
Sport class: Work

Work



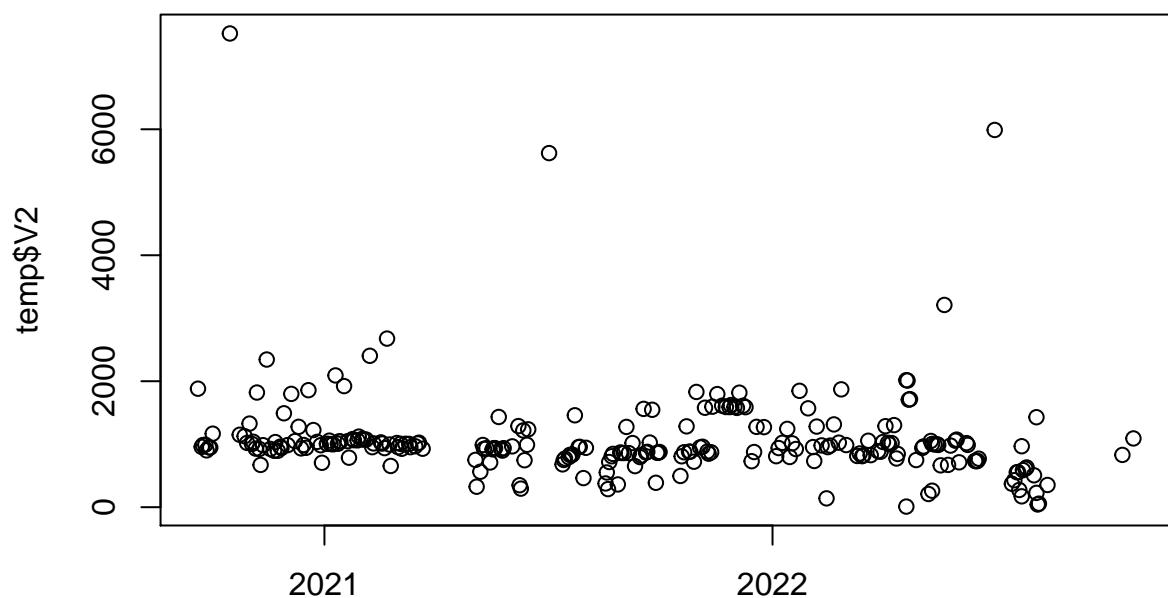
V1

Work



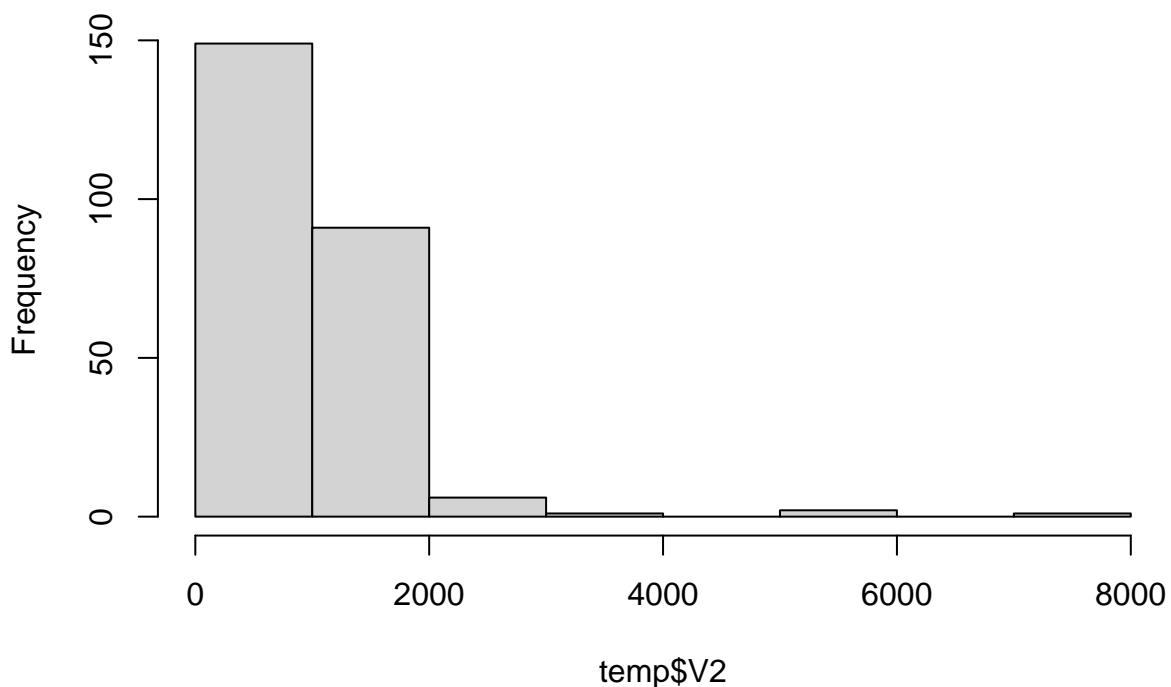
`cut(V1, pretty(temp$V1))`

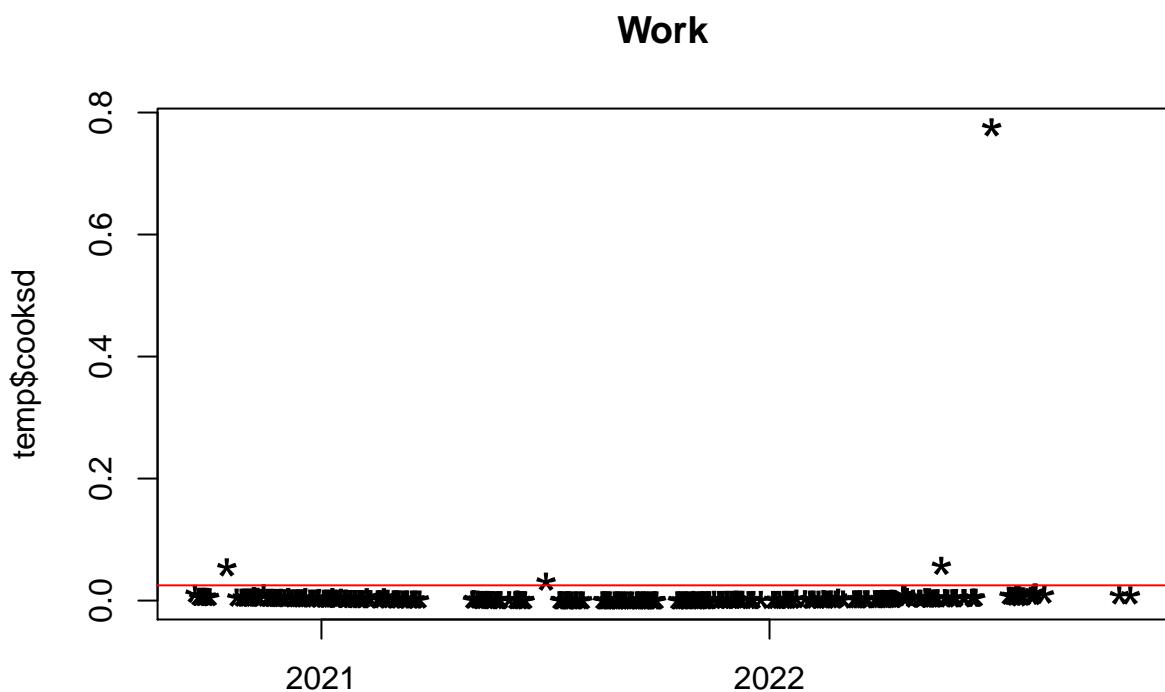
Work



`temp$V1`

Histogram of `temp$V2`



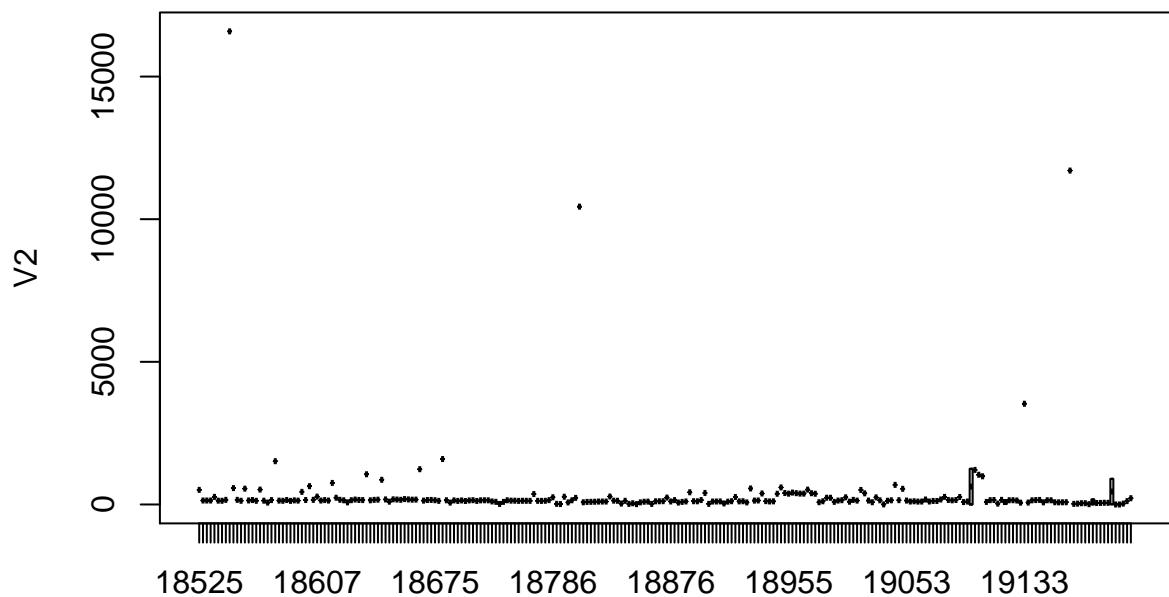


temp\$V1

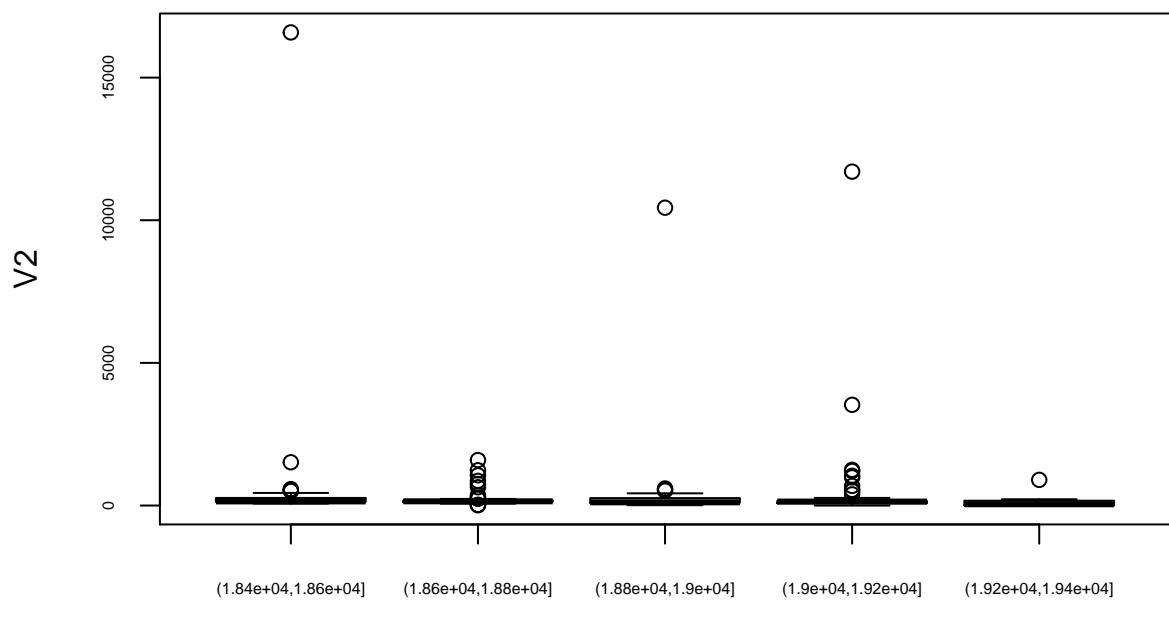
Date	Work
2022-05-21	3211
2021-07-03	5622
2022-07-01	5989
2020-10-16	7521

Sport class: Workbeat_stress

Workbeat_stress

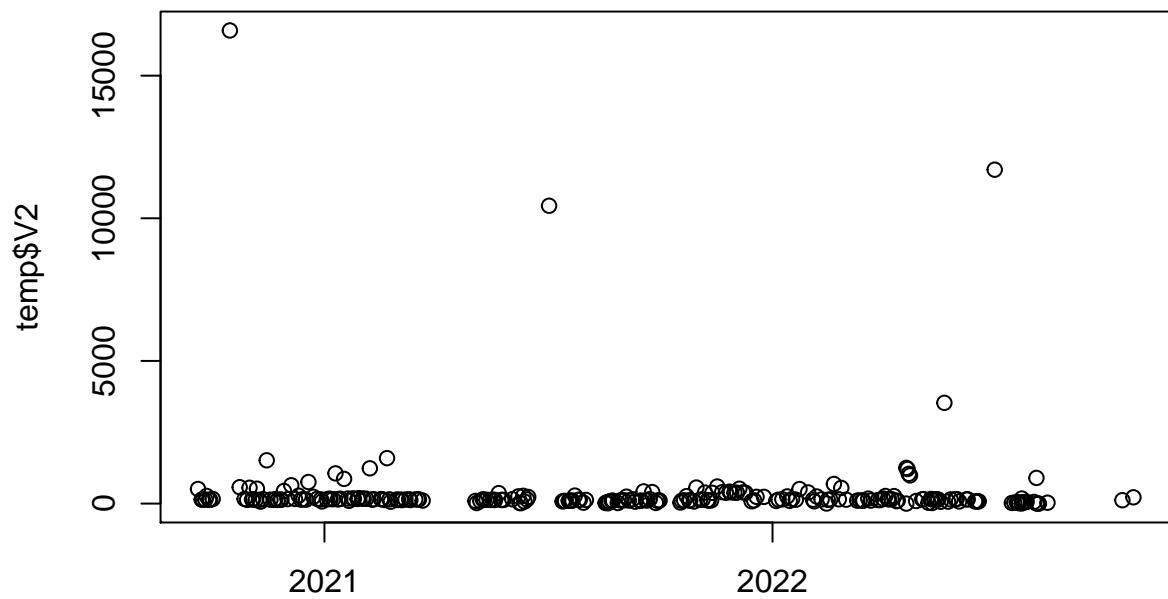


Workbeat_stress



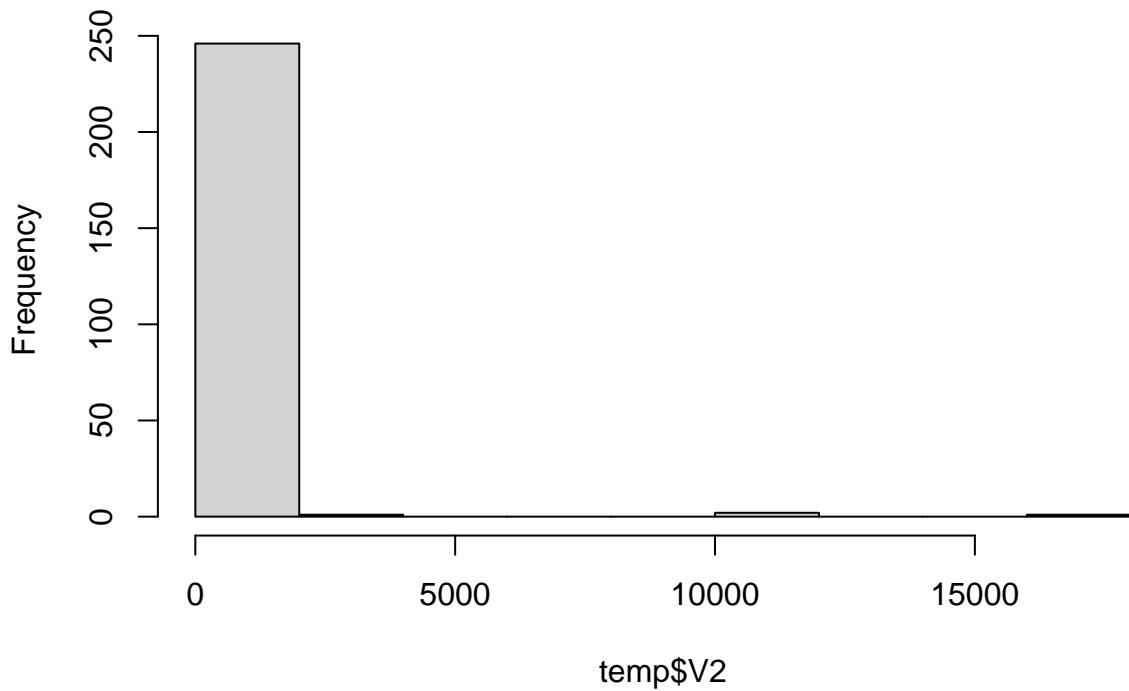
`cut(V1, pretty(temp$V1))`

Workbeat_stress

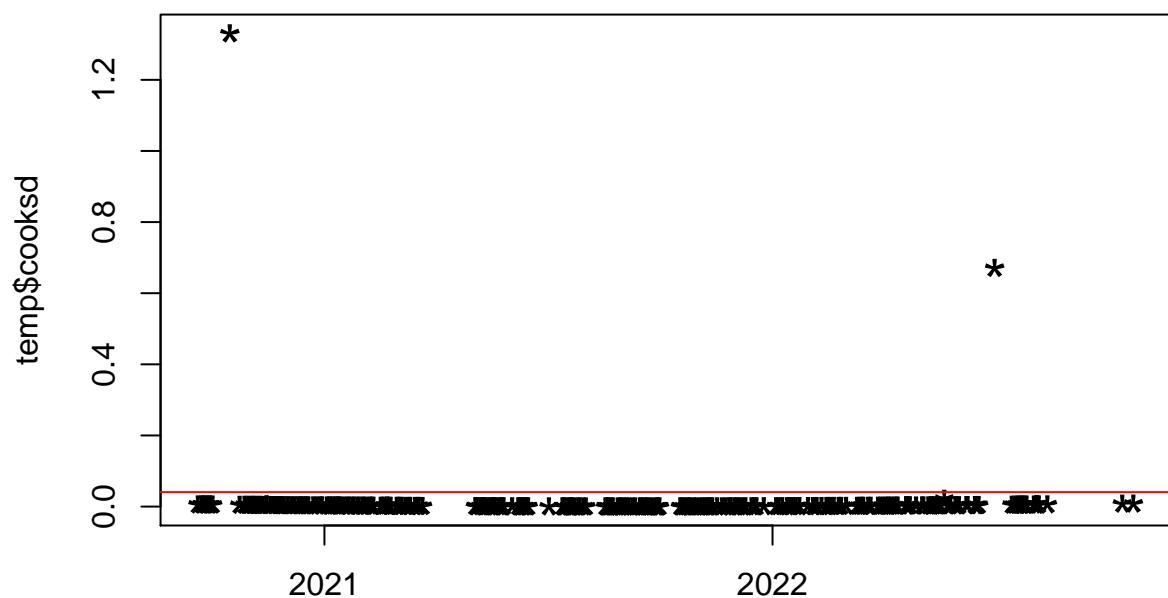


`temp$V1`

Histogram of `temp$V2`



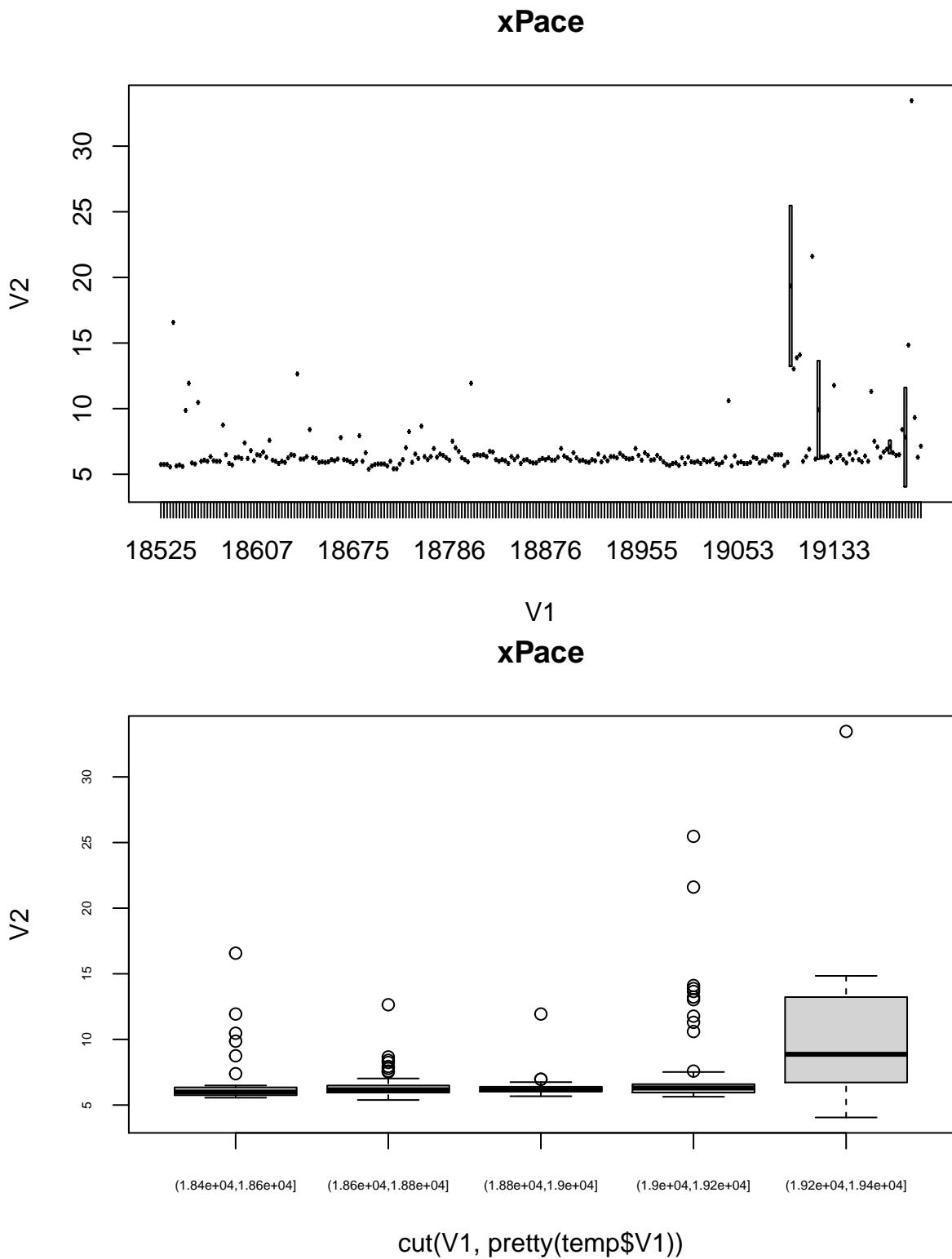
Workbeat_stress

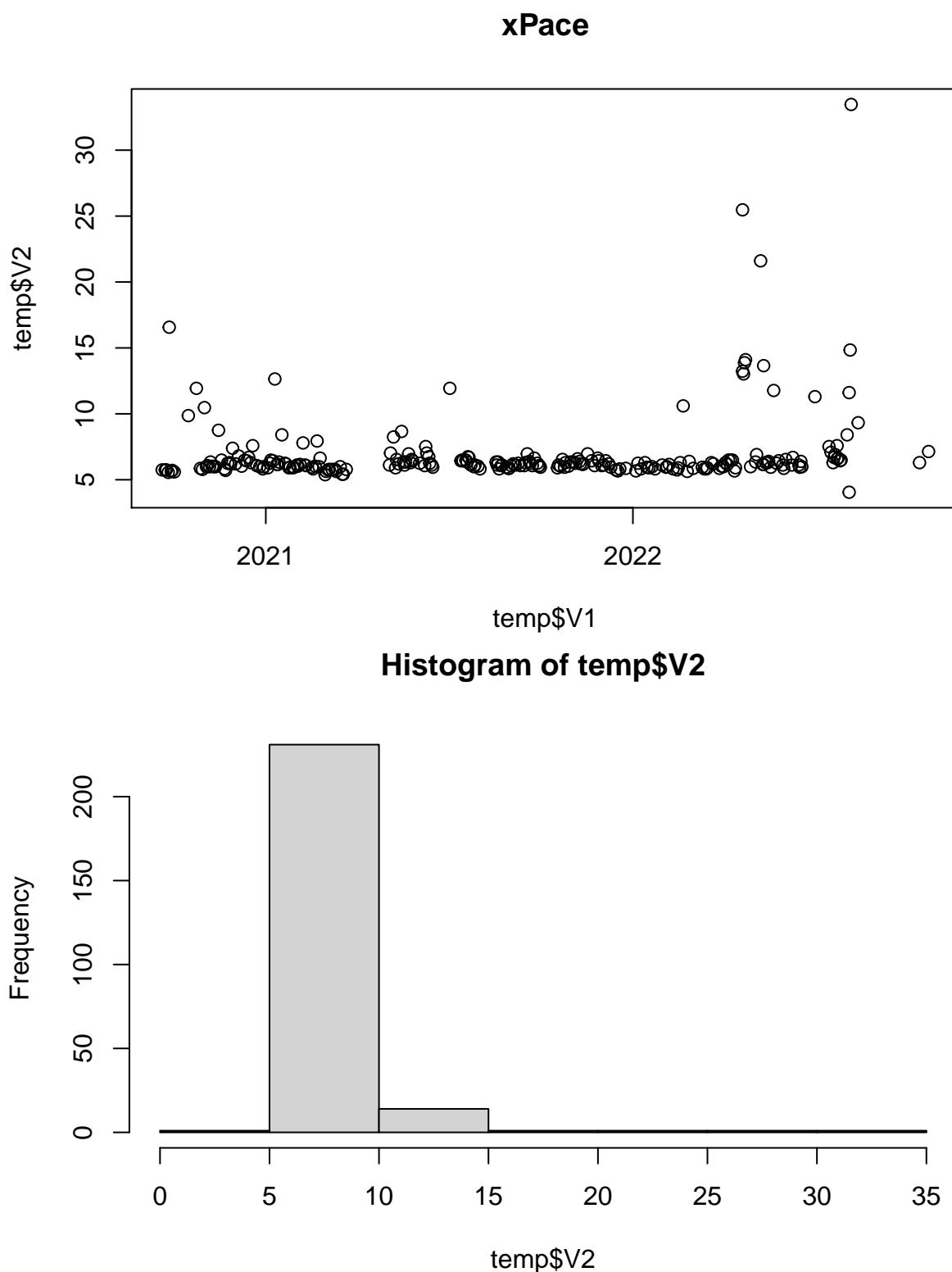


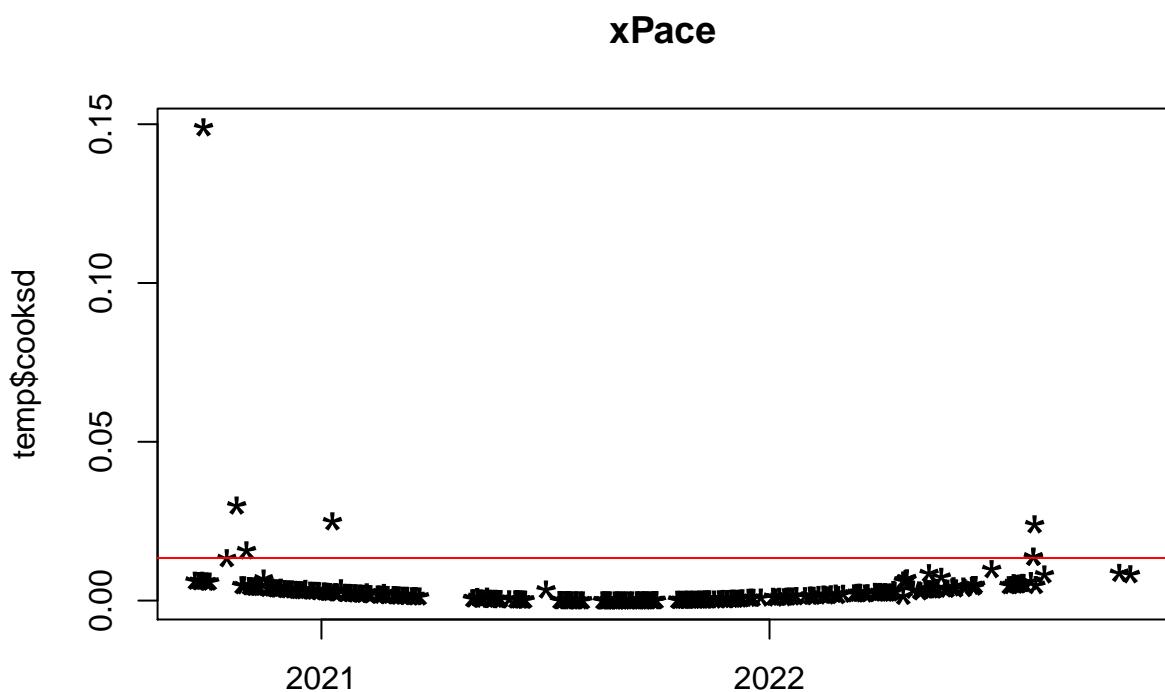
temp\$V1

Date	Workbeat_stress
2022-07-01	11704
2020-10-16	16584

Sport class: xPace





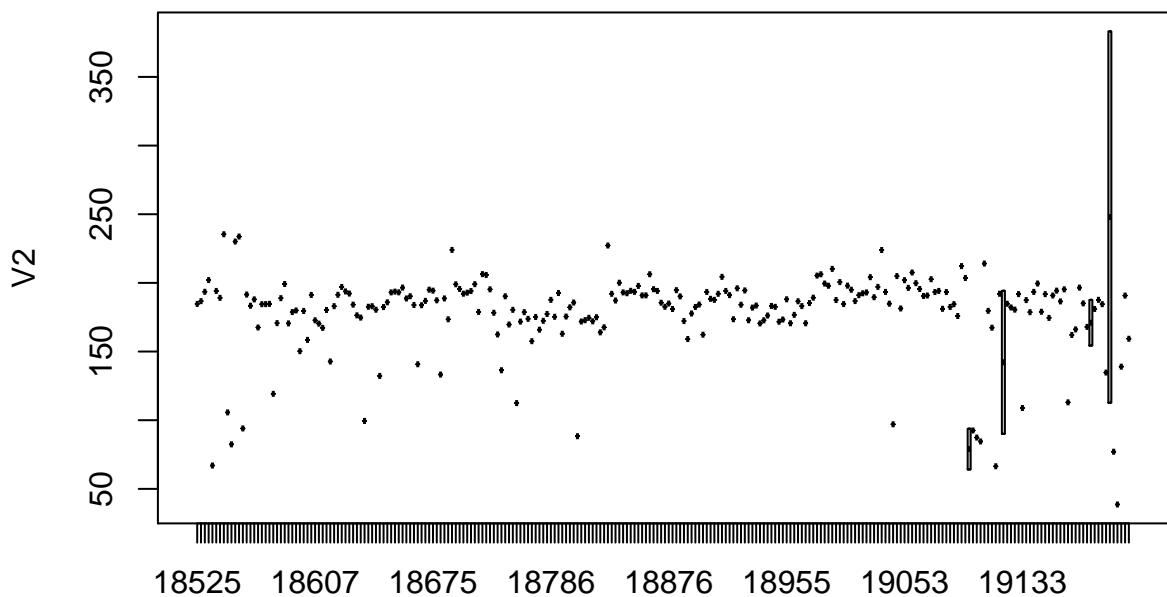


temp\$V1

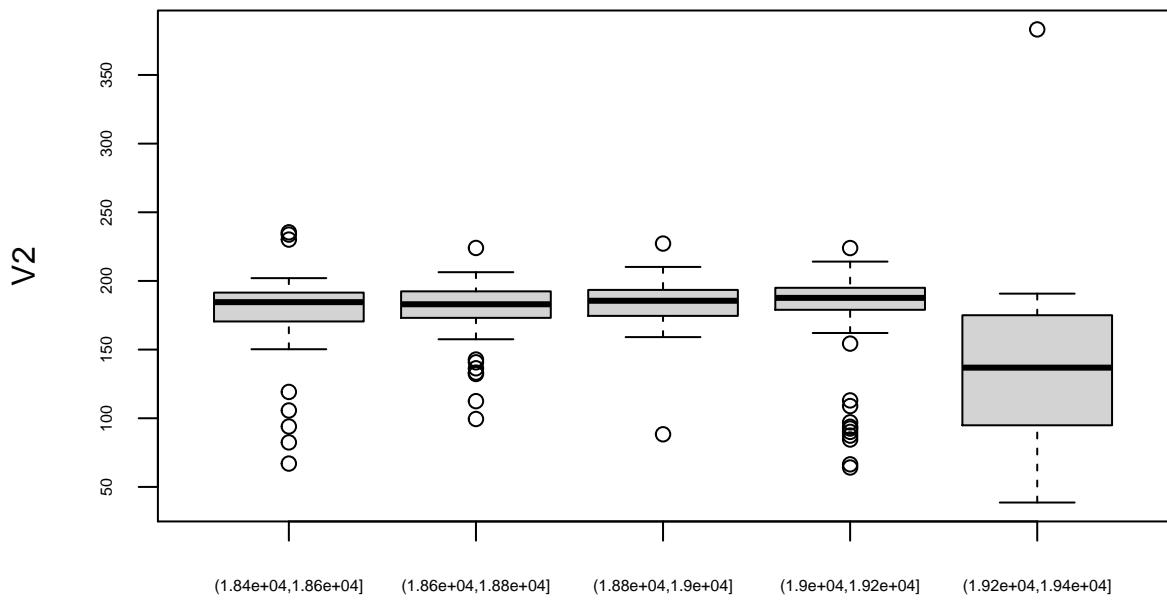
Date	xPace
2022-08-04	4.054
2020-11-01	10.47
2022-08-04	11.61
2020-10-24	11.93
2021-01-10	12.64
2022-08-05	14.84
2020-09-27	16.57

Sport class: xPower

xPower

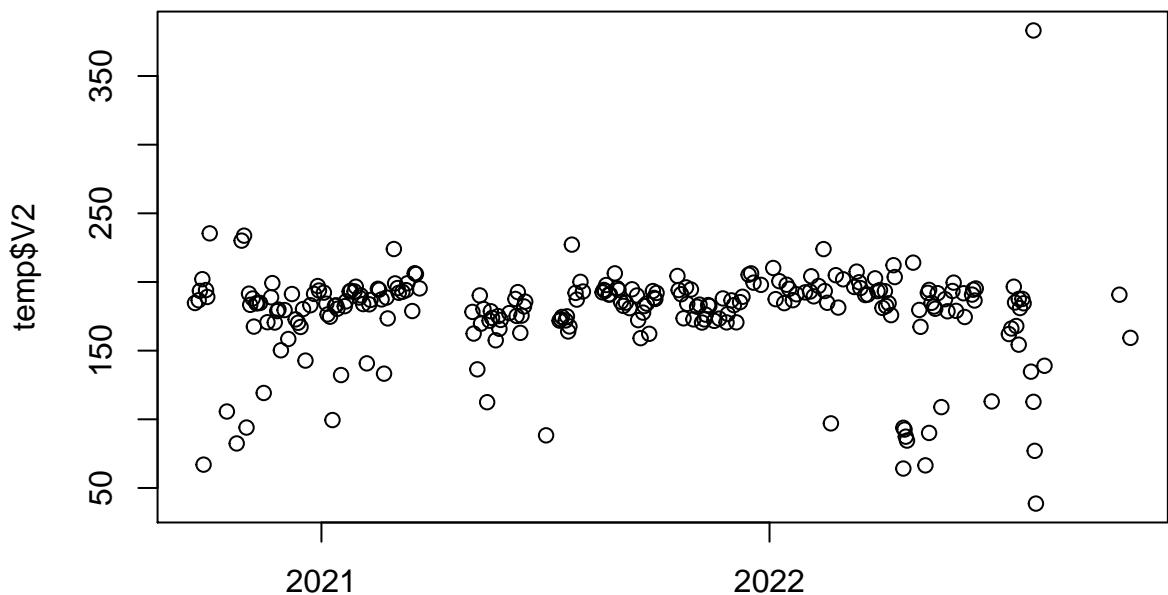


V1 xPower



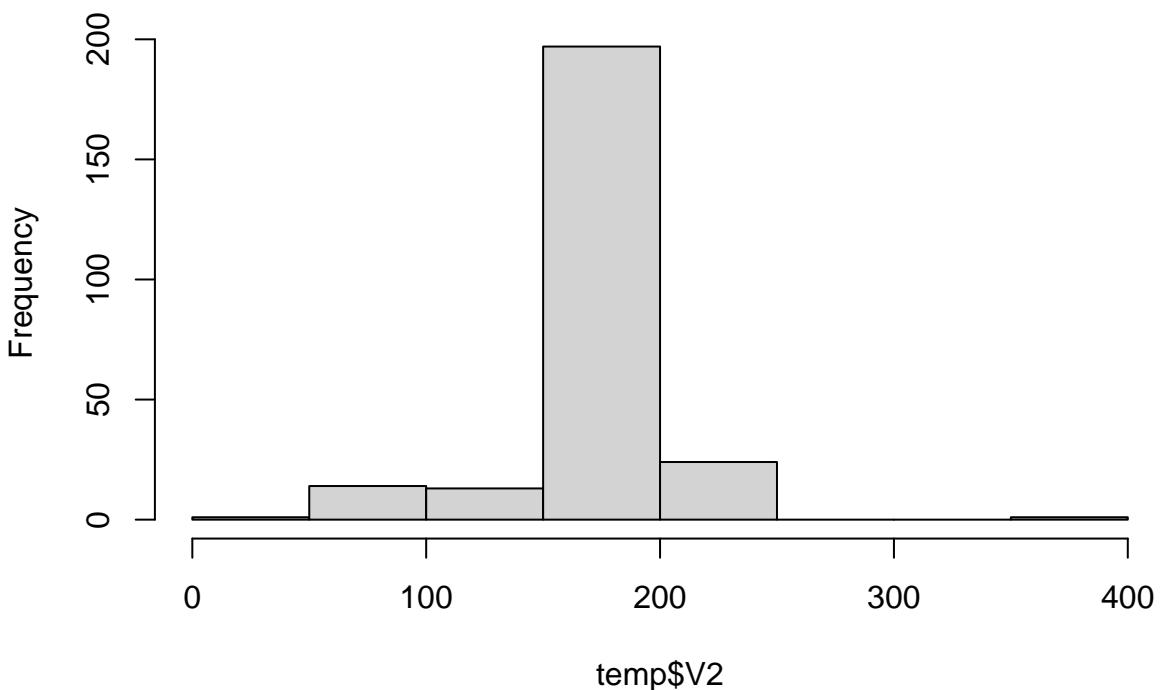
`cut(V1, pretty(temp$V1))`

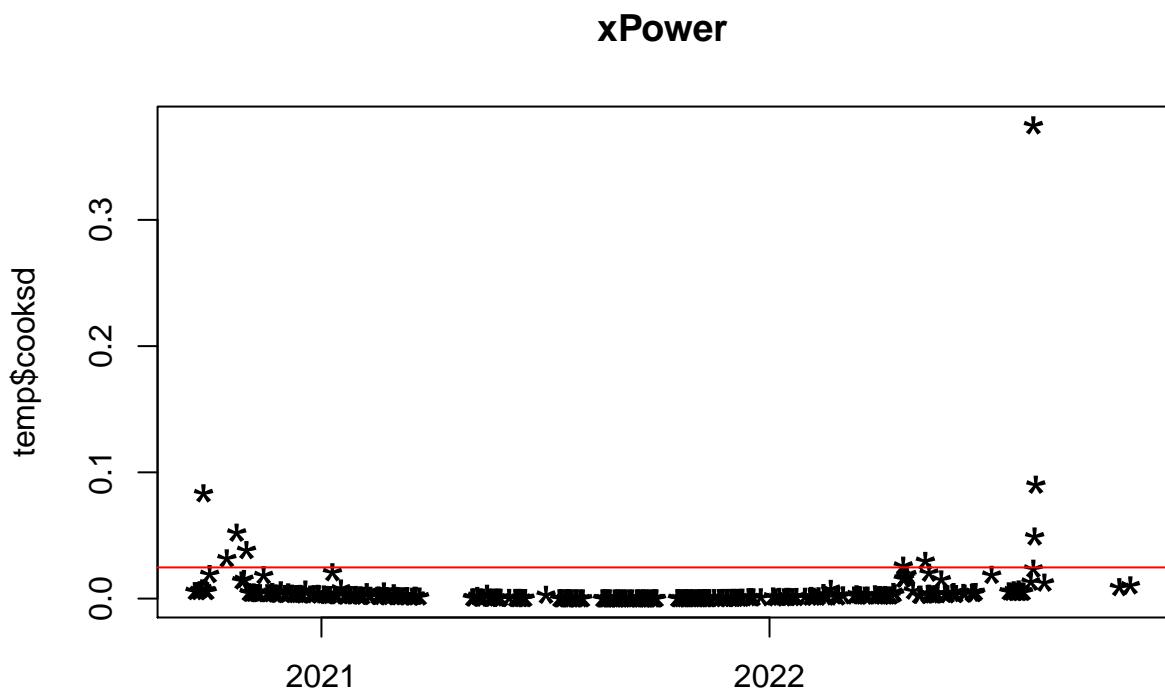
xPower



temp\$V1

Histogram of temp\$V2





temp\$V1

Date	xPower
2022-08-06	38.63
2022-04-20	64.14
2022-05-08	66.44
2020-09-27	67
2022-08-05	77.03
2020-10-24	82.42
2020-11-01	94
2020-10-16	105.7
2022-08-04	383.2

Walking

Nrow: 1

Bike

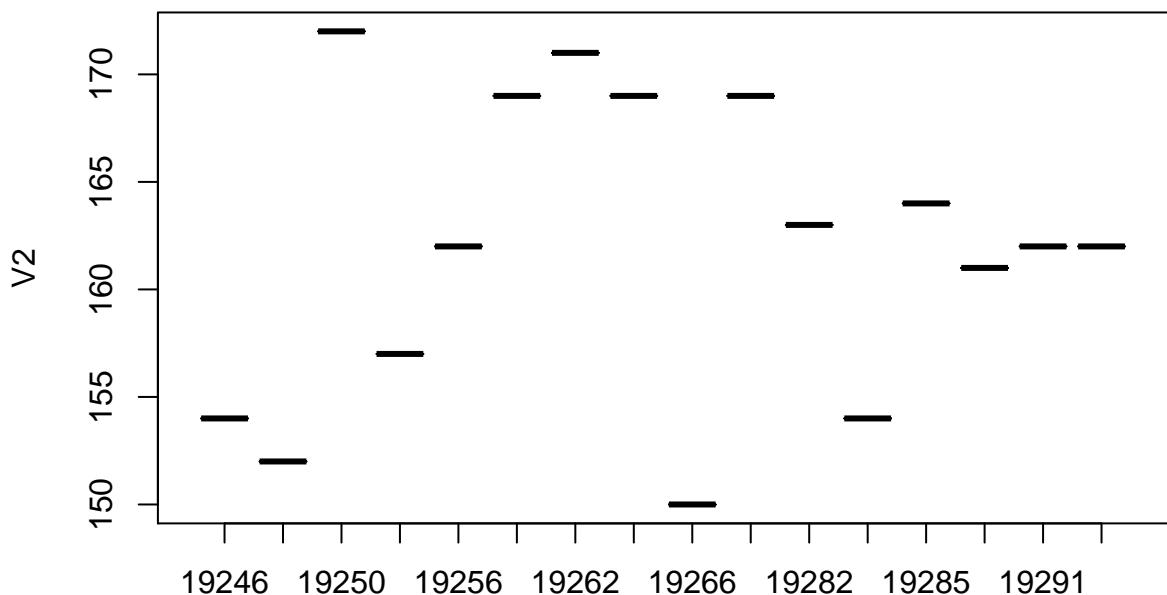
Removed columns: 178 [1] "axPower" "aPower_Relative_Intensity"
[3] "aBikeScore" "Skiba_aVI"
[5] "aPower_Response_Index" "aIsoPower"
[7] "aIF" "aBikeStress"
[9] "aVI" "aPower_Efficiency_Factor"
[11] "aBikeStress_per_hour" "Aerobic_Decoupling"
[13] "Activities" "Work"
[15] "Average_Power" "Average_aPower"
[17] "Nonzero_Average_Power" "HrPw_Ratio"
[19] "Workbeat_stress" "Power_Percent_of_Max"
[21] "HrNp_Ratio" "Average_Cadence"
[23] "Max_Power" "Max_Cadence"
[25] "EOA" "Average_Power_Variance"
[27] "Max_Power_Variance" "Aerobic_TISS"
[29] "Anaerobic_TISS" "CP_setting"
[31] "xPower" "Relative_Intensity"
[33] "Skiba_VI" "TISS_Aerobicity"
[35] "Response_Index" "IsoPower"
[37] "BikeIntensity" "VI"
[39] "Efficiency_Factor" "Exhaustion_Best_R"
[41] "Daniels_Points" "Daniels_EqP"
[43] "LNP" "RTP"
[45] "xPace" "IWF"
[47] "GOVSS" "Left/Right_Balance"
[49] "P1_Time_in_Pace_Zone" "P2_Time_in_Pace_Zone"
[51] "P3_Time_in_Pace_Zone" "P4_Time_in_Pace_Zone"
[53] "P5_Time_in_Pace_Zone" "P6_Time_in_Pace_Zone"
[55] "P1_Percent_in_Pace_Zone" "P2_Percent_in_Pace_Zone"
[57] "P3_Percent_in_Pace_Zone" "P4_Percent_in_Pace_Zone"
[59] "P5_Percent_in_Pace_Zone" "P6_Percent_in_Pace_Zone"
[61] "PI_Time_in_Pace_Zone" "PII_Time_in_Pace_Zone"
[63] "PIII_Time_in_Pace_Zone" "PI_Percent_in_Pace_Zone"
[65] "PII_Percent_in_Pace_Zone" "PIII_Percent_in_Pace_Zone"
[67] "10_sec_Peak_Pace" "15_sec_Peak_Pace"
[69] "20_sec_Peak_Pace" "30_sec_Peak_Pace"
[71] "1_min_Peak_Pace" "2_min_Peak_Pace"
[73] "3_min_Peak_Pace" "5_min_Peak_Pace"
[75] "8_min_Peak_Pace" "10_min_Peak_Pace"
[77] "20_min_Peak_Pace" "30_min_Peak_Pace"
[79] "60_min_Peak_Pace" "90_min_Peak_Pace"
[81] "Best_40km" "Best_Marathon"
[83] "1_min_Peak_Pace_HR" "5_min_Peak_Pace_HR"
[85] "10_min_Peak_Pace_HR" "20_min_Peak_Pace_HR"
[87] "30_min_Peak_Pace_HR" "60_min_Peak_Pace_HR"
[89] "MMP_Percentage" "Power_Zone"
[91] "Fatigue_Index" "Pacing_Index"
[93] "1_sec_Peak_Power" "5_sec_Peak_Power"
[95] "10_sec_Peak_Power" "15_sec_Peak_Power"
[97] "20_sec_Peak_Power" "30_sec_Peak_Power"

[99] “1_min_Peak_Power” “2_min_Peak_Power”
 [101] “3_min_Peak_Power” “5_min_Peak_Power”
 [103] “8_min_Peak_Power” “10_min_Peak_Power”
 [105] “20_min_Peak_Power” “30_min_Peak_Power”
 [107] “60_min_Peak_Power” “90_min_Peak_Power”
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 [111] “Efficiency_Index” “Average_Stride_Length”
 [113] “L4_Sustained_Time” “L5_Sustained_Time”
 [115] “L6_Sustained_Time” “L7_Sustained_Time”
 [117] “L1_Time_in_Zone” “L2_Time_in_Zone”
 [119] “L3_Time_in_Zone” “L4_Time_in_Zone”
 [121] “L5_Time_in_Zone” “L6_Time_in_Zone”
 [123] “L7_Time_in_Zone” “L1_Percent_in_Zone”
 [125] “L2_Percent_in_Zone” “L3_Percent_in_Zone”
 [127] “L4_Percent_in_Zone” “L5_Percent_in_Zone”
 [129] “L6_Percent_in_Zone” “L7_Percent_in_Zone”
 [131] “LI_Time_in_Zone” “LII_Time_in_Zone”
 [133] “LIII_Time_in_Zone” “LI_Percent_in_Zone”
 [135] “LII_Percent_in_Zone” “LIII_Percent_in_Zone”
 [137] “VDOT” “TPace”
 [139] “1_sec_Peak_WPK” “5_sec_Peak_WPK”
 [141] “10_sec_Peak_WPK” “15_sec_Peak_WPK”
 [143] “20_sec_Peak_WPK” “30_sec_Peak_WPK”
 [145] “1_min_Peak_WPK” “5_min_Peak_WPK”
 [147] “10_min_Peak_WPK” “20_min_Peak_WPK”
 [149] “30_min_Peak_WPK” “60_min_Peak_WPK”
 [151] “Estimated_VO2MAX” “Watts_Per_Kilogram”
 [153] “Minimum_W_bal” “Max_W_Expended”
 [155] “W_bal_Matches>_2KJ” “Maximum_W_bal_Match”
 [157] “W_bal_TAU” “W_Work”
 [159] “W_Watts” “W1_Above_CP_W_bal_Low_Fatigue”
 [161] “W2_Above_CP_W_bal_Moderate_Fatigue” “W3_Above_CP_W_bal_Heavy_Fatigue”
 [163] “W4_Above_CP_W_bal_Severe_Fatigue” “W1_W_bal_Low_Fatigue”
 [165] “W2_W_bal_Moderate_Fatigue” “W3_W_bal_Heavy_Fatigue”
 [167] “W4_W_bal_Severe_Fatigue” “W1_W_bal_Work_Low_Fatigue”
 [169] “W2_W_bal_Work_Moderate_Fatigue” “W3_W_bal_Work_Heavy_Fatigue”
 [171] “W4_W_bal_Work_Severe_Fatigue” “Below_CP_Work”
 [173] “NP” “IF”
 [175] “Sport” “Workout_Title”
 [177] “Device” “Performance_Condition”

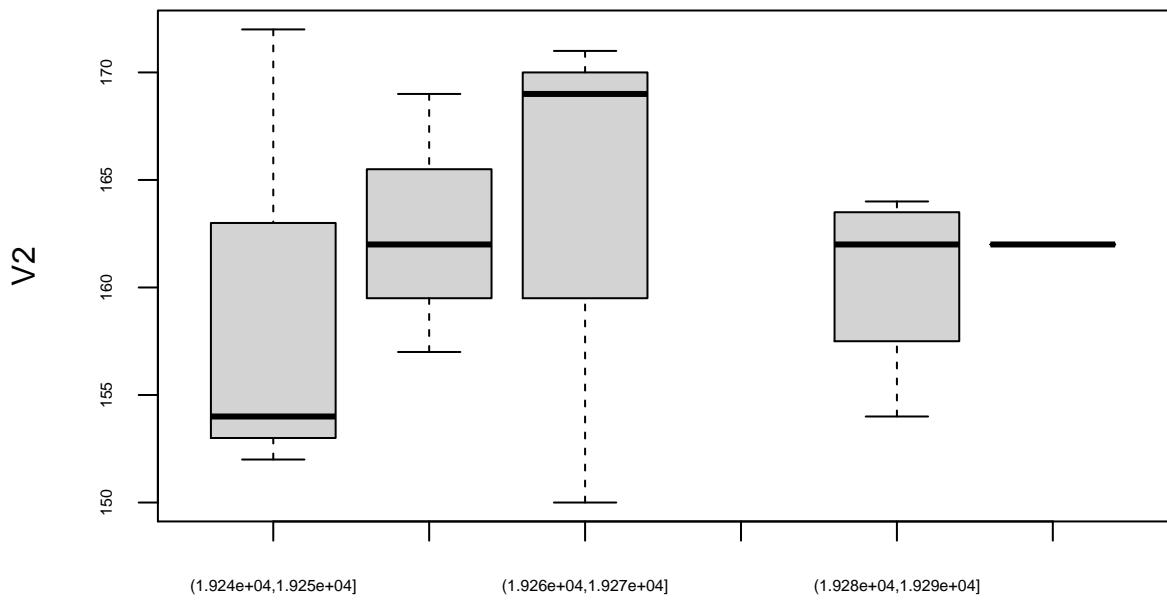
Nrow: 16

Sport class: 95%_Heartrate

95%_Heartrate

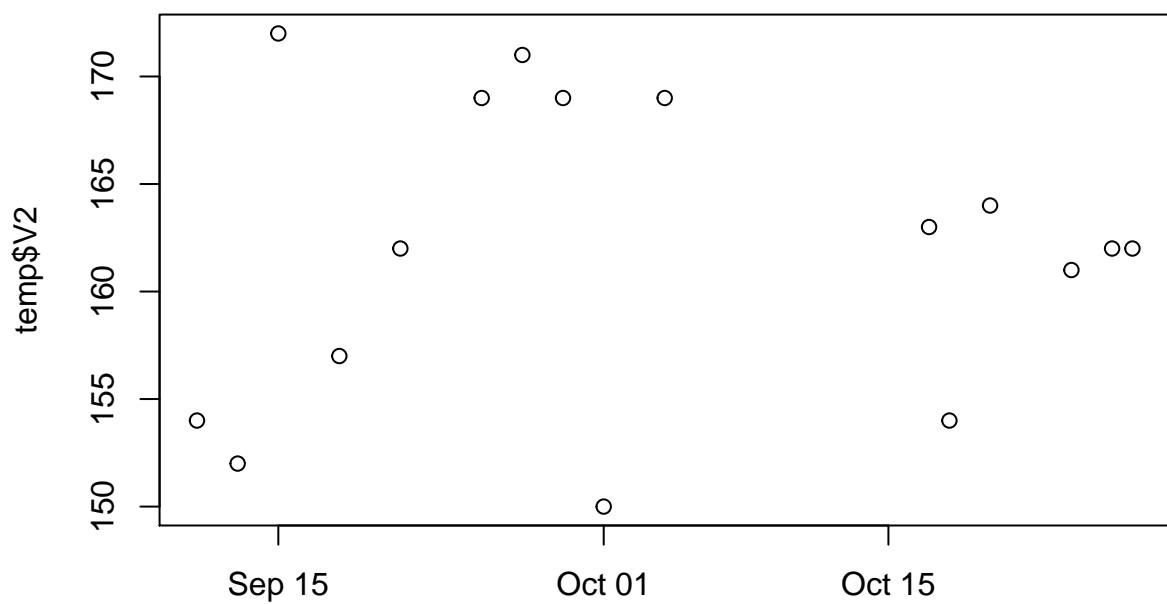


V1 95%_Heartrate



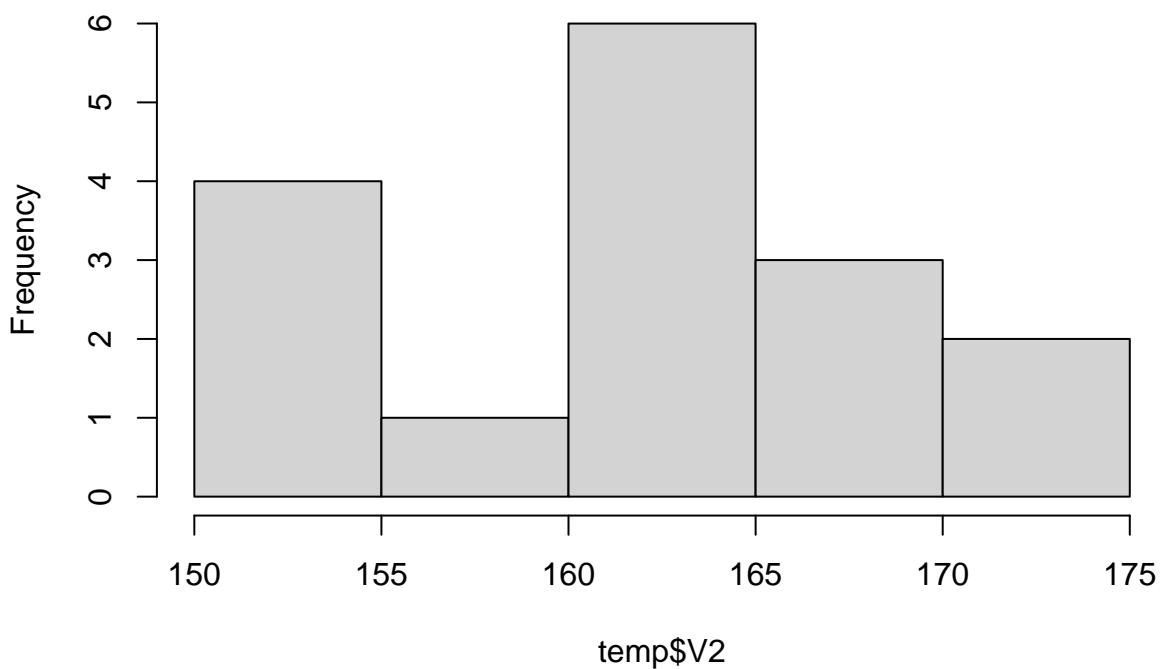
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95%_Heartrate

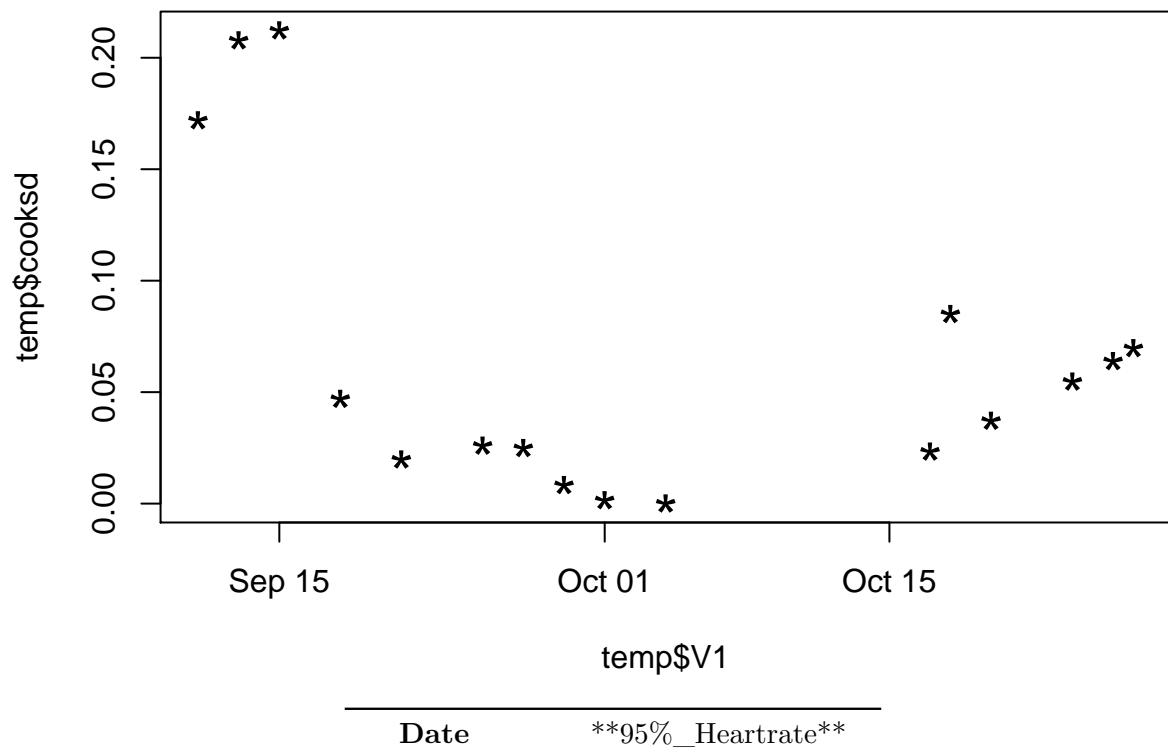


temp\$V1

Histogram of temp\$V2

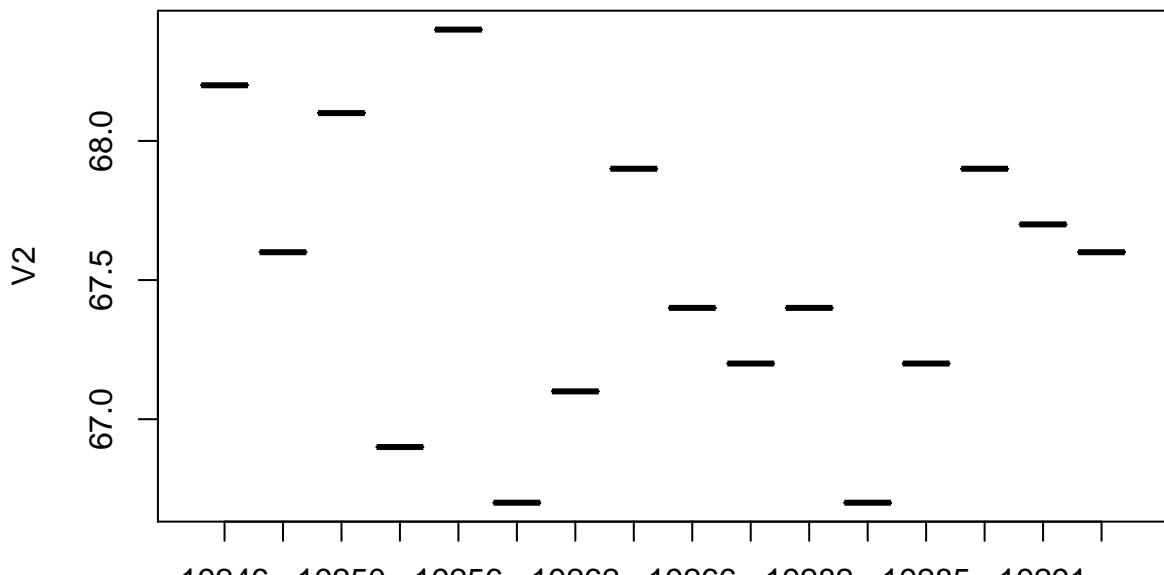


95%_Heartrate

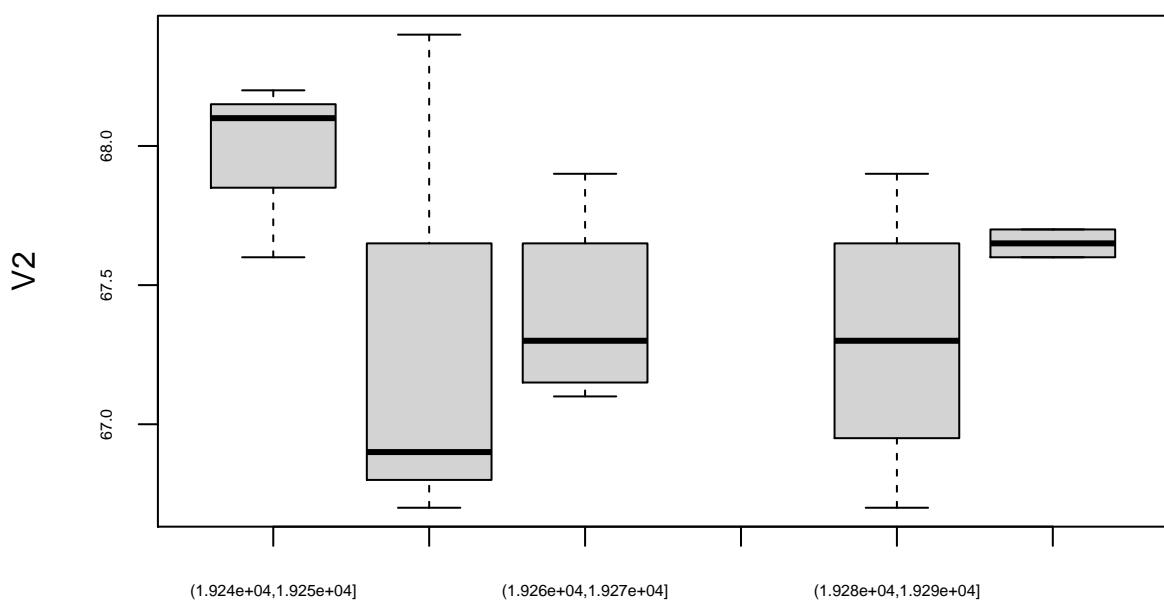


Sport class: Athlete_Weight

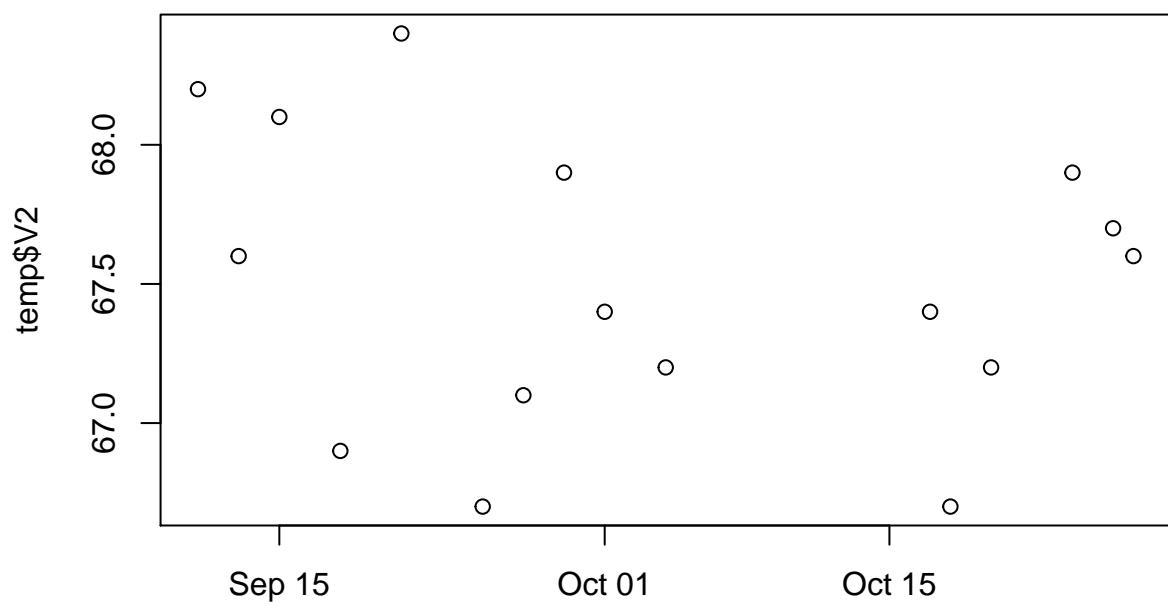
Athlete_Weight



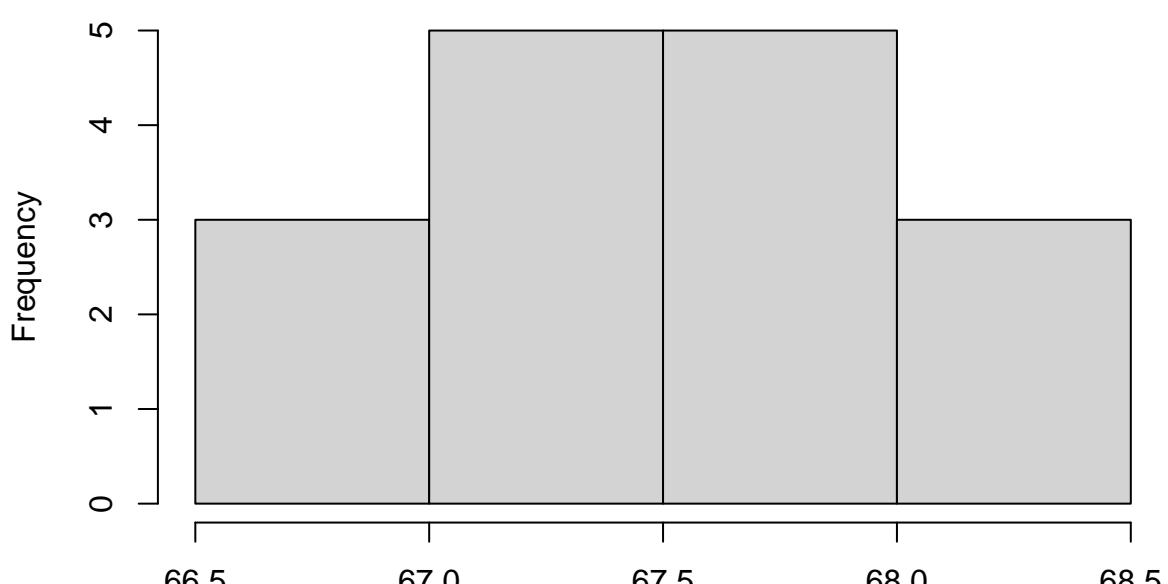
Athlete_Weight



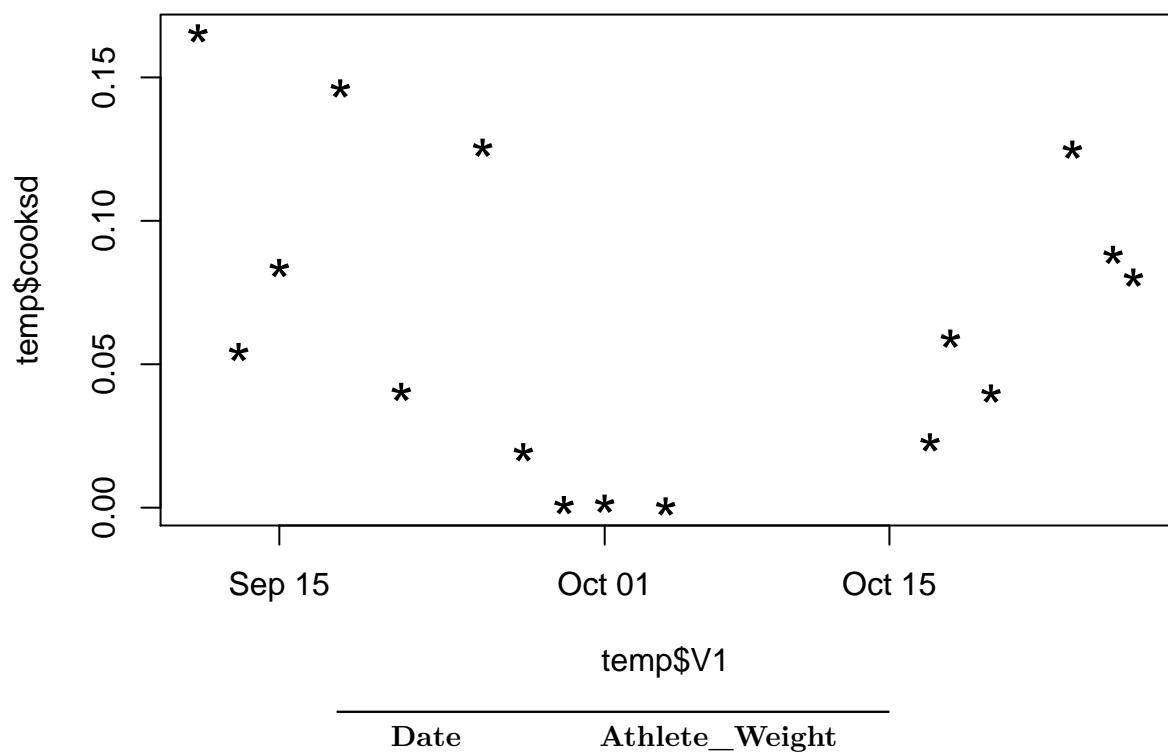
Athlete_Weight



Histogram of temp\$V2



Athlete_Weight

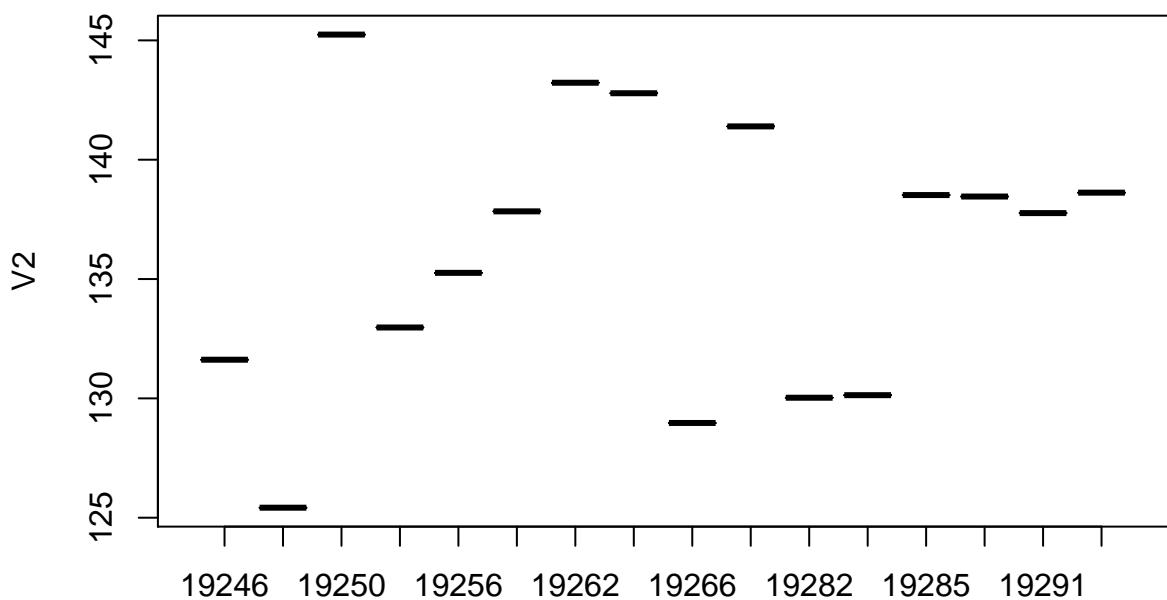


temp\$V1

Date	Athlete_Weight
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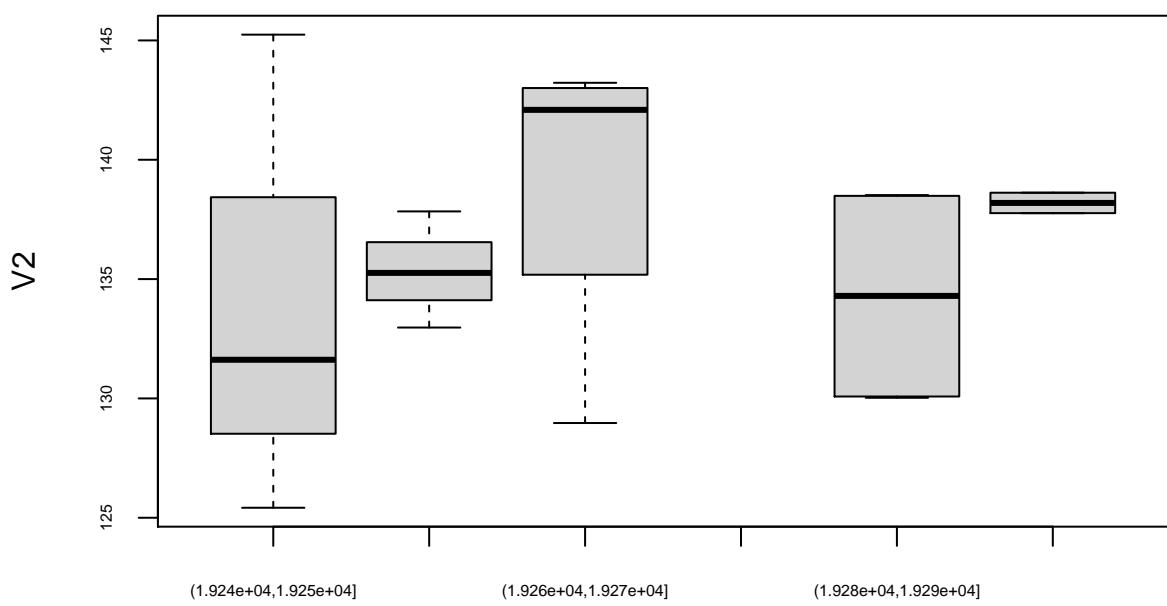
Sport class: Average_Heart_Rate

Average_Heart_Rate



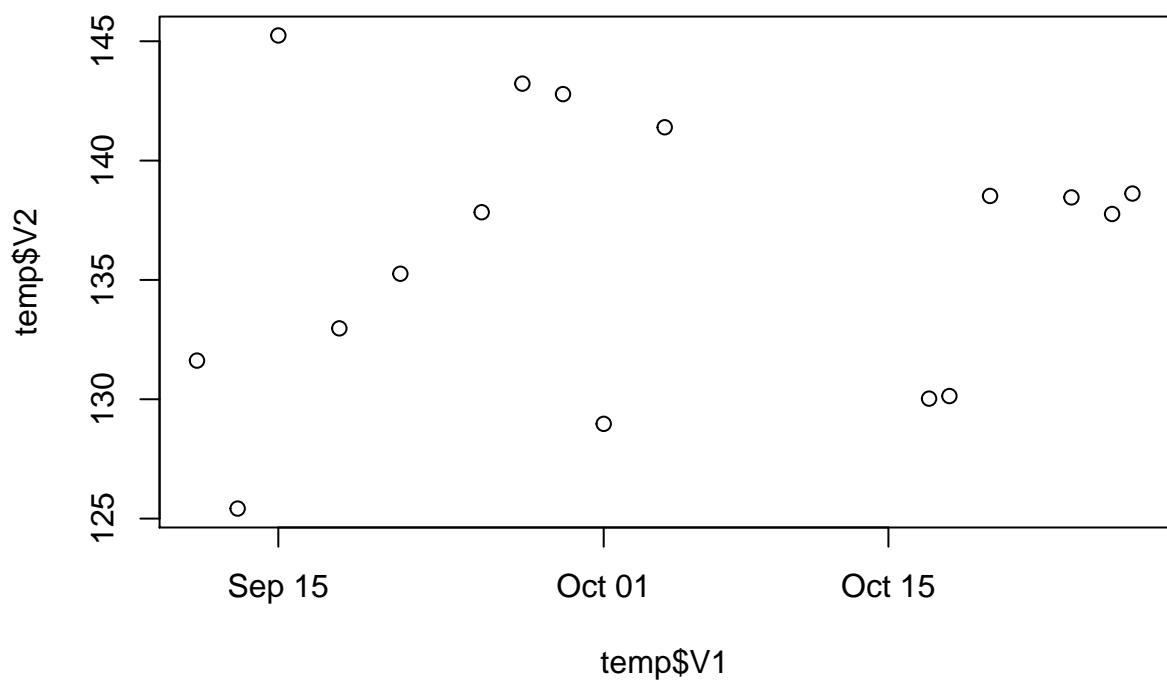
V1

Average_Heart_Rate



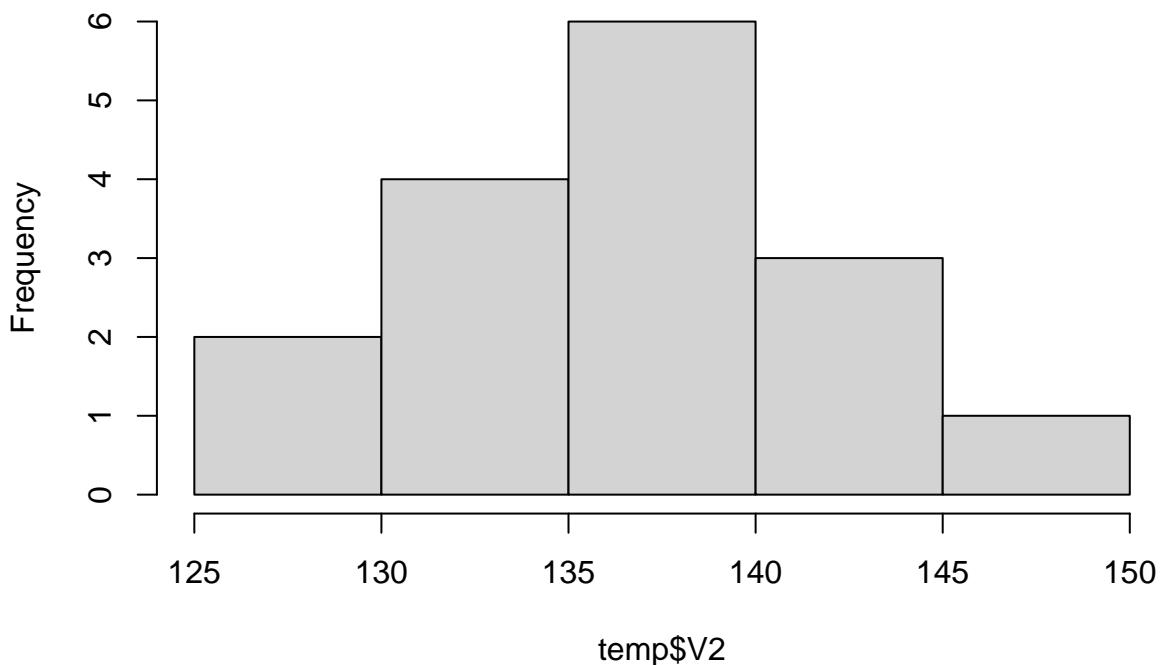
cut(V1, pretty(temp\$V1))

Average_Heart_Rate

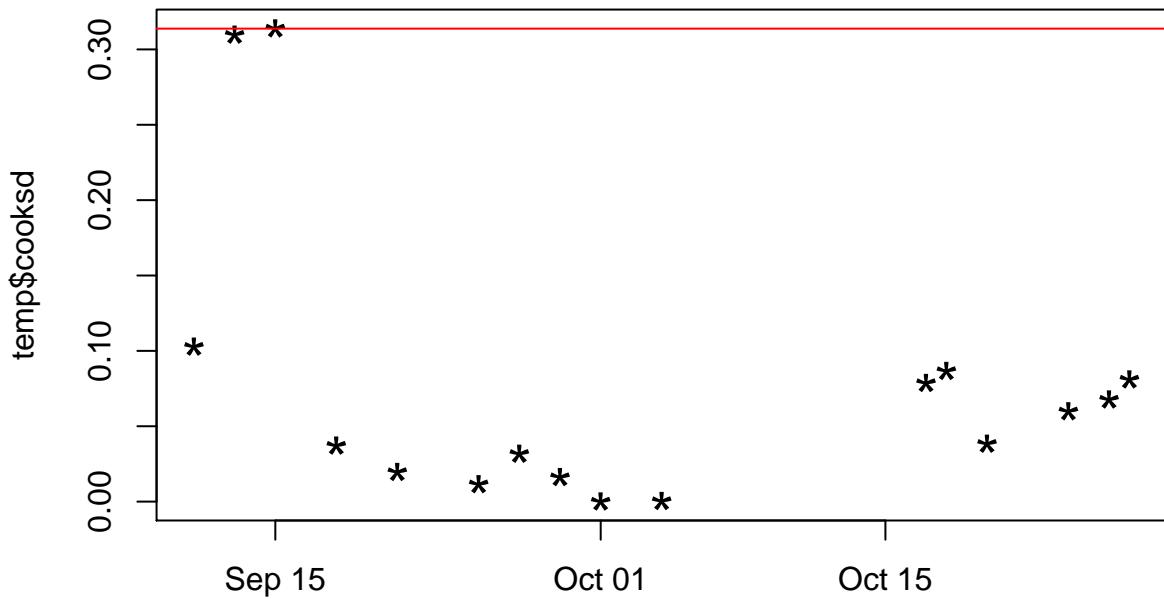


temp\$V1

Histogram of temp\$V2



Average_Heart_Rate

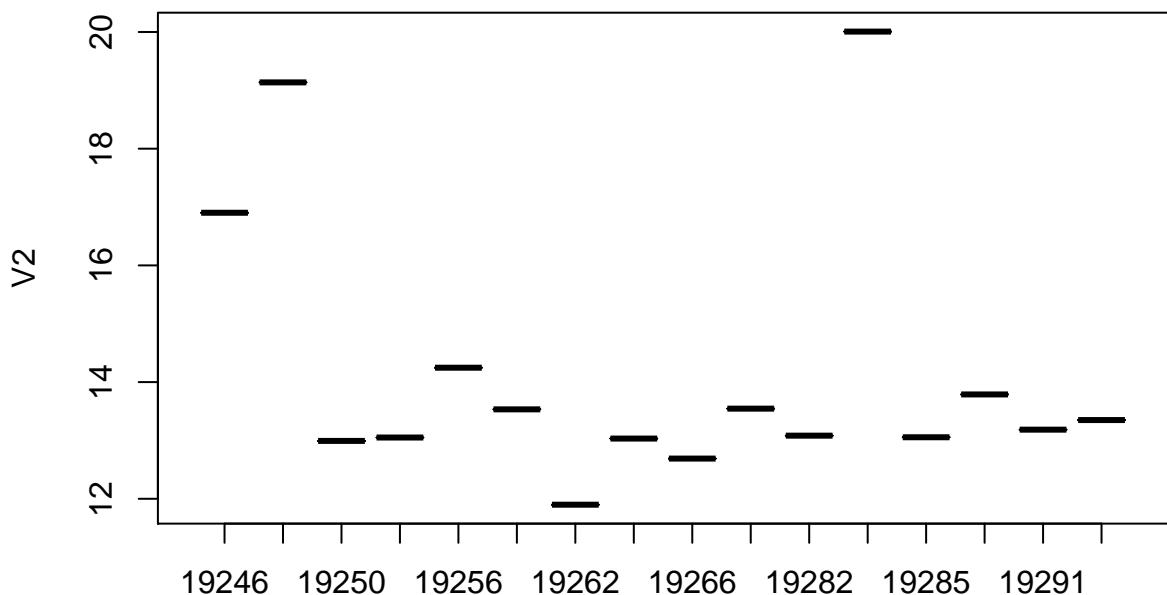


temp\$V1

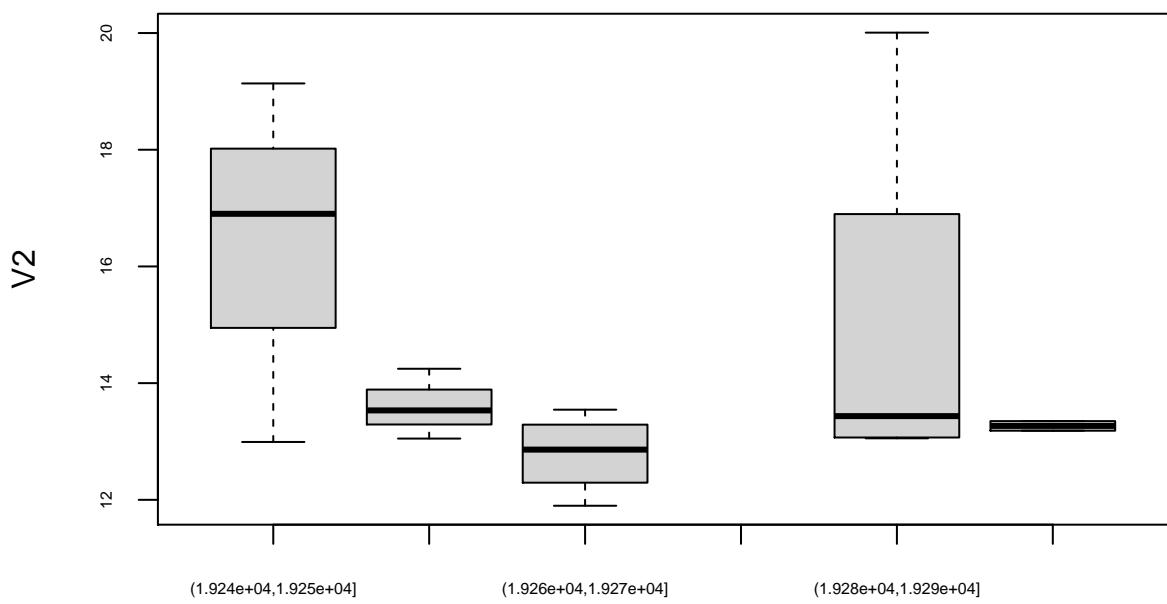
Date	Average_Heart_Rate
2022-09-15	145.2

Sport class: Average_Speed

Average_Speed

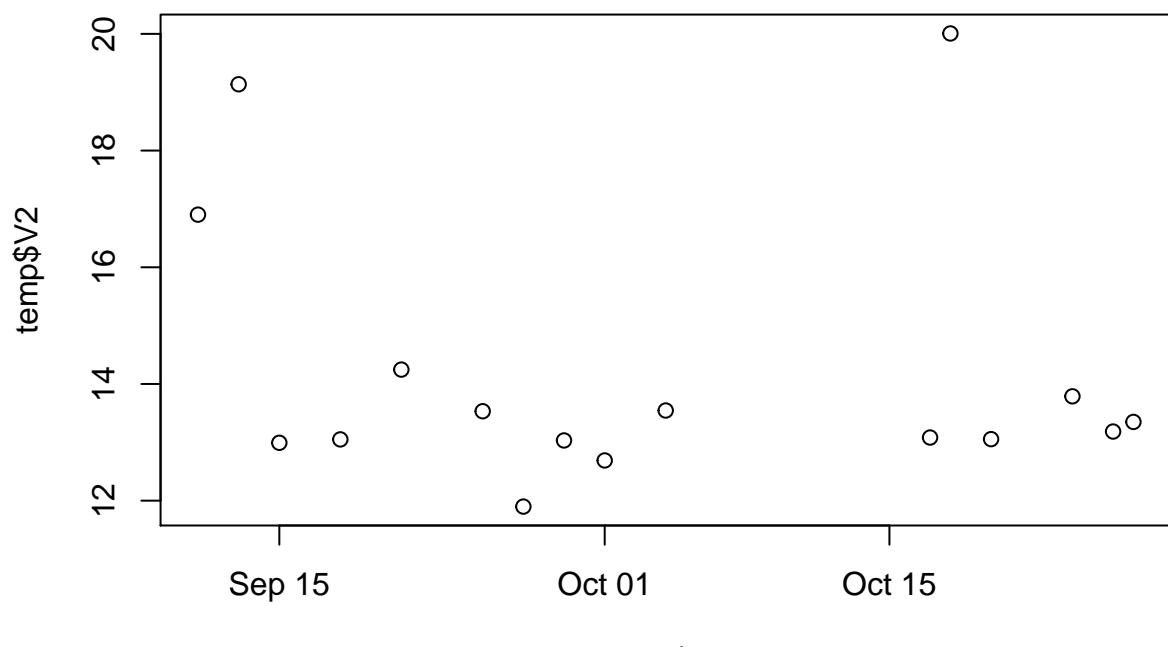


Average_Speed



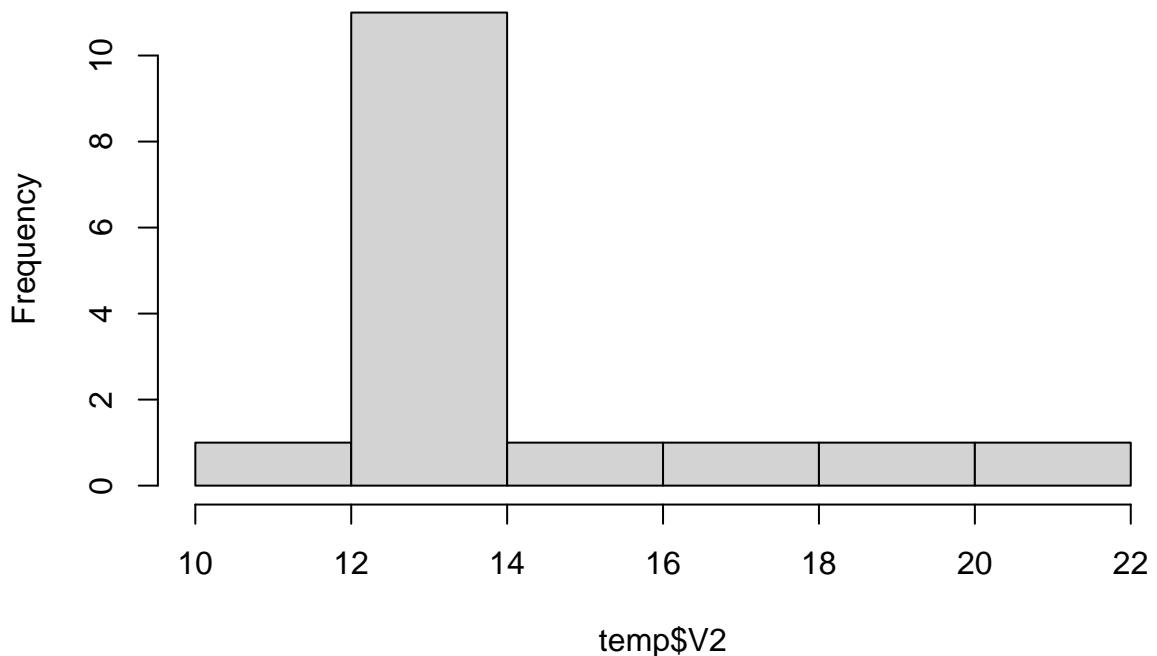
`cut(V1, pretty(temp$V1))`

Average_Speed

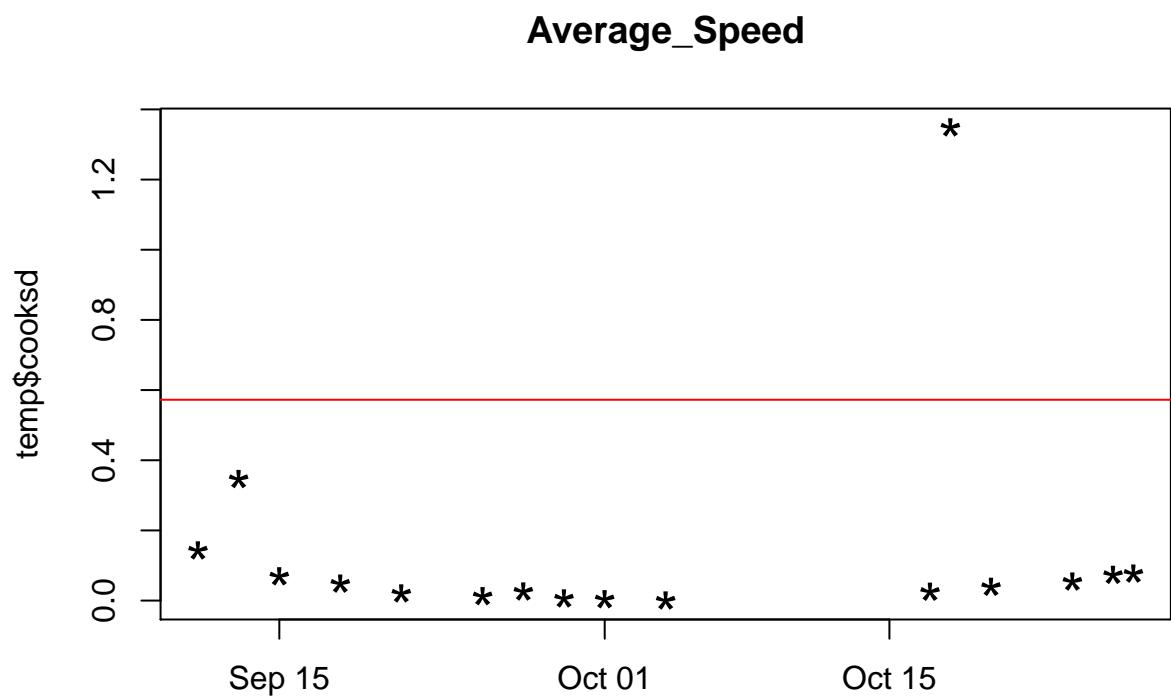


temp\$V1

Histogram of temp\$V2



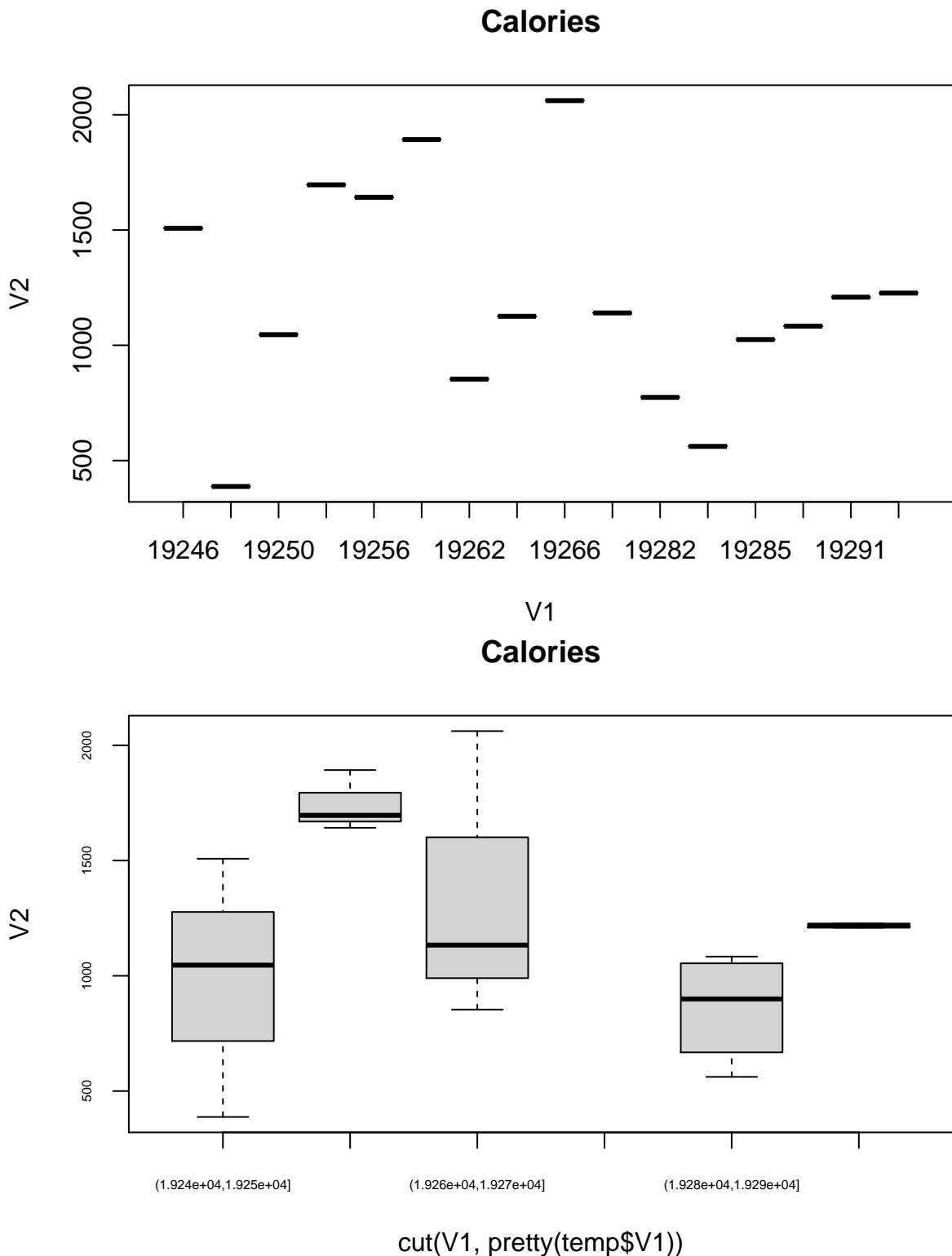
temp\$V2



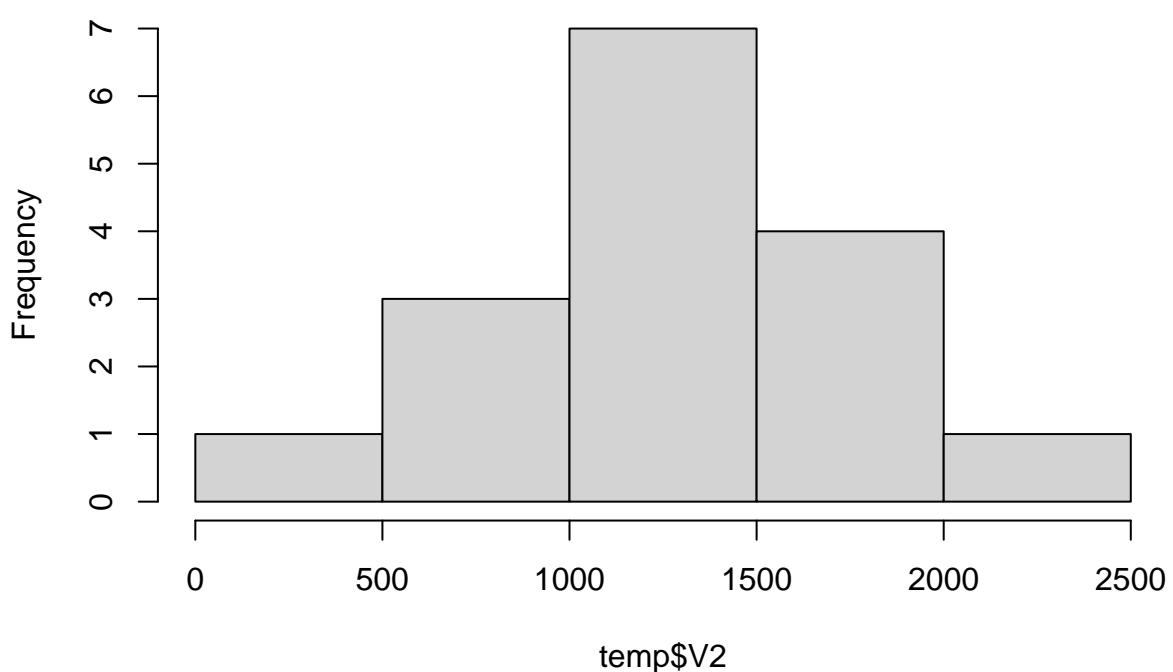
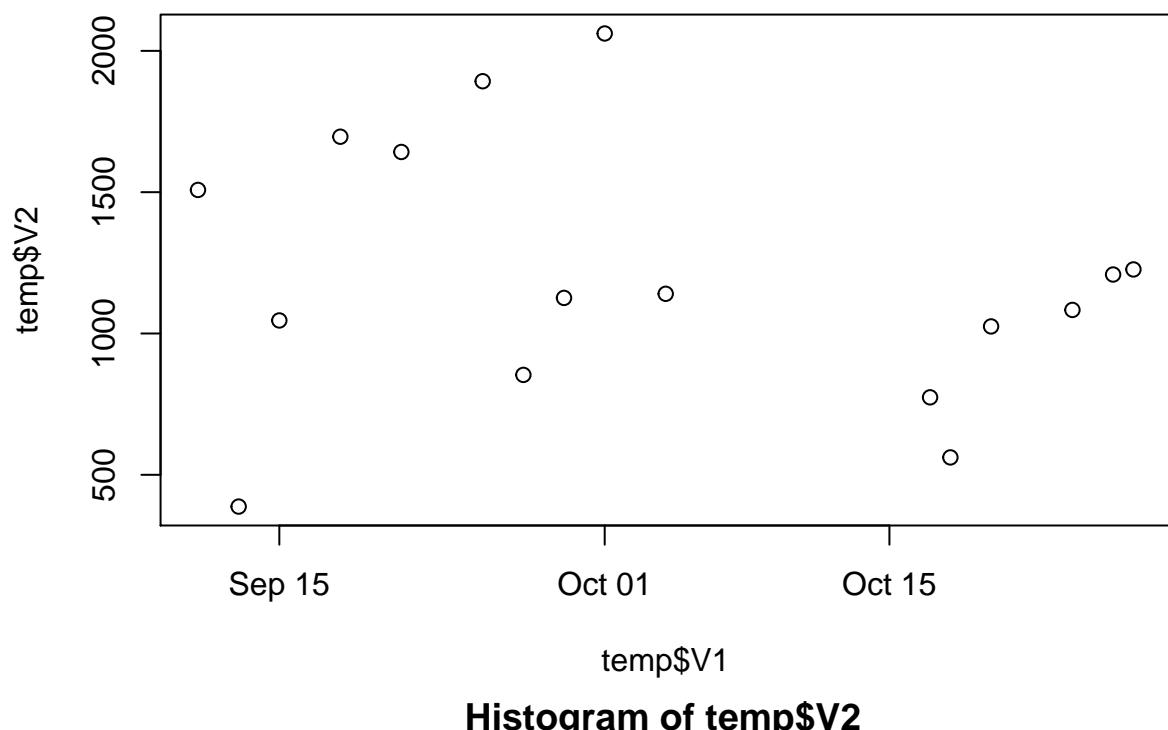
temp\$V1

Date	Average_Speed
2022-10-18	20.01

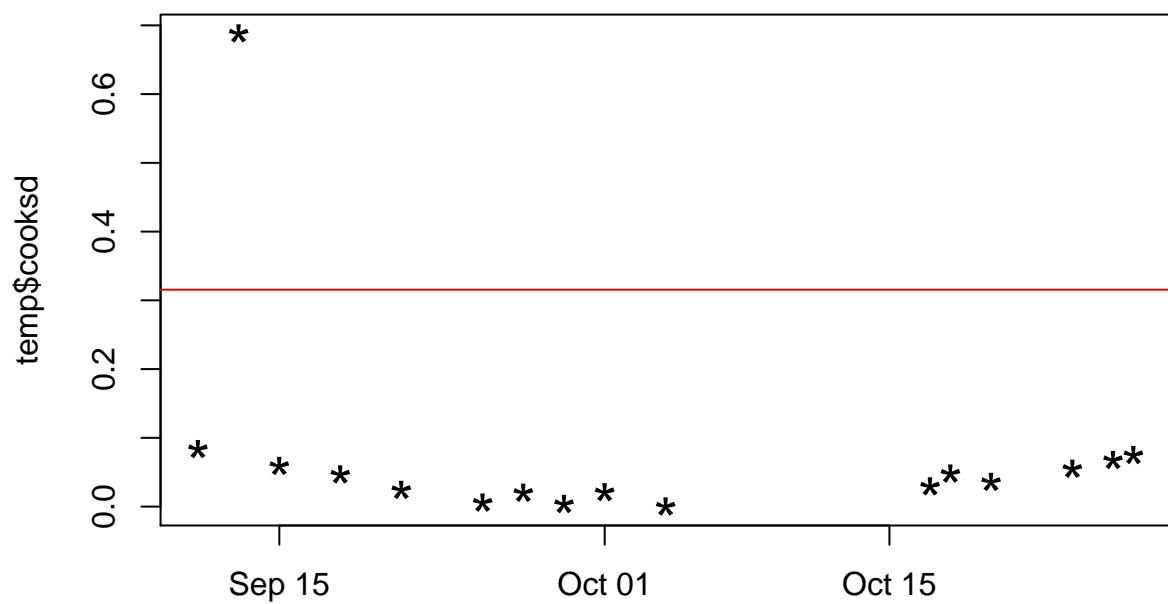
Sport class: Calories



Calories



Calories

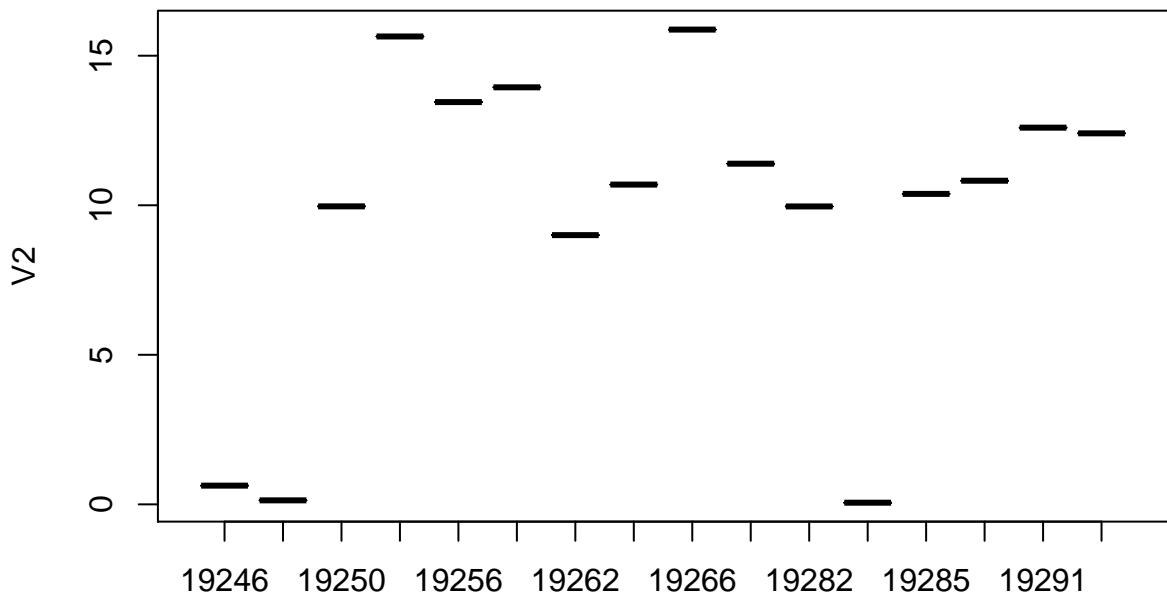


temp\$V1

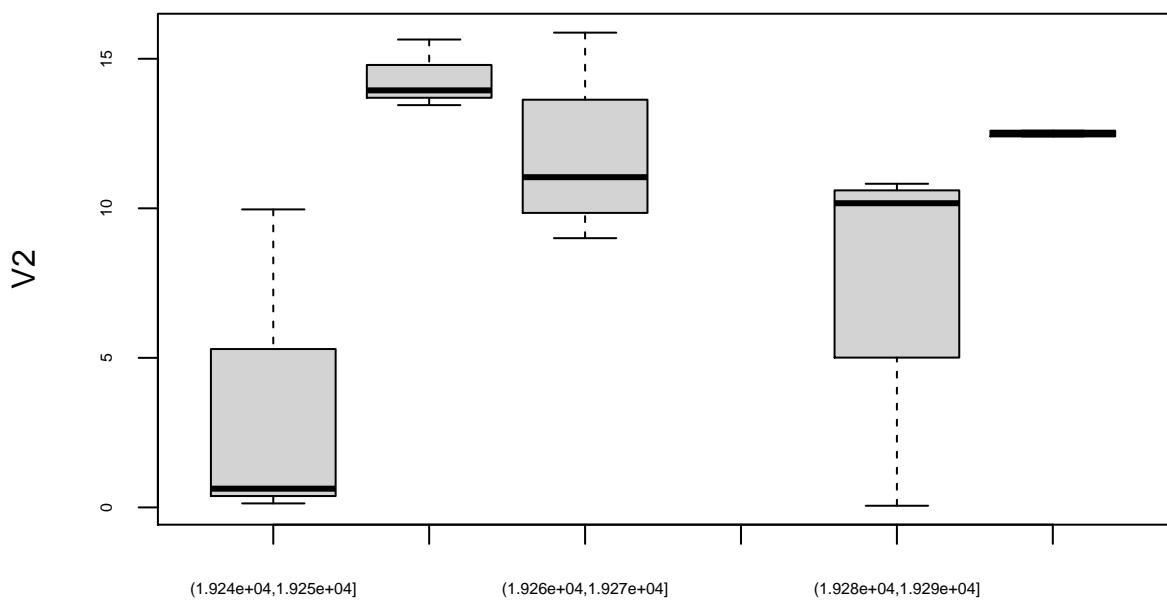
Date	Calories
2022-09-13	387.6

Sport class: Climb_Rating

Climb_Rating

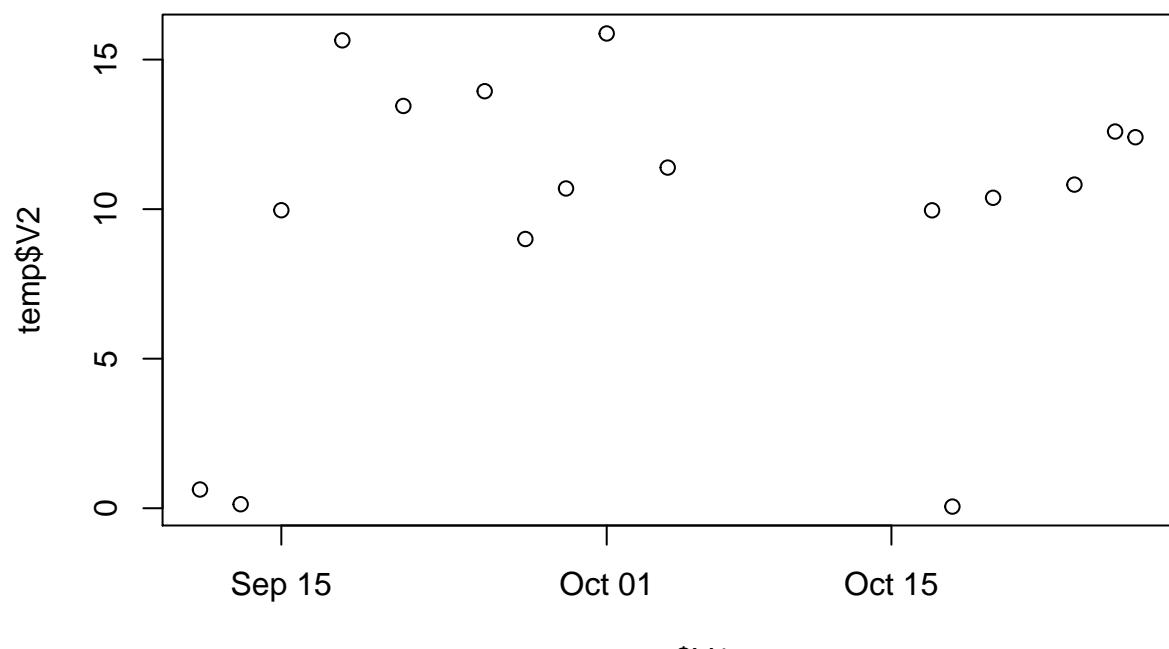


Climb_Rating



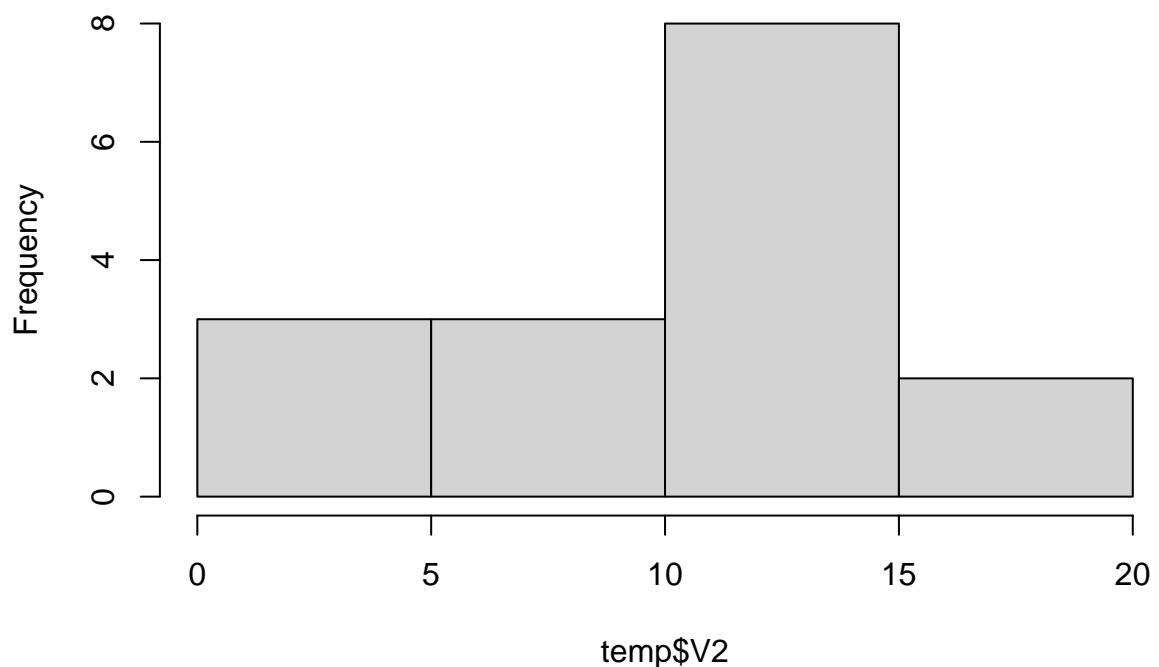
`cut(V1, pretty(temp$V1))`

Climb_Rating



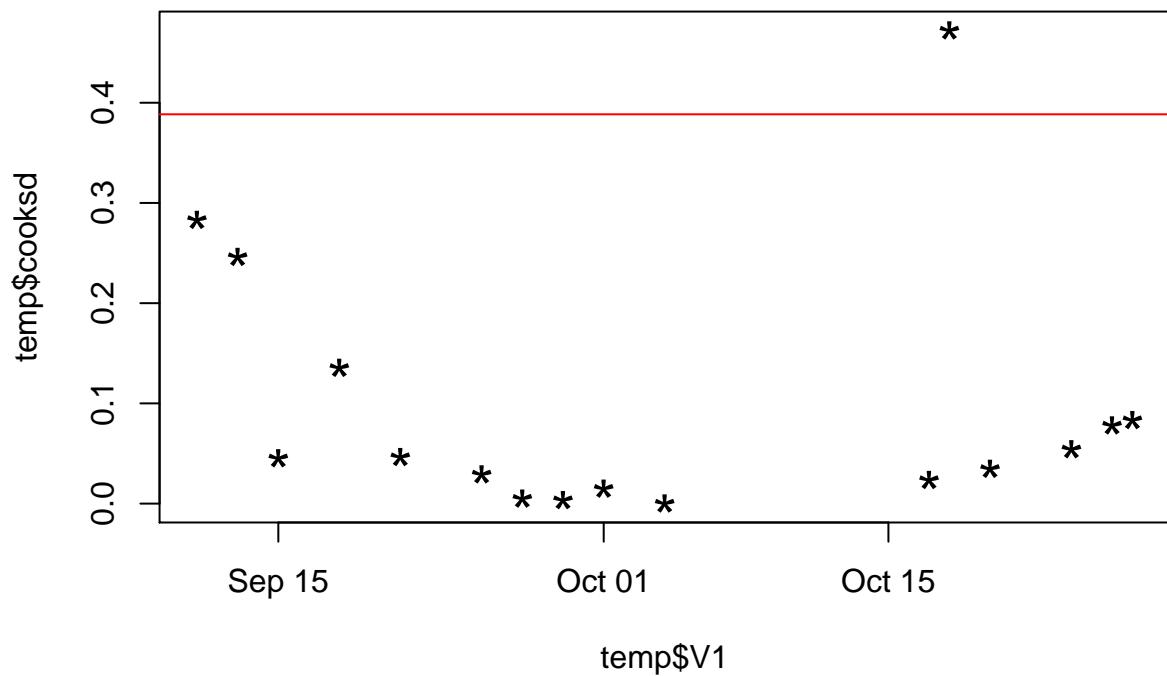
temp\$V1

Histogram of temp\$V2



temp\$V2

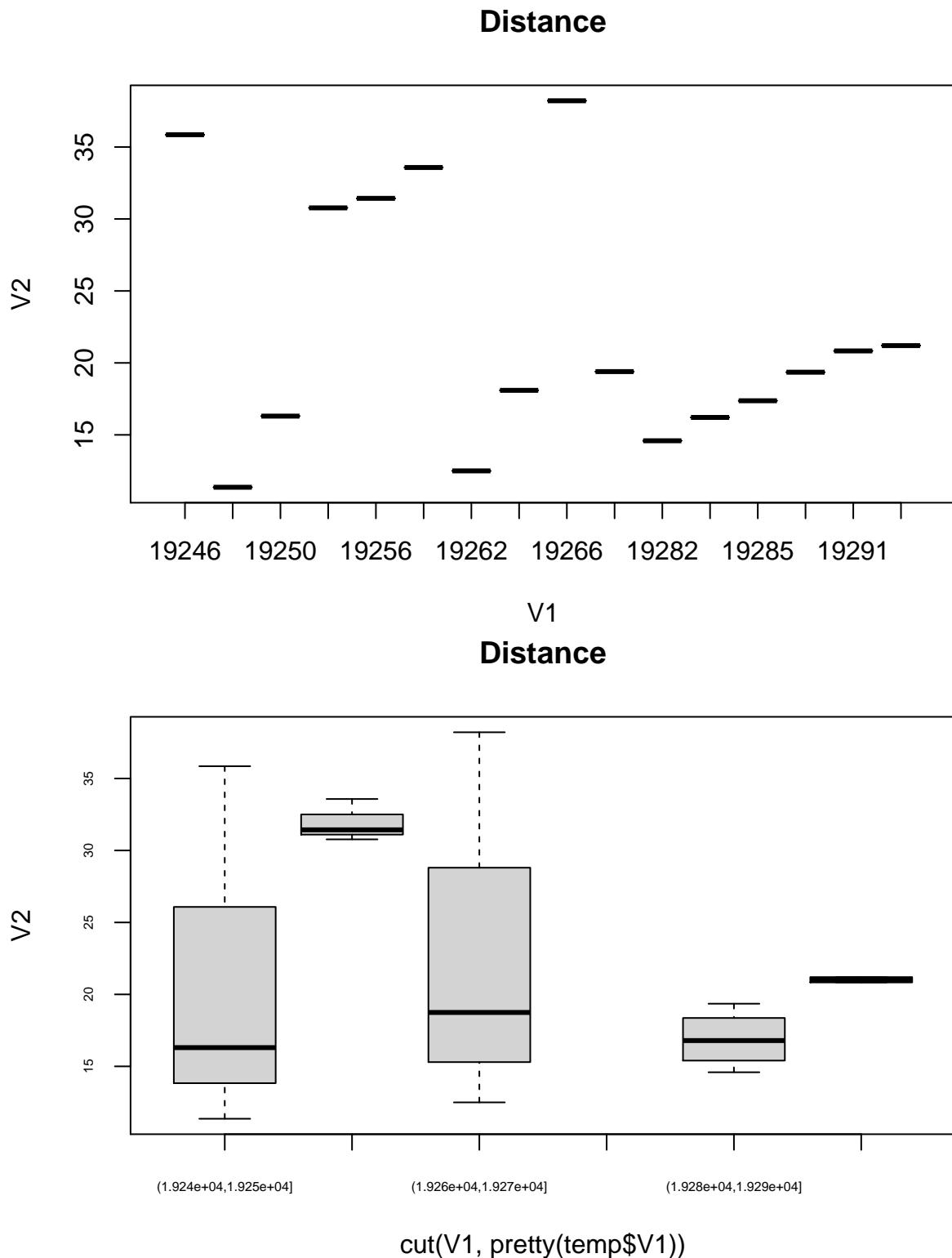
Climb_Rating



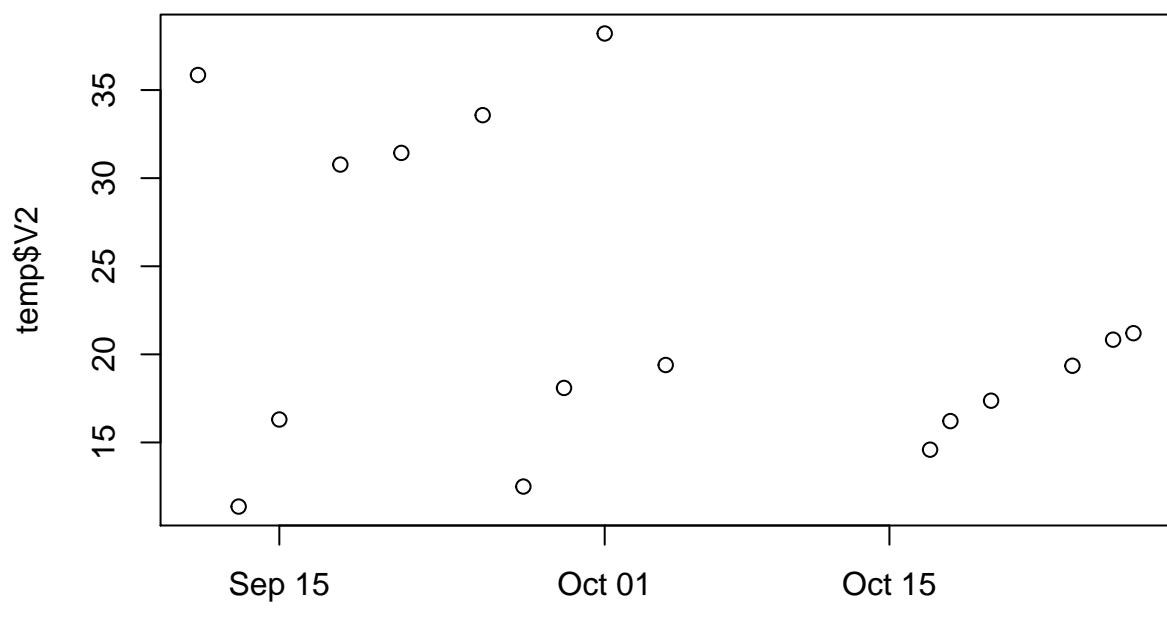
temp\$V1

Date	Climb_Rating
2022-10-18	0.05552

Sport class: Distance

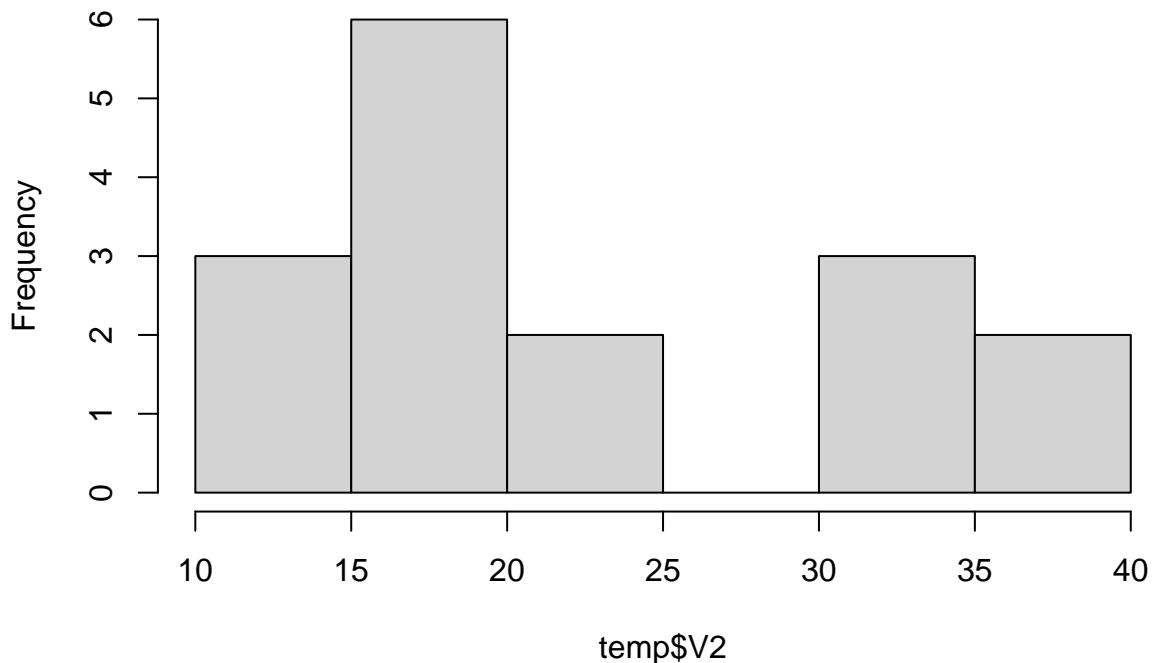


Distance

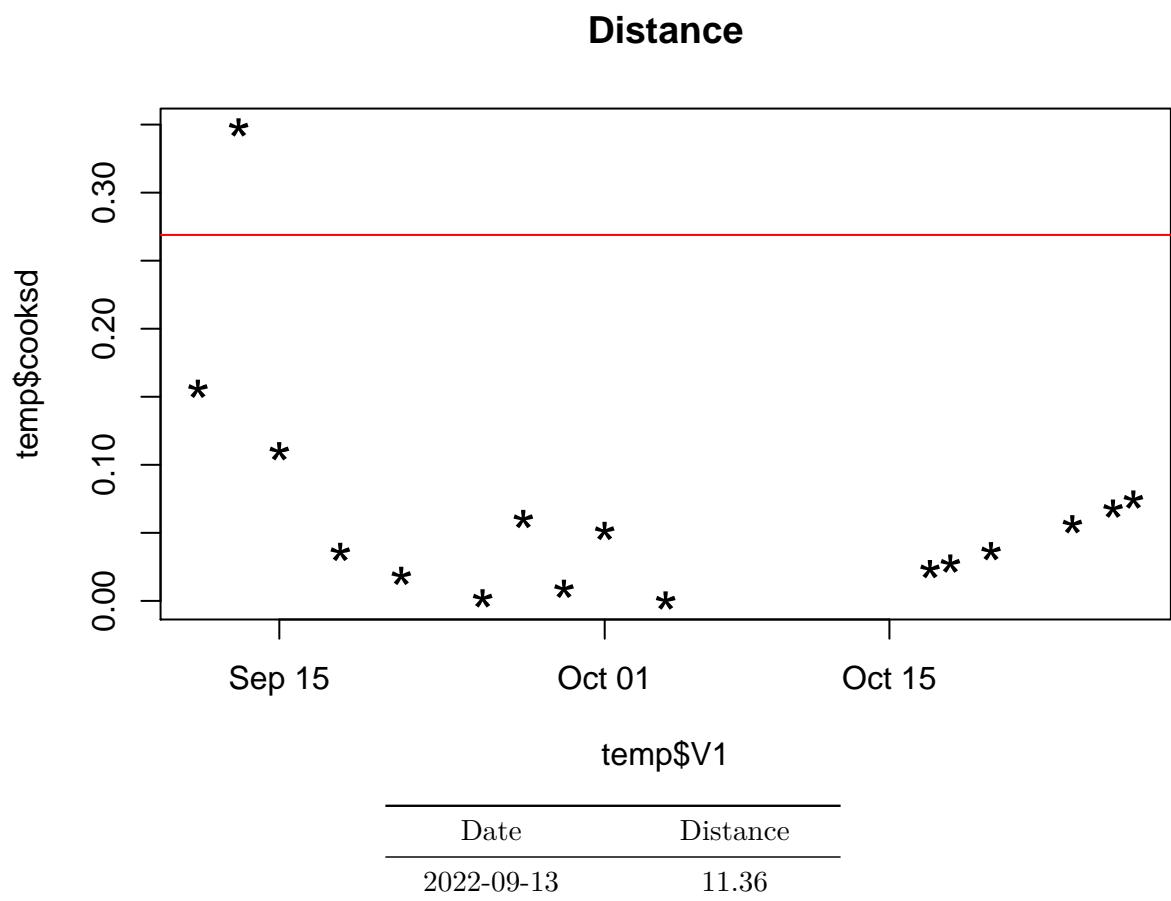


temp\$V1

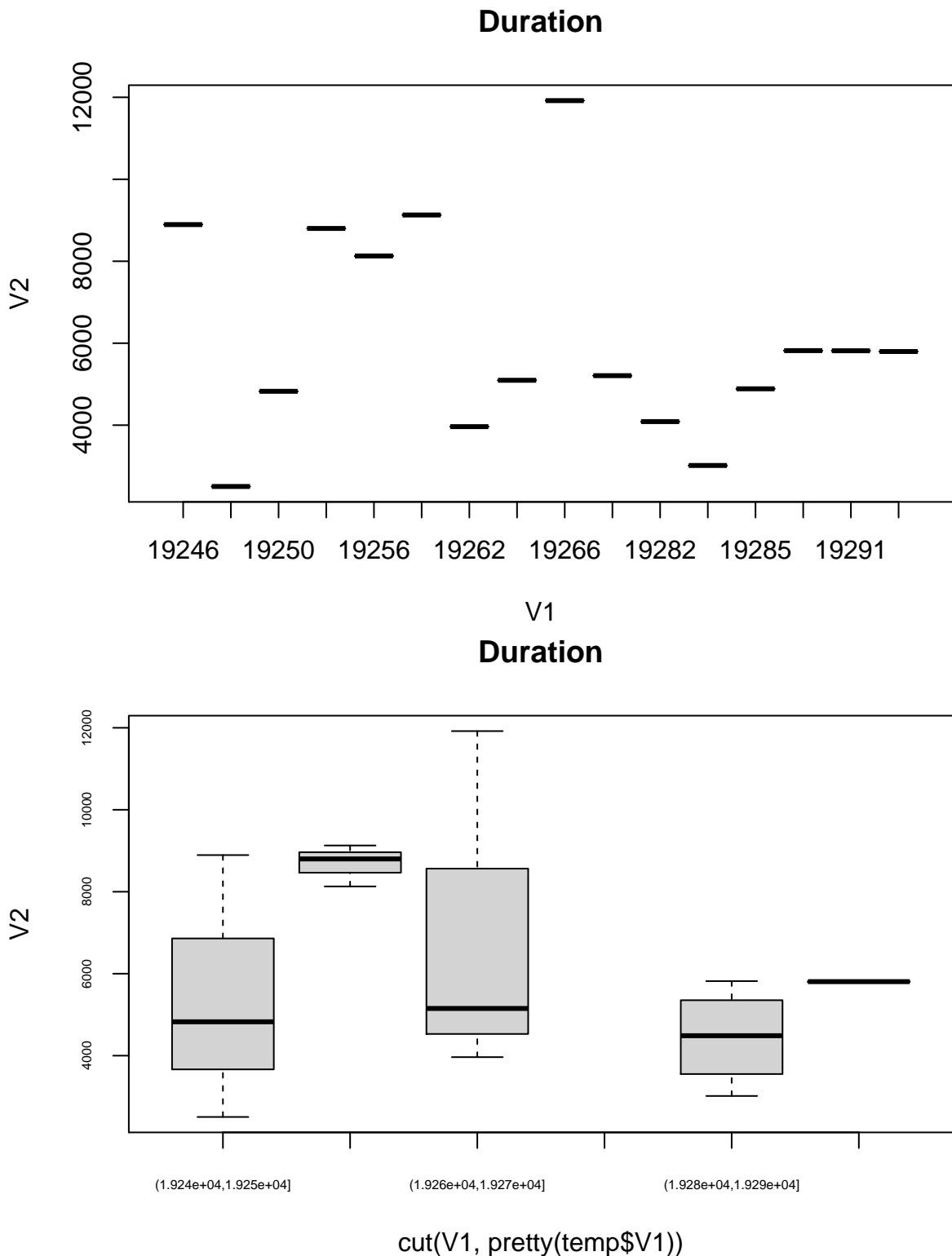
Histogram of temp\$V2

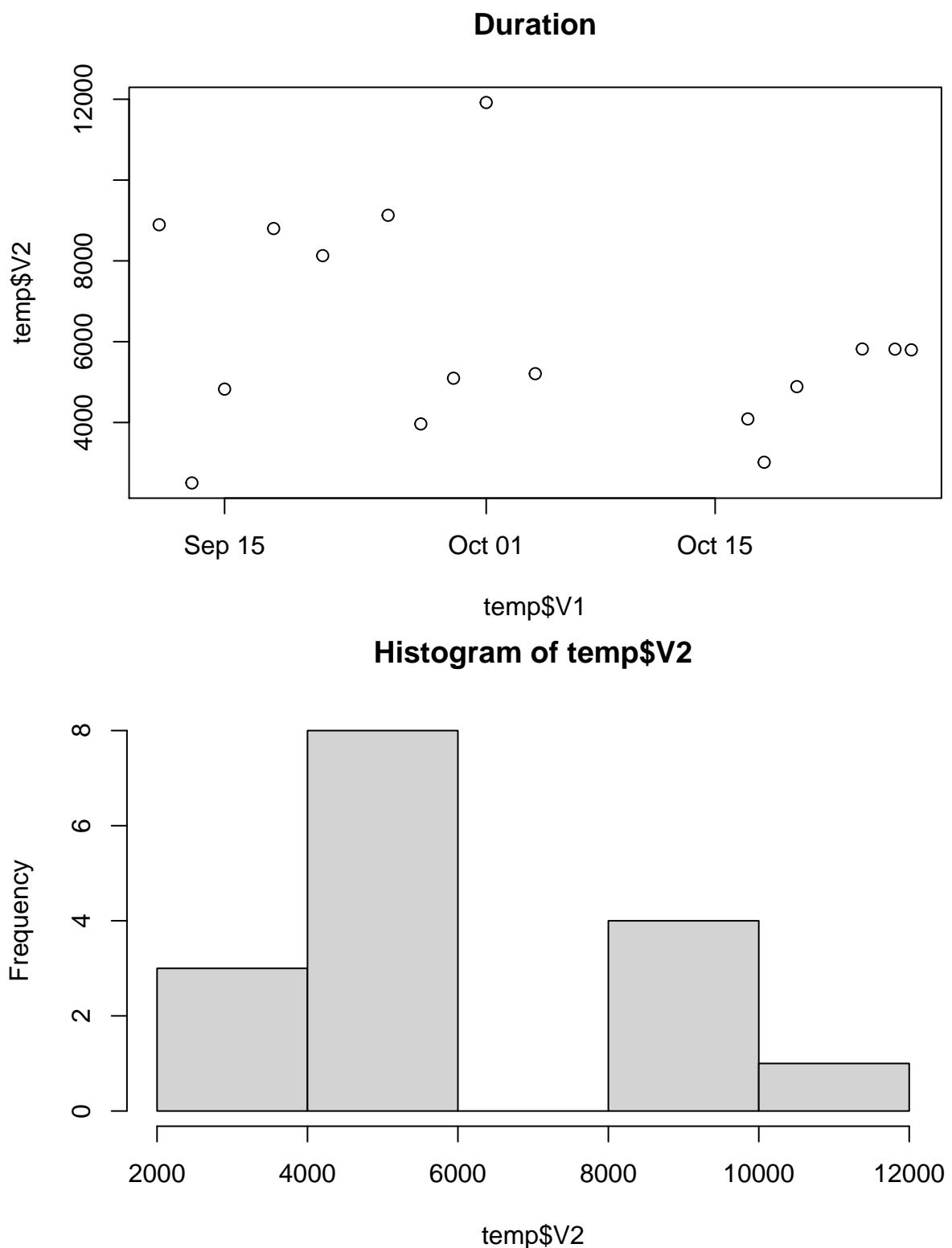


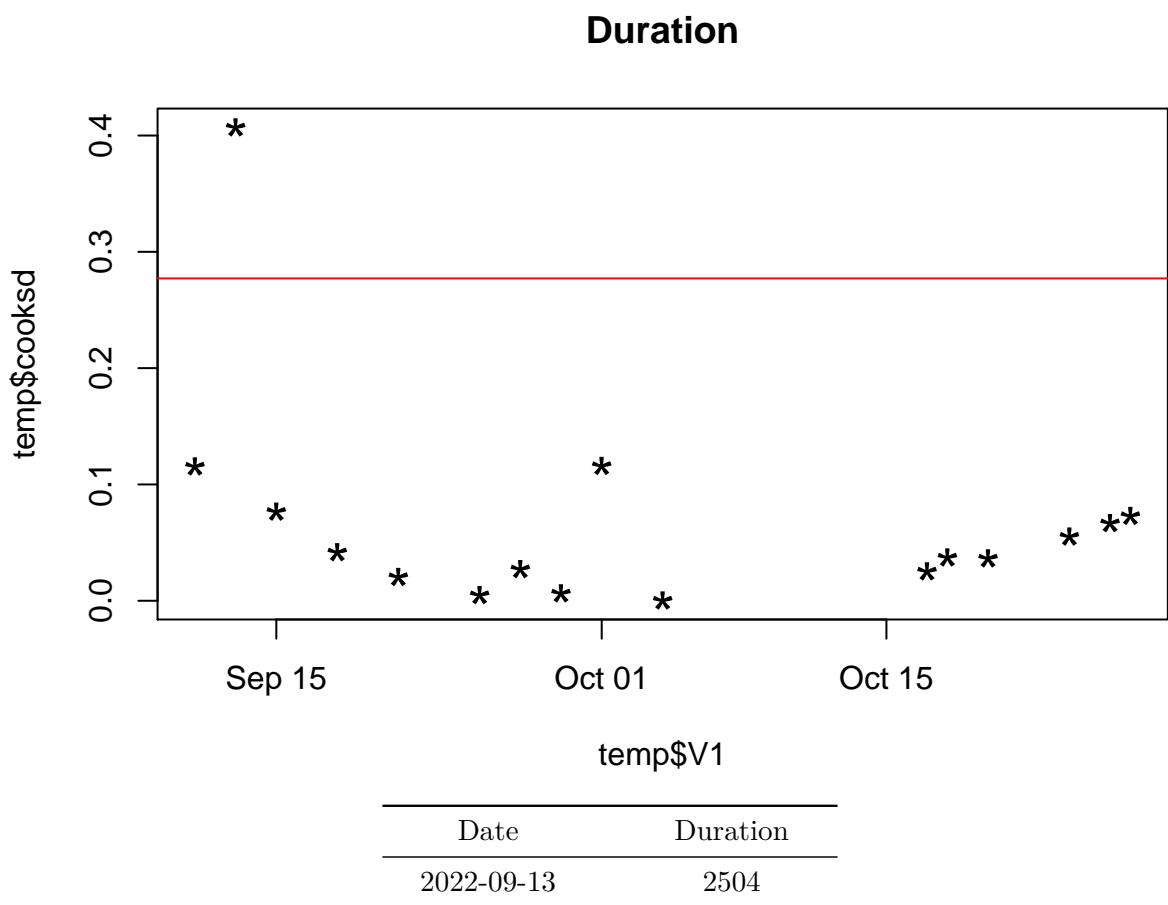
temp\$V2



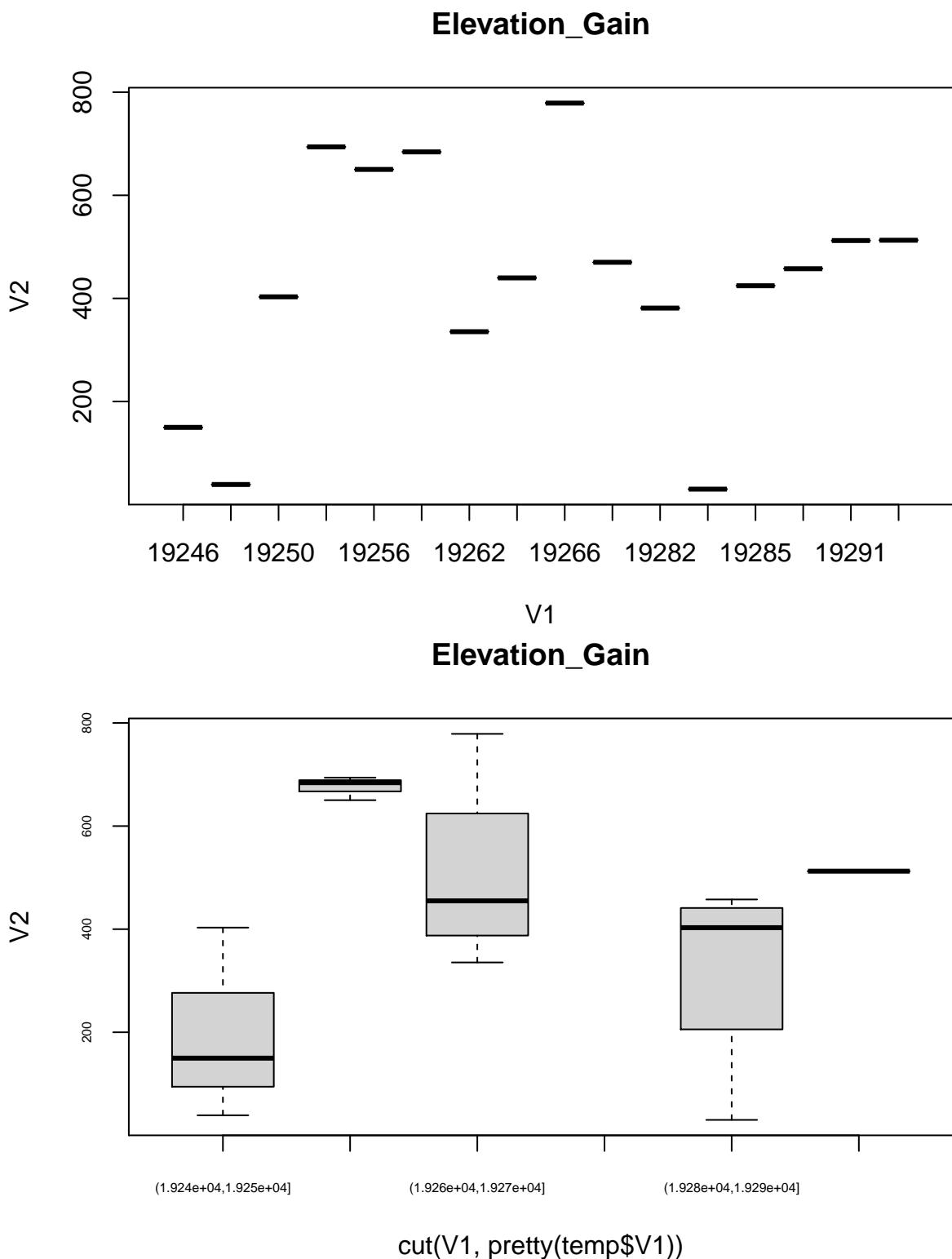
Sport class: Duration



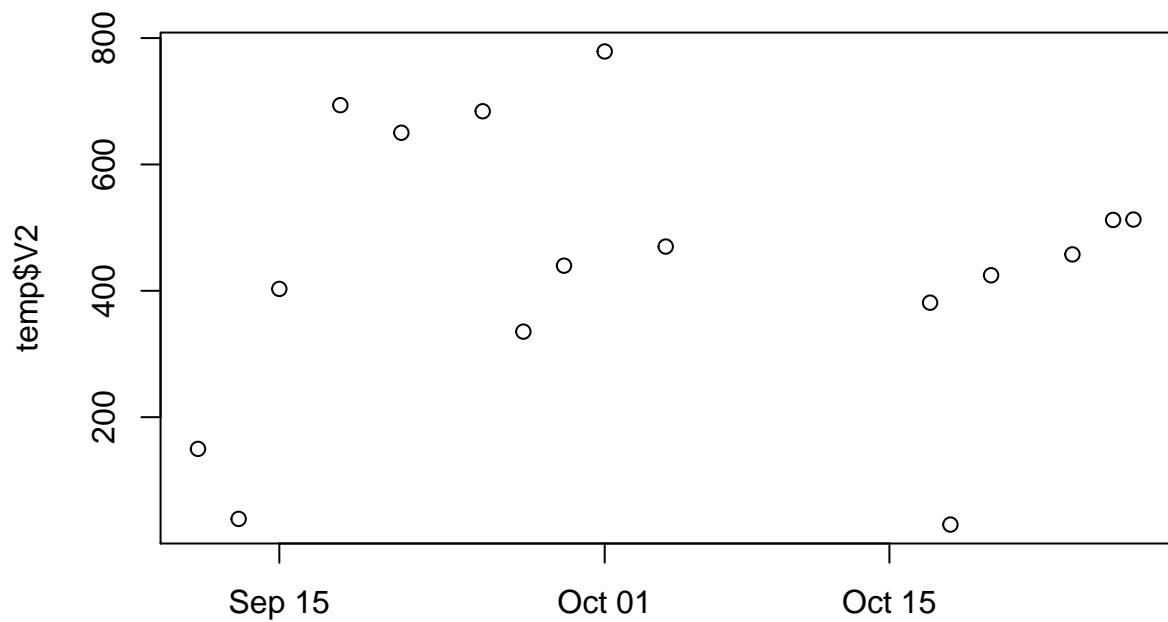




Sport class: Elevation_Gain

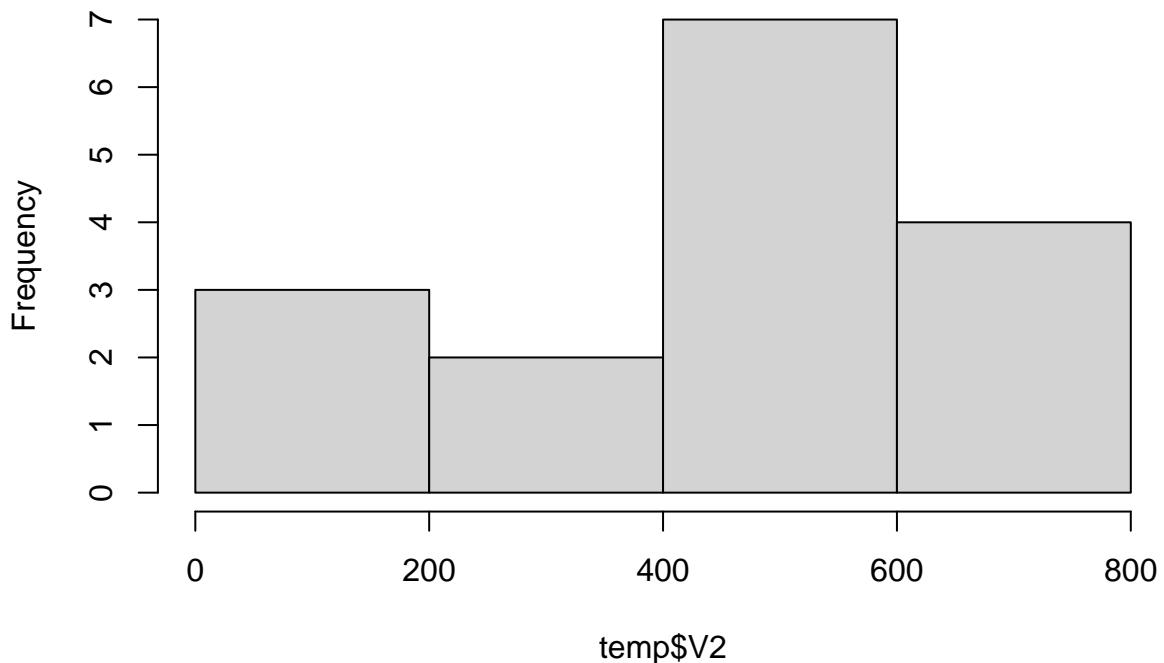


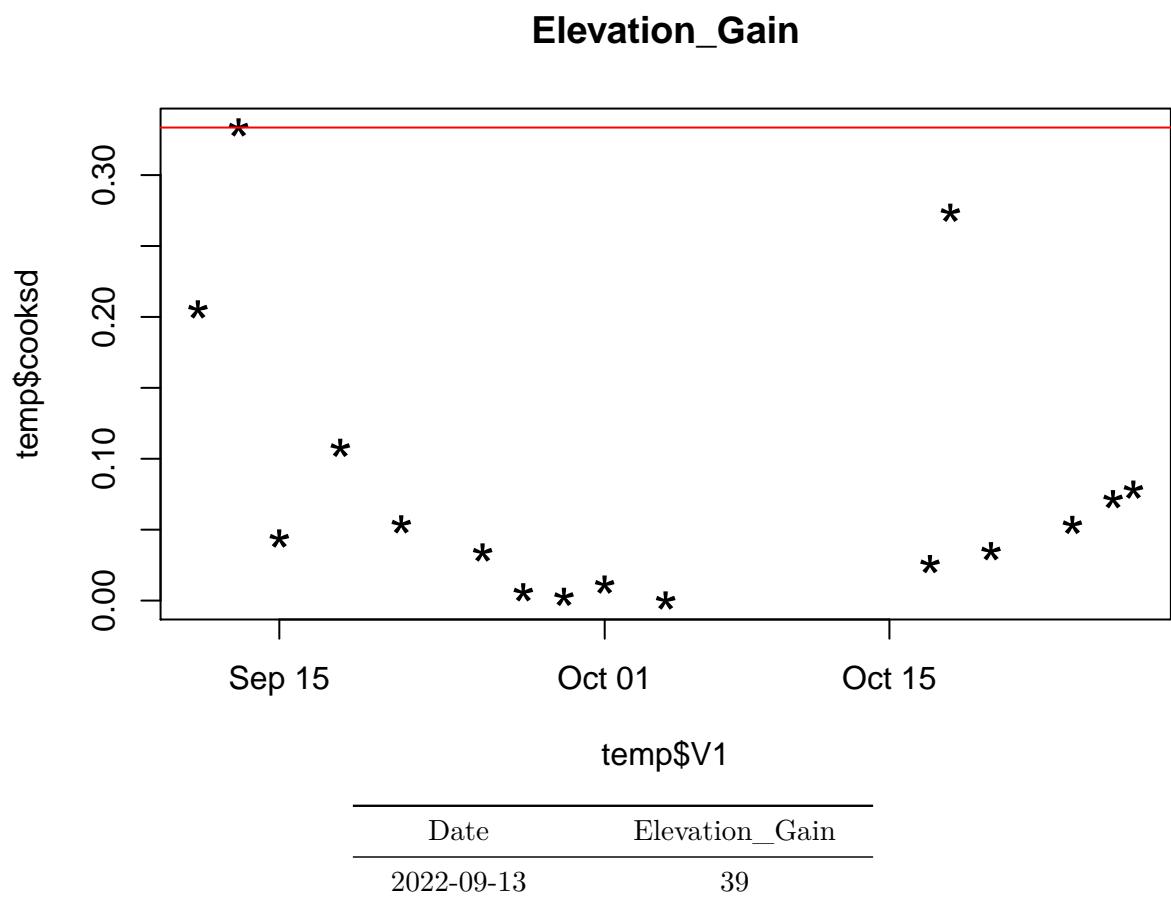
Elevation_Gain



temp\$V1

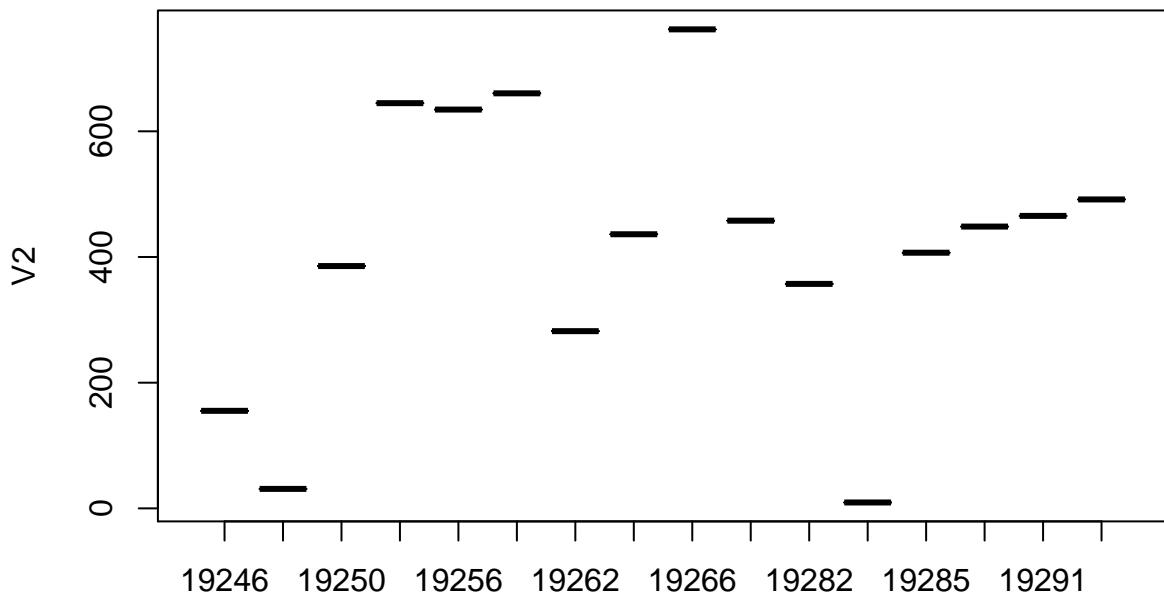
Histogram of temp\$V2



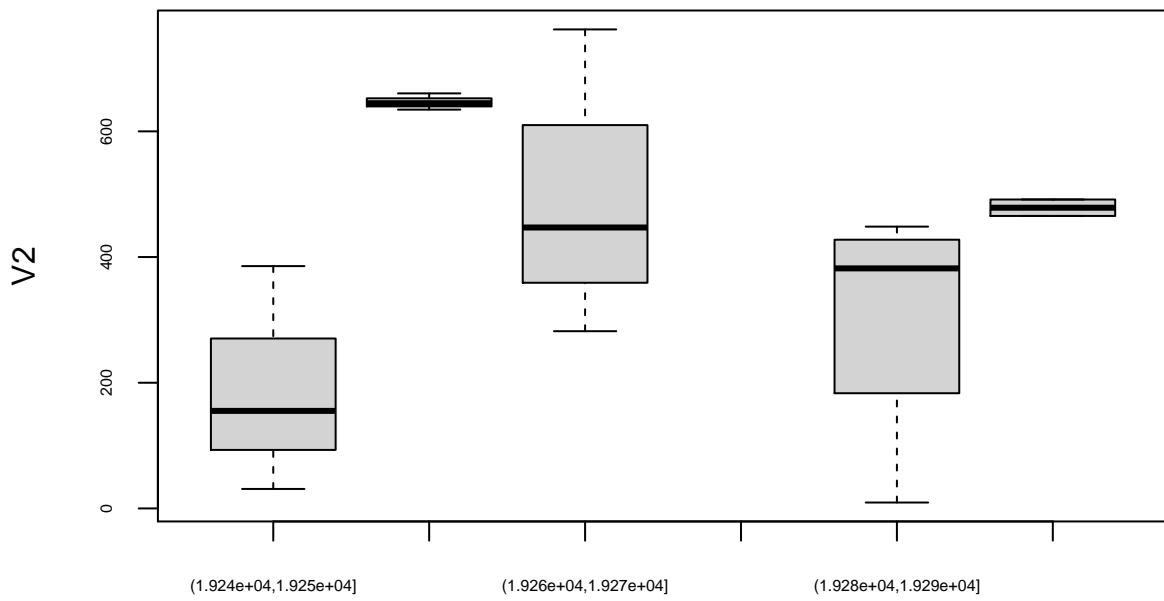


Sport class: Elevation_Loss

Elevation_Loss

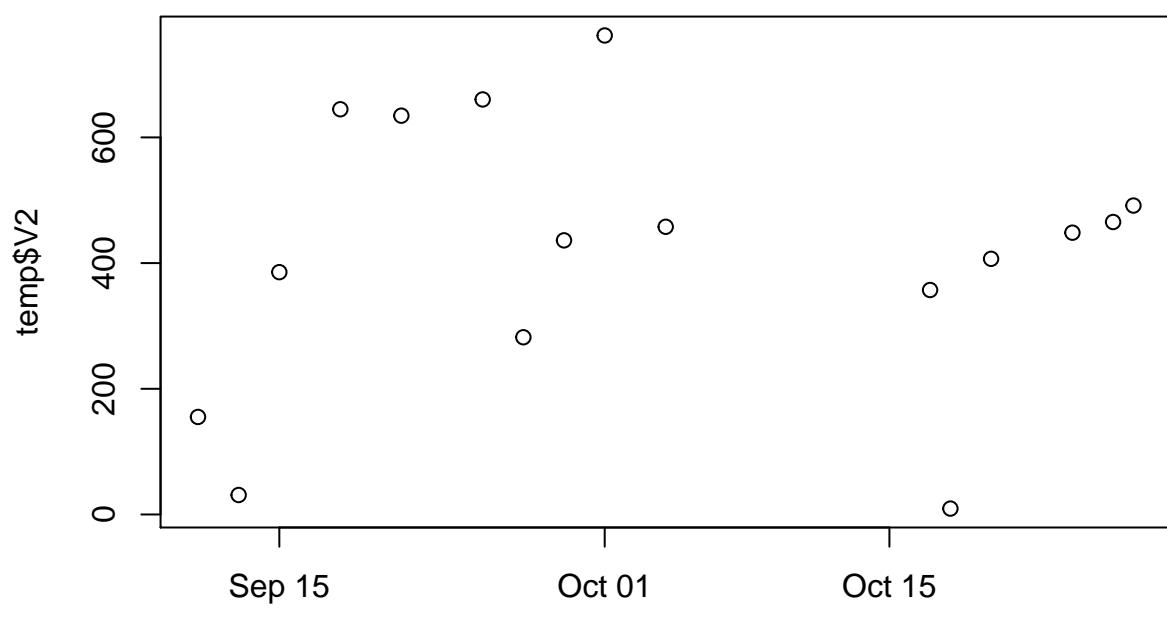


Elevation_Loss



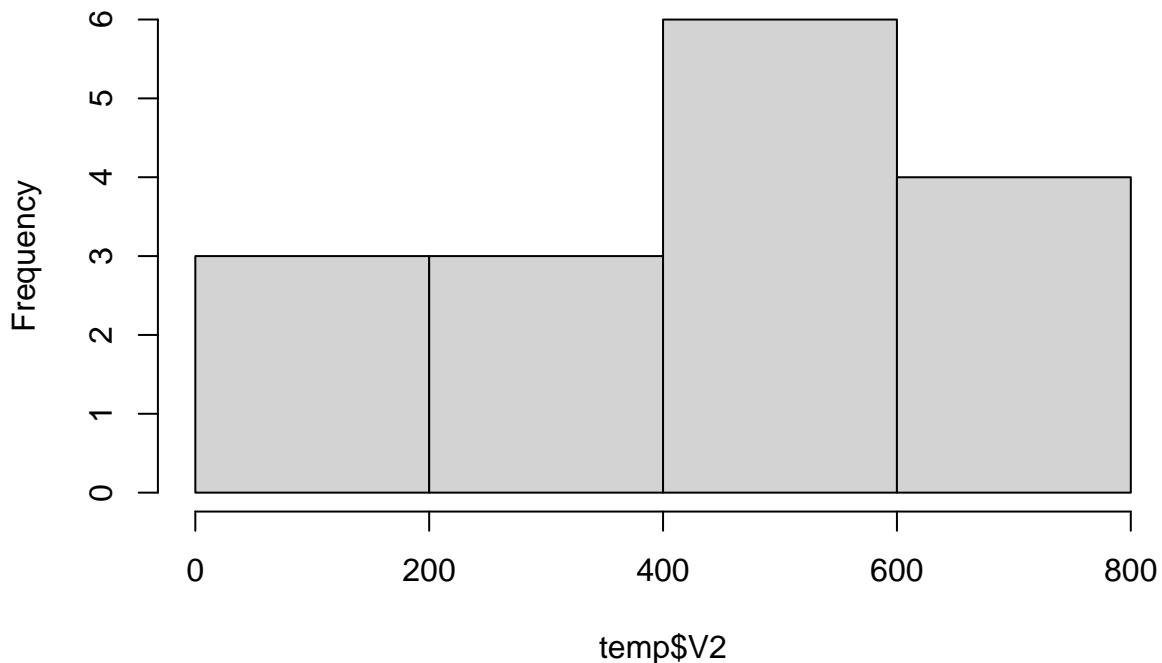
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Elevation_Loss



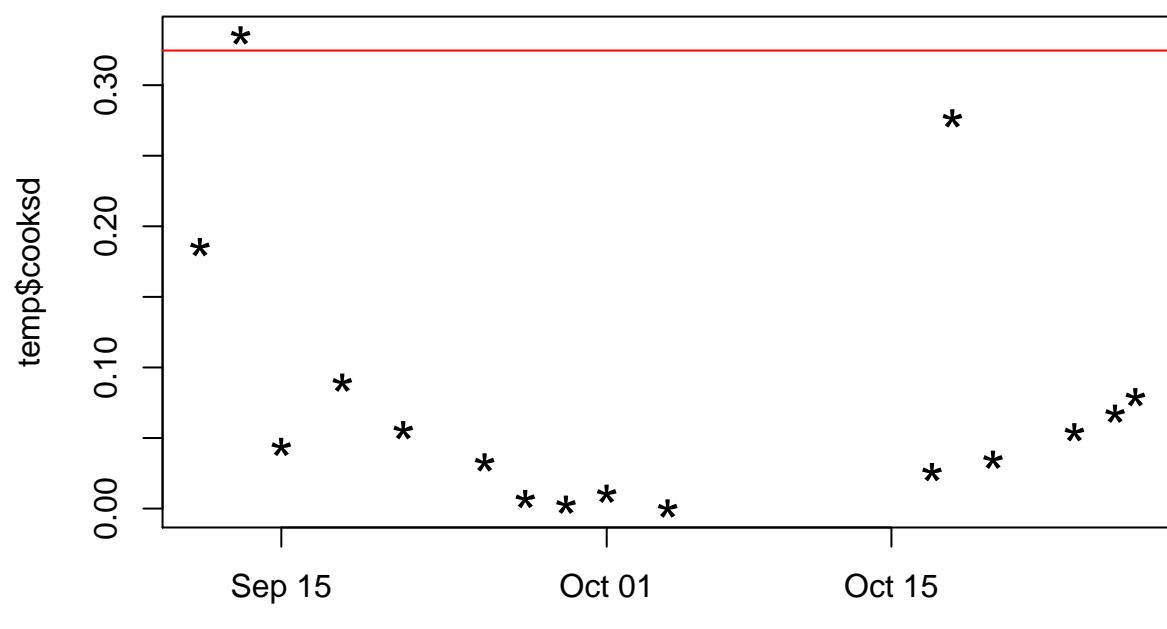
temp\$V1

Histogram of temp\$V2



temp\$V2

Elevation_Loss

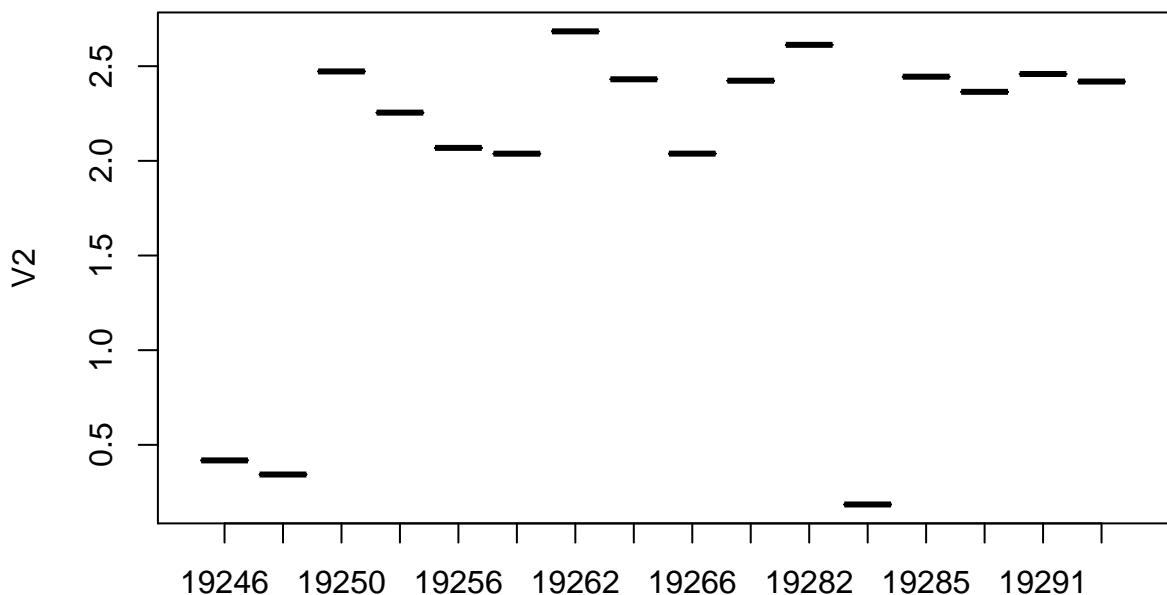


temp\$V1

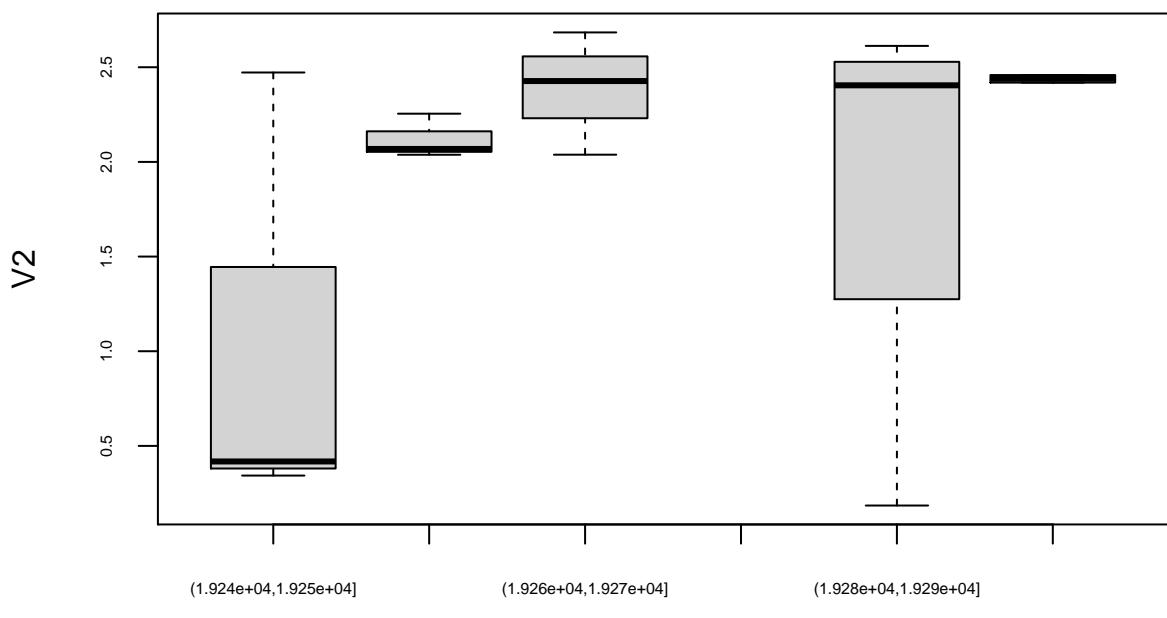
Date	Elevation_Loss
2022-09-13	31

Sport class: Gradient

Gradient

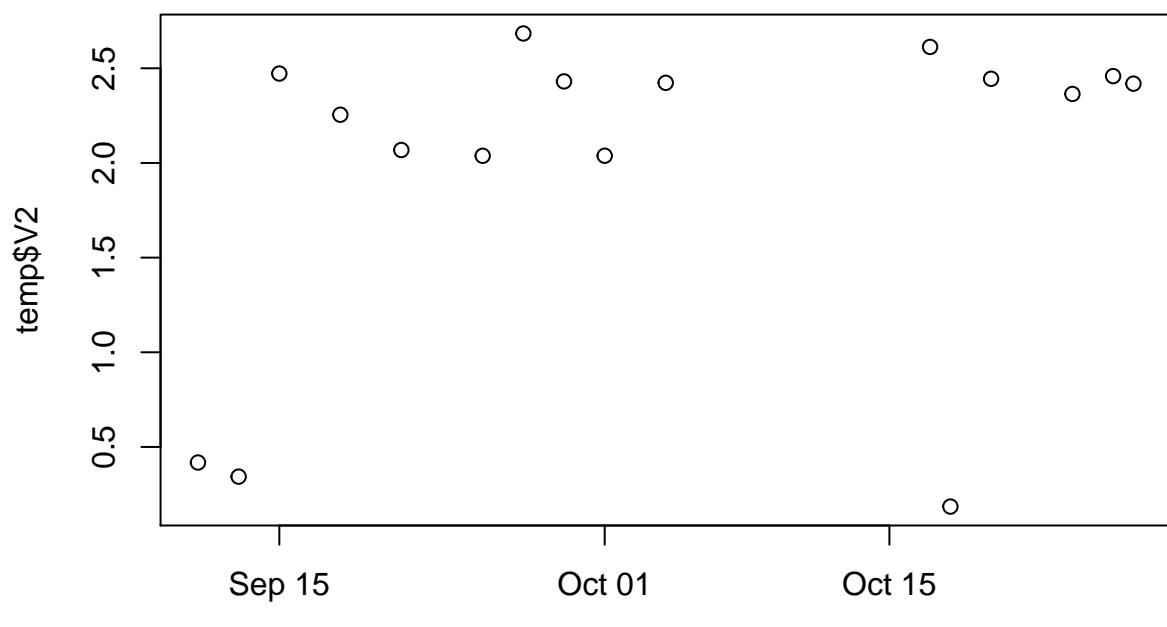


Gradient

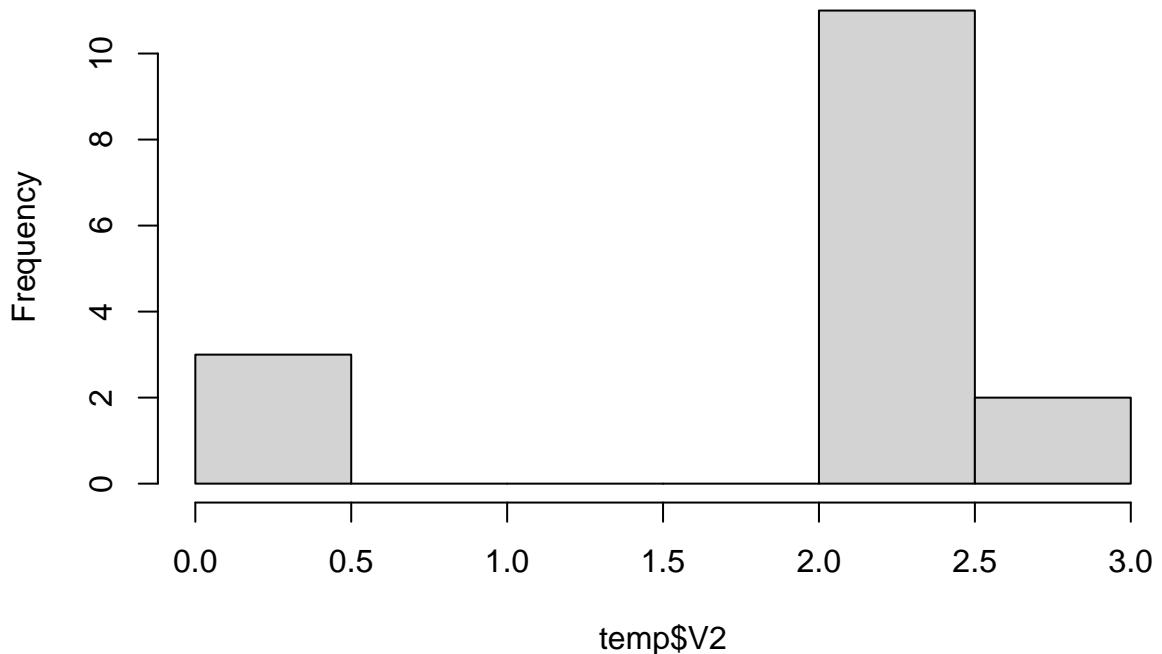


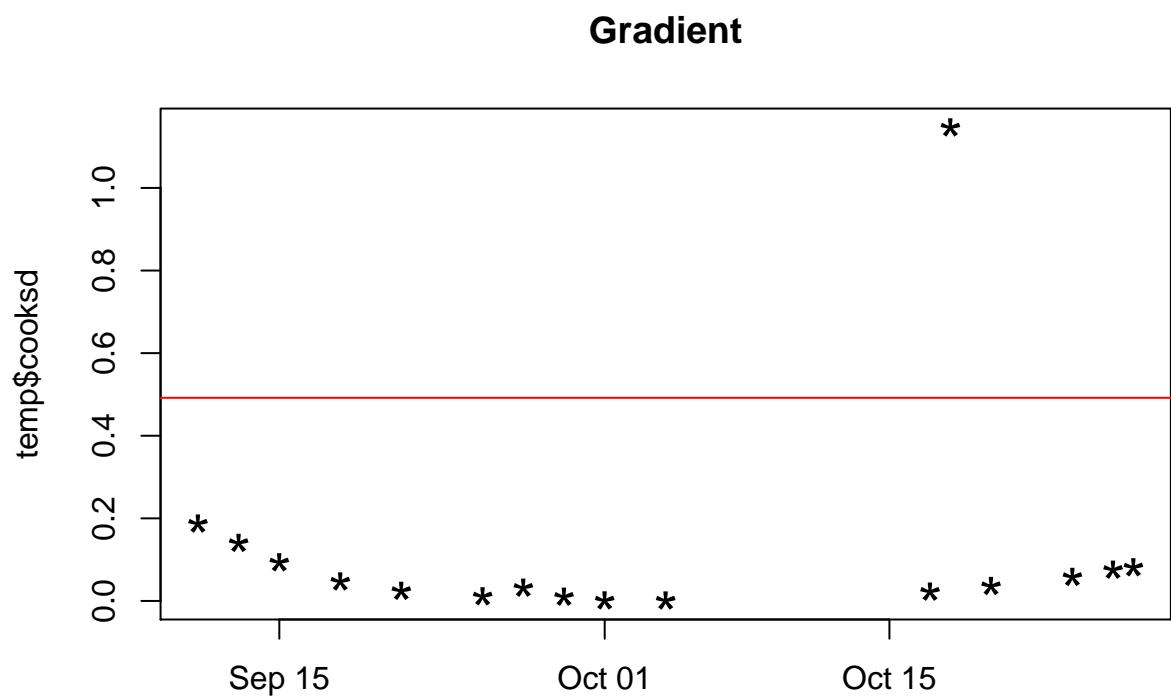
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Gradient



temp\$V1
Histogram of temp\$V2



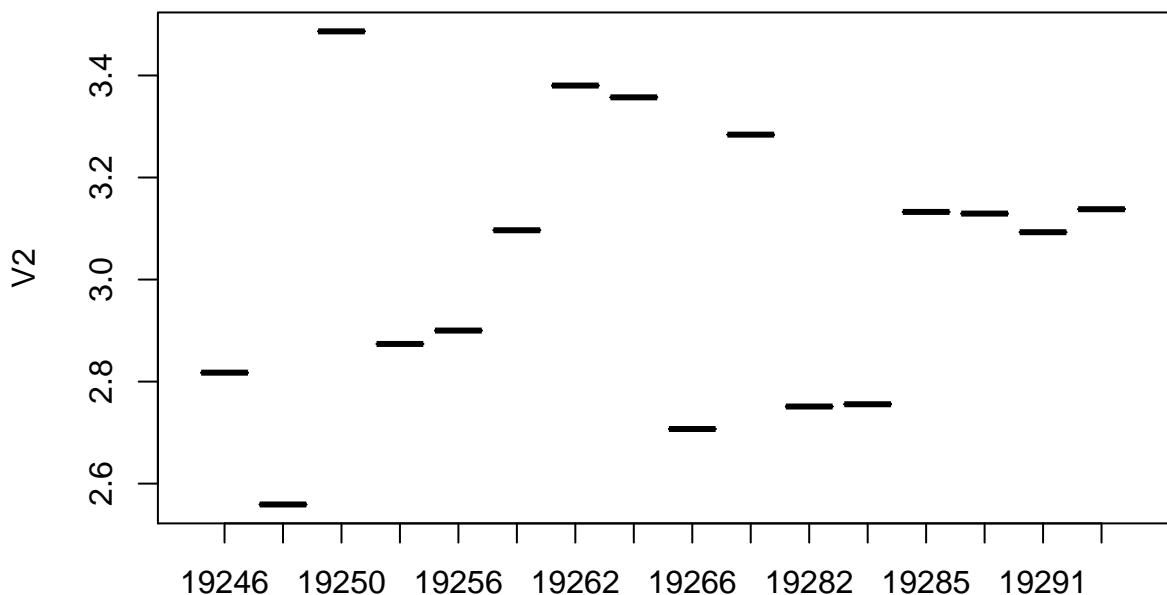


temp\$V1

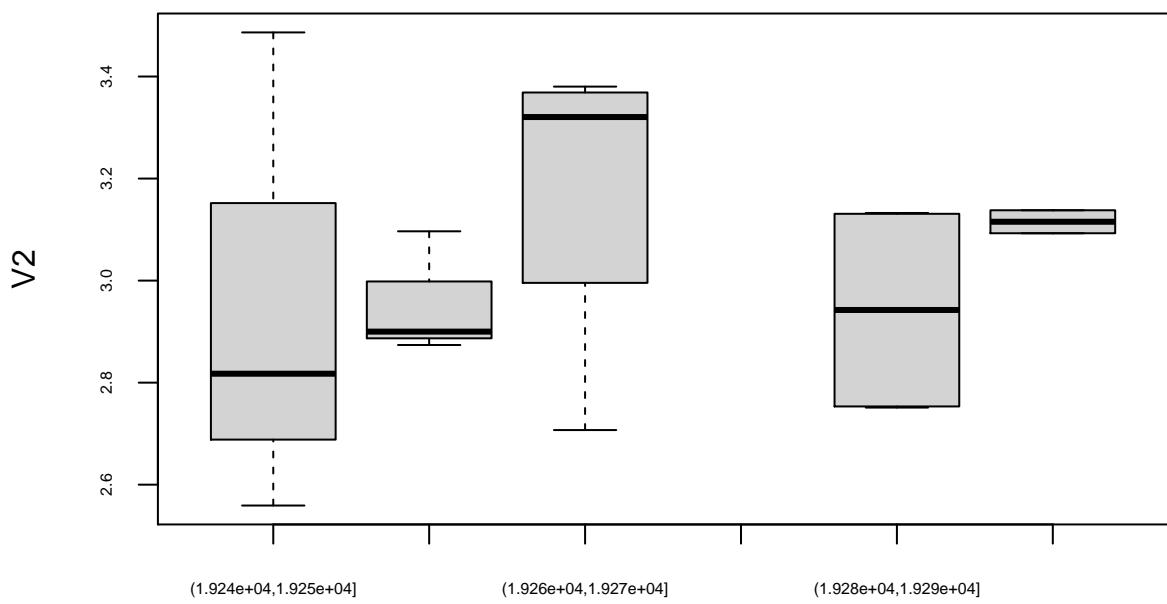
Date	Gradient
2022-10-18	0.1851

Sport class: Hr_Zone

Hr_Zone

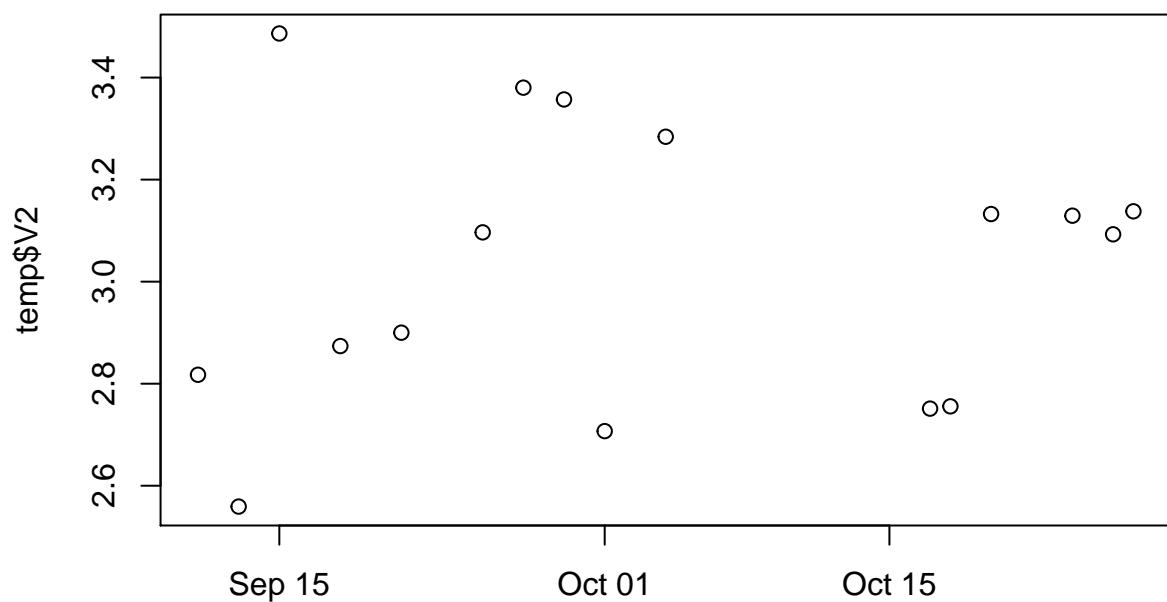


V1 Hr_Zone



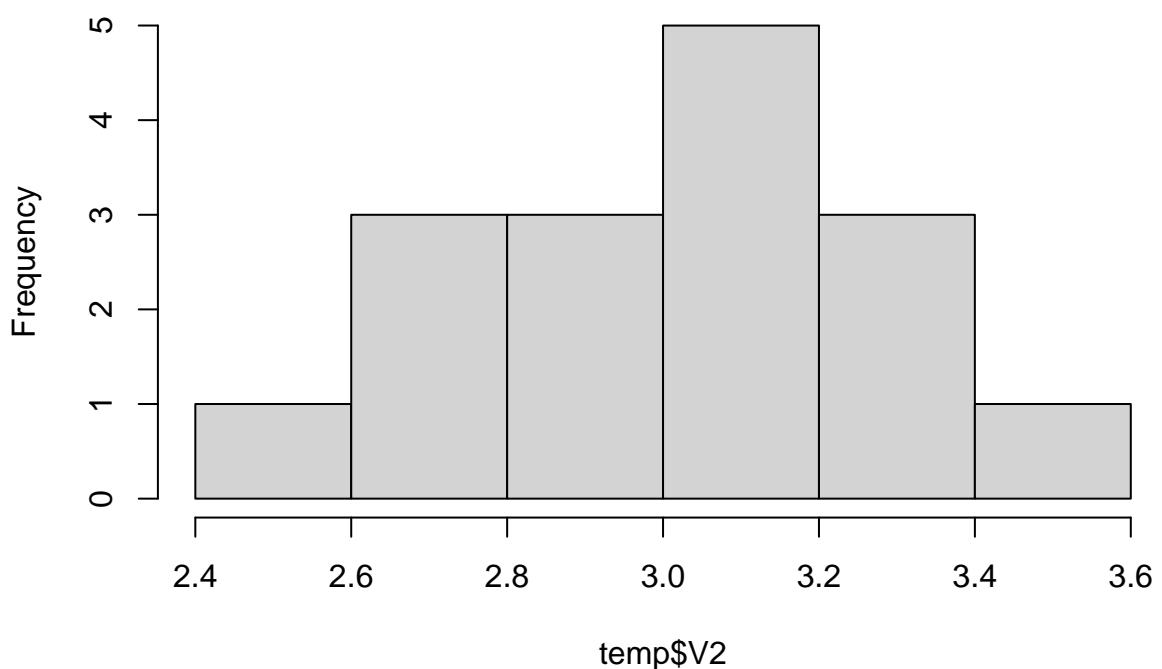
cut(V1, pretty(temp\$V1))

Hr_Zone

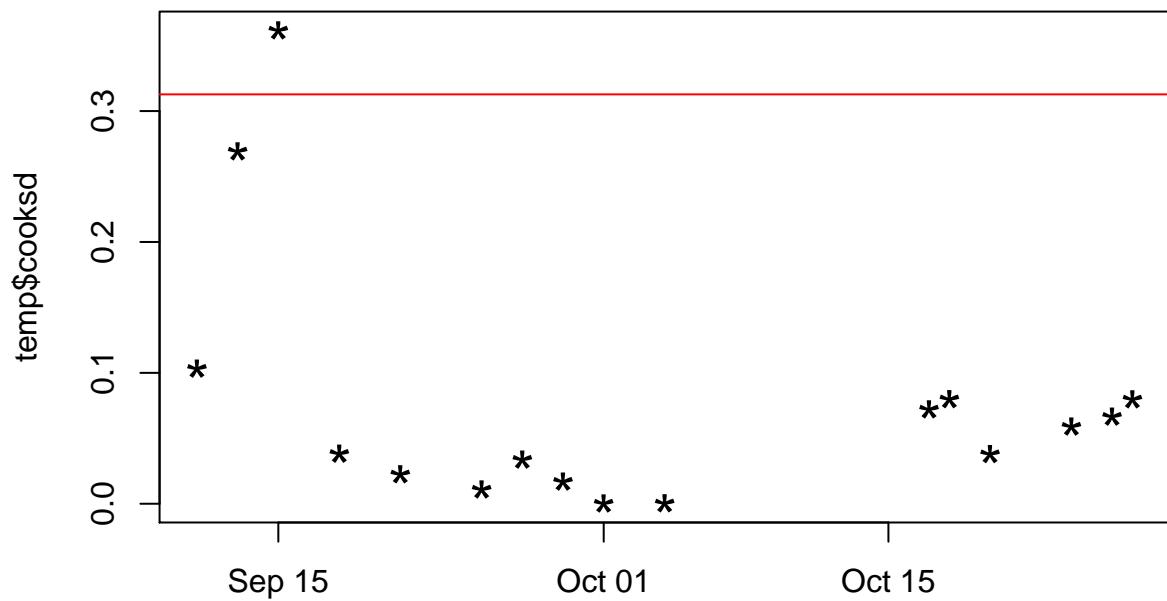


`temp$V1`

Histogram of temp\$V2



Hr_Zone

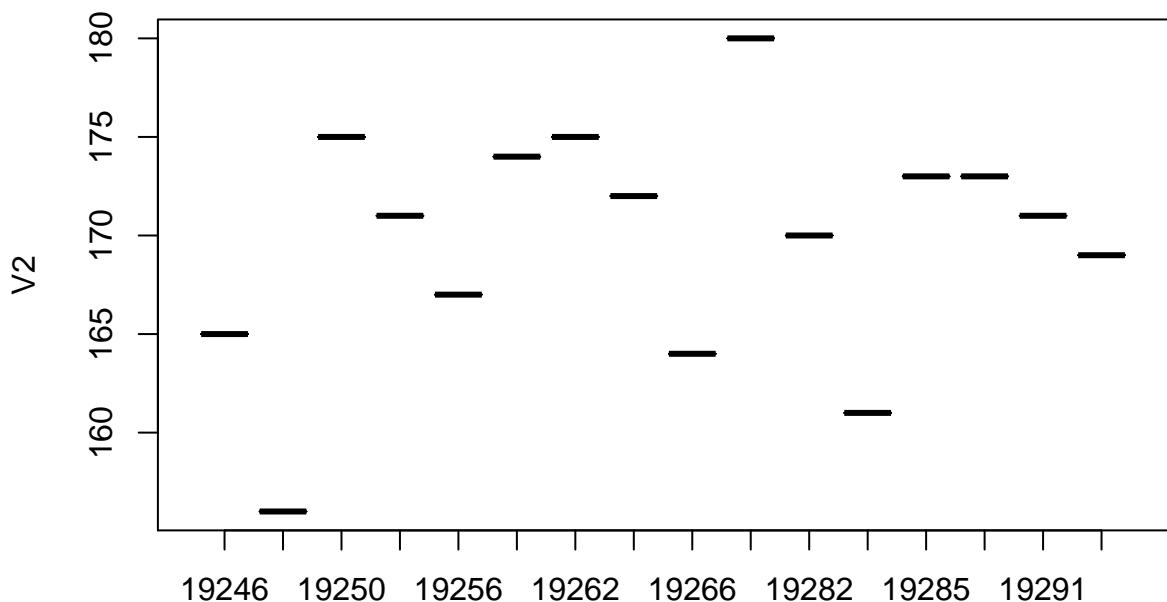


temp\$V1

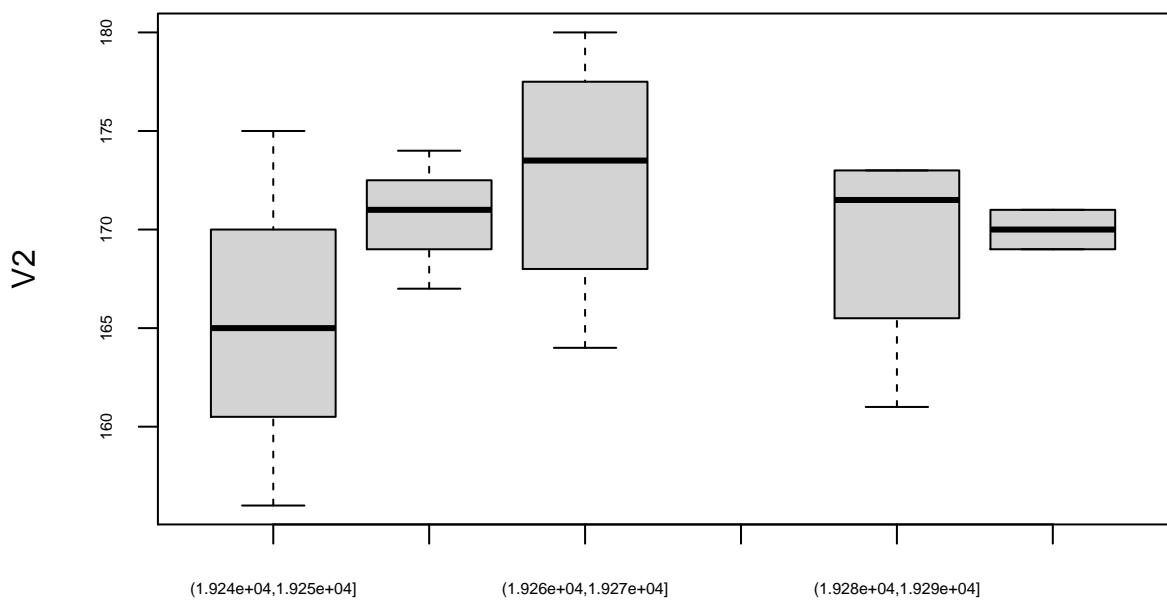
Date	Hr_Zone
2022-09-15	3.486

Sport class: Max_Heartrate

Max_Heartrate

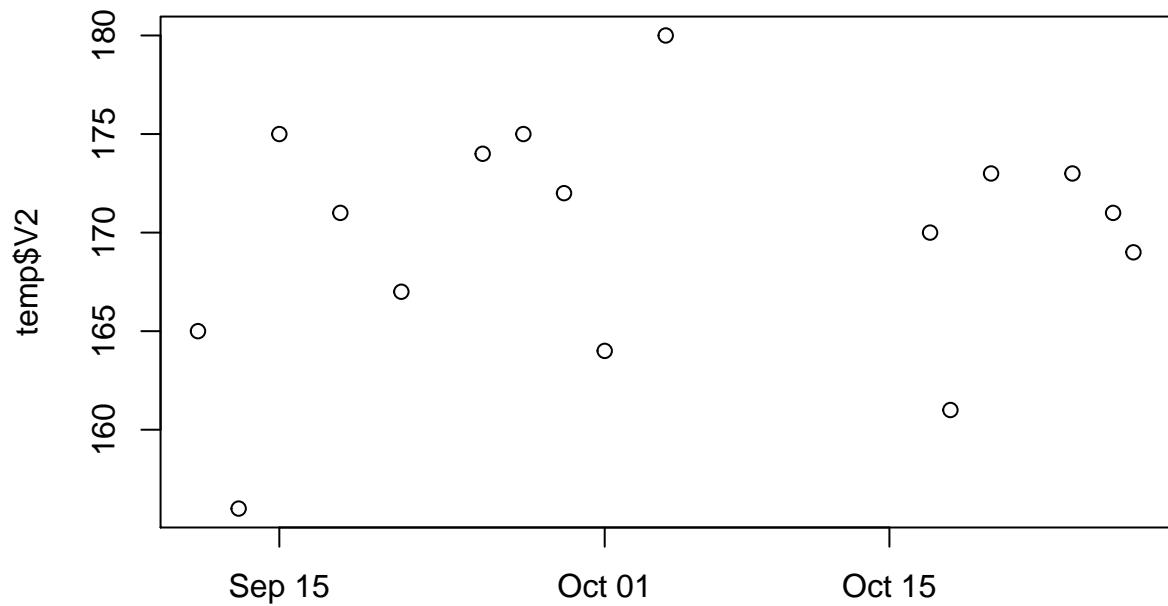


Max_Heartrate



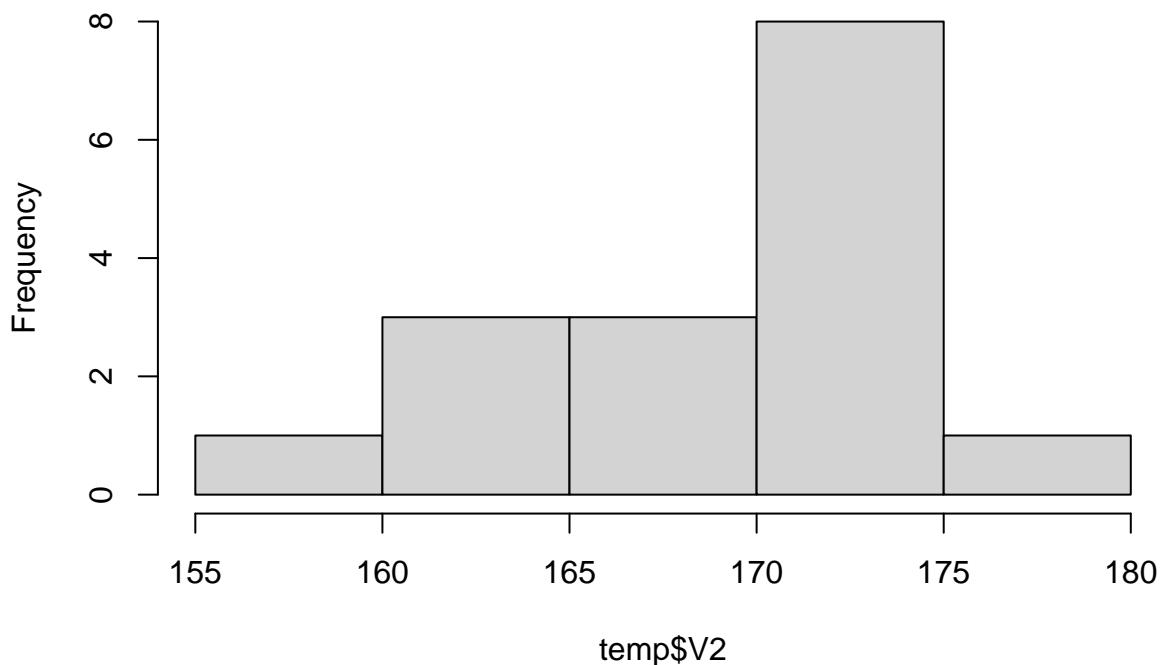
`cut(V1, pretty(temp$V1))`

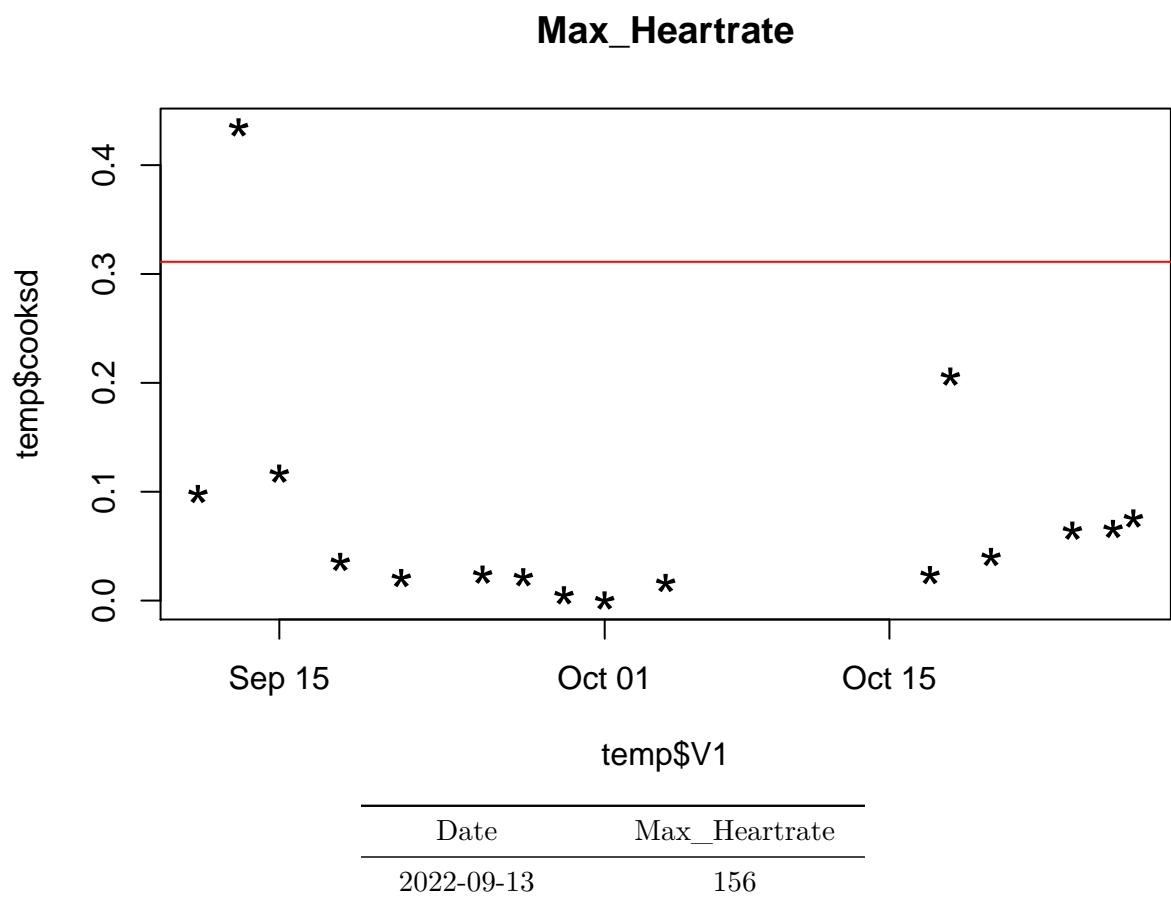
Max_Heartrate



temp\$V1

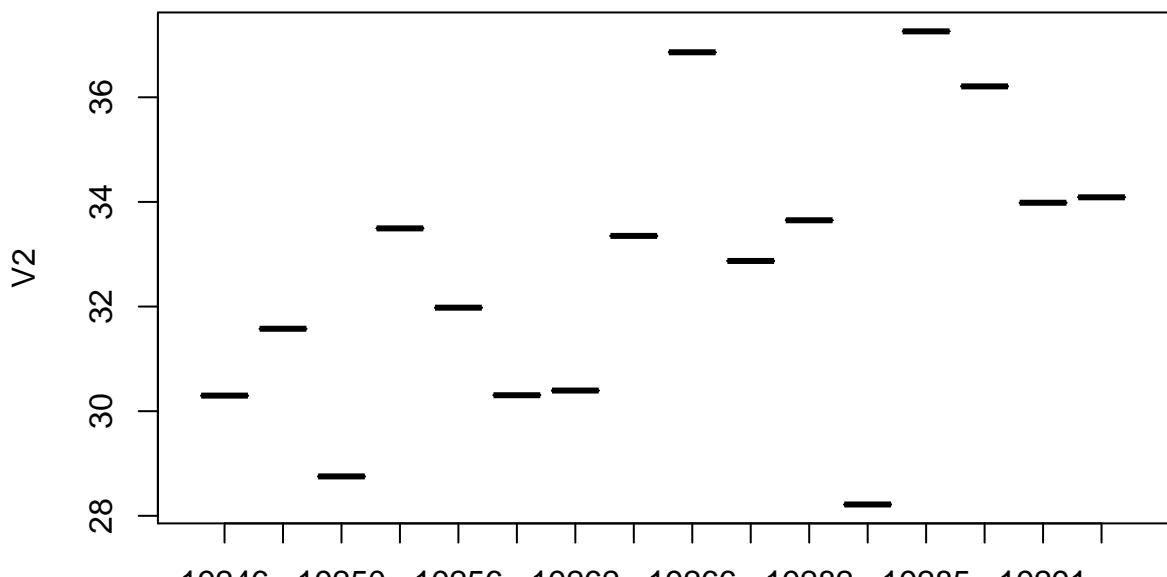
Histogram of temp\$V2



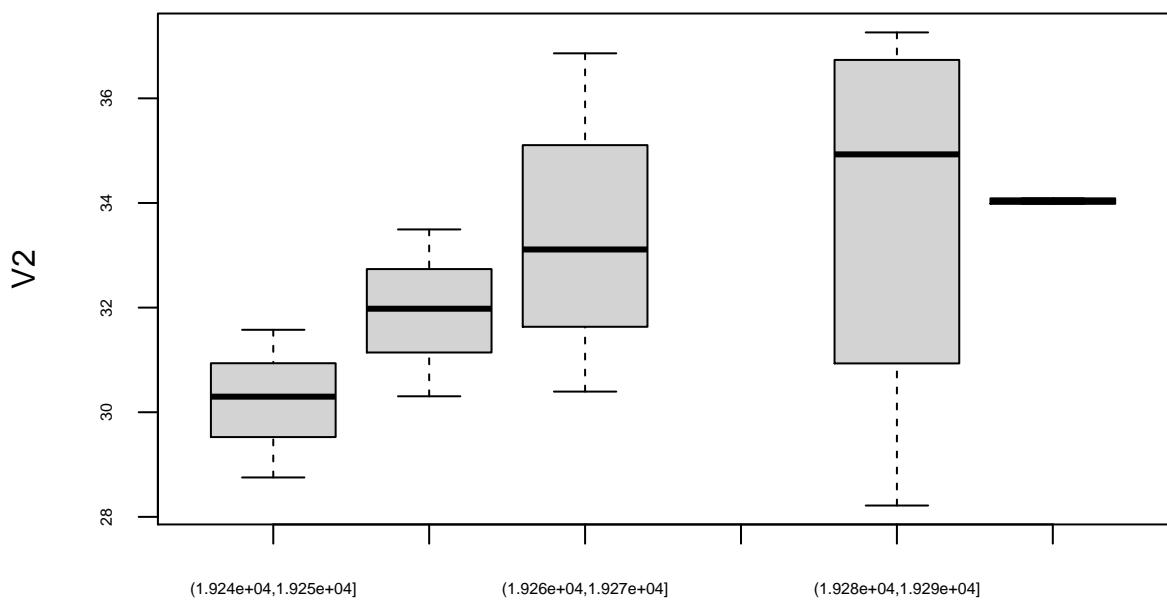


Sport class: Max_Speed

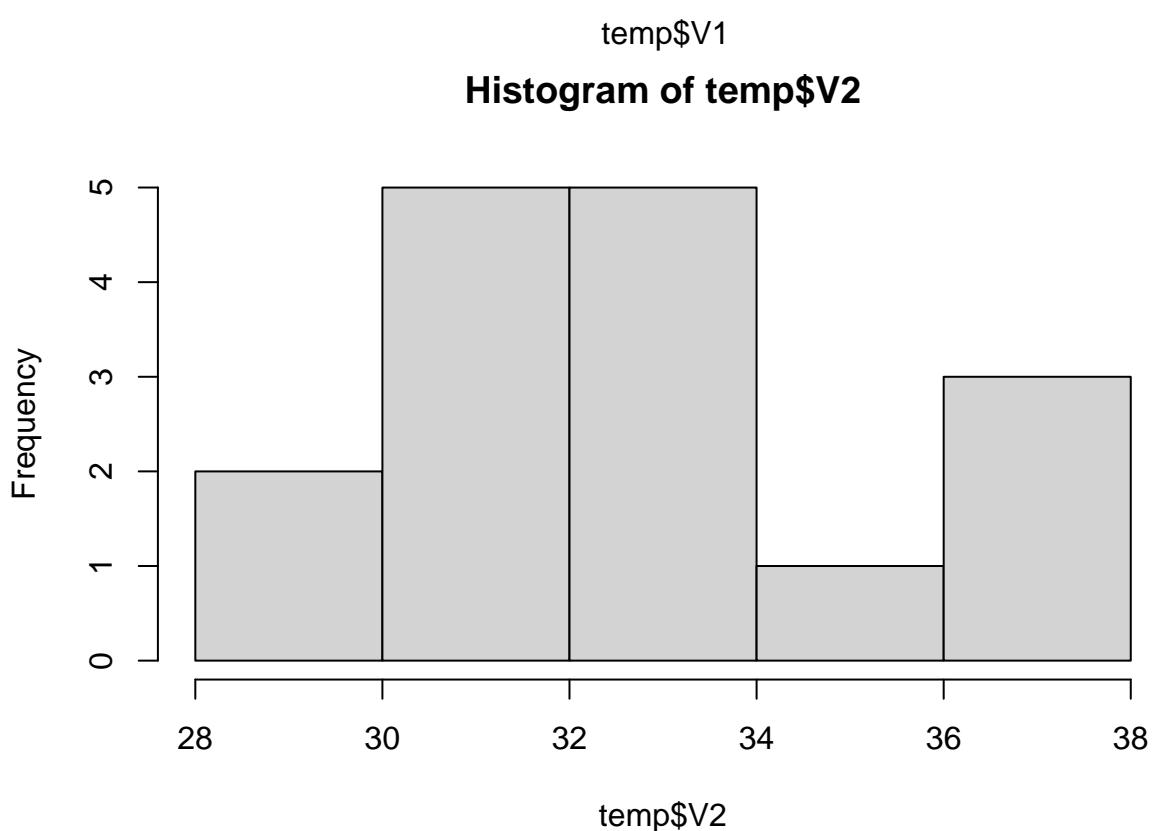
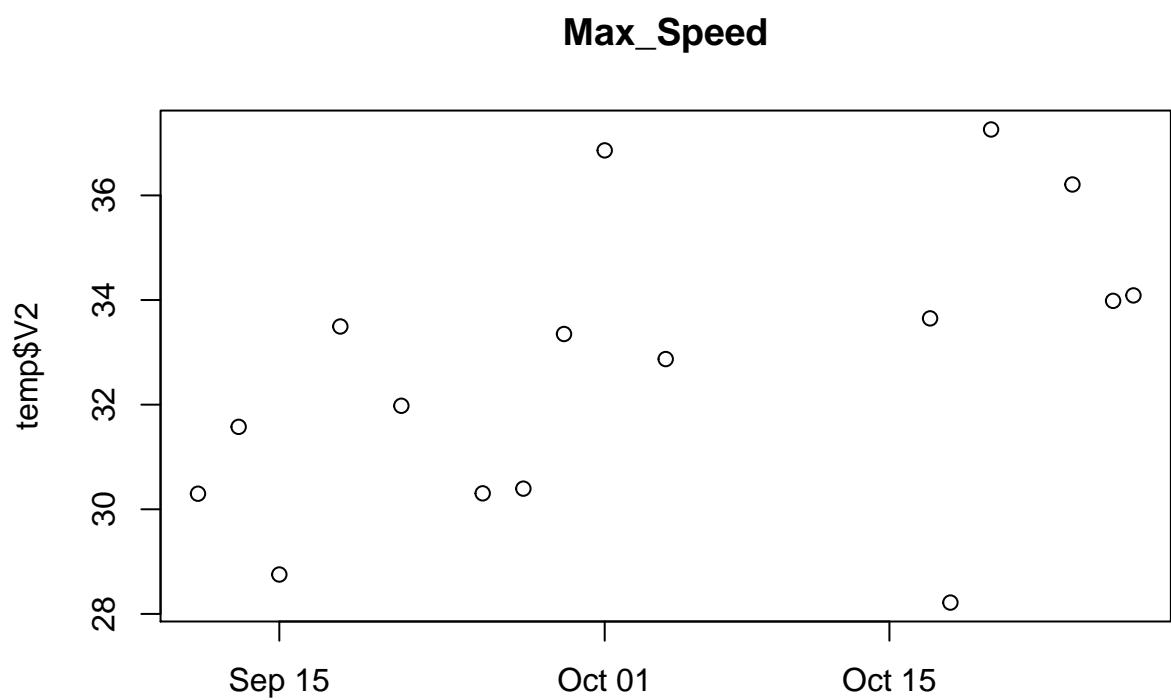
Max_Speed

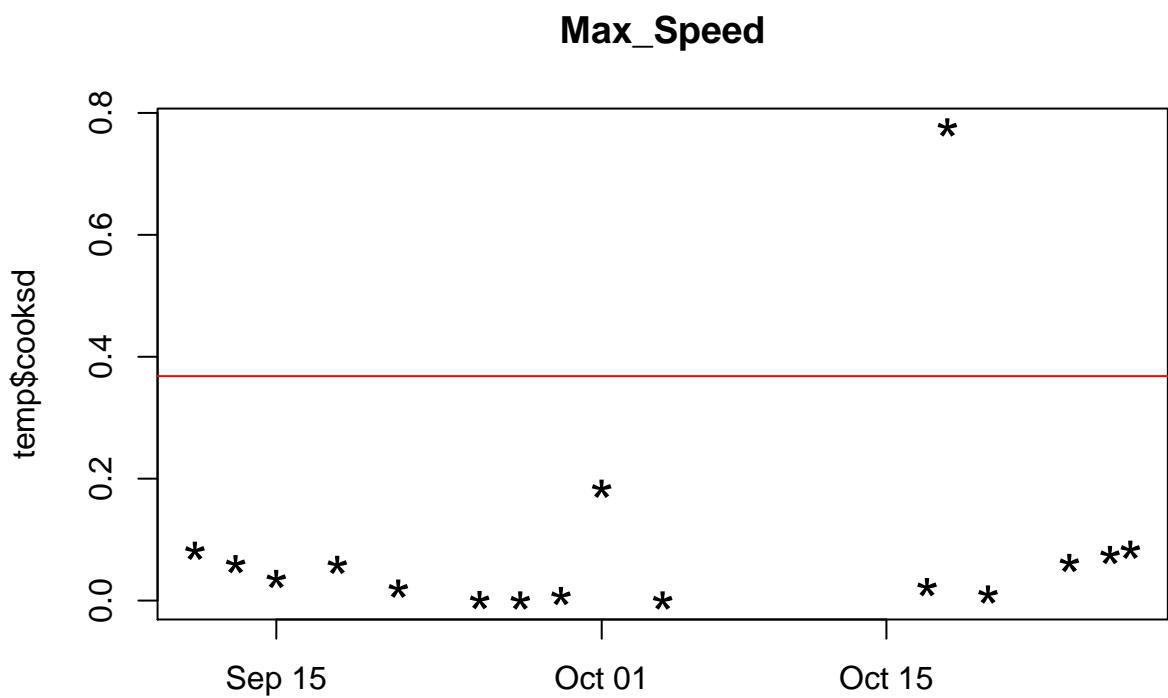


Max_Speed



`cut(V1, pretty(temp$V1))`



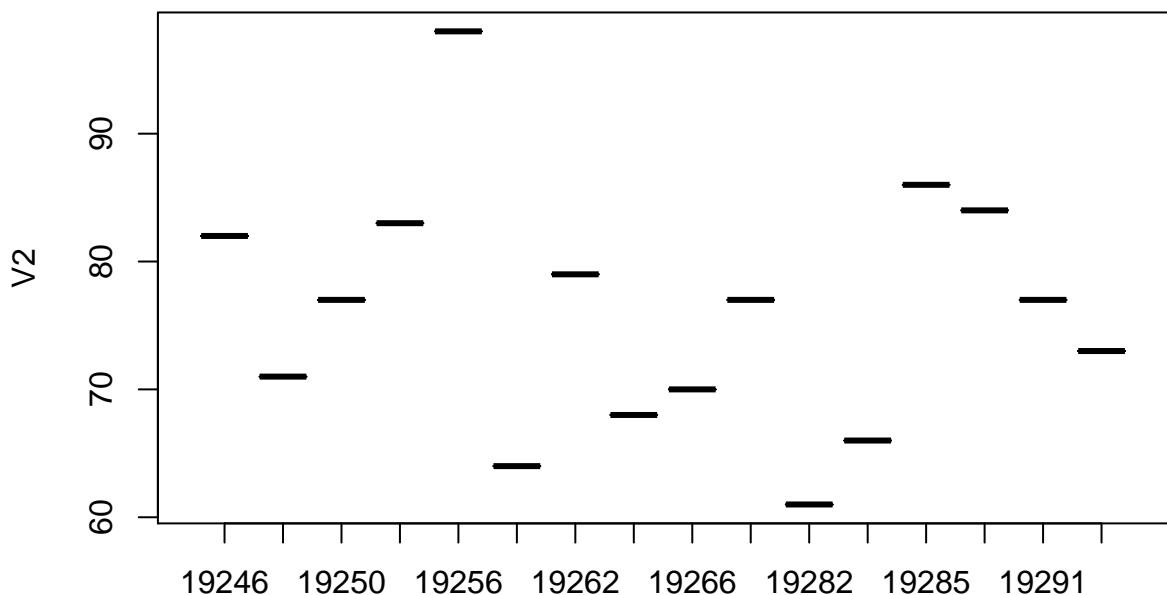


temp\$V1

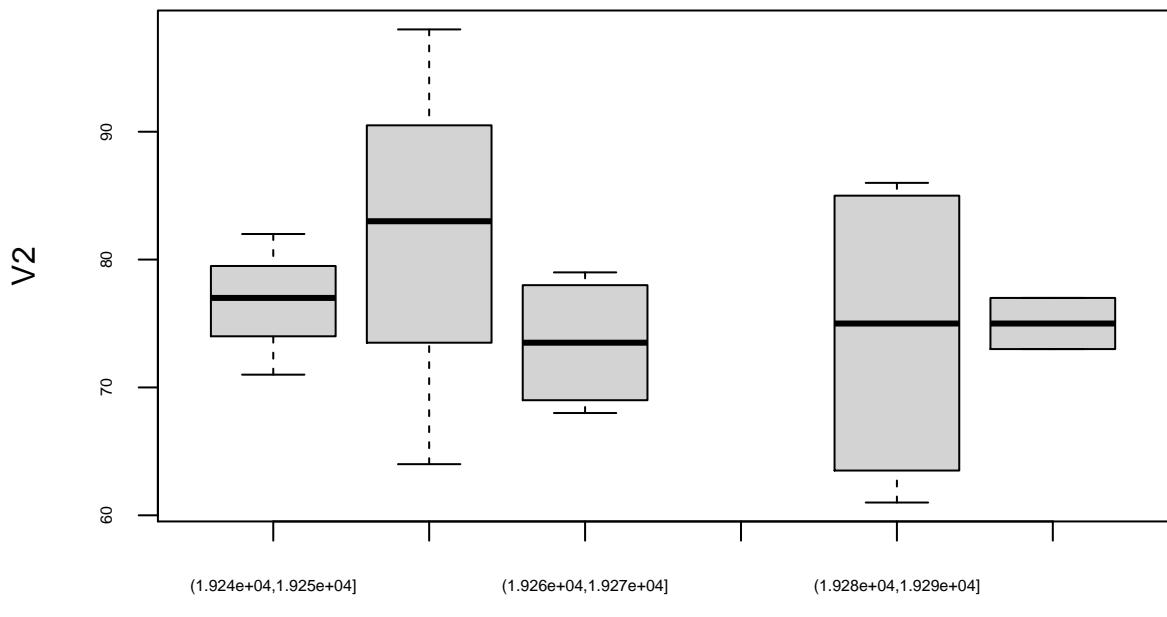
Date	Max_Speed
2022-10-18	28.22

Sport class: Min_Heartrate

Min_Heartrate

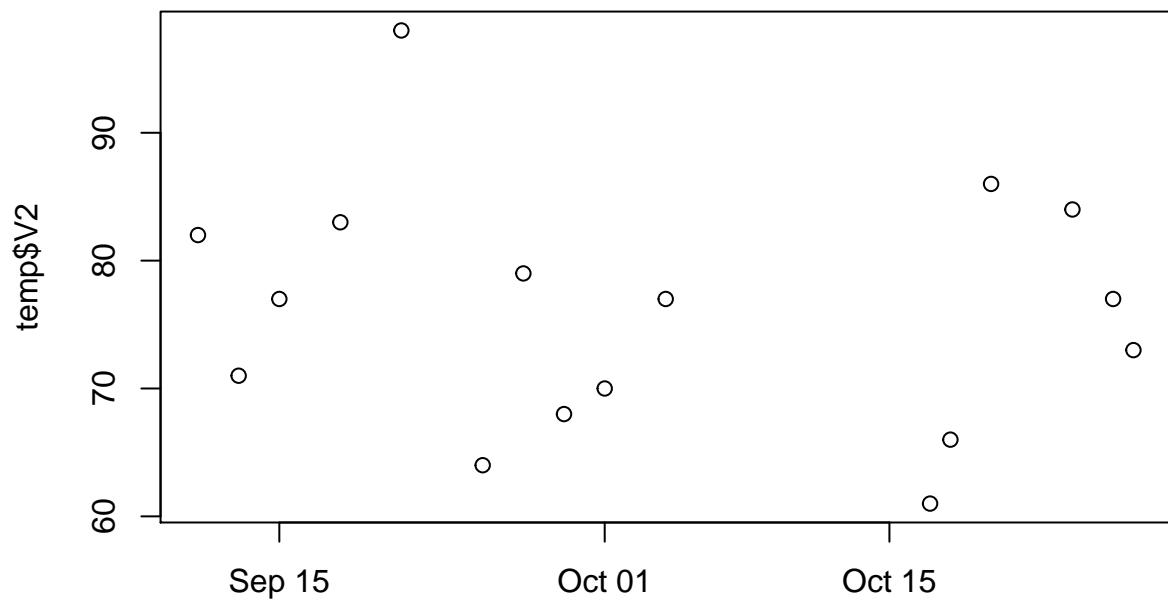


Min_Heartrate



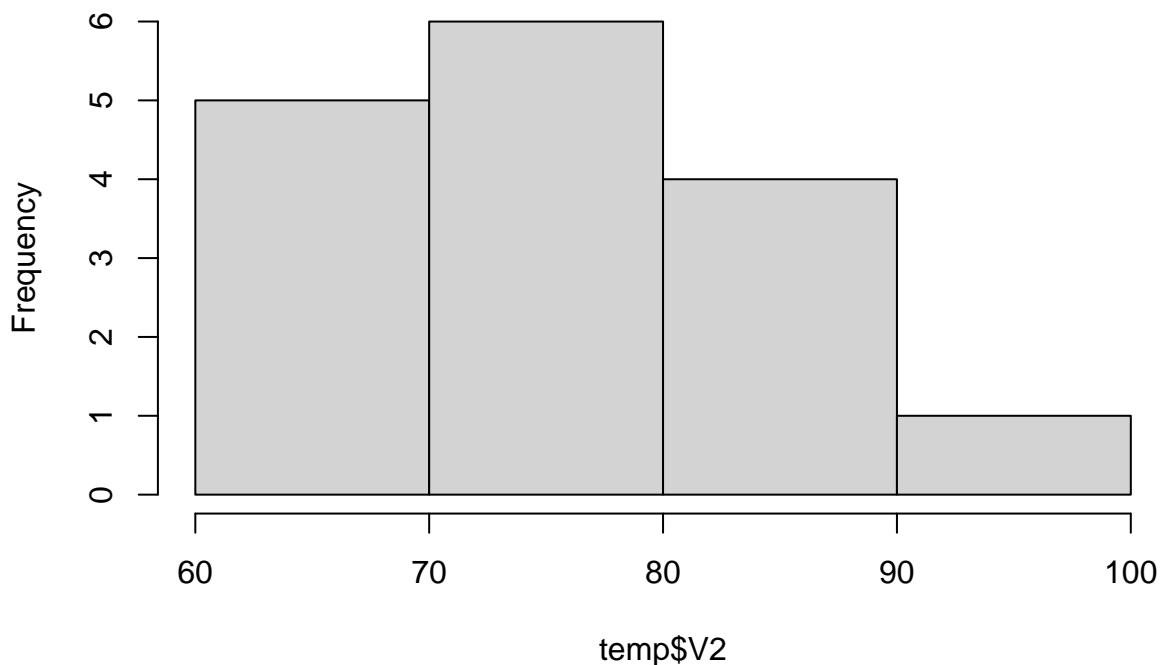
`cut(V1, pretty(temp$V1))`

Min_Heartrate



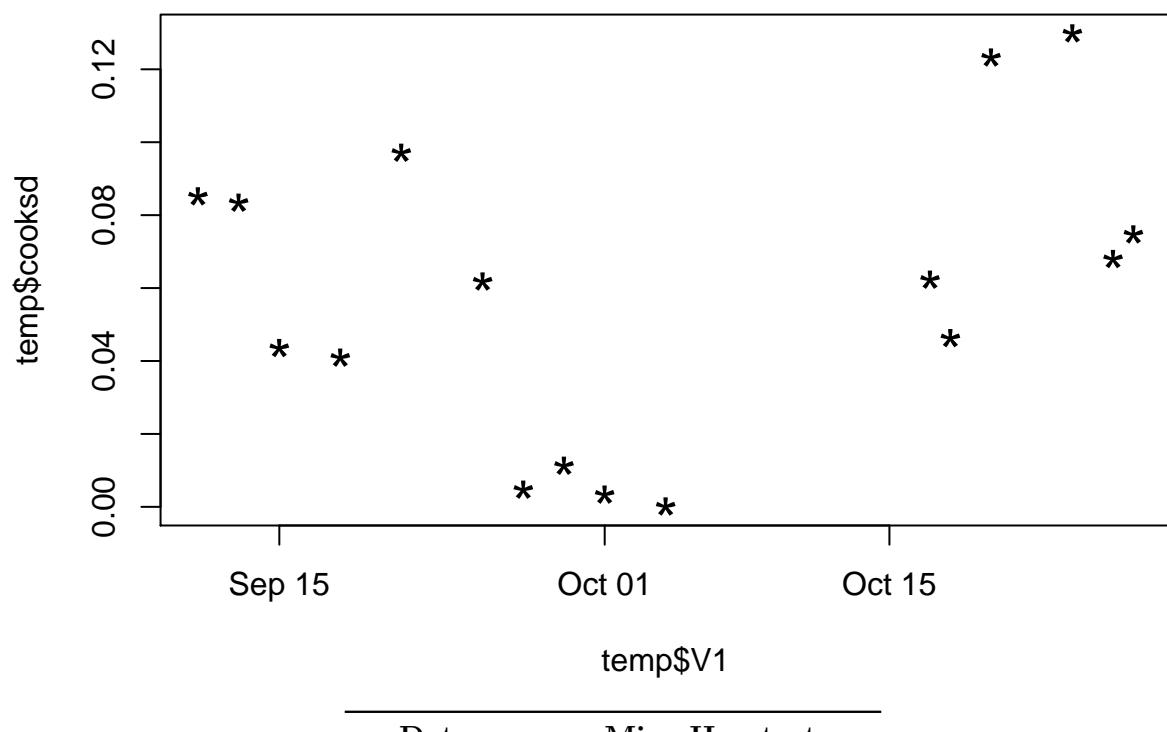
temp\$V1

Histogram of temp\$V2



temp\$V2

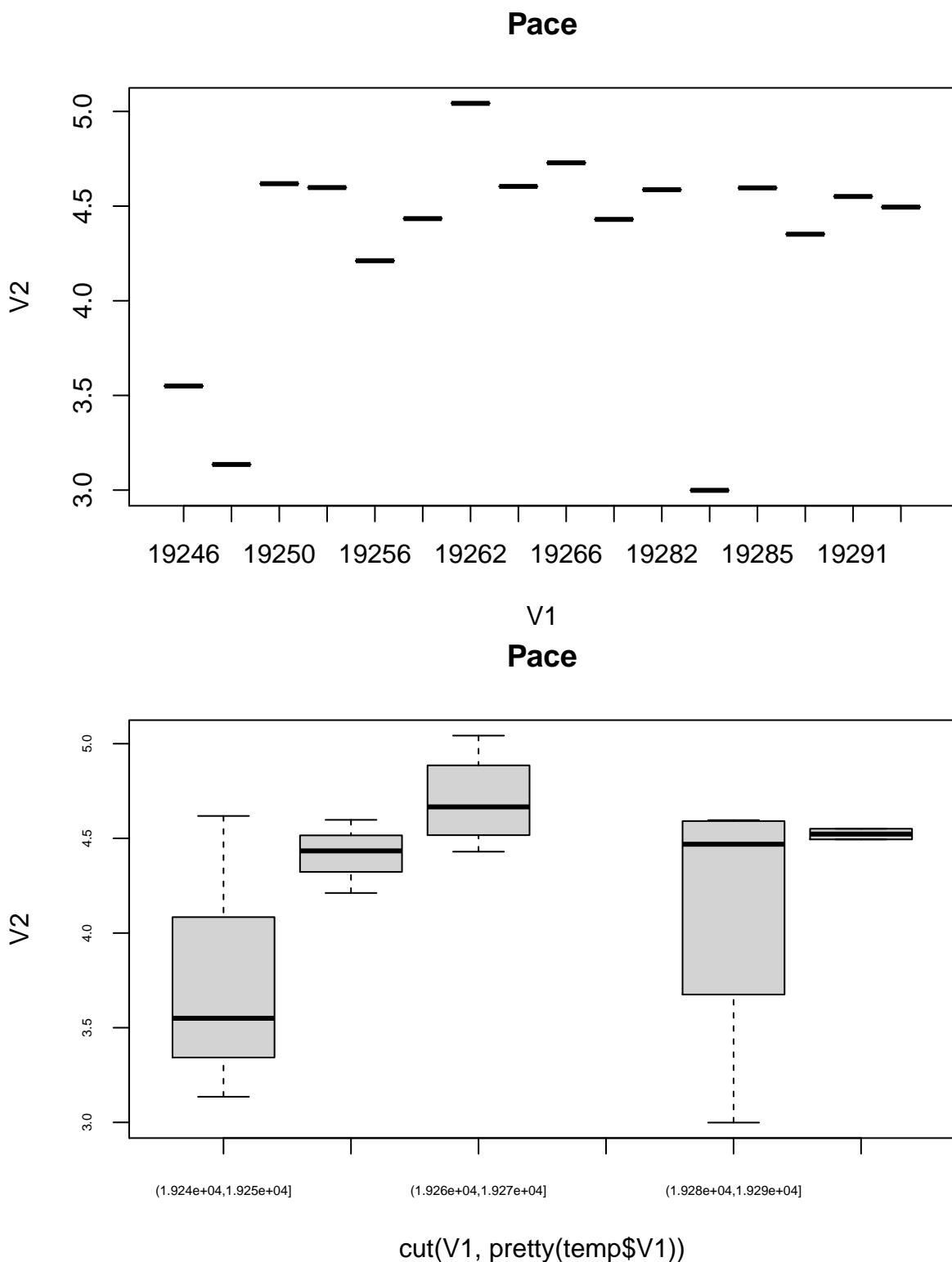
Min_Heartrate

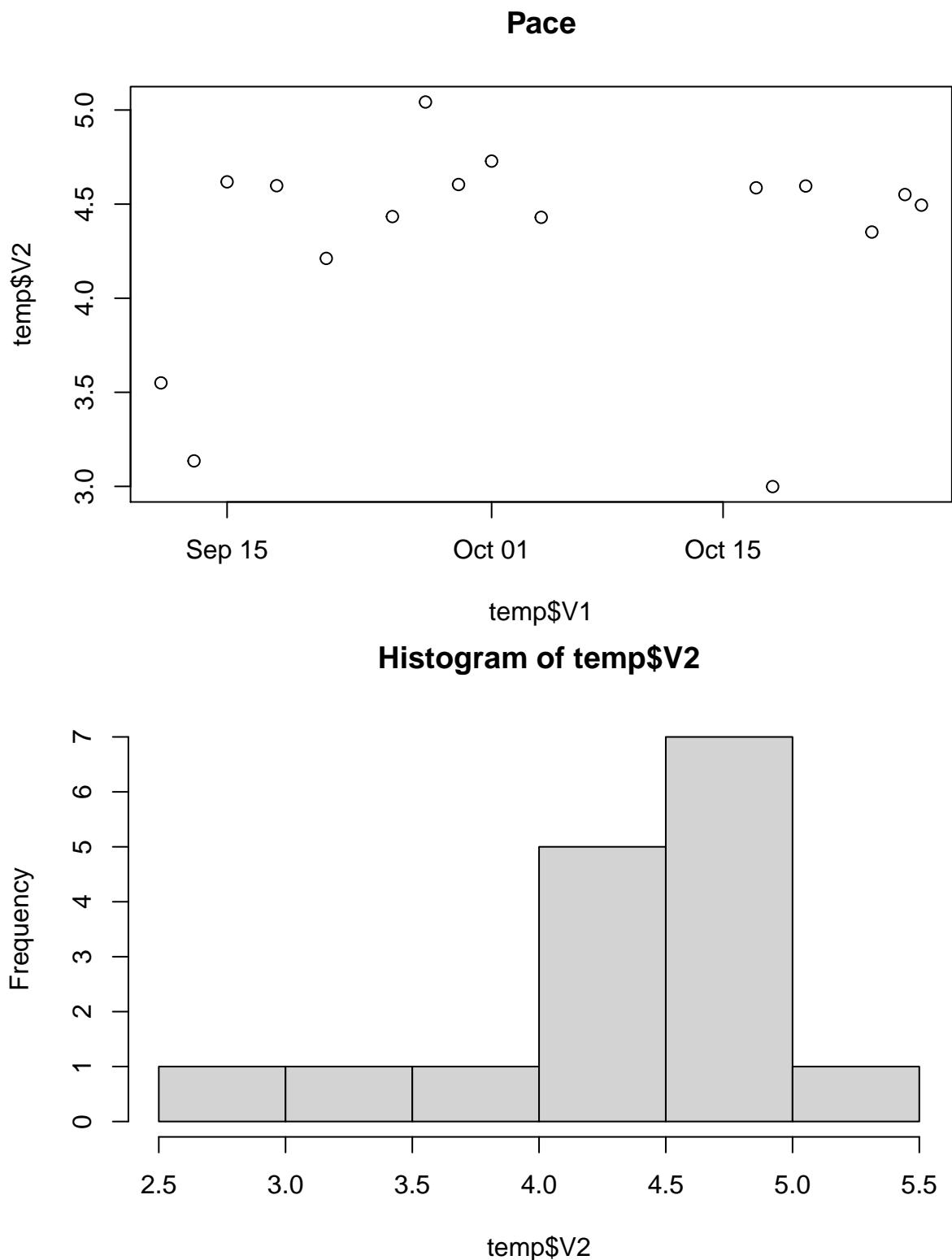


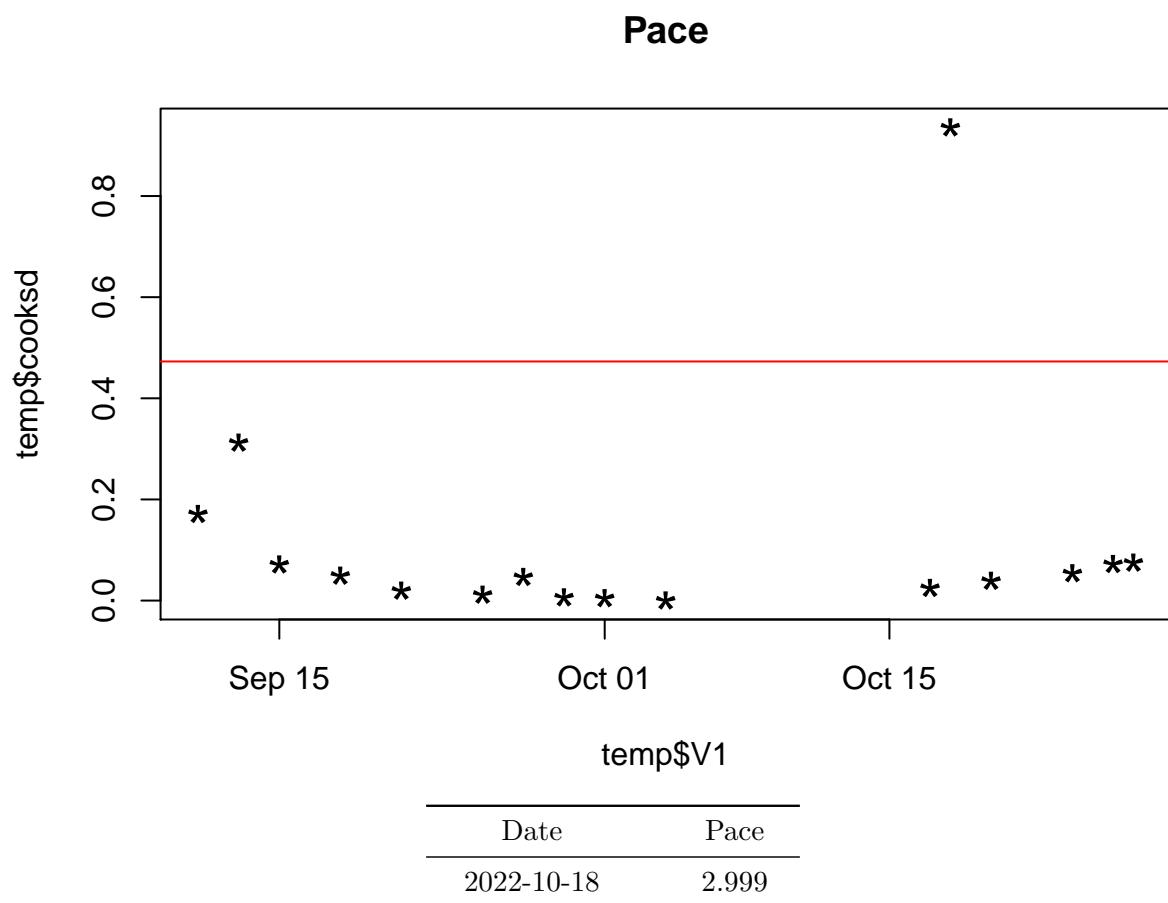
temp\$V1

Date	Min_Heartrate
------	---------------

Sport class: Pace

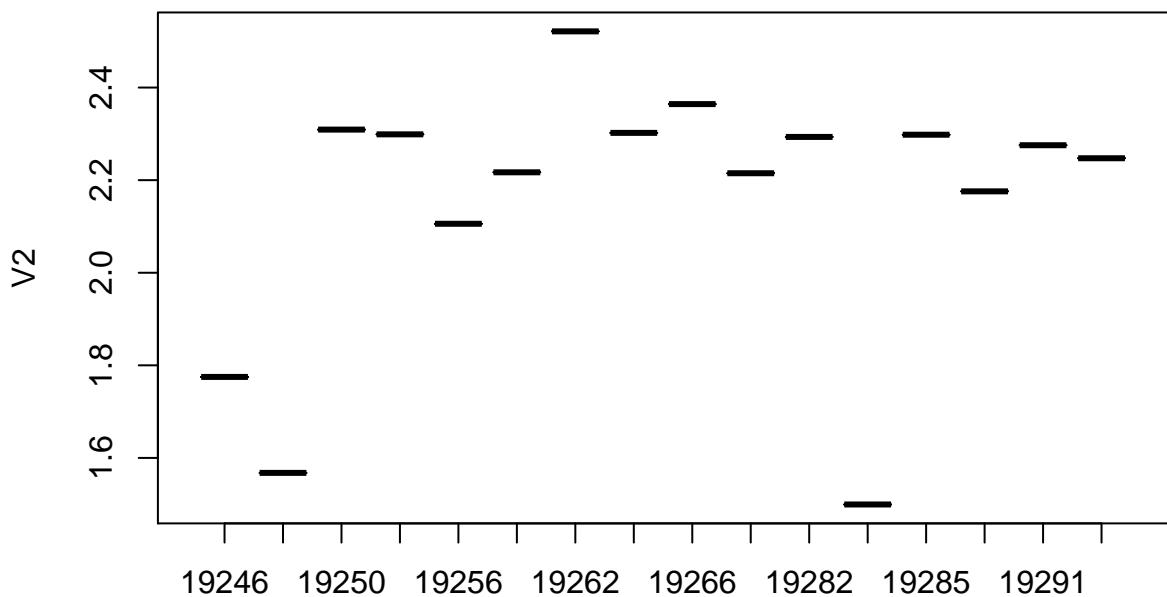




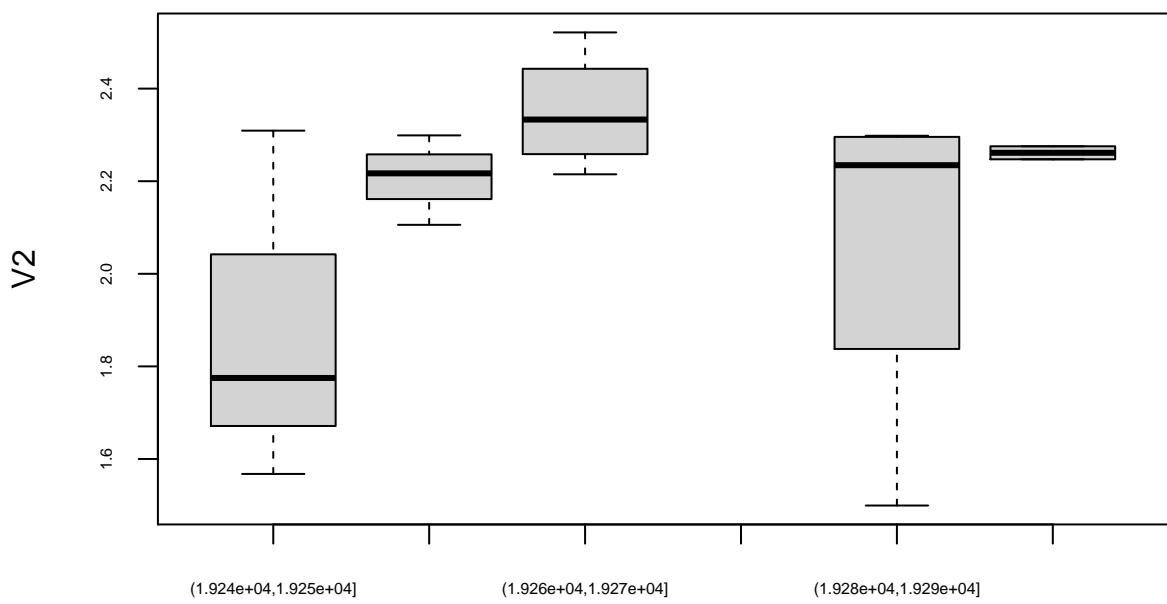


Sport class: Pace_Row

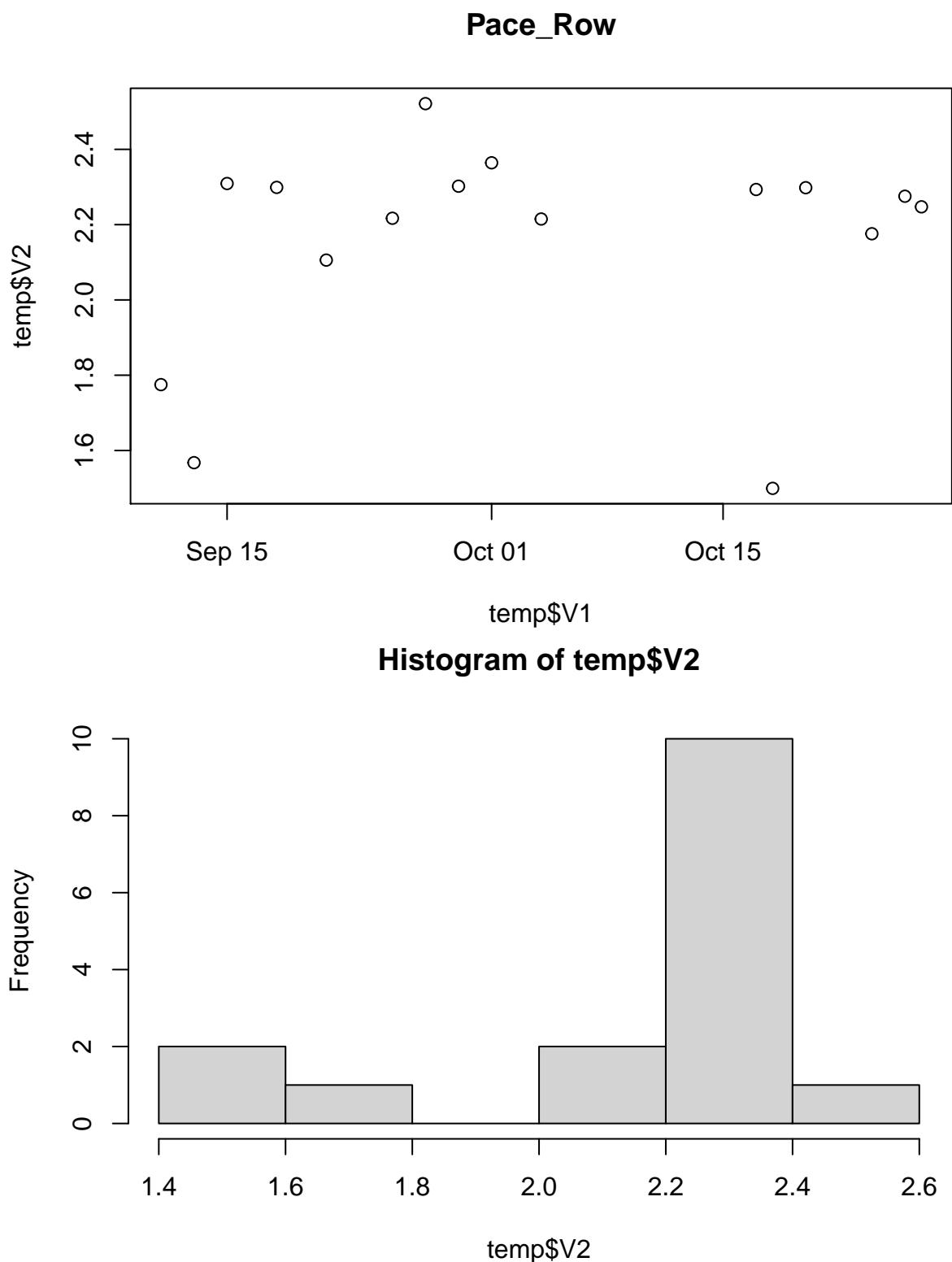
Pace_Row



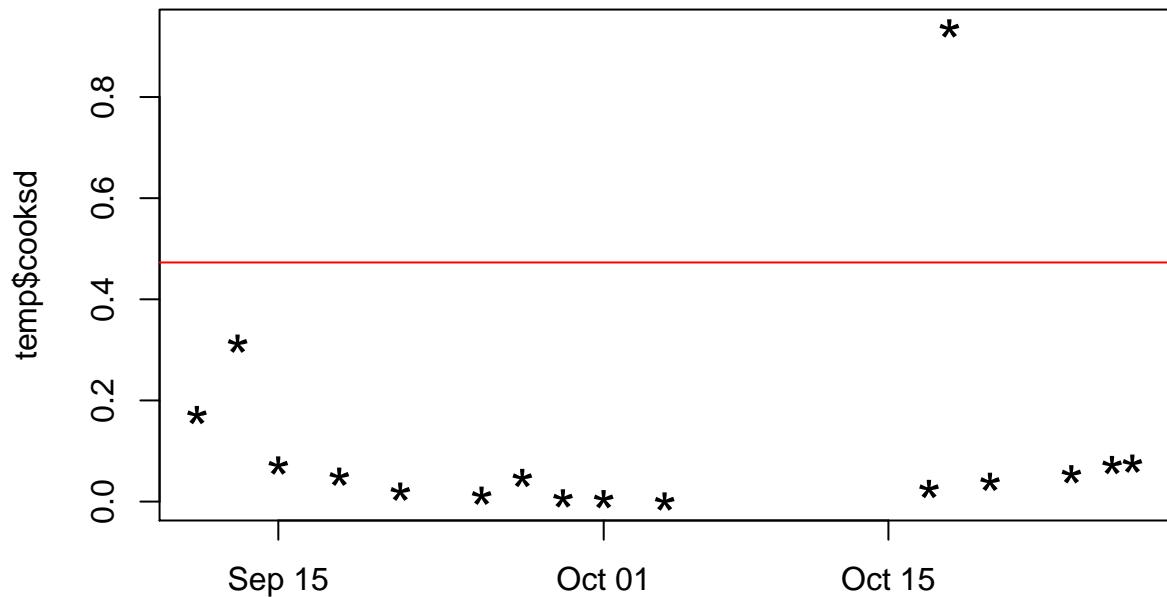
Pace_Row



`cut(V1, pretty(temp$V1))`



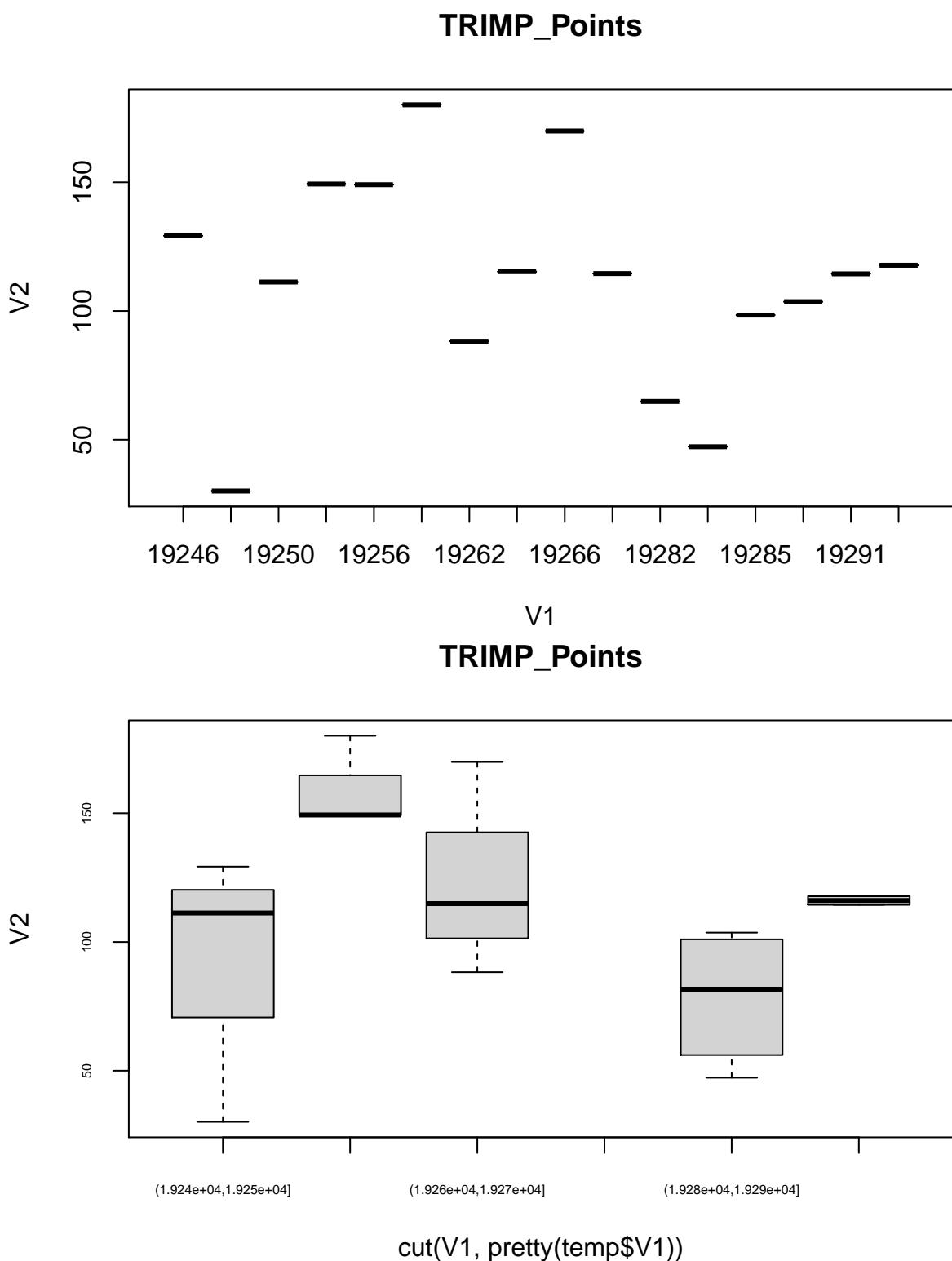
Pace_Row



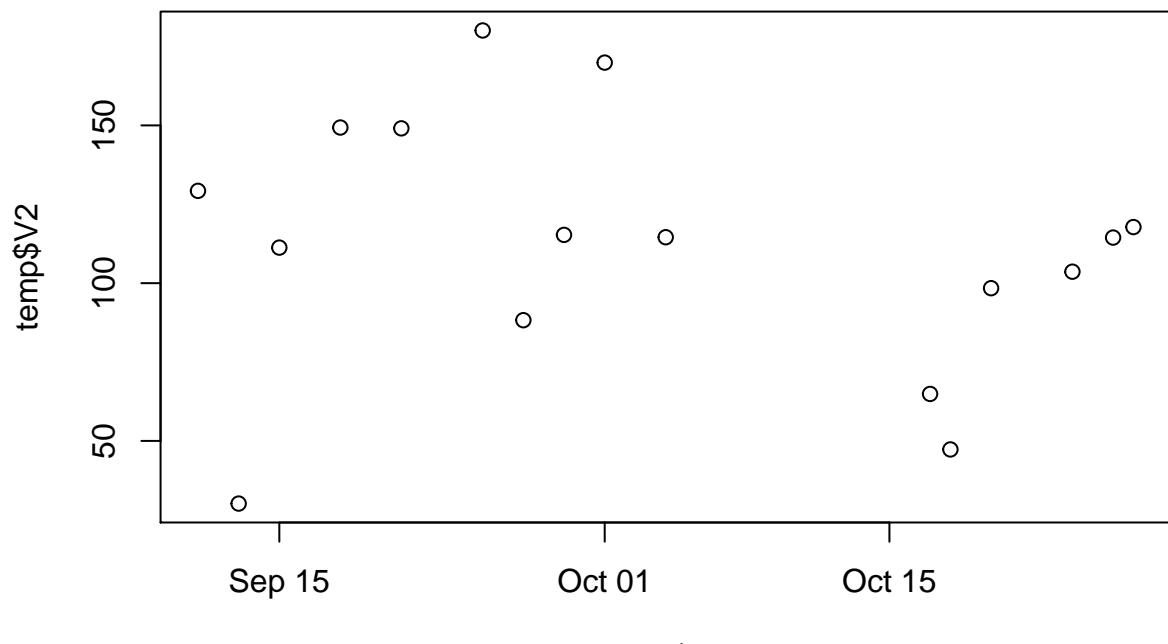
temp\$V1

Date	Pace_Row
2022-10-18	1.499

Sport class: TRIMP_Points

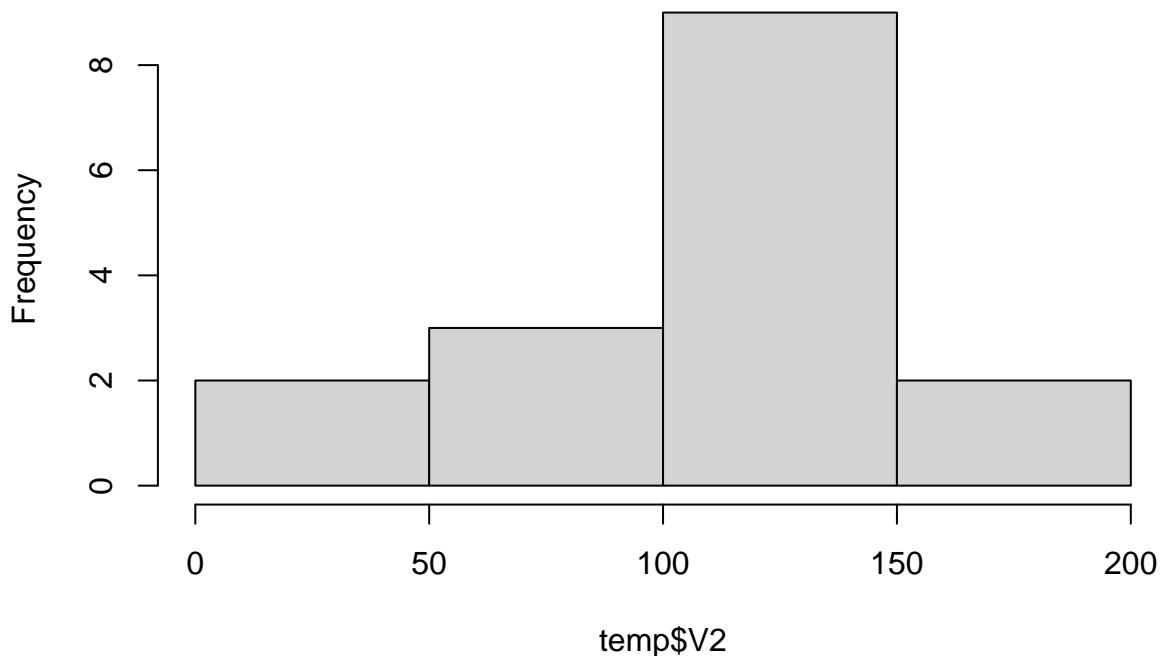


TRIMP_Points

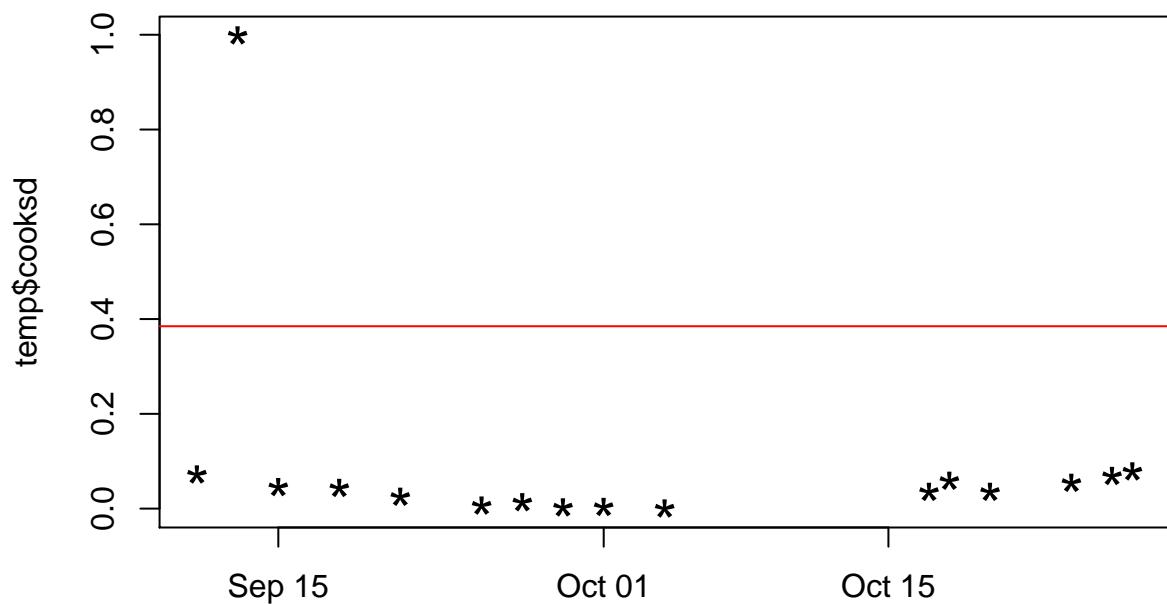


temp\$V1

Histogram of temp\$V2



TRIMP_Points

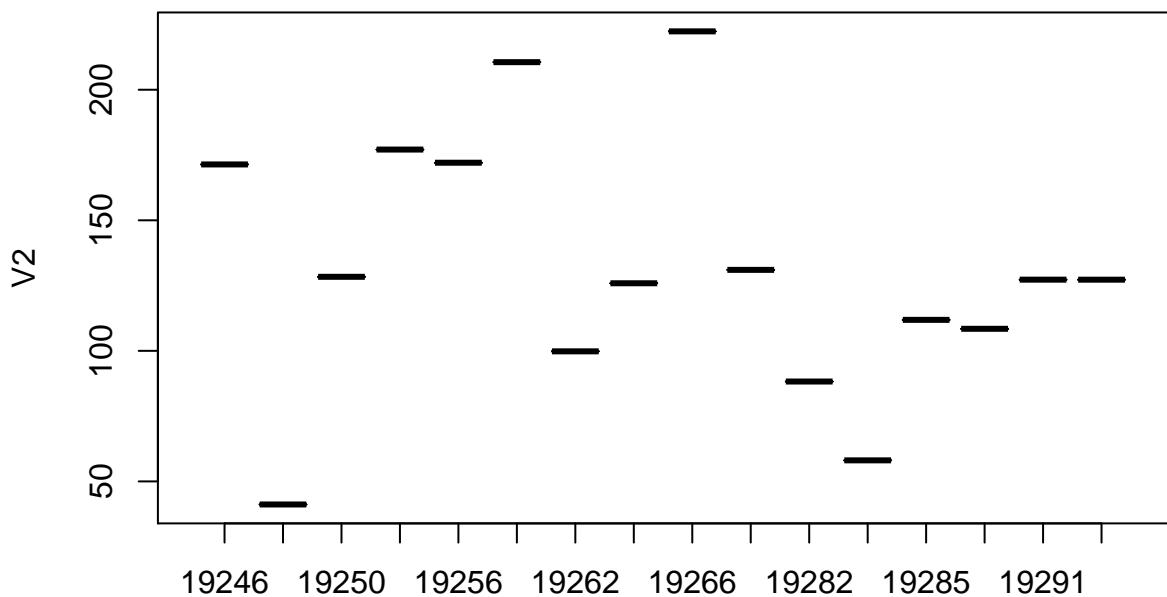


temp\$V1

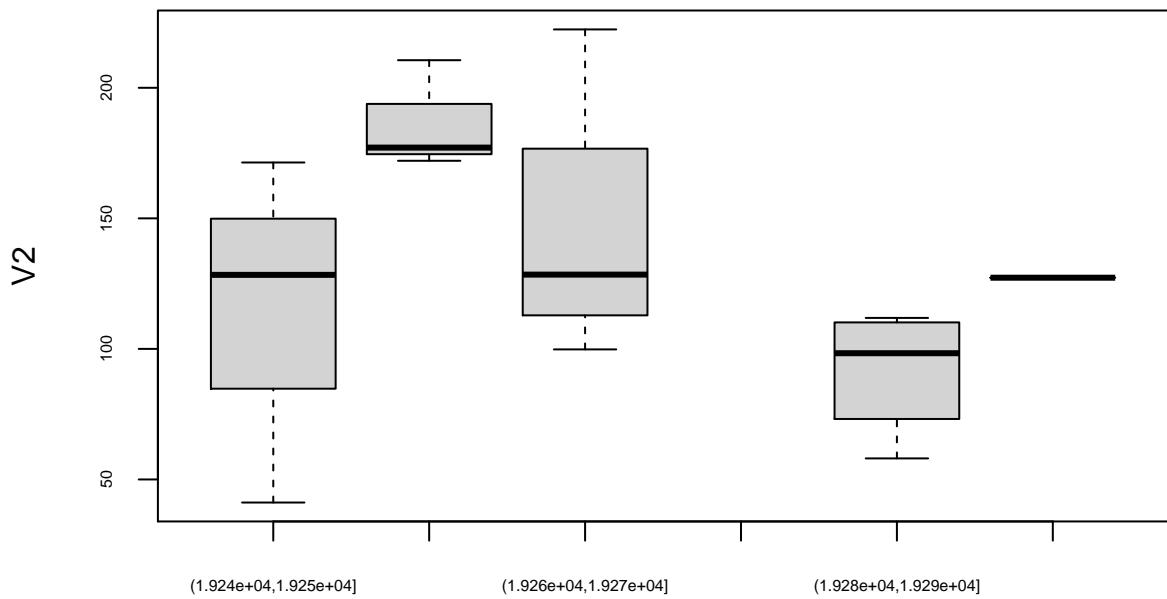
Date	TRIMP_Points
2022-09-13	30.14

Sport class: TRIMP_Zonal_Points

TRIMP_Zonal_Points

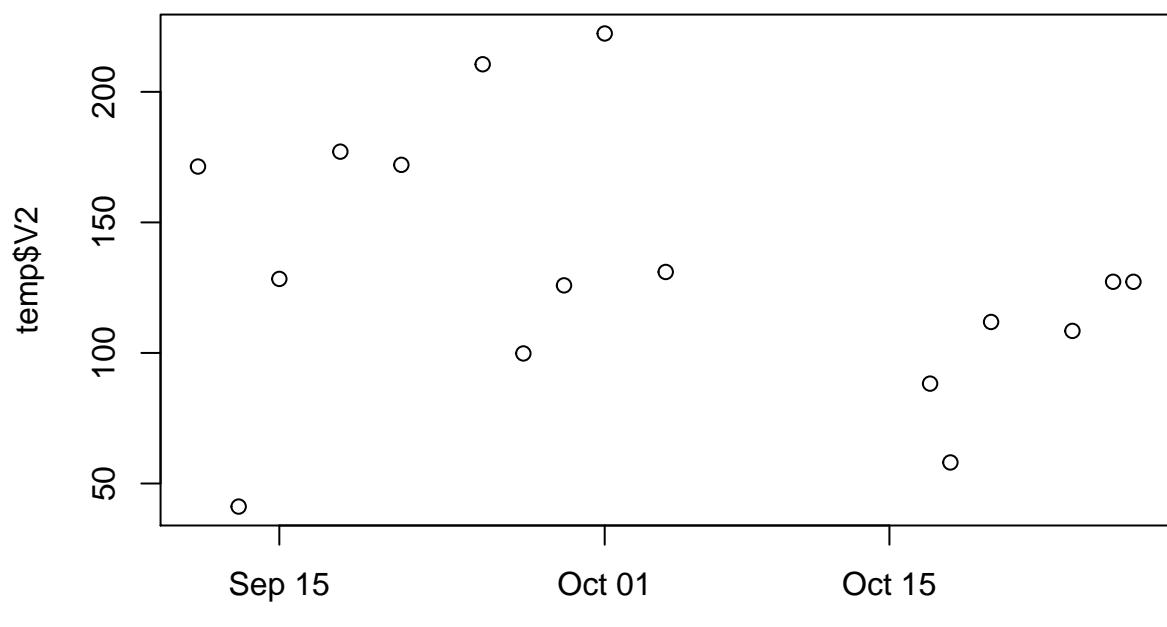


TRIMP_Zonal_Points

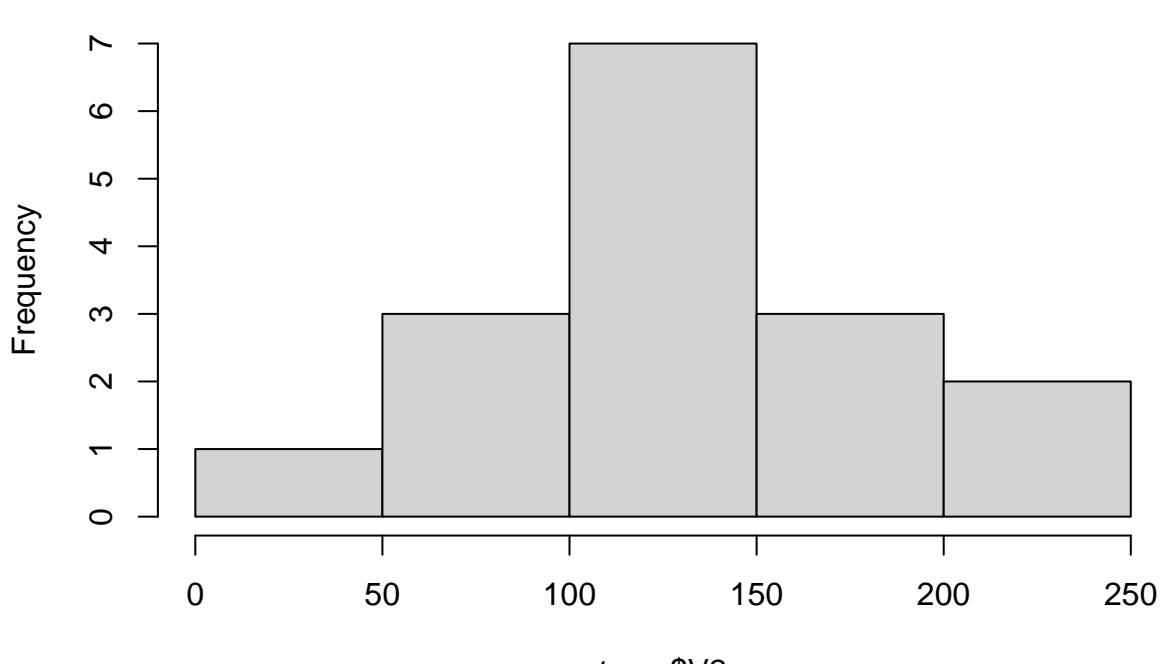


`cut(V1, pretty(temp$V1))`

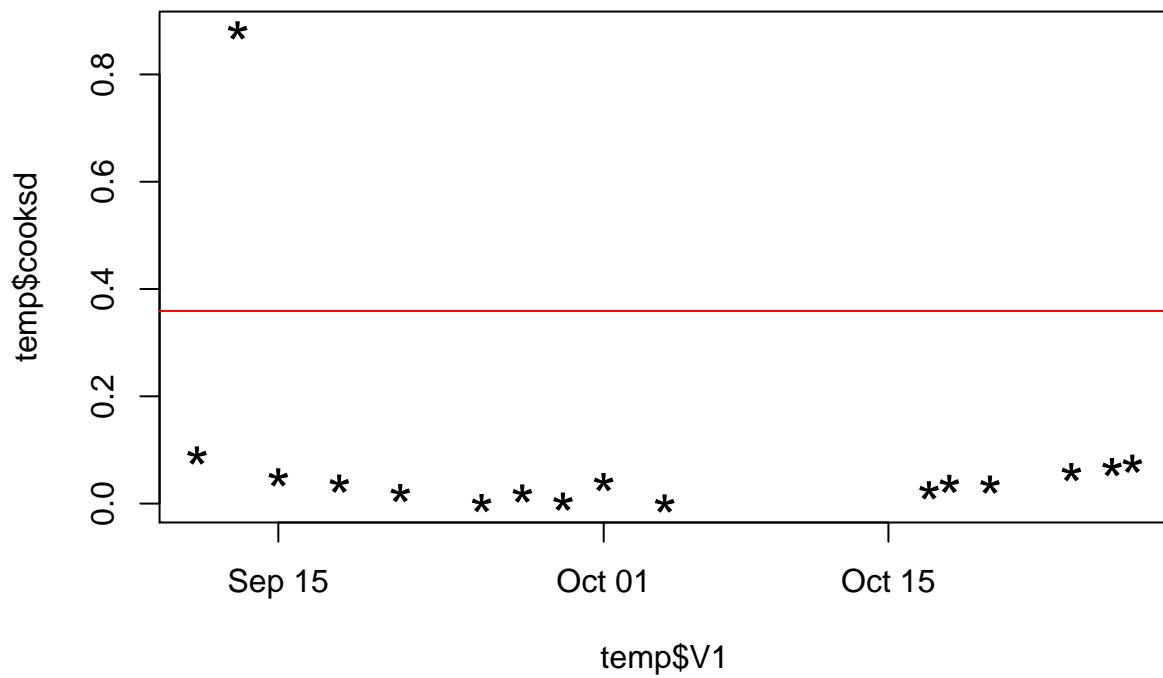
TRIMP_Zonal_Points



Histogram of temp\$V2



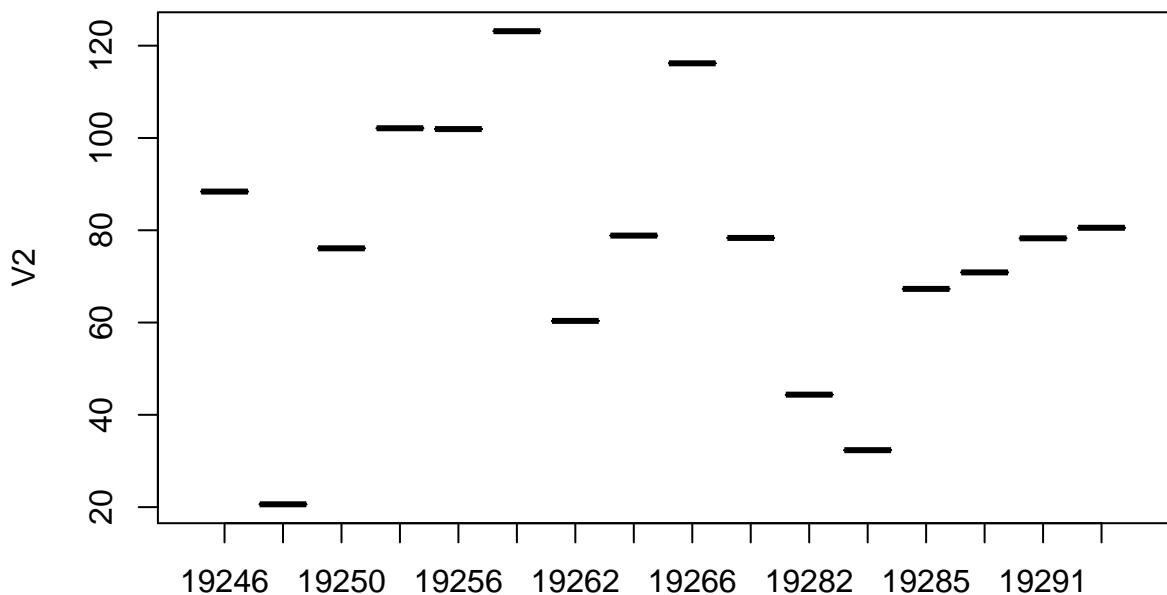
TRIMP_Zonal_Points



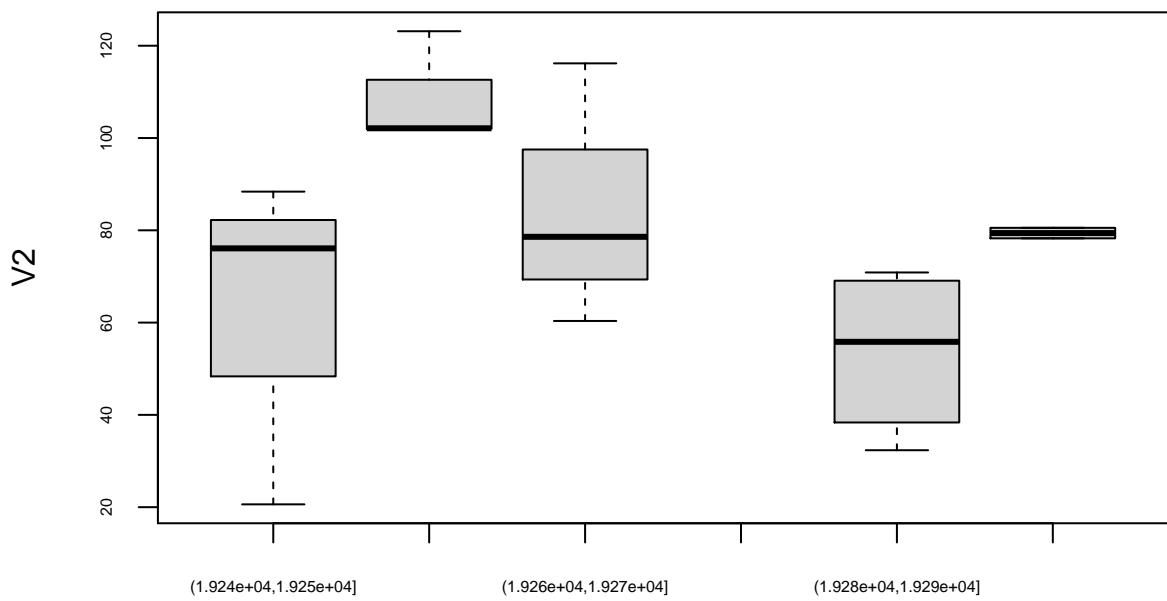
Date	TRIMP_Zonal_Points
2022-09-13	41.16

Sport class: TRIMP(100)_Points

TRIMP(100)_Points

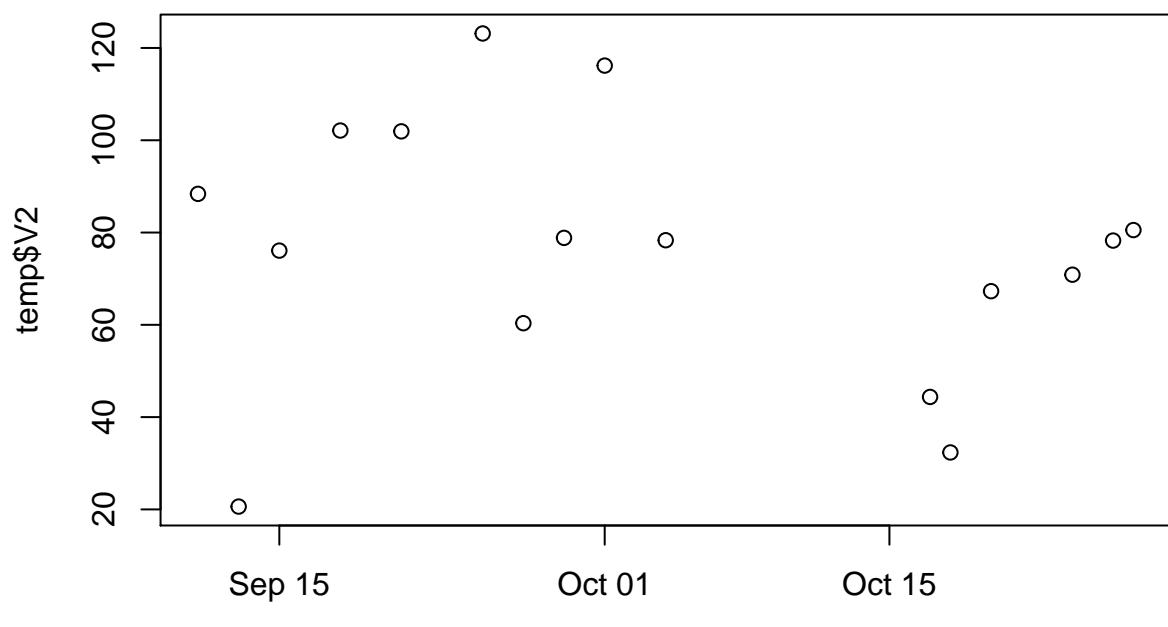


TRIMP(100)_Points



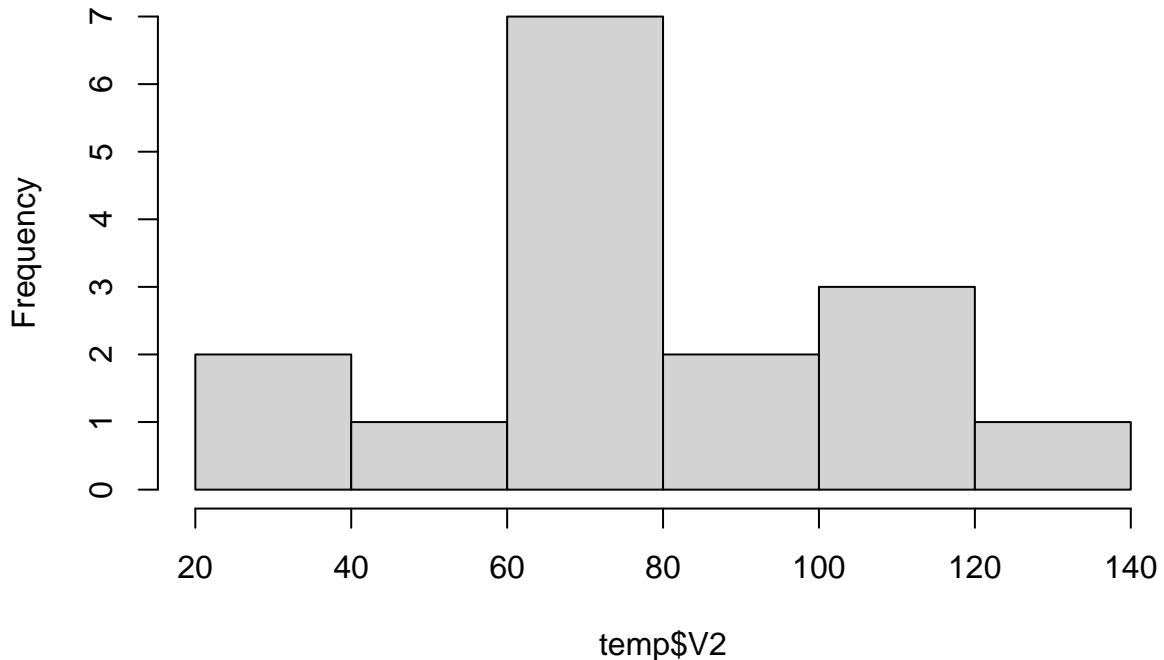
`cut(V1, pretty(temp$V1))`

TRIMP(100)_Points



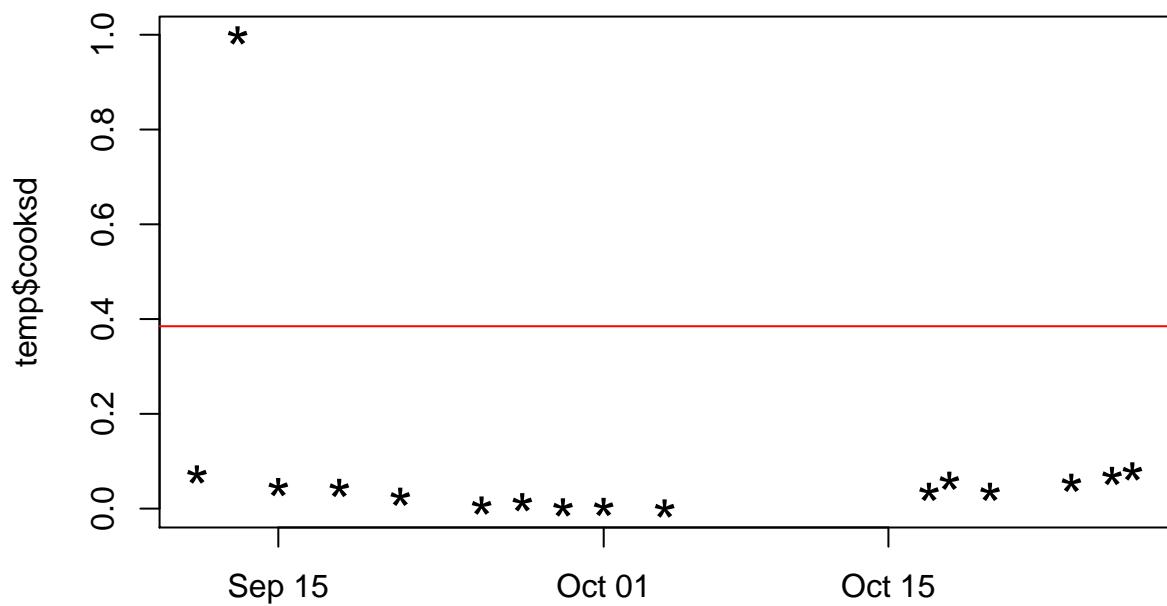
temp\$V1

Histogram of temp\$V2



temp\$V2

TRIMP(100)_Points

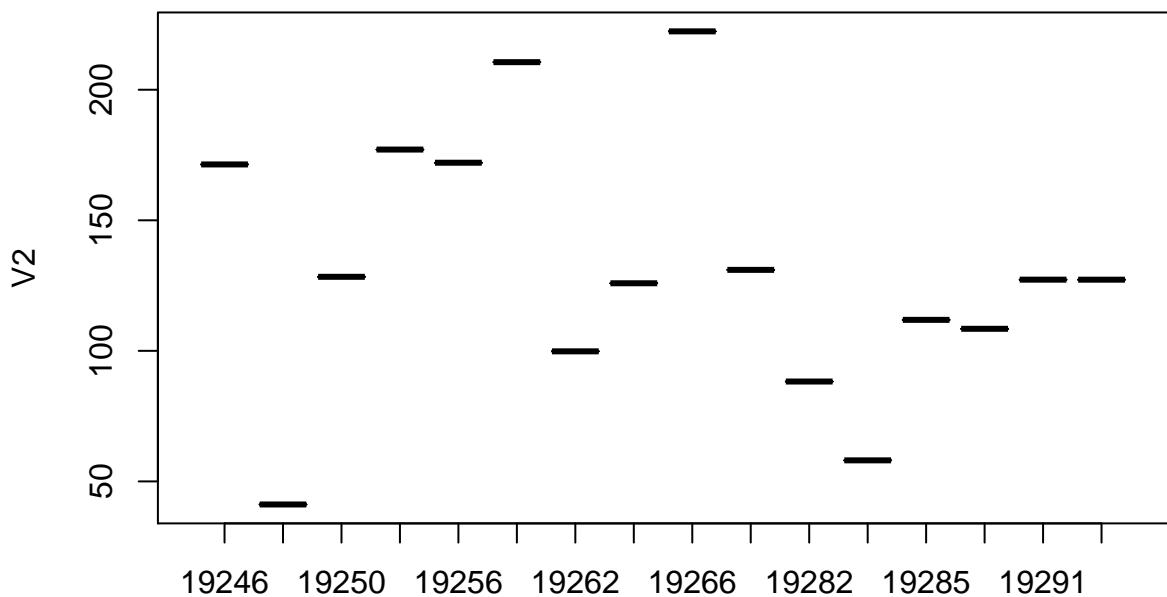


temp\$V1

Date	TRIMP(100)_Points
2022-09-13	20.61

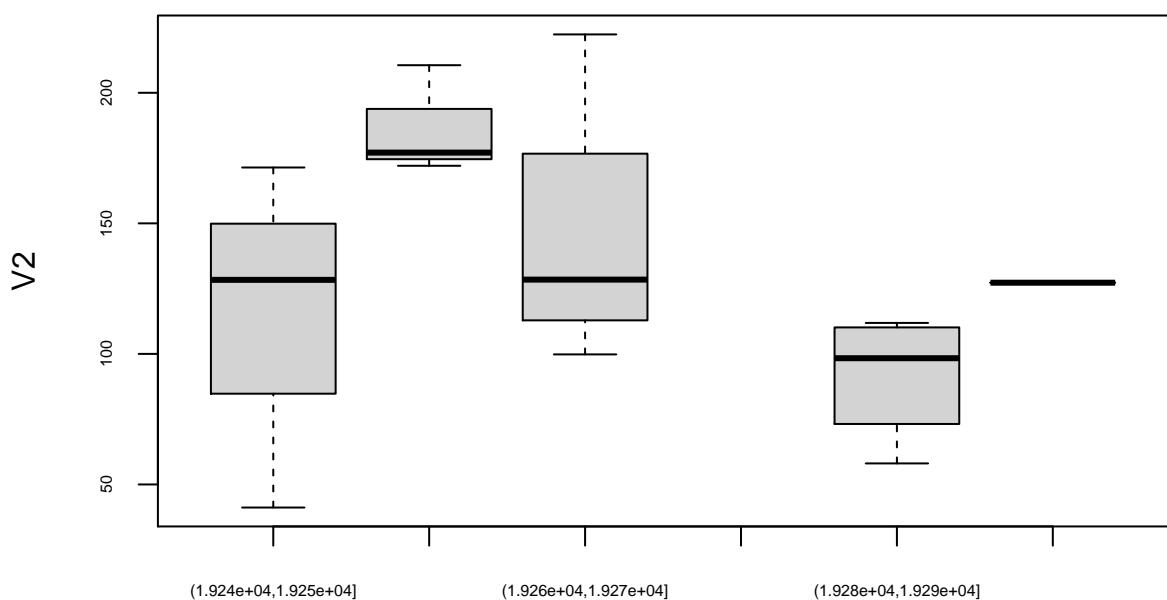
Sport class: TriScore

TriScore

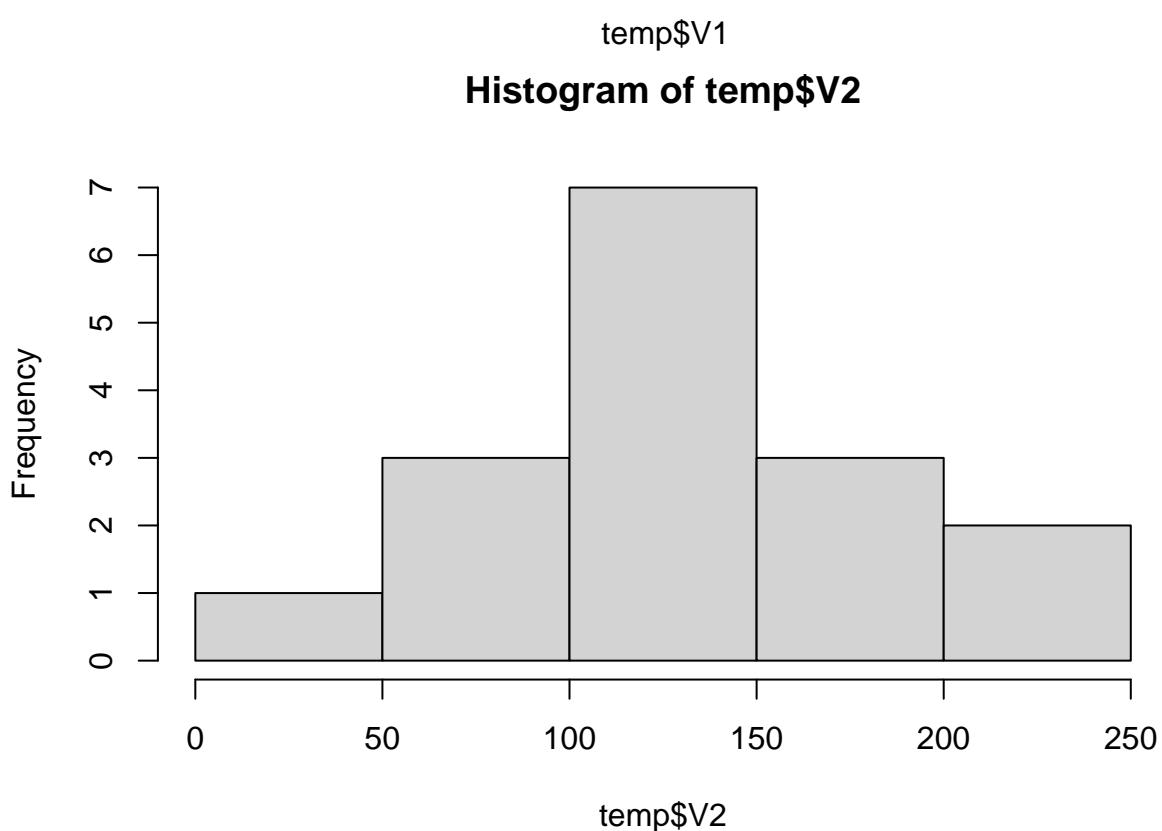
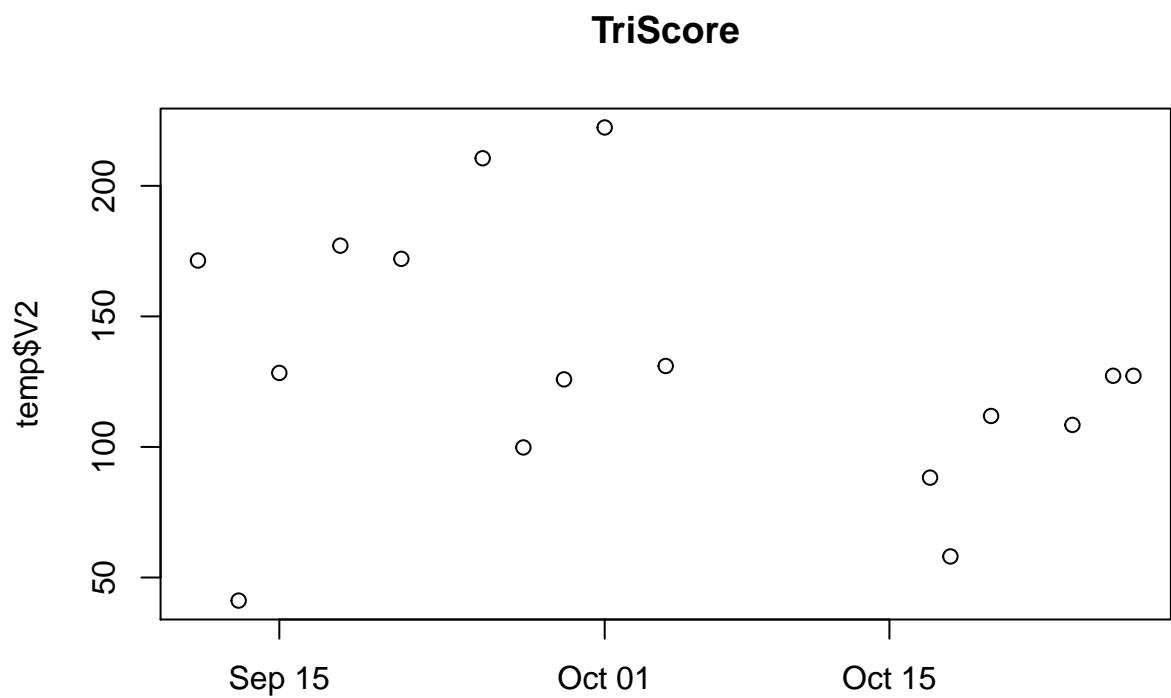


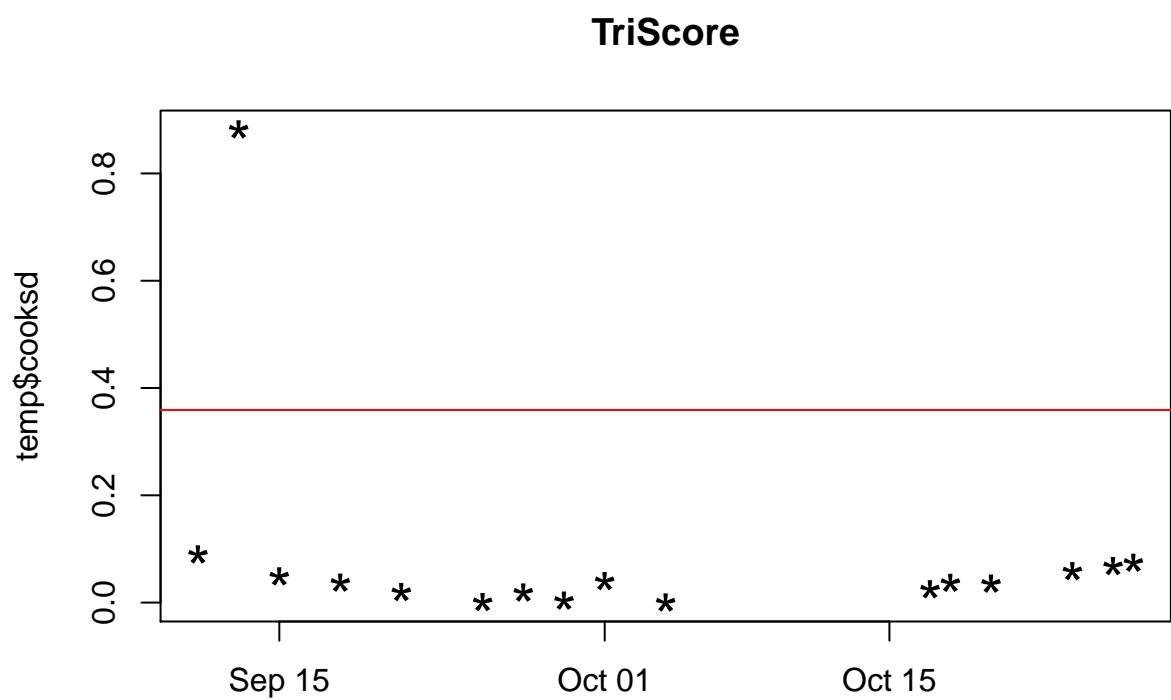
V1

TriScore



`cut(V1, pretty(temp$V1))`

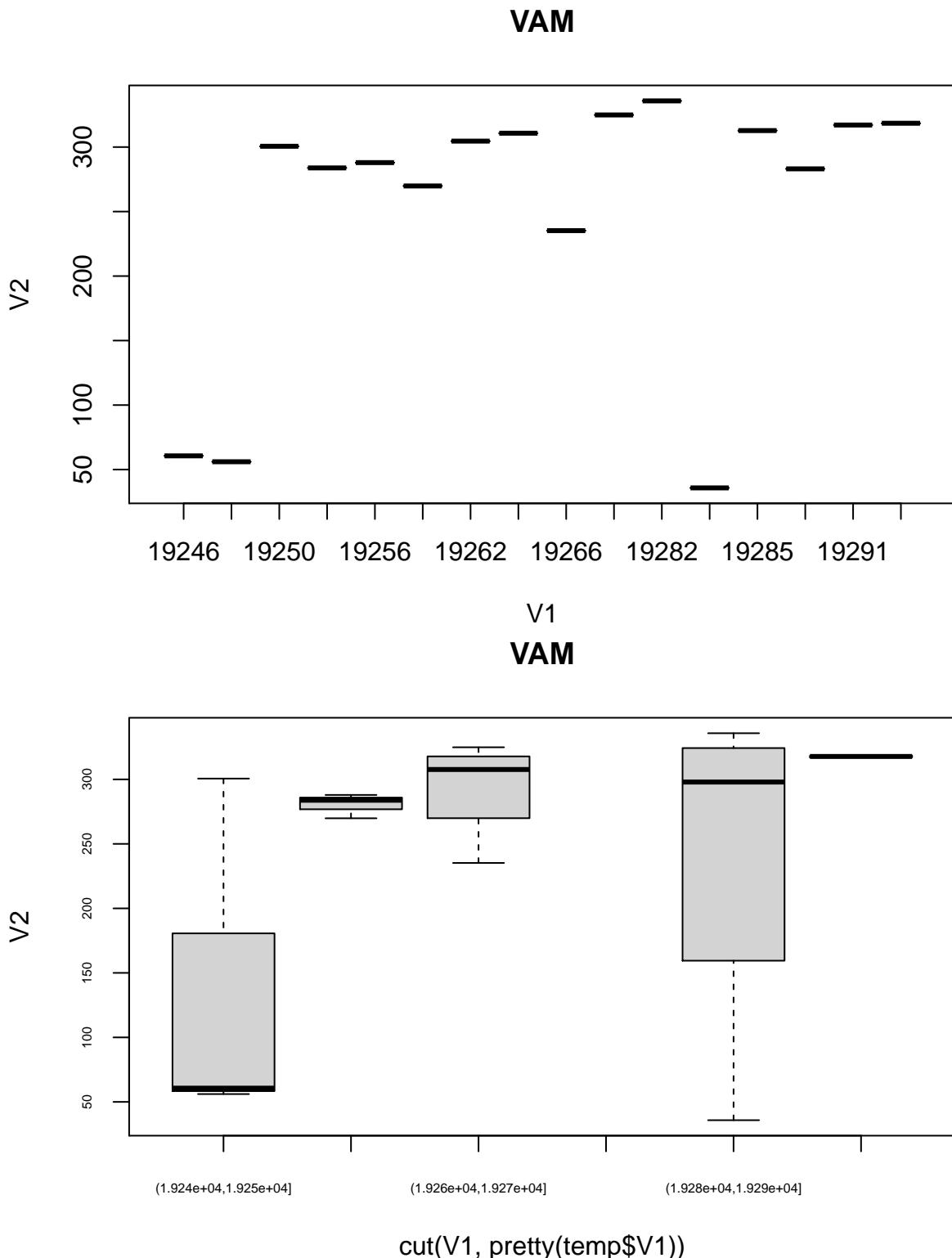




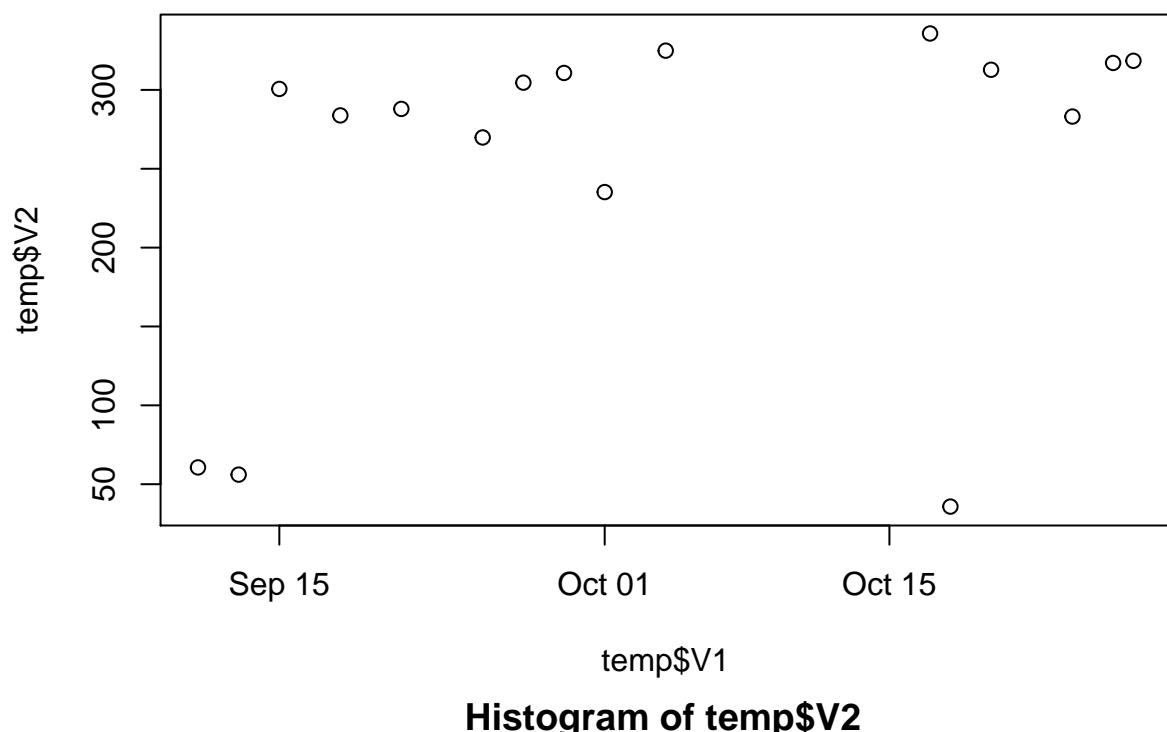
temp\$V1

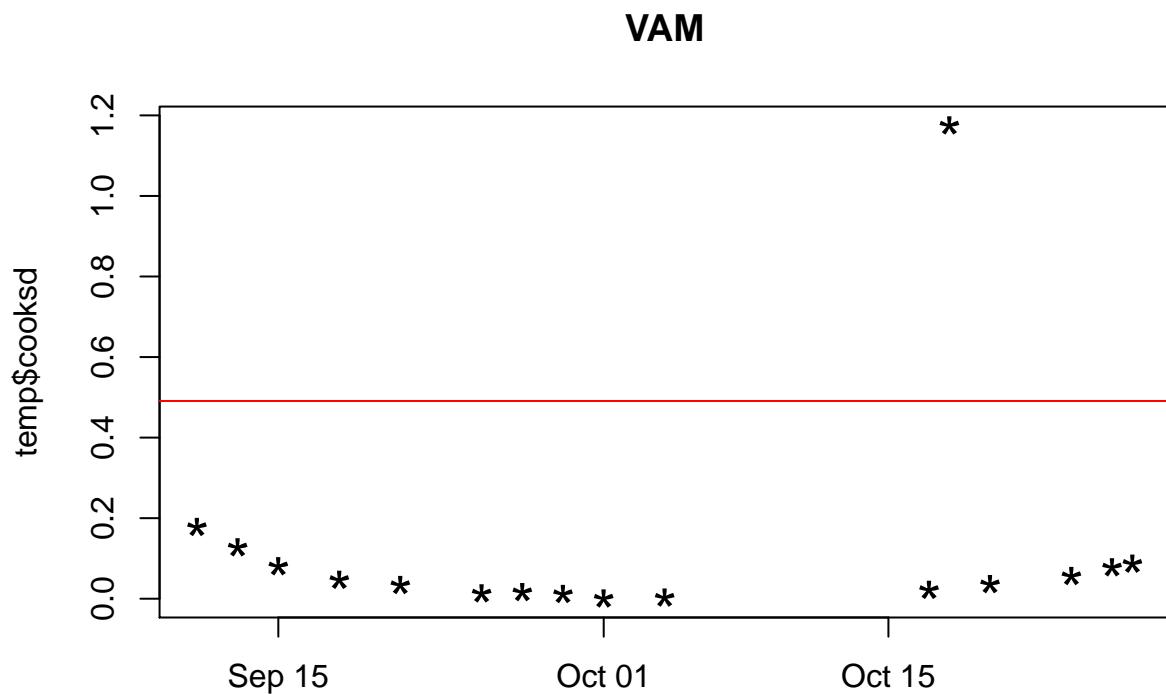
Date	TriScore
2022-09-13	41.16

Sport class: VAM



VAM





END

##

2022-10-28 15:56:44.7 H:tyler U:athan S:GC metrics outliers T:3.118361 mins