# Natural Language Interfaces for Specification Learning UvA MSc AI - Thesis Proposal

Giulio Starace - 13010840

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#### The Problem

In Reinforcement Learning (RL), the goal of a particular autonomous agent is formalised in the form of a reward signal emitted by the environment to the agent. This reward signal is typically computed via some handcrafted reward function. However, handcrafted reward functions can be difficult to specify for more complex problems and environments, and can lead to undesired agent behaviour due to reward hacking [14].

## Why We Want To Solve It

Relying on handcrafted reward functions can be tedious, requiring at times ample domain knowledge and mental effort. Furthermore, after design, the reward function has to be manually implemented as part of the agent's environment. Finally, handcrafted reward functions may suffer from bias and human error, leading to subpar or undesired performance of our models. Generally, these are symptoms signaling difficulty in scaling and generalisation. In the case of undesired model performance, this has safety implications [11].

# Current Solutions and their Shortcomings

#### Inverse Reinforcement Learning

Inverse Reinforcement Learning (IRL) [12, 13, 22] is the problem of extracting a reward function given observed expert behaviour (demonstrations). While promising and perhaps suitable for many problems, IRL presents some limitations:

- Expert demonstrations are not always available and can be difficult to obtain
- For many environments it is very difficult to determine the reward function from the demonstrations.
  - There is some research addressing this issue [2, 5].
- Model performance may be limited to the performance of the experts from which it is learning.
  - There is some research addressing this issue [8, 9].
- Natural intelligent agents (e.g. humans) don't always need expert demonstrations to learn a reward function, so this is indicative of a lack of generalisation.

IRL has a considerable overlap with *imitation learning* [1], where the goal is now to predict trajectories, given expert demonstrations. Imitation learning faces similar limitations to those of IRL.

#### Preference-Based Learning

Preference-based learning circumvents the need for demonstrations by using a more direct signal of human preferences. This includes, for example, directly asking users what they want via e.g. pairwise comparisons [3, 6, 18].

- Expression of preferences via pairwise comparison can be limited.
- Expressed preferences may be different from real preferences.

## Proposed Approach

Using advances in natural language processing, particularly in large language models (LLMs) [4, 19, 20] and prompting techniques [10, 16, 21], and inspired by their applications beyond a pure NLP context [7, 15, 17], we can develop a more natural interface between human and machine to specify goals and or rewards. This is after-all how humans communicate desired outcomes to each other.

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