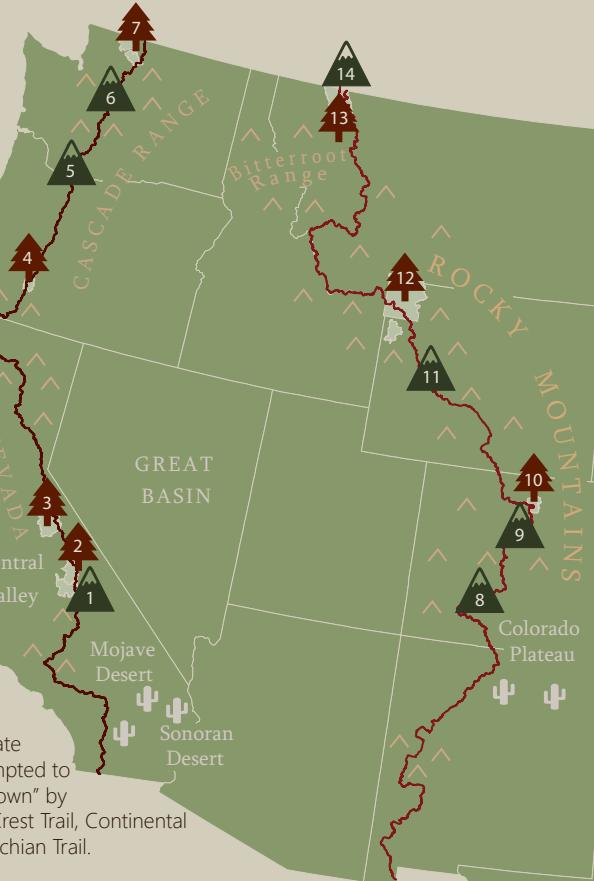


TREKKING ACROSS AMERICA

The 2012 book "Wild: From Lost to Found on the Pacific Crest Trail" by Cheryl Strayed and the 2014 movie starring Reese Witherspoon highly popularized the PCT. More than double the number of hikers attempted to thru-hike in 2014 than in previous years.

Dedicated and passionate backpackers have attempted to complete the "Triple Crown" by thru-hiking the Pacific Crest Trail, Continental Divide Trail, and Appalachian Trail.



The North Country Trail is the longest connecting trail in the United States, though there are many unconnected segments. The trail travels through more than 10 National Forests and over 100 State Parks.

More than 500 miles of the Ice Age Trail is not complete. The route is connected by unofficial routes following country roads, bike trails, and private property.



The Ice Age Trail covers the length of Wisconsin, following along the pathway of the remaining landscape left behind by continental glaciers.

The elevation gain and loss from hiking the entire Appalachian Trail is equivalent to climbing from sea level to the top of Mount Everest 16 times.

The Appalachian Trail is the most visited long-distance trail in the United States. Approximately 3 million people hike on some part of the trail each year.

Spatial Reference
North American Lambert Conformal Conic
Scale: 1:8,000,000
Data Sources:
Census.gov, usda.gov,
nps.opendata.arcgis.com,
continentaldividetrail.org,
northcountrytrail.org,
geodata.wisc.edu, naturalearth.org
Image sources:
'Mountain'-Andrew Doane,
'Pine Tree'-Mohkamali,
'Cactus'-Anusha Narvekar
'Trail Marker'-Nick Kinling
Cartographer: Madeline Zwerger

POINTS OF INTEREST

Pacific Crest Trail
2,650 Miles
1,200 Thru-Hikers Per Year

- 1 Mt. Whitney
- 2 Sequoia Nat. Park
- 3 Yosemite Nat. Park
- 4 Crater Lake Nat. Park
- 5 Mount Hood
- 6 Mount Rainier
- 7 North Cascades Nat. Park
- 8 Mount Elbert
- 9 Longs Peak
- 10 Rocky Mountain Nat. Park
- 11 Gannett Peak
- 12 Yellowstone Nat. Park
- 13 Glacier Nat. Park
- 14 Mount Cleveland
- 15 Chippewa Nat. Forest
- 16 Superior Nat. Forest
- 17 Chequamegon Nat. Forest
- 18 Ottawa Nat. Forest
- 19 Pictured Rock Nat. Lakeshore
- 20 Manistee Nat. Forest
- 21 Allegheny Nat. Forest
- 22 Adirondack Mountains
- 23 Wisconsin Interstate State Park
- 24 Devils Lake State Park
- 25 Kettle Moraine State Park
- 26 Potowatomi State Park
- 27 Springer Mountain
- 28 Great Smokey Mt. Nat. Park
- 29 Clingman's Dome
- 30 Shenandoah Nat. Park
- 31 McAfee Knob
- 32 Mount Washington
- 33 Mount Khatadin

Continental Divide Trail
3,100 Miles
150 Thru-Hikers Per Year

- 8 Mount Elbert
- 9 Longs Peak
- 10 Rocky Mountain Nat. Park
- 11 Gannett Peak
- 12 Yellowstone Nat. Park
- 13 Glacier Nat. Park
- 14 Mount Cleveland
- 15 Chippewa Nat. Forest
- 16 Superior Nat. Forest
- 17 Chequamegon Nat. Forest
- 18 Ottawa Nat. Forest
- 19 Pictured Rock Nat. Lakeshore
- 20 Manistee Nat. Forest
- 21 Allegheny Nat. Forest
- 22 Adirondack Mountains
- 23 Wisconsin Interstate State Park
- 24 Devils Lake State Park
- 25 Kettle Moraine State Park
- 26 Potowatomi State Park
- 27 Springer Mountain
- 28 Great Smokey Mt. Nat. Park
- 29 Clingman's Dome
- 30 Shenandoah Nat. Park
- 31 McAfee Knob
- 32 Mount Washington
- 33 Mount Khatadin

North Country Trail
4,700 Miles
<20 Thru-Hikers Finished

- 15 Chippewa Nat. Forest
- 16 Superior Nat. Forest
- 17 Chequamegon Nat. Forest
- 18 Ottawa Nat. Forest
- 19 Pictured Rock Nat. Lakeshore
- 20 Manistee Nat. Forest
- 21 Allegheny Nat. Forest
- 22 Adirondack Mountains
- 23 Wisconsin Interstate State Park
- 24 Devils Lake State Park
- 25 Kettle Moraine State Park
- 26 Potowatomi State Park
- 27 Springer Mountain
- 28 Great Smokey Mt. Nat. Park
- 29 Clingman's Dome
- 30 Shenandoah Nat. Park
- 31 McAfee Knob
- 32 Mount Washington
- 33 Mount Khatadin

Ice Age Trail
1,200 Miles
<50 Thru-Hikers Per Year

- 23 Wisconsin Interstate State Park
- 24 Devils Lake State Park
- 25 Kettle Moraine State Park
- 26 Potowatomi State Park
- 27 Springer Mountain
- 28 Great Smokey Mt. Nat. Park
- 29 Clingman's Dome
- 30 Shenandoah Nat. Park
- 31 McAfee Knob
- 32 Mount Washington
- 33 Mount Khatadin

Appalachian Trail
2,200 Miles
3,000 Thru-Hikers Per Year

- 27 Springer Mountain
- 28 Great Smokey Mt. Nat. Park
- 29 Clingman's Dome
- 30 Shenandoah Nat. Park
- 31 McAfee Knob
- 32 Mount Washington
- 33 Mount Khatadin