# **Drug Discovery**

Lecture 26

 Drug: A chemical substance of known structure (other than a nutrient or an essential dietary ingredient) which, when administered to a living organism, produces a biological effect.

- Discovery phase: Identification of a new chemical entity as a potential therapeutic agent.
- Development phase: Compound is tested for safety and efficacy for one or more clinical indications, and in suitable formulations and dosage form.

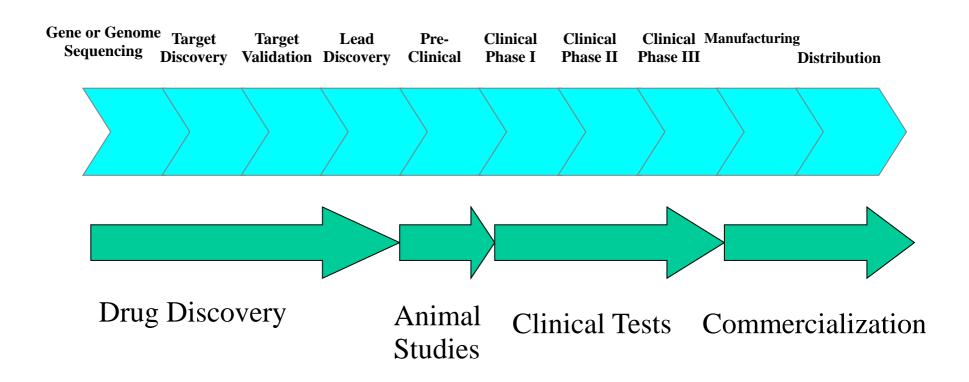
# Major Stages of the New drug synthesis

- Drug discovery: Candidate molecules are chosen on the basis of their pharmacological properties.
- Preclinical development: Non-human studies (e.g. toxicity testing, pharmacokinetic analysis and formulation) are performed.
- Clinical development: The selected compound is tested for efficacy, side effects and potential dangers

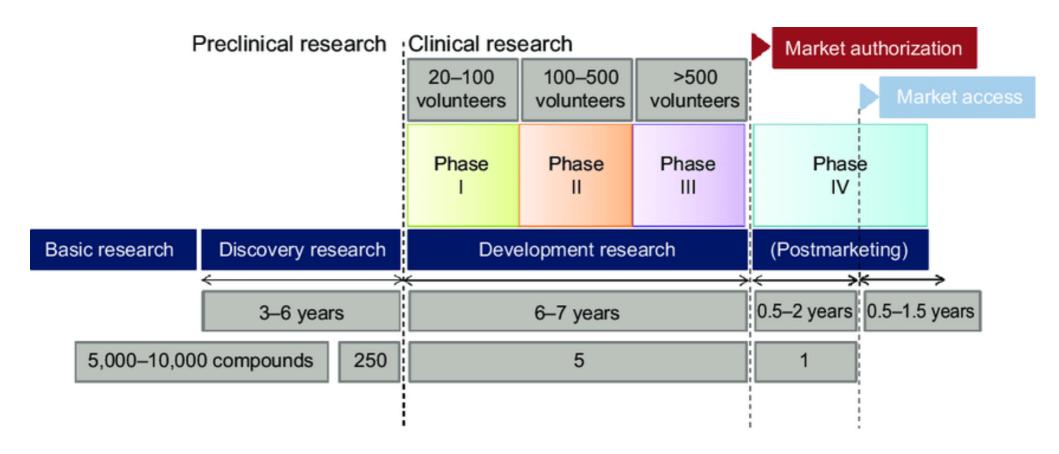
# Drug discovery

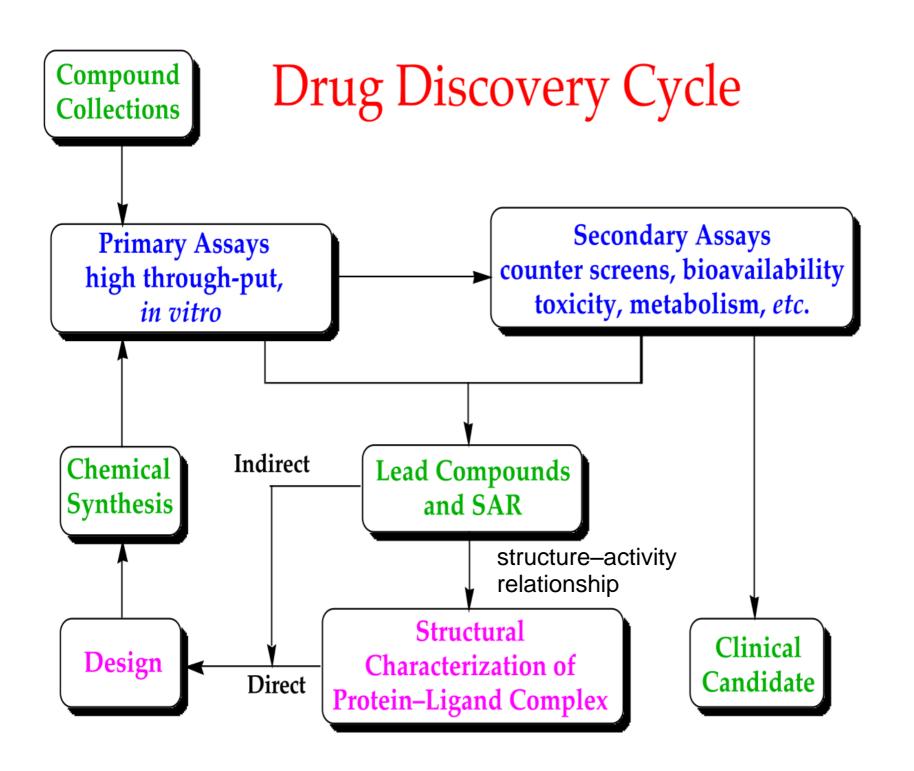
- Drug discovery is the process through which potential new medicines are identified.
- It involves a wide range of scientific disciplines, including biology, chemistry and pharmacology.

## Drug development process



# Schematic representation of the drug development process with timeline





# **Target Selection & Validation**

- Define the disease
- Understand the molecular mechanism of the disease
- Identify a therapeutic target in that pathway (e.g gene, key enzyme, receptor, ion-channel, nuclear receptor)
- Demonstrate that target is relevant to disease mechanism using genetics, animal models, lead compounds, antibodies, RNAi, etc.

#### **Discovery**

Develop an assay to evaluate activity of compounds on the target

- - in vitro (e.g. enzyme assay)
- - in vivo (animal model or pharmacodynamic assay)



Identify a lead compound



Screen collection of compounds ("compound library")



Structure-based design ("rational drug design")



**Screen Natural Products** 



Compound from published literature



Optimize to give a "proofof-concept" molecule one that shows efficacy in an animal disease model

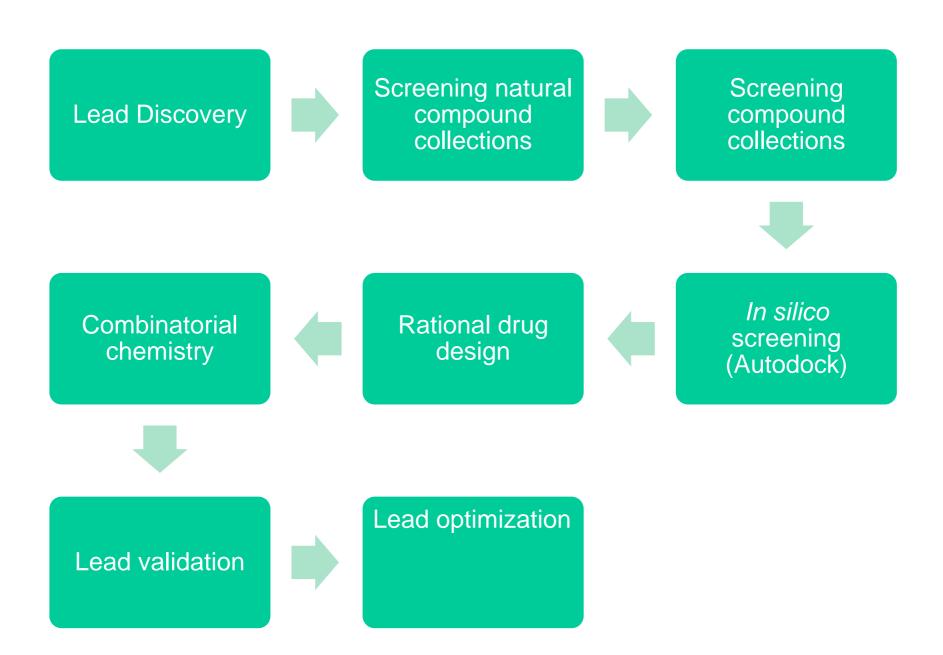


Optimize to give drug-like properties—
pharmacokinetics, metabolism, off-target activities



Safety assessment, Preclinical Candidate

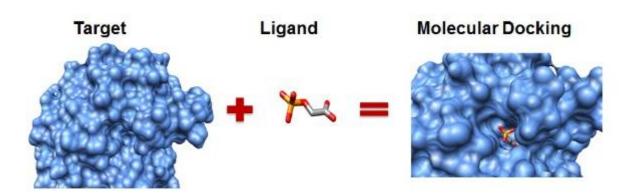
## Drug Discovery Methods



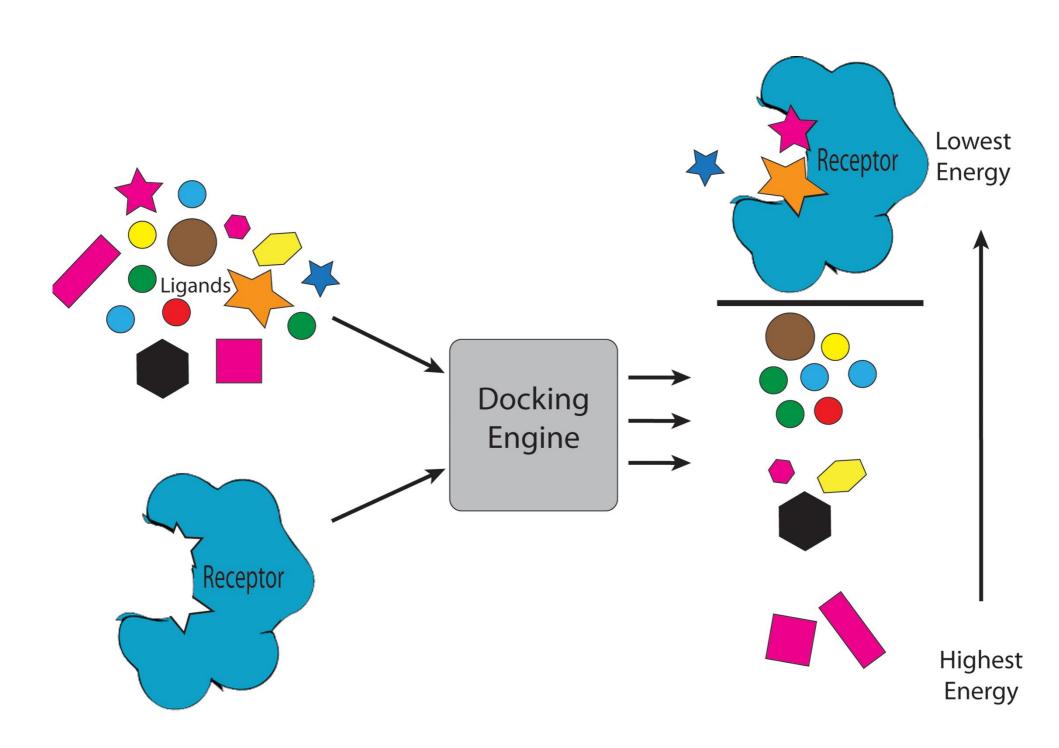
# Docking

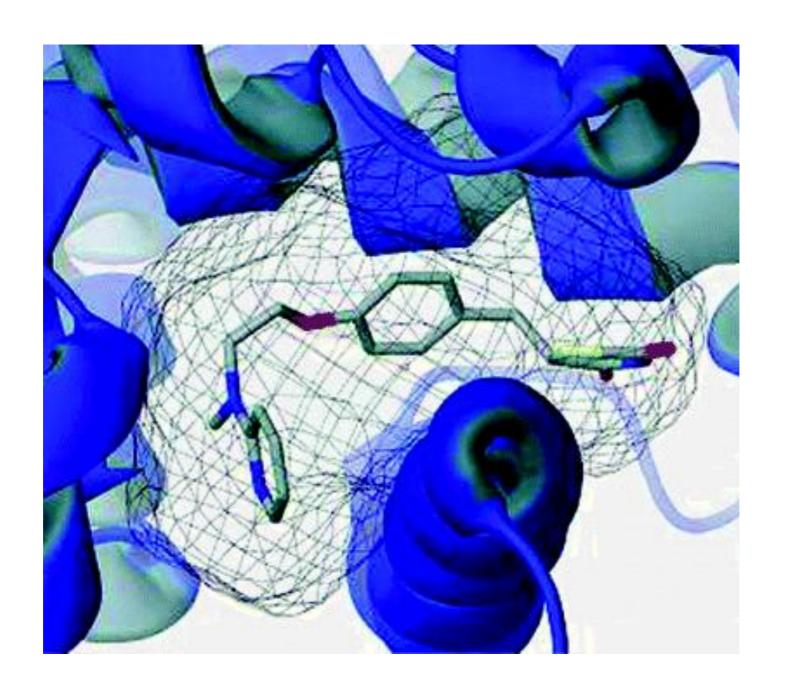
- A method which predicts the preferred orientation of one molecule to another when bound to each other to form a stable complex.
  - Ex: Autodock

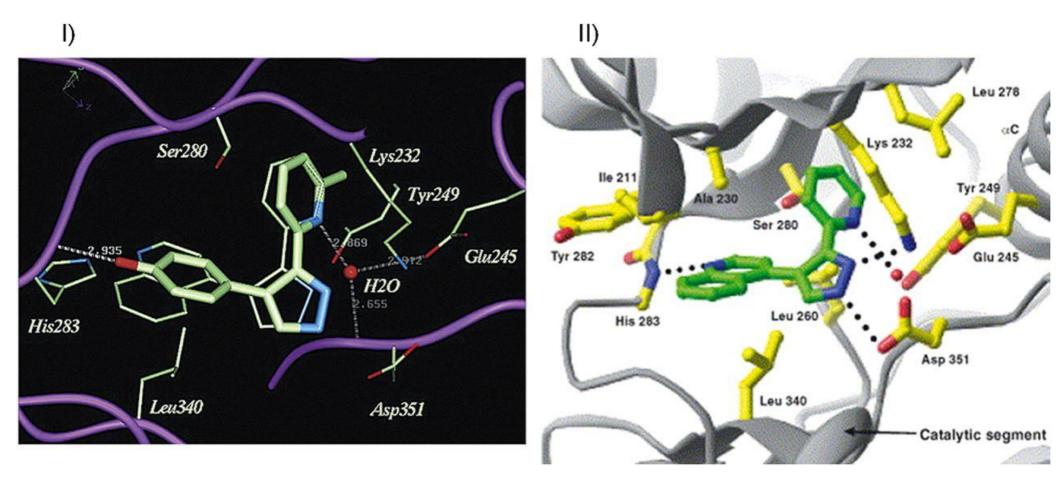
#### **Protein Ligand Docking**



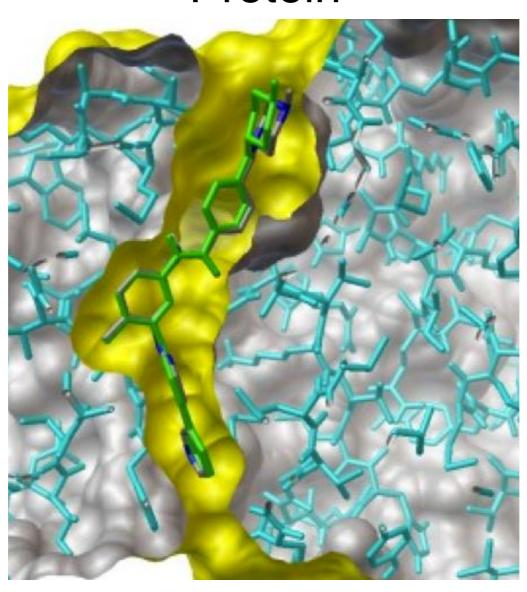
Computational method which mimics the binding of a ligand to a protein.



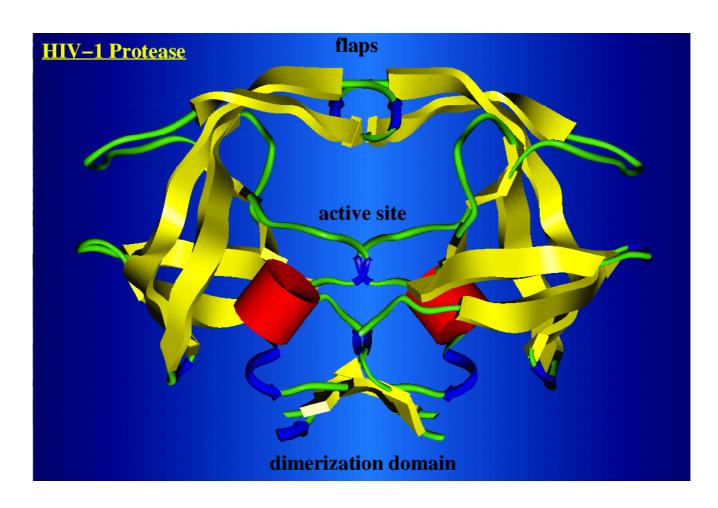




# In silico screening with Autodock Gleevec (Imatinib) bound to BCR-Abl Protein



# Rational Drug design for HIV Protease



Rational drug design refers to the development of medications based on the study of the structures and functions of target molecules.

## ADMET: Ideal Properties of Drugs

Absorption – From GI track into blood stream Distribution Gets to target
tissue (blood
brain barrier)

Metabolism – Not readily metabolized

Excretion – Not readily secreted

**Toxicity** – Not toxic to other cells or tissues

# Chris Lipinski's Rule of Five

- H-bond donors <5.</li>
- Molecular weight <500.</li>
- Partitioning coefficient (Log P) <5. (The partition coefficient is the measure of the lipophilicity of a drug and an indication of its ability to cross the cell membrane.)
- H-bond acceptors <10 (=5x2).</li>
- The "rule of five" name came from the cutoffs all being multiples of five.

#### **Development**

#### **Pre-Clinical**

Safety Assessment Toxicology

Drug Metabolism (ADME)



Process R&D
Chem Eng. R&D
Manufacturing



Pharmaceutical R&D Formulation





Clinical Investigator & patient

Clinical Pharmacology Clinical Research



Regulatory Affairs
Project Planning & Management
Marketing





Statistics & Epidemiology
Data Coordination
Research Information Systems
Information Services



#### Phase I

**Product Profile** 

20 - 100 healthy volunteers take drug for about one month





Remote data entry

#### Information Learned

- 1. Absorption and metabolism
- 2. Effects on organs and tissue
- 3. Side effects as dosage is increased

#### Clinical Trials

#### Phase II

Several hundred health-impaired patients

**Treatment Group** 









#### Information Learned

- 1. Effectiveness in treating disease
- 2. Short-term side effects in health -impaired patients
- 3. Dose range

#### Phase III

Hundreds or thousands of health-impaired patients



#### **Information Learned**

- 1. Benefit/risk relationship of drug
- 2. Less common and longer term side effects
- 3. Labeling information



**Compassionate Use** 



#### Clinical Trials Continued

Advisory Committee



Regulatory Review Team



APPROVAL PROCESS (Ex. FDA)

Reviews, comments, and discussions

Submit to Regulatory Agencies

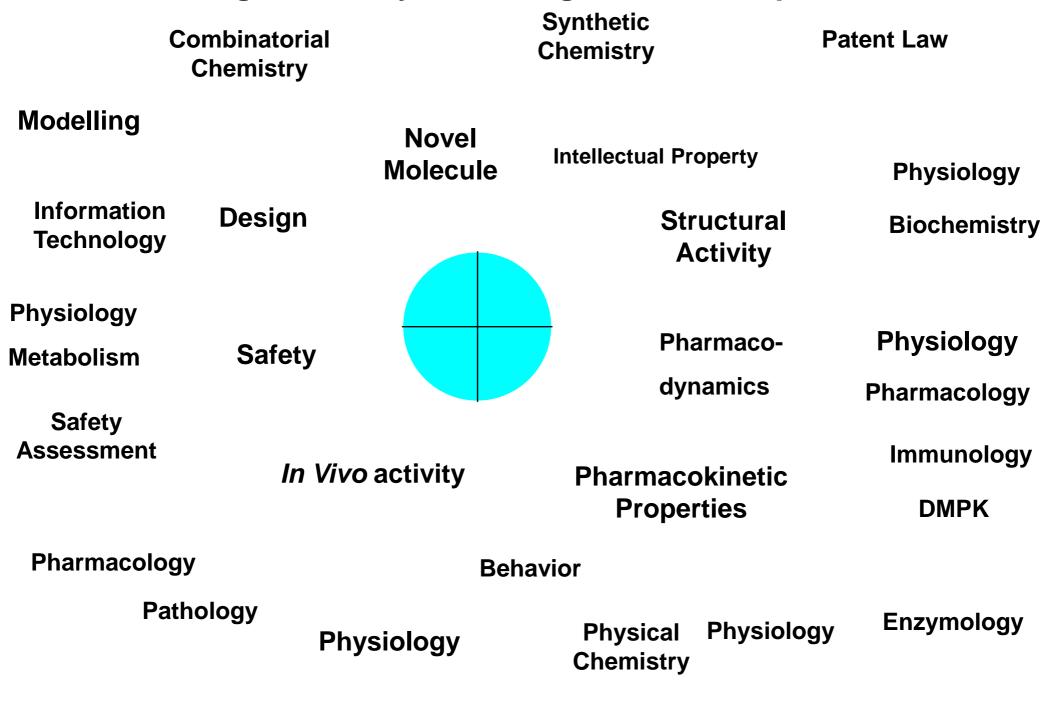
New Drug Application (NDA)



**APPROVAL** 



#### **Drug Discovery—Convergence of Disciplines**



## Genetic and Biomarker Followup

But why stop learning when the drug is on the market?

