

Nestle® Toll House® Café by Chip® Menu Nutrition Report*												
	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Total Carbohydrates (g)	Sugar (g)	Fiber (g)	Sodium (mg)	Protein (g)	Vitamin C (%)	Iron (mg)
BAKED PRODUCTS:												
Bakery - Breakfast												
Banana Nut Muffin	(1 ea.)	410	20g	3.5g	45mg	53g	26g	2g	430mg	6g	0%	2%
Cranberry Nut Muffin	(1 ea.)	370	17g	2.5g	45mg	49g	24g	1g	420mg	5g	0%	0%
Mochaccino Muffin	(1 ea.)	370	17g	2.5g	45mg	49g	24g	1g	420mg	5g	0%	0%
Glorious Morning Muffin	(1 ea.)	470	11g	1.5g	0mg	90g	0g	2g	640mg	6g	2%	10%
Blueberry Muffin	(1 ea.)	340	14g	2.5g	50mg	50g	20g	1g	580mg	6g	0%	0%
"Nestletized" Muffin	(1 ea.)	870	33g	16g	less than 5mg	146g	44g	3g	750mg	8g	2%	10%
Butterfinger® Muffin Batch Recipe	(1 ea.)	130	4g	2.5g	5mg	17g	14g	0g	110mg	7g	2%	2%
Chocolate Chip Muffin Batch Recipe	(1 ea.)	400	19g	3.5g	45mg	52g	27g	2g	420mg	6g	0%	0%
Double Chocolate Chip Muffin Batch Recipe	(1 ea.)	140	6g	4.5g	5mg	17g	16g	0g	80mg	6g	2%	2%
Pecan Muffin Batch Recipe	(1 ea.)	5070	507g	45g	45mg	143g	51g	67g	420mg	68g	10%	100%
Caramel Muffin Batch Recipe	(1 ea.)	370	17g	2.5g	45mg	49g	24g	1g	420mg	5g	0%	0%
Apple Cinnamon Muffin Batch Recipe	(1 ea.)	370	17g	2.5g	45mg	49g	24g	1g	420mg	5g	0%	0%
Oatmeal Raisin Breakfast Bar (¼ Sheet)	(1 ea.)	580	31g	16g	55mg	71g	32g	5g	340mg	10g	0%	15%
Scone	(1 ea.)	470	11g	1.5g	0mg	90g	0g	2g	640mg	6g	2%	10%
Cinnamon Roll	(1 ea.)	420	22g	8g	15mg	50g	15g	2g	610mg	7g	0%	0%
Croissant	(1 ea.)	350	18g	12g	40mg	38g	6g	1g	520mg	0g	0%	10%
Croissant w/ Chocolate	(1 ea.)	190	11g	7g	15mg	21g	8g	0g	200mg	0g	0%	4%
Filled Croissant	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Filled Croissant w/ Chocolate	(1 ea.)	70	5g	3g	0mg	8g	6g	0g	25mg	0g	0%	0%
Strudel Stix	(1 ea.)	170	0g	0g	0mg	43g	43g	0g	0mg	0g	0%	0%
Puff Pastry - Pepperoni & Mozzarella	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Puff Pastry - Pesto Chicken	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Puff Pastry - Fresh Tomato & Basil	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Puff Pastry - Turkey & Cheese	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Puff Pastry - Fruit Filled	(1 ea.)	25	0g	0g	0mg	7g	7g	0g	0mg	0g	0%	0%
Puff Pastry - Danish Cream Filled	(1 ea.)	220	8g	4.5g	10mg	37g	27g	0g	100mg	1g	0%	2%
Fruit Filled Kolache Roll	(1 ea.)	420	22g	8g	15mg	50g	15g	2g	610mg	7g	0%	0%
Pineapple Strudel	(1 ea.)	120	0g	0g	0mg	28g	28g	0g	0mg	0g	0%	0%
Baked Apple In Puff Pastry	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Diamond Pastry	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Pinwheel Pastry	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Abuelita	(1 ea.)	50	1.5g	0g	0mg	8g	6g	1g	95mg	less than 1g	2%	0%
Strawberry & Cream	(1 ea.)	110	5g	3g	5mg	15g	9g	0g	65mg	less than 1g	0%	0%
Easy Cheese	(1 ea.)	60	2.5g	1.5g	less than 5mg	8g	4g	0g	35mg	0g	0%	0%
Apple Bear Claw	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Peach Bear Claw	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Cherry Bear Claw	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Almond Bear Claw	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%

Apple Turnovers	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Peach Turnovers	(1 ea.)	170	4.5g	1.5g	0mg	33g	31g	0g	30mg	0g	0%	0%
Cherry Turnovers	(1 ea.)	130	3g	1.5g	10mg	23g	14g	0g	15mg	3g	0%	0%
Almond Turnovers	(1 ea.)	300	4.5g	1.5g	0mg	68g	65g	0g	30mg	0g	0%	0%
Bakery - Bars												
Frosted	(1 ea.)	350	17g	9g	15mg	41g	32g	0g	290mg	2g	0%	8%
Peanut Butter	(1 ea.)	340	21g	10g	15mg	39g	26g	2g	340mg	5g	0%	6%
Krispy White Peanut Butter	(1 ea.)	640	20g	11g	0mg	106g	29g	1g	940mg	9g	0%	2%
Chocolate Chip Brownie	(1 ea.)	410	21g	9g	30mg	48g	38g	2g	290mg	3g	0%	6%
Seven Layer	(1 ea.)	480	23g	12g	30mg	70g	54g	2g	190mg	7g	0%	6%
Caramel Walnut	(1 ea.)	400	20g	7g	15mg	55g	39g	2g	220mg	6g	2%	8%
Chocolate Mint Layer	(1 ea.)	480	29g	16g	20mg	54g	47g	0g	160mg	4g	2%	6%
Pistachio Cookie	(1 ea.)	550	32g	11g	25mg	63g	42g	4g	240mg	11g	0%	10%
White Chocolate	(1 ea.)	410	20g	11g	20mg	55g	35g	0g	300mg%	2g	0%	8%
Bakery - Bars TS												
Frosted	(1 ea.)	350	17g	9g	15mg	41g	32g	0g	290mg	2g	0%	8%
Peanut Butter	(1 ea.)	370	22g	9g	15mg	41g	29g	0g	320mg	5g	0%	4%
Krispy White Peanut Butter	(1 ea.)	630	20g	8g	less than 5mg	107g	30g	4g	890mg	10g	0%	2%
Chocolate Chip Brownie	(1 ea.)	410	21g	9g	30mg	48g	38g	2g	290mg	3g	0%	6%
Seven Layer	(1 ea.)	780	39g	21g	45mg	113g	88g	3g	310mg	10g	0%	10%
Caramel Walnut	(1 ea.)	610	35g	8g	15mg	64g	52g	3g	230mg	12g	2%	10%
Chocolate Mint Layer	(1 ea.)	540	31g	18g	20mg	67g	56g	2g	190mg	5g	2%	6%
Pistachio Cookie	(1 ea.)	930	53g	17g	40mg	106g	76g	8g	410mg	18g	0%	15%
White Chocolate Bar	(1 ea.)	410	20g	11g	20mg	55g	35g	0g	300mg	2g	0%	8%
Bakery - Brownies												
Brownie Button	(1 ea.)	420	21g	6g	30mg	56g	45g	4g	190mg	3g	0%	2%
Butterfinger®	(1 ea.)	400	20g	6g	25mg	54g	44g	4g	160mg	3g	0%	0%
Chocolate Lovers	(1 ea.)	390	21g	8g	20mg	48g	40g	4g	110mg	3g	0%	2%
Cream Cheese	(1 ea.)	380	19g	5g	25mg	51g	44g	3g	135mg	3g	0%	0%
Fiesta	(1 ea.)	380	19g	5g	25mg	51g	44g	4g	130mg	3g	0%	0%
Cookies N' Cream	(1 ea.)	680	31g	12g	40mg	94g	61g	4g	260mg	9g	0%	4%
Rocky Road	(1 ea.)	450	23g	6g	25mg	60g	51g	4g	135mg	4g	0%	2%
Turtle	(1 ea.)	350	24g	9g	10mg	31g	22g	1g	190mg	3g	0%	6%
Chocolate Cherry Almond	(1 ea.)	630	31g	11g	25mg	83g	65g	4g	250mg	4g	0%	10%
Peppermint	(1 ea.)	370	19g	5g	25mg	48g	42g	3g	125mg	2g	0%	0%
Cappuccino	(1 ea.)	330	16g	4.5g	25mg	43g	38g	3g	115mg	3g	0%	0%
Kit Kat® (International)	(1 ea.)	500	26g	12g	25mg	64g	52g	3g	135mg	5g	0%	2%
Nestle Crunch®	(1 ea.)	490	25g	11g	25mg	65g	54g	3g	160mg	4g	0%	0%
Lion® (International)	(1 ea.)	480	24g	11g	20mg	65g	53g	3g	180mg	4g	0%	0%
Hazelnut Chocolate (International)	(1 ea.)	360	24g	4g	20mg	34g	26g	5g	95mg	5g	2%	6%
Black Forest Brownie	(1 ea.)	310	16g	6g	20mg	40g	35g	2g	90mg	3g	2%	0%
Nestle After Eight®	(1 ea.)	630	25g	11g	20mg	107g	92g	5g	90mg	2g	0%	0%
Frosted Brownie w/ Nuts	(1 ea.)	410	24g	5g	25mg	47g	39g	4g	130mg	3g	0%	2%

Bakery - Brownies TS												
Brownie	(1 ea.)	420	21g	6g	30mg	56g	45g	4g	190mg	3g	0%	2%
Butterfinger®	(1 ea.)	400	20g	6g	25mg	54g	44g	4g	160mg	3g	0%	0%
Chocolate Lovers	(1 ea.)	380	21g	8g	20mg	47g	39g	3g	110mg	3g	0%	2%
Cream Cheese Brownie	(1 ea.)	460	23g	90g	25mg	62g	54g	3g	150mg	3g	0%	0%
Fiesta	(1 ea.)	380	19g	6g	25mg	51g	44g	4g	130mg	3g	0%	0%
Cookies N' Cream	(1 ea.)	760	38g	13g	30mg	101g	81g	4g	280mg	6g	0%	4%
Rocky Road	(1 ea.)	450	23g	7g	25mg	58g	49g	4g	135mg	4g	0%	2%
Turtle	(1 ea.)	590	36g	9g	25mg	65g	54g	6g	150mg	5g	0%	4%
Chocolate Cherry Almond	(1 ea.)	500	26g	161g	25mg	63g	53g	4g	150mg	3g	0%	2%
Peppermint	(1 ea.)	370	19g	33g	25mg	47g	41g	3g	125mg	3g	0%	0%
Cappuccino	(1 ea.)	330	16g	105g	25mg	44g	38g	3g	115mg	3g	0%	0%
Kit Kat®	(1 ea.)	500	26g	12g	25mg	64g	51g	3g	135mg	5g	0%	2%
Nestle Crunch®	(1 ea.)	490	25g	11g	25mg	65g	54g	3g	160mg	4g	0%	0%
Lion® (International)	(1 ea.)	480	24g	11g	20mg	65g	53g	3g	180mg	4g	0%	0%
Hazelnut Chocolate (International)	(1 ea.)	360	24g	4g	20mg	34g	26g	5g	95mg	5g	2%	6%
Black Forest	(1 ea.)	310	16g	6g	20mg	40g	35g	2g	90mg	3g	2%	0%
Nestle After Eight®	(1 ea.)	630	25g	11g	20mg	107g	92g	5g	90mg	2g	0%	0%
Frosted Brownie w/ Nuts	(1 ea.)	350	17g	4.5g	25mg	45g	39g	3g	130mg	3g	0%	0%
Bakery - Classic Cookies												
Chocolate Chip	(1 ea.)	180	9g	5g	10mg	20g	15g	0g	170mg	less than 1g	0%	4%
Chocolate Chip with Walnuts	(1 ea.)	300	17g	7g	15mg	27g	20g	less than 1g	220mg	4g	0%	8%
Rainbow Chocolate Chip	(1 ea.)	260	13g	7g	15mg	29g	22g	0g	220mg	1g	0%	6%
Chocolate Chip with Pecans	(1 ea.)	300	19g	7g	15mg	28g	20g	less than 1g	220mg	2g	0%	8%
Triple Chocolate Chip	(1 ea.)	250	13g	7g	15mg	33g	22g	0g	260mg	2g	0%	6%
Peanut Butter	(1 ea.)	260	16g	7g	15mg	28g	18g	0g	250mg	4g	0%	4%
Peanut Butter with Chocolate Chip	(1 ea.)	340	20g	10g	15mg	39g	26g	2g	250mg	5g	0%	4%
White Chocolate Macadamia Nut	(1 ea.)	260	14g	7g	15mg	32g	19g	0g	230mg	2g	0%	6%
Oatmeal Raisin	(1 ea.)	250	11g	3.5g	20mg	36g	18g	1g	270mg	3g	0%	8%
Oatmeal Scotchie	(1 ea.)	310	17g	5g	20mg	38g	19g	2g	270mg	4g	0%	10%
Dark Chocolate Chip Oatmeal	(1 ea.)	310	15g	7g	20mg	43g	24g	less than 1g	270mg	3g	0%	8%
Sugar	(1 ea.)	230	12g	4.5g	30mg	39g	20g	less than 1g	190mg	3g	0%	8%
Rainbow Sugar	(1 ea.)	240	13g	5g	30mg	41g	21g	less than 1g	190mg	3g	0%	8%
Holiday Sugar Cookie	(1 ea.)	230	12g	4.5g	30mg	40g	21g	less than 1g	190mg	3g	0%	8%
Ferrero Rocher	(1 ea.)	260	14g	6g	30mg	43g	23g	less than 1g	200mg	3g	0%	8%
Mint Chocolate Delight	(1 ea.)	290	14g	9g	10mg	34g	23g	0g	200mg	0g	0%	4%
Lemon Drop	(1 ea.)	400	12g	4.5g	30mg	81g	57g	less than 1g	0mg	3g	0%	8%
Snickerdoodle	(1 ea.)	250	12g	4.5g	30mg	44g	24g	2g	190mg	3g	0%	10%
Chocolate Chip Mini	(1 ea.)	120	6g	3g	10mg	17g	10g	0g	110mg	1g	0%	2%
" All Other" Mini	(1 ea.)	60	3g	1.5g	5mg	9g	5g	0g	55mg	less than 1g	0%	2%
Baked Fresh Yesterday	(1 ea.)	230	12g	5g	20mg	33g	19g	less than 1g	210mg	3g	0	6%
Bakery - Cookie Cakes												
9" Cookie Cake	(1 ea.)	440	22g	10g	15mg	53g	44g	0g	270mg	1g	0%	6%

9" Heart Cookie Cake	(1 ea.)	440	22g	10g	15mg	53g	44g	0g	270mg	1g	0%	6%
9" Mint Chocolate Chip Cookie Cake	(1 ea.)	450	24g	13g	10mg	59g	47g	0g	220mg	0g	0%	4%
12" Cookie Cake	(1 ea.)	600	30g	14g	25mg	71g	58g	0g	410mg	2g	0%	10%
12" Heart Cookie Cake	(1 ea.)	600	30g	14g	25mg	71g	58g	0g	410mg	2g	0%	10%
12" Mint Chocolate Chip Cookie Cake	(1 ea.)	690	37g	19g	15mg	91g	72g	0g	340mg	0g	0%	8%
15" Cookie Cake	(1 ea.)	290	15g	7g	10mg	34g	28g	0g	200mg	1g	0%	4%
15" Mint Chocolate Chip Cookie Cake	(1 ea.)	390	21g	10g	10mg	48g	40g	2g	200mg	1g	0%	4%
Half Sheet Cake	(1 ea.)	270	13g	7g	10mg	31g	25g	0g	200mg	1g	0%	4%
Half Sheet Mint Chocolate Chip Cookie Cake	(1 ea.)	300	16g	8g	10mg	39g	30g	0g	160mg	0g	0%	4%
Full Sheet Cookie Cake	(1 ea.)	320	15g	7g	15mg	43g	27g	1g	250mg	2g	0%	6%
Full Sheet Mint Chocolate Chip Cookie Cake	(1 ea.)	370	20g	11g	15mg	48g	34g	0g	290mg	0g	0%	6%
Cookie Cake Slice	(1 ea.)	600	30g	14g	25mg	71g	58g	0g	410mg	2g	0%	10%
Mini Cookie Cake Slice	(1 ea.)	540	27g	13g	20mg	64g	53g	0g	360mg	2g	0%	8%
Love Note Cookie Cake	(1 ea.)	300	15g	7g	10mg	36g	29g	0g	210mg	1g	0%	6%
Double Trouble Cookie Cake	(1 ea.)	1110	56g	28g	45mg	129g	104g	0g	840mg	6g	0%	20%
Brownie Cookie Cake	(1 ea.)	560	28g	7g	40mg	74g	63g	6g	210mg	4g	0%	0%
Bakery - Cookie Cakes TS												
9" Cookie Cake	(1 ea.)	440	22g	11g	15mg	53g	44g	0g	290mg	2g	0%	6%
9" Heart Cookie Cake	(1 ea.)	440	22g	11g	15mg	53g	44g	0g	290mg	2g	0%	6%
9" Mint Chocolate Chip Cookie Cake	(1 ea.)	270	15g	8g	5mg	36g	28g	0g	150mg	less than 1g	0%	4%
12" Cookie Cake	(1 ea.)	600	30g	15g	25mg	71g	58g	0g	430mg	3g	0%	10%
12" Heart Cookie Cake	(1 ea.)	600	30g	15g	25mg	71g	58g	0g	430mg	3g	0%	10%
12" Mint Chocolate Chip Cookie Cake	(1 ea.)	680	37g	20g	15mg	90g	72g	0g	370mg	2g	0%	8%
15" Cookie Cake	(1 ea.)	290	15g	7g	10mg	34g	27g	0g	210mg	2g	0%	4%
15" Mint Chocolate Chip Cookie Cake	(1 ea.)	390	20g	11g	10mg	48g	40g	0g	220mg	2g	0%	4%
Half Sheet Cake	(1 ea.)	270	13g	7g	10mg	31g	25g	0g	200mg	1g	0%	4%
Half Sheet Mint Chocolate Chip Cookie Cake	(1 ea.)	290	16g	9g	10mg	39g	30g	0g	170mg	less than 1g	0%	4%
Full Sheet Cookie Cake	(1 ea.)	320	15g	7g	15mg	43g	27g	1g	250mg	2g	0%	6%
Full Sheet Mint Chocolate Chip Cookie Cake	(1 ea.)	370	20g	11g	15mg	48g	34g	0g	290mg	0g	0%	6%
Cookie Cake Slice	(1 ea.)	450	23g	11g	15mg	53g	43g	0g	320mg	3g	0%	8%
Mini Cookie Cake Slice	(1 ea.)	540	27g	13g	20mg	64g	53g	0g	370mg	3g	0%	8%
Love Note Cookie Cake	(1 ea.)	300	15g	8g	10mg	35g	29g	0g	210mg	2g	0%	6%
Double Trouble Cookie Cake	(1 ea.)	1110	56g	28g	45mg	129g	104g	0g	840mg	6g	0%	20%
Brownie Cookie Cake	(1 ea.)	560	28g	8g	40mg	73g	63g	6g	210mg	4g	0%	0%
Bakery - Specialty Bakes												
Chocolate Dipped Cookie	(1 ea.)	250	14g	8g	10mg	29g	22g	0g	190mg	1g	0%	4%
Double Trouble	(1 ea.)	770	39g	16g	20mg	96g	82g	0g	380mg	2g	0%	8%
Snickerdoodle Sandwich Cookie	(1 ea.)	800	50g	24g	140mg	104g	62g	4g	620mg	11g	0%	20%
Snickerdoodle Filling	(1 ea.)	310	26g	15g	85mg	16g	13g	less than 1g	240mg	5g	0%	2%
A Little Bit of Trouble	(1 ea.)	260	13g	5g	10mg	37g	29g	0g	125mg	1g	0%	2%
Chocolate Chip Cookie Cup	(1 ea.)	320	16g	7g	10mg	39g	33g	0g	180mg	less than 1g	0%	4%
Pistachio Chocolate Chip Cookie Cup	(1 ea.)	340	19g	10g	20mg	42g	26g	2g	230mg	4g	60%	6%
Pistachio Cookie Cup	(1 ea.)	380	23g	10g	35mg	52g	30g	2g	240mg	5g	2%	10%

Nutella Chocolate Chip Cookie Cup	(1 ea.)	210	11g	7g	10mg	24g	19g	0g	170mg	1g	8%	6%
Peanut Butter Cookie Cup	(1 ea.)	290	19g	8g	10mg	29g	20g	0g	220mg	4g	0%	2%
Libby's Pumpkin Brownie Cup	(1 ea.)	430	20g	6g	20mg	60g	51g	2g	115mg	4g	2%	4%
Apple Crisp Cobbler Cup	(1 ea.)	1000	34g	14g	70mg	165g	70g	12g	340mg	23g	2%	35%
Turtle Cookie Cup	(1 ea.)	290	18g	8g	10mg	30g	22g	less than 1g	190mg	2g	0%	6%
Key Lime Cookie Cup	(1 ea.)	420	17g	7g	40mg	70g	50g	less than 1g	240mg	7g	6%	8%
Pecan Pie Cookie Cup	(1 ea.)	440	28g	11g	55mg	59g	38g	2g	260mg	4g	0%	10%
German Chocolate Cookie Cup	(1 ea.)	410	21g	12g	15mg	56g	40g	less than 1g	330mg	3g	0%	6%
Hazelnut Chocolate Cookie Cup	(1 ea.)	390	26g	6g	30mg	45g	21g	4g	190mg	9g	0%	15%
Cheesecake Cookie Cup	(1 ea.)	380	18g	128g	40mg	62g	42g	less than 1g	240mg	4g	2%	8%
Cranberry Almond Coconut Macaroons	(1 ea.)	500	28g	17g	10mg	59g	49g	6g	85mg	8g	2%	8%
Coconut Macaroons	(1 ea.)	470	24g	20g	20mg	58g	53g	5g	90mg	7g	4%	8%
Chocolate Coconut Macaroon	(1 ea.)	550	29g	23g	20mg	68g	62g	5g	100mg	8g	4%	8%
German Style Coconut Macaroons	(1 ea.)	550	28g	23g	20mg	68g	61g	7g	105mg	8g	4%	10%
Turtle Cookie	(1 ea.)	350	24g	9g	10mg	30g	22g	1g	190mg	3g	0%	6%
S'Mores Cookie	(1 ea.)	330	17g	7g	30mg	55g	33g	2g	210mg	4g	0%	10%
Pumpkin Spice	(1 ea.)	250	12g	4.5g	30mg	44g	24g	1g	190mg	3g	2%	10%
Iced Sugar Cookie	(1 ea.)	310	15g	6g	35mg	49g	21g	less than 1g	200mg	5g	0%	8%
Almond Iced Sugar Cookie	(1 ea.)	580	27g	11g	60mg	77g	20g	2g	250mg	14g	2%	10%
Lemon Drop Iced Sugar Cookie	(1 ea.)	400	12g	4.5g	30mg	81g	57g	less than 1g	190mg	3g	10%	8%
Kit Kat Sugar Cookie	(1 ea.)	480	25g	14g	35mg	70g	43g	1g	220mg	6g	0%	10%
Gingerbread Man Cookie	(1 ea.)	310	6g	1.5g	10mg	60g	36g	1g	420mg	5g	0%	10%
Gingerbread Cookie		270	6g	2.5g	15mg	47g	24g	less than 1g	270mg	5g	0%	8%
Florentina Lace	(1 ea.)	180	9g	1.5g	0mg	21g	less than 1g	1g	100mg	4g	0%	6%
Krispy Treats	(1 ea.)	300	8g	5g	20mg	54g	25g	0g	370mg	3g	0%	0%
Peanut Butter Bomb Shell	(1 ea.)	450	24g	17g	20mg	64g	30g	3g	780mg	9g	0%	10%
Whoopie Pie	(1 ea.)	580	26g	9g	0mg	99g	77g	0g	430mg	3g	0%	6%
Carrot Cake	(1 ea.)	280	8g	2g	0mg	50g	11g	1g	290mg	3g	2%	6%
Holiday Cupcakes	(1 ea.)	280	14g	3g	25mg	37g	28g	0g	105mg	2g	0%	2%
Brownie Cupcakes	(1 ea.)	290	12g	3.5g	10mg	44g	33g	2g	100mg	3g	0%	0%
Cookies & Cream Cupcakes	(1 ea.)	180	9g	2.5g	0mg	26g	22g	0g	75mg	less than 1g	0%	2%
Macaroon Cupcakes	(1 ea.)	290	15g	5g	5mg	40g	36g	0g	80mg	less than 1g	0%	2%
Cookie on a Stick	(1 ea.)	340	18g	7g	10mg	42g	36g	0g	190mg	less than 1g	0%	4%
Smoochies	(1 ea.)	100	5g	2g	5mg	13g	10g	0g	60mg	less than 1g	0%	2%
Toll House® Granola	(1 ea.)	90	6g	2g	0mg	9g	4g	1g	25mg	2g	0%	4%
Cookie Truffles	(1 ea.)	240	13g	7g	15mg	26g	20g	0g	125mg	2g	0%	2%
Fruit Cream Cheese Cookie Tart	(1 ea.)	440	22g	210g	45mg	68g	48g	less than 1g	270mg	5g	0%	8%
Lemon Cream Tart	(1 ea.)	490	21g	7g	30mg	82g	57g	1g	210mg	3g	0%	8%
Biscone	(1 ea.)	220	10g	6g	15mg	24g	15g	0g	180mg	2g	0%	4%
Red Velvet Cream Cheese Centerfuls	(1 ea.)	170	8g	4.5g	10mg	19g	11g	0g	130mg	2g	0%	4%
Filled Cookie	(1 ea.)	410	24g	12g	20mg	45g	26g	1g	310mg	6g	0%	4%
Bakery - Specialty Bakes TS												
Chocolate Dipped Cookie TS	(1 ea.)	250	14g	8g	10mg	29g	22g	0g	190mg	1g	0%	4%
Double Trouble TS	(1 ea.)	770	39g	18g	20mg	95g	81g	0g	420mg	4g	0%	8%

Snickerdoodle Sandwich Cookie TS	(1 ea.)	900	42g	817g	70mg	149g	106g	4g	470mg	7g	0%	20%
Snickerdoodle Filling TS	(1 ea.)	400	18g	808g	15mg	61g	57g	less than 1g	100mg	1g	0%	2%
A Little Bit of Trouble TS	(1 ea.)	260	13g	6g	10mg	37g	28g	0g	140mg	2g	0%	2%
Chocolate Chip Cookie Cup TS	(1 ea.)	320	16g	8g	10mg	39g	33g	0g	190mg	2g	0%	4%
Pistachio Chocolate Chip Cookie Cup TS	(1 ea.)	470	29g	15g	35mg	46g	34g	2g	300mg	6g	60%	8%
Pistachio Cookie Cup TS	(1 ea.)	380	23g	10g	35mg	52g	30g	2g	240mg	5g	2%	10%
Nutella Chocolate Chip Cookie Cup TS	(1 ea.)	180	9g	5g	10mg	20g	15g	0g	170mg	1g	8%	4%
Peanut Butter Cookie Cup TS	(1 ea.)	290	19g	8g	10mg	29g	20g	0g	220mg	4g	0%	2%
Libby's Pumpkin Brownie Cup TS	(1 ea.)	450	20g	7g	25mg	63g	55g	2g	135mg	5g	2%	4%
Apple Crisp Cobbler Cup TS	(1 ea.)	730	30g	14g	70mg	119g	68g	5g	340mg	11g	2%	20%
Turtle Cookie Cup TS	(1 ea.)	260	15g	7g	10mg	25g	19g	less than 1g	180mg	2g	0%	6%
Key Lime Cookie Cup TS	(1 ea.)	420	17g	7g	40mg	70g	50g	less than 1g	250mg	7g	6%	8%
Pecan Pie Cookie Cup TS	(1 ea.)	440	28g	11g	55mg	59g	38g	2g	190mg	4g	0%	10%
German Chocolate Cookie Cup TS	(1 ea.)	410	21g	12g	15mg	56g	40g	less than 1g	330mg	3g	0%	6%
Hazelnut Chocolate Chip Cookie Cup (International) TS	(1 ea.)	580	43g	7g	30mg	52g	24g	6g	190mg	12g	0%	15%
Cheesecake Cookie Cup TS	(1 ea.)	380	18g	128g	40mg	62g	42g	less than 1g	240mg	4g	2%	8%
Cranberry Almond Coconut Macaroons TS	(1 ea.)	460	28g	17g	10mg	49g	40g	5g	85mg	8g	2%	8%
Coconut Macaroons TS	(1 ea.)	470	24g	20g	20mg	58g	53g	5g	90mg	7g	4%	8%
Chocolate Coconut Macaroon TS	(1 ea.)	550	29g	23g	20mg	68g	62g	5g	100mg	8g	4%	8%
German Style Coconut Macaroons TS	(1 ea.)	540	28g	23g	20mg	67g	61g	6g	105mg	8g	4%	10%
Turtle Cookie TS	(1 ea.)	350	24g	9g	10mg	30g	22g	1g	190mg	3g	0%	6%
S'Mores Cookie TS	(1 ea.)	330	17g	7g	30mg	55g	33g	2g	210mg	4g	0%	10%
Pumpkin Spice Cookie TS	(1 ea.)	230	12g	4.5g	30mg	39g	20g	less than 1g	190mg	3g	0%	8%
Iced Sugar Cookie	(1 ea.)	580	27g	11g	60mg	77g	20g	2g	250mg	14g	2%	10%
Almond Iced Sugar Cookie	(1 ea.)	580	27g	11g	60mg	77g	20g	2g	250mg	14g	2%	10%
Lemon Drop Iced Sugar Cookie TS	(1 ea.)	400	12g	4.5g	30mg	81g	57g	less than 1g	190mg	3g	0%	8%
Kit Kat Sugar Cookie (International) TS	(1 ea.)	480	25g	14g	35mg	70g	43g	1g	220mg	6g	0%	10%
Gingerbread Man Cookie TS	(1 ea.)	310	6g	1.5g	10mg	60g	36g	1g	420mg	5g	0%	10%
Gingerbread Cookie TS	(1 ea.)	230	5g	1.5g	10mg	42g	24g	less than 1g	260mg	4g	0%	8%
Florentina Lace TS	(1 ea.)	180	9g	1.5g	0mg	21g	less than 1g	1g	105mg	4g	0%	6%
Krispy Treats TS	(1 ea.)	300	8g	5g	20mg	54g	25g	0g	370mg	3g	0%	0%
Peanut Butter Bomb Shell TS	(1 ea.)	440	23g	17g	20mg	64g	30g	3g	710mg	9g	0%	10%
Whoopie Pie TS	(1 ea.)	580	26g	10g	0mg	98g	76g	0g	460mg	6g	0%	6%
Carrot Cake Squares TS	(1 ea.)	360	13g	307g	10mg	59g	18g	less than 1g	310mg	4g	2%	6%
Holiday Cupcakes TS	(1 ea.)	280	14g	4g	25mg	37g	28g	0g	115mg	2g	0%	2%
Brownie Cupcake TS	(1 ea.)	290	12g	4g	10mg	44g	33g	2g	100mg	3g	0%	0%
Cookies & Cream Cupcake TS	(1 ea.)	180	9g	3g	0mg	27g	21g	0g	90mg	1g	0%	2%
Macaroon Cupcake TS	(1 ea.)	290	15g	306g	5mg	40g	37g	0g	95mg	1g	0%	2%
Cookie on a Stick TS	(1 ea.)	340	17g	8g	10mg	42g	35g	0g	200mg	2g	0%	4%
Smoochies TS	(1 ea.)	100	5g	2g	5mg	13g	9g	0g	60mg	less than 1g	0%	2%
Toll House® Granola TS	(1 ea.)	80	4.5g	2g	0mg	9g	4g	1g	25mg	2g	0%	4%
Cookie Truffles TS	(1 ea.)	240	13g	7g	15mg	26g	20g	0g	125mg	2g	0%	2%
Fruit Cream Cheese Cookie Tart TS	(1 ea.)	440	22g	210g	45mg	68g	48g	less than 1g	270mg	5g	0%	8%
Lemon Cream Tart TS	(1 ea.)	490	21g	8g	30mg	82g	57	1g	230mg	4g	0%	8%
Biscone TS	(1 ea.)	220	10g	6g	15mg	24g	15g	0g	180mg	2g	0%	4%

Red Velvet Cream Cheese Centerfuls TS	(1 ea.)	170	8g	4.5g	10mg	19g	11g	0g	130mg	2g	0%	4%
Filled Cookie TS	(1 ea.)	410	24g	12g	20mg	45g	26g	1g	310mg	6g	0%	4%
BEVERAGES:												
Beverages - Bubbler & Granita												
Lemonade	(12 oz.)	5	0g	0g	0mg	2g	2g	0g	15mg	0g	0%	0%
Lemonade	(20 oz.)	10	0g	0g	0mg	3g	3g	0g	25mg	0g	0%	0%
Mango Lemonade	(12 oz.)	60	0g	0g	0mg	15g	14g	0g	15mg	0g	10%	2%
Mango Lemonade	(20 oz.)	110	0g	1g	0mg	26g	26g	0g	25mg	0g	0%	0%
Strawberry Lemonade	(12 oz.)	60	0g	0g	0mg	14g	14g	0g	15mg	0g	20%	2%
Strawberry Lemonade	(20 oz.)	100	0g	0g	0mg	24g	22g	0g	25mg	0g	30%	2%
Strawberry Peach Lemonade	(12 oz.)	80g	0g	0g	0mg	18g	18g	0g	10mg	0g	10%	0%
Strawberry Peach Lemonade	(20 oz.)	130g	0g	0g	0mg	32g	32g	0g	20mg	0g	20%	2%
Iced Tea	(12 oz.)	0	0g	0g	0mg	0g	0g	0g	15mg	0g	0%	0%
Iced Tea	(20 oz.)	0	0g	0g	0mg	0g	0g	0g	30mg	0g	0%	0%
Sweetened Iced Tea	(12 oz.)	10	0g	0g	0mg	3g	3g	0g	15mg	0g	10%	0%
Sweetened Iced Tea	(20 oz.)	20	0g	0g	0mg	5g	5g	0g	25mg	0g	15%	0%
Iced Vanilla Latte	(12 oz.)	210	9g	0g	0mg	30g	30g	0g	40mg	0g	0%	0%
Iced Vanilla Latte	(20 oz.)	350	15g	0g	0mg	50g	50g	0g	70mg	0g	0%	0%
Iced Vanilla Nut Latte	(12 oz.)	230	9g	0g	0mg	35g	35g	0g	40mg	0g	0%	0%
Iced Vanilla Nut Latte	(20 oz.)	420	15g	0g	0mg	66g	66g	0g	70mg	0g	0%	0%
Fresh Mint Lemonade	(12 oz.)	160	0g	0g	0mg	40g	40g	0g	10mg	0g	0%	0%
Fresh Mint Lemonade	(20 oz.)	260	0g	0g	0mg	68g	68g	0g	20mg	0g	0%	0%
Lemonade - Granita	(12 oz.)	130	0g	0g	0mg	33g	32g	0g	15mg	0g	0%	0%
Lemonade - Granita	(20 oz.)	230	0g	0g	0mg	58g	58g	0g	30mg	0g	0%	0%
Strawberry Lemonade - Granita	(12 oz.)	140	0g	0g	0mg	35g	33g	0g	15mg	0g	15%	2%
Strawberry Lemonade - Granita	(20 oz.)	220	0g	0g	0mg	57g	54g	0g	25mg	0g	25%	2%
Mango Lemonade - Granita	(12 oz.)	140	0g	0g	0mg	36g	35g	0g	15mg	0g	0%	0%
Mango Lemonade - Granita	(20 oz.)	230	0g	1g	0mg	58g	57g	0g	25mg	0g	0%	0%
Strawberry Peach Lemonade - Granita	(12 oz.)	150	0g	0g	0mg	39g	37g	0g	15mg	0g	10%	0%
Strawberry Peach Lemonade - Granita	(20 oz.)	210	0g	0g	0mg	54g	52g	0g	25mg	0g	15%	2%
Blackberry Mango Lemonade - Granita	(12 oz.)	150	0g	0g	0mg	38g	36g	less than 1g	15mg	0g	2%	2%
Blackberry Mango Lemonade - Granita	(20 oz.)	240	0g	0g	0mg	61g	59g	less than 1g	25mg	0g	2%	2%
Beverages - Hot Coffee												
Cappuccino	(12 oz)	90	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Cappuccino	(16 oz)	110	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Latte	(12 oz)	100	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Latte	(16 oz)	130	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Caramel Latte	(12 oz)	130	0g	0g	0mg	10g	9g	0g	0mg	0g	0%	0%
Caramel Latte	(16 oz)	190	0g	0g	0mg	14g	13g	0g	0mg	0g	0%	0%
Mocha	(12 oz)	180	1.5g	1.5g	0mg	2g	2g	0g	0mg	0g	0%	0%
Mocha	(16 oz)	200	1.5g	1.5g	0mg	2g	2g	0g	0mg	0g	0%	0%
Hot Chocolate	(12 oz)	190	1.5g	1.5g	0mg	2g	2g	0g	0mg	0g	0%	0%
Hot Chocolate	(16 oz)	250	1.5g	1.5g	0mg	2g	2g	0g	0mg	0g	0%	0%
Espresso Single	(12 oz)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%

Espresso Double	(16 oz)	10	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
100% Arabica Coffee	(12 oz)	5	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
100% Arabica Coffee	(16 oz)	10	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Vanilla Latte	(12 oz)	140	0g	0g	0mg	11g	11g	0g	0mg	0g	0%	0%
Vanilla Latte	(16 oz)	190	0g	0g	0mg	17g	17g	0g	0mg	0g	0%	0%
Chai Latte	(12 oz)	150	0g	0g	0mg	10g	10g	0g	0mg	0g	0%	0%
Chai Latte	(16 oz)	190	0g	0g	0mg	14g	13g	0g	0mg	0g	0%	0%
White Mocha	(12 oz)	160	4g	3g	10mg	24g	23g	0g	45mg	3g	0%	0%
White Mocha	(16 oz)	290	7g	5g	20mg	46g	45g	0g	90mg	6g	0%	0%
Hazelnut Fudge Cappuccino	(12 oz)	450	7g	6g	0mg	66g	54g	less than 1g	50mg	0g	0%	2%
Hazelnut Fudge Cappuccino	(16 oz)	320	4g	1g	0mg	41g	33g	1g	60mg	2g	0%	4%
Pumpkin Spice Latte	(12 oz)	160	0g	0g	0mg	11g	11g	0g	0mg	0g	0%	0%
Pumpkin Spice Latte	(16 oz)	190	0g	0g	0mg	14g	14g	0g	0mg	0g	0%	0%
Pumpkin Spice Latter (International)	(12 oz)	290	3g	1.5g	0mg	62g	53g	less than 1g	90mg	2g	0%	2%
Chocolate Fudge	(12 oz)	120	0g	0g	0mg	18g	18g	0g	0mg	0g	0%	0%
Chocolate Fudge	(16 oz)	200	0g	0g	0mg	18g	18g	0g	0mg	0g	0%	0%
Salted Caramel	(12 oz)	120	0g	0g	0mg	18g	18g	0g	0mg	0g	0%	0%
Salted Caramel	(16 oz)	200	0g	0g	0mg	18g	18g	0g	0mg	0g	0%	0%
Gingerbread	(12 oz)	160	0g	0g	0mg	17g	17g	0g	0mg	0g	0%	0%
Gingerbread	(16 oz)	190	0g	0g	0mg	17g	17g	0g	0mg	0g	0%	0%
Pumpkin Pie	(12 oz)	160	0g	0g	0mg	17g	17g	0g	0mg	0g	0%	0%
Pumpkin Pie	(16 oz)	190	0g	0g	0mg	17g	17g	0g	0mg	0g	0%	0%
Cinnamon Bun	(12 oz)	170	0g	0g	0mg	18g	18g	0g	0mg	0g	0%	0%
Cinnamon Bun	(16 oz)	200	0g	0g	0mg	18g	18g	0g	0mg	0g	0%	0%
Oatmeal Scotchie	(12 oz)	190	0g	0g	0mg	24g	24g	0g	0mg	0g	0%	0%
Oatmeal Scotchie	(16 oz)	220	0g	0g	0mg	24g	24g	0g	0mg	0g	0%	0%
Cinnamon Maple	(12 oz)	220	0g	0g	0mg	31g	31g	0g	5mg	0g	0%	2%
Cinnamon Maple	(16 oz)	220	0g	0g	0mg	24g	24g	0g	0mg	0g	0%	0%
Birthday Cake	(12 oz)	230	0g	0g	0mg	29g	29g	0g	0mg	0g	0%	0%
Birthday Cake	(16 oz)	220	0g	0g	0mg	24g	24g	0g	0mg	0g	0%	0%
Peanut Butter Cookie	(12 oz)	190	0g	0g	0mg	24g	24g	0g	0mg	0g	0%	0%
Peanut Butter Cookie	(16 oz)	230	0g	0g	0mg	25g	24g	0g	0mg	0g	0%	0%
White Chocolate Lavender	(12 oz)	190	0g	0g	0mg	24g	24g	0g	0mg	0g	0%	0%
White Chocolate Lavender	(16 oz)	220	0g	0g	0mg	24g	24g	0g	0mg	0g	0%	0%
Apple Pie	(12 oz)	190	0g	0g	0mg	24g	23g	0g	0mg	0g	0%	0%
Apple Pie	(16 oz)	220	0g	0g	0mg	24g	23g	0g	0mg	0g	0%	0%
Strawberry Shortcake	(12 oz)	190	0g	0g	0mg	24g	23g	0g	0mg	0g	0%	0%
Strawberry Shortcake	(16 oz)	220	0g	0g	0mg	24g	23g	0g	0mg	0g	0%	0%
S'mores	(12 oz)	190	0g	0g	0mg	24g	24g	0g	0mg	0g	0%	0%
S'mores	(16 oz)	220	0g	0g	0mg	24g	24g	0g	0mg	0g	0%	0%
Beverages - Iced Coffee												
Iced Latte	(12 oz)	70	3.5g	2g	10mg	5g	5g	0g	50mg	4g	0%	0%
Iced Latte	(16 oz)	150	7g	4g	25mg	11g	11g	0g	95mg	7g	0%	0%
Iced Mocha	(12 oz.)	150	4g	2.5g	10mg	24g	19g	less than 1g	70mg	4g	0%	4%
Iced Mocha	(16 oz)	260	8g	4.5g	25mg	39g	32g	1g	130mg	8g	0%	6%

Iced Coffee	(12 oz.)	10	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Iced Coffee	(16 oz)	10	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Iced Flavored Latte	(12 oz.)	150	6g	3g	15mg	20g	20g	0g	75mg	5g	0%	0%
Iced Flavored Latte	(16 oz)	210	7g	4g	25mg	28g	28g	0g	95mg	7g	0%	0%
Iced White Mocha	(12 oz.)	380	10g	6g	30mg	60g	56g	less than 1g	170mg	10g	0%	4%
Iced White Mocha	(16 oz)	630	21g	13g	65mg	91g	78g	less than 1g	280mg	16g	0%	4%
Chocolate Fudge	(12 oz)	170	2.5g	1.5g	10mg	30g	30g	0g	55mg	4g	0%	0%
Chocolate Fudge	(16 oz)	230	5g	3g	20mg	36g	36g	0g	115mg	8g	2%	0%
Salted Caramel	(12 oz.)	170	2.5g	1.5g	10mg	30g	30g	0g	55mg	4g	0%	0%
Salted Caramel	(16 oz)	230	5g	3g	20mg	36g	36g	0g	115mg	8g	2%	0%
Gingerbread	(12 oz.)	160	2.5g	1.5g	10mg	29g	29g	0g	55mg	4g	0%	0%
Gingerbread	(16 oz)	220	5g	3g	20mg	35g	35g	0g	115mg	8g	2%	0%
Pumpkin Pie	(12 oz.)	160	2.5g	1.5g	10mg	29g	28g	0g	55mg	4g	0%	0%
Pumpkin Pie	(16 oz)	230	5g	3g	20mg	35g	35g	0g	115mg	8g	2%	0%
Cinnamon Bun	(12 oz.)	170	2.5g	1.5g	10mg	30g	30g	0g	55mg	4g	0%	0%
Cinnamon Bun	(16 oz)	230	5g	3g	20mg	36g	36g	0g	115mg	8g	2%	0%
Oatmeal Scotchie	(12 oz)	160	2.5g	1.5g	10mg	29g	29g	0g	55mg	4g	0%	0%
Oatmeal Scotchie	(16 oz)	230	5g	3g	20mg	35g	35g	0g	115mg	8g	2%	0%
Cinnamon Maple	(12 oz.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Cinnamon Maple	(16 oz)	230	5g	3g	20mg	35g	35g	0g	115mg	8g	2%	0%
Birthday Cake	(12 oz.)	160	2.5g	1.5g	10mg	30g	30g	0g	55mg	4g	0%	0%
Birthday Cake	(16 oz)	230	5g	3g	20mg	36g	36g	0g	115mg	8g	2%	0%
Peanut Butter Cookie	(12 oz.)	160	2.5g	1.5g	10mg	30g	30g	0g	55mg	4g	0%	0%
Peanut Butter Cookie	(16 oz)	230	5g	3g	20mg	36g	36g	0g	115mg	8g	2%	0%
White Chocolate Lavender	(12 oz.)	160	2.5g	1.5g	10mg	30g	30g	0g	55mg	4g	0%	0%
White Chocolate Lavender	(16 oz)	230	5g	3g	20mg	36g	36g	0g	115mg	8g	2%	0%
Apple Pie	(12 oz.)	160	2.5g	1.5g	10mg	29g	29g	0g	55mg	4g	0%	0%
Apple Pie	(16 oz)	230	5g	3g	20mg	35g	35g	0g	115mg	8g	2%	0%
Strawberry Shortcake	(12 oz.)	160	2.5g	1.5g	10mg	29g	29g	0g	55mg	4g	0%	0%
Strawberry Shortcake	(16 oz)	230	5g	3g	20mg	35g	35g	0g	115mg	8g	2%	0%
S'mores	(12 oz.)	200	2.5g	1.5g	10mg	39g	37g	0g	70mg	4g	0%	2%
S'mores	(16 oz)	260	5g	3g	20mg	45g	43g	0g	125mg	8g	2%	2%
Beverages - Mocha Frappe'												
Butterfinger®	(12 oz.)	360	15g	9g	30mg	53g	41g	2g	210mg	7g	0%	6%
Butterfinger®	(20 oz.)	550	21g	12g	35mg	84g	62g	3g	290mg	10g	0%	8%
Turtle Mocha	(12 oz.)	380	22g	12g	95mg	35g	29g	less than 1g	130mg	8g	0%	2%
Turtle Mocha	(20 oz.)	430	25g	13g	105mg	39g	33g	less than 1g	170mg	10g	0%	2%
Toll House® Chocolate Chip Cookie	(12 oz.)	560	27g	16g	80mg	70g	52g	less than 1g	300mg	9g	0%	8%
Toll House® Chocolate Chip Cookie	(20 oz.)	620	31g	19g	90mg	72g	53g	0g	370mg	11g	0%	6%
Mocha Frappe	(12 oz.)	320	14g	10g	30mg	40g	27g	less than 1g	80mg	5g	0%	0%
Mocha Frappe	(20 oz.)	360	16g	11g	35mg	43g	29g	less than 1g	105mg	7g	0%	0%
Chocolate Fudge	(12 oz.)	450	19g	12g	70mg	63g	57g	0g	55mg	4g	0%	0%
Chocolate Fudge	(20 oz.)	510	24g	15g	90mg	65g	59g	0g	75mg	5g	0%	0%
Salted Caramel	(12 oz.)	380	18g	12g	70mg	46g	43g	0g	45mg	3g	0%	0%
Salted Caramel	(20 oz.)	440	23g	15g	90mg	48g	44g	0g	65mg	4g	0%	0%

Gingerbread	(12 oz.)	370	18g	12g	70mg	45g	41g	0g	45mg	3g	0%	0%
Gingerbread	(20 oz.)	420	23g	15g	90mg	47g	43g	0g	65mg	4g	0%	0%
Pumpkin Pie	(12 oz.)	370	18g	12g	70mg	45g	40g	0g	45mg	3g	0%	0%
Pumpkin Pie	(20 oz.)	420	23g	15g	90mg	47g	41g	0g	65mg	4g	0%	0%
Cinnamon Bun	(12 oz.)	380	18g	12g	70mg	46g	43g	0g	45mg	3g	0%	0%
Cinnamon Bun	(20 oz.)	440	23g	15g	90mg	48g	44g	0g	65mg	4g	0%	0%
Oatmeal Scotchie	(12 oz.)	370	18g	12g	70mg	46g	42g	0g	45mg	3g	0%	0%
Oatmeal Scotchie	(20 oz.)	430	23g	15g	90mg	48g	44g	0g	65mg	4g	0%	0%
Cinnamon Maple	(12 oz.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Cinnamon Maple	(20 oz.)	430	23g	15g	90mg	48g	44g	0g	65mg	4g	0%	0%
Birthday Cake	(12 oz.)	400	18g	12g	70mg	52g	49g	0g	45mg	3g	0%	0%
Birthday Cake	(20 oz.)	560	28g	19g	100mg	67g	44g	0g	85mg	6g	0%	0%
Peanut Butter Cookie	(12 oz.)	370	18g	12g	70mg	46g	43g	0g	45mg	3g	0%	0%
Peanut Butter Cookie	(20 oz.)	440	23g	15g	90mg	49g	44g	0g	65mg	4g	0%	0%
White Chocolate Lavender	(12 oz.)	370	18g	12g	70mg	46g	43g	0g	45mg	3g	0%	0%
White Chocolate Lavender	(20 oz.)	430	23g	15g	90mg	48g	44g	0g	65mg	4g	0%	0%
Apple Pie	(12 oz.)	430	23g	15g	90mg	48g	43g	0g	65mg	4g	0%	0%
Apple Pie	(20 oz.)	430	23g	15g	90mg	48g	43g	0g	65mg	4g	0%	0%
Strawberry Shortcake	(12 oz.)	370	18g	12g	70mg	46g	41g	0g	45mg	3g	0%	0%
Strawberry Shortcake	(20 oz.)	430	23g	15g	90mg	48g	43g	0g	65mg	4g	0%	0%
S'mores	(12 oz.)	500	24g	14g	85mg	68g	55g	less than 1g	140mg	5g	0%	4%
S'mores	(20 oz.)	560	29g	17g	105mg	70g	57g	less than 1g	160mg	6g	0%	6%
Coffee Mix	(12 oz.)	350	29g	18g	105mg	11g	10g	0g	110mg	8g	2%	0%
Coffee Mix	(20 oz.)	580	49g	30g	175mg	19g	16g	0g	180mg	13g	2%	2%
Beverages - Smoothies												
Strawberry Banana	(12 oz.)	140	0g	0g	0mg	34g	23g	4g	0mg	2g	140%	4%
Strawberry Banana	(20 oz.)	160	0g	0g	0mg	38g	26g	4g	0mg	2g	200%	4%
Strawberry	(12 oz.)	90	0g	0g	0mg	20g	17g	2g	0mg	1g	190%	2%
Strawberry	(20 oz.)	100	0g	0g	0mg	24g	20g	3g	0mg	2g	250%	4%
Banana Berry Coconut	(12 oz.)	280	16g	14g	5mg	33g	21g	5g	35mg	5g	140%	8%
Banana Berry Coconut	(20 oz.)	380	25g	21g	10mg	36g	21g	5g	50mg	7g	140%	10%
Mango Banana	(12 oz.)	480	22g	19g	less than 5mg	71g	57g	3g	30mg	5g	45%	10%
Mango Banana	(20 oz.)	510	23g	20g	10mg	74g	60g	3g	60mg	7g	45%	10%
Pineapple Peach	(12 oz.)	260	0g	0g	0mg	64g	62g	less than 1g	0mg	0g	15%	2%
Pineapple Peach	(20 oz.)	350	0g	0g	0mg	87g	84g	less than 1g	0mg	0g	20%	2%
Tropical Mixed Berry	(12 oz.)	280	22g	19g	less than 5mg	18g	11g	4g	30mg	5g	70%	10%
Tropical Mixed Berry	(20 oz.)	320	25g	21g	10mg	21g	14g	4g	55mg	7g	70%	10%
Mango Berry	(12 oz.)	160	0g	0g	0mg	39g	36g	2g	0mg	less than 1g	140%	2%
Mango Berry	(20 oz.)	340	0g	0g	0mg	85g	80g	2g	0mg	less than 1g	170%	2%
Strawberry Colada	(12 oz.)	300	23g	20g	5mg	24g	18g	3g	30mg	5g	70%	10%
Strawberry Colada	(20 oz.)	350	23g	20g	10mg	31g	24g	3g	60mg	7g	130%	10%
Blueberry Banana	(12 oz.)	150	1g	0g	0mg	39g	27g	5g	0mg	2g	15%	4%
Blueberry Banana	(20 oz.)	210	1.5g	0g	0mg	53g	40g	7g	5mg	2g	20%	4%
Berry Peach	(12 oz.)	170	0g	0g	0mg	41g	37g	2g	0mg	less than 1g	70%	2%

Berry Peach	(20 oz.)	280	0g	0g	0mg	67g	62g	3g	0mg	1g	140%	2%
ICE CREAM:												
Chocolate Dipped Waffle Cone	(1 ea.)	130	3.5g	1.5g	0mg	21g	5g	4g	90mg	4g	0%	6%
Peanut Dipped Waffle Cone	(1 ea.)	210	10g	2.5g	0mg	24g	6g	5g	90mg	8g	0%	8%
Sprinkle Dipped Waffle Cone	(1 ea.)	160	5g	2.5g	less than 5mg	26g	5g	4g	90mg	5g	0%	6%
Grand Vanilla	(4 oz.)	140	7g	4g	25mg	16g	13g	0g	35mg	2g	0%	0%
Grand Chocolate	(4 oz.)	140	7g	4g	25mg	17g	15g	1g	35mg	3g	0%	0%
Real Strawberry	(4 oz.)	120	5g	3.5g	20mg	16g	14g	0g	30mg	2g	6%	0%
Mint Chocolate Chip	(4 oz.)	150	8g	6g	20mg	18g	16g	0g	35mg	2g	0%	0%
Cookie Dough	(4 oz.)	160	8g	4.5g	20mg	21g	16g	0g	45mg	2g	0%	0%
Cookies N' Cream	(4 oz.)	150	7g	4g	20mg	19g	15g	0g	60mg	2g	0%	0%
Double Fudge	(4 oz.)	160	7g	4g	20mg	21g	16g	0g	40mg	3g	0%	0%
French Vanilla	(4 oz.)	140	7g	4g	50mg	17g	13g	0g	35mg	2g	0%	0%
Mud Pie	(4 oz.)	150	4g	4g	20mg	20g	15g	0g	60mg	2g	0%	0%
Neapolitan	(4 oz.)	130	6g	4g	20mg	16g	14g	0g	35mg	2g	0%	0%
Butterfinger	(4 oz.)	170	9g	4.5g	20mg	20g	16g	0g	70mg	3g	0%	0%
Mint Brownie	(4 oz.)	160	8g	4g	25mg	19g	16g	0g	40mg	2g	0%	0%
S'Mores	(4 oz.)	170	8g	4.5g	20mg	22g	17g	0g	50mg	2g	0%	0%
Butter Pecan	(4 oz.)	160	9g	4g	20mg	16g	13g	1g	100mg	2g	0%	0%
Mocha Almond Fudge	(4 oz.)	160	8g	4g	20mg	18g	14g	1g	35mg	3g	0%	0%
Rocky Road	(4 oz.)	160	8g	4g	20mg	19g	14g	1g	35mg	3g	0%	0%
Chocolate Chip	(4 oz.)	150	8g	6g	20mg	18g	16g	0g	35mg	2g	0%	0%
Chocolate Peanut Butter Cup	(4 oz.)	180	10g	5g	20mg	20g	15g	1g	65mg	3g	0%	0%
Coffee	(4 oz.)	140	7g	4g	25mg	16g	13g	0g	35mg	2g	0%	0%
Spumoni	(4 oz.)	140	7g	4g	20mg	17g	14g	0g	40mg	2g	0%	0%
Vanilla Chocolate	(4 oz.)	140	7g	4g	25mg	17g	14g	0g	35mg	2g	0%	0%
Vanilla Bean	(4 oz.)	140	7g	4g	25mg	16g	13g	0g	35mg	2g	0%	0%
Caramel Delight	(4 oz.)	150	6g	4g	20mg	21g	18g	0g	50mg	2g	0%	0%
Espresso Chip	(4 oz.)	120	5g	4g	10mg	18g	14g	0g	70mg	1g	0%	0%
New York Cheesecake	(4 oz.)	160	9g	4.5g	25mg	17g	14g	0g	65mg	2g	0%	0%
Berry Rainbow Sherbert	(4 oz.)	130	2g	0g	5mg	29g	22g	0g	35mg	1g	20%	0%
Orange Cream Sherbert	(4 oz.)	120	2g	1g	10mg	23g	19g	0g	40mg	2g	20%	0%
Tropical Rainbow Sherbert	(4 oz.)	130	1g	0.5g	0mg	29g	24g	0g	35mg	0g	20%	0%
Ice Cream - Novelties												
Vanilla Waffle Cone Mix	(1 ea.)	90	1g	0g	0mg	17g	2g	4g	75mg	4g	0%	6%
Ice Cream Cookie Cups	(1 ea.)	550	30g	18g	125mg	54g	48g	0g	330mg	10g	0%	4%
Mini Ice Cream Sandwich Dippers	(1 ea.)	810	44g	25g	95mg	103g	74g	0g	460mg	9g	0%	6%
Mini Ice Cream Sandwich	(1 ea.)	200	11g	6g	40mg	25g	18g	0g	150mg	3g	0%	2%
Ice Cream Sandwich	(1 ea.)	690	37g	20g	135mg	71g	61g	0g	490mg	11g	0%	8%
Ice Cream - Shakes, Malts, & Floats												
Vanilla Shake	(12 oz.)	620	35g	23g	130mg	65g	55g	0g	180mg	11g	0%	0%
Vanilla Shake	(20 oz.)	900	50g	32g	180mg	95g	82g	0g	280mg	18g	0%	0%
Chocolate Shake	(12 oz.)	770	38g	23g	130mg	90g	76g	4g	200mg	16g	0%	20%
Chocolate Shake	(20 oz.)	1090	155g	32g	180mg	124g	106g	5g	300mg	23g	0%	25%

Death by Chocolate Shake	(1 ea.)	920	47g	28g	135mg	108g	92g	4g	210mg	18g	0%	20%
Strawberry Shake	(12 oz.)	670	28g	19g	115mg	88g	78g	0g	170mg	12g	20%	0%
Strawberry Shake	(20 oz.)	930	140g	27g	155mg	120g	107g	0g	260mg	18g	30%	0%
Upside Down Milkshake	(12 oz.)	870	45g	27g	125mg	102g	73g	2g	370mg	14g	0%	15%
Upside Down Milkshake	(20 oz.)	1050	55g	33g	155mg	121g	90g	3g	440mg	19g	0%	20%
Vanilla Malt	(12 oz.)	670	34g	21g	120mg	76g	63g	0g	260mg	14g	2%	2%
Vanilla Malt	(20 oz.)	940	49g	31g	170mg	106g	90g	0g	360mg	20g	2%	2%
Chocolate Malt	(12 oz.)	770	37g	21g	120mg	94g	79g	4g	240mg	17g	2%	20%
Chocolate Malt	(20 oz.)	1170	57g	33g	185mg	138g	116g	5g	380mg	26g	2%	25%
Strawberry Malt	(12 oz.)	710	27g	18g	105mg	99g	85g	0g	250mg	14g	20%	2%
Strawberry Malt	(20 oz.)	1010	41g	28g	160mg	134g	116g	0g	340mg	21g	35%	2%
Ice Cream Float	(12 oz.)	390	19g	10g	115mg	48g	48g	0g	180mg	9g	0%	0%
Ice Cream Float	(20 oz.)	760	38g	21g	225mg	89g	89g	0g	350mg	17g	0%	2%
Ice Cream - Sundaes, Banana Splits, & Cookie Creamers												
Original Chocolate Chip Cookie Sundae	(1 ea.)	830	42g	23g	115mg	106g	82g	3g	310mg	11g	0%	15%
Banana Fudge Sundae	(1 ea.)	740	28g	18g	110mg	115g	78g	5g	190mg	10g	15%	8%
Brownie Fudge Sundae	(1 ea.)	1010	49g	24g	140mg	134g	103g	5g	350mg	11g	0%	6%
Hot Fudge Sundae	(1 ea.)	610	36g	20g	200mg	56g	52g	0g	240mg	14g	0%	2%
Caramel Sundae	(1 ea.)	540	25g	16g	95mg	69g	53g	1g	170mg	6g	0%	2%
Butterfinger® Hot Fudge Sundae	(1 ea.)	720	33g	21g	120mg	94g	66g	1g	220mg	10g	0%	4%
Butter Pecan Sundae	(1 ea.)	870	45g	21g	120mg	100g	71g	5g	400mg	10g	10%	2%
Ice Cream Crunch	(1 ea.)	680	37g	26g	75mg	72g	55g	0g	260mg	6g	0%	4%
Banana Split	(1 ea.)	960	44g	26g	150mg	125g	104g	3g	230mg	14g	10%	10%
Hot Fudge Banana Split	(1 ea.)	1050	52g	30g	170mg	130g	85g	3g	360mg	15g	10%	4%
Upright Banana Split	(1 ea.)	840	44g	24g	130mg	102g	89g	3g	180mg	15g	10%	10%
Black Forest Sundae Bliss	(1 ea.)	980	48g	23g	130mg	127g	99g	4g	360mg	9g	0%	4%
Apple Cobbler Sundae Bliss	(1 ea.)	940	60g	21g	100mg	92g	57g	4g	500mg	15g	2%	15%
Banoffee Sundae Bliss	(1 ea.)	730	41g	22g	210mg	76g	67g	2g	280mg	14g	6%	2%
Dished-Up Pina Colada	(1 ea.)	730	41g	31g	105mg	82g	69g	4g	140mg	9g	10%	8%
Mocha Almond Cookie Creamer	(1 ea.)	820	46g	27g	140mg	91g	71g	less than 1g	330mg	11g	0%	6%
Apple Pie Cookie Creamer	(1 ea.)	1060	68g	26g	145mg	108g	68g	4g	270mg	14g	4%	15%
Butterfinger® Cookie Creamer	(1 ea.)	760	40g	23g	105mg	91g	66g	1g	330mg	10g	6%	4%
Choco-Roon Cookie Creamer	(1 ea.)	1180	58g	41g	140mg	148g	127g	7g	200mg	17g	4%	20%
Very Berry Cookie Creamer	(1 ea.)	910	51g	30g	205mg	102g	60g	9g	360mg	18g	0%	4%
Peanut Butter Walk - Away Sundae	(1 ea.)	760	49g	19g	45mg	67g	39g	6g	300mg	15g	0%	10%
Crispy Milk Chocolate Walk - Away Sundae	(1 ea.)	420	18g	11g	60mg	57g	36g	5g	160mg	9g	0%	10%
Chocolate Cherry Delight Walk - Away Sundae	(1 ea.)	840	34g	20g	70mg	134g	90g	5g	360mg	12g	0%	15%
Chocolate Chip Cookie Walk - Away Sundae	(1 ea.)	750	28g	17g	60mg	116g	74g	6g	350mg	10g	0%	15%
Confetti Walk - Away Sundae	(1 ea.)	610	24g	17g	60mg	104g	82g	4g	140mg	8g	0%	6%
Vanilla Waffle Cone Mix	(1 ea.)	90	1g	0g	0mg	17g	2g	4g	75mg	4g	0%	6%
MELTED OR DIPPED TOPPINGS/DESSERTS												
Chocolate Dipped Strawberries	(1 ea.)	80	5g	3g	0mg	10g	8g	less than 1g	25mg	less than 1g	0%	2%
Chocolate Dipped Marshmallows	(1 ea.)	140	3g	2g	0mg	27g	21g	0g	25mg	1g	0%	0%
SAVORY												

Bowls												
Asian Chicken & Broccoli Bowl	(1 ea.)	280	9g	0g	45mg	254g	13g	14g	2960mg	49g	90%	20%
Mongolian Veggie Bowl	(1 ea.)	280	13g	2.5g	5mg	263g	17g	13g	3100mg	30g	80%	15%
Thai Chicken Bowl	(1 ea.)	510	32g	6g	45mg	259g	14g	15g	960mg	53g	15%	25%
Southwest Veggie Bowl	(1 ea.)	980	41g	16g	90mg	348g	27g	30g	2620mg	63g	190%	20%
Cheddar Chicken & Broccoli Bowl	(1 ea.)	670	49g	17g	135mg	249g	9g	11g	1460mg	65g	80%	10%
Black Beans & Rice Bowl	(1 ea.)	410	34g	15g	90mg	238g	2g	11g	1420mg	43g	0%	2%
Chicken Florentine Bowl	(1 ea.)	510	195g	9g	80mg	248g	4g	12g	1510mg	53g	120%	15%
Mesquite BBQ Bowl	(1 ea.)	700	37g	15g	135mg	282g	24g	15g	2020mg	69g	8%	20%
Wild Buffalo Bowl	(1 ea.)	1020	42g	16g	135mg	335g	15g	28g	3670mg	82g	4%	25%
Crepes												
Bruschetta	(1 ea.)	240	19	7	30	7	3	1	640	15	25%	6%
Classic Turkey	(1 ea.)	980	49	18	285	88	19	5	2410	52	70%	35%
Pesto Chicken	(1 ea.)	310	21	7	30	16	8	2	2480	18	70%	6%
Cheesey Cheese	(1 ea.)	300	24	14	70	2	0	0	730	21	0	0
Chicken Chipotle	(1 ea.)	360	27	11	85	4	2	0	1050	23	10%	6%
The King	(1 ea.)	530	32	11	0	60	40	5	150	9	10%	4%
Nutty	(1 ea.)	540	35	3.5	0	53	36	7	50	13	2%	15%
Nunana	(1 ea.)	530	22	21	0	78	63	6	30	5	10%	20%
Cloud Nine	(1 ea.)	240	8	5	> 5	46	36	4	0	2	60%	2%
Chocolate Dipped Strawberry	(1 ea.)	210	8	5	> 5	39	35	2	0	1	20%	2%
The Champ	(1 ea.)	420	33	15	105	8	0	1	950	24	15%	10%
The Gardener	(1 ea.)	230	15	7	105	11	3	4	640	19	25%	10%
Flatbread,Quesadilla, Wrap & Panini												
Chicken Ceasar Wrap	(1 ea.)	220	7	2	40	20	6	2	860	21	10%	10%
Chicken Piazza Wrap	(1 ea.)	310	49	6	55	19	3	2	800	29	25%	10%
Chipotle Chicken Wrap	(1 ea.)	220	8	1	30	20	6	2	590	17	8%	10%
Greek Salad Wrap	(1 ea.)	240	12	4	15	21	5	2	1060	13	25%	8%
Turkey Pesto Wrap	(1 ea.)	240	22	4.5	30	18	3	3	1130	20	60%	10%
Buffalo Chicken Panini	(1 ea.)	400	26	9	80	18	3	2	1270	28	30%	10%
Chicken Pesto Panini	(1 ea.)	310	49	6	55	17	2	1	790	29	15%	10%
Tomato Basil Panini	(1 ea.)	230	12	6	25	22	4	5	620	17	4%	40%
Tuscan Panini	(1 ea.)	320	50	6	55	20	3	2	830	30	20%	15%
Veggia Mozzarella Panini	(1 ea.)	300	18	6	25	23	7	2	740	16	20%	8%
BBQ Chicken Grilled Flatbread	(1 ea.)	290	2.5	0	35	37	18	2	1370	29	2%	15%
Margherita Grilled Flatbread	(1 ea.)	220	11	5	25	19	4	3	540	16	20%	10%
Mediterranean Grilled Flatbread	(1 ea.)	300	99	8	45	19	4	2	890	9	35%	8%
Pesto Chicken Grilled Flatbread	(1 ea.)	370	99	7	60	20	3	2	880	29	45%	10%
Veggie Grilled Flatbread	(1 ea.)	270	16	8	40	19	5	3	800	14	4%	10%
BBQ Chicken Quesadilla	(1 ea.)	350	16	8	70	25	9	2	1180	26	2%	10%
Buffalo Chicken Quesadilla	(1 ea.)	370	21	8	80	19	3	2	1640	28	2%	10%
Cheese Quesadilla	(1 ea.)	370	24	13	70	21	3	1	1250	26	0%	6%

Fiesta Salad	(1 ea.)	550	11g	1g	45mg	84g	9g	10g	990mg	27g	50%	25%
Chicken Caesar Salad	(1 ea.)	490	28g	7g	75mg	29g	4g	7g	1370mg	34g	10%	20%
Caesar Salad	(1 ea.)	390	25g	7g	30mg	28g	6g	5g	970mg	14g	60%	10%
Mozzarella Salad	(1 ea.)	520	31g	14g	55mg	38g	10g	10g	1000mg	34g	50%	35%
Island Grilled Chicken Salad	(1 ea.)	380	19g	2.5g	45mg	32g	4g	15g	510mg	26g	40%	25%
Siesta Salad	(1 ea.)	470	26g	3.5g	0mg	54g	17g	16g	510mg	8g	290%	15%
Napa Valley Salad	(1 ea.)	1100	46g	8g	25mg	185g	141g	18g	660mg	27g	150%	35%
Paradise Crunch Salad	(1 ea.)	510	17g	4g	0mg	84g	49g	17g	350mg	12g	90%	25%
Apple Walnut Salad	(1 ea.)	480	22g	10g	35mg	59g	36g	11g	1050mg	12g	20%	4%
Hawaiian Salad	(1 ea.)	450	23g	8g	60mg	43g	20g	8g	890mg	23g	15%	15%
Santa Fe' Salad	(1 ea.)	490	31g	15g	90mg	33g	7g	8g	1530mg	25g	10%	10%
Santa Fe' Salad 2	(1 ea.)	900	50g	23g	250mg	104g	8g	11g	2640mg	48g	45%	30%
Greek Salad	(1 ea.)	350	19g	7g	15mg	35g	10g	8g	1130mg	14g	50%	15%
Thai Spinach Salad	(1 ea.)	410	18g	4g	45mg	35g	10g	7g	760mg	30g	10%	20%
Tomato & Cucumber Salad	(1 ea.)	310	17g	6g	15mg	31g	8g	8g	1010mg	13g	25%	15%
Garden Salad	(1 ea.)	230	9g	1g	0mg	34g	10g	9g	430mg	6g	25%	15%
Spinach Salad	(1 ea.)	410	22g	5g	240mg	30g	11g	5g	1100mg	22g	6%	8%
Chef Salad	(1 ea.)	370	15g	3g	25mg	47g	21g	9g	900mg	13g	120%	20%
House Salad	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Pasta Salad	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Rocket Salad	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Fruit Cup	(1 ea.)	0	0g	0g	0mg	0g	0g	0g	0mg	0g	0%	0%
Sandwich												
Grilled Halloumi Sandwich	(1 ea.)	400	27g	2.5g	less than 5mg	26g	11g	4g	1560mg	18g	20%	15%
Zaatar Halloumi Sandwich	(1 ea.)	520	34g	4g	10mg	37g	5g	3g	1280mg	18g	40%	10%
3 Cheese Panini Sandwich	(1 ea.)	190	13g	5g	20mg	11g	8g	less than 1g	370mg	8g	0%	4%
Caprise Panini Sandwich	(1 ea.)	620	28g	11g	30mg	71g	14g	5g	1630mg	29g	10%	25%
Roast Beef Club Sandwich	(1 ea.)	840	33g	15g	265mg	92g	15g	4g	2070mg	42g	0%	40%
Roast Beef Sandwich	(1 ea.)	790	42g	23g	120mg	56g	19g	1g	3530mg	44g	40%	10%
Smoked Turkey Sandwich	(1 ea.)	720	9g	3.5g	20mg	127g	15g	4g	1890mg	28g	4%	45%
Turkey Delight Sandwich	(1 ea.)	760	9g	2.5g	25mg	133g	21g	5g	2020mg	34g	10%	50%
Brown Grilled Halloumi Sandwich	(1 ea.)	960	34g	2g	5mg	129g	15g	8g	2710mg	36g	20%	60%
Chicken Bacon Club Sandwich	(1 ea.)	1050	45g	16g	325mg	89g	8g	0g	1780mg	62g	15%	45%
Turkey Beef Club Sandwich	(1 ea.)	750	18g	7g	85mg	93g	9g	less than 1g	2580mg	49g	15%	45%
Beef Fajita Sandwich	(1 ea.)	980	31g	12g	125mg	116g	7g	4g	2090mg	54g	8%	60%
Roasted Vegetables Sandwich	(1 ea.)	1540	106g	235g	less than 5mg	125g	17g	4g	1340mg	20g	0%	40%
Halloumi Pesto Sandwich	(1 ea.)	810	69g	1g	5mg	114g	5g	4g	1950mg	31g	8%	40%
Chicken Avacado Sandwich	(1 ea.)	850	18g	2.5g	50mg	135g	17g	7g	2050mg	35g	120%	50%
Club Feta Cheese Sandwich	(1 ea.)	580	17g	9g	45mg	83g	10g	4g	1440mg	23g	0%	35%
3 Cheese Croissant Sandwich	(1 ea.)	460	27g	16g	65mg	39g	6g	1g	750mg	8g	0%	10%
Turkey Mushroom Croissant Sandwich	(1 ea.)	520	30g	16g	80mg	40g	7g	1g	1210mg	14g	0%	15%
Squares												
Apple Cinnamon	(1 ea.)	270	6g	4.5g	30mg	52g	19g	6g	125mg	2g	4%	6%
Apple Cranberry	(1 ea.)	350	6g	4.5g	30mg	71g	38g	5g	125mg	1g	4%	4%
Banana Bliss	(1 ea.)	450	23g	10g	30mg	59g	29g	8g	180mg	8g	10%	6%

Black Forest	(1 ea.)	580	25g	539g	40mg	85g	55g	5g	230mg	4g	2%	6%
Cherry Chocolate	(1 ea.)	280	12g	8g	30mg	42g	21g	5g	85mg	3g	2%	4%
Cherry Cup Cake	(1 ea.)	650	30g	539g	65mg	99g	60g	4g	340mg	5g	2%	10%
Cherry Jubilee	(1 ea.)	210	6g	4.5g	30mg	34g	14g	4g	90mg	2g	6%	4%
Chocolate Banana	(1 ea.)	330	12g	8g	30mg	55g	27g	6g	80mg	3g	10%	4%
Chocolate Macaroon	(1 ea.)	500	24g	539g	40mg	68g	48g	4g	140mg	3g	0%	4%
Chocolate Strawberry	(1 ea.)	340	14g	9g	30mg	54g	27g	5g	100mg	3g	2%	4%
Peach Berry	(1 ea.)	280	6g	4.5g	30mg	52g	28g	4g	95mg	1g	2%	2%
Peach Cranberry	(1 ea.)	300	6g	4.5g	30mg	58g	36g	5g	85mg	1g	2%	2%
Peanut Butter Cup	(1 ea.)	380	23g	10g	30mg	41g	19g	5g	180mg	8g	0%	6%
Pineapple Coconut Cake	(1 ea.)	650	31g	540g	65mg	99g	61g	5g	330mg	5g	40%	10%
Pumpkin Cheesecake	(1 ea.)	500	19g	535g	40mg	78g	47g	7g	210mg	4g	2%	10%
Simply Strawberry	(1 ea.)	230	4g	3g	less than 5mg	48g	28g	4g	110mg	2g	0%	2%
Strawberry Shortcake	(1 ea.)	670	30g	539g	65mg	106g	66g	4g	340mg	5g	0%	10%
Very Berry	(1 ea.)	290	6g	4.5g	30mg	55g	29g	4g	100mg	1g	0%	2%

*Menu Selections and Nutritional Information may vary based upon location and product sourcing.