Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Seafood	Mongolian Beef	Beef Burgers	Parmy	Strogenoff	Chicken Curry	Pizza
12 Oysters     4 Bacon     Add Woshteshire     2 Samon     300g Chips     Add Salad	300g Beef Strips     2 Zucchini     2 Carrot     .5 Red Cap     .5 Green Cap     1 Onion     Add Garlic     Add Mongolian Maranade     Add Mongolian Sauce	1 Carrot     1 Onion     250g Mince     Add Stock     1tsp Mince Garlic     1 Egg     1tbsp Barbecue Sauce     to consistency Bread Crumbs     4 Bread     Add Mayonase     Add Mustard	1 Chicken Breast     50g Tomotoo Paste     100g Cheese Grated     100g Ham     500g Potato Chips	350g Beef Strips     1 Onion     .66cup Rice     Add Vegtables     2tspn Tomato Paste     Add Garlic     100g Sour Cream     Add Spices	1 tin Evaporated Milk     1 Chicken Breast     Add Spices	4 Bacon     50g Pepperoni     4 Pork Sausage     4 Mushrooms     1 Onion     30g Pizza Paste     Add Spices     150g Cheese     2 Lebo Bread
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tomoto Chicken	Sushi	Tex Mex Chicken	Shepards Pie	Dongsnmash	Kebab	Steak
2 Chicken Thigh     2 Chicken Leg     250g Pasta Tomato Mix     Add Garlic     Add Spices     1 Onion	1cup Rice     6 sheets Nori     1 Chicken Breast     1 Kfc Spices	Add Taco Seasoning     Add Bread Crumbs     5 Potatos     Add Vegtables	• 3 Potato • 400g Beef • 1 Onion • 1 Egg • 100g Cheese • 2 Carrot • 100g Pea Corn • Add Garlic	Thick Sausages     Thin Sausages     Thin Sausages     Totatos     Tuggaran	500g Mince     Add Spices     2 Tomatoo     200g Cheese     1 Onion	2 Steak     1 Lettice     2 Tomatoo     1 Red Onion