Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fish Chips	Sushi	Stew	Shepards Pie	Beef Burgers	Random	Steak
• 1 Fish • 300g Chips	1cup Rice 6 sheets Nori 1 Chicken Breast 1 Kfc Spices	350g Beef 1 Onion 2 Carrot 2 Potato 100g Pea Corn Add Garlic 1 Zucchini	• 3 Potato • 400g Beef • 1 Onion • 1 Egg • 100g Cheese • 2 Carrot • 100g Pea Corn • Add Garlic	1 Carrot 1 Onion 250g Mince Add Stock 1tsp Mince Garlic 1 Egg 1tbsp Barbecue Sauce to consistency Bread Crumbs 4 Bread Add Mayonase Add Mustard	• \$80 Money	2 Steak 1 Lettice 2 Tomatoo 1 Red Onion
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kebab	Dongsnmash	Strogenoff	Chicken Wings	Seafood	Parmy	Tex Mex Chicken
500g Mince Add Spices 2 Tomatoo 200g Cheese 1 Onion	2 Thick Sausages 2 Thin Sausages 5 Potatos 1 Vegtables	350g Beef Strips 1 Onion .66cup Rice Add Vegtables 2tspn Tomato Paste Add Garlic 100g Sour Cream Add Spices	6 Chicken Wings 150ml Honey 1tsp Chilly Sauce 1tbsp Soy 2tbsp Tomoto Sauce Add Garlic	12 Oysters 4 Bacon Add Woshteshire 2 Samon 300g Chips Add Salad	1 Chicken Breast 50g Tomotoo Paste 100g Cheese Grated 100g Ham 500g Potato Chips	Add Taco Seasoning Add Bread Crumbs 5 Potatos Add Vegtables